**1. The Simple Clinical Colitis Activity Index**

Overview: The SCCA Index is a way of scoring disease activity in Ulcerative Colitis based on six simple questions about symptoms that gives a number between 0-19 that corresponds to the severity of disease activity. Traditionally, ulcerative colitis has been described as mild, moderate, or severe. This index gives more detailed information on how active disease is using a number. The SCCA index was designed so that the numbers can be easily obtained during an office visit.

Questions (circle the answer that best fits your symptoms over the past week):

1. Over the past week, what is your average number of bowel movements during the day (not including night time)?
2. 0-3
3. 4-6
4. 7-9
5. >9
6. Over the past week, what is your average number of bowel movements during the night?
7. 0
8. 1-3
9. >3
10. Over the past week, what has been your urgency of defecation?
11. No rush
12. Hurry
13. Immediately
14. Incontinence – stool leaked out before you could get to a toilet
15. Over the past week, what has been the amount and frequency of blood in your stool?
16. None
17. Small traces
18. Occasionally obviously bloody
19. Usually obviously bloody
20. General well being
21. Very well
22. Slightly below par
23. Poor
24. Very poor
25. Terrible
26. During the past week, have you had any of the following?
27. Pyoderma gangrenosum (oozing ulcers, usually on the leg)
28. Erythema nodosum (red, swollen bumps, on the shin
29. Uveitis (red, painful eyes)
30. Arthritis (joint pain)
31. None of the above