

GP CAVEAT

PHQ-9 'Nearly Every Day' response(s) to Question 9

[Note to HLA – please copy and paste the content below into the Suicidal Feelings GP Letter]

Your patient has today given a **'Nearly Every Day'** response to Question 9 in the PHQ-9 questionnaire:

'Thoughts that you would be better off dead or of hurting yourself in some way'

As active suicidal intent cannot reliably be excluded as part of the Healthlines Service, we have suspended today's call and advised your patient to seek immediate help for, or evaluation of their feelings.

The patient agreed to: *[HLA - please state here what help patient agreed to seek]*

Before we attempt the call again, we ask if you could provide assurance, in the event of a further 'Nearly Every Day' response(s) to Question 9 of the PHQ-9, that it is safe and appropriate for this patient to continue and complete the course of Cognitive Behavioural Therapy (CBT) for (please specify):

- **This call only**
or
- **All calls where PHQ-9 score is measured for the duration of the Service**

Your earliest reply will allow your patient to continue their CBT course without undue delay and would be very much appreciated.

Please reply via snhs.healthlines@nhs.net