Nicotine Replacement Therapy (NRT)

Patient choice reasons

- Available over-the-counter
- Concerns about side effects of bupropion or varenicline
- Can be used in pregnancy

Bupropion (Zyban[®])

Patient choice reasons

- Oral non-nicotine preparation
- Relapse in past using NRT
- Evidence of benefit in chronic disease and depression

Varenicline (Champix[®])

Patient choice reasons

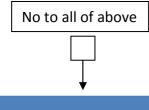
- Most effective aid on current evidence
- Lack of serious adverse effects and drug interactions

Check clinical suitability "Do you have any of the following conditions?"

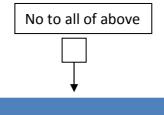
- 1. Unstable heart problems currently under investigation.
- 2. Liver or kidney problems.
- 3. Uncontrolled high blood pressure.
- 4. Uncontrolled thyroid problems.

- 1. Unstable heart problems currently under investigation.
- 2. Liver or kidney problems.
- 3. Epilepsy or history of fits.
- 4. Past history of head injury or brain tumour (may predispose to fits)
- 5. Alcohol abuse (may predispose to fits).
- Depression, requiring treatment or history of bipolar disorder (manic depression).
- 7. Past history of or current eating disorder (bulimia or anorexia).
- 8. Pregnant or breastfeeding.
- 9. Have you ever had a bad reaction to Zyban ??

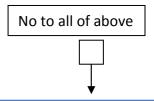
- 1. Unstable heart problems currently under investigation.
- 2. Liver or kidney problems
- 3. Epilepsy or history of fits.
- 4. A history of or current mental health condition / psychiatric illness that required treatment? E.g. depression or anxiety.
- Does the patient drive for a living? (Champix® may affect a person's ability to drive or operate machinery).
- 6. Pregnant or breastfeeding.
- 7. Have you ever had a bad reaction to Champix*?



Suitable for NRT



Suitable for bupropion



Suitable for varenicline