

# Karicare+ Soy Formula

## All Ages



**Nutritionally complete for formula fed infants 0–6 months, suitable for use in a mixed diet for infants 6–12 months when an alternative protein source to cows' milk is preferred or required. For formula fed infants requiring a partial or complete breast milk substitute.**

**Karicare+ Soy Formula (All Ages)** is a soy protein based formula and provides an alternative feeding option to cows' milk based formulas for formula-fed babies from birth or when changing from breast feeding.

### Supports growth and development

**Karicare+ Soy Formula** contains key nutrients needed to help support growth and development.

### Suitable for vegetarians and those with lactose intolerance

**Karicare+ Soy Formula** is free from cows' milk protein, lactose and sucrose.

### May be recommended for cows' milk protein allergy

For babies from 6 months, soy formulas like **Karicare+ Soy Formula**, may be recommended for the dietary management of uncomplicated cows' milk protein allergy.<sup>1</sup>

### Indications

Babies from birth requiring a partial or complete breast milk substitute, when breast milk is unavailable and where an alternative protein source to cows' milk is preferred or required. Suitable for vegetarians and those with lactose intolerance. For babies older than 6 months with uncomplicated cows' milk protein allergy.

### Contraindications

Confirmed soy protein allergy.

## Nutritional Summary

Average Quantity  
Per 100mL of Prepared Feed

<b>Energy</b>	kJ	279
	kcal	67
<b>Protein</b>	g	1.8
<b>Carbohydrate</b>	g	6.6
Sugars	g	0.29
Lactose	g	Nil
Galactose	g	Nil
Sucrose	g	Nil
<b>Fat</b>	g	3.7
Omega 6		
Linoleic Acid (LA)	mg	573
Omega 3		
Alpha-Linolenic Acid (ALA)	mg	51
<b>Minerals</b>		
Calcium	mg	78
Phosphorus	mg	40
Sodium	mg	18
Potassium	mg	69
Chloride	mg	41
Magnesium	mg	5.2
Iron	mg	1.1
Zinc	mg	0.7
Iodine	µg	15
Manganese	µg	28
Copper	µg	75
Selenium	µg	1.7
<b>Vitamins</b>		
Vitamin A	µg-RE	66
Vitamin D <sub>3</sub>	µg	0.88
Vitamin E	mg α-TE	0.91
Vitamin K <sub>1</sub>	µg	3.8
Vitamin B <sub>1</sub> (Thiamin)	µg	41
Vitamin B <sub>2</sub> (Riboflavin)	µg	75
Vitamin B <sub>6</sub> (Pyridoxine)	µg	28
Vitamin B <sub>12</sub> (Cobalamin)	µg	0.15
Vitamin B <sub>3</sub> (Niacin)	mg	0.40
Vitamin B <sub>5</sub> (Pantothenic Acid)	mg	0.29
Biotin	µg	1.1
Folic Acid	µg	7.5
Vitamin C	mg	7.4
<b>Others</b>		
L-Carnitine	mg	1.5
Choline	mg	7.3
Taurine	mg	4.7
Inositol	mg	3.4

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### Product Summary

<b>Ingredients</b>	Vegetable oils (includes soy oil), corn syrup solids, maltodextrin, soy protein isolate, emulsifier (soy lecithin), acidity regulator (citric acid), L-methionine, taurine, choline, inositol, L-carnitine. <b>Vitamins:</b> (A, B <sub>1</sub> , B <sub>2</sub> , B <sub>3</sub> , B <sub>5</sub> , B <sub>6</sub> , B <sub>12</sub> , C, D, E, K <sub>1</sub> ), folic acid, biotin. <b>Minerals:</b> Calcium, potassium, phosphorus, chloride, zinc, magnesium, iron, copper, iodine, selenium. <b>Karicare+ Soy Formula</b> is based on soy protein.			
<b>Storage</b>	Store in a cool, dry place. Use by the date on the bottom of the container. After opening, keep container airtight and use contents within four weeks. Some settling of contents may occur.			
<b>Product presentation and availability</b>	<b>Australia:</b> Hospital, Supermarket and Pharmacy, 900g can. <b>New Zealand:</b> Hospital and Supermarket, 900g can.			
<b>Feeding guide:</b>	To prepare one feed:			
	<b>Age</b>	<b>Cooled boiled water</b>	<b>Level scoops of powder*</b>	<b>Number of feeds per day</b>
	Up to 2 weeks	50mL	1	7–8
	2 weeks – 1 month	100mL	2	6
	1–2 months	150mL	3	5–6
	2–4 months	200mL	4	5
	4–6 months	250mL	5	4–5
	6–9 months	250mL	5	3–5
	9–12 months	250mL	5	3–4
	12–24 months	250mL	5	2–3
NB: This feeding guide is a general guide ONLY; Individual babies may need more or less than shown. Always use the scoop provided. *1 scoop = 7.1g powder. Note: 1 scoop of powder added to 50mL of water yields approximately 55.3mL of formula.				

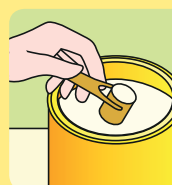
### Preparation of Karicare Infant Formula



1. Wash hands before preparing the feed.  
Sterilise all utensils by boiling for 5 minutes, or using an approved steriliser.



2. Boil safe drinking water and allow to cool.  
Measure the required volume of cooled, boiled water into a sterilised feeding bottle. Warm to feeding temperature.



3. Use only the enclosed scoop. Fill scoop lightly; level off using built-in leveller.  
Avoid compacting powder.



4. Always add one level scoop of powder for each 50mL of water. Cap the bottle and shake briskly to dissolve the powder.



5. Test temperature on wrist before feeding.  
Feed immediately. Do not store. Discard unfinished feeds.

**Prepare each feed separately. For all brands of formula it is safer to use immediately after they are prepared.**

For more information please contact: Australia: 1800 258 268 or visit [www.karinourish.com.au](http://www.karinourish.com.au)  
New Zealand: 0800 258 268 or visit [www.nutricia4professionals.co.nz](http://www.nutricia4professionals.co.nz)

**BREAST MILK IS BEST FOR BABIES:** Professional advice should be followed before using an infant formula. Introducing partial bottle feeding could negatively affect breast feeding. Good maternal nutrition is important for breast feeding and reversing a decision not to breast feed may be difficult. Infant formula should be used as directed. Proper use of an infant formula is important to the health of the infant. Social and financial implications should be considered when selecting a method of feeding.

**References:** 1. Kemp *et al.* MJA 2008; 188(2):109–112.

#### FOR HEALTHCARE PROFESSIONALS ONLY

Nutricia Australia Pty Ltd, Level 4, Building D, 12–24 Talavera Road, Macquarie Park NSW 2113, Australia.  
Danone Nutricia Ltd, 56–58 Aintree Avenue, Airport Oaks, Auckland 2022, New Zealand. ANZ/KS/15/0003. 12876.

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