

Karicare+ Goat Follow On Formula (from 6 months)



A goats' milk based formula suitable for babies from six months to complement the introduction of solids.

Karicare+ Goat Follow On Formula is a goats' milk based formula and provides an alternative feeding option to cows' milk based Follow On formulas for formula-fed babies from 6 months.

Digestion

Karicare+ Goat Follow On Formula is based on goats' milk protein.

- Naturally higher in medium-chain triglycerides (MCTs) which may be more easily digested.¹
- Based on goat milk protein which may be more easily digested.²

Growth

Karicare+ Goat Follow On Formula is designed to complement the introduction of solids. It contains essential nutrients needed to support growing babies from six months.

Indications

Healthy formula-fed babies from six months of age when breast milk is unavailable, as a partial or complete breast milk substitute and where goats' milk is preferred to cows' milk formula, as part of a mixed diet.

Contraindications

Confirmed cows' milk protein allergy, galactosaemia, lactose intolerance. Not suitable before 6 months of age. Not a sole source of nutrition.

Nutritional Summary

Average Quantity
Per 100mL of Prepared Feed

Energy	kJ	275
	kcal	66
Protein	g	1.6
Carbohydrate	g	7.3
Fat	g	3.5
Omega 6		
Linoleic Acid (LA)	mg	420
Omega 3		
Alpha-Linolenic Acid (ALA)	mg	60
Minerals		
Calcium	mg	75
Phosphorus	mg	51
Sodium	mg	21
Potassium	mg	89
Chloride	mg	84
Magnesium	mg	7.0
Iron	mg	0.91
Zinc	mg	0.51
Iodine	µg	9.2
Manganese	µg	8.9
Copper	µg	46
Selenium	µg	1.3
Vitamins		
Vitamin A	µg-RE	71
Vitamin D ₃	µg	1.0
Vitamin E	mg α-TE	1.6
Vitamin K ₁	µg	6.8
Vitamin B ₁ (Thiamin)	µg	64
Vitamin B ₂ (Riboflavin)	µg	131
Vitamin B ₆ (Pyridoxine)	µg	38
Vitamin B ₁₂ (Cobalamin)	µg	0.21
Vitamin B ₃ (Niacin)	mg	0.70
Vitamin B ₅ (Pantothenic Acid)	mg	0.37
Biotin	µg	2.4
Folic Acid	µg	8.9
Vitamin C	mg	10
Others		
L-Carnitine	mg	1.1
Choline	mg	13
Taurine	mg	4.7
Inositol	mg	4.7

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Product Summary

Ingredients	<p>Ingredients: Goats' milk solids[^] (48%), lactose (purified from cows' milk), vegetable oils, acidity regulator (citric acid and/or calcium hydroxide), choline chloride, L-tryptophan, emulsifier (sunflower lecithin), taurine.</p> <p>Vitamins: (A, B₁, B₂, B₃, B₅, B₆, B₁₂, C, D, E, K₁), folic acid, biotin.</p> <p>Minerals: Calcium, sodium, iron, zinc, copper, manganese, iodine, selenium, potassium.</p> <p>[^]Goats' milk is a "characterising ingredient" in this product.</p> <p>Karicare+ Goat Follow On Formula is based on goats' milk protein.</p>			
Storage	Store in a cool, dry place. Use by the date on the bottom of the container. After opening, keep container airtight and use contents within four weeks. Some settling of contents may occur.			
Product presentation and availability	<p>Australia: Hospital, Supermarket and Pharmacy, 900g can.</p> <p>New Zealand: Hospital and Supermarket, 900g can.</p>			
Feeding guide:	To prepare one feed:			
	Age	Cooled boiled water	Level scoops of powder*	Number of feeds per day
	6–9 months	250mL	5	3–4
	9–12 months	200mL	4	3–4
	12–24 months	200mL	4	2–3
	<p>NB: This feeding guide is a general guide ONLY; Individual babies may need more or less than shown.</p> <p>Always use the scoop provided.</p> <p>*1 scoop = 7.3g powder. Note: 1 scoop of powder added to 50mL of water yields approximately 55mL of formula.</p>			

Preparation of Karicare Follow-On Formula



1. Wash hands before preparing the feed. Sterilise all utensils by boiling for 5 minutes, or using an approved steriliser.



2. Boil safe drinking water and allow to cool. Measure the required volume of cooled, boiled water into a sterilised feeding bottle. Warm to feeding temperature.



3. Use only the enclosed scoop. Fill scoop lightly; level off using built-in leveller. Avoid compacting powder.



4. Always add one level scoop of powder for each 50mL of water. Cap the bottle and shake briskly to dissolve the powder.



5. Test temperature on wrist before feeding. Feed immediately. Do not store. Discard unfinished feeds.

Prepare each feed separately. For all brands of formula it is safer to use immediately after they are prepared.

Karicare+ Goat Follow On Formula can be given by bottle or cup and can also be mixed with baby foods.

For more information please contact: Australia: 1800 258 268 or visit www.karinourish.com.au
New Zealand: 0800 258 268 or visit www.nutricia4professionals.co.nz

BREAST MILK IS BEST FOR BABIES: Professional advice should be followed before using an infant formula. Introducing partial bottle feeding could negatively affect breast feeding. Good maternal nutrition is important for breast feeding and reversing a decision not to breast feed may be difficult. Infant formula should be used as directed. Proper use of an infant formula is important to the health of the infant. Social and financial implications should be considered when selecting a method of feeding.

References: 1. Hachlaf W *et al.* Reunion de Surgeres le Lait 1993; 593–599. 2. Almaas *et al.* Int Diary J 2006; 16:961–968.

FOR HEALTHCARE PROFESSIONALS ONLY

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