



APTAMIL® GOLD+ DE-LACT® FROM BIRTH (0–12 MONTHS)

Nutritionally
supporting
babies with
lactose
intolerance

Nutritionally complete for formula fed infants 0–6 months, suitable for use in a mixed diet for infants 6–12 months with lactose intolerance, requiring a partial or complete breast milk substitute.

Aptamil® Gold+ De-Lact® from birth:

1. Clinically lactose free

- ✓ Transitional cows' milk based formula for infants with lactose intolerance and who are in recovery from associated diarrhoea.¹ Most cases of lactose intolerance in infants are temporary and a normal feeding routine can be recommended once the infant has recovered.^{1,2}
- ✓ May be of assistance for formula fed infants with colic or digestive discomfort as a result of undigested lactose.

2. Low osmolality

- ✓ Suitable for re-feeding during diarrhoea related to gastroenteritis.³

3. Nutritionally complete for infants 0–6 months or can be used as part of a mixed diet for infants from 6 months

- ✓ Contains ingredients such as iron, calcium, vitamin D and zinc to assist infant normal growth and development.*
- ✓ Enriched with omega-3 DHA[†] and omega-6 AA^{††} LCPs[‡] which may assist in brain, eye and nervous system development.^{4–6}

Indications

For infants from birth requiring a partial or complete breast milk substitute, when breast milk is unavailable and who are lactose intolerant.

Contraindications

Confirmed cows' milk protein allergy.

PBS Authority required:

Acute lactose intolerance

PBS code: 2975N (initial)

Maximum quantity: 5

Chronic lactose intolerance

Condition must be proven to be lactose intolerance.

PBS code: 2989H (repeat)

Maximum quantity: 5 (+5 repeats)

* Based on a pre-approved claim found in Schedule 3, Food Standards Australia New Zealand (FSANZ) Std 1.2.7.

[†] DHA = Docosahexaenoic Acid

^{††} AA = Arachidonic Acid

[‡] LCPs = Long Chain Polyunsaturated fatty acids

FOR USE UNDER MEDICAL SUPERVISION.
FOR HEALTHCARE PROFESSIONALS ONLY.

Nutritional Summary		Average Quantity Per 100mL of Prepared Feed
Energy	kJ	275
	kcal	66
Protein	g	1.3
Carbohydrate	g	7.3
Sugars		
Lactose	g	None detectable
Galactose	g	None detectable
Fat	g	3.5
Linoleic Acid	mg	474
Alpha-Linolenic Acid	mg	87
Omega LCPs [‡]		
Arachidonic Acid (AA)	mg	12
Docosahexaenoic Acid (DHA)	mg	6.7
Minerals		
Calcium	mg	55
Phosphorus	mg	30
Sodium	mg	17
Potassium	mg	65
Chloride	mg	41
Magnesium	mg	5.1
Iron	mg	0.79
Zinc	mg	0.56
Iodine	µg	12
Manganese	µg	44
Copper	µg	42
Selenium	µg	1.6
Vitamins		
Vitamin A	µg-RE	55
Vitamin D ₃	µg	1.2
Vitamin E	mg α-TE	1.2
Vitamin K ₁	µg	4.5
Vitamin B ₁ (Thiamin)	µg	49
Vitamin B ₂ (Riboflavin)	µg	100
Vitamin B ₆ (Pyridoxine)	µg	40
Vitamin B ₁₂ (Cobalamin)	µg	0.11
Vitamin B ₃ (Niacin)	mg	0.43
Vitamin B ₅ (Pantothenic Acid)	mg	0.33
Biotin	µg	1.8
Folic Acid	µg	8.9
Vitamin C	mg	9.3
Others		
Choline	mg	10
Taurine	mg	5.3
Inositol	mg	3.8
L-Carnitine	mg	0.9
Nucleotides		
Cytidine 5'-monophosphate	mg	1.1
Uridine 5'-monophosphate	mg	0.77
Adenosine 5'-monophosphate	mg	0.67
Inosine 5'-monophosphate	mg	0.45
Guanosine 5'-monophosphate	mg	0.23

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Product Summary

Ingredients	<p>Glucose syrup solids, vegetable oils, calcium caseinate (from milk), fish oil, emulsifier (soy lecithin), cysteine, choline chloride, taurine, L-Tryptophan, inositol, L-Carnitine.</p> <p>Vitamins: (A, B₁, B₂, B₃, B₅, B₆, B₁₂, C, D, E, K), folic acid, biotin.</p> <p>Minerals: Potassium, phosphorus, sodium, calcium, chloride, magnesium, iron, zinc, copper, manganese, iodine, selenium.</p> <p>Nucleotides: Uridine 5'-monophosphate, cytidine 5'-monophosphate, adenosine 5'-monophosphate, inosine 5'-monophosphate, guanosine 5'-monophosphate.</p> <p>Aptamil® Gold De-Lact® Lactose Free Infant Formula from birth based on casein dominant cows' milk proteins.</p>			
Storage	Store in a cool, dry place. Use by the date on the bottom of the container. After opening, keep container airtight and use contents within four weeks. Some settling of the powder may occur.			
Feeding guide	To prepare one feed:			
	Age	Cooled boiled water	Level scoops of powder*	Number of feeds per day
	Up to 2 weeks	60mL	2	7–9
	2 weeks – 1 month	90mL	3	7–8
	1–2 months	180mL	6	4–5
	2–4 months	210mL	7	4
	4–6 months	240mL	8	3–4
	6–9 months	240mL	8	3–4
	9–12 months	240mL	8	3–4
	12–24 months	240mL	8	2–3
	<p>*1 scoop = 4.3g powder. Note: 1 scoop of powder added to 30mL of water yields approximately 33.3mL of formula.</p> <p>Note:</p> <ul style="list-style-type: none"> • This is a guide only, individual needs of infants will vary. • Always use the scoop provided. • Prepare each feed separately. • Use immediately after preparation, do not store. 			
Product presentation and availability	<p>Australia: Hospital, Supermarket and Pharmacy, 900g can.</p> <p>New Zealand: Hospital and Supermarket, 900g can.</p> <p>Made in The Netherlands.</p>			

Preparation of Aptamil® Gold+ De-Lact from birth



Wash hands before preparing the feed.

Clean and then sterilise all the utensils by submerging bottles and teats in water and boiling for 5 minutes, or using an approved steriliser.

- 1.



Boil safe drinking water and allow to cool until lukewarm. Measure the required volume of lukewarm water into a sterilised feeding bottle.

- 2.



Use only the enclosed scoop.

Fill the scoop lightly and level off using the built-in leveller.

Avoid compacting powder.

- 3.



Always add one level scoop of powder for each 30mL of water.

Stir or shake briskly to dissolve the powder.

- 4.



Test temperature on wrist before feeding. Feed immediately (do not store).

Discard unfinished feeds.

- 5.

Prepare each feed separately. For all brands of formula it is safer to use immediately after preparation.

BREAST MILK IS BEST FOR BABIES: Professional advice should be followed before using an infant formula. Introducing partial bottle feeding could negatively affect breast feeding. Good maternal nutrition is important for breast feeding and reversing a decision not to breast feed may be difficult. Infant formula should be used as directed. Proper use of an infant formula is important to the health of the infant. Social and financial implications should be considered when selecting a method of feeding.

References: 1. Heyman P. Pediatrics 2006; 118:1279–1286. 2. Better Health Channel http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Lactose_intolerance, accessed 14 September 2015. 3. Kukuruzovic *et al.* J Paediatr Chil Health 2002; 38: 571–577. 4. Koletzko P *et al.* J Perinat Med 2008;36:5–14. 5. Birch *et al.* Am J Clin Nutr 2010; 91:848–859. 6. Innis S *et al.* J Pediatr Gastroenterol Nutr 2009; 48:S16–S24.

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