



APTAMIL® GOLD+ READY TO FEED INFANT FORMULA FROM BIRTH (0–6 MONTHS)

Pronutra™

helps lay
foundations
for your baby's
future
progress

A nutritionally complete, commercially sterile ready to feed infant formula, that nutritionally supports the immune system today and into the future.^{1–5} Suitable for healthy infants from birth requiring a partial or complete breast milk substitute.

1. Nutritionally supports the immune system

Contains Nutricia's patented blend of prebiotic oligosaccharides [90% GOS*, 10% lC Polyfructose**] 0.8g per 100mL, which when introduced within the first 6 months of life have been clinically shown to:

- ✓ Nutritionally support the immune system by stimulating the growth of beneficial bacteria closer to that of breast fed infants (compared to a control formula).^{1,2}
- ✓ Provides sustained protection against allergic symptoms up to 5 years of age, and episodes of infections up to 2 years of age.^{2–5}

2. Easy digestion/tolerance

- ✓ Promotes a softer, more regular stool pattern, similar to a breast fed infant.¹
- ✓ Reduces regurgitation and crying related to feeding.²

3. Nutritionally complete for infants 0–6 months

- ✓ Vitamins and minerals to support infant normal growth and development.
- ✓ Omega 3 DHA[†] (fish oil) and omega 6 AA^{††} LCPs[‡] to help support brain, eye and nervous system development.^{6–8}

4. Benefits of the Aptamil® unique OptiPACK packaging

- ✓ Improved infection control as it is a closed feeding system which reduces handling as there is no need to decant.
- ✓ Saves nursing times and costs vs standard glass/decanting system.
- ✓ Safer and easier to handle as it is a lightweight, glass-free system.
- ✓ Recyclable packaging.⁹

Indications

Healthy infants from birth as a partial or complete breast milk substitute.

Contraindications

Confirmed cows' milk protein allergy, galactosaemia, lactose intolerance.

* GOS = Galacto-oligosaccharides from milk

** lC Polyfructose = long chain Polyfructose from chicory inulin, formerly known as long chain Fructo-oligosaccharides (lC-FOS)

† DHA = Docosahexaenoic Acid

†† AA = Arachidonic Acid

‡ LCPs = Long Chain Polyunsaturated Fatty Acids

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Nutritional Summary		Average Quantity Per 100mL of Prepared Feed
Energy		
	kJ	270
	kcal	65
Protein	g	1.3
Whey	%	62
Casein	%	38
Carbohydrate	g	7.5
Sugars	g	7.4
Lactose	g	7.2
Fat	g	3.3
Saturated	g	1.3
Polyunsaturated	g	0.60
Omega 6 LCPs [‡]		
Arachidonic Acid (AA)	mg	11
Omega 3 LCPs [‡]		
Docosahexaenoic Acid (DHA)	mg	10
Minerals		
Calcium	mg	49
Phosphorus	mg	28
Sodium	mg	16
Potassium	mg	72
Chloride	mg	43
Magnesium	mg	4.9
Iron	mg	0.50
Zinc	mg	0.50
Iodine	µg	13
Manganese	µg	7.5
Copper	µg	41
Selenium	µg	1.2
Vitamins		
Vitamin A	µg-RE	67
Vitamin D ₃	µg	1.2
Vitamin E	mg α-TE	1.2
Vitamin K ₁	µg	3.3
Vitamin B ₁ (Thiamin)	µg	50
Vitamin B ₂ (Riboflavin)	µg	150
Vitamin B ₆ (Pyridoxine)	µg	60
Vitamin B ₁₂ (Cobalamin)	µg	0.13
Vitamin B ₃ (Niacin)	mg	0.49
Vitamin B ₅ (Pantothenic Acid)	µg	0.33
Biotin	µg	1.5
Folic Acid	µg	12
Vitamin C	mg	16
Others		
L-Carnitine	mg	1.2
Choline	mg	10.8
Inositol	mg	3.9
Taurine	mg	5.7
Nucleotides		
Adenosine 5'-monophosphate	mg	0.66
Cytidine 5'-monophosphate	mg	1.1
Guanosine 5'-monophosphate	mg	0.23
Inosine 5'-monophosphate	mg	0.44
Uridine 5'-monophosphate	mg	0.75
Prebiotic Oligosaccharides		
Galacto-oligosaccharides (GOS)*	g	0.72
Long chain Polyfructose (lC Polyfructose)**	g	0.08

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Product Summary

Ingredients	<p>Demineralised water, skim milk, lactose, vegetable oils (contains soy lecithin), galacto-oligosaccharides (GOS) from milk, whey protein concentrate, emulsifier (mono- and di-glycerides of fatty acids), long chain polyfructose, acidity regulator (citric acid), fish oil, choline chloride, taurine, inositol, L-carnitine.</p> <p>Vitamins: C, E, A, D₃, B₃, B₅, folic acid, biotin, B₂, B₁₂, K₁, B₁, B₆.</p> <p>Minerals: Calcium, potassium, phosphorus, sodium, chloride, magnesium, iron, zinc, copper, selenium, iodine, manganese.</p> <p>Nucleotides: Uridine 5'-monophosphate, cytidine 5'-monophosphate, adenosine 5'-monophosphate, inosine 5'-monophosphate, guanosine 5'-monophosphate.</p> <p>Aptamil® Gold+ Infant Formula Ready to Feed is based on cows' milk protein. Contains milk, soy, fish oil.</p>
Storage	Store unopened at room temperature. Check use by date before use.
Product presentation and availability	<p>Australia: Hospitals – 90mL bottle.</p> <p>New Zealand: Hospitals – 90mL bottle.</p>
Feeding guide:	<p>To prepare one feed:–</p> <p>Follow instructions exactly. Each bottle should be prepared individually. Check use by date. Shake well before use and attach teat to bottle. Once opened feed immediately and discard unfinished feeds. Do not refill. Do not dilute or add anything to this 'ready to drink' formula except on medical advice. Incorrect preparation can make infants very ill.</p>

OptiPACK benefits

- ✓ Tamper evident screw-cap and ring: Confirms that product has not been opened.
- ✓ Sterilised aluminium foil: Guarantees sealing.
- ✓ Saves nursing time: No pre-handling, sterilising or decanting required, can be opened immediately prior to consumption.

BPA Free

- ✓ Recyclable packaging?
- ✓ 10 times lighter to transport compared with the previous glass system?



Optional OptiPACK TEAT

The OptiPACK Ready to Feed system is available with an optional tri-directional teat or may be used with any commercially available standard narrow neck teat.

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BREAST MILK IS BEST FOR BABIES: Professional advice should be followed before using an infant formula. Introducing partial bottle feeding could negatively affect breast feeding. Good maternal nutrition is important for breast feeding and reversing a decision not to breast feed may be difficult. Infant formula should be used as directed. Proper use of an infant formula is important to the health of the infant. Social and financial implications should be considered when selecting a method of feeding.



For more information on **Aptamil® Gold+** call:
(AU) 1800 438 500 (NZ) 0800 438 500
or visit: www.aptaprofessional.com.au
or www.nutricia4professionals.co.nz

References: 1. Moro G *et al.* J Paediatr Gastroenterol Nutr 2002; 34:291–295. 2. Moro G *et al.* Arch Dis Child 2006; 91:814–819. 3. Arslanoglu S *et al.* J Nutr 2007; 137:2420–2424. 4. Arslanoglu S *et al.* J Nutr 2008; 138:1091–1095. 5. Arslanoglu S *et al.* J Biol Reg & Homeo Agents 2012; 26(3):49–59. 6. Koletzko B *et al.* J Perinat Med 2008; 36:5–14. 7. Birch *et al.* Am J Clin Nutr 2010; 91:848–859. 8. Innis S *et al.* J Pediatr Gastroenterol Nutr 2009; 48:S16–S24. 9. Danone Baby Nutrition, Carbon Footprint Comparison, 2011.

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