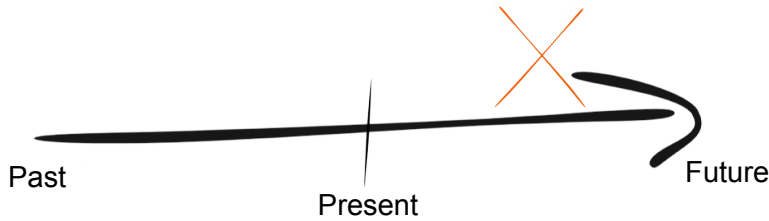


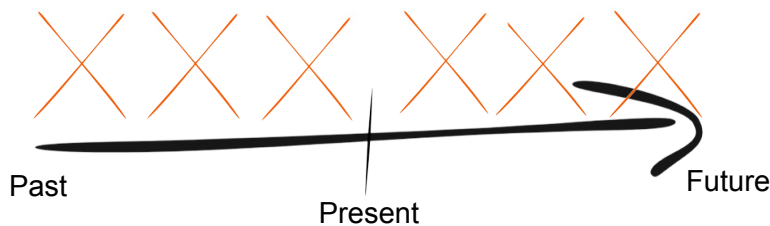
Sometimes, speakers use the present continuous to indicate that something will or will not happen in the near future.



*"We **are implementing** the latest cybersecurity measures after finishing this bug."*

*"I **am not participating** in any meeting this week."*

The present continuous with words such as *always* or *constantly* expresses the idea that something irritating or shocking often happens. Notice that the meaning is like simple present, but with negative emotion. Remember to put the words *always* or *constantly* between *be* and *verb+ing*.



*"You **are always trying** to fix this code."*

*"Our company **is constantly having** problems with this."*

