3- What specific initiatives or programs do you believe are most effective in promoting diversity and inclusion within IT organizations, and why?

4- What are some of the main challenges you have faced in maintaining a healthy work-life balance in the IT industry, and what strategies have you found effective in promoting your well-being and avoiding burnout? Did your company help in any way or they don't have this culture?

Homework

Do you think it is important to continue learning new things for your profession? Think about your future career and share what you want to learn.