```
1 package org.bwagner;
 3 import java.util.*;
5 /*
 6
      This class is the program's user interface. It is responsible for interacting
 7
      with the user through a menu system. It contains the program's main method.
 8 */
 9
10 public class WeightTraining
11 {
12
       //instance variables
       private Scanner keyboard;
13
14
15
       // constructor
       public WeightTraining()
16
17
18
           keyboard = new Scanner(System.in);
19
20
           mainMenu();
21
       }
22
       /*
23
24
          This is the main menu for the program. All interaction with the user
25
          originates from this menu.
       * /
26
27
       public void mainMenu()
28
29
           int ans = 0;
30
31
           do
32
           {
33
               System.out.println();
               System.out.println("========");
34
               System.out.println("
35
                                         Main Menu
               System.out.println("========");
36
37
               System.out.println(" 1. Add Player");
               System.out.println(" 2. Update Player Maxes");
38
               System.out.println(" 3. View List of Player Names");
39
               System.out.println(" 4. View a Player's Maxes");
40
               System.out.println(" 5. Delete Players");
41
42
               System.out.println(" 6. Print");
               System.out.println(" 7. Save");
43
44
               System.out.println(" 8. Exit");
45
               ans = validateIntegerInput("Selection -->");
46
47
               System.out.println();
               if(ans == 1)
48
                   addPlayer();
49
               if(ans == 2)
50
                   updatePlayers();
51
               if(ans == 3)
52
```

```
53
                    viewAllPlayers();
54
                if(ans == 4)
55
                    searchForPlayer();
56
                if(ans == 5)
57
                    delete();
58
                if(ans == 6)
59
                    print();
                if(ans == 7)
60
                    saveDataFile();
61
62
63
            while (ans != 8);
64
            System.out.println();
65
            System.out.println("Good Bye!");
66
            System.out.println();
67
68
            System.exit(0);
                                  // close terminal window
69
70
71
        /*
72
           This method allows the user to enter an integer value. It then verifies
73
           that the input value is an integer. If it is not an integer the method
74
           prompts the user to re-enter the value again.
75
           @return the input value
76
           @param prompt the input prompt
77
        * /
78
        public int validateIntegerInput(String prompt)
79
80
            int ans = 0;
            boolean flag;
81
82
83
            do
84
            {
85
                flag = true;
                System.out.print(prompt); // display input prompt
86
87
                try
88
                {
89
                    ans = keyboard.nextInt();
90
91
                }
                catch (Exception e)
92
93
94
                     System.out.println("Invalid Entry. Try again.");
                     flag = false;
95
96
97
                keyboard.nextLine();
                                          // clear buffer
98
99
            while(flag == false);
100
101
            return ans;
102
        }
103
        /*
104
```

```
106
          1 <= week <= 10. If it is not it requires the user to enter
107
          a valid number.
108
          @param the week value(1-10)
109
110
       public void validateWeekNum(int week)
111
           while (week < 1 \mid \mid week > 10)
112
113
                week = validateIntegerInput("Enter Program Week (1, 10) -->");
114
115
116
        }
117
       /*
118
119
          This method prompts the user to enter a player's info and then adds
120
          the player to the database.
121
122
       public void addPlayer()
123
            String ans = "";
124
125
            do
126
127
                System.out.println("=========");
                System.out.println("
128
                                       Add Player");
129
                System.out.println("========");
130
                System.out.print("Enter Player Name (lastname, firstname) -->");
                String name = keyboard.nextLine();
131
132
                int bench = validateIntegerInput("Enter Bench Max -->");
133
134
                int squat = validateIntegerInput("Enter Squat Max -->");
135
                int incline = validateIntegerInput("Enter Incline Max -->");
136
                int power = validateIntegerInput("Enter Power Clean Max -->");
137
                System.out.println();
138
139
                System.out.print("Add another player[Y/N]?");
140
141
                ans = keyboard.nextLine();
142
143
            while (ans.equalsIgnoreCase("y"));
144
       }
145
146
147
          This method allows a user to modify all players or single player
148
          max values.
149
150
151
       public void updatePlayers()
152
153
            System.out.println("=========");
            System.out.println(" Update Players Max");
154
            System.out.println("========");
155
            System.out.println("1. Update a Player's Max");
156
```

This method validates that the parameter week is between

105

```
int ans = validateIntegerInput("Selection -->");
158
159
160
           if(ans == 1)
161
162
               String response = "";
163
164
                {
165
                   System.out.println();
                    System.out.print("Enter Player Name (lastname, firstname) -->");
166
167
                    String name = keyboard.nextLine();
168
169
                   System.out.println();
170
                   int bench = validateIntegerInput("Enter new Bench Max -->");
171
172
                   int squat = validateIntegerInput("Enter new Squat Max -->");
173
                    int incline = validateIntegerInput("Enter new Incline Max -->");
174
                    int power = validateIntegerInput("Enter new Power Clean Max -->");
175
176
                   System.out.println();
177
                   System.out.print("Update Another Player[Y/N]-->");
178
                    response = keyboard.nextLine();
179
180
181
               while(response.equalsIgnoreCase("y"));
182
183
           if(ans == 2)
184
185
                System.out.println("=========");
186
                System.out.println(" Update Players Max");
187
                System.out.println("========");
188
189
190
191
       /* This method allows the user to remove a player from the database or
192
           clear the database of all players.
193
194
       public void delete()
195
            System.out.println("========");
196
           System.out.println(" Delete Player");
197
198
           System.out.println("========");
199
           System.out.println(" 1. Delete a Player");
200
           System.out.println(" 2. Clear Database");
201
           int ans = validateIntegerInput("Selection -->");
202
       }
203
204
       /*
205
          This method displays a list in alphabetical of all players in the
206
          database. It displays each player's name and classification.
207
208
       public void viewAllPlayers()
```

System.out.println("2. Update All Players' Max");

157

```
System.out.println("========");
210
           System.out.println(" View All Players");
211
           System.out.println("========");
212
213
214
       /* This method searches the database by player name. If the player is found
215
216
          it displays the Player's exercise maxes.
217
       public void searchForPlayer()
218
219
           System.out.println("========");
220
           System.out.println(" Search For Player");
221
           System.out.println("========");
222
           System.out.print("Enter Player Name (lastname, firstname)-->");
223
224
           String name = keyboard.nextLine();
225
226
       /* This method allows the user to print two documents.
227
228
          1. A player or players workout program.
229
          2. A list of players organized in groups of four by
230
             their bench max.
231
232
       public void print()
233
           System.out.println("========");
234
           System.out.println("
235
                                   Print");
236
           System.out.println("========");
237
238
239
240
          This method saves the databasse to the data file.
241
       public void saveDataFile()
242
243
244
           System.out.println("========");
           System.out.println(" Save Data File");
245
           System.out.println("========");
246
247
248
249
250
           This is the program's main menu.
251
       public static void main(String[] args)
252
253
254
           WeightTraining app = new WeightTraining();
255
256 }
```