

**From:** Al seckel <[REDACTED]>

**To:** [REDACTED]

**Subject:** PLEASE KEEP AND READ- IMPORTANT INFORMATION REGARDING JEFFREY EPSTEIN'S MINDSHIFT CONFERENCE, and trip to Virgin Islands.

**Date:** Wed, 22 Dec 2010 23:51:15 +0000

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**PLEASE READ FULLY**, as this email contains a lot of useful information about the upcoming Jeffrey Epstein island trip and our Mindshift Conference. Please keep this document in a place where you will not lose it, and it will be useful to print out and bring along on your trip. If you have any further questions, please do not hesitate to email me.

I hope everyone is looking forward to a fabulous time. There will be many fun and delightful surprises.

**Tickets:**

All tickets have been fully booked and you should already have received all relevant flight information for yourself and your partner/spouse. If you are missing this information, and need it again, please contact:

Allyson Catanzaro

All Destinations, Inc.

[REDACTED]

[REDACTED]

[REDACTED] (cell)

**Arrival on St. Thomas:**

You will be met upon arrival by someone from Island Meetings and Incentives, who will take you to the Ritz Carlton. If you have any questions about this, please contact:

Judi Nagelberg, President

Island Meetings & Incentives, Inc.



## Ritz Carlton, St. Thomas

The address of the hotel is 6900 Great Bay, St. Thomas, VI 00802. The website is:  
<http://www.ritzcarlton.com/en/Properties/StThomas/Default.htm>

Please visit their website to learn about their facilities.

Most of the activities that we will be engaged in will center around this hotel, including our meetings, and after dinner activities. The meeting room will also have internet access.

### **Dress code:**

Casual, and elegant casual when we go out to dinner. Also bring clothes for hiking on Jeffrey's private island. Knowing this group, please note that there will be a diversity of styles, mistakes, and statements, as one person who is coming as a companion is a world famous icon from the world of fashion and high couture, and we have another attendee whose most famous contribution in this department was creating the famous pocket protector at MIT, which states "Nerd Pride." It is these interesting juxtapositions from entirely different worlds and vocabularies that are the most fun.

### **Opening Reception with Jeffrey Epstein:**

This will take place on Friday, January 7<sup>th</sup>, at the Ritz Carlton and at 7:00 p.m. This will be followed by our first night of fun activities. Everyone may attend this reception and night of activities. This will have light bites and drinks, but not dinner.

### **Meals:**

All attendees and their companions may attend.

Breakfast: 7:30 – 8:00 a.m in Ritz Carlton

Lunch: 12:30 p.m. in Ritz Carlton

Dinner: 6:00 p.m.

**After Dinner Activities:**

“You can learn more about a person in an hour of play than in a year of conversation.” – Plato

These will be open to everyone. They consist of the following, and some activities may be simultaneously held or over different nights:

Murray Gell-Mann will lead the game of Diplomacy for anyone who knows how to play.

Dan Dubno will teach people a couple of really “hot” tricks.

Pablos Holman will demonstrate how to pick locks with their very own bump key (provided).

Al Seckel will be holding movie nights with some recently released or about to be released excellent movies, as well as provide an assortment of master puzzles.

Frances Arnold will lead a fun evolutionary word game, and may have a demonstration of directed evolution, which will end with a surprise.

Brock Pierce will lead some wine tasting with excellent wine.

Catherine Mohr will teach everyone how to do flash pickling and how to cut and dice vegetables like a pro.

Leonard Mlodinow will do a very peculiar olfactory demonstration as well as provide copies of his recent best-selling book, co-authored with Stephen Hawking, *The Grand Design*.

Baron Von Reichart will no doubt do something interesting and unusual, but it will be a surprise.

Gerald Sussman will bring an excellent telescope and lead a tour of heavenly bodies, but not the ones by the pool. Sorry.

And, there will be further activities provided by Christof Koch, Paul Kirkaas, and Ronald Reisman.

## **The Mindshift Conference Meetings**

These will all take place at the Ritz Carlton and are only open to the specific invitees. Lite snacks and drinks will be provided.

The schedule is as follows:

Saturday (9 am to 12:00 p.m. with one break); (3:30 p.m. to 5:00 p.m with one break).

Sunday – same.

Monday 9 am to 11:30 a.m.

# Island of Little Saint James

Jeffrey has invited all attendees and their companions to his private island of Little Saint James on Saturday from 12:30 – 3:00 p.m. and again on Monday from 12:00 p.m to 3 p.m. He will lead hikes, so dress appropriately.

## Companions and Spouses

During the Mindshift conference, you are welcome to at your own leisure enjoy the many activities of Saint Thomas and the area. Please note that these activities are on your own expense and under your own direction. We will meet up all together for meals, after dinner activities, and the island tours.

Companions and spouses consist of the following people:

Isabel Maxwell

Mary Mcfadden

Lisa Dubno

Julie Sussman

Marcia Reisman

Olga Yefremova

Alexander Maxwell Djerassi

Elizabeth Seckel

Michael Molesky

**Interviews:**

Jeffrey may wish to conduct some separately taped private one-on-one interviews with a number of the invited guests to post on his website, which will be scheduled sometime during the stay.

**Departure:**

As in your arrival, you will be taken back to the airport.

We look very much forward to seeing you on the island, and have tried hard to make this a unique, fun, and meaningful experience for all.

With best wishes,

Al

Cc: Jeffrey Epstein, Cecile de Jongh, Judi Nagelberg

