HealthyR: R for healthcare data analysis

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# To my son, without whom I should have finished this book two years earlier

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# Preface

Version 0.3.1

Contributors: Riinu Ots, Ewen Harrison, Tom Drake, Peter Hall, Kenneth McLean.

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# Why read this book

It is very important...

## Structure of the book

Chapters ?? introduces a new topic, and ...

#### Software information and conventions

I used the **knitr** package (Xie, 2015) and the **bookdown** package (Xie, 2018) to compile my book. My R session information is shown below:

#### xfun::session\_info()

```
## R version 3.4.4 (2018-03-15)
## Platform: x86 64-pc-linux-gnu (64-bit)
## Running under: Ubuntu 16.04.5 LTS
##
## Locale:
##
     LC CTYPE=en_GB.UTF-8
##
     LC NUMERIC=C
##
     LC TIME=en GB.UTF-8
##
     LC_COLLATE=en_GB.UTF-8
     LC MONETARY=en GB.UTF-8
##
##
     LC_MESSAGES=en_GB.UTF-8
     LC PAPER=en GB.UTF-8
##
##
     LC NAME=C
##
     LC ADDRESS=C
##
     LC TELEPHONE=C
##
     LC MEASUREMENT=en GB.UTF-8
     LC_IDENTIFICATION=C
##
##
## Package version:
##
     base64enc 0.1.3 bookdown 0.7
                                        compiler_3.4.4
##
     digest_0.6.20
                      evaluate 0.13
                                        glue_1.3.1
##
     graphics 3.4.4
                      grDevices_3.4.4
                                        highr_0.8
     htmltools 0.3.6
##
                      jsonlite 1.6
                                        knitr 1.22
##
                                        methods 3.4.4
     magrittr 1.5
                      markdown 0.9
                      Rcpp_1.0.1
                                        rmarkdown_1.12.4
##
     mime_0.6
     stats 3.4.4
                      stringi 1.4.3
                                        stringr 1.4.0
##
##
     tinytex 0.11
                      tools 3.4.4
                                        utils_3.4.4
##
     xfun_0.6
                      yaml_2.2.0
```

Package names are in bold text (e.g., **rmarkdown**), and inline code and filenames are formatted in a typewriter font (e.g., **knitr::knit('foo.Rmd')**). Function names are followed by parentheses (e.g., **bookdown::render\_book()**).

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# Acknowledgments

A lot of people helped me when I was writing the book.

Frida Gomam on the Mars

#### Installation

• Download R

```
https://www.r-project.org/
```

• Install RStudio

https://www.rstudio.com/products/rstudio/

• Install packages (copy these lines into the Console in RStudio):

```
install.packages("tidyverse")
install.packages("gapminder")
install.packages("gmodels")
install.packages("Hmisc")
install.packages("devtools")
devtools::install_github("ewenharrison/finalfit")
install.packages("pROC")
install.packages("survminer")
```

When working with data, don't copy or type code directly into the Console. We will only be using the Console for viewing output, warnings, and errors (and installing packages as in the previous section). All code should

be in a script and executed (=Run) using Control+Enter (line or section) or Control+Shift+Enter (whole script). Make sure you are always working in a project (the right-top corner of your RStudio interface should say "HealthyR").



# Part I Always plot your data first

# Chapter 1

# Your first R plots

In this session, we will create five beautiful and colourful barplots in less than an hour. Do not worry about understanding every single word or symbol (e.g. the pipe - %>%) in the R code you are about to see. The purpose of this session is merely to

- gain familiarity with the RStudio interface:
  - to know what a script looks like,
  - what is the Environment tab,
  - where do your plots appear.

## 1.1 Data

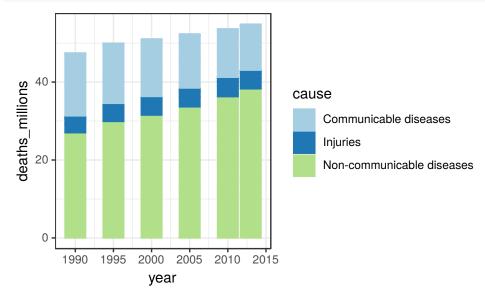
Load the example dataset which is already saved as an R-Data file (recognisable by the file extension .rda or .RData):

```
library(ggplot2)
source("1_source_theme.R")
load("global_burden_disease_long.rda")
```

After loading the datasets, investigate your Environment tab (top-right). You will see two things listed: mydata and mydata2013, which is a subset of mydata.

Click on the name mydata and it will pop up next to where your script is. Clicking on the blue button is not as useful (in this session), but it doesn't do any harm either. Try it.

# 1.2 First plot



ggplot() stands for grammar of graphics plot - a user friendly yet flexible alternative to plot().

aes() stands for aesthetics - things we can see.

1.2. FIRST PLOT

geom\_() stands for geometric.

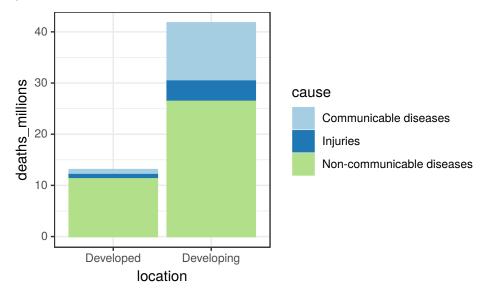
# 1.2.1 Question

Why are there two closing brackets - )) - after the last aesthetic (colour)?

5

## 1.2.2 Exercise

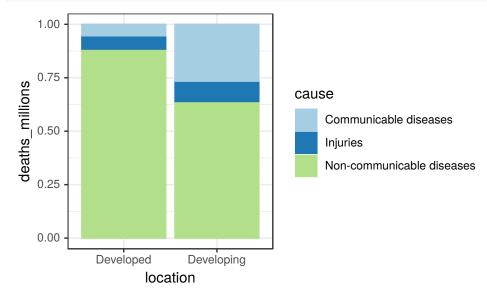
Plot the number of deaths in Developed and Developing countries for the year 2013:



# 1.3 Comparing bars of different height

#### 1.3.1 Stretch each bar to 100%

position="fill" stretches the bars to show relative contributions:

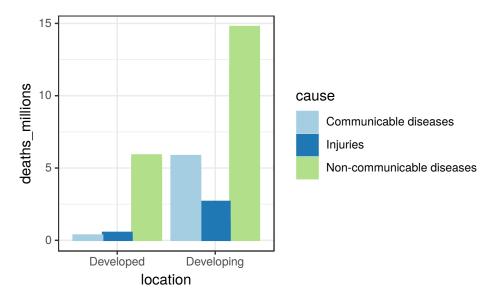


#### 1.3.2 Plot each bar next to each other

position="dodge" puts the different causes next to each rather (the default
is position="stack"):

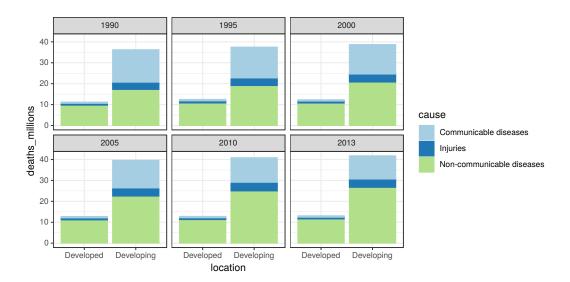
```
mydata2013 %>%
ggplot(aes(x = location,
```

```
y = deaths_millions,
fill = cause,
colour = cause)) +
geom_col(position = "dodge")
```



# 1.4 Facets (panels)

Going back to the dataframe with all years (1990 - 2015), add facet\_wrap(~year) to plot all years at once:

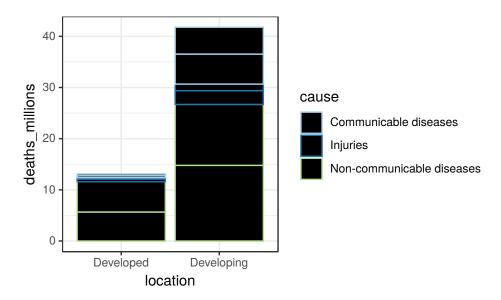


# 1.5 Extra: using aethetics outside of the aes()

## 1.5.1 Setting a constant fill

Using the mydata2013 example again, what does the addition of fill = "black" in this code do? Note that putting the ggplot(aes()) code all on one line does not affect the result.

```
mydata2013 %>%
   ggplot(aes(x = location, y = deaths_millions, fill = cause, colour = cause);
   geom_col(fill = "black")
```



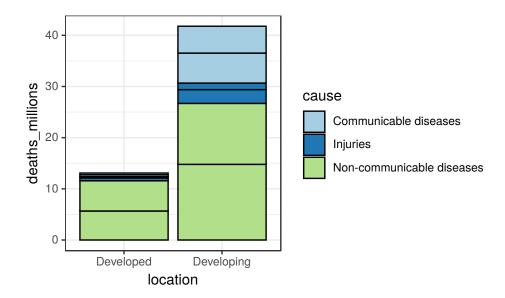
Setting aesthetics (x, y, fill, colour, etc.) outside of aes() sets them to a constant value. R can recognise of a lot of colour names, e.g., try "cornflowerblue", "firebrick", or just "red", "green", "blue", etc. For a full list, search Google for "Colours in R". R also knows HEX codes, e.g. fill = "#fec3fc" is pink.

#### 1.5.2 Exercise

What is the difference between colour and fill in the context of a barplot?

Hint: Use colour = "black" instead of fill = "black" to investigate what ggplot() thinks a colour is.

```
mydata2013 %>%
    ggplot(aes(x = location, y = deaths_millions, fill = cause, colour = cause))+
    geom_col(colour = "black")
```



#### 1.5.3 Exercise

Why are some of the words in our code quoted (e.g. fill = "black") whereas others are not (e.g. x = location)?

# 1.6 Two geoms for barplots: geom\_bar() or geom\_col()

Both geom\_bar() and geom\_col() create barplots. If you:

- Want to visualise the count of different lines in a dataset use geom\_bar()
  - For example, if you are using a patient-level dataset (each line is a patient record): mydata %>% ggplot(aes(x = sex)) + geom\_bar()
- Your dataset is already summarised use geom\_col()
  - For example, in the GBD dataset we use here, each line already includes a summarised value (deaths\_millions)

1.7. SOLUTIONS

If you have used R before you might have come across geom\_bar(stat = "identity") which is the same as geom\_col().

## 1.7 Solutions

1.2.1: There is a double closing bracket because aes() is wrapped inside ggplot() - ggplot(aes()).

#### 1.2.2:

#### 1.5.2:

On a barplot, the colour aesthetic outlines the fill. In a later session we will see, however, that for points and lines, colour is the main aesthetic to define.

#### 1.5.3:

Words in quotes are generally something set to a constant value (e.g. make all outlines black, rather than colour them based on the cause they are representing). Unquoted words are generally variables (or functions). If the word "function" just threw you, Google "Jesse Maegan: What the h\*ck is a function"

# Chapter 2

# R Basics

The aim of this module is to familiarise you with how R works. We will read in data and start basic manipulations. We will be working with a shorter version of the Global Burden of Disease dataset that we met earlier.

Throughout this course, don't copy or type code directly into the Console. We will only be using the Console for viewing output, warnings, and errors. All code should be in a script and executed (=run) using Ctrl+Enter (line or section) or Ctrl+Shift+Enter (whole script). Make sure you are always working in a project (the right-top corner of your RStudio interface should say "HealthyR").

# 2.1 Getting help

RStudio has a built in Help tab. To use the Help tab, click your cursor on something in your code (e.g. read\_csv()) and press F1. This will show you the definition and some examples. However, the Help tab is only useful if you already know what you are looking for but can't remember exactly how it works. For finding help on things you have not used before, it is best to Google it. R has about 2 million users so someone somewhere has had the same question or problem.

# 2.2 Starting with a blank canvas

In the first session we loaded some data that we then plotted. When we import data, R stores it and displays it in the Environment tab.

It's good practice to restart R before commencing new work. This is to avoid accidentally using the wrong data or functions stored in the environment. Restarting R only takes a second!

• Restart R (Ctrl+Shift+F10 or select it from Session -> Restart R).

RStudio has a default setting that is no longer considered best practice. You should do this once:

• Go to Tools -> Global Options -> General and set "Save .RData on exit" to Never. This does not mean you can't or shouldn't save your work in .RData files. But it is best to do it consciously and load exactly what you need to load, rather than letting R always save and load everything for you, as this could also include broken data or objects.

# 2.3 Working with Objects

It's sometimes difficult to appreciate how coding works without trying it first. These exercises will show you how R works.

We'll first create an object and call it a, we will give the object a a value of 1. In R the equals = sign tells R to give the object on the left of the sign the value of whatever is on the right of the sign.

```
a = 1
```

In your environment panel, you should see a appear under the Values section. Now, lets create b and give it a value of 2.

```
b = 2
```

Lets now add a and b together to create the object c

```
c = a + b
# Print the value of c to the Console
c # should return the number 3
```

#### ## [1] 3

All of R is just an extension of this: applying more complex functions (calculations) across more complex objects.

It's important to appreciate that objects can be more than just single numbers too. They can be entire spreadsheets, which in R are known as data frames.

Note that many people use <- instead of =. They mean the same thing in R. = and <- save what is on the right into the name on the left. There is also a left-to-right operator: ->.

#### 2.3.1 Exercise

Create 3 new variables, d, e, f with values 6, 7, 8 using the different assignment operators.

```
d = 6
e <- 7
8 -> f
```

# 2.4 Loading data

Before we load a new dataset, we should clear our experiments from the previous section. Restart R by pressing Ctrl+Shift+F10 or Select Section -> Restart R from the menu above.

Now the environment is clear, lets load in the data:

```
library(tidyverse) # Tidyverse is the package which contains some of the code
mydata = read_csv("global_burden_disease_short.csv")
```

But how can we look at the data we just loaded? How do we know which variables it contains? Hint: the Environment tab.

#### 2.4.1 Excercise

Answer these question about your data:

- 1. At present, how many variables are there?
- 2. How many deaths were there from communicable diseases in 1990? Hint: clicking on columns when Viewing a dataframe orders it.

#### 2.4.2 Other ways to investigate objects

In most cases, you can rely on the Environment tab to see how many variables you have. If, however, the dataset you are using is too big to easily navigate within, you might need to use names(mydata), head(mydata), or str(mydata).

Furthermore, we can select a single column using the dollar sign: \$.

So if we type:

```
mydata$deaths
```

```
## [1] 16149409 26993493 4325788 15449045 29897069 4639869 14775502
## [8] 31521934 4776852 13890709 33637815 4833919 12431802 36259550
## [15] 4970846 11809640 38267197 4786929
```

R will give us all the data for that variable.

2.5. OPERATORS

#### 2.4.3 Exercise



17

Ceci n'est pas un pipe.

Image source: https://cran.r-project.org/web/packages/magrittr/vignettes/magrittr.html

Re-write names(mydata) and head(mydata) using the pipe (%>%). Use the keyboard shortcut Ctrl+Shift+M to insert it.

#### 2.4.4 Exercise

How many unique values does the cause variable have? Hint: mydata\$cause piped into unique() piped into length().

# 2.5 Operators

Operators are symbols in R Code that tell R how to handle different pieces of data or objects.

Here are the main operators:

Some of these perform a test on data. A good example of this is the '==' operator.

This tells R to compare two things and ask if they are equal. If they are equal R will return 'TRUE', if not R will return 'FALSE'.

On your R cheat sheet, you can see what the others do. Here is a reminder:

| Symbol  | What does                  | Example                   | Example result               |
|---------|----------------------------|---------------------------|------------------------------|
| = or <- | assigns                    | x = 2                     | the value of x is now 2      |
| ==      | Equal?                     | x == 2                    | TRUE                         |
| !=      | Not equal?                 | x != 1                    | TRUE                         |
| <       | Less than                  | x < 2                     | FALSE                        |
| >       | Greater than               | x > 1                     | TRUE                         |
| <=      | Less than or equal to      | x <= 2                    | TRUE                         |
| >=      | Greater than or equal to   | x >= 1                    | TRUE                         |
| %>%     | sends data into a function | x %>% print()             | 2                            |
| ::      | indicates package          | <pre>dplyr::count()</pre> | count() fn. from the dplyr p |
| ->      | assigns                    | 2 -> x                    | the value of x is now 2      |
| &       | AND                        | x > 1 & x < 3             | TRUE                         |
|         | OR                         | x > 3   x == 3            | TRUE                         |
| %in%    | is value in list           | x %in% c(1,2,3)           | TRUE                         |
| \$      | select a column            | mydata\$year              | 1990,1996,                   |
| c()     | combines values            | c(1, 2)                   | 1, 2                         |
| #       | comment                    | #Riinu changed this       | ignored by R                 |

For example, if we wanted to select the years in the Global Burden of disease study after 2000 (and including 2000) we could type the following:

```
mydata %>%
filter(year >= 2000)
```

To save this as a new object we would then write:

```
mydata_out = mydata %>%
  filter(year >= 2000)

# Or we could write
```

```
mydata %>%
  filter(year >= 2000) -> mydata_out
```

How would you change the above code to only include years greater than 2000 (so not including 2000 itself too)? Hint: look at the table of operators above (also in your HealthyR QuickStart Sheet).

#### 2.5.1 Exercise

Modify the above example to filter for only year 2000, not all years greater than 2000. Save it into a variable called mydata\_year2000.

#### 2.5.2 Exercise

Let's practice this and combine multiple selections together.

This '|' means OR and '&' means AND.

From mydata, select the lines where year is either 1990 or 2013 and cause is "Communicable diseases":

```
new_data_selection = mydata %>%
  filter( (year == 1990 | year == 2013) & cause == "Communicable diseases")

# Or we can get rid of the extra brackets around the years
# by moving cause into a new filter on a new line:

new_data_selection = mydata %>%
  filter(year == 1990 | year == 2013) %>%
  filter(cause == "Communicable diseases")
```

# 2.6 Types of variables

consider structuring as per here: https://finalfit.org/articles/
data\_prep.html

Like many other types of statistical software, R needs to know the variable type of each column. The main types are:

#### 2.6.1 Characters

Characters (sometimes referred to as *strings* or *character strings*) in R are letters, words, or even whole sentences (an example of this may be free text comments). We can specify these using the as.character() function. Characters are displayed in-between "" (or '').

#### 2.6.2 Factors

Factors are fussy characters. Factors are fussy because they have something called levels. Levels are all the unique values this variable could take - e.g. like when we looked at mydata\$cause %>% unique(). Using factors rather than just characters can be useful because:

- The values factor levels can take is fixed. For example, if the levels of your column called sex are "Male" and "Female" and you try to add a new patient where sex is called just "F" you will get a warning from R. If sex was a character column rather than a factor R would have no problem with this and you would end up with "Male", "Female", and "F" in your column.
- Levels have an order. When we plotted the different causes of death in the last session, R ordered them alphabetically (because cause was a character rather than a factor). But if you want to use a non-alphabetical order, e.g. "Communicable diseases"-"Non-communicable diseases"-"Injuries", we need make cause into a factor. Making a character column into a factor enables us to define and change the order of the levels. Furthermore, there are useful tools such as fct\_inorder or fct\_infreq that can order factor levels for us.

These can be huge benefits, especially as a lot of medical data analyses include comparing different risks to a reference level. Nevertheless, the fussiness of factors can sometimes be unhelpful or even frustrating. For example, if you really did want to add a new level to your gender column (e.g., "Prefer not to say") you will either have to convert the column to a character, add it, and convert it back to a factor, or use fct\_expand to add the level and then add your new line.

#### 2.6.2.1 Exercise

Temporarily type fct\_inorder anywhere in your script, then press F1. Read the **Description** in the Help tab and discuss with your neighbour how fct\_inorder and fct\_infreq would order your factor levels.

#### 2.6.3 Numbers

Self-explanatory! These are numbers. In R, we specify these using the as.numeric() function. Numbers without decimal places are sometimes called integers. Click on the blue arrow in front of mydata in the Environment tab and see that year is an int (integer) whereas deaths is a num (numeric).

# 2.6.4 Specifying variable types

```
as.character(mydata$cause)
as.numeric(mydata$year)
factor(mydata$year)
#Lets save the cause as a factor
mydata$cause = factor(mydata$cause)
```

```
#Now lets print it out
mydata$cause
```

#### 2.6.5 Exercise

Change the order of the levels in mydata\$cause so that "Non-communicable diseases" come before "Injuries". Hint: use F1 to investigate examples of how fct\_relevel() works.

# 2.7 Importing data

For historical reasons, R's default functions (e.g. read.csv() or data.frame()) convert all characters to factors automatically (for more on this see forcats.tidyverse.org<sup>1</sup>. But it is usually more convenient to deal with characters and convert some of the columns to factors when necessary.

Base R:

```
mydata = read.csv("global_burden_disease_short.csv", stringsAsFactors = FALSE)
```

The tidyverse version, read\_csv(), has stringsAsFactors set to FALSE by default (and it is a lot faster than read.csv() when reading in large datasets).

Tidyverse:

```
mydata = read_csv("global_burden_disease_short.csv")
```

## Parsed with column specification:

## cols(

<sup>1</sup>http://forcats.tidyverse.org

```
## cause = col_character(),
## year = col_double(),
## deaths = col_double()
## )
```

You can use the "Import Dataset" button in the Environment tab to get the code for importing data from Excel, SPSS, SAS, or Stata.

# 2.8 Adding columns to dataframes

If we wanted to add in a new column or variable to our data, we can simply use the dollar sign '\$' to create a new variable inside a pre-existing piece of data:

```
mydata$new = 1
mydata$new2 = 1:18
```

Run these lines and click on mydata in the Environment tab to check this worked as expected.

Conversely, if we want to delete a specific variable or column we can use the 'NULL' function, or alternatively ask R to select() the data without the new variable included.

```
mydata$new = NULL

mydata = mydata %>%
   select(-new2)
```

We can make new variables using calculations based on variables in the data too.

The mutate function is useful here. All you have to specify within the mutate function is the name of the variable (this can be new or pre-existing) and where the new data should come from.

There are two equivalent ways of defining new columns based on a calculation with a previous column:

mutate formally introduced in later chapter. Need to think how best to present this in book.

Throughout this course we will be using both of these ways to create or modify columns. The first option (using the \$) can look neater when changing a single variable, but when combining multiple ones you will end up repeating mydata\$. mutate() removes the duplication, but it does add a new line and brackets.

# 2.9 Rounding numbers

We can use round() to round the new variables to create integers.

#### 2.9.1 Exercise

Round the new column deaths millions to no decimals:

```
## [1] 16 27 4 15 30 5 15 32 5 14 34 5 12 36 5 12 38 5
```

• How would you round it to 2 decimals? Hint: use F1 to investigate round().

• What do ceiling() and floor() do? Hint: sometimes you want to round a number up or down.

# 2.10 The combine function: c()

The combine function combines several values: c()

The combine function can be used with numbers or characters (like words or letters):

```
examplelist = c("Red", "Yellow", "Green", "Blue")
# Ask R to print it by executing it on its own line
examplelist
```

```
## [1] "Red" "Yellow" "Green" "Blue"
```

#### **2.10.1** Exercise

There are 18 lines (observations) in mydata. Create a new variable using c() with 18 values (numbers, words, whichever you like, e.g. like we created examplelist). Then add it as new column to mydata\$newlist. Advanced version: do this using a combination of rep() and c().

# 2.11 The paste() function

The paste() function is used to paste several words or numbers into one character variable/sentence.

In the paste function we need to specify what we would like to combine, and what should separate the components. By default, the separation is a space, but we can change this using the **sep** = option within the paste function.

So, for example if we wanted to make a sentence:

```
#
#paste("Edinburgh", "is", "Great")
# Lets add in full stops

paste("Edinburgh", "is", "Great", sep = ".")
```

## [1] "Edinburgh.is.Great"

```
# separator needs to go in "" as it is a character

# If we really like Edinburgh

#paste("Edinburgh", "is", "Great", sep = "!")

# If we want to make it one word

#paste("Edinburgh", "is", "Great", sep = "") # no separator (still need the
```

We can also join two different variables together using paste():

```
paste("Year is", mydata$year)
```

## [1] "Year is 1990" "Year is 1990" "Year is 1990" "Year is 1995"

```
## [5] "Year is 1995" "Year is 1995" "Year is 2000" "Year is 2000"
## [9] "Year is 2000" "Year is 2005" "Year is 2005" "Year is 2005"
## [13] "Year is 2010" "Year is 2010" "Year is 2010" "Year is 2013"
## [17] "Year is 2013" "Year is 2013"
```

#### 2.11.1 Exercise

Fix this code:

Hint: Think about characters and quotes!

```
paste(Today is, Sys.Date() )
```

# 2.12 Combining two dataframes

For combining dataframes based on shared variables we use the joins: left\_join(), right\_join(), inner\_join(), or full\_join(). Let's split some of the variables in mydata between two new dataframes: first\_data and second\_data. For demonstrating the difference between the different joins, we will only include a subset (first 6 rows) of the dataset in second\_data:

```
first_data = select(mydata, year, cause, deaths_millions)
second_data = select(mydata, year, cause, deaths_millions) %>% slice(1:6)

# change the order of rows in first_data to demosntrate the join does not rely on the first_data = arrange(first_data, deaths_millions)

combined_left = left_join(first_data, second_data)
combined_right = right_join(first_data, second_data)
combined_inner = inner_join(first_data, second_data)
combined_full = full_join(first_data, second_data)
```

Those who have used R before, or those who come across older scripts will have seen merge() instead of the joins. merge() works similarly to joins, but instead of having the four options defined clearly at the front, you would have had to use the all = FALSE, all.x = all, all.y = all arguments.

# An R script A SQL query walks up to two tables in a restaurant and asks: "Mind if I join you?"

#### 2.12.1 Exercise

Investigate the four new dataframes called **combined**\_ using the Environment tab and discuss how the different joins (left, right, inner, full) work.

# 2.13 The summary() function

In R, the summary() function provides a quick way of summarising both data or the results of statistical tests.

Lets get a quick summary of all the variables inside the Global Burden of Disease dataset. It will work for whole datasets and single variables too.

```
mydata %>% summary()
```

```
##
                                                 years_from 1990
      cause
                        year
                                    deaths
   Length: 18
                    Min.
                           :1990
                                  Min.
                                         : 4325788 Min.
                                                           : 0.00
   Class:character
                    1st Qu.:1995
                                   1st Qu.: 4868151
                                                     1st Qu.: 5.00
   Mode :character Median :2002 Median :14333106 Median :12.50
##
                   Mean
                          :2002
                                 Mean
                                        :17189854
                                                   Mean
                                                           :12.17
                                 3rd Qu.:29171175
##
                  3rd Qu.:2010
                                                   3rd Qu.:20.00
```

# lm stands for linear model

## year

##

```
##
                   Max.
                          :2013
                                  Max.
                                        :38267197
                                                    Max.
                                                           :23.00
##
    deaths millions
    Min.
           : 4.00
##
    1st Qu.: 5.00
    Median :14.50
##
##
    Mean
           :17.22
    3rd Qu.:29.25
           :38.00
##
    Max.
```

This even works on statistical tests (we will learn more about these later):

```
lm(deaths ~ year, data = mydata) %>% summary()
##
## Call:
## lm(formula = deaths ~ year, data = mydata)
## Residuals:
         Min
##
                    1Q
                          Median
                                         3Q
                                                  Max
## -13480641 -11791203 -2889909
                                             19999627
                                   12818624
##
## Coefficients:
                 Estimate Std. Error t value Pr(>|t|)
## (Intercept) -181988644 736014812
                                      -0.247
                                                 0.808
```

367606

## Residual standard error: 12590000 on 16 degrees of freedom ## Multiple R-squared: 0.004556, Adjusted R-squared: -0.05766

0.271

0.790

# 2.13.1 When pipe sends data to the wrong place

## F-statistic: 0.07324 on 1 and 16 DF, p-value: 0.7901

99482

Note that our usual way of doing things with the pipe would not work here:

```
mydata %>%
  lm(deaths ~ year) %>%
  summary()
```

This is because the pipe tries to send data into the first place of the function (first argument), but lm() wants the formula (deaths ~ year) first, then the dataframe. We can bypass this using data = . to tell the pipe where to put mydata:

```
mydata %>%
  lm(deaths ~ year, data = .) %>%
  summary()
```

#### 2.13.2 Exercise

Try adding a new variable called death\_over\_10m which indicates whether there were more than 10 million deaths for a cause. The new variable should take the form 'Yes' or 'No'.

Then make it into a factor.

No Yes

6 12

##

Then use summary() to find out about it!

```
mydata = mydata %>%
  mutate(death_over_10m = ifelse(deaths >= 10000000, "Yes", "No")) # Using if
mydata$death_over_10m = as.factor(mydata$death_over_10m)
mydata$death_over_10m %>% summary()
```

# 2.14 Extra: Creating a dataframe from scratch

It is rare that you will need to create a data frame by hand as most of the time you will be reading in a data from a .csv or similar. But in some cases (e.g. when creating special labels for a plot) it might be useful, so this is how to create one:

## Warning: `data\_frame()` is deprecated, use `tibble()`.
## This warning is displayed once per session.

```
# same as

newdata = data_frame(
  patient_id = paste0("ID", 1:10), #note the commas
  sex = rep(c("Female", "Male"), 5),
  age = 18:27
)
```

If we used data.frame() instead of data\_frame(), all our character variables (patient\_id, sex) would become factors automatically. This might make sense for sex, but it doesn't for patient\_id.

#### 2.14.1 Exercise

Create a new dataframe called my dataframe that looks like this:

Hint: Use the functions pasteO(), seq() and rep()

```
## # A tibble: 10 x 3
```

```
patient_id
##
                    age sex
                <dbl> <chr>
##
      <chr>
##
   1 ID11
                    15 Male
##
   2 ID12
                   20 Male
   3 ID13
                   25 Male
##
                  30 Male
35 Male
40 Female
## 4 ID14
## 5 ID15
## 6 ID16
                  45 Female
50 Female
## 7 ID17
## 8 ID18
                55 Female
60 Female
## 9 ID19
## 10 ID20
```

## 2.15 Solutions

#### 2.5.3

```
mydata %>% names()
mydata %>% head()
mydata %>% str()
```

#### 2.5.4

```
mydata$cause %>% unique() %>% length()

## [1] 3
2.6.2

mydata_year2000 = mydata %>%
    filter(year == 2000)
```

#### 2.7.5

```
mydata$cause %>% fct_relevel("Injuries", after = 1)
```

#### 2.10.1

```
mydata$deaths_millions = round(mydata$deaths_millions)

# or
mydata$deaths_millions = mydata$deaths_millions %>% round()
```

#### 2.11.1

#### 2.12.1

```
paste("Today is", Sys.Date())
```

#### 2.15.1

```
my_dataframe = data_frame(
  patient_id = paste0("ID", 11:20),
```

```
age = seq(15, 60, 5),
sex = c(rep("Male", 5), rep("Female", 5))
```

# Chapter 3

# Summarising data

In this session we will get to know our three best friends for summarising data: group\_by(), summarise(), and mutate().

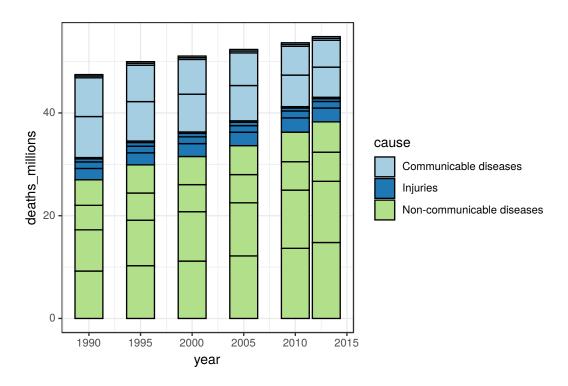
## 3.1 Data

In Session 2, we used a very condensed version of the Global Burden of Disease data. We are now going back to a longer one and we will learn how to summarise it ourselves.

```
source("healthyr_theme.R")
load("global_burden_disease_long.rda")
```

We were already using this longer dataset in Session 1, but with colour=cause to hide the fact that the total deaths in each year was made up of 12 groups of data (as the black lines on the bars indicate):

```
mydata %>%
    ggplot(aes(x = year, y = deaths_millions, fill = cause))+
    geom_col(colour = "black")
```



```
mydata %>%
  filter(year == 1990)
```

```
##
       location
                                 cause
                                         sex year deaths millions
    Developing Non-communicable diseases
                                           Male 1990
                                                          9.2277141
     Developing Non-communicable diseases Female 1990
                                                           8.0242455
## 3
     Developed Non-communicable diseases
                                          Male 1990
                                                          4.7692902
## 4
     Developed Non-communicable diseases Female 1990
                                                          4.9722431
## 5
     Developing
                               Injuries
                                         Male 1990
                                                        2.2039625
## 6 Developing
                              Injuries Female 1990
                                                        1.2698308
      Developed
## 7
                              Injuries
                                         Male 1990
                                                        0.5941184
## 8
      Developed
                              Injuries Female 1990
                                                        0.2578759
## 9 Developing
                   Communicable diseases Male 1990
                                                         7.9819728
## 10 Developing
                   Communicable diseases Female 1990
                                                          7.5416376
## 11 Developed
                   Communicable diseases
                                          Male 1990
                                                         0.3387820
## 12 Developed
                   Communicable diseases Female 1990
                                                         0.2870169
```

3.2 Tidyverse packages: ggplot2, dplyr, tidyr, etc.

Most of the functions introduced in this session come from the tidy-verse family (http://tidyverse.org/), rather than Base R. Including library(tidyverse) in your script loads a list of packages: ggplot2, dplyr, tidry, forcats, etc.

# R LINGUA: LIBRARY VS PAC

| September 1982 | September 2015 | Sept

I went to the library to use the English dictionary (it was I then ordered a specialised book ("General Surgery") to rea

I used R to calculate the means and medians of my da I then loaded a specialised package ("survival") to calculate the

# 3.3 Basic functions for summarising data

You can always pick a column and ask R to give you the sum(), mean(), min(), max(), etc. for it:

```
mydata$deaths_millions %>% sum()

## [1] 309.4174

mydata$deaths_millions %>% mean()
```

## [1] 4.297463

But if you want to get the total number of deaths for each year (or cause, or sex, whichever grouping variables you have in your dataset) you can use group\_by() and summarise() that make subgroup analysis very convenient and efficient.

# 3.4 Subgroup analysis: group\_by() and summarise()

The group\_by() function tells R that you are about to perform subgroup analysis on your data. It retains information about your groupings and calculations are applied on each group separately. To go back to summarising the whole dataset again use ungroup(). Note that summarise() is different to the summary() function we used in Session 2.

With summarise(), we can calculate the total number of deaths per year:

```
mydata %>%
  group_by(year) %>%
  summarise(total_per_year = sum(deaths_millions)) ->
  summary_data1
```

```
mydata %>%
   group_by(year, cause) %>%
   summarise(total_per_cause = sum(deaths_millions)) ->
   summary_data2
```

- summary data1 includes the total number of deaths per year.
- summary data2 includes the number of deaths per cause per year.

| year | total_per_year |
|------|----------------|
| 1990 | 47             |
| 1995 | 50             |
| 2000 | 51             |
| 2005 | 52             |
| 2010 | 54             |
| 2013 | 55             |

| year | cause                     | total_per_cause |
|------|---------------------------|-----------------|
| 1990 | Communicable diseases     | 16              |
| 1990 | Injuries                  | 4               |
| 1990 | Non-communicable diseases | 27              |
| 1995 | Communicable diseases     | 15              |
| 1995 | Injuries                  | 5               |
| 1995 | Non-communicable diseases | 30              |

<sup>...</sup> remaining years omitted from printing.

#### 3.4.1 Exercise

Compare the sizes - number of rows (observations) and number of columns (variables) - of mydata, summary\_data1, and summary\_data2 (in the Environment tab).

- Convince yourself that for 1990, deaths by the three causes (summary\_data2) add up to total deaths per year (summary\_data1).
- summary\_data2 has exactly 3 times as many rows as summary\_data1. Why?

3.5. MUTATE() 41

Table 3.1: alldata

| year | total_per_year | cause                     | total_per_cause | percentage |
|------|----------------|---------------------------|-----------------|------------|
| 1990 | 47             | Communicable diseases     | 16              | 34         |
| 1990 | 47             | Injuries                  | 4               | 9          |
| 1990 | 47             | Non-communicable diseases | 27              | 57         |
| 1995 | 50             | Communicable diseases     | 15              | 31         |
| 1995 | 50             | Injuries                  | 5               | 9          |
| 1995 | 50             | Non-communicable diseases | 30              | 60         |

- mydata has 5 variables, whereas the summarised dataframes have 2 and
  - 3. Which variables got dropped? Why?

#### 3.4.2 Exercise

For each cause, calculate its percentage to total deaths in each year.

Hint: Use full join() on summary data1 and summary data2.

Solution:

```
alldata = full_join(summary_data1, summary_data2)
```

```
## Joining, by = "year"
```

```
alldata$percentage = 100*alldata$total_per_cause/alldata$total_per_year %>% round()
```

round() defaults to 0 digits. If you want to round to a specified number of decimal places, use, e.g., round(digits = 2).

# 3.5 mutate()

Mutate works similarly to summarise() (as in it respects groupings set with group\_by()), but it adds a new column into the original data. summarise(),

Table 3.2: summarise example

| total_ | deaths |
|--------|--------|
| 30     | )9     |

Table 3.3: mutate\_example

| location   | cause                     | sex    | year | deaths_millions | total_deaths |
|------------|---------------------------|--------|------|-----------------|--------------|
| Developing | Non-communicable diseases | Male   | 1990 | 9               | 309          |
| Developing | Non-communicable diseases | Female | 1990 | 8               | 309          |
| Developed  | Non-communicable diseases | Male   | 1990 | 5               | 309          |
| Developed  | Non-communicable diseases | Female | 1990 | 5               | 309          |
| Developing | Non-communicable diseases | Male   | 1995 | 10              | 309          |

on the other hand, condenses the data into a minimal table that only includes the variables specifically asked for.

#### 3.5.1 Exercise

Investigate these examples to learn how summarise() and mutate() differ.

```
summarise_example = mydata %>%
    summarise(total_deaths = sum(deaths_millions))

mutate_example = mydata %>%
    mutate(total_deaths = sum(deaths_millions))
```

3.5. MUTATE() 43

You should see that mutate() adds the same total number (309) to every line in the dataframe.

## 3.5.2 Optional advanced exercise

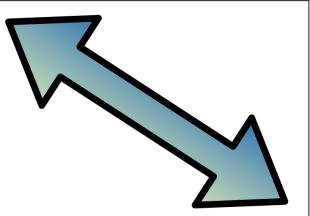
Based on what we just observed on how mutate() adds a value to each row, can you think of a way to redo Exercise 3.4.2 without using a join? Hint: instead of creating summary\_data1 (total deaths per year) as a separate dataframe which we then merge with summary\_data2 (total deaths for all causes per year), we can use mutate() to add total\_per\_year to each row.

```
mydata %>%
    group_by(year, cause) %>%
    summarise(total_per_cause = sum(deaths_millions)) %>%
    group_by(year) %>%
    mutate(total_per_year = sum(total_per_cause)) %>%
    mutate(percentage = 100*total_per_cause/total_per_year) -> alldata
```

# 3.6 Wide vs long: spread() and gather()

| Developed countries:      | 1990 | 1995 | 2000 | 2005 | 201 |
|---------------------------|------|------|------|------|-----|
| Communicable diseases     | 0.6  | 0.7  | 0.7  | 0.7  | 0   |
| Injuries                  | 0.9  | 1    | 0.9  | 0.9  | 0   |
| Non-communicable diseases | 9.7  | 10.8 | 10.7 | 11.1 | 11  |

| Developing countries:     | 1990 | 1995 | 2000 | 2005 | 201     |
|---------------------------|------|------|------|------|---------|
| Communicable diseases     | 15.5 | 14.8 | 14.1 | 13.2 | 11      |
| Injuries                  | 3.5  | 3.6  | 3.8  | 3.9  | cation  |
| Non-communicable diseases | 17.3 | 19.1 | 20.8 | 22 5 | evelone |



Develope Develope

Develope Developi Developi Developi

#### 3.6.1 Wide format

Although having data in the long format is very convenient for R, for publication tables, it makes sense to spread some of the values out into columns:

```
alldata %>%
    mutate(percentage = paste0(round(percentage, 2), "%")) %>%
    select(year, cause, percentage) %>%
    spread(cause, percentage)
## # A tibble: 6 x 4
## # Groups:
               year [6]
    year `Communicable diseases` Injuries `Non-communicable diseases`
##
     <int> <chr>
                                    <chr>>
                                             <chr>>
## 1 1990 34.02%
                                    9.11%
                                             56.87%
## 2 1995 30.91%
                                    9.28%
                                             59.81%
                                    9.35%
## 3 2000 28.93%
                                             61.72%
## 4 2005 26.53%
                                    9.23%
                                             64.24%
## 5 2010 23.17%
                                    9.26%
                                             67.57%
                                    8.73%
                                             69.75%
## 6 2013 21.53%
```

• select() pick the variables you want to keep. Try running the lines until spread() to see how it works.

#### 3.6.2 Exercise

Calculate the percentage of male and female deaths for each year. Spread it to a human readable form:

#### Hints:

- create summary data3 that includes a variable called total per sex
- merge summary data1 and summary data3 into a new data frame
- calculate the percentage of total per sex to total per year
- round, add % labels
- spread

#### Solution:

```
mydata %>%
    group_by(year) %>%
    summarise(total per year = sum(deaths millions)) ->
    summary_data1
mydata %>%
    group_by(year, sex) %>%
    summarise(total_per_sex = sum(deaths_millions)) ->
    summary_data3
alldata = full_join(summary_data1, summary_data3)
## Joining, by = "year"
result spread = alldata %>%
 mutate(percentage = round(100*total_per_sex/total_per_year, 0)) %>%
 mutate(percentage = paste0(percentage, "%")) %>%
 select(year, sex, percentage) %>%
  spread(sex, percentage)
result_spread
## # A tibble: 6 x 3
##
     year Female Male
##
    <int> <chr> <chr>
## 1 1990 47%
                  53%
## 2 1995 47%
                  53%
## 3 2000 46%
                  54%
## 4 2005 46%
                  54%
## 5 2010 46%
                  54%
## 6 2013 45%
                  55%
And save it into a csv file using write_csv():
write_csv(result_spread, "gbd_genders_summarised.csv")
```

You can open a csv file with Excel and copy the table into Word or PowerPoint for presenting.

### 3.6.3 Long format

The opposite of spread() is gather():

- The first argument is a name for the column that will include columns gathered from the wide columns (in this example, Male and Female are gathered into sex).
- The second argument is a name for the column that will include the values from the wide-format columns (the values from Male and Female are gathered into percentage).
- Any columns that already are condensed (e.g. year was in one column, not spread out like in the pre-course example) must be included with a negative (i.e. -year).

```
result_spread %>%
  gather(sex, percentage, -year)
```

```
## # A tibble: 12 x 3
##
       year sex
                    percentage
##
      <int> <chr>
                    <chr>
       1990 Female 47%
##
##
       1995 Female 47%
##
    3
       2000 Female 46%
       2005 Female 46%
##
       2010 Female 46%
##
##
       2013 Female 45%
    6
    7
       1990 Male
                    53%
##
##
       1995 Male
                    53%
##
    9
       2000 Male
                    54%
## 10
       2005 Male
                    54%
       2010 Male
                    54%
## 11
## 12
       2013 Male
                    55%
```

#### 3.6.4 Exercise

Test what happens when you

• Change the order of sex and percentage:

```
result_spread %>%
  gather(percentage, sex, -year)
```

Turns out in the above example, percentage and sex were just label you assigned to the gathered columns. It could be anything, e.g.:

```
result_spread %>%
  gather(`look-I-gathered-sex`, `values-Are-Here`, -year)
```

• What happens if we omit -year:

```
result_spread %>%
  gather(sex, percentage)
```

-year was telling R we don't want the year column to be gathered together with Male and Female, we want to keep it as it is.

# 3.7 Sorting: arrange()

To reorder data ascendingly or descendingly, use arrange():

```
mydata %>%
  group_by(year) %>%
  summarise(total = sum(deaths_millions)) %>%
  arrange(-year) # reorder after summarise()
```

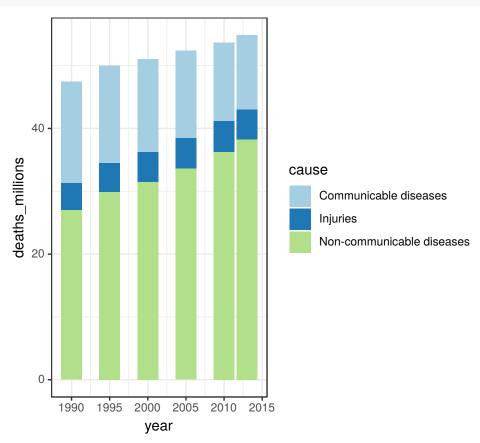
# 3.8 Factor handling

We talked about the pros and cons of working with factors in Session 2. Overall, they are extremely useful for the type of analyses done in medical research.

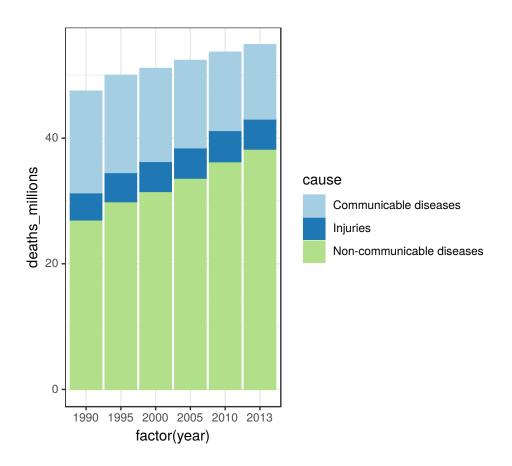
#### 3.8.1 Exercise

Explain how and why these two plots are different.

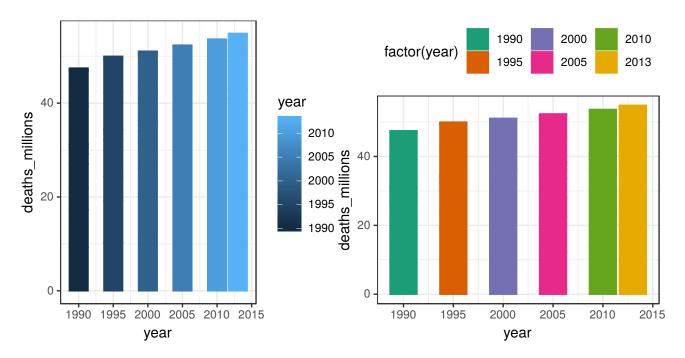
```
mydata %>%
    ggplot(aes(x = year, y = deaths_millions, fill = cause))+
    geom_col()
```



```
mydata %>%
    ggplot(aes(x = factor(year), y = deaths_millions, fill = cause, colour = c
    geom_col()
```



What about these?



These illustrate why it might sometimes be useful to use numbers as factors - on the second one we have used fill = factor(year) as the fill, so each year gets a distinct colour, rather than a gradual palette.

# 3.8.2 fct\_collapse() - grouping levels together

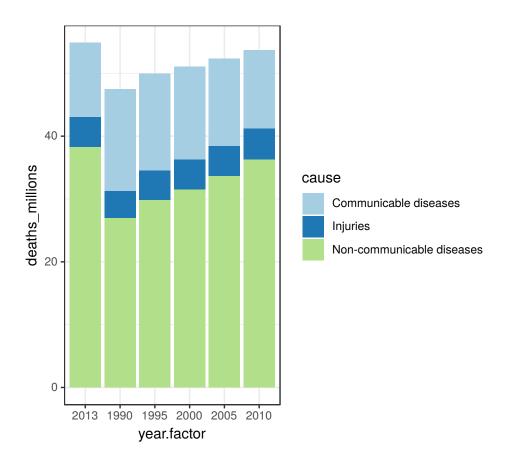
## 3.8.3 fct\_relevel() - change the order of levels

Another reason to sometimes make a numeric variable into a factor is that we can then reorder it for the plot:

```
mydata$year %>%
  factor() %>%
  fct_relevel("2013") -> #brings 2013 to the front
  mydata$year.factor

source("1_source_theme.R")

mydata %>%
  ggplot(aes(x=year.factor, y=deaths_millions, fill=cause))+
  geom_col()
```



# 3.8.4 fct\_recode() - rename levels

```
mydata$cause %>%
    levels() # levels() lists the factor levels of a column

## [1] "Communicable diseases" "Injuries"
## [3] "Non-communicable diseases"

mydata$cause %>%
    fct_recode("Deaths from injury" = "Injuries") %>%
    levels()
```

```
## [1] "Communicable diseases" "Deaths from injury"
## [3] "Non-communicable diseases"
```

## 3.8.5 Converting factors to numbers

MUST REMEMBER: factor needs to become as.character() before converting to numeric or date! Factors are actually stored as labelled integers (so like number codes), only the function as.character() will turn a factor back into a collated format which can then be converted into a number or date.

#### 3.8.6 Exercise

## [71] 1 1

Investigate the two examples converting the year.factor variable back to a number.

### 3.9 Long Exercise

This exercise includes multiple steps, combining all of the above.

First, create a new script called "2\_long\_exercise.R". Then Restart your R session, add library(tidyverse) and load "global\_burden\_disease\_long.rda".

- Calculate the total number of deaths in Developed and Developing countries. Hint: use group\_by(location) and summarise(new-column-name = sum(variable-to-sum)).
- Calculate the total number of deaths in Developed and Developing countries and for men and women. Hint: this is as easy as adding, sex to group\_by().
- Filter for 1990.
- spread() the location column.

```
## # A tibble: 2 x 3
## sex Developed Developing
## <fct> <dbl> <dbl>
## 1 Female 5.52 16.8
## 2 Male 5.70 19.4
```

# 3.10 Extra: formatting a table for publication

Creating a publication table with both the total numbers and percentages (in brackets) + using formatC() to retain trailing zeros:

```
# Let's use alldata from Exercise 5.2:

mydata %>%
    group_by(year, cause) %>%
    summarise(total_per_cause = sum(deaths_millions)) %>%
    group_by(year) %>%
    mutate(total_per_year = sum(total_per_cause)) %>%
    mutate(percentage = 100*total_per_cause/total_per_year) -> alldata
```

```
alldata %>%
   mutate(total_percentage =
                   pasteO(round(total_per_cause, 1) %>% formatC(1, format = "f"),
                           "(", round(percentage, 1) %>% formatC(1, format = "f"),
                    ) %>%
    select(year, cause, total_percentage) %>%
    spread(cause, total percentage)
## # A tibble: 6 x 4
## # Groups: year [6]
    year `Communicable diseases` Injuries `Non-communicable diseases`
##
    <int> <chr>
                                  <chr>
                                             <chr>>
                                  4.3 (9.1%) 27.0 (56.9%)
## 1 1990 16.1 (34.0%)
## 2 1995 15.4 (30.9%)
                                 4.6 (9.3%) 29.9 (59.8%)
## 3 2000 14.8 (28.9%)
                                 4.8 (9.4%) 31.5 (61.7%)
## 4 2005 13.9 (26.5%)
                                 4.8 (9.2%) 33.6 (64.2%)
## 5 2010 12.4 (23.2%)
                                 5.0 (9.3%) 36.3 (67.6%)
## 6 2013 11.8 (21.5%)
                                4.8 (8.7%) 38.3 (69.7%)
```

### 3.11 Solution: Long Exercise

```
mydata %>%
  filter(year == 1990) %>%
  group_by(location, sex) %>%
  summarise(total_deaths = sum(deaths_millions)) %>%
  spread(location, total_deaths)
```

# Chapter 4

# Different types of plots

### 4.1 Data

We will be using the gapminder dataset:

```
library(tidyverse)
library(gapminder)

mydata = gapminder

summary(mydata)
```

```
##
           country
                          continent
                                                         lifeExp
                                            year
## Afghanistan:
                12
                      Africa :624
                                     Min.
                                            :1952
                                                    Min.
                                                           :23.60
   Albania
                 12
                      Americas:300
                                     1st Qu.:1966
                                                   1st Qu.:48.20
##
   Algeria
                 12
                      Asia
                              :396
                                    Median:1980
                                                   Median :60.71
                      Europe :360
                 12
   Angola
                                     Mean
                                            :1980
                                                   Mean
                                                           :59.47
##
##
   Argentina :
                 12
                      Oceania: 24
                                     3rd Qu.:1993
                                                   3rd Qu.:70.85
   Australia
                 12
                                            :2007
##
                                    Max.
                                                   Max.
                                                           :82.60
    (Other)
               :1632
##
##
                          gdpPercap
         pop
           :6.001e+04
                        Min.
                                    241.2
    1st Qu.:2.794e+06
                        1st Qu.:
                                   1202.1
```

```
## Median :7.024e+06 Median : 3531.8

## Mean :2.960e+07 Mean : 7215.3

## 3rd Qu.:1.959e+07 3rd Qu.: 9325.5

## Max. :1.319e+09 Max. :113523.1

##
```

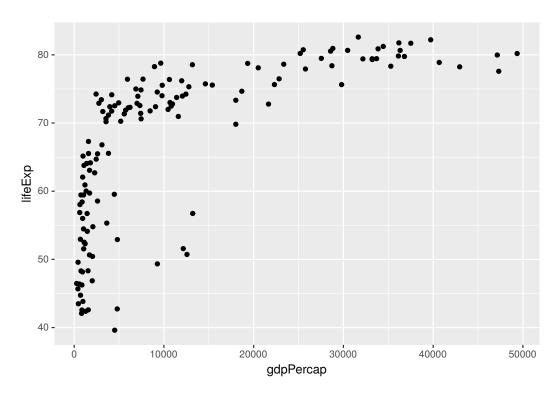
```
mydata$year %>% unique()
```

```
## [1] 1952 1957 1962 1967 1972 1977 1982 1987 1992 1997 2002 2007
```

# 4.2 Scatter plots/bubble plots - geom\_point()

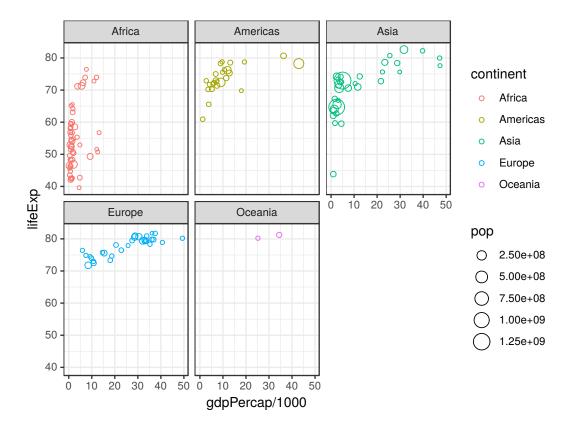
Plot life expectancy against GDP per capita (x = gdpPercap, y=lifeExp) at year 2007:

```
mydata %>%
  filter(year == 2007) %>%
  ggplot(aes(x = gdpPercap, y=lifeExp)) +
  geom_point()
```



# 4.2.1 Exercise

Follow the step-by-step instructions to transform the grey plot just above into this:

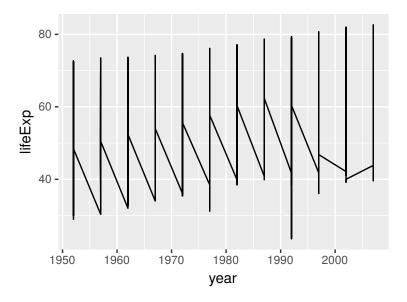


- Add points: geom\_point()
  - Change point type: shape = 1 (or any number from your Quickstart Sheet) inside the geom\_point()
- Colour each country point by its continent: colour=continent to aes()
- Size each country point by its population: size=pop to aes()
- Put the country points of each continent on a separate panel: + facet\_wrap(~continent)
- Make the background white: + theme\_bw()

# 4.3 Line chart/timeplot - geom\_line()

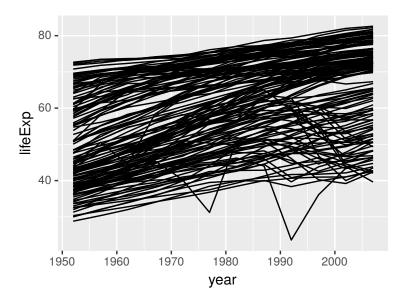
Plot life expectancy against year (x = year, y=lifeExp), add geom\_line():

```
mydata %>%
  ggplot(aes(x = year, y=lifeExp)) +
  geom_line()
```



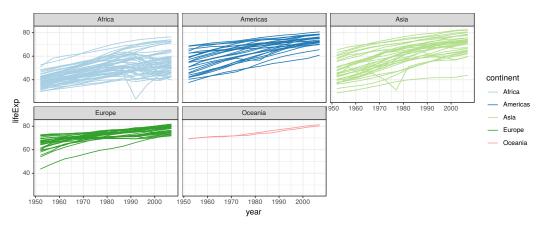
The reason you now see this weird zig-zag is that, using the above code, R does not know you want a connected line for each country. Specify how you want data points grouped to lines: group = country in aes():

```
mydata %>%
  ggplot(aes(x = year, y=lifeExp, group = country)) +
  geom_line()
```



### 4.3.1 Exercise

Follow the step-by-step instructions to transform the grey plot just above into this:



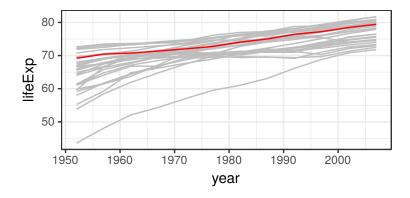
- Colour lines by continents: colour=continent to aes()
- Similarly to what we did in <code>geom\_point()</code>, you can even size the line thicknesses by each country's population: <code>size=pop</code> to <code>aes()</code>
- Continents on separate panels: + facet\_wrap(~continent)
- Make the background white: + theme\_bw()

• Use a nicer colour scheme: + scale\_colour\_brewer(palette = "Paired")

### 4.3.2 Advanced example

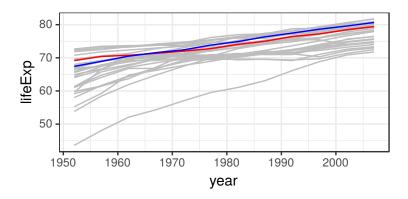
For European countries only (filter(continent == "Europe") %>%), plot life expectancy over time in grey colour for all countries, then add United Kingdom as a red line:

```
mydata %>%
  filter(continent == "Europe") %>% #Europe only
  ggplot(aes(x = year, y=lifeExp, group = country)) +
  geom_line(colour = "grey") +
  theme_bw() +
  geom_line(data = filter(mydata, country == "United Kingdom"), colour = "red")
```



#### 4.3.3 Advanced Exercise

As previous, but add a line for France in blue:



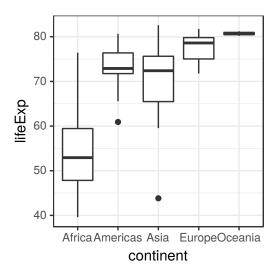
# 4.4 Box-plot - geom\_boxplot()

Plot the distribution of life expectancies within each continent at year 2007:

```
filter(year == 2007) %>%
x = continent, y = lifeExp
+ geom boxplot()
```

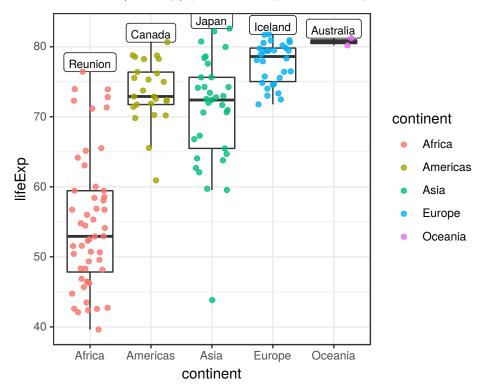
```
mydata %>%
  filter(year == 2007) %>%
  ggplot(aes(x = continent, y = lifeExp)) +
  geom_boxplot() +
  theme_bw()
```

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### 4.4.1 Exercise

Add individual (country) points on top of the box plot:



Hint: Use geom\_jitter() instead of geom\_point() to reduce overlap by spreading the points horizontally. Include the width=0.3 option to reduce the width of the jitter.

#### **Optional:**

Include text labels for the highest life expectancy country of each continent.

**Hint 1** Create a separate dataframe called label\_data with the maximum countries for each continent:

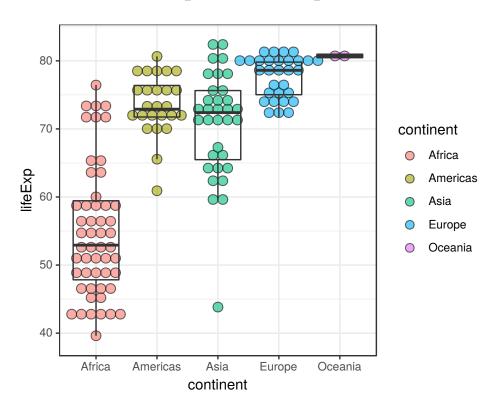
```
label_data = mydata %>%
  filter(year == max(year)) %>% # same as year == 2007
  group_by(continent) %>%
  filter(lifeExp == max(lifeExp) )
```

Hint 2 Add geom\_label() with appropriate aes():

```
+ geom_label(data = label_data, aes(label=country), vjust = 0)
```

### 4.4.2 Dot-plot - geom\_dotplot()

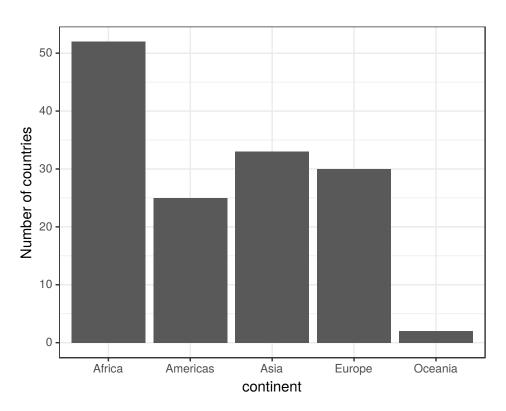
```
geom_dotplot(aes(fill=continent), binaxis = 'y', stackdir =
'center', alpha=0.6)
```



# 4.5 Barplot - geom\_bar() and geom\_col()

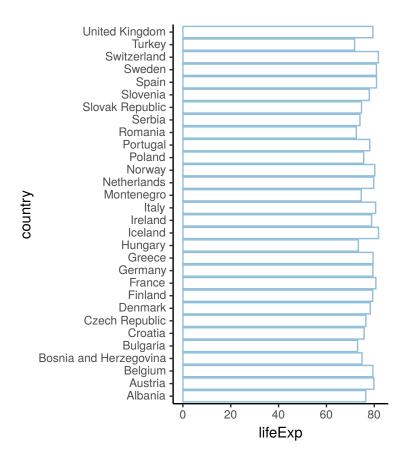
In the first module, we plotted barplots from already summarised data (using the geom\_col), but geom\_bar() is perfectly happy to count up data for you. For example, we can plot the number of countries in each continent without summarising the data beforehand:

```
mydata %>%
  filter(year == 2007) %>%
  ggplot(aes(x = continent)) +
  geom_bar() +
  ylab("Number of countries") +
  theme_bw()
```



### 4.5.1 Exercise

Create this barplot of life expectancies in European countries (year 2007). Hint: coord\_flip() makes the bars horizontal, fill = NA makes them empty, have a look at your QuickStar sheet for different themes.



# 4.6 All other types of plots

These are just some of the main ones, see this gallery for more options: http://www.r-graph-gallery.com/portfolio/ggplot2-package/

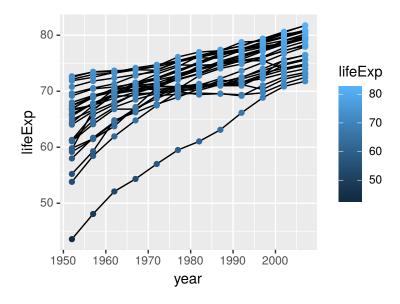
And the ggplot() documentation: http://docs.ggplot2.org/

Remember that you can always combine different types of plots - i.e. add lines or points on bars, etc.

## 4.7 Specifying aes() variables

The aes() variables wrapped inside ggplot() will be taken into account by all geoms. If you put aes(colour = lifeExp) inside geom\_point(), only points will be coloured:

```
mydata %>%
  filter(continent == "Europe") %>%
  ggplot(aes(x = year, y = lifeExp, group = country)) +
  geom_line() +
  geom_point(aes(colour = lifeExp))
```



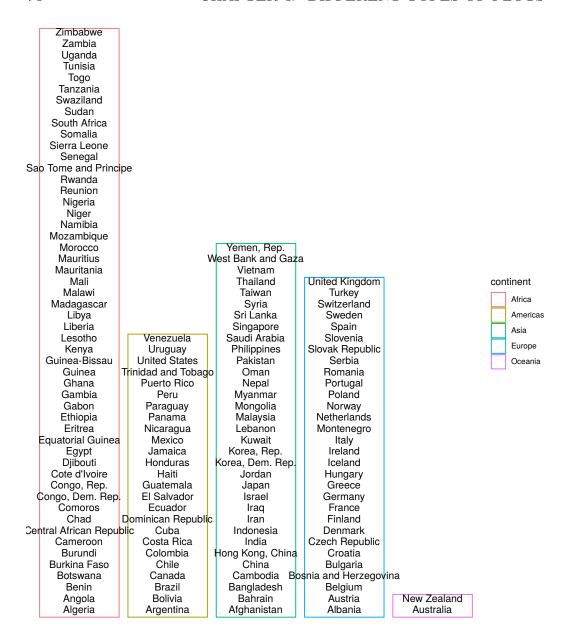
# 4.8 Extra: Optional exercises

#### 4.8.1 Exercise

Make this:

```
mydata$dummy = 1  # create a column called "dummy" that includes number 1 for each of
mydata2007 = mydata %>%
  filter(year==max(year)) %>%
  group_by(continent) %>%
  mutate(country_number = cumsum(dummy))  # create a column called "country_number"
  # is a cumulative sum of the number of countries before it - basically indexing

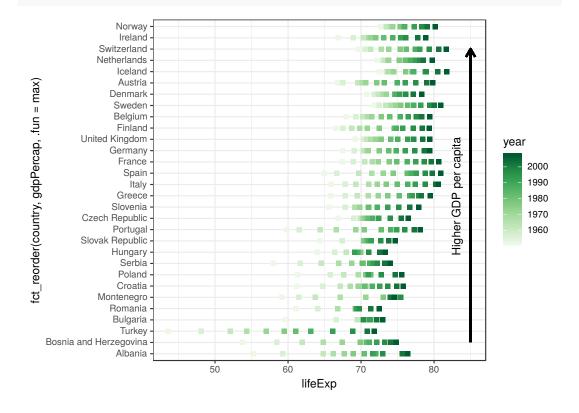
mydata2007 %>%
  ggplot(aes(x = continent)) +
  geom_bar(aes(colour=continent), fill = NA) +
  geom_text(aes(y = country_number, label=country), size=4, vjust=1, colour='black')+
  theme_void()
```



#### 4.8.2 Exercise

Make this:

```
Hints: coord_flip(), scale_color_gradient(...), geom_segment(...),
annotate("text", ...)
```



### 4.9 Solutions

#### 4.2.1

#### 4.3.1

```
mydata %>%
  ggplot( aes(x = year, y=lifeExp, group = country, colour=continent)) +
  geom_line() +
  facet_wrap(~continent) +
  theme_bw() +
  scale_colour_brewer(palette = "Paired")
```

#### which

```
Add + geom_line(data = filter(mydata, country == "France"), colour = "blue")
```

#### 4.4.1

```
mydata %>%
  filter(year == 2007) %>%
  ggplot(aes(x = continent, y = lifeExp)) +
  geom_boxplot(outlier.shape = NA) +
  geom_jitter(aes(colour=continent), width=0.3, alpha=0.8) + #width defaults
  theme_bw()
```

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```
mydata %>%
  filter(year == 2007) %>%
  ggplot(aes(x = continent, y = lifeExp)) +
  geom_boxplot(outlier.shape = NA) +
  geom_jitter(aes(colour=continent), width=0.3, alpha=0.8)
  theme_bw()
```

#### 4.5.1

```
mydata %>%
  filter(year == 2007) %>%
  filter(continent == "Europe") %>%
  ggplot(aes(x = country, y = lifeExp)) +
  geom_col(colour = "#91bfdb", fill = NA) +
  coord_flip() +
  theme_classic()
```

# Chapter 5

# Fine tuning plots

### 5.1 Data and initial plot

We can save a ggplot() object into a variable (usually called p but can be any name). This then appears in the Environment tab. To plot it it needs to be recalled on a separate line. Saving a plot into a variable allows us to modify it later (e.g., p + theme\_bw()).

```
library(gapminder)
library(tidyverse)

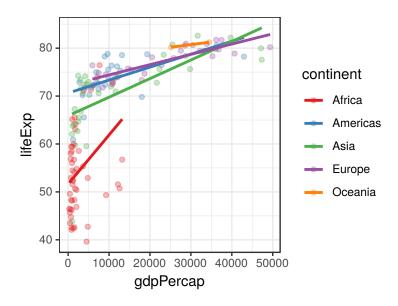
mydata = gapminder

mydata$year %>% unique()
```

## [1] 1952 1957 1962 1967 1972 1977 1982 1987 1992 1997 2002 2007

```
p = mydata %>%
filter(year == 2007) %>%
group_by(continent, year) %>%
ggplot(aes(y = lifeExp, x = gdpPercap, colour = continent)) +
geom_point(alpha = 0.3) +
```

```
theme_bw() +
geom_smooth(method = "lm", se = FALSE) +
scale_colour_brewer(palette = "Set1")
p
```

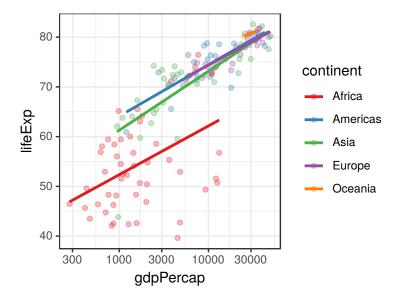


# 5.2 Scales

## 5.2.1 Logarithmic

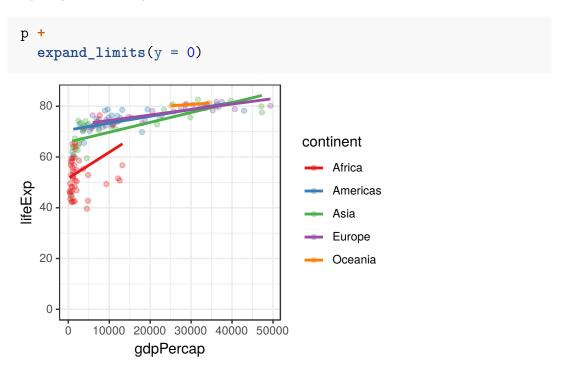
```
p +
  scale_x_log10()
```

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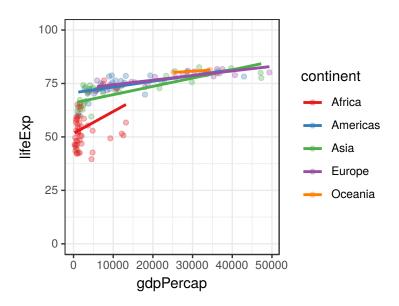
# 5.2.2 Expand limits

Specify the value you want to be included:



Or two:

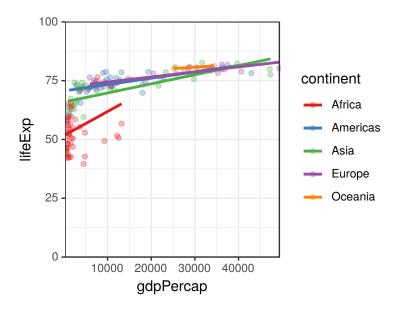
```
p +
  expand_limits(y = c(0, 100))
```



By default, ggplot() adds some padding around the included area (see how the scale doesn't start from 0, but slightly before). You can remove this padding with the expand option:

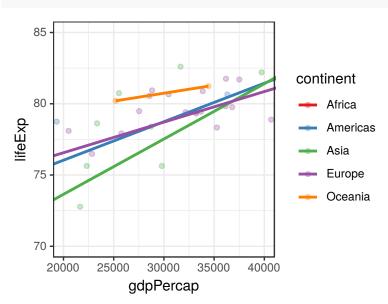
```
p +
  expand_limits(y = c(0, 100)) +
  coord_cartesian(expand = FALSE)
```

5.2. SCALES 83



### 5.2.3 Zoom in

```
p +
  coord_cartesian(ylim = c(70, 85), xlim = c(20000, 40000))
```



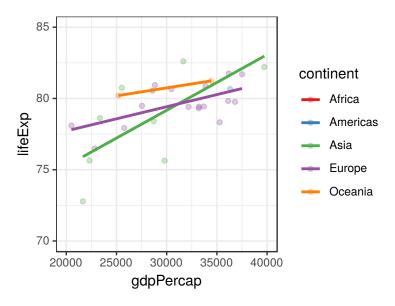
#### 5.2.4 Exercise

How is this one different to the previous?

```
p +
    scale_y_continuous(limits = c(70, 85)) +
    scale_x_continuous(limits = c(20000, 40000))
```

## Warning: Removed 114 rows containing non-finite values (stat\_smooth).

## Warning: Removed 114 rows containing missing values (geom\_point).

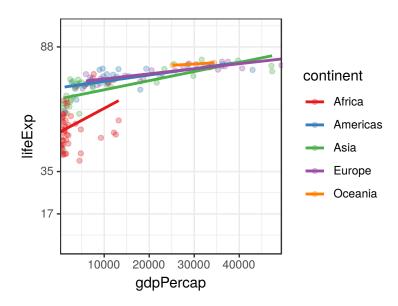


Answer: the first one zooms in, still retaining information about the excluded points when calculating the linear regression lines. The second one removes the data (as the warnings say), calculating the linear regression lines only for the visible points.

#### 5.2.5 Axis ticks

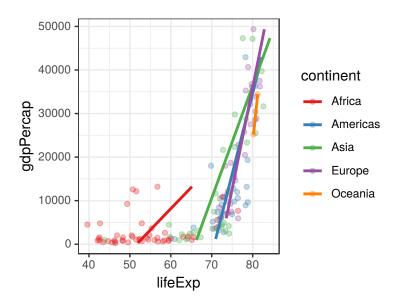
5.2. SCALES 85

```
p +
  coord_cartesian(ylim = c(0, 100), expand = 0) +
  scale_y_continuous(breaks = c(17, 35, 88))
```



### 5.2.6 Swap the axes

```
p +
  coord_flip()
```

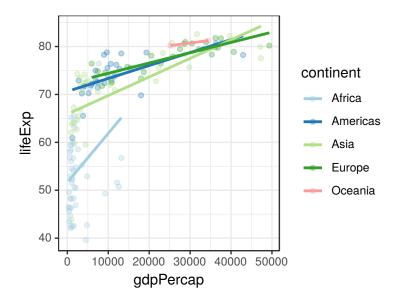


# 5.3 Colours

# 5.3.1 Using the Brewer palettes:

```
p +
    scale_color_brewer(palette = "Paired")
```

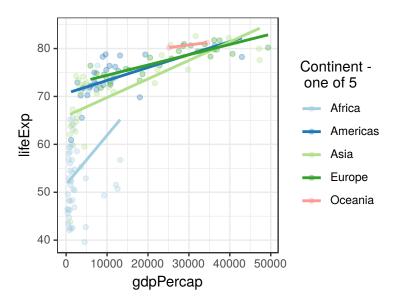
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### 5.3.2 Legend title

scale\_colour\_brewer() is also a conventient place to change the legend
title:

```
p +
    scale_color_brewer("Continent - \n one of 5", palette = "Paired")
```



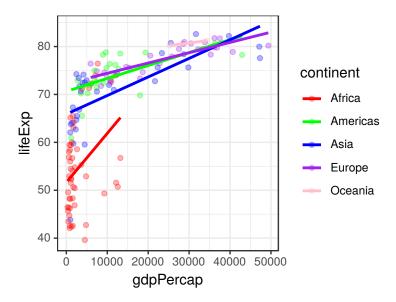
Note the  $\n$  inside the new legend title - new line.

### 5.3.3 Choosing colours manually

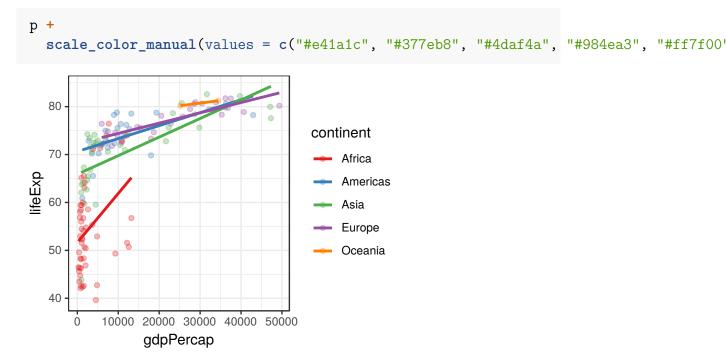
Use words:

```
p +
    scale_color_manual(values = c("red", "green", "blue", "purple", "pink"))
```

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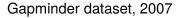
Or HEX codes (either from http://colorbrewer2.org/ or any other resource):

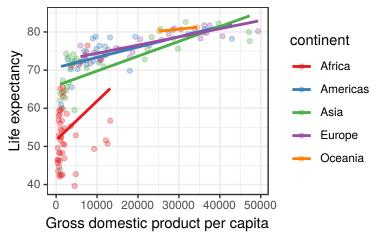


Note that http://colorbrewer2.org/ also has options for *Colourblind safe* and *Print friendly*.

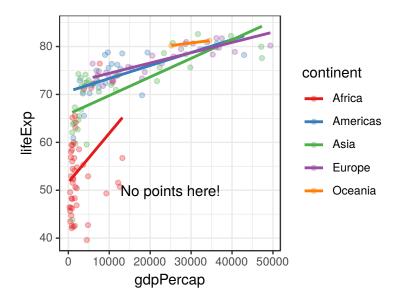
### 5.4 Titles and labels

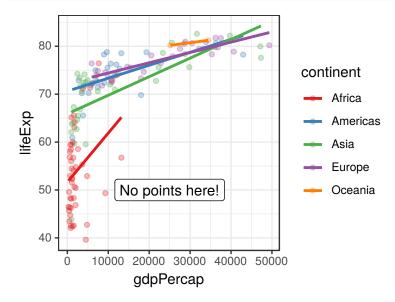
#### Health and economics

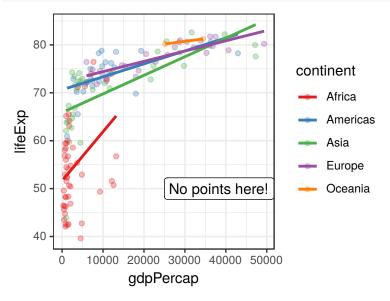




### 5.4.1 Annotation







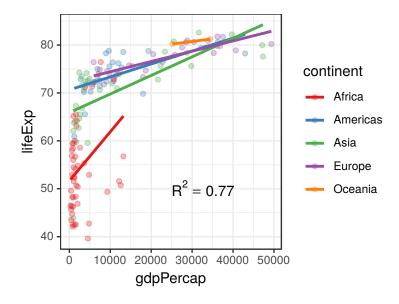
hjust stand for horizontal justification. It's default value is 0.5 (see how the label was centered at 25,000 - our chosen x location), 0 means the label goes to the right from 25,000, 1 would make it end at 25,000.

# 5.4.2 Annotation with a superscript and a variable

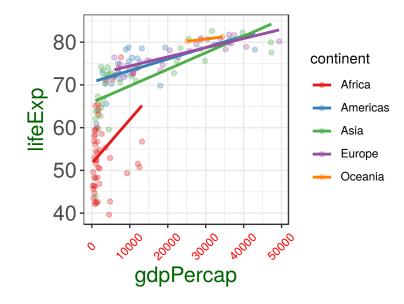
```
fit_glance = data.frame(r.squared = 0.7693465)

plot_rsquared = paste0(
   "R^2 == ",
   fit_glance$r.squared %>% round(2))
```

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# 5.5 Text size

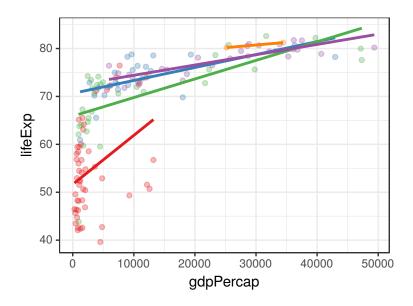


# 5.5.1 Legend position

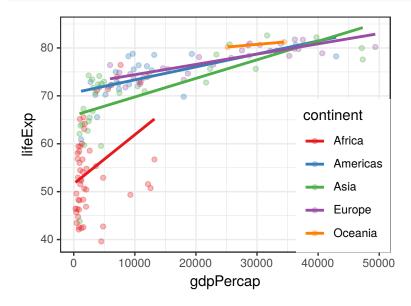
Use the following words: "right", "left", "top", "bottom", or "none" to remove the legend.

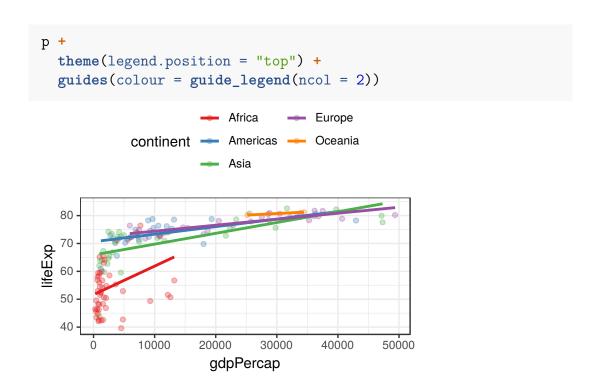
```
p +
   theme(legend.position = "none")
```

5.5. TEXT SIZE 95



Or use relative coordinates (0-1) to give it an -y location:





# 5.6 Saving your plot

```
ggsave(p, file = "my_saved_plot.png", width = 5, height = 4)
```

# Part II Medical Statistics

# Chapter 6

# Tests for continuous outcome variables

#### 6.1 Load data

This session we will be using the gapminder dataset as in Session 4.

```
library(tidyverse)
library(gapminder)
library(broom)

mydata = gapminder
```

#### Consider adding ff\_glimpse()

The first step of choosing the right statistical test is determining the type of variable you have.

Lets first have a look at some of our available data:

```
mydata$continent %>% unique() # categorical
## [1] Asia Europe Africa Americas Oceania
```

## Levels: Africa Americas Asia Europe Oceania

```
mydata$year %>% unique() # categorical
```

## [1] 1952 1957 1962 1967 1972 1977 1982 1987 1992 1997 2002 2007

```
mydata$lifeExp %>% head() # continuous
```

## [1] 28.801 30.332 31.997 34.020 36.088 38.438

#### 6.2 T-test

A t-test is used to compare the means of two groups of continuous variables.

#### 6.2.1 Plotting

Before you perform any statistical tests, you should always plot your data first to determine whether these have a "normal" distribution.

- Histograms should form a symmetrical "bell-shaped curve".
- Q-Q plots should fall along the 45 degree line.
- Box-plots should be symmetrical and have few outliers.

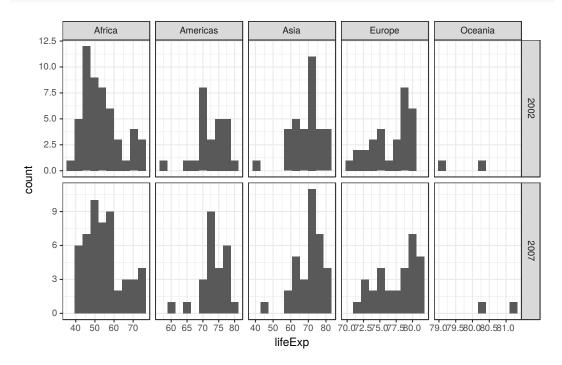
#### 6.2.2 Histogram for each continent

```
theme_set(theme_bw())

mydata %>%
  filter(year %in% c(2002, 2007)) %>%
  ggplot(aes(x = lifeExp)) +
```

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```
geom_histogram(bins = 10) +
facet_grid(year~continent, scales = "free")
```



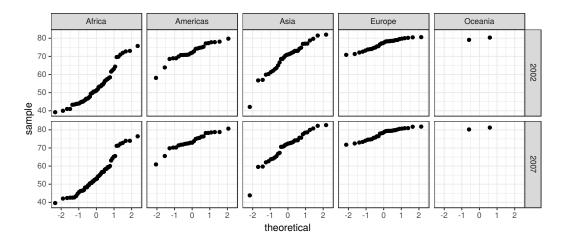
# 6.2.3 Q-Q plot for each continent

#### add what a q-q plot is

With ggplot(), we can draw a Q-Q plot for each subgroup very efficiently:

```
mydata %>%
  filter(year %in% c(2002, 2007)) %>%
  ggplot(aes(sample = lifeExp)) +
  geom_point(stat = "qq") +
  facet_grid(year~continent)
```

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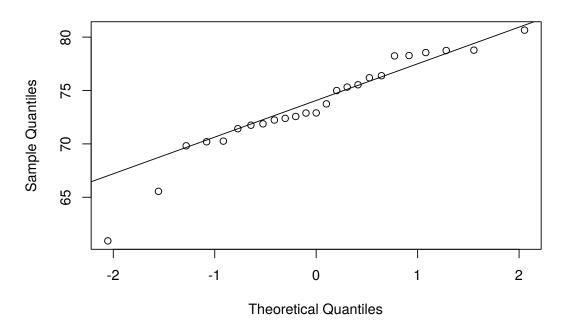
Or we could save a subset of the data (e.g., "Americas" and year 2007 only) into a new variable (subdata) and use base R to draw a single Q-Q plot with less code:

```
mydata %>%
  filter(year == 2007) %>%
  filter(continent == "Americas") -> subdata

qqnorm(subdata$lifeExp)
qqline(subdata$lifeExp)
```

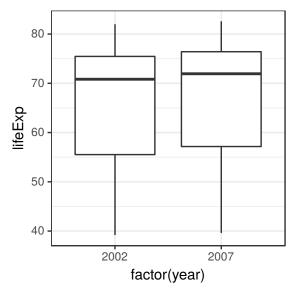
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# **Normal Q-Q Plot**



# 6.2.4 Boxplot of 2 years

```
mydata %>%
  filter(year %in% c(2002, 2007)) %>%
  ggplot(aes(x = factor(year), y=lifeExp)) + # show that x = year errors:
  geom_boxplot() # needs to be factor(year) or group=
```



#### 6.2.5 Exercise

Make a histogram, Q-Q plot, and a box-plot for the life expectancy for a continent of your choice, but for all years. Does the data appear normally distributed?

# 6.3 Two-sample *t*-tests

Lets perform a t-test on the "Americas" data as it appears normally distributed. We are savings the results of our t-test into a variable called t.result, but you can call it whatever you like (e.g. myttest).

```
mydata %>%
  filter(year %in% c(2002, 2007)) %>%
  filter(continent == "Americas") -> test.data

t.test(lifeExp~year, data=test.data)
```

```
##
    Welch Two Sample t-test
##
## data: lifeExp by year
## t = -0.90692, df = 47.713, p-value = 0.369
## alternative hypothesis: true difference in means is not equal to 0
## 95 percent confidence interval:
## -3.816017 1.443857
## sample estimates:
## mean in group 2002 mean in group 2007
##
             72.42204
                                73.60812
mydata %>%
  filter(year %in% c(2002, 2007)) %>%
  filter(continent == "Americas") %>%
  t.test(lifeExp~year, data = .) -> t.result
t.result
##
##
    Welch Two Sample t-test
##
## data: lifeExp by year
## t = -0.90692, df = 47.713, p-value = 0.369
\#\# alternative hypothesis: true difference in means is not equal to 0
## 95 percent confidence interval:
## -3.816017 1.443857
## sample estimates:
## mean in group 2002 mean in group 2007
##
             72.42204
                                73.60812
```

# 6.3.1 T-test output

However, that output isn't in a useful format, let's investigate the output of the function t.test().

```
names(t.result)
## [1] "statistic" "parameter" "p.value" "conf.int"
                                                         "estimate"
## [6] "null.value" "alternative" "method"
                                                 "data.name"
str(t.result) # or click on the blue button in the Environment tab
## List of 9
## $ statistic : Named num -0.907
##
    ..- attr(*, "names")= chr "t"
## $ parameter : Named num 47.7
    ..- attr(*, "names")= chr "df"
## $ p.value : num 0.369
## $ conf.int : atomic [1:2] -3.82 1.44
    ..- attr(*, "conf.level")= num 0.95
   $ estimate : Named num [1:2] 72.4 73.6
## ..- attr(*, "names")= chr [1:2] "mean in group 2002" "mean in group 2007"
## $ null.value : Named num 0
   ..- attr(*, "names")= chr "difference in means"
## $ alternative: chr "two.sided"
## $ method : chr "Welch Two Sample t-test"
   $ data.name : chr "lifeExp by year"
## - attr(*, "class")= chr "htest"
The structure of R's t.test() result looks a bit overwhelming. Fortunately,
the tidy() function from library(broom) puts it into a neat data frame for
us:
t.result <- tidy(t.result) # broom package puts it all in a data frame
```

Try clicking on it in the Environment tab.

Thus, now we understand the output structure we can extract any result.

```
t.result$p.value
```

```
## [1] 0.3690064
```

#### 6.3.2 Exercise

## mean of x

77.6486

##

- 1. Select any 2 years in any continent and perform a t-test to determine whether the life expectancy is significantly different. Remember to plot your data first.
- 2. Extract only the p-value from your t.test() output.

# 6.4 One sample *t*-tests

However, we don't always want to compare 2 groups or sometimes we don't have the data to be able to.

Let's investigate whether the mean life expectancy in each continent significant different to 77 years in 2007.

```
mydata %>%
   filter(year==2007, continent=='Europe') -> subdata

# Standard one-sample t-test
t.test(subdata$lifeExp, mu=77)

##
## data: subdata$lifeExp
## t = 1.1922, df = 29, p-value = 0.2428
## alternative hypothesis: true mean is not equal to 77
## 95 percent confidence interval:
## 76.53592 78.76128
## sample estimates:
```

#### 6.4.1 Exercise

- 1. Select a different year, different continent, and different age to compare with mean life expectancy.
- 2. Replace mu=77 with mu=0 (the default value). How does this affect your result?

#### 6.5 ANOVA

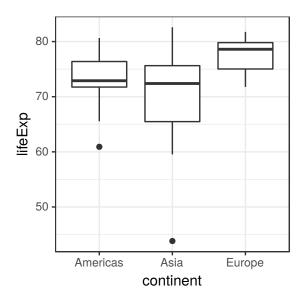
In some cases, we may also want to test more than two groups to see if they are significantly different.

# 6.5.1 Plotting

For example, lets plot the life expectancy in 2007 across 3 continents.

```
mydata %>%
  filter(year == 2007) %>%
  filter(continent %in% c("Americas", "Europe", "Asia")) %>%
  ggplot(aes(x = continent, y=lifeExp)) +
  geom_boxplot()
```

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# 6.5.2 Analysis

ANOVA tests are useful for testing for the presence of signficant differences between more than two groups or variables.

```
mydata %>%
  filter(year == 2007) %>%
  filter(continent %in% c("Americas", "Europe", "Asia")) -> subdata

fit = aov(lifeExp~continent, data = subdata)

summary(fit)

## Df Sum Sq Mean Sq F value Pr(>F)
```

```
## continent 2 755.6 377.8 11.63 3.42e-05 ***

## Residuals 85 2760.3 32.5

## ---

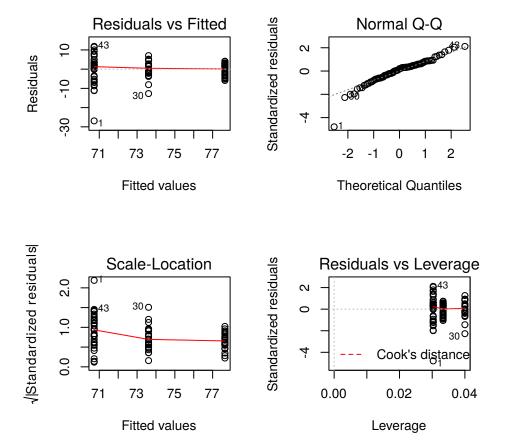
## Signif. codes: 0 '***' 0.001 '**' 0.05 '.' 0.1 ' ' 1
```

```
mydata %>%
  filter(year == 2007) %>%
  filter(continent %in% c("Americas", "Europe", "Asia")) %>%
  aov(lifeExp~continent, data = .) %>%
  tidy()
```

# 6.5.3 Check assumptions

```
par(mfrow=c(2, 2)) # 4 plots in 2 x 2 grid
plot(fit)
```

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# 6.5.4 Perform pairwise tests

The ANOVA test was significant, indicating that there is a significant difference in the mean life expectancy across those continents.

But which continents are significantly different, and can we quantify this difference as a p-value?

```
mydata %>%
  filter(year == 2007) %>%
  filter(continent %in% c("Americas", "Europe", "Asia")) -> subdata
pairwise.t.test(subdata$lifeExp, subdata$continent)
```

```
##
   Pairwise comparisons using t tests with pooled SD
##
##
          subdata$lifeExp and subdata$continent
## data:
##
##
          Americas Asia
## Asia
          0.060
## Europe 0.021
                1.9e-05
##
## P value adjustment method: holm
# or equivalently, without saving the subset in a separate variable:
# sending it into the test using pipes only
mydata %>%
 filter(year == 2007) %>%
 filter(continent %in% c("Americas", "Europe", "Asia")) %>%
 pairwise.t.test(.$lifeExp, .$continent, data=.) %>%
 tidy()
## # A tibble: 3 x 3
    group1 group2
##
                       p.value
##
     <chr> <chr>
                         <dbl>
## 1 Asia
            Americas 0.0601
## 2 Europe Americas 0.0209
## 3 Europe Asia
                     0.0000191
F1 for help to see options for pairwise.t.test().
```

# 6.5.5 Top tip: the cut() function

A great way of easily converting a continuous variable to a categorical variable is to use the cut() function.

```
pop_quantiles = quantile(mydata$pop)
```

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```
mydata %>%
   mutate(pop.factor = cut(pop, breaks=pop_quantiles)) -> mydata
```

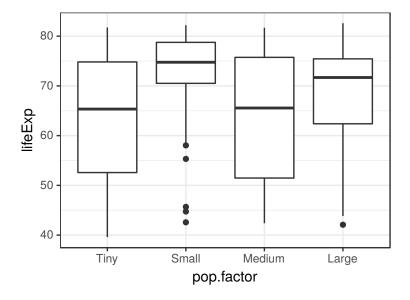
#### 6.5.6 Exercise

When we used cut() to divide country populations into quantiles, the labels it assigned were not very neat:

#### 6.5.7 Exercise

Perform ANOVA to test for a difference in mean life expectancy by country population factor (mydata\$pop.factor). Remember to plot data first

```
mydata %>%
  filter(year == 2007) %>%
  ggplot(aes(x=pop.factor, y=lifeExp))+
  geom_boxplot()
```



```
mydata %>%
  filter(year == 2007) %>%
  aov(.$lifeExp ~ .$pop.factor, data=.) %>%
  summary()
```

```
## Df Sum Sq Mean Sq F value Pr(>F)

## .$pop.factor   3   1160   386.6   2.751   0.0451 *

## Residuals   138   19392   140.5

## ---

## Signif. codes: 0 '***' 0.001 '**' 0.05 '.' 0.1 ' ' 1
```

# 6.6 Non-parametric data

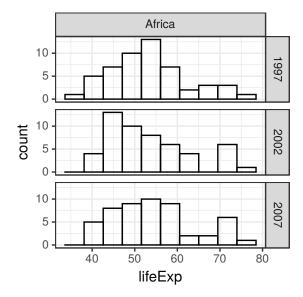
If your data is not parametric (i.e. not normally distributed), then the usual *t*-test is invalid. In this case there are 2 options:

- 1. Non-parametric statistical tests.
- 2. "Transform" the data to fit a normal distribution (not covered here) so that a t-test can be used.

#### 6.6.1 Plotting

Lets plot the life expectancy within Africa in 1997, 2002, and 2007.

```
# African data is not normally distributed
mydata %>%
  filter(year %in% c(1997, 2002, 2007)) %>%
  filter(continent == "Africa") %>%
  ggplot(aes(x = lifeExp)) +
  geom_histogram(bins = 10, fill=NA, colour='black') +
  facet_grid(year~continent)
```



```
mydata %>%
  filter(year %in% c(1997, 2002, 2007)) %>%
  filter(continent == "Africa") %>%
  group_by(year) %>%
  summarise(avg = mean(lifeExp), med = median(lifeExp))
```

```
## # A tibble: 3 x 3
## year avg med
## <int> <dbl> <dbl>
```

```
## 1 1997 53.6 52.8
## 2 2002 53.3 51.2
## 3 2007 54.8 52.9
```

#### 6.6.2 Exercise: Non-parametric testing

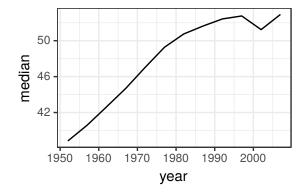
Mann-Whitney U test is also called the Wilcoxon rank sum test (note the Wilcoxon signed rank test is for paried data).

Is there a significant increase in the life expectencies for African countries between 1992 and 2007? How about 1982 and 2007?

```
mydata$year %>% unique()
```

## [1] 1952 1957 1962 1967 1972 1977 1982 1987 1992 1997 2002 2007

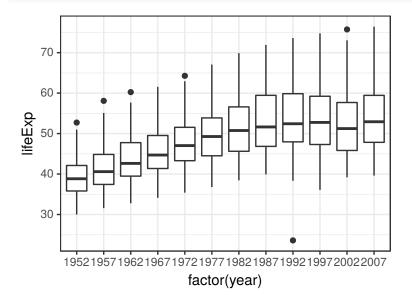
```
mydata %>%
  filter(continent == "Africa") %>%
  group_by(year) %>%
  summarise(mean = mean(lifeExp), median = median(lifeExp)) %>%
  ggplot(aes(x = year, y = median)) +
      geom_line()
```



```
mydata %>%
  filter(continent == "Africa") %>%
```

6.7. SOLUTIONS

```
ggplot(aes(x = factor(year), y=lifeExp)) + #demonstrate that needs to be factor(year)
geom_boxplot()
```



```
mydata %>%
  filter(year %in% c(1992, 2007)) %>%
  filter(continent == "Africa") %>%
  wilcox.test(lifeExp~year, data=.)
```

```
##
## Wilcoxon rank sum test with continuity correction
##
## data: lifeExp by year
## W = 1314, p-value = 0.8074
## alternative hypothesis: true location shift is not equal to 0
```

# 6.7 Solutions

#### 5.2.2

```
mydata %>%
  filter(continent == "Europe") %>%
  ggplot(aes(x = lifeExp)) +
  geom_histogram() +
  facet_wrap(~year)

mydata %>%
  filter(continent == "Europe") %>%
  ggplot(aes(sample = lifeExp)) +
  geom_point(stat = "qq") +
  facet_wrap(~year)

mydata %>%
  filter(continent == "Europe") %>%
  ggplot(aes(y = lifeExp, x = factor(year))) +
  geom_boxplot()
```

# 6.8 Advanced example

This is a complex but useful example which shows you the power of the syntax. Here multiple t-tests are performed and reported with just a few lines of code.

Performing t-tests across all continents at once:

```
mydata %>%
  filter(year %in% c(1997, 2007)) %>%
  group_by(continent) %>%
  do(
        tidy(
            t.test(lifeExp~year, data=.)
      )
  )
)
```

## # A tibble: 5 x 11

## # Groups: continent [5]

## continent estimate estimate1 estimate2 statistic p.value parameter

| ## <fct></fct> | <dbl></dbl> | <dbl></dbl> | <dbl></dbl> | <dbl> <dbl></dbl></dbl> | <dbl></dbl> |
|----------------|-------------|-------------|-------------|-------------------------|-------------|
| ## 1 Africa    | -1.21       | 53.6        | 54.8        | -0.657 0.513            | 102.        |
| ## 2 Americas  | -2.46       | 71.2        | 73.6        | -1.86 0.0690            | 47.6        |
| ## 3 Asia      | -2.71       | 68.0        | 70.7        | -1.37 0.175             | 64.0        |
| ## 4 Europe    | -2.14       | 75.5        | 77.6        | -2.73 0.00842           | 57.9        |
| ## 5 Oceania   | -2.53       | 78.2        | 80.7        | -3.08 0.0965            | 1.91        |

<sup>## # ...</sup> with 4 more variables: conf.low <dbl>, conf.high <dbl>,

<sup>## #</sup> method <chr>, alternative <chr>

# 120CHAPTER 6. TESTS FOR CONTINUOUS OUTCOME VARIABLES

# Chapter 7

# Linear regression

#### 7.1 Data

We will be using the same gapminder dataset as in the last two sessions.

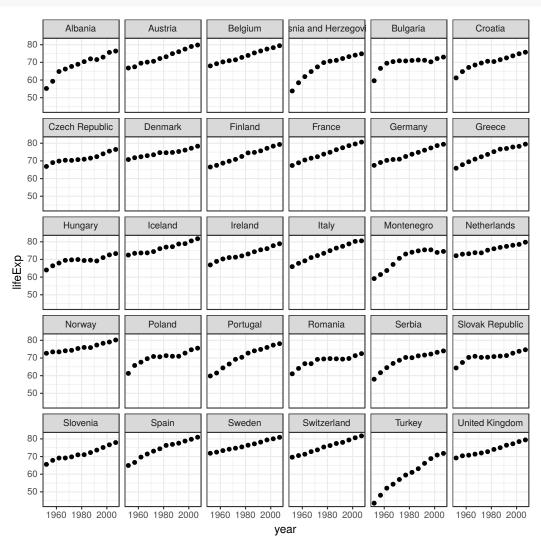
```
library(tidyverse)
library(gapminder) # dataset
library(lubridate) # handles dates
library(broom) # transforms statistical output to data frame
mydata = gapminder
```

# 7.2 Plotting

Let's plot the life expectancies in European countries over the past 60 years:

```
mydata %>%
  filter(continent == "Europe") %>%
  ggplot(aes(x = year, y = lifeExp)) +
  geom_point() +
```

```
facet_wrap(~country) +
theme_bw() +
scale_x_continuous(breaks = c(1960, 1980, 2000))
```



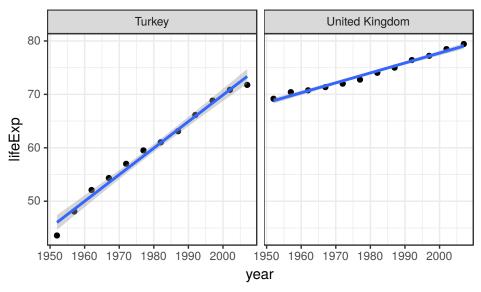
# 7.2.1 Exercise

Save the above filter into a new variable called eurodata:

```
eurodata = mydata %>%
  filter(continent == "Europe")
```

#### 7.2.2 Exercise

Create the same plot as above (life expectancy over time), but for just Turkey and the United Kingdom, and add linear regression lines. Hint: use + geom\_smooth(method = "lm") for the lines. lm() stands for linear model.



# 7.3 Simple linear regression

As you can see, ggplot() is very happy to run and plot linear regression for us. To access the results, however, we should save the full results of the linear regression models into variables in our Environment. We can then investigate the intercepts and the slope coefficients (linear increase per year):

```
fit_uk = mydata %>%
  filter(country == "United Kingdom") %>%
```

```
lm(lifeExp~year, data = .) # the data=. argument is necessary

fit_turkey = mydata %>%
  filter(country == "Turkey") %>%
  lm(lifeExp~year, data = .)

fit_uk$coefficients

fit_turkey$coefficients
```

```
## (Intercept) year

## -294.1965876 0.1859657

## (Intercept) year

## -924.5898865 0.4972399
```

#### 7.3.1 Exercise

To make the intercepts more meaningful, add a new column called year\_from1952 and redo fit\_turkey and fit\_uk using year\_from1952 instead of year.

```
mydata$year_from1952 = mydata$year - 1952

fit_uk = mydata %>%
  filter(country == "United Kingdom") %>%
  lm(lifeExp~year_from1952, data = .)

fit_turkey = mydata %>%
  filter(country == "Turkey") %>%
  lm(lifeExp~year_from1952, data = .)
```

#### 7.3.2 Model information: summary(), tidy(), glance()

Accessing all other information about our regression model:

```
fit_uk %>% summary()
```

```
##
## Call:
## lm(formula = lifeExp ~ year_from1952, data = .)
##
## Residuals:
##
                      Median
       Min
                 1Q
                                   3Q
                                           Max
## -0.69767 -0.31962 0.06642 0.36601 0.68165
##
## Coefficients:
                 Estimate Std. Error t value Pr(>|t|)
                            0.240079 286.61 < 2e-16 ***
## (Intercept)
                68.808526
## year_from1952 0.185966
                            0.007394 25.15 2.26e-10 ***
## ---
## Signif. codes: 0 '*** 0.001 '** 0.01 '* 0.05 '.' 0.1 ' ' 1
## Residual standard error: 0.4421 on 10 degrees of freedom
## Multiple R-squared: 0.9844, Adjusted R-squared: 0.9829
## F-statistic: 632.5 on 1 and 10 DF, p-value: 2.262e-10
```

```
fit uk %>% tidy()
## # A tibble: 2 x 5
##
     term
                    estimate std.error statistic
     <chr>
                       <dbl>
                                 db1>
                                            <dbl>
                               0.240
                                            287.
                                                  6.58e-21
## 1 (Intercept)
                      68.8
                                             25.1 2.26e-10
## 2 year from1952
                       0.186
                               0.00739
fit uk %>% glance()
## # A tibble: 1 x 11
    r.squared adj.r.squared sigma statistic p.value
                                                       df logLik AIC BIC
       <dbl>
                  <dbl> <dbl>
                                 <dbl>
                                         <dbl> <int> <dbl> <dbl> <dbl> <dbl>
##
                                                   2 -6.14 18.3 19.7
## 1
       0.984
                  0.983 0.442
                                  633. 2.26e-10
## # ... with 2 more variables: deviance <dbl>, df.residual <int>
```

# 7.4 If you are new to linear regression

See these interactive Shiny apps provided by RStudio:

```
https://gallery.shinyapps.io/simple_regression/
https://gallery.shinyapps.io/multi_regression/
(library(shiny) is an R package for making your output interactive)
```

#### 7.4.1 Exercise - Residuals

Open the first Shiny app ("Simple regression"). Move the sliders until the red lines (residuals\*) turn green - this means you've made the line fit the points as well as possible. Look at the intercept and slope - discuss with your neighbour or a tutor what these numbers mean and how they affect the straight line on the plot.

\*Residual is how far away each point (observation) is from the linear regression line. (In this example it's the linear regression line, but residuals are relevant in many other contexts as well.)

# 7.5 Multiple linear regression

Multiple linear regression includes more than one predictor variable. There are a few ways to include more variables, depending on whether they should share the intercept and how they interact:

Simple linear regression (exactly one predictor variable):

```
myfit = lm(lifeExp~year, data=eurodata)
```

Multiple linear regression (additive):

```
myfit = lm(lifeExp~year+country, data=eurodata)
```

Multiple linear regression (all interactions):

```
myfit = lm(lifeExp~year*country, data=eurodata)
```

These examples of multiple regression include two variables: year and country, but we could include more by just adding them with +.

#### 7.5.1 Exercise

Open the second Shiny app ("Multiple regression") and see how:

- In simple regression, there is only one intercept and slope for the whole dataset.
- Using the additive model (lm(formula = y ~ x + group) the two lines (one for each group) have different intercepts but the same slope. However, the lm() summary seems to only include one line called "(Intercept)", how to find the intercept for the second group of points?
- Using the interactive model (lm(formula = y ~ x\*group)) the two lines have different intercepts and different slopes.

#### 7.5.2 Exercise

Convince yourself that using an fully interactive multivariable model is similar to running several separate simple linear regression models. Remember that we calculate the life expectancy in 1952 (intercept) and improvement per year (slope) for Turkey and the United Kingdom:

```
fit uk %>%
 tidy() %>%
 mutate(estimate = round(estimate, 2)) %>%
  select(term, estimate)
## # A tibble: 2 x 2
##
     term
                  estimate
##
     <chr>>
                      <dbl>
## 1 (Intercept)
                      68.8
## 2 year from1952
                       0.19
fit_turkey %>%
 tidy() %>%
 mutate(estimate = round(estimate, 2)) %>%
  select(term, estimate)
## # A tibble: 2 x 2
##
     term estimate
     <chr>
##
                      <dbl>
## 1 (Intercept)
                       46.0
## 2 year from1952
                        0.5
```

(The lines tidy(), mutate(), and select() are only included for neater presentation here, you can use summary() instead.)

We can do this together using year\_from1952\*country in the lm():

```
mydata %>%
  filter(country %in% c("Turkey", "United Kingdom")) %>%
  lm(lifeExp ~ year_from1952*country, data = .) %>%
```

```
tidy() %>%
mutate(estimate = round(estimate, 2)) %>%
select(term, estimate)
```

Now. It may seem like R has omitted Turkey but the values for Turkey are actually in the Intercept = 46.02 and in year\_from1952 = 0.50. Can you make out the intercept and slope for the UK? Are they the same as in the simple linear regression model?

#### 7.5.3 Exercise

Add a third country (e.g. "Portugal") to filter(country %in% c("Turkey", "United Kingdom")) in the above example. Do the results change?

# 7.5.4 Optional (Advanced) Exercise

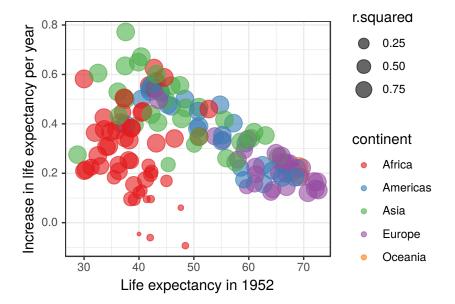
Run separate linear regression models for every country in the dataset at the same time and putting it all in two neat dataframes (one for the coefficients, one for the summary statistics):

```
linfit_coefficients = mydata %>%
  group_by(country) %>%
  do(
    tidy(
    lm(lifeExp~year, data=.)
```

```
linfit_overall = mydata %>%
  group_by(country) %>%
  do(
    glance(
      lm(lifeExp~year, data=.)
    )
)
```

Plot the linear regression estimate (improvement per year between 1952 – 2007), size the points by their r-squared values, and colour the points by continent (hint: you will have to join mydata, linfit\_coefficients %>% filter(term == "year"), and linfit\_overall):

```
mydata %>%
  filter(year == 1952) %>%
  full_join(linfit_coefficients %>% filter(term == "year"), by = "country") %>%
  full_join(linfit_overall, by = "country") %>%
  ggplot(aes(x = lifeExp, y = estimate, colour = continent, size = r.squared))
  geom_point(alpha = 0.6) +
  theme_bw() +
  scale_colour_brewer(palette = "Set1") +
  ylab("Increase in life expectancy per year") +
  xlab("Life expectancy in 1952")
```



# 7.6 Very advanced example

Or you can do the above in a nested tibble/data frame:

```
nested_linreg = mydata %>%
  group_by(country) %>%
  nest() %>%
  mutate(model = purrr::map(data, ~ lm(lifeExp ~ year, data = .)))
```

# 7.7 Solutions

#### 6.2.2

```
mydata %>%
  filter(country %in% c("United Kingdom", "Turkey") ) %>%
  ggplot(aes(x = year.formatted, y = lifeExp)) +
  geom_point() +
```

```
facet_wrap(~country) +
theme_bw() +
geom_smooth(method = "lm")
```

#### 6.5.3

```
mydata %>%
  filter(country %in% c("Turkey", "United Kingdom", "Portugal")) %>%
  lm(lifeExp ~ year_from1952*country, data = .) %>%
  tidy() %>%
  mutate(estimate = round(estimate, 2)) %>%
  select(term, estimate)
```

Overall, the estimates for Turkey and the UK do not change, but Portugal becomes the reference (alphabetically first) to which you can subtract or add the relevant lines for Turkey and the UK.

# Chapter 8

# Tests for categorical variables

## 8.1 Data

We are now changing to a new dataset, melanoma. Click on mydata in your environment and have a look at the values - you'll see that categorical variables are coded as numbers, rather than text. You will need to recode these numbers into proper factors.

```
library(tidyverse)
library(finalfit)
library(broom)
mydata = boot::melanoma
```

# 8.1.1 Recap on factors

Press F1 on boot::melanoma to see its description. Use the information from help to change the numbers into proper factors (e.g. 0 - female, 1 - male).

```
mydata$status %>%
  factor() %>%
  fct_recode("Died" = "1",
```

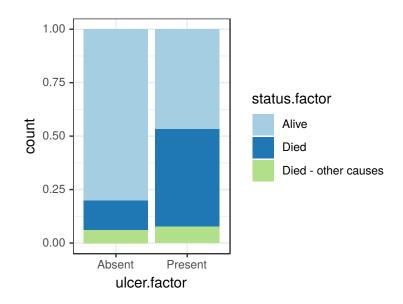
```
"Alive" = "2",
             "Died - other causes" = "3") %>%
 fct_relevel("Alive") -> # move Alive to front (first factor level)
 mydata$status.factor # so odds ratio will be relative to that
mydata$sex %>%
 factor() %>%
 fct_recode("Female" = "0",
             "Male" = "1") ->
 mydata$sex.factor
mydata$ulcer %>%
 factor() %>%
 fct recode("Present" = "1",
             "Absent" = "0") ->
 mydata$ulcer.factor
#the cut() function makes a continuous variable into a categorical variable
mydata$age %>%
  cut(breaks = c(4,20,40,60,95), include.lowest=TRUE) \rightarrow
 mydata$age.factor
```

# 8.2 Chi-squared test / Fisher's exact test

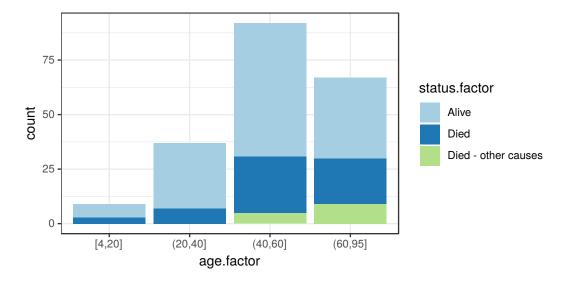
# 8.2.1 Plotting

Always plot new data first!

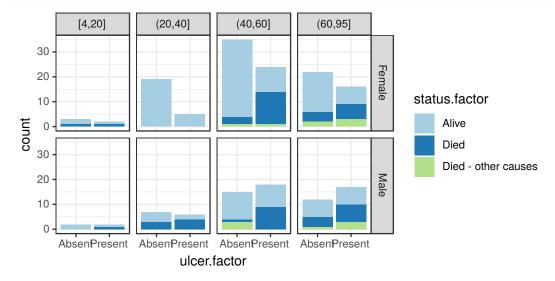
```
mydata %>%
    ggplot(aes(x = ulcer.factor, fill=status.factor)) +
    geom_bar(position = "fill") +
    theme_bw() +
    scale_fill_brewer(palette = "Paired")
```



```
mydata %>%
  ggplot(aes(x = age.factor, fill = status.factor)) +
   geom_bar() +
  theme_bw() +
  scale_fill_brewer(palette = "Paired")
```



```
mydata %>%
  ggplot(aes(x = ulcer.factor, fill=status.factor)) +
    geom_bar() +
    theme_bw() +
    scale_fill_brewer(palette = "Paired") +
    facet_grid(sex.factor~age.factor)
```



# 8.3 Analysis

# 8.3.1 Using base R

First lets group together those that 'died of another cause' with those 'alive', to give a disease-specific mortality variable (fct\_collapse() will help us).

```
mydata$status.factor %>%
    fct_collapse("Alive" = c("Alive", "Died - other causes")) ->
    mydata$status.factor
```

Let's test mortality against sex.

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```
table(mydata$status.factor, mydata$sex.factor)
##
##
           Female Male
##
               98
                     50
     Alive
               28
##
     Died
                     29
chisq.test(mydata$status.factor, mydata$sex.factor)
##
## Pearson's Chi-squared test with Yates' continuity correction
##
## data: mydata$status.factor and mydata$sex.factor
## X-squared = 4.3803, df = 1, p-value = 0.03636
Note that chisq.test() defaults to the Yates' continuity correction.
It is fine to use this, but if you have a particular need not to, turn
if off with chisq.test(mydata$status.factor, mydata$sex.factor,
```

# 8.3.2 Using CrossTable

correct=FALSE).

This gives lots of useful information. It is readable in R and has lots of options, including Fisher's exact test. It is not that easy to extract results.

```
library(gmodels)
# F1 CrossTable to see options
CrossTable(mydata$status.factor, mydata$sex.factor, chisq=TRUE)
```

```
##
##
##
    Cell Contents
## |
## | Chi-square contribution |
          N / Row Total |
           N / Col Total |
##
         N / Table Total |
  |-----|
##
## Total Observations in Table:
                           205
##
##
                    | mydata$sex.factor
##
  mydata$status.factor |
                       Female | Male | Row Total |
  -----|----|-----|
                                    50 |
##
              Alive |
                           98 |
##
                       0.544 |
                                 0.868
##
                       0.662 | 0.338 | 0.722 |
                       0.778
                                  0.633
##
##
                       0.478
                                  0.244
##
               Died |
                           28 |
                                     29 l
                                              57 I
                       1.412 | 2.253 |
##
                       0.491 | 0.509 |
                                          0.278 l
##
                       0.222 |
##
                                  0.367
                        0.137
##
                                  0.141
##
        Column Total |
                         126 |
                                   79 |
                                            205 l
                       0.615 | 0.385 |
##
```

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#### 8.3.3 Exercise

Use the 3 methods (table, chisq.test, CrossTable) to test status.factor against ulcer.factor.

```
table(mydata$status.factor, mydata$ulcer.factor)
chisq.test(mydata$status.factor, mydata$ulcer.factor)
```

Using CrossTable

```
CrossTable(mydata$status.factor, mydata$ulcer.factor, chisq=TRUE)
```

#### 8.3.4 Fisher's exact test

An assumption of the chi-squared test is that the 'expected cell count' is greater than 5. If it is less than 5 the test becomes unreliable and the Fisher's exact test is recommended.

Run the following code.

##

```
library(gmodels)
CrossTable(mydata$status.factor, mydata$age.factor, expected=TRUE, chisq=TRUE)
## Warning in chisq.test(t, correct = FALSE, ...): Chi-squared approximation
## may be incorrect
##
##
##
    Cell Contents
## |
                      N
## |
              Expected N |
## | Chi-square contribution |
## |
        N / Row Total |
           N / Col Total |
## |
          N / Table Total |
## |
  |-----|
##
##
## Total Observations in Table:
##
##
##
                    | mydata$age.factor
## mydata$status.factor | [4,20] | (20,40] | (40,60] | (60,95] | Row Total |
  46 |
                    6 I
                           30 l
                                                 148 |
##
          Alive |
                                  66 l
                         26.712
                                 66.420 | 48.371 |
                 6.498
##
                 0.038 | 0.405 | 0.003 | 0.116 |
##
             1
                                                      ##
                 0.041 | 0.203 |
                                0.446 | 0.311 |
                                                  0.722 |
                                        0.687 |
                       0.811 |
##
                 0.667 |
                                0.717 |
                                                      1
                 0.029 |
                         0.146 |
                                 0.322 |
                                          0.224
##
           7 |
##
          Died |
                    3 |
                                  26 |
                                        21 |
                                                 57 |
##
             2.502 | 10.288 | 25.580 | 18.629 |
##
             0.099 | 1.051 | 0.007 | 0.302 |
                                                      ##
                 0.053 | 0.123 |
                               0.456 | 0.368 |
                                                  0.278
```

0.333 | 0.189 | 0.283 | 0.313 |

ı

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0.015 | 0.034 | 0.127 | 0.102 |

##

```
## -----|-----|-----|
      Column Total | 9 | 37 | 92 |
                                       67 | 205 |
##
        0.044 | 0.180 | 0.449 |
                                       0.327 |
## -----|----|-----|-----|
##
##
## Statistics for All Table Factors
##
##
## Pearson's Chi-squared test
## -----
## Chi^2 = 2.019848 d.f. = 3 p = 0.5682975
##
##
##
Why does it give a warning? Run it a second time including fisher=TRUE.
library(gmodels)
CrossTable(mydata$status.factor, mydata$age.factor, expected=TRUE, chisq=TRUE)
## Warning in chisq.test(t, correct = FALSE, ...): Chi-squared approximation
## may be incorrect
##
##
    Cell Contents
## |-----|
## |
                    N
## |
             Expected N |
## | Chi-square contribution |
          N / Row Total |
## |
## |
          N / Col Total |
        N / Table Total |
## |
## |-----|
##
##
```

```
## Total Observations in Table: 205
##
##
##
                 | mydata$age.factor
## mydata$status.factor | [4,20] | (20,40] | (40,60] | (60,95] | Row Total |
    46 |
         Alive
                 6 |
                        30 |
                               66 |
                                            148 |
               6.498 | 26.712 | 66.420 | 48.371 |
##
               0.038 |
                     0.405 |
                            0.003 | 0.116 |
##
##
               0.041 | 0.203 | 0.446 | 0.311 |
                                             0.722 |
##
               0.667 | 0.811 |
                            0.717 | 0.687 |
                              0.322 | 0.224 |
               0.029 |
                      0.146 |
                                                1
         -----|----|-----|
         Died | 3 |
                       7 | 26 | 21 |
                                            57 |
##
##
            2.502 | 10.288 | 25.580 | 18.629 |
               0.099 | 1.051 | 0.007 | 0.302 |
##
               0.053 | 0.123 |
                            0.456 | 0.368 |
##
                                             0.278 |
               0.333 | 0.189 |
                            0.283 | 0.313 |
               0.015
                      0.034 |
                              0.127 | 0.102 |
         -----|---|----|----|
     Column Total | 9 |
                          37 |
                                92 |
                                       67 |
                                             205 |
##
               0.044 | 0.180 | 0.449 |
                                     0.327 |
        ##
##
## Statistics for All Table Factors
##
##
## Pearson's Chi-squared test
## Chi^2 = 2.019848 d.f. = 3 p = 0.5682975
##
##
##
```

# 8.4 Summarising multiple factors (optional)

CrossTable is useful for summarising single variables. We often want to summarise more than one factor or continuous variable against our dependent variable of interest. Think of Table 1 in a journal article.

# 8.5 Summarising factors with library (finalfit)

This is our own package which we have written and maintain. It contains functions to summarise data for publication tables and figures, and to easily run regression analyses. We specify a dependent or outcome variable, and a set of explanatory or predictor variables.

(60,95] 46 (31.1) 21 (36.8)

## 4

```
library(finalfit)
mydata %>%
  summary_factorlist(dependent = "status.factor",
                     explanatory = c("sex.factor", "ulcer.factor", "age.factor"),
                     p = TRUE,
                     column = TRUE)
## Warning in chisq.test(tab, correct = FALSE): Chi-squared approximation may
## be incorrect
##
            label levels
                               Alive
                                          Died
                                                    p
       sex.factor Female 98 (66.2) 28 (49.1)
## 5
                                                0.024
                     Male 50 (33.8) 29 (50.9)
## 6
## 7 ulcer.factor Absent 99 (66.9) 16 (28.1) <0.001
## 8
                  Present 49 (33.1) 41 (71.9)
## 1
       age.factor [4,20]
                            6 (4.1)
                                       3 (5.3)
                                                0.568
                  (20,40] 30 (20.3) 7 (12.3)
## 2
## 3
                  (40,60] 66 (44.6) 26 (45.6)
```

#### 8.5.1 Summarising factors with library(tidyverse)

#### **8.5.2** Example

Tidyverse gives the flexibility and power to examine millions of rows of your data any way you wish. The following are intended as an extension to what you have already done. These demonstrate some more advanced approaches to combining tidy functions.

```
# Calculate number of patients in each group
counted_data = mydata %>%
    count(ulcer.factor, status.factor)

# Add the total number of people in each status group
counted_data2 = counted_data %>%
    group_by(status.factor) %>%
    mutate(total = sum(n))
```

```
# Calculate the percentage of n to total
counted_data3 = counted_data2 %>%
  mutate(percentage = round(100*n/total, 1))
```

Create a combined columns of both n and percentage using paste() to add brackets around the percentage.

```
counted_data4 = counted_data3 %>%
  mutate(count_perc = paste0(n, " (", percentage, ")"))
```

Or combine everything together without the intermediate counted\_data breaks.

```
mydata %>%
  count(ulcer.factor, status.factor) %>%
  group_by(status.factor) %>%
  mutate(total = sum(n)) %>%
```

```
mutate(percentage = round(100*n/total, 1)) %>%
mutate(count_perc = paste0(n, " (", percentage, ")")) %>%
select(-total, -n, -percentage) %>%
spread(status.factor, count_perc)
```

```
## # A tibble: 2 x 3
## ulcer.factor Alive Died
## <fct> <chr> <chr> ## 1 Absent 99 (66.9) 16 (28.1)
## 2 Present 49 (33.1) 41 (71.9)
```

#### 8.5.3 Exercise

By changing one and only one word at a time in the above block (the "Combine everything together" section)

Reproduce this:

```
## age.factor Alive Died

## 1 [4,20] 6 (4.1) 3 (5.3)

## 2 (20,40] 30 (20.3) 7 (12.3)

## 3 (40,60] 66 (44.6) 26 (45.6)

## 4 (60,95] 46 (31.1) 21 (36.8)
```

And then this:

```
## sex.factor Alive Died
## 1 Female 98 (66.2) 28 (49.1)
## 2 Male 50 (33.8) 29 (50.9)
```

Solution: The only thing you need to change is the first variable in count(), e.g., count(age.factor, ....

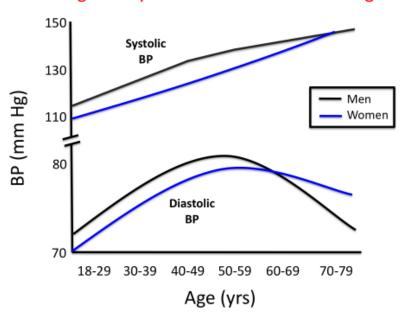
# Chapter 9

# Logistic regression

# 9.1 What is Logistic Regression?

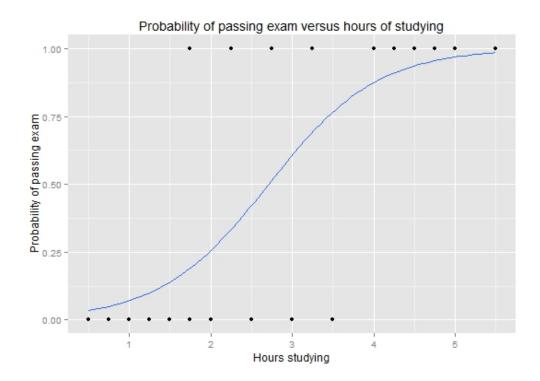
As we have seen in previously, regression analysis is a statistical process for estimating the relationships between variables. For instance, we may try to predict the blood pressure of a group of patients based on their age. As age and blood pressure are on a continuous scale, this is an example of linear regression.

## Changes in Systolic & Diastolic BP with Age



Adapted from: JNC7 & Burt et al (1995) Hypertension 23:305-313

Logistic regression is an extension of this, where the variable being predicted is *categorical*. We will deal with binary logistic regression, where the variable being predicted has two levels, e.g. yes or no, 0 or 1. In healthcare, this is usually done for an event (like death) occurring or not occurring. Logistic regression can tell us the probability of the outcome occurring.



Logistic regression lets you adjust for the effects of confounding factors on an outcome. When you read a paper that says it has adjusted for confounding factors, this is the usual method which is used.

Adjusting for confounding factors allows us to isolate the true effect of a variable upon an outcome. For example, if we wanted to know the effects of smoking on deaths from heart attacks, we would need to also control for things like sex and diabetes, as we know they contribute towards heart attacks too.

Although in binary logistic regression the outcome must have two levels, the predictor variables (also known as the explanatory variables) can be either continuous or categorical.

Logistic regression can be performed to examine the influence of one predictor variable, which is known as a univariable analysis. Or multiple predictor variables, known as a multivariable analysis.

#### 9.2 Definitions

**Dependent** variable (in clinical research usually synonymous to **outcome**) - is what we are trying to explain, i.e. we are trying to identify the factors associated with a particular outcome. In binomial logistic regression, the dependent variable has exactly two levels (e.g. "Died" or "Alive", "Yes - Complications" or "No Complications", "Cured" or "Not Cured", etc.).

Explanatory variables (also known as **predictors**, **confounding** variables, or "adjusted for") - patient-level information, usually including demographics (age, gender) as well as clinical information (disease stage, tumour type). Explanatory variables can be categorical as well as continuous, and categorical variables can have more than two levels.

Univariable - analysis with only one Explanatory variable.

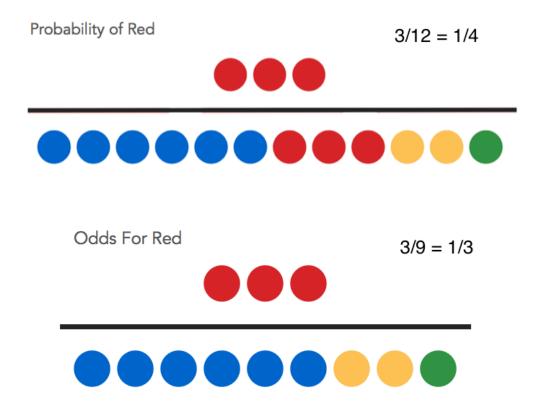
Multivariable - analysis with more than one Explanatory variable. Synonymous to "adjusted".

(Multivariate - technically means more than one **Dependent variable** (we will not discuss this type of analysis), but very often used interchangeably with Multivariable.)

# 9.3 Odds and probabilities

Odds and probabilities can get confusing so let's get them straight:

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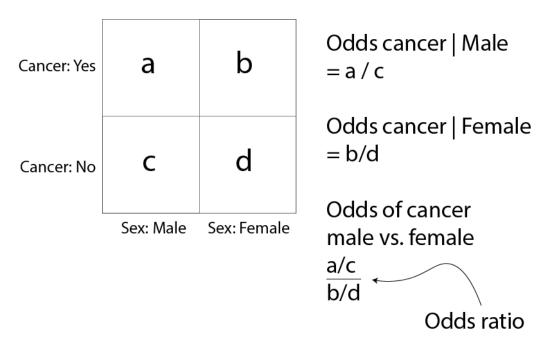
Odds and probabilities can be interconverted. For example, if the odds of a patient dying from a disease are 9 to 1 then the probability of death (also known as risk) is 10%. Odds of 1 to 1 equal 50%.

 $Odds = \frac{p}{1-p}$ , where p is the probability of the outcome occurring (or the circle being red).

Look at the numbers and convince yourself that this works.

#### 9.3.1 Odds ratios

For a given categorical explanatory variable (e.g. gender), the likelihood of an outcome/dependent occurring (e.g cancer) can be expressed in a ratio of odds or odds ratio, e.g. the odds of men developing cancer is 2-times that of females, odds ratio = 2.0.



An alternative is a ratio of probabilites, called a risk ratio or relative risk. Odds ratios have useful mathematical characteristics and are the main expression of results in logistic regression analysis.

#### 9.4 Melanoma dataset

Malignant melanoma is a cancer of the skin. It is agressive and highly invasive, making it difficult to treat.

It's classically divided into 4 stages of severity, based upon the depth of the tumour:

• Stage I: <0.5 mm depth

• Stage II: 0.5 to 1.0 mm depth

• Stage III: 1.0 to 4.0 mm depth

• Stage IV: > 4.0 mm depth

This will be important in our analysis as we will creating a new variable based upon this.

Using logistic regression, we will investigate factors associated with death from malignant melanoma.

### 9.4.1 Doing logistic regression in R

There are a few different ways of doing logistic regression in R. The glm() function is probably the most common and most flexible one to use. (glm stands for generalised linear model.)

Within the glm() function there are several options in the function we must define to make R run a logistic regression.

data - you must define the dataframe to be used in the regression.

family - this tells R to treat the analysis as a logisitic regression. For our purposes, family will always be "binomial" (as binary data follow this distribution).

 $x \sim a + b + c$  - this is the formula for the logistic regression, with x being the outcome and a, b and c being predictor variables.

Note the outcome is separated from the rest of the formula and sits on the left hand side of a ~. The confounding variables are on the right side, separated by a + sign.

The final glm() function takes the following form:

```
glm(x \sim a + b + c + d, data = data, family = "binomial")
```

# 9.5 Setting up your data

The most important step to ensure a good basis to start from is to ensure your variables are well structured and your outcome variable has exactly two outcomes.

We will need to make sure our outcome variables and predictor variables (the ones we want to adjust for) are suitably prepared.

In this example, the outcome variable called status.factor describes whether patients died or not and will be our (dependent) variable of interest.

### 9.5.1 Worked Example

```
library(tidyverse)

load("melanoma_factored.rda")
#Load in data from the previous session
```

Here status.factor has three levels: Died, Died - other causes and Alive. This is not useful for us, as logistic regression requires outcomes to be binary (exactly two levels).

We want to find out which variables predict death from melanoma. So we should create a new factor variable, died\_melanoma.factor. This will have two outcomes, Yes (did die from melanoma) or No (did not die from melanoma).

```
mydata$died_melanoma.factor

mydata$died_melanoma.factor %>% levels()

## [1] "No" "Yes"
```

```
9.6 Creating categories
```

Now that we have set up our outcome variable, we should ensure our predictor variables are prepared too.

Remember the stages of melanoma? This is an important predictor of melanoma Mortality based upon the scientific literature.

We should take this into account in our model.

#### 9.6.1 Exercise

Create a new variable called stage.factor to encompass the stages of melanoma based upon the thickness. In this data, the thickness variable is measured in millimetres too.

```
#the cut() function makes a continuous variable into a categorical variable
mydata$thickness %>%
    cut(breaks = c(0,0.5,1,4, max(mydata$thickness, na.rm=T)),
        include.lowest = T) ->
mydata$stage.factor
mydata$stage.factor %>% levels()

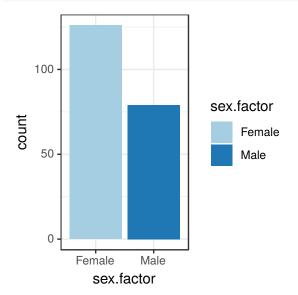
## [1] "[0,0.5]" "(0.5,1]" "(1,4]" "(4,17.4]"
```

```
## [1] "Stage I" "Stage II" "Stage III" "Stage IV"
```

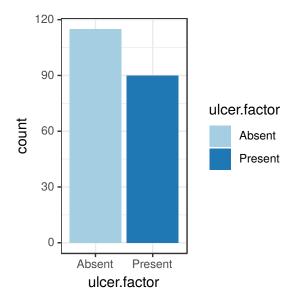
# 9.6.2 Always plot your data first!

```
source("1_source_theme.R")

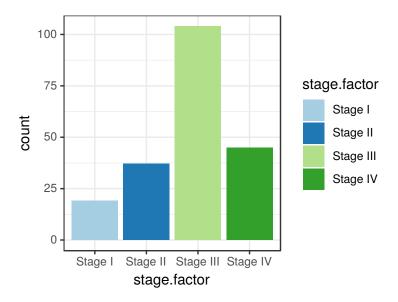
mydata %>%
   ggplot(aes(x = sex.factor)) +
   geom_bar(aes(fill = sex.factor))
```



```
mydata %>%
  ggplot(aes(x = ulcer.factor)) +
  geom_bar(aes(fill = ulcer.factor))
```

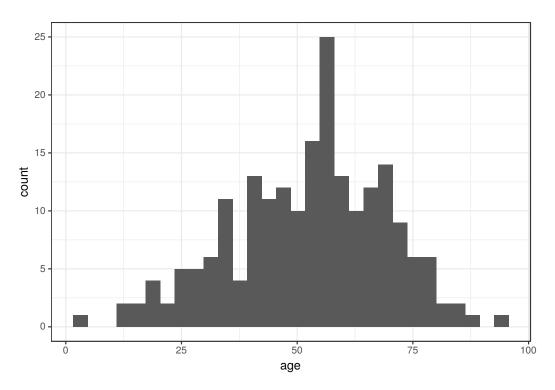


```
mydata %>%
  ggplot(aes(x = stage.factor)) +
  geom_bar(aes(fill = stage.factor))
```



```
mydata %>%
  ggplot(aes(x = age)) +
  geom_histogram(aes(fill = age))
```

## `stat\_bin()` using `bins = 30`. Pick better value with `binwidth`.



Now we are ready for some modelling!

# 9.7 Basic: One explanatory variable (predictor)

Lets find out what the influence of each predictor/confounding variable is on mortality from melanoma, which may help inform a more complicated regression, with multiple predictors/confounders.

We'll start with whether the patient was male or female:

# 9.7.1 Worked example

First we need to create a regression model using glm(). We will then summarise it using summary()

Note, we need to use the family option. Specifying 'binomial' in family tells glm() to switch to logistic regression.

```
#Create a model
glm(died_melanoma.factor ~ sex.factor, data = mydata, family = "binomial")
##
## Call: glm(formula = died melanoma.factor ~ sex.factor, family = "binomial",
       data = mydata)
##
##
## Coefficients:
##
      (Intercept) sex.factorMale
           -1.253
                             0.708
##
##
## Degrees of Freedom: 204 Total (i.e. Null);
                                                203 Residual
## Null Deviance:
                        242.4
                                 AIC: 241.4
## Residual Deviance: 237.4
model1 = glm(died_melanoma.factor ~ sex.factor, data = mydata, family = "binom")
summary(model1)
##
## Call:
## glm(formula = died_melanoma.factor ~ sex.factor, family = "binomial",
       data = mydata)
##
## Deviance Residuals:
##
       Min
                 1Q
                      Median
                                    3Q
                                            Max
## -0.9565 -0.7090 -0.7090
                                1.4157
                                         1.7344
##
## Coefficients:
                  Estimate Std. Error z value Pr(>|z|)
## (Intercept)
                   -1.2528
                               0.2143 -5.846 5.03e-09 ***
## sex.factorMale
                    0.7080
                                0.3169
                                         2.235
                                                 0.0254 *
## ---
```

```
## Signif. codes: 0 '***' 0.001 '**' 0.05 '.' 0.1 ' ' 1
##
## (Dispersion parameter for binomial family taken to be 1)
##
## Null deviance: 242.35 on 204 degrees of freedom
## Residual deviance: 237.35 on 203 degrees of freedom
## AIC: 241.35
##
## Number of Fisher Scoring iterations: 4
```

Now we have created the model - fantastic!

But this doesn't mean a lot to humans reading a paper - or us in fact.

The estimate output of summary(model\_1) represents the logarithm of the odds ratio. The odds ratio would be a lot easier to understand.

Therefore, to sort that out we should exponentiate the output of the model! The exp() function will do this.

#### exp(model1\$coefficients)

```
## (Intercept) sex.factorMale
## 0.2857143 2.0300000
```

This gives us an odds ratio of 2.03 for males. That is to say, males are twice as likely to die from melanoma than females.

Now a confidence interval might be handy. As this will be the logarithm of the confidence interval, we should exponentiate it to make it understandable.

```
exp(confint(model1))
```

```
## Waiting for profiling to be done...
## 2.5 % 97.5 %
## (Intercept) 0.1843592 0.4284939
## sex.factorMale 1.0914854 3.7938450
```

The 2.5% is the lower bound and the 97.5% is the upper bound of the 95% confidence interval.

So we can therefore say that being male doubles your chances of dying from melanoma with an Odds Ratio of 2.03 (95% confidence interval of 1.09 to 3.79)

#### 9.7.2 Exercise

Repeat this for all the variables contained within the data, particulary:

```
stage.factor, age, ulcer.factor, thickness and age.factor.
```

Write their odds ratios and 95% confidence intervals down for the next section!

Congratulations on building your first regression model in R!

# 9.8 Finalfit package

We have developed our finalfit package to help with advanced regression modelling. We will introduce it here, but not go into detail.

See www.finalfit.org for more information and updates.

# 9.9 Summarise a list of variables by another variable

We can use the finalfit package to summarise a list of variables by another variable. This is very useful for "Table 1" in many studies.

```
library(finalfit)
dependent = "died_melanoma.factor"
explanatory = c("age", "sex.factor")

table_result = mydata %>%
   summary_factorlist(dependent, explanatory, p = TRUE)
```

| label      | levels    | No          | Yes         | p     |
|------------|-----------|-------------|-------------|-------|
| age        | Mean (SD) | 51.5 (16.1) | 55.1 (17.9) | 0.189 |
| sex.factor | Female    | 98 (77.8)   | 28 (22.2)   | 0.024 |
|            | Male      | 50 (63.3)   | 29 (36.7)   |       |

## 9.10 finalfit function for logistic regression

We can then use the finalfit function to run a logistic regression analysis with similar syntax.

```
dependent = "died_melanoma.factor"
explanatory = c("sex.factor")

model2 = mydata %>%
  finalfit(dependent, explanatory)
```

| Dependent: died_melanoma.factor |        | No        | Yes       | OR (univariable)          |      |
|---------------------------------|--------|-----------|-----------|---------------------------|------|
| sex.factor                      | Female | 98 (66.2) | 28 (49.1) | -                         |      |
|                                 | Male   | 50 (33.8) | 29 (50.9) | 2.03 (1.09-3.79, p=0.025) | 2.03 |

## 9.11 Adjusting for multiple variables in R

Your first models only included one variable. It's time to scale them up.

Multivariable models take multiple variables and estimates how each variable predicts an event. It adjusts for the effects of each one, so you end up with a model that calculates the adjusted effect estimate (i.e. the odds ratio), upon an outcome.

When you see the term 'adjusted' in scientific papers, this is what it means.

#### 9.11.1 Worked Example

Lets adjust for age (as a continuous variable), sex.factor and stage.factor. Then output them as odds ratios.

```
dependent = "died_melanoma.factor"
explanatory = c("age", "sex.factor", "stage.factor")

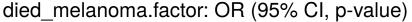
model3 = mydata %>%
  finalfit(dependent, explanatory)
```

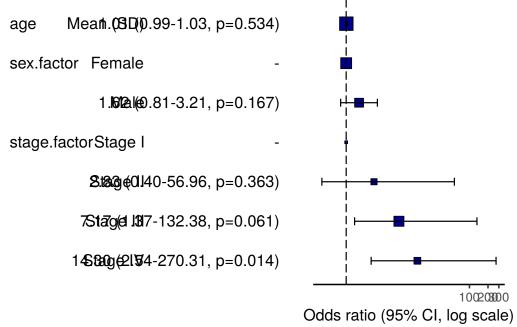
| Dependent: died_melanoma.factor |           | No          | Yes         | OR               |
|---------------------------------|-----------|-------------|-------------|------------------|
| age                             | Mean (SD) | 51.5 (16.1) | 55.1 (17.9) | 1.01 (0.99-1.    |
| sex.factor                      | Female    | 98 (66.2)   | 28 (49.1)   |                  |
|                                 | Male      | 50 (33.8)   | 29 (50.9)   | 2.03 (1.09-3.    |
| stage.factor                    | Stage I   | 18 (12.2)   | 1 (1.8)     |                  |
|                                 | Stage II  | 32 (21.6)   | 5 (8.8)     | 2.81 (0.41-56.   |
|                                 | Stage III | 75 (50.7)   | 29 (50.9)   | 6.96 (1.34-128.  |
|                                 | Stage IV  | 23 (15.5)   | 22 (38.6)   | 17.22 (3.13-322. |

```
or_plot(mydata, dependent, explanatory)
```

```
## Waiting for profiling to be done...
## Waiting for profiling to be done...
```

## Warning: Removed 2 rows containing missing values (geom\_errorbarh).





When we enter age into regression models, the effect estimate is provided in terms of per unit increase. So in this case it's expressed in terms of an odds ratio per year increase (i.e. for every year in age gained odds of death increases by 1.02).

#### 9.11.2 Exercise

Create a regression that includes ulcer.factor.

## 9.12 Advanced: Fitting the best model

Now we have our preliminary model. We could leave it there.

However, when you publish research, you are often asked to supply a measure of how well the model fitted the data.

There are different approaches to model fitting. Come to our course HealthyR-Advanced: Practical Logistic Regression. At this we describe use of the Akaike Information Criterion (AIC) and the C-statistic.

The C-statistic describes discrimination and anything over 0.60 is considered good. The closer to 1.00 the C-statistic is, the better the fit.

The AIC measure model fit with lower values indicating better fit.

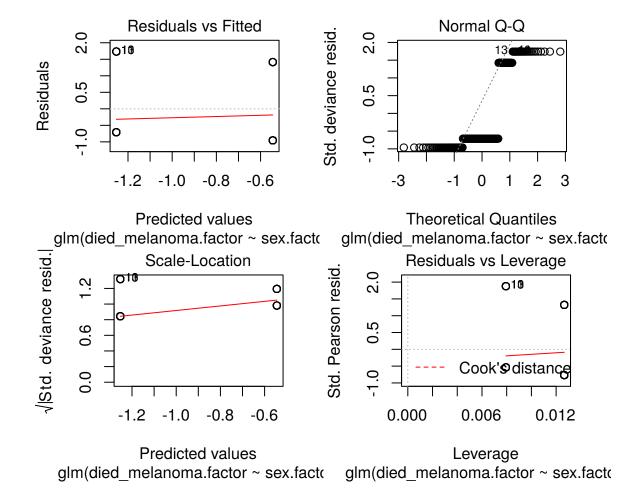
These metrics are available here:

```
mydata %>%
  finalfit(dependent, explanatory, metrics=TRUE)
## Waiting for profiling to be done...
## Setting levels: control = 0, case = 1
## Setting direction: controls < cases
## [[1]]
    Dependent: died melanoma.factor
##
                                                      No
                                                               Yes
## 1
                             age Mean (SD) 51.5 (16.1) 55.1 (17.9)
## 2
                      sex.factor
                                    Female
                                             98 (66.2)
                                                         28 (49.1)
## 3
                                             50 (33.8)
                                      Male
                                                         29 (50.9)
## 4
                                    Stage I
                                             18 (12.2)
                                                           1 (1.8)
                     stage.factor
## 5
                                  Stage II
                                             32 (21.6)
                                                           5 (8.8)
## 6
                                 Stage III
                                             75 (50.7)
                                                         29 (50.9)
## 7
                                  Stage IV
                                             23 (15.5)
                                                         22 (38.6)
##
                  OR (univariable)
                                              OR (multivariable)
## 1
        1.01 (0.99-1.03, p=0.163)
                                       1.01 (0.99-1.03, p=0.534)
```

## 9.12.1 Extra material: Diagnostics plots

While outwith the objectives of this course, diagnostic plots for glm models can be produced by:

```
plot(model1)
```



## Chapter 10

# Time-to-event data (survival)

#### 10.1 Data

The boot::melanoma dataset was introduced in chapter 7.

In the previous session, we used logistic regression to investigate death by calculating odds ratios for different factors at a single point in time.

## 10.2 Kaplan-Meier survival estimator

The Kaplan-Meier (KM) survival estimator is a non-parametric statistic used to estimate the survival function from time-to-event data.

'Time' is time from event to last known status. This status could be the event, for instance death. Or could be when the patient was last seen, for instance at a clinic. In this circumstance the patient is considered 'censored'.

```
survival_object = Surv(mydata$time, mydata$status.factor == "Died")

# It is often useful to convert days into years
survival_object = Surv(mydata$time/365, mydata$status.factor == "Died")

# Investigate this:
head(survival_object) # + marks censoring in this case "Died of other causes
# Or that the follow-up ended and the patient is censored.
```

## [1] 0.02739726+ 0.08219178+ 0.09589041+ 0.27123288+ 0.50684932 0.55890411

### 10.2.1 KM analysis for whole cohort

#### 10.2.2 Model

The survival object is the first step to performing univariable and multivariable survival analyses. A univariable model can then be fitted.

If you want to plot survival stratified by a single grouping variable, you can substitute "survival\_object  $\sim 1$ " by "survival\_object  $\sim$  factor"

```
# For all patients
my_survfit = survfit(survival_object ~ 1, data = mydata)
my_survfit # 205 patients, 57 events

## Call: survfit(formula = survival_object ~ 1, data = mydata)
##
## n events median 0.95LCL 0.95UCL
## 205 57 NA NA NA
```

#### 10.2.3 Life table

A life table is the tabular form of a KM plot, which you may be familiar with. It shows survival as a proportion, together with confidence limits. The whole table is shown with, summary(my\_survfit).

```
summary(my survfit, times = c(0, 1, 2, 3, 4, 5))
## Call: survfit(formula = survival object ~ 1, data = mydata)
##
   time n.risk n.event survival std.err lower 95% CI upper 95% CI
##
##
       0
            205
                      0
                           1.000 0.0000
                                                1.000
                                                              1.000
##
       1
            193
                      6
                           0.970 0.0120
                                                0.947
                                                             0.994
       2
                      9
##
            183
                           0.925 0.0187
                                                0.889
                                                             0.962
##
       3
            167
                     15
                           0.849 0.0255
                                                0.800
                                                             0.900
##
       4
            160
                      6
                           0.818 0.0274
                                                0.766
                                                             0.874
##
       5
            122
                      9
                           0.769 0.0303
                                                0.712
                                                             0.831
```

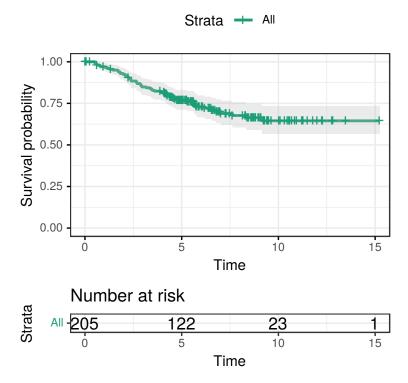
```
# 5 year survival is 77%

# Help is at hand
help(summary.survfit)
```

### 10.2.4 KM plot

A KM plot can easily be generated using the survminer package.

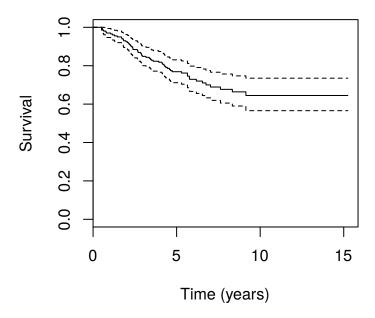
For more information on how the survminer package draws this plot, or how to modify it: http://www.sthda.com/english/wiki/survminer-r-package-survival-data-analysis-and-visualization and https://github.com/kassambara/survminer



```
# Note can also take `ggplot()` options.
my_survplot$plot +
   annotate('text', x = 5, y = 0.25, label='Whole cohort')
```

Here is an alternative plot in base R to compare. Not only does this produce a more basic survival plot, but tailoring the plot can be more difficult to achieve.

Furthermore, appending a life table ('risk.table') alongside the plot can also be difficult, yet this is essential for interpretation.

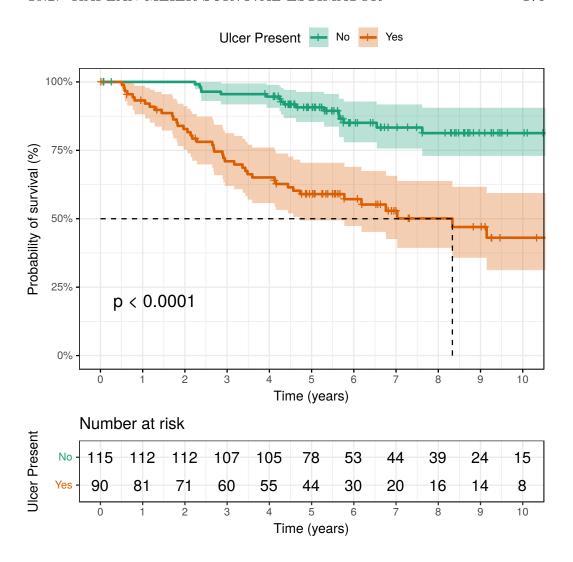


#### 10.2.5 Exercise

Using the above scripts, perform a univariable Kaplan Meier analysis to determine if ulcer.factor influences overall survival. Hint: survival\_object ~ ulcer.factor.

Try modifying the plot produced (see Help for ggsurvplot). For example:

- Add in a medial survival lines: surv.median.line="hv"
- Alter the plot legend: legend.title = "Ulcer Present", legend.labs = c("No", "Yes")
- Change the y-axis to a percentage: ylab = "Probability of survival (%)", surv.scale = "percent"
- Display follow-up up to 10 years, and change the scale to 1 year: xlim = c(0,10), break.time.by = 1)



## 10.2.6 Log-rank test

Two KM survival curves can be compared using the log-rank test. Note survival curves can also be compared using a Wilcoxon test that may be appropriate in some circumstances.

This can easily be performed in library(survival) using the function survdiff().

```
survdiff(survival object ~ ulcer.factor, data = mydata)
## Call:
## survdiff(formula = survival_object ~ ulcer.factor, data = mydata)
##
##
                          N Observed Expected (O-E)^2/E (O-E)^2/V
## ulcer.factor=Absent
                         115
                                   16
                                          35.8
                                                     10.9
                                                               29.6
                                                               29.6
## ulcer.factor=Present 90
                                          21.2
                                                     18.5
                                   41
##
##
    Chisq= 29.6 on 1 degrees of freedom, p= 5e-08
Is there a significant difference between survival curves?
```

## 10.3 Cox proportional hazard regression

#### 10.3.1 Model

##

## sex.factorMale

Multivariable survival analysis can be complex with parametric and semiparametric methods available. The latter is performed using a Cox proportional hazard regression analysis.

```
# Note several variables are now introduced into the model.
# Variables should be selected carefully based on published methods.

my_hazard = coxph(survival_object~sex.factor+ulcer.factor+age.factor, data=mydsummary(my_hazard)

## Call:
## coxph(formula = survival_object ~ sex.factor + ulcer.factor +
## age.factor, data = mydata)
##
## n= 205, number of events= 57
##
```

coef exp(coef) se(coef)

0.48249 1.62011 0.26835 1.798 0.0722 .

z Pr(>|z|)

```
## ulcer.factorPresent 1.38972 4.01372 0.29772 4.668 3.04e-06 ***
## age.factor(20,40]
                      -0.40628
                                 0.66613 0.69339 -0.586
                                                          0.5579
## age.factor(40,60]
                      -0.04513
                                 0.95588 0.61334 -0.074
                                                          0.9414
## age.factor(60,95]
                       0.17889
                                 1.19588 0.62160 0.288
                                                          0.7735
## ---
## Signif. codes: 0 '*** 0.001 '** 0.01 '* 0.05 '.' 0.1 ' ' 1
##
##
                       exp(coef) exp(-coef) lower .95 upper .95
## sex.factorMale
                          1.6201
                                      0.6172
                                                0.9575
                                                           2.741
## ulcer.factorPresent
                          4.0137
                                      0.2491
                                                2.2394
                                                           7.194
## age.factor(20,40]
                          0.6661
                                      1.5012
                                                0.1711
                                                           2.593
## age.factor(40,60]
                          0.9559
                                      1.0462
                                                0.2873
                                                           3.180
## age.factor(60,95]
                                      0.8362
                          1.1959
                                                0.3537
                                                           4.044
##
                       (se = 0.04)
## Concordance= 0.735
## Rsquare= 0.153
                    (max possible= 0.937)
## Likelihood ratio test= 34.08 on 5 df,
                                             p=2e-06
## Wald test
                        = 30.19
                                 on 5 df,
                                             p=1e-05
## Score (logrank) test = 35.21
                                 on 5 df,
                                             p=1e-06
```

```
library(broom)
tidy(my_hazard)
```

```
## # A tibble: 5 x 7
##
   term
                estimate std.error statistic p.value conf.low conf.high
##
                                             <dbl>
                                                     <dbl>
   <chr>
                   <dbl>
                           <dbl>
                                    <dbl>
## 1 sex.factorMale
                     0.482
                               0.268
                                       1.80
                                              7.22e-2 -0.0435
                                                                  1.01
## 2 ulcer.factorPr~
                               0.298
                                       4.67
                                              3.04e-6 0.806
                                                                 1.97
## 3 age.factor(20,~ -0.406
                               0.693
                                      -0.586
                                                5.58e-1 -1.77
                                                                  0.953
## 4 age.factor(40,~ -0.0451
                                                9.41e-1 -1.25
                                0.613
                                       -0.0736
                                                                   1.16
## 5 age.factor(60,~ 0.179
                               0.622
                                       0.288
                                               7.74e-1 -1.04
                                                                  1.40
```

The interpretation of the results of model fitting are beyond the aims of this course. The exponentiated coefficient (exp(coef)) represents the hazard ratio. Therefore, patients with ulcers are 4-times more likely to die at any given time than those without ulcers.

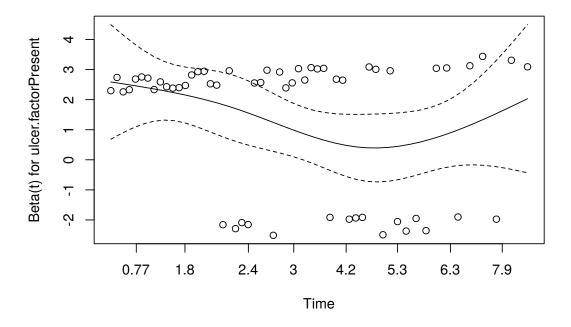
#### 10.3.2 Assumptions

The CPH model presumes 'constant hazards'. That means that the risk associated with any given variable (like ulcer status) shouldn't get worse or better over time. This can be checked.

```
ph = cox.zph(my_hazard)
ph
```

```
# GLOBAL shows no overall violation of assumptions.
# Ulcer.status is borderline significant

# Plot Schoenfield residuals to evaluate PH
plot(ph, var=2) # ulcer.status is variable 2
```



# help(plot.cox.zph)

Hazard decreases a little between 2 and 5 years, but is acceptable.

#### 10.3.3 Exercise

Create a new CPH model, but now include the variable **thickness** as a variable. How would you interpret the output? Is it an independent predictor of overall survival in this model? Are CPH assumptions maintained?

## 10.4 Dates in R

## 10.4.1 Converting dates to survival time

In the melanoma example dataset, we already had the time in a convenient format for survial analysis - survival time in days since the operation. This section shows how to convert dates into "days from event". First we will generate a dummy operation date and censoring date based on the melanoma data.

```
library(lubridate)
first_date = ymd("1966-01-01")  # let's create made-up dates for the
last_date = first_date + days(nrow(mydata)-1) # assume tone every day from 1-
operation_date = seq(from = first_date, to = last_date, by = "1 day") # create
mydata$operation_date = operation_date # add the created sequence to melanoma
```

Now we will to create a 'censoring' date by adding time from the melanoma dataset to our made up operation date.

Remember the censoring date is either when an event occurred (e.g. death) or the last known alive status of the patient.

```
mydata = mydata %>%
  mutate(censoring_date = operation_date + days(time))

# (Same as doing:):
mydata$censoring_date = mydata$operation_date + days(mydata$time)
```

Now consider if we only had the operation date and censoring date. We want to create the time variable.

```
mydata = mydata %>%
  mutate(time_days = censoring_date - operation_date)
```

The Surv() function expects a number (numeric variable), rather than a date object, so we'll convert it:

```
# Surv(mydata$time_days, mydata$status==1) # this doesn't work

mydata %>%
  mutate(time_days_numeric = as.numeric(time_days)) ->
  mydata
```

```
survival_object = Surv(mydata$time_days_numeric, mydata$status.factor == "Died") # th
```

#### 10.5 Solutions

#### 9.2.2

```
# Fit survival model
my_survfit.solution = survfit(survival_object ~ ulcer.factor, data = mydata)
# Show results
my_survfit.solution
summary(my_survfit.solution, times=c(0,1,2,3,4,5))
# Plot results
my survplot.solution = ggsurvplot(my survfit.solution,
                         data = mydata,
                         palette = 'Dark2',
                         risk.table = TRUE,
                         ggtheme = theme_bw(),
                         conf.int = TRUE,
                         pval=TRUE,
                         # Add in a medial survival line.
                         surv.median.line="hv",
                         # Alter the plot legend (change the names)
                         legend.title = "Ulcer Present",
                         legend.labs = c("No", "Yes"),
                         # Change the y-axis to a percentage
                         ylab = "Probability of survival (%)",
                         surv.scale = "percent",
```

```
# Display follow-up up to 10 years, and change the s
xlab = "Time (years)",
# present narrower X axis, but not affect survival e
xlim = c(0,10),
# break X axis in time intervals by 1 year
break.time.by = 1)
my_survplot.solution
```

#### 9.3.3

```
# Fit model
my_hazard = coxph(survival_object~sex.factor+ulcer.factor+age.factor+thickness
summary(my_hazard)

# Melanoma thickness has a HR 1.12 (1.04 to 1.21).
# This is interpretted as a 12% increase in the
# risk of death at any time for each 1 mm increase in thickness.

# Check assumptions
ph = cox.zph(my_hazard)
ph
# GLOBAL shows no overall violation of assumptions.
# Plot Schoenfield residuals to evaluate PH
plot(ph, var=6)
```

# **Bibliography**

Xie, Y. (2015). Dynamic Documents with R and knitr. Chapman and Hall/CRC, Boca Raton, Florida, 2nd edition. ISBN 978-1498716963.

Xie, Y. (2018). bookdown: Authoring Books and Technical Documents with R Markdown. R package version 0.7.15.

# Index

bookdown, ix

knitr, ix