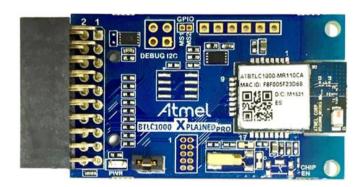


#### **Blood Pressure Profile Example - Getting Started Guide**

#### **USER GUIDE**



#### Introduction

This getting started guide describes the setup of the Atmel<sup>®</sup> ATBTLC1000 with a supported platform bringing-up an example profile supplied as part of the BluSDK release. The Bluetooth<sup>®</sup> Blood Pressure Profile is an example application that is embedded as part of the software release package.

The Blood Pressure Profile (BLP) enables a device to connect and interact with a Blood Pressure Sensor device for use in consumer and professional health care applications.

The Blood Pressure Profile is used to enable a device to obtain blood pressure measurement and other data from a non-invasive blood pressure sensor that exposes the Blood Pressure Service. For example, a nurse or doctor could use a non-invasive blood pressure sensor on a patient that sends blood pressure measurements to a laptop or other hand held device.

This example demonstrates a Blood Pressure Sensor application (GATT Server role).

This document explains the details about:

- 1. Getting started with the setup of a supported platform to be used as a Blood Pressure Sensor.
- 2. Getting the Blood Pressure Measurement application working on the above mentioned setup.

#### **Features**

- Device Discovery and Disconnection
- Pairing / Bonding
- Blood Pressure Measurements
- Console Display

## **Table of Contents**

1	Demo Setup				
2 Supported Hardware Platforms and IDEs					
3	Hardware Setup				
	3.1 SAM L21 Xplained Pro Blood Pressure Sensor Setup	4 4			
4	Blood Pressure Measurements				
5	Software Setup				
	5.1 Installation Steps				
6	Console Logging				
7	Running the Demo				
8	BluSDK Software Architecture1				
9	ATMEL EVALUATION BOARD/KIT IMPORTANT NOTICE AND DISCLAIMER 16				
10	Revision History17				



# 1 Demo Setup

Figure 1-1. Demo Setup for Blood Pressure Profile

iPhone/Android
Atmel Smart Connect app
(Blood Pressure Monitor)



BTLC1000+ Supported Atmel MCU (Blood Pressure Sensor)

## 2 Supported Hardware Platforms and IDEs

Table 2-1. BluSDK – Supported Hardware and IDEs

Platform	MCU	Supported BLE Module	Supported evaluation kits	Supported IDEs
SAM L21 (MCU)	ATSAML21J18A	ATBTLC1000	ATBTLC1000-XSTK	Atmel Studio v6.2
SAM D21 (MCU)	ATSAMD21J18A	ATBTLC1000	SAMD21-XPRO + ATBTLC1000	Atmel Studio v6.2
SAM G55 (MCU)	ATSAMG55J19	ATBTLC1000	SAMG55-XPRO + ATBTLC1000	Atmel Studio v6.2

## 3 Hardware Setup

### 3.1 SAM L21 Xplained Pro Blood Pressure Sensor Setup

Figure 3-1. ATBTLC1000 Xplained Pro Extension Connected to a SAM L21 Xplained Pro



## 3.2 SAM D21 Xplained Pro Blood Pressure Sensor Setup

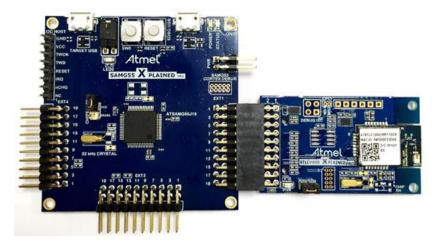
Figure 3-2. ATBTLC1000 Xplained Pro Extension Connected to a SAM D21 Xplained Pro





#### 3.3 SAM G55 Xplained Pro Blood Pressure Sensor Setup

Figure 3-3. ATBTLC1000 Xplained Pro Extension Connected to a SAM G55 Xplained Pro



#### 4 Blood Pressure Measurements

The Blood Pressure Measurement characteristic shall be used to send Blood Pressure measurements. Included in the characteristic are a Flags field (containing units of Blood Pressure and used to show presence of optional fields), the Blood Pressure Measurement Compound Value field and, depending upon the contents of the Flags field, Time Stamp (time of the measurement), Pulse Rate, User ID, and Measurement Status fields.

The Intermediate Cuff Pressure characteristic may be notified frequently during the course of a measurement so that a receiving device can effectively update the display on its user interface during the measurement process.

When the Client Characteristic Configuration descriptor is configured for indications and a Blood Pressure measurement is available, this characteristic shall be indicated while in a connection.

The Blood Pressure Measurement Application, which is the GATT server, will hold the characteristics and send the measurement values to the Blood Pressure Monitor.

- The Blood Pressure Measurement characteristic shall be used to send Blood Pressure measurements
- The Intermediate Cuff Pressure characteristic is used to send Current Cuff Pressure values to a device for display purposes while the measurement is in progress
- The Blood Pressure Feature characteristic shall be used to describe the supported features of the Blood Pressure Sensor

ATBTLC1000 together with the host MCU simulates a Blood Pressure Sensor (GATT Server Role) and sends simulated values to the Blood Pressure Monitor (Smart Connect mobile application).

## 5 Software Setup

#### 5.1 Installation Steps

 Atmel Studio installation [Atmel Studio 6.2 sp2 (build 1563) Installer – with .NET] http://www.atmel.com/tools/atmelstudio.aspx.

(Note: SAM D21/SAM L21 part pack is built-in as part of Atmel Studio 6.2 sp2.)

- 2. Install SAM G55 Part pack http://www.atmel.com/images/as-partpack-ATSAMG55-6.2.13.zip. (Note: This installer is needed only if the bring-up is being done on the SAM G55 platform.)
- Atmel USB Driver Installer http://www.atmel.com/tools/atmelstudio.aspx.
- 4. Install the standalone ASF package from http://www.atmel.com/tools/AVRSOFTWAREFRAMEWORK.aspx .

Note: Refer to the BluSDK release notes for updates to version numbers of the components mentioned above.

This package will install the following examples within the Atmel Studio environment.

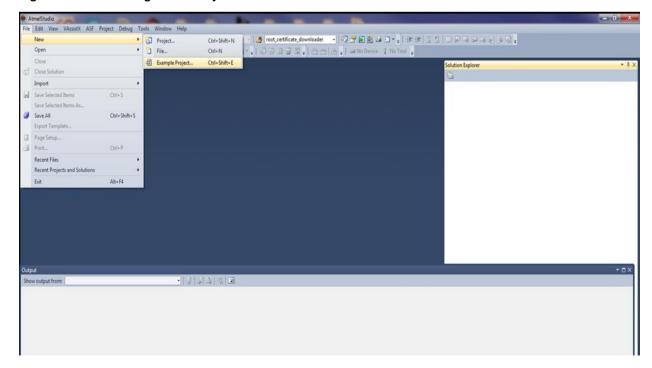
- Blood Pressure Application for SAM L21.
- 2. Blood Pressure Application for SAM D21.
- 3. Blood Pressure Application for SAM G55.

#### 5.2 Build Procedure

The following procedure is explained for SAM L21 application example. The same procedure is valid for the case of all the other supported platforms as well.

Select New Example Project.

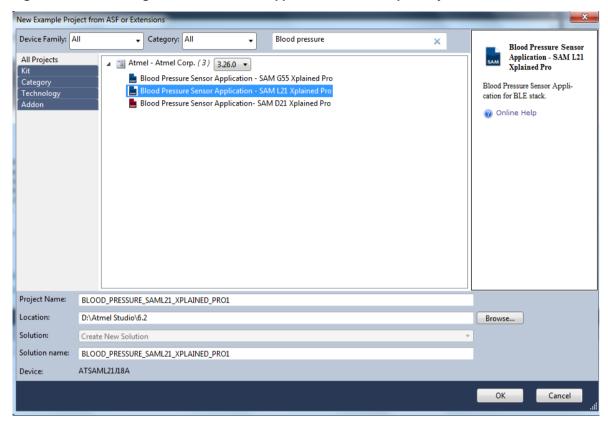
Figure 5-1. Creating a New Project





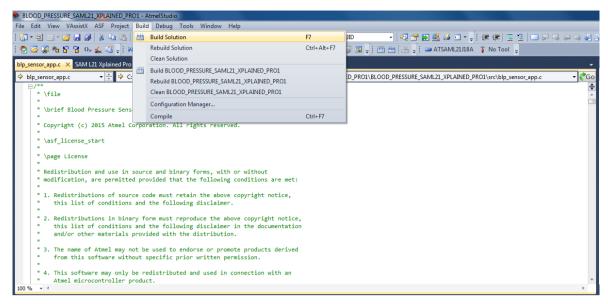
1. Select "SAML,32-bit" in the device family, enter "Blood Pressure" in the search window, and expand Atmel Corp. Projects. The location and the name of the project can be selected in the respective fields. Click OK.

Figure 5-2. Selecting the Blood Pressure Application from Example Projects



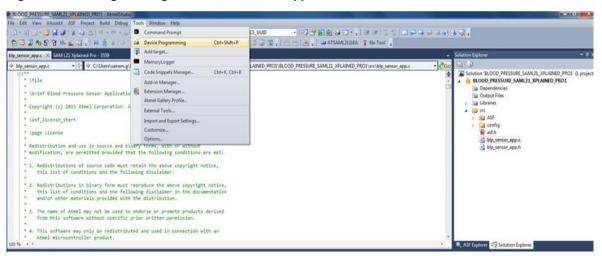
- 2. Accept the license Agreement. The studio will generate the Blood Pressure Profile project for SAM L21.
- 3. Build the solution.

Figure 5-3. Building Blood Pressure Application



4. Download the application via the USB to the SAM L21 board by using the Device Programming option available in Tools as mentioned below.

Figure 5-4. Programming the Blood Pressure Application to SAM L21



5. Inside device programming the user has to select the correct configuration for the device and finally program the device by using the program button.



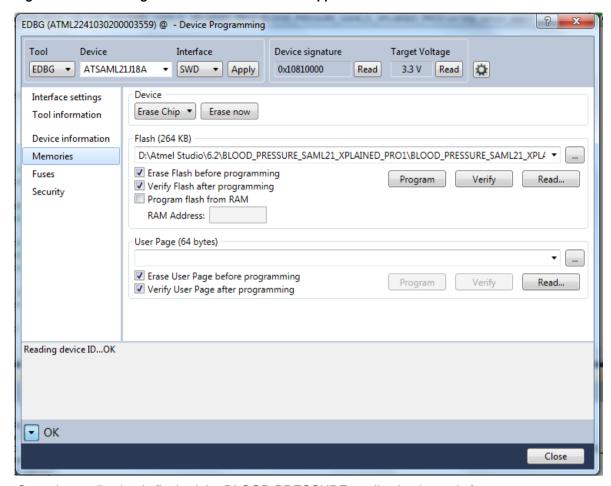


Figure 5-5. Flashing the Blood Pressure Sensor Application

6. Once the application is flashed the BLOOD PRESSURE application is ready for usage.

# 6 Console Logging

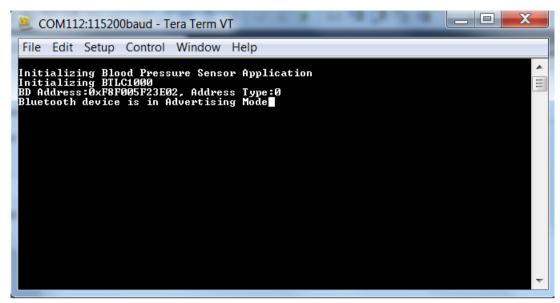
For the purpose of debugging, a logging interface has been implemented in the BLOOD PRESSURE application.

The logging interface utilizes the same EDBG port that connects to the supported platform. A serial port monitor application (for example TeraTerm) shall be opened and attached to the corresponding COM port enumerated on the PC by the device. Baud rate should be set to 115200.

# 7 Running the Demo

- 1. Power on the SAM L21 + ATBTLC1000 setup by connecting the USB cable as indicated in Figure 3-1.
- Open a console window by using TeraTerm or any equivalent serial port monitor application and connect to the corresponding COM port enumerated on the PC. (Settings: Baudrate 115200, None Parity, one Stop bit, one Start bit, no Hardware Handshake.)
- 3. Press the Reset button on the SAM L21 or supported platform board.
- 4. The device is now in advertising mode.

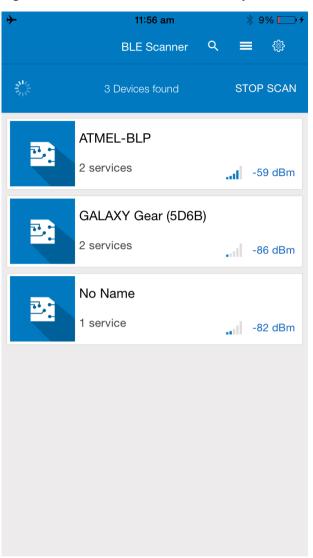
Figure 7-1. Console Display for Advertising Mode



On a BLE compatible Android phone or on an iPhone, enable Bluetooth in the Settings page. Use
the Atmel Smart Connect mobile app and scan for devices. ATMEL-BLP will appear among the
devices scanned. Click on ATMEL-BLP to connect to the SAM L21 or supported platform +
ATBTLC1000 device.

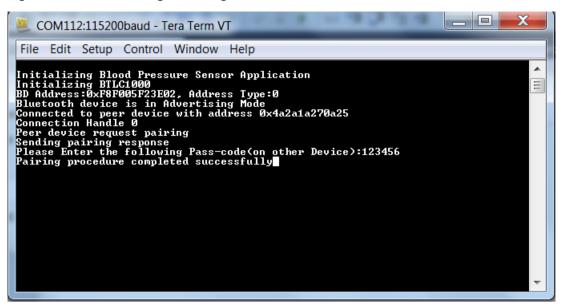


Figure 7-2. Atmel BLP Device Discovery on iPhone



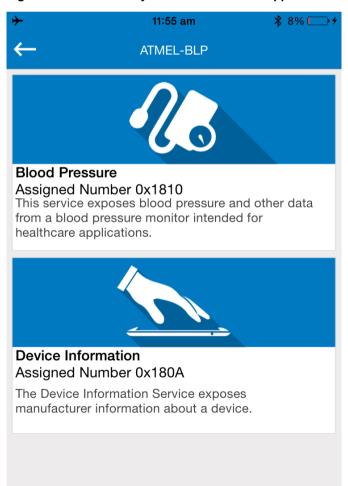
6. Once connected, the client side will request for the pairing procedure with the phone. The console log provides a guidance for the user to enter the pass-key on the phone.

Figure 7-3. Console Log for Pairing Procedure



7. Once the device is connected, the following services shall be displayed on the mobile app.

Figure 7-4. Discovery of Services for BLP Application





8. On entering the Blood Pressure service page, the mobile application will enable the notifications and indications for interim cuff pressure and blood pressure characteristics respectively. The blood pressure sensor device simulated by ATBTLC1000 + SAML21 will send the current blood pressure values after receiving the indications enabling request. The corresponding console logs and mobile application screen are shown below

Figure 7-5. Console Log for Blood Pressure Measurements

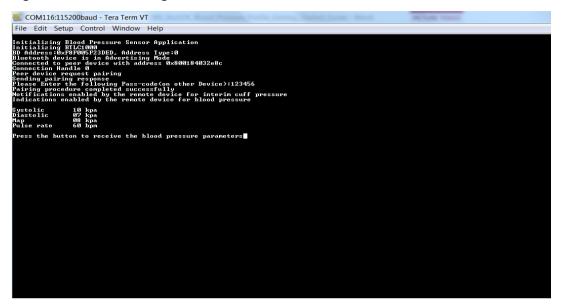
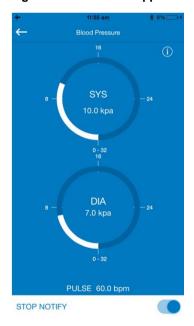


Figure 7-6. Mobile app Blood Pressure service page after receiving BP indications



9. The SW0 button can be used on SAML21 to receive updated blood pressure measurements. The blood pressure sensor will first sends the interim cuff pressure values as notifications and then sends the final blood pressure measurements as indication. The blood pressure measurements sent by blood pressure sensor are simulated values. The following pictures demonstrates the scenario after SW0 button press

Figure 7-7. Console log for blood pressure values after button press

```
Started sending Interim Cuff Pressure Values
                    mmhg
mmhg
     pressure
     pressure
     pressure
     pressure
     pressure
     pressure
     pressure
     pressure
     pressure
The Blood Pressure Values are:
                 81
61
Systolic
Diastolic
                    mmhg
mmhg
                    mmhg
bpm
 ap
ulserate
Press the button to receive the blood pressure parameters
```

Figure 7-8. Mobile app Blood Pressure service pages after receiving measurement data on button press



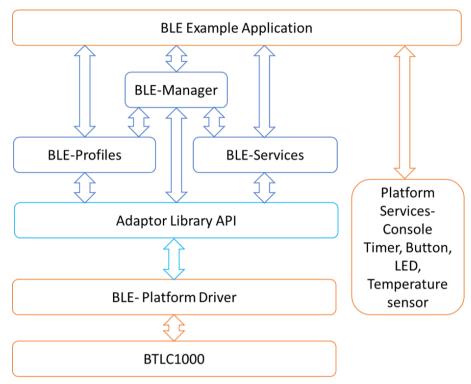
Note: The Atmel Smart Connect mobile App for Android also implements the same features and provides the same look and feel. Henceforth incase a BLE compatible Android phone is used, the demo instructions from the mobile app perspective remain the same as above.



## 8 BluSDK Software Architecture

Figure 8-1 illustrates the various layers in the BLE subsystem for the ATBTLC1000 configuration. The External host can be the supported platform. The application in this example is Blood Pressure Profile.

Figure 8-1. BluSDK Software Architecture



# 9 ATMEL EVALUATION BOARD/KIT IMPORTANT NOTICE AND DISCLAIMER

This evaluation board/kit is intended for user's internal development and evaluation purposes only. It is not a finished product and may not comply with technical or legal requirements that are applicable to finished products, including, without limitation, directives or regulations relating to electromagnetic compatibility, recycling (WEEE), FCC, CE, or UL. Atmel is providing this evaluation board/kit "AS IS" without any warranties or indemnities. The user assumes all responsibility and liability for handling and use of the evaluation board/kit including, without limitation, the responsibility to take any and all appropriate precautions with regard to electrostatic discharge and other technical issues. User indemnifies Atmel from any claim arising from user's handling or use of this evaluation board/kit. Except for the limited purpose of internal development and evaluation as specified above, no license, express or implied, by estoppel or otherwise, to any Atmel intellectual property right is granted hereunder. ATMEL SHALL NOT BE LIABLE FOR ANY INDIRECT, SPECIAL, INCIDENTAL, OR CONSEQUENTIAL DAMGES RELATING TO USE OF THIS EVALUATION BOARD/KIT.

ATMEL CORPORATION 1600 Technology Drive San Jose, CA 95110 USA



# 10 Revision History

Doc Rev.	Date	Comments
42543A	09/2015	Initial document release.













**Atmel Corporation** 

1600 Technology Drive, San Jose, CA 95110 USA

T: (+1)(408) 441.0311

F: (+1)(408) 436.4200

www.atmel.com

© 2015 Atmel Corporation. / Rev.: Atmel-42543A-ATBTLC1000BluSDK-Blood-Pressure-Profile-Example-Getting-Started-Guide\_UserGuide\_092015.

Atmel®, Atmel logo and combinations thereof, Enabling Unlimited Possibilities®, and others are registered trademarks or trademarks of Atmel Corporation in U.S. and other countries. ARM®, ARM Connected® logo, and others are the registered trademarks or trademarks of ARM Ltd. Other terms and product names may be trademarks of others.

DISCLAIMER: The information in this document is provided in connection with Atmel products. No license, express or implied, by estoppel or otherwise, to any intellectual property right is granted by this document or in connection with the sale of Atmel products. EXCEPT AS SET FORTH IN THE ATMEL TERMS AND CONDITIONS OF SALES LOCATED ON THE IS granted by this document of in connection with the sale of Attnet products. EXCEPT AS SET FORTH IN THE ATMEL TERMS AND CONDITIONS OF SALES LOCATED ON THE ATMEL ASSUMES NO LIABILITY WHATSOEVER AND DISCLAIMS ANY EXPRESS, IMPLIED OR STATUTORY WARRANTY RELATING TO ITS PRODUCTS INCLUDING, BUT NOT LIMITED TO, THE IMPLIED WARRANTY OF MERCHANTABILITY, FITNESS FOR A PARTICULAR PURPOSE, OR NON-INFRINGEMENT. IN NO EVENT SHALL ATMEL BE LIABLE FOR ANY DIRECT, INDIRECT, CONSEQUENTIAL, PUNITIVE, SPECIAL OR INCIDENTAL DAMAGES (INCLUDING, WITHOUT LIMITATION, DAMAGES FOR LOSS AND PROFITS, BUSINESS INTERRUPTION, OR LOSS OF INFORMATION) ARISING OUT OF THE USE OR INABILITY TO USE THIS DOCUMENT, EVEN IF ATMEL HAS BEEN ADVISED OF THE POSSIBILITY OF SUCH DAMAGES. Atmel makes no representations or warranties with respect to the accuracy or completeness of the contents of this document and reserves the right to make changes to specifications and products descriptions at any time without notice. Atmel does not make any commitment to update the information contained herein. Unless specifically provided otherwise, Atmel products are not suitable for, and shall not be used in, automotive applications. Atmel products are not intended, authorized, or warranted for use as components in applications intended to support or sustain life.

SAFETY-CRITICAL, MILITARY, AND AUTOMOTIVE APPLICATIONS DISCLAIMER: Atmel products are not designed for and will not be used in connection with any applications where the failure of such products would reasonably be expected to result in significant personal injury or death ("Safety-Critical Applications") without an Atmel officer's specific written consent. Safety-Critical Applications include, without limitation, life support devices and systems, equipment or systems for the operation of nuclear facilities and weapons systems. Atmel products are not designed nor intended for use in military or aerospace applications or environments unless specifically designated by Atmel as military-grade. Atmel products are not designed nor intended for use in automotive applications unless specifically designated by Atmel as automotive-grade.