```
namespace App5
{
   public partial class Form1 : Form
   {
      public Form1()
      {
            InitializeComponent();
            string Host = Dns.GetHostName();
            string IP = Dns.GetHostByName(Host).AddressList[0].ToString();
            textBox1.Text = IP;
            textBox2.Text = Host;
        }
    }
}
```

ваш ір 103.137.248.30 ваш host DESKTOP-J6SU8MI