



Diogo Silva

Date of birth: 01/02/1999

Nationality: Portuguese

CONTACT

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WORK EXPERIENCE

- **Call Center** Man Power
15/11/2021 – 19/11/2021 Fundão, Portugal
- **Shop assistant** Sonae
- **Fitness instructor** Holmes Place
Estagio Curricular
- **Fitness instructor** Solinca
- **Fitness instructor** Fit222

EDUCATION AND TRAINING

- Valadares, Portugal
- **12º ano de escolaridade- Curso de Ciências e Tecnologias** Escola Secundaria Doutor Joaquim Gomes Ferreira Alves
Level in EQF EQF level 3
17/10/2018 – 16/09/2021
- **Degree Sport, Physical Condition and Wellbeing** Instituto Politécnico da Maia
- **CURRENT**
- **Masters Sports Management** FADEUP

LANGUAGE SKILLS

MOTHER TONGUE(S): Português

Other language(s):

Inglês

- | | |
|--------------|-----------------------|
| Listening C1 | Spoken production B1 |
| Reading C1 | Spoken interaction B1 |
| Writing B1 | |

Espanhol

- | | |
|--------------|-----------------------|
| Listening A1 | Spoken production A1 |
| Reading A1 | Spoken interaction A1 |
| Writing A1 | |

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

ORGANISATIONAL SKILLS

Organization skills

- Task planning skills and good organization and time management skills.

COMMUNICATION AND INTERPERSONAL SKILLS

Social and communication skills

- Good communication and argumentation skills
- Great ability to adapt to different people, situations and contexts.

COMPETÊNCIAS RELACIONADAS COM O TRABALHO

Job-related skills

- Good communication skills
- Good listener to provide assistance
- Good at working in groups