

# ÁLVARO ANDRÉS ARDILA VILLAMIZAR



PROFESSIONAL CARD FROM COLOMBIAN COLLEGE OF  
SPORT TRAINING COCED

## PROFILE

Persevering and passionate football coach with more than 13 years of international experience in Latin America, Asia and Europe, specialized in the development and the implementation of high-performance programs in Football Training and Sport Sciences from football grassroots, youth football to professional football level, empowering players and achieving their maximum levels in the comprehensive training and performance. Committed with his human, academic, highly adaptable training, willing to contribute and learn permanently with his demonstrated ability to lead teams to success in regional and international competitions.

## CONTACT

Date of born: Nov/05/1993  
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Colombia

## QUALIFICATIONS

### Universität Leipzig/ITK (Germany)

- Specialist in Football | 2024

### CONMEBOL / Argentine Football Association / Argentine Football Coaches Association / Football Coaches School 193 Rosario (Argentina)

- CONMEBOL Pro License Football Coach | 2023.

### University of Applied Sciences XAMK (Finland)

- Specialization in Digital Physical Well-being | 2023.

### Universidad Cooperativa de Colombia

- BSc. Physical Education, Recreation and Sports | 2013-2019

Member of Research Group for 4 years.

### Universidad de Concepción (Chile)

- Pedagogy in Physical Education | 2016-2017
- Scholarship from the Universidad Cooperativa de Colombia for academic merits

### The FA (England Football Association)

- Level 1 Football Coaching | 2022
- The FA Playmaker | 2021

### UEFA

- UEFA C License Candidate / The FA | 2025
- UEFA Football Coach ICoachKids | 2022

### FIFA

- Diploma in Football Medicine | 2019

### National Learning Service SENA

- Technologist in Football Technical Management | 2012 - 2014

## PROFESSIONAL EXPERIENCE

### F.C Lokomotive Leipzig (Germany) | 2024

Football Coach/Trainer

**Functions:** Second coach of the youth team coaches, managing all the requirements entrusted to me by the club's football coaches.

### Progres Sport (Belgium)

Football Coach | 2024

International Football Coach at Progress Sport in Lommel (Belgium)

### Real Madrid | 2023 - 2024

Football Coach

**Achievements:** Contribution to the development of youth football players at the academy. My first victory as a coach against a national football team.

### Real Santander F.C. Professional Football Club of Colombian Professional Football.

Football coach/ Technical Team Staff | 2023

### Brandsen Sports (France/Netherlands) | 2022

Tactical and Performance Analyst for Professional Football Players

### Member, International Speaker and Editor

Center for Multidisciplinary Research and Science Studies CIMEC (Chile). Member and speaker | 2021 - Actually .

Global Center Training Football Coaches COCED / International Sports Group / G11 Team San Luis (Argentina) / Sports Group Colombia / CEGLOF World Football Coaches Global Training Center (Argentina) / Ibero Red (Mexico) - Mexican Federation of Associations in Education and Physical Culture -

Universidad Pedagógica Nacional Francisco Morazan (Honduras) / Government of Celaya (Mexico) | 2022 / Universidad de Oriente de Santiago de Cuba (Cuba) / Grupo Bienestar (Ecuador) / I Grassroots Football Seminar and PDA. Vanstrahlen International Foundation / Postgraduate Master's Thesis Reviewer / Research data organizer in Sport Sciences applied to Football Sciences. PhD. D. Cohen (UK) / Horst Wein Article Translator (Germany). I translated Horst Wein literature / Academic Evaluator. Universidad Adventista de Chile. First International Symposium on Initiation to Research in Education (Chile).

### Universidad Manuela Beltrán | 2022

Instructor / Physical Education Teacher

### Departmental Institute of Recreation and Sports of Santander INDERSANTANDER | 2021

Sports Coordinator / Physical Education Instructor

### Club Campestre de Bucaramanga | 2021-2022

Gym Supervisor

### Universidad de Investigación y Desarrollo UDI / Instituto Universitario de la Paz UNIPAZ | 2021

Professor in Sport and Exercise Sciences

### The Next Generation Sports TNGS (Spain). | 2014-2019

Football Coach

### AC Milan Junior Camp Colombia (Italy). | 2015 - 2018

Football Coach

### C.D Huachipato (Chile). | 2017

Football Coach

### Universidad Industrial de Santander UIS. | 2014-2016

Football Coach

### ALSET/ Bolton Wanderers Football Club. Camps Colombia (UK) | 2012-2013

Football Coach

### Club Deportivo Galan. | 2011

Football Coach

## OBJECTIVE

Identify, design, develop, apply and evaluate the processes of training and high-performance football training through the preparation of Comprehensive football training applied to Sports Training Sciences as axiologically significant and transformative tools, in search of integral development. of the athlete and the footballer.

## FOOTBALL PROFILE

Trained in principles, values, and sports in disciplines such as Football, Volleyball, Cycling and Marathon. As a footballer, I was part of the following football teams:

### Alianza Petrolera Football Club (2011)

- Footballer. U17-U20 team and I trained several times with the professional team.

### Unidades Tecnológicas de Santander (2011)

- Footballer. Football Team Champion. Sports Technology Interfaculties Tournament

### Club Deportivo Galan (2007- 2010)

- Footballer. Outstanding Football Player Trophy of the year (2008) with a few months of loan to Club Juliao Arsenal FC in 2009.

## DRIVING LICENSE

B1 - C1

## PUBLICATIONS IN MAGAZINES AND BOOKS

- Association of the Neurocognitive Variable of Attention and Decision-Making in Football Grassroots Players U9 to U12 of Club Atlético Bucaramanga S.A. SSRN of Elsevier: [https://papers.ssrn.com/sol3/papers.cfm?abstract\\_id=4192126](https://papers.ssrn.com/sol3/papers.cfm?abstract_id=4192126)
- Publication of scientific article with code 20777 in the International Journal of Advance Research and Innovative Ideas in Education of India <https://ijariie.com/FormDetails.aspx?MenuScriptId=219657>
- "The Roads to Conquer" book created by Eric Simpson (United States) showing my biography. "Alvaro Andres Ardila Villamizar-Soccer Coach in Colombia"(Page 177 -181. Biography, <https://www.amazon.com/Roads-Conquer-Life-Professional-Sports/dp/1478272821>
- Undergraduate Research Publication :<https://repository.ucc.edu.co/handle/20.500.12494/13929>

## WEBSITES OF INTEREST

- <https://okdiario.com/diariomadridista/real-madrid/real-madrid-arabia-significa-evolucion-desarrollo-390686>
- <https://www.xamk.fi/en/study-at-xamk-blog/pulse-studies-motivated-me-to-implement-ideas-for-creation-of-my-own-company/>
- [https://papers.ssrn.com/sol3/papers.cfm?abstract\\_id=4192126](https://papers.ssrn.com/sol3/papers.cfm?abstract_id=4192126)
- <https://ijariie.com/FormDetails.aspx?MenuScriptId=219657>
- [https://scienti.minciencias.gov.co/cvnl/visualizador/generarCurriculoCv.do?cod\\_rh=0000017268](https://scienti.minciencias.gov.co/cvnl/visualizador/generarCurriculoCv.do?cod_rh=0000017268)
- <https://www.youtube.com/watch?v=jBqm4JF8ZhI&t=4s>
- <https://www.ucc.edu.co/bucaramanga/prensa/2016/Paginas/Nada-es-permanente,-sin-novamos-este-mundo-puede-ser-mucho-mejor.aspx>
- <https://www.ucc.edu.co/noticias/prensa/academia/Egresado-UCC-obtiene-beca-para-maestria-en-Reino-Unido>
- <http://educacion.udec.cl/alvaro-ardilla-estudiante-de-intercambio-ejemplo-de-constancia-y-pasion-por-el-futbol/>

## LANGUAGES



- Jamestown English Center. English level B2 approved by the British Council, IELTS and the Ministry of Education of Colombia. Level B1 | 2023-2024. Currently in progress

## ACHIEVEMENTS AND HONORS

- **Scholarship granted by COLFUTURO Colombia** for postgraduate studies in MSc. in UK (2023-2025).
- **Scholarship from the German Ministry of Foreign Affairs, the University of Leipzig and the German Embassy** for sporting and professional merits for Specialization studies in Soccer Training
- **Passport scholarship** granted by the Universidad Cooperativa de Colombia for undergraduate studies in Pedagogy in Physical Education at Universidad de Concepción of Chile (2016-2017).
- **Award for sporting merit, training and humanism.** Human Future Foundation / Kolibry Humanist Park. Barrancabermeja (2019).
- **Change the World Scholarship / Assoziacione Diplomatici of the United Nations UN** as a value for merit and support for being a brilliant student, to participate and confront world issues through sport as a means of transformation and peace in New York (USA).

## COMPLEMENTARY COURSES

- **CONMEBOL.** Physical Preparation and Calendar in Professional Football | 2022
- **AFOPRO (Football Professionals Training Academy)** Master of Tactical Analyst and Scouting of rivals | 2022
- **Scottish FA (Scotland)** Mental Health in Scottish Football | 2022 Children's Wellbeing in Scottish Football | 2017
- **Finland Football Association** The operation and management of the board of the club in the Northern Finland district of the Finnish Football Federation | 2022
- **Coerver Coaching (Netherlands)** Coerver Coaching's Youth Diploma 1 Level 1 Football Performance Analyst **Professional Football Scout Association PFSA (UK).** Level 1 Football Performance Analyst **American College of Sports Medicine (USA).** FSM: A Common Sense Approach to Correcting Movement. | 2023
- **Human Kinetics (USA).** Coaching Youth Soccer. | 2023
- **Oceania Football Confederation.** Motivation in Football |2022
- **Universidad del Bio Bio (Chile)** The Importance of Academic Writing for publications and its different categories | 2021
- **Edutin Academy (USA)** Police, Military and Martial Arts Personal Defense Techniques | 2023
- **The Open University / The FA (UK)** Coaching others to coach | 2020
- **Norges Idrettsforbund (Norway)** Biomechanics and strength training technique (Biomekanikk og styrketreningsteknikk) | 2020
- **International Football for Fiendship Coaches Academy / Gazprom (Russia)** Nine Values of the work of a Young Footballers| 2021
- **SoccerHub / AEFCA (USA)** How to work the individual technique in Soccer? | 2021
- **British Medicine Journal (UK)** ECG Interpretation in Athletes: Identify your Learning needs | 2019
- **Latin American Researchers Network** Philosophical and Methodological Foundations of Quali and Quantitative Paradigms | 2021
- **TNGS / Universitat Politècnica de Valencia (Spain)** Different Methodological Perspectives of Football Training | 2017
- **SoccerDrills.de (Germany)** Advanced course for youth Football coaches (Aufbaukurs für Jugendfußballtrainer) | 2018
- **St. John Ambulance (Australia)** St. John Ambulance Click to Save First Aid Course | 2018
- **International Olympic Committee COI** Exercise Physiology | 2017
- **FUNINO (Germany / Spain) | 2013** Expo Sports International Football Seminar for all. Universidad Cooperativa de Colombia.