



EDOARDO BALZANI

Sport physiotherapist



PROFESSIONAL EXPERIENCE

- 2022 - *Current*: **Head physiotherapist & coordinator** of rehabilitation service for the **Chinese Wrestling Olympic Team**. Beijing, **China**
- 2018 – 2022: Sport physiotherapist as private practitioner. Paris, **France**.
- 2016-2018: Personal physiotherapist for Filippo Pittarello, former professional Italian Judoka - FIJLKAM.
- 2016-2017: Physiotherapist for Forlì FC (Lega Pro B) Forlì, **Italy**.
- 2015: Internship. Physiotherapist for UCAM Basketball (1st Spanish Basketball Division, Liga ACB). Murcia, **Spain**.

EDUCATION

Major certifications:

- EXOS Performance Specialist Certification. (Online)
- Strength & Conditioning coach** – Expertise Performance Center «Cometti», University of Bourgogne, France.
- Sport Injuries & Manual therapy Diploma - Kinesport, Paris
- University of Physiotherapy** - Universidad Catolica San Antonio, Spain. **Graduated with honors**.

Others certifications:

- The shoulder – Jo Gibson. (Online)
- McKenzie Method Lvl. A - McKenzie Institut, Bordeaux
- Top Shoulders - Frédéric Srou - ITMP, Paris
- BFR (Blood Flow Restriction) - Paris
- Micro Nutrition - Kineformation, Paris

RESEARCH

- 2017 – **Author** "Effectiveness of therapeutic exercises in patients with breast cancer undergoing chemotherapy. A systematic review". Balzani E, Martinez-Fuentes J. Cuest. Fisioter-2017
- 2016 – **Speaker** at Qualevitae: 1º International Congress on life quality in Spain.
- 2016 – **Researcher** for «Orthopedic evaluation on dance. A 10 years longitudinal study.» By Pr. Dr. Francisco Esparza Ros.

CONTACT



ebalzanipt@gmail.com



+86 13260065431



21.10.1992



[Edoardo Balzani \(Link\)](#)

KEY SKILLS

- Team management
- Body mechanics
- Knee rehabilitation

WRESTLING PALMARES

- World Champion 2023**
Zhang Qi (59Kg)
- Asian Champion 2023**
Pang Qianyu (55Kg);
Long Jia (65Kg)
Zhou Feng (68Kg)

LANGUAGES



Italian : Native



English : Fluent C2



Spanish : Fluent C2



French : Fluent C2



Portuguese : Advanced B2



Chinese : Intermediate B1

INTERESTS



Travelling



Reading



Surf, diving



Cooking