

Alejandro Vela Esteban

Physiotherapist



I am a physiotherapist passionate about continuous learning and professional development. I focus on improving my skills to provide the best possible treatment to my patients.

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Work Experience

Physiotherapy Intern
Hospital Clínico San Carlos – Sep 2022 to Jan 2023

Physiotherapy Intern
Hospital Infanta Cristina – Jan 2024 to May 2024

Physiotherapy Intern
Centro de Salud Vicente Soldevilla – Oct 2023 to Nov 2023

Physiotherapy Intern
San Martino Hospital, Genoa (Italy) – Apr 2023 to May 2023

Physiotherapist
Corporación Fisiogestión – Jul 2024 to Present

Internship Tutor
CEU San Pablo University – May 2025
Tutor for 2nd-year Physiotherapy students.

Education

Bachelor's Degree in Physiotherapy
Complutense University of Madrid – Sep 2020 to Jun 2024

Expert in Sports Physiotherapy
Complutense University of Madrid – Oct 2024 to Jul 2025

Temporomandibular Joint Disorders (TMJ) Assessment and Treatment
Corporación Fisiogestión – Oct 2024

International Seminar on Knee, Ankle and Foot Injuries in Footballers
Complutense University of Madrid – May 2025

Sports Rehabilitation and Strength Recovery in Knee Injuries
Premium Innova Learning and Science – Jul 2025

Languages

French: A2 – Basic

Italian: B2 – Upper-Intermediate

English: C1 – Advanced

Skills

Physiotherapy Rehabilitation

Sports Physiotherapy

Achievements

Winner of IX Health Hackathon

First prize (Project Kina) in the Seed category of the challenge by the Professional College of Physiotherapists of the Community of Madrid.

Finalist – Becas Europa XV Program

Finalist in the 15th edition of the Becas Europa program (Francisco de Vitoria University & Banco Santander).

Erasmus+ Student in Genoa (Italy)

6-month stay for study and internship at the Università degli Studi di Genova.