

# Alejandro Vela Esteban

## Physiotherapist



I am a physiotherapist passionate about continuous learning and professional development. I focus on improving my skills to provide the best possible treatment to my patients.

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### Work Experience

Physiotherapy Intern  
Hospital Clínico San Carlos – Sep 2022 to Jan 2023

Physiotherapy Intern  
Hospital Infanta Cristina – Jan 2024 to May 2024

Physiotherapy Intern  
Centro de Salud Vicente Soldevilla – Oct 2023 to Nov 2023

Physiotherapy Intern  
San Martino Hospital, Genoa (Italy) – Apr 2023 to May 2023

Physiotherapist  
Corporación Fisiogestión – Jul 2024 to Present

Internship Tutor  
CEU San Pablo University – May 2025  
Tutor for 2nd-year Physiotherapy students.

## **Education**

Bachelor's Degree in Physiotherapy  
Complutense University of Madrid – Sep 2020 to Jun 2024

Expert in Sports Physiotherapy  
Complutense University of Madrid – Oct 2024 to Jul 2025

Temporomandibular Joint Disorders (TMJ) Assessment and Treatment  
Corporación Fisiogestión – Oct 2024

International Seminar on Knee, Ankle and Foot Injuries in Footballers  
Complutense University of Madrid – May 2025

Sports Rehabilitation and Strength Recovery in Knee Injuries  
Premium Innova Learning and Science – Jul 2025

## **Languages**

French: A2 – Basic

Italian: B2 – Upper-Intermediate

English: C1 – Advanced

## **Skills**

Physiotherapy Rehabilitation

Sports Physiotherapy

## **Achievements**

### **Winner of IX Health Hackathon**

First prize (Project Kina) in the Seed category of the challenge by the Professional College of Physiotherapists of the Community of Madrid.

### **Finalist – Becas Europa XV Program**

Finalist in the 15th edition of the Becas Europa program (Francisco de Vitoria University & Banco Santander).

### **Erasmus+ Student in Genoa (Italy)**

6-month stay for study and internship at the Università degli Studi di Genova.