

Dr. Daniel Vaughan

BM, BS, MRCGP, MFSEM (UK), PGDipSEM (Distinction), PGCMedUS (Distinction)

Personal Details

EMAIL:
danielvaughan@doctors.org.uk

GMC:
7041833

Education:
Colston's Collegiate, Bristol (2002)
University of Exeter (2009)

MEMBERSHIPS

Professional Body	Date Awarded
Member Faculty of Sport & Exercise Medicine, UK	January 2025
British Association of Sport and Exercise Medicine	December 2019
Member Faculty of Sport & Exercise Medicine, Ireland	December 2018
Royal College of General Practitioners	July 2015

Academic Qualifications

Date awarded	Qualification title	Awarding Body
July 2009	Bachelor of Medicine	Peninsula College of Medicine & Dentistry
July 2009	Bachelor of Surgery	Peninsula College of Medicine & Dentistry
July 2015	Member Royal College General Practitioners	Royal College of General Practitioners
September 2017	Post-graduate Diploma Sport & Exercise Medicine (Distinction)	University of South Wales
December 2018	Member Faculty Sport and Exercise Medicine	Royal College of Surgeons, Ireland

October 2019	Post-graduate Certificate Medical Ultrasound (Distinction)	University West of England
June 2024	Faculty of Sport & Exercise Medicine Part 2 exam attainment	Faculty of Sport and Exercise Medicine/Royal College of Surgeons Edinburgh

EMPLOYMENT

Research Fellow/Associate Specialist in Sport and Exercise Medicine 01/07/2025 to 01/11/2025

Aneurin Bevan University Health Board

- Attachment to orthopaedic research lead for designated MSK research

Head Sports Physician Welsh Rugby Union 01/06/2025 to 31/07/2025

- Summer tour to Japan
- Sports Medicine lead for Men's Senior rugby & travel governance
- Ongoing Match Day Doctor for home Test matches
- Ongoing member of National WRU CPD committee

Chief Medical Officer Glamorgan Cricket and Welsh Fire: Men's and Women's Senior Teams and Academy Pathways 14/03/2023 to present

Domestic ECB Cricket and THE HUNDRED tournament

- Clinical, governance and strategic lead for science & medicine across men's, women's and pathway cricket

Head Sports Physician Cardiff Rugby (Cardiff Blues) 01/07/2020 to present

United Rugby Championship and European Cup Rugby

- Clinical, governance and strategic lead for Science & Medicine across senior men's, academy and disability rugby

Clinical Director Pro Sports Medicine 06/01/2020 to present

Large independent sports medicine facility with 25 clinical staff

- Clinical and governance director
- MDT chair
- Complaints and concerns lead
- Clinical mentor in MSK ultrasound and injection therapies for postgraduate trainees

Honorary Visiting Consultant – Musculoskeletal Ultrasound 08/01/2019 to 01/07/2019

University Hospital Wales, Radiology Department

- MSK ultrasound caseloads

Head Sports Physician Newport County AFC 01/08/2018 to present

English Football League 2

- Medical and managerial oversight of science & medicine department for men's first team and academy pathway

Medical Officer British Boxing Board of Control 01/03/2018 to present

Governing Body of Professional British Boxing

- Medical risk assessor for boxing licensing
- Immediate care provider to athletes at boxing events

GP Management Partner with extended role in MSK, Sport & Exercise Medicine 01/08/2015 to 2026

Large NHS facility with 50+ clinical and non-clinical staff

- Educational Supervisor to specialist trainees for Wales Deanery
 - Safeguarding, IT, Caldicot Guardian, Finance lead
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Recent Research & Audit

Date	Project	Location
February 2026	Medium-Term Real-World Outcomes and Safety of Intra-Articular Polyacrylamide Hydrogel Injection for Knee Osteoarthritis in Athletic and High-Demand Patients	Aneurin Bevan University Health Board/Pro Sports Medicine
February 2026	PRP vs Combined PRP and HA: A Prospective Cohort Study of Early Post Traumatic OA	Aneurin Bevan University Health Board
January 2025	WRU Tendon Project – Delphi Consensus	Welsh Rugby Union
October 2025	Assessment of Discharge Summary Quality from Trauma Theatre	Aneurin Bevan University Health Board
August 2025	Investigation of bone Metastasis or Metastases from unknown primary	Aneurin Bevan University Health Board
June 2025	Physical Activity in Pre-diabetes	Pro Sports Medicine
January 2025	Isometric strength and reduction of calf complex injury in professional rugby	Welsh Rugby Union
May 2024	Optimising referrals to secondary care for hip OA	Cardiff & Vale Health Board
July 2024	Ultrasound elastography of the Achilles tendon – is it ready for daily practice?	Cardiff Rugby
December 2023	Rugby's artificial playing surfaces – a new contributor to injury?	Welsh Rugby Union
June 2023	A critical review of Vitamin D in Sports medicine	Glamorgan Cricket
March 2023	Ankle instability in professional sport	Pro Sports Medicine

February 2022	Do trauma spinal patients have clearly documented neurological examinations?	Cardiff Rugby
August 2021	Implementation of cervical spine clearance guidelines in rugby	Welsh Rugby Union

Recent Presentations

Date	Title	Venue
February 2026	The WRU Tendon Project	WRU/National
October 2025	Concussion – Where are we now?	WRU/National
January 2025	Relative Energy Deficiency Syndrome	Cricket Wales/ National
December 2024	Appropriate monitoring of non-valvular atrial fibrillation	Wales Deanery/Regional
May 2024	Ankle Instability in athletes	Pro Sports Medicine/Regional
December 2024	Injectable adjuncts in MSK medicine	Pro Sports Medicine/Regional
August 2023	Exercise is medicine	Wales Deanery/Regional
April 2023	Hypertension and aerobic exercise	Wales Deanery/Regional

Recent Certifications

Date	Title
October 2025	Advanced Life Support (Resuscitation Council UK)
September 2025	Immediate Care in Rugby Level 3 (Rugby Football Union)
July 2025	Handling Complaints (Medical & Dental Defence Union Scotland)

July 2025	Moving Medicine (Faculty of Sport & Exercise Medicine)
March 2025	Mental Capacity Act (NHS England)
March 2025	Management and Leadership Skills (NHS England)
September 2024	Concussion Management for Matchday Medical Staff Using HIA Protocol (World Rugby)
September 2024	Safeguarding Level 3 (NHS England)
September 2024	Mindset for Team Doctors (World Rugby Mental Health)
August 2024	Medical Protocols for Matchday Medical Staff (World Rugby)
May 2024	Information, Governance, Records Management, Cyber Security (NHS Wales)
March 2024	Medical Professionals Education Programme (WADA)
March 2024	Minor Surgery Course (RCGP)
March 2024	Introduction to clean sport – Modules 1-6 (UKAD)
March 2024	Equality and Diversity (NHS England)
November 2023	Chronic Heart Failure in Adults (PrescQIPP)
July 2022	Concussion for Elite Level Matchday Medical Staff (World Rugby)

EXTRA-MEDICAL ACHIEVEMENTS

- Welsh Schools & Welsh Colleges Rugby Union representative
- Cricket Wales & West of England U18 representative
- Exeter Chiefs RFC
- President of The Centurions Charitable Club

References available on request