



## GABRIELE BAGATTINI

## Strength & Conditioning Coach

### Professional Summary

Collaborating with coaches who have diverse experiences in Italy, Switzerland, Spain, France, and Germany has enriched my ability to adapt training designs effectively and flexibly, always putting players and the team at the center of my work. My diverse educational background spanning Italy, France, Switzerland, Spain, and Northern Ireland has equipped me with a deep understanding and broad perspective, allowing me to identify problems, find solutions, and adapt seamlessly to different environments.

I excel at designing tailored plans to meet the unique needs of individual athletes, helping them achieve peak performance, prepare for higher-level competition, and extend their career longevity. A positive and approachable team player, I thrive as part of a group, fostering collaboration among fitness, physiotherapy, medical, and coaching staff to ensure a holistic approach to athlete development.

With strong organizational skills, I simplify complex activities and create effective solutions while maintaining a positive and supportive environment.

### Personal Information

Date of birth 21/06/1986  
Nationality Italian  
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### Language

Italian:  native language  
English:  intermediate (B2)  
French:  intermediate (B2)  
Spanish:  intermediate (B2)








### Knowledge

Technologies and tests: **VALD**, **KEISER**,  
**MICROGATE**, Velocity-Based Training,  
Flywheel Machine.  
GPS devices: **STATSports**, **gpex**.  
Data Analytics:  Excel,  Tableau,  
 Power BI.

### Passion

Psychology and neuroscience

### Certification

 currently UEFA B (IFA)  
 Athletic Trainer Level 3 (SFV, Switzerland)  
 Professional Football License for Strength  
and Conditioning Coaching (FIGC, Italy)  
 EXOS Absolute Speed certificate  
 Judo black belt, DAN III  
 Swimming instructor (FIN, Italy)  
 Tennis physical trainer certificate

### Work Experience

#### 2023 | 2025

Neuchâtel Xamax FC | Neuchâtel

- Head of Performance (First Team & Academy)

Player Development Achievements: *Franck Surdez transferred to KAA Gent*

*Zachary Athekame transferred to BSC Young Boys*

#### 2021 | 2023

FC Luzern | Luzern | EUROPA CONFERENCE LEAGUE-Q3

- Strength & Conditioning Coach (First Team)

Player Development Achievements: *Filip Ugrinic transferred to BSC Young Boys*

*Ardon Jashari transferred to Club Bruges*

#### 2021 | 2021

TEAM VAUD-Football Club Lausanne Sport | Lausanne

- Head of Performance (Academy)

#### 2020 | 2021

Swiss Football Association

- Strength & Conditioning Coach (National Team Under 19)

#### 2019 | 2020

Football Club Lugano | Lugano | EUROPA LEAGUE – GROUP STAGE

- Strength & Conditioning Coach (First Team)

Player Development Achievements: *Domen Crnigoj transferred to Venezia*

*Sandi Lovrić transferred to Udinese*

#### 2016 | 2018

Football Club Lausanne Sport | Lausanne

- Strength & Conditioning and Sports Rehabilitation Coach (First Team)
- Head of Performance (Academy)

Player Development Achievements: *Jordan Lotomba BSC Young Boys*

*Dan Ndoye transferred to OGC Nice*

#### 2013 | 2016

Freelance

- Physiotherapist, Strength & Conditioning Coach, Fitness and Rehabilitation Coach

#### 2010 | 2016

Italian Serie D & Italian Professional Youth Teams (CHAMPIONS season 2014/2015) | Italy

- Strength & Conditioning Coach, Fitness and Rehabilitation Coach

#### 2009 | 2016

Tennis: Professional and Amateur Athletes | Italy

- Strength & Conditioning Coach, Fitness and Rehabilitation Coach

#### 2010 | 2011

Isokinetic | Torino

Fitness and Rehabilitation Coach



### Education and Training

Currently | **PhD in Physical Activity and Sports Sciences (Universidad Pablo de Olavide, Sevilla, Spain)**

- PhD Student

**2013 | Healthcare, Masseur and Physiotherapist (Istituto Enrico Fermi, Perugia, Italy) (law 403/71)**

- Masseur and physiotherapist

**2012 | Master Degree in Sport Science and Technology (Università degli Studi di Torino, Torino, Italy)**

- MSc Sport Science and Technology

**2012 | Diplôme Universitaire Européen de Préparation Physique en Sport Collectif, Tennis et Ski Alpi (Université Claude Bernarde, Lyon, France)**

- European certificate of physical trainer (First level master)