



## Personal information

Name / Surname

**Franco Maurizio Bidoglio**

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Nationality

Italian

Date of birth

26/01/1985

Sex

Male

## Professional sector

**Sports and Exercise Medicine Physician  
Sports Trauma and Rehabilitation Physician**

## Working experience

### Date

**Decembre 2022 – present day**

Job or position covered

Sports Medicine Physician – Sports Trauma and Rehabilitation

Main tasks and responsibilities

Sports Trauma, Sports Rehabilitation, Sports and Exercise Medicine

Type of work or sector

CENTRO DELLO SPORT, Swiss Olympic - CLINICA ARS MEDICA - Via Cantonale 38, 6828 Manno (Switzerland)

### Date

**September 2023 – present day**

Job or position covered

Sports and Exercise Medicine Physician

Main tasks and responsibilities

Sports and Exercise Medicine, Elite Athlete Screening,

Type of work or sector

MAPEI SPORT SERVICE and RESEARCH CENTER - US SASSUOLO Calcio Medical and Performance Partner - Via Busto Fagnano, 38, 21057 Olgiate Olona (Italy)

### Date

**January 2023 – present day**

Job or position covered

Sports and Exercise Medicine Physician – Sports Trauma and Rehabilitation

Main tasks and responsibilities

Sports and Exercise Medicine, Team Doctor

Type of work or sector

FC LUGANO, Suisse Super League, UEFA Conference League, UEFA Champions League – Via Pioda 14, 6900 Lugano (Switzerland)

### Date

**September 2023 – present day**

Job or position covered

Sports and Exercise Medicine Physician – Sports Trauma and Rehabilitation

Main tasks and responsibilities

Medical Coordinator, Sports and Exercise Medicine

Type of work or sector

TEAM TICINO Football Club Elite Youth Sector – Via Campagna 2\1, 6512 Giubiasco (Switzerland)

### Date

**June 2023 – present day**

Job or position covered	Sports and Exercise Medicine Physician – Sports Trauma and Rehabilitation
Main tasks and responsibilities	Sports Medicine, Team Doctor and Consultant
Type of work or sector	HOCKEY CLUB LUGANO, National League, Swiss Hockey League – Via Maraini 15/A, 6963 Pregassona (Switzerland)
<b>Date</b>	<b>January 2023 – present day</b>
Job or position covered	Professor - Bachelor of Science in Physiotherapy
Main tasks and responsibilities	Sports Trauma and Rehabilitation
Type of work or sector	CAMPUS LUDES UNIVERSITY – Via dei Faggi 6/A, 6912 Lugano (Switzerland)
<b>Date</b>	<b>February 2022 – June 2022</b>
Job or position covered	Visiting Doctor
Main tasks and responsibilities	Sports Medicine and Rehabilitation
Type of work or sector	ISOKINETIC Medical Group – FIFA Medical Centre of Excellence – Via Vivaio 22, 20122 Milan (Italy) – Via Casteldebole 8/10, 40132 Bologna (Italy)
<b>Date</b>	<b>2021</b>
Job or position covered	Medical Assistant – Medical Internship
Main tasks and responsibilities	Data Analysis – Thesis Project
Type of work or sector	PARIS SAINT-GERMAIN Football Club 1 <sup>st</sup> team, 53 Av. Emile Zola, 92000 Boulogne-Billancourt (France)
Reference	Dott. Cristiano Eirale
<b>Date</b>	<b>2019</b>
Job or position covered	Medical Assistant – Medical Internship
Main tasks and responsibilities	Athlete Screening, Rehabilitation, Radiology and Sport Science
Type of work or sector	ASPETAR Orthopaedic and Sport Medicine Hospital – FIFA Medical Centre of Excellence – Doha (Qatar)
<b>Date</b>	<b>2017 - 2021</b>
Job or position covered	Resident in Sports and Exercise Medicine
Main tasks and responsibilities	Sport Medicine, Sports Cardiology, Internal Medicine, Rehabilitation, Radiology, Sports Trauma
Type of work or sector	University of Pavia – San Matteo Hospital – Residency in Sport and Exercise Medicine (Italy)
Reference	Prof. Maria Antonietta Pellegrino – Prof. Roberto Bottinelli
<b>Date</b>	<b>2017 – present day</b>
Job or position covered	Medical Consultant
Main tasks and responsibilities	Athlete Screening, Sports Medicine, Functional Evaluation, Sports Traumatology and Rehabilitation
Type of work or sector	Italian National Olympic Committee (CONI) and Union Cycliste Internationale (UCI)
<b>Date</b>	<b>2019 – 2021</b>
Job or position covered	Medical Consultant and Team Doctor
Main tasks and responsibilities	Medical care for youth teams and first team AURORA PRO PATRIA 1919 – FIGC, Championship Serie C
Type of work or sector	AURORA PRO PATRIA 1919, via Cà Bianca 42 21052 Busto Arsizio (Italy)
<b>Date</b>	<b>2014 – 2017</b>
Job or position covered	Medical Assistant
Main tasks and responsibilities	Tissue bioengineering and arthroplasty techniques efficacy assessment for cartilage and bone injury, orthopaedic
Place	Insubria di Varese University (Italy)
Reference	Prof. Mario Ronga

<b>Date</b>	<b>2012 – 2016</b>
Job or position covered	Medical Assistant - Orthopaedic and Traumatology Institute, Circolo Fondazione Macchi Varese Hospital, Insubria di Varese University (Italy)
Main tasks and responsibilities	Assistance in outpatient, in-patient and operating room activities Research activities regarding clinical reassessment and new medical-surgical therapies Management and organisation of students in medical training
Reference	Director Prof. Paolo Cherubino
<b>Date</b>	<b>2011</b>
Job or position covered	Medical Assistant at Filippo del Ponte Fondazione Macchi Varese, Insubria di Varese University Paediatric Institute (Italy)
Main tasks and responsibilities	Assistance in outpatient and in-patient management activities
Reference	Director Prof. Luigi Nespoli
<b>Date</b>	<b>2011</b>
Job or position covered	Medical Assistant at the Circolo Fondazione Macchi Varese Hospital Institute of Internal Medicine, Insubria di Varese University (Italy)
Main tasks and responsibilities	Assistance in Outpatient and in-patient management
Reference	Director Prof. Annamaria Grandi
<b>Date</b>	<b>2010</b>
Job or position covered	Medical Assistant at the General Surgery Institute – Thoracic specialisation at the Circolo Fondazione Macchi Varese Hospital, Insubria di Varese University (Italy)
Main tasks and responsibilities	Assistance in Outpatient, in-patient and operating room activities
Reference	General Surgery Director Prof. Renzo Dionigi
<b>Education</b>	
<b>Date</b>	<b>2022 - 2023</b>
Title of qualification awarded	Master Degree in Orthopedics and Sports Traumatology
Content	Training in Orthopedics and Sports Traumatology
Place	University of Bologna – Humanitas University of Milan – University of Modena and Reggio Emilia (Italy)
Reference	Prof. Stefano Zaffagnini – Prof. Maurilio Marcacci – Prof. Fabio Catani
<b>Date</b>	<b>2017- 2021</b>
Title of qualification awarded	Sports and Exercise Medicine Physician (marks: 50/50 cum laude) - experimental thesis on: "Hamstring injuries in football players: correlation between MRI findings and return to play" – Supervisor Prof. Maria Antonietta Pellegrino; Co-supervisor Dott. Cristiano Eirale
Institute	University of Pavia (Italy)
<b>Date</b>	<b>25 October 2016</b>
Title of qualification awarded	Degree in Medicine (marks: 109 / 110) with degree experimental thesis on: "Implantation of autologous cultured chondrocytes on collagen membrane (MACI): long-term clinical prospects and imaging study" – Supervisor Prof. Paolo Cherubino; Co-supervisor Prof. Mario Ronga
Institute	Insubria University, Varese (Italy)

<b>Date</b>	<b>2024</b>
Course title	Ultrasound intra-articular guided injections
Content	Advanced training in ultrasound guided injections
Place	J-Medical Center – Turin (Italy)
Reference	Dott. Luca Stefanini
<b>Date</b>	<b>2023</b>
Course title	Cardiopulmonary Exercise Test (CPET)
Content	Advanced Training in CPET
Place	University of Milan – Centro Cardiologico Monzino – Milano (Italy)
Reference	Prof. Piergiuseppe Agostoni
<b>Date</b>	<b>2023</b>
Course title	Electrolysis Percutanea US-guided
Content	Intensive Training in Treatment of Tendinopathy
Place	J-Medical Center – Turin (Italy)
Reference	Dott. Luca Stefanini
<b>Date</b>	<b>2022 – 2024</b>
Course title	Cardiopulmonary Resuscitation
Content	BLSD/PBLSD – Cardio-pulmonary resuscitation and emergency defibrillation in adults and paediatric patients
Place	IRC – ERC – ILCOR, Milan (Italy)
<b>Date</b>	<b>2021</b>
Course title	Advanced Training in Musculo – Skeletal Ultrasound
Content	Musculo – Skeletal Pathology
Place	SIUMB c/o Ospedale Maggiore, Bologna (Italy)
Reference	Dott. Stefano Galletti
<b>Date</b>	<b>May 2017</b>
Course title	Basic course in Aviation and Space Medicine
Content	Training as Aeromedical Examiner (AME)
Place	Aviation and Space Medicine Training Institute, Viale Piero Gobetti 2, 00185 Rome (Italy)
Reference	ENAC – Italian Air Force
<b>Date</b>	<b>24 August 2022</b>
Title of qualification awarded	Registration on Mebeko under GLN 760100156925 (Switzerland)
<b>Date</b>	<b>7 March 2017</b>
Title of qualification awarded	Registration on the Province of Varese Board of Physicians and Surgeons under no. 7715 (Italy)
<b>Date</b>	<b>15 February 2017</b>
Title of qualification awarded	License to practise medicine; II session, academic year 2016 (Italy)

**Participation in major Sports  
Medicine sector-related conventions**

- “Management and treatment of chronic pain in orthopaedics ” - Insubria University, Varese, 2012 (Italy)
- “Diagnosis and treatment of cartilaginous and meniscal lesions in young and old people: comparison between imaging and arthroscopy” – Masterclass SIGASCOT, Varese, 2012 (Italy)
- “Theoretical-practical course, femoral-rotular from instability to prosthesis” – Gaetano Pini Orthopaedics Institute, Milan, 2012 (Italy)
- “Infection in orthopaedics and traumatology” – Insubria University, Varese, 2013 (Italy)
- “Diagnosis, treatment and assessment of cartilaginous and meniscal lesions: comparison between imaging and arthroscopy” –SIGASCOT masterclass, Varese, 2015 (Italy)
- “XXXV national congress of the Italian Federation of Sports Medicine” - Rome, 2016 (Italy)
- “Ortho-Spritz: Chondral Lesions. What treatment in young athletes and in the patello-femoral joint” – SIGASCOT, Bergamo, 2017 (Italy)
- “Ortho-Spritz: Cell therapy in Orthopaedics” – SIGASCOT, Verona, 2017 (Italy)
- “Diagnostic pathways of the athlete with heart disease: news of Cocos 2017” – Director of the course: Domenico Corrado – Legnaro 2018 (Italy)
- “The Cardio Pulmonary Exercise Testing (CPET) in cardiology and pneumology” – Mestre, 2018 (Italy)
- “News in Sport Cardioarrhythmology: Athlete's risk profiles” – Director of the course: Domenico Corrado – Legnaro 2018 (Italy)
- “International combined meeting ESSKA ESMA & SIGASCOT Masterclass in sports trauma. Traumatic lesions in professional soccer players: new horizons and orientations” – Genova, 2018 (Italy)
- “XXXVI national congress of the Italian Federation of Sports Medicine” - Rome, 2019 (Italy)
- ISOKINETIC CONFERENCE – “Football Medicine meets the universe of sports” – London, 2019 (UK)
- ISOKINETIC CONFERENCE - “Football Medicine, the players' voice” – Lyon, 2022 (France)
- ISOKINETIC CONFERENCE – “Football Medicine, the pursuit of excellence” – London, 2023 (UK)
- 4° Inter Medical Meeting – FC Internazionale Milan, 2023 (Italy)
- ISOKINETIC CONFERENCE – “Football Medicine, bridging science and practice” – Madrid, 2024 (Spain)

**Personal skills**

**Native language**

Italian

**Other languages**

English, German, French

**Self-assessment**

Reading skills	Writing skills	Verbal skills
excellent	excellent	excellent

**English**

<b>German</b>	good	basic	basic
<b>French</b>	basic	basic	basic
<b>Social skills</b>	Management of relationships in complex and critical situations, developed through professional activities in numerous hospital departments, sports events and courses		
<b>Technical skills</b>	Inpatient, outpatient and sports events management developed through training in numerous hospital departments and the practise of the profession. Performance evaluation in athletes (field tests, lactate tests, cardiopulmonary exercise testing). Cardiorespiratory fitness evaluation in oncological patients. Sports trauma management. Rehabilitation protocol		
<b>IT skills</b>	ECDL license awarded by the L.Bocconi University (Italy)		
<b>Driving license</b>	A e B		

## REFERENCES

- Dr. Med Franco Combi  
Sports Medicine Physician – Rehabilitation Medicine  
Head Doctor of FC Internazionale Milan (2000-2014) – Serie A (Italy)  
Head Doctor of US Sassuolo Calcio (2015-2019) – Serie A (Italy)  
Mapei Research Center, Olgiate Olona (Italy)  
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- Dr. Med Peter Jenoure  
Sports Medicine Physician  
Centro dello Sport, Clinica Ars Medica – Manno (Switzerland)  
Medical Commission Swiss Football Association (ASF)  
[peter.jenoure@bluewin.ch](mailto:peter.jenoure@bluewin.ch)
- Dr. Med Cristiano Eirale  
Sports Medicine Physician  
Paris Saint-Germain Football Club - 92000 Boulogne-Billancourt (France)  
Aspetar Orthopaedic and Sport Medicine Hospital, Doha (Qatar)  
[cristiano.eirale@aspetar.com](mailto:cristiano.eirale@aspetar.com)
- Dr. Med Carmine Stefano Poerio  
Sports Medicine Physician  
Head Doctor of Atalanta Bergamasca Calcio (2021 – present day) – Serie A (Italy)  
[carmine.poerio@gmail.com](mailto:carmine.poerio@gmail.com)
- Dr. Med Daniele Zaccaria  
Sports Medicine Physician  
Head Doctor of Bahrain Victorious – UCI World Tour  
[pazienti.zaccaria@gmail.com](mailto:pazienti.zaccaria@gmail.com)
- Dr. Med Stephen Targett  
Sports Medicine Physician & SMD Education Coordinator  
Aspetar Orthopaedic and Sport Medicine Hospital, Doha (Qatar)  
[stephen.targett@aspetar.com](mailto:stephen.targett@aspetar.com)
- Prof. Roberto Bottinelli  
Full Professor of Human Physiology - Director of the School of Specialization in Sports Medicine and Physical Exercise  
Faculty of Medicine and Surgery – University of Pavia (Italy)  
Prorector for Research – University of Pavia (Italy)  
Via Forlanini 6, 27100 Pavia (Italy)  
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- Dr. Med Mario Carletti  
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- Dr. Med Carlo Guardascione  
President of Association of Sports Medicine, FMSI Varese (Italy)  
[c.guarda@libero.it](mailto:c.guarda@libero.it)

**ABSTRACT**

"Hamstring T-Junction surgical repair: an elite footballer's RTP journey" – Isokinetic Conference abstract book 2024

**JOURNAL**

Franco BIDOGlio, Peter JENOURE (2023) "La santé de leurs membres une préoccupation des fédérations sportives? Une revue de la situation dans les fédérations sportives nationales en Suisse" – Sports & exercise medicine Switzerland - SEMS JOURNAL

Franco BIDOGlio (2023) "Sem around the world" – British Journal of Sports Medicine - Open Sport & Exercise Medicine

Franco BIDOGlio, Carmine S. POERIO, Massimo TESTA, Roberto BOTTINELLI, Daniele ZACCARIA (2021) "Diagnosis of paroxysmal supraventricular arrhythmia (PSVT) in a professional cyclist: the utility of performance monitoring tools as a medical support" - Medicina dello Sport 74(2):346-8

Giovanni M. CAMPOREALE, Esmeralda ESHJA, Oronzo CATALANO, Franco BIDOGlio, Roberto BOTTINELLI, Daniele ZACCARIA (2021) "Considerations for the assessment of suspected myocarditis in the elite athlete in COVID-19 era" – Medicina dello Sport 74(4): 706-13

UNDER REVIEW – Franco Bidoglio (2024) "Exercise therapy in breast cancer patients: effects on cardiorespiratory fitness and quality of life" - Sports & exercise medicine Switzerland - SEMS JOURNAL

**BOOK**

Title: Specific Sports Related Injuries – SPRINGER -Switzerland (2022)

Section: CH.14 (187-196) - "Athletics, Sprints, Hurdles, High Jump, Long Jump, Triple Jump, Distance Running"

Authors: Gian Luigi Canata, Valentina Casale, Antonella Ferrario, Enrico Ferranti Calderoni, Giacomo Zanon, Franco Bidoglio

**POSTER**

Bidoglio F., Ceccaroli M., Facchinetti E., Poerio CS., Brunetti F., Zaccaria D., Bottinelli R.

"Sudden death in football: really so frequent or amplified media?"

XXXVI national congress of the Italian Federation of Sports Medicine, Rome, 2019

Poerio CS., Zaccaria D., Longa E., D'Introno L., Facchinetti E., Bidoglio F., Bottinelli R.

"Ventricular Extrasystolia in the athlete: when morphology is fundamental to drive the diagnostic path"

XXXVI national congress of the Italian Federation of Sports Medicine, Rome, 2019

Zaccaria D., Manoli G., Bidoglio F., Ceccaroli M., Rottenbacher C., Bottinelli R.

"Case Report: Adas and Safety in cycling"

XXXVI national congress of the Italian Federation of Sports Medicine, Rome, 2019

Gualea MR., Ceccaroli M., Bidoglio F., Facchinetti E., Asta A., Eshja E., Brunetti F., Negro MC., Bottinelli R.  
"Subepicardial scar: case report"

XXXVI national congress of the Italian Federation of Sports Medicine, Rome, 2019

**Signature**

I hereby authorise the use of my personal information in accordance with Legislative Decree n. 196 dated 30 June 2003, "the Italian Privacy Act"

