



RUI GONÇALVES

UEFA B LICENCE FOOTBALL COACH

PROFILE

UEFA B licence coach with 15+ years' experience from youth to first team level across Europe and the Middle East. Proven in leading teams to success using player-focused methods and tactical innovation. Skilled at developing talent and achieving results in competitive environments. Passionate about helping players reach their full potential.

COACHING CAREER

First Team Assistant Coach

AL-ULA FC (Saudi Arabia)
Jan 2024 - Jul 2024



Molde 2 / U19 Assistant Coach

MOLDE FOTBALL KLUBB (Norway)
Jan 2023 - Dec 2023



U19 Assistant Coach & Performance Analyst

AL-HILAL SAUDI FC (Saudi Arabia)
Jan 2022 - Jul 2022



First Team Assistant Coach

GDS CASCAIS (Portugal)
Dec 2019 - Jul 2021



U17 Head Coach

COLÉGIO MARISTA (Portugal)
Mar 2017 - Aug 2018



U19 Assistant Coach

REAL SPORT CLUBE (Portugal)
Jun 2015 - Jul 2016



U19 Head Coach

CD BELAS (Portugal)
Dec 2013 - Jun 2015



U12 Head Coach

DRAGON FORCE LISBOA, FC PORTO (Portugal)
Aug 2012 - Jul 2013



Football Coach & Programmes Coordinator

MANCHESTER UTD SOCCER SCHOOLS (Portugal)
Jun 2008 - Jun 2012



U13 Head Coach

EAS CACÉM, SPORTING CP (Portugal)
FEB 2008 - Aug 2008



CONTACT

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EDUCATION

UNIVERSITY OF BEDFORDSHIRE

BSc (Hons) Sport & Exercise
Science - First Class Honours
Degree (2004 - 2007)



UEFA B Licence



The Scottish Football
Association
Licence: 251990

TECHNICAL SKILLS

- Player Development
- Tactical Periodisation
- Team Management
- Training Methodology
- Session Planning
- Performance Analysis

LANGUAGES

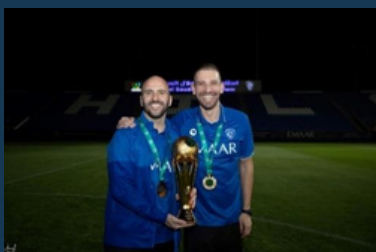
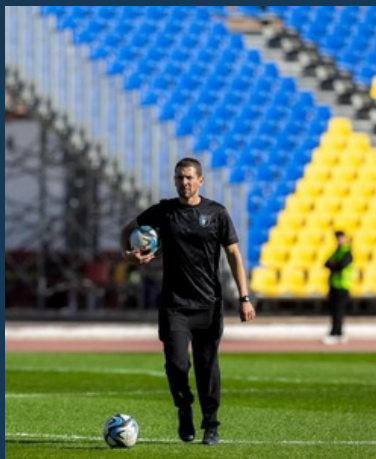
- English - Native/Bilingual
- Portuguese - Native/Bilingual
- Spanish - Basic

SOFT SKILLS

- Leadership
- Communication
- Adaptability
- Teamwork
- Problem-Solving
- Cultural Awareness

TOOLS

- Hudl
- SportsBase
- LongoMatch
- The Sports Office



ACHIEVEMENTS

Assistant Coach

- **Supported Al-Ula FC's 1st Team in winning the Saudi League 3rd Division Championship** during the 2023/24 season, contributing to the tactical setup and providing valuable assistance in securing promotion to the 2nd Division.
- **Assisted Molde FK in reaching Round Two of the UEFA Youth League** (Domestic Champions Path) in the 2023/24 season, collaborating on match preparations and analysis to strengthen the team's performance in the competition.
- **Played a key role in Molde FK's U19 Championship victory** in the Norwegian OBOS National G19 League (2023), providing support in training and match strategies that contributed to the team's overall success.
- **Helped Al-Hilal Saudi FC U19 team secure the Saudi Premier League title** in the 2021/22 season, implementing performance analysis strategies that led to consistent top-tier performance.
- **Assisted Real Sport Clube's U19 team in securing 1st place in the first phase**, working closely with the coaching staff to implement tactical adjustments that supported the team's promotion push to the 1st Portuguese National Division in the 2015/16 season.

Head Coach

- **Achieved 2nd place in the U17 Lisbon District League** with Colégio Marista in the 2017/18 season, driving player development and tactical execution to deliver a highly competitive season finish.
- **Rescued U19 team from relegation** at CD Belas in the 2014/15 season, taking over mid-season and guiding the team to a **9th place finish** in the 1st Division.

COURSES

"Modern Trends in the Game" with Mixu Paatelainen & Alan Irvine
The Scottish Football Association | CPD Event (Edinburgh) - Dec 2023

"Scouting and Match Analysis in Football" - LONGOMATCH
PROFESSIONAL CERTIFICATE | Sapienta Sports | Football Academy - Mar - Jun 2019

"Positional Play Methodology - from theory to training" with Óscar Cano Moreno | Sportrail Caixa Futebol Campus, Sport Lisboa e Benfica - May 2018

"Football Training according to Tactical Periodization" with Professor José Guilherme Oliveira | Bwizer (Porto) - Jul 2016

REFERENCES

Thomas Mork

General Manager Akerakademiet
MOLDE FOTBALL KLUBB (Norway)

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Rodolfo Correia

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