



Full Name: Pratik Shridhar Kamble (PT)

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Country: India.

Qualification: Masters in Sports Physiotherapy (MSPT)
FIFA Diploma in Football Medicine

CAREER OBJECTIVES

I look forward to be an efficient and dedicated professional Physiotherapist in the field of Musculoskeletal & Sports Physiotherapy by applying gained Knowledge and manual therapy skills for an effective, efficient and safe care to the players.

CORE STRENGTH

- Currently working as Head Sports Physiotherapist with “**Kerala Blasters FC**”.
- Currently working as Consultant Sports Physiotherapist with “**Tamil Thalaivas**” Pro **Kabaddi League, India**”.
- Working as Part Time Sports Physiotherapist for “**Indian Senior National Football Team**”
- Worked as Sports Physiotherapist with “**Indian National Senior Football Team, U23, U19 and U17**”.
- Worked as Sports Physiotherapist with “**Indian National Senior Football team**” for “Asian Cup 2019”, UAE.
- Worked as Sports Physiotherapist with “**Indian National Football team**” for “**SAFF Cup**”, Dhaka, 2018 (Runners-Up).
- Worked as Sports Physiotherapist with “**Indian National Senior Football team**” for “**Intercontinental Cup**” 2018 (Winners), India.

- Worked as Sports Physiotherapist with **“Indian National Senior Football team”** for **“Hero Tri Nation Series”** 2017 (Winners), India.
- Worked as Sports Physiotherapist with **“Indian National U23 Football team”** for **“AFC U23 Championship China 2018 Qualifiers”**, Qatar.
- Worked as Sports Physiotherapist with **“Hero Indian Super League”** team **“NorthEast United Football Club”**, **season 3 and 4**, treating Marquee, International and National players.
- Worked as Sports Physiotherapist with **“DSK Shivajians FC”** (Pune) for **“Hero I-League”** and **“Hero Federation Cup”** 2017, India.
- Worked with **“Premier Futsal League”** team **“Kochi”** **2016 (Runners-Up)**, **season 1**. It was the 1st ever initiated international Futsal tournament conducted in India.

EXPERIENCE

- Presently working as Head Physiotherapist with **“Kerala Blasters FC”**. (Since April 2020 till date) (Season 7-11)
- Working as a Part time Physiotherapist with **“Indian National Senior Football Team”**. (Since April 2020 till date)
- **2 years** as Full time Sports Physiotherapist with **“Indian National Football Teams”**. (Since April 2018 till March 2020)
- Presently working as Consultant Sports Physiotherapist with **“Tamil Thalaivas” Pro Kabaddi League, India”**. (Since April 2020 till date)
- Worked as Sports Physiotherapist with **“Indian National U23 Football team”** for **“AFC U23 Championship Thailand 2020 Qualifier”**, Uzbekistan.
- Worked as Sports Physiotherapist with **“Indian National Senior Football team”** for **“Asian Cup 2019 Qualifiers”**, UAE.
- Worked as Full time Sports Physiotherapist with **“Indian National U23 Football team”** for **“AFC U23 Championship China 2018 Qualifiers**, Qatar.
- Full time Head Physiotherapist at **“NorthEast United Football Club ”**for **Hero Indian Super League** 2017-2018 (Season 4).
- Full time Sports Physiotherapist at **“Liverpool FC Football Academy – DSK Shivajians FC”** (Pune) for **“Hero I-League”** and **“Hero Federation Cup”** 2017, India.
- Full time Sports Physiotherapist at **“NorthEast United Football Club ”**for **Hero Indian Super League** 2016 (Season 3).
- **1 month** experience as Sports Physiotherapist at **Premier Futsal League 2016**, for team Kochi (Runners-up).

WORKSHOPS, CONFERENCES AND CME:

- **8th AFC Medical Conference 2025, Kuala Lumpur, Malaysia.**
Attended Pre-conference courses:
 - I. Sports Physiotherapy Course
- **7th AFC Medical Conference 2022, Doha, Qatar.**
Attended Pre-conference courses:
 - I. Sports Physiotherapy Course
- **6th AFC Medical Conference 2019, Chengdu, China.**
Attended Pre-conference courses: How
 - I. Practical examinations: Knee, Ankle, Hamstrings and Groin
 - II. Emergency Medicine CPR&AED.
- **FIFA Diploma In Football Medicine**
By Federation Internationale de Football Association (FIFA)
- **Mulligan Mobilisation Technique** (Spine And Periphery).
By Capri Institute. Resource person: Dr. Deepak Kumar. Credit hours: 64
- **Anti-doping** CME workshop by WADA. Resource person: Dr. Alka Beotra. Credit hours: 8
- **Clinical Taping Techniques** For Peripheral Joints on February 25th & 26th, 2012.
By Manual Therapy Foundation Of India. Resource person: Prof. Umashankar Mohanty. Credit hours: 16
- **Thera-Band Academy**, Hands on workshop On Bands, Balls and Balance.
Resource person: Dr. Mahendra Kumar Yadav (Certified Thera-Band Instructor).
Credit hours:16
- **Kinesio Taping Association International (KTAI)**. Module KT1 and KT2.
Resource person: Dr. Abhiya Gupta. Credit hours: 16
- **Basic Life Support (BLS)**, American Heart Association. By Life-supporters Institute Of Health science (Mumbai).
- **Palliative care for Cancer**. (Tata Memorial Institute for Cancer, Parel, Mumbai)

PROJECT/ RESEARCH WORK

- As a Part of **MSPT** course work, completed dissertation entitled “**Effect of core strengthening by unstable plank exercises on performance of Bowlers**” during 2015-16.
- As a Part of **B.P.Th** Internship, completed project entitled “**Concentric vs eccentric hamstring training: Effect on muscle strength and endurance in young male gym trainees: a randomized trial**” during 2013-2014.
- As a Part of **B.P.Th** Final Year, completed project entitled “**Effectiveness of hamstrings Flexibility in high speed Runners**” during 2012-2013.

PUBLICATIONS

- Article entitled “**Effect Of Obstacle Training Over Gait to Reduce The risk of falls in Geriatric Individuals**” published in **International Journal of Scientific Research and Education**.Vol(5)Issue(05)(May-2017) ISSN(e):2321-7545.

REGISTRATION AND MEMBERSHIP

- **Maharashtra State Council For OT/PT:** PR-2015/04/PT/003892
- **Member of Indian Association of Physiotherapists:** Regd. No: L-40230
- **Membership in Manual Therapy Foundation Of India:** Regd. No: MTFI-L-13-08

SPECIAL SKILLS

- Excellent in communication skills and presentable personality.
- Computer literate with MS-CIT and sound knowledge of Windows, Microsoft Office, Internet.
- Languages: Fluently speak English, Hindi and Marathi.

REFERENCES

- Mr. Karolis Skinkys, Sporting Director at Kerala Blasters Football Club-
karolis@kbfcofficial.com
- Dr. Gigy George (PT) Senior Physiotherapist at Indian National Football Team-
physiogigy@yahoo.com
- Ivan Vukomanovic, former Head Coach at Kerala Blasters Football Club-
+32 498 75 07 00
- Stephen Constantine, former Head Coach at Indian National Football Team-
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