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Durban, KwaZulu-Natal 4001

EDUCATION

Undergraduate Bachelors
Degree, Sports and Exercise
Science

Eta, Durban, KwaZulu-Natal,
South Africa
December 2023

Diploma, Sports and Exercise
eta, Durban
December 2021

MUHAMMAD ABDUL QADIR SAEED

PROFESSIONAL SUMMARY

Passionate and energetic football coach with a deep love for the game. Possessing a UEFA C coaching license and a bachelor's degree in sports and exercise, bringing a strong foundation of knowledge to the field. Experienced in both on-field leadership and off-field guidance, successfully guiding players towards achieving their goals. Strategic approach, fueled by an in-depth understanding of the game, consistently drives performance and fosters player development.

SKILLS

- Strategic Thinking
- Communication
- Coaching
- Sports Massage
- Leadership
- Fitness Training
- Speed and agility
- Strapping (Rigid and kinesiology)
- Sports Coaching
- Sports Science
- Sports Development

WORK HISTORY

September 2022 - Current

M11 Football Stars Academy - Founder and Coach, Durban, KwaZulu-Natal

- Company Overview: M11 Football Stars Academy, Durban, KwaZulu-Natal, South Africa
- M11 Football Stars Academy, Durban, KwaZulu-Natal, South Africa

February 2021 - Current

M11 Sports Massage - Sports Massage, Durban, KwaZulu-Natal

- Company Overview: M11 Sports Massage, Durban, KwaZulu-Natal, South Africa
- M11 Sports Massage, Durban, KwaZulu-Natal, South Africa

December 2023 - December 2024

Villarreal CF, SAD - Football Coach, Durban, KwaZulu-Natal

- Company Overview: Villarreal CF, SAD, Durban, KwaZulu-Natal, South Africa
- Football Coach at a Villarreal Football camp held in Durban
- Villarreal CF, SAD, Durban, KwaZulu-Natal, South Africa
- Villarreal Football camp held every December

March 2021 - December 2024

Hartley Sporting Academy - Hartley Coach, Durban, KwaZulu-Natal

- Company Overview: Hartley Sporting Academy, Durban, KwaZulu-Natal, South Africa

- A football coach trying to promote the youth and teaching them skills to further themselves in the sport
- Hartley Sporting Academy, Durban, KwaZulu-Natal, South Africa

January 2024 - February 2024

Moitense - Football Coach, Portugal

- Company Overview: Moitense, Setubal, Portugal
- Moitense, Setubal, Portugal

March 2019 - October 2019

KZN FOOTBALL ACADEMY - KZN Football Academy Coach and Data Analyst, Durban, KwaZulu-Natal

- Company Overview: Villarreal CF, SAD, Durban, KwaZulu-Natal, South Africa
- Football Coach at a Villarreal Football camp held in Durban
- Villarreal CF, SAD, Durban, KwaZulu-Natal, South Africa
- Villarreal Football camp held every December

CERTIFICATIONS

- UEFA C License
- Scottish FA C License
- Scottish FA Level 1.1, 08/24
- Scottish FA Level 1.2, 08/24
- Scottish FA Level 1.3, 08/24
- Children's Wellbeing In Scottish Football, 07/24
- Mental Health in Scottish Football, 07/24
- Speed and Agility, 2019
- Sports Massage, 2019
- Strapping
- First Aid, 2022

ACCOMPLISHMENTS

- Coach of U9 Ams Champions (2022)
- Coach of U11 Ams Champions (2023)
- Coach of U11 Glide Tournament Champions (2023)
- Coach of U11 Xquisite Auto Tournament Champions (2023)
- Prefect (2018)
- School soccer captain
- School cricket captain

REFERENCES

- Miss Varnika Reddy
Lecturer: ETA College Durban
varnika.reddy@etacollege.com
079 9895501

- Mrs Shaazia Mossim
SMS Media, Durban
shaaziasaeed@gmail.com
083 786 9234

- Mr Dawood Paulsen
Head Coach at Hartley Sporting Academy
066 1116713