

# FORMATO EUROPEO PER IL CURRICULUM VITAE

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### PERSONAL INFORMATIONS

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Nationality **ITALIAN**  
Date of birth **21/01/1978**

### WORK EXPERIENCES

<b>FROM 2021 - TODAY</b> Profession of physiotherapist in the regime of self-employed professional worker.
<b>FROM 2021 - TODAY</b> Employee in the medical department for As Roma, with functions of monitoring and management of all aspects of a medical nature, for the first team and for the youth sector.
<b>2013 – 2021</b> Coordinator of the physiotherapy service for the youth sector of As Roma Calcio, Under19 team therapist.
<b>2008 – 2014</b> Physiotherapist at the Physiotherapy and Rehabilitation Center "Sportkinetic Forum Srl" located within the "Forum Sport Center", Via Cornelio 493, Rome, with functional recovery duties from sports injuries and post-surgical recovery in the orthopedic field.
<b>2009 – 2013</b> Head of the Physiotherapy Service of the Youth Sector of As Roma Spa, with the duties of coordinating the physiotherapists of the youth sector teams from the Under 10 category to the Under 19 category and managing injured athletes at the "Fulvio Bernardini" Sports Center, Trigoria - Rome.
<b>2008 – 2009</b> Physiotherapist at the youth sector of As Roma Spa - Sports Center of Trigoria "FulvioBernardini" - with experience on the field during training and in official league games and tournaments of the Under 15 category.
<b>2007 – 2008</b> Physiotherapist at the youth sector of As Roma Spa - "Fulvio Bernardini" Sports Center of Trigoria - with experience on the field during training and in official league games and tournaments of Under 14, regional champions 2007 - 2008.
<b>2004 – 2007</b> Professional internship carried out during the Degree Course in Physiotherapy at the Polyclinic "A. Gemelli" in Rome, in the departments of: Orthopedics / Traumatology, Neurology, Neurosurgery, Aging Medicine / Geriatrics, Resuscitation, Post-operative Intensive Care, Pediatric Intensive Care (Respiratory Rehabilitation), Neurological Rehabilitation, Integrated Hospital Complex" Columbus " (Cardiovascular Riab.), Rehabilitation Gyms.

## EDUCATION AND TRAINING

### 2020 - 2021

Certificate of participation in the "Cranial Sacral Biomechanics Course", lasting two years, held by the **School of Manual Therapy "Marcel Bienfait"**, teacher Christian Defrance Tersant, consisting of 8 teaching modules.

### 2019

Certificate of participation in the "BLSD training course for citizens", organized by the GiorgioCastelli Foundation, on behalf of As Roma Calcio.

### 2016 – 2018

Diploma of "Manual Therapy Bienfait Method", obtained at the **School of Manual Therapy "Marcel Bienfait"**, after passing n ° 7 didactic modules (introductory level, pelvic girdle, lowerlimb, dorsal and lumbar spine, cervical spine and upper limb, theoretical postural, work in practical posture), lasting three years.

### 2017

Certificate of participation in the course "**CFSC Level 1, Certified Functional Strength Coach**", held at the "Fulvio Bernardini" sports center - Trigoria, on behalf of As Roma Calcio Spa.

### 2016

Certificate of participation in the "EXOS - Performance Specialist Certification" course, held at the "Fulvio Bernardini" sports center - Trigoria, on behalf of As Roma Calcio Spa.

### 2016

Certificate of participation in the "Percutaneous therapeutic electrolysis, EPTE" course, held at the "Fulvio Bernardini" sports center on behalf of As Roma Calcio.

### 2016

Certificate of participation in the theoretical-practical course "Dry Needling" held at the "Fulvio Bernardini" Sports Center on behalf of As Roma Calcio.

### 2016

Certificate of participation in the "EXOS - Phase 01" course, held at the "Fulvio Bernardini" sports center - Trigoria, on behalf of As Roma Calcio Spa, "Certificate of completion in recognition of outstanding performance".

### 2013

Certificate of participation in the "**BLS-D Executor**" course, according to the guidelines and current legislation, organized by Ares 118.

### 2012

Certificate of participation in the "**BLS-D Executor**" course, according to the guidelines and current legislation, organized by Ares 118.

### 2011

Certificate of participation in the course "**Patellofemoral pain: from diagnosis to therapy with specific realignment and taping**", carried out at the nursing home "Villa Fulvia" located in Rome.

### 2010

Certificate of participation in the theoretical-practical course of "**Manual spine therapy and crano-sacral treatment**", divided into three seminars, held at the Football Museum - FIGC, Via Aldo Palazzeschi 20 - COVERCIANO (FI).

### 2008

Certificate of participation in the theoretical-practical course: "**Post-surgical rehabilitation of the shoulder - French-Lyon protocol**", held in Parma, at the Kaiser therapy center on 3-4 May 2008.

### 2008

Certificate of participation and passing of the course "**Kinesio Taping KT1 - KT2**", released on July 21, 2008 by the Kinesio Taping Association International.

### 2007

Certificate of participation in the "**BLS-D Executor**" course, according to the guidelines and current legislation, organized by Ares 118.

### 2007

Certificate of qualification: "**Rehabilitation techniques with Tecartherapy in the lower limb, upper limb and spine**", issued on December 15, 2007 by the International School of Tecartherapy.

**2004 – 2007**

Degree in Physiotherapy at the Catholic University of the Sacred Heart - Rome office - University Hospital "Agostino Gemelli" on 11/27/2007 with a mark of 110/110 with honors, discussing the thesis: "**The rehabilitation of temporomandibular disorders: review of the literature**".

**2005**

Certificate of participation in the seminar: "**Postural and respiratory re-education through the use of feedback techniques**", held on 19 December, at the "Physical Therapy and Rehabilitation Srl" Center in Rome.

**2005**

Certificate of participation in the Practical Course aimed at continuous professional development on the subject of Guidelines for Rehabilitation entitled: "**Guidelines and Evidence-Based Medicine in Rehabilitation**", held in Rome on 5-6 December 2005, at the Congress Center "Hotel Ergife".

**1998 – 1999**

Military service carried out at the 10th Salaria Joint Force Operations Group in Rome.

**1997**

**Private Pilot License of aircraft**, obtained at the "Air Capital" Flight School, located in Rome, at Rome Urbe Airport.

**1992 – 1997**

Aeronautical Technical Institute "F. De Pinedo" - Rome: "**Aeronautical Expert Diploma with qualification for Air Transport and Air Navigation Assistance**", achieved in 1997, with a score of 48/60.

**COMPUTER SKILLS**

GOOD KNOWLEDGE OF THE WINDOWS XP OPERATING SYSTEM AND THE MICROSOFT OFFICE PACKAGE.

**FOREIGN LANGUAGES**

**ENGLISH**

GOOD READING, WRITING AND ORAL EXPRESSION SKILLS.

**LICENSES**

Driving license type "B". Car owner.

I authorize the treatment of my personal data according to the D.lgs. 196 of 30 June 2003.

Date \_\_\_\_\_

Signature \_\_\_\_\_