

# GAROD DEMIRDJIAN

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An MRes Performance Analysis student with a great passion for helping people of all ages through sports. Aspiring performance analyst with practical experience in sports analysis. Proficient in video coding and live game analysis. Committed to leveraging analytical skills to enhance player development and team performance.

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## WORK EXPERIENCE

### Nottingham Forest Football Club Academy

January 2024-January 2024

- Filmed games and training sessions, attached voice recorders to coaches for U9-U21 teams and uploaded footage to HUDL.
- Travelled to away games and filmed NFFC's B team following a full match day programme, took part in pre-match analysis sessions for the B team, while recording with a video camera and GoPro.
- Ensured safeguarding and helped all departments in order to improve team cohesion and player and individual development.

### Nottingham Trent University Futsal

September 2023-May 2024

- Led pre- and post-match analysis sessions to players and coach using illustrations and videos, on a weekly basis.
- Live videoing of each game. Travelled to away games to record and assist the team.
- Coded games in order to create clips for analysis using Dartfish Pro S.

### Cyprus National Guard, Nicosia, Cyprus,

July 2019-August 2020

#### Lance Corporal at Buffer Zone

- Served as Lance Corporal at a border patrol unit, led and trained a team of new recruits during their first weeks at the border outpost.
- Followed a demanding schedule throughout service time. Trained in real life scenarios and learnt new skills as well as developing greater self-discipline and the ability to follow orders.

### Pilates Assistant, Nicosia, Cyprus,

September 2017-August 2019

- Instructed clients in physical stretches and stretching techniques and proper use of equipment.
  - Motivated clients to achieve their personal fitness goals through modifying routines.
  - Monitored participants' progress and reported to instructor for evaluation.
  - Assisted in ensuring the studio was safe at all times and established an excellent relationship with clients.
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## **EDUCATION**

### **Nottingham Trent University, Nottingham, UK**

**September 2023- Present**

MRes in Performance Analysis

- Key Modules: Performance Analysis, Sport Science Research Methods, Sports Science in Action, Sport Research Project (An analysis of scanning behaviour in futsal players).

### **Nottingham Trent University, Nottingham, UK**

**September 2020- July 2023**

BSc in Sports and Exercise Science

- Key Modules: Applied Sport Science, Child Growth and Health Performance, Physical Activity for Health and Challenging Critical Issues in Sport.

### **The G C School of Careers, Nicosia, Cyprus**

**September 2012-July 2019**

High- School Diploma

- Graduation Mark: Overall (81.66%), Biology (76%), English Language (87%), History (82%), Information Technology (85%) and P. E. (100%).
  - A-levels: 4 A Levels, Biology, History, Greek and ICT.
  - IGCSEs: 8 IGCSEs, Maths (B), English as First Language (C).
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## **EXTRA CURRICULAR ACTIVITIES**

### **Armenian Youth Federation, Nicosia, Cyprus**

**President of the Youth**

**September 2015- September 2017**

- Elected youth president of the club and team leader in organised summer camps from 2013 to 2018.
- Conducted extra-curricular activities, educational and recreational trips, hiking and physical exercises.
- Attended an international meeting of the Armenian Youth Federation in Brussels, Belgium.

### **Duke of Edinburgh's International Award, Nicosia, Cyprus**

**January 2014-July 2017**

- Achieved Bronze and Silver certificate levels in the award.
  - Learnt new skills such as map reading, setting up a tent, preparing food. Teamwork was key to achieving the awards.
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## **SKILLS AND ABILITIES**

- Languages: Armenian (native), Greek (fluent), English (fluent), French (DELTA A1).
- Technical Skills: Sportscode, HUDL, WyScout, Dartfish, Tableau, video editing, ECDL computer certificates (6), including MS Office, Excel, PowerPoint, Outlook, SPSS, motion capture tools, biomechanical analysis and thermal cameras.
- Sports: Pilates (2011-2019), academy football at Arsenal (2013-2015), APOEL futsal U19 player (2017-2019).
- Volunteerism: Volunteered at a veterinary clinic.
- Organised cultural and sports events in the Armenian diaspora community in Cyprus.
- Participated in multiple charity events for Armenians worldwide.
- Hobbies: Cycling, hiking, taekwondo, camping, snorkelling, tennis and playing the guitar.