



**Full Name:** Pratik Shridhar Kamble (PT)

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**Country:** India.

**Qualification:** Masters in Sports Physiotherapy (MSPT)  
FIFA Diploma in Football Medicine

### **CAREER OBJECTIVES**

I look forward to be an efficient and dedicated professional Physiotherapist in the field of Musculoskeletal & Sports Physiotherapy by applying gained Knowledge and manual therapy skills for an effective, efficient and safe care to the players.

### **CORE STRENGTH**

- Currently working as Head Sports Physiotherapist with “**Kerala Blasters FC**”.
- Currently working as Consultant Sports Physiotherapist with “**Tamil Thalaivas**” Pro Kabaddi League, India”.
- Working as Part Time Sports Physiotherapist for “**Indian Senior National Football Team**”
- Worked as Sports Physiotherapist with “**Indian National Senior Football Team, U23, U19 and U17**”.
- Worked as Sports Physiotherapist with “**Indian National Senior Football team**” for “Asian Cup 2019”, UAE.
- Worked as Sports Physiotherapist with “**Indian National Football team**” for “**SAFF Cup**”, Dhaka, 2018 (Runners-Up).
- Worked as Sports Physiotherapist with “**Indian National Senior Football team**” for “**Intercontinental Cup**” 2018 (Winners), India.

- Worked as Sports Physiotherapist with “**Indian National Senior Football team**” for “**Hero Tri Nation Series**” 2017 (Winners), India.
- Worked as Sports Physiotherapist with “**Indian National U23 Football team**” for “AFC U23 Championship China 2018 Qualifiers”, Qatar.
- Worked as Sports Physiotherapist with “**Hero Indian Super League**” team “**NorthEast United Football Club**”, season 3 and 4, treating Marquee, International and National players.
- Worked as Sports Physiotherapist with “DSK Shivajians FC” (Pune) for “Hero I-League” and “Hero Federation Cup” 2017, India.
- Worked with “**Premier Futsal League**” team “**Kochi**” 2016 (**Runners-Up**), season 1. It was the 1<sup>st</sup> ever initiated international Futsal tournament conducted in India.

## **EXPERIENCE**

- Presently working as Head Physiotherapist with “**Kerala Blasters FC**”. (Since April 2020 till date) (Season 7-11)
- Working as a Part time Physiotherapist with “**Indian National Senior Football Team**”. (Since April 2020 till date)
- **2 years** as Full time Sports Physiotherapist with “**Indian National Football Teams**”. (Since April 2018 till March 2020)
- Presently working as Consultant Sports Physiotherapist with “**Tamil Thalaivas Pro Kabaddi League, India**”. (Since April 2020 till date)
- Worked as Sports Physiotherapist with “**Indian National U23 Football team**” for “**AFC U23 Championship Thailand 2020 Qualifier**”, Uzbekistan.
- Worked as Sports Physiotherapist with “**Indian National Senior Football team**” for “**Asian Cup 2019 Qualifiers**”, UAE.
- Worked as Full time Sports Physiotherapist with “**Indian National U23 Football team**” for “AFC U23 Championship China 2018 Qualifiers, Qatar.
- Full time Head Physiotherapist at “**NorthEast United Football Club** ”for **Hero Indian Super League** 2017-2018 (Season 4).
- Full time Sports Physiotherapist at “**Liverpool FC Football Academy – DSK Shivajians FC**” (Pune) for “**Hero I-League**” and “**Hero Federation Cup**” 2017, India.
- Full time Sports Physiotherapist at “**NorthEast United Football Club** ”for **Hero Indian Super League** 2016 (Season 3).
- **1 month** experience as Sports Physiotherapist at **Premier Futsal League 2016**, for team Kochi (Runners-up).

## **WORKSHOPS, CONFERENCES AND CME:**

- **8<sup>th</sup> AFC Medical Conference 2025, Kuala Lumpur, Malaysia.**  
Attended Pre-conference courses:
  - I. Sports Physiotherapy Course
- **7<sup>th</sup> AFC Medical Conference 2022, Doha, Qatar.**  
Attended Pre-conference courses:
  - I. Sports Physiotherapy Course
- **6<sup>th</sup> AFC Medical Conference 2019, Chengdu, China.**  
Attended Pre-conference courses: How
  - I. Practical examinations: Knee, Ankle, Hamstrings and Groin
  - II. Emergency Medicine CPR&AED.
- **FIFA Diploma In Football Medicine**  
By Federation Internationale de Football Association (FIFA)
- **Mulligan Mobilisation Technique** (Spine And Periphery).  
By Capri Institute. Resource person: Dr. Deepak Kumar. Credit hours: 64
- **Anti-doping** CME workshop by WADA. Resource person: Dr. Alka Beotra. Credit hours: 8
- **Clinical Taping Techniques** For Peripheral Joints on February 25<sup>th</sup> & 26<sup>th</sup>, 2012.  
By Manual Therapy Foundation Of India. Resource person: Prof. Umashankar Mohanty. Credit hours: 16
- **Thera-Band Academy**, Hands on workshop On Bands, Balls and Balance.  
Resource person: Dr. Mahendra Kumar Yadav (Certified Thera-Band Instructor).  
Credit hours:16
- **Kinesio Taping Association International (KTAI)**. Module KT1 and KT2.  
Resource person: Dr. Abhiya Gupta. Credit hours: 16
- **Basic Life Support (BLS)**, American Heart Association. By Life-supporters Institute Of Health science (Mumbai).
- **Palliative care for Cancer**. (Tata Memorial Institute for Cancer, Parel, Mumbai)

## **PROJECT/ RESEARCH WORK**

- As a Part of MSPT course work, completed dissertation entitled “**Effect of core strengthening by unstable plank exercises on performance of Bowlers**” during 2015-16.
- As a Part of B.P.Th Internship, completed project entitled “**Concentric vs eccentric hamstring training: Effect on muscle strength and endurance in young male gym trainees: a randomized trial**” during 2013-2014.
- As a Part of B.P.Th Final Year, completed project entitled “**Effectiveness of hamstrings Flexibility in high speed Runners**” during 2012-2013.

## **PUBLICATIONS**

- Article entitled “**Effect Of Obstacle Training Over Gait to Reduce The risk of falls in Geriatric Individuals**” published in **International Journal of Scientific Research and Education**.Vol(5)Issue(05)(May-2017) ISSN(e):2321-7545.

## **REGISTRATION AND MEMBERSHIP**

- **Maharashtra State Council For OT/PT:** PR-2015/04/PT/003892
- **Member of Indian Association of Physiotherapists:** Regd. No: L-40230
- **Membership in Manual Therapy Foundation Of India:** Regd. No: MTFI-L-13-08

## **SPECIAL SKILLS**

- Excellent in communication skills and presentable personality.
- Computer literate with MS-CIT and sound knowledge of Windows, Microsoft Office, Internet.
- Languages: Fluently speak English, Hindi and Marathi.

## **REFERENCES**

- Mr. Karolis Skinkys, Sporting Director at Kerala Blasters Football Club-  
[karolis@kbfcofficial.com](mailto:karolis@kbfcofficial.com)
- Dr. Gigy George (PT) Senior Physiotherapist at Indian National Football Team-  
[physiogigy@yahoo.com](mailto:physiogigy@yahoo.com)
- Ivan Vukomanovic, former Head Coach at Kerala Blasters Football Club-  
+32 498 75 07 00
- Stephen Constantine, former Head Coach at Indian National Football Team-  
[stephenconstantine@yahoo.co.uk](mailto:stephenconstantine@yahoo.co.uk)