

Ruben Ward-Lindsay

An experienced, dependable and forward thinking coach with a history of working alongside children and young people in a variety of environments.

Experience

LSS Walthamstow – U5 Coach/ Lead U9- U12s Academy Coach (Part-Time)

Sep 2016 – April 2023



Think Sport Coaching— Multi Sports Coach (Part-Time)

Aug 2019-Oct 2021



Primary PPA Cover— PE and ICT Cover Teacher (Part-Time)

Dec 2020 – Oct 2021



Luton Town Community Trust— School Sport Officer/ Pre-Academy and Development Coach/ NCS Manager (Full time)



Delivering multisport PE sessions throughout Luton and Bedfordshire

Delivering Elite (U8+U10) and Centre of Excellence (U8 + U10) sessions and matchdays

Delivering workshops on anti-racism, diversity and other societal issues.

Oct 2019- May 2023

Surrey Street Primary School— PE HLTA / Cover Teacher (Full time)



Leading PE delivery, assessment and planning for years 1-6
Cover teaching across years 3-5

July 2023- Present

Milton Keynes Dons Football Club — Foundation Phase/YDP Coach (Voluntary)

June 2023- Present



Leading sessions and matchdays, predominantly within the FP.

EDUCATION

St Mary's University Twickenham — Masters Degree
Sep 2023 - Sep 2024

Professional Development in Performance Analysis.

The University of Bedfordshire — Bachelor's Degree
Sep 2020 - July 2023

2.2 in Football Science
Biomechanics, S&C, Human Kinetics, Performance Analysis and
Football Coaching.

AWARDS:

UEFA B (Pending completion May 2024)

UEFA C

British Dodgeball Level 2

FA Level 1 in Talent ID

EFAIF