



## Mino Mitrugno

**Nationality:** Italian

### CONTACT



Via Poli, 9  
73100 Lecce, Italy (**Home**)



[minomit@gmail.com](mailto:minomit@gmail.com)



(+39) 3294135658



[www.minomitrugno.com](http://www.minomitrugno.com)



+39 3294135658  
(WhatsApp)

### ABOUT ME

**I am a highly motivated and experienced football coach looking for an opportunity with a professional team.**

**My passion for football is deep-rooted:** I started playing at a young age and then went on to pursue a career as a coach in the youth sector.

**Over the course of my career, I have had the opportunity to coach Serie A footballers.** This has allowed me to acquire an in-depth knowledge of the game at a high level and to develop my leadership and team management skills.

**In addition to my practical experience, I have a postgraduate specialization in Sport Management.** This has provided me with a solid foundation of theoretical knowledge and managerial skills that I apply daily in my work.

**I am a meticulous and detail-oriented coach with a strong work ethic.** I believe in open and collaborative communication with players and staff.

**I am confident that my skills and experience can be an asset to your team.** I am ready to face new challenges and contribute to achieving success.

**Here are some highlights of my career:**

- Experience as a youth team coach
- Serie A footballer coach
- Postgraduate specialization in Sport Management
- Leadership and team management skills
- Strong work ethic and attention to detail
- Open and collaborative communication

**If you are looking for a passionate, dedicated and experienced coach, please do not hesitate to contact me.**

**I am ready to give my all for your team.**

### WORK EXPERIENCE

#### FOOTBALL COACH

**2022 – 2023** Lecce, Italy

**Football coach** A.S.D. Lima&dasilva

I gained experience in developing and implementing training strategies and game tactics, coaching professional football players from Serie A and Serie B such as Francisco Lima (<https://www.transfermarkt.it/francisco-lima/profil/spieler/5953>) and William Da Silva (<https://www.transfermarkt.it/william/profil/spieler/41952>).

- Athletic and tactical preparation of players
- Analysis and evaluation of individual and team performances to optimize game strategies
- Management and coordination of multidisciplinary teams, including technical staff
- Active participation in planning training sessions, game preparation, and post-match analysis
- Collaboration with scouting and technical departments for the identification and acquisition of new talents

**2021 – 2022** Lecce, Italy

**Football coach** Pro San Cataldo - Youth football sector - U17

- Development and implementation of training programs specifically for young football players, focusing on technical, tactical, and physical development
- Athletic and tactical preparation of players, providing them with the skills and knowledge necessary to progress in their football careers
- Analysis and evaluation of individual and team performances to identify areas for improvement and optimize game strategies

- Management and coordination of youth teams, promoting a positive and motivating learning environment
- Active participation in planning training sessions, game preparation, and post-match analysis
- Collaboration with other coaches and technical staff to ensure the development of young talents
- Involvement in the training and mentoring of young football players, promoting values such as fair play, discipline, and determination

## 2020 – 2021 Gallipoli, Italy

### Football coach A.S.D. Montefiore - Youth football sector - U17

- Development and implementation of training programs specifically for young football players, focusing on technical, tactical, and physical development
- Athletic and tactical preparation of players, providing them with the skills and knowledge necessary to progress in their football careers
- Analysis and evaluation of individual and team performances to identify areas for improvement and optimize game strategies
- Management and coordination of youth teams, promoting a positive and motivating learning environment
- Active participation in planning training sessions, game preparation, and post-match analysis
- Collaboration with other coaches and technical staff to ensure the development of young talents
- Involvement in the training and mentoring of young football players, promoting values such as fair play, discipline, and determination

## 2019 – 2020 Lecce, Italy

### Football coach Kick Off - Sport Center - Youth football sector - U9

**Technical Development:** Focus on learning the basic fundamental techniques of football, such as dribbling, passing, ball control, and shooting, through playful and interactive exercises.

**Coordination and Agility:** Enhance motor skills, hand-eye coordination, and speed through specific games and activities.

**Team Spirit:** Promote collaboration, respect, and communication within the group, encouraging sharing and mutual support.

**Passion for the Game:** Nurture a passion and enthusiasm for football, making training sessions fun and motivating, and encouraging active and positive participation.

**Sports Education:** Introduce the concepts of fair play, discipline, respect for rules and opponents, educating the boys to behave correctly and sportsmanlike both on and off the field.

**Self-esteem and Personal Growth:** Foster the development of self-esteem, self-confidence, and determination, encouraging each boy to give their best and overcome their personal challenges.

## 2019 – 2022 Lecce, Italy

### Football coaching professor University of Salento

Football coaching professor to Sport science, Physical activity, Physical education and sport

## 2018 – 2019 Gallipoli, Italy

### Football coach A.S.D. Montefiore - Youth football sector - U9

## 2018 Lecce, Italy

### Internship Training internship - U.S. Lecce (Serie A) - Students for training course Uefa B

## 2018 Lecce, Italy

### Internship Internship at SALENTO WOMEN SOCCER - women's B Series for Uefa B Trainers course

## 1997 – 1998

### Football coach Head coach Football Military Academy

## FOOTBALL PLAYER

**2022 – 2023** Lecce, Italy

**Football player** Lima e Da Silva A.S.D

Eighth Division

**1999 – 2000** Lecce, Italy

**Football player** A.S.D. Pro San Cataldo

Eighth Division

**1999 – 2000** Lecce, Italy

**Football player** A.S.D Frigole

Seventh Division

**1995 – 1996** Lecce, Italy

**Football player** A.S.D. Pro Patria

Sixth Division

**1994 – 1995** Kuala Terengganu, Malaysia

**Football player** Terengganu FC

Third Division

**1993 – 1994** Florianópolis, Brazil

**Football player** Avrai Futebol Club

Fourth Division

**1981 – 1986**

**Football player** Youth academy

## EDUCATION AND TRAINING

Coverciano, Italy

**Allenatore Uefa B** F.I.G.C.

**Degree in Juventus Academy**

**Degree in Udinese Academy**

**University specialization course in "Sport Management"** University of Salento

The Department of Economics Sciences of the University of Salento in collaboration with Salento Sport Lab Study Center (Centro Studi Unisalentosport) has activated the specialization course in Sports Management aimed at training professionals able to operate successfully in planning, management and in the promotion of companies, organizations and / or institutions in the sports sector.

The goal of training the Sports Manager, ie a professional able to manage sports organizations on the basis of legal-economic and fiscal knowledge, psycho-pedagogical and sociological, as well as skills related to the management of physical activities and sports facilities, the marketing and communication, the organization of events.

Lecce, Italy

**Degree in Political Sciences with administrative and IT address** University of Salento

Lecce, Italy

**Master in Principles and Rules of Public Administration** University of Salento

Educational goals:

The Master aims to train specialists with a professionalism able to carry out high-profile activities in the Public Administration, providing legal and administrative knowledge on the logic, methodologies and tools of administrative action, necessary for professional retraining and career progression. internal

public administrations. The aim of the Master is also to train young graduates and professionals who wish to deepen their background in matters of administrative law and management of the pp.aa., so as to prepare them with high training for access to competitions in the administrations.

Professional profile that you intend to train:

We intend to train a highly qualified managerial figure who is able to take care of the implementation of the guidelines identified for the development of the administrative activity. Two levels are included in this figure: upper (or general) and lower (or non-general).

The general managers take care of the implementation of the development programs, assigning to the lower level managers tasks and responsibilities related to specific tasks and projects, directing the activity and assigning them the appropriate resources to achieve the objectives set. They have the management of hierarchical appeals against administrative measures and the task of establishing and maintaining institutional relations. The lower level managers preside over the activities of their offices and take care of the implementation of the projects and tasks assigned to them, managing and organizing the resources for these purposes; direct the functional staff of their offices directly.

Further professional figures to be trained are those of the official and the administrative managerial instructor, who perform tasks of management and coordination of work groups, staff or offices with management and result responsibilities.

Lecce, Italy

● **Instructor free diving F.I.P.S.A.S - C.O.N.I.**

● **Instructor ARA F.I.P.S.A.S - C.M.A.S**

## LANGUAGE SKILLS

**MOTHER TONGUE(S):** Italian

**Other language(s):**

Cinese

**Listening** A1

**Reading** A1

**Writing** A1

**Spoken production** A1

**Spoken interaction** A1

English

**Listening** A2

**Reading** A2

**Writing** A2

**Spoken production** A2

**Spoken interaction** A2

*Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user*

## CONFERENCES AND SEMINARS

### ● **Seminars**

**Work on the football field:**

Club : US Lecce

Coach : Fabio Liverani -Serie B

Coach : Zdeněk Zeman - Serie A - Serie C

Coach : Filippo Inzaghi - Serie B

Coach : Marco Baroni - Serie A

Coach : Antonio Calabro - Serie C

**Seminars and Conference:**

- ALL AROUND SOCCER - THE COACH EXPERIENCE - Convegno Foggia(Italy) 2019

- ALL AROUND SOCCER - THE COACH EXPERIENCE - Convegno Foggia(Italy) 2020

- ALL AROUND SOCCER - THE COACH EXPERIENCE - Rimini (Italy) 2023

- ALL AROUND SOCCER - THE COACH EXPERIENCE - Rimini (Italy) 2023

## ORGANISATIONAL SKILLS

### ● **Organisational skills**

In the last 20 years I have combined the study with the sports activities of footballer, coach, as well as freediving instructor and technical diving.

During my experiences of responsibility I developed strong skills in the management and development of human resources:

- Perform teaching activities

- Programming, planning and attention to detail

- Teamwork

- Leadership
- Ability to solve problems
- Ability to make decisions
- Ability to study

## COMMUNICATION AND INTERPERSONAL SKILLS

### ● **Communication and interpersonal skills**

- good communication skills acquired during my teaching experience at the University of Salento.
- excellent interpersonal skills with children and adults acquired during my activity as a football coach and freediving and technical diving instructor

## JOB-RELATED SKILLS

### ● **Job-related skills**

- Football Coach
- Teaching and teaching activities
- Software architecture design activities

## DRIVING LICENCE

● **Driving Licence: AM**

● **Driving Licence: A1**

● **Driving Licence: A2**

● **Driving Licence: A**

● **Driving Licence: B**