

2023



Juan José Agustín Nolla

ALCANAR (TARRAGONA)

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Diploma UEFA PRO – Federación Española de Futbol (2014)

SPORTS COACH - WOMEN'S FOOTBALL

2009- 2010 - Grupo Franco team Head coach - Futsal Peñíscola (Second national women's indoor soccer division)

2001 -2002 – Head Coach C.F.F. Tortosa Ebre (National Women's Football Honor Division) – Spanish Football Federation

2003-2004 – 2nd Coach VILLARREAL CF SAD (National Women's Football Division of Honor) – Spanish Football Federation

2011-2017 – Head Coach CD Alcanar soccer 7 – Three times champion Women's Soccer League "Group 1 Terres de l'Ebre" Catalan Soccer Federation



- ***Experience certified by RFEF certificate (both in national women's teams and in men's Seniors).)***



SPORTS COACH - MEN'S FOOTBALL

2020-2023 - Godall CF first team Head coach (3rd Catalan) (Three seasons)

2019-2020 – Head Coach Jesús Catalonia “A” (3rd Catalonia)

2018-2019 – Head Coach Jesús Catalonia “A” (3rd Catalan). Playing the promotion to 2nd Catalan

2016-2017- 2nd Coach CD Alcanar (3rd Catalan). Catalan Football Federation.

2015-2016 – Head Coach C.F.Calig (1st Valencian Regional) Valencian Football Federation

2013-2014 – Heda Coach Ulldecona CF U'18 (1st Division Terres Ebre) • Catalan Football Federation.

2013-2014 - CD Alcanar youth soccer school coordinator - 10 teams from pre-teens to 1st team

2012- 2013 - Coach CD Alcanar U'18 (1st Division Terres Ebre) • Catalan Football Federation.

2011- 2012- Professor in the courses of the Catalan Football Federation to obtain the coaching qualification at different levels, at the Sports Technology Institute of Amposta (Tarragona)

2008-2010 - Coaching internship in the third division with the C.F. club. Amposta. Mandatory and valued practices to obtain the title of National coach (Sports Technician Level 3)

2006- 2008 – Head Coach CF Rosell (1st Valencian Regional). Valencian Football Federation

SPORTS TRAINING

2023 – Campus for Lluís Cortes Women's Soccer coaches – (July 2023, Salou)

2023- Master in Psychology of Physical Activity and Sport - Center for Postgraduate Studies in Psychology and Education "Edeca" - 1500 Hours

2019 – COERVER YOUTH 2 Diploma, (Madrid 2019)

2019 - COERVER YOUTH 1 Diploma, (Madrid 2019)

2016 - Planning, motivation and training seminar - Xesco Espar (Barcelona)

2016 – COERVER INTRO Diploma (Madrid 2016)

2014 – Validation LEVEL 3 of Soccer, academic qualification to National Federative Coach- (Catalan School of Coaches).

2014 – UEFA PRO Diploma - Spanish Football Federation (Madrid)

2011-2013 – Higher Technician in Animation of Sports Activities AAFE Sports Technification Institute – 2000 hours (Amposta)

2010-2011 – Senior Sports Technician (Soccer Specialty) LEVEL III.

Sports Technology Institute – 2000 hours (Amposta)

2010-2011- Master in management of sports entities - Instituto Kernaba Barcelona (300 Hours)

2010 – Injury prevention and functional recovery course in soccer.
Training Group (105 Hours)

2003 – Diploma Bases of Sports Training – International University of Catalonia – Barcelona (70 Hours)

METHODOLOGY AND RELEVANT ASPECTS

Coach accustomed to working with young players with a competitive profile.

I want my teams to have control of the game through control and control of the ball for as long as possible.

My teams try to have defensive solidity and a lot of tactical freedom, always within of a scheme, in attack.

JUAN JOSE AGUSTIN NOLLA - UEFA PRO Licensed Coach

With over 25 years of experience in football, coaching both men's and women's teams, I bring a wealth of knowledge and expertise to the table. My coaching journey includes training women's teams in the National category and men's teams in Territorial categories.

Additionally, I've conducted coaching course practices with a National third division team.

I have contributed to the development of football talent as a teacher in coaching training courses for the Catalan Football Federation and served as a coordinator of football schools. My commitment to continuous learning is evident in my recent participation in the Luis Cortes coaching campus, where I had the privilege of working with the former FC Barcelona Women's coach and Champions League winner.

Philosophy

At a sporting level, I strive to ensure that my teams dictate the pace of the game and propose a possession-oriented style. The ultimate objective is to reach the opponent's goal with a strategic advantage. I value versatile players, as they facilitate positional adjustments without the need for frequent player changes, contributing to a recognizable team shape and style.

Team Building and Style of Play

I believe in creating a cohesive team with a distinct style of play. To achieve this, it is crucial to involve and instill belief in the players regarding our game philosophy. Through rigorous training, I provide the necessary tools for players to navigate diverse situations in a competitive environment.

Player Composition

In team composition, I prefer a blend of experience and youth, although I am well-versed in working with predominantly young players due to my extensive experience in grassroots soccer across various categories.

Game Systems and Tactical Approach

I employ different game systems, adapting them based on the match's characteristics and specific situations. The most frequently used systems in my teams are 1-4-2-3-1 and 1-4-4-2. I emphasize initiating play from the goalkeeper and focus on quick recovery close to the opponent's goal in case of ball loss.

Set Pieces and Team Dynamics

Recognizing the importance of set pieces, I dedicate a portion of training to tactical work in this area. Creating a strong team dynamic is paramount for optimal group performance. My recent training includes a Master in Sports Psychology, emphasizing the significance of team cohesion.

Work Ethic and Group Management

A non-negotiable aspect for players under my coaching is a strong work ethic. I prioritize the collective over individualities, although when leveraged effectively, individual talents can provide a competitive advantage. Managing teams, especially in the women's category, requires dedicated attention, but I emphasize the importance of team cohesion in all contexts.

Coaching Staff Collaboration

The coaching staff is an integral part of our team's success. I encourage a collaborative approach, giving prominence to each staff member within their area of expertise. This ensures that the collective efforts of the coaching staff contribute to the overall benefit of the team.