



ADRIAN GABRIEL DIRBAS

FOOTBALL COACH AND INTERNATIONAL SPORTS DIPLOMACY SPECIALIST

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Budapest, Hungary

09/11/2000

SUMMARY

Accomplished sports professional with hands-on experience in building and developing winning football teams using effective training methodologies and tactical expertise.

With transitioning into sports diplomacy, I am focused on international cooperation, cultural exchange and development within global sports, applying importance on football.

KEY ACHIEVEMENTS

Enhanced Team Performance

Increased team win rate by 20% in 2023.

Optimised Facility Logistics

Streamlined operations, cutting costs by 15%.

Instituted Comprehensive Training

Designed training for over 100 players weekly.

Graduated with Honours for my Bachelor's Degree

Achieved full marks with honors in my coaching and management practical exams.

EXPERIENCE

Elite Sports Academy (Middle East)

Dubai, UAE

Venue Coordinator and Football Coach

11/2023 - 02/2024

- Streamlined football facility logistics and operational activities to attain optimal functionality through effective oversight.
- Served as a Football Coach to roll out multiple training programmes that drove skills and team synergy improvement.
- Leveraged attention-to-detail skills to resolve issues to establish high standards as per Elite Sports Academy guidelines.
- Drove smooth alignment of venue management operations with coaching and player development strategies.
- Encouraged synergy and co-operation with colleagues to discover and execute opportunities for growth and innovation.
- Elevated service standards and fuelled company expansion by showcasing solid abilities in a dual role.
- Delivered a top-notch experience to clients and players by steering bookings, event co-ordination, and facility upkeep.
- Enhanced technical abilities by fostering end-to-end teamwork, discipline, and sportsmanship in all sessions.
- Achieved growth in performance and camaraderie of all the players by building a supportive environment.
- Revolutionised training methodologies and customer service protocols through integration of innovative technologies.

The A Academy UK

London, United Kingdom

Football Manager

02/2022 - 07/2023

- Established a robust feedback system to address inconsistencies and uphold daily reporting through Microsoft Excel.
- Utilised analytical and critical thinking skills to orchestrate impactful training sessions based on the STEP framework.
- Offered constructive feedback and individualised coaching to players to facilitate professional development and growth.
- Partnered with assistant coaches and team managers to ensure smooth communication and operation of team activities.
- Optimised skills and teamwork among a team of different age groups of player between 9 and 16 years old players through the provision of tailored training sessions.
- Attained measurable performance improvements by designing, deploying, and maintaining personalised training sessions at The A Academy, whilst leveraging the ASC cloud system for ongoing progress tracking.
- Built a positive and inclusive team culture to encourage sportsmanship and respect for all members and opponents.

SKILLS

Group Title

Ethical Sport & Safeguarding Awareness ·
International Sports Policy (Academic) ·
Cross-cultural communication ·
Youth Development ·
Leadership and Team Management

EXPERIENCE

Bloomsbury Football

London, United Kingdom

Football Coach

08/2021 - 01/2022

- Designed and rolled out tailored weekly sessions for different age groups and individuals per session, fostering comprehensive growth.
- Unified and optimised team performance by addressing conflicts openly and introducing fair resolutions.
- Kept abreast of developments and innovations in football coaching techniques, rules, and regulations.
- Organised and oversaw the participation of players in league matches, tournaments, and other competitive events.

EDUCATION

Hungarian University of Sports Science

01/2025 - 12/2026

Master's degree, International Sports Diplomacy

UCFB

01/2020 - 12/2023

BA(Hons) Football Coaching and Management, Football Coaching, Management and Performance Analysis

USP College

01/2017 - 12/2020

90 Degree Diploma, Sports and Exercise Science