



TRISTAN THOMAS

FOOTBALL COACH AND ANALYST

ABOUT ME

I am a hard-working and ambitious football analyst and coach, who strives everyday to develop myself in order to be able to perform my job at the highest level possible.

I am obsessed not only with all facets of football coaching and analysis, but also with the interpersonal and psychological skills required to be an effective communicator and leader.

CONTACT INFORMATION

Whatsapp:
+447512469824

Email:
tristantfootball@gmail.com

Twitter:
@tristantcoach

REFERENCES

Antal Nemeth - UEFA Pro License
Former DAC Head Coach + Head
Coach Hungary U19.
+36704209910

Mark Spalding - UEFA Pro License -
Current Rangers F.C. Youth Dev.
Manager - Former GPS Technical
Director
+447513480252

Ross Mcneilly - UEFA A License -
Former Aldershot Town Manager
+447583621220

QUALIFICATIONS

- UEFA B Coaching Licence
- FA Level 2 Coaching Award
- FA Level 1 Coaching Award
 - FA Level 1 in Talent ID
 - FA Level 1 in Psychology
- FA Level 1 in Coaching Futsal
- Valid in-date DBS check
- FA Emergency First Aid certificate
- A Levels - Economics (B), Geography (B),
Politics (B)

MAIN SKILLS

- An in-depth knowledge of the tactical and
strategical aspects of football.
- A well-rounded knowledge of many facets of
football coaching and pedagogy.
- Highly proficient in video and GPS football
technology such as Sportscore, Hudl, Instat,
Wyscout, Spiideo, Panoris and Playertek.
- Advanced computer literacy, including MS
Excel.
- Confidence speaking in front of large groups.
 - An open mind and willingness to learn.
 - An ability to adapt to new environments
quickly.
 - English Language (Native)
 - Spanish Language (Intermediate)



WINGATE AND FINCHLEY FC
ENGLISH ISTHMIAN PREMIER
NOVEMBER 2023-PRESENT
Head Coach

ALDERSHOT TOWN FC
ENGLISH NATIONAL LEAGUE
OCTOBER 2022-JUNE 2023
First Team Coach/Head of Analysis

PAFOS FC
CYPRUS TOP DIVISION
MARCH 2022-PRESENT
First Team Data Analyst (Remote)

FC DAC DUNAJSKA STREDA
SLOVAKIA SUPER LIGA/UEFA
EUROPA LEAGUE QUALIFIERS
JUNE 2021 TO MARCH 2022
First Team Assistant Coach/Analyst

11HACKS
FOOTBALL ANALYTICS FIRM -
PRAGUE, CZ
AUGUST 2020 TO PRESENT
Video + Tactical Analyst/Consultant

FREELANCE ANALYSIS
VARIOUS CLUBS
2014 TO 2020
Opposition Analyst/Tactical Consultant

ALDERSHOT TOWN FC
2018 TO 2020
Academy Head Coach

GPS BAYERN MUNICH
2016 TO 2018
Technical Director

- Achieved club-record league position (4th - playoffs) and points total.
 - 29 matches - 17W 6D 6L.
- Developed a high-intensity, attacking style of play with young players.
- Bottom-3 budget in the league
- Under Ross McNeilly took the team from 22nd to as high as 11th in the league.
- Coached/analysed all set pieces, conceding 0 goals from 104 corners, and scoring 5 from 87 corners.
- Prepared opposition data and video analysis reports, conducted data scouting, player and team performance reports.
- Created a data-driven club strategy involving developing target metrics in both on-field performance and recruitment.
- Built an "Analysis Culture" within the club i.e. giving players access to any type of information they need, and encouraging that they use video/data analysis to develop their game.
- Planning and leading parts of training sessions.
- Assisted the Sporting Director and Recruitment Department with data and video scouting of targets.
- Created Opposition Analysis reports for top division/Europa League clubs in Central and Eastern Europe such as LASK, Slavia Prague, Legia Warsaw, Slovan Liberec, Dynamo Ceske Budejovice.
- Delivered 1-to-1 feedback to head coaches players using video analysis, either in-person or via weekly video calls.
- Worked as a freelance opposition scout for many years for English professional and semi professional clubs. This involved attending matches and writing opposition reports for coaching staff to use.
- Designed and delivered sessions for the U17-U23 age groups, U12/13 age groups, and leading on matchdays.
- Had a track record of developing players to go on to either play "up" within our academy, move to CAT 1 and 2 academies, or sign a professional contract with the club.
- Worked with the International Head of Coaching, as well as Bayern Munich Academy Coaches to develop our club philosophy and style of play.