

SANCHIT SINGH

Football Coach | Sports Scientist | Performance Analyst

291 Quayside Drive, Colchester, Essex CO2 8GQ

 sanchitsingh39@gmail.com |  +44 7833 819 888

 linkedin.com/in/sanchit-singh-138866224

PROFESSIONAL SUMMARY

Accomplished football coach and sports scientist with 8+ years of progressive experience in player development, performance analysis, and team management. Proven track record of leading teams to championship victories and historic achievements, including first-ever league cup win for a refugee football team. Expert in data-driven performance optimization, tactical analysis, and youth development programs. Seeking to leverage extensive coaching qualifications and sports science expertise in a challenging football industry role.

CORE COMPETENCIES

Coaching & Development: Youth Development | Tactical Strategy | Training Program Design | Player Assessment | Team Management | Performance Optimization

Technical Skills: Video Analysis (Nacsports, In-play) | Performance Analytics | GPS Tracking | Data Visualization | Match Analysis | Sports Coding

Certifications: UEFA C License | FA Coaching Qualifications | AIFF D License | First Aid Certified | Player Welfare Specialist

Languages: English (Fluent) | Spanish (Conversational) | Hindi (Native) | Gujarati (Native)

EDUCATION & QUALIFICATIONS

Master of Science in Sports Science (Coaching) | University of Essex | 2023

Bachelor of Science in Physical Activity and Sports Science | Universidad Católica San Antonio de Murcia | 2021

Bachelor of Arts in Psychology | Indira Gandhi Open University | 2016

PROFESSIONAL EXPERIENCE

HEAD COACH/MANAGER | Changing Lives FC | August 2024 – Present

Essex Alliance League Division 3 | Harlow, Essex

- **Led historic achievements:** Guided team to first-ever league cup title, becoming the first refugee football team to win promotion and cup competition
- **Player Development:** Designed and implemented comprehensive training programs, resulting in measurable improvement in individual player performance metrics
- **Tactical Leadership:** Developed match-specific tactical strategies through opponent analysis, achieving 75% win rate in competitive matches
- **Team Management:** Managed squad of 25+ players, conducting regular performance evaluations and providing targeted development feedback
- **Recruitment:** Collaborated with club management to identify and recruit talented players aligned with team objectives and values
- **Culture Building:** Fostered inclusive team environment promoting personal growth, sportsmanship, and community engagement

ACTIVITY PROFESSIONAL/SPORTS COACH | Premier Education | February 2024 – August 2024

UK's Leading Primary School Sports Provider

- **Curriculum Development:** Designed age-appropriate multisports curricula for 200+ primary school students across multiple schools
- **Program Delivery:** Delivered comprehensive physical education lessons focusing on fundamental movement skills and team sports
- **Inclusive Environment:** Created positive learning atmosphere encouraging participation from students of all abilities and backgrounds
- **Health Education:** Emphasized importance of physical activity and healthy lifestyle habits, contributing to improved student engagement

FOOTBALL COACH & PERFORMANCE ANALYST | Changing Lives FC | September 2023 – August 2024

Essex Alliance League Division 3

- **Performance Analysis:** Utilized Veo camera technology and advanced analytics to provide real-time match analysis and tactical adjustments
- **Training Innovation:** Developed science-based training programs incorporating injury prevention protocols and performance optimization
- **Data-Driven Insights:** Created detailed performance presentations using statistical analysis to guide strategic decisions
- **Individual Development:** Conducted thorough player assessments and delivered personalized feedback plans for skill enhancement

- **Season Achievement:** Led team to best performance in club history, reaching Division 3 Cup Final at Dagenham & Redbridge Stadium

PERFORMANCE ANALYST/SPORTS SCIENTIST | AFC Sudbury Women | November 2022 – May 2024

Women's Football League

- **Video Analysis:** Operated Pixelot camera systems and conducted comprehensive match coding using professional analysis software
- **Statistical Analysis:** Extracted key performance indicators and match statistics to inform tactical decisions
- **Reporting:** Presented detailed match reports and tactical analysis to coaching staff and players
- **Education:** Provided guidance on nutrition, physical training, and athlete lifestyle optimization
- **Success:** Contributed to team's championship victory and historic promotion to Women's National League (2022-23 season)

VOLUNTEER COACH | Colchester United FC | March 2023 – April 2023

EFL League Two Professional Club

- **Youth Development:** Assisted in training sessions for players aged 6-12 years under professional coaching standards
- **Analysis & Reporting:** Conducted detailed analysis of training methodologies and player development techniques
- **Academic Integration:** Successfully completed university module with comprehensive report on professional training methods

INTERN/ASSISTANT COACH | UCAM Club de Football | April 2021 – June 2021

Segunda Federación, Spanish Football Federation

- **Professional Development:** Assisted head coach in training sessions for youth players (ages 6-12)
- **Session Planning:** Designed and implemented football practice sessions tailored to age-appropriate skill development
- **Match Analysis:** Analyzed competitive matches in under-12 league to identify tactical improvements
- **Achievement:** Contributed to under-12 team championship victory | Completed internship with 9.5/10 grade

ASSISTANT COACH | Baroda Football Academy | March 2016 – August 2017

FIFA-Accredited Academy, Gujarat, India

- **Multi-Age Coaching:** Designed and delivered coaching sessions across all age groups for both male and female teams
 - **Tournament Preparation:** Assisted head coaches with match preparation and tactical planning for competitive tournaments
 - **League Management:** Created and managed intra-club league system, increasing match exposure for academy players
 - **Certification:** Achieved AIFF D-Level Coaching License through comprehensive theory and practical examinations
 - **Success:** Led senior men's team to national-level tournament victory
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CERTIFICATIONS & PROFESSIONAL DEVELOPMENT

Coaching Qualifications:

- UEFA C License (2025)
- FA Introduction to Football Coaching (2023)
- FA Introduction to Talent Identification (2023)
- FA Play Phase Certification (2023)
- All India Football Federation D License (2017)

Specialized Training:

- Pediatric First Aid Certified (2024)
 - FA Player Welfare Open Category (2024)
 - FA Equality and Diversity (2023)
 - Nacsports Soccer Video Analysis (2021)
 - Science of Training Young Athletes - University of Florida (2019)
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TECHNICAL PROFICIENCIES

Software & Technology: Microsoft Office Suite | Nacsports | In-play Analysis Software | GPS Tracking Systems | Veo Camera Systems | Pixellot Technology | Statistical Analysis Tools

Analysis & Reporting: Performance Data Analysis | Video Analysis | Tactical Assessment | Statistical Reporting | Injury Prevention Protocols | Training Load Management

KEY ACHIEVEMENTS

- 🏆 **First League Cup Victory** - Led Changing Lives FC to historic first-ever cup title
- 🏆 **Historic Promotion** - Guided refugee team to first-ever league promotion

 **Championship Success** - Contributed to AFC Sudbury Women's championship and promotion to National League

 **Academic Excellence** - Achieved 9.5/10 grade in professional football internship

 **Performance Improvement** - Consistently delivered measurable improvements in team and individual player performance

REFERENCES

Available upon request