Datum	Uhrzeit	Systolisch	Diastolisch	Pulse
6.2	11:00	136	85	76
6.2	14:00	140	87	71
7.2	12:00	144	92	80
7.2	15:00	140	94	78
8.2	13:30	143	87	82
9.2	12:00	148	91	87
10.2	14:00	140	88	80
11.2	12:30	146	99	79
13.2	21:45	138	79	79
14.2	11:00	132	88	68
14.2	14:55	149	89	75
14.2	23:00	134	71	86
15.2	10:00	141	90	87
15.2	12:20	140	87	84
16.2	10:00	136	86	87
16.2	17:00	140	93	85
17.2	10:00	148	95	83
18.2	12:00	134	89	78
18.2	21:25	135	85	79
19.2	13:30	130	83	75
20.2	12:00	144	82	69
21.2	13:00	142	97	70
22.2	18:30	128	91	83
23.2	12:30	141	88	77
23.2	18:10	146	90	82
24.2	16:30	135	85	79
25.2	19:00	135	86	76
26.2	00:30	116	67	77
26.2	12:00	133	89	68
26.2	23:00	139	85	77
27.2	10:00	137	88	74
27.2	23:10	139	86	69
28.2	16:00	134	84	79
28.2	18:00	127	84	72
28.2	23:00	122	86	79
1.3	10:10	131	90	86
1.3	22:30	131	83	74
2.3	10:00	130	88	81
2.3	23:15	140	85	74
3.3	9:00	135	85	78
3.3	23:48	129	87	77
4.3	10:00	137	91	80
4.3	17:45	130	85	76

Datum	Uhrzeit	Systolisch	Diastolisch	Pulse
4.3	21:10	133	81	83
5.3	7:50	137	86	76
6.3	9:30	128	82	80
6.3	14:40	124	78	76
7.3	00:25	143	88	74
7.3	08:20	133	84	87
7.3	16:00	122	81	85
7.3	22:25	126	83	88
8.3	10:00	148	92	84
8.3	16:30	131	79	72
8.3	20:30	133	85	68
9.3	11:40	157	97	71
9.3	16:30	134	82	73
9.3	20:00	131	83	88
10.3	7:20	130	92	85
10.3	14:10	132	85	75
10.3	19:00	134	86	79
12.3	11:10	138	89	79
12.3	13:00	133	83	77
13.3	17:50	136	82	80
14.3	17:40	134	82	96
15.3	10:15	136	90	81
16.3	00:26	146	91	83
18.3	23:20	138	88	71
19.3	23:20	144	84	69
20.3	22:40	140	91	76
21.3	23:00	137	88	72
22.3	10:00	132	85	80
23.3	11:00	145	90	78
23.3	12:00	135	91	73
24.3	08:18	129	80	73
24.3	10:38	122	78	77
25.3	00:20	135	85	73
25.3	10:20	136	88	83
25.3	10:30	124	80	80
26.3	16:20	133	85	74
26.3	23:00	130	83	75
27.3	19:00	131	95	82
28.3	10:00	140	92	76
28.3	18:00	122	83	78
29.3	13:50	147	89	78
30.3	00:55	132	91	80
30.3	10:40	139	90	80

Datum	Uhrzeit	Systolisch	Diastolisch	Pulse
31.3	17:30	138	86	88
1.4	17:00	128	82	78
1.4	22:00	138	92	78
2.4	11:30	130	87	83
2.4	11:30	135	92	81
2.4	17:25	122	85	86
3.4	11:00	134	91	81
3.4	13:00	145	94	78
4.4	09:33	139	86	82
4.4	16:00	144	99	83
5.4	15:00	147	96	82
6.4	16:00	146	94	80
7.4	12:00	145	94	79
8.4	13:45	130	85	73
8.4	14:30	137	89	68
9.4	18:30	139	94	75
10.4	00:20	137	82	72
10.4	11:00	136	90	80
10.4	23:13	128	80	76
11.4	17:00	120	75	84
11.4	19:00	120	74	78
12.4	09:00	130	80	79
13.4	10:00	141	88	76
13.4	23:20	132	89	69
14.4	10:30	132	82	77