

| <b>Datum</b> | <b>Uhrzeit</b> | <b>Systolisch</b> | <b>Diastolisch</b> | <b>Pulse</b> |
|--------------|----------------|-------------------|--------------------|--------------|
| 6.2          | 11:00          | 136               | 85                 | 76           |
| 6.2          | 14:00          | <b>140</b>        | 87                 | 71           |
| 7.2          | 12:00          | <b>144</b>        | <b>92</b>          | 80           |
| 7.2          | 15:00          | <b>140</b>        | <b>94</b>          | 78           |
| 8.2          | 13:30          | <b>143</b>        | 87                 | 82           |
| 9.2          | 12:00          | <b>148</b>        | <b>91</b>          | 87           |
| 10.2         | 14:00          | <b>140</b>        | 88                 | 80           |
| 11.2         | 12:30          | <b>146</b>        | <b>99</b>          | 79           |
| 13.2         | 21:45          | 138               | 79                 | 79           |
| 14.2         | 11:00          | 132               | 88                 | 68           |
| 14.2         | 14:55          | <b>149</b>        | 89                 | 75           |
| 14.2         | 23:00          | 134               | 71                 | 86           |
| 15.2         | 10:00          | <b>141</b>        | <b>90</b>          | 87           |
| 15.2         | 12:20          | <b>140</b>        | 87                 | 84           |
| 16.2         | 10:00          | 136               | 86                 | 87           |
| 16.2         | 17:00          | <b>140</b>        | <b>93</b>          | 85           |
| 17.2         | 10:00          | <b>148</b>        | <b>95</b>          | 83           |
| 18.2         | 12:00          | 134               | 89                 | 78           |
| 18.2         | 21:25          | 135               | 85                 | 79           |
| 19.2         | 13:30          | 130               | 83                 | 75           |
| 20.2         | 12:00          | <b>144</b>        | 82                 | 69           |
| 21.2         | 13:00          | <b>142</b>        | <b>97</b>          | 70           |
| 22.2         | 18:30          | 128               | <b>91</b>          | 83           |
| 23.2         | 12:30          | <b>141</b>        | 88                 | 77           |
| 23.2         | 18:10          | <b>146</b>        | <b>90</b>          | 82           |
| 24.2         | 16:30          | 135               | 85                 | 79           |
| 25.2         | 19:00          | 135               | 86                 | 76           |
| 26.2         | 00:30          | 116               | 67                 | 77           |
| 26.2         | 12:00          | 133               | 89                 | 68           |
| 26.2         | 23:00          | 139               | 85                 | 77           |
| 27.2         | 10:00          | 137               | 88                 | 74           |
| 27.2         | 23:10          | 139               | 86                 | 69           |
| 28.2         | 16:00          | 134               | 84                 | 79           |
| 28.2         | 18:00          | 127               | 84                 | 72           |
| 28.2         | 23:00          | 122               | 86                 | 79           |
| 1.3          | 10:10          | 131               | <b>90</b>          | 86           |
| 1.3          | 22:30          | 131               | 83                 | 74           |
| 2.3          | 10:00          | 130               | 88                 | 81           |
| 2.3          | 23:15          | <b>140</b>        | 85                 | 74           |
| 3.3          | 9:00           | 135               | 85                 | 78           |
| 3.3          | 23:48          | 129               | 87                 | 77           |
| 4.3          | 10:00          | 137               | <b>91</b>          | 80           |
| 4.3          | 17:45          | 130               | 85                 | 76           |

**Datum Uhrzeit Systolisch Diastolisch Pulse**

|      |       |            |           |    |
|------|-------|------------|-----------|----|
| 4.3  | 21:10 | 133        | 81        | 83 |
| 5.3  | 7:50  | 137        | 86        | 76 |
| 6.3  | 9:30  | 128        | 82        | 80 |
| 6.3  | 14:40 | 124        | 78        | 76 |
| 7.3  | 00:25 | <b>143</b> | 88        | 74 |
| 7.3  | 08:20 | 133        | 84        | 87 |
| 7.3  | 16:00 | 122        | 81        | 85 |
| 7.3  | 22:25 | 126        | 83        | 88 |
| 8.3  | 10:00 | <b>148</b> | <b>92</b> | 84 |
| 8.3  | 16:30 | 131        | 79        | 72 |
| 8.3  | 20:30 | 133        | 85        | 68 |
| 9.3  | 11:40 | <b>157</b> | <b>97</b> | 71 |
| 9.3  | 16:30 | 134        | 82        | 73 |
| 9.3  | 20:00 | 131        | 83        | 88 |
| 10.3 | 7:20  | 130        | <b>92</b> | 85 |
| 10.3 | 14:10 | 132        | 85        | 75 |
| 10.3 | 19:00 | 134        | 86        | 79 |
| 12.3 | 11:10 | 138        | 89        | 79 |
| 12.3 | 13:00 | 133        | 83        | 77 |
| 13.3 | 17:50 | 136        | 82        | 80 |
| 14.3 | 17:40 | 134        | 82        | 96 |
| 15.3 | 10:15 | 136        | <b>90</b> | 81 |
| 16.3 | 00:26 | <b>146</b> | <b>91</b> | 83 |
| 18.3 | 23:20 | 138        | 88        | 71 |
| 19.3 | 23:20 | <b>144</b> | 84        | 69 |
| 20.3 | 22:40 | <b>140</b> | <b>91</b> | 76 |
| 21.3 | 23:00 | 137        | 88        | 72 |
| 22.3 | 10:00 | 132        | 85        | 80 |
| 23.3 | 11:00 | <b>145</b> | <b>90</b> | 78 |
| 23.3 | 12:00 | 135        | <b>91</b> | 73 |
| 24.3 | 08:18 | 129        | 80        | 73 |
| 24.3 | 10:38 | 122        | 78        | 77 |
| 25.3 | 00:20 | 135        | 85        | 73 |
| 25.3 | 10:20 | 136        | 88        | 83 |
| 25.3 | 10:30 | 124        | 80        | 80 |
| 26.3 | 16:20 | 133        | 85        | 74 |
| 26.3 | 23:00 | 130        | 83        | 75 |
| 27.3 | 19:00 | 131        | <b>95</b> | 82 |
| 28.3 | 10:00 | <b>140</b> | <b>92</b> | 76 |
| 28.3 | 18:00 | 122        | 83        | 78 |
| 29.3 | 13:50 | <b>147</b> | 89        | 78 |
| 30.3 | 00:55 | 132        | <b>91</b> | 80 |
| 30.3 | 10:40 | 139        | <b>90</b> | 80 |

| <b>Datum</b> | <b>Uhrzeit</b> | <b>Systolisch</b> | <b>Diastolisch</b> | <b>Pulse</b> |
|--------------|----------------|-------------------|--------------------|--------------|
| 31.3         | 17:30          | 138               | 86                 | 88           |
| 1.4          | 17:00          | 128               | 82                 | 78           |