



Canadian Bioinformatics Workshops

Introduction to R Programming for Bioinformatics

Day 1- Module 2A: Getting your data into R

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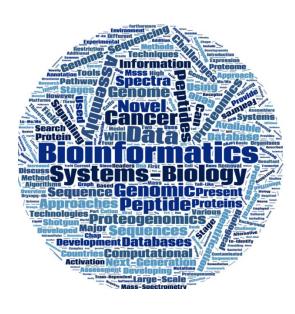


Why Data Import Matters?



- Biomedical data almost never comes preloaded
- Must be imported before analysis
- Multiple file formats: CSV, TSV, Excel, TXT, FASTA, GFF3
- Goal
 - bring raw data into R as clean, analyzable objects
- Examples
 - o patient metadata, omics data, clinical measurements, protein sequence, gene expression data

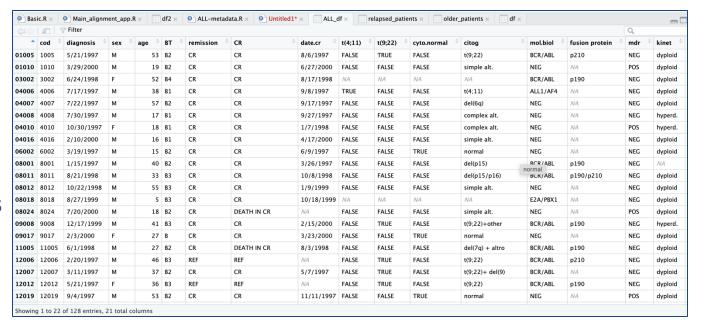
File Handling & Plotting in Bioinformatics



- Bioinformatics data = large, structured, diverse
- Reading & visualizing data = essential first step
- Applies to:
 - Sequence data (FASTA, FASTQ)
 - Variant data (VCF)
 - Clinical/metadata (CSV, Excel)
 - Public repositories (GEO, TCGA, UniProt)

Common File Formats

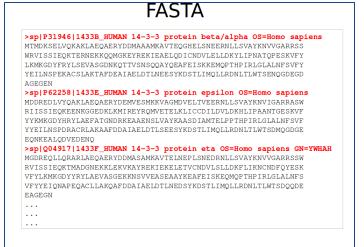
- CSV (Comma-Separated Values)
 - Widely used, easy to exchange
 - o Example: PatientID, Age, Sex, Diagnosis
- TSV (Tab-Separated Values)
 - Common in genomics & transcriptomics
 - Excel (.xls / .xlsx)
- Used in labs, supports multiple sheets
 - TXT (plain text)
 - Flexible but may need parsing

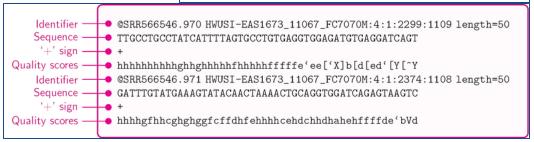


Common File Formats in Bioinformatics

- FASTA
 - nucleotide/protein sequences
- FASTQ
 - sequence + quality scores
- VCF
 - o genetic variants
- GTF/GFF3
 - o gene annotations
- SAM/BAM
 - sequence alignments
- CSV/TSV
 - tabular clinical or metadata

Knowing the format = knowing the right tool





```
##fileformat=VCFv4.1
##fileDate=20140930
##source=23andme2vcf.pl https://github.com/arrogantrobot/2
##reference=file://23andme_v3_hg19_ref.txt.gz
##FORMAT=<ID=GT,Number=1,Type=String,Description="Genotype
      POS ID REF ALT QUAL FILTER INFO
       82154 rs4477212 a
       752566 rs3094315
       752721 rs3131972
              rs11240777
       800007 rs6681049
       838555 rs4970383
              rs4475691
       854250 rs7537756
       861808 rs13302982 A
       873558 rs1110052 G
       882033 rs2272756
       888659 rs3748597
       891945 rs13303106 A G . . . GT 0/1
```

R Tools for Data I/O

Base R functions

- read.csv(), read.csv2() # read CSV files
- read.table() # read table from file
- readChar() # read charchters from a connection (i.e., URL)

readr:

- o read_csv()
- o read_tsv()

readxl: read Excel files

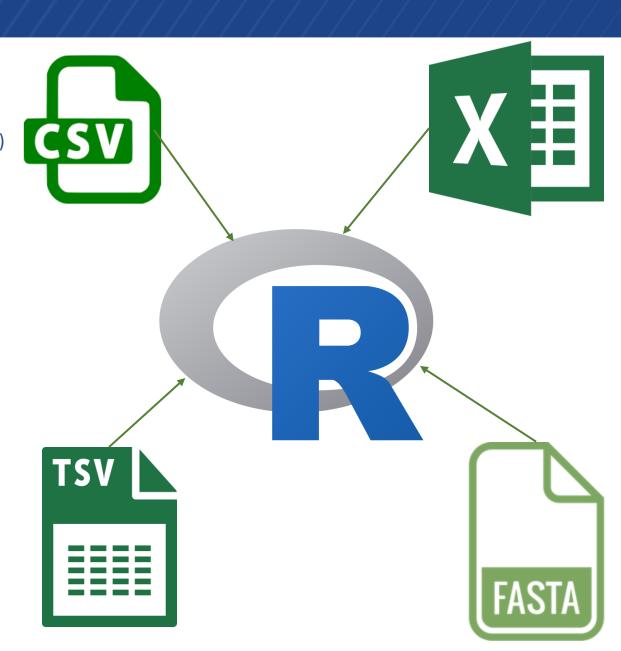
- o read_xls()
- o read_xlsx()

• Bioconductor packages:

- Biostrings (FASTA)
- VariantAnnotation (VCF)
- rtracklayer (GTF/GFF)

• data.table:

fast reading for large data



Demo: reading files into R

- CSV Example using base are functions:
 - o read.csv2()
- CSV Example using readr functions:
 - o read_csv()

```
# Read data in to R
# read CSV - base functions
bp <- read.csv2("Desktop/R/data/BloodPressure_Data.csv") # no separation
# take a quick look at the data
head(bp)
bp <- read.csv2("Desktop/R/data/BloodPressure_Data.csv", sep = ",") # no separation</pre>
# take another look at the data
head(bp)
str(bp)
# readr functions
library(readr)
# Read the CSV file
bp_data <- read_csv("Desktop/R/data/BloodPressure_Data.csv")</pre>
# Take a quick look at the data
head(bp_data)
str(bp_data)
```

Handling Dates and Columns

Why it's Important

- Dates track sample collection, diagnosis, or treatment over time.
- Columns hold key variables (patient ID, age, diagnosis, etc.).
- Correct handling ensures accurate, reproducible analysis.

Common Challenges

- o Inconsistent date formats (1997-05-12, 12/05/1997, May 12, 1997).
- Columns read as wrong data types (text vs. number).
- Missing or inconsistent values.
- Multiple variables in a single column (Age_Sex).
- Large datasets need selective subsetting.

Takeaway

Proper handling = accuracy, consistency, and meaningful insights.



Hand on: Working with dates and columns

Use the blood pressure dataset

- Read the file into R
- Make sure all the entries of the "Date" column are in the YMD format
- Create a new column and store the year in this column
- Filter the patients based on the year and sex

```
# Work with date
library(readr)
library("lubridate")

# read ALL data
bp <- read.csv2("Desktop/R/data/BloodPressure_wDates.csv", sep = ",")

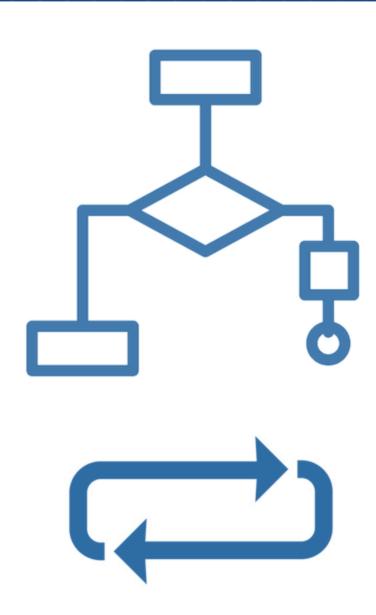
# Convert date column and extract year
bp$Date <- ymd(bp$Date)
bp$Year <- year(bp$Date)

# Filtering blood pressure patients by year and gender
subset(bp, Year == 2003 & Gender == "f")</pre>
```

Conditions and Loops in R

Why Do We Need Conditions & Loops?

- Conditions = let R make decisions.
- Loops = let R repeat tasks automatically.
- Essential for bioinformatics workflows:
 - Filter patient/sample data.
 - Apply the same operation to multiple files or genes.
 - Automate repetitive analysis steps.
- Example:
 - "Find all patients diagnosed after 2002. Then update the Age by +1 year"
 - o "Apply normalization to every sample in a dataset."



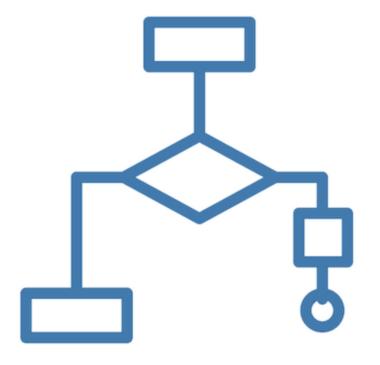
If {} Else {}Statements

• Syntax

```
# If {} else {} statement
if (condition) {
    # code if TRUE
} else {
    # code if FALSE
}
```

Example

```
# If else example
age <- 55
if (age > 50) {
  print("Older patient")
} else {
  print("Younger patient")
}
```



If {} Else {}Statements, multiple conditions

- If {} Else If {} Else Statements
- Syntax

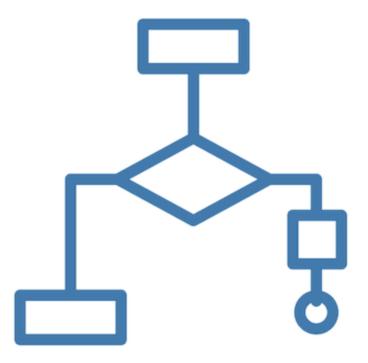
```
# If {} else if {} else statement

if (condition1) {
    # code if condition1 is TRUE
} else if (condition2) {
    # code if condition2 is TRUE
} else {
    # code if none are TRUE
}
```

Example

```
# If else if example
age <- 35

if (age < 18) {
   print("Child")
} else if (age >= 18 & age < 60) {
   print("Adult")
} else {
   print("Senior")
}</pre>
```



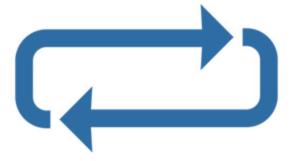
For loop

• Syntax

```
# for loops
for (i in 1:5) {
  print(i)
}
```

Example

```
# for loop example
patients <- c("P1", "P2", "P3")
for (p in patients) {
  print(paste("Processing:", p))
}</pre>
```



Loops vs. Vectorization in R

- for loops work, but they are slow for large datasets in R.
- R is optimized for vectorized operations.
- We use the apply() family of functions.
- Good practice:
 - Use for loops for learning, testing your code and small tasks.
 - Use apply(), lapply(), sapply() for efficiency on real biological data.

```
# the apply () family vs. loops
# Using a for loop
m <- matrix(1:9, nrow=3)</pre>
row_sums <- c()
for (i in 1:nrow(m)) {
  row_sums[i] <- sum(m[i, ])</pre>
# Using apply()
row_sums2 <- apply(m, 1, sum)</pre>
```

The Apply Family in R

- apply(X, MARGIN, FUN)
 - o Apply a function to rows (1) or columns (2) of a matrix/dataframe.
- lapply(X, FUN)
 - o Apply function to each element of a list; returns a list.
- sapply(X, FUN)
 - Same as lapply(), but tries to simplify output to a vector or matrix.
- tapply(X, INDEX, FUN)
 - o Apply function to subsets of a vector, defined by a factor.
- mapply(FUN, ...)
 - o Multivariate version of sapply(). Applies a function in parallel to multiple vectors.

```
# the apply() family
# apply()
apply(m, 1, sum) # row sums
apply(m, 2, mean) # column means
# lapply()
lapply(list(1:3, 4:6), mean)
# sapply()
sapply(list(1:3, 4:6), mean)
# lapply()
lapply(list(1:3, 4:6), mean)
# tapply()
ages < c(21, 25, 30, 40, 35)
gender <- c("M", "M", "F", "F", "M")
tapply(ages, gender, mean) # mean age by gender
# mapply()
nums1 <- 1:5
nums2 <- 6:10
mapply(sum, nums1, nums2) # adds 1+6, 2+7, ... 5+10
```

Hands-on: Loops & Conditions with

We will use the Blood Pressure data

- Task 1 Basic Filtering
 - Use a for loop with if/else conditions
 - Go through each row of the dataset and:
 - Print a message if the patient has High BP (> 140) # Tip: use the paste() function
 - Print a message if the patient has Low BP (< 90)
 - Otherwise, mark them as Normal

Task 2 – Rewrite the same logic using apply()

- Instead of looping, <u>create a new column</u> (BP_Status) in the dataset:
- Assign "HIGH", "LOW", or "NORMAL" to each patient.

```
# read data
bp_data <- read.csv2("Desktop/R/data/BloodPressure_wDates.csv", sep = ",")</pre>
# Use for loop
for (i in 1:nrow(bp_data)) {
 if (bp_data$BloodPressure[i] > 140) {
    print(paste("Patient", bp_data$ID[i], "has HIGH blood pressure"))
 } else if (bp_data$BloodPressure[i] < 90) {</pre>
    print(paste("Patient", bp_data$ID[i], "has LOW blood pressure"))
 } else {
    print(paste("Patient", bp_data$ID[i], "is NORMAL"))
# Use apply() instead of loops
bp_data$BP_Status <- apply(bp_data, 1, function(row) {</pre>
 if (as.numeric(row["BloodPressure"]) > 140) {
    "HIGH"
 } else if (as.numeric(row["BloodPressure"]) < 90) {</pre>
    "LOW"
  } else {
    "NORMAL'
```

THANK YOU





