

## T. NAGAR

Saidapet » West Mambalam » Vadapalani » Porur » Kattupakkam » Irungattukottai » Nungambakkam » Manapakkam » Ashok Nagar » Valasaravakkam  
Gerugambakkam » Mangadu » Choolaimedu » Egmore » K K Nagar » Kodambakkam » Virugambakkam » Somangalam » Poonamallee » Chetpet



A precariously leaning rain tree on Prakasam First Lane, on June 20, 2025.  
PHOTO: PRINCE FREDERICK

## 'This raintree is a safety hazard'

BY A SPECIAL CORRESPONDENT

If you are a lorry and you are trying to gain entry into Prakasam First Lane (off Prakasam Street) in T. Nagar, you have no choice but to stop dead in your tracks. A metal barricade, reportedly installed in year 2000 to check movement of water-carrying tankers through the lane, is the first resident on the scene, quiet but highly efficient, to greet

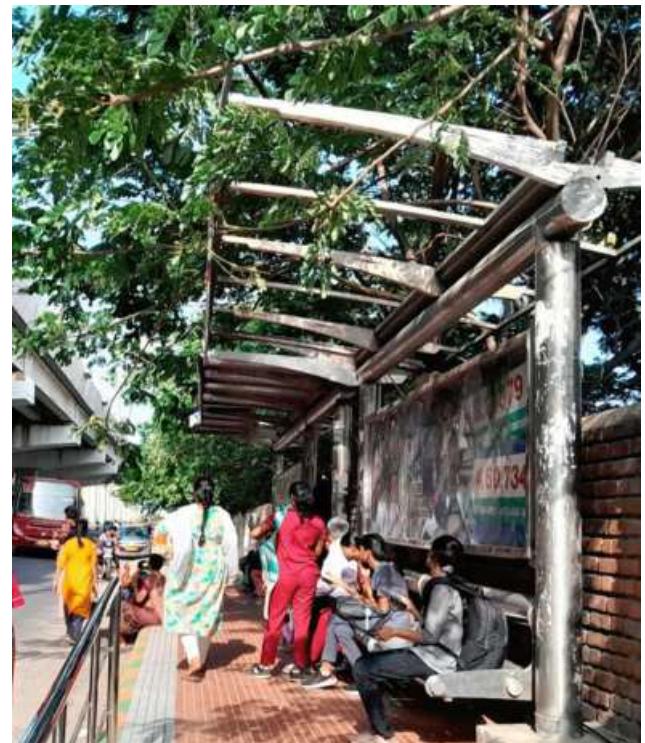
you. A massive CMWSSB tank overlooks this lane; and it is situated in what is a water-filling point. Residents are proud of this metallic guard.

Further down the lane, another barricade, a naturally occurring one, stands and it can would also stop tall, heavy vehicles. But residents are not proud of this one; in fact, vary of it.

It is a raintree, visibly old, and it is leaning precariously. A habi-

tue of the road, one who has his professional stomping ground there, points out that it keeps bowing down earthward from year to year (inch by inch), as evidenced by the fact that it is now touching a pipe on a house (new number 14). When complaints are made to the Corporation, they are inclined to only trimming the branches of the tree, but not uprooting it out of the landscape.

**'Bus shelter in Porur serves no purpose'**



The bus shelter at SRMC hospital bus stop on Mount Poonamallee High Road serves no purpose as its roof is broken. This stop is meant for buses heading towards Iyyappanthangal. Commuters also complain of lack of a bus shelter at a stop meant for buses headed towards Porur. The image was taken on June 18, 2025.



PRINCE FREDERICK

From a mental picture of two workplace scenarios.

A manager eased out of a role and moved elsewhere still hanging around their erstwhile team, watching their every move, as also that of the new incumbent.

The other scenario: someone recruited to a managerial role showing up at work much before the HR-specified official date of joining, out of misplaced enthusiasm. The manager on the way out is still in the saddle; and the one on the way

## 'Eclipse' of traffic signals

in is hovering around the seat of power.

On both counts, there is discomfort.

Impersonal analogues of these managers are to be found on various roads of Chennai, but nowhere as prominently as on EVR Peri-

yar Salai (also known as Poonamallee High Road) with its maddeningly frequently occurring junctions.

At some junctions, the new traffic signalling device (installed as part of an intelligent traffic management system) has "joined

work" before the date of joining. Though not made functional yet, there it is, standing in front of the old, still-in-harness traffic signalling device making the latter invisible for motorists, to their discomfort and possible danger. One encounters this situation at junctions such as Egmore Wesley Church intersection, where the new yet-to-get-started traffic signalling device is hopelessly in the way of the old device that is still on the job.

One encounters the opposite of this situation at the Ega theatre junction in Kilpauk. The new device is letting out glows to direct mo-



At the Ega theatre junction and Egmore Wesley Church junction.  
PHOTOS: PRINCE FREDERICK

torists only to find those glows "dimmed" by the uncomfortable presence of the old device bang in front of it. The afore-described scenarios at these two junctions were captured in images on June 20, 2025.



## Watch out!

▼ Accessing TANGEDCO's Office on Arcot Road in Kodambakkam is difficult. This stretch of the road is battered. Besides, the front area of the office is earthen and uneven. Further, cables come in the way. If pedestrians do not watch their steps, they could have a fall.

PHOTOS: VELANKANNI RAJ B

Hemanth Kumar Sharma has built a team of blood donors, and he is one himself: he travels to Chennai regularly to donate blood to groups that conduct blood collection drives

## Taking the cue from Chiranjeevi



Hemanth Kumar Sharma seen with actor Chiranjeevi. PHOTO: SPECIAL ARRANGEMENT

BY A SPECIAL CORRESPONDENT

**A** diehard Chiranjeevi fan, Hemanth Kumar Sharma started donating blood after he turned 18 inspired by the actor. "Audio cassettes featuring Chiranjeevi movies would have lines by the actor requesting people to donate blood and that is how I got started on donating blood as a small gesture to my idol," says 33-year-old Hemanth, who was among those honoured at a World Blood Donor Day

celebration in Chennai.

Hemanth works as a *pujari* in Sulurpetta, a small town bordering Tamil Nadu, and has built an army of volunteers by conducting blood donation camps under the banner of Chiranjeevi Charitable Trust. But what is more commendable about him is that he does not hesitate to travel to Chennai every time he is presented with a request from any of the groups to donate blood.

"It was Srivatsav Vema of Platelet Club who motivated me to start donating SDP or Single Donor Platelets

and until today I have volunteered more than 40 times," says Hemanth who has given blood more than 30 times.

Unlike regular blood donation, platelet donation is time-consuming. "This takes at least two hours. First they collect the sample, screen it and start the process for donation. One can donate SDP once in 15 to 30 days," he says.

At his home town, Hemanth conducts SDP camps four times a year and he donates the collected SDPs to the Indian Red Cross Society.



The donors with their citations

## 50 and counting

Blood donors honoured at an event organised by the Department of Health

"We have close to 40 people who have donated more than 50 times but we could gather only 15 of them in the short notice that we got," says Srivatsav Vema, who runs the Platelet Club.

Donating blood is an unshakeable habit for many of them in the Club. Rohith Fernandes, for example, has donated blood 221 times; Karthik Nararajan 252 times; and Poorna Chandran 200 times.

There are many others in the 100s club including Kishore Gupta (182), Muthukumarasamy R. (100), Suresh Kumar (112), R. Vallinayagam (110), Naresh E. (183) and Baskaran from Villupuram (160).

The blood donation camps organised by Srivatsav Vema and his team of donors are exclusively for government hospitals. A key feature of this club is they donate platelets that is used for those undergoing treatment for cancer, dengue and for transplantation surgery.

**M**ore than 100 volunteers from across Tamil Nadu were honoured by the Department of Health and Family Welfare, Government of Tamil Nadu at Government Multi Super Speciality Hospital, Omandurar Government Estate, to commemorate World Blood Donors Day observed on June 14. One of the eligibility criteria set by the Department was that the individual should have donated blood for a minimum of 50 times. From Chennai, 15 volunteers of the Platelet Club were honoured at the event.

## Library devotes space to aspirants of competitive exams

Youngsters want the library to be open for longer hours

L. KANTHIMATHI

Visitors to the State Government-run library at Todd Hunter Nagar in Saidapet, especially youngsters preparing for various competitive examinations there, are happy as the first floor has been dedicated exclusively for them.

The additional structure was constructed recently and it was inaugurated a couple of weeks ago. Here, visitors are allowed to bring their own books.

The District Library Officer M. Kavitha, says "In the last few years, this library witnessed a steady increase in the number of aspirants making use of it. Hence, this facility was picked for constructing the first floor."

According to officials, around 20



The first floor of the library building at Todd Hunter Nagar in Saidapet. PHOTO: SRINATH M

such youngsters visit the library every day. Most of them are from other districts including: Salem, Vellore, Dharmapuri, Namakkal, Cuddalore, Tirupur, and Tirunelveli. Welcoming the new facility, the aspirants made an oral request to the Greater Chennai Corporation's Deputy Mayor, M. Magesh Kumaar, on the occasion of the inauguration to increase the opening hours of the library.

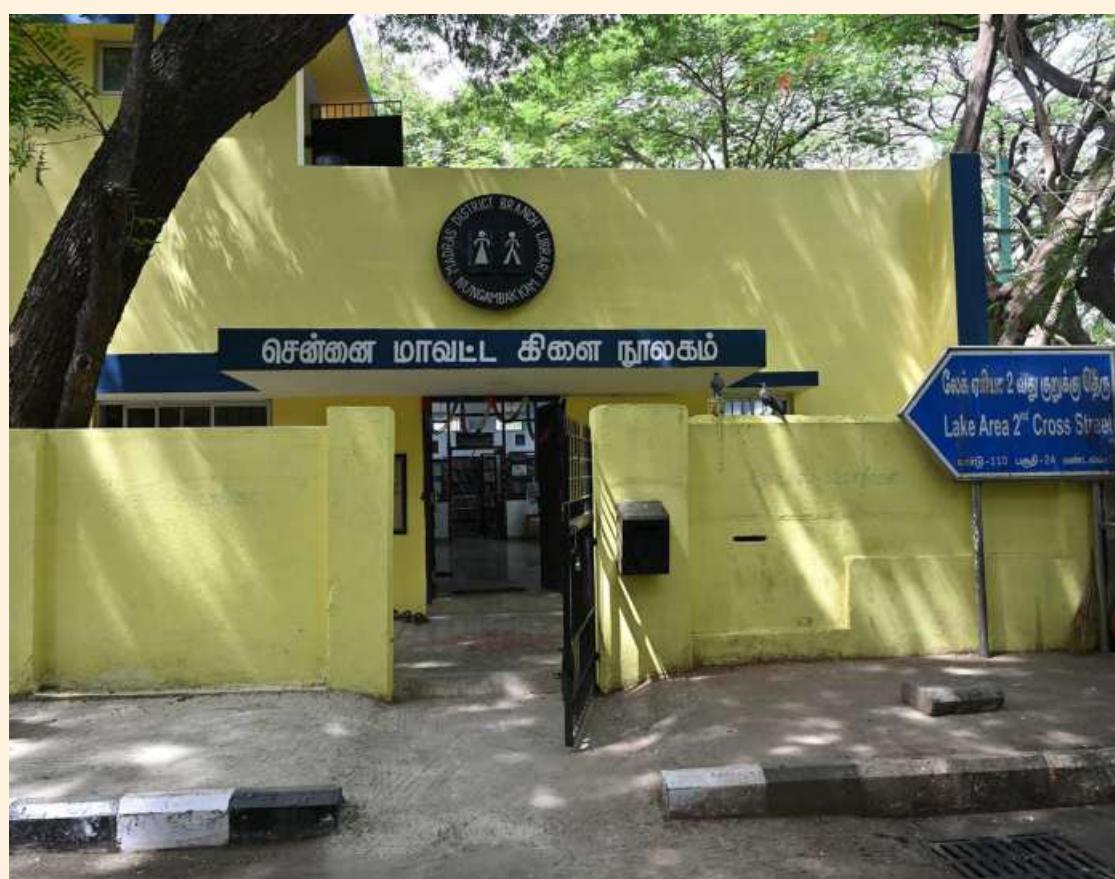
The library is open three-and-a-half-an-hours from eight in the morning and another three hours from four in the evening. The youngsters have requested to keep the library open from eight in the morning to eight in the night.

They also pointed out the need for increasing the number of books prescribed for competitive exams.

"Tamil Nadu government school text books from class six to 12 is the syllabus prescribed for TNPSC exams. We find the number of sets of this collection inadequate. Also other books of various authors prescribed for competitive exams should be made available," says 27-year-old S. Manoj, a native of Dharmapuri, preparing for TNPSC exam.

The library is located within the premises of the quarters of State Government employees' quarters at Todd Hunter Nagar. It can be easily accessed from Saidapet metro railway station.

## An attempt to draw youngsters



The public library in Nungambakkam.  
Photo: SRINATH M

Visitors to the State-Government Library at Lake Area Second Cross Street in Nungambakkam (near the tennis stadium of the Sports Development Authority of Tamil Nadu) has got a first floor and it was inaugurated recently.

On the first floor, only a section has been built up and the remaining area is open. This contrast provide by open and occupied space is arresting.

Visitors suggest installation of reclining benches in the open area.

"The view of the stadium from the terrace and with canopy of trees around would enhance the reading experience. So benches are required in the open area," says a visitor.

The library was set up in 1984. According to Library Department officials, this facility has a membership of 50.

"The aim of constructing the first floor is to draw youngsters preparing for competitive exams. Measures will be taken to spread awareness about the new space and its intended purpose," says a library department official.

The library is open from 8 a.m. to 11.30 a.m. and from 4 p.m. to 7 p.m.

# Rethinking bus shelters

Beginning to dot the Chennai landscape, these facilities draw upon the flexibility of 3D printing construction technology. It remains to be seen how the potential for greater aesthetics and safety offered by this technology is realised



PRINCE FREDERICK

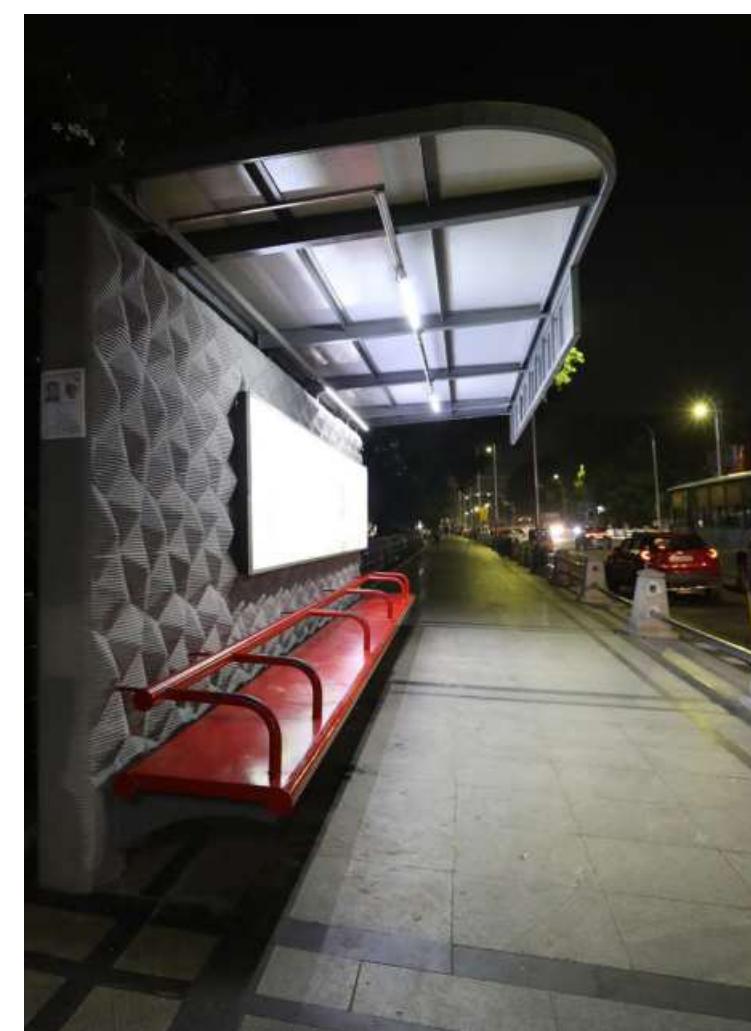
**A**nyone hitting Marina Loop Road, Kamarajar Salai and Sardar Patel Road with the regularity of tidal action would have had a long, scarlet-red, metal bench crossing their field of vision.

On these roads, even if they were on their own private wheels,

they would likely end up taking in the view of bus shelters sporting these attention-grabbing benches. Greater Chennai Corporation's Bus Route Roads Department is installing these bus shelters constructed with 3D printing technology. With an air of extemporaneity, these bus shelters are simply called "3D bus shelters".

Though announced at least a year ago, these 3D bus shelters are

only now beginning to draw attention as a "sub-species" of bus shelters in Chennai, as they seem to show up with a slowly increasing frequency across the cityscape. Given the target the BRR Department is working towards – ninety 3D printed bus shelters across Chennai – it has the chance of being elevated to the status of a separate species under the broader genus of bus shelters.



3D-printed bus shelters at Anna University bus stop and Kamarajar Salai bus stop (opposite the TWAD Board office) on June 20, 2025. PHOTOS: PRINCE FREDERICK

Only recently, a 3D bus shelter was constructed at the bus stop right outside the Pattinampakkam bus terminus on Marina Loop Road. This facility still looks a bit ragged around the edges, as secondary features are still in the process of being added. If one desired to clap eyes on a 3D bus shelter that has been functioning for quite some time and is therefore expected to be fully "suited up", they could head to the bus stop on Kamarajar Salai diametrically opposite the TWAD Board office.

The one on Kamarajar Salai has a concrete wall with a scraggy surface, the scragginess forming a uniformity of design, that does not lend itself to posters being pasted.

3D printing technology-based construction provides immense flexibility in terms of design. Customisation being possible, these bus shelters can bring variety to the landscape and likely be a refreshing break from the uniformity that marks bus shelter design. It remains to be seen if the BRR Department is going to "format" the look of the bus shelters, or experiment with it.

According to a top GCC official familiar with developments to 3D bus shelters, in contrast to what is now seen as the conventional shelter with SS pillars, this one has reinforced concrete pillars.

3D bus shelters at Anna University bus stop on Sardar Patel Road, the bus stop outside the Pattinam-

pakkam bus terminus on Marina Loop Road and the Ice house bus stop on Kamarajar Salai share the look, the reinforced concrete pillars particularly following a format. The GCC official notes fitting the humongous bench takes some doing; it demands a greater outlay of space (which most bus stops can ill afford). The BRR department needs to work around this challenge while going about their target: constructing 3D shelters at 90 bus stops across Chennai.

The bench has a ground clearance that is just right for people of varying heights to be parked on it comfortably.

The stainless steel bus shelters across Chennai one is accustomed to are known to have offered in many cases benches that are too high or too low for comfort.

The benches at the afore-mentioned 3D shelters comfort in terms of height.

According to Greater Chennai Corporation's Inclusive Design Manual, at bus shelters, the seating should be "no higher than 450mm from pavement level for better comfort for all users".

It remains to be seen how in the days to come, the full potential of 3D printed construction technology is realised in the bus shelters which would include introducing features that would enhance safety of commuters (particularly, women commuters) and also address climate concerns.



Accessibility features being incorporated at the Ice House bus stop on Kamarajar Salai on June 19, 2025.

PHOTOS: PRINCE FREDERICK

BY A SPECIAL CORRESPONDENT

**O**n Kamarajar Salai, the Ice House bus stop is almost contiguous with Vivekananda Illam. Mention of the bus stop will call the memorial to mind. The Museum of Possibilities which showcases systems and products that promote accessibility for the differently abled is not an immediate neighbour to the Ice House bus stop, but a neighbour a little removed. But this bus stop would soon refresh one's memory about the museum.

The bus stop is in the process of being made accessible to the differently abled, right from their movement to the benches at the bus stop via a ramp, designed on each side.

The height of the flooring at the bus shelter was reportedly measured and built just right for it to be on par with the height of the flooring on low-floor buses. The kerb seems to have a slight curvature aimed at ensuring the side of the bus with entrances eases neatly into place. The benefits of this design can be enjoyed not just the wheelchair-bound differently abled but

anyone with mobility challenges.

In its inclusive design manual, GCC makes the following observations about bus boarding platforms.

The manual points out that the "step height from the kerb to the (kneeling) bus platform should not exceed 150 mm to accommodate passengers with limited mobility."

It goes on to add: "raise the en-



tire footpath platform to 300mm to be able to board low floor buses without difficulty."

The Bus Route Roads Department of Greater Chennai Corporation is driving this initiative. A GCC official familiar with the work notes that the accessibility feature would be extended to various bus stops across Chennai.



On Durgabai Deshmukh Road, an assistive feature to enable the wheelchair-bound to embark on a bus journey with ease carries the tenor of a postlude, added after hurriedly retrieving the letter after it had been dropped in the post box. The ramp and the boarding platform are close to a bench in a manner approaching a hernial protrusion, and it robs commuters (sitting on the bench) of leg space. When a disabled-friendly feature is introduced at a bus shelter as an afterthought, it can consume added space and still stick out awkwardly. In contrast, the disabled-friendly features built into the design of a bus shelter draw little attention and does its work without any fuss. The image was taken on June 20, 2025.

PHOTO: PRINCE FREDERICK

## Enhancing access

### 'No standard timings for Makkal Marunthagam outlets'



A store on Bells Road

LIFFY THOMAS

Chennai has over 30 Makkal Marunthagam outlets and each of them seem to be functioning with a great deal of autonomy which reflects in their timings. The opening and closing hours of the shop are decided by the respective store in-charge. Makkal Marunthagam in Thirumullaivoyal, for instance, functions from 10 a.m. to 10 p.m. including on Sundays; the Pallikaranai outlet remains closed from 1.30 p.m. to 4.30 p.m.

These outlets are run under the Pradhan Mantri Bhartiya Janaushadhi Pariyojan.

The stores launched by the Department of Pharmaceuticals, Ministry of Chemicals and Fertilizers, Government of India, sell allopathic medicines at 30-90% discount from market prices, says a note on its website. They also deliver medicines.

A member of the Chennai Pharmacy Association said Makkal Marunthagam stores do not come under their banner. The guidelines for opening of New Pradhan Mantri Bhartiya Janaushadhi Kendra mentions about the distance that needs to be maintained between two outlets but does not make a mention about the timings these shops are required to be open through most part of the day.

In Chennai Division of Southern Railway, despite several efforts to check trespassing and jaywalking on tracks, accidents happen with disturbing regularity

# *Tracking a dangerous trend*



LIFFY THOMAS

**S**tatistics has it that nearly two lives are lost every day on the railway tracks of the Chennai division of Southern Railway. As per data collected by the Railway Protection Force, in the last five months, 275 people were killed and 24 sustained injuries while crossing railway tracks in the Chennai division.

In 2024, 712 people died on the railway tracks and 77 sustained injuries; and in 2023, 669 people died and 63 suffered injuries.

Trespassing, falling from a crowded train and talking on phone while crossing tracks are main reasons for loss of lives in the railway network covering Chennai, Kancheepuram, Tiruvallur, Chengalpattu, parts of Vellore and some areas of Andhra Pradesh.

Southern Railway adopts a three-pronged approach to changing this deadly behaviour: create awareness, register cases under Section 147 of Indian Railways Act as trespassing is punishable with a fine of ₹1,000 or six months of jail or both and close vulnerable points on the tracks.

On June 19, the staff and officers from Villivakkam check post conducted an awareness session for students of Sri Kanaka Durga



**The numbers**

Year	Cases registered	Number of deaths	Fine amount collected
2023	2778	669	13 lakh
2024	2850	712	14 lakh
Until June 2025	1650	275	7 lakh

Source: RPF, Chennai Division

Telugu Higher Secondary School. Footboard travelling, skating on train platforms, trespassing, taking selfies and videos on the footboard, pelting stones on the train were among the topics covered.

B. Ramakrishna, senior divisional security commissioner, RPF, says such awareness programmes run through the year. "In fact, we are increasingly reaching out to younger children in schools as they get the message faster and

would also take it home to their parents," says Ramakrishna.

While the Southern Railway has been replacing level crossing gates with rail overbridges (ROB) or subways to prevent commuters from crossing the tracks, jaywalking along unauthorised points along the tracks make it a bigger challenge to check this offence.

In suburban areas such as Korukkpet, Ennore and Basin Bridge, fences are



A scene from Annanur railway station; students take the safety pledge at Sri Kanaka Durga Telugu Higher Secondary School in Villivakkam during an awareness session by the Railway Protection Force.  
PHOTOS: VEDHAN M AND SPECIAL ARRANGEMENT

erected so that people cannot get on to the tracks.

"Fencing is the most effective measure," he says.

According to an official from the Safety Department, 10-15 railway level crossings are closed every year.

"Unmanned level crossings have been completely eliminated. Currently we have 153 LC gates across Chennai division, and all these are interlocked gates that provide more safety," says the official.

Vandhe Bharat trains run at a speed of 130 km/hr, so there must not be an LC gate or cattle crossing over the tracks.

On Chennai to Arakonam section, more LC gates are waiting to be closed as Southern Railway is waiting for funds.

When the number of vehicles/units taking a gate crosses 1 lakh, the gate must be replaced with a ROB or a subway. That is the thumb rule, he says.

Do fines act as a deterrent? From January 2025 to the second week of June, RPF had booked 1,650 people and collected a fine amount of ₹7 lakh.

Officials say these measures are helpful to some extent. Are youngsters fined? They are usually let off with a warning but repeat offenders are booked. "Youngsters performing stunts in local trains was a serious concern and we would call their parents, show the videos of their antics and take a written undertaking that if the child indulges in such activities a criminal case will be filed. This has worked to a great extent," says senior divisional security commissioner.

He says institutions and the larger society must also play a role in sensitising people about the danger of jaywalking on the tracks. "Talking on the phone and crossing are a strict no. Use foot overbridges and subways where they are provided. Do not take reels on trains. After all, life is precious," says Ramakrishna.

## **A case study from Western Railway: Using behavioural science to prevent trespassing**

A behavioural science approach was adopted to check the increasing number of deaths on Mumbai's suburban railway network many years ago.

Indian Railway approached Final Mile, a behavioural science and design consultancy firm, that studied data and investigated the psychology of risk perception. The simple, science-informed, and cost-effective design interventions brought down the number of deaths on tracks.

Their research found that "the current system of warning signs, using text and stick-figure illustrations, was ineffective. Second, the train drivers' practice of sounding the horn was not successful in alerting people: either it was too familiar to catch people's attention, or they honked too late to make a difference: once people were on the track and heard the horn, they decided to run for it rather than to turn back - but they could not outrun the train. A third, related observation was that people crossed even when they could clearly see the oncoming train," says a note on [www.thefinalmile.com](http://www.thefinalmile.com).

They designed solutions that worked at a "nonconscious level" and even recommended changing the way drivers used their horns to warn people. To tackle the problem of incorrect perception of the train's speed, railway ties were painted yellow at regular intervals on either side of trespassing points. The bright stripes attract attention, and as they disappear under a moving train, the brain quickly and unconsciously recalibrates its estimate of the train's speed, says the note. Their first pilot reduced fatalities by 75% in a year and this was scaled up to multiple locations around the suburban railway network. In 2019, a 5 km stretch of the Central Line that had seen 88 deaths experienced a 44% decline in fatalities.

# Keeping old Hindi melodies alive

Spread across Chennai, a motley group of singers come together every month to sing and cherish songs ranging from the 40s to the 80s. Their next show is on June 29 and it does not take a ticket to attend it



BY A SPECIAL CORRESPONDENT

If you are in a mood for some retro Hindi music then head to Kaviko auditorium in Mylapore on June 29 at 4 p.m. There are no tickets for this show. A motley bunch of music enthusiastic promise make it a nostalgia fest for lovers of old Hindi songs. Lata Mangeshkar and Mohammed Rafi's melodious presentation of love in *Saaz e dil chhed de* from Passport will be the highlight of the evening.

Twenty passionate singers make up ShreeDhwani, a music group that meets to rewind to good old Hindi songs. It started in 2013 when Mohan Krishnan and V. Sivasubramaniam met at a friend's son's wedding reception. The host wanted some old Hindi melodies to be sung and this music journey began with fanfare but quiet determination.

"The two of us managed to sing for close to three hours as requests after requests poured in from guests. That is when we thought: why not bring like-minded people together?" says Mohan Krishnan, who retired as general manager from Reserve Bank of India.

In the initial years, the group would rent an auditorium for the performances. (Now, they meet at a school)

ShreeDhwani continued without any hindrances until the pandemic, when the routine was disrupted.

In 2023, ShreeDhwani was revived with a renewed focus.

"The coming event is special as it is the first anniversary of ShreeDhwani 2.0," says Mohan, who has a database of 500 songs and also anchors along with singing. Since this year, the group has started raising funds for a cause. The proceeds from the February show was given to Dignity Foundation's Dementia Day Care Centre. "So far we have not raised funds through sale of tickets but we get sponsors. We plan to raise funds for old age homes and organisations working towards autism awareness," says Mohan, a resident of RA Puram and a practising chartered accountant.

A. Surya Narayana Rao, an octogenarian and correspondent of Jawahar Vidyalaya Schools, and a connoisseur of music, gives the team infrastructure support by offering a space at the school at no cost.

Burman show, artistes from Bengal and Mohammed Rafi (two events are held a year in his memory).

The eclectic mix of the group makes the performance rich. "We would have met either at a performance or on a common platform, and most of us are either retired or reaching retirement," says Mohan, adding that they take karaoke support.

There is Badrinarayana who retired from the Indian Institute of Fashion Technology; Sukanya, a student of Carnatic musician M.L. Vasanthakumari; Neeta, a medical administration professional; and Vishwa Padmanabhan, a practising chartered accountant.

A. Surya Narayana Rao, an octogenarian and correspondent of Jawahar Vidyalaya Schools, and a connoisseur of music, gives the team infrastructure support by offering a space at the school at no cost.

Sixty-two-year-old V. Sivasubra-

## Legendary singers

Renditions of songs by Hemant Kumar, Mukesh, Kishore Kumar, Asha Bhosale and Geeta Dutt feature in the performances. Among themes based on musicians include an RD

We plan to raise funds for old age homes and organisations working towards autism awareness



Members of ShreeDhwani and (right) during an event

maniam says there is so much learning and sharing in the group and that makes every event special. "I was not well-versed in Hindi when I started singing. I had the lines written in English. It was Mohan who mentored most of us," says the cost accountant who retired from the Southern Railway.

Sheetal Rayathatha, a storytell-

er-cum-psychologist, who is taking part for the second time, says the motivation that she got from the group when she sang her first song was a big moral booster to join the platform and quench her thirst for Hindi melodies.

To connect with the group members, call 9840322236/ 8610888056/ 9840091290

## Want to be the 'Quiz Champions of Chennai'?

The competition is open for middle school students

KSA Trust has started a new initiative – "Quiz Champions of Chennai". Curated by expert quiz masters, this event is aimed at engaging and educating middle school students.

A school can choose any date and time before July 15 to take part

in the written general knowledge quiz that will have 30 questions covering topics in history, geography, science and tech, sports, language and literature and entertainment.

The quiz aims to promote not just acquisition of general knowledge but also to use facts to arrive at answers through logic and lateral thinking, says a press release. Any three students can join to form a team.

The best three teams across all

participating schools will be invited to the "Champion of Chennai" awards event on August 17, where they will be given certificates, prizes and a trophy. KSA Trust, founded by the 30-year-old accounting firm Kalyanasundaram Associates, runs the annual Champions of Chennai Awards. Since 2013, they have recognised 77 such champions. For any questions or further details, write to rao@championofchennai.org or 9841116216.

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## A day of stretches

### Jeeva park



Bharatiya Yog Sansthan, Yogashram & Research Centre, and Jeeva Park Yoga Association celebrated International Yoga Day at Jeeva Park in T.Nagar.

Members of the association demonstrated various asanas and explained their benefits.

According to a press release, the chief guests were D. Dwarakanath and N. Elumalai, both Ph.d holders in Yoga.

The association has been teaching and practising yoga at the park for the past 21 years, adds the release.



▼  
At New  
College  
PHOTO: RAGU  
R



### Annai Veilankanni's College

Annai Veilankanni's College of Arts & Science in association with Brahma Kumaris observed International Yoga Day. There were sessions on yoga and meditation. According to a press release, close to 700 students participated.

### MTC issues tokens to senior citizens

The Metropolitan Transport Corporation (MTC) has started distributing bus pass tokens to senior citizens for free travel in its buses. The half-yearly tokens are being issued for the July-December 2025 period.

Under a scheme introduced in February 2016, people over 60 are eligible for free travel on MTC buses ten times a month. Beneficiaries can renew their identity cards.

Senior citizens in Chennai, who want to apply for the tokens and for new identity cards, should submit photocopies of their ration card (address proof), Aadhaar card, driving license, educational certificates, and electoral identity card (age proof), and two-colour passport-size photographs.

The tokens will be issued from 8 a.m. to 7.30 p.m. till July 31 in more than 30 terminuses across the city.

After July 31, the tokens will

be issued in the terminal offices during working hours on working days.

The centres are located on the premises of the bus terminuses / depots at Adyar, Besant Nagar, Thiruvanmiyur, Mandaveli, T. Nagar, Saidapet, Saidapet terminus, Central bus depot (Pallavan Salai), Chennai Central Railway Station bus terminus, Broadway, Chromepet, Pallavaram, Alandur, Guindy Industrial Estate bus stop, Iyyappathangal, Vadapalani, K. K. Nagar, Adambakkam, Anna Nagar, Koyambedu (CMBT), Ambattur Industrial Estate and Old Terminus, Avadi, Ayanavaram, Integral Coach Factory, Tondiarpet, Toll Gate, Ennore, Vysarpadi, Madhavaram, Padiyannur, Red Hills, Madras Export Processing Zone bus terminus, Poonamallee, Perambur bus terminus, Vallalar Nagar, Semmencherry, Thiruvottiyur, and Kundrathur.

### Changes in pattern of train services

Due to Chennai Egmore railway station redevelopment work, five pairs of Express trains will originate from and terminate at Tambaram railway station (avoiding Chennai Egmore).

To facilitate incoming passengers, the following changes have been made in the pattern of EMU train services for 60 days until August 18.

Train Numbers : 40040, Tambaram - Chennai Beach EMU will leave at 03.15 a.m., instead of 11

a.m., 40047, Chennai Beach - Tambaram EMU will leave at 04.25 a.m., instead of 12.15 p.m., 42501, Chengalpattu - Gummidiyopundi EMU will leave at 09.50 a.m. (no time change in departure), leave

Tambaram at 10.50 a.m., 40043, Chennai Beach - Tambaram EMU will leave at 11.55 a.m., instead of 11.52 a.m., 40045, Chennai Beach - Tambaram will leave at 12.10 p.m., instead of 12.02 p.m., 40533, Chennai Beach - Chengalpattu will leave at 12.25 p.m., instead of 12.28 p.m.,

and 40904, Arakkonam - Chennai Beach will leave at 07.30 a.m. (no time change in departure), the train will leave Tambaram at 09.40 a.m., instead of 09.45 a.m..

On Sundays, a passenger special runs between Chennai Beach and Tambaram and vice versa.

The Tambaram - Chennai Beach will depart at 03.15 a.m. and reach Chennai Beach at 04.10 a.m..

The Chennai Beach - Tambaram will depart at 04.25 a.m. and reach Tambaram at 05.20 a.m..

### Workshop on traditional paintings

Artist Kanimozhi takes classes in Tanjore painting, Madhubani, Warli, Gond, Patachitra, Nirmal, Zulu and Kerala Mural for ladies and children. The next batch starts from June 23 at SAF Games Village, Koyambedu.

For details, call 93811 57831



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