

IT CORRIDOR

Adyar » Kanathur » Kelambakkam » Navalur » Semmencherry » Thoraipakkam » Velachery » IIT Madras » Kandanchavadi » Kottivakkam

Neelankarai » Sholinganallur » Thiruvanmiyur » Vijaya Nagar » Indira Nagar » Karapakkam » Kotturpuram » Padur » Thalambur » Pallikaranai

A run to mark a milestone

As a prelude to its 150th anniversary celebration, St. Patrick's Anglo-Indian Higher Secondary School in Adyar organised a marathon

BY A SPECIAL CORRESPONDENT

St. Patrick's Anglo-Indian Higher Secondary School at Crescent Avenue, Gandhi Nagar in Adyar kickstarted its 150th year celebration recently with a five-km run (to and from Olcott Memorial School). "St. Patrick's 150th Anniversary Marathon" was a vibrant celebration of fitness, community, and family spirit as reflected by its theme, called "Disconnect to Reconnect - Love More, Live More with Your

Family", with close to 1,500 participants, including parents, alumni, students and fitness enthusiasts from across the city taking part in it.

The event was flagged off by Dr. Soma Sundar, a spine and orthopaedic surgeon from Kauvery Hospital and an alumnus of the school. The atmosphere was further energised by Kokila, a physiotherapist and psychologist from Agni Physio Care, who led a warm-up session, preparing the participants for the run ahead.

Headmaster Brother John Kennedy said the school would be



From the 150th anniversary marathon. PHOTO: SPECIAL ARRANGEMENT

hosting a range of other events in the months to come in celebration of the 150th year of the institution. An inter-school competition and a literary fest are among the events that have been inked in.

The school is inviting all alumni including those who have made

significant strides in fields such as medicine, law, sports and entertainment to touch base with the school.

"We are looking at connecting with as many old students of the school as possible so that they can also be part of the 150th year cele-

bration," said the headmaster.

Brother John said that old students from 1983 batch were also helping the school connect with other old students of the institution. The grand 150th anniversary celebration is scheduled to be held on October 11.



The move to Gandhi Nagar

This 150-year-old institution's journey began in George Town and it was only later that it set foot in its current campus at Gandhi Nagar in Adyar.

Run by the Brothers of St. Patrick, which was founded by Bishop Daniel Delany in 1908 in Ireland, the congregation derives its name from the "Great Apostle of Ireland" St. Patrick.

The Patrician Brothers arrived in India in 1875 to take over the care of the Military and Civilian Orphanage in George Town. They transformed it into a home-cum-school, providing shelter and education to countless children, says a note shared



Images from the past

by the school management.

The institution later grew into St. Patrick's High School and was relocated to Adyar in 1885. The path to forging an irresistible legacy, however, was not without its struggles.

The school faced numerous

challenges, especially during World War II when the Adyar campus was requisitioned by the British military and converted into a military camp. Forced to evacuate, the institution relocated to Coimbatore, where they persevered through overcrowding and limited resources.

The Brothers turned adversity into opportunity, offering education and shelter to many orphaned by the war, and transforming the institution into a residential school, says the note.

As the student population grew, so did the need for infrastructure, leading to a much-needed facelift.

The school turned into a higher secondary school and later the all-boys school turned into a co-educational institution, preparing students for government and commercial careers and empowering them to build brighter futures. St. Patrick's became a place where students excelled not only academically but also in extracurricular activities, added the note.

The Governor's Band, a celebrated symbol of St. Patrick's, performed at state events, gaining regional recognition.

The school marked its 100th anniversary in 1975, with then Chief Minister M. Karunanidhi gracing the occasion.

SUZUKI

All New **ACCESS**
Pickup Bhi, Mileage Bhi.
Shandaar Quality Ke Saath

NOW WITH

- Bluetooth® Enabled Digital Console
- One Way Clutch for Quieter Start
- Front Lock Operated External Fuel Lid
- LED Tail Lamp

Kam Peeta Hai

NATWEST SUZUKI 92 4005 4005
LB ROAD, ADYAR



**ISWARYA
HOSPITAL**

**1st Time in Chennai
— AI Powered —
CT & MRI SCANS**

www.iswarya.com

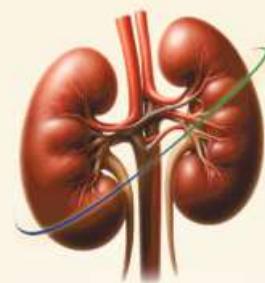
Expert **Dialysis**

**Care for a
Healthier Tomorrow**

- ✓ Advanced Dialysis Treatment
- ✓ Experienced Nephrologists & Caring Staff
- ✓ Safe, Hygienic & Comfortable Facilities
- ✓ 24/7 Emergency Support

Because Your Health Matters !

FREE 5 DIALYSIS SESSION



CHENNAI'S LARGEST MULTI-SPECIALITY HOSPITAL

**OMR-TARAMANI | 044 2025 2025 | Rajiv Gandhi Salai, OMR,
Kottivakkam, Chennai – 041.**

24/7 Heart Attack Care | 24/7 Emergency

STATUS REPORT

Kiosks stay aloof, cut off from commerce

These streamlined, compact metallic facilities are aimed at regulating vendor activity on Besant Nagar Second Avenue and ensuring greater latitude for pedestrians. The question is: when will Greater Chennai Corporation's revenue department implement the regulatory system and ensure these kiosks are placed on active duty? According to sources, it would happen within two weeks



BY A SPECIAL CORRESPONDENT

The tables are laid. The plates are set. Even the dishes are ready, steaming hot yet to grow cold. But the banquet hall is locked. There is no sight of the keys. If this deadlock continues, the food will lose its palatability. It is an unusual situation, obviously run through with hyperbole. But a somewhat similar situation, not as dramatic but certainly attention-grabbing, is encountered by pedestrians at Besant Nagar Second Avenue which comes under ward 174. Metal kiosks were plonked a substantial time ago, and they were bearing shop numbers (not vendor licence numbers). It raised the hope of vendor regulation. But time has elapsed significantly without these kiosks being tasked with their duties. They remain aloof from commerce. Vendors continue with their own shops, some of them unwieldy. According to sources with Greater Chennai Corporation's Revenue Department, the list of vendors need to be finalised, being moved from the sub committee to the main committee. The kiosks would start functioning in around 10 days. According to the sources, 30 such kiosks have been allotted to each zone. Besant Nagar Second Avenue in Zone 13 has received 12 kiosks. This image from Besant Nagar Second Avenue was taken on February 14, 2025.

Photos: PRINCE FREDERICK

Walkathon to protect Nanmangalam Eri

On February 16, the volunteers of 'Save Nanmangalam Lake' will go an walkathon to create awareness about the Nanmangalam Lake.

Spanning 180 acres, the lake has been neglected for years, leading to garbage dumping, and sewage water inflow from Sembakkam and Chromepet regions.

This has resulted in the growth of water hyacinths. The lack of maintenance by the Water Resources Department, has further exacerbated the issue, with most of the water flowing into the Keezhkattalai lake without being stored in the Lake. The walk will be held from Zion School, Sembakkam, to the Lake, from 7 to 9 a.m.

The volunteers of 'Saving Chitlapakkam Lake,' Exnora, Environmental Awareness and Protection Association and students of Madras Christian College, SIVET, East Tambaram, and Gowrivakkam, are also taking part in raising awareness about the importance of lakes and the need to protect them from degradation.

For details, contact 9282424272.



Remembering Bharathi

Shriram Bharathi Kalai Ilakkiya Kazhagam, a part of Shriram Group of Companies, observed the 143rd birth anniversary of poet C. Subramania Bharathi. The event was held at Krishna Gana Sabha, T. Nagar. Justice A Nakeeran of the Madras High Court delivered the presidential address and released a book 'Avvaiyin Thamizhamuthu.' Kavita Jawahar, a renowned speaker, spoke on 'Paarthira Paadiya Bharathi.' On occasion, three scholars, professors Krungai Sethupathi, P. Mahendran and S. Kalaimani were honoured with a citation and cash prizes. The book was distributed free of cost to the entire audience.

VISIT CHENNAI PHOTO BIENNALE EDITION 4

chennaiphotobiennale.foundation/cpb4

@chennaiphotobiennale

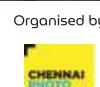
25
Photography
Exhibitions

15
Venues
Across Chennai

130
Exhibiting
Artists

Biennale Closes
16.03.25

**Free
Entry**



© Md Enamul Kabir

SHARON JESSICA MICHAEL

In Franz Kafka's *The Metamorphosis*, Gregor Samsa wakes up to an unsettling truth: he has transformed overnight into an insect, with no say in his own becoming. Neeraja Arjun's transformation was not entirely unbidden, certainly not grotesque, but indubitably as life-shifting as Gregor Samsa's. At CIT Colony in Mylapore, Neeraja lays up unlikely treasures – citrus peels and similar organic discards – and hobnobs with microbes, in a spirited effort to impart worth to waste; and she has hired herself as an unapologetic spokesperson for alternative organic cleaning solutions, clambering on to platforms where the message can be amplified. This picture is indeed vastly removed from the one that defined her everyday reality only a few years ago: a homemaker dabbling in sustainable practices and applying them within the closed walls of familial wellbeing.

Neeraja dons the mantle of a bio enzyme maker and she dons it in a manner campaigners wear their ideologies. Unlike most other bio enzyme makers, she ensured early on that the activity broke out of the prison walls of her kitchen. A few years into bio enzyme making, she kicked the activity upstairs, collaborating with a commercial bio enzyme manufacturer. She would go on to fashion her own brand, called PUVI which she promotes through her sustainability store called The Canopy Tales. However, the most significant aspect of her work, one that steers her a whole galaxy away from DIY bio enzyme makers and even a horde of those practising it professionally is her desire to share her knowledge with women self-help groups. Neeraja speaks on sustainability at various fora, particularly on college campuses and in corporate houses.

Educational training
A snatch of a back story would place this pursuit in perspective.

Neeraja's educational training geared towards environment-related professional practice proved a cul-de-sac, failing to take her to the promised destination. She is qualified in GIS for environmental modelling and management, which she studied in Europe on a scholarship in 2009-10. After returning to India, she found that GIS was still a nascent industry

"I just wanted a safer way to wash my child's clothes," Neeraja recalls. That is when she found bio enzymes and by 2017 mastered the science-art of making it through gratuitously but helpfully offered YouTube tutorials. While the world stockpiled disinfectants during the pandemic, her home was stationed

A solution at multiple levels



Bio enzyme making usually occupies the DIY stratosphere, the pursuit entrapped within the prison walls of private kitchens. Here is a resident of Chennai who set it free, building up a repertoire of bio enzyme varieties and putting them out in the market; and most importantly, sharing the lessons from this journey with women self-help groups to empower them

in a microbial utopia, sterilised by raw life, not chemicals. It was not until 2021 that the real shift happened: when she moved to Chennai. Her research deepened, leading to her mentor, Shrekanth, who is based out of Coimbatore and owns a brand (@houseofgrownest) that makes and promotes sustainability-related products. Their insights reinforced her faith in bio enzymes. From having seeped into her routine, bio enzyme making was now redefining it. It was defining her on the personal and professional fronts.

Educational training
A snatch of a back story would place this pursuit in perspective.

Neeraja's educational training geared towards environment-related professional practice proved a cul-de-sac, failing to take her to the promised destination. She is qualified in GIS for environmental modelling and management, which she

studied in Europe on a scholarship in 2009-10. After returning to India, she found that GIS was still a nascent industry

"I just wanted a safer way to wash my child's clothes," Neeraja recalls. That is when she found bio enzymes and by 2017 mastered the science-art of making it through gratuitously but helpfully offered YouTube tutorials. While the world stockpiled disinfectants during the pandemic, her home was stationed



(Clockwise from bottom):
Neeraja Arjun speaking at a college; two interns at The Canopy Tales; Neeraja at WIA; and during an organic products sale.



But I also have to be realistic. If someone expects a handcrafted product to match mass-market pricing, they're not seeing the full picture."

In any sustainability journey, one would come upon a molehill (if not mountain) of contradictions sooner or later. In large-scale fermentation, the very vessels that cradle these bio enzymes – the jars where transformation happens – are made of HDPE plastic. "Glass and aluminium would be ideal," she acknowledges, "but they are impractical for large-scale fermentation. The solution is not about demonising plastic but using it wisely." This, she believes, is the essence of sustainable living – not a rigid doctrine, but a practice of making conscious, balanced choices.

Knowledge sharing
Environmentalism would be sustainable in the deepest sense of the term only if it heals social wounds, in small but significant ways, Neeraja makes sure it does. She offers the how-to of bio enzyme making to women self-help groups. In this context, she is associated with Women's Indian Association (which she got introduced to by way Wipro Urban Ecology Small Grant and Care Earth Trust) conducting regular sessions on bio enzyme making for the women whose lives the organisation is trying to improve.

"The real magic is not just in the jars, but in the people who learn to make them," she says. In a village near Mahabalipuram, she trained a self-help group of 20-30 women, passing on to them what she had learned. She left the session wiser by a new bio enzyme-making trick she picked up on account of it.

Challenges at various levels – from the production process to the pricing – had to be dealt with. Though daunting, Neeraja kept at it. The process was labour-intensive, the yield limited, and yet, she priced her products as accessible as she could, says Neeraja. Beyond fermentation, one major cost factor was laboratory testing. "Because bio enzymes involve probiotics, they have to undergo extensive lab testing to ensure quality and safety," she says. These tests added to the overall cost but also ensured that customers received a product that was not just environmentally friendly but also safe for their homes and families. "The margins are slim because I want more people to try bio enzymes."

At the end of the session, one woman hesitated before asking, "Can we make bio enzymes from cashew fruit?" Neeraja had never heard of anyone trying their hand at this. The woman explained that cashew-processing industries in the area discarded vast quantities of the fruit, treating it as waste. Intrigued, Neeraja took some home and let it ferment. Three months later, the results were astonishing – better than citrus peels. "That is when I learned innovation is sometimes just about paying attention."



AI GENERATED IMAGE:
M ARIVARASU



Devika G

to this role and found my confidence," she says.

Her enthusiasm for learning was shining bright like the morning star and eluded nobody's notice. And it caught the eyes of WIA president Padma who had just launched an initiative to impart vocational skills to women from an underprivileged background. Recognising Devika's eagerness in utilising this opportunity, Padma introduced her to Neeraja Arjun, a sustainability campaigner, who was seeking to train people in bio enzyme making.

In the moments that she could snatch for herself, which was during the children's lunch time at the crèche, Devika would make bio enzymes. With Neeraja's guidance, Devika released her first batch of bio enzymes on October 19, 2024. The response was overwhelmingly positive. One of her neighbours even sent her a photograph of a hibiscus plant that had flourished on account of the bio enzymes being applied to the soil.

"When I saw the picture, I felt proud. Something I had made was helping plants grow. That was when I knew I wanted to continue doing this," she says with a smile.

Encouraged by the feedback, Devika began teaching women in her neighbourhood about waste segregation and how certain types of food waste can be transformed into useful cleaning products.

"When I realised waste could be turned into something valuable, I started seeing it differently. Now I tell others – do not throw it away, turn it into something useful!" she gushes.

The avid student of bio enzyme making had become an adept teacher of it. Devika has trained 10 to 15 women in her community and 10 of her colleagues at WIA in bio enzyme making. Their bio enzymes, which can be used as floor cleaners, dishwashing liquid, laundry detergent and stove cleaner, have gained popularity among residents of Mylapore and even found buyers from Poland.

For Devika, learning a skill-based occupation is a form of lifelong empowerment.

"When women have skills, they have confidence. Even if the men do not provide, we can still run our families. And the best part is that bio enzyme making requires no investment – it is simply making use of what we already have," she says. "I started this journey to support my family. But today, I do it because I love it."

Despite the challenges, Devika does not pass by opportunities for learning and new challenges.

Whether experimenting with new ideas or teaching others, she remains driven by one goal – to make a difference, both at home and in her community.

A *balancing act*

With Class X Board examinations having begun, *The Hindu Downtown* takes a close look at the daily schedule of three young sportspersons in the city who are appearing for those exams

LIFFY THOMAS

'I cannot afford to skip the practice'

Fifteen-year-old M. Hansini appeared for her English exam yesterday (February 15) – and it is a Central Board of Secondary Education (CBSE) Class X board examination. Her friends should not be surprised if they do not find her plugging away at her books for the next paper. Of course, she will study, but also take a break for something that is equally important to her, even during these times. That is table tennis. When this reporter spoke to her a few days before her exam, Hansini, a Mylapore resident, had returned home after a table tennis practice session at Andhra Club in T. Nagar, and had no plans to give up her regular sports routine during this examination season that stretches on for a month.

"In fact, I took up an additional routine three weeks ago: working out in the gym for over two hours every day which is getting quite intense every passing day," says Hansini, a Class X student of P.S. Senior Secondary School.

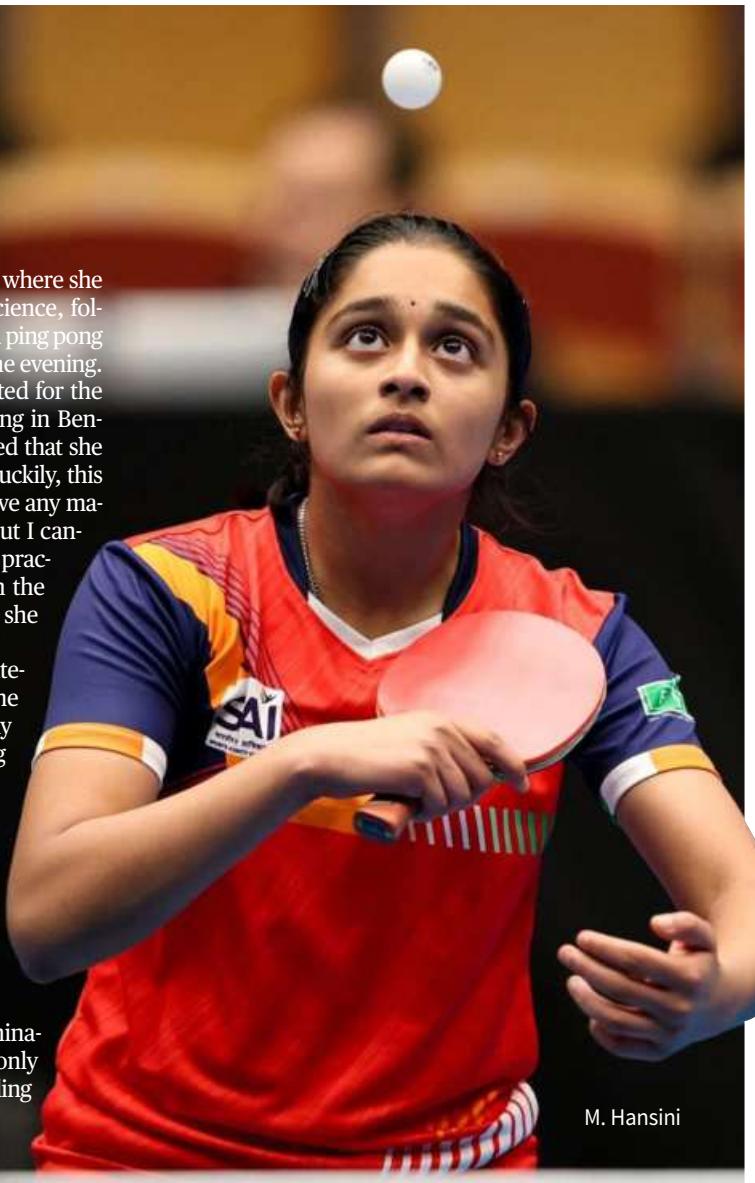
Exams do not come in the way of this promising ping pong player who was recently ranked the youngest National Champion in the under-19 cate-

gory. Her day starts at 7 a.m where she attends online tuitions in science, followed by a gym workout and ping pong sessions for three hours in the evening.

Among the players selected for the Sai National Camp happening in Bengaluru, Hansini has requested that she be allowed to join in late. "Luckily, this is off-season and I do not have any major tournaments lined up, but I cannot afford to skip my regular practices if I have to compete in the season starting in June," she says.

Hansini's parents are grateful for the support from the school. "In Class IX, when my parents were contemplating moving me to the National Institute of Open Schooling, which is more flexible, so that I could devote more time to sports, the school principal assured them that I can cope well and should not leave the school," recalls Hansini.

For the pre-board examination Hansini could write only two paper as she was travelling on tournaments.



M. Hansini

Navigating the 64 squares and a major exam with poise



Sharon Rachel Aby

It is around 10 p.m. on February 14 and Sharon Rachel Aby has just come out of an online class conducted by her English teacher ahead of her CBSE Board examination the next day. A jovial sounding Sharon is pumped up talking to this reporter on the phone. "Ma'am revised some important topics with us and also prayed for all of us, so it was a good meet-up with the class again," says Sharon, a student of Spartan Exclusive School in Mogappair.

The 15-year-old with Spinal Muscular Atrophy, a rare degenerative disease, is among the most promising chess players in the differently-abled category, competing and winning honours at various important tournaments including the Asian Chess Championship in Kyrgyzstan.

Despite the limiting factors (Sharon moves with the help of a motorised wheelchair), she is comfortable juggling academics and the demands of the 64 square board.

She ended 2024 on a high with tournaments in Kyrgyzstan, Armenia and Jharkhand. These tournaments are physically and mentally challenging, so coming back to be in the company of books is something Sharon enjoys. "Studying is some kind of a de-stresser," says her father Aby Mathew.

An academically bright student, Sharon topped the pre-boards. Sharon is using a scribe to write her exams. So her practice and preparation included coordination with scribe and preparing accordingly.

"She missed more than three months of school during the

end of 2024, so she was keen on covering lost ground and we have left it to her," says Aby, advising parents not to make a fuss about examinations. With a supportive environment at school, Sharon only needed little external help.

"Maths is a little tough for her, so we have a tutor helping her out besides the additional classes she attends at school," says Aby.

Does chess also need practice every day?

Aby says one will lose touch with the game so the daily practice is a must. When Sharon is tired of studying, she plays chess online. "That is the way to de-stress between studies," she signs off.

Once the Boards get over, Sharon will be up and ready to compete in another round of tournaments.

'It helps to take it easy'

A rising speed skating player Aghil Anand likes to set priorities when it comes to academics and the skating rink. A Class X student of Maharishi Vidya Mandir in Ayanavaram, he will be appearing for his Board examinations from March 25. Aghil has slowed down a bit in hitting the rink but has not given up. "My first priority is giving my best in the examinations and I am cool about it. I cannot take a break due to examinations or my speed will reduce drastically," says Aghil, who completed the second revision test conducted by his school on February 14. This weekend, his father will be taking him to the practice sessions.

During the examination season, the routine of practising on the roads is restricted to the weekends.

A regular at the Anna Nagar Roller Skating Club, Aghil makes sure he gets a dose of fitness at home practising skipping for 15 to 20 minutes, working on dumbbells and choosing a few weight-lifting exercises.

Aghil's best outing in 2024 was winning a silver and a bronze at state level tournaments. His father M. Anand says his son is an easygoing boy and happy with the outcomes he has achieved in speed skating so far.



Aghil Anand

EVENTS

Toastmasters celebrate a milestone

District 120 Toastmasters celebrated a grand Centennial milestone of Toastmasters International on February 9, 2025, at Grand Chennai by GRT Hotels. The event witnessed a gathering of hundreds of enthusiastic Toastmasters, including present and past district leaders, who came together to commemorate 100 years of empowering communication and leadership, says a press release.

The event was led by Mohanakrishnan G, DTM (District Director), Parthasarathy PD, DTM (Program Quality Director), and Aswathy Rajan, DTM (Club Growth Director). Key district leaders, including Arun Kumar SN (Public Relations Manager)

er), Vijayalakshmi S, DTM (Finance Manager), and Vaisali Sridharbabu, DTM (Administration Manager), played pivotal roles in making the celebration a memorable one. A special highlight was the presence of Nina John, DTM, a founding member of Toastmasters in Tamil Nadu since 2004 and a dedicated member for over 20 years. A distinguished Past District Governor, Nina John's inspiring journey and invaluable contributions to the fraternity were recognised and celebrated during the event, the release adds.

The Centennial Stamp Release was a defining moment, presided over by Srinivasan Ramani, Deputy

National Editor of *The Hindu*. The commemorative stamp was presented to District Director Mohanakrishnan G, DTM, alongside Parthasarathy PD, DTM, and Dr. Aswathy Rajan, DTM.

Another proud moment was the launch of the district newsletter One Two Zero, unveiled by Meenakshi Perikaruppan, District Director of District Youth Services, Rotary District 3233, and received by Arun Kumar SN, Public Relations Manager.

The celebrations combined learning with fun through a captivating Kahoot Quiz session conducted by Vaisali Sridharbabu, DTM, featuring questions on Toastmas-



During the event. PHOTO: SPECIAL ARRANGEMENT

ters' rich history and present achievements.

The morning began with a delightful breakfast and concluded on a high note with a grand cake-cutting ceremony, symbolizing the district's journey and future endeav-

ors. The Centennial Celebration stood as a testament to the unwavering spirit and camaraderie of District 120 Toastmasters, embracing 100 years of communication, leadership, and transformation.

Redwood Montessori hosts annual Organic Fair



At the fair. PHOTO: AKHILA EASWARAN

BY OUR STAFF REPORTER

The annual Organic Fair hosted by Redwood Montessori School in Thiruvanmiyur on February 9, 2025 was a celebration of all things eco-conscious. With over 50 stalls, the fair showcased everything from fresh produce to home-baked pastries, jute baskets, eco-friendly clothing, and more, as the marketplace was teeming with sustainable choices.

"The whole aim is to bring people to organic products," says Shankari Subbiah, one of the co-founders of Redwood Montessori School, at their 10th organic

fair in Chennai. "We believe in this organic farming as we provide fresh meals: breakfast, snacks, and lunch made from locally grown produce to our school children. We wanted to bring this culture to the public too, because not many know where to find such products," adds Ms Shankari.

Alongside the home bakers and vendors, there were games and activities for the students, and even a few grandmothers of the students ran stalls. What started with the goal of moving children away from processed food has since evolved into a broader concept promoting the idea of eating local, buying local.

Walking the talk, Madhura Visweswaran, the co-founder of the school says they have been working towards creating a world free from single-use plastics, where wooden toys are the norm for children, and chemicals such as lead are removed from the crayons.

"This organic fair is also about providing vendors the chance to connect with parents, and as the demand for organic produce grows, we are hopeful that prices will drop, making organic food more accessible for all," adds Ms Madhura.

Electronics expo on Feb 21, 22

Neostud, Tamil Nadu Electronic and Technician Association, and 3A Business Consulting is conducting an electronics evolution exhibition, 'Time 2 Travel' (obsolete to exotechnology), on February 21 and 22, where one can experience the journey of electronics.

At the expo, one can discover how everyday electronic products such as cameras, television sets, radios, mobile phones, and projectors have evolved from earlier designs to cutting-edge advancements and technologies.

The expo will be held at the Perumbakkam Community Hall from 10 a.m. to 5 p.m..

S. Jose Densingh Cruz, the expo organiser, said that visitors can touch the products and see how technology has evolved. People can register for quizzes. The expo will offer an interactive experience for technology enthusiasts, students and industry professionals.

For details, contact S. Jose Densingh Cruz at 73585 54114.

Best Bargains

MATH & SCIENCE TUTORING
ONLINE ZOOM CLASSES
YOUR PATH TO SUCCESS STARTS HERE!
SIGN UP TODAY!
MRS. RADHA MURALI
+91 9840938353
Class 10 Math & Science, CBSE Starting from 12th Mar 2025

SOFA SERVICE
► ANY SOFA'S
► RECLINER SOFAS
► CUSHIONS
► REUPHOLSTERY
Reconditioning @ Very Moderate Charges
K.N.S.RAJAN SERVICES
76671 33233
93818 03956

HEALTH INSURANCE
Age Entry 0 to 100
Now on Easy EMI / Loan
Cashless Mediclaim Policy available for Individual, Family, Senior Citizen & Group
Special Policy for Diabetic, Cancer, Cardiac Patients
Fresh / Portability Policy
72006 46544

UPVC WINDOW & DOOR (MANUFACTURER)
PVC DOOR & CUPBOARD
MOSQUITO NET (MANUFACTURER)
• SLIDING DOOR/OPEN DOOR
• VELCRO TYPE
• STAINLESS STEEL MESH
SKYLINE
(ALL OVER CHENNAI)
98413 31010
98415 56603

TRUE GOODNESS
AUTHENTIC, VEGETARIAN FOOD
DAILY, WEEKLY OR MONTHLY SUBSCRIPTIONS
NOT the Curry
No Preservatives, Colours or Flavours Ready to Eat in 5 minutes
www.notthecurry.com
READY-TO-EAT & COOK PRODUCTS
PH: 73581 00960

ARUL ENTERPRISES
• Terrace Leakage
• Bathroom Leakage
• Sun Cooling
• All Leakage Works
30 Years of Experience in Building Water Leakage Works
97899 98239
www.arulwaterproofing.com

FLAT FOR SALE
THIRUVANMIYUR EAST KAMARAJ NAGAR
Near LB Road
2/3/4 BHK Deluxe Apartment (4 in 1)
Ready to occupy in two months
No Brokers Contact
7358676689 / 9884958234

UCMAS ABACUS
FREE YOUR CHILD FROM GADGETS
LET MATHS BE NEW FUN GAME FROM NOW
Regular Classes 2 Hours - Weekly
UCMAS Learning Enables
• INNOVATIVE THINKING
• INCREASED MEMORY POWER
• INTENSIFICATION
Tuition, Hindi, Handwriting, Drawing Classes for 1 to 5
94451 09044
4th Avenue, Indira Nagar, Adyar

KONARK CIVICONS
You Tell Us Your Dream and Relax, We will Make It a Reality.
• 30+ Years Experience
• Constructed 4 Million Sq.Ft.
• Qualified Engineers
All Types of Constructions Like:
• Residential • Commercial • Schools
• Warehouse • Factory Shed etc.
On Turnkey Basis. Interested in JV also.
+91 6385194343
konarkcivicons@gmail.com

ACCOUNTANCY CLASSES AT THIRUVANMIYUR
CBSE (Class 12)
Experienced Teacher Excellent Record
PERSONAL ATTENTION
Limited Seats only
H.SUGANYA M.Com
9884347182

BUYING
WORKING AND NOT WORKING, A/C, BRASS, STAINLESS STEEL, FRIDGE, OLD COMPUTER, LAPTOP, UPS, BATTERIES, MUSIC SYSTEM, WATER HEATER, GYM ITEMS, WOODEN FURNITURE, SOFASET, COT, BEURO, DINNING SET

ALL A TO Z SCRAPS
VANITHA TRADERS
96001 01534
No Visiting Charges



▼ A Baillon's crake at Perumbakkam wetland on February 12, 2025. PHOTOS: PRINCE FREDERICK

Shy and beautiful: the retiring Baillon's crake

PRINCE FREDERICK

A human being christened at birth, before their potential becomes manifest, character is delineated and their frame takes complete shape, the risk of these elements being in glaring contrast to their nomenclature is immense. Birds being named after their prominent features, the alignment between what they are and what they are called comes with the accuracy of railroad track geometry. *Zapornia pusilla* – Baillon's crake in watercooler conversations – is as spot-on as a binomial name can get.

When fed into Latin, *pusilla* comes out denoting “very small”. The Baillon's crake can be missed in the field, when it is at a distance, as the magnification of the human eye is woefully short of what it takes to pick up this tiny creature. The other factor is the Baillon's

crake's predisposition to present less of itself: it moves about furtively and slides into the reeds at the slightest suspicion of being noticed.

This Baillon's crake – captured in photographs at Perumbakkam wetland on February 12, 2025 – had to come out of hiding to rinse itself in water and had to continue in the public glare to dry itself. Once the cleaning and preening exercise was complete, it scurried to the privacy of dried-up bulrushes. Again, it took the magnification of a telephoto lens to have a good look at what this tiny crake was up to.

Besides the lack of a private bath, the absence of room service (no ringing of a bell to order food from the bedside) means the Baillon's crake makes itself visible – even then only being partially scrutable – when hunger pangs gnaws at its innards. It probes for insects in shallow water.

Quiz to celebrate IEEE Computer Society's 80th anniversary

IEEE Computer Society (CS Madras) is organising a Mega ICT Quiz in the lead-up to the 80th anniversary celebration of IEEE Computer Society founded in 1946.

The quiz will cover the Information and Communication Technology history, concepts, developments, trends and current affairs.

The event is open for all including students (college and school level 10th grade and above), researchers, faculty and professionals.

The quiz will be conducted in four stages. Online Prelims, Zonal Orals (in

over 10 centres), Semifinal Orals (in two centres), and Final Orals (at Chennai).

All Orals will be in-person in physical mode, except Prelims which will held online to select contestants for Orals.

Win attractive cash prizes and gifts. Certificate of participation to all and certificate of appreciation to the orals contestants.

For detailed announcement, please see <https://lnkd.in/gQG4t2SF>

Registration fee is ₹50.

Register at <https://lnkd.in/gjwjbXQD> on or before February 22, 2025



PARIVARTHAN
for Parkinson's Foundation

T.R.L.NARASIMHAN ANNUAL MEMORIAL LECTURE

On
AYURVEDA IN TREATING PARKINSON'S DISORDER

By
DR. SUDHEER AYYAPPAN
Founder, Sreeharyam Ayurveda

And

BENEFITS OF YOGA FOR PEOPLE WITH PARKINSON'S

By
SARASWATHI VASUDEVAN
Founder, Yogavahini

Date: February 23, 2025 (Sunday)

Time: 4:30 PM - 6:30 PM

Venue: Savera Hotel, Maple Hall
146, Dr. Radha Krishnan Salai
Mylapore, Chennai 600 004

Refreshment will be provided

RSVP: +91 96000 52531

Media Partner

THE HINDU

