

TAMBARAM

Chromepet » Pallavaram » Tambaram West » Rajakilpakkam » Mannivakkam » Guindy » Keelkattalai » Nanganallur » Guduvanchery » Hasthinapuram » Pammal » Tambaram East

Medavakkam » Srinivasa Nagar » Kathipara Junction » Kovilambakkam » Sadasivam Nagar » Potheri » Selaiyur » Sembakkam » St.Thomas Mount » Madipakkam » Urappakkam » Paranur



A SALE WITH A SOCIAL FOCUS

Today, a Jumble Sale at Valmiki Nagar would give a modern twist to the Robinhood legend by decluttering the lives of the haves to fill those of the have-nots with essential items, creating a win-win situation **P4**



A CLOSE LOOK AT MILK PACKAGING

Is introducing an alternative to the plastic pouch a tenable solution? **P6**



Sriram Krishnan graduated in 2005 with a degree in Information Technology

SRM alumnus at the White House

Sriram Krishnan, who was recently appointed by US President-elect Donald Trump as the senior policy advisor for Artificial Intelligence (AI) at the White House Office of Science and Technology Policy, has a Chennai connection.

Sriram is an alumnus of SRM Institute of Science and Technology (SRMIST) and graduated in

2005 with a degree in Information Technology, said a release.

His extraordinary journey from a promising student at SRM to a key figure in shaping global AI policy has made the institution proud.

In a release, T. R. Paarivendhar, founder and chancellor of SRM Institute of Science and Technology, says, "When he joined SRM, he was relatively new

to computers and programming. His determination has made him the earliest proponent of Python programming before it gained widespread recognition. His contributions extended beyond academia. In his third year, he organised 'Cressida-2K4,' a critical technical competition, which garnered significant attention, attracting participants from across the country.

A scary drive in Mudichur



Mudichur - Sriperumbudur Road signifies a hair-raising drive for motorists. Though the stretch has lamp posts, they are not functional for months. Motorists blame the Highways Department for not carrying out maintenance work to replace the faulty equipment.

PHOTO: M. SRINATH

Two more buses on 91 route

Metropolitan Transport Corporation has increased the number of services of 91K (Thiruvanmiyur-Kilambakkam) by adding two more buses to the existing two. These air-conditioned services ply through Pallavaram - Thoraipakkam 200-Feet Radial Road and GST Road.

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Special children from a school in Keelkattalai lend their creativity to a desktop calendar designed for Rotary Club of Centennial Madras

BY A SPECIAL CORRESPONDENT

Simple drawings showing different services such as communication and computer education mark January in this desktop calendar designed by Swathi, a child with special needs.

There are 11 other strokes of creativity, each based on a theme drawn by students of Guru Vidhyashram Special School in Keel-

A calendar project



kattalai, in this calendar designed for the Rotary Club of Centennial Madras, District-3234.

The themes are chosen based on the days of special observance followed by the Club through the

year. For instance, February is "peace building and conflict prevention month" so a dove is seen with a twig. March is water sanitation and hygiene month; April is Environment month and June is Rotary Fellowship Month.

Ganesh Latchumanan, founder of the DSW Trust that runs the school, says the calendar showcases the artistic talents of the children. This initiative is

more than just an art project - it is a celebration of the unique abilities and strengths of special children.

"By providing a platform for self-expression, we empower them to build confidence, develop their skills, and showcase their talents to the world," says Ganesh.

Students from the age of seven years onwards were involved in this calendar project.

"So far we have designed and printed 120 calendars and we hope to touch 2000," says Ganesh.

Scan the code, find out for yourself



This year's flower show at Semmozhi Poonga at Cathedral Road has become more tech-and-user-friendly. The Horticulture Department has tagged QR codes to most plants for visitors to browse information about the flower. The show is on till January 18.

PHOTO : B. JOTHI RAMALINGAM

Learn tailoring and get help to start your own enterprise

This is the fourth free skill development centre of its kind under the Rotary brand

Rotary International District 3234, in collaboration with the Rotary Club of Madras and the Women Empowerment, Economic Development, and Vocational Services Team and Access Healthcare, has inaugurated the Rotary Skill Development Centre at Dr. MGR Janaki College of Arts and Science for Women. Here, women will be provided free training in tailoring.

The new centre will offer a 120-hour tailoring course, spread across three months, to women

from all walks of life, in collaboration with Tamil Nadu Government's Skill Development Department. The centre will also facilitate women in finding tailoring jobs or launching their own tailoring units by distributing power sewing machines free of cost. According to a release, Rotary International District 3234 is planning to train 1,500 women every year through its four skill development centres (the other centres are in Selaiyur, Sembakkam and Mylapore).

Close to 200 power sewing machines, worth about ₹ 20 lakhs, were distributed to women trained at Rotary's existing skill development centres in Selaiyur, Sembakkam, and Mylapore, added the release.

For details, call 9840033802

Check out these stalls at Chennai Book Fair

With more than 900 stalls featuring books from various publishers, there is something for everyone to discover at the ongoing Chennai Book Fair at YMCA Grounds in Nandanam. Here are some of our favourites:

Stall 523 is a must-visit for Van Gogh fans, offering a collection of books about the artist, all in Tamil. For those interested in Tamil literature, stalls 28-31 feature

books from the Tamil Nadu Adi Dravidar Housing Development Corporation (TAHDCO), including works by Justice Chandru and D. Ravikumar's magazine. At stall 531 (Salt Publications), visitors can find Tamil-language books by Anuradha Anandh, Anojan Balakrishnan, as well as scripts from the Maamanan movie.

For those passionate about the environment, stalls 581 (Crow Nest) and 449 (Iyalvaagai Publica-



tions) offer a variety of books on nature and environmental topics. Crow Nest presents Tamil language books for children, featur-

ing illustrations that depict climate and environmental changes, while adults can find detailed works on these subjects.

Iyalvaagai has books on healthier lifestyle and ecosystem.

Stall 498 is for those interested in feminist literature. This NGO-run stall showcases books written by both women and men striving to bring social change from a feminist perspective. It also provides a platform for women who want to write, whether sharing their own realities or fictional stories, shedding light on issues of inequality and societal challenges.

The fair is open to the public till January 12. On holidays, the fair will be open from 11 a.m. to 8 p.m., and on weekdays from 2 p.m. to 8:30 p.m.

STATUS REPORT

Watch out for huge craters on Sriperumbudur Main Road

A section of Sriperumbudur Main Road and Level Crossing 47 Road in Singaperumal Koil region is battered, giving motorists a taste of offroading. This road leads to Oragadam and Sriperumbudur and witnesses good volume of traffic.

M. Ayyappan, a motorist, says, "Even patchwork has not been carried out on the road. The tyres and mechanical parts get damaged on the battered stretches."

"At present, maintenance work is carried out on the tracks along the Singaperumal Koil railway station, followed by track restructuring. During Pongal holidays, there would be less traffic.

We are planning to close the road for vehicular traffic and relay the battered portions," says a Southern Railway official.

Text: T.S. Atul Swaminathan



Near Singaperumal Koil on Sriperumbudur Main Road.
PHOTO: SPECIAL ARRANGEMENT

A leaky and slippery subway in Pazhavanthangal



If the Pazhavanthangal subway is not closed due to water logging during heavy rains, there would be complaints of water seepage during non-rainy times. Commuters leaving the Pazhavanthangal railway station can be heard grumbling as water seeps through the walls and flows down the staircase.

Flower vendor S. Lakshmi says this has been the situation for months, and people have slipped and sustained falls. In October 2024, after the rains, the subway was temporarily closed.

Pedestrians want the State Highway to restore the railings on the steps, which were removed, and the subway cleaned regularly. An area of the subway is used as an open bar. *TEXT: T.S. ATUL SWAMINATHAN*



PRINCE FREDERICK

'Dump sites' on Karanai Main Road



The Ottiyambakkam leg of Karanai Main Road is a "store" that latches on to its "stocks", its mind impervious to the notion of year-end clearance. It hoards a random assortment of items – a sofa set sitting pretty among a caboodle of household discards, automobile parts that dropped out of the journey, clothes that have long ceased to trace the contours of a human frame. And then, just tightly tied bundles whose contents are a mystery. This store keeps piling them and sees them go to tatters, shrivel, rot, crumble and sink into the soil.

These products are garbage having been carted past the last window of opportunity – the possibility of re-embodiment and installation in a new life. Organic, a huge part of this garbage could have gone into compost pits. There

is an ensemble of recyclables. They invite repurposing and recycling exercises – in a better world, those possibilities would have been realised for these products. But here they are, squatting on the road as an embarrassment to it.

One needs to cool their heels out there just a wee bit to be able to see a motorcyclist wheel in and wash their hands of things that were once of use to them; or a bundle of waste being rolled in on larger wheels and disgorged. Usually, dumping of the latter kind happens under cover of darkness.

Prolonged scruffiness encourages further scruffiness. The dump-

ing is no longer restricted to a spot diametrically opposite a gated community. New pockets of dumping have emerged nearby. And the diversity of the discards suggests that this section of the road has caught many pairs of eyes as an easy spot to get rid of offscourings. One patch "specialises" in coconut-related waste; another deals in textiles.

This section of the road has a sprinkling of gated communities – Cassia Jones and Bolleneni Renatta found in the immediate neighbourhood.

A Thalambur resident, Neela Chandran has been tracking the "growth" of this "dump site". She believes that unless residents of the gated communities nearby make their displeasure known and seek the clearance of this unofficial dump site that sprang up overnight, the patch cannot be made whole again.

The diversity of the discards suggests that this section of the road has caught many pairs of eyes as an easy spot to get rid of offscourings



▼
Snapshots of the Jumble Sale from its previous editions.
PHOTOS: SPECIAL ARRANGEMENT

SHARON JESSICA MICHAEL

Sustainability exercises can scream their heads off. A typical case: massive bio-mining machinery massed up at a landfill to segregate and process legacy waste. You can tell what is going on from a mile away.

Sustainability exercises can also speak in soft tones, the message gently dropped into an ear here and another there. A typical case: a guild of volunteers sharing a club affiliation squirreling away pre-loved items (that have turned white elephants to their owners) and, finally, quietly placing them in fresh pairs of hands. In rare instances, the whispered syllables of this unobtrusive initiative would multiply and assume the intensity of a scream.

In its second edition, when the sale was scheduled to start at 2 p.m., the crowd had already begun to form by 1:30 p.m., eagerly standing outside like a tide waiting to crest.

"We were all a bit anxious," Jayanthi recalls with a chuckle. "We had no idea that so many people would show up. It was like a floodgate opening!"

That crowd signalled the transformation of what began as a modest attempt to declutter a few homes into a full-fledged community tradition, one that attracts families from near and far.

What to expect from the Jumble Sale?

It is the kind of event where pre-loved clothes, well-worn toys, and gently used household goods, including furniture, find a new home. It plants on the faces of donors the warm glow of knowing their discarded treasures will be cherished once more, and places within easy reach of the underprivileged, items they would think multiple times before buying spanning new off the shelves of a showroom.

Each item is meticulously cate-



A sale with a social focus

Today, a Jumble Sale at Valmiki Nagar in Thiruvanmiyur would give a modern twist to the Robinhood legend by decluttering the lives of the haves to fill those of the have-nots with essential items, creating a win-win situation

The cost factor

It is close to free, not entirely free – a sale presupposes transfer of currency, but the figures are on the lower side.

The pricing is as accessible as it gets: 20, 50, and 100 rupees. And, of course, there are those irresistible 10 rupee items – things that may not have much value in the commercial market but are worth their weight in gold for the right person.

"We keep it simple," says Jayanthi, "100 for the really great items, and then we have categories for 50, 20, and even 10 rupees." All the three editions of the Jumble Sale put together, the maximum price for an item stays pegged at ₹500. A mini fridge went for that price in the second edition.

It is the third edition of the Jumble Sale by Thillayadi Valliammai

gorised and sorted into boxes. As these items are received from donor hands, there is no telling what would make it to the "marketplace" until they do. Some items would not "fit" into those boxes.

If a high-ticket item, something based on electronics and of intricate workmanship comes through, the price may be adjusted, but the philosophy remains: keep it affordable, keep it real. Well-maintained furniture can also fall outside the boxes.

"The pricing is part of the charm," Jayanthi says. "No one leaves empty-handed. It is about making sure everyone can find something that fits both their budget and their heart."

The Jumble Sale is a day's affair, spanning just hours – but considerable forethought goes into how

those hours are orchestrated, the preparation beginning months before the event. Since its second edition, the Jumble Sale has a time table set in stone.

Planning for this Jumble Sale kicks off as early as September. By October, the collection of items starts in earnest. "We begin gathering things from all around – neighbours, friends, and even acquaintances and rank strangers who just want to declutter before the New Year," says Jayanthi.

By January, everything is carefully sorted and ready to go, thanks to the dedication of the volunteers who meticulously prepare the sale. It is no small feat, but the team's commitment is evident in every detail. The Sangam has 43 members



The origins of the Jumble Sale

In 2022, the committee at the helm of affairs at Thillayadi Valliammai Madhar Sangam were brainstorming over organising a sale (possibly, a garage sale) that would help residents of Valmiki Nagar find a fair price for their used goods. They backed off on the idea when it became clear that such an initiative would cannibalise on an existing one, something that was running like a well-oiled machine. It was "Marketplace", established under the Sangam's entrepreneurship wing, which allowed members to sell even items as expensive as smartphones, pre-owned. They decided a sale with a social focus would be a better idea, and thus was born the Jumble Sale on 2 April, 2023, with the now well-entrenched philosophy of decluttering the homes of the haves and filling those of the have-nots with essential items.

The second edition of the Sale took place on 7 January, 2024.

and it would be all hands on deck when the Sale is in the works. The efforts are steered by a core group which includes the president (Rama), secretary (Lalitha) and treasurer (Vaidehi).

Even unsold items end up finding their unique purposes. They are donated to local charities, ensuring that nothing goes to waste and everything finds its place, a place of utility. The funds raised from the sale are channelled into environmental and community projects, creating a positive ripple effect that stretches far beyond the day of the sale. "In that sense, the sale keeps giving, even after it is over," remarks Jayanthi.

The Jumble Sale is made known largely by word of mouth. "We make a poster, and then every member of the ladies' club is on a mission," says Jayanthi. "We tell everyone – our housekeepers, the drivers, security, the local vendors. The message just keeps spreading."

In the digital age, word-of-mouth communication has an extended meaning. It is about loosely framed information getting circulated in social media. By the time the Sale starts, the digital poster is a "tattered sheet" having gone through a wringer of forwarding on social media. Sustainability circles present on social media serve as repeater stations amplifying the message to those near and far.

This approach ensures that the sale's reach extends far beyond the immediate neighbourhood, drawing people from various corners of

A dedicated space

Thillayadi Valliammai Madhar Sangam operates from a dedicated room in what is called "Valmiki Nagar club area", earmarked as a community space when plots were established and the locality was born decades ago.

The Sangam is focussed on women's empowerment and charity-related initiatives.

Among the notable activities the space witnesses are: Hosting

Entrepreneur's Day to support local entrepreneurs such as bakers and artisans in Valmiki Nagar; organising charitable events, including distribution of funds and materials to various organisations; conducting meet-and-greet events with Urbaser community members, accompanied by gift distributions; and organising Christmas and Navratri celebrations to bring the community together.

the metro. Some even make it a point to tell their friends and family to participate in the sale as a donor or a buyer, even if they are themselves miles away.

A forward button on the poster shared in social media does the trick. It is as though the Jumble Sale has become a whispered secret passed along from one person to the next. Jayanthi says the buyers largely come from the fishermen hamlets nearby – lining the Kottivakkam, Pallavakkam and Neelangrai coast. The donors come from everywhere, even from neighbourhoods as distant as Egmore, Nungambakkam and Anna Nagar.

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Jayanthi says the Jumble Sale sends out a message and an invitation. In a world where fast fashion and disposable goods reign supreme, it is an invitation to rediscover the true value of the things we already own. Jayanthi sums it up thus: we underestimate the value of what we have, and when it loses its relevance in our lives, what it can mean to others.

The inclusivity factor

In terms of accessibility, crowd-pulling events such as the annual book fair and flower show must go beyond the obvious



▼ Wheelchairs kept near a stall at the Chennai Book Fair

map and signages (some of the features mandated in the Right to Persons with Disability Act) – still has a long way to go.

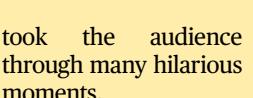
During pre-pandemic years, for three continuous years, HelpAge India was part of the trade fair held at Island Grounds. It provided wheelchairs and also engaged volunteers to take the user across the venue.

The initiative however petered out due to a variety of reasons including lack of volunteers and the condition of the surface at the venue making it a challenge to operate the wheelchair.

Smitha Sadasivan, member of Disability Rights Alliance, says the accessibility was poor at the Food Festival held at Marina last month. The ticket counter was too narrow for her wheelchair to enter. Luckily, as she was

lenges and hidden disabilities.

Even events that tick a range of accessibility boxes – wide entry and exit points for wheelchairs, accessible washrooms, tactile and visual orientation



took the audience through many hilarious moments.

"I have done many corporate events including one for Unilever, which had a sign language interpreter," says Arun.

An ensemble event at Museum of Possibilities was another of his recent events.

"I make it a point that the shows with ISL access are open to all. That is when it is truly inclusive," he says, adding that wheelchair user Madhavi Lata has been his inspiration. Elements to boost inclusivity include making sure all reels have subtitles and all images on Facebook and Instagram have Alt Text.

Humour across barriers

How stand-up comedian Arun Sriram makes his shows inclusive

Arun Sriram, a chartered accountant turned stand-up comedian from Chennai, makes his shows as inclusive as possible. Arun specialises in sunshine humour, and has an Indian Sign Language Interpreter at his shows or chooses venues that are friendly to wheelchair users.

While providing wheelchairs is among the common ways to support people who have mobility issues, there is a need to make such crowd-pulling events inclusive to more sections of people regardless of their physical challenges.

He reaches out to the differently-abled community first and if there is response a sign lan-

Is introducing an alternative to the plastic pouch a tenable solution?

LIFFY THOMAS

Recently, National Green Tribunal directed Aavin to explore the possibility of using alternatives to single-use plastics in milk packaging. This was brought up after huge quantities of plastic waste had accumulated at Aavin's Ambattur dairy unit.

Asking the Tamil Nadu Diary Co-Operative to explore the possibility of using reusable plastics or glass bottles for milk packaging is a great move, but these suggestions might not win favour because of economical or logistical hurdles. There is no hope to be found in the experiences of other states.

In 2018, Bruhat Bengaluru Mahanagara Palike made a suggestion to the Karnataka Milk Federation to find alternatives to the plastic packaging of its Nandini milk. The effort did not take off.

To reduce plastic use, the Kerala Cooperative Milk Marketing Federation (Milma) mooted 'Milk ATMs' where people can come with containers to buy milk. The initiative remained on paper.

Last year, students and faculty of Rathinam College of Arts and Science in Coimbatore did a study (with a small sample size) on impact of using milk pouches with special reference to Aavin consumers in the district. Consumers preferred carton to glass bottle as the former was lightweight, inexpensive and shatter-proof. The respondents perceived milk pouches as convenient and affordable but expressed concerns about their environmental impact.

Hand over milk covers to recyclers/citizen groups dealing with dry waste.

Do not snip off the corners of the milk cover to empty the contents. Disposing of the tiny pieces becomes an additional challenge.

A close look at milk packaging

Durable and recyclable

T.K. Bandopadhyay, Technical Director and ENVIS Coordinator at Indian Centre for Plastics in the Environment (ICPE) in Mumbai, says their studies have shown that plastic packaging of milk in sachets is so far the best.

He says India is the largest milk producer in the world and its packaging model is one of the contributory factors. "All grades of plastics cannot be used for packaging of milk. A particular grade of LDPE (low density polyethylene) is used and this is by far the most environment-friendly and used in most diaries in India because of its quality, cost effectiveness and ease in transportation," says Bandopadhyay.

The plastic milk pouches sent for recycling are used for a variety of purposes, especially in making tarpaulins. Bandopadhyay says the situation in India is way different from what exists in the West.

"In the United Kingdom plastic bottles are used for milk distribution but the consumption is considerably lower than in India and the distribution pattern is also different," he explains. In comparison with plastic bottles, glass bottles are more energy-efficient but washing them is a challenge, he says.

LDPE plastics if not disposed of properly can clog drainage systems, leading to flooding and environmental damage. But in most cities, milk pouches are collected by recyclers and rag pickers for it offers high recyclable value.

There is also the debate on switching to sustainable packaging materials with studies showing that bio-degradable plastic is costly, has poor functionality and has higher carbon footprints.

Role of consumers

Green activists say pushing for extended producer responsibility (EPR) schemes, creating awareness among public and offering incentives for sustainable packaging practices are some ways to check the harm these plastics are causing the environment.

Like Himani Datar, the Chennai representative of the Milk Bag Project who collects washed and dried milk covers from citizens, stores them at her house in Anna Nagar before they are sent to the recyclers, we need more eco-conscious citizens. We also need more recyclers coming forward to set up decentralised collection and processing infrastructure for milk pouches.

Aavin

BY A SPECIAL CORRESPONDENT

On January 3, 2025, at the Chennai High School in Kamaraj Avenue, Adyar, two batches of students – one from a higher, and the other from a lower grade – had a rather uncustomary learning experience. The lesson does not figure in their programme of study, but is crucial to their development as responsible citizens. They had a front-row view of a bio-gas plant (named 'Vayu'), whose wraps were off just moments ago. They acquired information about its functioning. In the days to come, batches of students from other grades would have the plant's functioning decoded for them as well.

Residents of Kasturbanagar Association (ROKA) has established the bio-gas plant with Environmentalist Foundation of India (EFI) picking up the tab, much of it; and Avris Environment Technologies, the company that installed the bio-gas unit, meeting a part of the expenditure as its CSR outreach.

Arun Krishnamurthy, founder of EFI, remarks: "Community level

Biogas plant at Corporation school in Adyar

The facility was established by ROKA with the support of EFI and Avris



During the inauguration. PHOTOS: SPECIAL ARRANGEMENT

conservation through collaboration is what we aim to achieve through this project. Localised ac-

tion for cleaner, greener tomorrow."

Food circulates around the cam-

pus three times every working day: breakfast being brought in for the 200-plus students from a community kitchen and lunch and snacks being made at a kitchen in situ. The food waste collected from the campus would fuel the production of biogas that would in turn "fire" the kitchen on the campus.

"The biogas plant can handle 75kg of food waste in a 24-hour time frame of food waste to biogas conversion," says ROKA secretary Janani Venkitesh.

It is a virtuous cycle: food produced in the kitchen going back to work that same kitchen. For the students, it is a practical demonstration of a sustainable practice – an addition to the other green processes they see being illustrated on the campus.

ROKA's engagement with the

school has to be retraced to 2021; this association has borne a variety of fruits. A kitchen garden established by ROKA at the school that students get to tend to. ROKA also imparts environment education to these students on a voluntary basis, teaching them about plastic waste management and composting, among other things.

According to information shared by ROKA, "the ideation and permissions started when Shanya Ari was the DC -Education, Greater Chennai Corporation (GCC) and it was decided to have this as a pilot, and implement the same at various other schools and community kitchens run by corporation." The biogas plant was inaugurated by Dr. T.G. Srinivasan, Health Education Officer, GCC and AEO R. Sumathy. The event was represented by officials from Zone 13 of GCC, representatives from UNICEF, UNDP, INDIA NGO & CHEER. Environment enthusiasts from other communities, Urbaser Sumeet officials and Kasturbanagar residents were supportive of this initiative and present during the inauguration, the ROKA communication adds.

Civic forum seeks better care for KAJ Schmidt Memorial

On December 30, members of Spark, a city-based civic forum, along with the public, lighted candles and placed a wreath on the edifice of KAJ Schmidt at Elliot's Beach in Besant Nagar.

The structure commemorates the valour of a Danish shipping executive who drowned on the beach on this day in 1929 while trying to save the lives of others. The structure was inaugurated on December 30, 1930.

The structure recently got a fresh coat of paint. Spark members T. D. Babu, S. Kamakshi Subramanian and C. Ramakrishnan wanted steps to be ta-

ken to maintain the structure and the space around it.

The rusted gate railings need some maintenance and the area around the monument is littered with trash.

Greater Chennai Corporation is supposed to employ security for three shifts to protect the memorial.

"We see only one person who runs an eatery on the beach being asked to monitor. Many a time, he is not found near the memorial. I hope GCC engages a professional security from an approved agency," said T. D. Babu.

Text: T.S. Atul Swaminathan



During the memorial service held on December 30

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Accessibility for elders enhanced at Triplicane temple

Athulya Senior Care, which provides holistic living solutions for seniors, has launched a pilot project – under its #CaringForASenior campaign – at the Arulmigu Sri Parthasarathy Swamy Temple in Triplicane, seeking to address mobility and comfort challenges faced by elderly devotees.

In an event, it introduced wheelchairs for seamless mobility within the temple premises and chairs strategically placed as resting spots for elderly visitors. These thoughtful additions aim to improve the comfort and accessibility of the sacred space for senior citizens. To further enrich the experience, Athulya deployed trained caretakers who volunteered to guide and assist the elders, ensuring their safety and active engagement in temple activities, says a press release.

The #CaringForASenior campaign is Athulya's promise to enriching the



lives of senior citizens by taking a comprehensive approach to their well-being, the release adds.

The project's success can be attributed to the strong collaboration between Athulya, the temple administration, and local senior citizen groups. This partnership ensured effective outreach and smooth execution, maximising the initiative's impact. Through this

model, Athulya envisions creating a replicable framework that can inspire similar accessibility projects at other temples and community spaces, the release adds.

The event witnessed heartfelt participation from senior citizens who expressed their gratitude for the thoughtful provisions made for their comfort and mobility, says the release.

AGUA Gifting Smiles spreads joy and hope to thousands of children

This year, Gifting Smiles, an annual flagship initiative of AGUA Women Foundation, witnessed over 800 volunteers working tirelessly to bring smiles to thousands of children aged 1 to 12. The journey began in October – hours spent collecting funds, choosing toys with care and wrapping them with love. By December, these gifts of joy made their way to



the hands of children who could not believe the treasures they were receiving, says a press release.

This year, Gifting Smiles crossed borders, after covering Tamil Nadu, it crossed borders, state and internation-

al. Volunteers in Bangalore and Mumbai reached children in tribal communities such as Adivasipada, Bhattipada, Ambivili, and Titwala. The initiative crossed over to the United States, with Rohit Bharadwaj, AGUA's youngest volunteer, spearheading the effort in New Jersey. In Chennai, the team brought smiles to children in fishing communities across Panaiyur, Nainarkuppam, Kannathur, Karikattukuppam, Kovalam, Semmancheri, Nemmel, Sulur and Pattipulam. They also visited neighborhoods such as Besant Nagar and Vanagaram, with support from Hope Foundation.

Two-day programme opens avenues in fashion for tribal welfare students



Close to 150 tribal welfare students from Tamil Nadu got an exposure to careers in fashion and design at National Institute of Fashion Technology - Chennai recently. A two-day residential fashion awareness programme was initiated for them by the Tribal Welfare Department of the Government of Tamil Nadu.

Principles of design, hands-on workshop on drawing skills, colour theory, personality development, storytelling exercises and problem solving activities were some of the programmes that were covered during the two days.

Class XI and XII students who had an in-

clination towards a career in design and fashion were picked by the Department for this programme which is in its second year. Last year, 100 students were part of this residential programme.

"We are planning to handhold at least 10 students as we see huge potential in them provided the Tribal Welfare Department initiates it for us," says Sridhar Amanchy, associate professor, Department of Knitwear Design, NIFT.

After last year's awareness programme, 20 students secured admission at various campuses of NIFT with two currently pursuing a course in Chennai, he says.

Workshop on mushroom cultivation

Tamil Nadu Agricultural University Information & Training Centre is organising a workshop on mushroom cultivation on January 9. Also, a culinary workshop on making brownies will be held on January 10. According to a press release, various flavours of brownies such as walnut, butterscotch, peanut butter, mint, coconut, salted caramel, raspberry, and a few more. The session will focus on both egg and egg-less brownies. For details, call 044 - 29530048.

Alumni meet ends today

The two-day alumni reunion of St. Mary's Anglo-Indian Higher Secondary School, Armenian Street, will end on January 5 (today). According to a press release, the meet is held at Tru Liv Villa Ivory, Kovalam. For details, call Bhoopal Sreenivasan at 63835 99778.



Satyananda Yoga Centre Nanganallur, Chennai - 600061.

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Time: 5.30 a.m to 7.00 am.

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