



ALL COMMONWEALTH GAMES GOLD MEDALLISTS FROM INDIA

- ANDHRA PRADESH**

Shailaja Pujari (Weightlifting), 1. Women's up to 75kgs-Overall - **2002**, 2. Women's up to 75kgs - Clean and Jerk - **2002**
3. Women's up to 75kgs - Snatch - **2002**

Ragala Venkat Rahul (Weightlifting), Men's 85kg - **2018**

Satwiksairaj Rankireddy (Badminton), Mixed (Team) - **2018**

Gadde Ruthvika Shivani (Badminton), Mixed (Team) - **2018**

Kidambi Srikanth (Badminton), Mixed (Team) - **2018**

- ## ● ARUNACHAL PRADESH

Pemba Tamang (Shooting), Men's 25m Rapid Fire Pistol Pairs (Team) - 2006

- **ASSAM**
Somdev Devvarman (Tennis), Men's Singles - **2010**

-  BIHAR
Shreyasi Singh (Shooting), Women's Double Trap - 2018

- CHHATTISGARH**
Saba Anjum (Hockey), Women's (Team) - 2002

- DELHI**
Ved Prakash (Wrestling), Light Flyweight - **1970**
Sudesh Kumar (Wrestling), 1. Flyweight - **1970**, 2. Flyweight - **1974**
Praveen Nath (Wrestling), Bantamweight - **1974**

- Jagrup Singh (Wrestling), Lightweight - 1974
Sanjay Kumar (Wrestling), Men's Greco-Roman 74kg
Sushil Kumar (Wrestling), 1. Men's Freestyle 66kg -

- Harmjeet Desai (Table Tennis), MCN 3 (Team) 2

- Ela Ram** (Wrestling), Heavyweight - **1958**
Bhim Singh (Wrestling), Heavyweight - **1966**
Udey Chand (Wrestling), Lightweight - **1970**
Ashok Kumar (Wrestling), Light Flyweight - **1978**
Rajinder Singh (Wrestling), 1. Welterweight - **1978**, 2. Welterweight - **1983**

- Rajinder Singh (Wrestling), I. Welterweight - **1978**, 2. Welterweight - **1982**
Mahabir Singh (Wrestling), Flyweight - **1982**
Jagminder Singh (Wrestling), Lightweight - **1982**
Suman Bala Saini (Hockey), Women's (Team) - **2002**
Pritam Siwach (Hockey), Women's (Team) - **2002**
Mamta Kharab (Hockey), Women's (Team) - **2002**
Charan Singh (Shooting), Men's 50m Rifle 3 Positions Singles - **2002**
Ramesh Kumar (Wrestling), Men's up to 66kg - **2002**
Krishan Kumar (Wrestling), Men's up to 55kg - **2002**
Ravinder Singh (Wrestling), Men's Greco-Roman 60kg - **2010**
Anil Kumar (Wrestling), Men's Greco-Roman 96kg - **2010**
Rajender Kumar (Wrestling), Men's Greco-Roman 55kg - **2010**
Geeta Phogat (Wrestling), Women's Freestyle 55kg - **2010**
Anita Sheoran (Wrestling), Women's Freestyle 67kg - **2010**
Harpreet Singh (Shooting), Men's 25m Centre-Fire Pistol Pairs (Team) - **2010**
Yogeshwar Dutt (Wrestling), 1. Men's Freestyle 60kg - **2010**, 2. Men's 65kg - **2010**
Harpreet Singh (Shooting), Men's 25m Centre-Fire Individual - **2010**
Krishna Poonia (Athletics), Women's Discus Throw - **2010**
Mandeep Kaur (Athletics), Women's 4x400m Relay (Team) - **2010**
Manoj Kumar (Boxing), Men's Light Welterweight - **2010**
Paramjeet Samota (Boxing), Men's Super Heavyweight - **2010**
Amit Kumar (Wrestling), Men's 57kg - **2014**
Vinesh Phogat (Wrestling), Women's 48kg - **2014**, Women's Freestyle 50kg - **2014**
Babita Kumari (Wrestling), Women's 55kg - **2014**
Manu Bhaker (Shooting), Women's 10m Air Pistol - **2018**
Anish Bhanwala (Shooting), Men's 25m Rapid Fire Pistol - **2018**
Bajrang Punia (Wrestling), Men's Freestyle 65kg - **2018**
Sanjeev Rajput (Shooting), Men's 50m Rifle 3 Positions - **2018**
Gaurav Solanki (Boxing), Men's Flyweight 52kg - **2018**
Neeraj Chopra (Athletics), Men's Javelin Throw - **2018**
Sumit Malik (Wrestling), Men's Freestyle 125kg - **2018**
Vikas Krishan Yadav (Boxing), Men's Middleweight 75kg - **2018**

- HIMACHAL PRADESH**
Samresh Jung (Shooting), 1. Men's 50m Air Rifle Pairs (Team) - **2002**, 2. Men's 25m Standard Pistol Pairs (Team) - **2002**, 3. Men's 50m Pistol - **2006**, 4. Men's 25m Centre-Fire Pistol Pairs (Team) - **2006**, 5. Men's 10m Air Pistol Pairs (Team) - **2006**, 6. Men's 25m Standard Pistol Pairs (Team). 7. Men's 10m Air Pistol - **2006**
Sita Gussain (Hockey), Women's (Team) - **2002**
Vijay Kumar (Shooting), 1. Men's 25m Rapid Fire Pistol Pairs (Team) -- **2006**, 2. Men's 25m Rapid Fire Pistol - **2006**

3. Men's 25m Rapid Fire Pistol Pairs (Team) - **2010**, 4. Men's 25m Rapid Fire Pistol Individual - **2010**, 5. Men's 25m Centre-Fire Pistol Pairs (Team) - **2010**

JHARKHAND
Pratima Kumari (Weightlifting), 1. Women's up to 63kgs-Overall - **2002**, 2. Women's up to 63kgs-Clean and Jerk - **2002**
Sumrai Tete (Hockey), Women's (Team) - **2002**
Kanti Baa (Hockey), Women's (Team) - **2002**
Surin Masira (Hockey), Women's (Team) - **2002**

- KARNATAKA**
Prakash Padukone (Badminton), Men's Singles - **1978**
Satheesha Rai (Weightlifting), Men's 77kg-Snatch - **1998**
Suma Shirur (Shooting), Women's 10m Air Rifle Pairs (Team) - **2002**
Ashwini Akkunji (Athletics), Women's 4x400m Relay (Team) - **2010**

- Ashwini Ponnappa** (Badminton), 1. Women's Doubles (Team)
Vikas Gowda (Athletics), Men's Discus Throw - **2014**

KERALA
Helen Mary Innocent (Hockey), Women's (Team) - **2002**
Sini Jose (Athletics), Women's 4x400m Relay (Team) - **2010**
U.C. Rani (Athletics), Women's Javelin Throw - **2012**

- MADHYA PRADESH**
Raj Kumari (Shooting), Women's 50m Rifle 3 Positions Pairs (Team) - **2002**
Saroja Jhuthu (Shooting), Women's 25m Pistol Pairs (Team) - **2006**
Omkar Singh (Shooting), 1. Men's 50m Pistol Individual - **2010**, 2. Men's 10m Air Rifle Individual - **2010**



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- Harishchandra Birajdar** (Wrestling), Middleweight - **1970**
Raghunath Pawar (Wrestling), Welterweight - **1974**
Ramchandra Sarang (Wrestling), Light Flyweight - **1982**
Ashok Pandit (Shooting), 1. Centre-Fire Pistol - **1990**, 2. Centre-Fire Pistol Pairs (Team) - **1994**, 3. Men's 25m Centre-Fire Pistol Pairs (Team) - **1998**
Sameer Ambekar (Shooting), Men's 10m Air Rifle Pairs (Team) - **2002**
Anjali Bhagwat (Shooting), 1. Women's 10m Air Rifle Pairs (Team) - **2002**, 2. Women's 50m Rifle 3 Positions Pairs (Team) - **2002**, 3. Women's 10m Air Rifle Singles - **2002**, 4. Women's 50m Rifle 3 Positions Singles - **2002**
Tejaswini Sawant (Shooting), 1. Women's 10m Air Rifle - **2006**, 2. Women's 10m Air Rifle Pairs (Team) - **2006**, 3. Women's 50m Rifle 3 Positions - **2018**.
Ronak Pandit (Shooting), Men's 25m Standard Pistol Pairs (Team) - **2006**
Anuja Jung (Shooting), Women's 50m Rifle 3 Positions - **2006**
Anisa Sayyed (Shooting), 1. Women's 25m Pistol Pairs (Team) - **2010**, 2. Women's 25m Pistol Individual - **2010**
Rahi Sarnobat (Shooting), 1. Women's 25m Pistol Pairs (Team) - **2010**, 2. Women's 25m Pistol - **2014**
Madhurika Patkar (Table Tennis), Women's (Team) - **2018**
Pooja Sahasrabudhe (Table Tennis), Women's (Team) - **2018**
Sanil Shetty (Table Tennis), Men's (Team) - **2018**
Chirag Shetty (Badminton), Mixed (Team) - **2018**
Rahul Aware (Wrestling), Men's Freestyle 57kg - **2018**

- MANIPUR**
Kunjara Devi Nameikpam (Weightlifting), 1. Women's up to 48kgs-Overall - **2002**, 2. Women's up to 48kgs-Clean and Jerk - **2002**, 3. Women's up to 48kgs-Snatch - **2002**, 4. Women's 48kg - **2006**
Sanamacha Chanu (Weightlifting), 1. Women's up to 53kgs-Overall - **2002**, 2. Women's up to 53kgs - Clean and Jerk - **2002**, 3. Women's up to 53kgs-Snatch - **2002**
Tingongleima Chanu (Hockey), Women's (Team) - **2002**
Ngasepam Devi (Hockey), Women's (Team) - **2002**
Surja Waikhom (Hockey), Women's (Team) - **2002**
Sanggai Maimom (Hockey), Women's (Team) - **2002**
Yumnam Chanu (Weightlifting), 1. Women's 58kg - **2006**, 2. Women's 58kg - **2010**
Bombayala Devi (Archery), Women's Recurve (Team) - **2010**
Suranjoy Singh (Boxing), Men's Flyweight - **2010**
Khumukcham Sanjita Chanu (Weightlifting), 1. Women's 48kg - **2014**, 2. Women's 53kg - **2018**
Mirebai Chanu (Weightlifting), Women's 48kg - **2018**
Mary Kom (Boxing), Women's Light Flyweight 48kg - **2018**

- ODISHA**
Jyoti Kullu (Hockey), Women's (Team) - **2002**
Katulu Ravi Kumar (Weightlifting), Men's 69kg - **2010**

- PUNJAB**

Milkha Singh (Athletics), 440 Yards - **1958**
Satbir Singh (Wrestling), Bantamweight - **1978**
Parvesh Chander Sharma (Weightlifting), 1. Featherweight-Clean and Jerk - **1990**, 2. Featherweight-Overall - **1990**
Paramjit Sharma (Weightlifting), 1. Lightweight-Snatch - **1990**, 2. Lightweight-Clean and Jerk - **1990**, 3. Lightweight-Overall - **1990**
Manavjit Singh Sandhu (Shooting), Men's Olympic Trap (Team) - **1998**
Mukesh Kumar (Shooting), Men's 25m Rapid Fire Pistol Pairs (Team) - **2002**
Amandeep Kaur (Hockey), Women's (Team) - **2002**
Manjinder Kaur (Hockey), Women's (Team) - **2002**
Palwinder Singh Cheema (Wrestling), Men's up to 120kg - **2002**
Avneet Sidhu (Shooting), Women's 10m Air Rifle Pairs (Team) - **2006**
Geeta Rani (Weightlifting), Women's +75kg - **2006**
Gurpreet Singh (Shooting), 1. Men's 25m Rapid Fire Pistol Pairs (Team) - **2010**, 2. Men's 10m Air Pistol Pairs (Team) - **2010**
Heena Sidhu (Shooting), 1. Women's 10m Air Pistol Pairs (Team) - **2010**, 2. Women's 25m Pistol - **2018**
Manjeet Kaur (Athletics), Women's 4x400m Relay (Team) - **2010**
Pranaav Chopra (Badminton), Mixed (Team) - **2018**

- RAJASTHAN**
Rajavardhan Singh Rathore (Shooting), 1. Men's Double Trap Pairs (Team) - **2002**, 2. Men's Double Trap Singles - **2002**, 3. Men's Double Trap - **2006**
Bhanwar Lal Dhaka (Shooting), Men's 25m Rapid Fire Pistol Pairs (Team) - **2002**
Mahaveer Singh (Shooting), Men's 25m Centre-Fire Pistol Pairs (Team) - **2002**
Anupri Chandola (Shooting), Women's 10m Air Rifle - **2014**

- TAMIL NADU**

Ekambaram Karunakaran (Weightlifting), Flyweight - **1978**
Chandersekaran Raghavan (Weightlifting), 1. Flyweight-Snatch - **1990**, 2. Flyweight-Clean and Jerk - **1990**, 3. Flyweight-Overall - **1990**
Rangaswamy Punuswamy (Weightlifting), 1. Bantamweight-Snatch - **1990**, 2. Bantamweight-Clean and Jerk - **1990**, 3. Bantamweight-Overall - **1990**
Murgesan Veerasamy (Weightlifting), Flyweight-Snatch - **1994**
Badathala Adisekhar (Weightlifting), 1. Flyweight-Clean and Jerk - **1994**, 2. Flyweight-Overall - **1994**
Roopa Unnikrishnan (Shooting), Women's 50m Rifle Prone - **1998**
Dharmaraj Wilson (Weightlifting), Men's 56kg-Clean and Jerk - **1998**
Arumugam K. Pandian (Weightlifting), Men's 56kg-Combined - **1998**
Achanta Sharath Kamal (Table Tennis), 1. Men's Singles - **2006**, 2. Men's Team - **2006**, 3. Men's Doubles (Team) - **2010**, 4. Men's (Team) - **2018**
Sathish Sivalingam (Weightlifting), 1. Men's 77kg - **2014**, 2. Men's 77kg - **2018**
Joshna Chinappa (Squash), Women's Doubles (Team) - **2014**
Dipika Pallikal Karthik (Squash), Women's Doubles (Team) - **2014**
Anthony Amalraj (Table Tennis), Men's (Team) - **2018**
Sathivan Gnanasekaran (Table Tennis), Men's (Team) - **2018**

- TELANGANA**
Gagan Narang (Shooting), 1. Men's 10m Air Rifle - **2006**, 2. Men's 10m Air Rifle Pairs (Team) - **2006**, 3. Men's 50m Rifle 3 Positions Pairs (Team) - **2006**, 4. Men's 50m Rifle 3 Positions - **2006**, 5. Men's 10m Air Rifle Individual - **2010**, 6. Men's 50m Rifle 3 Positions Pairs (Team) - **2010**, 7. Men's 10m Air Rifle Pairs (Team) - **2010**, 8. Men's 50m Rifle 3 Positions Individual - **2010**
Saina Nehwal (Badminton), 1. Women's Singles - **2010**, 2. Mixed (Team) - **2018**, 3. Women's Singles - **2018**
Jwala Gutta (Badminton), Women's Doubles (Team) - **2010**
Parupalli Kashyap (Badminton), Men's Singles - **2014**
Sikki Reddy (Badminton), Mixed (Team) - **2018**
P. V. Sindhu (Badminton), Mixed (Team) - **2018**

- UTTAR PRADESH**
Bishamber Singh (Wrestling), Bantamweight - **1966**
Mukhtiar Singh (Wrestling), 1. Lightweight - **1966**, 2. Welterweight - **1970**
Syed Modi (Badminton), Men's Singles - **1982**
Vivek Singh (Shooting), 1. Men's 50m Air Rifle Pairs (Team) - **2002**, 2. Men's 10m Air Pistol Pairs (Team) - **2006**
Ali Khan Moraad (Shooting), Men's Double Trap Pairs (Team) - **2002**
Ahlukumar (Pistol), **2006**

- Alka Tomar (Wrestling), Women's Freestyle 59kg - **2010**
Imran Hasan Khan (Shooting), Men's 50m Rifle 3 Positions Pairs (Team) - **2010**
Narsingh Pancham Yadav (Wrestling), Men's Freestyle 74kg - **2010**
Annu Raj Singh (Shooting), Women's 10m Air Pistol Pairs (Team) - **2010**
Jitu Rai (Shooting), 1. Men's 50m Pistol - **2014**, 2. Men's 10m Air Pistol - **2018**
Punam Yadav (Weightlifting), Women's 69kg - **2018**

- UTTARAKHAND**
Jaspal Rana (Shooting), 1. Centre-Fire Pistol - **1994**, 2. Centre-Fire Pistol Pairs (Team) - **1994**, 3. Men's 25m Centre-Fire Pistol - **1998**, 4. Men's 25m Centre-Fire Pistol Pairs (Team) - **1998**, 5. Men's 25m Standard Pistol Pairs (Team) - **2002**, 6. Men's 25m Center-Fire Pistol Pairs (Team) - **2002**, 7. Men's 25m Standard Pistol Singles - **2002**, 8. Men's 25m Centre-Fire Pistol Singles - **2002**, 9. Men's 25m Centre-Fire Pistol Pairs (Team) - **2006**
Abhinav Bindra (Shooting), 1. Men's 10m Air Rifle Pairs (Team) - **2002**, 2. Men's 10m Air Rifle Pairs (Team) - **2006**, 3. Men's 50m Rifle 3 Positions Pairs (Team) - **2006**, 4. Men's 10m Air Rifle Pairs (Team) - **2010**, 5. Men's 10m Air Rifle - **2014**
Sushma Rana (Shooting), Women's 25m Pistol Pairs (Team) - **2006**

WEST BENGAL
Karna Bhattacharya (Weightlifting), Middleweight Snatch - **1998**, Manohar Singh (Shooting), 1. Trap - **1994**, 2. Men's Olympic Trap (Team) - **1998**, Mohammed Ali