

# AI-Powered Nutrition Analyzer For Fitness Enthusiasts

Nutritional analysis is the process of determining the nutritional content of food. It is a vital part of analytical chemistry that provides information about the chemical composition, processing, quality control and contaminationof food.The main aim of the project is to building a model which is used for classifying the fruit depends on the different characteristics like colour, shape, texture etc. Here the user can capture the images of different fruits and then the image will be sent the trainedmodel. The model analyses the image and detect the nutrition based on the

fruits like (Sugar, Fibre, Protein, Calories, etc.).

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