## Eberhard Karls Universität Tübingen

Mathematisch-Naturwissenschaftliche Fakultät Fachbereich Informatik

## MR-LINAC and CINE

## A viewing platform for 4d medical images with extensive labeling functionality

Bachelorthesis Medical Informatics

Henrike Sophie Weinmann

Datum

#### Marcel Früh

Prof. Dr. rer. nat. Andreas
Schilling
Visual Computing
Fachbereich Informatik
Universität Tübingen

Name Zweitgutachter Arbeitsbereich Fachbereich Informatik Universität Tübingen

#### Weinmann, Henrike:

MR-LINAC and CINE, A viewing platform for 4d medical images with extensive labeling functionality
Bachelorthesis Medical Informatics
Eberhard Karls Universit"at T"ubingen
Bearbeitungszeitraum: May 2021-bis

#### Abstract

MR guided radiotherapy has become a standard when treating cancer. The alternative to an operative removal of the tumor uses radiation, created by a linear accelerator (LINAC). MR-LINAC improves the accuracy of radiation by combining a LINAC with an MR imaging system. Magnetic resonance imaging (MRI) is optimal for viewing soft tissue such as most organs in the human body. It is also an important tool for detecting tumors in soft tissue such as the lungs and heart. The CINE MRI technology makes it possible to observe a slice through a patient over a period of time. This makes it easier to detect the margins of a structure and therefore decreases the risk of damaging tissue surrounding a tumor during treatment. To be able to use those technologies to their full extent, a viewing platform is needed.

# Danksagung

Hier kommen die Danksagungen hin (falls gewünscht)!!!

#### Selbständigkeitserklärung

Hereby, I declare that I have composed the presented paper independently on my own and without any other resources than the ones indicated. All thoughts taken directly or indirectly from external sources are properly denoted as such.

This paper has neither been previously submitted to another authority nor has it been published yet.

Place, Date Signature

Hiermit erkläre ich, dass ich diese schriftliche Abschlussarbeit selbständig verfasst habe, keine anderen als die angegebenen Hilfsmittel und Quellen benutzt habe und alle wörtlich oder sinngemäß aus anderen Werken übernommenen Aussagen als solche gekennzeichnet habe. Datum, Ort, Unterschrift

# Contents

1	Inti	roduction	1
2	Me	dical Data and imaging	2
	2.1	DICOM Format	2
	2.2	Image Aquisition	2
		2.2.1 2d Slices	3
		2.2.2 3d Volumetric imaging	3
		2.2.3 4d medical imaging	3
	2.3	Image-guided therapy	4
		2.3.1 planning	4
		2.3.2 radiotherapy and LINAC	4
3	Sta	te of the art	5
	3.1	Viewers for medical images	5
		3.1.1 proprietary DICOM viewers	5
		3.1.2 Third party DICOM viewers	5
	3.2	Image labeling and editing Software	5
		3.2.1 Segmentation	6
4	A v	riewing platform for 4d image data	7
	4.1	Goal	7
	4.2	original approach	7
		4.2.1 Loading data into the app	7

Contents

		4.2.2	Displaying the DICOM images	8							
	4.3	Labeli	ing	8							
		4.3.1	Polygonal segmentation	8							
		4.3.2	Editing	8							
	4.4	Design	1	8							
		4.4.1	Layout of the application	8							
		4.4.2	Simplicity	8							
5 Evaluation											
6	6 Recapitulation and Future possibilities										
Sources											
List of abbreviations											
List of images											
T,i	st of	tables		16							

## Introduction

Viewing medical images on a light box is a thing of the past. In the digital age we're living in, tablets and monitors have taken over. With this change comes the need for new software. Mulitple applications for viewing X-Ray images, MR-scans, PET-scans etc. have already been developed. However, the digital world is evolving constantly and so existing applications need to be maintained, updated and improved. In recent times, machines have been so far improved, that 4d imaging is now possible. The fourth dimension being time. Those 4d scans are called CINE scans. CINE comes from the word cinematic and stands for the timely dimension which enables a filmlike view of the scanned area. In the last few years Artificial Intelligence (AI) has made its way in to the medical field and is becoming more and more useful. These algorithms often work different as the human brain and so the outcome of the AI's calculations is usually the only useful information for the user. In cooporation with Marcel Früh, I have developed a simplistic App for viewing the work of an AI that has been trained to calculate the movement of a point in a 4 dimensional dataset. Doctors still use markers and printed images to make plans for treatment or discuss a possible diagnosis with colleagues. Though this method requires a physical meeting, so it would become quite impossible when the coworker is a piece of software. Selections need to be made digitally and stored in such a way. that it is easily accessible to external software like an AI programm. The main goal was to create a tool that is easy to use and does not confuse the user with to many menu options and hidden features. In the following I will give a quick overview of medical image data and their purpose, as well as the current options for viewing 4d data. I will then explain my approach when designing and planning the app.

# Medical Data and imaging

#### 2.1 DICOM Format

DICOM stands for Digital Imaging and Communications in Medicin. It provides standardized file format for images in medicine. Each DICOM file is made up of a header holding meta data and a body which contains the image. DICOM files tend to be fairly large, as they usually contain quite a few high resolution images. The meta data consists of a standardized series of tags which can be arranged in functional groups like "0010" patient information or "0008" study information. DICOM images that are used for research or teaching are typically anonymized to protect the patients data. There are special programms to remove the according parts from the header. Since DICOM files are not recognized as image files by most operating systems, including windows, macOS and upper parts from the patients of the patients of

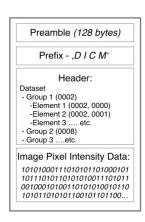


Figure 2.1: structure of a DICOM file

operating systems, including windows, macOS and ubuntu, they can only be viewed with the help of third-party software. Thats why most equipment manufacturers either include a dicom viewer when the images are exported to a CD or just convert them to a JPEG, GIF or TIFF. [7] [1]

#### 2.2 Image Aquisition

There are many different types of medical imaging. Each method has their own purpose and often more than one type of image is required to make a correct diagnosis. The first most common and also foundation for all other type of imaging techniques being an X-ray scan. It is on of the fastest methods to check for a bone fracture or tooth decay. However, an X-ray don't have a depth

of field therefore only show one view through the patients body. Hence sometimes an important detail can't be seen because it lies behind a less permeable material. PET Scans, CTs and MRI Scans give us the option to image the whole volume or a planar slice thorugh it. In the following I will give a quick summary on 2d, 3d and 4d datasets using the MRI scanning methodology as an example.

#### 2.2.1 2d Slices

In an MRI scanner a magnetic field is created, so that all protons in the patients body align themselfs with that field. A 2d image is created by exciting a slice of tissue with a radio frequency (RF) impulse so that the protons in said tissue spin out of equilibrium. and then detect the energy released when the protons in the tissue realign with the magnetic field. [4] The thickness of the slices depend on the device used, but are normally between 2mm and 100mm. [3] Modern machines are able to excite multiple slices of tissue, therefore making it possible to scan multiple slices at a time. This technique is called a 2D Multislice MRI. [5]

#### 2.2.2 3d Volumetric imaging

There are two main ways to get a 3d image. One of these being a reconstruction of the original volume thorugh a collection of 2d slices. This sounds very simple, but there are actually may things to consider. Firstly, scantimes can be quite long, as there needs to be a short pause inbetween scans. Pictures need to be taken in the exact same position to avoid artifacts. Furthermore there will always be a space inbetween two slices. With methods such as the distance field interpolation, we have tools to overcome this proplem to a certain extent, but it will never be as exact as the second method of 3d imaging. [5] Here, a whole slab of the volume gets excited.

#### 2.2.3 4d medical imaging

4d medical imaging is the process of generating multiple 3d images over time. It is an advanced imaging method, used to study a patients movements and observe changes. The human body naturally moves at all times. Respiratory and cardiac motion, as well as digestion and muscle movements, cause the movement of surrounding tissues. It has always been a challenge to capture these movements in 3d medical images or get an image in a good position to see a certain feature. With 4d imaging, medical professionals are able to capture the whole movement and pick the best time frames for their issue.

## 2.3 Image-guided therapy

- 2.3.1 planning
- 2.3.2 radiotherapy and LINAC

BlaBlaBla ...

### State of the art

#### 3.1 Viewers for medical images

#### 3.1.1 proprietary DICOM viewers

Many scan machines today are connected to a Picture Archiving and Communication System (PACS). If not, the manufacturers usually provide a viewer in form of a standalone PC. The viewing software often comes with a variety of tools such as 3d reconstruction and rendering of multiplanar scans. Furthermore they give the option to export the DICOM file as png or jpeg, so they can be viewed on a normal PC by patients. [1]

#### 3.1.2 Third party DICOM viewers

When searching for a DICOM viewer online, one will find a plethora of options. They range from simple viewers which just display the image to high class applications useful for teaching, research and even as mini-PACS. Still, there is no piece of software that does it all. Most Viewers specialize as the enquiry for them is constantly evolving. [6]

#### 3.2 Image labeling and editing Software

Editing software can be quite expensive. Depending on the functionality and features provided prices change. One of the best and wellknown photo editing software being Adobe's Photoshop. After importing an image as DICOM, jpeg, png etc. pretty much all alterations imaginable can be made. Just like with the viewing software, there are lots of free options downloadable from the internet. Most of these however, only give selected options for editing. A very

common edit, useful for teaching or specification in publications, is the use of red arrows. These can even be added in Powerpoint or Paint.

#### 3.2.1 Segmentation

In IGRT segmentation of a tumor is one of the crucial parts of planning a radiation session. A to small segmentation could leave vital parts of the tumor and therefore be less effective, while a segmentation that is to large will hurt the surrounding tissue. As an approach to help optimize the segmentation process semi-autumatic as well as fully automated selection tools have appeard. [2]

# A viewing platform for 4d image data

#### 4.1 Goal

The goal of this project, was to develop a viewing platform for MRI CINE data, which is easy to use and still provides useful editing and labeling tools. The focus was set on the labeling functionality of the app which is supposed to give the user the option to mark ceratin places or areas. The app should be intuitively usable without a tutorial or a long learning phase. Given that most medical applications don't look very appealing, it also became a personal goal of mine to make this application look nice as well.

#### 4.2 original approach

To build the user interface I ended up using PyQt, as it works nicely with the other python modules in use. However, the first versions of the application's GUI were using a combination of VTK and PyQt. Since we decided to limit this project to 2d selections only, there was no need for a 3D Module and so I ended up using Matplotlibs imshow instead.

#### 4.2.1 Loading data into the app

To be able to view a data set, it first must be loaded into the app. My first approach was to load a folder via pathname, as no libraries or extra packages would be needed for that. However this method was not very userfriendly, because a single typo would lead to an error message. The solution was to open a directory or file with help of the os beneath. This was way more intuitive and also gave me the option to specify which kinds of data should

be allowed to open. Although I had already checked for the correct suffix in the path, the QFileDialog Class had a useful feature that prevented the user from trying to open an unsuitable dataset. Since the main focus was to display CINE datasets, each set consistet of multiple slices and a number of different timesteps for each slice. To have full accessibility to the whole dataset at all times during the editing process, the first step was to load all image parts of the DICOM files into a multidimensional array.

#### 4.2.2 Displaying the DICOM images

Media bar

#### 4.3 Labeling

#### 4.3.1 Polygonal segmentation

#### **4.3.2** Editing

#### 4.4 Design

Most applications have a very bland design and purely focus on usability. Since some of these apps are very old, the design of them doesn't match what some users might be used to from modern apps and therefore even hinder their usability. They can be very cluttered with no sense of hirarchy as to what is important for the user and what feature will only be useful every once in a while.

#### 4.4.1 Layout of the application

When designing the app, I had a very modular style in mind. This way, it would be easy to add on to the existing app or simplify if needed. The main portion of the app would be the DICOM viewer, since it would be what needs to be displayed the largest in order to be useful.

#### 4.4.2 Simplicity

**color palette** In order to avoid to many clashing collors, I crated a monochromatic color palette. By using greys and blues of different saturation and brightness values the contrast between different texts and their background would still be given.

logos All logos and buttons were designed by me to avoid any copyright issues. I tryed to match the rest of the application with rounded edges and matching colors.

# Evaluation

BlaBlaBla

# Recapitulation and Future possibilities

BlaBlaBla

# Bibliography

- [1] Elsevier Enhanced Reader. DOI: 10.1016/j.crad.2005.07.003. URL: https://reader.elsevier.com/reader/sd/pii/S0009926005002199? token=E91C1EEF68066558A1FC3643CFF3FA302C75FD56F2348337AE917AE2335411C54F originRegion=eu-west-1&originCreation=20210809151919 (visited on 08/09/2021).
- [2] Frank Heckel et al. "Sketch-Based Editing Tools for Tumour Segmentation in 3D Medical Images". In: Computer Graphics Forum 32.8 (2013), pp. 144–157. ISSN: 1467-8659. DOI: 10.1111/cgf.12193. URL: https://onlinelibrary.wiley.com/doi/abs/10.1111/cgf.12193 (visited on 08/13/2021).
- [3] Glyn Johnson, Youssef Zain Wadghiri, and Daniel H. Turnbull. "2D Multislice and 3D MRI Sequences Are Often Equally Sensitive". In: *Magnetic Resonance in Medicine* 41.4 (1999), pp. 824–828. ISSN: 1522-2594. DOI: 10.1002/(SICI)1522-2594(199904)41:4<824::AID-MRM23>3.0.CO;2-1. URL: https://onlinelibrary.wiley.com/doi/abs/10.1002/%28SICI%291522-2594%28199904%2941%3A4%3C824%3A%3AAID-MRM23%3E3.0.CO%3B2-1 (visited on 08/10/2021).
- [4] Magnetic Resonance Imaging (MRI). URL: https://www.nibib.nih.gov/science-education/science-topics/magnetic-resonance-imaging-mri (visited on 08/10/2021).
- [5] Robert-Jan M. van Geuns et al. "Basic Principles of Magnetic Resonance Imaging". In: *Progress in Cardiovascular Diseases*. Advances in Coronary Imaging 42.2 (Sept. 1, 1999), pp. 149-156. ISSN: 0033-0620. DOI: 10.1016/S0033-0620(99)70014-9. URL: https://www.sciencedirect.com/science/article/pii/S0033062099700149 (visited on 08/10/2021).
- [6] Dandu Ravi Varma. "Free DICOM Browsers". In: *The Indian Journal of Radiology & Imaging* 18.1 (Feb. 2008), pp. 12–16. ISSN: 0971-3026. DOI: 10.4103/0971-3026.38503. pmid: null. URL: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2766899/ (visited on 08/13/2021).

Bibliography 13

[7] Dandu Ravi Varma. "Managing DICOM Images: Tips and Tricks for the Radiologist". In: *The Indian Journal of Radiology & Imaging* 22.1 (2012), pp. 4–13. ISSN: 0971-3026. DOI: 10.4103/0971-3026.95396. pmid: 22623808. URL: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3354356/ (visited on 08/13/2021).

# List of abbreviations

AI Artificial intelligence LINAC Linear accelerator

IGRT Image guided radiotherapy
MRI Magnetic Resonance Imaging

**RF** Radio Frequency

PACS Picture Archiving and Communication System

# List of Figures

2.1	structure of a DICOM file											2	

# List of Tables