



Pineapples

A presentation of their history and many uses





Part 1: Origins

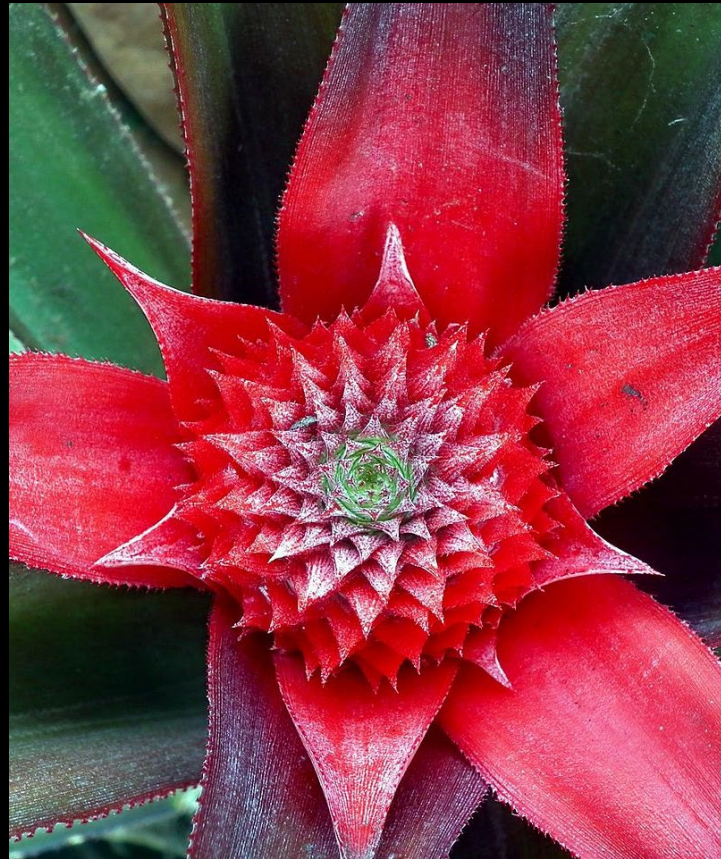




*Origins:
Where do they come from?*

- South America
- Paraguay river
- Southern Brazil and Paraguay
- Paraná river is the 2nd longest river in South America

Origins: Where were they found?



- Spread from South America to...
 - Caribbean
 - Mexico
 - Central America
- Cultivated by...
 - Mayas
 - Aztecs
 - Etc...
- Discovered by Europeans on the Guadeloupe archipelago

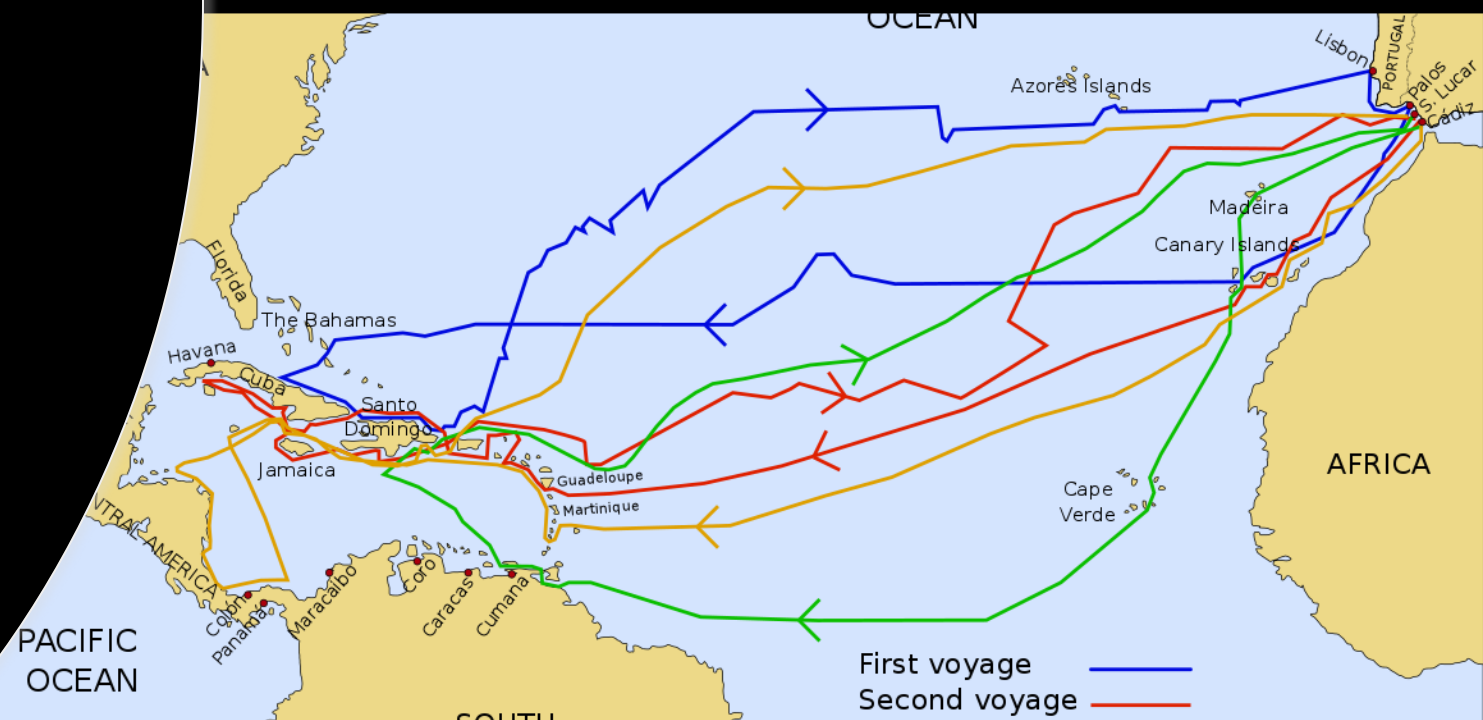


Part 2

History

Discovery: When it all happened

- Christopher Columbus on the 4th of November 1493
- Caniba tribe (alleged cannibals!)
- Human meat or pineapple?
- Pineapples introduced to Europe



A sign of status

- A favorite of Kings and Queens
- A symbol of wealth and hospitality
- Impressive house-piece
- Created a bit of an art craze





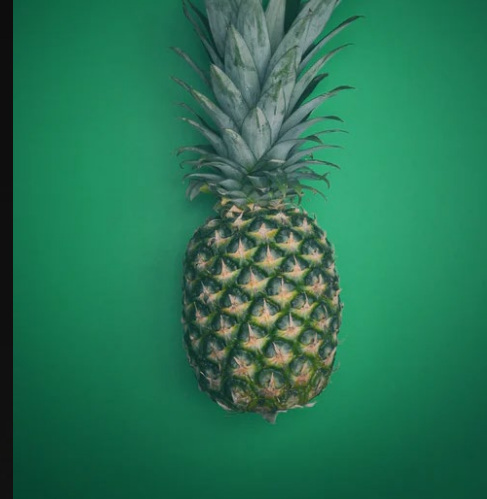
Part 3

Medicinal uses



Bromelain

The chemical that makes your mouth go ouch.



- Can be found in the fruit, juice and stems
- A Proteolytic enzyme that digests Protein
- Bromelain & Papain
- Studies show Bromelain can be used to help...



Some potential benefits and downsides

Things it can help

- Severe burns
- Osteoarthritis
- Cardiovascular disease
- Asthma
- Chronic sinusitis
- Colitis
- Cancer

Things it un-helps

- Diarrhoea
- Nausea
- Vomiting
- Heavier menstrual bleeding



*But before that, Just A quick breather
and a moment for any questions you
might have.*

(And yet another public domain stock image.)

Time for a little breather and to answer any
questions.

Did you all have fun? Feeling more educated on
tropical fruit?

Only future me giving the presentation now can tell
how you all are doing but hoping that things are
going well.

Thank you for
watching/listening.

*Now you know how cool and weird pineapples
are and how helpful they can be.*

