

HEALTHTECH DIAGNOSTIC CENTER

Medical Test Report Date: November 18, 2024 Time: 10:30 AM

PATIENT INFORMATION

Name: [Patient Name] Patient ID: HTH2024112 Age: 45 years Gender: Male

BLOOD PRESSURE ASSESSMENT

Reading 1 (Seated, Right Arm): Systolic: 162 mmHg Diastolic: 94 mmHg Pulse Rate: 88 bpm Time: 10:30 AM

Reading 2 (After 5 min rest): Systolic: 158 mmHg Diastolic: 92 mmHg Pulse Rate: 85 bpm Time: 10:35 AM

Reading 3 (Left Arm): Systolic: 160 mmHg Diastolic: 93 mmHg Pulse Rate: 86 bpm Time: 10:40 AM

ADDITIONAL OBSERVATIONS

- Patient reports occasional headaches
- Mild dizziness in the morning
- Reports high stress at work
- Family history of hypertension
- BMI: 27.5 (Overweight)

INTERPRETATION

Blood Pressure Category: Stage 2 Hypertension Average BP Reading: 160/93 mmHg Normal Range: Less than 120/80 mmHg

RECOMMENDATIONS

- Immediate consultation with primary care physician recommended
- Regular BP monitoring advised
- Lifestyle modifications suggested
- Further cardiovascular assessment may be needed

Test Conducted By: Dr. Sarah Johnson License No: MED28456 Signature: [Electronic Signature]

Note: This report should be reviewed by a healthcare provider for proper interpretation and treatment planning.