

Notes To Self....	Month		January	
	Monday ( 1 )	Tuesday ( 2 )	Wednesday ( 3 )	
	6:00	6:00	6:00	
	6:30	6:30	6:30	
	7:00	7:00	7:00	
	7:30	7:30	7:30	
	8:00	8:00	8:00	
	8:30	8:30	8:30	
	9:00	9:00	9:00	
	9:30	9:30	9:30	
	10:00	10:00	10:00	
	10:30	10:30	10:30	
	11:00	11:00	11:00	
	11:30	11:30	11:30	
	12:00	12:00	12:00	
	12:30	12:30	12:30	
	1:00	1:00	1:00	
	1:30	1:30	1:30	
	2:00	2:00	2:00	
	2:30	2:30	2:30	
	3:00	3:00	3:00	
	3:30	3:30	3:30	
	4:00	4:00	4:00	
	4:30	4:30	4:30	
	5:00	5:00	5:00	
	5:30	5:30	5:30	
	6:00	6:00	6:00	
	6:30	6:30	6:30	
	7:00	7:00	7:00	
	7:30	7:30	7:30	
	8:00	8:00	8:00	
	8:30	8:30	8:30	
	9:00	9:00	9:00	
	9:30	9:30	9:30	
Weekly Gratitude, Ideas, Plans, Thoughts, Expenses....				
Be Free...				