



*Edathala, Aluva*  
*Re-Accredited with A Grade*  
*Affiliated to MG University, Kottayam, Kerala*

## **Report on “International Women’s Day celebration”**

We celebrated the International Women’s Day on March 8 2023 at our college Seminar Hall at 10.00 am under the theme-“Spread your wings and fly high”. Around 63 students participated in the programme. The programme aimed to honour the achievements and contributions of Women. It also targeted to discuss the challenges that they face. The guest of the day was none other than Dr Shahina, a burn survivor and is currently pursuing a career of a medical officer. The session is conducted in offline mode. The event was a tribute to women's empowerment and aimed to inspire, motivate, and support female students in their pursuit of education, careers, and personal growth. The event began with inspirational talks on Women in various fields. These talks shared encouraging stories, insights, and advice on overcoming challenges and reaching for the stars. The event aimed to encourage female students to recognize and embrace their potential, emphasizing that they are capable of achieving great heights in any field they choose. Thus the event highlighted the importance of breaking barriers and challenging

stereotypes that limit women's aspirations. The celebration underscored the role of education in empowering women and enabling them to contribute meaningfully to society.

The International Women's Day celebration with the theme "Spread Your Wings, Fly High" was a resounding success, inspiring female students to believe in themselves, dream big, and work towards their goals. The event provided a platform for learning, networking, and empowerment, reinforcing the idea that women have the power to shape their destinies and make a significant impact on the world. The messages of resilience, determination, and self-belief will continue to resonate with the students as they embark on their journeys of modern spectra and growth.

We also arranged a Mehndi corner at the venue for the students and faculty members of the college. It truly inspired the students and instilled a confidence among them.

Like a phoenix rising from its ashes, Dr. Shahina C.K. rose above the burns caused by a childhood accident, to be an inspiration to all those who are living life with precarious predicaments. Twenty-six years ago, at the young age of five, she had to face a fire accident which left her body scarred with 80 per cent burns. Her right hand was severely injured by the flames which left her left-handed. She currently works as a medical officer at Government Homoeo Dispensary at Kudakkachira, Kottayam, and practises homoeopathy privately at home as well. When fate pulled the carpet from under her feet, she defied fate by sprouting wings to fly higher than ever before and be a living example to those who give up on life easily. "When things fall apart in life, have courage and never give up on yourself" - Shahina.



**Al-Ameen COLLEGE**

Affiliated to Mahatma Gandhi University, Kottayam  
Re-Accredited by NAAC with A Grade (CGPA 3.15)

Edathala, Aluva



INSTITUTION'S  
INNOVATION  
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(Ministry of HRD Initiative)



VIGNETTE AND  
ENTREPRENEURSHIP  
DEVELOPMENT CENTRE

**DigitALL**

**Innovation and technology for gender equality**



**International  
Women's Day  
8<sup>th</sup> March 2023**



*She transcends*

## PROGRAMS

- ♥ Inaugural Meeting [Seminar Hall]
- ♥ Talk on Women Empowerment :  
"Spread your Wings, Fly High"
- ♥ Mehendi Corner

**181**  
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Edathala  
Aluva  
Kerala



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