

DURATIONS (IN BREATHS)

6

2

1

3

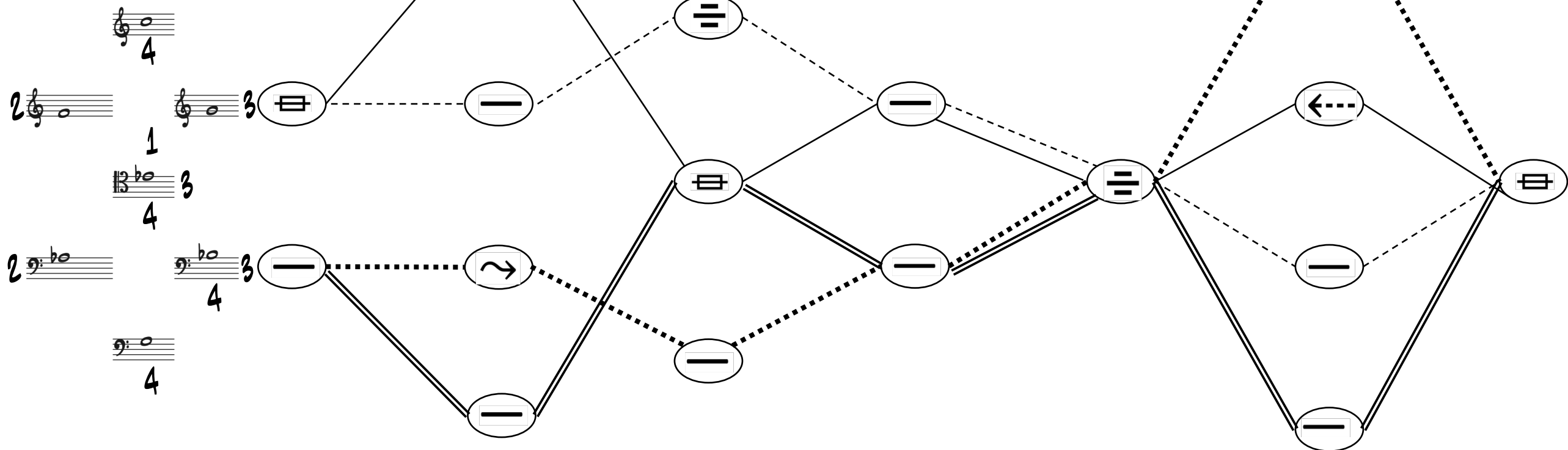
3

5

4

PRANA

THIRD EYE CHAKRA (AJNA)



1

11

111

IV

V

VI

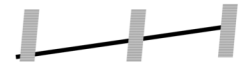
VII

GLISSANDI

meend



tremolo



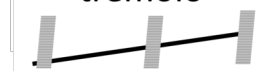
clean



phasing



tremolo



clean



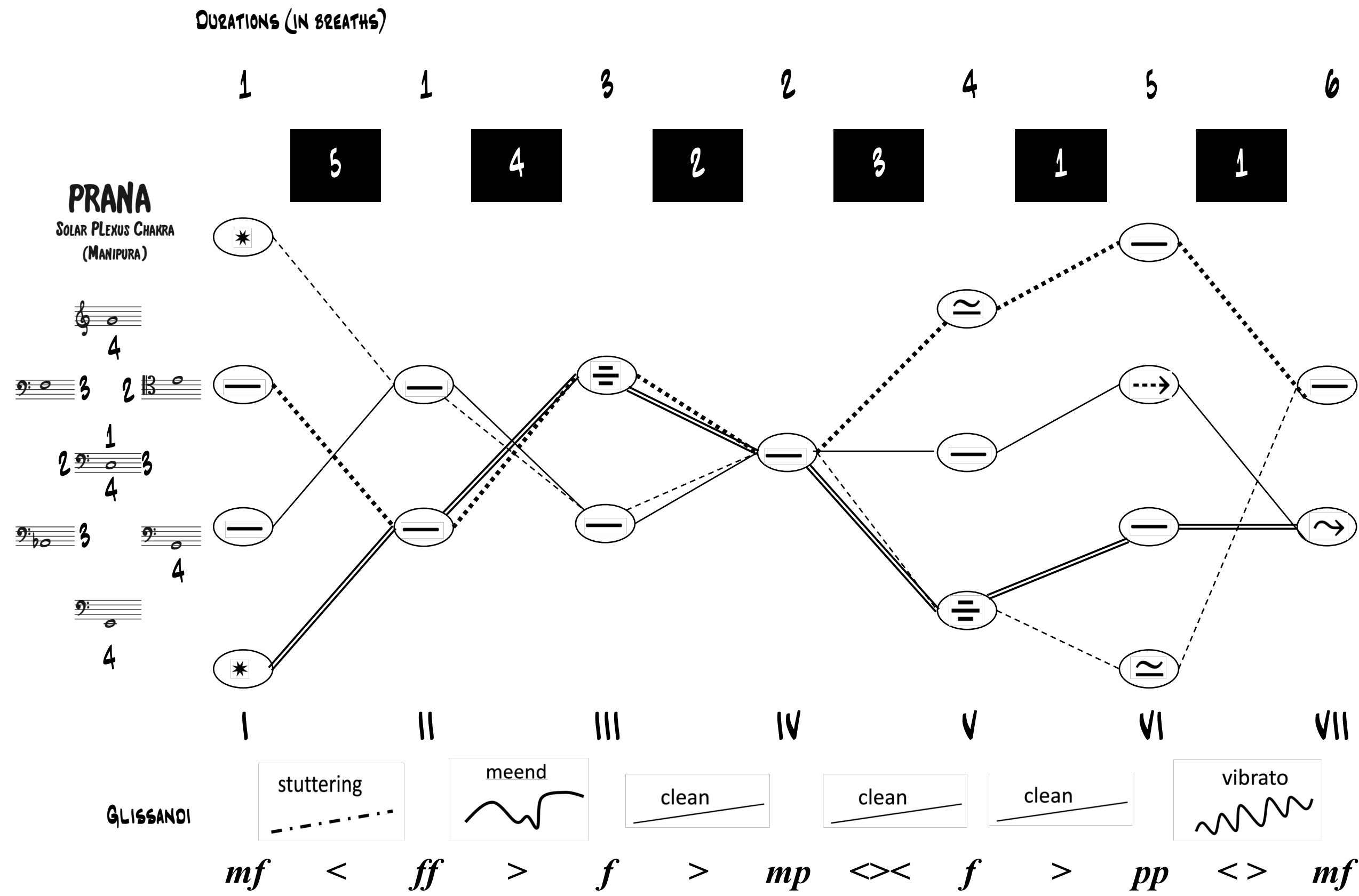
mp

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$$mf$$
 \gg pp $\triangleleft \triangleright \triangleleft$
$$f$$
 \triangleright

p

 \angle
$$mf$$
$$ff$$

Sandeep Bhagwati PRANA



PRANA

ROOT CHAKRA
(MULADHARA)

3 4

2 2 4

1

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3 4

DURATIONS (IN BREATHS)

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2

4

1

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6

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6

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1

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2

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I

II

III

IV

V

VI

VII

GLISSANDI

airy

clean

twirls

clean

clean

meend

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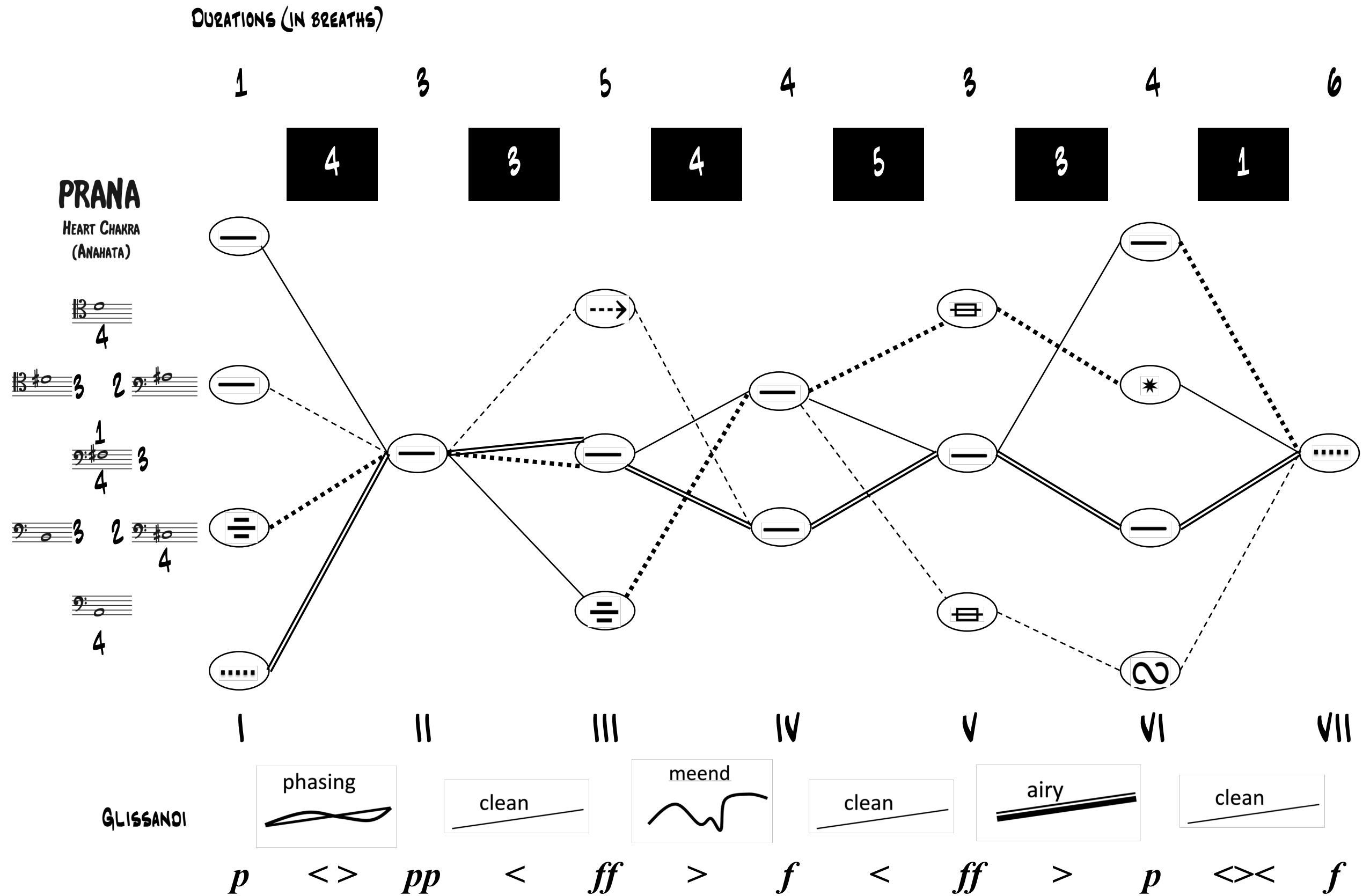
mp

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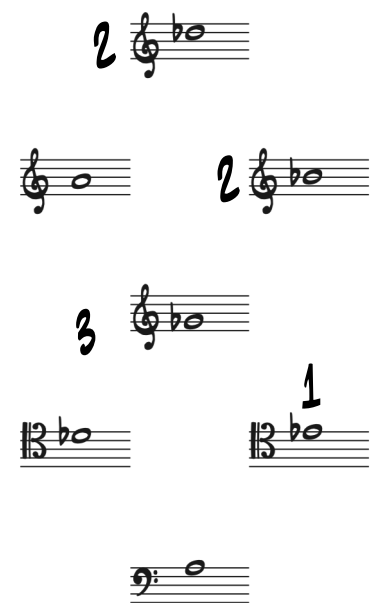
mf

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mf



PRANA
CROWN CHAKRA
(SAHASRARA)



DURATIONS (IN BREATHS)

6

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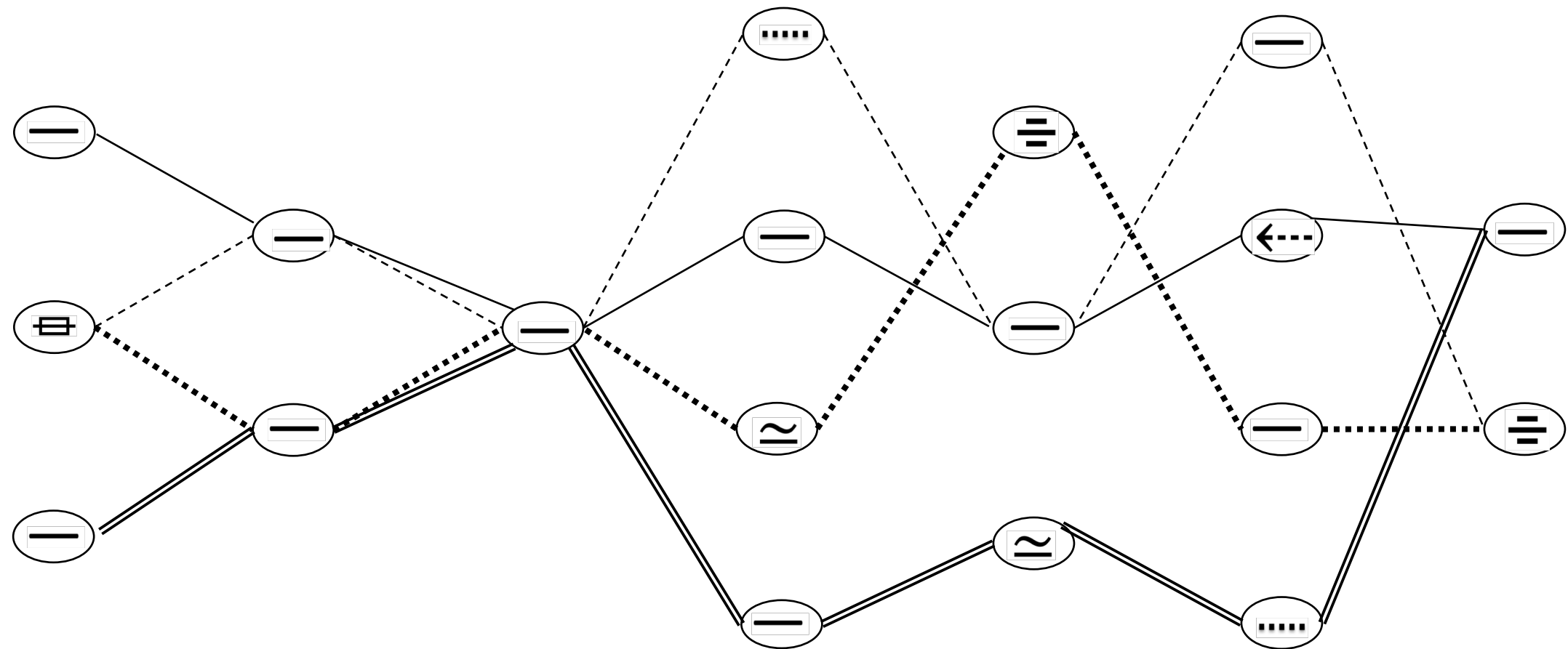
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6



I

II

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IV

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VII

GLISSANDI

clean

distended

stuttering

meend

vibrato

clean

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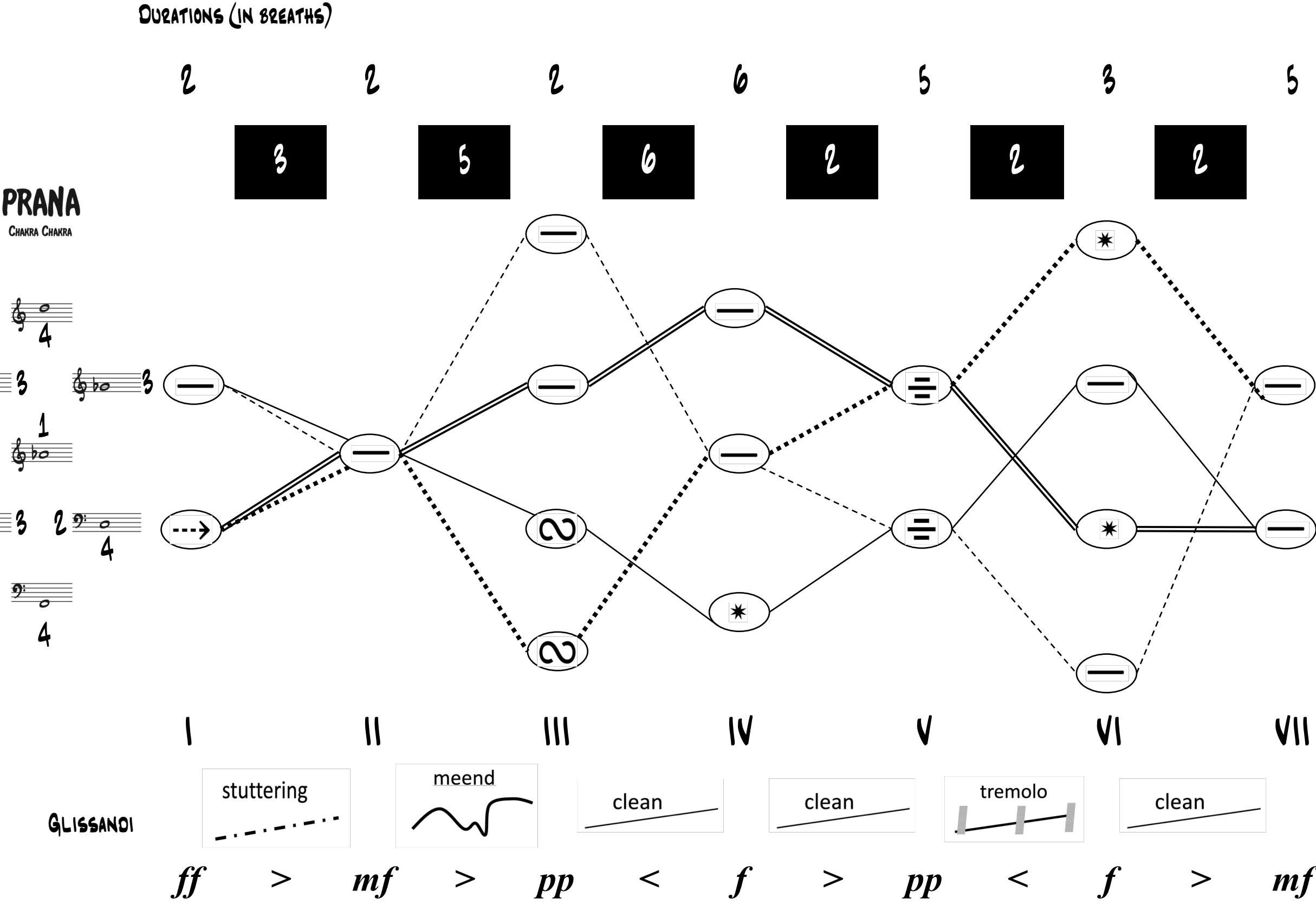
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DURATIONS (IN BREATHS)

4

3

4

3

2

5

2

PRANA

SACRAL CHAKRA
(SVADISTHANA)

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4

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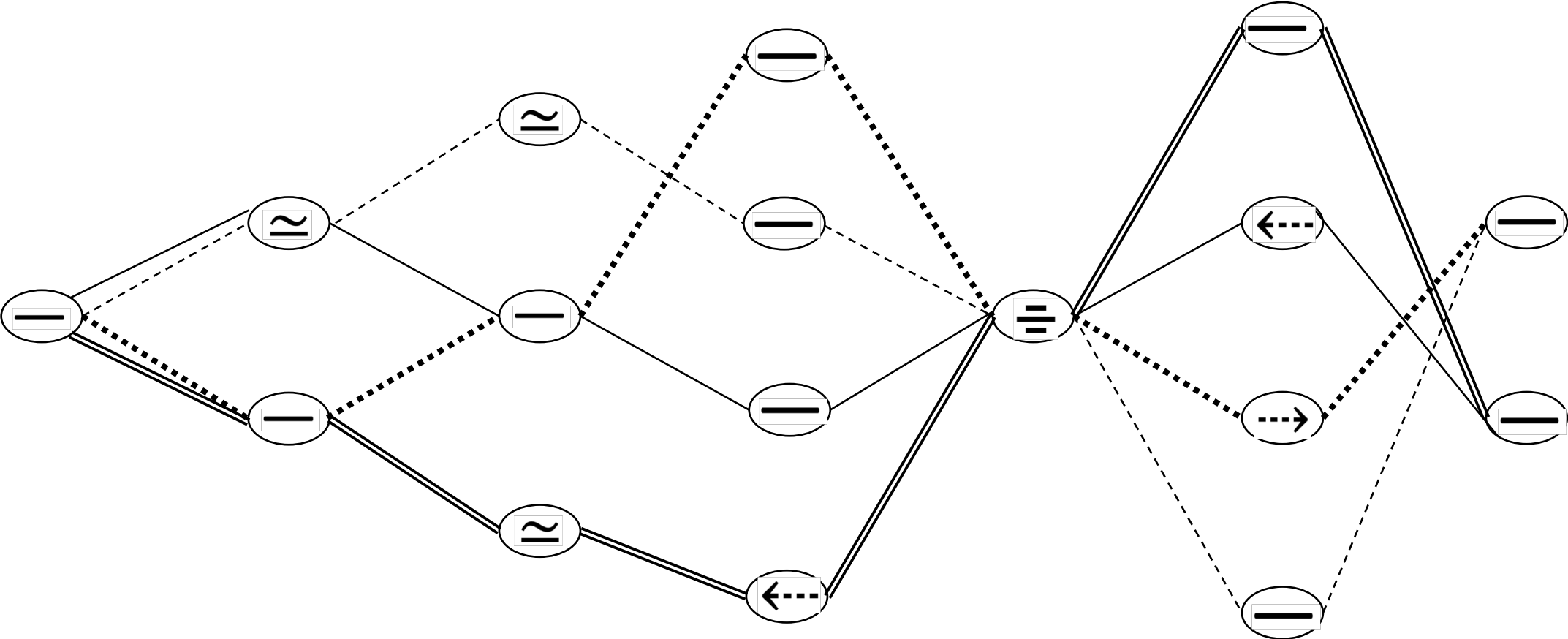
2

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I

II

III

IV

V

VI

VII

GLISSANDI

clean

meend

clean

phasing

clean

twirls

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