

HEART DISEASE RISK ASSESSMENT REPORT

PATIENT INFORMATION

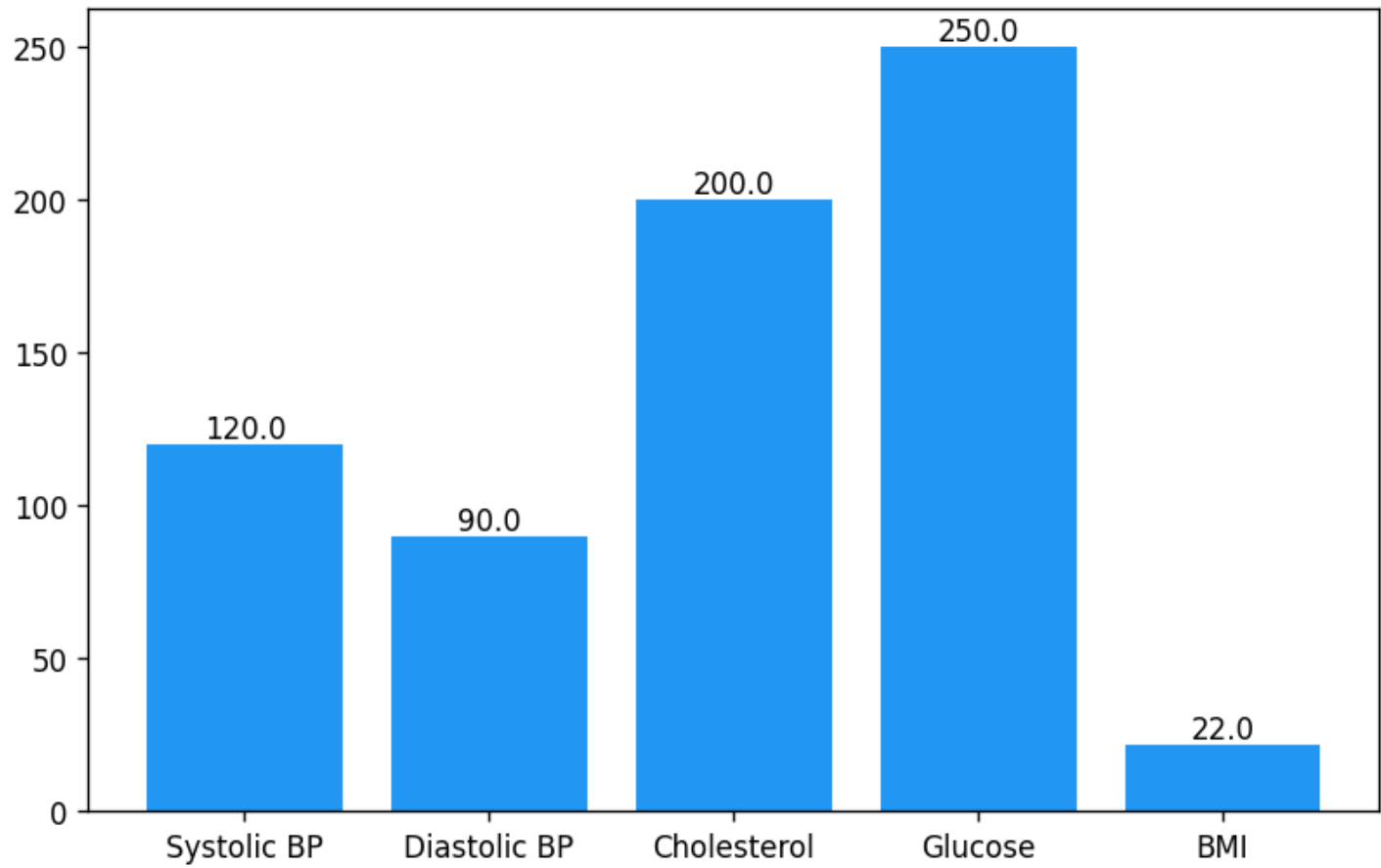
Gender:	Male	Age:
Smoker:	Yes	Cigarette:
BP Meds:	Yes	Diabetes:
Hypertension:	Yes	Stroke H:

RISK ASSESSMENT & HEALTH INDICATORS

Low Risk

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Key Health Indicators



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PERSONALIZED RECOMMENDATIONS

For Everyone:

Maintain a heart-healthy diet (rich in fruits, vegetables, whole grains)

Engage in regular physical activity (30+ minutes daily)

Monitor your blood pressure regularly

Get adequate sleep (7-9 hours per night)

Manage stress through relaxation techniques

Schedule annual health checkups

For Low Risk Individuals:

Continue your current healthy habits

Focus on preventive measures

Monitor key indicators annually