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The Moringa Tree
Moringa oleifera

BS AI RED
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They are the leaves of the humble Moringa tree. The scientific name for this tree is Moringa oleifera.



Tiny leaves.

Enormous benefits.

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7 times the Vitamin C of Oranges



4 times the Vitamin A of Carrots



4 times the Calcium of Milk



3 times the Potassium of Bananas



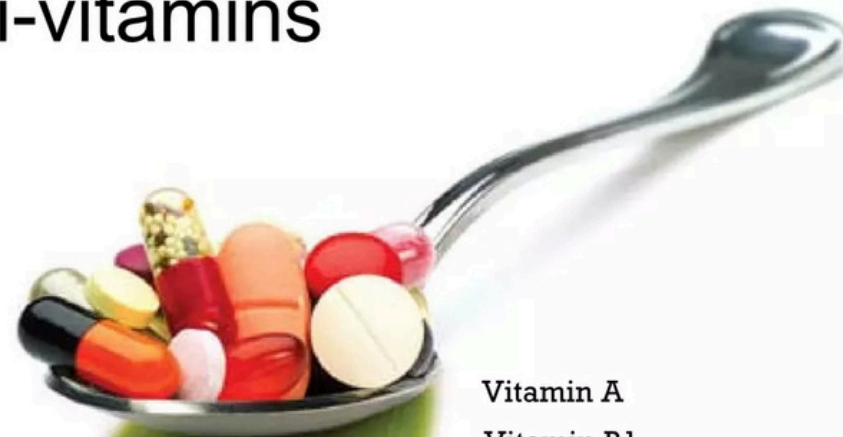
2 times the Protein of Yogurt



Gram-for-gram comparison of nutritional data¹

Nutritional analysis has shown that Moringa leaves are extremely nutritious. In fact, they contain larger amounts of several important nutrients than the common foods often associated with these nutrients. These include vitamin C, which fights a host of illnesses including colds and flu; vitamin A, which acts as a shield against eye disease, skin disease, heart ailments, diarrhea, and many other diseases; Calcium, which builds strong bones and teeth and helps prevent osteoporosis; Potassium, which is essential for the functioning of the brain and nerves, and Proteins, the basic building blocks of all our body cells.

It's like growing multi-vitamins
at your doorstep.



Vitamin A

Vitamin B1

Vitamin B2

Vitamin B3

Vitamin C

Calcium

Chromium

Copper

Iron

Magnesium

Manganese

Phosphorus

Potassium

Protein

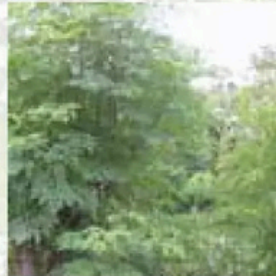
Zinc

Not only that, but Moringa leaves also contain a wealth of other complementary vitamins and minerals.

Leaves:
Nutrition
Medicine



Trees:
Alley Cropping
Erosion Control



Flowers:
Medicine



Pods:
Nutrition
Medicine



Consider the Possibilities

Nutrition • Disease Prevention • Ointment • Alley Cropping • Fertilizer • Erosion Control • Water Purification • Cosmetics • Textile Printing • Insecticide • Fungicide • Lubricants • Tanning Leather • Dye • Fiber Products • Fences • Ornamentation & Shade • Wind Barrier • Cane Juice Clarifier • Honey Production & Clarifier • Condiment • Cooking Oil • Food • Traditional medicine: Anemia • Anxiety • Asthma • Blackheads • Blood impurities • Blood pressure • Bronchitis • Catarrh • Chest congestion • Cholera • Colitis • Conjunctivitis • Cough • Diabetes • Diarrhea • Dropsy • Dysentery • Eye and ear infections • Fever • Glandular swelling • Gonorrhea • Headaches • Hysteria • Intestinal worms • Jaundice • Lactation • Malaria • Pain in joints • Pimples • Pregnancy • Psoriasis • Respiratory disorders • Scurvy • Semen deficiency • Skin infections • Sore throat • Sores • Sprain • Stomach ulcers • Tuberculosis • Tumor • Urinary disorders • Wounds



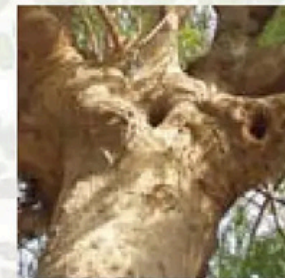
Roots:
Medicine



Seeds:
Water Purification
Medicine
Oil



Gum:
Medicine



Bark:
Medicine

Sources: 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12

Not only are the leaves highly nutritious, but every single part of the Moringa tree has been used for beneficial purposes. Here again is the list of all the many specific uses people have found for Moringa. [When the words "Consider the Possibilities" appear:] It's time that we seriously consider the possibilities that Moringa holds for benefiting our world.