**GAP FILLING 1**

**Task 1:**

Int: I’m talking to Nick Parker, the singer with the band called Krispy. Nick your sister, Mel, plays \_(1)\_in the band too, doesn’t she? Guiitảt

Nick: Yeah, Mel’s a year younger than me. We’ve been playing and singing \_\_(2) together\_\_ since we were… eight, nine. Dad is a guitarist and took us to hear the great bands playing live. Mel and I put on shows at school, which was a lot of fun. Mum thought we were good, but she didn’t want us to get too serious about our music because of the hard lives \_\_(3)\_\_ musicians have. professional

Int: When did you start writing music?

Nick: I’ve been writing since I was ten. And later Mel started working with me. We didn’t have the same \_\_(4)\_\_ influence(ảnh hưởng) – I liked rock music and she loved world music, especially \_\_(5)\_is\_ bands from Africa. But we found good ways to mixing the styles.

Int: Your band, Krispy, has two guys and two girls in it. How was it formed?

Nick: Mel and I were playing in a concert at our \_ colleague\_(6)\_\_ and there were two students from music school in the audience. They came to see us after the show and asked if we’d like to form a band with them. We weren’t \_\_(7)so\_\_ at first because we were much younger than them. But we agreed to try it out, and it was brilliant.

Int: Was the band an immediate \_\_(8)\_\_? succes

Nick: Well, we spent the first year \_\_(9)participation \_\_ and writing music. During that time we all had studying to do. We played in local concerts, and the audiences enjoyed that we did. Then during one holiday we recorded two songs and sent them to a music company. They offered us a \_\_(10)contact\_\_, but our parents said we had to finish college first.

Int: You’ve been together a few years now and you’re one of the top bands. What’s that like?

Nick: hard work. We travel to concerts all round the world and are never in one place for more than a few nights. The others are like an older brothers and sisters to me and Mel, which is good. They help us relax on our days off and make sure we eat well. They’re strict about practising too.

Int: Have you had any \_\_(11)\_\_ disapointment?

Nick: Everything we’ve recorded has done well. Three singles have gone to number one, and our first album has sold over a \_\_(12)\_million\_ copies. Our second album was due out this winter, but I’ve been ill recently so we’ve started recording late, which is a pity. But for the rest, everything’s fine.

**Task 2:**

Woman: Hello, everyone! Today we’re discussing adventure \_\_(1 activities)\_\_, and I’m talking to Simon Benito, who recently went with his mum to an indoor climbing centre. Simon, what gave your mum the \_\_(2idea)\_\_to take you there?

Simon: Well, last year my school had a trip to the centre, but I \_\_(3)miss\_\_ it because I was sick. Then recently she went with a friend and tried it herself – and she loved it! So after that she wanted to take me, too.

Woman: And what did you think when your mum \_\_(4)\_\_ going to the centre?

Simon: Well, I knew I was Ok at climbing – we’ve been climbing on holidays – and I thought we’d do something \_\_(5similar)\_\_ at the centre. I was really looking forward to it. But then my mum \_\_(6 explain)\_\_ that the wall was inside. I wasn’t so interested when I heard that – I prefer being outside.

Woman: But did you meet lots of people there?

Simon: Well, yes – that was great! It was early morning when we arrived and the centre had just opened, so it was quiet, but lots of people came later in the morning – and for once I wasn’t the youngest. I’d expected it’d be mainly young people there, but there were people of all ages – serious climbers, mums with five-year olds… and \_\_(7)\_\_ like me!

Woman: So what was the climbing wall like?

Simon: Well, luckily it had rocks of \_\_(8diffirent)\_\_ sizes to help you climb. So there was little chance of falling off. And I’d imagined it would look high before you started to climb, but actually it didn’t seem that far to the top. There were lots of really useful holes all over it, too, to put your feet in – green ones for an easy climb, red for more difficult.

Woman: So what was your first climb like? Was it easy?

Simon: No! The instructor showed us what to do and I though I’d soon get to the top, but I was the last to get there, so I was annoyed with myself. The instructor warned us it can be painful for your arms, too, but I didn’t notice. And I did improve.

Woman: So what did you learn from your visit?

Simon: Well, it was great to be with other people who all like doing the same thing! And when I was climbing I had to think \_\_(9carefully)\_\_ where to put my feet before I moved – so that’s helped me to think first before I do things. It’s shown me that I am fitter than my friends who spend too much time on their computers.

Woman: Well, thanks, Simon!

**Task 3:**

Man: Today, I’m talking to teenage surfer Abby Fielding. Abby, welcome. Tell us about how you \_\_(1)\_\_ surfing.

Abby: Well, my family have always loved going to our \_\_(2)\_\_ beach, and my dad became keen on surfing. He wasn’t very good, but he really wanted to show me how to do it, and my mum offered to buy me a board. I still wasn’t keen, but then I started watching surfing \_(3)\_\_ near home, and when I saw the standard of the surfers, I just felt I could do better!

Mab: Very \_\_(4)\_\_ ! How easy was it to get started?

Abby: Yes – even in winter it’s cold! The sea is actually warmer than the land. I just wear the same wetsuit as I do in the summer – although sometimes I do add gloves! You’d be \_\_(5)\_\_ how many people are out there surfing with me

Man: And your biggest \_\_(6)\_\_ was surfing an enormous wave!

Abby: Yeah! That kind of wave only comes along a couple of times a year. I \_\_(7)\_\_ a large board, as mine wasn’t big enough, and I was nervous - the waves were a lot bigger than they look from the beach. People say it hurts it you fall off in those \_\_(8\_\_- but I didn’t have time to think about that!

Man: So – any \_\_(9)\_\_ for other teenagers taking up surfing?

Abby: Well, you’re never too young to start – not on big waves, of course, in case you have to swim back to the beach. But in many places, you need to know how to surf whatever the waves are like – good and bad. And surfing schools are Ok, but watching other surfers is just as useful – and practising yourself, of course.

Man: So… you’re still young – what next?

Abby: Well, I’m going to miss the next big competitions, as I’ve injured my ankle, but my \_\_(10)\_\_’s definitely in surfing, so I need to investigate what \_\_(11)\_\_ there are. There’s a \_\_(12)\_\_ in surfing science you can do at the university here, but I’m not sure that’s the right path for me at the moment.

Man: Well, thank you Abby.

**Task 4:**

Man: I’m talking to Maria Anderson, a 16-year-old champion gymnast. Maria, have you always \_\_(1)\_\_ to being a gymnast?

Maria: I got \_\_(2)\_\_ when I was eight. I loved running, and jumping, and my teacher said I’d be good at sports. I read a book about a gymnast who \_\_(3)\_\_ the Olympics and her life seemed very hard. Then I went to watch a gymnastics event with my Dad and saw gymnasts in action and I thought, “I’d like to do that”.

Man: Did you realise immediately you’d be a \_\_(4)\_\_ ?

Maria: I tried too hard in the beginning – I’m very competitive – and was in a hurry to learn the moves. I \_\_5)\_\_, I nearly gave up. Even when I won prizes at events in my town I didn’t think I’d ever be really good. But a \_\_(6)\_\_coach saw me doing floor exercise and said he’d give me lessons, and then I knew I could get to the top.

Man: You’ve done amazingly well since then. Has success changed you?

Maria: I hope not. I’m growing up, getting experience, but basically I think I’m the same. My coach says the best athletes are sensible, they don’t let success \_\_(7)\_\_ to them as people, and I think that’s true of me. It’s just my mum and dad \_\_(8)\_\_ me and wish I could lead a more normal life.

Man: what about school? Can you \_\_(9)\_\_ the other children?

Maria: I go to sports centre at \_\_(10)\_\_every morning to practise, so I’ve been working for three hours before I even get to school. It was hard at first, I felt really tired. But I’m used to it now. I rest during the lunch break, \_\_(11)\_\_ being with my friends. Lessons are all right, but I can’t stay up late or go to parties.

Man: Do you \_\_(12)\_\_ ?

Maria: Well, I travel a lot to events in other countries and I listen to music on the plane. I hope I \_\_(13)\_\_ to go to a concert some day and I like movies, but not cartoons. My dad films me when I’m performing in a competition, and I put together videos for my websites, which is fun.

Man: What does your room at home look like?

Maria: I’ve got posters covering every wall, mostly of singers and bands. The best thing is a photograph of me shaking hands with my hero, a fantastic Russian gymnast I met last year. Oh, and I’ve got all my cups and prizes in a glass case – a bit embarrassing.