

Combining RCT and Observational Data for Causal Inference

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Motivation

- In medicine and public health, randomized controlled trials (RCTs) are the gold standard for estimating treatment effects—they provide unbiased estimates but are often small and expensive.
- Observational studies are typically much larger and more affordable, but they are vulnerable to confounding and selection bias.
- The core challenge: RCTs offer **low bias, high variance**, while observational data offer **high bias, low variance**.
- Goal:** combine both sources to estimate treatment effects more accurately by balancing bias and precision.

We estimate subgroup-specific treatment effects (CATEs) from each source, then blend them with empirical-Bayes shrinkage.

Data & Methods

- Dataset (WHI)** – 1993 study of hormone therapy in postmenopausal women, combining an RCT and a large observational cohort.
- Propensity Score (PS)** – logistic regression of Treatment Indicator on AGE_CAT, BMI, SMOKING, ETHNIC_GRP, WAIST, HOTFLASH, MENO using the observational cohort. Diagnostics: AUC = 0.717, max SMD = 0.027.

CATE

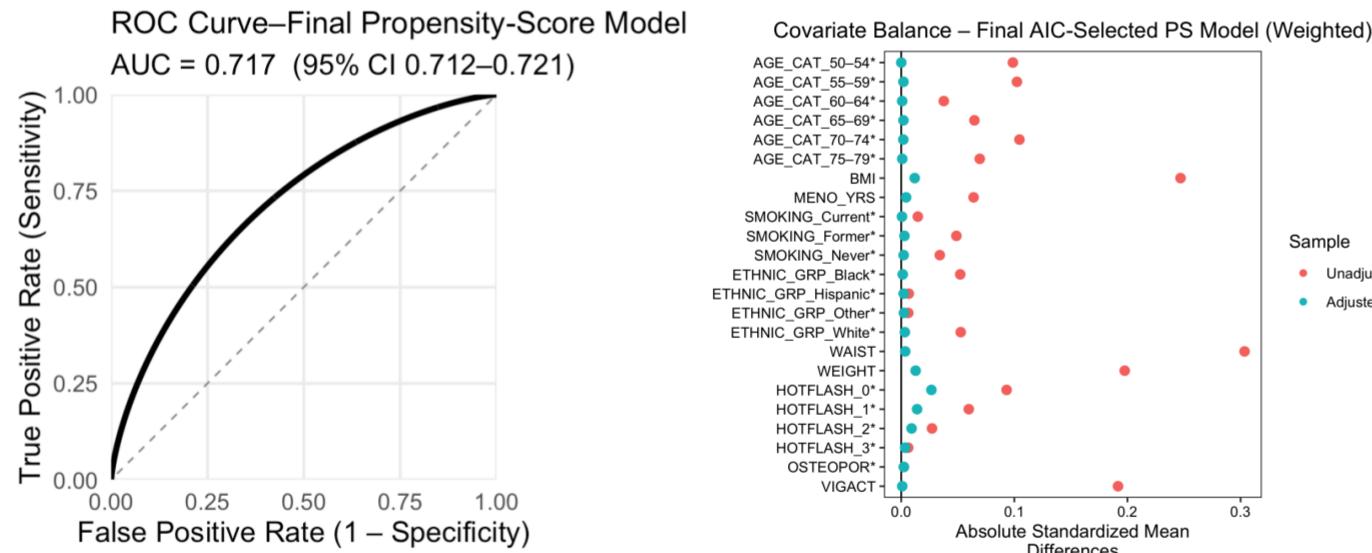
$$\tau(x) = E[Y(1) - Y(0) | X = x]$$

(subgroup risk difference).

- Estimation** – X-learner on both datasets (OBS: fitted PS; RCT: randomized with constant PS = 0.506).
- Empirical-Bayes shrinkage** – combines RCT (low bias, high variance) and OBS (high bias, low variance) to improve accuracy.

Propensity-Score Model Diagnostics

- Final PS model (OBS cohort). AUC = 0.717 ; max weighted SMD = 0.027 \Rightarrow good discrimination and excellent balance.



Which Variables Drive the PS Model?

VARIABLE	COEF.	SE	Z-STAT
AGE_CAT70-74	-1.901	0.041	-46.574
AGE_CAT75-79	-2.484	0.059	-42.130
AGE_CAT65-69	-1.393	0.036	-39.013
HOTFLASH1	-0.863	0.029	-29.255
AGE_CAT60-64	-0.799	0.034	-23.611
HOTFLASH2	-1.134	0.056	-20.395
ETHNIC_GRPWhite	0.947	0.053	17.753

Uncertainty Estimation

- Bootstrap resampling** – Resampling procedure to estimate uncertainty for complex statistical estimates when standard errors are unavailable.
- Implementation for RCT CATEs:**
 - 100 independent bootstrap draws of the RCT cohort
 - Re-fit the X-learner on each draw
 - Compute the variance of the resulting CATE estimates across draws
- Why it matters** – These variance estimates provide the precision weights used in our empirical-Bayes shrinkage to combine RCT and OBS CATEs.

Empirical-Bayes Shrinkage: Two Estimators

- Inputs (on RCT rows):** $\hat{f}_r(x) = \text{RCT CATE (bootstrap mean)}$, $\text{Var}_r(x) = \text{RCT variance (from bootstraps)}$, $\hat{f}_o(x) = \text{OBS CATE predicted on RCT rows}$.

1) Global shrinkage weight (one λ for all rows)

$$\lambda_{\text{URE}} = \frac{\sum_k \text{Var}_r(x_k)}{\sum_k (\hat{f}_r(x_k) - \hat{f}_o(x_k))^2}$$

$$\hat{f}_c(x) = (1 - \lambda_{\text{URE}}) \hat{f}_r(x) + \lambda_{\text{URE}} \hat{f}_o(x)$$

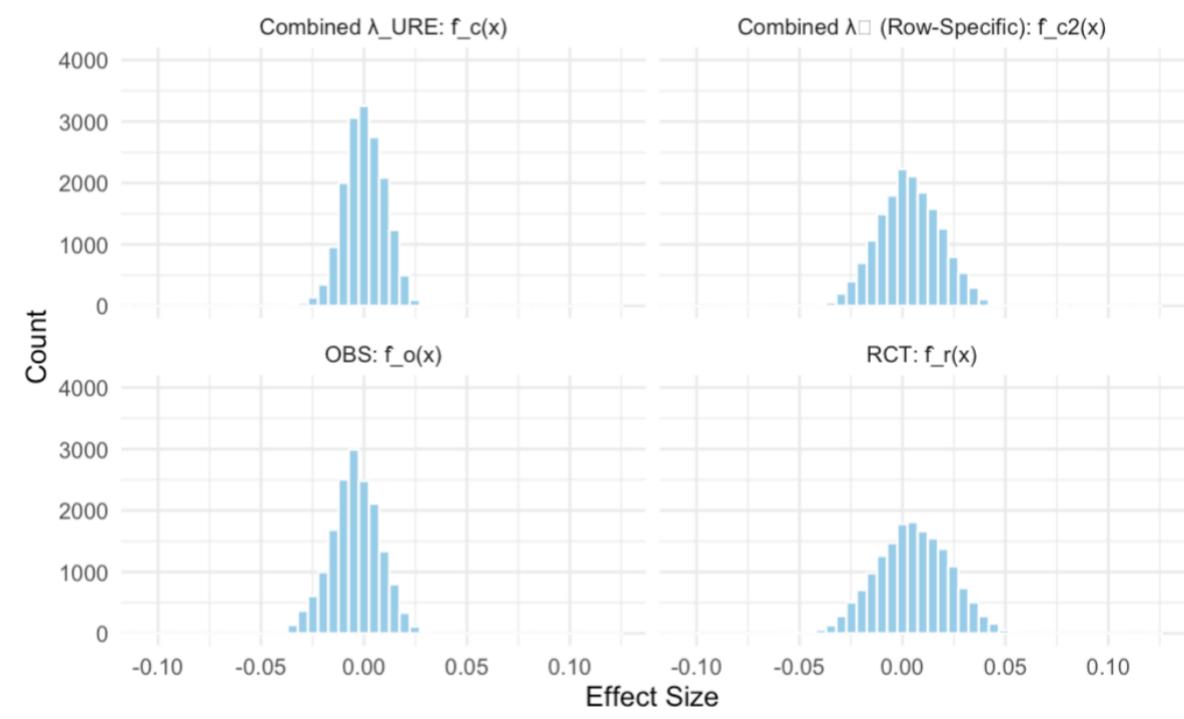
2) Row-specific shrinkage weight (a distinct $\lambda_2(x_k)$ per row)

$$\lambda_2(x_k) = \frac{\left(\sum_j \text{Var}_r(x_j)^2\right) \text{Var}_r(x_k)}{\sum_j \text{Var}_r(x_j)^2 (\hat{f}_r(x_j) - \hat{f}_o(x_j))^2}$$

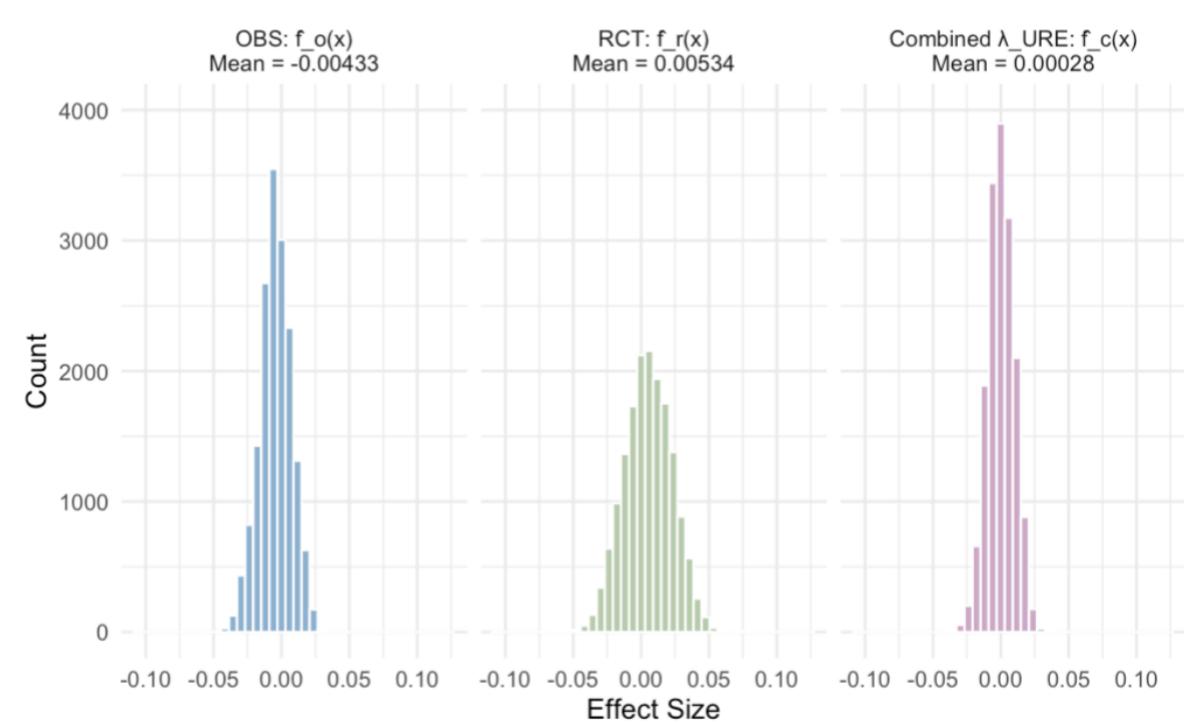
$$\hat{f}_{c2}(x_k) = (1 - \lambda_2(x_k)) \hat{f}_r(x_k) + \lambda_2(x_k) \hat{f}_o(x_k)$$

Implementation mapping (R): $\hat{f}_r \leftarrow f_r_hat$, $\text{Var}_r \leftarrow var_r_hat$, $\hat{f}_o \leftarrow f_o_hat$, $\lambda_{\text{URE}} \leftarrow lambda_URE$, $\lambda_2(x) \leftarrow lambda2_vec$, $\hat{f}_c \leftarrow f_combined$, $\hat{f}_{c2} \leftarrow f_combined2$.

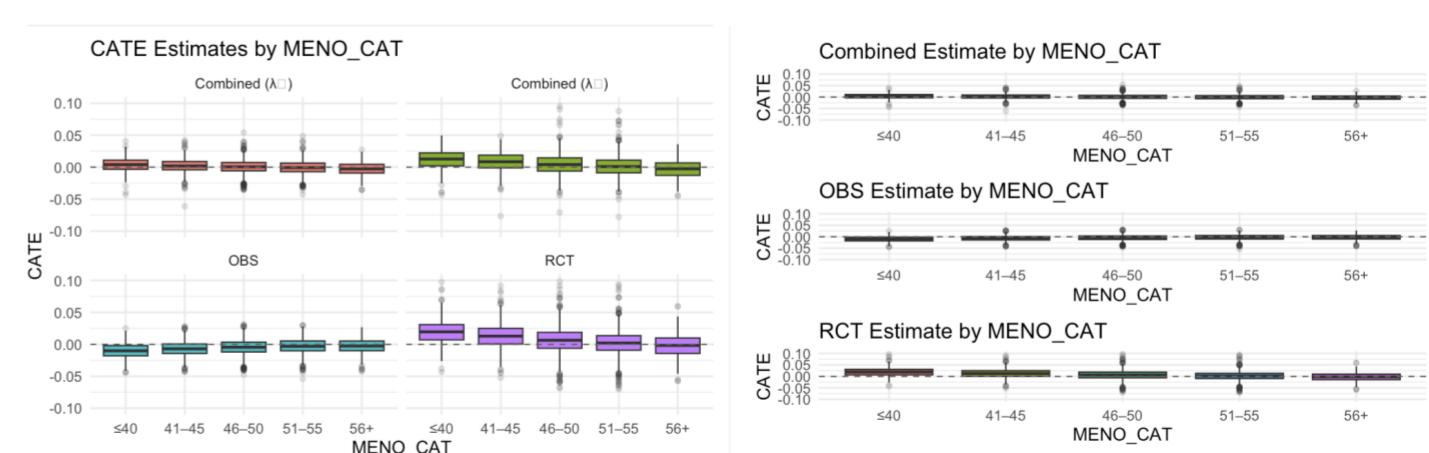
CATE Distributions Across Methods



Global Shrinkage Pulls Estimates Together



Subgroup Evaluation: CATE by MENO_CAT



References

- [1] Rosenman, E. T. R., Basse, G., Owen, A. B., & Baiocchi, M. (2023). Combining observational and experimental datasets using shrinkage estimators. *Biometrics*, 79(4), 2961–2973. <https://doi.org/10.1111/biom.13827>