

## Health Package Options

Several health packages are available to address various health needs and budgets. The Basic Health Check-up Package, priced at \$100, includes essential screenings such as blood pressure, cholesterol, blood glucose, complete blood count (CBC), and urinalysis. For more comprehensive assessments, the Comprehensive Wellness Package, priced at \$200, adds tests for thyroid function (T3, T4, TSH), liver function (LFT), kidney function (KFT), and an electrocardiogram (ECG).

For individuals seeking an even more thorough evaluation, the Executive Health Screening Package, priced at \$300, includes all tests from the Comprehensive Wellness Package along with carotid ultrasound, pulmonary function tests (PFT), prostate-specific antigen (PSA) test for men, and pap smear for women. Similarly, the Cardiac Risk Assessment Package, priced at \$250, expands on the Comprehensive Wellness Package by adding a lipid profile, high-sensitivity C-reactive protein (hs-CRP) test, and cardiac stress test (treadmill test).

Gender-specific packages are also available. The Women's Health Package, priced at \$150, includes tests for breast cancer screening (mammogram), cervical cancer screening (Pap smear), and bone density test (DEXA scan). Likewise, the Men's Health Package, also priced at \$150, covers tests such as prostate-specific antigen (PSA) test, testosterone levels, and testicular ultrasound.

These health packages offer a range of options tailored to different needs and budgets, providing comprehensive screenings to assess overall health and detect potential health issues early. Whether individuals seek a basic check-up or a more in-depth evaluation, these packages provide valuable insights into their health status and help in maintaining optimal well-being.