

## **Module 3b**

### **Harmony in the Society**

- Understanding Universal Human Order**

# Society

- We saw that the family is the basic unit or building block of human organization
- The society is the next larger order
  - Society is composed of many families living together making collective effort for a common goal.  
We will explore:
    1. Goal of human being living in society (human goal)
    2. The dimensions or systems required to achieve the human goal
    3. Scope of the systems

# What is Desirable and Where are we today?

- **Society:** Families living together, in a relationship of mutual fulfillment (common goal)
- **Crowd:** People living together, but not in relationship of mutual fulfillment (differing goals)
- **Battlefield:** People living separately, in opposition / struggle (conflicting goals)
- **We will explore harmony in society** – The base of harmony in society is harmony in family for which the base is harmony in human being

# Understanding Human Goal

## Harmony in the Society (समाज में व्यवस्था)

### Human Goal (मानव लक्ष्य)

Right Understanding  
& Right Feeling



In Every Individual

Prosperity



In Every Family

Fearlessness  
(Trust)



In Society

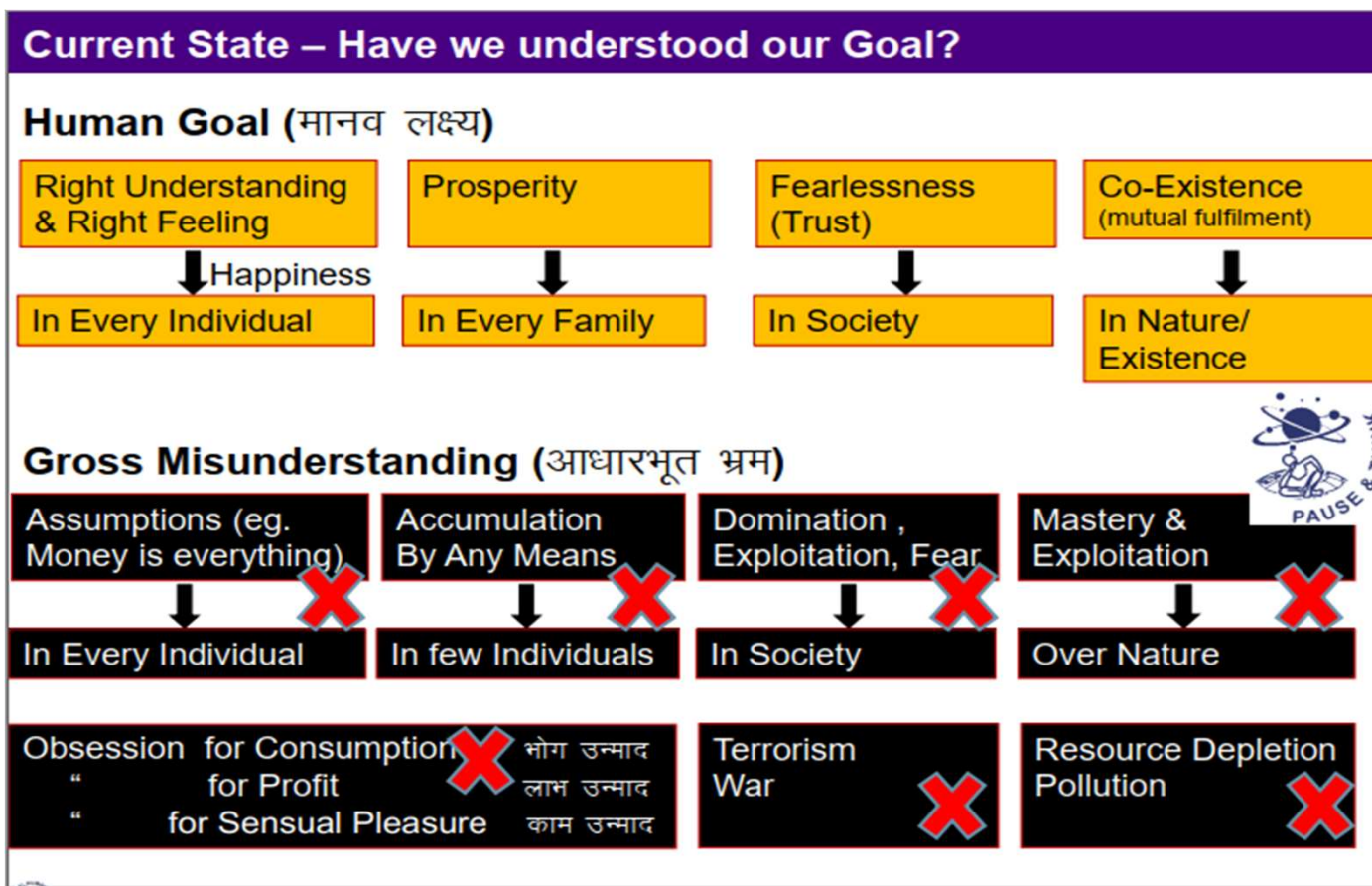
Co-Existence  
(mutual fulfilment)



In Nature/  
Existence

- We can explore and see what is naturally acceptable?
- Right understanding in every human being or only a few to have right understanding and others to follow them?
- Prosperity in every family or few families to have accumulation, and others to be deprived and dependent on the few?
- Fearlessness, based on trust and affection, in the society or a state of fear, based on mistrust and jealousy in the society?
- Co-existence (mutual fulfilment) in nature or exploitation and domination of nature?
- Are these 4 necessary?
- Where to start?

# Appraisal of the Current Status



- As shown in the figure, due to the prevailing false assumptions of happiness (like money is everything), happiness is sought through accumulation of physical facility (money) by any means, and using it for getting sensations from the body or feelings from others.
- The second goal of prosperity is similarly seen as accumulating more and more. With these as the driving assumptions in the society, it has led to people living with three kinds of obsessions:
  1. Obsession for consumption
  2. Obsession for profit
  3. Obsession for sensual pleasure
- Similarly, instead of the third goal of fearlessness (trust), we have domination, exploitation and fear in the society.
- Finally, instead of mutual fulfilment, we are mostly trying to exploit and be the master over nature.

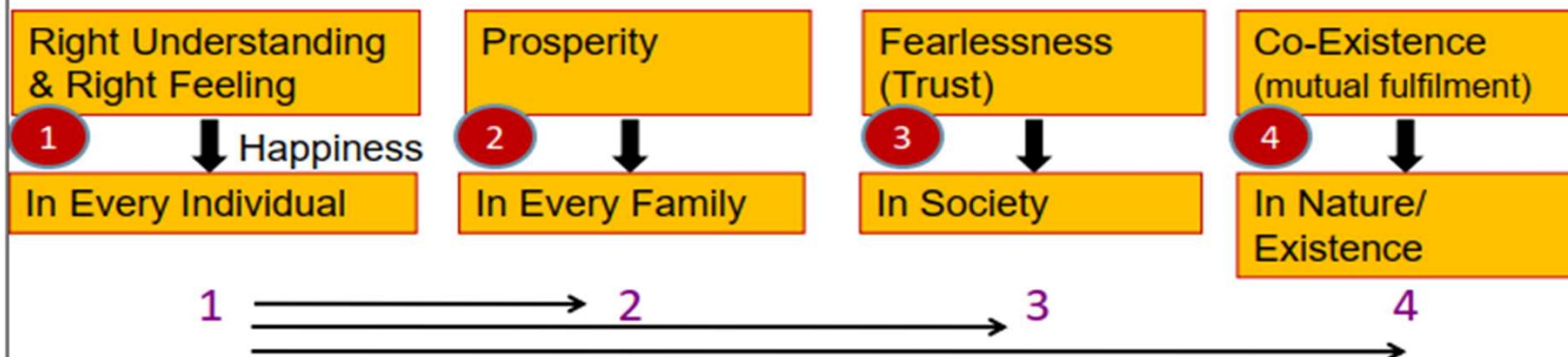
# The Way Ahead

- **Dimensions (Systems) of Human Order:**
- With the clarity of human goals, we can discuss five interconnected, complementary dimensions of human order required for the fulfilment of the human goal.
- The five basic systems of a human society are:
  1. Education-Sanskar
  2. Health-Self regulation
  3. Production-Work
  4. Justice-Preservation
  5. Exchange-Storage



## Harmony in the Society (समाज में व्यवस्था)

### Human Goal (मानव लक्ष्य)



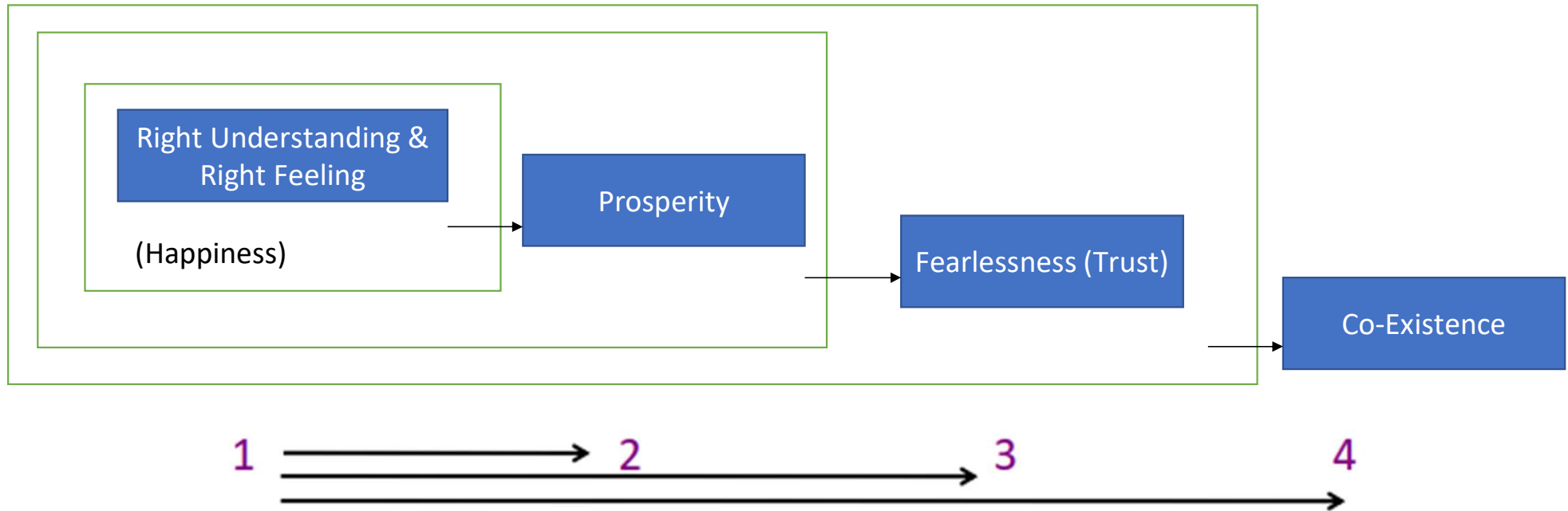
### Human Order (मानवीय व्यवस्था)

#### Systems / Dimensions (आयाम)

1. Education – Sanskar (1)
2. Health – Self-regulation (2, 4)
3. Production – Work (3)
4. Justice (3) – Preservation (4)
5. Exchange – Storage (2, 3)

← Foundational System

# Sequence & Priority Order of Human Goals



- Though all are interconnected, we can see a primary link of the systems with the goals as:
- Education-Sanskar → (leads to) → Right understanding and right feeling (happiness)
- Health-self-regulation → (leads to) → Prosperity
- Production-Work → (leads to) → Prosperity
- Justice-Preservation → (leads to) → Fearlessness and Co-existence (respectively)
- Exchange-storage → (leads to) → Prosperity and Fearlessness

# 1. Education-Sanskar

1a. Education – To develop the right understanding of the harmony at all levels of our being – from self to the entire existence (individual, family, society, nature/existence)

1b. Sanskar – The commitment, preparation and practice of living in harmony. Preparation includes learning the skills and technology for living in harmony at all levels – from self to the entire existence (individual, family, society, nature/existence)

*Education = Developing Right Understanding*

*Sanskar = Commitment/ Preparation/ Practice for Right Living*

*Preparation includes Learning Right Skills & Technology*

·Development of the competence to live with Definite Human Conduct,  
Discipline to Self Discipline

1.Right **understanding**, i.e. wisdom or clarity about what to do as a human being – in oneself, family, society, nature...

2.Right **feeling** – the capacity to live in relationship with the other human beings – in family, society...

3.Right **skills** for prosperity, i.e.

-The capacity to identify the need of physical facility

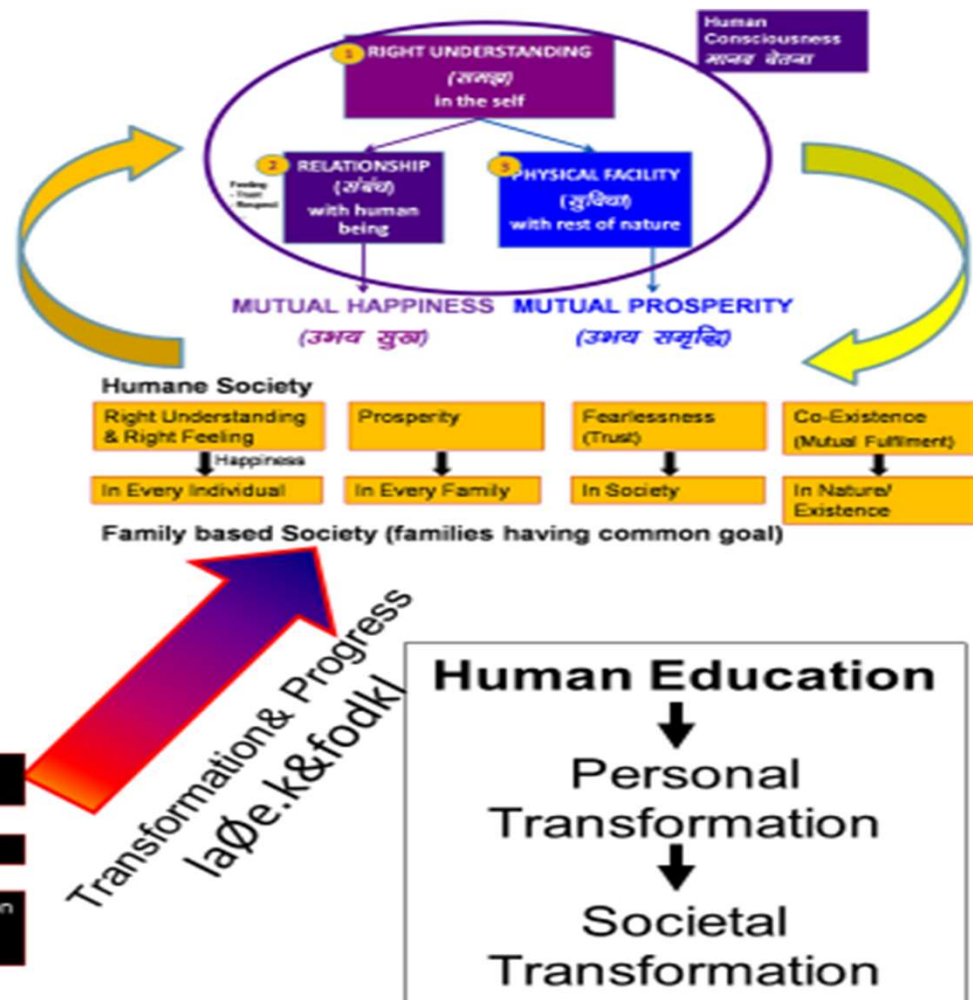
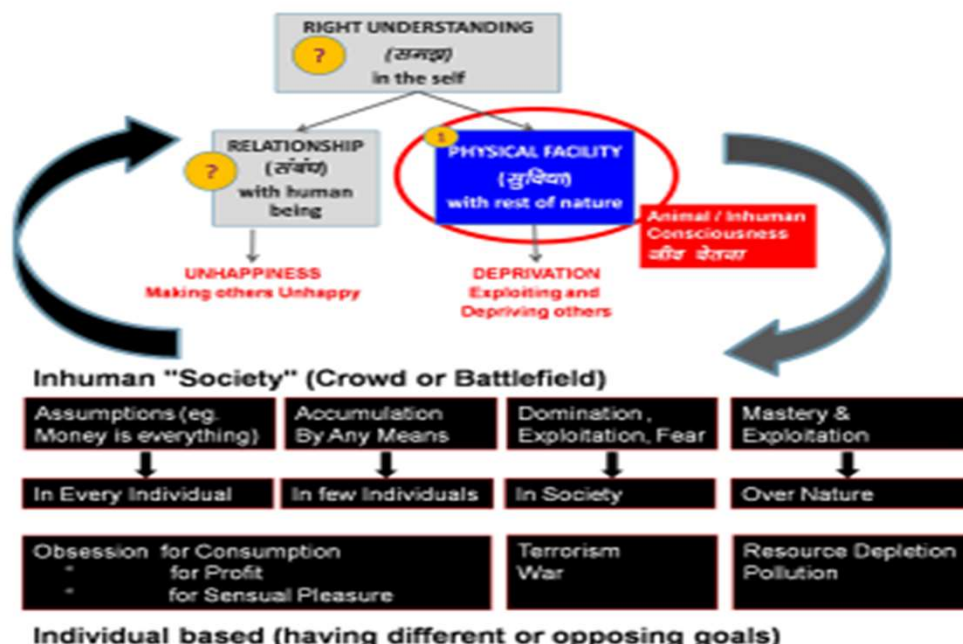
-The skills & practice for sustainable production of more than what is required (by way of labour using cyclic, mutually enriching process)

-The feeling of prosperity

## Human Education

Next generation has improved

- Understanding
- Feeling



## 2. Health - Self-Regulation

2a. Health (Swasthya) –

Body acts according to Self (I)

Parts of the body are in harmony (in order)

-> Recognising What is Needed as Physical Facility

2b. Self-regulation – Feeling of responsibility for  
Nurturing, Protection and Right Utilization of the Body

There is a feeling of responsibility in the self(I) toward the body  
– for nurturing, protection and right utilization of the body

### **Program for harmony in the body**

#### **(A) Staying Healthy**

- 1 Intake and Daily Routine (Lifestyle)
- 2 Labour and Exercise
- 3 Postures for regulating internal & external body organs  
and Regulated Breathing

**(B) Bringing body  
back to harmony  
from temporary  
disharmony**

**(C) Dependence on  
drug / machine to  
perform a body  
function**

- 4 Medicine and Treatment



**Self-regulation in the Self (I):** Feeling of responsibility toward the body  
– for Nurturing, Protection and Right Utilization of the Body

**Program for Self-regulation**

- |  |                                 |
|--|---------------------------------|
| 1a. Intake   | 1b. Daily routine               |
| 2a. Labour   | 2b. Exercise                    |
| 3a. Balancing internal &<br>external organs<br>of body | 3b. Balancing breathing of body |
| 4a. Medicine   | 4b. Treatment                   |

**Health in the Body**

1. Body acts according to Self (I)
2. Parts of the body are in harmony (in order)

- 1a. Intake includes air, water, sunlight, food (food is nutritious, digestible & tasty and waste is excretable)...
- 1b. Rising time, sleeping time, eating time...
- 2a. Outcome of labour is production of physical facility
- 2b. No physical facility is produced by exercise

# System for Health-Self-regulation

Individual	Lifestyle, exercise
Family	Intake, daily routine
Family cluster	Postures, Regulation of breath
Village	Medicine
Village cluster / city treatment	Health education, environment, labour,
...	
Nation	Proliferation of good practices
...	
World tradition	Humane culture, civilisation,

### **3. Production - Work**

3a. Production: The physical facility obtained out of work

3b. Work: The labour a human being does on the rest of nature

## **Behavior**

With human being

Return of behaviour =

right understanding & right feeling

Mutual happiness

## **Work**

With rest of nature

Return of work =

physical facility

Mutual prosperity

# Production

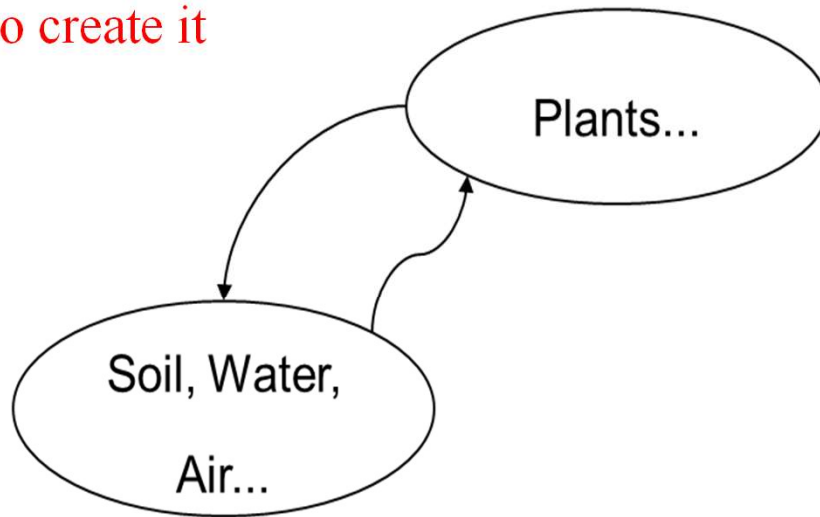
- 1. Primary production** of physical facility used for nurturing, protection & right utilisation of body eg. Food, clothes, shelter...
- 2. Secondary Production** of physical facility used to facilitate primary production eg. Tractor...
- 3. Tertiary Production** of physical facility used to facilitate production, services & behaviour eg. Train, TV, Mobile...
- 4. Services** to facilitate any of the above production

# Mutually Enriching, Cyclic Process

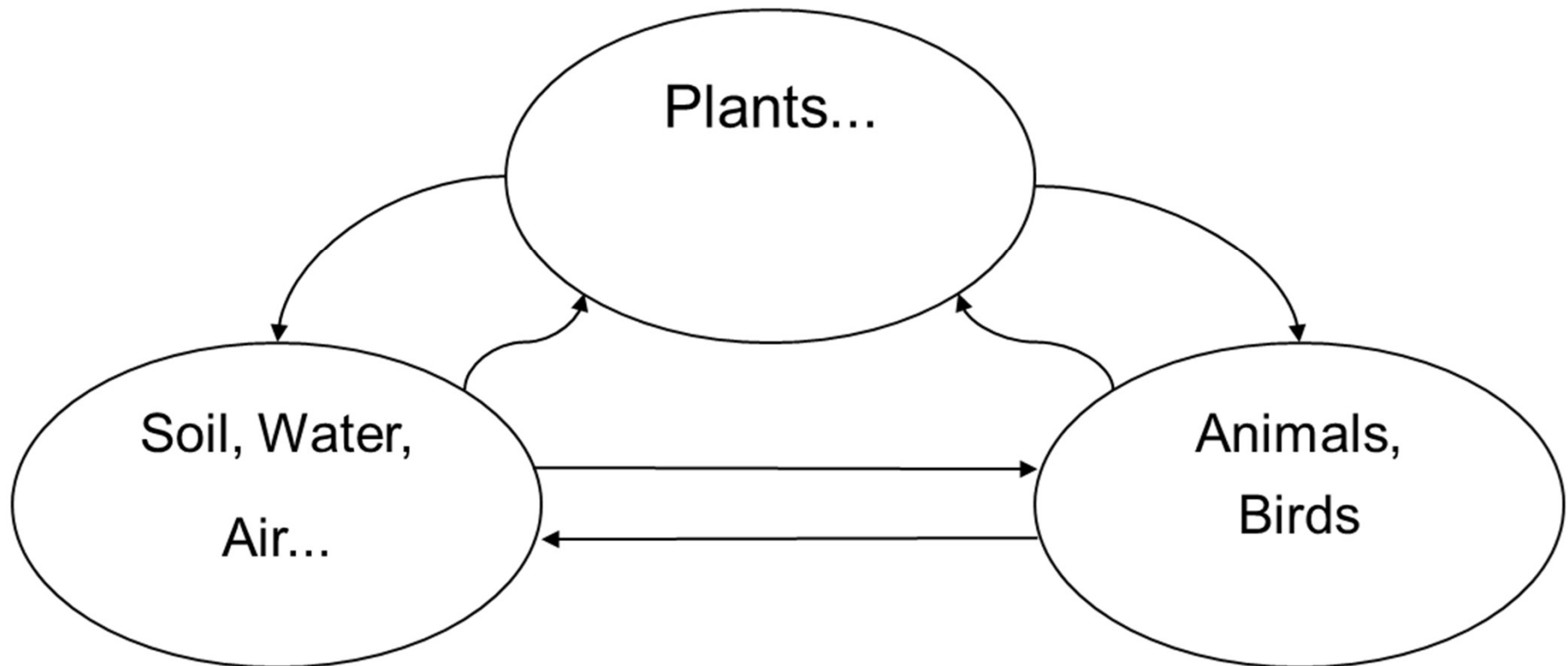
1.Cyclic

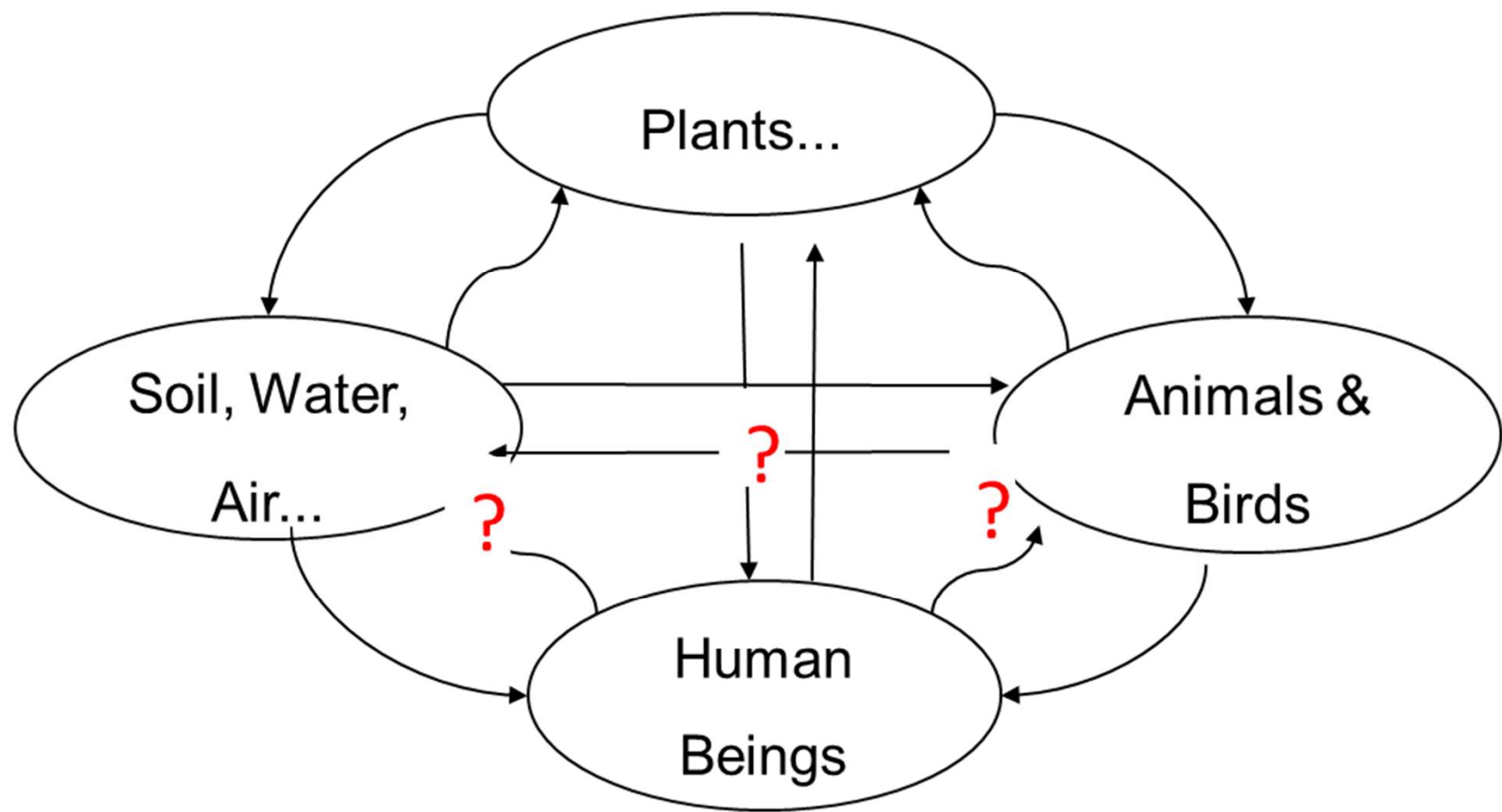
2.Every Unit in the Process is Enriched

This mutually enriching, cyclic process is already going on in Nature. We do not have to create it



## Mutually Enriching, Cyclic Process







## **Mutually Enriching, Cyclic Process**

We, human beings, have to understand the mutual fulfilment in nature & to live accordingly  
i.e. To update the man-made processes to be cyclic and mutually enriching

## Harmony in Society – Activity for Excellence

### Human Goal

-Self -exploration ,  
resolution ,  
awareness & self-  
purification

- Learning & practice  
skills - development  
of competence

-Self Study



Right Understanding  
& Right Feeling –  
Resolution, All  
Encompassing  
Solution

-Recognising  
family need of PF  
-Production of  
more than what is  
required by own  
labour

-Family education  
sanskar

-Family Meeting



Prosperity –  
Feeling of having  
more than  
enough physical  
facility

-Justice in  
Human-Human  
relationship

-Participation in  
larger order, in at  
least one of the 5  
dimensions with  
a view of mutual  
fulfilment

-Org. Mtg



Fearlessness  
(Trust) – Clarity  
that the other  
intends my  
happiness

- Right utilisation  
of physical facility

- Protection of  
physical facility

- Enrichment of  
physical facility



Co-Existence –  
Clarity that  
existence is in  
form of co-  
existence

# My participation (Value) towards Society

A society is composed of families living together, in a relationship of mutual fulfillment. They have a common goal, which is:

1. Right understanding & right feeling (happiness) in every individual
2. Prosperity in every family
3. Fearlessness (Trust) in society
4. Co-existence in nature/existence

The family is the basic unit in society, i.e. society is composed of family, group of families, village family, group of village families, town family... and so on, where every individual is responsible or self-disciplined and self motivated by common values, participating in the larger order toward a common human goal

Through the participation of every family in the society, in the 5 dimensions or social systems, the common human goal is fulfilled for all

- from family order to world family order
- generation after generation