

GIRL'S HOSTEL WEEK-1 WINTER MESS MENU-2022

DAY\TIME	BREAKFAST	LUNCH	SNACKS	DINNER
MONDAY	METHI PURI, ALOO-MATER SABJI, TEA	VEG FRIED RICE, DAL, MANCHURIAN, ALOO – KARELA BHAJA, SALAD	BURGER (WITH ALOO TIKKI), SAUCE, TEA	RICE, ROTI, DAL, VEG/EGGTADKA, ALOO CHIPS, SALAD, FROOTI,
TUESDAY	BADA, GHUGUNI, TEA	RICE, DALMA, EGG CURRY/CAULI FLOWER ALOO SABJI, MIX VEG BHAJA, BADI CHURA (WITH ONION)	JHALMUDHI, GHUGUNI WITH MIXTURE, (ONION, TAMATO, CUCUMBER), TEA	RICE, DAL, ROTI, CHILLY CHICKEN/CHILLY PANEER, ALOO-BEANS FRY, SALAD, GULAB JAMUN
WEDNESDAY	BREAD, JAM, EGG (BOIL), ALOO CHOP, BANANA, TEA	RICE, DAL, DAHI FISH/ CHILLY GOBI, ALOO-BAIGAN BARTA, FRYUMS,	STUFFED BREAD PAKORA, SAUCE, COFFEE	RICE, DAL, ROTI, PANEER-PEAS/ CHICKEN CURRY, JALEBI, SALAD, JEERA ALOO.
THURSDAY	UPMA, SAMBAR, CHUTNEY(COCONUT), COFFEE	RICE, DAL FRY, MIX VEG(SEASONAL), BADI CHURA, TAMATO CHUTNEY	BICUIT (OREO, JIM JAM, HIDE & SEEK)/ CAKE (BRITANIA) TEA	CHOLE-BAHTURE, KHEER (WITH CASHEW NUTS), ALOO FRY, ONION LEMON SALAD.
FRIDAY	IDLI, COCONUT CHUTNEY, SAMBAR, COFFEE	JEERA RICE, DAL FRY, DAHI-AMBULA, ALOO PALAK SABJI, CABBAGE-GR PEAS-BEANS BHAJA.	PAV BHAJI, COFFEE	REICE, DAL, ROTI, KOFTA/EGG BURJI, SEASONAL BAHAJA, SALAD.
SATURDAY	POHA, CHATNI, ALOOCURRY, TEA	RICE, DAL FRY, FISH DOPYAZA/PANEER DO PYAZA, SESONAL BAJHA, FRYUMS ,	PAPDI CHAT WITH THICK GUGHUNI, CURD, IMILI CHUTNEY, SEO, ONION, TEA	RICE, DAL, ROTI, PANEER/CHICKEN BUTTER MASALA, SALAD, SEASONAL BHAJA
SUNDAY	CHAKULI (DOSA ALOO MASALA), CHUTNEY, COFFEE	RICE, DAL FRY, (SMALL) SOYABEAN-ALOO KASSA, CAULIFLOWER ALOO BHAJA, PAPAD.	PIAJI(3 BIG), SAUCE, TEA	BIRIYANI (PANEER/CHICKEN), RAITA, FRYUMS, ICE- CREAM.

- 1) Lunch & Dinner pickle is mandatory
- 2) Chicken – 150 gram, Fish- 125gram(2pc),
- 3) Paneer / Mushroom – 80gram
- 4) Rasgulla / Gulabjamun- 60gram

LH1 - Akanksha Bhardwaj

LH2 - Abhileksha Gini

LH4 - Aanchal Naik

V. K. P.
1/12/2022

Seetha
1/12/22

Devi
1/12/22

Apurva
1/12/2022

Divyanshu
1/12/22

Prachi
01/12/2022
Warden
ITER Campus-I Hostels
S'O'A University

GIRL'S HOSTEL WEEK-2 WINTER MESS MENU-2022

DAY\TIME	BREAKFAST	LUNCH	SNACKS	DINNER
MONDAY	BADA(4)GHUGUNI,CH ATNI, TEA	RICE, ROTI, DALMA, ALOO CHOKHA, BADI CHURA, AMBULA RAI	VEG CAKE, COFEE	CHOLE BHATURE, ONION, LEMON SALAD, MIX BHAJI, MALPUA.
TUESDAY	IDLI, SAMBAR, CHUTNEY, COFEE	RICE, ROTI, DAL, ALOO BEANS BHAJA, DAHI FISH/MUSROOM CURRY (NO POTATO), SALAD.	PAPDI CHAT- SEO,ONION,CUR D, IMILI CHATNI, TEA	RICE, ROTI, DAL,BESAN CURRY, MIX CHIPS, SALAD ,
WEDNESDAY	BREAD (4PC), FRUIT JAM, ALOO CHOP(3PC), EGG/BANANA(BIG), TEA	RICE, ROTI, DAL,CHICKEN/PANEER CURRY, ALOO POTAT BHAJA, DAHI BOONDI, FRYUMS	SAMOSA(2PCS BIG SIZE), KETCHUP, COFEE	RICE, ROTI, DAL, EGG CURRY/KOFTA, ALOO BHAJA, GULAB JAMUN(60GRM), SALAD
THURSDAY	UPMA, GHUGUNI, CHUTNEY, COFEE	RICE, ROTI, DAL FRY, CHILLI MANCHURIAN DRY, SESAONAL VEG FRY, SALAD	PANI PURI (8PCS)-FILLIG POTATOS SEPARELY , TEA	RICE, ROTI, DAL, ALOO BHINDI BHAJA, DRY CHILLI MANCHURIAN, PAPAD, HALWA WITH CASHEW
FRIDAY	CHAKULI, GHUGUNI, CHUTNEY, TEA	RICE, ROTI, DAL, FISH/MUSHROOM CURRY, ALOO BEANS BHAJA, DAHI BAIGAN,	VEGETABLE CHOP(3PCS), COFEE	RICE, ROTI, DAL, SEASONAL BHAJA, CHICKEN CURRY/PALAK PANEER, SALAD
SATURDAY	METHI POORI, ALOO KASSA, COFEE	RICE, ROTI, DAL, EGG CURRY/CHILI GOBI, BHAJI(MIX), PAPAD	VEG CHOWMINE, TEA	RICE, ROTI, DAL, MIX CHIPS, CHICKEN/PANEER BUTTER MASALA, SALAD, FRUIT CUSTARD
SUNDAY	POHA, GHUGUNI, CHUTNEY,TEA	RICE, ROTI, DAL, EGG CURRY/SOYABEAN CHILLI, ALOO BEANS BHAJA, SALAD, PAPAD	CORN SALAD, COFEE	PANEER/CHICKEN BIRIYANI, RAITA, PAPAD, ICE CREAM

1)Lunch &Dinner pickle is mandatory

2) Chicken – 150 gram,Fish- 125gram(2pc),

3)Paneer / Mushroom – 80gram

4)Rasgulla / Gulabjamun- 60gram

LH-1 - Akanksha Bhardwaj

LH-2 - Abhilepsha Gini

LH-4 - Aanchal Naik

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Warden
ITER Campus-I Hostels
S'O A University

GIRL'S HOSTEL WEEK-3 WINTER MESS MENU-2022

DAY\TIME	BREAKFAST	LUNCH	SNACKS	DINNER
MONDAY	UPMA, GHUGUNI, CHUTNEY, COFEE	RICE, DAL (BHUTA), ALOO-CAULIFLOWER, MATAR CURRY, ALOO BEAN BHAJA, SALAD	SAMOSAS(2 BIG), IMILI CHUTNEY, TEA	RICE, ROTI, DAL, CHOLE MASALA, SWEET BOONDI, SEASONAL BHAJA, SALAD
TUESDAY	METHI PURI, ALOO MATAR (GREEN) SABJI, TEA	RICE, DAL, EGG/BESAN CURRY, BADI CHURA, KHAJUR-TOMATO CHUTNEY, FRYUMS	BURGER, TEA	RICE, ROTI, DAL PANEER/CHICKEN HYDRABADI, FROOTI, ALOO CHIPS
WEDNESDAY	BREAD, JAM, EGG(BOIL), ALOO CHOP, BANANA, TEA	RICE, DAL, FISH DOPYAZA/PANEER DOPYAZA, SEASONAL BHAJA, SALAD	ALOO PAKODA, SAUCE, TEA	RICE, ROTI, DAL, PANEER/CHICKEN CHILLY, GULAB JAMUN, FRYUMS
THURSDAY	IDLI, CHUTNEY (COCONUT), SAMBAR, COFEE	JEERA RICE, DALMA, VEG KOFTA, DAHI BOONDI, SALAD	STUFF BREAD PAKODA, SAUCE, COFEE	RICE, ROTI, DALL, ALOO GOBI BHAJA, MUNCHIRIAN DRY CHILLY, SALAD
FRIDAY	BADA(4), TEA, SAMBAR, CHATNI	RICE, DAL, ALOO-CABBAGE MATAR KASA/EGG CURRY, ALOO-BAIGAN BHARTA, MIX VEG FRY	PAPDI CHAT WITH GHUGUNI, IMILI CHUTNEY, TEA	ROTI, RICE, DAL, PANEER/CHICKEN BUTTER MASALA, PAPAD, SANTULA.
SATURDAY	CHAKULI (DOSA ALOO MASALA) SAMBAR, CHATNI.	RICE, DAL, DAHI FISH/CHILLY GOBI, ALOO BHINDI FRY, SALAD(WITH NIMBU)	PAV BHAJI, COFEE, TEA	RICE, ROTI, DAL, CHENA BALL MASALA/EGG BURJI, ALOO JEERA, JALEBI
SUNDAY	VEG-CHOWMIN(LESS OIL),	RICE, ROTI, DAL, ALOO BHARTA, DAHI BOONDI, GOBI-PEAS MASALA.	BISCUIT (ORIO JIM JAM, HIDE & SEEK), CAKE (BRITANIA)	RICE, ROTI, DAL, BHINDI ALOO BHAJA, CHILLY(PANEER/CHICKEN), SALAD, ICE-CREAM

1) Lunch & Dinner pickle is mandatory

2) Chicken – 150 gram, Fish- 125gram(2pc),

3) Paneer / Mushroom – 80gram

4) Rasgulla / Gulabjamun- 60gram

SUP
1/12/2022

LH-1 - Akanksha Bhadwar

LH-2 - Abhileksha Gini

LH-3 -

LH-4 - Aanchal Naik

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Warden
Gous-Hostels
University

GIRL'S HOSTEL WEEK-4 WINTER MESS MENU-2022

DAY\TIME	BREAKFAST	LUNCH	SNACKS	DINNER
MONDAY	IDLI, SAMBAR, CHUTNEY, TEA	RICE, ROTI, MOONG DAL, KOFTA, PAPAD, ALOO BEANS FRY	PAPADI CHAT(GHUGUNI THICK, ONION, SEU, CURD,CHUTNEY), COFEE	PEAS PULAO,DAL, ROTI, MIX FIRES, ALOO GOBI KASA, SALAD,BOONDI(SWEET)
TUESDAY	UPMA, GHUGUNI/CHUTNEY, TEA	RICE, ROTI, AHAR DAL, FISH BESAR/MUSHROOM(CHILLY) ALOO BHINDI FRY, PAPAD	PIAJI(3), GHUGUNI, TEA	RICE, ROTI, DAL, SEASONAL BHAJA, EGG BHURJI/CABBAGE PEAS MASALA DRY, FROOTI,SALAD
WEDNESDAY	POHA, GHUGUNI, CHUTNEY, TEA	RICE, ROTI, CHANNA DAL, CHICKEN/PANEER HYDERABADI, ALOO POTAT FRY, SALAD	DAHI BARA, ALOO DUM, SEU, ONION, COFEE	RICE, ROTI, DAL, EGG CURRY/BESAN CURRY, ALOO FRIES, SALAD
THURSDAY	POORI, ALOO KASSA, COFEE	JEERA ROCE. ROTI, DALMA, AMBULA RAI, PAPAD, SESAONAL BHAJA	JHAL MUDHI (MIXTURE+ONI ON+CUCUMBER + PICKEL) TEA	RICE, ROTI, DAL , ALOO BEANS BHAJA, CHILLI DRY MANCHURIAN, PAPAD, GULAB JAMUN
FRIDAY	BREAD (4PC), FRUIT JAM, ALOO CHOP(3PC), EGG/ BANANA TEA	RICE, ROTI, DAL , BHAJA, EGG CURRY/ KOFTA, DAHI BOONDI	BISCUIT (OREA/HIDE & SEEK), COFEE	RICE, ROTI, DAL, ALOO POTAT BHAJA, CHICKEN/PANEER DO PYAZA, CUSTARD
SATURDAY	CHAKULI, CHUTNEY, GHUGUNI, COFEE	RICE, ROTI, DAL, MIX FRIES, FISH/MUSHROOM CURRY, ,DAHI BAIGAN	CORN SALAD, TEA	RICE, ROTI, DAL, ALOO BEANS BHAJA, CHICKEN/PANEER CHILLI, SALAD
SUNDAY	VEG/NON VEG CHOWMIN, TEA	RICE, ROTI, DAL, SEASONAL BHAJA, CHILLY MANCHURIAN, SALAD	CHOCOPIE, COFEE	SPECIAL DINNER,PULAO, PURI, DAL FRY,DAHI VADA, CHICKEN/PANEER, PAPAD (ICE CREAM INCLUDED)

1)Lunch & Dinner pickle is mandatory

2) Chicken – 150 gram,Fish- 125gram(2pc),

3)Paneer / Mushroom – 80gram

4)Rasgulla / Gulabjamun- 60gram

Silky
1/12/22

Silky
1/12/22

Bahm
4/12/22

Anuradha
1/12/2022

LH-1 - Akanksha Bhardwaj

LH-2 - Abhilipsha Gini

LH-4 - Aanchal Naik.

Anita
1/12/22

Warden
01/12/2022
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