## SwasthaAl - Health Report

Patient Name: Raja

Age: 20 Gender: M

Date: 2025-10-05 02:07:12

## **Health Analysis & Recommendations:**

BMI: 0.77 - Underweight

Advice: Increase calorie intake with healthy foods, strength training recommended. Ideal weight

range: 481.2kg - 647.6kg.

Blood Pressure: 150/100 mmHg - Stage 2 Hypertension

Advice: Medical attention required, follow prescribed treatment.

Fasting Sugar: 56 mg/dL - Normal

Advice: Maintain balanced diet, regular exercise.

Cholesterol: Not provided mg/dL - Not provided

Advice: No advice