## SwasthaAl - Health Report

Patient Name: Raja

Age: 20 Gender: F

Date: 2025-10-05 02:07:47

## **Health Analysis & Recommendations:**

BMI: 31.11 - Obese

Advice: Medical consultation recommended, weight reduction program advised. Ideal weight range:

41.6kg - 56.0kg.

Blood Pressure: 120/50 mmHg - Elevated

Advice: Monitor blood pressure regularly, reduce salt intake, exercise.

Fasting Sugar: 50 mg/dL - Normal

Advice: Maintain balanced diet, regular exercise.

Cholesterol: Not provided mg/dL - Not provided

Advice: No advice