

Patient Information

- **Name:** Michael Johnson
 - **Date of Birth:** 1968-09-30
 - **Gender:** Male
 - **Contact Details:**
 - **Address:** 789 Maple St, Sampletown, USA, 54321
 - **Phone:** (555) 321-6547
 - **Email:** michael.johnson@example.com
 - **Emergency Contact:**
 - **Name:** Sarah Johnson (Daughter)
 - **Phone:** (555) 987-1234
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Medical History

- **Allergies:** Latex, Ibuprofen
 - **Chronic Conditions:**
 - Cardiomyopathy (diagnosed 2015)
 - Type 2 Diabetes Mellitus (diagnosed 2010)
 - Hyperlipidemia (diagnosed 2012)
 - **Surgeries:**
 - Coronary Artery Bypass Graft (2016)
 - **Family History:**
 - Father: Hypertension
 - Mother: Cardiovascular Disease
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Medications

- **Metformin:** 1000 mg, twice daily
 - **Atorvastatin:** 40 mg, daily
 - **Lisinopril:** 20 mg, daily
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Immunizations

- **Shingles Vaccine:** 2021
 - **Influenza Vaccine:** 2023
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Vital Signs

- **Blood Pressure:** 145/95 mmHg
 - **Heart Rate:** 75 bpm
 - **Body Temperature:** 98.4 °F
 - **Respiratory Rate:** 20 breaths/min
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Laboratory Results

- **HbA1c:** 7.8%
 - **LDL Cholesterol:** 130 mg/dL
 - **HDL Cholesterol:** 40 mg/dL
 - **Triglycerides:** 200 mg/dL
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Progress Notes

- **Date:** 2024-05-10
 - **Physician:** Dr. Lee
 - **Clinical Notes:**
 - Patient reports occasional chest pain and shortness of breath.
 - ECG performed; no acute changes noted.
 - Advised to continue current medications and follow-up with cardiologist.
 - Emphasized the importance of dietary modifications and regular physical activity.
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Radiology Reports

- **Date:** 2024-04-20
 - **Findings:**
 - Echocardiogram reveals left ventricular hypertrophy; no evidence of acute ischemia.
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Current Visit

- **Date:** 2024-06-20
- **Purpose:** Routine check-up and chronic disease management

- **Diagnoses:**
 - Cardiomyopathy (I42.9)
 - Type 2 Diabetes Mellitus (E11.9)
 - Hyperlipidemia (E78.5)
 - Hypertension (I10)

Medications Prescribed:

- **Metformin:** 1000 mg, twice daily
- **Atorvastatin:** 40 mg, once daily
- **Lisinopril:** 20 mg, once daily

Treatment Plan:

- Continue with current medication regimen.
 - Regular monitoring of blood pressure and blood glucose.
 - Schedule next follow-up in 3 months.
 - Recommend lifestyle adjustments:
 - Low-fat, low-sugar diet
 - Regular physical exercise
 - Smoking cessation (if applicable)
 - Perform blood tests for HbA1c and lipid profile before next visit.
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Specialist Referrals

- **Cardiology:** For ongoing management of cardiomyopathy and chest pain.
- **Endocrinology:** For diabetes management.

Physical Examination:

- **General:** Patient appears well, no acute distress.
- **Cardiovascular:** Regular rhythm, no murmurs detected.
- **Respiratory:** Lungs clear to auscultation.
- **Abdomen:** Soft, non-tender, non-distended.
- **Extremities:** No edema, peripheral pulses intact.