#### Patient Information:

• Name: John Doe

• *Date of Birth*: 01/01/1970

• Address: 123 Main St, Springfield, IL

• *Phone*: (555) 123-4567

• *Email*: john.doe@example.com

• *Emergency Contact*: Jane Doe, (555) 765-4321

## Clinical History:

- *Chief Complaint*: Chronic cough and shortness of breath.
- *History of Present Illness (HPI)*: John Doe, a 54-year-old male, presents to the clinic with a chronic cough that has persisted for the past six months. He reports shortness of breath, especially during physical activity. No significant fever or nausea noted.
- Past Medical History:
  - Hypertension
  - o Hyperlipidemia
  - o Type 2 Diabetes Mellitus
- *Family History*: Father had a history of stroke and cardiac failure. Mother had chronic renal disease.

#### Medications:

- Lisinopril (for hypertension)
- Atorvastatin (for hyperlipidemia)
- Metformin (for type 2 diabetes mellitus)
- Aspirin (as an anticoagulant)

Allergies: No known allergies.

Immunizations: Up-to-date with all vaccinations.

# Vital Signs:

• *Blood Pressure*: 145/90 mmHg

• *Heart Rate*: 78 bpm

• Respiratory Rate: 16 breaths per minute

• *Temperature*: 98.6°F

• **BMI:** 27.5

# Physical Examination:

• General: Alert and oriented, no acute distress.

• Cardiovascular: Regular rate and rhythm, no murmurs.

• *Respiratory*: Clear to auscultation bilaterally, no wheezes or crackles.

• Abdomen: Soft, non-tender, no masses.

• *Neurological*: No focal deficits, normal mental state examination.

### **Laboratory Results:**

Blood Tests:

o *Glucose*: 110 mg/dL

o *HbA1c*: 7.5%

o Lipid Profile: Total Cholesterol 220 mg/dL, LDL 140 mg/dL, HDL 45 mg/dL,

Triglycerides 150 mg/dL

o *Calcium*: 9.2 mg/dL

# Diagnostic Imaging:

• *Chest X-Ray*: Normal

• *CT Scan*: Scheduled for further evaluation

#### Assessments:

- Diagnosis:
  - o Chronic Cough
  - o Hypertension
  - o Hyperlipidemia
  - Type 2 Diabetes Mellitus

#### Plan:

- *Medication Adjustments*: Increase Atorvastatin dose for better lipid control.
- Lifestyle Changes: Advise on diet and exercise, smoking cessation.
- *Follow-up*: Schedule for a follow-up visit in 3 months.
- Referrals: Referral to Pulmonology for further evaluation of chronic cough.
- *Screenings*: Routine check-up and blood tests in 6 months.

#### **Provider Notes:**

*Provider*: Dr. Sarah Smith, MD*Specialty*: Family Practice

• *Date*: 06/21/2024

• *Notes*: Patient is advised to monitor blood pressure at home and keep a log. Emphasis on lifestyle modifications for managing chronic conditions.

## Radiology Reports:

• Chest X-Ray: No abnormalities detected.

### **Progress Notes:**

• 06/21/2024: Patient presents with chronic cough and shortness of breath. Discussed medication adherence and lifestyle modifications. Referred to pulmonology.

## **Contact Information:**

- *Provider Contact*: Dr. Sarah Smith, MD, (555) 987-6543, sarah.smith@healthcare.com
- Clinic Address: 456 Health St, Springfield, IL