Patient Information:

• *Name*: Jane Smith

• *Date of Birth*: 1975-05-20

Gender: Female Contact Information:

o Address: 456 Elm St, Othertown, USA, 67890

o **Phone:** (555) 765-4321

o *Email*: jane.smith@example.com

Emergency Contact:

Name: John Smith (Spouse)*Phone*: (555) 123-9876

Medical History:

• Allergies: Aspirin, Shellfish

• Past Medical History:

o Asthma (diagnosed 2005)

o Osteoarthritis (diagnosed 2015)

o Chronic Renal Disease (diagnosed 2020)

Surgeries:

o Knee Replacement (2018)

• Family History:

o Father: Stroke, Type 2 Diabetes

o Mother: Breast Cancer

Medications:

• Albuterol: Inhaler as needed

• *Lisinopril*: 20 mg, daily

• Ibuprofen: 400 mg, as needed for pain

Immunizations:

Pneumonia: 2022 Influenza: 2023

Vital Signs:

• **Blood Pressure:** 140/90 mmHg

Heart Rate: 80 bpmTemperature: 98.7 °F

• Respiratory Rate: 18 breaths per minute

Laboratory Results:

Blood Glucose: 110 mg/dL
Creatinine: 1.4 mg/dL
GFR: 55 mL/min
Cholesterol: 210 mg/dL

Progress Notes:

Date: 2024-04-15 *Provider*: Dr. Adams

• Notes:

Patient reports increased knee pain.
Advised to use ice and elevation.
Prescribed physical therapy.

o Reviewed renal function tests; stable.

Radiology Reports:

• *Date*: 2024-03-10

• Report:

Knee X-ray: Mild osteoarthritic changesRenal Ultrasound: No significant changes

Current Visit:

• *Date*: 2024-06-15

• Reason for Visit: Follow-up for chronic conditions and knee pain management

• Diagnosis:

Osteoarthritis (M17.11)

- o Chronic Renal Disease (N18.3)
- o Hypertension (I10)

Medications Prescribed:

Lisinopril: 20 mg once daily *Albuterol*: Inhaler as needed

• *Ibuprofen*: 400 mg as needed for pain

Treatment Plan:

- Continue current medications.
- Monitor blood pressure and kidney function regularly.
- Schedule follow-up appointment in 6 months.
- Recommend lifestyle changes:
 - Weight management
 - o Low-sodium diet
- Physical therapy for knee pain.
- Blood tests for renal function and lipid profile.

Specialist Consultations:

- Nephrology: Follow-up for chronic renal disease
- Orthopedics: Management of osteoarthritis

Physical Exam:

- General appearance: Well-nourished, in mild discomfort
- Cardiovascular: Regular rate and rhythm
- Respiratory: Clear to auscultation, occasional wheezing
- Abdomen: Soft, non-tender
- Musculoskeletal: Swelling and tenderness in right knee