

PADARTHA VIGYAN EVUM AYURVEDA ITIHAS

(Philosophy and History of Ayurveda)

Paper I - 100 Marks; Part A - 50 Marks

02 marks questions

1.Ayurveda Nirupana

1. Lakshana of Ayu, composition of Ayu.
2. Lakshana of Ayurveda.
3. Lakshana and classification of Siddhanta.
4. Introduction to basic principles of Ayurveda and their significance.

Very Short Question:

02 marks

1. Define Ayu.
2. Lakshana of Ayu.
3. Synonyms of Ayu.
4. Types of Ayu.
5. Define Ayurveda.
6. Lakshana of Ayurveda.
7. Composition of Ayu.
8. Describe Sukhaayu.
9. Describe Dukha Ayu.
10. Describe Ahita Ayu.
11. Describe Hitaayu.
12. Give the definition of Ayurveda.
13. Write the Vyutpati of the word ‘Ayu’.
14. Write Nirukti of word ‘Ayu’.
15. Types of Siddhanta.
16. Give example of Sarvatantra Siddhant.
17. Give example of Pratitantra Siddhant.
18. Give example of Adhikarana Siddhant.



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19. Give example of Abhyupagama Siddhant.
20. Name any four Basic Principles of Ayurveda.

2. Ayurveda Darshana Nirupana

1. Philosophical background of fundamentals of Ayurveda.
2. Etymological derivation of the word “Darshana”. Classification and general introduction to schools of Indian Philosophy with an emphasis on: Nyaya, Vaisheshika, Sankhya and Yoga.
3. Ayurveda as unique and independent school of thought (philosophical individuality of Ayurveda).
4. Padartha: Lakshana, enumeration and classification, Bhava and Abhava padartha, Padartha according to Charaka (Karana-Padartha).
21. Define word Darshana.
22. What is Darshana.
23. Etymological derivation of Darshana.
24. Types of Darshana.
25. Propounder of Vaisheshika Darshana.
26. Propounder of Shankhya Darshana.
27. Propounder of Nyay Darshana.
28. Propounder of Yoga Darshana.
29. Propounder of Purva-mimansa Darshana.
30. Propounder of Uttar-mimansa Darshana.
31. Propounder of Jain Darshana.
32. Propounder of Buddha Darshana.
33. Propounder of Charvaka Darshana.
34. Write number of Padartha according to Vaisheshika Darshana.
35. Write number of Pramana according to Vaisheshika Darshana.
36. Give the name of Vaada according to Vaisheshika Darshana.
37. Write number of Padartha according to Nyay Darshana.
38. Write number of Pramana according to Nyay Darshana.
39. Writes numbers of Tatva according to Shankhya Darshana.
40. Give the name of Vaada according to Shankhya Darshana.

41. Define Yoga.
42. Enlist Yama according to Yoga Darshana.
43. Enlist Niyama.
44. Enlist Pancha Klesha.
45. Enlist Asta Siddhi.
46. Enlist Karma according to Karma Yoga.
47. Enlist Astang Yoga.
48. Enlist five types of Yajya according to Mimansa.
49. Define Nastika Darshana.
50. Define Astika Darshana.
51. Enlist Nastika Darshana.
52. Write the types of Darshana and mention the field of Yoga Darshana.
53. What is opinion of Nyaya Darshana.
54. Briefly describe the relation between Yoga and Ayurveda.
55. What is the meaning of word Nastika.
56. Enumerates Astika Darshana.
57. Define Astika and Nastika Darshana.
58. Name Ratna Traya.
59. Ananta Chatushtaya.
60. Buddha Trika.
61. Name four Arya Sutra.
62. Name Asta Dharma of Buddhism.
63. Name the branches of Buddhism.
64. Write Panchabhautika composition of Satva.
65. Write Panchabhautika composition of Rajas.
66. Write Panchabhautika composition of Tamas.
67. Write Panchabhautika composition of Vata Dosha.
68. Write Panchabhautika composition of Pitta Dosha.
69. Write Panchabhautika composition of Kapha Dosha.

70. Write Panchabhautika composition of Rasa.
71. Define Padartha.
72. What is the definition of Padartha.
73. Write Nirukti of word Padartha.
74. Define Padartha of Ayurveda along with the total number of Padartha as per Acharya Sushruta.
75. Write the Vyurtpati of word “Padartha”.
76. Describe the total numbers of Padartha according to different Darshana.
77. Name Sat Padartha.
78. Number of Padartha according to Nyay.
79. Number of Padartha according to Charak.
80. Number of Padartha according to Sankhya.
81. Number of Padartha according to Yoga.
82. Number of Padartha according to Sushruta.

3. Dravya Vigyanam

1. **Dravya:** Lakshana, classification and enumeration.
2. **Panchabhuta:** Various theories regarding the creation (theories of Taittiriyopanishad, Nyaya-Vaisheshika, Sankhya-Yoga, Sankaracharya, Charaka and Susruta), Lakshana and qualities of each Bhoota.
3. **Kaala:** Etymological derivation, Lakshana and division / units, significance in Ayurveda.
4. **Dik:** Lakshana and division, significance in Ayurveda.
5. **Atma:** Lakshana, classification, seat, Gunas, Linga according to Charaka, the method / process of knowledge formation (*atmanah jnasya pravrittih*).
6. **Purusha:** as mentioned in Ayurveda - Ativahikapurusha/ Sukshmasharira/ Rashipurusha/ Chikitsapurusha/ Karmapurusha/ Shaddhatvatmakapurusha.
7. **Manas:** Lakshana, synonyms, qualities, objects, functions, dual nature of mind (*ubhayaatmakatvam*), as a substratum of diseases, penta-elemental nature (*panchabhutatmakatvam*).

- 8. Role of Panchamahabhuta and Triguna in Dehaprakriti and Manasaprakriti respectively.
- 9. Tamas as the tenth Dravya.
- 10. Practical study/application in Ayurveda.

- 83. Define Dravya.
- 84. What is Chetan Dravya?
- 85. Classification of Chetan Dravya.
- 86. What is Achetan Dravya?
- 87. Classification of Achetan Dravya.
- 88. Enlist types of Dravya.
- 89. Enlist Karana Dravya.
- 90. Types of Dravya based on Use.
- 91. Types of Dravya – ‘Prayoga Bheda (Use).
- 92. Types of Dravya based on Taste.
- 93. Types of Dravya – ‘Rasa Bheda (taste).
- 94. Types of Dravya based on drug effect.
- 95. Types of Dravya – ‘Prabhava Bheda (drug effect).
- 96. Types of Dravya based on Karma by Charak.
- 97. Types of Dravya based on Karma by Sushruta.
- 98. Write the names of Karana Dravya.
- 99. What is the meaning of Karana Dravya.
- 100. Define the Karana Dravya and its importance in brief.
- 101. Cause of creation according to Sankhya.
- 102. Cause of creation according to Charak.
- 103. Cause of creation according to Sushruta.
- 104. Cause of creation according to Nyay.
- 105. Cause of creation according to Vaisheshika.
- 106. Which are Shodasha Vikaras? Why they are called Vikaras?
- 107. Write about evolution of universe as per Acharya Gautama.

108. Name the three Maha Guna.
109. Enlist Vishesh Gunas of Panchamahabhuta.
110. Classification of Akash according to Tarka Sangraha.
111. Classification of Vayu according to Tarka Sangraha.
112. Classification of Teja according to Tarka Sangraha.
113. Classification of Jala according to Tarka Sangraha.
114. Classification of Prithvi according to Tarka Sangraha.
115. Utility of Vidyut (Electricity) in Ayurveda.
116. Types of Vidyut (Electricity).
117. Write any four examples of Akashaatmaka Bhava in the body.
118. Write any four examples of Vayavaatmaka Bhava in the body.
119. Write any four examples of Aagneya Bhava in the body.
120. Write any four examples of Jaliya Bhava in the body.
121. Write any four examples of Parthiva Bhava in the body.
122. Write the relation between Triguna and Panchamahabhuta.
123. Write the impact of Panchamahabhuta on Garbha Vruddhi(fetal development).
124. Qualities of Akash Mahabhuta.
125. Qualities of Vayu Mahabhuta.
126. Qualities of Agni Mahabhuta.
127. Qualities of Jala Mahabhuta.
128. Qualities of Prithvi Mahabhuta.
129. Enumerate Tanmatra.
130. Enumerate Tamas Manas Prakruti.
131. Importance of Mahabhuta in clinical practical ? Explain your views.
132. Apratighata is the characteristics of which Mahabhuta ? Write its utility in treatment.
133. Define Kala.
134. Enlist types of Kala.

135. What is considered by the word Kala in Ayurveda.
136. Write a note on Kala.
137. Define Dik.
138. Types of Dik.
139. What is the importance of Disha.
140. Enumerate Disha.
141. Write the importance of Disha in Ayurveda.
142. In Pharmacy dryer room will made in which Disha?
143. In Pharmacy medicine will be stored in which Disha?
144. As per concept of Disha main door of house is made on which Disha?
145. Door of Prasuti Aagar(Labour room) is made on which Disha?
146. Student should face on which Disha during study?
147. Which sided branches of the Banyan tree should be selected for performing ‘Punsamvana Sanskara’?
148. Herbs should be collected from which direction?
149. Vamaka Aushadhi(Emetic Drugs) goes on which direction?
150. Virechana Aushadhi(Purgative Drugs) goes on which direction?
151. Medicines should be stored by facing towards which direction? Why?
152. Water of river flowing in which direction is good for digestion?
153. Write about the nature of Vayu blowing from Purva Disha(East).
154. Write about the nature of Vayu blowing from Paschima Disha(West).
155. Write about the nature of Vayu blowing from Uttara Disha(North).
156. Write about the nature of Vayu blowing from Dakshina Disha(South).
157. Vayu from which Disha is not good for health?
158. In all Dishas which Disha is criticized?
159. Write the importance of Disha in Ayurveda.
160. Define Atma.
161. Synonyms of Atma.
162. Types of Atma.

163. What is Linga Sharir?
164. Ativaahika Sharir?
165. Pramana(measurement) of Atma.
166. Site of Atma.
167. Origin of Jeevatma.
168. Is Atma significantin Ayurveda ? How ?
169. Define Purusha.
170. Rashi Purusha.
171. Karma Purusha.
172. Chikitsya Purusha.
173. Ek Dhatvatmaka Purusha.
174. Sad Dhatvatmaka Purusha.
175. Chaturvinsanti Tatvaatmaka Purusha.
176. What is understood by chikitsya Purusha.
177. Ativahika Purusha.
178. Enumerate Purusha according to Sushruta Samhita.
179. How many Purusha are described by Acharya Charaka?
180. What is Kshetra and Kshetragya ?
181. Lakshana of Mana.
182. Define Mana.
183. Enlist Mano-Vishaya (object).
184. Mano – Guna.
185. Karma of Mana.
186. Mano – Bheda.
187. Site of Mana.
188. Synonyms of Mana.
189. Mano – Vrittis.
190. Mano-Dosha.
191. What is Indriyaabhigraha and Swasyanigraha.

192. What is Anutva of Mana.
193. Write the attributes of Mana.
194. What is meaning of ‘अनुत्वं च एकत्वं च द्वौ गुणाः मनसो स्मृतम् ।’
195. Enumerate Rajas Manas Prakruti.
196. Ayurveda is Upaveda of?
197. Instrument of true knowledge.
198. Is tamas dravya? Explain briefly.
199. Is Tamas tenth Karma Dravya? Explain it.
200. Describe the dissimilarity between Vyakata and Avyakta.

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05 marks questions

1. Ayurveda Nirupana

5. Lakshana of Ayu, composition of Ayu.
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8. Introduction to basic principles of Ayurveda and their significance.

Short Question:

05 marks

1. Explain Lakshana and components of Ayu.
2. Write a note on ‘Siddhant’.
3. Write a note on ‘Panchamahabhuta Siddhant’.
4. Write a note on ‘Tridosha Siddhant’.
5. Write a note on ‘Samanya Vishesh Siddhant’.
6. Explain significance of Basic principles of Ayurveda.
7. Explain Lakshana and Classification of Siddhanta.
8. Write a definition and Component of Ayu and Ayurveda.
9. Describe the Ayu along with its types.
10. Define Siddhanta. Describe its types.
11. Describe Lakshana and composition of Ayurveda.
12. Define Adhikarana and Abhyupagama Siddhant with examples.

2. Ayurveda Darshana Nirupana

1. Philosophical background of fundamentals of Ayurveda.
2. Etymological derivation of the word “Darshana”. Classification and general introduction to schools of Indian Philosophy with an emphasis on: Nyaya, Vaisheshika, Sankhya and Yoga.
3. Ayurveda as unique and independent school of thought (philosophical individuality of Ayurveda).

4. Padartha: Lakshana, enumeration and classification, Bhava and Abhava padartha, Padartha according to Charaka (Karana-Padartha).

13. Define Darshana and along with its types.
14. Write about the origin of Darshana.
15. Write about Prayojana of Darshana.
16. Explain the subjects of Nyay Darshana.
17. Explain about Nyay Darshana in brief.
18. Explain impact of Nyay Darshana on Ayurveda.
19. Classify Karma according to Nyay.
20. Explain the subjects of Yoga Darshana.
21. Explain about Yoga Darshana in brief.
22. Explain impact of Yoga Darshana on Ayurveda.
23. Write in detail about Yoga Darshana.
24. Explain the subjects of Vaisheshika Darshana.
25. Explain about Vaisheshika Darshana in brief.
26. Explain impact of Vaisheshika Darshana on Ayurveda.
27. Explain about Jain Darshana in brief.
28. Explain impact of Jain Nyay Darshana on Ayurveda.
29. Explain about Bauddha Darshana in brief.
30. Explain impact of Bauddha Darshana on Ayurveda.
31. Explain the subjects of Shankhya Darshana.
32. Explain about Shankhya Darshana in brief.
33. Explain the contribution of Shankhya Darshana in Ayurveda.
34. Explain about Charvaaka Darshana in brief.
35. Explain the impact of Charvaaka Darshana in Ayurveda.
36. Write a note on - importance of Darshana.
37. Explain the impact of Astika Darshana on Ayurveda.
38. Explain the impact of Nastika Darshana on Ayurveda.

39. Explain the similarity between Darshana and Ayurveda.
40. Explain the similarity between Sad Darshana and Ayurveda.
41. Explain the similarity between Nastika Darshana and Ayurveda.
- 42.** Explain the similarity between Astika Darshana and Ayurveda.
43. Explain the similarity between Darshana and Ayurveda.
44. Explain the differences between Sad Darshana and Ayurveda.
45. Explain the differences between Nastika Darshana and Ayurveda.
- 46.** Explain the differences between Astika Darshana and Ayurveda.
47. Explain the classification and importance of Darshana.
48. Write about Ashta Siddhi.
49. Write a note on – ‘Ayurveda ek swatantra Maulika Siddhant’
50. What is Padartha? Enumerate it.
51. Write the definition and importance of Padartha.
52. Classification of Padartha.
53. Explain padarth according to charak.
54. What is Padartha? Define it accoding to Darshana.
55. Explain Padartha according to Charak Samhita.

3. Dravya Vigyanayam

11. **Dravya:** Lakshana, classification and enumeration.
12. **Panchabhuta:** Various theories regarding the creation (theories of Taittiriyopanishad, Nyaya-Vaisheshika, Sankhya-Yoga, Sankaracharya, Charaka and Susruta), Lakshana and qualities of each Bhoota.
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- 18. Role of Panchamahabhuta and Triguna in Dehaprakriti and Manasaprakriti respectively.
- 19. Tamas as the tenth Dravya.
- 20. Practical study/application in Ayurveda.

- 56. Explain classification of Dravya.
- 57. Classify Dravya according to Charak Samhita.
- 58. Enumerates Dravya in brief.
- 59. Explain types of dravya according to Charak.
- 60. Explain types of dravya according to Sushruta.
- 61. Differences between Karana Dravya and Karya Dravya.
- 62. Write mutual conglomeration(Parasparaanupravesha) of Panchamahabhuta.
- 63. Explain Annyonyanyu Pravesha of Panchabhuta.
- 64. Write a note on – ‘Panchamahabhuta’.
- 65. Explain Utpatti, Guna, types of Akash along with Aksahatmaka bhava in the body.
- 66. Explain Utpatti, Guna, types of Vayu along with Vayavatmaka bhava in the body.
- 67. Explain Utpatti, Guna, types of Teja Mahabhuta along with Agneya bhava in the body.
- 68. Explain Utpatti, Guna, types of Jala along with Jaliya bhava in the body.
- 69. Explain Utpatti, Guna, types of Prithavi along with Parthiva bhava in the body.
- 70. Explain Dravyatwa of Vayu and Akasha.
- 71. Write a note on – ‘Vidyuta’.
- 72. Write the practical application of Panchamahabhuta.
- 73. Explain the process of evolution of Panchamahabhuta.
- 74. Explain the process of evolution of Panchamahabhuta according to taitariya upanishada.

75. Explain the process of evolution of Panchamahabhuta according to Ayurveda.
76. Describe classification of Dravya based on Karya Karana.
77. Write the theory of creation of according to Vaisheshika Darshana.
78. Write the theory of creation of according to Sankhya Darshana.
79. Write the theory of creation of according to Yoga Darshana.
80. Write the theory of creation of according to Nyay Darshana.
81. Write the theory of creation of according to Upanishad.
82. Write the theory of creation of according to Acharya Shankar.
83. Write the theory of creation of according to Charak Samhita.
84. Write the theory of creation of according to Sushruta Samhita.
85. Explain evolution and destruction of Shristi.
86. Write about Panchamahabhuta in brief.
87. Significance of Panchamahabhuta in Ayurveda.
88. Practical applicability of Panchamahabhuta.
89. Clinical applicability of Panchamahabhuta.
90. Explain the process of Panchikarana.
91. Write the relation between Panchamahabhuta and Dosha, Dhatu and Mala.
92. Write about Guna and Karma of Panchamahabhuta.
93. Describe Dravyatwa of Panchamahabhuta.
94. Write the Panchabhartik composition of Dosha and Rasa.
95. Write about Pancha Panchaka.
96. Write about Panchikarana Process of Mahabhuta.
97. Process of Gyanotpatti – write a note on it.
98. Write about Atma in brief.
99. Explain Lakshana of Atma.
100. Explain Dravyatva of Atma.
101. Explain the process of transmigration of Atma.
102. Write a note on – Atma Utpatti.
103. Write Lakshana and classification of Atma.

104. Explain – Atma Siddhi.
105. Clinical importance of Atma.
106. Write the similarity and differences between Jeevatma and Paramatma.
107. Write the types of Atma according to Vishnu Purana.
108. Significane of Atma in Ayurveda.
109. Explain Sukshama Linga Sharir according to Ayurveda.
110. Explain the process of Knowledge according to Charak Samhita.
111. What is Buddhi ? Describe its importance in evolution
112. Write a note on – ‘Mano Vishaya(Subject)’.
113. Write a note on – ‘Mano Vrutti’.
114. Write a note on – ‘Composition of Mano’.
115. Write a note on – ‘Manas Prakrutti’.
116. Write a note on – ‘Panchamahabhuta and Triguna’.
117. Write about Lakshana and site of Mana.
118. Write about types of Mana.
119. Write a note on – ‘Guna and Karma of Mana’.
120. Explain Lakshana, Sthana, Guna, Karma and Vrutti of Mana.
121. Explian speicality of Mana.
122. Explain Dravyatwa of Mana.
123. Explain Pahchabhautikatva of Mana.
124. Write Lakshana, Sthana and Karma of Mana.
125. Describe ubhayendriyatva of it.
126. Write Guna of Mana and describe Utpalshatpatra Vedhana Nyay.
127. Write the functions of Mana and explain it.
128. Explain the role of Triguna in the formation of Manas Prakruti.
129. Enumerate Manas Prakruti.
130. Explain location of Mana in Ayurveda.
131. Explain the role of Mana in manifestation of disease.
132. Explain Antahkarna Chatustaya.

133. Explain ‘Tamas’
134. Tamas as 10th Karana Dravya.
135. Refutation of Tamasa as a tenth Karana Dravya.
136. Explain Ahankara. Is it exist in Achetana Dravyas ? Why ?
137. Describe Tamas as a Dravya.
138. Write a note on ‘Purush’.
139. Write a note on ‘Rashi Purush’.
140. Write a note on ‘Karma Purush’.
141. Write a note on ‘Chikitsya Purush’.
142. Write a note on ‘Sad Dhatvatmaka Purush’.
143. Write a note on ‘Chaturvinsanti Tatvaatmaka Purush’.
144. Clinical applicability of Purush.
145. Practical applicability of Purush.
146. Describe Shaddhatvattmaka Purush.
147. Give brief description of Purusha according to Ayurveda.
148. Explain the types of Kala.
149. Explain AupadhiKa Bheda of Kala.
150. Write a note on – ‘Kala’.
151. Write a note on – ‘importance of Kala’.
152. Write a note on – ‘practical applicability of Kala’.
153. Write a note on – ‘clinical importance of Kala’ .
154. Define Kala and write its importance.
155. Explain definition and significance of Kala.
156. Write a note on types of Kala.
157. Explain the importance of Kala in Ayurveda.
158. Explain the importance of Kala in diagnosis and treatment.
159. Is Kala, a dravya, significance in Ayurveda ? Explain.
160. Is Kala significant in Ayurveda ?
161. Write a note on – ‘Dik’.

162. Write a note on – ‘importance of Disha’.
163. Write a note on – ‘practical applicability of Dik’.
164. Write a note on – ‘clinical importance of Disha’.
165. Define Disha and write its importance.
166. Explain definition and significance of Disha.
167. Explain types and importance of Disha.
168. Importance of Disha in Ayurveda.
169. Describe the definition and types of Disha Padartha along with its utility.
170. Is Dik/Disha significant in Ayurveda ? Explain.
171. Define Disha and its clinical importance.
172. Explain the verse – ‘शरीरेन्द्रिय सत्वात्म संयोगो धारिजीवितम् ।’
173. Explain the verse – ‘पञ्च भूतात्मके देहे ह्याहारः पाञ्चभौतिकः’
174. Explain the verse – ‘विसर्गादान विक्षेपैः सोमसूर्यानिलाः यथा ।’
175. Explain the verse – ‘सर्वदा सर्वभावनाम्..... ।’
176. Explain the verse – ‘धातुसाम्य क्रिया चोक्ता..... ।’
177. Explain the verse – ‘ह्रासहेतु विशेषश्च ।’
178. Explain the verse – ‘प्रवृत्तिरूपयस्य तु ।’
179. Explain the verse – ‘येषामेव हि भावानां संपत् संजनयेत्तरम् ।

तेषामेव विपद् व्याधिन् विविधान् समुदीरयेत् ॥ १

180. Explain the verse – ‘सामान्यं च विशेषं च..... ।’
181. Explain the verse – ‘सामान्यं एकत्व करम् ।’
182. Explain the verse – ‘विशेषस्तु पृथक्त्वकृत् ।’
183. Explain the verse – ‘तुल्यार्थता हि सामान्यम् ।’
184. Explain the verse – ‘सर्व द्रव्यं पाञ्चभौतिकं अस्मिन् अर्थे ।’
185. Explain the verse – ‘किञ्चित् दोषप्रशमनं किञ्चित् धातुप्रदूषणम् ।

स्वास्थ्यवृत्तौ मतं किञ्चित् त्रिविधं द्रव्यमुच्यते ॥

186. Explain the verse – ‘खादिन्यात्मा मनः कालौ दिशश्च.....।’
187. Explain the verse – ‘सेन्द्रियं चेतनं द्रव्यं निरेन्द्रियं.....।’
188. Explain the verse – ‘तस्माद्वा एतस्मादात्मनः आकाशः सम्भूतः,.....।’
189. Explain the verse – ‘तेषामेक गुणः पूर्वो गुणवृद्धिः परे परे ।’
190. Explain the verse – ‘आत्मेन्द्रिय मनोऽर्थानाम् सन्निकर्षात् प्रवर्तते ।’
191. Explain the verse – ‘चैतन्ये कारणं नित्यो द्रष्टा पश्यति हि क्रियाः ।’
192. Explain the verse – ‘चिन्त्यं विचार्य उह्यं ध्येयं संकल्पमेव च ।’
193. Explain the verse – ‘आत्मेन्द्रियार्थं संनिकर्षे ज्ञानस्य भावोऽभावश्च ।’
194. Explain the verse – ‘मनः पुरस्सरानीन्द्रीयाणि अर्थग्रहण समर्थानि भवन्ति ।’
195. Explain the verse – ‘इन्द्रियाभि ग्रहं कर्म मनसः स्वस्य निग्रहः ।
उहो विचारश्च ततः परम् बुद्धिः प्रवर्तते ॥
196. Explain the verse – ‘निर्विकारः परस्त्वात्मा सत्त्वभूतगुनेन्द्रियैः ।
चैतन्ये कारणम् नित्यो द्रष्टा पश्यति हि क्रिया ॥
197. Explain the verse – ‘उभयात्मकं मनः ।’
198. Explain the verse – ‘हिता हितं सुखं दुःखं.....।’
199. Explain the verse – ‘अणुत्वं च एकत्वं द्वौ गुणाः मनसो स्मृतम् ।’
200. Explain the verse – ‘पण्णामपि पदार्थानां अस्तित्वं, अभिधेयत्वं ज्ञेयत्वानि ।’
201. Explain the verse – ‘शीतोष्णवर्षलक्षणाः पुनर्हेमन्तग्रीष्मवर्षाः संवन्त्सरः, स कालः ।’
202. Explain the verse – ‘संकलयति सुखदुःखाभ्यां भूतानि योजयति इति ।’
203. Explain the verse – ‘संकलयति वा भूतानीति ।’
204. Explain the verse – ‘हृदयं चेतनास्थानमुक्तं सुश्रुत देहिनाम् ।’
205. Explain the verse – ‘तिलेषु तैलं दधनीव सर्पिरापः.....सत्येनैनं तपसा
योजपश्यति ।’
206. Explain the verse – ‘कर्ता हि कारणैर्युक्तः कारणं सर्वकर्मणाम् ।’
207. Explain the verse – ‘महाभूतानि खं वायुग्निरापः क्षितिस्तथा ।

शब्दस्पर्शश्च रूपं च रसो गन्धश्च तद्गुणाः ॥ १

208. Explain the verse – अष्टौ प्रकृतयः प्रोक्ता विकाराः षोडशैव तु ।
क्षेत्रजश्च समासेन स्वतन्त्रपरतन्त्रयोः॥
209. Explain the verse – अन्योऽन्यानुप्रविष्टानि सर्वाण्येतानि निर्दिशेत् ।
स्वे स्वे द्रव्ये तु सर्वेषां व्यक्तं लक्षणमिष्यते ॥
210. Explain the verse – भौतिकानि चेन्द्रियाण्यायुर्वेदे वर्णन्ते, तथेन्द्रियार्थाः ॥
211. Explain the verse – स्वभावमीश्वरं कालं यदुच्छां नियतिं तथा ।
परिणामं च मन्यन्ते प्रकृतिं पृथुदर्शिनः ॥
212. Explain the verse – महाभूतानि खं वायुरग्निरापः क्षितिस्तथा ।
शब्दः स्पर्शश्च रूपं च रसो गन्धश्च तद्गुणाः॥
213. Explain the verse – ‘खर द्रव चलोष्णत्वं भूजलानिल तेजसाम् ।’
214. Explain the verse – ‘संयोगे च विभागे च कर्म नान्यदपेक्षते ॥’
215. Explain the verse – ‘कालस्य परिणामेन जरामृत्युनिमित्तजाः ।
रोगाः स्वाभाविका दृष्टाः स्वभावो निष्प्रतिक्रियः ॥
216. Explain the verse – ‘इन्द्रियेणेन्द्रियार्था तु स्वं स्वं गृह्णाति मानवः ।
नियतं तुल्ययोनित्वाक्षान्ये नान्यामिति स्थितिः ॥
217. Explain the verse – ‘सामान्यमेकत्वकरं, विशेषस्तु पृथक्त्वकृत् ।
तुल्यार्थता हि सामान्यं, विशेषस्तु विपर्ययः॥’
218. Explain the verse – ‘खादीन्यात्मा मनः कालो दिशश्च द्रव्यसङ्ग्रहः ।
सेन्द्रियं चेतनं द्रव्यं, निरिन्द्रियमचेतनम्॥’
219. Explain the verse – ‘मनो मनोर्थो बुद्धिरात्मा चेत्यध्यात्मद्रव्यगुणसङ्ग्रहः
शुभाशुभप्रवृत्तिनिवृत्तिहेतुश्च, द्रव्याश्रितं च कर्म; यदुच्यते क्रियेति ॥’
220. Explain the verse – ‘खादयश्चेतनाषष्ठा धातवः पुरुषः स्मृतः ।
चेतनाधातुरप्येकः स्मृतः पुरुषसञ्जकः॥’

221. Explain the verse – 'पुनश्च धातुभेदेन चतुर्विंशतिकः स्मृतः।
मनो दशेन्द्रियाण्यर्थाः प्रकृतिश्चाष्टधातुकी॥'
222. Explain the verse – 'इन्द्रियेणेन्द्रियार्थो हि समनस्केन गृह्यते।
कल्प्यते मनसा तृष्णं गुणतो दोषतोऽथवा॥'
223. Explain the verse – 'जायते विषये तत्र या बुद्धिर्निश्चयात्मिका।
व्यवस्थ्यति तया वक्तुं कर्तुं वा बुद्धिपूर्वकम्॥'
224. Explain the verse – 'प्राणापानौ निमेषाद्या जीवनं मनसो गतिः।
इन्द्रियान्तरसञ्चारः प्रेरणं धारणं च यत्॥'
225. Explain the verse – 'देशान्तरगतिः स्वप्ने पञ्चत्वग्रहणं तथा।
दृष्टस्य दक्षिणेनाक्षणा सव्येनावगमस्तथा॥'
226. Explain the verse – 'इच्छा द्रेषः सुखं दुःखं प्रयत्नश्वेतना धृतिः।
बुद्धिः स्मृतिरहङ्कारो लिङ्गानि परमात्मनः॥'
227. Explain the verse – 'यस्मात् समुपलभ्यन्ते लिङ्गान्येतानि जीवतः।
न मृतस्यात्मलिङ्गानि तस्मादाहुर्महर्षयः॥'
228. Explain the verse – 'शरीरं हि गते तस्मिज् शून्यागारमचेतनम्।
पञ्चभूतावशेषत्वात् पञ्चत्वं गतमुच्यते॥'
229. Explain the verse – 'नानौषधिभूतं जगति किञ्चित् द्रव्यमुपलभ्यते ।'
230. Explain the verse – 'स पुमांश्वेतनं तच्च तच्चाधिकरणं स्मृतम्।
वेदस्यास्य, तदर्थं हि वेदोऽयं सम्प्रकाशितः॥
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PADARTHA VIGYAN EVUM AYURVEDA ITIHAS

(Philosophy and History of Ayurveda)

Paper I - 100 Marks; Part A - 50 Marks

10 marks questions

1.Ayurveda Nirupana

9. Lakshana of Ayu, composition of Ayu.
10. Lakshana of Ayurveda.
11. Lakshana and classification of Siddhanta.
12. Introduction to basic principles of Ayurveda and their significance.

Long Question:

10 marks

1. Explain Basic Principles of Ayurveda.
2. Describe significance of Basic principles of Ayurveda.
3. Describe Lakshana and Classification of Siddhanta.
4. Describe Siddhant in detail.
5. Define and describe Ayu, Component of Ayu and Ayurveda.
6. Write an essay on Siddhant.

2. Ayurveda Darshana Nirupana

5. Philosophical background of fundamentals of Ayurveda.
6. Etymological derivation of the word “Darshana”. Classification and general introduction to schools of Indian Philosophy with an emphasis on: Nyaya, Vaisheshika, Sankhya and Yoga.
7. Ayurveda as unique and independent school of thought (philosophical individuality of Ayurveda).
8. Padartha: Lakshana, enumeration and classification, Bhava and Abhava padartha, Padartha according to Charaka (Karana-Padartha).
7. Write etymological derivation of Darshana and impact of Shankhya Darshan in Ayurveda.
8. Describe Nyay Darshana and impact of it on Ayurveda.
9. Describe Yoga Darshana and impact of it on Ayurveda.
10. Describe Jain Darshana and impact of it on Ayurveda.

11. Describe Vaisheshika Darshana and impact of it on Ayurveda.
12. Describe Bauddha Darshana and impact of it on Ayurveda.
13. Describe Jain Darshana and impact of it on Ayurveda.
14. Explain the impact of Nyay Darshan in Ayurveda.
15. Define word Darshana and impact of Vaisheshika Darshan in Ayurveda.
16. Write etymological derivation of Darshana and impact of Yoga Darshan in Ayurveda.
17. Write definition of Darshana and impact of Jain Darshan in Ayurveda.
18. Write etymological derivation of Darshana and impact of Baudhha Darshan in Ayurveda.
19. Explain the impact of Purva-mimansa & Uttara-mimansa Darshan in Ayurveda.
20. Describe – Shankhya Darshana.
21. Describe – Yoga Darshana.
22. Describe – Nyay Darshana.
23. Explain about Akshapada Darshana in detail.
24. Describe – Vaisheshika Darshana.
25. Explain about Aulukya Darshana in detail.
26. Describe – Purva-mimansa & Uttara-mimansa.
27. Describe – Jain Darshana.
28. Describe – Bauddha Darshana.
29. Describe – Charvak Darshana.
30. Explain the importance of Darshana in Ayurveda.
31. Explain the impact of Astika Darshana on Ayurveda.
32. Explain the impact of Nastika Darshana on Ayurveda.
33. Explain the similarity and differences between Darshana and Ayurveda.
34. Explain the similarity and differences between Sad Darshana and Ayurveda.
35. Explain the similarity and differences between Nastika Darshana and Ayurveda.
- 36. Explain the similarity and differences between Astika Darshana and Ayurveda.**
37. Explain the classification and importance of Darshana.

38. Explain in detail about Bauddha Darshana. Write about the similarities and dissimilarities between Ayurveda and Bauddha Darshana.
39. Write essay on “Nyay Darshana”.
40. Describe about Sankhya Darshana and its influence on Ayurveda.
41. Is Ayurveda an independent Darshana or dependent on Darshana ? Explain your views.
42. Classify Darshanas and give brief introduction of Vaisheshika Darshana.
43. Explain clinical application of Padarth vigyan along with examples.
44. Enumerate padarths according to Ayurveda. Made discussion on ‘Abhava’ is considered or not considered as Padarth.
45. ‘Ayurveda ek swatantra maulika siddhant’ – Explain it.
46. Describe Ayurveda as unique and independent school of thought.
47. Define Pada, Padarth and explain importance of Padarth Vingyan in Ayurveda.
48. Define Padarth. Explain the classification of Padarth in brief.
49. Explain Bhava padarth and Abhava padarth in brief.
50. Padarth according to Acharya Charak – explain it.
51. Write the classification of Padarth and describe the utility of Padarth in the field of Ayurveda.
52. What is meant by Padarth Vigyana ? What is its importance in the field of Ayurvedic treatment ?
53. Explain the theory of creation according to charak.
54. Write essay on Padarth.

3. Dravya Vigyanam

21. **Dravya:** Lakshana, classification and enumeration.
22. **Panchabhuta:** Various theories regarding the creation (theories of Taittiriyopanishad, Nyaya-Vaisheshika, Sankhya-Yoga, Sankaracharya, Charaka and Susruta), Lakshana and qualities of each Bhoota.

- 23. **Kaala:** Etymological derivation, Lakshana and division / units, significance in Ayurveda.
- 24. **Dik:** Lakshana and division, significance in Ayurveda.
- 25. **Atma:** Lakshana, classification, seat, Gunas, Linga according to Charaka, the method / process of knowledge formation (*atmanah jnasya pravrittih*).
- 26. **Purusha:** as mentioned in Ayurveda - Ativahikapurusha/ Sukshmasharira/ Rashipurusha/ Chikitsapurusha/ Karmapurusha/ Shaddhatvatmakapurusha.
- 27. **Manas:** Lakshana, synonyms, qualities, objects, functions, dual nature of mind (*ubhayaatmakatvam*), as a substratum of diseases, penta-elemental nature (*panchabhutatmakatvam*).
- 28. Role of Panchamahabhuta and Triguna in Dehaprakriti and Manasaprakriti respectively.
- 29. Tamas as the tenth Dravya.
- 30. Practical study/application in Ayurveda.

- 55. Write Lakshana and classification of Dravya. Explain the process of evolution of Panchamahabhuta.
- 56. Describe etymology, definition and characteristics of word ‘Bhoota’ and explain Panchamahabhuta according to Ayurveda.
- 57. Write Lakshana of Dravya. Explain Panchamahabhuta in detail.
- 58. Describe Panchamahabhuta in detail.
- 59.. Explain the process of evolution of Panchamahabhuta.
- 60. Write derivation, definition, types and practical use of Panchamahabhuta in detail.
- 61. Clinical applicability of Panchamahabhuta – describe it.
- 62. Explain practical applicability of Panchamahabhuta.
- 63. Explain the definition and types of Dravya and describe its utility in the field of treatment.
- 64. Describe the evolution of Shristi uttapatni according to Samkhya philosophy along with its importance in the field of Ayurveda.
- 65. Describe classification of Dravya in detail.
- 66. Explain the importance of Panchamahabhuta in Ayurveda. .
- 67. Define Dravya and describe classification of it.

68. Write a short note on – खादिन्यात्मा मनः कालो दिशाश्च द्रव्य संग्रह ।
69. Write the definition and characteristics, classification and importance of Dravya.
70. Explain theory of creation of Panchamahabhuta according to Shankhya Darshana.
71. Explain theory of creation of Panchamahabhuta according to Charak Samhita.
72. Explain theory of creation of Panchamahabhuta according to Acharya Sushuruta.
73. Give brief introduction of Panchamahabhuta and explain Pancha Panchaka.
74. Write the characteristics features and properties Panchamahabhuta also write their mutual conglomeration(Parasparaanupravesha).
75. Describe Annyonyanyu Pravesha of Panchabhuṭa.
76. Describe Kala in detail.
77. Write Lakshana, classification of Kala and explain significance of it in Ayurveda.
78. Explain – ‘Kala’
79. Write etymological derivation, division and significance of Kala.
80. Explain the importance of Kala.
81. Define Kala and describe its clinical applicability.
82. Define Kala along with characteristics, division and importance in treatment.
83. Describe Dik in detail.
84. Write Lakshana, classification of Dik and explain significance of it in Ayurveda.
85. Explain about Atma in brief.
86. Explain Lakshana, Sthana, Guna, Karma, Uttapati and Gyanapravritti of Atma.
87. Write introduction of Atma and process of Gyanotpatti.
88. Describe characteristics of Atma in detail.
89. Explain Atma utapatti and Gyana Pravritti.
90. Write about Lakshana, classification and quality of Atma and process of knowledge formation.
91. Describe Atma in brief.
92. Explain Lakshana, classification, quality and Karma of Atma.
93. Explain Atma utpatti, Atma vrutti, guan and karma of Atma.
94. Describe Atma in detail.

95. Describe ‘Atmalinga’ According to Charak Samhita.
96. Define Atma along with its characteristics, types, importance in Ayurveda.
97. Explain about various Purush.
98. Describe Eka Dhatvaatmaka, Tridhatvaatmaka, Sad Dhatvaatmaka, Chaturvinsanti Tatvaatmaka and Panhcavinsanti Tatvaatmaka Purusha.
99. Describe significance of various Purush in Ayurveda.
100. Significance of Purush in Ayurveda.
101. Describe Purush in detail.
102. Clinical applicability of various Purush in Ayurveda.
103. Explain the Purush, Rashi Purush and chikitsya Purush and describe characteristics features of Atma.
104. Explain the word Purush in detail.
105. Classify Purush with brief description according to Ayurveda.
106. Describe Mana in detail.
107. Describe Lakshana, site, types, guna and karma of Mana.
108. Describe Mono vrutti, site, bheda, guna and karma.
109. Describe Lakshana, guna, karma and vishaya of Mana.
110. Define Mana and describe ubhayendriyatva of it.
111. Write about Mana in detail.
112. Describe synonyms, Lakshana and qualities of Mana.
113. Write essay on Triguna and its relation with Manas Prakriti.
114. Describe Tamas in detail.
115. Tamas as 10th Karana dravya – explain it.

PADARTHA VIGYAN EVUM AYURVEDA ITIHAS

(Philosophy and History of Ayurveda)

Paper I - 100 Marks; Part B - 50 Marks

02 marks questions

4. Gunavigyaniyam

1. Etymological derivation, classification and enumeration according to Nyaya-Vaisheshika and Charaka, Artha, Gurvadiguna, Paradiguna, Adhyatmaguna.
2. Lakshana and classification of all the 41 gunas.
3. Practical / clinical application in Ayurveda.

Very Short Question:

02 Marks

1. Define Guna.
2. Write the Nirukti of Guna.
3. Write the Vyutpati of word Guna.
4. Lakshana of Guna.
5. Lakshana of Guna according to Charak.
6. Classification of Guna.
7. Types of Guna according to Charak.
8. Types of Guna according to Chakrapani.
9. Number of Guna according to Vaisheshika Darshana.
10. Enlist Vishesh Guna.
11. Enlist Saartha Guna.
12. Enlist Paradi Guna.
13. Enlist Shaarir Guna.
14. Define – ‘Guru Guna’.
15. Define – ‘Laghu Guna’.
16. Define – ‘Shita Guna’.
17. Define – ‘Ushna Guna’.

18. Define – ‘Snigdha Guna’.
19. Define – ‘Ruksha Guna’.
20. Define – ‘Manda Guna’.
21. Define – ‘Teekshna Guna’.
22. Define – ‘Sukshma Guna’.
23. Define – ‘Sthula Guna’.
24. Define – ‘Manda Guna’.
25. Define – ‘Tikshna Guna’.
26. Define – ‘Vishada Guna’.
27. Define – ‘Pichchila Guna’.
28. Define – ‘Slakshna Guna’.
29. Define – ‘Khara Guna’.
30. Define – ‘Sandra Guna’.
31. Define – ‘Drava Guna’.
32. Define – ‘Sthira Guna’.
33. Define – ‘Sara Guna’.
34. Define – ‘Mrudu Guna’.
35. Define – ‘Kaathina Guna’.
36. Define – ‘Vyavayi Guna’.
37. Define – ‘Vyavayi Guna with example’.
38. Define – ‘Vikashi Guna’.
39. Define – ‘Vikashi Guna with example’.
40. Define – ‘Vishada Guna’.
41. Define – ‘Ashukari Guna’.
42. Define – ‘Ashukari Guna with example’.
43. Define – ‘Paratwa Guna’.
44. Define – ‘Paratwa Guna with example’.
45. Define – ‘Aparatwa Guna’.
46. Define – ‘Aparatwa Guna with example’.

47. Define – ‘Yukti Guna’.
48. Define – ‘Yukti Guna with example’.
49. Define – ‘Samkhya Guna’.
50. Define – ‘Samkhya Guna with example’.
51. Define – ‘Samayoga Guna’.
52. Define – ‘Samayoga Guna with example’.
53. Define – ‘Vibhaga Guna’.
54. Define – ‘Vibhaga Guna with example’.
55. Define – ‘Pruthaktwa Guna’.
56. Define – ‘Pruthaktwa Guna with example’.
57. Define – ‘Parimana Guna’.
58. Define – ‘Parimana Guna with example’.
59. Define – ‘Sanskara Guna’.
60. Define – ‘Sanskara Guna with example’.
61. Define – ‘Abhyasa Guna’.
62. Define – ‘Abhyasa Guna with example’.
63. Write the Panchabhartika constitution of ‘Guru Guna’.
64. Write the Panchabhartika constitution of ‘Laghu Guna’.
65. Write the Panchabhartika constitution of ‘Shita Guna’.
66. Write the Panchabhartika constitution of ‘Ushna Guna’.
67. Write the Panchabhartika constitution of ‘Snigdha Guna’.
68. Write the Panchabhartika constitution of ‘Ruksha Guna’.
69. Write the Panchabhartika constitution of ‘Manda Guna’.
70. Write the Panchabhartika constitution of ‘Teekshna Guna’.
71. Write the Panchabhartika constitution of ‘Sukshma Guna’.
72. Write the Panchabhartika constitution of ‘Sthula Guna’.
73. Write the Panchabhartika constitution of ‘Manda Guna’.
74. Write the Panchabhartika constitution of ‘Tikshna Guna’.
75. Write the Panchabhartika constitution of ‘Vishada Guna’.

76. Write the Panchabhautika constitution of ‘Pichchhila Guna’.
77. Write the Panchabhautika constitution of ‘Slakshna Guna’.
78. Write the Panchabhautika constitution of ‘Khara Guna’.
79. Write the Panchabhautika constitution of ‘Sandra Guna’.
80. Write the Panchabhautika constitution of ‘Drava Guna’.
81. Write the Panchabhautika constitution of ‘Sthira Guna’.
82. Write the Panchabhautika constitution of ‘Sara Guna’.
83. Write the Panchabhautika constitution of ‘Mrudu Guna’.
84. Write the Panchabhautika constitution of ‘Kaathina Guna’.
85. Function of ‘Guru Guna’.
86. Function of ‘Laghu Guna’.
87. Function of ‘Shita Guna’.
88. Function of ‘Ushna Guna’.
89. Function of ‘Snigdha Guna’.
90. Function of ‘Ruksha Guna’.
91. Function of ‘Manda Guna’.
92. Function of ‘Teekshna Guna’.
93. Function of ‘Sukshma Guna’.
94. Function of ‘Sthula Guna’.
95. Function of ‘Manda Guna’.
96. Function of ‘Tikshna Guna’.
97. Function of ‘Vishada Guna’.
98. Function of ‘Pichchhila Guna’.
99. Function of ‘Slakshna Guna’.
100. Function of ‘Khara Guna’.
101. Function of ‘Sandra Guna’.
102. Function of ‘Drava Guna’.
103. Function of ‘Sthira Guna’.
104. Function of ‘Sara Guna’.

105. Function of ‘Mrudu Guna’.
106. Function of ‘Kaathina Guna’.
107. Name the Drvayas which increases Guru guna in the body.
108. Name the Drvayas which increases Laghu guna in the body.
109. Name the Drvayas which increases Sheeta guna in the body.
110. Name the Drvayas which increases Ushna guna in the body.
111. Name the Drvayas which increases Ruksha guna in the body.
112. Name the Drvayas which increases Snigdha guna in the body.
113. Name the Drvayas which increases Drava guna in the body.
114. Name the Drvayas which increases Khara guna in the body.
115. Difference between Guru and Laghu Guna.
116. Difference between Sheeta and Ushna Guna.
117. Difference between Ruksha and Snigdha Guna.
118. Difference between Manda and Teekshna Guna.
119. Difference between Sandra and Drava Guna.
120. Difference between Sara and Chala Guna.
121. What is the difference between Ruksha and Khara.
122. Difference between Sukshma and Sthula Guna.
123. Write the opposite guna of Manda and Khara.
124. Write the opposite guna of Ruksha and Ushna.
125. Write the opposite guna of Laghu and Sheeta.
126. Write the opposite guna of Snigdha and Sheeta.
127. Write the opposite guna of Manda and Sandra.
128. Write the opposite guna of Sthira and Vishada.
129. Write the opposite guna of Shamana and Sthambhana.
130. Write the opposite guna of Sthula and Drava.
131. Write the opposite guna of Tikshna and Mrudu.
132. Write the opposite guna of Snigdha and Sara.
133. Write the opposite guna of Pichchhila and Sandra.

134. Write opposite Guna of Ruksha and Tikshna according to Charak.
135. Write the opposite guna of Snigdha and Slakshna.
136. What is Ichchha?
137. What is Dwesha?
138. What is Sukha?
139. What is Dukha?
140. What is Prayatna?
141. Panchabhautika composition of Shabda Guna.
142. Panchabhautika composition of Sparsha Guna.
143. Panchabhautika composition of Rupa Guna.
144. Panchabhautika composition of Rasa Guna.
145. Panchabhautika composition of Gandha Guna.
146. Enlist the Guna (attributes) of Kala according to Karikavali.
147. Write characteristics features of Guru and Laghu with examples.
148. Write about Ashukari Guna.
149. Write characteristic features of Guru and Laghu Gunas and write one example for each.
150. Write characteristic features of Ruksha and Snigdha Gunas and write one example for each.
151. Describe the Panchabhautika Sangathana of Sar and Drav.
152. Give the examples of Shita and Ushna.
153. Explain the Panchamahabutika Sangathan of Guru and Ushna.
154. What is the meaning of Ashukari ?
155. Write opposite Guna of Hima and Snigdha.
156. Write Panchabhautika sangathana of Laghu and Guru.
157. Enumerate Adhyatmika Guna.
158. Enumerate Adhyatmika Guna according to Charak.
159. Give two examples of Yogavahi.
160. Importance of Sanskara in clinical practice.

161. Define Samyoga and Vibhaga Guna.
162. Give two examples of VIKASHI.
163. Write the opposite guna of Guru and Chala according to Charak.
164. Write Panchabhautika Sangathan of Vyavayi Guna.

5. Karma Vigyaniyam

1. Lakshana, classification in Nyaya.
 2. Description according to Ayurveda.
 3. Practical study/ application in Ayurveda.
165. Define – ‘Karma’.
 166. Write the Lakshana of Karma.
 167. Write Nirukti of Karma.
 168. Write the Lakshana of Karma according to Charak.
 169. Types of Karma.
 170. Types of Karma according to Nyay Darshana.
 171. Types of Karma according to Tarkasangraha.
 172. Types of Karma according to Prashashtapada.
 173. Types of Karma according to Charak.
 174. Enumerates Karma according to Ayurveda
 175. Enumerate Karma according to Ayurvedic treatment.
 176. Utility of Karma.
 177. What is Vibhaga?
 178. What is Samayoga?
 179. Enlist Panchakarma.
 180. Write similarity and dissimilarity of Karma and Guna.

6. Samanya Vigyaniyam

- 6.1 Lakshana, classification.
- 6.2 Practical study/ application with reference to Dravya, Guna and Karma.

181. Define Samanya.
182. Lakshana of Samanya.
183. What is Samyoga ?
184. Write Nirukti of word Vishesh.
185. Types of Samanya according to Charak.
186. Types of Samanya according to Prashastapada.
187. Types of Samanya.
188. Enumerates Samanya.
189. Write four Samanya Dravya of Rasa Dhatu.
190. Write four Samanya Dravya of Rakta Dhatu.
191. Write four Samanya Dravya of Mamsa Dhatu.
192. Write four Samanya Dravya of Meda Dhatu.
193. Write four Samanya Dravya of Asthi Dhatu.
194. Write four Samanya Dravya of Majja Dhatu.
195. Write four Samanya Dravya of Sukra Dhatu.
196. Write four Samanya Dravya of Kapha.
197. Write four Samanya Dravya of Pitta.
198. Give two examples of Dravya Samanya.
199. Give two examples of Guna Samanya.
200. Give two examples of Karma Samanya.
201. Give two examples of Para Samanya.
202. Give two examples of Apara Samanya.
203. Give two examples of Ubhayavrutti Samanya.
204. Give two examples of Ekvrutti Samanya.
205. Write similarity and dissimilarity of Samanya and Vishesh.

206. Explain Dravya Samanya with example.
207. Explain Guna Samanya with example.
208. Explain of Karma Samanya.
209. Write the examples of Para Samanya.
210. Write the characteristic of Samanya.
211. Explain Karma Samanya with example.
212. Describe the difference between Samanya and Vishesha.

7. Vishesha Vigyanam

1. Lakshana, classification.
 2. Practical study/ application with reference to Dravya, Guna and Karma.
 3. Significance of the statement “*Pravrittirubhayasya tu*”.
213. Define Vishesh.
 214. Types of Vishesh.
 215. Write the characteristic of Vishesha.
 216. Classify Vishesh.
 217. Write four Vishesh Dravya of Rasa Dhatu.
 218. Write four Vishesh Dravya of Rakta Dhatu.
 219. Write four Vishesh Dravya of Mamsa Dhatu.
 220. Write four Vishesh Dravya of Meda Dhatu.
 221. Write four Vishesh Dravya of Asthi Dhatu.
 222. Write four Vishesh Dravya of Majja Dhatu.
 223. Write four Vishesh Dravya of Sukra Dhatu.
 224. Write four Vishesh Dravya of Kapha.
 225. Write four Vishesh Dravya of Pitta.
 226. Write four Vishesh Dravya of Vata.
 227. Give two examples of Dravya Samnya.
 228. Give two examples of Guna Samnya.

229. Give two examples of Karma Samnya.
230. ‘Pravrutti Ubhayasyatu’ – Explain it.

8. Samavaya Vigyaniyam

- 8.1 Lakshana
 - 8.2 Practical study /clinical application in Ayurveda.

231. Define – ‘Samavaaya’.
232. Lakshana of Samavaaya.
233. What is the meaning of ‘अयुतसिद्ध’
234. Explain – ‘आधाराधेय संबन्ध’
235. Give four examples of Samavaaya relation.
236. Write the difference between Samanya and Samavaaya.
237. What is Samyoga?

9. Abhava Vigyaniyam

- 9.1 Lakshana, classification
 - 9.2 Clinical significances in Ayurveda.

238. Define Abhava.
239. Types of Abhava.
240. Write the importance of Abhava in Ayurveda.
241. Give four examples of Abhava.
242. Write examples of Abhava useful in diagnosis.
243. Write examples of Abhava useful in treatment.
244. What is Abhava? Write its types.

245. What is the meaning of Pragabhava ?
246. What is the meaning of Pradhvanshabhava?
247. What is the meaning of Annyonyabhava?
248. What is the meaning of Praghava?
249. Write the importance of Abhava.
250. Is Abhava accepted in Ayurveda ? Why ?

PADARTHA VIGYAN EVUM AYURVEDA ITIHAS

(Philosophy and History of Ayurveda)

Paper I - 100 Marks; Part B - 50 Marks

05 marks questions

4. Gunavigyaniyam

4. Etymological derivation, classification and enumeration according to Nyaya-Vaisheshika and Charaka, Artha, Gurvadiguna, Paradiguna, Adhyatmaguna.
5. Lakshana and classification of all the 41 gunas.
6. Practical / clinical application in Ayurveda.

Short Question: **05 Marks**

1. Define Guna and write the importance of Guna.
2. Write a note on – ‘Guru Guna’.
3. Write a note on – ‘Laghu Guna’.
4. Write a note on – ‘Shita Guna’.
5. Write a note on – ‘Ushna Guna’.
6. Write a note on – ‘Snigdha Guna’.
7. Write a note on – ‘Ruksha Guna’.
8. Write a note on – ‘Manda Guna’.
9. Write a note on – ‘Teekshna Guna’.
10. Write about differences between Guru and Laghu Guna.
11. Write about differences between Sheeta and Ushna Guna.
12. Write about differences between Snigdha and Ruksha Guna.
13. Write about differences between Vishada and Pichchila Guna.
14. Write about differences between Manda and Tikshna Guna.
15. Write about differences between Slakshna and Khara Guna.
16. Write about differences between Sandra and Drava Guna.
17. Write about differences between Sukshma and Sthula Guna.

18. Write about differences between Sthira and Sara Guna.
19. Write about differences between Mrudu and Kaathina Guna.
20. Explain Guru and Snigdha Guna.
21. Explain Manda and Khara Guna.
22. Explain Ruksha and Sheeta Guna.
23. Explain Guru and Laghu Guna.
24. Explain Sheeta and Ushna Guna.
25. Explain Snigdha and Ruksha Guna.
26. Explain Vishada and Pichchhila Guna.
27. Explain Manda and Tikshna Guna.
28. Explain Slakshna and Khara Guna.
29. Explain Slakshna and Karkasha Guna according to Sushruta.
30. Explain Sandra and Drava Guna.
31. Explain Sukshma and Sthula Guna.
32. Explain Sthira and Sara Guna.
33. Explain Sthira and Chala Guna according to Astang Hridaya.
34. Explain Mrudu and Kaathina Guna.
35. What is Saansiddhika and Naimitika Dravatwa (liquidity)? Explain Drava Guna.
36. Write about classification of Guna according to Charak Samhita in brief.
37. Write about classification of Guna according to Karikavali in brief.
38. Explain about Paradi Guna.
39. Explain about Atma Guna.
40. Write a note on – ‘Paradi Guna’.
41. Write a note on – ‘Atma Guna.’
42. Write a note on – ‘Gurvaadi Guna’ - in brief.
43. Write a note on – ‘Vishesh Guna’.
44. Write a note on – ‘Importance of Paradi Guna’.
45. Write a note on – ‘Importance of Gurvadi Guna’.
46. Write a note on – ‘Importance of Atma Guna’.

47. Write a note on – ‘Importance of Vishesh Guna’.
48. Clinical application of Paradi Guna.
49. Clinical application of Gurvaadi Guna.
50. Clinical application of Atma Guna.
51. Clinical application of Vishesh Guna.
52. Enlist Guna according to Charak Samhita.
53. Enlist Guna according to Chakrapanidatta.
54. Define Guna and describe Atma Guna.
55. Write a note on – ‘Triguna’.
56. Write a note on – ‘Maha Guna’.
57. Explain mutual relation between Triguna and Panchamahabhuta.
58. Write about mutual contact and effect of Triguna.(Samkhya Karika)
59. Write about supremacy of Gurvaadi Guna.
60. ‘Praadhaanya of Gurvaadi Guna’ – Explain it.
61. Enlist Gunas according to Nyay Darshana.
62. Write about Ashrya – Ashryee Bhava.
63. Explain the difference between Samyoga and Samavaaya.
64. Enlist the Guna (attributes) of Akasha Dravya according to Karikavali.
65. Enlist the Guna (attributes) of Vayu Dravya according to Karikavali.
66. Enlist the Guna (attributes) of Teja Dravya according to Karikavali.
67. Enlist the Guna (attributes) of Jala Dravya according to Karikavali.
68. Enlist the Guna (attributes) of Prithvi Dravya according to Karikavali.
69. Enlist the Guna (attributes) of Atman Dravya according to Karikavali.
70. Enlist the Guna (attributes) of Manas Dravya according to Karikavali.
71. Enlist the Guna (attributes) of Disha according to Karikavali.
72. Enlist the Guna (attributes) of Kala according to Karikavali.
73. Describe Adhyatmika Guna according to Charaka.
74. Enumerate Guna according to Charak Samhita.
75. Explain this Sutra – ‘Vishwa Lakshana Guna’.

76. Importance of Paradi guna in Ayurveda.
77. Explain the clinical utility of Vishada and pichchhila guna with examples.
78. Describe the role of vishesh guna in treatment.
79. Classify Guna according to Nyay Darshana.

5. Karma Vigyaniyam

4. Lakshana, classification in Nyaya.
 5. Description according to Ayurveda.
 6. Practical study/ application in Ayurveda.
80. Write a note on – ‘Karma’.
 81. Write a note on – ‘Types of Karma’.
 82. Write a note on – ‘Types of Karma according to Nyay Darshana’.
 83. Write a note on – ‘Types of Karma according to Ayurveda’.
 84. Significance of Karma.
 85. Clinical applicability of Karma.
 86. Write Lakshana, types and practical utility of Karma.
 87. Write about Importance and use of Karma.
 88. Write about Importance of Karma in treatment.
 89. Write similarity and dissimilarity of Karma and Guna.

6. Samanya Vigyaniyam

- 6.1 Lakshana, classification.
- 6.2 Practical study/ application with reference to Dravya, Guna and Karma.

90. Explain Samanya in detail.
91. Explain types of Samanya according to Charak.
92. Explain types of Samanya according to Prashastapada.

93. Explain types of Samanya.
94. Clinical importance of Samanya.
95. Significance of Samanya in Ayurveda.
96. Write Lakshana, types and practical utility of Samanya.
97. Write similarity and dissimilarity of Samanya and Vishesh.
98. Explain the concept of Samanya in the treatment of a disease.
99. Describe the different types of Samanya and Vishesh as per different Scholars.

7. Vishesha Vigyanayam

4. Lakshana, classification.
 5. Practical study/ application with reference to Dravya, Guna and Karma.
 6. Significance of the statement “*Pravrittirubhayasya tu*”.
100. Describe Vishesh in detail.
 101. Significance of Vishesh in Ayurveda.
 102. Write the definition and classification of Vishesha.
 103. Explain the utilization of Vishesha Padartha in treatment.
 104. Write Lakshana, types and practical utility of Vishesha.
 105. Is there any practical signficancy of Vishesh with reference to Dravya ?
why?
 106. ‘Pravruttirubhayasya tu’ – statement has a meaning ? why ?
 107. ‘Pravrutti Ubhayasyatu’ – Explain it.

8. Samavaya Vigyanayam

- 8.1 Lakshana
- 8.2 Practical study /clinical application in Ayurveda.

108. Explain – ‘Samavaaya’.
109. Clinical importance of Samavaaya.
110. Significance of Samavaaya in Ayurveda.
111. Explain the utilization of Samavaaya Padartha in treatment.
112. Write Lakshana and practical utility of Samavaaya.
113. Write the difference between Samanya and Samavaaya.
114. Give brief introduction of Samvay.

9. Abhava Vigyaniyam

- 9.1 Lakshana, classification
- 9.2 Clinical significances in Ayurveda.

115. Explain Abhava.
116. Describe Abhava in detail.
117. Explain types of Abhava.
118. Abhava as 7th Padaratha – Explain it.
119. Clinical importance of Abhava.
120. Write Lakshana, types and practical utility of Abhava.
121. Define and describe the types of Abhava.
122. Significance of Abhava in Ayurveda.
123. Is Abhava significant in Ayurveda ? How?
124. Explain – ‘संयोगे च विभागे च कारणं द्रव्यमाश्रित’
125. Explain - ‘सर्वदा सर्व भावनां सामान्यं वृद्धि करणं’
126. Explain the verse – ‘विश्वलक्षणा गुणाः ।’
127. Explain the verse – ‘संयोगे च विभागे च कारणं द्रव्यमाश्रिता ।
कर्तव्यस्य क्रिया कर्म कर्म नान्यदपेक्षते ॥’
128. Explain the verse – ‘समवायोऽपृथग्भावो भूम्यादीनां गुणैर्मतः।’

स नित्यो यत्र हि द्रव्यं न तत्रानियतो गुणः॥'

129. Explain the verse – '...समवायी तु निश्चेष्टः कारणं गुणः।'

130. Explain the verse – 'गुणाः गुणाश्या नोक्ताः।'

PADARTHA VIGYAN EVUM AYURVEDA ITIHAS

(Philosophy and History of Ayurveda)

Paper I - 100 Marks; Part B - 50 Marks

10 marks questions

4. Gunavigyanam

7. Etymological derivation, classification and enumeration according to Nyaya-Vaisheshika and Charaka, Artha, Gurvadiguna, Paradiguna, Adhyatmaguna.
8. Lakshana and classification of all the 41 gunas.
9. Practical / clinical application in Ayurveda.

Long Question:

10 Marks

1. Define Guna and describe its classification.
2. Describe Guna according to Charak.
3. Describe Guna in detail.
4. Define Guna and describe its clinical applicability.
5. Define Guna and describe its practical applicability.
6. Explain Gurvaadi Guna in brief.
7. Explain importance of Gurvaadi Guna.
8. Clinical application of Gurvaadi Guna.
9. Importance of Gurvaadi Guna in treatment.
10. Write Lakshana and clinical importance of Shaarir Guna.
11. Explain Shaarir Guna in brief.
12. Describe 'Paradi Guna' in detail.
13. Practical applicability of Paradi Guna.
14. Clinical applicability of Paradi Guna.
15. Significance of applicability of Paradi Guna.

16. Explain the clinical importance of Paradi Guna.
17. Describe the therapeutic importance of Paradi Guna.
18. Define Guna and describe Atma Guna.
19. Write the types and subtypes of Guna along with its utility.
20. Explain – ‘Vishwa Lakshana Gunah’.
21. Give brief introduction to Paradi Samanya Guna.
22. Describe the etymology, definition and types of Guna along with sharer guna in brief.
23. Name the parade Guna and importance of it in treatment.
24. Give brief introduction to Adhyatmik Guna.

5. Karma Vigyaniyam

7. Lakshana, classification in Nyaya.
 8. Description according to Ayurveda.
 9. Practical study/ application in Ayurveda.
25. Describe Karma in detail.
 26. Write the definition and classification of Karma and Explain Karma according to Nyay Darshana.
 27. Write the derivation and definition of Karma and explain it according to Ayurveda.
 28. Clinical importance of Karma.
 29. Write Lakshana, types and practical utility of Karma.
 30. What is Karma ? Describe its types along with its utility.
 31. Describe Karma according to Ayurveda.
 32. Describe Karma according to Nyaya Darshana.
 33. Give brief introduction of Karma.

6. Samanya Viganyam

- 6.1 Lakshana, classification.**
- 6.2 Practical study/ application with reference to Dravya, Guna and Karma.**

- 34. Describe Samanya in detail.**
- 35. Write the definition and classification of Samanya.**
- 36. Write the derivation and definition of Samanya and explain it according to Ayurveda.**
- 37. Clinical importance of Samanya.**
- 38. Write Lakshana, types and practical utility of Samanya.**
- 39. What is Samanya and Vishesha ? Describe their utility in the field of treatment in detail.**
- 40. Explain in detail the types of Samanya.**
- 41. Write an essay on “Samavaaya” and its significance in management of disease.**
- 42. Write an essay on Samanya and its importance in Ayurvedic treatment.**
- 43. Define Samanya along with its types and clinical applicability.**
- 44. Describe the Samanya Padarth with philosophical and Ayurvedic point of view.**

7. Vishesha Viganyam

- 7. Lakshana, classification.**
- 8. Practical study/ application with reference to Dravya, Guna and Karma.**
- 9. Significance of the statement “*Pravrittirubhayasya tu*”.**

- 45. Describe Vishesh in detail.**
- 46. Write the definition and classification of Vishesha.**
- 47. Clinical importance of Vishesha.**
- 48. Write Lakshana, types and practical utility of Vishesha.**



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49. Explain ‘Visheshastu Viparyaya’ and its practical significance in Ayurveda.

50. Write an essay on “Vishesh” and its clinical significance in Ayurveda.

8. Samavaya Vigyaniyam

8.1 Lakshana

8.2 Practical study /clinical application in Ayurveda.

51. Describe Samavaaya in detail.

52. Clinical importance of Samavaaya.

53. Write Lakshana and practical utility of Samavaaya.

54. Describe in detail about Samavaya padartha and its importance in Ayurveda.

55. Write characteristic features of Samavaya and describe its utility and importance in Ayurveda.

56. Define Samavaaya along with its characteristics, types and clinical applicability.

9. Abhava Vigyaniyam

9.1 Lakshana, classification

9.2 Clinical significances in Ayurveda.

57. Describe Abhava in detail.

58. Clinical importance of Abhava.

59. Write Lakshana, types and practical utility of Abhava.

60. Define and describe the types of Abhava.
