



MOON SPELLS FOR BEGINNERS

Spell Book of Magic & Rituals



MARIE IZ RIJA



COLLECTION OF VARIOUS
-> HINDUISM SCRIPTURES
-> HINDU COMICS
-> AYURVEDA
-> MAGZINES

FIND ALL AT [HTTPS://DSC.GG/DHARMA](https://dsc.gg/dharma)

Made with

By
Avinash/Shashi

Icreator of
hinduism
server!

 **KAPWING**



COLLECTION OF VARIOUS
-> HINDUISM SCRIPTURES
-> HINDU COMICS
-> AYURVEDA
-> MAGZINES

FIND ALL AT [HTTPS://DSC.GG/DHARMA](https://dsc.gg/dharma)

Made with

By
Avinash/Shashi

Icreator of
hinduism
server!

 **KAPWING**



Spell Book of MAGIC & RITUALS

Create Your Own FULL MOON RITUAL

LILITH, REIKI, CANDLES, ESBAT, MAGIC PLANTS AND MORE

by Marie iz Rija



© Copyright 2022| Marie iz Rija | ALL RIGHTS RESERVED

It is not legal to reproduce, duplicate, or transmit any part of this document in either electronic means or printed format. Recording of this publication is strictly prohibited and any storage of this document is not allowed unless with written permission from the publisher except for the use of brief quotations in a book review.



THANK YOU very much
for taking the time to read this book.

I HOPE IT POSITIVELY IMPACTS YOUR LIFE
IN WAYS YOU CAN'T EVEN IMAGINE!



IF YOU ENJOY THIS TITLE,
THEN FEEDBACK ON AMAZON WOULD BE
GREATLY APPRECIATED



*If you are not satisfied with this book, then drop me an email at:
selfcareemotional@gmail.com*

I want my books to be truly enjoyable for everyone!



CONTENTS

INTRODUCTION

CHAPTER 1: THE PHASES OF THE MOON AND MOON MAGIC

WHAT ARE THE MOON PHASES IN MAGIC?

MOON PHASE DURATION

New Moon

Crescent moon

Full Moon

Waning moon

PLANETARY MAGIC: THE INFLUENCES OF PLANETS IN MAGIC

The magical planetary hours

Magic hours of the night. The planetary Olympic spirits

MOON

MARS

MERCURY

JUPITER

VENUS

SATURN

SUN

CHAPTER 2: HOW TO CREATE YOUR OWN FULL MOON RITUAL

HOW TO TRACK THE FULL MOON?

RITUAL # 1 - WORDS OF POWER

FULL MOON RITUAL # 2 - LETTING GO OF THE CANDLE FLAME

RITUAL # 3 - THE MOON BATH

FULL MOON RITUAL # 4: PREPARATION OF HERBAL TEAS

RITUAL # 5 - ART THERAPY

CHAPTER 3: MOON SPELLS OF LOVE

FULL MOON

HOW TO PERFORM THE LOVE SPELL

PRAYER TO THE FULL MOON FOR LOVE

Waning quarter

Next phase: the new moon!

Waxing quarter

Take advantage of all the energy that the moon offers you!

CHAPTER 4: TIPS FOR SOME MOON SPELLS

RITE WITH A CANDLE TO ATTRACT MONEY

TO AROUSE GREAT CHARM AND ATTRACTION IN MEN

RITUAL WITH A CANDLE TO ATTRACT OR STRENGTHEN A LOVE

To be loved

Again, to be loved, with the magic of knots

CHAPTER 5: MOON SPELLS FOR LUCK

CHAPTER 6: SPELL TO GET RID OF GOSSIP

CHAPTER 7 RELEASE RITUALS

HEALING RITUAL

ISSUE RELEASE

DEBT RELIEF RITUAL

PROTECTION RITUAL

CHAPTER 8: MOON RITUALS WITH REIKI

HOW TO RECOGNIZE THE PHASES OF THE MOON

THE 8 PHASES OF THE MOON

Rituals in the past

Rituals today

Clean the room with Reiki

YOUR WISHES

CHAPTER 9: WHAT TO DO ON THE EVE OF THE FULL MOON

1 - FULL MOON EVE EVENING - Amplification ritual to be performed from when it gets dark, possibly with the moon visible

2 - FULL MOON EVENING and / or the day after REMOVAL RITUAL.

CHAPTER 10: BLACK MOON AND LILITH

THE MOTHER OF THE WITCHES

CHAPTER 11: HOW TO SUMMON LILITH

METHOD

CHAPTER 12: THE IMPORTANCE OF THE COLORS OF THE CANDLES

WHITE CANDLE

BLACK CANDLE

BLUE CANDLE

RED CANDLE

YELLOW CANDLE

GREEN CANDLE

PINK CANDLE

ORANGE CANDLE

BROWN CANDLE

PURPLE CANDLE

GRAY CANDLE
GOLD CANDLE
SILVER CANDLE

CANDLE SPELLS: ANOINTING THE CANDLE

CHAPTER 13: HOW TO PREPARE AN ALTAR FOR THE RITES

CHAPTER 14: RITUAL GESTURES TO CELEBRATE THE ENERGY OF THE FULL MOON

1. LISTEN TO YOUR EMOTIONS
2. TIDY UP INSIDE AND OUT
3. RECHARGE YOUR ENERGIES

CHAPTER 15: WHAT MOON WATER IS AND HOW IT WORKS

THE MESSAGES FROM WATER AND THE POWER OF INTENTION

How to prepare Lunar Water

How to prepare lunar water with crystals

CHAPTER 16 THE RITE OF THE MOON BATH

CHAPTER 17: HOW TO CELEBRATE ESBAT

RESPECT NATURE AND WHAT LIVES IN IT AND YOU WILL BE HIGHLY REWARDED

THE FIRST MOTHER IS THE YOUNG BRIDE

THE SECOND MOTHER IS THE MATURE LADY

THE THIRD MOTHER IS ELDERLY AND WISE

- 1 - WOLF MOON - JANUARY ESBAT
- 2 - ICE MOON - FEBRUARY ESBAT
- 3 - MOON OF THE SEED - ESBAT OF MARCH
- 4 - MOON OF THE GEMS - ESBAT OF APRIL
- 5 - MOON OF THE FLOWER - ESBAT OF MAY
- 6 - HONEYMOON - JUNE ESBAT
- 7 - HARVEST MOON - JULY ESBAT
- 8 - MOON OF WHEAT - ESBAT OF AUGUST
- 9 - HARVEST MOON - SEPTEMBER ESBAT
- 10 - MOON OF THE LEAVES - ESBAT OF OCTOBER
- 11 - SNOW MOON - NOVEMBER ESBAT
- 12 - COLD MOON - DECEMBER ESBAT
- 13 - BLUE MOON

CHAPTER 18: MAGIC PLANTS AND THE MOON

SAGE
WILD FENNEL
MILK THISTLE
JASMINE
ARTEMISIA
STAR ANISE
MELISSA
MYRRH

NUTMEG

POPPY SEEDS

CONCLUSIONS AND FINAL TIPS

CRESCENT MOON: ANY POSITIVE OR PROPITIATORY RITUAL

HOW TO STRENGTHEN SPIRITUAL POWER WITH THE MOON

HOW TO ABSORB THE POWER OF THE MOON

INTRODUCTION



A GOLDEN GLOW SURROUNDS THE
MOON AND SHE SPREADS HER LANGUID
GLOW, TINGING THE SLEEPING EARTH
WITH SILVER ... TURNING YOUR EYES TO
HER AND LOOKING AT HER, FEELING HER
GENTLY PIERCE OUR BODY IN SEARCH
OF THAT DEPTH THAT SHINES WITH THE
SAME LIGHT, HELPS TO UNDERSTAND
AND TO PERCEIVE ITS INFLUENCES,
WHICH SINCE ANCIENT TIMES HAS
INFLUENCED MAGIC AND RITUALS THAT
ANCIENT WOMEN AND ANCIENT MEN
PRACTICED AND STILL PRACTICE UNDER
ITS DIVINE RAYS.



The Moon has been described for centuries in literature and mythology as an emblem of mystery, magic and stillness, but it is above all considered the universal symbol of femininity, mainly because of its cycle, recognized by different cultures as analogous to the menstrual one.



In fact, there are few European pantheons that imagine the lunar deities as male figures; among these are the ancient *Norse religion* in which the lunar chariot is pulled by *Mani*, brother of the sun goddess, and Irish mythology, which in ancient times worshiped *King Elatha as the god of the moon*. But the divinity most frequently associated with the Moon is *the Greek Artemis*, goddess of hunting and purity, also revered by the Romans with the name of *Diana*, connected to the crescent moon.

Other lunar entities were *Hecate, queen of the dead*, of magic and necromancy, incarnation of the waning moon, and Selene, the titan believed to be the personification of the earth's satellite in its entirety.

Also, in the neo-pagan religions and in the Wicca movement the importance of the moon phases recurs, enclosed in the symbol of the *Triple Goddess*, which represents the *three stages of a woman's life*, while the Etruscans revered *Artume, goddess of the moon, night and fertility*.



Furthermore, according to astrology, the Moon rules Cancer, a sign associated with the woman, the mother and the sense of stability, just as in the tarot the moon corresponds to the eighteenth major arcanum, or the archetype of the *Great Mother*.

It is evident that the symbolism of the Moon we are used to is closely linked to *femininity*, but at the same time it embodies a vision of the woman that

depends on biological sex and the role of mother and protector of the house.

THE MOON PHASE AFFECTS MANY
ASPECTS OF OUR LIFE.

MAGIC IS NO EXCEPTION.

MOST WITCHES USE THE STANDARD
PHASES

(FULL, NEW, RISING, WANING, BLACK)

The strength of the moon gives greater power to magical spells. *In this book we will see which spells to do to make our WISHES COME TRUE and when to do them, according to the phases of the moon to give them greater effectiveness.*

Good Magic!

CHAPTER 1: The Phases of The Moon and Moon Magic

Moon magic or lunar magic is certainly among the oldest forms of witchcraft that man can remember. The silver orb, in fact, has always influenced the inhabitants of the Earth with its faces: *the phases of the moon*. The pale Moon fascinated primitive man as much as the modern witch, discovering incredible influences not only on the human being but also on nature itself: from the phenomenon of the tides to the ancient legends related to werewolves. Even today, the Moon influences many fields of everyday life, from the phases of the moon for the harvest to the phases of the moon for bottling wine, up to the phases of the moon for cutting hair! The Moon is a magical ally that, with its round face or sickle smile, illuminates our path even when it is not seen. Moon and magic are deeply connected and we will explore lunar magic and its immense power together!



The magic of the Moon, today as yesterday, is the absolute epicenter of witchcraft and Wicca, traditions that exploit the magical power of the Moon to cast white magic spells and enter into communion with the lunar goddesses such as Hecate, Artemis, Diana, and Selene.

What are the moon phases in magic?

The Moon does not show itself in the same way for too long, which is why the lunar cycle - that is, the phases of the moon - attracted the attention of our ancestors who, fascinated by the many faces of the Earth's satellite, have long studied the movement of the Earth to draw up a real lunar calendar.

The phases of the moon describe the cyclic motion of the Moon which, based on its positioning, always shows a different face towards the Earth. Each phase of the moon has a different impact on the environment and magic and influences its progress. Witches, who have always been considered daughters of the Moon, are able to use the magical properties of the various phases of the moon to increase the power of their spells and channel its silver energy during rituals.

Moon phase duration

The phases of the moon have a cyclical duration defined as the "synodic month", a time interval of about **29 days**. Today's calendar, the Gregorian one, which we still use today to mark the days and months, derives from the previous lunar calendar.

What are the phases of the moon?

Each phase of the moon in magic represents a propitious moment for a specific type of spell. The phases of the moon, in fact, not only influence the nature that surrounds us, but can be very useful during the magical ceremonies of witches. Unlike what the collective imagination may

think, lunar magic is not exclusively linked to the so-called Esbat - the rites connected to the full Moon - but concerns every aspect of the diaphanous mother. Let's see together what are the phases of the moon and how the magic of the Moon can be channeled into witchcraft and Wicca spells.

NEW MOON

The New Moon, also known as the Black Moon, is the moon phase that sees the silver star facing the Earth in its dark, unlit and invisible side. The spells and rituals that we can do in this moon phase are those related to renewal and rebirth.

CRESCENT MOON

Among the lunar phases, that of the Crescent Moon is particularly suitable for spells and magic related to growth, prosperity and protection but also rituals of love, approach and attraction.

FULL MOON

The Full Moon is, among the lunar phases, the most fascinating of all: the complete lunar disk is a breathtaking spectacle that, witches or not, man will never stop appreciating. During this phase it is possible to carry out spells or rituals to propitiate luck and protection. The Full Moon is an extremely important moment in magic as it represents the absolute pinnacle of lunar energy, therefore it will be possible to perform any type of magic.

WANING MOON

Among the phases of the moon, the last one we examine is the Waning Moon. This phase is particularly suitable for all those rituals aimed at detachment, banishment, the removal of negativity.

How to recognize the phases of the moon

How to recognize the phases of the moon by raising your eyes to the sky? When the Moon is full, of course, you will see the perfect circle of the star shining completely in the dark sky, while when the Moon is Black, it simply will not be visible. To recognize the waxing and waning Moon, however, just remember this little and useful trick: when the Moon is waxing, the luminous part of the lunar disk is on the right, while when it is waning the luminous part is on the left. You can't go wrong!

Planetary Magic: The Influences of Planets in Magic

If you think that only the Moon is the author of significant influences on nature and on Man, you are very wrong! Not only do the phases of the moon act in magic, but also the so-called planetary magic is of great importance.

The magical hours or planetary hours, in fact, help witches and practitioners of every tradition to perform their spells by taking advantage of planetary magic - and in particular the magical hours - to obtain even more powerful and precise results!

TO DETERMINE THE PRECISE MAGICAL
TIME OF DAY AND NIGHT, START FROM
THE FIRST HOUR AFTER SUNRISE (FOR
THE MAGICAL HOURS OF THE DAY) AND
THE FIRST HOUR AFTER SUNSET (FOR
THE MAGICAL HOURS OF THE NIGHT).

THE MAGICAL PLANETARY HOURS

HOURS OF THE MOON: The lunar hours are excellent for evoking the

spirits of the deceased and the rites concerning love and reconciliation (if the Moon is Crescent) and for divination. Great time for sea trips too.

HOURS OF MARS: Excellent for rituals concerning destruction, discord, anger. A particularly recommended time for ritual operations relating to protection and exorcisms.

HOURS OF MERCURY: Excellent moments to structure operations related to eloquence and the divinatory arts, rituals to increase business and propitiate study.

JUPITER HOURS: Recommended hours for making transactions related to money, luck, improve social status, health and spirituality.

HOURS OF VENUS: Venusian hours are particularly useful for spells dedicated to love, lust, and pleasures in general.

HOURS OF SATURN: Hours particularly suitable for rituals aimed at obtaining luck or disgrace in business and in general in everything related to material goods.

HOURS OF THE SUN: The hours of the sun favor money, luck, reconciliation, wealth and harmony.

MAGIC HOURS OF THE NIGHT. THE PLANETARY OLYMPIC SPIRITS

A witch, when working magic through rituals and spells, will therefore take into account the magical correspondences, the phases of the moon in all their facets - explored today - but also the planetary hours to determine the right moment to concretize one's own Want. Planetary magic, however, offers us another very interesting starting point! In the treatise *De Magia Veterum*, the grimoire known as *Arbatel*, each planet linked to our week is associated with

a specific entity that governs that day and the consequent hours: we refer to the so-called Olympic spirits: Aratron, Bethor, Phaleg, Och, Hagith, Ophiel, Phul.

EACH OF THESE 7 SPIRITS RULES A
PLANET AND IT IS IMPORTANT THAT
EACH WITCH KNOWS THEIR
CHARACTERISTICS.

Let's see what they are:

PHUL is the spirit of the Moon, grants the power of transmutations, familiar spirits, youth and reveals the secrets of medicine.

PHALEG, spirit of Mars, rules over all matters of war and of a military nature.

OPHIEL, spirit of Mercury, grants familiar spirits and knowledge, and transmutes mercury into gold.

BETHOR, spirit of Jupiter, has power over treasures, riches, medicine, longevity.

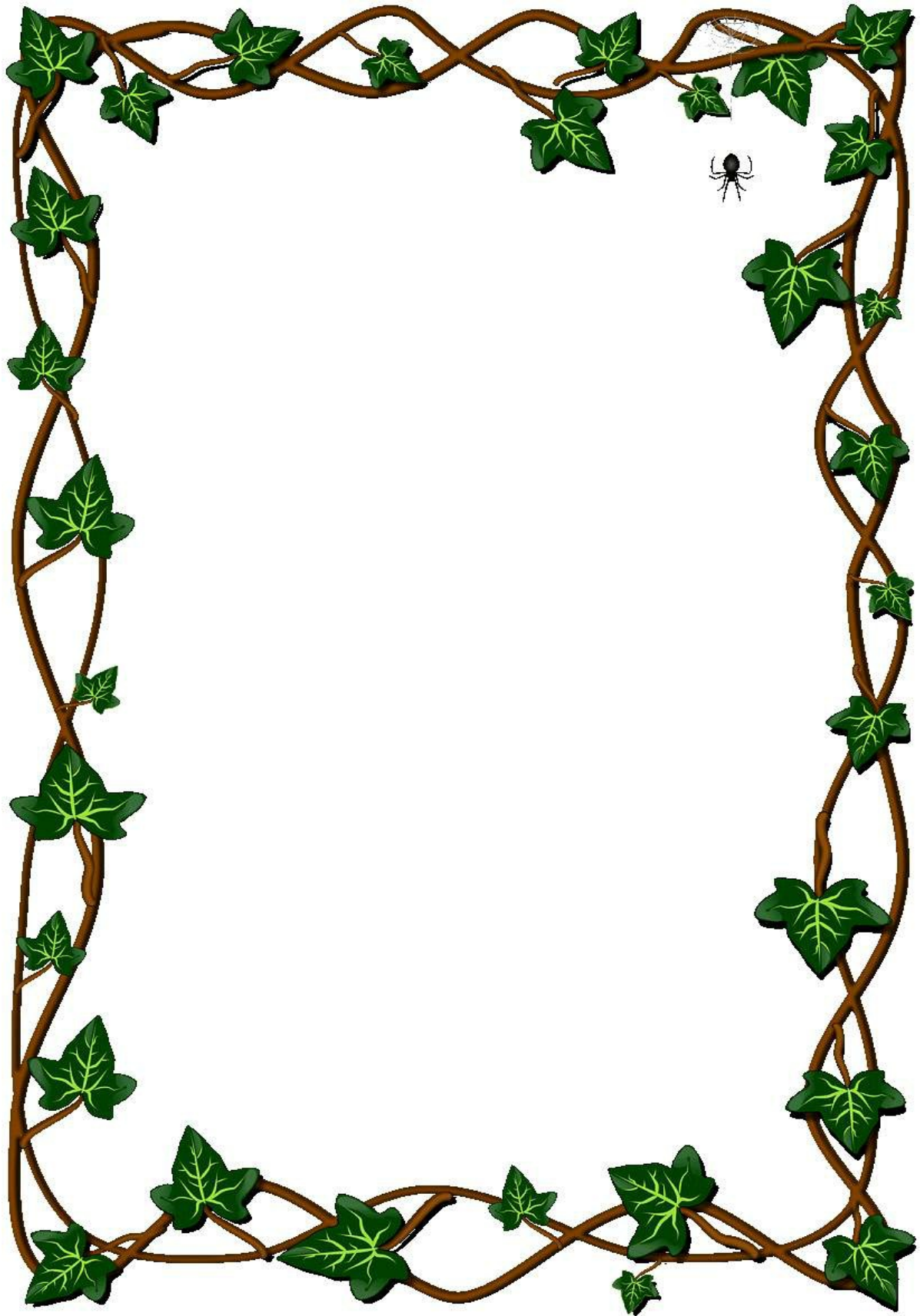
HAGITH is the spirit of Venus and under her dominion is love, beauty, transmutations, familiar spirits.

ARATRON, the spirit of Saturn, can transmute everything into stone or gold, grants familiar spirits and teaches alchemy and magic.

OCH is the spirit of the Sun, grants long life, wisdom, teaches the art of transmutation as well as how to find gold in the depths of the earth.

Let's delve into planetary magic

A more in-depth study on planetary magical correspondences is absolutely necessary and every keeper of magic will surely appreciate the great usefulness of this information.



MOON

Sacrificial wood: willow.

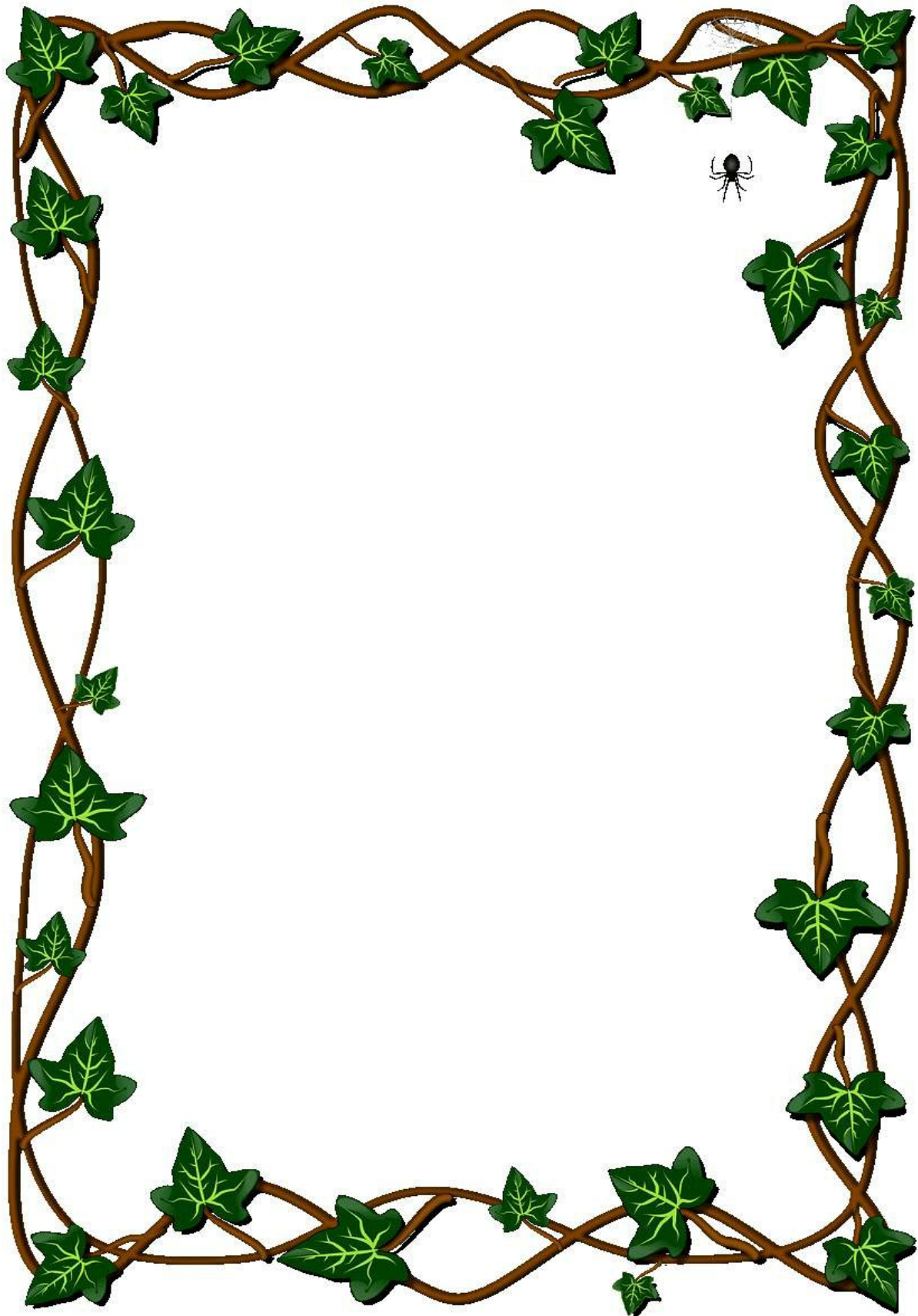
Plants: camphor, water lily,
poppy, carnation, sandalwood, linden.

Animals: dog, cat, goose, crab, lobster, cow.

Stones and minerals: pearl,
selenite, crystal, rose quartz.

Metal: silver.

Color: silver or white-gray.



MARS

Sacrificial wood: cedar

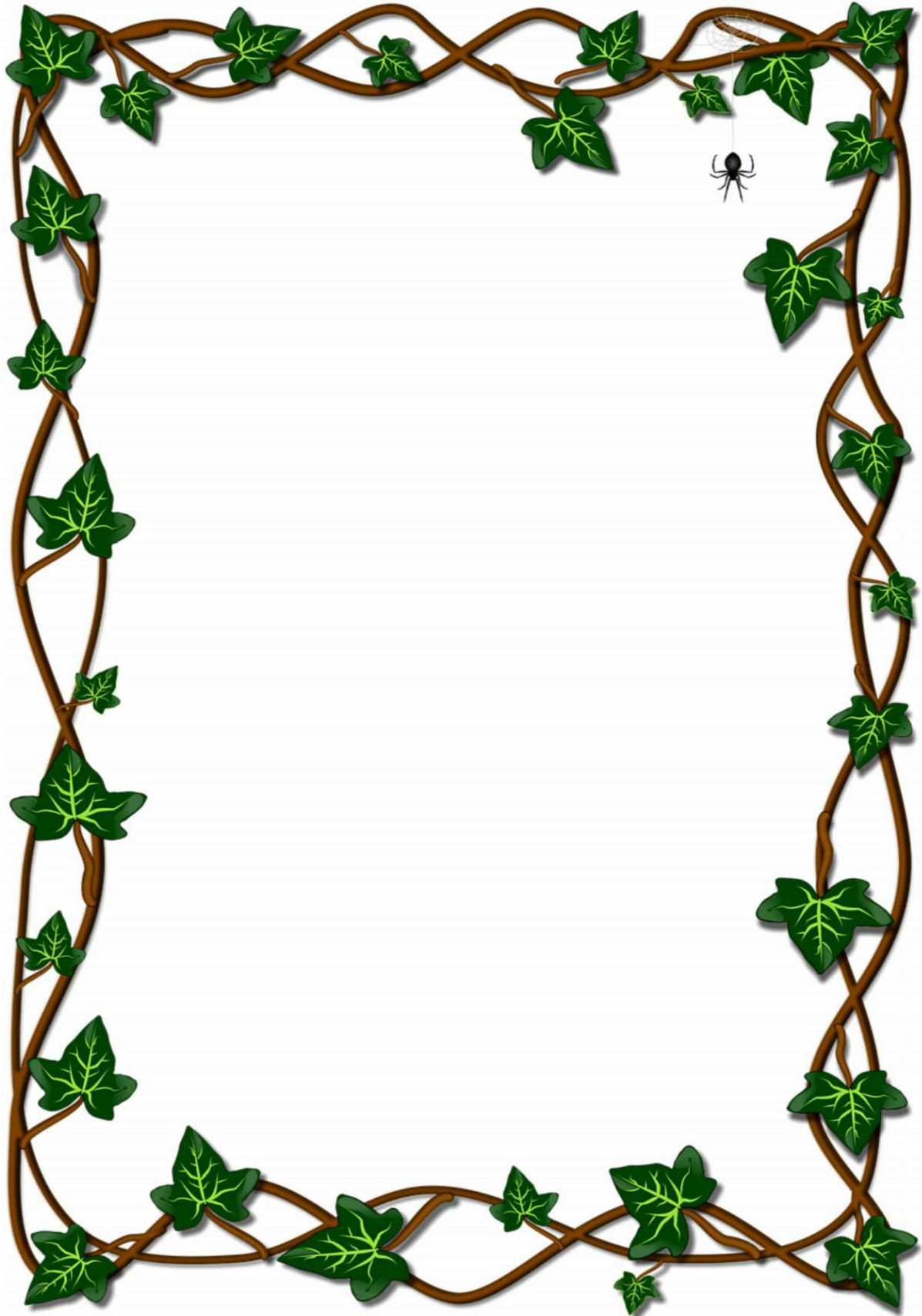
Plants: wormwood, belladonna, thistle,
hellebore, euphorbium, horseradish, rhubarb.

Animals: wolf, cat, hawk, raven,
vulture, tiger, horse.

Stones and minerals: ruby, jasper,
antimony, sulfur.

Metal: iron.

Color: red.



MERCURY

Sacrificial wood: hazelnut.

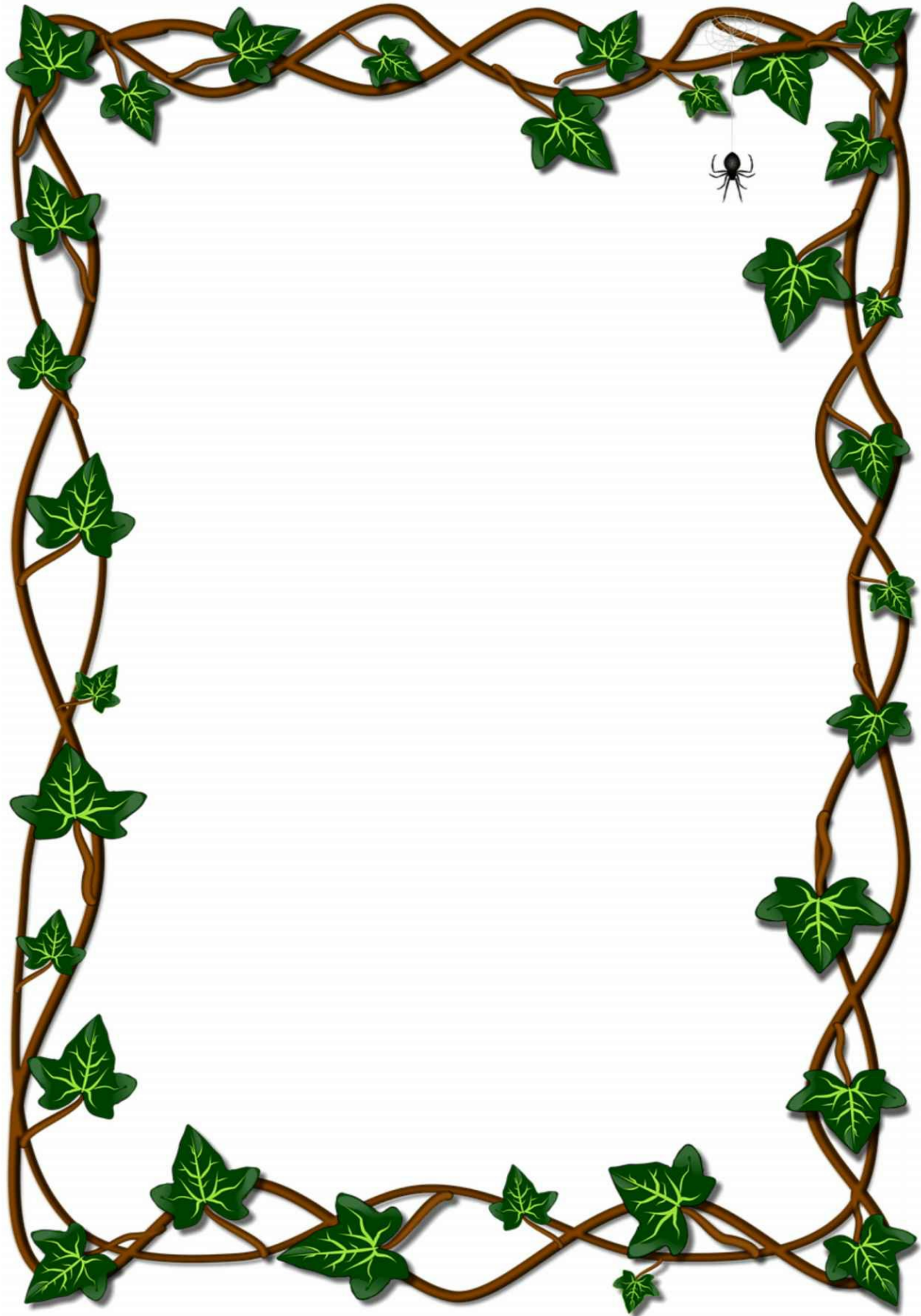
Plants: acacia, anise, cinquefoil, honeysuckle,
carnation, mastic, sarsaparilla.

Animals: monkey, parrot, fox,
dog, weasel, magpie.

Stones and minerals: agate, opal, onyx.

Metal: mercury.

Color: purple.



JUPITER

Sacrificial wood: pine.

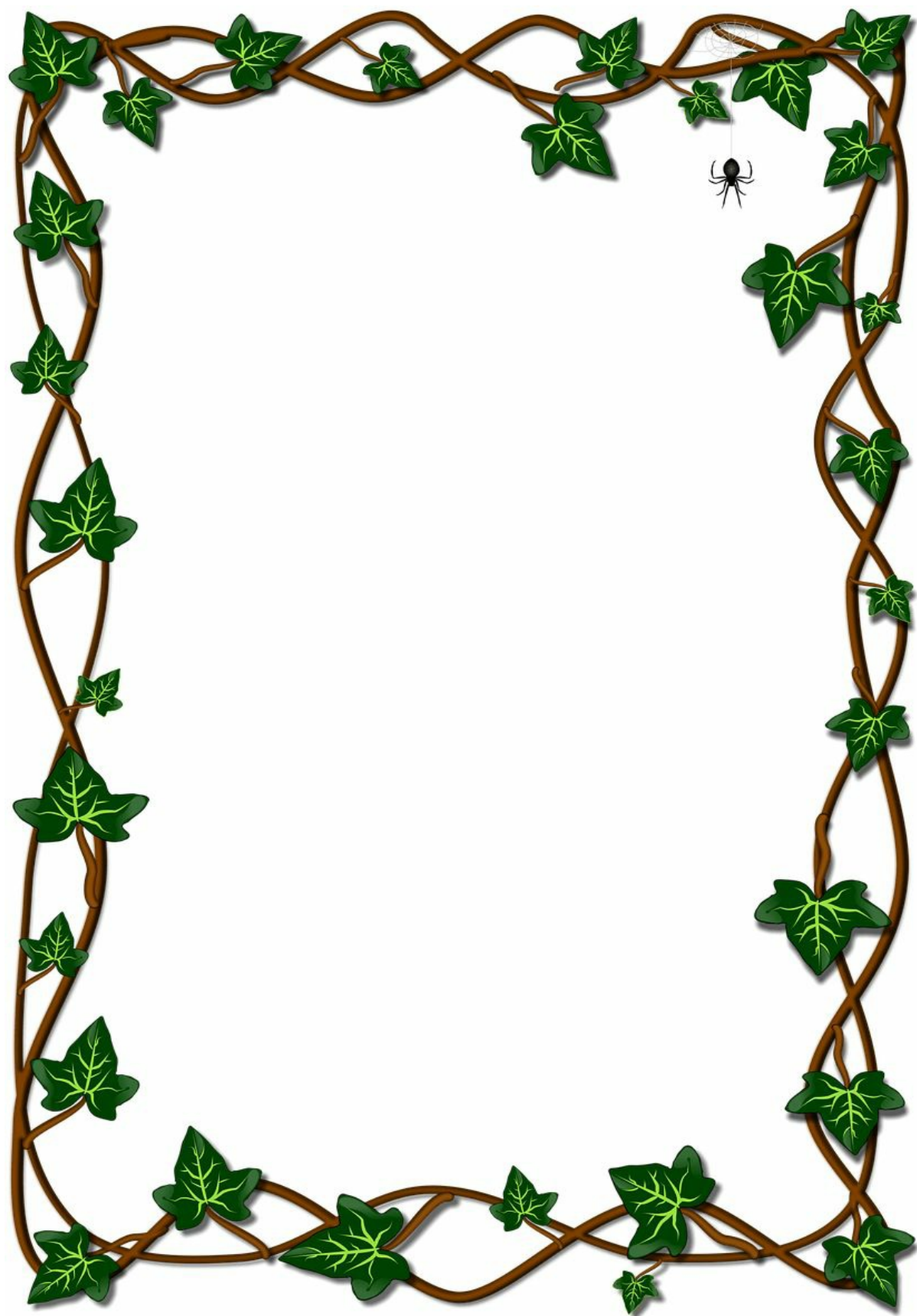
Plants: aloe, amaranth, ash, mulberry,
elm, poplar, plane tree, sesame, violet.

Animals: elephant, peacock,
pheasant, dolphin, swallow, deer.

Stones and minerals: sapphire,
lapis lazuli, carnelian, flint.

Metal: tin.

Color: light blue.



VENUS

Sacrificial wood: myrtle.

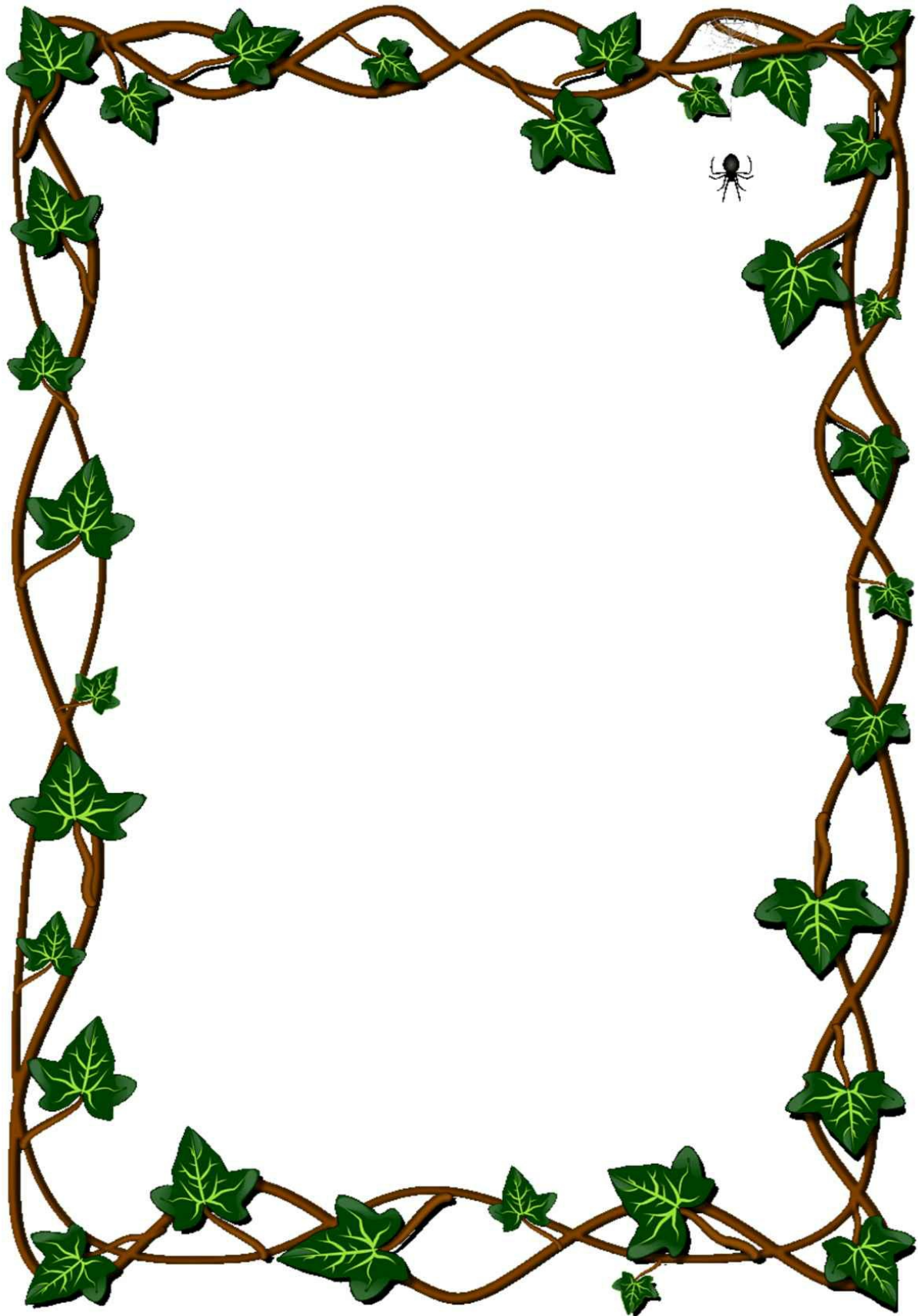
Plants: coriander, myrtle, musk,
periwinkle, verbena, pomegranate.

Animals: bull, rooster, seal,
sparrow, dove, panther, goat.

Stones and minerals: emerald,
amethyst, chrysolite, beryl.

Metal: copper.

Color: green.



SATURN

Sacrificial wood: oak.

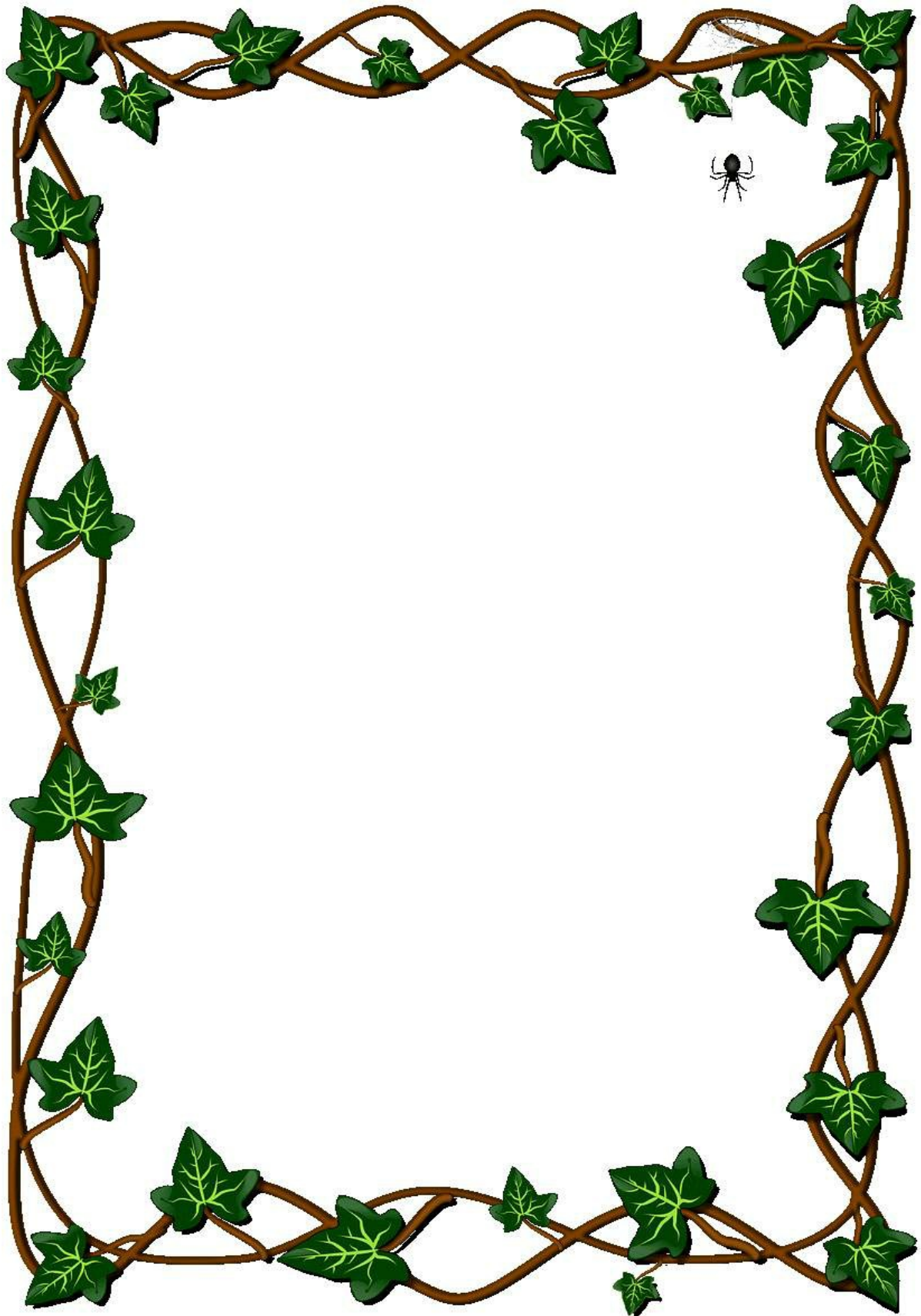
Plants: aconite, cactus, cypress,
fennel, henbane, mandrake, poppy, juniper.

Animals: cat, bear, bat, owl, eel, starfish.

Stones and minerals: turquoise,
garnet, obsidian, magnet.

Metal: lead.

Color: black.



SUN

Sacrificial wood: laurel.

Plants: cinnamon, aloe, carnation, laurel,
moss, sandalwood, sunflower, orange.

Animals: lion, eagle, lark,
nightingale, swan, white rooster.

Stones and minerals: diamond, hyacinth.

Metal: gold.

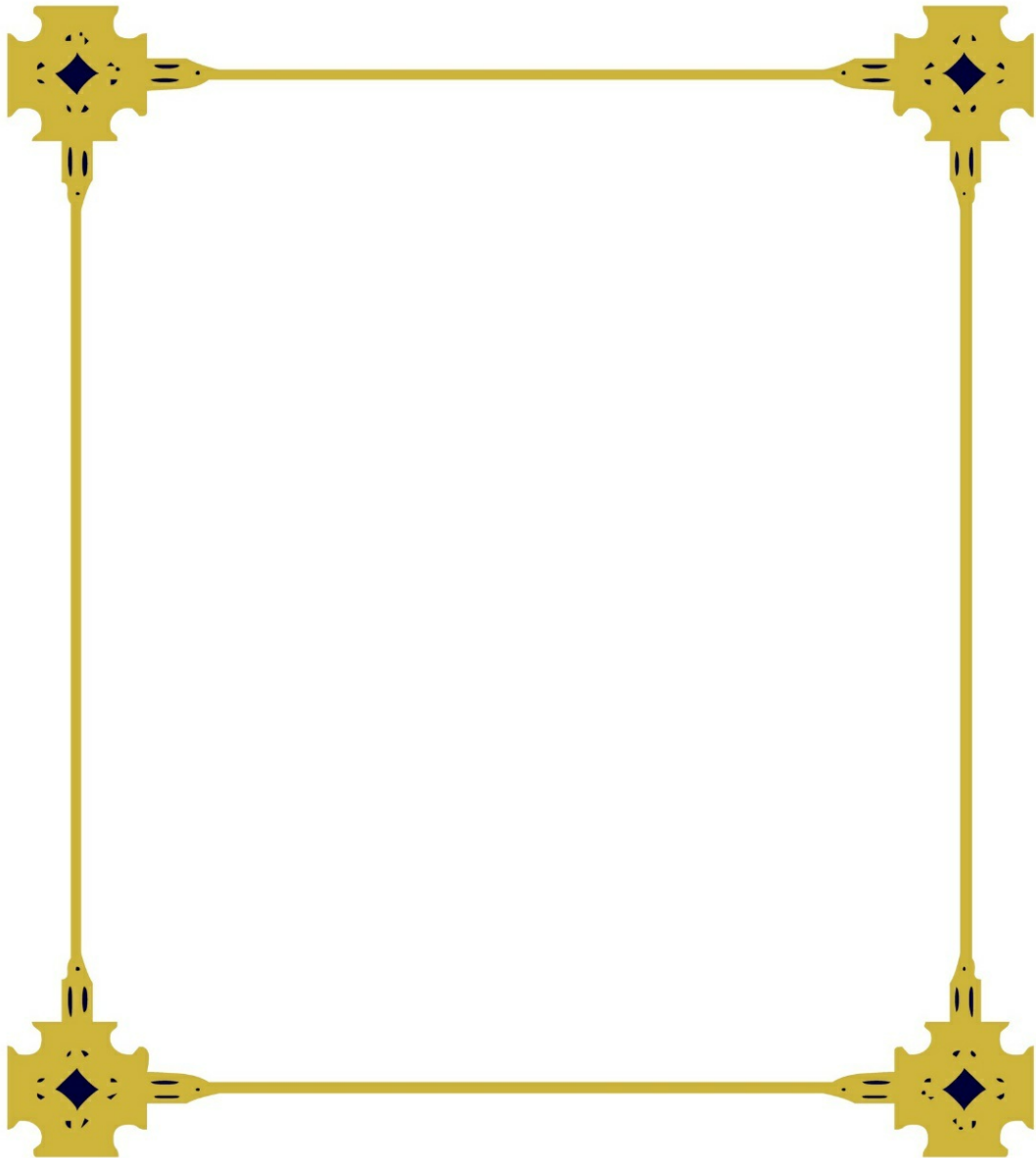
Learning to use the most correct of the moon phases, the most suitable day and the most useful time, is the basis for a better success of the spell or ritual that you will perform. The cosmos regulates and influences our magic and the moon phases and planetary magic are witnesses of this: treasure this ancient knowledge and always apply it in your personal magical practice!

When planning a magical work of any kind, evaluating which monthly phase the Moon is in is one of the very first things to do.

The energies of this planet have in fact numerous influences on the natural cyclical dynamics, as demonstrated by the peasant wisdom of the past, which set the calendar of work to be done on the lunar phases of each month.

The same also happens in magic, where each phase of the Moon is indicated for different areas of action.

So, let's find out how to intensify the power of our spells by preparing them at the most propitious moment of the lunar cycle.

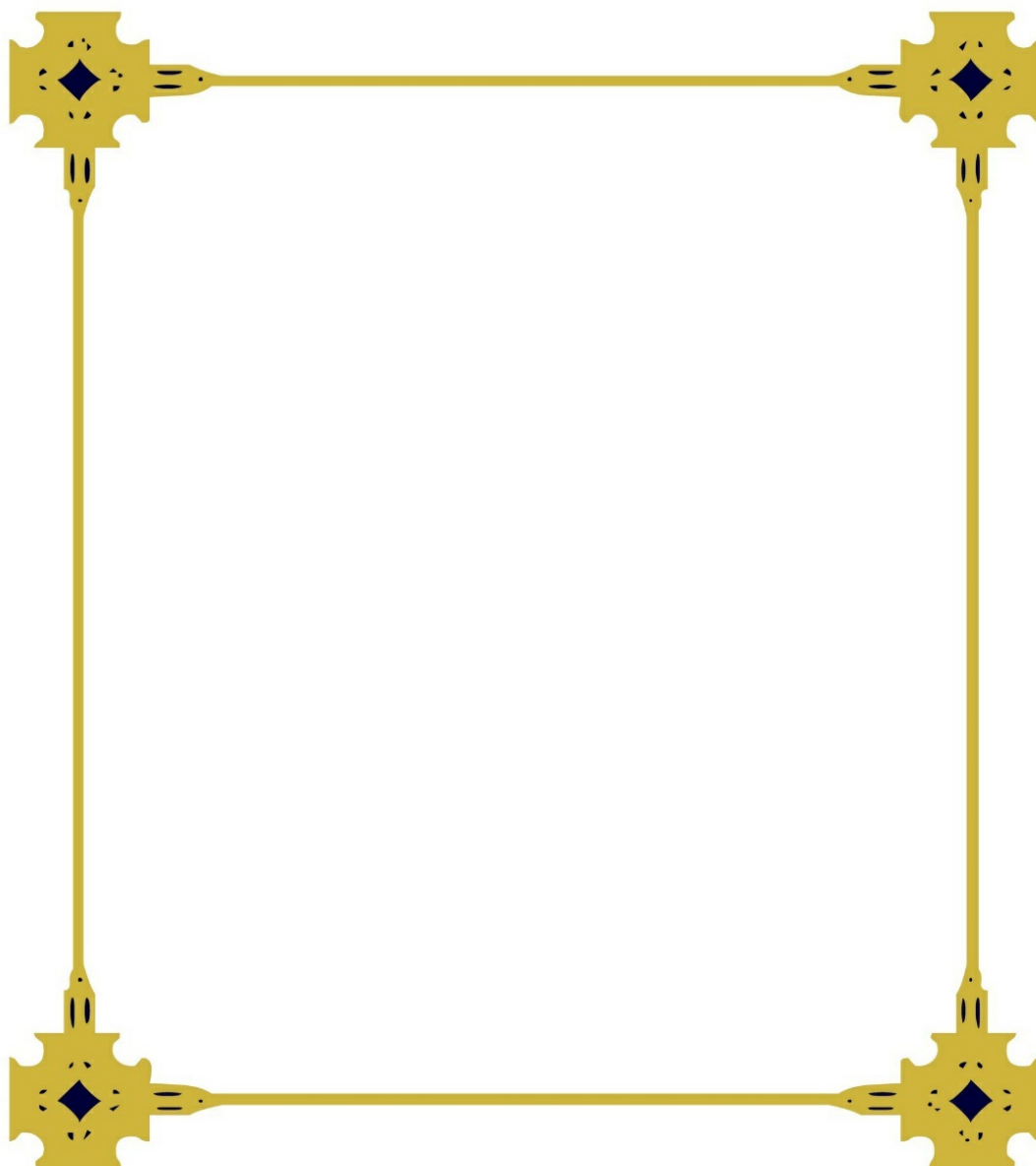


Crescent moon

Connected to the Air Element, it is the ideal time to cast spells aimed at attracting the new. Its first phase is indicated for starting new projects and blessing new beginnings and new businesses (such as

blessing the home you have just moved into or celebrating a wiccaning).

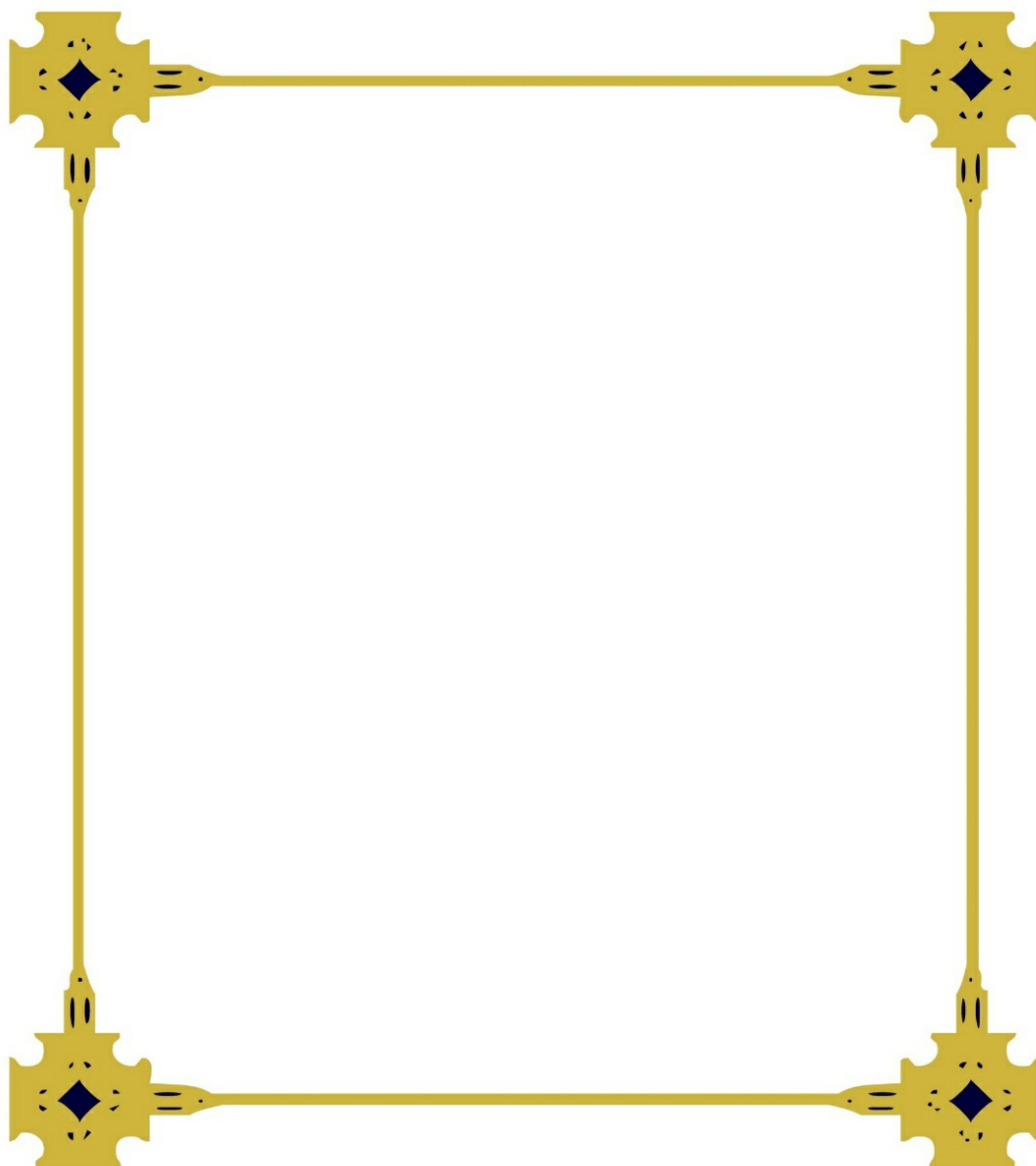
In its second phase, instead, we dedicate ourselves to magical works that involve the growth and increase of something.



Full moon

At this stage, the lunar energies are at the peak of their strength. We are in the domain of Fire, the lunar summer. It is the ideal moment for rituals aimed at the crowning of a situation that already

exists and at the reaping of the fruits of some project for which one has worked. In Full Moon, magic is done for something to manifest itself.

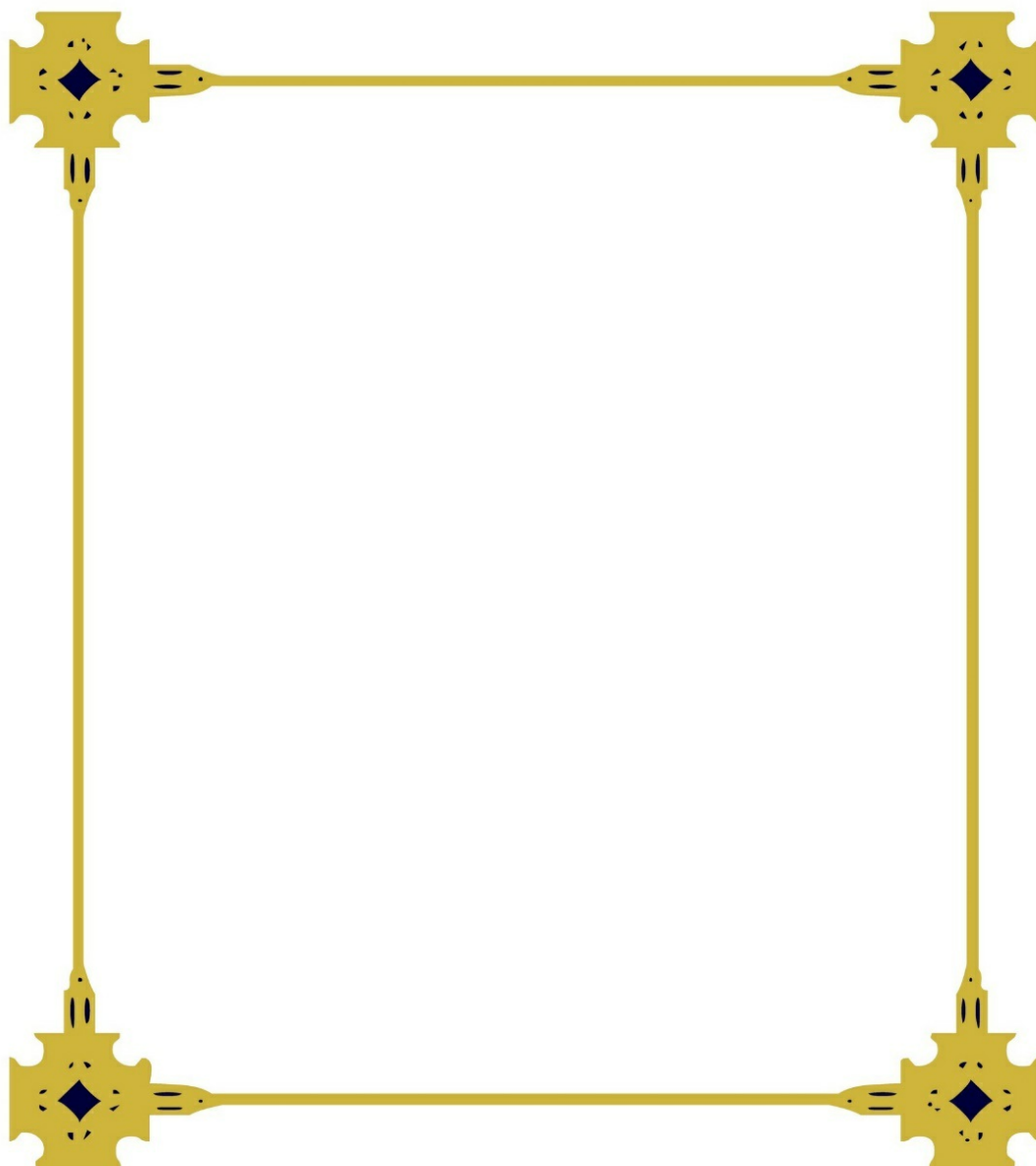


Waning moon

This period, connected to water, is indicated for carrying out all the rituals aimed at decreasing something or removing it. Its first phase is an

excellent time to perform purifications of people (including detox diets), environments and / or objects.

In its second phase we can instead devote ourselves to the techniques of personal transmutation through meditations and journeys into the subtle realms. In this last phase, eventual banning rites are also carried out.



New Moon

This is the right time for all meditation and recollection practices, as well as for protection spells. It is also the best time to engage in divination

practices and the veneration of the spirits of ancestors.

It is the time of the Earth, of rest and regeneration that precedes the new; so if you want to do a monthly fasting day this is the time to do it to get the most benefit from it.

CHAPTER 2: HOW TO CREATE YOUR OWN FULL MOON RITUAL

YOU DON'T NECESSARILY HAVE TO
IDENTIFY YOURSELF AS A PAGAN OR
PRACTICE OTHER EARTH-CENTERED
SPIRITUAL PATHS TO BENEFIT FROM THE
FULL MOON RITUAL.

There are numerous instructions for creating a full moon ritual.

But the main problem with using someone else's instructions is that they don't have the same impact as the rituals you create yourself. While there is nothing wrong with following a full moon ritual that another person has detailed (especially if you lack ideas), I recommend that you try making your own. So, compare the two and see which one works best. *In other words, don't take our word for it - try it yourself!*

BUT FIRST, LET'S GET TO THE BASICS ...

In astrology, the full moon is an energy spike that highlights opposite polarity and forces in your life. It is also a time of harvest (or reaping what you have sown).

In paganism, the full moon is a time when one's psychic energy rises and powerful intentions, spells and rituals can be practiced. The full moon also represents the maternal aspect of the divine feminine.

When we study the symbolic meaning of the full moon, however, the themes

of amplification, subconscious power, and enlightenment continually arise.

How to track the full moon?

If you are like most people, you will be struggling with the *lunar cycles*. Occasionally you may look up to the sky but don't think much about the phase of the moon and its meaning.

Thankfully, you don't have to be a keen, wide-eyed astronomer to follow the position of the moon. In fact, the solution to the problem is provided by this wonderful thing called the *Internet*.

There are many websites (especially those dealing with astrology and paganism) that keep track of the current moon phase. You can purchase an annual moon phase calendar from places like Amazon and hang it in your home. There are also many cool *phone apps* that track moon phases like Simple Moon Phase Calendar, My Moon Phase, Phases of the Moon, etc.

Keep in mind that if you live in the Southern Hemisphere, you will need to find a calendar, website, or app that accurately records the moon phases based on your country as most of the moon phase resources are created for the Northern Hemisphere.

You don't need to go out and buy a load of metaphysical paraphernalia to enact a powerful full moon ritual, nor do you need to make it Instagram worthy.

Here are some tips that will help you create your own authentic full moon ritual:

1. FIND OUT WHEN THE NEXT FULL MOON WILL BE

Check your moon app, your calendar, or even the local weather website (which usually lists what phase the moon is currently in). The full moon occurs on average once every 29.5 days, so you'll experience it about once a month.

2. THINK ABOUT WHAT YOU WOULD LIKE TO AMPLIFY OR ILLUMINATE WITHIN YOURSELF

What are you struggling with at the moment? What shadows need to come into the light? What archetypes would you like to embody? What do you need to let go? What internal skills or resources do you want to activate? Think about these questions or keep a journal about them.

3. SHAPE YOUR INTENTIONS

Once you've completed the previous step (which shouldn't take too long), it's time to set an intention or goal. What do you want to achieve? What will be the purpose of your full moon ritual? Write your full moon intention in your journal or on a piece of paper that you can keep in your sacred space / altar.

4. PREPARE SOME SYMBOLIC ITEMS FOR THE FULL MOON RITUAL

Select some symbolic objects that could represent your problem, desire, yourself, your current place in life, what you need to let go of, your strengths, weaknesses, what has to be enlightened... Basically, choose any object currently in your home that represents the part of you or your situation that needs to be magnified or enlightened, literally everything that represents exactly your problem, intent or goal.

5. CREATE A SACRED SPACE

On the day / night of the full moon, dedicate a specific space to your

undisturbed ritual. You may already have an altar somewhere in your home, and if so, that's perfect. If you don't have an altar or sacred space, you can install a temporary one on a window sill, balcony, or even the corner of your bedroom, kitchen, or bathroom. You can choose to "clean" this space of energy debris by clapping your hands, using an incense stick, visualizing a purified circle around you, or whatever else inspires you.

6. PERFORM THE FULL MOON RITUAL

With your symbolic items close at hand, arrange them in a way that feels powerful to you. You could arrange them according to your wishes, for example you could put together two symbolic objects that represent a synergy. You can arrange your objects according to a symbol, such as a circle that represents completeness or completion. You could burn one of the objects or dip it into a bowl of water that represents letting go. Or place an object on your body and symbolically "inhale" it. You could eat one of the items (of course if it's edible and non-toxic) to symbolize power, strength, and renewal. Infinity is the limit.

**I RECOMMEND THAT YOU LISTEN TO
YOUR INSTINCTS AND DO WHAT YOU
THINK IS MOST MEANINGFUL TO YOU.**

7. SYMBOLICALLY CLOSE YOUR FULL MOON RITUAL

Regardless of how you choose to design your full moon ritual, you must always symbolically close / end it. Your unconscious mind must understand that the ritual is over (think of closing your ritual as if you were pressing the "send" button on your computer). Leaving the ritual open without intentionally closing it sends confusing signals to your unconscious mind.

Closing your ritual is simple. Again, close it however you feel, intuitively. Examples may include ringing a bell, saying a prayer of thanks,

displaying an "X", saying something like "so be it," and so on.

As you see, there are no concrete rules, just a basic structure that you may want to follow if it suits you.

Ritual # 1 - Words of Power

What you will need:

- A mantra or affirmation of your creation
- A candle
- A lighter
- Access to the outside

Make a healing, enriching or empowering affirmation (eg, “I open my heart a little more every day”, “I am brave, capable and strong”, “I love my body the way it is”, etc.). On the night of a full moon, go out, bring a candle and a lighter, and sit in a comfortable and safe place. Light the candle to begin the ritual. Then repeat your powerful words out loud (or in your head) ten times. Ten is the completion number. As you repeat your words of power, look at the moon and let its luminescence amplify your words. When you're done, blow out the candle.

Full Moon Ritual # 2 - Letting go of the candle flame

What you will need:

- A pen
- A piece of paper
- Matches or a lighter
- A fireproof container, a bowl, or cauldron

On the night of the full moon, write an aspect of yourself or your life that you want to let go of, on a piece of paper. For example, you could write "I let go of my shame", "I let go of my perfectionism", "I let go of friends who do not

support my highest good", "I let go of my past", "I let go of my self-destructive tendencies" etc.

Prepare a fireproof bowl, container or cauldron and place it in your sacred space. Open your full moon ritual by visualizing the moonlight around you. When you're ready, start burning your piece of paper in the fireproof container. See how the paper curls up to ashes. You could say in your mind or aloud "I release this, so be it", or simply "Goodbye forever". When the paper has turned completely to ash, go outside and scatter the ash to the wind. Alternatively, you can bury the ash. When you're done, say "It's done" out loud.

(Note: If you are burning paper indoors, be sure to use caution and common sense).

Ritual # 3 - The Moon bath

What you will need:

- An object that symbolizes you
- An object that symbolizes your intention
- A plate or tray

This full moon ritual is good if you want to empower yourself in some way. What you will need are two basic objects: **ONE THAT REPRESENTS YOU AND ONE THAT REPRESENTS YOUR INTENTION.** For example, you could choose a lock of hair from your hairbrush, a photo of yourself, a piece of jewelry, or whatever represents you as the first item in some way.

For your second item, choose something that symbolizes your goal, desire, or intention. For example, you could choose a certain gemstone (e.g. Rose quartz for personal love, ground-rooted hematite, lapis lazuli for authenticity), an image you found in a magazine, even some cutlery (like a knife if you want to have a sharper mind). If you can't find a symbolic item in the house, write your intentions on a piece of paper.

On a full moon night, place both of your items on a plate. Put the object that represents you on the left and the object that represents your intention on the right

Go outside and put your plate in a place where the moonlight touches the earth. You can skip this part if you want and simply place your plate in a part of the house where the moonlight enters through the window. As you set the dish in the moonlight, "may the moon expand [enter your intention], so be it". For example, you might say, "May the moon expand my ability to love myself - so be it", "May the moon amplify my desire to see clearly," etc.

Full moon ritual # 4: Preparation of herbal teas

What you will need:

- A symbolic herb (in the form of tea) of your choice that represents your need, desire or goal
- A cup
- A spoon
- Boiled water

In this full moon ritual, you will ingest your intention so that it symbolically becomes a living part of you. This is a basic yet powerful ritual that can be quite relaxing, fun, and discreet. If you don't have a lot of time and are constantly surrounded by others, why not try this full moon ritual? All you need to do is buy / harvest a herb that represents your need, desire or goal. You can find many herbal matches online, but to save you time, here are a few:

CHAMOMILE (TO MEET LIFE CALMLY AND SWEETLY)

HOLY BASIL (FOR EMOTIONAL RESILIENCE)

CALENDULA (FOR PASSION AND CREATIVITY)

DANDELION (TO ACHIEVE YOUR WISHES AND GOALS)

PEPPERMINT (TO PURIFY)

ROSA (FOR SELF-LOVE AND COMPASSION)

LEMONGRASS (FOR OPTIMISM AND OPEN COMMUNICATION)

GINGER (TO GET IN TOUCH WITH YOUR PERSONAL POWER)

GINKGO BILOBA (FOR SUPPLEMENTATION)

JASMINE (FOR SENSUALITY AND SEXUAL CONFIDENCE)

THRUSH (FOR GREATER INTUITION AND INNER VISUALIZATION SKILLS)

I can't list all the herbs out there, but many of the above herbs can be found in your supermarket or health food store.

When you've chosen your herb, find a quiet spot indoors on a full moon night. Begin your ritual by boiling water in your kettle and consciously pouring it into your cup. Leave the tea bag (or tea leaves) to steep for a few minutes. While you wait, focus on your intention. When the tea is ready, take the spoon and stir clockwise thinking about your intention. When you are ready, drink your tea slowly. Feel your intention descending into the depths of your body as it simultaneously descends into the depths of your unconscious mind to take root. Once the tea is finished, the ritual is complete.

Ritual # 5 - Art therapy

What you will need:

- A pen or pencil
- Watercolors, acrylics or colored pastels
- A piece of paper

If you love artistic self-expression, you will love this full moon ritual. Basically, you will need a space where you can draw or scribble. Place your sheet of paper in front of you on the full moon day / night and write or draw what you are struggling with or want to change. You don't need to make it elaborate or perfect.

So, choose some colors that evoke the feelings in you that you would like to

have. For example, you may want to step into your personal sovereignty and choose red and orange or you may want to find more inner peace and choose blue and violet.

After writing / processing the problem, declare it aloud (or in your mind), "May the full moon help release / transform this". Then, draw or paint over the words / scenes in front of you with your intention. For example, you may have originally depicted a scene of you curled up on the floor in a fetal position that symbolizes sadness and setback.

At the top, you can choose to paint a picture of yourself smiling or standing on top of a mountain feeling victorious. Make sure you completely cover the words or images below. Once done, end the full moon ritual by placing your image in the moonlight to symbolically release / transform / amplify your intentions.

CHAPTER 3: MOON SPELLS OF LOVE

THE MOON HAS A GREAT INFLUENCE ON LOVE SPELLS BECAUSE IT IS ABLE TO DISPLACE THE NECESSARY ENERGY FROM OUR REQUEST AND REACH THE UNIVERSE IN A MORE DIRECT WAY, SINCE A LOVE SPELL IS BASED ON CHANNELING OUR FORCES IN A WAY THAT ARE CAPTURED BY THE COSMOS.

Therefore, each phase of the moon releases different vibrations that will help us make the most and maximize our power. It is a magical time to perform rituals! That said, it's time to explain the power of each of these phases so you know which moon is best to cast love spells. We will learn to distinguish and differentiate each phase of the moon and to know how to use the energy associated with each of them.

Full moon

In this lunar phase our planet is located between the Sun and the Moon, that is, if we look at the sky, we will see the disk of the full moon. It will reflect the sunlight! This moment of enlightenment is ideal for requesting what we most desire, but also for recharging ourselves with the energy of the Moon itself. At this stage the feelings are more exposed, amplified and ideal for performing love spells to improve relationships and attract people into our

lives. So, if we want to fascinate that person that we have in mind every day, the full moon is the right time.

In this love spell we will use the power of rose quartz to channel the energy that the full moon will produce. We will use that power to make that person we crave inclined to want to be by our side. For this first spell you will need to collect the following materials:

- 2 rose quartz crystals.
- 1 piece of red lace.
- 1 wooden bowl with mineral water.
- 1 small red candle.
- Water.
- Wooden bowl.
- Wooden matches.

How to perform the love spell

1. The first step will be to take a wooden bowl and fill it with water, place it near a window, on a ledge, which allows the light of the Moon to invest it completely.
2. The next day, light the red candle with a match. Take a few minutes to focus your desire and clarify it.
3. Join the two crystals with the red string. Each piece of rose quartz will represent the parts of the couple.
4. Put them in the container and put everything under your bed at night.

5. **Finally**, take the stones with you and try to be close to the person (if this is not possible then it will be good to focus your thoughts on that person and imagine yourself together). At this point, the rose quartz will attract that person with the power it will have stored in the moonlight.

Plus, as mentioned, it's a great time to improve our feelings. How? With the following appeal to the full Moon for love.

Prayer to the full moon for love

Before starting the prayer, you will need two elements:

- ☐ A silver ring.
- ☐ A white cloth.

PROCEDURE:

1. Wrap the ring in a cloth and bury it overnight in a pot with a live plant. As you take this step, focus on visualizing happy moments and repeat the following phrase aloud: “Mother nature, you are light and justice, I make you this little offering. Please bless this ring and let it shine with the moon, accompany me on my journey. So be it.”

2. Wait until it's a full moon again and take the ring from where you buried it. Wear it for at least a week.

The phase following that of the full moon is very easy to recognize. It is characterized by increased darkness and the fact that it resembles the letter "C" as seen from Earth. This is the stage where the moon darkens before the new moon phase is completed. Do you know what period I'm talking about?

That's right, it's the moon in the waning quarter.

WANING QUARTER

The waning crescent moon will help you get rid of negative vibes. As it is waning, it will be easier for you to close circles or relationships and situations that may have drained your energy. It's time to renew! Likewise, you can take advantage of resolving conflicts. Learn to empty and detach from negativity.

MAGIC SPELL

Take charge of the energy of the Moon to ask the universe to help you leave behind some people who, although they were important in the past, you want to get away from your life. Take note of the materials you will need to obtain before starting the ritual!

- ☐ 1 small red candle.
- ☐ 1 small white candle.
- ☐ Wooden matches.
- ☐ 1 photograph of the person you want to forget.
- ☐ 1 glass jar.
- ☐ 1 plate.
- ☐ Water.
- ☐ 3 tablespoons of oil.

HOW TO CAST THE WANING QUARTER SPELL:

1. Start by filling the jar with water and placing it over the image of that person you want to remove from your life. It is necessary that through the water it is possible to see at least the blurred silhouette of that person.
2. Dilute three tablespoons of oil in the water.
3. Then, take the two candles and consecrate them by saying aloud: "I do this

ritual to forget the person who hurt me." Then place them as follows: the white one to the left of the vase and the red one to the right.

4. Light them with wooden matches.

5. Now take the image of that person and burn one end of the photograph with the white candle and the other with the red candle. As you take this step, you will have to repeat: "I (say your name) burn your image (pronounce the name of the person you want to remove from your life) and decree: I want you away from my life and my mind. I leave my heart free of this pain."

6. Place the image on a plate to see how it is consumed by fire.

7. Finally, take the ashes of the image and the liquid from the jar and throw everything in the sink or bathroom drain.

NEXT PHASE: THE NEW MOON!

New Moon

This period is ideal to reconsider, think about what we want, be reborn and fill ourselves with pure and clean energy. In this way, with the new moon we can start new projects. The spells on the new moon will cast light and hope upon us. It will mean a good time to start over and ask for a new love; therefore, the following ritual is intended to activate all our positive energy.

It is a new Moon when it is exactly between the Earth and the Sun, which means that the illuminated hemisphere cannot be seen from our planet. In other words, we can only see the side that is in total darkness.

SPELL WITH THE NEW MOON

Materials:

- ☐ A glass with water.
- ☐ 1 green candle.
- ☐ 1 stick of incense or sage.
- ☐ Wooden matches.
- ☐ White sheet of paper.
- ☐ 1 black ballpoint pen.
- ☐ 7 coins.

HOW TO CAST THE SPELL ON A NEW MOON:

1. You will begin the ritual by purifying the place where you will perform it. How? With incense or with sage.

2. So think carefully about what you want to achieve with this new moon ritual. Write your wish on the paper, fold it and place it under the candle. In this case, the green candle symbolizes prosperity.

3. Light the candle with a match while thinking about your goal. In this way, you will send your purpose out into the universe.

4. Fill a glass of water and place it behind the candle. Add a handful of salt with your right hand and insert the seven coins. For each coin inserted, say aloud: "I want peace and harmony".

5. Then take your wish and burn it on the candle.

6. Allow the candle to burn out completely.

7. Empty the salt water and take the coins. Put them in a high place. On top of a closet will suffice.

8. Finally, take the ashes and bury them.

PRAYER TO THE NEW MOON

If you prefer, you can use this prayer to launch your requests into the universe. Do it with a lot of confidence!

“Oh, Moon Goddess, the new one, who creates and undoes the shadows, I come to ask you for my wish. Mother Moon, you who live at night and surround us with your silver rays, take away any kind of evil, protect those we love, neutralize our enemies, give us peace. The lady of silence and darkness shows me the way to avoid tripping and illuminates the earth to walk on. Now that you are at the peak of your power.”

And after talking about the full moon, the waning quarter and the new moon, we have one of the phases that will allow us to recharge more energy: the waxing quarter.

WAXING QUARTER

This cycle is characterized by the increase in the surface of the Moon which can be seen from our planet. It is an ideal phase to perform all kinds of love spells, as we use its light to give strength to our request. Therefore, in the waxing quarter, rituals are performed to enhance the achievement of positive results. This is the best time to take advantage of all its magic. In addition, it

promotes protection.

The spell we have selected for this cycle will serve to activate our hearts and attract this wonderful feeling. You just have to find a relaxed place where no one can bother you.

SPELL OF THE WAXING QUARTER

To do this we will need the following materials:

- ☐ Some red paper.
- ☐ Red paprika.
- ☐ 1 small wooden box.
- ☐ 1 black ballpoint pen.

HOW TO PERFORM THE LOVE SPELL:

1. We begin the love spell by writing on the red paper with our black ballpoint what we want to achieve. It is essential to specify who we are directing our spell towards. Take note of the situation and visualize well what you want to happen to make it happen.

2. Then, fold the paper in half three times. As you take this step, recite the following formula aloud: “I (your name) am here tonight, under your light, to honor your presence, to purify my heart and reconnect with you in this moment of new beginnings. Grant me the peace of your silence. Thank you moon for your blessings. I promise to use your energy forever. I say it and I will make it happen”.

3. Put the paper in the box and cover it with the red paprika.

4. Close the box and leave it in the moonlight overnight. Just leave it near a

window.

5. At the end of that night, place the box under the bed for the rest of the week to increase effectiveness.

TAKE ADVANTAGE OF ALL THE ENERGY THAT THE MOON OFFERS YOU!

Tune your energy with the elements you use, and most importantly, believe it. Keep in mind, when performing a love spell, which moon phase is best suited to your purpose, as the energies will affect your intent. Finally, don't forget to have a receptive mind. Only in this way can we know that what we ask for is fulfilled.

LOVE INCLUDES EVERYTHING

Love is essential in our life. That emotion invades us and unites all the feelings we experience every day, allowing us to appreciate so much joy, happiness, surprise, fear, anger ... Although all this can be difficult to manage and sometimes it is easier to hide, to know what we feel in every moment, will allow us to focus on generating only positive energies. How? Putting aside all the negative and striving to attract only positive things.

CHAPTER 4: TIPS FOR SOME MOON SPELLS

FOR THOSE WHO HAVE A SHOP

Fill a new basin with sea water and make the sign of the cross before filling it. On the day of the new moon, at dawn, sprinkle the water in front of the shop with a broom while reciting:

"SISTER ISIS, DAUGHTER OF THE WIND,
MOTHER OF TIME,
SUN BLOOD, CHAIN HERE IN YOUR
SILVER SPELL
WHOEVER WILL TRAMPLE YOUR TEARS
FORCING HIM TO MY DESIRE "

Do everything very calmly and methodically. The shop will never be as busy as after you have made this treatment on its doorstep. It can only be repeated in the new moon.

Rite with a candle to attract money

When the moon is full, light a white candle surrounded by a circle of stones. The stones must be of: amber, tiger's eye, rock crystal, amethyst. Write your wish for money in green ink on a note and read aloud what is written three

times before burning the paper in the candle flame, which must then be left to be consumed entirely.

To arouse great charm and attraction in men

On the night of the beginning of the full moon, undress and stand in front of the window (without being seen by anyone) only to receive the moon's rays. The room must be illuminated by the light of a white candle.

Raise your arms above your head and swing them rhythmically as you say your name. After 3 minutes, stop and whisper:

"IN ME, FOR HECATE AND FOR ALL
POSITIVE SPIRITS,
THERE IS STRENGTH, CHARM AND
LOVE."

The spell is powerful and acts immediately.

Ritual with a candle to attract or strengthen a love

When the moon is full, light a green or pink or red candle surrounded by a circle of stones. The stones must be of: amber, rose quartz, rock crystal, amethyst. Write on a piece of paper with red ink your desire for love indicating the name of the loved one, or with whom you want to make love. Always have the foresight to write your own name first and then that of your loved one because you have to be the one to dominate the situation.

Outline everything with a heart drawn with a single line of ink. Read aloud

what is written three times and then burn the paper with the desire, in the flame of the candle that must be left to be consumed entirely.

TO BE LOVED

Offer and make your loved one drink an infusion of verbena, rose petals, rosemary and sugar, prepared on a Friday with a waxing moon. The infusion must be contained in a dark glass bottle that no one should see or touch.

AGAIN, TO BE LOVED, WITH THE MAGIC OF KNOTS

On a Friday with a full or crescent moon, buy a red ribbon and in the early hours of the evening, isolate yourself in a quiet place, away from prying eyes and visualize the person you want to attract. Slowly recite the following formula:

"PUT ME AS A SEAL OVER YOUR HEART

PUT ME AS A SEAL OVER YOUR ARM

BECAUSE LOVE IS STRONG AS DEATH!"

I (your name) WANT YOU (the other person's name)

FROM NOW ON YOU LOVE ME FOREVER!

Make the first knot in the red ribbon then repeat everything for 9 consecutive evenings.

On the ninth evening you will have obtained a ribbon with 9 knots that you will have to tie on your left wrist. With your left hand, touch the person you want.

LIGAMENT

On a Friday evening of the crescent Moon, equip yourself with a piece of red cardboard or paper and a candle and a pen with ink of the same color. On the sheet write your name and your date of birth and then the same data of the loved one. Under the names write:

I LONG FOR YOU, WITH ALL MY HEART.

Load the sheet with all the will you can by thinking about the person in question and visualizing the union that has taken place, the two of you together embracing and in the act of giving each other a passionate kiss. The leaflet must then be burned in the flame of the candle.

While the sheet is consumed in a container, better if it is made of copper or a white saucer, say these words:

"LOVE MESSAGE BURNS AND WITH YOU ALSO THE HEART
OF LOVE BURNS

(their name) FOR ME!"

Repeat the formula until the sheet is completely reduced to ashes.

Keep the ash and the residue of the candle, which you have left to be consumed completely until its natural extinction, in a cardboard box. Every now and then use the ashes in small pinches to put either on the person's photo or directly on them, but so as not to make them notice.

At one time it was customary to write on the paper with one's blood taken from the left ring finger and the ash served in the food and drink of the person to be attracted.

CHAPTER 5: MOON SPELLS FOR LUCK

- How many times have you raised your eyes to the sky praying to the Blindfolded Goddess to have a little luck?
- How many times have you felt unlucky and unable to understand why bad luck haunts you?

The rituals that can be carried out using the various phases of the moon are many, yet I believe that the most important is the need for Fortune. The need to feel lucky.

The ritual must be carried out during the phase of the waxing moon until the arrival of the full moon.

- Three basil leaves
- A vanilla stick
- Half a teaspoon of cinnamon
- Tiger eye (it is a stone used in crystal therapy)
- A glass of extra virgin olive oil
- Small container, preferably in glass
- Glass bottle

On the first night of the growing moon, place the container outside so that it is hit by the moon's rays. Put inside the container, in the following order:

- extra virgin olive oil
- half a teaspoon of cinnamon
- the three basil leaves previously chopped
- the previously crushed vanilla stick

Stir clockwise several times visualizing luck going through your life with small examples: a lucky day, a lottery win, a hoped-for match, a long-awaited call, a little trip.

When the feeling of well-being warms you inside, insert the Tiger's Eye stone into the container and cover everything with a white cloth, preferably cotton, leaving the container outside until the Full Moon.

On the night of the Full Moon, take the container, mix the contents again and filter everything inside a new glass bottle.

The oil obtained will be the oil of luck to be used in any type of context. When you feel unlucky, just take a few drops of the oil and wipe it on your wrists and in the center of your forehead.

**THE TIGER EYE MUST BE PROMPTLY
DRIED AND IT WILL BE POSSIBLE TO USE
IT AS A GOOD LUCK TALISMAN**

CHAPTER 6: SPELL TO GET RID OF GOSSIP

THESE SPELLS ARE USED TO GET RID OF GOSSIP AND BAD RUMORS WITH THE HELP OF THE GODDESS TACITUS. TO ACHIEVE THEM, THE MOON PHASE IS FUNDAMENTAL, WHICH TELLS US WHAT WE NEED TO ELIMINATE.



Often, we are so used to certain situations that we cannot understand how negative they are.

For example, the sign of Gemini is an expert sign in the art of gossip, since we are in the phase of the waning moon, we use this energy to get rid of negative voices.

HOW?

To cite a bit of history, we can say that the Romans celebrated the goddess Tacita, the goddess of silence who protected from gossip. Bad rumors can destroy careers, marriages and lives, so we ask Tacita to protect us from these evils, and make sure that we do not cause them to others.

REQUIRED ITEMS:

- 3 candles (black, magenta and green)

- Incense
- Patchouli, mint and rose oils

METHOD:

If a specific person is gossiping, write her name in the black candle with a knife. If she is not one in particular then write all the rumors. Grease the base of the black candle with patchouli oil and focus on eliminating all the bad voices from your life. Put your faith in the goddess to help you find the right solution; place the black candle in the center of the altar.

Grease the magenta and green candles with mint or rose oil, always at the base, focus on the positive energies that come into your life. Place the candles on the altar, the magenta one on the left and the green one on the right of the black.

Never ask to eliminate something in your life without replacing it with something positive. Nature does not tolerate emptiness, so it is best to fill it with something positive to prevent negative energies from becoming stronger than before.

Spend a few minutes inhaling clear light and exhaling darkness with each breath. Raise your palms to the candles and say:

'Gossip does not affect me,
bad words don't come close to me,
I am the light, I am the truth, I am love '.

Repeat these words *three, five, seven or nine times* until you feel their positive meaning seep into your subconscious. Know that you are building a protective shield around you made up of positive energies that are so strong that negativity cannot pass through them.

LET THE CANDLES GO OUT AND GET RID
OF THE REMNANTS OF THE WAX

CHAPTER 7 RELEASE RITUALS

The release rituals during the various phases of the moon are numerous, each linked to the specific energy type of the moment. During the waning moon, it is generally recommended to perform release rituals.

The things that can be done in this particular phase are many, but it is advisable to never perform more than one a day to avoid exceeding with the use of this energy. Each of these rituals are a support to face the difficulties and release what hinders change.

Healing ritual

The waning moon helps release health problems, and using its energy can be beneficial.

You can leave water in a bottle on the windowsill and in the morning, you can wash yourself with this water while saying this sentence:

“The moon is setting, adversity is going away. I wash myself with this water and get rid of any disturbance.”

Issue release

The waning moon also favors detachment from the problems that beset us. The advice is to write on a piece of paper what we no longer want in our life, and then burn it with a candle and disperse the ash in the air or in the drain. Once this is done you can pronounce a sentence like:

“I leave my adversities to the moon as it wanes and helps to get rid of all that is superfluous for me by making room for something positive for me.”

Debt Relief Ritual

The waning moon is the right time to let go of financial troubles. It is generally recommended to perform this ritual near the new moon. Take some coins and say:

"As the moon is waning is the perfect time to let go of financial problems. I will give away these coins, so that the money does not leave me or other debts accumulate."

Then throw the change out of the window, being careful not to hit anyone.

Protection ritual

The waning moon phase is a time to also conduct a ritual of protection against envy and evil, and to protect yourself from negative energies. You create a talisman to your liking and leave it overnight in a container with salt. Then you say this sentence, the next morning with the talisman in your hands:

"This talisman protects me and saves me from anyone or anything that tries to attack me in a negative way."

CHAPTER 8: MOON RITUALS WITH REIKI

Many years ago, I started doing Moon rituals again, and shortly after I had the idea of adding Reiki to my rituals.

First of all, I prefer to give you some information on the phases of the moon which, as you know, is the only satellite of the Earth and its energy influences the waters of the oceans, the growth of plants and people.

Then I will explain why and how to do the Moon rituals with Reiki!

How to recognize the phases of the Moon

If you have never "worked" with the energy of the moon before, it is important to:

- understand its phases when it revolves around the earth,
- know why you do the rituals to the moon,
- know what kind of energetic work you can do in the different moments of the synodic month (about 28/29 days).

The 8 phases of the Moon

The moon changes appearance in the sky because its rotation around the Earth allows to define some fundamental "positions" that you can easily observe:

- NEW MOON: you cannot see the moon;

- CRESCENT MOON: you see the moon in the shape of ☾ (C in reverse) which continues to grow;
- FIRST QUARTER: it seems that the moon is divided in two, the right half bright and the left one invisible;
- FULL MOON: we see it beautiful, round, and it lights up the night;
- WANING MOON: the roundness of the moon decreases;
- LAST QUARTER: when the moon is again divided in two, but with the right half invisible and the left half bright;
- WANING MOON: when we see the C-shaped moon that continues to decrease until it disappears completely in the 3 days of the new moon.

Why do Moon rituals?

Since the moon has a strong influence on the Earth and the waters of the oceans and seas, it also affects us humans, as well as our emotions and thoughts.

RITUALS IN THE PAST

Since ancient times, humans have looked to the sky and observed the stars, the Sun and the Moon and knew their effects on us and our life. In doing so, they intended to take advantage of the expanding or diminishing energies of the moon and created several deities connected to our satellite:

- Amaterasu in Japan,
- Selene and Artemis for the ancient Greeks,
- Chandra in India,
- Hanwi for the Ogala Sioux, etc.

RITUALS TODAY

Personally, I prefer to do 3 RITUALS A MONTH at the time of the new moon and full moon.

TODAY many people, especially women, have resumed following the movements of the Moon and perform rituals with the intent of manifesting with the moon what they want to create in their life.

NEW MOON: the best lunar period to help new beginnings, manifest wishes, transform and attract money, love and quality into your life.

FULL MOON EVE: this is the time when the Moon reaches its maximum expansion before becoming full, so its energies are very strong. That evening, the objects that you want to charge with the moon energy should be displayed: water, stones, jewels, notebook of wishes expressed at the previous new moon, etc.

FULL MOON: the ideal time to release negativity, bad karma, relationships or difficult situations, to lose weight and let go of everything you no longer need.

HOW TO DO MOON RITUALS WITH REIKI

Once I was preparing a ritual for the Moon, I thought about adding Reiki, to:

- energetically clean the room;
- give me a self-treatment of Reiki to prepare myself and concentrate on what I had to do during the ritual;
- do a Reiki treatment in my notebook where my wishes and positive affirmations are expressed.

And I realized I was manifesting with Reiki, as well as with the moon.

Let's see these passages one after the other.

CLEAN THE ROOM WITH REIKI

If you have Reiki (at least 2nd level), your Reiki Master will have explained to you how to clean a room with Reiki. For me, it is the most complete way to get a really bright and light place, in every sense.

However, if you do not have Reiki, in addition to physically cleaning your room, you can have incense burned before performing your ritual. I prefer to use grain incense (myrrh, frankincense or sandalwood), but you can also use Palo Santo, sage or sticks.

Get yourself a Reiki self-treatment but to perform the rituals of the Moon

After cleaning your room, prepare all the necessary materials, play some relaxing music and settle down to get yourself a Reiki self-treatment.

Choose whether to sit (or lie down) outside or inside the house:

- If you are going to do the full moon ritual, settle down where you can see it.
- If you don't see it, know that her energy is still present and she reaches you wherever you are, even inside the house.

Then, do a Reiki self-treatment to rebalance your energies, those of your physical body and also your emotions and thoughts.

And while you are doing Reiki, the energy emanating from the Moon balances the aura and chakras. Try it, it's a magical feeling!

Your wishes

After cleaning your room and getting yourself a reiki self-treatment, let's move on to the next phase corresponding to the moon ritual.

The time has come to ask the moon for what you want for yourself, but your intent must be clear, so I recommend you write:

your wishes on a sheet or in your notebook;

your positive affirmations (depending on the moon phase as explained above);

read them in another voice and rectify them if you feel the need, until you feel that the words you have written represent exactly what you think and feel.

conclude by doing Reiki on the sheet on which you wrote, with the intention that your words will be fulfilled for the greatest good and in the best possible way for you and that of others.



CHAPTER 9: WHAT TO DO ON THE EVE OF THE FULL MOON

The eve of a full moon, the night of a full moon and the first day of a waning moon, exploit the energy of the moon!

1 - FULL MOON EVE EVENING - AMPLIFICATION RITUAL TO BE PERFORMED FROM WHEN IT GETS DARK, POSSIBLY WITH THE MOON VISIBLE

Invoke the Archangel Haniel, the one who helps you to live in harmony with the cycles of the moon and use their energies for crystals, stones, water, oils and various objects, and ask to bless the objects that you will display out in the open, at the moon light.

AN EXAMPLE OF PRAYER:

Archangel Haniel, I call you here and now. Bless my objects and desires by charging them with your energy and lunar energy, while I give thanks for my many achievements and blessings. May my heart desires manifest, for my greatest supreme good and in the best way.

Put glass bottles filled with water out in the open in the light of the moon, your creams, your jewels, your stones and - if you have other objects dear to you, display those too. Place the objects somewhere so that the moonlight

illuminates them for at least 2 hours, preferably all night. For jewelry, keep it out of the reach of thieves!

ENERGIZED CREAMS WILL BE MORE EFFECTIVE ON YOUR FACE AND BODY!

I personally expose to the moon **6 bottles of water** (GLASS, and NOT plastic) closed with a cork. Leave them all night in order to charge them with the energy of the moon. Also display a written list of your wishes along with the items. Make sure you write a few, clear words, so that the message is well received by your subconscious and comes CLEAR to the Universe which will help its realization. For example: thank you for the mutual respect between my husband and me, thank you for my new office, thank you for letting me make more money than I spend ...

You can write the wishes in a special notebook; with the date you expressed them and then expose the notebook page to the moon on the eve of the full moon. I have the "notebook of the moon" where I write on the one hand the wishes I express to the new moon and on the other, those I expose to the full moon. Often, they coincide, but this is not necessarily the case, sometimes after 15 days I realize that one thing no longer interests me or that it is under construction, and then I write another! It is wonderful to have proof of the evolution of my desires which are always similar but never the same, and then many are REALIZED and others canceled because I no longer want them!

Do not put the times, those **DEPEND ON YOU AND YOUR DESIRE** to fulfill the desire. However, consider that next month, at the new moon, you will draw up another list and check the progress of this month's wishes. Some of them may no longer interest you ...

Entrust your wishes to the moon, leave them to her, feel that they are

no longer with you. Trust me, let them go!

Of course, drink the water exposed to the moon! Make your loved ones drink it (without giving them too many explanations ...) and notice an increase in their energy and mood. You will all feel good!

I propose to do this ritual on the eve of a full moon because the moon certainly has INCREASING energy, but it can also be done at a full moon if the full moon time is from 9 pm onwards.

2 - FULL MOON EVENING AND / OR THE DAY AFTER REMOVAL RITUAL.

This is the time to take off weight. *Do you know why?* Because the moon from when it starts to wane from full takes away strength from negativity.

LET GO OF THE NEGATIVITIES IN YOUR LIFE. Write on a piece of paper everything you want to get rid of, expose it to the moonlight, then ask the Archangel Haniel if you need to use water or fire to get rid of them permanently. (e.g. write I want to get rid of my complacency towards others - of frustration for having failed at work - of concern for my child's well-being - of my fear of flying ...)

ALSO NOTE A HABIT YOU WANT TO LET GO of such as smoking, idleness, disorder, too much TV, bad eating habits ... The ritual should be done outside, looking at the moon and showing her the written sheet, as long as it is illuminated by it for a moment. You does not need to leave it exposed because the most effective moment of the ritual is when the sheet is destroyed ... The suggestive light of the moon acts as a GUARANTOR of this destruction.

Hey, remember you REALLY have to want it! It is too easy to say that this

ritual does not work if you do it superficially! You REALLY have to want to leave behind what weighs down your life.

If Haniel suggests fire to you, **BURN THE PAPER**. If it's water, tear the paper to pieces and throw it into a river, into a well, into a lake ... even the toilet if you have no other way. It is also okay to destroy it the next day, leaving the sheet exposed for the whole night, but I have verified that it is better to do it on the evening of a full moon. Thank the water or fire that took your negativity away with it. It doesn't really matter if you destroy it with water or fire, but you want to know how to perceive Haniel's answer to your question of water or fire? the FIRST answer that flashes in your mind is the right one.

This ritual (to be done **ONLY ON THE EVENING** of a full moon and / or the day after, depending on the time when the full moon occurs) is very effective, it strengthens your confidence and frees up new creative energy. Also, as you reflect on your real desires, something special also happens in your rational mind: you set the brain gps in the direction of their realization.

Always at full moon, if you have a health problem ask Haniel and the moon to absorb it and take it away with them. Stay 5 minutes in the moonlight and "feel" that it eases your discomfort. BELIEVE IT! Entrust it to them! Feel that it is SO!

Let go of the NEED that everything you ask for comes true. Let the ritual be like a game, something light and fun. The DETACHMENT is an integral and necessary part to realize the intentions / desires.

The following days after withdrawing the desires exposed, you feel inspired to act in the direction of the desires ... I recommend you throw yourself into it! NOTE the opportunities that present themselves to you ... Remember that YOU CO-CREATE together with the moon the reality you desire.

The important thing is to repeat the ritual as often as possible and have

a calendar available to remember the dates.

Lunar calendars (google them) show you the phases of the moon (new moon, waxing moon, full moon, waning moon) and also the times when the full moon shows itself for 12 hours one day in every 28.

CHAPTER 10: BLACK MOON AND LILITH

The phase of the black moon, that is, when the celestial star of the night becomes invisible, has always been judged under a nefarious aspect. On the one hand we cannot blame this reality, namely that of a nefarious use since it is on this moonless night that witches gathered during the Middle Ages.

It is also often used for *black magic rituals*, but there are several prodigious aspects that are attributed to this deity. The new moon is the aspect of the goddess Lilith, whose worship is celebrated in the first 3 days prior to the black moon, during the 3 days of the black moon and in the 3 days after. The symbolic reference to numerology is 3 3 3 which added together are the number 9 which indicates birth or rebirth.

In any case, the black moon, or new moon, is the phase in which the moon is in shadow, hidden from the Sun and therefore does not live on reflected light, but on its own light.

It is part of the SECRET AND HIDDEN RITUALS OF MAGIC, wicca and witches. It has a strong renewing energy, acts on the independence of thought and has a remarkable magical building force that invests the follower or scholar of this cult. The energies that are called up are often destructive to others, but only when you don't know how to use them.

DURING THE BLACK MOON, THE CULT OF

LILITH IS CELEBRATED TO CONTRAST THE ESBAT OF THE FULL MOON.

The mother of the witches

There are very few occult treatises that have spoken of Lilith, since the Christian religion has tried to make us forget the mother of the witches. Except that her tradition has remained both in oral legends and mythologies, in her cult, belonging only to secret witches and in some treatises that symbolize her as the first woman of Adam.

Furthermore, we find her in Hebrew sacred texts, as man's first wife, but which shows very particular sides of her character. She is rebellious, vengeful and independent. She is the goddess of cunning, wisdom and strong independence. Seductive, charming, passionate and very sex-loving, for this reason Lilith has always represented a complex goddess and not is accepted in a world of passivity or masculinity.

Lilith's wicca are very solitary, we can say that they are amazons, often "extreme feminists", who do not respect the masculine element and the sun god. Those who follow Lilith's wicca are masters of red and black magic spells.

LILITH: the bride of Satan

LILITH, THE FIRST WOMAN, Satan's bride, black moon

LILITH WAS A GODDESS who did not submit to the will of man. Although she also lived in the earthly paradise, she became Adam's first "bride" whom he repudiated because she did not submit to her will.

This is what the Christian religion has often stated, but if we rely on the Hebrew and Sanskrit writings we see a different version.

THE BEAUTY OF THE GODDESS LILITH was such that she struck the man, Adam, with whom she mated several times, but her will and her desire for freedom was stronger than human obedience. She later decided to abandon her partner by flying through the air. She coupled with Satan, an angel fallen to earth, and from him she gave birth to hordes and hordes of demons that populated the world. Adam asked her to come back to him, which she did, but Adam, tired of the goddess, asked for a human woman who was subject to his will and from which there was the episode of "Adam's rib".

LILITH, IN MYTHOLOGY OR LEGEND handed down orally, ordered the snake to convince Eve to eat the apple, in some versions it was she who turned into a snake. This was her gift to Eve. The apple is a symbol of intelligence and wisdom.

IN ASTROLOGY, LILITH IS REPRESENTED BY THE BLACK MOON or new moon, which influences the sexual aspect of the brain. Summoning Lilith is not an easy practice. Recalling her, many demons, spirits and the kingdom of the dead challenge each other, so the entities that can respond are different and all violent.

PRECISELY FOR THIS REASON IT IS A PRACTICE OF BLACK MAGIC. However, there are means of communication that do not perform a real call, but a devout prayer where she, if she accepts our gifts, offerings and altars, could infuse us with a different power in the spells that are performed.

PREPARE AN ALTAR in the days of the black moon, as written above. A tablet with the symbol of the 9-pointed pentacle and the symbol of Lilith must be placed on the altar. In the center place the moon tarot card, but it must be turned upside down. Then light 3 black candles to burn for 9 days.

OFFERINGS TO BE MADE CAN BE SPICED RED WINE DRINKS. Seasonal fruit, in reference to the month. Jewellery based on silver and crystals, these

will then be charged with its energy and you can wear them during the rituals. Flowers must not be missing – strong blues, reds, and woods of trees in season.

THE LUNAR CYCLE is closely linked to female menstruation and many women, the exact percentage is not known, have their first menstruation during the new moon, i.e. the black moon.

THE ASTROLOGICAL INFLUENCES it possesses are many. During this time it is normal to have several mental processes that are slightly slow, thoughtful and pragmatic. It increases sensitivity and emotions. The woman opens up to primal instincts.

Right at this moment, that is, during the period of the black moon, the need to withdraw from the world, that is to do meditation, prayer, divination and magic, is very much supported. A condition that is also felt by those who do not believe in magic since the astrological influence is very strong.



LILITH IS THE DARK PART OF EACH OF US, which in the horoscope represents sexuality and all that is mystery, what has now been removed on a conscious level. It has the power to seduce and attract but it is feared ... like any force that becomes difficult to control, like any dark side that is difficult to bring to light and face.

IN ASTROLOGY IT IS NOT TO BE CONFUSED WITH THE BLACK MOON OF 'NEW MOON', but it is the double face of the moon that Lilith represents, with two different interpretations: for some it is a satellite, while for others it is the rotation of the line that unites apogee and perigee (the minimum and maximum distances of the moon from the earth).

FOR EVERYONE IT ASSUMES THE SAME MEANING: the hidden face of the moon, that part of us of our limits or problems that we do not want to

discover or see in order to be faced and solved, is also the latent part of us.

THE MYTH OF LILITH is present in the biblical myths, in the numerical tradition, in the Egyptian, Greek and Roman one, and is always linked to the symbolism of the Great Mother with disturbing and destructive values. In the Middle Ages she was the witch, the dream and the nightmare halfway between fairy tale and folk tale. In the Jewish cabal, close to the astrological tradition, Lilith was the name of one of the seven threatening demons of mankind, and at the same time one of the seven predatory animals that will assault the Earth on the last day. She is also placed in parallel with the figure of Saturn, as the mother of melancholy, of the "black mood", in fact.

IN THE MYTHOLOGY OF THE GREEK AND EASTERN WORLD she is one of the nocturnal and infernal female divinities, such as Isis, Hecate and Persephone (therefore she approaches the myth of Pluto, also linked to the kingdom of the dead). They are opposed to the goddesses who represent fertility, such as Istar, Cybele, Era.

FROM THE ASTROLOGICAL POINT OF VIEW, at least in the most ancient texts, this antithesis is reported: Moon and Black Moon are opposed and Lilith is seen as the generating nucleus of every vice, disease, disorder and sexual deviation.

THE FORMATION OF THE MYTH OF THE BLACK MOON IS ALWAYS ASSOCIATED WITH LILITH, it has its typical and specific root in the cycle of the Moon with its phases. The crescent moon and the full moon were experienced as a beneficial influence on all of nature, a sign of growth and fertility. When the Moon, having concluded the last phase, disappears, the dramatic and disturbing "Black Moon" is analogically realized, the absent, the demon of darkness and then it becomes dark, cruel, destructive and malignant.

THE APPROACH TO LILITH CHANGES WITH FREUD AND JUNG and she is no longer seen as an archaic and completely destructive divinity, but is brought back into the original archetype of the Great Mother, which reflects the partial removal of instincts and the censorship of sexual drives. In the astrological interpretation, Lilith always reflects the instinctual conflict of the repressed drives, the dark side of sexuality.

CHAPTER 11: HOW TO SUMMON LILITH

The summoning of Lilith can be varied; however, most ways are aimed at all those who want to ingratiate themselves with the Black Goddess or create dominion over the other sex. Men should NEVER invoke Lilith, because they would risk being subjected to her.



THE FOLLOWING ITEMS ARE REQUIRED:

- A black ribbon with an embroidered or drawn element of the symbolism of Lilith
- Some small bells to tie to black ribbons
- Two larger bells to hold in the hand
- Two candles, one black and one white
- A mixture of incense with its charcoal to burn it, consisting of: white incense, black incense, coriander, turpentine gum, aloe wood, sugar
- A mirror, even of modest size, which must be covered by a black veil, or alternatively, must bear the symbol of Lilith with lipstick

METHOD

DURING THE NEW MOON OR BLACK NIGHT, take off your clothes completely. Tie the black ribbon around your head and the ones with the bells on your wrists, ankles and waist. Light the charcoal in the container and drop the incense

onto them. Light the two candles, first the white and then the black, and place them in such a way that they are safe from any movement you may make during the ritual.

Now find your state of concentration and recite the following prayer three times:

LILITH, QUEEN OF DARKNESS WHO GIVES LIFE TO
SIDEREAL DRAGONS,

BLACK MOON THAT STRIKES THE SKY AS A WANDERING
STAR,

PROTECT US WITH YOUR HEAVENLY VAMPIRE WINGS.

QUEEN OF THE NIGHT, SHARPEN THE VEILS OF OUR MIND
TO SILVERY OCCULT DESIRES.

STELLAR NIGHTMARE, BURN OUR BODY TO THE
POWERFUL ECSTASY OF VIRGINAL LUST.

INVISIBLE COMET WITH LONG BLACK HAIR, BRUSH YOUR
HAIR LIKE BURNING TENTACLES ON OUR SKIN.

DARK CLOUD, WRAP US IN A COSMIC ENVIRONMENT IN
THE COILS OF THE ETERNAL SERPENT.

LILITH BREAKS OUR BEING INTO THE DARK DEPTH OF

CHAOS

TO EXPLODE AGAIN IN INFINITE ESSENCES.

NOW take the bells between your fingers and approach the brazier where the incense burns by shaking your private parts. Close your eyes now and focus on the Goddess, so that it is propitious for you. Open your eyes again and move away from the brazier and lie down on the ground or on the bed or sofa if present in the room. Now close your eyes again and let yourself go to the force that you feel in you and throughout the room, doing everything your body suggests. You will experience the sensation of a hot vortex that expands to the genital area, a great erotic arousal and a sense of domination over the object of the ritual. After this phase, get up slowly, dismiss the Goddess, thanking her for her presence and put out the incense first with water and then the two candles, first the white and then the black.

**RITUAL VARIES FROM 30 TO 60 MINUTES
AND SHOULD NEVER BE CELEBRATED
DURING THE MONTHLY CYCLE!!!!**

CHAPTER 12: THE IMPORTANCE OF THE COLORS OF THE CANDLES

DIFFERENT COLORS ATTRACT DIFFERENT ENERGIES and stimulate certain vibrations in the chakras. Using candles of specific colors can help amplify the energies in the ritual or magical operation.

Like the phases of the moon, the colors of the candles that are used in Magic also have their own specific function, and it is therefore good to consider each color in order to achieve the purpose of the Ritual that we want to prepare in the best possible way. Here is a simple chart with the most used colors in Magic!

WHITE CANDLE

It is the candle dedicated to the Goddess and the Moon. Being neutral it can replace the other candles. It is mainly used in pacification and protection spells. Its day is Monday.

**WHITE CANDLES REPRESENT
CLEANLINESS, PURITY, INNOCENCE. THE
MOON SHOULD BE STRONG.**

In black magic, white can be used to cause corruption, impotence, and to destroy sexual desire. It can be used to create weakness, neurosis and fear.

The Moon rules white. Operations using white should be done on a Monday.

BLACK CANDLE

IT IS THE CANDLE DEDICATED TO SATURN. It is mainly used in Black Magic spells and to break Karmic ligaments. It is also used in the rituals of removing negativity.

The BLACK candles are used in the rituals of destruction and are used to stimulate a slower destruction of the enemy. Black is also a good color for bringing discord and confusion. Black can be used for protection, to immobilize negative forces, to break obstacles or blocks. It can also be used to reverse or destroy negative thought forms. Black absorbs, confuses, hides, is used for new beginnings, and for gaining knowledge of hidden things. Black is the container of light, and is one of the most powerful colors. Black affects perseverance and patience. Spells that use black energy are stronger when cast on a waning Moon, or on a Saturday.

BLUE CANDLE

IT IS THE CANDLE DEDICATED TO JUPITER and symbolizes the water element. It is used in spells related to change, enrichment and rebirth. Its day is Thursday.

Blue can also be used to establish harmony in the home, to increase occult powers, and for spiritual protection. For black magic works, blue can be used to incite depression, sadness, and hopelessness.

Operations using blue energy should be performed on a Monday or Thursday.

RED CANDLE

It is the candle dedicated to Mars and symbolizes the Fire element. It is mainly used in Red Magic spells, since it also represents carnal passion. Its day is Friday.

RED CAN BE USED AS PROTECTION against psychic attacks and for self-confidence. It causes accidents, fires, and injuries. It is used in spells to invoke power and intensity before black magic works. Red is physical and confers energy, strength, dynamism, passionate love, sexual desire, willpower, and athletic (especially competitive) ability.

Used in black magic, red - as opposed to black - brings about sudden attacks, accidents, bloodshed, violence, and anger. Jobs using the color red should be done on Tuesday or Thursday when Mars is in a strong position and on a waning moon.

YELLOW CANDLE

It is the candle dedicated to Mercury and symbolizes the element of Air. It is mainly used in spells related to reasoning and memory. It brings happiness and learning and helps in study. Its day is Wednesday.

YELLOW CANDLES ARE USED TO PASS EXAMS, and to increase one's intelligence or intellect. Yellow governs the logical consciousness of the brain, computers, communication, audio, video, TV, electronics, books, literature, and will, it is used to improve the mind and to deepen concentration. It is also used to enhance learning ability, for speeches, writing, and publications. Yellow rules communication problems. It is also used to overcome addictions, and to break habits. Yellow is great for friendship.

In works of black magic, yellow incites infidelity, cowardice, getting sick, dying, cavities, madness, and inconsistency in others. Yellow energy is best when used on Wednesday and Sunday. For everything pertaining to intellect and communication, perform the operation on Wednesday. For jobs that use willpower, Sunday is best.

GREEN CANDLE

It is the candle dedicated to Venus and symbolizes the Earth element. It represents pure and simple love. It is used in spells related to abundance and wealth. Promotes natural healing and productive energy for physical and emotional damage. It also encourages prosperity and fertility.

PINK CANDLE

Used in spells involving affection, friendship and romantic love. it feeds on feelings of romance or romantic love. It is also an excellent choice for candle spells. It also represents and encourages compassion.

ORANGE CANDLE

Used in job and career spells. It brings energy and promotes justice.

Orange candles are used for creativity. Orange helps in spells for adaptability, sexual attraction, sexual urge, sex magic, enthusiasm, and energy, helps with attraction, sudden changes, energetic stimuli, taking control, changing luck and inciting justice. Operations using orange energy are best performed on a Sunday when the Sun is in a strong position. Promotes creative sensations and atmospheres.

BROWN CANDLE

BROWN candles can be used to communicate with nature spirits and to keep oneself grounded and balanced. It is used in spells for solidity, neutrality, practicality. In the works of black magic, brown is used to incite indecision, hesitation, sadness, nothingness, uncertainty.

PURPLE CANDLE

Purple is the color of the **THIRD EYE**, which is why it is often associated with spirituality. It is the tone of rulers, exorcists, fortune tellers and true magicians. It embodies the psychic faculties.

It is excellent for deep meditation, for divination, for clearing the mind of all

burdens and for gaining clear insight. These candles can also be used when you want to neutralize a negative magical action against you.

They are used to enhance psychic abilities, bring wisdom, for divination and to remove curses, for healing, business success, and for influencing those in power.

In black magic, purple can be used to cause tyranny, abuse of power, and to bring sadness and perfidy to others. Operations that use the color purple should be performed on Thursday or Monday when the Moon is full.

IDEAL IF YOU ARE LOOKING FOR MONEY AND FAME.

GRAY CANDLE

GRAY candles are used in spells to bring death, disease, and / or to cause sadness and pain. Favorable day Saturday.

GOLD CANDLE

Gold is the color of the Sun for it embodies all male divinities and virility. It is also related to wealth, honors and victory.

Ideal for spells to attract prosperity, money, success, personal charm and to revitalize stagnant businesses. Being the color of the Sun, it is also used for certain purifications of negativity.

SILVER CANDLE

SILVER IS THE COLOR OF THE MOON and it embodies all female and lunar divinities. Obviously it is connected to femininity, intuition, psychic faculties, divination and mediumship. The use of these candles in magical spells is closely related to the observation of the phases of the moon.

IN SOME MAGICAL TRADITIONS, CANDLES ARE USED FOR DIVINATION PURPOSES.

To read wax, the typical practice is to drop the wax into a bowl of cold water.

The wax will harden almost immediately and form symbols or shapes. **By reading these forms you can get answers to our questions.**

Bright flame that burns quickly - it's good. The forces of Magic are with you.

Weak flame that burns slowly: the spell is working against some opposition.

Flame above normal size: the spirit you invoked is present.

Very weak flame: it can indicate the presence of impure or restless spirits.

When we do our candle rituals and spells, we have to choose the ingredients that align with our goal. We always want to find a candle in the color that matches our goal. We also want to use oils, herbs and incense that match the goal.

LET'S SEE AN EXAMPLE. Suppose I want to make money magic. Looking in my closet, I could use:

A GREEN CANDLE: candles must always be new. As for the choice of color, use the guide we have just seen.

A GOLDEN CANDLETICK: the golden color represents wealth (it's not real gold, it's just golden in color, but it will do).

AVOCADO OIL: an oil for wealth.

GROUND CINNAMON: a spice associated with money and good luck.

DRAGON BLOOD RESIN: a resin that will enhance our spell.

GROUND GINGER: this spice is used to speed up results.

This is part of everyone's learning. Learning to do white magic is also learning to choose the appropriate matches to your goals and ideals. There are

many correspondence letters in books and on the Internet that can be useful to you. The most important thing to remember is that matches must have meaning to you.

A good question we can ask ourselves when choosing matches is: "What do I associate with my goal?" Green reminds me of money and wealth. If gold or brown or red is reminiscent of money and abundance, then you could use these colors. If you didn't have avocado oil, you could use corn oil. Wheat reminds me of cash crops and prosperity. You can use olive oil - it's expensive, so you might see it as a luxury item.

Candle Spells: Anointing the candle

It is important to be able to establish a psychic bond between the candle, you and your target. The process of doing this is known as "the anointing of the candle".

ANOINTING THE CANDLE SIMPLY REQUIRES A CANDLE AND SOME OIL (whatever you have chosen based on your goal). You need to pour the oil into your hands and rub it into the candle. There are many different opinions on the "right way" to rub the oil into the candle. Here are some options:

- Rub the candle with oil from top to bottom
- Rub the candle with oil from bottom to top
- Rub from top to bottom to get things to you
- Rub from the bottom up to send things away from you

Start in the center of the candle and rub from center to tip, then center to foot

Start at the ends of the candle. Rub the oil from the top to the center, then from the bottom end to the center.

So, what is the most appropriate method? This is one of those things where different methods work and you have to choose the one that works best for you.

The most important thing is your mood while anointing the candle. As the oil is rubbed into the candle, you need to visualize your intention and mentally "pour" that energy into the candle. You can use a chant at this point if you feel it will help you and you will feel like you are charging energy. It is possible that your hands start to feel heavy or you start to feel that the candle is pulsing with energy, this is good, it is working.

Do this for a couple of minutes, perhaps 50 to 100 steps, until you feel that the candle is sufficiently charged. You can anoint your candle before starting the ritual if you want it to be ready, or you can do it before casting your spell. You decide.

CHAPTER 13: HOW TO PREPARE AN ALTAR FOR THE RITES

PUTTING AN ALTAR TOGETHER IS ACTUALLY QUITE SIMPLE. You probably want to include a few things to decorate, but in principle, it is mostly functional. It must be created with the idea to help you achieve your goals. Here are the basic things that most of the traditions of Wicca and Paganism included in the altars.



THE SYMBOLS OF THE FOUR TRADITIONAL ELEMENTS. Usually, these are aligned with the four cardinal points. You can place a bowl of soil or sand on the northern tip of your altar to represent the earth, an incense stick in the east can symbolize air, a candle or coal in the south to represent fire, and a bowl of water in the west.

CANDLES. You can also add on your altar candles to the Goddess and the God if tradition refers to them, or you can use four candles to represent the four directions. Make sure you always have a lighter or matches close at hand.

THE ATHAME. Most Wiccans and Pagans use a dagger in their rituals, so you can put one on your altar.

THE WAND. The wand is used to direct energy, so if you decide to use one, always keep it on your altar.

YOUR BOOK OF SHADOWS. If you are planning to do several spells or rituals, it is helpful to have one on hand. Essentially, it is a personal diary or cookbook in which you keep the spells you use, take notes, and document your experiences and results.

YOU CAN ADD MORE ENTRIES AS NEEDED, and according to the space they allow. You can include any components that you are going to need in your spells. If you are celebrating a special occasion, or invoking a particular deity, you can decorate the altar accordingly too. Either way, make sure your altar contains everything you need to make the spells effective before starting the ceremony.

I think few people know that the traditional gesture of blowing out birthday candles actually hides a profound magical meaning. You had your first magical experience, unknowingly, making a wish before blowing out the candles on the cake.

The candle, in fact, is a synthesis of very important symbols: it symbolizes man. It has a body of wax, a soul (the wick) and a spirit (the flame); as a man is born (ignition of the flame), lives by aging (gradual melting of the wax) and dies (extinction of the flame). A perfect synthesis between matter and spirit.

WAX has been used since ancient times as a magical means: to build wax figurines for the most varied purposes, for medicinal use (see writings by Pliny, Ovid and Plato), and also for ceromancy, a form of divination that was obtained dropping drops of melted wax into cold water to read omens.

One of the most important practical uses of candles was undoubtedly to make light. The **CERUS** was made up of a wick of rush pith which was dipped in the melted wax several times, until the desired thickness was obtained.

But candles have always been more closely linked to religious ceremonies in almost all cultures.

The candles that are used in magic can be both beeswax and paraffin wax, as far as the Solomonic magicians say, the symbolism remains intact even without the use of the very expensive pure and bleached beeswax. Since it is often necessary to completely burn the candles, during a ritual, we recommend candles 12-15 cm high, and 1.5 cm at the base.

AS ALWAYS, YOU HAVE TO EXPERIMENT
ON YOUR OWN: IN FACT, WHAT IS GOOD
FOR ME MAY NOT BE GOOD FOR YOU
AND VICE VERSA.

White

Helps to concentrate in meditation, develops inspirations and protects against negative influences.

Light blue

It protects from evil and deceit, promotes prophetic dreams and helps you relax and sleep.

Green

It stimulates healing, gives security, prosperity and luck, is conducive to new beginnings.

Yellow

It favors personal charm and confidences, fills with positive energy and new strength.

Orange

They promote clarity of thought, creativity and stimulate positive energies.

Red

It increases the willpower courage, increases the desire, and not just sexual.

Purple

They serve to put in contact with the world of spirits and are used in mediumistic sessions.

Brown

They are used to find lost objects, for rituals concerning animals or one's home.

Black

Those are used to banish and repel negative energies.

The color of a candle is like a key that opens a certain sector of your subconscious and of your entire being. Color dynamizes or activates a certain part of your being when it is perceived by your vision, its impulses are transmitted to the brain by the nerves.

Candles can be purchased, but if you prepare your own candles, perhaps on days appropriate to the rituals you want to perform, you will charge the candles with an energy that otherwise they will never have. A handmade candle, although not beautiful, will be more effective than a bought candle. You can also perfume them with essences that bind to the purpose of the ritual and you can give them the right shade of color.

CHAPTER 14: RITUAL GESTURES TO CELEBRATE THE ENERGY OF THE FULL MOON

THE FULL MOON IS THE TIME WHEN THE
MOON IS AT THE END OF ITS NATURAL
CYCLE AND REVEALS ALL ITS LIGHT
AND ENERGY OF HER.

Here are three simple ritual gestures to welcome and celebrate the revealing energy of the Full Moon.

This magical moon *symbolizes the moment* when the seeds of intention planted with the new moon begin to bloom. During each full moon, it is as if the Universe invites us to slow down for a moment and reveal ourselves to ourselves to understand what we are really manifesting in our life. This moon asks us to shed some light on the road we are traveling on, evaluate our steps, and if necessary correct the course.

1. Listen to your emotions

The best way to celebrate the Full Moon is to take the time to reflect. This is the perfect opportunity to understand where we have arrived in our personal journey. Am I really manifesting what I want? What milestones have I already achieved, and what are the things I still need to change?

The full moon brings our intentions to the fore and amplifies our emotions, and this can be good, as it makes it easier to process them.

2. Tidy up inside and out

The Full Moon is the perfect time to purify our space, our body and our mind. It is useless to hold back what we do not need, we make order inside and outside of us.

In a clean environment it is easier to clarify. Let's indulge in a ritual bath with essential oils, burn some incense, create a relaxed environment in which to dedicate ourselves, and if you like, meditate.

Let's spend time with our thoughts, watch them flow and learn to give worries the right importance.

3. Recharge your energies

Energy is abundant during each full moon, so a wonderful way to celebrate it is to simply sit back and relax, to recharge your energy.

Sometimes we need stillness to observe what is happening around us, to notice how we feel, to discover the opportunities that are hidden right before our eyes.

**REMEMBER, YOU ARE EXACTLY WHERE
YOU SHOULD BE, SO ENJOY IT, FOR A
MOMENT.**

CHAPTER 15: WHAT MOON WATER IS AND HOW IT WORKS

Water charged with the energies of the Moon is particularly **BENEFICIAL AND PROTECTIVE**. It favors physical and mental balance and instills a sense of unity with the whole universe.



LUNAR WATER is simply ordinary water that has been exposed to the light of the moon and charged with a positive intention.

MOON WATER is used for many purposes, such as holy water, to enhance rituals, mixing it with bath water will help you relax, drinking it will help you clear your mind and empower your love and including increase your power spiritual, you can make tea with it and water your plants to make them grow beautifully.

THE WATER OF THE MOON can change according to your intentions as you prepare it and also varies according to the zodiac signs, that is, in which sign the full moon is.

The Messages from Water and the Power of Intention

The power of our thoughts and intentions was at the center of Dr. Masaru Emoto's studies. Thanks to years of experiments and research, Dr. Emoto discovered how water reacts and changes at the molecular level depending on the vibration to which it is subjected, both in the form of thoughts, words,

both written and spoken, music or prayers.

HOW TO PREPARE LUNAR WATER

To prepare the Lunar Water, you only need:

- a 1liter bottle of clear glass
- 1 liter of drinking water

To proceed with the preparation, simply **FILL THE GLASS BOTTLE** with water and place it where it can be illuminated by the moon's rays (preferably outside, but an internal window sill is also fine).

It doesn't matter if the sky is cloudy, as moonlight, just like sunlight, can easily penetrate clouds.

While placing the bottle with water in the light of the moon, it is important to **FOCUS ON A VERY SPECIFIC INTENTION** so that it is transmitted to the water.

It must be left all night under a full moon and must be withdrawn before the sun rises. The water will recharge itself with the energy of the moon which, as we know, has a great influence on everything and every being. It should be drunk in total tranquility and living the moment, that is, drink it with awareness. The mind must remain free of thoughts, totally concentrated on this wonderful ritual.

HOW TO PREPARE LUNAR WATER WITH CRYSTALS

To create lunar water with crystals, you will need a **TRANSPARENT CRYSTAL**. A rock crystal is therefore perfect. Lunar water must be prepared

during the Full Moon or the day immediately preceding this lunar phase.

Place your crystal in an unpainted glass container and **COVER** it with plain water. At sunset, place the container on your balcony, or outside your front door, in a corner well-lit by the moon. At dawn, you can remove it. Remove the crystal and store the water in a bottle. Energized, it can be drunk every morning before starting the day to receive strength and protection.

It can be prepared in various phases of the moon, you can make your water in full moon or waxing moon, waning moon or new moon.

DEPENDING ON THE USE YOU WILL THEN MAKE OF IT.

New Moon Water:

Holistic care (both for body, mind and / or spirit), new beginnings, project initiation rituals.

Crescent Moon Water:

Works of inspiration, growth and love.

Full Moon Water:

Positivity and emotional and psychic healing, maintaining and increasing what we already have or attracting abundance.

Waning Moon Water:

Cleansing, detoxification, releasing old and negative energies.

CHAPTER 16 THE RITE OF THE MOON BATH

MOON AND FEMININITY. A combination of ancient origins linked to the menstrual cycle, whose repetition is intertwined with the phases of the moon. Often considered a nuisance, menstruation actually offers a woman the opportunity to perceive her own physiology and to feel how these changes affect her psychological processes.

THE CONNECTION between femininity and the moon is found even in the etymology of the term menstruation, deriving from the Latin mens and from the Greek men, menos, whose meanings are moon, month and measure. In fact, the menstrual cycle, corresponding to the lunar cycle, in ancient times determined the measurement of time. Just think of the lunar calendars with 13 months of 28 days, corresponding to female menstrual cycles.

The period of menstruation was considered by some communities the most important because in this phase the woman was totally in contact with cosmic energies, therefore capable of dreams and prophetic visions. It is no coincidence that in some cultures women used to retire to the so-called red tents to rest, take care of each other and isolate themselves from the surrounding community.

In those days, **WOMEN BECAME PORTALS BETWEEN THIS WORLD AND THE WORLD BEYOND**, that of spirits, from which they carried important messages for the whole community. Isolation did not depend on the refusal of the menstruating woman, subsequently accused of being impure, but on the

need to retire for a few days from daily chores, dedicating the time of menstruation only to themselves.

Even in MYTH AND IN MANY ANCIENT LEGENDS the moon was a symbol of the feminine, her protector deity, just as the sun symbolized the masculine principle. The moon in turn was associated with night and darkness, the realm of intuition and the inner world, incomprehensible to the rational mind. The female conscience symbolized by the moon, not detached from the unconscious, was also considered the bearer of spiritual rebirth because the mystery of transformation is hidden in the darkness.

Since THE FEMININE IS INTIMATELY LINKED TO THE MOON, rituals have developed over the centuries that see them both as protagonists. The lunar rituals we are talking about today are evident reinterpretations and it is not known how faithful they are to the ancient ones, however it is interesting to know their existence and why not, to test them. We women have been removed from our natural rhythm, which is essentially lunar and in doing so, we have progressively lost contact with cosmic rhythms. We no longer have a cosmic life, and we miss the Sun and the Moon within us.



Yet there would be a very SIMPLE AND NATURAL way to go back to moving and turning to the rhythm of the Moon: to follow it in its waxing and waning phases. There are many ancient traditions that despite the attempt to eradicate them, have come to us intact through the knowledge kept by shamans and priestesses over the centuries. One of these is the Aztec tradition of the Lunar Bath.

ACCORDING TO THIS ANCIENT TRADITION handed down by Mexican curanderos, a

woman must immerse herself in the water at least once every 29 days, when the Moon disappears for a whole day, to reappear again and begin the new cycle.

ACCORDING TO THIS ANCIENT COSMIC LAW, at the end of menstruation (4th week of the female cycle) the woman, freed of the blood and no longer vital eggs, must - *in the period of darkness (29 days)* - cleanse her entire body of negative residues, preparing her for the new cycle.

At the exact time of the "New Moon" (or 1 hour, or 7 hours, or 14 hours later) you must take a purifying bath following a particular ritual:

- 1) The bathroom must be CLEAN AND TIDY
- 2) "ARTIFICIAL LIGHT" should not be used, but only that of candles, which must be of "beeswax" or the "color" you like best
- 3) Choose the PERFUME that is the most pleasant at that moment, following the rhythm of the months and giving preference to seasonal flowers
- 4) Choose MUSIC that leads to a state of peace and total relaxation
- 5) Prepare clean white TOWELS
- 6) If the ritual is done at night, choose your most beautiful PAJAMAS, made of silk, cotton or linen, which allows the skin to breathe
- 7) The water must be LUKEWARM, slightly above 38 degrees, so that it cannot be entered immediately, but gradually
- 8) You enter the water with your LEFT FOOT, slowly, and only after placing it on the floor of the bath, do you put your right foot in
- 9) When both feet are resting on the floor, all attention is placed on both feet and you take a long inhalation. You HOLD YOUR BREATH for about 4 seconds. Then exhale, mentally asking that part of the body, just immersed in

water, that you want all the accumulated negative energy to be expelled. The same breathing and the same mental request addressed to the parts of the body, which are progressively immersed in hot water, must be performed for all subsequent phases up to total immersion

10) **GET ON YOUR KNEES** then stretch your legs, keeping the groin and genital parts underwater, slowly stretch up to the navel (intestine), cover the solar plexus up to the breast, then the chest up to the throat, which should wet just under the chin, slowly passes to the mouth, then to the nose, plugging the nostrils with the right hand and enter the water with open eyes, closing them and immersing oneself totally

11) This is the most important moment because we pass again **FROM THE DEATH OF THE OVUM TO ITS REBIRTH**. It is like procreating a new being that plunges into water that assumes the role of the amniotic fluid in the belly of a pregnant woman on a psychological level

12) You remain **UNDERWATER** until you can't hold your breath any longer

13) You stay immersed in water for as long as you want, gently **MASSAGING** the whole body, paying attention to the parts that are tense and to those that are painful. Concentrate on these parts and pay attention to the thoughts that arise, and that lead to remembering pleasant and unpleasant events and sensations

14) After this moment, we **SOAP** ourselves, spreading the soap all over the body so that all dirt is eliminated. Take a stiff brush, rubbing the whole body, in order to remove the old, dead cells. During this operation, the dirty water is drained away, keeping the hot water tap open until the water returns clean and clear

15) You immerse yourself in the water again, remaining **MOTIONLESS** for a few minutes, making sure that the bath empties slowly

16) When the tub has emptied, stand up and take a liberating **SHOWER**, switching from hot to cold water

17) **DRY** yourself slowly and yes, spread a toning cream on your skin

18) After the ceremony go to the living room and **LIE DOWN** for a few moments, sipping a hot flavored drink and listen to music that caresses your heart, making it vibrate

WOMEN WHO HAVE A DIFFERENT MENSTRUAL RHYTHM must do the ceremony at the end of the cycle and at the hours of the change of the Moon, from waning to increasing, observing if the rhythm of their body remains constant and / or adapts to the natural one of the lunar cycle.

WOMEN WHO HAVE PASSED THE MENOPAUSE must do the ceremony both on the New Moon and on the Full Moon, so that the body maintains and follows the rhythm of the Moon, taking into account that in the 14 days of the growing phase they must be more open to the world and to all those around them, while in the 14 days of the waning phase they must remain more reserved and introverted, listening more carefully to their body and how it responds to emotional and physical stimuli.

In any case, you must carefully **OBSERVE YOUR SKIN AND TAKE CARE OF YOUR DIET**, paying attention to the effects it produces on the body, observing the parts that become drier and redder, massaging them with creams or other ingredients that every popular culture recommends. Grandmothers and mothers must become valuable counselors, having achieved greater experience and ability to identify symptoms and take action to remedy them.

Finally, it would be advisable for each woman to prepare her own playlist, recording the music she wishes to listen to during the ceremony and subsequently during relaxation.

This ceremony should also be performed by men, to let them enter the lunar rhythms (13 Moons) and allow their female part to expand and harmonize with the male and solar part, which follows the rhythm of the equinoxes and solstices (4×3).

CHAPTER 17: HOW TO CELEBRATE ESBAT

The combination **MOON AND WITCH** is a winning and absolutely natural combination. Witches perpetuate an ancient wisdom also linked to the various phases of the Moon that affect all living beings.

THE MOON IS ENERGY THAT TRANSFORMS, THE MOTHER AND SISTER OF THE WITCH. The Moon shows us 3 of her wonderful faces and always hides one of them from us. ESBATs are very important moments for a witch and all witches do something different than usual these days, which represented by the various phases. The farmers who follow it to carry out sowing and harvest at the best time also know this well.



We always celebrate with the same gratitude since the Moon, with its ever-changing energy, follows and supports us during all our rituals.

THIS IS THE ESBAT: THE CELEBRATIONS IN HONOR OF THE MOON.

The important thing is to celebrate with pure spirit, open, receptive and be truly happy in the heart.

She welcomed us into her arms when we decided to cross the threshold of the oath or initiation, she listens to us when we speak to her and we entrust our thoughts to her, even the darkest ones, to console us. Celebrate therefore the

cycle of the rebirth of the moon, or witches, because by doing so, our inner energy will be always greater.

RESPECT NATURE AND WHAT LIVES IN IT AND YOU WILL BE HIGHLY REWARDED

THE 3 MOTHERS, that is, the Crescent Moon called "the young", the Full Moon called "the mature" and the Waning Moon called "the elderly", are the classic representations of the 3 lunar phases depicted with female faces, as the moon is associated always to the woman who, with her cycle of 28 days, is equal to the Lunar cycle. It is associated with water, necessary for life. The Moon creates the tides with its force of attraction. The cup and the rose are its symbols. Each phase of the moon has its own power. It increases, creates or breaks in a positive or negative sense. In magic everything is originally "pure", each term is emptied of the purely human meanings of "good" and "evil", wickedness and goodness, which exist and have value only for the human being who creates them.

MAGIC, and even more so, natural witchcraft, is in itself a clean practice that can change expression according to the feelings of those who put it into practice. Witchcraft is not bad if the practitioner is not. Everything has two sides. Fire is used to heat and cook but if it escapes our control it is capable of destroying. Water is a source of life but, in excess it too can kill.

THE FIRST MOTHER IS THE YOUNG BRIDE

During the first quarter, which goes from the new moon to the first quarter, rituals are performed to give them a strong push and the results of all the operations that are performed will be decidedly immediate. In this phase the Moon is increasing its volume and therefore it is excellent for rituals related

to health, love, friendship, luck and charm. It is a good time to start a project, to attract news and increase even in the workplace and to conceive a child. In the second growing quarter, which goes from the first quarter to the full moon, the energy of the Moon is used for all expansion operations, to give power to things in order to increase their results, of any kind.

THE SECOND MOTHER IS THE MATURE LADY

In this period of the full moon, any type of ritual can be carried out because we are in the phase of its full power and its maximum splendor. It is the Moon suitable for all the jobs we want to see resolved and concretized in a short time. It is conducive to meditation, to the practices of affirming one's power and to make oneself more charged and stronger.

THE THIRD MOTHER IS ELDERLY AND WISE

In the third quarter, which goes from the Full Moon to the Last Quarter, when the moon begins to descend in a waning phase, it is possible to carry out operations of removal, to banish enemies and to break up obstacles. It is the right phase for those who want to put an end to something, an addiction, for dark works and to remove negative energies. In the Last Fourth, when the Moon slowly slips into darkness to become New, rites of destruction, decisive removal of troublesome people and of disintegration are performed. It is also a good time to dedicate to the rituals called "occult sowing", for all long-term projects. It corresponds to the black phase in alchemy (nigredo or putrefactio) which always precedes rebirth and renewal. It is in this phase that the initiation rites are performed precisely because the moon is renewed and reborn and the initiate does so with her.

IN THE NOVILUNIO (New Moon) the Fourth Dark Mother appears and all those rituals aimed at destruction and damage are performed, to banish problems, obstacles, and to defend oneself from occult damage. In this phase they perform rites to honor the souls of the dead. The New Moon is called the Moon of changes and turns. It is in this moment that rituals put in place bear

their first fruits, suddenly and quickly. The New Moon always brings achievements, changes and transformations.

WHEN TWO NEW MOONS OCCUR IN A MONTH, THE SECOND IS CALLED BLACK MOON. In this phase all the strength that is expressed during the waning phases and the new moon is accentuated. The rituals that can be carried out are the same as those described for these phases but now they are much more incisive and effective. Beware: handle with care because this is the realm of ECATE the fourth dark mother.

THE ESBAT ARE THE RITUALS LINKED TO THE MOON, moments of celebration of the Goddess and her energy which, in fact, correspond to the phase of the Full Moon.

1 - Wolf Moon - January Esbat

Also called Winterfell Moon, Silent Moon, Ice Moon, Old Moon, Snow Moon, Cold Moon. The wolf is often seen in this period when food is scarce, nature faces the coldest and hardest period of the whole year. Great strength is required to survive the rigors of the season, and while nature falls into winter sleep, man too continues the journey into his interior. This is the moment in which we must resort to patience, to know how to await the right time for everything with tenacity. It is a good time to make plans, study evolutions and lay the foundations without which no project can ever be realized. The cold winter, the inner phase of the year, in which very little is manifested, does not prevent us from expanding our great need for affection and love and remembering the sweet and serene world of childhood. Like animals that hide in the heat of the den, we too can recognize our need for human warmth, accepting our frailties and recognizing that we need others. We follow the example of the wolf, which despite being a lone animal in some respects, finds the warmth and strength necessary to face the hardships of winter, only within its pack. We can celebrate the Wolf Moon by wearing something dark red, burning candles of the same color and the incense of the full moon made up of anise, lavender and rosemary.

2 - Ice Moon - February Esbat

Also called Immaculate Moon, Purification Moon, Chaste Moon, Storm Moon, Wild Moon, Hunger Moon. Nature rests under the cloak of snow and prepares a new life. We are still in the heart of winter, but the days are already longer and despite the frost, the first signs of life are already appearing, the first snowdrops are seen and the hibernating animals awaken to evaluate whether to continue sleeping. It is a suitable time for purification, be it physical, spiritual or emotional. It is time to renew ourselves and look towards the spring that awaits us. The rites linked to this celebration have a strong purifying and protective character, they remind us that it is necessary to defend life, which is timidly reappearing in the world. Resisting this month is the last effort before the expected arrival of the new season. We can celebrate the Ice Moon by wearing something white, burning candles of the same color and sage. We put white flowers in our homes, asking the immaculate moon to make our existence better, we write our personal prayer on a sheet of white paper and entrust it to a course of running water or burn it in the flame of the candle, to make it fulfill the requests.

3 - Moon of the seed - Esbat of March

This is the Moon of the Renewal, it is a moment of regeneration and of true awakening under the natural and spiritual profile. Spring is returning, Nature is awakening and our hearts must also rejoice after the long winter, the reign of Saturn. The seed opens in the earth, a new life is born: it is a moment of balance between dark and light, the eternal opposites that in this period have the same duration, in perfect harmony. It is the beginning of a new cycle, the seed is about to become a flower: a period of regeneration and true awakening begins. It is time to dedicate ourselves to sowing also in our spirit, to stir old moods and prepare ourselves for the new future harvest. Let's regenerate: it is the right moment to renew our life, our thoughts, dreams,

relationships, loves and friendships, revitalizing even what has lost its vigor.

In this new season there is the ancient custom of "spring cleaning", which is much more than just physical work: we free the house from everything that represents the old and the useless,

We clear our environment of the problems and negativity of the past months and prepare it for the new season. It is good that all movements, including washing the floor or dusting, are done in a clockwise direction, to fill the house with constructive energy. We can celebrate the seed moon by wearing something green, burning candles of the same color and the incense of the full moon, composed of anise, lavender and rosemary. We put pots of the first flowering plants of spring in our homes, and we bless the seeds that will later be placed in the ground: the moon of the sowing brings with it fruitful energies to all crops that will thus be able to give excellent flowers and fruits.

4 - Moon of the gems - Esbat of April

Also known as the Moon of the Hare, Moon of the Buds, Moon of the Grass, Moon of the Eggs. The energies of this Moon set everything in motion and growth. We are entering the month radiated by the sun and its fruitful energy. Day by day the light increases rapidly

In nature it is the moment of germination that contains within itself the vital force and enthusiasm for the life that is about to be reborn. Precisely because of this upheaval of nature, this moon causes mood changes: calm and emotional impulses can coexist within a few days. Our intentions and passions emerge, so we can take advantage of this period to take care of ourselves and our projects. Let us allow ourselves to be invaded by the light of this moon, cultivate and fertilize the garden of the soul, like our garden. We celebrate this Esbat by wearing something green or pink, burning candles of the same color and the full moon incense composed of anise, lavender and rosemary, dancing happily in a circle: we will feel the life vibrating in our hearts and we will activate our inner fire, starting our projects and translating

our intentions into concrete actions.

5 - Moon of the Flower - Esbat of May

Also called Moon of the Couple, Moon of Flowers, Bivalent Moon, Happy Moon, Milk Moon, Shining Moon. In May, the month of pleasures, all of nature seduces us with its beauty and perfumes, while the already hot sun caresses our skin with its soft and enveloping rays, without however burning us. This Moon is important because it honors the marriage of the God and the Goddess and their union on Earth, their love and joy are reflected on the earth: the flowers bloom, the branches of the trees are filled with green leaves, the winds and the spring rains subside, giving way to blue skies and the warmth of the sun. This is the time when two become one, when all things meet their opposite in perfect balance and perfect harmony. The sustenance, material and spiritual, for all living beings arises from the divine union between God and the Goddess. This is one of the most powerful moons of the year for the witch. It is a moment in which even the impossible becomes possible. We let feelings and emotions, enthusiasm and hope explode within us. We can celebrate this moon by wearing something bright in color, burning candles of gold or silver, yellow or gray color and jasmine incense. We leave a corner of the garden or a vase completely uncultivated for the fairies to cultivate it and so that their presence can bless all our harvest.

6 - Honeymoon - June Esbat

Called Mead Moon, Horse Moon, Sun Moon, Strawberry Moon, Aerra Litha (Before Litha). Nature is in full splendor, it is strong and close to its maturity, the gardens are in bloom and the fruits are ready for harvesting. The June Moon is a moon of joy and change. The warm and fragrant air, together with the days that are getting longer, invite you to move, travel, change and make

new acquaintances. The June Moon is also called the Mead Moon because in ancient times, with the honey produced in May, through a fermentation process similar to that of wine, this very sweet nectar, rich in magic, was produced. This full moon exudes protective and strengthening energy. It is the right time to work on yourself, on your shortcomings, to make decisions or take responsibility. It's a period dedicated to the collection of flowers and herbs for love talismans. We can celebrate by wearing something amber like honey, burning yellow or orange candles and pure incense.

7 - Harvest Moon - July Esbat

Also called the Grass Moon, the Deer Moon, the Plowing Moon, the Hay Moon, the Blessed Moon, the Blood Moon, the Thunder Moon. The fruits are now ripe and Nature takes a break. This is the period in which herbs are charged with solar energy and reach their maximum potential, they stand tall, ripe, full of flowers and fruits: it is therefore a good time to harvest and store them. Likewise, during this Moon our spiritual harvests begin, our receptivity is more sensitive and divination is clearer. You will discover marvelous aspects of one's interior, hitherto unknown, aspects that will make magical practice more powerful. The Harvest Moon favors relaxation and mental distension, the works of meditation, divination, dream receptivity and the beginning of objectives regarding our spiritual path. We can celebrate it by wearing something orange, burning candles of the same color and incense made up of three herbs: lavender, sage and rosemary.

8 - Moon of Wheat - Esbat of August

Also called Moon of Disputes, Moon of Sturgeon, Moon of Barley, Contrary Moon, Weedmanath (month of vegetation). The sun dominates this time of the year, the generosity of nature has reached the completion of an agricultural cycle and we can enjoy the fruits of our harvest. The ancients

called this Esbat the Barley Moon, a moment to contemplate the eternity of life: at its core the cereal holds the mysteries and cycles of life, death and rebirth. Each seed is the product of the primary cereal. In the gardens, fields and orchards we see abundance, opulence, positivity and joie de vivre, and these are the feelings that accompany us in this moon of sharing and rest. It is time for both material and spiritual harvest and we can celebrate it by wearing something brown or golden yellow, burning candles of the same color and patchouli incense, decorating the table with ears of wheat, eating wheat biscuits and drinking beer. We burn together with the incense, thank you cards, one for each person who is no longer alive, who affected us very concretely and emotionally in life.

9 - Harvest Moon - September Esbat

Also called Moon of Songs, Moon of Harvest, Moon of Wine, Moon of Rice, Moon of Mulberry, Moon of Freshness, Moon of Acorns. This moon corresponds to a period dedicated to rest, to a moment of meditation and taking stock. The Goddess of the seasons has now given its fruits and is preparing for a well-deserved rest, the night begins to lengthen and the days are visibly shortened. It is an ideal time to preserve the fruits that Nature has given, to reflect on the continuity of life and the cyclical nature of the seasons. It is a moment to live without any regrets or sadness, but with a sense of satisfaction, fullness and well-being. We have before our eyes the fruit of what we have sown and we can finally enjoy it with serenity. The masculine and feminine elements of our personality need to express themselves in the same way and this is the right time to bring into our life a harmonious balance like that which reigns in nature, reflecting on the sense of transformation that pervades us in this phase of new initiation. This moon is a very auspicious time for the preparation of protective amulets for the winter season. Grapes are the symbol of the adept: the harvest, the rest in the barrels and the transformation into wine, is the path that our spirit must also follow. We can celebrate by wearing something lavender, burning candles of

the same color and mugwort incense.

10 - Moon of the leaves - Esbat of October

Also called Moon of the hunt, Moon of Songs, Moon of Blood, Moon of the Changing Season, Moon of Dying Grass. This is a transition moon, it teaches us how in the cycle of nature, there is a sense of profound harmony and justice: death is necessary for a new life to be born, we are about to witness the great final transformation. The season is still mild and you have to enjoy it, making the sounds and smells our own, walking in the woods and letting ourselves go to introspection, in search of inner balance. The October moon is also called the hunting moon, since it was originally dedicated to prey animals, their spirit was remembered, and they were thanked for the nourishment they gave to man with their death. Even today this moon is dedicated to wild animals, we reflect on their characteristics and dedicate a thought of gratitude and love to them. Plants and vegetables should also be thanked: every time we pick a fruit or eat a vegetable, we must reflect on the fact that that too is a life that is interrupted for our sustenance. We can celebrate this Moon by wearing something red, burning candles of the same color and cinnamon and nutmeg incense. It is a good omen to decorate the table with pumpkins, apples and autumn leaves, drinking red wine, burning lemon peels to invoke protection. We prepare red bags containing apple seeds, very suitable for love spells. Let's light a red candle to thank the animal and plant world, then put it on a window sill in honor of all the creatures who have sacrificed their lives.

11 - Snow Moon - November Esbat

Also called Mad Moon, Dark Moon, Ancestral Moon, Fog Moon, Beaver Moon. After having given all its energy, the now stripped nature prepares to rest and thus the Earth Goddess also rests together with God in a spiritual

union. Autumn is the season of the great transformation: the darkest and coldest months of the year are about to reach us, nature goes to sleep to recover new energy for the year that will begin, a cycle closes, waiting to start over. Nature invites us to introspection and reflection on the final phase of life; death, which is a necessary time for a new rebirth. This Esbat is a propitious moment to practice the divinatory arts, because it is a phase of transition and encounter between past, present and future. The energy of this moon is one of transformation, of spiritual connection with the divine, of reflection and preparation for new cycle. We can celebrate the snow moon by wearing something dark blue or black, burning purple candles and mugwort incense. We put garlic and onions on our table and drink red wine. To resolve all outstanding issues, we put three cloves of garlic and a rock crystal in a small bag.

12 - Cold Moon - December Esbat

Also called Oak Moon, Moon of the Long Nights, Moon of the Great Winter, Moon of the Bare Trees. The oak has always represented the masculine aspect of Divinity and the natural flow between the physical and spiritual world. The trunk and branches grow and stretch towards the sky, while the roots sink into the occult regions of the underworld. Like the oak, our existence expands into two worlds, Mother Earth this season has stripped herself of all her ornaments and our attention turns to the essence of things, to spirituality. We are part of a single organism that renews itself every season and just as the time of darkness is about to end, so too we can prepare ourselves for a rebirth, which has its peak in the winter solstice, when the child Sun God who accompanies us, is born in a new cycle of renewal. Let's get in touch with our inner light, the bearer of hope and trust. Under the chill of nature, the vital seed of rebirth is present. It is the full moon closest to the winter solstice and invites us to dedicate ourselves to the family, to the loved ones and those closest to us: this will help us strengthen our mind and focus our spiritual path. We can celebrate by wearing something yellow, burning

white or yellow candles and the incense of the full moon made up of anise, lavender and rosemary. We tie branches of mistletoe and holly to the candles and let them burn, giving them everything we want to eliminate from the old year.

13 - Blue Moon

It is a special Esbat and is called "variable moon" because it is the thirteenth moon of the year and always falls at a different time. The 28-day lunar cycle is different from that of the solar calendar, which varies from 28 to 31 days. Even in ancient times the blue moon was the fourth full moon in a season that contained four. Normally a season has only three, hence the exceptional character of this Moon which is a reference point for one's goals and for their verification. The blue moon does not always fall at the same time, it is charged with power and is suitable for divination and the most powerful spells. It is celebrated with great dances and songs, launching thoughts of gratitude and calls of love. When it shows itself to us twice in a month, which happens on average every 2-3 years, it fills our hearts with joy, we enrich ourselves with its energy like a baby sucks nourishment from its mother. We feel free to follow the heart and we do it with great enthusiasm because it is a moon that does not show up often, but it is mysterious and powerful and seems to watch over us. We can celebrate it by burning silver or white candles and pure incense. It is a good omen to drink water from a cup in which it is reflected, remaining silent and sending her messages of love.

CHAPTER 18: MAGIC PLANTS AND THE MOON

THE MOON AFFECTS OUR WHOLE LIFE,
ESPECIALLY WHEN WE TRY TO LIVE IN
SYMBIOSIS WITH NATURE, RESPECT FOR
NATURE AND CYCLES BECOMES
CENTRAL.



The moon often becomes the protagonist also in the magical garden, because it **REGULATES THE SOWING, HARVESTING AND GROWTH** of herbs.

DEPENDING ON THE PHASE OF THE MOON in which we find ourselves, some activities are favored over others and in order to be able to perfectly connect, plants have always been a valid ally.

Here is a short list of plants to use in lunar enchantments.

SAGE

- Ideal for promoting clairvoyance, purification, intuition and divination, it is said that eating a leaf promotes divination and purification.

WILD FENNEL

- Perfect for working with the heart because it opens its eye.
- If hung in front of the door of a house on a waning moon it drives away evil spirits.

Also perfect as a shield against evil influences and for protection.

MILK THISTLE

- Perfect for realizing intentions and making them manifest.
- It helps to eliminate fear and makes you more courageous and aware of your resources.
- It favors action and autonomy.
- Its dried buds, when placed in a bag in the garden, keep thieves away.

JASMINE

- Fresh jasmine flowers placed next to the bed induce a sweet sleep by facilitating prophetic dreams.
- It is said that on full moon nights, drinking tea with jasmine flowers helps you to have visions and premonitions.

ARTEMISIA

- Perfect for working with past lives: put its branches under your pillow for a whole moon cycle and you will see that you will begin to remember fragments of your past lives.

- An Artemisia leaf placed in your shoes will give you courage and strength to face a journey while keeping you away from danger.

STAR ANISE

- Perfect for boosting mental powers and luck.
- If worn as a pendant it helps luck, and put in the wallet during the night of the full moon, it will help increase finances.

MELISSA

- Ideal for promoting calm, clarity of thought and emotional healing.
- Relieves stress if burned on the wane.

MYRRH

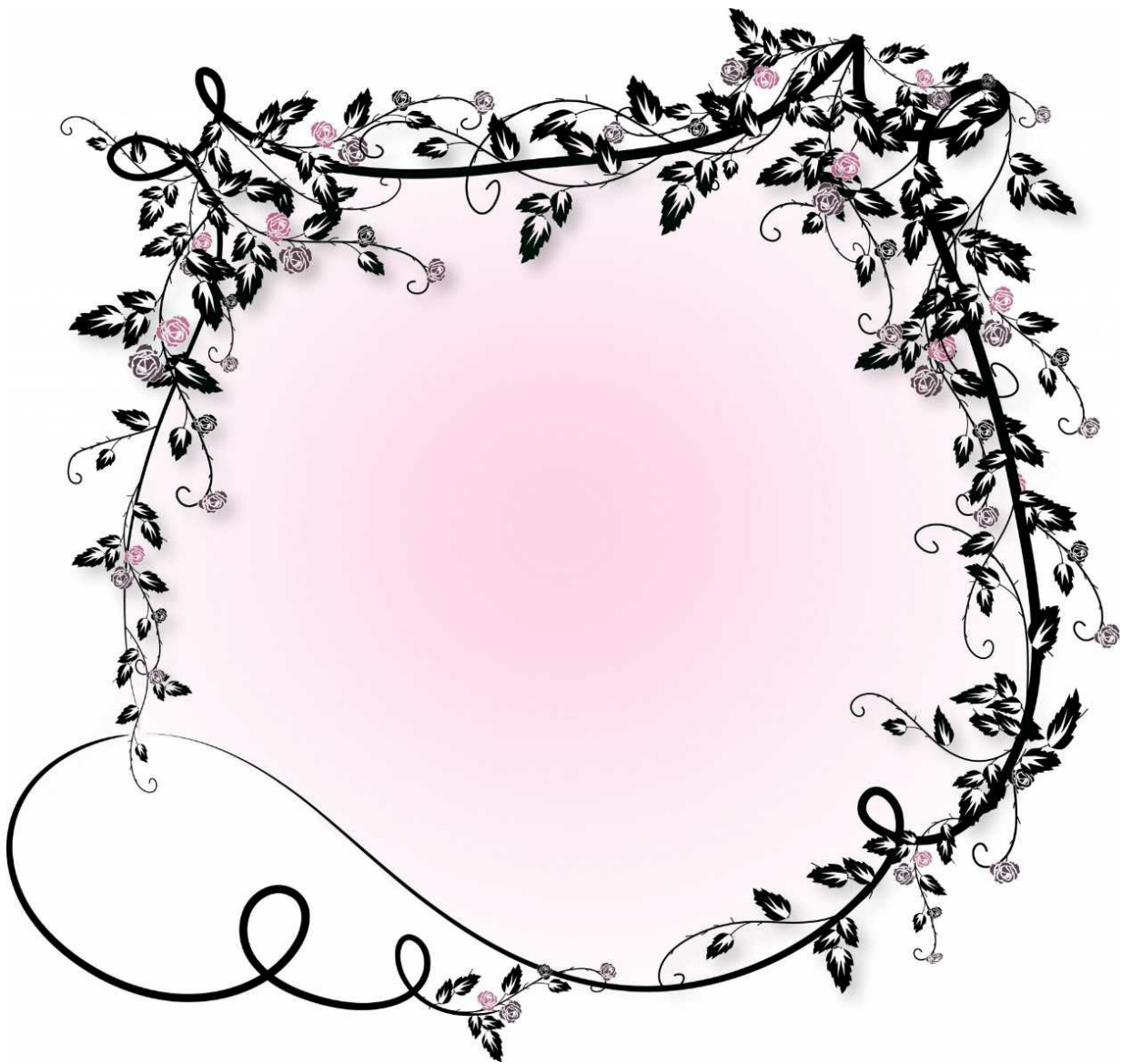
- It is burned on a waning moon to purify and protect.
- It removes negative energies and is perfect for purifying ritual objects and amulets.
- Its resin is used in healing spells and used in enchanted bags.

NUTMEG

- Worn as an amulet, it is perfect for giving clairvoyant powers.
- During full moon nights, if burned as incense, it favors divination.

POPPY SEEDS

- Poppy is associated with sleep and rest.
- Eating poppy seeds induces sleep, and if worn on the crescent moon they attract luck, love and money.



*WE HAVE COME TO THE END OF THIS BRIEF
EXCURSUS ON PLANTS TO WORK WITH THE
MOON*

CONCLUSIONS AND FINAL TIPS

Each witch creates her own spell or adapts others to her needs, if the situation requires it.

Each spell must be performed with the utmost concentration and dedication, taking care not to be disturbed by anyone!!

Therefore, my advice as a friend, TURN OFF YOUR MOBILE PHONES AND DISCONNECT THE DOORBELL!!! For a while, dedicate yourself completely to what you are doing.

More very wise advice that the ancient wizards have passed down to the present day is: "CAST A SPELL AND THEN FORGET ABOUT IT". There is nothing more counterproductive to the rite itself than our negativity in continuing to ask ourselves: "WHO KNOWS IF IT WILL WORK?" or "WHY IS IT TAKING SO LONG?" or "MAYBE IT WON'T HELP".

LET US ALWAYS REMEMBER THAT A
SPELL LIVES ON OUR HOPES AND
POSITIVE ENERGIES!

If we are the first to be "negative" we will certainly undermine the success of our rite. Let it take its course without unnecessary torment!

As a rule (even if I don't like giving the times in Magic very much, let's

remember that Magic is SUBJECTIVE and varies from person to person) a spell leads to its realization in about 31 days or after the completion of the lunar cycle, even if this varies according to the ritual and what we desire from the ritual itself.

TIME MUST NOT BE TAKEN INTO CONSIDERATION, especially in esotericism! Time is something that human beings have "invented" and certainly not nature which, as we know, has a completely different timing from that of humans. The one shown is simply an indication.

Whenever you want to *transfer an influx of energy to formulate rituals* or purifications, you also need to know which candles to use (what color, long or short) and on which days to operate.



SUNDAY: It is associated with the sun; the most suitable colors (for the candles used in the ritual, for example) are Gold, Yellow and Orange. It is also a suitable day for divination.

MONDAY: Associated with the moon and the colors White, Gray and Pearl.

Excellent day for all spiritual and High Magic goals (such as mysticism in general, meditations, "astral travel", the emotional health of the person, but also purifications, divinations, obtaining "advice" and "enlightenment" coming from other "levels" of existence (various entities, according to your beliefs).

TUESDAY: Associated with Mars and with the colors Red, Pink and Orange.

Day suitable for topics relating to courage, action, physical energy, sex, but also anything that needs strength or initial stimulation. To be done on a waning moon if they are positive propitiatory rituals. I would not recommend it for love rituals as it could lead to temporary

"upheavals" and create tension.

WEDNESDAY: Associated with Mercury and with the colors Purple, Magenta and Silver. On this day, however, you can also use the color yellow and orange if you do a ritual at noon (or in the morning) for business.

Suitable for matters relating to the arts, legal matters, communication of all kinds. You can also use yellow, which is a "dominant" color that "persuades" the recipient.

THURSDAY: Associated with Jupiter and the colors Blue, Emerald Green (for rituals on finances), metallic colors in general.

Suitable for all business matters, to obtain greater power, to improve oneself in any field, to obtain any material goal and luck in general. For these goals, morning, noon, or the night before midnight are all appropriate times.

FRIDAY: Associated with the colors pink, white, (sometimes red) and even green.

Day suitable for sentimental matters, beauty and magnetism, marriage and family matters, interpersonal relationships.

SATURDAY: Associated with the colors black, gray, (sometimes red) and white

Day suitable for rituals that eliminate, diminish, remove, drive away, but also for some protection rites (generally the protection rites would be done at a crescent moon on other days, but if you want to remove negativity and protect yourself from it at the same time, this day, with a waning moon, can be suitable and, if you really want to take advantage of external energies, at sunset.

EACH PHASE OF THE MOON HAS ITS PURPOSE IN MAGIC and that is why every ritual, both of Red Magic and White Magic, must be decided in advance by evaluating in which phase of the moon it is preferable to act.

THE CRESCENT MOON PHASE is the phase that goes from the new moon to the full moon and lasts 14 days. During this time, it is possible to use her energy to attract something to or to bond with something; it is in fact indispensable in the rites of ligament and return of the partner. The energies of the crescent Moon are also used to consolidate a positive situation and thus make it stable. This stage is performed in most of the Red and White Magic rituals aimed at doing good.

THE PHASE OF THE FULL MOON, is the final phase of the waxing moon. In the calendar we find it completely white. This phase of the moon lasts only 1 day. In this phase the energies of the moon are at their maximum power; in fact, it operates as in a growing moon.

THE WANING MOON is the phase that goes from the full moon to the new moon and also lasts 14 days. During this phase of the moon, rituals are performed that are suitable for the removal from negativity, separation and damage. This moon phase is in fact suitable if you want to remove harmful people or situations from your life. It is used a lot in black magic, that is, that aimed at evil. Personally, I do not use this moon phase to operate black magic, but I use it exclusively to remove the evil itself with white magic, if necessary.

THE PHASE OF THE NEW MOON, is the final phase of the waning moon and lasts only 1 day. In the calendar we find it completely black. In the sky it is not possible to see it. In this phase the energies are minimal and it is advisable not to operate, unless the ritual itself requires it.

The moon is not only important for carrying out rituals or purifications, it can also be useful for watering, doing laundry, cutting

hair, etc.

Crescent moon: any positive or propitiatory ritual

WANING MOON: esoteric ritual that 'eliminates' or 'decreases'. The closer you are to the 'empty' moon (when you are about to enter a new moon), the more powerful the ritual; however, only experts can exercise when we are too close to the new moon (you have to prevent the candle from burning when you enter the new moon - so you have to do exact calculations and, as you know, the candles have to burn all the way through).

NEW MOON: for each new ritual, to be repeated on a waxing or full moon.

FULL MOON: only in cases that require particular strength (always propitiatory or "positive" rites), but not for beginners.

BE CAREFUL THAT YOU DO NOT ENTER A
WANING MOON IN ANY CASE.

HOW TO STRENGTHEN SPIRITUAL POWER WITH THE MOON

The full moon is the one that gives us great *insight and depth of knowledge*. It almost seems that in the nights of a full moon, as well as being immersed in its immense energy, the doors of esoteric and spiritual wisdom are open and our unconscious is connected with the subconscious and with the soul.

We light some *incense* in grains mixing it with 3 broken rose petals and a



COLLECTION OF VARIOUS
-> HINDUISM SCRIPTURES
-> HINDU COMICS
-> AYURVEDA
-> MAGZINES

FIND ALL AT [HTTPS://DSC.GG/DHARMA](https://dsc.gg/dharma)

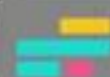
Made with



By

Avinash/Shashi

**Icreator of
hinduism
server!**



KAPWING



COLLECTION OF VARIOUS
-> HINDUISM SCRIPTURES
-> HINDU COMICS
-> AYURVEDA
-> MAGZINES

FIND ALL AT [HTTPS://DSC.GG/DHARMA](https://dsc.gg/dharma)

Made with



By

Avinash/Shashi

**Icreator of
hinduism
server!**

KAPWING

grated lemon zest. We light a white candle and breathe very slowly letting ourselves be enveloped by the smoke and concentrating on the breath and the scent of incense. We try not to create visions or sensations but let everything come by itself.

HOW TO ABSORB THE POWER OF THE MOON

Go outdoors in direct moonlight with your palms facing the moon, after about 5 minutes you will begin to feel a warmth or a tingling sensation or a feeling of heaviness - your hands are absorbing the lunar energy.

Now imagine that from the hands this energy walks up the arms to the head and slowly descends through the limbs to the feet - it rises on the legs expanding in the back and trunk up to the head and descends to the hands.