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**GUJARAT AYURVED UNIVERSITY, JAMNAGAR**  
**AYURVEDACHARYA-( B. A. M. S.) EXAMINATION**  
**FOURTH PROFESSIONAL SEPTEMBER - 2020**  
**PANCHAKARMA**

Marks : 100

સૂચના : બધા પ્રશ્નો ફરજિયાત છે. All the questions are compulsory.

**SECTION - A**

1. Define the term Vamana and explain the mode of action of Vamana. 10
2. Answer any one question. 10
  - (A) Write different Sneha Matra and Samyak, Ayoga and Atiyoga laxana of Snehana.
  - (B) Explain Dashadha Vyapad in detail. 20
3. Answer any four questions.
  - (A) Describe Indications and contraindications for Vamana. ✓
  - (B) Write Sankara Sweda Dravyas and procedure of Taladharana.
  - (C) Explain the Sutra..... લઘુત્વમૂર્જોઽગ્નિરનામયત્વમ્ ।  
 પ્રાપ્તિશ્ચ વિદ્વિત્ત કફાનિલાનાં સમ્યગ્વિરિક્તસ્ય ભવેત્ક્રમેણ ॥
  - (D) Give latin Name, family, synonym, chemical composition, collection and preservation of Trivritta.
  - (E) Write general Purvakarma and benefits of Swedana. 10
4. Answer any five questions.(two to three sentences)
  - (A) Write indications for Pravicharana. ✓
  - (B) Why Vamanakarma is preferable prior to Virechana?
  - (C) Name the materials required for Prastara Sweda. ✓
  - (D) Name any five Virechana Yogas.
  - (E) Differentiate Vega and Upavega in context of Vamana.
  - (F) Name the Karmas indicated in Vasantaritu.

**SECTION - B**

5. Write mode of action (Karmukta) of Nasya Karma according to Ayurveda and modern medicine. 10
6. Answer any one question. 10
  - (A) Explain Purvakarma and Paschatkarma of Asthapana Basti.
  - (B) Write indications and contraindications of Siravyadhana and treatment for Atisrava.
7. Answer any four questions. 20
  - (A) Describe types of Sneha Basti.
  - (B) Write ingredients and indications of Kshara Basti.
  - (C) Explain the Sutra. રક્તં સશેષદોષં તુ કુર્યાદપિ વિચક્ષણઃ । ન ચાતિનિઃસ્વૃતં કુર્યાત્ શેષં સંશસમનૈર્જયેત્ ॥  
 બલિનો બહુદોષસ્ય વયઃસ્થસ્ય શરીરિણઃ । પરં પ્રમાણમિચ્છન્તિ પ્રસ્થં શોણિતમોક્ષણે ॥
  - (D) Describe Ayoga and Atiyoga of Snigdha-Snehana Nasya and Sirovirechana Nasya.
  - (E) Describe Shringavacharana.
8. Answer any five questions.(two to three sentences) 10
  - (A) Mention the number and types of Sira.
  - (B) Write diseases contraindicated for Rakta Moxana.
  - (C) Why Anuvasana Basti should not be given in empty stomach?
  - (D) Mention the Pratyagamana Kala for Niruha and Anuvasana Basti.
  - (E) Name the diseases indicated for Pradhamana Nasya.
  - (F) Write suitable age in general for Nasya and specifically for Pratimarsha and Dhuma Nasya.