

GUJARAT AYURVED UNIVERSITY, JAMNAGAR

AYURVEDACHARYA-( B. A. M. S.) EXAMINATION

FIRST PROFESSIONAL OCTOBER – 2015

MAULIK SIDDHANT AVUM ASHTANG HRIDAYA

Date: 08-10-2015

Thursday

Time :- 9:30 a.m. to 12:30 p.m.

Marks : 100

**Instructions : All the questions are compulsory.**

**SECTION - A**

1. Name the 'Asthang Ayurved' (eight branches of Ayurveda) and explain the Roga and Rogi Pariksha (Examinations of disease and diseased). 10
2. Answer any two questions. 20
  - (1) Explain the 'Ashrayashrayi Bhava'. Along with the Oja Kshaya Lakshana.
  - (2) Write the definition and explain the types Shodhana and Shamana.
  - (3) Explain the verse :  
"दैमान्नं धारयेद्वातं विष्मूत्रक्षवतुर्क्षુધाम् । निद्राकासश्चर्मશ્વાસઃ જૃમ્ભાશુચ્ચર્દિ રેતસામ્ ।"
3. Answer any four questions. 20
  - (1) Describe the benefits of Abhyanga and Udvartana.
  - (2) Describe the Grishma Ritucharya(summer regimen).
  - (3) Write the meaning of the Sutra.  
વિરુદ્ધમપિચાહારં વિદ્યાદિક્ષરોપમમ્ ।
  - (4) Write a short note on Krutanna Verga.
  - (5) Define Virya and write its types.
4. Answer any five questions. 10
  - (1) Name the contents of Trikatu.
  - (2) Define Vishmashana.
  - (3) Name the types of Desha.
  - (4) Name the seasons in Adana-Kala.
  - (5) Define the Kopa.
  - (6) Write the qualities of Mahish Dugdha.

**SECTION - B**

5. Describe the Dose of the Sneha and their indications. 10
6. Answer any four questions. 20
  - (1) Write the importance of Swedana in the Purification therapy.
  - (2) What is Niruha Basti and its Dose ?
  - (3) Describe the types of Anjana.
  - (4) Write the Shalya Gati and Shalya Aaharana-Upaya.
  - (5) Write the any five Tantra-Yuktis of your choice with their brief explanation.
7. Answer any five questions. 10
  - (1) Write the meaning of the line : 'સર્વશાસ્ત્રાનુશસ્ત્રાણં કારઃ શ્રેષ્ઠોઃ'
  - (2) What is Punarukti Dosha.
  - (3) Name any two Tantra-Gunas.
  - (4) Define શાસ્ત્ર(Shaastra).
  - (5) Write the methods of blood-letting.
  - (6) Name the first line of treatment in Netra-Roga.

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GUJARAT AYURVED UNIVERSITY, JAMNAGAR

AYURVEDACHARYA-( B. A. M. S.) EXAMINATION

FIRST PROFESSIONAL JUNE – 2015

MAULIK SIDDHANT AVUM ASHTANG HRIDAYA

Date: 25-06-2015

Thursday

Time :- 9:30 a.m. to 12:30 p.m.

Marks : 100

**Instruction - All the questions are compulsory.**

**SECTION - A**

1. Describe "Dvividha Upakrama" in detail. 10
2. Answer any two out of three questions. 20
  - (1) Describe the cause, types, symptoms and treatment of Ajirna.
  - (2) शान्तिरामविकाराणां भवति त्वपतर्पणात् ।  
त्रिविधं त्रिविधे दोषे तत्समीक्ष्य प्रयोजयेत् ॥ Explain in detail.
  - (3) Describe about Prakrita and Vikrita Dosh - Dhatu - Mala Lakshana.
3. Answer any four out of five questions. 20
  - (1) वृद्धिः समानैः सर्वेषां विपरीतैर्विपर्ययः । - Explain.
  - (2) Write about Viruddha Aahara.
  - (3) Describe about Oja Guna and its Vriddhi Kshaya Lakshana.
  - (4) Describe the Vishakta Anna Pariksha (Examination of Poisoned food).
  - (5) Explain about "Madya Varga" (Group of wines).
4. Answer any five out of six questions. 10
  - (1) Write the type of Kostha.
  - (2) Describe the Guna of Sunthi.
  - (3) Write the function of Tikta Rasa.
  - (4) Write the definition of Anupana and explain it.
  - (5) Which drugs are included in Jeevaniya Gana.
  - (6) Write about Dharaniya Vega.

**SECTION - B**

5. Write the complete Vamana Vidhi along with its Samyak Suddhi Lakshana. 10
6. Answer any four out of five questions. 20
  - (1) Write about Murdha Taila Vidhi.
  - (2) Write about "Yoga" and "Uddesha" Tantrayukti. - 3+1+1+1+1 = 5
  - (3) Write a shortnote on 'Gandusha'.
  - (4) Explain 'Neutratarpana Vidhi'.
  - (5) स्नेहवस्तिं निरुहं वा नैकमेवातिशीलयेत् । - Explain.
7. Answer any five out of six questions. 10
  - (1) Explain qualities of Kshara.
  - (2) Write types of Pattabandhana (Bandaging).
  - (3) How many types of Shalya Gati are describe by Acharya Vagbhata ?
  - (4) Write the symptoms of Ama Shopha.
  - (5) Write the benefits of Samshodhana.
  - (6) Why 'Kankamukha Yantra' is best among all the instruments.

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GUJARAT AYURVED UNIVERSITY, JAMNAGAR

AYURVEDACHARYA-( B. A. M. S.) EXAMINATION

FIRST PROFESSIONAL APRIL – 2015

MAULIK SIDDHANT AVUM ASHTANG HRIDAYA

Date: 13-04-2015

Monday

Time :- 9:30 a.m. to 12:30 p.m.

Marks : 100

Instruction : All the questions are compulsory.

**SECTION - A**

1. Write about Chikitsa Chatushpada and its importance in treatment. 10
2. Answer any two questions. 20
  - (1) Describe the types and importance of Adharaniya Vega and their importance in prevention of health.
  - (2) लघनं कार्यमात्रे तु विष्टब्धं स्वेदनं भृशम् ।  
विदग्धे वमनं यद्वा यथावस्यं हितं भवेत् ॥ Explain the verse.
  - (3) Describe the formation, characteristics and action of Rasas.
3. Answer any four questions. 20
  - (1) Write a short note on 'Aushadha Sevana Kala'.
  - (2) Mention the causes for the movement of Doshas from Koshtha to Shakha and from Shakha to Koshtha
  - (3) काश्यमेव वरं स्थूलस्य नहि स्थूलस्य भेषजम् । Explain it with example.
  - (4) Describe Viruddha Aahara.
  - (5) Write in brief about features and treatment of Alasaka.
4. Answer any five questions. 10
  - (1) Write about important functions of Dhatus.
  - (2) Signs and symptoms of Ajirna.
  - (3) Indications of Eladi Guna.
  - (4) Write the definition of Vipaka.
  - (5) What is the difference between Abhyanga and Udavartana.
  - (6) Write the benefits of Ushnodaka.

**SECTION - B**

5. Describe the complete Sneha Sevana Vidhi along with suitable-unsuitable persons for it and Samyaka Snigdha Lakshana. 10
6. Answer any four questions. 20
  - (1) Write the process of Jalaukavacharana (Leech application).
  - (2) Write the type of Ajirna and its procedure.
  - (3) Write about Asthapana Basti.
  - (4) Write the procedure of Shirodhara.
  - (5) Describe the types and importance of Tantra Yukti.
7. Answer any five questions. 10
  - (1) Write about Niragni Sweda.
  - (2) नासा हि शिरसो द्वारं तेन तद्विष्यं हन्ति तान् । Explain the Sutra.
  - (3) Write the ten qualities of Kshara.
  - (4) What is contraindications in Vrana ?
  - (5) Write the features of Sacred book (Shatra Lakshana).
  - (6) How many Tachchhilya and Kaipana are described by Arunadatta ?

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GUJARAT AYURVED UNIVERSITY, JAMNAGAR

AYURVEDACHARYA-( B. A. M. S.) EXAMINATION

FIRST PROFESSIONAL OCTOBER – 2014

MAULIK SIDDHANT AVUM ASHTANG HRIDAYA

Date: 10-10-2014

Time :- 9:30 a.m. to 12:30 p.m.

Friday

Marks : 100

**Instructions : All the questions are compulsory.**

**SECTION - A**

1. Write the Sharada Ritucharya and explain the Ritu Samdhi. 10
2. Answer any two question. 20
  - (1) Describe the Chikitsa Chatushpada(four limbs of treatment) and prove supremacy of Vaidya(physician)
  - (2) Explain the 'Shad-Rasa-Utpatti'(origin of six tastes) and describe the relation between Rasa and Dosha.
  - (3) दोषाः कदाचिकुप्यन्ति जिता लघन पाचनैः । येतु संशोभनैर्शुद्धा न तेषां पुनरुद्भवः ।
3. Answer any four questions. 20
  - (1) Explain the 'Ashraya-Ashrayee' Sambandha.
  - (2) Define Ama and name the Aushadha Sevana Kala.
  - (3) रोगाः सर्वेऽपि जायन्ते वेगोदीरणधारणैः । Explain the quotation.
  - (4) Write the Vishadata Lakshana.
  - (5) Write about the Vyayama Matra and Snana Guna.
4. Answer any five questions. 10
  - (1) What is Roga Pariksha Vidhi ?
  - (2) Define Agantuka Roga.
  - (3) Characteristics of Antariksha Jala.
  - (4) What is Bahya Roga Marga ?
  - (5) Define Partantra Vyadhi.
  - (6) Define Ojasa.

**SECTION - B**

5. Write the Chaturvidha Sneha, their utility and dosages of Sneha. 10
6. Answer any four questions. 20
  - (1) Write the types of Niragni Sweda.
  - (2) Define Vamana and Virechana along with the number of Vamana Vega.
  - (3) Write the Pratimarsha Nasya Kala.
  - (4) Define the Tantra and explain any three Tantra Guna.
  - (5) Write the qualities of Shalya Chikitsaka.
7. Answer any five questions. 10
  - (1) Define Siddhanta.
  - (2) Write the Shalyardha Chikitsa.
  - (3) What is Tantra Yukti ?
  - (4) Name the first line of treatment in Netra Roga.
  - (5) Constituents of Astha Prakruti.
  - (6) What is Kshara ?

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GUJARAT AYURVED UNIVERSITY, JAMNAGAR

AYURVEDACHARYA-( B. A. M. S.) EXAMINATION

FIRST PROFESSIONAL APRIL – 2014 (NEW SYLLABUS)

MAULIK SIDDHANT AVUM ASHTANG HRIDAYA

Date: 22-04-2014  
Tuesday

Time :- 9:30 a.m. to 12:30 p.m.  
Marks : 100

**Instructions : All the questions are compulsory.**

**SECTION - A**

1. Describe the constitution of Asthanga-Hridaya and explain its importance. 10
2. Answer any two questions. 20
  - (1) Write the name of Ritus(seasons), along with their constituent months and elobarate the Visarga-Kala.
  - (2) Explain the verse.  
दोषाः कदाचित्कुप्यन्ति जिता लघन पाचनैः । ये तु संशोध्यनैः शुद्धा न तेषां पुनरुद्भवः ।
  - (3) Define the Samashana-Vishamashana-Adhyashana along with the Ahara Sevana Kala(proper time for intake of food).
3. Answer any four questions. 20
  - (1) Write the Chikitsa-Chatushpada and qualities of Aushadha.
  - (2) Name the constituents of Triphala and Panchakojia.
  - (3) Explain the stanza with reference :  
नित्यं हिताहार विहार सेवी समीक्ष्यकारो विषयेष्वसक्तः ।  
वाता समः सत्य परः क्षमावानाप्तोपसेवी च भवत्यरोगः ॥
  - (4) Write the general qualities of milk.
  - (5) Define the Vipaka and its types.
4. Answer any five questions. 10
  - (1) Name the Dushyas.
  - (2) Enumerate the Dharaniya-Vegas.
  - (3) Define the Viruddhahara.
  - (4) Name the Upastambha.
  - (5) Define the Chaya.
  - (6) Name the Dwividha-Upakrama.

**SECTION - B**

5. Describe the Agneya-Sweda(Hot-Sudation). 10
6. Answer any four questions. 20
  - (1) Write the process of Jalokavacharana.
  - (2) Diffentiate between Gandusha and Kavalala along with the types of Gandusha.
  - (3) What is Mula-Prakriti and its importance in evolution process ?
  - (4) Explain any five Tantra-Gunas.
  - (5) Define the Shalya and its Methods of extraction.
7. Answer any five questions. 10
  - (1) Write the meaning of : 'वातोल्वणेषु दोषेषु वाते वा वस्तिरिष्यते ।'.
  - (2) Define the Yantra.
  - (3) What do you mean by Acchapana ?
  - (4) Importance of Agnikarma.
  - (5) Write about Adhikarana.
  - (6) What is Matra Basti.

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**GUJARAT AYURVED UNIVERSITY, JAMNAGAR**  
**AYURVEDACHARYA-(B. A. M. S.) EXAMINATION**  
**FIRST PROFESSIONAL OCTOBER – 2013 (NEW SYLLABUS)**  
**MAULIK SIDDHANT AVUM ASHTANG HRIDAYA**

Date: 18-10-2013  
Friday

Time :- 9:30 a.m. to 12:30 p.m.  
Marks : 100

**Instructions : All the questions are compulsory.**

**SECTION - A**

1. Name the eight branches of Ayurveda and describe the Ayurveda Prayojana. 10
2. Answer any two question. 20
  - (1) Write the regimen to be followed in the Rainy season and explain the Ritu Samadhi.
  - (2) Describe the Dharaniya Vega (Suppressible ureges).
  - (3) क्रमेणापचिता दोषाः क्रमेणोपचिता गुणाः । सन्तो यान्त्यपुनर्भवमप्रकम्प्या भवन्ति च ॥
3. Answer any four questions. 20
  - (1) Write the types of Ajirna and the treatment.
  - (2) Define Vipaka and explain its types.
  - (3) कालार्थकर्मणायोगो हीनमिथ्यातिमात्रकः ।  
सम्यग्योगश्च विज्ञेयो रोगारोग्यैक कारणम् ॥ Explain it.
  - (4) Define Chaya and characters of Dosha Chaya.
  - (5) Write the Dwividha Upakrama and Pancha Shodhana.
4. Answer any five questions. 10
  - (1) Define Vishmashana.
  - (2) Write the constituents of Triphala.
  - (3) Name of six tastes.
  - (4) Define Anupana.
  - (5) Write the Roga Pariksha.
  - (6) Define Trividha Vyadhi.

**SECTION - B**

5. Write the characteristics of Ama-Panchyamana and Pakwa Vrana along with the Shastra Karma Vidhya(surgeon) Lakshana. 10
6. Answer any four questions. 20
  - (1) Define Siddhanta and write its types.
  - (2) Write the name of Tantra Guna.
  - (3) Write a short note on four types of Sweda.
  - (4) Write the Kshara Guna.
  - (5) Explain the Uddesha and Nirdesha Tantra Yukti.
7. Answer any five questions. 10
  - (1) Number of Tatchhilya.
  - (2) Write about Anushastra.
  - (3) Define Acchapana.
  - (4) Importance of Shira Vedhana.
  - (5) Define Yantra.
  - (6) Write the Pratimarsha Nasya Matra.

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GUJARAT AYURVED UNIVERSITY, JAMNAGAR

AYURVEDACHARYA-( B. A. M. S.) EXAMINATION

FIRST PROFESSIONAL MAY - 2013 (NEW SYLLABUS)

MAULIK SIDDHANT AVUM ASHTANG HRIDAYA

Date: 15-05-2013  
Wednesday

Time :- 9:30 a.m. to 12:30 p.m.  
Marks : 100

Instructions : All the questions are compulsory.

**SECTION - A**

1. Explain the 'Chikitsa Chatushpada' (The four limbs of treatment). 10
2. Answer any two questions. 20
  - (1) Explain the verse :  
'कश्यपात्त ग्रहोर्ध्वांगशल्यदंष्ट्रा जरा वृषन् । अष्टावङ्गानि तस्याहुः चिकित्सा येषु सञ्चिताः ॥'
  - (2) Explain the Aushadha Sevana Kala.
  - (3) Explain the Chaya-Kopa-Shamana of Doshas.
3. Answer any four questions. 20
  - (1) Explain the Trividha Vyadhi.
  - (2) What is Adanakala ? Write the Varsha Ritucharya.
  - (3) दोषा एव हि सर्वेषां रोगाणामेककारणम् । Explain it.
  - (4) Differentiate between Lamghana and Brimhana.
  - (5) Write the characters of Vishadanta.
4. Answer any five questions. 10
  - (1) Constituents of Vyosha.
  - (2) Define the Vipaka.
  - (3) Write the Samyaka Vyayama Lakshana.
  - (4) Define Anupana.
  - (5) What is Sadhya-Roga.
  - (6) Types of Mala.

**SECTION - B**

5. Name the Chaturvidha-Sneha. Alongwith their indication and also describe the benefits of Snehapana. 10
6. Answer any four questions. 20
  - (1) Explain any five Tantra Doshas.
  - (2) Name the Astha-Prakriti along with the types of Ahamkara.
  - (3) Narrate the Vamana Vidhi in short.
  - (4) What is importance of Yantra and Shastra.
  - (5) Describe Ashchyotana and Tarpana.
7. Answer any five questions. 10
  - (1) Write the meaning of : उर्ध्वजन्तुविकारेषु विशेषात्रस्यमिष्यते ।
  - (2) Write the meaning of Pradhana-Kalpna.
  - (3) Types of Dhoompaana.
  - (4) Types of Kshara.
  - (5) Write any four name of Bandha.
  - (6) Define Gandusha.

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