



MARI SILVA

PLANETARY MAGICK

The Ultimate Guide to Magickal Spells,
Rituals, and Magic Associated with Planets



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Planetary Magick

*The Ultimate Guide to Magickal
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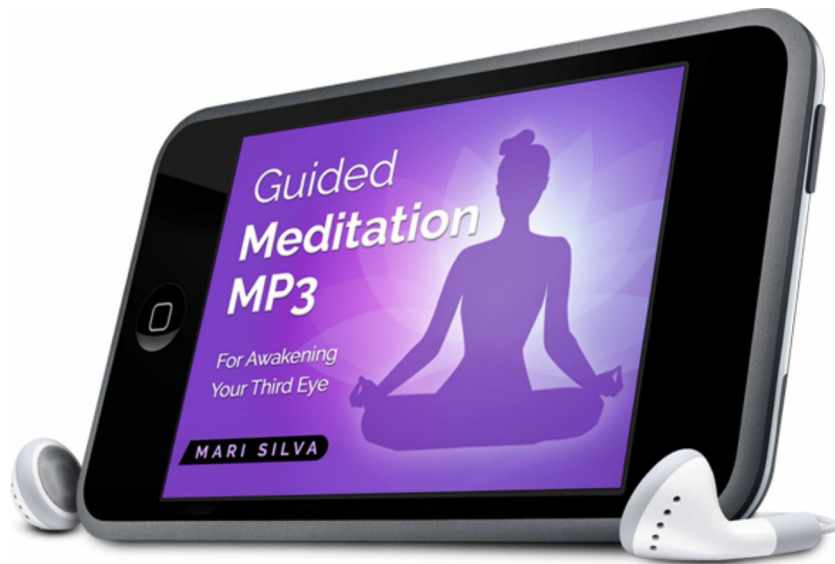
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Introduction

What do the planets mean to you? Are they a part of your regular life, or do you just take them for granted? Those spinning balls of energy and mass are part of your universe and influence your life even if you don't realize it. That's like ignoring air and water and the part they play in your daily routine. Imagine a world without the Sun and Moon. Unthinkable right? The other planets in the solar system are just as relevant and influence your daily life.

Learning how and why will help you to tune into their celestial energies to concentrate your focus on their individual strengths and powers. Knowing where the planets were aligned when you were born will give you a unique insight into your personality. The planets know your deepest secrets and will help you become a spiritually and physically rounded human being. Rituals and spells directed to planets and their energies will make you feel connected and part of the astral family. Tap into their energies and get to know them and how they tick.

Horoscopes and astrology have been around since early man looked to the skies for inspiration. Humans have always been fascinated by the heavens, and nothing has changed. Become more involved with astral magick and make your life align with these magnificent energies.

Chapter 1: Planetary Magick Basics

First, don't think that "magick" is a typo. *Magic* and *magick* are different terms, each used to differentiate certain practices within the broader spectrum of magical works. Magic has been used for centuries to describe anything that occurs because of manipulating the physical world with metaphysical actions to create a result.

The term *magick* was first used by Aleister Crowley, a modern occultist who became the face of the resurgence of ancient beliefs, along with Gardner and Hubbard, the founders of modern Wicca and Scientology. He claimed the term "magick" was used to give his beliefs gravitas and differentiate between more serious practices and stage magic. Historical reports of ancient magical powers used the term "magic"; nobody felt they were referring to sawing a lady in half or pulling a rabbit out of a top hat!

Crowley offered several explanations for why he used the alternative term, magick. These included a broader definition, meaning it should be used for any action that helps fulfill any dream, manifestation, or wish that brings the user closer to their true will. He also explained that making the word a six-letter term invoked the magical properties of the hexagram, which played a major part in his writings and spells. Adding the letter K to the word also added the element of the number eleven as it is the eleventh letter of the alphabet. Crowley believed 11 was one of the more significant numbers in magickal workings.

If you study older texts and documents, you will encounter various spellings of "magic," including "majick," "majik," and "magik." Still, they were more influenced by the parlance of the times rather than creating an alternative term. Crowley was the first person to make the term official.

Grimoire Magic

Planetary magic can be traced back for generations and mentioned in some of the more historically significant texts found in grimoires. A grimoire is a term used to describe an ancient book of spells and magic. The name originates from the French term "grammar book," and they were used to record magical spells, incantations, invocations, and other magical works. Some of the more occult-based books focused on the workings of Satan and his demons and encouraged the reader to connect to the darker forces and form an alliance to help them succeed in their lives.

Most grimoires featured the connection between the planets and human life. They recorded how the position of the planets aligned with our lives and influenced how we lived and flourished. Some of the more informative grimoires are still used today to provide information and practices that are still effective in modern life.

Famous Grimoires

The Picatrix

This grimoire was thought to have been written in the 11th century and was named after its author, the wise philosopher Picatrix. It was originally written in Arabic but was translated into Spanish by the King of Castile in the mid-13th century. A Latin version followed, and these were the most studied versions until the early 20th century when the Arabic version was rediscovered by a celebrated German genealogist named Wilhelm Pritz.

The Picatrix is a detailed instruction manual for constructing talismans, combining ingredients to form magical compounds. More importantly – for this book – it was lessons about the planetary spirits and using astrological positioning to dictate when the conditions on Earth and in humankind were suitable.

The volume is split into four books that cover the following areas of magic:

- Book one deals with the heavens and their effects on the beings residing under them.
- Book two deals with the sacred figures in the heavens, the motions of the planets and heavenly spheres, and the effect they have on earthbound beings.
- Book three deals with the properties and the signs they show us, the colors and forms they contain, and how they affect the Earth.
- Book four deals with the spirits related to the heavens and how they can be incorporated into art or summoned by magical properties using images, smoke, and other methods.

The Key of Solomon

This is a later grimoire thought to have been written in the 13th or 14th century. Although the title would suggest a connection to the biblical figure, King Solomon, or the son of David, it is more likely to have been written by a collaboration of authors who were well instructed in magic and spells. It has several incantations that use the name Jesus Christ which would have been unknown to the biblical figures and, as such, dispels any connection to

King Solomon.

It is considered one of the most compelling and inclusive grimoires available and contains two books filled with magical operations. It is a typical example of Renaissance magic beliefs and included nigromancy and geomancy. It gives examples of using air, fire, and water to summon spirits and demons to do their bidding. The books also deal with magical clothing and the implements used to summon the heavens and the otherworld to earthly planes. The Key of Solomon can be found in various languages, and the translations often contain differences in understanding.

The Sworn Book of Honorius

Written in the 14th century, this grimoire was one of the most secretive forms of ancient texts. Each person chosen to receive a copy was sworn to secrecy and swore a pledge to take their copy to the grave. The author is believed to have been Honorius, son of Euclid, and it is believed to have been inspired by angels.

The famous English magician John Dee owned a copy that can currently be found in the British Museum. The book contains some of the oldest spells and incantations to influence angelic and demonic beings to work with humans.

How to Get the Most from Grimoires

Rather than read all the individual grimoires and gain the esoteric knowledge of European scholars, try reading the book “Secrets of the Magickal Grimoires” by Aaron Leitch, where he provides a comprehensive reference manual of medieval terms. He describes all the different methods and comparisons from around the European continent and the shamanic methods used to connect to the spirits.

The planets and the solar system have influenced society ever since time began. Before the classical planets were named, ancient cultures used the sun, the moon, and the visible planets to worship and praise. The first five planets in the Solar System are hard to date, which means they were discovered and named before official records began.

As Mentioned Above, and So Below

Mottos and phrases are part of modern language and are used to sum up a concept in just a few words. Some of these mottos and phrases are used daily and have an international level of understanding. They mean the same thing wherever you hear them and are part of our everyday speech. They originate

from real-life figures or can be part of fictional folklore. For instance, Bob Bitchin is a name that probably means very little to you, but he was quoted as saying, “Attitude is the difference between an ordeal and an adventure.” He was wrongly imprisoned and came out of his “ordeal” a changed man. *“People who live in glass houses shouldn’t throw stones”* is another saying that is instantly recognizable but came from an epic poem, “Troilus and Cressida.”

“As above so below” is another more esoteric phrase steeped in history. It is used when duality is the key component of a relationship. For instance, when the microcosm, i.e., your existence, is measured against the macrocosm, the society in which you live is used to highlight the co-dependence and connections we all need to survive. Another phrase for that situation is “No man is an island.”

When applied to planetary magick, the expression goes back to its roots; Hermetic texts were found carved on the Emerald tablet. The Hermetic religion was centered on a prophet called Hermes, a learned sage who prophesized the rise of Christianity. The texts attached to the religion were thought to be a dual form of worship that incorporated the teachings of Hermes, the god of communication, and Thoth, the Egyptian god of wisdom.

The Emerald tablet was part of these texts and is where we can locate the first recorded existence of the phrase “As above, so below,” which is connected to alchemy. It refers to the symbiotic connection between nature and the alchemist’s work. Astrologers believe the saying is multi-meaning and take the expression to mean that what happens in the Cosmos reflects what happens to the human race. The macrocosm now becomes the heavens and the planets, and the microcosm is the human body. Some experts take that explanation further and believe the connection is between physical and spiritual existence.

No matter what you interpret from the phrase, it is based on the concept that magic and the astral plane are deeply connected. Whatever you do in the physical world will reflect on your spiritual psyche. Whatever planetary forces you embrace will help you form a connection to enhance your life.

A Ritual to Celebrate the Universe

The individual energies of the planets are impressive when considered individually, but as a cosmic force, they are unbeatable. Sometimes we need to recognize the enormity of what they represent when combined. The

universe has been evolving for billions of years and should be heralded as part of cosmic working.

Achieving cosmic unity is an energizing process that will help you feel part of the higher consciousness and at one with the universe. The rituals are more powerful when performed under a new or full moon. For maximum effect, perform them during an eclipse.

What you need

- Two black candles
- Two white candles
- Black tourmaline
- Clear quartz
- Pen and paper
- Incense
- Oil burner and your favorite essential oil

Instructions:

1. Clear your altar of any other decorations and adornments.
2. Cover it with a white cloth and place the two black candles at the northern point of the altar.
3. Put the black tourmaline between the candles. Repeat the process at the south of your altar with the white candles and the clear quartz.
4. Burn the incense and light the oil burner to ward off negative energies
5. Light the two black candles and write on your paper the following:
 "I cast away all the negative parts of my ego.
 I surrender my soul to the powers of the universe.
 I cast off all my material needs to the universe.
 I trust in the universe to help me solve my worries and concerns.
 Let my past, my future, and the present be decided by the universe.
 I ask for the power of love and enlightenment to fill my life."
6. Spend ten minutes visualizing the negativity leaving your body.
7. Now imagine your old emotions, fears, and worries floating away from your physical body and mind.
8. Feel the light of the universe flood your mind and body and fill it with energy.

9. Use the incense to clear the area of the negativity with smoke. Place the paper under the black candles.
 10. Now light the white candles and write on the paper
“I celebrate my connection to the universe and the light.
I am aligned with the higher beings and their divine energies.
Let the vibrations of the universe resound in my soul.
I am primed to receive cosmic frequencies and energy.
I am ready to expand and become one with the universe.
I am at one with the planets, the stars, the universe, and the binding light.”
 11. Place the paper beneath the white candle.
 12. Sit in front of the altar and stare at the flames of the candles as you reflect on the power of the colors.
 13. The black candle represents you letting go, and the flame is clearing all the negativity and emotions holding you back. As it burns, your psyche becomes ready to welcome new consciousness and the high vibrational light of the universe.
 14. Stay seated as long as you like and watch the flames, or close your eyes and imagine what your life will look like after the ritual. Imagine the successes you will achieve and the energy flowing into your Crown chakra while your Earth Star chakra is cleansed.
- After some time, you will feel the balance of completion when the energies have aligned, and you are ready to end the ritual.*
15. Give thanks to the universe and the energies contained in it.
“This ritual is now complete; I give thanks for your assistance.”
 16. Blow out the candles and bury the remains in the garden or beneath your favorite tree.

Use this ritual to reenergize your energies when needed and become aligned with the universe.

How Old Are the Planets?

Mercury

The first written recording of the planet Mercury was found on stone tablets dating back to an Assyrian astronomer living in Babylonian times (around 1,000BC) who called it the “jumping planet.” The Romans then named the planet “Mercury” after their god of messages because of the speed it traveled

across the sky.

Venus

Also recorded in the Babylonian text, it was officially spotted by famous astrologist Galileo in the 17th century. The planet's path led to the discovery that the planets orbit the Sun rather than the Earth, as was previously believed.

Earth

Of course, this planet is unique because we live here and are fully aware of its existence. The shape of the Earth has been and still is the subject of many heated debates, with the first recorded idea dating back to 6,000BC. Even today, the Flat Earth Society has members who argue that the world is not a sphere and is, in fact, flat.

Mars

Ancient Egyptian astronomers recorded the existence of the red planet in 2,000BC. Still, it came to the public's attention in 300 BC when Aristotle recognized that the moon passes in front of the planet, which means it is further away.

Jupiter

The Babylonians mentioned the wandering planet around 8,000BC, but it reappeared in Chinese traditions in 4,000BC when the sky was split into twelve different zodiac regions.

Saturn

This planet is the last that cannot be dated, and the Assyrians made the first record of its existence. They described it as the "sparkle of the night" in 700BC. Galileo believed it was a three-part planet but failed to recognize the rings of Saturn made of rock and ice. This happened nearly forty years after the first official monitoring of the planet.

Uranus

William Herschel was the most influential astronomer of the 18th century and discovered the planet Uranus in 1781. It is commonly called the *Blue Giant* because methane tinges its atmosphere blue.

Neptune

John Adams was just twenty-four when he discovered Neptune, the most distant planet in the Solar System. Unfortunately, he failed to register the discovery, and other astronomers claimed his work. Adams, however, is the

official “discoverer of Neptune” and is famed for being the first individual to find a planet using mathematical predictions rather than more traditional methods.

Modern Planetary Magic

When we consider the planets and the solar system, we can easily dismiss them as potential influences and undermine their part in our lives. The planetary concepts we use will often become so commonplace that you forget where they originate. Studying planetary magick helps you recognize how important and influential the planets are and have always been.

We have already discussed their influence on grimoires and the magic practices they contain. Still, there are multiple examples of planetary influence in most religions and traditional magic. Wiccan rituals are often focused on the planets, while Kabbalah and other pagan believers embrace some form of planetary magic and power.

More traditional belief systems focus on the moving celestial objects visible to the naked eye. They employ a classic geocentric cosmos with the Earth as the center of the universe and a series of concentric circles mapped where the planets lay.

Modern planetary magick works with the same philosophy as our ancestors. The celestial bodies in the sky are a miraculous sight even today when more humans than ever before have visited and explored the surface of these planets. Planetary magick is all about exploring the synergy between the planets and humankind and following the patterns they show us.

Planetary magick is concerned with living with these celestial wonders *as if they lived alongside us*. It is all about using rituals, invocations, and talismans to tap into the energy they possess and forming a strong connection through magick to invite them to share their energy to help you achieve your preferred external reality. Don’t consider them huge lumps of rock or gaseous solar places in the sky. Instead, consider them as individual states of consciousness or vibrational energy fields just waiting for you to work with them to achieve your ultimate goals.

Planetary magick starts with your basic relationship with the planets and helps you understand how to strengthen ties with your preferred energy sources. The best way to start your journey is by having a detailed birth chart to understand what house you were born in and where the planets were at the time. When you get your birth chart, you also signal your intent to align

yourself with the astral plane and begin a new relationship. Like regular relationships, you must let the other party or parties know you are on board.

When you receive your birth chart, it gives you the information you need to decide which planets you feel you are drawn to. You may have a debilitated Saturn in your house, yet you feel like you have a connection with the energies of the ringed planet. You can work on your connection and turn it from a debilitated planet into one of your strongest allies.

The other way to view the chart is to identify which planets are naturally strong in your birth chart and improve the connection you already have. Just like in life, the decision is yours. There is no set map for planetary magick, so be guided by your instincts and prepared for everything you encounter. The energies and powers that come from the planets also have a robust sense of fun and will use that to make your journey to fulfillment a wonderful one, filled with alignments to them.

As you develop your relationships with the planets, you'll become more profoundly connected to yourself. Embrace the gnostic knowledge in your subconscious and become one with the world. You'll become a happier, more balanced, and esoteric being when you let yourself be guided by the astral plane.

Chapter 2: The Planets and You

We have already touched on your relationship with the planets and how important your birth and natal chart help you decide which planets to work with. This chapter is about interpreting your charts and how and when to commission them.

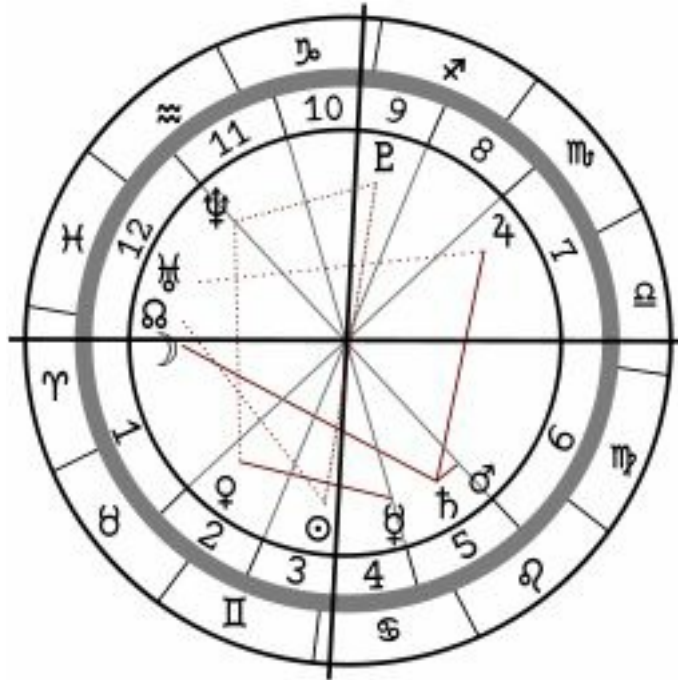
What Are Natal or Birth Charts?

Do you sometimes wish you had an instruction manual for your life? A blueprint to help you navigate your journey on Earth? Here's the good news. You already do! Your birth chart is a picture of the solar system at the exact time of your birth. Think of it as stopping the cosmic clock the second you are born and taking a snap image of the sky at that moment. The image is taken from a prime vantage point: the Earth.

While your birth chart never changes, the influences that affect it do. They are constantly evolving and shifting, and these forces give you indications of which energies to utilize. In the past, birth charts were all hand-drawn and calculated with traditional mathematical formulas. Still, the evolution of online resources means they can be calculated online to allow for daylight saving zones and time variations.

While there are different types of charts, they mostly stick to the same formulaic content. Still, they can look completely different because of their artistic styles. You may prefer a simple design, or you may choose an elaborate style that incorporates all the colors, signs, and zodiac symbols alongside planetary images. The choice is yours, but remember that the information they provide will be instrumental in changing your life, not the stylish look of your chart.

What Does a Natal Chart Look Like?



Natal chart example.

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https://commons.wikimedia.org/wiki/File:Birth_chart.svg

First, you start with a wheel divided into twelve sections to represent the zodiac signs. Each section occupies 30 degrees to complete the 360 degrees of the circle. Now add the symbols in a counterclockwise direction in the following order:

- Aries red for a fire sign
- Taurus green for an earth sign
- Gemini yellow for an air sign
- Cancer blue for a water sign
- Leo red for a fire sign
- Virgo green for an earth sign
- Libra yellow for an air sign
- Scorpio blue for a water sign
- Sagittarius red for a fire sign
- Capricorn green for an earth sign
- Aquarius yellow for an air sign
- Pisces blue for a water sign

The wedges created within the chart are called houses and will be the focal areas of your expression in your chart. An astrologer will chart your birth

time and place to create a unique pattern on the chart. If you don't have a definite birth time on your birth certificate, try contacting the Vital Record office in your area or make an estimate close to noon to enter a relevant time. Don't be disillusioned if you don't have a correct birth time; you can still gain information with just your date and location.

Now the astrologer will add all the planet placements at your birth time. They will include the personal planets Sun, Moon, Mercury, Venus, and Mars before the outer planets Jupiter, Saturn, Uranus, Neptune, and Pluto. Depending on the skies, you may include asteroids that were relevant at that time, like Vertex, Juno, or Chiron.

Now you have the basic building block to add to. To create your chart, the astrologer will add a series of lines that link the planets with varying lengths, angles, and colors. They include:

- Elements
- Modes, cardinal, fixed, and mutable
- Signs
- Planets
- Houses
- Aspects
- Nodes, South and North

What an Astrologist Will Look for in Your Natal Chart

- Which house and sign each of the planets is in
- Aspects and angles that are formed between planets
- Identifying any stellium; a point where three planets are in one sign
- The elemental balance
- Qualities and fixed signs
- Patterns formed by the planets
- Areas that need work to create an equilibrium in your life

What Your Birth Chart Will Help You Learn

What Career Path You Should Take

Do you feel like you are in the wrong job and, at some point, you need to seek a new career, but you aren't sure what path that will take? Your birth chart will help you illuminate your future and find a career that suits your strengths and economic requirements. We aren't all fiscally focused, but we

all need to earn enough money to live comfortably. Your career path may be so individual that you haven't even considered it in the past. Your birth chart will help you identify your individuality and how you can take this to the workplace. It will also make you more confident to change your life.

It Tells You the Truth about Yourself

It is human nature to focus on people's qualities and gloss over their faults. As a result, we often have an imbalanced view of ourselves and other people. Your birth chart won't sugarcoat your weaknesses and won't inflate your qualities. The detailed information you'll learn will help you work on your weaknesses and strengthen your qualities. Don't take it personally and learn to be more resilient to the truth. The information will help you learn how to recognize who and what to avoid and help you recognize the positive and negative aspects of your personality.

It Will Tell You about Your Three Signs

Your birth chart tells you your Sun, Moon, and Rising signs. You probably know your Sun sign which is your zodiac sign. For example, if you were born on the 6th of April, you are an Aries. However, knowing your Moon and your Rising Sun sign is just as important for your chart.

To discover your true personality, you need to know your Moon sign. This is your instinctual self and is the part of you that tends to be hidden from the world. We all have basic instincts that can be both dark and unexplainable. You can't get rid of them, but knowing what they are will help you grow. Your Moon sign is also the place you retreat to when you need to escape from the stress of everyday life. Some astrologers focus more on the Moon Sign as they believe it gives a truer sense of self.

Your Rising Sign is how people see you at first glance. It is the persona you project to the world and is how you come across. Some people have the same Sun and Rising sign, while others can be polar opposites.

It Will Help You Understand How the Planets Affect Your Energy and Form Your Personality

Your Sun sign is just the first layer of your sense of self. You may have already described yourself as a typical Aries, or when you do something, you say, "That's so like an Aries." However, when you study your birth chart, you discover the very secrets of your soul. That may sound quite dramatic, but it is true. You'll gain a deeper knowledge of who you are and what the alignment of the planets at your birth truly means. On the left side of your

natal chart is a list of the positions of all the planets and the dominant zodiac sign when you were born. This gives you an insight into your nodes. The North node will represent the experiences you need to become more spiritually fulfilled. In contrast, the South node shows your natural talents alongside your already mastered skills.

Because the Earth is constantly rotating, the planets are constantly changing houses. Determining where they were positioned when you were born helps you understand why you are drawn to certain people. Others are so foreign to you that they may as well have been born on another planet. Did you know that because of this constant shifting, even fraternal twins born just minutes apart can have completely different personalities?

Your Chart will Show You the Soul Lessons You Will Face in the Future

Your journey through life should be positive and resemble a metamorphosis from a lowly caterpillar to a stunning butterfly, but we all know that doesn't always happen. If you can recognize the lessons you learned in your past lives and employ them in your present life, then you are less likely to fail. You need to identify past traumas and the karma they have attracted so you can move past them. What is in your soul path, and what will you do to make your journey less traumatic and help you reach your goals?

Most people create new charts on New Year's Day or their birthday to help guide them through the next year. These are called transit charts, and a trained astrologer will compare and contrast your original birth chart and the transit chart to help you plan ahead. Having this foresight gives you an insight into what to do and when to do it. If you plan a trip or a special event, you can check with a transit chart to see if the stars are favorable aligned.

Other Types of Charts

Compatibility Charts

Cut through the normal etiquette of getting to know someone by having your charts read. There are two ways to do this; a synastry chart will involve comparing your individual charts for compatibility and contrasts, while a composite chart is a joint effort that compares where you meet regarding your compatibility. The relationship is treated as a separate entity and creates a personality that is a symphony formed by the separate parts of two individuals' psyches.

Annual Forecast Charts

If you have a busy year or want to know when to make significant changes,

do a chart that starts on today's date and maps the next twelve months for highlights and pitfalls.

Vedic Chart

If you want an even bigger picture, check out charts that take a different perspective; the Vedic and Chinese astrology charts work with different energies and data, and calculate your chart with an alternative method.

What Are the Planet's Dignities?

Within your chart, you will get a domicile or home position. A planet with Domal Dignity resides in the same sign it rules. When it is placed in the opposite sign to the one it rules, it is described as being in detriment or exile. When it is exalted, it is in a place of awareness, while when it is in fall, it is the opposition of exalted. Don't worry too much about these terms, as we will find out more details when we start to examine the individual signs and planets.

Being aware of the planets' positions will guide what energies you need to use – and which energies need more work. Don't think that finding a planet in detriment or fall is unlucky. It means you'll find challenges, and you may have to overcome obstacles. Is that a bad thing? *The short answer is NO.* By recognizing these adversarial planets, you can approach them with resolve, which builds character and improves your self-esteem.

Working on your detriment and falling planets will take resolve, but it will build your cosmic strength. Think of the work you do as cosmic physical therapy and make your cosmic muscle stronger and more effective.

Exalted and domicile planets are your positive planets; exalted areas are where you can truly shine. The areas that are highlighted are your inbuilt skills and strengths. You may already know your excellent qualities, or they may surprise you. Your chart will highlight what comes naturally to you and where you have a natural well of energy and talent.

Your domicile planets will give you inner peace. They are your kin, and you'll feel completely at ease in the areas they rule. When you and your domicile planets combine, there is a double dose of energy and strength.

The Planet's Effect on Humans

This is just a basic overview of what you can expect in the rest of the book. All the planets play a role in astrology, magick, and predictions. If we break down what our bodies are made of, we find physical elements like atoms that react to chemical and physical effects just like the planets do. There is no

doubt that the universe is a thriving mass of connections and elements that cause reactions and effects on our physical beings. Astral cycles and the planets that exist millions of miles above us are all part of a primordial universe where even the smallest atom can be affected by the huge spinning planets in the sky.

Now consider the soul. You may call it your consciousness or your spirit, but nobody can argue that we all have something that makes us spark. Without this metaphysical part, we would just be robots without personalities who merely exist to perform tasks. If our physical bodies are affected by the astral cycles, then doesn't it follow that our souls will react to the gravitational pull, which affects how we think and, in turn, how we act?

The seven planets have physical existence and can be seen. The Sun and the Moon are luminaries that emit light and bring radiance into our lives, while Saturn and Jupiter are slow-moving planets. Each planet has its strengths and powers and is relevant to us depending on its position at our birth and throughout our time on Earth.

We will discuss the more intricate details of each planet later, but here you can get to know the planets as if they were a group of friends, which they will become as you study more planetary magick.

Saturn

This planet is the furthest from the Sun and is known for its cooling and dry energy. It represents older adults and is known as a wise and scholarly planet. In a beneficial position in your chart, it brings wealth and fame, but in a detrimental or fall position, it indicates loss, sadness, destitution, and life hurdles. It is a teaching force that will reward good students and punish those who fail to learn.

Mars

This fiercely masculine planet is defined by its color red. In the descendant, it indicates a technical mind and a short temper. Occupation-wise, Mars indicates careers that need courage and self-confidence, like the military, politics, realtors, construction workers, and surgeons. In the ascendant position, it represents a young mind, but in the descendant, it signifies aggression and anger that can lead to stressful situations and the inability to resolve conflict.

Jupiter

As the biggest planet in the solar system, Jupiter is a kind and benevolent

master. If he is placed in a beneficial position, he brings luck and morality and often indicates success and generosity. Priests, teachers, and leaders often have Jupiter as an exalted planetary influence. If he is found in a detrimental position, it can mean depression, pessimism, and fatigue. When a female has Jupiter to her detriment, it can make her arrogant and difficult to live with.

Mercury

This planet governs communication, and when it is in a favorable position, it can mean careers in media, writers, astrologers, and brokers. People with Mercury in the exalted position will be charming and shrewd; they will make good decisions at the right time. Mercury is the planet of logic and will affect reasoning and analytic skills.

Venus

The Morning Star is the planet of love, sex, beauty, and all things creative. It shines brighter than any other planet and indicates careers in hospitality, tourism, the theater, musicians, and artistic and creative trades. The placement of Venus in your chart influences your ability to have a successful love life or relationship, and her energy will help you become more sensual. In a bad position, it means a failure to have successful relationships.

The Sun

As the source of all power, the Sun is the extreme lord and almighty of the solar system. He is the fuel that we all need to live and, as such, in a beneficial position. He brings power and recognition and is often found in a prominent place in the charts of successful politicians and world leaders. In contrast, he brings arrogance and emotional instability in adverse positions that can lead to humiliation and pessimism.

The Moon

The lunar planet is a strong female energy that speaks directly to your emotions and feelings. As the Queen of the solar system, she will bring love, power, financial success, and calm to those in a beneficial position, while she brings depression and pessimism to people who have her in the fall.

The Sun and the Moon are like the eyes of the universe, and they combine with the other five planets to form our universe.

Chapter 3: Shine Bright with the Sun

Where better to start than with the big daddy of the solar system, the boss of the universe, and the power that fuels our life, the Sun, it represents our identity and how we light our own flame in the world, how we shine and how we express ourselves. It represents your relationship with your father and is the star around which all the other planets circle, so the ultimate father figure. It is represented by a circle of unlimited potential, often with an eye in the center. In some glyphs and symbols, the flames around the sun seem to frame its face and make it seem more human. The dot or eye in the center of the circle represents your focal point and gives you a target to aim for.

While there are no favored zodiac signs, the Sun is a welcome addition to your natal chart, and its Domal Dignity brings great power and prosperity.

The Sun is:

Domicile in Leo

In detriment in Aquarius

Exalted in Aries

In fall in Libra

Malefic and Benefic Planets

The concept of malefic and benefic planets is an important part of a detailed horoscope, and most people forget to realize there are two kinds of malefic and benefic planets. They can be either functional or natural, and there are certain rules when analyzing their state depending on their relationship with other planets.

The Sun is a functional benefic planet for Aries, Leo, Scorpio, and Sagittarius.

It is a functional malefic planet in Virgo, Capricorn, and Pisces

The Sun is a natural malefic but is not as damaging as the other malefic influences like Jupiter.

These aspects of the planets originally began in Vedic astrology. Still, as we demand more information, Western astrologists have also adopted them to make any readings more in-depth and accurate.

What does the Sun mean in astral terms?

It is your conscious ego and represents your character. If the Sun is strong in your natal chart, it indicates your life path. It rules the heart and the spine and

is significant to your inner core strength. When it is strong in air signs like Gemini and Aquarius, it means they believe their thought and beliefs to be as tangible as solid objects.

Key Traits and Personality Types

- **Willpower:** Sun signs will not back down without a fight; they believe in themselves and will fight their corner despite opposition.
- **Determination:** If you want someone to get a job done, ask a sun sign to get on board, any obstacle will be met with fortitude and resolution.
- **Dignity:** Sun signs are proud of themselves and their beliefs but won't resort to bad manners or being rude to get their point across. When confronted with such behavior, they will maintain their calm.
- **Vitality:** Sun signs are filled with energy and ready to get their engines moving whenever you need them.
- **Loyalty:** When you have a friend, they are there for you through thick and thin.
- **Fortitude:** Sun signs can keep going when others have given up, and more importantly, they also inspire others to carry on.
- **Strength:** They are physically and mentally strong and will work hard to keep themselves fit.
- **Positivity:** They have a glass half full type of outlook, and their positivity is catching. You can't be pessimistic in their company.
- **Leadership:** They love to lead from the front and don't have a problem with responsibility.
- **Courage:** They will never back down when faced with problems no matter how difficult the situation and will still go forward even when they are afraid of the outcome.
- **Arrogance:** Because they are super confident and believe in themselves and their beliefs, it can come across as arrogance.
- **Self-Centered:** Sun signs will put themselves first because they believe that is their rightful place. They look after themselves to make sure they are around to help others.
- **Individualism:** They don't play the game like most other people, and they love to buck trends. Sun signs have self-confidence that lets them be individuals, which is the impression they love to give.

While the Sun transits into a new sign every month, it doesn't mean that you

change. It does mean that the areas of your life represented by the houses should be acknowledged and worked on. For instance, in the first house, it is in the sign of Aries, which means the focus should be on your physical strength. It tells you to be more active and look after your body by changing your diet and increasing your activities. You are more likely to become interested in changing your look and making yourself look more attractive.

In the second house, it shines on the sign Taurus and is more concentrated on financial matters. It suggests you should rethink investments and purchases that will help you become more prosperous. You may be encouraged to buy key decorative pieces like sculptures and paintings as an investment and personalize your environment.

In the third house and Gemini, it will be focused on your communication skills. You will be encouraged to make yourself heard more and become more vocal in the workplace, improve your communication skills and become more erudite.

Sun Deities

Since the beginning of time, humans have been aware of the power of the Sun and have worshipped deities associated with it. Here are some of the more revered deities from varying cultures:

Celtic Mythology

Grannus, the god of healing springs and spas

Lugh is an Irish deity associated with the sun

Egyptian Mythology

Bast, the cat goddess with solar connections

Horus, the god of the sky and the heavens, whose right eye represented the sun, and his left eye represented the moon.

Ra was the most powerful sun god in Egyptian times

Greek Mythology

Apollo, the god of Olympus responsible for the sun, prophecy, and healing

Helios, the Greek god of the Titans responsible for the sun

Hinduism

Aryaman and Saranyu, the God and Goddess of the heavens, the sun, and the dawn

Surya, the god of solar energy

Mayan Mythology

Ah Kin, the god responsible for driving the darkness out and bringing the sun
Hunahpu was one of the Mayan Hero Twins; he was created as the sun, while
his brother was created as the moon.

Native American Mythology

Wi, the god of the sun

Norse Mythology

Freyr, the goddess of the dawn, sexuality, and fertility

Baldr, the god of light

Roman Mythology

Aurora, a powerful goddess of the dawn

Sol, the ultimate sun god

Keywords for Solar Magic

When you are casting spells or creating incantations to summon the sun's
power, certain words will help you with your intent.

Use these words to enhance your work and fill it with sun-filled energy

- Bright
- Heat
- Health
- Confidence
- Dawn
- Energy
- Fortune
- Glowing
- Solar
- Deep
- Powerful
- Beacon
- Brilliance
- Coruscation
- Effulgence
- Emanation
- Blaze

Animals Connected to the Sun

The animal world instinctively knows what planet and energy they represent. They are born with an inherent power that helps us connect to them and form unbreakable bonds. Everyone has spirit animals, but most people think they choose what animal to align to. You have no choice in the matter, and your spirit animals or animal totems choose you.

They align themselves to your energy that can be linked to your planetary connections. Knowing you have a strong association with the Sun means you will instinctively be drawn to certain animals. If you are hoping to work with the Sun because it is in a less strong position, you can still use the animal kingdom to learn what strengths and qualities these Sun-connected animals bring.

Some relationships with animals will be seasonal, and that's okay. Just like you change your diet and clothes with the seasons, some animals will be more relevant at certain times of the year. Don't try and force a relationship with them. Just allow them to enter your life when you need them. Solar animals will fill you with inspiration and energy to guide you on your path to self-fulfillment.

Solar Animals

The Ram

Symbol of Aries and one of the most masculine symbols of the zodiac. They represent passion and potency mixed with hot-headedness and a lack of fear. They will rush in without thinking, but they rely on their strength and fortitude. In calmer modes, they are intelligent and creative.

The Salamander

This amphibian has represented fire and light since the times of Greek and Roman mythology. Although it is cold-blooded, it represents fire in myths, and there is an ancient tale of salamanders sleeping in dormant volcanos. When the volcano erupts, it is said to indicate the salamander's wrath.

The Lion

As the king of the jungle, the lion is the obvious animal representation of the most powerful object in the solar system. It is a sign of leadership, courage, and wisdom. When needed, the lion rules with compassion and a strong sense of loyalty and ferocity. He will fight for his territory and pack and protect them with his life.

He also represents the softer side of human emotions and the joy of benevolence. He is the shining gold light in the animal world and is the

ultimate protector of secrets.

Rooster

In Eastern cultures, roosters are highly regarded and represent courage and a competitive spirit. They are feisty and courageous, and in Japanese temples, they can often be found running free. The West has embraced the rooster to protect their homes, and they can often be seen decorating weathervanes of door knockers.

Dragons

In Chinese philosophy, the dragon is a master of authority and represents the ultimate connection between animals and mankind. They are warm yet fierce, and they symbolize good luck. Dragons also form a connection with our ancestors, so we can benefit from their wisdom and guidance.

Swans

These magnificent birds may seem unlikely solar animals with their cool white feathers and haughty demeanor. When you observe them in nature, their true power becomes more apparent. They are totally at ease in the water, yet they can soar through the skies confidently. In astral terms, they represent the solar aspect of love and romance. Their grace and beauty will help you when you have troubles in your relationships and need solar guidance.

Spiders

How often has a spider crossed your path, and you have merely brushed it away. Spiders are solar animals and are symbolic of hard work, drive, and achievements. When they appear to you, they are a sign you need help to perform certain tasks you may be struggling with. They help you realize that life isn't always a bed of roses, and you do have to perform duties to help others. Spiders are sent to remind you that we get better results when we all work together.

Peacocks

The noblest example of the avian world, these flamboyant birds are regal and beautiful. They represent the more admired qualities we all want to achieve - glory, vision, wisdom, self-belief, and vibrancy. They shine in a showy yet magnificent way, encouraging us to exude strength and beauty and shine in our own way. They inspire confidence and bring joy and happiness. In North American cultures, peacock feathers are used to treat illnesses and play a role in healing rituals and spells. Medicine men use peacock feathers to awaken spiritual sense and encourage clairvoyance.

Colors Associated with the Sun Signs

As the main source of light, the colors associated with solar power are bright and light. Orange, yellow, and gold are the obvious choices, but you can also use colors associated with dawn and sunset. Pale pink, purple, light blue, and red are also part of the solar spectrum.

Crystals Associated with the Sun

Bloodstone

The bloodstone crystal is the stone of courage and will help you perform protection rituals and spells. It will ground you and give you the strength to speak up when you feel others are subduing you. It helps you work at the moment and banish confusion and negative external forces.

Ruby

This deep red stone brings joy and wealth and unleashes your passion. It is used to bring positivity and laughter. Use the ruby to set your real intentions and achieve your goals. It encourages heart health and confidence.

Citrine

Encouraging creativity and self-confidence stimulates the brain and encourages clear thinking and motivation. Use it to build the confidence to speak out and express yourself without fear.

Clear Quartz

The master healing crystal can harmonize your chakras and help you connect to higher energies. It revitalizes your emotional and spiritual strengths and lets you recharge your batteries.

Metals related to solar energies are copper and gold. Talismans and charms made from these metals and decorated with rubies will bring you strength and good luck.

What Food Appeals to Sun Signs?

Food astrology is a relatively new concept, but if you consider what your natal chart tells you, why shouldn't it include food? You are what you eat, and astrology is just another way to adapt to your planetary self.

If you have strong Sun, you will be drawn to spicy aromatic foods with chilies and ginger. They must be well cooked, and Sun signs don't eat food that isn't both visually and physically appealing. Indian parathas with cumin and mustard seeds will be more appealing than regular bread and served with butter and pickles.

If you want to strengthen your Sun, eat plenty of fruit like oranges, peaches, plums, and pungent foods. Asian food that makes you sweat will help you increase your solar energy. Reduce the salt in your diet to make you feel more energized and powerful.

The Best Times to Work with Solar Energy

Sun magic should be performed when the appropriate time corresponds to the spell.

Sunrise is the time to perform rituals of new beginnings and rebirth. As the sun peeps over the horizon, perform sun rituals to cleanse your spirit and rebirth your energy for the day.

During the morning, you can perform acts that promote harmony and happiness and start to build new plans for your future. Gain positive energy and set resolutions to make your life more prosperous and joy-filled.

At noon, work with the sun to bring magic and health to your household. Noon is also a great time to charge your magical tools and crystals (check they are sun-friendly before leaving them out in the full sun).

The afternoon is time to concentrate on more business-like matters. Work to improve plans for travel and exploring or anything related to your job or career.

Sunset is the time to perform letting go rituals. Relax and let go of stress and depression as the sun disappears behind the horizon and you enter a state of darkness.

How to Cast Solar Magic

Most magical believers are focused on the Moon and the lunar power. Lunar witches love to work in the moon's silvery light, but they are missing out on the powerful strength of sunlight.

Here are some ways to utilize the solar power that appears in your life every day.

Sunbathing

UV rays are healthy, providing you stay sensible. Solar signs feel depressed when they don't get sunlight, so make yourself get out and about in that healing sunshine. Lay on the grass and turn your face to the sun. Wear sunscreen and glasses to protect your skin and eyes and bask away!

Sun Water

Everyone knows the power of moon water, but solar water is also perfect for

cleansing your altar, tools, and yourself. Leave a glass container filled with water in the sun to charge, and then add it to your bath water for a refreshing and cleansing soak.

Fill Your Space with Sun Plants

If you have a garden, grow plants connected to the solar and fire elements. Daisies, sunflowers, rosemary, and rue are all simple to grow and thrive in ordinary soil or pots. If you don't have a garden, choose house plants that will connect you to solar energy.

Drink Sun-Based Iced Tea

When you have been sunbathing, you need to replete your system with water. Why not make that drink even more magic by infusing it with sun-based herbs and infusions. Take a glass jar and partly fill it with water. Add stevia, mint, an herbal tea bag, and a sprig of chamomile. Screw the lid tight and leave it in the sun to brew for two hours. When it has cooled, pour it over ice, and drink it. It is both magic and good for you.

Work on Your Solar Plexus

The mass of nerves at the pit of your stomach can be thought of as the control center for the organs in your abdomen. Solar energy is especially important for the solar plexus as it is the third chakra that is governed by the sun. Strengthen it with exercise and regular stretches to make sure it stays healthy and keeps your abdomen functioning.

Create Sun-Based Crafts

Make sun catchers and prisms to hang in your home. Use the colors connected to the sun and catch the light. If you prefer kitchen magic, use plants and foods linked to the sun. Create sun-shaped bread or use sun-dried tomatoes to make your food tastier.

The Sun is with us every day, yet we take it for granted. Use solar connections to make your life more joyful and illuminated.

Chapter 4: Go Over the Moon with Magic

In astrology and magick, the moon is the mother of the universe. She is the power behind our most basic natures and survival instincts that are so embedded we don't acknowledge them. It is the planet of emotions and feelings, and when you work with lunar magick, you'll strengthen both your physical and psychological well-being.

It is the largest satellite in the universe and is intrinsically linked to the Earth. No matter where we are in the world, we always see the moon's same face due to the gravitational pull and the alignment of orbital periods. It is linked with the Sun to create a celestial duo representing the ultimate duality as the day disappears and turns into night. This seemingly effortless transition means the two are symbolic of the upper and lower worlds. The Moon is the feminine half of the union and is linked to all feminine aspects. She is the regulator of women's cycles and the fertility of females and crops.

Signs of the Moon



Lunar phases.

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The traditional glyph is the crescent moon, but as the moon has many cycles, it also has glyphs to represent the various cycles. The crescent is the waxing moon and represents the second cycle. The eight cycles are as follows:

1. The new moon is represented by a full circle with a four-pointed star in the center.
2. The waxing moon is represented by the crescent moon facing left.
3. The right half of a circle represents the first quarter.
4. The crescent moon represents the waxing gibbous with the curve pointing upward.
5. A full circle represents the full moon.
6. The waning gibbous is the crescent moon pointing downward.
7. The last quarter is the left half of the circle.
8. The waning crescent has the crescent moon facing right.

The Dignities of the Moon

The moon is in domicile in Cancer

In detriment in Capricorn

Exalted in Taurus

In fall in Scorpio

The moon is generally a benefic planet and brings prosperity and life to the Earth. It is by nature beneficial and works with the sun to create both malefic and benefic atmospheres depending on the transit positions of the other planets. It is the fastest moving planet and will only spend two days per month in the zodiac houses, making it even more important to pinpoint these times and use the time well.

The Traits of the Moon

Strong moon connections indicate a caring, complex personality that is emotionally transparent. They may wear their heart on their sleeve, but they are compassionate and invested in the well-being of others.

When found in the water signs, it signals a deep and complex mother figure who naturally cares for others. They exhibit empathy and have vivid imaginations that fuel creativity and artistic skills.

In fire signs, the Moon is a sign of a mother who encourages her offspring to get out in the world and explore. They understand that courage and strength will help others to become worldlier and broaden their horizons.

In earth signs, they are more likely to manifest as a traditional mother figure who believes that routine and security are the bedrock of life. They feel responsible for others and often sacrifice themselves to care for others.

Moon in air signs means a communicative mother who loves to tell stories. They are filled with stories and tales of magical places and wonderful people who inspire free expression.

Moon Deities

Most Western societies associate the Moon with female energies, but that hasn't always been the case. In Egyptian and Eastern cultures, the Moon was represented by male deities. Here are some of the better-known lunar gods and goddesses:

- In Greek mythology, Artemis was the goddess of the moon, but in earlier teachings, the moon was represented by Selene.
- Thracian teachings also had the goddess Bendis who ruled alongside

Artemis and was favored by more formal and classical teachings. She was popular in Athens in the 4th century and appeared on pottery and in sanctuaries carrying two spears ready for the hunt.

- In Mexico City, a monument to the moon goddess Coyolxauhqui was discovered and is thought to represent her dismembered body following a battle against her brother and archrival, the sun god Huitzilopochtli. She was the Aztec goddess of the lunar realm.
- Romans worshipped the goddess Diana, the Roman equivalent of Artemis, and was also known as the goddess of the hunt. She is often pictured with a bow and arrow and flanked by a woodland animal like a deer.
- Heng-o is the Chinese moon goddess and resided in a huge white palace built from ice and snow. She is clothed in white and silver robes and wears white jade jewelry. She has a male counterpart named Thearch, who is said to represent the male soul of the moon.
- Khonsu and Thoth were the Egyptian deities of the moon. The Egyptians believed that a huge white baboon lived on the surface, and the moon was created from the left eye of the god Horus. Isis was the female counterpart to Thoth.
- Tsuki-Yomi is the Japanese moon god and was the sibling of the sun goddess. In mythology, he killed another god because he offended his sister, but she didn't agree with his actions, which explains why the two planets are so distant.

Keywords for Lunar Magic

- Iridescence
- Beams
- Silvery
- Emotional
- Sparkling
- Pine
- Satellite
- Natural
- Cycle
- Infinity
- Pearly

Moon Elements

Colors associated with the moon are blue, white, silver, and soft pink. They are the colors from nature, but you can also use the colors of the Sun because the two planets will always be linked. Yellow and orange will help bring warmth and energy to your magick and a perfect combination of light and darkness.

Moon herbs include frankincense, tea tree oil, mint, citrus, myrtle, and sage.

Crystals for lunar magick should correspond to the different cycles and are especially effective when used correctly. Here is a guide to the cycles and crystals and how they work in unison:

The New Moon

The new moon is the first cycle and offers a blank slate to set your intentions. Use the crystals to perform rituals to cleanse your mind, set new goals, and inspire yourself to succeed.

Black obsidian is filled with reflective energy that highlights your inner thoughts and hopes. Use it as a mirror to see inside yourself and focus on what you need.

Labradorite is the Ying to the black obsidian's yang. It brings an energy of magic with flashes of light and possibility. It creates an end to the darkness and attracts magic and light.

Manifest your intentions by writing your goals and intentions down 108 times on paper while focusing on your crystals. 108 is connected to the energy of the moon and represents completion. Anoint the paper with your favorite oil and place a white candle on top.

The Full Moon

Now is the time for some mental housework. The full moon's bright light will help you decide which of your intentions are still worth pursuing. Use these crystals to illuminate your magick:

Moonstone does what the name suggests and connects you to the powerful guidance of lunar energy and makes your path obvious. You'll be filled with the spiritual energy to help you achieve your goals and manifest your needs.

Selenite helps you tap into higher energies and capture the powerful beam of the new moon.

Clear Quartz gives you a clarity of thought that lets you work with increased energy and focus.

Crystals for the First and Third Quarter

These are periods of transition, and you should be focused on combining the dark and light energies you will encounter.

Tourmaline quartz is the perfect counterbalanced crystal to help you check in on your successes and potential failures. Don't be disheartened by any negative aspects; just decide if you want to work harder on them or assign them to the wastebasket of intentions. There is nothing wrong with recognizing that some goals aren't for you. That's human nature; we can't all be experts in every field.

Moon Oil Recipe

You can use moon oil to increase its potency when you set your intentions on paper. Use this recipe to create a fragrant and powerful oil to anoint your altar and work.

What You Need:

- Gardenia essential oil
- Lotus essential oil
- Jasmine essential oil
- 15 ml carrier oil like almond or avocado

Instructions:

Take three parts gardenia, two parts lotus, and one part jasmine and combine with the carrier oil.

Lunar Animals

The animals associated with the moon are defined by creatures that draw their attributes from lunar energy. Alchemists work with the connection between water and the moon, while astrologists focus more on the zodiac sign, Cancer. The animals below are indicative of a combination of these qualities and strengths. They are quite often nocturnal and rely on the moon to light their regular environment. Lunar animals are linked with fertility, strong maternal bonds, and are receptive to humans.

The Owl

One of the most symbolic animals associated with the moon, the owl represents wisdom and adaptability. They can survive in the most adverse situations, and they are calming and balanced.

The Wolf

Often depicted howling at the moon, these magnificent canines have a keen sense of the dark. They are one of the ultimate predators and hunt both alone and in a pack. In mythology, they are the monsters that men turn into in the moonlight, and werewolves are intrinsically linked to the moon. Whatever environment they find themselves in, they can use nature to thrive. Wolves are found in all types of terrain and seem to be able to make it habitable.

The Bat

These nocturnal creatures are also the symbols of evil with their association with Dracula and vampires. They are creepy-looking and fly instinctively, so they are successful hunters and survivors.

The Crab

This aquatic organism is naturally associated with the moon via the zodiac Cancer. It can exist on land or in the water and is adept at moving and avoiding obstacles. This symbol signifies you need to be more objective and sharper with your thoughts. Widen your horizons and be brave. Sometimes the crab is sent to you to warn you of negative forces. Watch out for people who aren't as genuine as you thought, and be aware you may have to put on a brave face and deal with them.

When you dream about crabs, the color is important. If you dream about a red crab, it means you are keeping your emotions bottled up. Let go of any resentment or anger toward someone who is currently causing you grief. Let them go. If you dream of a white crab, it means you are in a place where you can embrace love and relationships, life is sweet, and you are getting the go-ahead to make major romantic decisions. If you dream about a dead crab, it means you are in crisis. It's time to regroup and get your affairs in order.

The Dolphin

If you have ever swum with dolphins or seen them in the wild, you will understand the sheer joy of these animals. They are majestic and unthreatening, yet their laughter fills you with the wonder of nature. They are playful and generous and have a majestic sense of peace. They are intelligent and social, just like humans, and they bring the value of friendship and community.

Dolphins are mammals that live in the sea, so they represent the duality of land and sea. They have solar and lunar traits and are known as the princes of the sea. Call on dolphins to bring positive energies and grace into your life and make you feel better when you are unhappy. Dolphins work together to

achieve their goals, and they are sent to you when you need to seek help from others. They remind you that although you are capable of great things alone, you can also work well as part of a team.

Dolphins mean different things in different cultures and Celtic beliefs: they are the sacred guardians of the seas, while Christians believe they are instrumental in transporting souls to heaven. Greeks and Romans often depicted dolphins as companions to their gods like Neptune, Eros, and Cupid. When dolphins dive across your path, they bring you joy, happiness, and the reminder to make your life more balanced. They will visit you when you are too concentrated on serious matters to remind you to spend time with your friends and family. If you dream about a dolphin in clear water, you have a balanced life, while if they are in murky water, you need to address the negative relationships in your life.

Foods That Relate to the Moon

Because the moon is responsible for your root chakra, you will experience back pain and increased lethargy if it is imbalanced. You will feel depressed or anxious and will be easily distracted. Eat foods that boost your chakra, like:

Root Vegetables

Parsnips, carrots, garlic, beets, and potatoes should be a daily staple. Drink dandelion tea or add turmeric to your diet to increase your energy and feel more at ease in your skin.

Hot Peppers

Red cherry peppers, bell peppers, serrano, and chipotles will add fire to your food and increase your physical zing. They will help you become more aware of the physical aspects of your body and encourage you to exercise.

Red Meats

Iron and protein are important to nourish your root chakra, and red meat is a key source. Eaten in moderation, organic beef, lamb, and venison will immediately energize your chakra.

Eggs

Eggs also contain protein and minerals to strengthen your chakra.

High Protein Foods

If you are vegan or a strict vegetarian, you still need to get your protein, and these foods are rich in protein but still vegan. Tofu, beans, peanuts, cashews,

seeds, and organic nut butter will help you feed your root chakra.

Red Foods

Your root chakra will benefit from all naturally red foods like apples, rhubarb, tomatoes, cranberries, and grapes.

Moon Rituals for Everyone

When starting your magickal connection with the moon, it is best to work with the full moon. Lunar energy is abundant, which means your rituals are more likely to work.

Full Moon Ritual

1. Sit in the light of the full moon, either inside or outside.
2. Make sure the space is free from clutter and ready to receive natural energy.
3. Light a white candle and close your eyes.
4. Concentrate on your breathing and take a blank piece of paper to record your experience.
5. Write what you feel is holding you back. For instance, *“I need to let go of a past relationship.”* List as many items as you like and add as much or as little detail as you choose.
6. Now write a list of things you want to attract. For instance, *“I want to gain a promotion at work.”* And do the same with this list.
7. Remember that list is for your eyes only and will never be seen by anyone else. Once it is completed, sign and date it. This is your sacred contract with the universe, and it is fueled by lunar energy.
8. Now read it out loud and say the words with conviction. Repeat any salient parts you feel need extra emphasis and give it your all. Take a deep breath but make sure you complete the task with force and enthusiasm.
9. Now destroy the contract by burning it or ripping it into small pieces. Wash your hands in clear cold water and dry them thoroughly.

Ritual to Embrace the Maiden, the Mother, and the Crone

The moon is often depicted as a three-part deity. It represents the three ages of females and can be seen as negative. It is important to remember that not all maidens are young, not all mothers have children, and not all crones are old. They aren't determined by age and are determined by energy.

Maidens represent purity and the creative force. They are a symbol of new

beginnings and growth. Mothers represent the sexual force of birth and the protective energy that shouldn't just be restricted to children. She embodies nurturing qualities and protection and also stands for fulfillment and creating new life.

The crone is the embodiment of transformation and wisdom. Use her energy to end situations and move on to new projects. She is wise and dark, but her age isn't relative. Help yourself deal with grief or any sense of loss and draw on her energy to move on.

Reach out to female friends to join you in this ritual and represent the ages of women if you can ask nine women to dress in white and carry nine white candles to represent the maiden. Now gather nine women dressed in scarlet to represent the mother carrying white candles with red ribbons to represent the mother. Finally, nine women dressed in black carry white candles with black ribbons for the crone.

Ask the women to say something about the age of the women they represent. Honor all stages and remember to mix the ages of the women involved. Light the candles and watch them burn as you all share the joys of womanhood.

If you are performing a solo ritual, create a sacred space and close your eyes. Repeat the phrase *"I am the maiden, the mother, and the crone. Sacred moons fill me with your light and show me my path."* Be receptive to the energy that will come your way and celebrate your feminine being.

Chapter 5: Mercury, Your Mind and Mouth

Mercury is the closest planet to the Sun and is the smallest in the universe. It may be smaller than its counterparts, but it is just as important as some of the bigger planets that influence us. Think of Mercury as the small, scrappy fighter with a lightning-sharp wit and a skilled communicator in your group of friends.

The glyph for Mercury is a circle with a cross on the bottom and an upturned crescent moon on top. It is like the glyph for Venus and strongly indicates feminine strength and traits.

Mercury is in exaltation in Virgo

In Dignity in Gemini and Virgo

In detriment in Sagittarius

In fall in Pisces

It is considered benefic when alone or with Taurus, Gemini, Aquarius, Virgo, and Capricorn. When associated with the other signs, it can be malefic.

Benefic Effects Include

- Mimicry: They are good copycats and love to entertain people with their impressions.
- They also adapt other people's ideas and make them their own. They realize that their skills lie in recreation rather than coming up with original ideas.
- They know how to work the system and will claim every cent they can from the government and other agencies. After all, they are entitled to it. They will also find ways to cheat banks and avoid paying back loans.
- They make great advisors if you are in business as they know every loophole and tax avoidance scheme known to man. They are skilled at running operations under other people's names and keeping their names clean in case things go wrong.
- They will use the law to punish their enemies rather than confront them one to one. They hate criticism and can be petty about those who dare to disagree with them.
- They are financially focused and would even change their identity and adoption if it meant they would benefit from an inheritance.

Effects of Mercury in the Malefic

- They can't be trusted to find work for themselves. They need someone else to hold their hand and show them where to find work.
- They won't travel alone even though they communicate well in all languages.
- They project an elevated level of knowledge about things they barely know anything about.
- Restaurant food is wasted on them; they prefer fast convenience food and don't understand the joy of eating out.
- They are scruffy and don't have the best hygiene regime.
- They believe they are indispensable in their job and love to tell people how important they are.
- They lie with alacrity, and even when they are caught in a lie, they will still maintain they are telling the truth.
- No matter what the ruling party is, they will disagree with their policies and methods.
- They talk about their ambitions, but they live hand to mouth in reality.
- They expect other people to sympathize and show empathy, but they have no time for other people's problems or troubles.

Astral Traits

Other traits that are shown by people with Mercury in their sign:

It is primordial. Mercury grows and changes when it encounters other elements, and so do people who have it in their astrological makeup. They will absorb qualities and skills from others and adapt them to suit their needs. This isn't a bad trait providing they acknowledge the source of information and don't try and claim it as their own.

They are born communicators and are quick to process mental thoughts and ideas into speech. Their quick-wittedness and intelligence make them good company, but they do tend to be capricious. Multi-tasking comes easily to them, and they can handle multiple issues providing they aren't required to be too detailed. They get bored with subjects and move on without finishing them properly.

Their intuition and logical thinking mean they are suited for careers in transportation, commerce, tourism, logistics, technology, and commerce. Thieves and tricksters will also tend to have a strong connection to Mercury. They have a quick temper but don't hold grudges.

Because it is so close to the Sun, it is a reinforcing element that encourages self-exploration and development. When it is combined with other signs, it produces the following:

With the water, signs strengthen empathy and increase emotional intuition.

Fire signs make cautious people bolder and encourage them to make themselves heard. It gives them a strong sense of self-confidence and helps them become more open with others.

Earth signs teach the person to concentrate more and daydream less. The practical side of their personality is encouraged to emerge.

Air signs encourage a more expressive personality that can speak swiftly yet confidently.

Deities Associated with Mercury

One particularly important deity is a correspondent of Mercury, and that is Hermes, the exalted one and the divine messenger. Hermetic magic is the belief there is monotheism but describes the three realms of understanding and promotes certain thinking methods. The main philosophy included the phrase “as above so below” that we have already covered, but there are some other key points you may find interesting.

Creation is good, and stagnation is evil. This is one of the more contentious parts of Hermetic teachings that suggest that only God is truly good. Humans have physical forms and will forever be focused on material needs rather than spiritual improvements. The source of ideas can be both good and evil, so the source is the key to living a better life.

God is “All”: This statement strengthens the belief that no matter how many spirits or angels we believe there are that God has both transcended reality and is reality.

There is a single truth: The same principle fuels all beliefs, no matter your religion. The Hermetic teachings hold there is just one truth that all humanity should follow.

Reincarnation: Hermetic texts contain written evidence that it believed in reincarnation; we all live many lives on earth to reach a closer relationship to the Divine being, God.

In Hindu Religion

Ganesh has multiple epithets, including the Giver of Good Counsel, the Teacher of Prudence, and Friend of All.

In Egyptian beliefs, Mercury is associated with Seshat, the goddess of Heaven and the Mistress of the Sacred Characters. She was responsible for recording the passage of time and establishing celestial alignment.

In Norse Mythology

Mercury is associated with the mighty Odin, the Father of all Gods and Men. He was the shaper of Wyrds and existed on a mental plane that transcended the Earth and was constantly seeking wisdom and knowledge. He sacrificed an eye at the well of Mimir to become more knowledgeable, and his fate was sealed when he hanged himself for becoming the master of the Ancient Runes.

Loki is also linked to Mercury as they are both imbued with trickster qualities. They share an energy that can be amusing yet frustrating and is often distracted from their original goals by others.

Celtic Mythology

Esus, also known as Gaul, was the god of human sacrifices and associated with Mercury and Mars. He was pictured with an ax and is regarded as a woodcutter in mythological terms. His sacred animal is the bull.

Associations of Mercury

Her feminine power is related to the masculine color blue but with softer tones. Pigeon gray with blue flecks, sky blue, light blue, and violet are also favored.

Work with diamonds, jade, jasper, topaz, tourmaline, and opals to strengthen your magick.

Herbs to include in your work include cassia, clary, dill, fennel, hazel, and Irish moss.

Mercury Oil

Take one part parsley, two parts dill, and three parts fennel. Grind the herbs or seed in a pestle and mortar before adding them to a carrier oil like olive or almond oil. Use to anoint your candles and altar or other magick tools.

Keywords Associated with Mercury

- Reasoning
- Communicating
- Exploration
- Intelligence
- Knowledge

- Patriotism
- Cultural
- Independent
- Thoughtful
- Strategic
- Cunning
- Sneaky
- Written word
- Colloquial
- Expressive
- Gossip
- Untrustworthy
- Memory
- Logical

Animals Corresponding to Mercury

The Fox

Cunning and quick, this wiry animal embodies the spirit of Mercury. They live nearby but are often invisible until they wreak havoc on your home. They steal eggs, kill chickens right under your nose, and escape in the wind. Foxes are also sneaky and leave very little trace as to where they live.

The Serpent

Most people dread the serpent, but a serpent represents rebirth as snakes can shed their skin and emerge as new creatures. They also represent balance and diplomacy that helps you to avoid becoming judgmental. It is a vigilant and intuitive animal and dictates that you stay grounded even in chaotic circumstances.

If you dream about a snake biting your arm or leg, it can signal a financial loss. If the snake is chasing you, it means you have someone in your life who is setting off alarm bells. Dreaming about killing a snake means you are getting stronger, and you will soon overcome any problems in your life.

Swimming with snakes in your dreams means you are going along with other people for the moment and that suits you just fine. If a snake is wrapped around your body, it signals you are frustrated by life and need to break free from repression.

The Ant

This diligent creature doesn't get anywhere unless it puts in the effort. It might be diminutive, but it has immense strength and can accomplish great feats. It is a social animal that works best as part of a team but can also be effective as a solo operator. If you dream of ants, it means you are overwhelmed by minor nuisances that are forming to become a huge problem in your life. The ant tells you to tackle the small stuff and eat away at the minor niggles.

The Spider

Another industrious creature, the spider symbolizes patience, creation, inner growth, and creativity. It is the epitome of creating beauty from the most basic materials and making plans for your life. As they have multiple eyes, they symbolize caution and a natural sense of danger. You know the world is dangerous, but you know how to survive.

You have excellent coordination and love to organize your home, life, and other people. You have a gentle touch and are kind even when you are firm with others. In dreams, spiders represent a lack of representation in your social life. Get out there and be yourself rather than hiding in the shadows.

The Monkey

Playful yet intelligent the monkey is a kind and curious creature that thrives in families. It has a strong sense of belonging and has delightful untamed freedom while still observing social edicts. As your spirit animal, it signifies your ability to make jokes and entertain your many friends, but you can sometimes be insensitive and hurt their feelings.

The monkey is a friendly creature that can become defensive and aggressive when threatened. You have a strong sense of community and will protect those you love with your life. If you dream about monkeys, it may be time to get serious and leave your playful nature at home, where you can be as silly as you like.

The Coyote

The trickster of the natural world, a coyote, symbolizes your enthusiasm and fearlessness. Coyotes are filled with a strong intelligence coupled with a childlike manner that will help you find the magic of life through paths that may be hidden at the moment.

You are quick-witted and determined to find the positives in all situations. When you make a mistake, you are quick to own up and laugh at yourself

before trying again. Playing practical jokes is one of your specialties, and you can sometimes take them too far. If you dream about a coyote, it can indicate a spiritual shift in someone you know; are they deceiving you? It could be a sign of disloyalty by others.

How to Work with Mercury Energy

The best day to work with Mercury is Wednesday, but don't forget to call on it whenever you feel you are struggling with communications. Divine energies are available whenever you need them.

Cast Communication Spells

1. Take a sheet of yellow paper and some light blue candles.
2. On the paper, write the name of the person you find it hard to connect to.
3. Fold the paper three times as you repeat the phrase, *"Miscommunication should go for good; with this spell, I will be understood."*
4. Now seal the paper with some wax from the candle and keep it like a sealed letter.
5. Bless it with Mercury oil and repeat this phrase *"Ideas and words will flow to me, and help me say my words, truth, and love I give for free; they fly from me like birds."*
6. Carry it with you and use it when you feel you need help being understood.

Cast Call Me Spells

1. Repeat the last spell but write the name of the people or person you want to call you.
2. When you have blessed the paper, bury it under your favorite tree and bless the ground with Mercury oil.

Cast Manipulation Spells

Mercury is powerful energy to manipulate someone to bend their will. Remember, magic should never be used to cause harm or change their consent status, but it can be used to give them a gentle nudge to see things your way.

1. Use blue candles and your favorite Mercury-related stone to set the tone.
2. Compose a chant about what you want and who needs to be

manipulated and repeat it until the candle has burned for five minutes.

3. Take the candle and wax, wrap it in a white handkerchief or cloth, and keep it in a sacred place.
4. Once the spell has worked, bury the package in the ground.

Use Meditation to Connect to the Energy of Mercury

The astral energy will help you become more adept at communicating and becoming a more effective personality. Mercury retrograde meditations are specially designed to help you become an accomplished empath. The term retrograde refers to words you should reflect on and provide you with a grade A form of mediation.

Follow these simple steps to connect to Mercury and ask your relevant questions.

Step One: Make yourself comfortable and clear your mind. Take deep breaths until you can hear and feel your heartbeat.

Step Two: Check your reactions: Be prepared to take a giant step back if something controversial happens. This type of meditation can be challenging.

Step Three: Check your throat chakra is relaxed. Mercury relates to your throat chakra, so be prepared for some tension there. Make sure you have a soothing drink to aid your relaxation.

Step Four: Remember who you are and what your life purpose is. This can be challenging as we get so caught up in our daily routines we lose sight of what we really want. Ask yourself what your true purpose is and if you are on the right track.

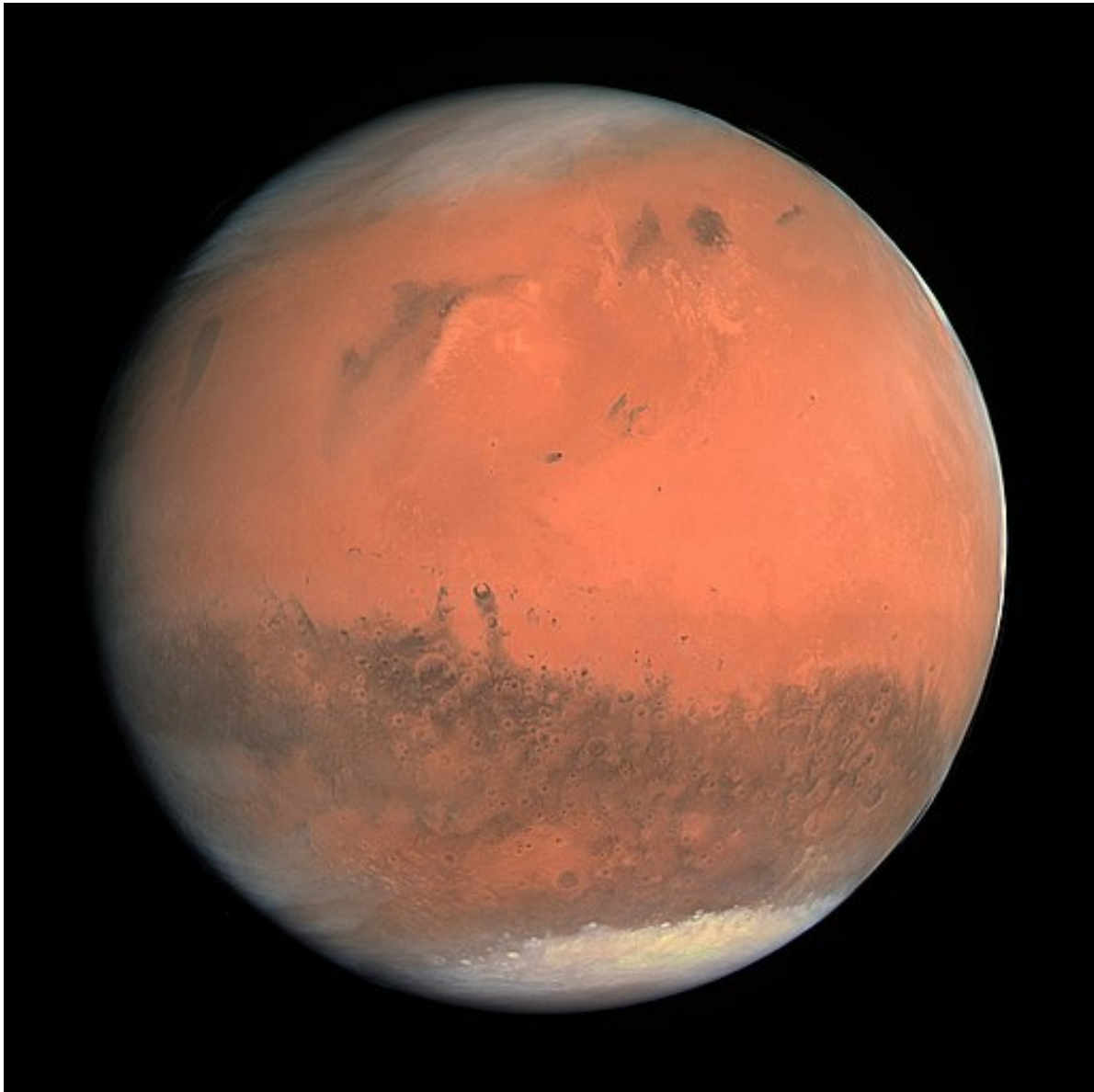
Step Five: Reflect and rest. Do you make time for yourself, or are you so caught up in life you don't get time for yourself? Add more relaxing activities to your schedule. Add a date night if you have a partner, or just make time for yourself. Breathe deeply and remind yourself why you need to recharge and regroup.

Step Six: Have some fun. Come up with a new life plan which includes fun activities. Get creative and start new projects. Remember what you used to love as a child and try out that activity again. Coloring books and simple games like skipping or hula hoops are the perfect way to revisit your childhood.

Finally, remember to meditate and relax more no matter where you are or how much time you have. You don't need a quiet mind to meditate. You just need a couple of minutes to switch off. Remember that Mercury and her

energies will help you discover the joy of self-communication and more traditional ways of interacting.

Chapter 6: Mars, the Victorious Leader



Mars.

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The planet Mars represents the very essence of your being. Its glyph is a circle with an arrow pointing to the upper right section of the sky that symbolizes the human will surmount with the arrow of desire. As the red planet, it has called out to humans to visit for years, and when we eventually managed to land a vehicle on the surface, we weren't disappointed. It may only be half the size of the Earth, but it has impressive valleys and peaks that

make the surface a wild and wonderful terrain.

In astrology and magick, Mars is filled with passion and dynamic energy. The energy it creates inspires self-confidence and the belief that anything you want can be achieved. It defends itself with vigor and is self-serving energy that helps you get what you want.

Mars is in exaltation in Capricorn

In dignity in Aries and Scorpio

In detriment in Libra

In fall in Cancer

When it is dominant in water signs, it makes the person prone to weak willpower even when they are in a strong-willed sign like Cancer

In signs of the fire element, it causes periods of anger and passion. It influences people to let their self-assuredness go one further step and become aggressive. It can lead to disruptive relationships which begin with absorbing passion but end with heartache.

When it is in the earth element, there is a more simmering passion boiling beneath the surface but is explosive when it happens. Mars always has a hidden fury, but when combined with Earth, it triggers the fight or flight response to fight until the death.

In air signs, Mars influences more mental passions rather than physical. It inspires people to learn more and plan their futures. The personality is more likely to become temperamental and will find fault with everything.

When Mars is benefic in your birth chart or an ascendant sign, it means you will become more physically strong and self-confident. It will affect your potential and make you more confident about achieving your goals.

When it is malefic, you will be unable to express your emotions, leading to you becoming shy and introverted. Your sexual needs and your naturally competitive nature will be repressed, leading to you becoming frustrated. These malefic periods allow you the chance to work on these issues and conquer that frustration and become more extroverted. It may not be the best time for you, but Mars is all about challenges and loves it when you find your spirit and work on your personal growth.

The Ancients referred to Mars as the “Lesser Malefic” and credited the planet with accidents, times of crisis, and misfortune.

Mars is sometimes a bully, but he means well. His enthusiasm and ambitious

personality mean he will push you even when you are reluctant. In physical terms, he is manifested as a strong young man with an impressive physique and a ruddy complexion. He is choleric and quick to anger but also forgiving.

Deities Relating to Mars

First, let's take a quick look at the Roman god Mars who epitomizes the planet's personality.

He was handsome but vain, and the other gods weren't impressed and disliked him.

His own vanity fooled him into marrying an old and ugly goddess who impersonated the goddess Minerva.

His symbol was a sacred shield

He was the god of soldiers and war

He founded Rome

He was the son of Jupiter and Juno

Other Deities

In Greek Mythology

Ares, the Lord of War and the Inspirer of Daring Deeds, was one of the twelve Olympians and inspired mixed emotions in his followers. They recognized his strength and physical valor, but his passion for brutality and bloodlust made them wary of his power. There are very few temples in his honor compared to his sister Athena who was revered and loved for her strategy and compassion.

Ares was often humiliated by the other gods and was involved in lots of affairs with the wives of other gods. He was referred to as the "*double-faced liar*" and "*the most hated of all Gods*" by Zeus following his poor performance at the battle of Troy.

In Roman Mythology

Mars was often associated with Vulcan, the God of Fire. He allies with the nymphs to combine heat and water to create a protective power against volcanic eruptions and conflagrations. He guards cities and their foodstuffs and is often pictured smelting metals at his sacred furnace.

In Babylonian Mythology

Nusku was the god of volcanoes and was the Exalter of the Sacred Torch. He carried a shining scepter and is pictured bathed in a spiritual light that brings the fire that enlightens the darkness of the human race.

In Hindu Mythology

Agni, a two-faced, seven-armed, three-legged god who rides through the heavens on a ram, is associated with Mars. He breathes fire and uses spiritual axes, spoons, and fans to distribute spiritual libations.

In Egyptian Mythology

Mars is associated with the hawk-headed God Horus of Edfu. He is responsible for keeping the chains of darkness in place and is also the Lord of the Forge. He is ferocious in battle and wears a double-aspect crown that combines the realms of Upper and Lower Egypt, and he sports a kilt and battle gear.

In Celtic Mythology

The Celts admired warriors, and Mars is representative of the most successful yet brutal warrior personalities. Many Celtic deities are associated with him, including Babd, a member of the Morrigan, who were three battle goddesses. She is represented by a raven with a beak that drips blood. Mars also has the same traits as Cocidus, the war god, Medb, the Irish war goddess, and Belatucadros, the British god of destruction.

In Norse Mythology

Mars is associated with Thor, the god of thunder and son of Odin. He is the most barbaric of the Norse gods and rides through the sky with his mighty chariot pulled by goats.

Keywords to Describe the Energy of Mars

- Enthusiasm
- Energy
- Passion
- Anger
- Determination
- Strong-willed
- Stubborn
- Inspiring
- Brave
- Courageous
- Impulsive
- Bullying

- Aggressive
- Leadership
- Action
- Valor
- Conspiracy

Working with Mars

Elemental associations include red crystals and stones like rubies, bloodstone, and garnet. He is strongly associated with iron and metal and is often the dominant sign for metalworkers, blacksmiths, and other careers involving base metal.

Foods include combinations of sour and acrid tastes. Most Mars-dominated signs won't have a sweet tooth. Instead, they prefer more hot and spicy dishes. Garlic, mustard, and peppers will be firm favorites, and alcohol and organic red meats will increase the energies of Mars but may also dull their spiritual intuitions.

Animals Associated with Mars

The Scorpion

Like the planet, you may have a special relationship, but you must always watch out for the sting in the tail. Scorpions are protective and creative but need to be watched just like the energy of Maars.

The Wasp

Another creature that can cause pain with its sting but is also representative of intelligence and teamwork. They work together to create a productive community and have incredible communication skills.

The Ram

Aloof and transformative, the ram has impressive horns to protect his family. They are both aggressive and sensitive, with a sense of vision that exceeds his normal expectations.

The Ox

Strength and loyalty are his traits, and he has grounded energy that exudes his size and power.

The Horse

His innate sense of freedom and adventure sums up the energy of Mars, while his friendship and loyalty show his more compassionate side. Horses are all

about mobility and independence and signify your intentions to break free from a boring routine.

The Wolf

Mars is a strong partner to have, as is the wolf. He works well alone or as a pack animal and will stay by your side when you need him. He has a compassionate spiritual side that works well when combined with protective instincts.

Working with Mars in Rituals and Spells

The Tablet of Mars

A table of numbers that contains five rows of five numbers that all add up to sixty-five and totals three hundred and twenty-five is a sacred text used to protect the power of Mars. Use it to make your home safer or to bless your sacred tools. When engraved into the metal, it gives men the potency to win battles and cast out their enemies. It drives away venomous beasts and strikes terror into potential enemies.

Powerful Spells to Win Arguments or Legal Battles

Mars is all about standing your ground and winning battles, but that doesn't always involve physical combat. In modern society, many of our battles are legal or involve documents. Invoke the power of Mars with these potent spells to help you emerge victorious in legal or business matters.

Spell One of the Candle Magick Spells

What You Need:

- Two bay leaves
- Two red candles
- Raw honey
- Copies of the documents relating to your issue
- A lighter
- Gold ribbon

Instructions:

1. Take the candles and coat them with honey.
2. Place them in holders and light them while speaking the following phrase:

“By the power of Mars, I ask for your help, make my troubles disappear and my future successful. Free me from the trials and tribulations that follow me.”

3. Now place the two bay leaves on the documents and tie them with the golden ribbon to form an envelope.
4. Seal the edges with the wax from the candles and state your desired outcome.

Spell Two, the Vinegar Spell for Justice

What You Need:

- A piece of paper
- A red and black pen
- One red candle
- White vinegar
- Fireproof dish

Instructions:

1. When you have a dispute or legal matter, it is essential to share both sides of the story. Write on the paper with the black pen what the issues are and what you have been accused of. Include any slander or false accusations and any that may have a ring of truth.
2. Now turn the paper over and write your truth with the red pen—the whole truth and nothing but the truth, to paraphrase the legal jargon. Be sincere about all that has happened and show remorse when needed.
3. *Pour some of the vinegar onto your hands as you say the following:*
 “Mars the mighty leader, I ask for your help to get the truth and justice I seek. Be the power behind my fight and help me to emerge victoriously.”
4. Hold the paper in your hands until the vinegar is absorbed, and then light it with the lighter. Let the ashes fall into the fireproof dish until the paper has burned completely. Spread the ashes on the ground outside or under your favorite tree.
5. These spells should be effective for a whole calendar month. If your issue, court case, or argument lasts longer than this, remember to repeat the spells to make sure they are still effective.

The Perfect Ritual to Attract the Power of Mars

Tuesday is the perfect day to connect to the planet Mars, and this is a simple ritual to perform that will connect you to his courage and strength.

What You Need:

- One red pillar candle
- Fancy black iron candle holder
- A black nail used to carve into the candle
- Mars-associated stones like ruby, garnet, or bloodstone

- Allspice
- Cinnamon
- Garlic
- Mustard seeds
- Lighter
- A flat altar or table to perform the ritual
- Red decorations

Instructions:

1. Prepare your altar with your red decorations and make it feel warm and attractive. Place the candelabra on the table so you can access it easily.
2. Engrave the candle with your name and what you want to achieve. Use symbols or single words to avoid confusion. Carve a hole in the middle of the candle and sprinkle some of your spices into it before spreading the wax to make them secure.
3. Use the rest of the spices to decorate the base of the candle holder to protect your work. Light the candle and watch the wax roll down the pillar and pool on your holder as you repeat the following phrase:
*“Lord Mars, I welcome you to my sacred place and grant me the power to live a life filled with courage and passion.
 Help me fight my battles with passion and kindness, be they great or small, and help me protect my virtue and reputation.
 Draw success to my home and deflect harm and dread. Candle burns, and spirits spin; I ask this ritual magick to begin.”*
4. *The candle needs to be burned down completely, which may take several days. Make sure that number is odd rather than even, so take three, five, or seven days depending on how long you can watch the candle daily.*
5. *Every time you relight the candle, say, “As the candle does relight, make my magick reignite.”*

Create a Filter for Courage

Filters are a magick potion, and this certain philter is designed to attract the energy of Mars to bring courage to your work. Create the potion on Tuesdays for extra strength and use it whenever you need to add the power of Mars to your magick.

What You Need:

- Red glass bottle
- 2 cups of carrier oil like almond or olive oil
- Eyedropper
- Citrus essential oil
- Black pepper essential oil
- Ginger oil
- Cinnamon
- Dried holly leaf ground into powder
- Fresh basil leaves
- A chip of red garnet or bloodstone
- One red ribbon and one black ribbon
- A small eye of Horus talisman

Instructions:

1. Add the base oil to the bottle, and then use the dropper to add the essential oils.
2. Let your instincts guide you, and add the amounts you feel are appropriate for your potion.
3. Add the chip of stone and the other fresh ingredients.
4. Seal the bottle and shake it gently before you hold it up to the sunshine of the day.
5. Clean the outside of the bottle and tie the ribbons to the neck.
6. Attach the talisman and label it if you have more than one philter in your magick store.
7. Now hold the bottle and visualize how you will use your new powers to improve your life and make yourself more successful. Picture it in your mind's eye and visualize it flowing into the bottle.
8. Repeat these words to make the potion fill with energy

*“This Tuesday philter is my own
It brings me strength and power,
I am strong and brave and will not back down
No person shall steal my hour.”*
9. Now clean your area and yourself before storing the philter in a dark, cool spot.
10. Take a walk-in nature to ground yourself and reconnect to the

earthly plane.

11. Bring the filter out of storage whenever you need the power of Mars and his courage.

Chapter 7: Venus, Love, and Luxury

The mention of Venus conjures up images of love, passion, desire, and beauty. The planet is the second one from the Sun and is roughly the same size as the Earth. It is the brightest planet in our solar system, apart from the Moon and the Sun, and is often referred to as the Morning Star. The planet's surface is completely different from the Earth and is quite hostile, with no oceans and a heavy atmosphere composed of carbon dioxide with virtually no moisture content.

The glyph for Venus is the circle of spirit topping the cross of self which represents the true union of body and mind. Venus is the planet of true love and the potential union of the soul.

In exaltation, it is in Pisces

In detriment Aries

In dignity, Taurus and Libra

In fall Virgo

Venus is less concentrated on physical passion, which is the domain of Mars, and is more associated with harmony, love, sociability, and a balanced romantic relationship.

Venus in Benefic

When Venus is benefic in a person's house, it indicates wealth, success, and influential positions in society. You will most likely have progressed from lowly beginnings to greater things and enjoy a level of success in your field. Film stars, musicians, designers, models, and charismatic leaders will often have Venus in a benefic position.

They will often have their attention focused on themselves and will tend to forget birthdays, anniversaries, or other occasions that don't feature them. Their relatives and friends will feel ignored and left behind as they become more successful. Even their spouses and children can't change them, and they lack common moral values.

They place a high value on punctuality and expect others to do the same. They will profess to be spiritual and preach to others, but they are materialistic and focused on personal wealth and acquisitions.

Venus in Malefic

When Venus is malefic in a person's house, they will be comfortable but fail to succeed. They will cut ties with their family history and become more

focused on their present existence as they get older. Their talents include counterfeiting and creating content for others. They will always earn enough to get by but will never be filled with ambition.

Addiction and excess will always be part of their lives, and they will often fail to sustain successful relationships. They are lazy and irresponsible, but they still command respect from their children, who love them irrespectively.

Venus is also linked with extreme energy, which can cause disasters, and the ancients often sacrificed humans to appease her fury. They believed that when she was angry and her heart was broken, she caused Earthly floods and lightning, which were said to split mountains and create firebrands to terrorize the highlands.

Deities Connected to Venus

In Greek Mythology

Aphrodite is perhaps the most famous goddess associated with Venus. She was reportedly born in Paphos on the island of Cyprus and emerged from the frothy foam of the azure waters where Cronus threw the genitals of his slain father, Uranus. Her romantic and sexual partners included gods and mortals, and her beauty was so impressive it sparked a war amongst the gods.

She was forced into a marriage with the ugly deformed god Hephaestus but had her children with many lovers, including Ares, Poseidon, Adonis, and Hermes. She was the goddess of beauty and fertility and was considered one of the most powerful goddesses in Greek mythology.

In Babylonian Mythology

Inanna was the foremost goddess in Sumerian religion, and she represented both love and war. The goddess appeared in many myths associated with Mesopotamia and was reportedly the goddess who brought culture to society. Inanna is depicted as a beautiful young woman who recognizes her power lies in her appearance and intelligence, yet she was never a faithful wife or mother. Her energy is more associated with early femininity, which takes lovers at will and is fierce and courageous.

In Egyptian Mythology

Isis was a major goddess in ancient Egypt but was often pictured as a human. Her role as a wife and mother made her more accessible than some other goddesses, and she was the grieving widow of the god Osiris. Her intelligence and power of communication meant she was considered more powerful than a thousand soldiers.

The cult of Isis spread throughout Europe, and Romans worshiped her until Emperor Augustus banned the practice as part of his attempt to persuade the Romans to follow Roman Gods. Many pagan traditions have resurrected her to become their patron goddess and home her fecundity and knowledge in modern times.

In Norse Mythology

Frigg is the wife of Odin and the most revered goddess of the Aesir. She represents the most feminine aspects of magick like the hearth, motherhood, love, and the domestic arts. Her motherly love was renowned, and adoring females surrounded her as she held court. Frigg rode through the night on a magnificent chariot pulled by cats, and she was renowned for unlocking lands that had previously remained unexplored.

Her symbols include the spinning wheel and mistletoe, and she represents the ultimate mother figure. She tried to save her son's life by altering fate but could not keep him from an untimely death. Known as the mother of Asgard, she has strong links with the Roman deity Venus.

Elements of Venus

She is linked to the colors Green, pink, rose, white, turquoise, purple, blue, and silver.

Crystals Associated with Venus

Calcite: The stone responsible for doubling the energy and amplifying confidence. It is considered a multivitamin for the soul and will help you increase vigor and vitality. Use it to connect to the hedonistic part of your personality and increase your desire for life and all it can give you.

Celestite: Use this crystal to calm yourself when facing stress and calamity. It connects directly to the energy of Venus when used in rituals and brings her female nurturing quality to your work. It has a high vibration that will bring peace and calm to the most troubling situations.

Emerald: The stone of success in love and romance, the emerald also enhances other relationships. It can be given as a gift to cement platonic friendships, or it can be used to strengthen self-love and confidence. Use it to improve your emotional understanding of yourself and start on the path of self-discovery.

Green Tourmaline: A powerful healing stone linked to the Heart Chakra. It has masculine energy to heal your physical wounds and strong feminine

energy to bring relief to your emotional and spiritual scars.

Malachite: A powerful stone that resonates with the female aspects of health. It can help you balance any issues in the reproductive system or bring relief to menstrual trauma. Use it to channel the energy of Venus to cure your ills or just strengthen your internal organs.

Keywords Used to Describe the Energy of Venus

- Affinity
- Love
- Passion
- Desire
- Lust
- Beauty
- Attraction
- Wanton desire
- Femininity
- Vanity
- Self-obsession
- Satisfaction
- Ambition
- Family ties
- Female energy
- Self-image
- Eroticism
- Adventurousness
- Intimacy
- Jealousy
- Relationships
- Complicity

Spirit Animals Connected to Venus

The Elephant

Strong, magnificent, and dignified. Female elephants are renowned for their mothering skills, and herds of elephants protect their young fiercely. The elephant is part of the royal family of nature and is regal yet approachable.

The Dove

The symbol of peace and tranquility, the dove, may not seem a natural choice for Venus. However, it symbolizes the love and devotion you hope will be part of your relationships and inspires you to sacrifice your ego to attain the perfect union. They are the symbol of communication and gentleness.

The Peacock

With its bright plumage and immense sense of self-love, the peacock is the perfect representation of the energy of Venus. It displays itself to attract love and isn't afraid to show its intentions. If you find yourself drawn to the peacock, you need to work on your self-esteem and be more receptive to love and attraction.

The Sheep

If you find yourself in tune with sheep, it means you are more likely to be drawn to compassionate relationships instead of passionate ones. You are attracted by levelheaded personalities and want to avoid drama or turmoil.

The Goat

Strong and vigorous, the goat symbolizes strength both physically and emotionally. They work well alone and aren't afraid to butt heads to get what they want.

Foods Associated with Venus

Although most people with Venus strong in their house will have a sweet tooth, they love to combine that sweetness with an acidic or astringent partner. Sweet and sour chicken or honey and mustard combinations will appeal to their pallet. They love candies and dried fruits and can tend to overindulge in their favorite foods. Sweet wine and liquors are high on their treat lists, and they will often combine this with salty snacks. Foods spiced with essential oils are also tempting, and the addition of fennel, mint, basil, or vanilla makes their dishes more appealing.

Venus is associated with fragrances like honeysuckle, jasmine, lilac, myrtle, and other feminine scents, and they will often use essential oils and diffusers in the home. Think feminine, and you will get the essence of Venus.

Love Spells through the Planet Venus

Love isn't just about bumping genitals with your partner, although it is pleasurable. True love is about embracing all things luxurious, opulent, splendid, and magnificent. It's about eating the finest foods and experiencing

the softest and most comfortable fabrics while you bask in luxurious surroundings.

Nobody is promising that your life will suddenly become one filled with jewels, sportscars, and houses straight out of a magazine. You can expect to attract a better style of living and gain the skills to appreciate what you are given. Love is about happiness, filling your wildest desires, and becoming accustomed to pleasure.

Invoking the goddess Venus and the energy she brings is like gaining a VIP pass to life. Ask her to join you and help you become connected to her feminine wiles and the strength they incur.

Invoke the goddess and the planet of Venus by the following methods:

- Dress to impress: Strut your stuff in a FABULOUS outfit that screams “Look at me NOW” to show your intention.
- Create a sacred space with roses, sweet honey, your favorite candies, crystals, and a red, pink, and white candle.
- Take a ritual bath with your favorite essential oils and float rose petals in the water. Choose your softest pink or white towels to dry off with, and use scented creams to feel special.
- Draws a circle with pink or red chalk and ask her in.

Create a Simple Love Scent Filled with the Power of Venus

Perfumes and scents attract us. The smell of something pleasant and attractive can stop you in your tracks. Create a low-level scent to make the first move in contacting someone you are interested in.

What you need:

- Four drops of rose oil
- One drop of lavender oil
- One drop of myrrh oil
- One drop of sandalwood oil
- One drop of ylang-ylang oil
- Twenty drops of carrier oil like olive or almond oil

Instructions:

Mix thoroughly and apply sparingly to your skin when you are in the presence of someone you want to attract. If they are receptive to your intent, it will cause them to respond. If they have no attraction to you at all, even the most powerful potion won't work.

Candle Spells for Love

Candles are very effective for love magick, and they are available in many styles, colors, and shapes. Depending on your intentions, here are some of the more effective ways to use candles in your magick work.

Image candles have been used for generations to represent intentions in magick. Male and female candles are the most obvious type of images, but other powerful kinds can be used. We will start with ordinary candles for our love spells and discover how to carve them to represent two parts of a couple.

Love Spells with Candles

Choose two candles to represent yourself and the object of your affection. These can be as simple as pink, white, or black candles, or you can choose colors that represent your individual energies. Green, red, yellow, and orange candles work just as effectively.

Write the name of the two parties on the candles that represent them and anoint the separate candles with oil.

Place the two candles on an altar or suitable workspace and place a red candle between the two. Light all three candles and move the two image candles closer to the red candle as you visualize the union they will form.

Once the two image candles are attached to the red candle, continue to watch them burn as you think about the object of your affection and your future. Once the candles have burned down, take the wax, and bury it in the garden.

Spell for Marriage Commitment

If you are already in a committed relationship, this spell will help you strengthen the bonds and make your union stronger.

Take two candles representing you and your partner and add your individual perfumes or scents to them to anoint the candles. Place a photo of yourselves in front of your candles and tie the two together with a red ribbon.

Light the candles and say the following:

“I light the flames of love and ask that the goddess Venus helps us stay together with the light of her love. Keep the fire of love burning in our home for as long as her bright planet shines from the heavens.”

Let the candles burn to the point where the ribbon binds them before extinguishing the flames. Take the two candles and keep them somewhere safe. If you need to strengthen the spell in the future, just move the ribbon lower and repeat the spell.

There are other types of spells you can cast with candles. Everybody knows that love can end just as quickly as it begins and that most of us will experience at least one breakup in our lives and need to move on. Love and romance are transient, and sometimes we all need a helping hand moving forward.

Spells for breakups are cast by using the two image candles in the same way as in love spells, but they move away from each other in these instances. Place the image candles on an altar or a flat surface and tie them with the red ribbon-like before. Light them and remove the ribbon while making them move away from each other.

Say:

“We part as friends and with love rather than hate, Venus bless us both and seal our fate, we lived as one but now that time is done.”

As the two candles burn down, imagine how you will face the future alone and experience adventures as a single person.

Take the wax remains and bury them separately in the ground.

Commercial Image Candles

As magick and spiritual workings become more popular, sources of image candles have increased. You can purchase specific candles to make your work more structured and effectively signal your intentions.

Bride and groom candles can be purchased that look like wedding cake toppers. Black candles should signal the end of a relationship, while white ones are used to encourage love or attract a proposal. Red marriage candles used with these image candles will make your spells attract passion, love, and vitality to your relationships.

Hugging candles are dual wicked and depict a couple in an embrace. They can be used to attract love back to you who has left the relationship or strengthen your bonds. Your words and intent will determine the efficiency of the spell you cast. These candles are mostly available in pink and red and are a source of positive energy.

Image candles help you focus your spells and bring your intentions to the front of your spell. Use the colors and images with the strength of conviction to make your work more powerful. You have the resources, so make sure you utilize them.

Candle Colors and Their Meaning

- Red is the color of passion and pace. Use red to make your intentions happen sooner and attract passion and sex to your magick.
- Green is the color of prosperity and luck. Use it to add money and wealth to your spells.
- Pink is the gentle energy of happiness, romance, purity, and new relationships. It is used to bring tenderness and spiritual satisfaction to your work and to calm the emotions after a dispute.
- Black candles signal the end of something. Just like Venus was the bringer of love, she was also associated with death. Black candles are used to help you focus on new things and leave the past behind.

Other Image Candles You Can Use

- Skull candles can look menacing, but they are effective for reading people's minds. Use them to bring protection and heal illnesses or deal with pain. Skulls are effective in bringing protection and change to your life.
- Cat candles bring good luck to your magick. They also attract the energy of Venus through their association with Frigg and her magnificent cat-drawn chariot.
- Seven knob candles are designed to make daily spells more effective. They represent the seven days of the week, and you should use the knobs individually or together, depending on your needs. Carve intentions and needs into the candles and light them on a required day.

Chapter 8: Jupiter, Expand your Resources

Venus may have tended to your emotional needs, but now it's time to seek help with your exuberance and expansion. Prosperity and wealth are in your sights, and Jupiter will help you. He is the King of the Planets and the largest planet in the solar system. Jupiter was the King of the Gods in Roman mythology, and all prayers passed through him. He rules the skies with divine authority and is responsible for the underworld.

Jupiter's glyph is a crescent connected to the light of the matter. Modern interpretations include a representation of the number 24, which signifies energy that is available whenever you need it.

He has wise energy and is of the utmost authority. His rule is fair, expansive, and open-minded. Jupiter has proud and arrogant energy, but he will advise you with wisdom and pride. If Jupiter is present in your sign, it means he can help you with your astral growth to discover your potential. He will encourage you to grow and highlight the positive parts of your personality.

Jupiter in water element signs will encourage you to build relationships and learn from new experiences. He will show you ways to become more creative and imaginative.

In fire element signs, he will stimulate your ambitions and encourage you to seek promotion or break free and become your own boss. He brings good luck in challenges and will make you confident to try new things.

Earth element signs provoke you to change traditional rules and buck the trend. Don't follow like sheep; become someone who questions rules and challenges authority. Jupiter will also push you to get what you want, materially and spiritually. Raise your standard of living and enjoy the fruits of your labor.

In air element signs, it helps you expand your horizons and learn new stuff. Think outside of the box and choose activities and social events that are novel and interesting. Jupiter will also encourage you to help others and try charity work or volunteering.

Jupiter in Benefic

People with Jupiter in the benefic will often be educated to a higher level and will be skilled in their chosen profession. They are mentors and have a helpful nature. They offer advice but then stand back to let the other person make their own decisions.

They avoid controversy, and even if they are in a position to help close friends or family, they will only do so if the rules allow it. They won't break conventional barriers for anyone. If someone challenges them and opposes their views, they are enemies from that day forward.

They will always find a way to make money and live comfortable lives. Their relatives will see them as a financial source but will rarely be allowed to take advantage of them. They are effective communicators, but a lack of tact will make their behavior controversial.

Jupiter in Malefic

They may be physically attractive, but their individual style doesn't look good on everyone. They have high positions but are base thinkers with low morals and often abuse their position.

Even if they have millions in the bank, they still feel the need for even more and will lie and cheat to get just a few more bucks. They don't believe in charity but will donate if it makes them look good to the public. They can't be trusted with secrets and will trade your trust to gain other people's favor.

They don't trust the media and believe that all journalists and pundits are out to get them. They will appoint someone to a position at work and then appoint another person to spy on them. They don't trust anyone and are constantly looking over their shoulder.

In family matters, they believe that male children are more important than females and will argue the point with other female family members. They will change their social contacts in a heartbeat if it means their new friends will help them progress.

Never take a loan from them, as they will constantly refer to the fact until you repay the debt. They also refuse to collect money relating to spiritual causes or religious institutions.

Jupiter is in exaltation in Cancer

In detriment in Gemini

In dignity in Sagittarius and Pisces

In fall in Capricorn

Deities Associated with Jupiter

Jupiter is the Roman god of the Pantheon and the god of light who concentrated on helping the ancient people to work out their connections to the light and nature on Earth.

He was known as the god of rain when using the name Pluvius and the god of truth with the name Fulger. He also represented thunder with the epithet Fulger.

Jupiter was one of six siblings fathered by Saturn. His father swallowed all five children born before Jupiter, and his mother moved the baby to protect him. When he grew up, he forced his father to vomit all the children, joining Jupiter to overthrow his father.

In Greek Mythology

The oldest and most revered god in Greek mythology, Zeus, is the father of the gods and was famed for his erotic affairs, which resulted in multiple offspring. He was notoriously unfaithful to his wife and cheated on her repeatedly.

In mythology, he is pictured with a thunderbolt in one hand and a scepter in the other. He governs the weather and is often accompanied by a giant golden eagle named Aetos Dios, who helps him rule the heavens.

Zeus is an arbitrary god and has two urns. One is filled with blessings and the other with afflictions. He bestows them on mortals depending on their behavior and whether they have pleased or offended him. He is a warrior and a savior to his followers and is the keeper of oaths.

In Egyptian Mythology

Amun-Ra is the most powerful deity in Egyptian mythology, and his name means the creator of all things. He created himself and then gave birth to the rest of the universe. He was considered omnipresent and honored as the god of gods.

In Norse Mythology

Odin was the equivalent of Jupiter and was known for his wisdom and strength. He ruled with a fair and balanced hand, but he still inspired frenzy and rage. He was constantly seeking knowledge and would sacrifice himself to understand the universe's secrets.

In Indian Mythology

Lakshmi is the goddess of wealth and prosperity. She is often pictured with the god Vishnu and was believed to act as his special envoy. She is wise and fertile and represents the Trivedi, the most powerful trio of Indian goddesses.

Keywords in Jupiter Magick

- Expansion

- Growth
- Luck
- Good fortune
- Ritual
- Freedom
- Generosity
- Luxury
- Opulence
- Success
- Philosophy
- Knowledge
- Learning
- Faith

Jupiter is associated with the colors purple, sage, turquoise, blue, deep green, and yellow.

Gemstones and crystals include amethyst, lapis lazuli, sodalite, emeralds, moonstone, selenite, and carnelian.

Food That Appeals to Jupiter



Jupiter people love oily tastes, such as pistachios.

[https://unsplash.com/photos/b6bizty3pz8?
utm_source=unsplash&utm_medium=referral&utm_content=creditShareLink](https://unsplash.com/photos/b6bizty3pz8?utm_source=unsplash&utm_medium=referral&utm_content=creditShareLink)

Jupiter people love oily and sweet tastes. If Jupiter is dominant in your sign, it means you will be drawn to sweets that are also savory, like Indian arisa putha, which are deep-fried and include jaggery and rice flour. Pistachios and ghee will also feature in your diet. Wheat and barley are your staple ingredients and favorite foods to help build your strength and provide a tonic for your system.

Spirit Animals Relating to Jupiter

The Cheetah

With quick thinking and passionate movements, the cheetah represents

freedom and exploration. He moves with certainty and is a skilled hunter and protector of his family.

The Bull

Steadfast and courageous, the masculine energy promotes wealth and prosperity and is part of Jupiter's band of animals. If you dream of bulls, you are competitive and seek good times. If you are eating a bull, you need to address your difficulties and solve disputes. If you are riding the bull, you will be successful in business or career matters.

The Dragon

This mythical creature represents transformation and motivation. They are filled with inspirational energy and bring protection and authority to your life. If you dream of dragons, you will be successful and attract prosperity.

The Eagle

They are goal orientated and know how to soar above the earth. They have an advanced vision and represent the freedom of Jupiter and his energy. Dreaming of eagles signifies you are ready to spread your wings and find new projects.

Jupiter and Travel

Jupiter is the planet of positivity and appeals to a strong sense of discovery. It encourages people to travel far beyond the normal tourist spots. People with strong connections to Jupiter will travel for education rather than entertainment. They will favor trips that take them into undiscovered societies and civilizations so they can learn from their cultures. You won't find Jupiter-influenced signs at the beach, or if you do, it will be the coolest, most remote beach ever.

Negative Aspects of Jupiter Energies

When you have this planet on your side, you will tend to believe that success comes easily, leading to complacency. Natural achievements and good luck will only take you so far, and you risk becoming lazy. They strongly believe that they are superior and way beyond other mere mortals, which can be perceived as arrogance and dismissiveness.

Guided Meditation to Invoke the Power of Jupiter

When you have a strong Jupiter alliance, you find it hard to sleep and will often be so caught up in your thoughts that it's hard to switch off. This meditation isn't strictly astrologically centered on Jupiter but is a more

generic exercise that will help you drift off.

Bring yourself to the present moment by sitting in a quiet place free from distractions and choosing a comfortable position. Concentrate your mind by tracing your middle finger along the contours of your face and the neck curve until you find your mind is still and ready to concentrate.

Repeat the exercise so you become even more relaxed, but let your finger travel along your body this time. Be aware of the ground's firmness and feel as light as a cloud between your feet and the top of your head.

Touch your forehead and bless your thoughts.

Touch your mouth gently and bless your words.

Begin to take a deep breath as your finger travels to your ribcage and feel it elevate. Let your breath free the upper half of your body as you begin the journey to your hip bones. Imagine two screws holding your hips in place and unscrewing them to let your body free.

Continue down your legs until you reach the thighs, knees, and toes. As you unlock that final pinky, you will feel yourself fly and embrace the freedom. You are now ready for sleep and will feel relaxed and ready for your night's rest.

Money and Prosperity Spells

Jupiter's energy is prominent on Thursdays and will help you gain success in financial and prosperity matters. Its energy can help you in the following spells and is especially strong 208 days after your birthday.

The Wallet Spell

Choose a red wallet for your spell and place a small mirror between the banknotes inside it. This will help you mirror the money and make it double. Bless the wallet with this phrase *"I keep my cash in this ruby red case to make it increase; with Jupiter's help, my work will never cease."*

Never leave a wallet empty when it has a mirror in it, as this will cause you a lack of luck and prosperity.

Speak to Your Money

Everyone knows that communication is the key to a great relationship, so why would your relationship with your financial self be any different? It is considered crass and taboo to talk freely about money, so do something typically Jupiter-based and break this social barrier. Talk to your friends about financial matters and praise successful and wealthy people. Encourage

them to become more fiscally interested and seek financial independence. Remember that envy and jealousy won't help you. Speak with love, respect, and positivity, and you will benefit from Jupiter's energy.

Now speak directly to your money and share your thoughts, hopes, and aspirations with actual physical representations of money. Take the notes from your wallet or purse and chat to them about how they can work for you. Talking freely to them as if they were your friends will help you change your attitude toward wealth. Break those taboos and talk to your cash.

Shimmering Silver Spell

Prosperity spells work, but they don't encourage greed. Use this spell when you need a bit more cash but not to make you rich. Use the Jupiter glyph or crystals to boost the spell and make it more intense.

What You Need:

- A bowl or cauldron
- Fresh mint leaves
- Freshwater
- A silver coin

Instructions:

1. Place the coin (an old dime works well) at the bottom of the bowl and add the water.
2. Drop the mint leaves into the bowl while repeating this phrase
"Jupiter, the stars and moon, come to me and bless me soon, as the light makes silver shine, use your power to make wealth mine."
3. Leave the bowl in the moonlight overnight, and then take the coin out. Carry it with you for good luck.

Prosperity Spell

What You Need:

- Green candle
- Black pepper oil
- Vanilla oil
- Silver coin
- Sharp pencil

1. Anoint the candles and use the pencil to carve the word "wealth" along

the candle. If you have a specific request, add that as well.

2. Place the coin in a candle holder and put the candle on top.
3. Light it and let it burn down completely and when you have the wax-covered coin, place it in a safe place to help you attract wealth and prosperity.

Chapter 9: Saturn – Manifest Your Destiny

Saturn is the furthest planet from the Sun and is often depicted as an older man in astrological and magic terms. The masculine energy he brings is concerned with Saturn is referred to as Chronos and has the epithet “The Father of Time.” Your magickal connection will help you deal with financial aspects of the future and how to gain knowledge of what lies ahead for you in all parts of your life.

The most remote planet in the solar system, Saturn is a slow-moving yet serious energy source. It brings patience and balance to the mix and is instrumental in promoting caution where some of the other planets will tell you to jump right in. It is in opposition to the Sun and Moon, and in traditional astronomy, it was regarded as a negative planet. In more modern terms, it is recognized that caution can sometimes be the more sensible attitude, and Saturn is regarded as a great leveling energy that makes us think twice.

The glyph of Saturn is the cross of matter with a right-sided hook that looks like the letter h and represents the weight of responsibility that humans carry throughout their lives.

Saturn is in exaltation in Libra

In detriment in Cancer

In dignity in Capricorn and Aquarius

In fall in Aries

Saturn in malefic and benefic in your horoscope

When Saturn is in the malefic, it brings creation, unusual talents, and successful management skills. They will be sought out to give advice and a shoulder to cry on. They will help their friends and relatives even if they will have to sacrifice their possessions or emotions, but they won't be appreciated. They have hidden talents and won't become successful early in life. They will be more likely to come into their own in middle age or even when they retire. They will be close to their parents and will often still live at home even though they have the means to move out. Their lives will be focused on work which means they won't have the same relationship with their children as they have with their parents.

Blessed with a strong sense of self-belief, they will argue the point when they believe they are right, and because some people are frightened of them, they

won't hear the truth from others. People will find it easier to agree and move on rather than attract the anger they may face when they disagree with them. They will be successful in most fields but will likely lose money in property deals. They will be attracted to careers in banking, construction, undertaking, teaching, and history, where they will always give 110% to their work and neglect their social life and family.

Saturn in Benefic

They are very single-minded, which means they are great researchers. They complicate things and turn simple obstacles into major stress indicators. Most of them will be servants of humanity and dedicate their lives to finding cures for the world's ills. They refuse to put themselves and their family first and will often let their finances suffer for the good of others.

Despite this, their family and friends understand what drives them and are forgiving and loving toward them. They have strong family ties and a fixed sense of morals. Working towards high standards, they set themselves a strict code to live by and are opposed to corruption and injustice.

People with Saturn in the benefic are dedicated to solving race, discrimination, and any bias in the world. Their love of animals and wildlife will be evident, and their overall compassion and discipline will set a good example for future generations.

When aligned to water signs, it signals a tendency to hold grudges and self-isolate. They refuse to heal emotionally and would rather dwell in the past than move on.

In fire signs, it limits pleasurable activities by focusing on more rigid beliefs. It promotes sacrifice and self-limiting to give more time to charity and worthy pastimes than those more self-centered.

In earth signs, it signals caution. People in this category are not groundbreakers, and they prefer to let other people take risks while sticking to traditional methods and beliefs.

Deities Associated with Saturn

In Roman mythology, Saturn was the god of agriculture and was responsible for teaching the ancient Romans how to cultivate grapes and farm the land. He ruled with two faces represented by his two wives. One was named Ops and was the goddess of opulence and plenty, while Lua was the goddess of destruction. Saturn was civilized but had a violent side.

His most famous custom was called Saturnalia and was a week filled with banquets and drinking games. Gladiators would fight, and gifts would be given. Masters and slaves would exchange roles, and it was a time for people to relax and forget about the strict rules of Roman society.

In Greek Mythology

Cronus was the Greek equivalent and was connected to the seasons and time passage. He was the youngest of the Titans, and he sat alone in the Elysian fields. He castrated and overthrew his father, married his sister, and fathered their six children.

In Native American Mythology

Kokopelli was the god of agriculture and was a renowned trickster. He played the flute to herald the end of winter and the beginning of spring.

In Celtic Mythology

Dagda was the god of agriculture and was also depicted playing the harp. He was an older man who was wise and dispensed his wisdom to the Irish people. He was responsible for the year's seasons appearing in the correct order.

In Egyptian Mythology

Neper was the god of the grain, and Nepit was the goddess whose body was marked with dots to represent the corn. They were known as the lord and lady of the mouth to show the importance of grain in feeding humans.

As planet energy goes, Saturn is unique because he represents limitations no matter what the position in the astral plane. He is the solid energy that brings you back to Earth and makes you reassess. His energy is the lodestone of life that makes us into responsible beings and reminds us that other people matter.

Keywords for Saturn

- Limits
- Control
- Forward thinking
- Structure
- Borders
- Conservation
- Strength
- Death

- Wisdom
- Knowledge
- Darkness and light
- Dismissal
- Denial
- Time
- Mentor
- Responsibility
- Self-introspection
- Tools
- Locks
- Cold
- Ice
- Fear

Saturn is the planet of limitations, but it makes us address our finitude. Where would we be if we didn't observe borders and rules? Mars teaches us to fight, and Jupiter brings us luck, but Saturn reigns in our over-enthusiasm and teaches us there is no substitute for hard work and diligence.

Saturn is associated with the colors black, grey, blue, orange, and yellow, representing the lighter side of the planet's psyche.

Gemstones and crystals include black tourmaline, clear quartz, Apache tears, hematite, and obsidian.

Foods Associated with Saturn

Bitter and pungent food appeals to Saturn's energy, and they will eat small meals often rather than large meals at designated mealtimes. Healthy astringent foods like apples, pomegranates, avocado, sprouts, and green bananas will help them avoid fatty foods. They recognize the importance of foods that detoxify the body and blood and will include spinach, herbal teas, lemon, and turmeric in their dishes to make them tasty and healthy.

Spirit Animals Related to Saturn

The Dog

Loyal and brave, dogs represent the steadfast part of Saturn's energy. They are protective and patient, but they also give love unconditionally.

The Falcon

Falcons have perfect balance and can see for miles. They represent the foresighted energy of the planet and will bring happiness and clarity to your world.

The Inchworm

This lowly creature is often overlooked, but it is integral to the animal world. Saturn is the patron of all wildlife and salutes even the smallest link. Inchworms are experts at concealment, and they represent transformation and mutation.

The Mouse

Filled with stealth and understanding, the mouse is a signal of having an eye for detail and being grounded. They have a natural modesty and innocence.

The Jellyfish

With complete transparency and intention, the jellyfish is beautiful but can bring pain and sometimes death. Saturn has the same energy with its distinctive shape and hidden depths.

Rituals Invoking Saturn and the Power It Holds

Saturday is the preferred day to perform any Saturn rituals, so try and make time for this powerful way to create a platform of Saturn.

What You Need:

- Six white tealights
- One large black candle
- Incense burner
- Sesame oil
- Essential myrrh oil
- Clear water from a natural source
- Rock salt
- Black rice
- Black mustard seeds
- Lighter
- Small glasses for offerings

Instructions:

1. Take the six tea lights to represent the other planets and place them in a circle with the black candle in the center.
2. Add water to the glasses and put a pinch of the dry ingredients in each.

3. Place the myrrh oil and sesame oil on an incense burner, put it on the right of the black candle, and light it.
4. Use the glasses to form a triangle to the left of the black candle.
5. Light each of the six candles concerning the power they command and the respect you hold for them.
6. Now light the black candle and recite a dedication to Saturn with the following:

“Lord of the seventh heaven, mighty Saturn, I ask that you shine your light into this space. Keep us safe and illuminated with your power, and show us the path to take. Fill our souls with your blessings and help us make decisions that benefit both ourselves and the world.”
7. Let the candles burn naturally once you have completed the ritual, and then take a spiritual bath. Cleanse yourself thoroughly and take the wax to the garden to bury it.

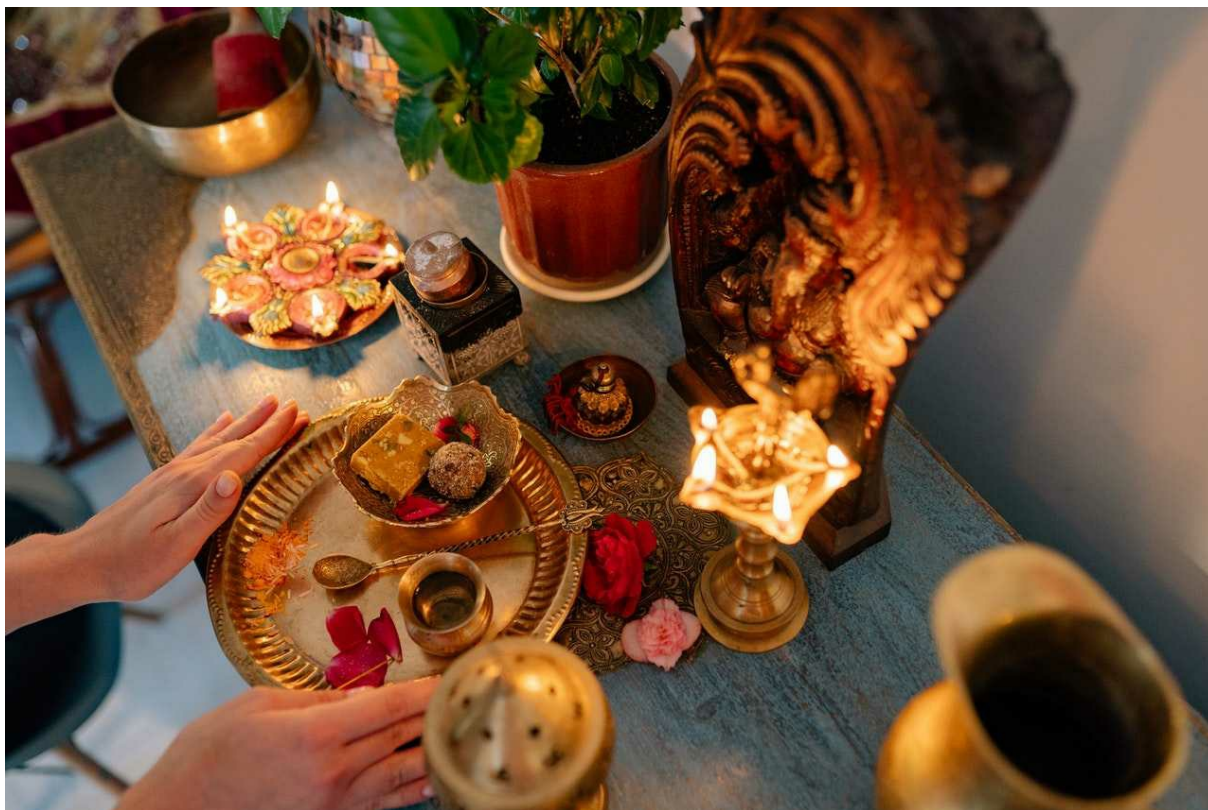
Saturn is a complicated energy and prefers that you conduct daily deeds to please him rather than performing more ritualistic displays. He is benevolent and believes in helping others. Here are some ways to appease him and let his energy into your life:

1. **Pay Your Karmic Debts:** Saturn is the lord of karmic debts, and he encourages their repayment. Volunteer or donate your time and money to worthy causes to pay back any karmic mistakes you may have made in former lives. In Sanskrit, these debts are called Danam, and paying them back helps strangers become friends and makes your enemies less hostile.
2. **Share Food with Others on Saturday:** What is better than sitting down with your friends and family sharing a meal? Why not extend that feeling by sharing food with those less fortunate than yourself. Arrange an event in your garden or a local space to feed homeless people or families living on the breadline. Encourage other people to lend a hand and make the event joyful and fulfilling.
3. **Feed the Birds:** Saturn encourages us all to feed the soul, and the body, so make the same dedication to the wildlife. Feeding birds in nature is both pleasurable and worthy.
4. **Spend Saturday Doing Jobs That Need to Be Done:** How often have you put off menial and boring jobs because “it’s the weekend” and dedicated the time to more pleasurable jobs. Remember that Saturn represents the work that must be done and the people who must work regardless of the day or time. Join them and spend your free time doing tasks that need to be done.
5. **Get Organized:** Saturn loves discipline, so removing clutter and debris from your life will make your intention to connect to him more apparent. Make a to-do list and start to get your life back on track. Remove mental clutter and physical by removing methods of communication with people who have no relevance in your life anymore. Yes, that’s right, get rid of all of your past partners or friends you may be tempted to reach out to. There’s a reason you don’t have them in your life, and now is the time to make the break.
6. **Walk Barefoot on the Grass:** Saturn wants us to be humbler and removing your shoes and feeling the grass between your toes is a great start. It shows us that weakness and compliance aren’t negative ways of

thinking. Grass can't withstand strong storms by staying upright. It knows that the only way to survive is to bend and take shelter until the storm passes. It takes strength from the storm and emerges refreshed and more alive than before. Learn from the grass and know when it is time to bend rather than put your head above the parapet.

Saturn encourages us to take responsibility for our own lives by tracking. If you are overweight and you know it's because you eat too much, start tracking your calories and exercise levels. Are you emotionally drained by the people you have in your life? Track how you feel when you are in their company. Use the results to make changes and become more emotionally responsible. Knowing the problems is the first step toward major changes, and Saturn loves this tracking idea.

Chapter 10: Making a Planetary Altar



Altars will help you focus your intentions.

<https://www.pexels.com/photo/a-person-putting-golden-plate-with-food-on-the-altar-8818668/>

Working with the planets can be done anywhere. It will produce results, but making an altar will help you focus your intentions and concentrate your efforts by using a designated space to perform your magick. And it looks amazing!

It can be a place for meditation and reflection and an active center for your work. Altars have been used for millennia as sacred places to offer food and perform rites of passage. They give communities a common bond for worship and have evolved from simple wooden structures into more elaborate structures. They represent the seasons, the god or gods worshipped, and often display other representations of the deities and influences.

First, there are no fixed rules for altars. It is your sacred place, so make it relevant to yourself and your beliefs. It shouldn't be an intimidating or stressful endeavor. The process should be joyful and uplifting for your soul and spirit. Make it authentic and choose items that speak to your soul; your sacred space should be a powerful place for you to channel your energy and feel at home.

Choose Your Space

Depending on your available space, this can range from a whole room to a small box. Some people create shoebox-sized altars that can be taken with them and a more fixed space, but as with all things relating to your altar, the choice is yours.

Most people choose a natural surface to form the base of their altars, like a decorative wooden shelf, a stone, or marble, depending on your budget. Some kitchen cutting boards have amazing decorations and are ready-made bases that can be bought from kitchen stores. Remember, the base of your altar will dictate how many items you can place on it and how easy it will be to assemble or disassemble. Make sure the base is at a comfortable height to work on. Some people prefer to work seated, using a lower altar.

Because the work with planets is more effective in natural light, it is better to place your altar near a window or another opening that will allow you to use light to illuminate the surface. The position you place your altar in can link it with the elements. North is connected to the Earth, East to air, South to fire, and West to water. Placing your altar on a movable stand means you can turn it in alternate directions depending on your intentions.

Decorate the Space

You are working with the celestial bodies, so acknowledge that with a planetary-based decoration. There are hundreds of styles to choose from, and you can buy planetary tablecloths, stickers, hanging garlands, and glow-in-the-dark wall art that is both decorative and informative. Luckily the planets appeal to many people, so you can get these items easily and for very little cash. You can also get some effective lighting that projects solar system images onto the walls and ceiling for under \$30 on Amazon.

Now choose some items from your home to represent you. You can use a small piece of jewelry or your favorite crystal. Choose objects that mean the world to you to show the planets you are invested in – and that your intentions are strong. If you buy things, especially for the altar, try and choose sustainable items that are good for the planet.

Tools to Have on Your Altar

Depending on your taste, you can choose to pack your altar with tools like:

- Wand – You can make your own or choose one made of your favorite wood to concentrate energy rather than use your fingers or hands
- Besom – A magical broom you can use to clear away negative energies

- Candles
- Cauldron or Bowl - For mixing your potions and making infusions
- Minerals and Crystals – Choose a representative stone for each of the planets so you can use them to concentrate your intent
- Plants and Flowers – Give your altar life with plants that will breathe life into your spells, and flowers symbolize health and vitality
- Mirror – to create light and abundance
- Statues of your favorite deities
- Pentagram
- Objects That Represent the Elements – A jar of water, a candle, a feather, and a pot of earth help you utilize elements in your spells
- Dried herbs
- Essential oils
- Items to Represent Your Desires – Money like coins or bills, healing stones, red hearts for love, or anything else you like.

Get Some Ideas from Other People

There is no reason you can't get inspired by other people's ideas. Pinterest and Instagram have plenty of colorful and inspiring designs. They include pagan and Wiccan altars, which are designed to be used indoors and outdoors. Why not use your space outside to create a natural shrine to the planets and welcome their energy?

Use bowls to represent the four elements and fill them with corresponding items. This helps you to move them when needed to come to the front of the altar when they are included in a certain spell. Your altar should be beautiful and feel like home. When you achieve that level of love and satisfaction, your altar is fit for purpose.

Assemble your altar and use it. The more you use your sacred space, the more effective it becomes. Don't restrict your space to just magic work. Use it to meditate and practice yoga. Sit in your space and write a journal or read quietly, surrounded by the planet's love. Make your time there special, and don't use it for storage or as a dumping ground. Keep it free from clutter and let the natural energies flow freely. Clutter and detritus will stop it from being effective.

Clean Your Altar Regularly

Your altar is your temple so treat it with respect and love. Don't neglect it,

and make sure you lavish your love and attention on it. Cleanse it regularly with salt and water to purify the space and banish negative energy. Cleanse the area with sage and incense and make it appealing to your soul.

Bring gifts and offerings to the planets like food and drink. Bring crystals and other stones to decorate and make your space special. Make the space a higher representation of your true self and regularly show it love and respect. Some people like to start their day with time spent at their altar and then finish the day in the same place. It helps you become grounded and concentrated in the morning and helps you destress before bedtime.

Key Points to Remember

- Your altar should be in a place you can keep safe and free from negative energies
- Rely on your intuition to decide what is included
- It should be fun and filled with joy
- Items on the altar should evolve as you do
- It should make you feel special
- You want to spend time there
- It is a constant reminder of your desires and goals
- It helps you direct and channels your energy

Portable Altars

During the First World War, military chaplains were appointed for the soldiers' needs on the battlefield. The unique situation created by the combatants meant that Christians were killing other Christians en masse, and the need for their services increased. All military corps had chaplains, and their altars are available to view in museums.

Your portable altar should be light, portable, and suited to your needs. It may be the size of a briefcase or as small as a box you can carry in your pocket. You may prefer a bag to carry your altar components so it can double as an altar cloth or a box that has a design on the lid.

Try and include elements of the planets. A small twig, a flat stone, or a vial of salt for the Earth, or you can carry a small pentacle.

Air can be represented by a feather, a small wand, or an incense stick.

Fire can be represented by a single match or a lighter.

Water can be represented by a vial of liquid or a seashell.

Add some small crystals and herbs to your altar, and include your favorite

items on your altar. The smallest container can be used as a portable altar, it represents your intentions, and that's what matters.

You can buy a kit-like altar that already contains sprays, altar cloth, crystals, and incense if you prefer. They give you the chance to create a Zen space to practice your planetary divinations.

Bonus 7-Day Guide to Connect to the Planets

We already know how the planets are related to the days of the week and that the modern names of days often come directly from the name of the planet it aligns with. Using these connections helps you form a stronger bond with the astral powers and brings a daily form of magic to your regular routines.

Use these cosmic themes combined with what you already know about the planets to make each day special and use the energy it creates naturally to fit into your schedule.

Monday

The day of the Moon and the start of most people's working week is often described as manic and stressful. Because it is a day to start work, it can be frenzied and full of emotional pitfalls. The Moon is a feminine and emotionally charged planet, and it will affect your moods. Do everything you can to become mindful of her energy and use it to make your day more fulfilling and less draining.

Clothing

Wear white when you can and avoid energy-draining colors. Remember that the Moon is often associated with triple female deities, so try changing your outfit to reflect this. Honor the maiden by wearing fun jewelry or accessories even when you must dress conservatively.

Foods

Be careful what you eat, as the Moon will affect your digestion. Monday is not the time to try new foods as the Moon rules your body and is used to certain tastes.

Meditate in the Morning

Take ten minutes to ground your energy at your altar or in your garden. Sit on a cushion and close your eyes before breathing deeply and holding your breath. Take this time to reflect on what you want from the day ahead and visualize how you will progress. Let your breath out slowly and ask the Moon to shine on you today.

Repeat the breathing exercise for ten minutes, and then open your eyes slowly. Lift your eyes to the skies and thank the lunar energy you have invoked.

"Mother Moon, I ask you to keep me safe and join me in my journey; bring your love and feminine energy to my world."

Take a Moon Bath in the Evening

If you have a bathtub, Monday is the perfect time to run a bath and soak away your woes. Add white sage leaves and Himalayan pink salt to hot water and gently lower yourself into the water. Add a white candle to each corner of the bath and light them safely. Take a piece of paper and a pen with you and write your intentions, dreams, and hopes on the paper. As you relax, visualize the future and what it holds for you.

When you leave the bath, allow yourself to dry as naturally as possible and place your paper beneath a relevant crystal on your altar. Blow out the candles and return to your normal evening routine. Finish the day with a Moon tea made from your favorite herbs and relax into your bed with a soothing energy, ready to sleep.

Set Moon Intentions

Monday is the best time to set intentions, and these can be as varied as you like. Use candles to make your intentions stringer with corresponding colors and list what you want from your love life, your career, and other important aspects of your life. Make this a fun project that can be added to as the week progresses. Use visual images to make more impact and colored pens to make it more artistic.

Don't Be Too Hard on Yourself

Monday's emotions can be brutal, and the lunar energy you feel can take you on a roller coaster ride. Honor and recognize these emotions but don't get upset by them. Your Moon energy is all part of life's great adventure, so get on board and enjoy the ride.

Tuesday

Mars rules this day and brings his passionate, fiery energy to your life. It's time to stop contemplating and start doing. Embrace the fire and brimstone way of life and start to make progress in areas you feel passionate about. Mars will bring you that get-up-and-go energy you need to determine your life path. It may be the traditional second day of the week, but it is the first for energy and domination.

Clothing

Wear your passion with pride and dress in red, maroon, or scarlet tones and look like the warrior you want to become. Wear gemstones like garnets or red coral and celebrate the number nine.

Foods

Prepare a spicy curry in your slow cooker for your evening meal, or plan a tasty takeaway from your favorite restaurant. Tuesday may seem mundane to most people, but you know different. Tuesday is the day of fire and force, so celebrate that fact and have food that ignites your passions.

Meditate in the Morning

Dress your altar with red items and light three red candles. Stand in front of the altar and raise your hands upwards. Take a deep breath and say,

“Lord of Mars, I ask you to take my hand and my heart to help me go forward today, make my steps brave and purposeful as I seek my purpose.”

Donate

If you make any donations, make them on a Tuesday. You can give red clothing or copper articles to signal your connection to the benevolent side of Mars’s personality. Give your friends and family red hibiscus flowers to show your love and appreciation for them.

Go to the Gym

Make time before your day starts to exercise or go to the gym. Physical exercising will increase your heart rate and push these endorphins to the limit. Get yourself pumped up for the day and tell yourself you will get results.

Join New Organizations

It’s time to expand your horizons and seek new contacts. Do they have social groups in your workplace? Ask around as you never know. You may join a group that lets you shine in front of people who normally wouldn’t come into contact with you. Chances aren’t just given, and sometimes, you must make your own luck.

Complete a Mars Ritual in the Evening

Take a red candle and draw the glyph of Mars on its side. Light an appropriate incense stick like Dragons Blood and light the flame on the candle. Stare into the flame and visualize energy flowing like a molten lava stream into your body. Feel the heat as the energy of Mars fills your veins. When you have completed your ritual, thank the energy of Mars, and open your eyes. Extinguish the candle and thank the universe for your experience.

Take a Ritual Bath

Use sandalwood, mustard seeds, vanilla, and hyssop oil to make a refreshing

bath. Place four red candles on each side of the bath and light them. As you bathe, visualize what you'll achieve tomorrow and the next day. Who will recognize your talent, and what will happen when they do?

Now go to bed and dream of what could happen when you work with the power of Mars. Create and change but remember to be victorious.

Wednesday

Mercury is the ruling planet of this pivotal day, and this makes it the perfect time to get your ducks in order. The name of the day originates from Odin, the Old Norse god, so maybe you can take time to say a prayer in his name and offer up a gift on your altar to his wisdom. Odin was also a mischievous god with many human qualities, making Wednesday a day for fun activities and meeting up with friends.

Clothing

To celebrate the energy of Wednesday and Mercury, wear purple or green with splashes of yellow or orange. This sounds like it would clash, but the colors of the day don't have to be your full outfit. Represent them with accessories or jewelry.

Foods

Wednesday is a busy day for planetary energy, so keep your foods light and maybe consider having a day of detox. Clearing out your digestive system will help you focus on more pressing mental issues and prepare you for a day of successful activities. Your body will thank you, and your mind will feel clearer and more focused.

The amount of food containing additives and toxic chemicals is mind-boggling. Never before has there been such a high number of additives and unnatural ingredients included in our food. Perhaps the most disturbing fact is that the companies who make them declare them to be healthy and encourage us to eat them.

Try These Healthy Foods to Stop Toxins

- Lemons are the best detox fruit you can find. Add a few drops to your tea or drink lemon water to boost your metabolism.
- Avocados are natural healers of the liver. The fatty acids and the wealth of nutrients make it a firm favorite for detox.
- Apples contain pectin, which helps cleanse the bloodstream.
- Garlic enhances detoxification and protects the DNA.

Get Organized

Make Wednesday your day to tidy up those emails, get rid of old files on your devices, and make some major decisions. If you keep a manifestation journal, make sure you write in it and be honest with your progress.

Ask Mercury for His Help

Take time before you go to bed to celebrate Mercury by placing citrine and agate on your altar. Light a purple candle and sprinkle some rosemary on your altar.

When you go to bed, close your eyes, and visualize what lies ahead. Success and strong family ties should be strengthened and celebrated.

Thursday

This day of the week is named after one of the most popular Marvel characters and a powerful Norse god, Thor. Thursday's planet is Jupiter, filling the day with masculinity and consecration. It's a day for good luck, prosperity, and cleansing.

Colors

Today you can wear whatever you like. The strength of the energy surrounding you means that even if you were dressed in a trash bag, your personality and self-confidence mean you can carry it off with aplomb.

Deal With Any Legal Matters

Have you been putting stuff off because it is complicated and stressful? Let's embrace a new era of organization that you started on Wednesday and go that extra step and deal with serious matters. If you have legal issues, decide whether you feel confident enough to get it done yourself or whether it is time to call in the professionals.

Change Your Luck

Jupiter is the planet of good luck, and Thursday is the day to test that power. Nobody suggests you start gambling or buy lottery tickets unless you are comfortable with the process, but it is time to remove any bad luck that may affect your life.

Dress your altar in amethysts and turquoise, and sprinkle some cinnamon and garlic on the surface. Light a white candle anointed with your favorite essential oil and say the following phrase:

"Mighty Jupiter, remove my hex and make my life a lucky one, bring prosperity and wealth to my home, and bless me with your power."

Change the Karma

Bad luck could result from negative karma from former lives, so use Thursdays to change that. Do good deeds that are selfless and which attract good karma. Let someone go in line before you and put a dollar bill under five different car windshields. If you see a parking meter that is about to run out, drop a coin in it. Your selfless acts will increase your karmic deposits and help you change your luck.

Practice the Law of Attraction

Choose your favorite meditation pose and shift your perspective. Become more invested in your spiritual growth and let go of negativity. Light a candle and ask Jupiter to bring fortune into your life. Create a vision board in your mind and fill it with photos or images of what you want. Create groups of your dreams. For instance, make a section for your home life, one for your love life, and one for your career. Do you have specific needs or wants? Add them as well.

Of course, you can become more proactive and make a real vision board to represent your wishes physically. Remember to make it as honestly as you can. If you dream of driving a flashy sports car, then represent it on your board. Write your thanks to the universe in the center and place it in the wealth area of your home. If you don't automatically know where this is, stand at your door and walk purposefully to the most south-easterly point of your home.

Friday

This day is named after Freya or Frigg, the Norse goddesses. Even though the two goddesses may claim Friday, they are very similar in personalities and share the same qualities. In planetary terms, Friday is ruled by Venus, and she brings the power of love and passion to the day.

Colors

Wear red and pink with joy and love. Show your happy side and wear your heart on your sleeve. Add silver and white accessories to signal your intention to be filled with love and passion.

Food

Create lavish feasts for people you love. Invite them to your home and celebrate the togetherness you feel when they share your space. If you are passionate about your home, share this energy with others.

Have a Date Night

Putting others before your relationship can become a habit if you are in a relationship or a marriage. You can neglect each other and drift apart. Change that by making Friday date night and getting someone else to look after the kids. Go to a nice restaurant and make a vow to talk about anything except the children, the house, or other day-to-day subjects. Talk about the future and holidays. Make the night a time to rediscover each other and why you fell in love in the first place.

Discover Self-Love

If you are single, you can still tap into the love and passionate energy of Venus. Dress your altar with rose petals and hibiscus flowers and sprinkle lavender. Add moonstone and rose quartz and light red and pink candles. Ask Venus to bring love to your life and find your perfect partner or ask her to bless your single life and fill your heart with love for yourself.

Once you have completed the ritual, it's time to treat yourself to a face mask, a mani-pedi, and a relaxing bath. Add essential oils and light some red candles to create a perfect haven for you to chill and relax.

Watch a Romantic Film

Although Friday is traditionally a night to socialize, get yourself in the mood for love by watching a romantic film. This doesn't have to be a traditional love story as there are plenty of films that deal with all sorts of love. *Marley and Me*, a film starring Owen Wilson and Jennifer Aniston, is about family and the love they share with their children, themselves, and a favorite family pet. BE aware that you'll need a tissue at some point!

Attract Love

Do you have a crush? Try to attract their attention by casting a love spell by writing their name on a piece of paper and placing it beneath a red candle on your altar. Ask Venus to let this person know you are interested and then sit back and wait. If it is meant to be, they will be in touch soon.

Get Physical

If it has been a while since you were intimate with your partner, make Friday the night of love. Be sexy and dress in your finest nightwear or leave the clothes off to send signals to your other half. Be adventurous and make time for sex and romance. Bathe together or take a quick shower to get your juices flowing. Don't hold back, but remember those early feelings when you just couldn't get enough of each other. Try and recreate those passions, and you could be in for a night filled with hot and steamy action.

Saturday

Ruled by Saturn, this is a day to get motivated and become proactive. However, it is also a day for relaxing. Divide your day into different sections and use the early part of the day to clear up any work that is still outstanding from the week before. Prepare the meals for the week ahead on paper or physically to make sure you know that mealtimes are covered.

Plan Ahead

With your meal plan in place, it is now time to organize yourself and any other people who have plans for the week ahead. Do the kids have sports or social engagements? Make sure any kit or clothing they need is washed and stacked, ready to add to their bags. Do you have meetings or presentations at work? Check that you have appropriate clothing in your wardrobe that is ready to wear and matched to relevant accessories.

Have a Power Breakfast

Saturn encompasses energy so prepare your body for an active day. Eat oats and berries to give you long-lasting energy and help digestion. Avocado on toast will keep you full until lunch and provide antioxidants. Yogurt and blueberries are super tasty and packed with calcium and protein, while kale and goat cheese are low in calories and packed with protein.

Perform a Saturn Ritual

Saturday is the perfect time to create a safe zone for your spiritual energy. It isn't as confronting as the energy of Mars. It simply takes any heat out of spiritual bullets coming your way.

Decorate your altar with yellow and black candles, and add onyx and jet to the surface. Draw the glyph of Saturn and add the letters H and T to represent heart and truth. Use peppermint oil to anoint the candles and add moss to the altar. Ask Saturn to protect you from spiritual attacks and keep you safe and strong. Ask for his help to locate things or people you may have lost or misplaced. Liberate your energy and begin some self-transformation by channeling the energy of Saturn.

Sunday

The day of the Sun and all his rejuvenating powers. Most people experience anxiety on Sunday, especially in school. That dreadful feeling that you have forgotten something or haven't done your homework, your gym kit isn't ready, or you have lost part of the uniform. Unfortunately, we carry that level

of anxiety with us into adult life.

Colors

Reflect the solar system's energy by wearing bright colors and clothes that make you feel happy. Be relaxed and happy in your comfortable clothes but remember to reflect your happiness onto others. Wear your favorite jewelry and accessories to show you have made an effort.

Relax and Unwind

While you have your breakfast, play relaxing and inspiring music. Create a Sunday playlist with your favorite tunes and play them while you get ready for your day. Eat slowly and mindfully as you let the sounds wash over you and help you to feel chilled.

Celebrate the Sun

Take the rest of the day to set intentions, heal yourself and embrace the power of abundance. Turn your face to the sky and feel the sun's rays fill you with hope and love. Decorate your altar with sunflowers, marigolds, and citrine crystals. Burn orange and yellow candles and thank the Sun for its presence in your life every day.

Prepare Yourself for the Week Ahead

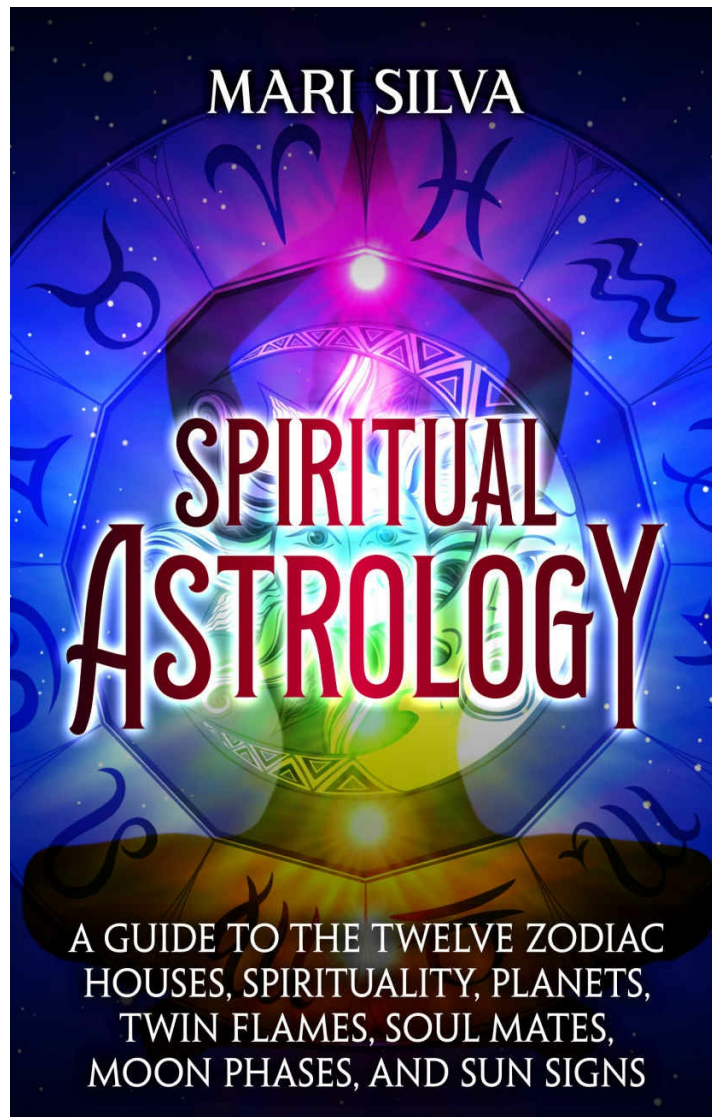
This is possibly the most important part of your week. Some people will prepare their bodies with exercise, while some will meditate or read a good book to prepare the mind. This is your time for a routine and your inner energies. Whatever suits you should dictate what you do. Walking in nature may work for some while others may prefer a night with friends.

This guide is an interchangeable set of activities and rituals that can be adapted to suit the day's energy. Planetary magick is all about connecting with the universe and becoming part of the bigger picture.

Conclusion

Now you have your comprehensive guide to the planets, it's time to connect and explore. We are all part of the cosmos, and we should intentionally celebrate this fact! Be kinder to yourself and others and change how you view the universe. We all benefit from kindness and connectivity, so be a catalyst for change. Good luck with your journey, and *spread the love*.

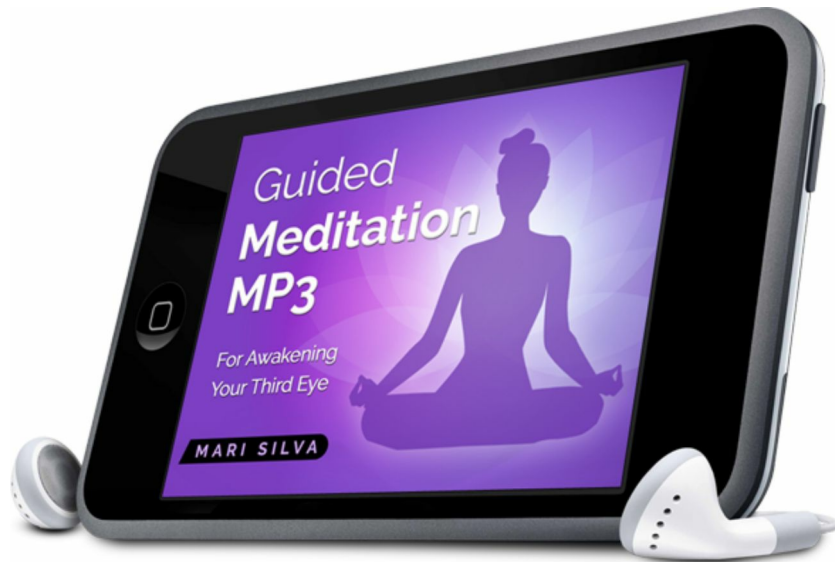
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