

Participant Information Sheet

Understanding young people's experiences of SHOUT 85258 support during a suicidal crisis

You are being invited to take part in a research study. Before you decide, it is important for you to understand why the research is being done and what it will involve. Please take time to read the following information carefully and discuss it with others if you wish. Ask us if there is anything that is not clear or if you would like more information. If you decide to take part in this study, you will be given a copy of this Participant Information Sheet and the signed consent form to keep. Contact details of the research team are available at the bottom of the page if anything is unclear or if you would like more information.

What is the purpose of the study?

The purpose of this study is to explore the experiences of young people who have contacted SHOUT 85258 for support during a suicidal crisis. The study is recruiting ten young people across two months to aid service development of Shout 85258.

Why have I been invited to participate?

Prior to being invited to the study, a risk and eligibility assessment must be completed with the researcher. This will be completed via an initial five-minute screening call arranged after you make initial contact with the researcher via the study website. We will invite you to take part in the study if you indicate your interest in the study (by contacting the researchers using the contact information at the end of this document) and have completed the initial screening call during which you will have shown that you meet all study criteria (see below for details).

You can only take part in this study if you:

- Are aged 18-25 years old;
- Have experience of contacting Shout 85258 for support during a suicidal crisis;
- Sufficient command of the English Language to participate in the interview;
- Able to attend the interview via online conferencing (e.g., Microsoft Teams or Zoom) with access to a microphone;
- Agree to have your participation in the study audio recorded;
- Have not reported or indicated that you have a cognitive impairment or learning disability;
- Have not experienced any symptoms of psychosis in the last two weeks.
- Have not experienced a suicidal crisis within the last three months.

Do I have to take part?

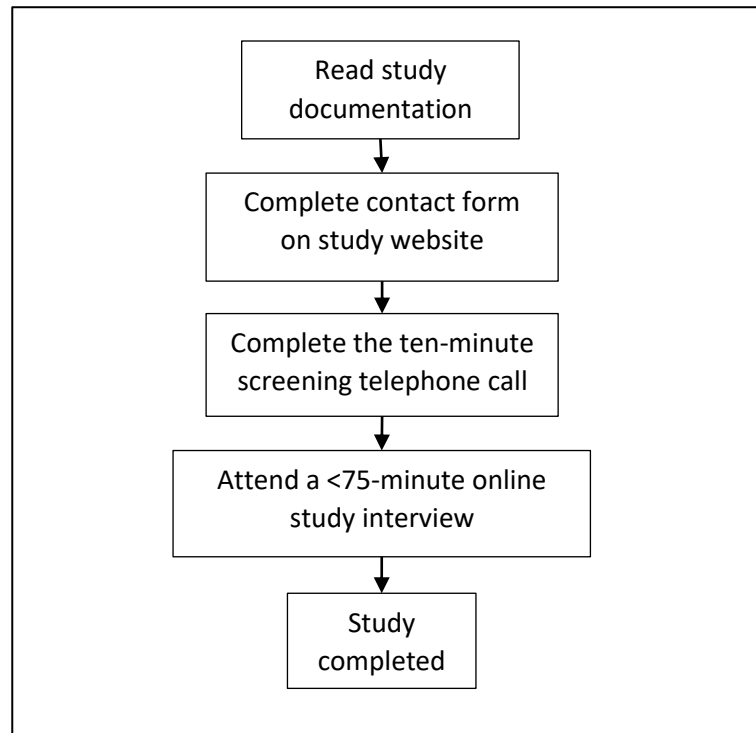
It is up to you whether you wish to take part and you are free to discontinue with the study at any time without giving a reason. If you do choose to take part, you will be asked to give your consent to participate before beginning the study.

What will happen to me if I take part?

A summary of the participant experience is illustrated in figure 1 below. The first ten eligible participants identified following the screening call will be invited to a one-off, online study interview using a video conferencing platform, either Microsoft Teams or Zoom. This study interview will last no longer than 75 minutes. You will be asked to indicate your consent to participate in this study

before answering some pseudonymised questions about your demographics. This will be followed by an informal conversation exploring your experiences of contacting Shout 85258 to support your thoughts of suicide. This conversation will be audio recorded using built-in audio recording software provided by the online conferencing platform. All parts of your participation in this study are voluntary and you can leave the study at any time without giving an explanation.

Figure 1. Participant experience



Study recruitment will stop once ten participants have consented to take part in the study. All participants will be invited to take part in the same tasks and will be asked the same questions. Engagement with the research team is conducted individually and there will be no focus groups or group work involved.

What do I have to do?

This study aims to explore your most recent experience of contacting Shout 85258 for support due to experiences of suicidal thoughts. To do this, we will ask ten eligible participants to attend a one-off meeting with a member of the research team to share their experiences. The research team are experienced in conducting research interviews and are members of the Protecting Vulnerable Groups (PV) scheme. This study will not contact you after the interview and the study does not require any adjustments to your lifestyle before or after your involvement.

What are the advantages and disadvantages of taking part?

Participation may be of no direct benefit to you, however the information you provide will be helpful in understanding the views young people have of Shout 85258 for supporting individuals with thoughts of suicide. You will be compensated £30 in the form of High Street vouchers for your time. Some of the topics we will ask you about during the interview may be distressing for some people, if you feel you would like to talk to someone about this, we have provided a list of organisations who can support you (see Support Services Sheet, appendix F v2. 06022023).

Will my taking part in this study be kept confidential?

All of the information you provide during the course of the research will be kept strictly confidential. You will be identified by an ID number, and any information about you will have your name and address removed so that you cannot be recognised from it. Please note that assurances on confidentiality will be strictly adhered to unless evidence of serious harm, or risk of serious harm, is uncovered. In such cases, the University may be obliged to contact relevant statutory bodies/agencies.

Data will be stored in electronic format on the University of Glasgow password-protected server. No one outside of the research team or appropriate governance staff will be able to find out your name, or any other information which could identify you.

Any quotes we use from the information you provide will be used anonymously. During your participation in the study, if you indicate that you or someone else may be in imminent danger or harm, confidentiality may need to be broken to ensure the wellbeing of everyone. This is the only circumstance in which confidentiality will be broken and, where possible and appropriate, we will discuss with you directly before any further action is taken.

What will happen to my data?

Any information you provide will be held in accordance with The General Data Protection Regulation (2018) at the University of Glasgow. To safeguard your rights, we will assign a randomly generated unique participant identifying number to your data, any personally identifiable information will be stored separately from any responses we gather. If you withdraw from the study we will retain any information we have collected about you until that point. All data will be held on the University of Glasgow password-protected server. All audio-recorded interviews will be transcribed by a third-party transcription service (1st Class Secretarial) who have worked with the University of Glasgow for similar studies. Only the research team and study regulators, whose job it is to audit the project on behalf of the study Sponsor, will have access to your information. Your information will be stored securely at the University of Glasgow and destroyed ten years after the project ends. You can find out more about how we use your information by contacting the researcher on the contact details listed below.

Due to the pseudonymisation of research data and staff availability, we will not be able to provide individual participant results from the study. At the end of your participation within the study, we will offer you the opportunity to receive a copy of the final draft of the research paper once it becomes available. If you would like a copy of the manuscript, your contact details will be retained for the purpose of sending you a copy of the paper, after which your contact information shall be deleted. If you decline a copy of the manuscript, your contact information shall be deleted immediately after study data collection has concluded. For full details on how your data is managed and who sees the information you provide, please see the Privacy Notice (appendix E v1. 21122022) which accompanies this document.

What will happen to the results of the research study?

This study aims to recruit 10 participants. Following participant interviews, the data collected will be interpreted and written up into a report for Shout 85258. The study (including recruitment and findings) may also be presented at relevant conferences and potentially published in an academic journal. All participants' data will be anonymised throughout, and any quotes shall not be identifiable. During the interview, you will be offered the option of having a copy of the final research study manuscript for your own interest and records.

Who is organising and funding the research?

This study is organised by the University of Glasgow but is funded by SHOUT 85258.

Who has reviewed the study?

This study has been reviewed by the College of Medical, Veterinary & Life Sciences Ethics Committee.

Further information

If you would like further information or have any questions regarding the study and would like to speak to someone who is not closely involved in the research, you can contact the following research professional: Professor Katie Robb (tel.: 0141 211 0685 email: Katie.Robb@glasgow.ac.uk)

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Thank you for reading this information.