

Speak English With Vanessa

Free PDF Worksheet

Proven Method for Amazing Conversations

Dear English Learner,

Get ready to speak confidently with these tips for amazing conversations in English. I recommend reading this worksheet out loud and using the blank space on the last page to answer my challenge question using the vocabulary. Thanks so much for learning English with me. You rock!

Your teacher,

Vanessa

Compliment Others

Tip: Don't just compliment someone's appearance. Take notice of what other people are saying and show interest.

Why? *When you show that you are listening, the other person feels great about themselves, and you do, too!*

Sample Phrases:

Wow, that's so cool!

That's great!

I love that!

No way, that's awesome!

Oh my gosh, how fun is that?

Oh really?

For real? That's too funny!

Mindset Shift

Tip: Be interested in other people and what they have to say. Don't just talk about yourself or relate every story to yourself.

Why? *When you show that you are truly interested in what they are saying, you can enjoy the conversation more and the other person feels great!*

Sample Phrases:

How did that happen?

What was that like?

What do you think will happen?

What made you want to do that?

Have you always been interested in that?

Listen Actively

Tip: Guess the emotion of the other person or you mirror the words of the other person.

Why? *When you use the other person's words and feelings, they feel completely understood and great about themselves, plus you can deepen your relationship!*

Sample Phrases:

You must be feeling... really upset./ excited./ worried.

That must be really... nerve-racking./ exciting./ awful.

That sounds really... nerve-racking./ exciting./ awful.

Body Language

Tip: Make sure your body language matches the words you are saying.

Why? *When your body language doesn't match your words, no one will believe you and you will seem untrustworthy. Using good body language adds to the proof that you care and are interested in the other person... which makes everyone feel good!*

For good body language, remember "NOSE":

Nodding: Give a subtle nod so that the speaker knows you are paying attention

Open posture: Face the speaker, arms uncrossed, relaxed body

Smile: Let your eyes crinkle when you smile

Eye contact: Look (don't stare!) in a person's eyes when having a conversation

Vanessa's Challenge Question

Use the space below to write a few sentences answering this question.

Let's practice some active listening. Imagine that I tell you this true story:

My husband was out-of-town last week at a funeral, so I was at home with the children by myself.

How would you respond to that using one of our key "active listening" phrases?

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