Virtualbox

<https://askubuntu.com/questions/95022/which-type-of-virtualbox-networking-should-i-use>

**NAT** - Your host will act as a router (firewall) and your guests will be on a private subnet. Use this if you are not running servers on the guests.

**Bridged** - Your guests will get an ip address on the same subnet as your host. Use this if you are running servers on the guest and wish to connect from other computers on the LAN.

**Host Only** - Sort of a hybrid. As the name implies, with this option you can connect to the guest servers from the host only. Use this for "private" (host only) servers. I use this if I am running a test web server.

To make a long story short, assuming you have a router, I would use bridged networking.