Isaiah Hoffer

Participation 1

1. What are some key strategies you can use to make "smart moves" when faced with situations involving alcohol, marijuana, or other drugs while in college?

The first smart move would be to call the campus police number to handle the situation if I feel unsafe or something bad happens. If I am faced with alcohol, I should know that the legal drinking age is 21 and should also know how much alcohol I am drinking before I drink anything. I should never drink on an empty stomach and should drink plenty of water to drink safely. Marijuana is the same, only use if 21 years old or medical use and should be taken will care because it can affect my brain and my sleep. Marijuana is illegal on campus and the withdraw symptoms can be hard to overcome so I should think a lot before I consider taking marijuana.

1. How do social norms within your peer group or family influence your perspective on discrimination and harassment?

When you are with a group of people that you want to be included with, it can change how you act and how you talk. Sometimes people change their hold personality because they want to be a part of the cool group or want to gain attention. This way of thinking can give you a hostile attitude and will cause more harm to others and yourself.

1. What steps can you take to ensure personal safety and prevent sexual misconduct in both on-campus and off-campus environments?

I need to understand the distinction between consent and not consent. Consent is where your partner gives undeniable “yes” and their body shows they want it. It is not consent when your partner gives an unsure answer like “maybe” or “I Don’t Know” or their body language shows they do not want this. I can also call the UCCS Police and other UCCS helplines to stop sexual assault from happening.

1. Which of the 5 Ds of Bystander Intervention do you feel most comfortable using in difficult situations, and why?

Delegate is probably the best one for me because depending on the situation, getting more people nearby will hopefully stop the situation and it will be easier to tell the story to the UCCS Police or other UCCS Faculty. I don’t like being the only witness or interventor and this option still let me help others in need but with a group.