

Amelia Chen

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Profile

Professional and empathetic final year nursing student passionate about delivering exceptional patient-centred care in the public health system. Seeking a graduate Registered Nurse position in the Cairns Hospital Surgical Ward to build on strong skills in post-operative care and clinical judgment in managing complex surgical patients. Bringing a collaborative, culturally safe approach to care, shaped by experiences across acute, oncology, cardiac, community health and aged care settings. Committed to continuous growth as a reflective and accountable practitioner within a multidisciplinary team.

 **TIP:** Tailor this section to each job. It should be 3-4 sentences and include your relevant skills, experience and career goals or interests that align with the position.

Education

Bachelor of Nursing Science James Cook University, Cairns 2023 – Present

Expected completion date: December 2025

GPA: 5.7

Awarded scholarship to attend the Queensland Rural Health Conference 2025

HLT33115 Certificate III in Health Services Assistance Connect'n'Grow **2020 – 2021**

Developed skills in infection control, assisting patients with movement and hygiene, working with diverse people, promoting Aboriginal and Torres Strait Islander cultural safety and interpreting medical terminology

► TIP: *Include GPA only if it's a strength. Highschool is only listed if you are a recent school leaver and have relevant achievements.*

Clinical Placements

Cairns Hospital – Surgical Ward (320 hours) August – October 2025

- Delivered safe, compassionate post-operative care including pain assessment, wound dressing, mobility support and monitoring for signs of deterioration, applying escalation protocols as required.
 - Conducted comprehensive patient assessments, interpreting vital signs trends and identifying post-operative complications including sepsis, DVT and bleeding.
 - Initiated and managed IV lines and fluid orders, monitoring intake/output and acting on deviations.
 - Assisted with the use of surgical drains, urinary catheters, stomas and nasogastric tubes.
 - Engaged with surgical teams, physiotherapists, social workers and families to advocate for patients' post-operative recovery needs and contribute to discharge planning.
 - Coordinated care for a case load of up to four patients with support from AINs and ENs, applying clinical judgement to prioritise tasks and ensuring accurate documentation in EMR systems.

Cairns Private Hospital – Oncology Ward (200 hours) April – May 2025

- Provided patient-centered care to individuals undergoing chemotherapy, radiation and palliative treatment, with a focus on symptom management, emotional support and dignity in care.
 - Conducted focused assessments (e.g. pain, nutrition, skin integrity) and monitored for treatment-related complications such as mucositis, febrile neutropenia, nausea and fatigue.
 - Applied infection control protocols including neutropenic precautions and safe handling of cytotoxic agents.

- Collaborated with multidisciplinary teams including oncologists, palliative care specialists, physiotherapists, dietitians and psychologists during ward rounds and case conferences to support holistic care planning.
- Participated in patient and carer education regarding treatment regimens, medication side effects and self-care strategies.

Cairns Hospital – Cardiac Ward (120 hours) November 2024

- Delivered care under supervision to patients with acute and chronic cardiac conditions including heart failure, arrhythmias and post-angioplasty recovery.
- Monitored vital signs, fluid balance and cardiac telemetry, identifying concerns using NEWS2 and SBAR frameworks to support early recognition of deterioration.
- Observed and assisted with pre- and post-procedure care for patients undergoing angiograms, pacemaker insertions and cardiac catheterisations.
- Developed foundational ECG interpretation skills by reviewing patient tracings with clinical mentors and identifying key abnormalities.

Wuchopperen Health Service – Edmonton, Cairns (120 hours) July 2024

- Delivered culturally safe care under supervision, supporting health promotion, chronic disease management and preventative screening for First Nations clients.
- Facilitated health assessments, immunisations and wound care.
- Observed and supported care coordination for clients with complex needs, including diabetes, cardiovascular disease and mental health conditions, in collaboration with Aboriginal and Torres Strait Islander Health Workers and multidisciplinary teams.

Cooktown Multipurpose Health Service (120 hours) November 2023

- Observed and assisted with nursing care in a rural, multidisciplinary health service, contributing to acute, aged care and community health services through ward rounds, outpatient clinics and community outreach.
- Developed proficiency in end-of-shift clinical handovers using the ISBAR framework, ensuring accurate and concise communication of patient status, care plans and safety concerns.

◆ *TIP: Commence the bullet points about your experiences and achievements with verbs such as 'Developed', 'Organised', 'Delivered'. Use key words mentioned in the job advertisement and tailor your bullet points to reflect the specific skills and experience required.*

Employment History

Assistant in Nursing – Bupa Aged Care, Cairns (Part-time) February 2022 – Present

- Provide care for residents in the dementia care unit, including bathing, dressing, grooming, hygiene and feeding.
- Support safe mobility and implement fall prevention strategies, including assisting residents with transfers, ambulation and use of mobility aids in alignment with individualised care plans.
- Assist allied health professionals with the delivery of speech and swallowing therapy, physiotherapy and rehabilitation by assisting with residents with exercises, encouraging participation and monitoring progress.
- Facilitate and encourage participation in recreational and social activities to promote cognitive stimulation and emotional wellbeing.

- Build rapport with residents, adapting communication strategies for residents experiencing confusion, agitation or memory loss, using validation, redirection and non-verbal cues to build trust and reduce distress.

Retail Assistant, Alive Pharmacy Smithfield (Part-time)

February 2020 – January 2022

- Delivered exceptional customer experiences through efficient service and an empathetic approach.
- Developed skills in communicating with a diverse range of people.
- Responded to customer complaints and concerns with sensitivity and professionalism.

Volunteering

Student Mentor – James Cook University, Cairns (Casual)

February 2022 – December 2024

- Guided first-year Nursing students transitioning to university life by leading campus orientations and raising awareness of services on campus.
- Led group sessions to promote academic confidence through effective study strategies, time management techniques and exam preparation.
- Facilitated activities that fostered a sense of belonging by helping students build peer connections.

Professional Development

2025 Queensland Rural Health Conference (8 hours)

2024 Aboriginal and Torres Strait Islander Cultural Competency Workshop (7 hours)

2024 Clinical Placement Student Orientation, Queensland Health iLearn Modules (5 hours)

2023 Mental Health First Aid for University Students (12 hours)

 **TIP:** *Include relevant online courses, workshops, or certifications.*

Memberships

AHPRA – Student Membership

JCU Nursing Students Association – Committee Member

 **TIP:** *If you're an active member, briefly mention your role or contributions.*

Certifications

Queensland Working with Children Check (Blue Card)

Queensland Government Disability Worker Screening Card

Referees

Ms Kathleen O'Donnell
Surgical Ward Nurse Manager
Cairns Hospital
0411 565 820
kathleen.o'donnell@qhealth.gov.au

Ms Trish Langford
Nurse-In-Charge
Bupa Aged Care, Cairns
07 4051 3565
tlangford@bupacare.org.au

 **TIP:** *Two referees are usually sufficient. Ideally use your current or most recent employer, or placement supervisor. List their name, title, organisation and phone, or write "Available on request." Always follow any specific instructions from the employer.*