## B2-2 Revision Project 3 (...this is what the B2 Exam will look like this semester – without the Listening Part)

#### **READING (10 points total):**

Read the following text about the effects of stress and choose the best answer (a, b, c or d) for questions (1 - 10). CIRCLE your answer (a, b, c or d).  $\rightarrow$  If your answer on the Exam is not circled – it will be 0 points

There is a famous expression in English: "Stop the world, I want to get off!" This expression refers to a feeling of panic, or stress, that makes a person want to stop whatever they are doing, try to relax, and become calm again. 'Stress' means pressure or tension. It is one of the most common causes of health problems in modern life. Too much stress results in physical, emotional, and mental health problems.

There are numerous physical effects of stress. Stress can affect the heart. It can increase the pulse rate, make the heart miss beats, and can cause high blood pressure. Stress can affect the respiratory system. It can lead to asthma. It can cause a person to breathe too fast, resulting in a loss of important carbon dioxide. Stress can affect the stomach. It can cause stomach aches and problems digesting food. These are only a few examples of the wide range of illnesses and symptoms resulting from stress.

Emotions are also easily affected by stress. People suffering from stress often feel anxious. They may have panic attacks. They may feel tired all the time. When people **are under** stress, they often overreact to little problems. For example, a normally gentle parent under a lot of stress at work may yell at a child for dropping a glass of juice. Stress can make people angry, moody, or nervous.

Long-term stress can lead to a variety of serious mental illnesses. Depression, an extreme feeling of sadness and hopelessness, can be the result of continued and increasing stress. Alcoholism and other addictions often develop as a result of overuse of alcohol or drugs to try to relieve stress. Eating disorders, such as anorexia, are sometimes caused by stress and are often made worse by stress. If stress is allowed to continue, then one's mental health is put at risk.

It is **obvious** that stress is a serious problem. It attacks the body. It affects the emotions. Untreated, it may eventually result in mental illness. Stress has a great influence on the health and well-being of our bodies, our feelings, and our minds. So, reduce stress: stop the world and rest for a while.

1) Whic	ch of the following is not an an analysical problems	a common problem cau b) anecdotal proble	•	tress? c) mental prob	lems	d) emo	tional problems
2) According to the text, which of the following parts of the body does not have physical problems caused by stress?							
	a) the arms	b) the stomach		c) the lungs			d) the heart
3) Which of the following does not show how stress can affect the a) it can make people feel nervous c) it can make people feel elated				ne emotions? b) it can cause panic attacks d) it can make people feel angry			
4) Acco	ording to the text, which a) bliss	of the following can result b) depression	ılt from lo	ong-term stress? c) suicide			d) whimsy
5) Whic	th of the following could a) are in	best replace the words ' b) receive a	are und	er' in paragraph c) suffer from	3\$		d) feel the
6) Which of the following best explains how alcoholism is caused a) alcohol is used to relieve stress c) alcohol is a chemical			d by stress? b) alcohol is popular d) alcohol is similar to medicine				
7) Whic	ch of the following is not a a) bloating	caused by long-term stre b) addiction	\$S\$	c) anorexia			d) alcoholism
8) Which of the following cannot complete this sentence: "Stress can affect the respiratory system by a)causing stomach problems." b)causing asthma." c)a loss of carbon dioxide." d)causing breathing problems."							
9) Symp	otoms of emotional stress a)feeling joyous.		c)fe	eling thirsty.	d)fee	eling tire	d.
10) In th	ne last paragraph, the war a) seeming	ord <b>'obvious'</b> could best b) clean	be replo		f the follo d) perc	_	

GRAMMAR & VOCABULARY (50 points total): PART 1 - Prepositions (12 points): Complete the following sentences (1 - 12) by filling in the k You may use ONLY ONE word for each blank space.	plank spaces with the proper	preposition.
1) She complained me about his rudeness.		
2) She could never have achieved this without the encour	ragement her husband	and family.
3) Let's start this first piece of music.		
4) We arrived our destination tired and hungry.		
5) There's no easy solution this problem.		
6) The meaning the poem has always been a puzzle		
7) People tend to do a good amount of research before t	hey spend money a va	cation.
8) People usually complain having to deal with too r	nuch bureaucracy.	
9) Most single-parent families are headed women.		
10) If you always crave the same food the same time	e, change your routine.	
11) All the evidence points his guilt.		
12) We will begin looking at intonation in the shortest	piece of speech we can find	d - the single syllable.
Choose from the following words and complete the sente (not) to + infinitive form (e.g.: to do) or verb + ing form (e.g. You may use each word ONLY ONCE. There are TWO EXTR  BE / DEVOTE / DO / HELP / PLAY / REA  1) I just completed my first book. > The key  2) He decided the rest of his life to scientification.	doing). A WORDS that DO NOT fit and D / TAKE / TRAVEL / word (e.g. "completed") will NOT	y of the sentences. WAIT / WRITE be highlighted
3) My father <b>offered</b> us to the airport.		
4) He realy <b>enjoys</b> video games.		
5) She <b>suggested</b> together for safety, since	e the area was so dangerous.	
6) Sometimes, people <b>need</b> told the truth.		
7) Have you <b>finished</b> that book yet?		
8) I <b>agreed</b> my little sister with her homewo	ork.	
PART 3 - Countable / Uncountable (5 points): Choose the best answer (a, b, c or d) for each of the followanter is ONLY ONE correct answer for each question.  If your answer on the Exam is not circled – it will be 0 points		
a) The information b) Information	c) Informations	d) The informations
You can't watch TV until you've finished     a) your homework	c) all your homeworks	d) your the homework
a) How many were at the meeting?     a) peoples	c) people	d) of people
4) I've got so many to do I don't know where to start a) thing b) things	c) stuff	d) stuffs
5) You should listen to of your elders. a) advice b) the advice	c) the advices	d) some advise

	s (5 points): answer (a, b, c, or d) for t orrect answer for each qu			<del>)</del> ).
	Exam is not circled – it will		2113 VV O1 (G, D, C O1 C	· / ·
	eatre tickets. They o	ut of my pocket.	o fall d) mu	ust have fallen
2) you like som a) Can	ething to eat? b) Wouldn't	c) Would	d) Needn't	
	m 8:30am to 5:30pm ever b) have	y day. c) should	d) would	
4) We've got plenty a) needn't	of time. We hurry. b) shall not	c) cannot	d) haven't to	
the answer key.	ath problem at least twer The answer in the book _ b) have to		ver is wrong accord d) may	ding to
There is ONLY ONE c  The sour answer on the control of the control	answer (a, b, c or d) for e orrect answer for each se Exam is not circled – it will be lef for everythinghad	entence. <mark>CIRCLE</mark> your ( the <i>O points</i> d happened.	answer (a, b, c or c	d).
a) what 2) James Watt was a	b) whose an inventor ideas ch	c) that	d) why	
	b) that		d) whose	
3) There isn't a day _ a) which	I don't feel rushed of b) whose		d) what	
4) I was offered a job a) ,what	b by the manager of the obj.,who	companyI met c	at the interview. d) ,which	
	u to a café serves ex b) what	c) which	d) who	
Complete the follow	Vocabulary (15 points): ring sentences (1 - 15) by ce. Use <u>ONLY ONE</u> word p			
1) ANALYSE	At the meeting they prese	nted a detailed	of twelve scho	ools in a London borough
2) ARTIFICIAL	This new technique of			
3) AVAILABLE	Many companies choose the of skille	to produce abroad bec		
4) COMMUNICATE	Doctors do not always hav	/e good	skills.	
5) EMIT	Hundreds of different type			vehicle exhausts.
6) ENERGY	In addition, representative will participate as guest le	s from thei		
7) OCCUR	Street-fights are an everyo	layin thi	is area of the city.	
8) HYPOTHESIS	Asking or s feelings about certain issue	speculative questions is a		ting perceptions and
9) INTRODUCE	Our speaker today needs	no		
10) MEASURE	The test is based on the		ugar.	
11) PLAGIARIZE	Teachers everywhere fight	to control cheating on	exams and	in written work.
12) REASON	The company's commitme to its success.	_	·	
13) TRANSCRIBE	This is a phonetic	of the conversat	ions that were record	ded on tape.
14) TRIGGER	The racial killings at the we			
15) VALUE	These antiques are extrem			- ,

# WRITING (30 points total):

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i) The first skill is not taking on more than you can handle.

## PART 1 – Key Word Sentence Transformations (15 points):

For each of the sentences below (1 - 15), complete the second sentence so that it has a similar meaning to the first sentence(s), using the word given for that sentence. **<u>DO NOT CHANGE</u>** the word given.

You must use between two (2) and five (5) words, including the word given. 1) I try not to eat too late at night. **AVOID** I try **TO AVOID EATING** too late at night. 2) If you don't know the word, check it in a dictionary. UP If you don't know the word, \_\_\_\_\_\_ in a dictionary. 3) My sister is not old enough to ride a bike. TOO My sister is \_\_\_\_\_ride a bike. 4) 'I might be late for dinner.' he told me. **INFORMED** \_\_\_ might be late for dinner. 5) I really don't want to go out tonight. **FEEL** I really don't \_\_\_\_\_ out tonight. 6) What did she have on at the party? WAS What \_\_\_\_\_ at the party ? 7) 'What's your name?' he asked. KNOW He \_\_\_\_\_ what my name was. 8) Clothing costs the same as it did last year. **CHANGED** Clothing prices \_\_\_\_\_ last year. 9) Please stop biting your nails. **WISH** I\_\_\_\_\_ biting your nails. 10) I agree to write the report if you give me the information. WILL Give me the information \_\_\_\_\_ the report. 11) The bus service in our city becomes more inefficient every year. **GETTING** The bus service in our city \_\_\_\_\_ and more inefficient. 12) Do you get on with your next-door neighbour? WHO Do you get on with \_\_\_\_\_ lives next door? 13) We couldn't go out because of the rain. **PREVENTED** The rain \_\_\_\_\_out. 14) They are blaming him for the mistake. 15 He \_\_\_\_\_ the mistake. 15) Psychology was very interesting to me when I was at university. IN I \_\_\_\_\_\_ psychology when I was at university. PART 2 - Academic Writing / Recognizing the Parts of a Paragraph (7 points): Arrange the sentences in the following paragraph so that they are in the correct order by putting the number 1, 3, 4, 5, 6, 7 or 9... on the line in front of each of the sentences (a - g). TWO are done for you. Write ONLY ONE number for each line / sentence. (There is only one correct order) a) You may find that cleaning out your wardrobe becomes vital when you are avoiding study. b) By learning time management skills your university study will be successful and most importantly enjoyable. c) To be successful at university, students need to learn good time-management skills. d) Another time management skill is reasonably estimating the time required to perform each of the tasks at hand. e) Procrastination is a time manager's enemy. 8\_ f) For example, deeply reading a chapter from a course text cannot be completed in between television programmes. g) If you are a working part-time, have a family and are involved in a community organisation, then taking a full course-load at university will be too much. h) Finally, actually doing what needs to be done seems obvious, but is a very difficult skill.

# PART 3 - Formal Letters (8 points):

		ICATION and for each of the blank spaces (1 – 8) choose the $\underline{E}$ correct answer for each. $\underline{CIRCLE}$ your answer (a, b, c or d).	
(1)	_ If your answer	on the Exam is not circled — it will be O points	
program the program	ns in the field of education and believe t	evelopment at the University of Dallas. I have reviewed many graduate he one offered at your university would be the best fit for me. I selected nic reviews earned by the School of Education at the university and of teaching.	
childho leaders	od psychology, theories for teaching spe hip and effective classroom manageme	in Austin, and (3) My educational studies include coursework in cial needs students, school and family crisis intervention, and teacher at. My goal is to increase my knowledge and skills with an intense focus ting while (4) as outlined in your curriculum.	
last two	years, I served as a teaching assistant in or at-risk. I am very dedicated to the prof	s a teacher's aide at an elementary school located in Austin. For the elementary programs aimed at helping children identified as special ession of teaching and will graduate with highest honors. I am arning at the early stages of their educational careers.	
	_	mentation needed or to answer any questions you may have. I am I may be reached by phone at 234-908-5464 or by email at [email]	
(8)	_		
Sincere XXXX	ly,		
(1)	<ul><li>a) Dear Mr. or Mrs.,</li><li>c) Dear Sir or Madam,</li></ul>	<ul><li>b) To who it does concern,</li><li>d) Dear Director of Early Childhood Development,</li></ul>	
(2)	a) I am writting to apply for c) I am really excited about seeking	b) I am very interested in pursuing d) I would like to submit my application to study	
(3)	a) hope to gain the Education/Elementary Teacher Education Bachelor Degree in the spring. b) will finish my study Education/Elementary Teacher Education with a Bachelor Degree in the spring. c) expect that I will graduate this spring with a Bachelor Degree, Education/Elementary Teacher Education. d) plan to graduate this spring with a Bachelor of Science Degree in Education/Elementary Teacher Education.		
(4)	a) collecting practical teaching experiences b) gaining hands-on teaching experience c) getting teaching experience into my hands d) earning experiences of teaching with my own hands		
(5)	<ul> <li>a) I have acquired valuable knowledge in the field by way of internships.</li> <li>b) I have gained a lot of worthy knowledge in the field through interning.</li> <li>c) Internships have allowed comprehensive knowledge in the field.</li> <li>d) As an intern I earned great knowledge in the field.</li> </ul>		
(6)	<ul> <li>a) Enclosed: my completed application packet; letters of recommendation, for considering.</li> <li>b) In the enclosed is my application packet, which is complete, and also for you to consider, letters of recommendation.</li> <li>c) I am enclosing my completed application packet along with letters of recommendation for your consideration.</li> <li>d) In the attached, you will find my application packet, which is complete, as well as some letters of recommendation that I hope you will consider.</li> </ul>		
(7)	a) and would greatly welcome the good fortune of meeting you face-to-face! b) and would appreciate the opportunity to meet with you in person. c) and would truly like the chance to meet with you - in person! d) and would be thankful to you for meeting at your earliest convenience.		
(8)	a) I look forward to hearing from you soon. b) I am hoping for your early response. c) I expect that you will reply quickly. d) I am looking forward to you.		