

Sample Plan: Study and Exam Preparation Plan

Objective

To prepare students efficiently for upcoming exams by providing a structured study plan that balances study time, revision, and rest.

Weekly Study Schedule

Day	Activity	Time

Monday	Review Lecture Notes	4:00 PM - 6:00 PM
Tuesday	Practice Exercises	4:00 PM - 6:00 PM
Wednesday	Group Study & Discussion	4:00 PM - 6:00 PM
Thursday	Mock Test	4:00 PM - 6:00 PM
Friday	Review Weak Areas	4:00 PM - 5:00 PM
Saturday	Rest & Leisure	-
Sunday	Final Revision & Q&A Session	3:00 PM - 5:00 PM

Exam Day Tips

- Get a good night's sleep before the exam.
- Eat a healthy breakfast.
- Arrive early at the exam center.
- Read instructions carefully.
- Manage your time wisely during the exam.

Notes

- Keep all study materials organized.
- Seek help from teachers when in doubt.
- Take regular short breaks to avoid burnout.