The last equation on pp18:

$$\begin{split} e^{\lambda A} e^{-\lambda A} &= \sum_{nm} \frac{(-1)^m}{n!m!} \lambda^{n+m} A^{n+m} \\ &= \sum_{n+m} \sum_{k}^{n+m} \frac{(-1)^k}{(n+m-k)!k!} \lambda^{n+m} A^{n+m} \\ &= \sum_{n+m} \lambda^{n+m} A^{n+m} \sum_{k}^{n+m} \frac{(-1)^k}{(n+m-k)!k!} \end{split}$$

Given that
$$(x-1)^{n+m} = \sum_{k=0}^{n+m} x^{n+m-k} (-1)^k \frac{(n+m)!}{(n+m-k)!k!}$$
,
$$e^{\lambda A} e^{-\lambda A} = \sum_{n+m} \lambda^{n+m} A^{n+m} \frac{1}{(n+m)!} (x-1)^{n+m} |_{x=1}$$
$$= e^{\lambda A(x-1)|_{x=1}} = 1$$