# Project2_0

March 3, 2023

## 1 EEP 153 Project 2 Subsistence Cost Diet: Atwater

[1]:
```
%pip install -r requirements.txt
```

```
Requirement already satisfied: pint>=0.18 in /opt/conda/lib/python3.9/site-
packages (from -r requirements.txt (line 3)) (0.20.1)
Requirement already satisfied: requests>=2.26.0 in
/opt/conda/lib/python3.9/site-packages (from -r requirements.txt (line 6))
(2.26.0)
Requirement already satisfied: python-gnupg in /opt/conda/lib/python3.9/site-
packages (from -r requirements.txt (line 8)) (0.5.0)
Requirement already satisfied: eep153_tools in /opt/conda/lib/python3.9/site-
packages (from -r requirements.txt (line 10)) (0.11)
Requirement already satisfied: fooddatacentral in /opt/conda/lib/python3.9/site-
packages (from -r requirements.txt (line 12)) (1.0.9)
Requirement already satisfied: charset-normalizer~=2.0.0 in
/opt/conda/lib/python3.9/site-packages (from requests>=2.26.0->-r
requirements.txt (line 6)) (2.0.0)
Requirement already satisfied: urllib3<1.27,>=1.21.1 in
/opt/conda/lib/python3.9/site-packages (from requests>=2.26.0->-r
requirements.txt (line 6)) (1.26.7)
Requirement already satisfied: idna<4,>=2.5 in /opt/conda/lib/python3.9/site-
packages (from requests>=2.26.0->-r requirements.txt (line 6)) (3.1)
Requirement already satisfied: certifi>=2017.4.17 in
/opt/conda/lib/python3.9/site-packages (from requests>=2.26.0->-r
requirements.txt (line 6)) (2021.10.8)
Note: you may need to restart the kernel to use updated packages.
```

[2]:
```
# API key for Gov;
apikey = "bwFohFv0W79JagEjhjfy121CHf29UEljzOOYel1N"
```

### 1.1 Dietary Reference Intakes

[3]:
```
# read in dietary requirements (max and min)
import pandas as pd
dri_max = pd.read_csv("Dietary Requirements Max.csv").set_index('Nutrition')
```

```
dri_min = pd.read_csv("Dietary Requirements Min.csv").set_index('Nutrition')

# convert units from kcal to kJ
temp = dri_max.loc['Energy']
temp.iloc[1:] = temp.iloc[1:] * 4.184
dri_max.loc['Energy'] = temp

temp = dri_min.loc['Energy']
temp.iloc[1:] = temp.iloc[1:] * 4.184
dri_min.loc['Energy'] = temp
```

```
/opt/conda/lib/python3.9/site-packages/pandas/core/indexing.py:1965:
SettingWithCopyWarning:
A value is trying to be set on a copy of a slice from a DataFrame

See the caveats in the documentation: https://pandas.pydata.org/pandas-
docs/stable/user_guide/indexing.html#returning-a-view-versus-a-copy
  self.obj._check_is_chained_assignment_possible()
/opt/conda/lib/python3.9/site-packages/pandas/core/indexing.py:1732:
SettingWithCopyWarning:
A value is trying to be set on a copy of a slice from a DataFrame

See the caveats in the documentation: https://pandas.pydata.org/pandas-
docs/stable/user_guide/indexing.html#returning-a-view-versus-a-copy
  self._setitem_single_block(indexer, value, name)
```

[4]:
```
import re
# function for age-sex specific DRI
def dri(age,sex,dietmin,dietmax):
    if age <= 3:
        index = 2

    else:
        for i, j in enumerate(list(dietmax)[3:]):
            if j[0] == sex:
                interval = re.findall(r'\d+', j)
                if len(interval) == 1:
                    if age >= int(interval[0]):
                        index = i + 3
                        break
                else:
                    if age >= int(interval[0]) and age <= int(interval[1]):
                        index = i + 3
                        break

    df = pd.DataFrame({'Nutrition': dietmin.iloc[:, 0],
                       'Max/Min': 'Minimum',
```

```
                        'Age & Sex': list(dietmin)[index],
                       'Intake': dietmin.iloc[:, index]})
    df_max = pd.DataFrame({'Nutrition': dietmax.iloc[:, 0],
                        'Max/Min': 'Maximum',
                        'Age & Sex': list(dietmax)[index],
                       'Intake': dietmax.iloc[:, index]})

    df = pd.concat([df, df_max], axis=0)

    return df
```

[5]:
```
# Testing: dietary reference intakes for 20-year-old female
dri(20, 'F', dri_min, dri_max)
```

[5]:

| Nutrition | Nutrition | Max/Min | Age & Sex | Intake |
|---|---|---|---|---|
| Nutrition | | | | |
| Energy | --- | Minimum | F 19-30 | 8368.0 |
| Protein | RDA | Minimum | F 19-30 | 46.0 |
| Fiber, total dietary | --- | Minimum | F 19-30 | 28.0 |
| Folate, DFE | RDA | Minimum | F 19-30 | 400.0 |
| Calcium, Ca | RDA | Minimum | F 19-30 | 1000.0 |
| Carbohydrate, by difference | RDA | Minimum | F 19-30 | 130.0 |
| Iron, Fe | RDA | Minimum | F 19-30 | 18.0 |
| Magnesium, Mg | RDA | Minimum | F 19-30 | 310.0 |
| Niacin | RDA | Minimum | F 19-30 | 14.0 |
| Phosphorus, P | RDA | Minimum | F 19-30 | 700.0 |
| Potassium, K | AI | Minimum | F 19-30 | 4700.0 |
| Riboflavin | RDA | Minimum | F 19-30 | 1.1 |
| Thiamin | RDA | Minimum | F 19-30 | 1.1 |
| Vitamin A, RAE | RDA | Minimum | F 19-30 | 700.0 |
| Vitamin B-12 | RDA | Minimum | F 19-30 | 2.4 |
| Vitamin B-6 | RDA | Minimum | F 19-30 | 1.3 |
| Vitamin C, total ascorbic acid | RDA | Minimum | F 19-30 | 75.0 |
| Vitamin E (alpha-tocopherol) | RDA | Minimum | F 19-30 | 15.0 |
| Vitamin K (phylloquinone) | AI | Minimum | F 19-30 | 90.0 |
| Zinc, Zn | RDA | Minimum | F 19-30 | 8.0 |
| Sodium, Na | UL | Maximum | F 19-30 | 2300.0 |
| Energy | NaN | Maximum | F 19-30 | 12970.4 |

### 1.2 Data on prices for different foods

[6]:
```
# get food list from four restaurants
food_list_total = pd.read_csv("FoodList.csv")
food_list_total = food_list_total.astype({"FDC": str})
food_list_total
```

[6]:
```
      Restaurant                 Dish  Ingredients  Dish_Price  Quantity  \
0     Thai Basil  Pineapple Fried Rice       prawns       17.45  140.0000
1     Thai Basil  Pineapple Fried Rice      chicken       17.45  200.0000
2     Thai Basil  Pineapple Fried Rice          egg       17.45   48.0000
3     Thai Basil  Pineapple Fried Rice    Pineapple       17.45  180.0000
4     Thai Basil  Pineapple Fried Rice  white onion       17.45   80.0000
..           …                    …          …          …       …
181     Poke Bar      Wazzup Poke Bowl     cucumber       15.95   28.3500
182     Poke Bar      Wazzup Poke Bowl  green onion       15.95    7.0875
183     Poke Bar      Wazzup Poke Bowl        ponzu       15.95   35.4375
184     Poke Bar      Wazzup Poke Bowl       wasabi       15.95  452.1825
185     Poke Bar      Wazzup Poke Bowl         mayo       15.95   35.4375

     Unit      FDC  Calorie/100g  Ingredient_Price/100 gm
0    gram   175180          99.0                    1.200
1    gram   331960         152.5                    0.490
2    gram   748967         145.0                    0.500
3    gram  2346398          57.0                    0.520
4    gram  1104962          34.5                    0.498
..    …       …            …                       …
181  gram   168409          15.0                    0.880
182  gram   170006          27.0                    0.440
183  gram  2451144          33.0                    1.900
184  gram   171831         292.0                    8.780
185  gram   171002         334.0                    0.560

[186 rows x 9 columns]
```

[7]:
```
# construct food lists by restaurant
grouped = food_list_total.groupby(food_list_total.Restaurant)
restaurants = ['Thai Basil', 'Ttoust', 'IB', 'Poke Bar']

food_list_res = []

for r in restaurants:
    food_list_res.append(grouped.get_group(r))
```

[8]:
```
import fooddatacentral as fdc
import warnings
from collections import defaultdict

# get nutritional information for ingredients
ing_res = []
ing_res_list = []
for i in range(4):
    L = []
```

```
    D = {}
    items = []
    count = 0
    food_list = food_list_res[i]
    for food in food_list.Ingredients.tolist():
        try:
            FDC = food_list.iloc[count,:].FDC
            count+=1
            temp = fdc.nutrients(apikey,FDC)
            key = temp.Units
            # convert units if necessary
            if 'Energy' in key.index:
                if key['Energy'] != 'kJ':
                    temp.Quantity['Energy'] = temp.Quantity['Energy']*4.184

            L.append(temp.Quantity)
            D[food] = temp.Quantity
            items.append(food)
        except AttributeError:
            warnings.warn("Couldn't find FDC Code %s for food %s." % (food,FDC))

    # construct nutrient tables
    # list version
    FoodNutrients_Ing = pd.DataFrame(L,dtype=float)
    FoodNutrients_Ing.index = items
    FoodNutrients_Ing = FoodNutrients_Ing.fillna(0)
    FoodNutrients_Ing = FoodNutrients_Ing.transpose()
    ing_res_list.append(FoodNutrients_Ing)
    # dictionary version
    FoodNutrients_Ing_d = pd.DataFrame(D,dtype=float)
    FoodNutrients_Ing_d = FoodNutrients_Ing_d.fillna(0)
    ing_res.append(FoodNutrients_Ing_d)
```

```
/tmp/ipykernel_80/700468894.py:23: SettingWithCopyWarning:
A value is trying to be set on a copy of a slice from a DataFrame

See the caveats in the documentation: https://pandas.pydata.org/pandas-
docs/stable/user_guide/indexing.html#returning-a-view-versus-a-copy
  temp.Quantity['Energy'] = temp.Quantity['Energy']*4.184
```

[9]:
```
# example: nutrient table for Thai Basil
ing_res_list[0]
```

[9]:

| | prawns | chicken | egg | Pineapple | white onion | \ |
|---|---|---|---|---|---|---|
| Proximates | 0.00 | 0.00 | 0.00 | 0.000000 | 0.00 | |
| Water | 74.33 | 65.30 | 75.80 | 84.990000 | 91.30 | |
| Energy | 415.00 | 695.00 | 617.00 | 0.000000 | 148.00 | |

| | | | | | |
|---|---|---|---|---|---|
| Protein | 23.98 | 32.10 | 12.40 | 0.460938 | 0.89 |
| Total lipid (fat) | 0.28 | 3.24 | 9.96 | 0.211300 | 0.13 |
| … | … | … | … | … | … |
| Beta-sitostanol | 0.00 | 0.00 | 0.00 | 0.000000 | 0.00 |
| Delta-5-avenasterol | 0.00 | 0.00 | 0.00 | 0.000000 | 0.00 |
| Delta-7-Stigmastenol | 0.00 | 0.00 | 0.00 | 0.000000 | 0.00 |
| Ergothioneine | 0.00 | 0.00 | 0.00 | 0.000000 | 0.00 |
| Vitamin K (Menaquinone-4) | 0.00 | 0.00 | 0.00 | 0.000000 | 0.00 |

| | raisins | cashew nuts | peas | carrots | chicken | \ |
|---|---|---|---|---|---|---|
| Proximates | 0.000 | 0.00 | 0.00 | 0.00000 | 0.0 | |
| Water | 15.500 | 5.20 | 78.86 | 87.72000 | 93.9 | |
| Energy | 1251.016 | 2314.00 | 339.00 | 0.00000 | 84.0 | |
| Protein | 3.300 | 18.22 | 5.42 | 0.94125 | 0.7 | |
| Total lipid (fat) | 0.250 | 43.85 | 0.40 | 0.35060 | 0.1 | |
| … | … | … | … | … | … | |
| Beta-sitostanol | 0.000 | 0.00 | 0.00 | 0.00000 | 0.0 | |
| Delta-5-avenasterol | 0.000 | 0.00 | 0.00 | 0.00000 | 0.0 | |
| Delta-7-Stigmastenol | 0.000 | 0.00 | 0.00 | 0.00000 | 0.0 | |
| Ergothioneine | 0.000 | 0.00 | 0.00 | 0.00000 | 0.0 | |
| Vitamin K (Menaquinone-4) | 0.000 | 0.00 | 0.00 | 0.00000 | 0.0 | |

| | … | pork | imitation crab | prawns | mushrooms | \ |
|---|---|---|---|---|---|---|
| Proximates | … | 0.00 | 0.00 | 0.00 | 0.000000 | |
| Water | … | 24.76 | 74.70 | 74.33 | 88.600000 | |
| Energy | … | 2645.00 | 397.48 | 415.00 | 0.000000 | |
| Protein | … | 9.25 | 7.62 | 23.98 | 2.414375 | |
| Total lipid (fat) | … | 65.70 | 0.46 | 0.28 | 0.195000 | |
| … | … | … | … | … | … | |
| Beta-sitostanol | … | 0.00 | 0.00 | 0.00 | 0.000000 | |
| Delta-5-avenasterol | … | 0.00 | 0.00 | 0.00 | 0.000000 | |
| Delta-7-Stigmastenol | … | 0.00 | 0.00 | 0.00 | 0.000000 | |
| Ergothioneine | … | 0.00 | 0.00 | 0.00 | 11.060000 | |
| Vitamin K (Menaquinone-4) | … | 0.00 | 0.00 | 0.00 | 0.000000 | |

| | white onion | rice | catfish | eggplant | \ |
|---|---|---|---|---|---|
| Proximates | 0.00 | 0.00 | 0.00 | 0.00 | |
| Water | 91.30 | 11.60 | 79.06 | 92.30 | |
| Energy | 148.00 | 1500.00 | 496.00 | 104.00 | |
| Protein | 0.89 | 6.94 | 15.23 | 0.98 | |
| Total lipid (fat) | 0.13 | 1.30 | 5.94 | 0.18 | |
| … | … | … | … | … | |
| Beta-sitostanol | 0.00 | 0.00 | 0.00 | 0.00 | |
| Delta-5-avenasterol | 0.00 | 0.00 | 0.00 | 0.00 | |
| Delta-7-Stigmastenol | 0.00 | 0.00 | 0.00 | 0.00 | |
| Ergothioneine | 0.00 | 0.00 | 0.00 | 0.00 | |
| Vitamin K (Menaquinone-4) | 0.00 | 0.00 | 0.60 | 0.00 | |

```
                           red curry     rice
Proximates                     0.000     0.00
Water                          0.000    11.60
Energy                       556.472  1500.00
Protein                        6.670     6.94
Total lipid (fat)              3.330     1.30
…                                  …        …
Beta-sitostanol                0.000     0.00
Delta-5-avenasterol            0.000     0.00
Delta-7-Stigmastenol           0.000     0.00
Ergothioneine                  0.000     0.00
Vitamin K (Menaquinone-4)      0.000     0.00

[206 rows x 41 columns]
```

[10]:
```
# construct price vector for dishes
# Convert food quantities to FDC units
food_list_total['FDC Quantity'] = food_list_total[['Quantity','Unit']].T.
 ↪apply(lambda x : fdc.units(x['Quantity'],x['Unit']))

food_list_total['FDC Price'] = food_list_total['Dish_Price']/food_list_total.
 ↪groupby('Dish',sort=False)['FDC Quantity'].sum()

food_list_total.dropna(how='any')

Dish_Prices = food_list_total.groupby('Dish',sort=False)['Dish_Price'].min()/
 ↪food_list_total.groupby('Dish',sort=False)['FDC Quantity'].sum()
```

```
/opt/conda/lib/python3.9/site-packages/pandas/core/dtypes/cast.py:1990:
UnitStrippedWarning: The unit of the quantity is stripped when downcasting to
ndarray.
  result[:] = values
```

### 1.3 Table of nutritional information for dishes

[11]:
```
# construct nutrient table for dishes
FoodNutrients_Ing_total = pd.DataFrame()
for t in ing_res_list:
    FoodNutrients_Ing_total = pd.concat([FoodNutrients_Ing_total, t], axis=1)

FoodNutrients_Ing_total = FoodNutrients_Ing_total.fillna(0)


dishes = food_list_total.groupby('Dish',sort=False)['Ingredients'].count()

FoodNutrients = pd.DataFrame(columns=dishes.keys().tolist(),
```

```
                    index=FoodNutrients_Ing.index, )

# sum up nutrients of each ingredient of the dishes
start = 0
for i, column in enumerate(FoodNutrients):

    FoodNutrients[column] = FoodNutrients_Ing_total.iloc[:, start:
 ↪start+dishes[i]].sum(axis=1)
    start = start+dishes[i]

FoodNutrients
```

[11]:

| | Pineapple Fried Rice | \ |
|---|---|---|
| Proximates | 0.000000 | |
| Water | 579.000000 | |
| Energy | 5779.016000 | |
| Protein | 97.712187 | |
| Total lipid (fat) | 58.671900 | |
| … | … | |
| Fatty acids, total trans-polyenoic | 0.000000 | |
| Fluoride, F | 0.000000 | |
| Phytosterols | 0.000000 | |
| Sugars, added | 0.000000 | |
| PUFA 18:3i | 0.000000 | |

| | Basil Eggplant Chicken | \ |
|---|---|---|
| Proximates | 0.000000 | |
| Water | 473.040000 | |
| Energy | 1930.000000 | |
| Protein | 13.541875 | |
| Total lipid (fat) | 2.505600 | |
| … | … | |
| Fatty acids, total trans-polyenoic | 0.000000 | |
| Fluoride, F | 0.000000 | |
| Phytosterols | 7.000000 | |
| Sugars, added | 0.000000 | |
| PUFA 18:3i | 0.000000 | |

| | Pad Kee Mow Chicken | \ |
|---|---|---|
| Proximates | 0.000000 | |
| Water | 513.500000 | |
| Energy | 2170.728000 | |
| Protein | 25.511875 | |
| Total lipid (fat) | 11.285600 | |
| … | … | |
| Fatty acids, total trans-polyenoic | 0.000000 | |
| Fluoride, F | 0.000000 | |

| | |
|---|---|
| Phytosterols | 0.000000 |
| Sugars, added | 0.000000 |
| PUFA 18:3i | 0.000000 |

| | Pad Thai Chicken & Prawns | \ |
|---|---|---|
| Proximates | 0.00 | |
| Water | 474.33 | |
| Energy | 4972.00 | |
| Protein | 102.38 | |
| Total lipid (fat) | 69.83 | |
| … | … | |
| Fatty acids, total trans-polyenoic | 0.00 | |
| Fluoride, F | 0.00 | |
| Phytosterols | 0.00 | |
| Sugars, added | 0.00 | |
| PUFA 18:3i | 0.00 | |

| | Combo Garlic Pepper | Spicy Basil Catfish | \ |
|---|---|---|---|
| Proximates | 0.000000 | 0.000 | |
| Water | 504.290000 | 182.960 | |
| Energy | 6312.480000 | 2656.472 | |
| Protein | 106.594375 | 29.820 | |
| Total lipid (fat) | 73.785000 | 10.750 | |
| … | … | … | |
| Fatty acids, total trans-polyenoic | 0.132000 | 0.024 | |
| Fluoride, F | 0.000000 | 0.000 | |
| Phytosterols | 0.000000 | 7.000 | |
| Sugars, added | 0.000000 | 0.000 | |
| PUFA 18:3i | 0.000000 | 0.000 | |

| | Bibim Bop | Kimchi Soup | \ |
|---|---|---|---|
| Proximates | 0.000000 | 0.000000 | |
| Water | 514.180000 | 450.390000 | |
| Energy | 290094.731627 | 331088.272409 | |
| Protein | 46.090000 | 97.120000 | |
| Total lipid (fat) | 14.040000 | 113.200000 | |
| … | … | … | |
| Fatty acids, total trans-polyenoic | 0.000000 | 0.132000 | |
| Fluoride, F | 41.000000 | 1.100000 | |
| Phytosterols | 0.000000 | 15.000000 | |
| Sugars, added | 0.000000 | 0.000000 | |
| PUFA 18:3i | 0.000000 | 0.000000 | |

| | Galbi Short Rib | Spicy Rice Cake | … | \ |
|---|---|---|---|---|
| Proximates | 0.000000 | 0.000000 | … | |
| Water | 407.910000 | 542.520000 | … | |
| Energy | 363957.609597 | 326442.412815 | … | |

| | | | |
|---|---|---|---|
| Protein | 115.390000 | 32.420000 | … |
| Total lipid (fat) | 95.080000 | 5.040000 | … |
| … | … | … | … |
| Fatty acids, total trans-polyenoic | 0.000000 | 0.000000 | … |
| Fluoride, F | 1.100000 | 6.400000 | … |
| Phytosterols | 767.000000 | 41.000000 | … |
| Sugars, added | 100.000000 | 100.000000 | … |
| PUFA 18:3i | 0.000000 | 0.000000 | … |

| | Veggie Combo | IB's Original(chicken) | \ |
|---|---|---|---|
| Proximates | 0.000000 | 0.000000 | |
| Water | 599.720000 | 497.990000 | |
| Energy | 129317.731131 | 129265.731131 | |
| Protein | 50.160000 | 79.820000 | |
| Total lipid (fat) | 145.610000 | 133.010000 | |
| … | … | … | |
| Fatty acids, total trans-polyenoic | 0.334000 | 0.334000 | |
| Fluoride, F | 2.300000 | 2.300000 | |
| Phytosterols | 45.000000 | 45.000000 | |
| Sugars, added | 0.000000 | 0.000000 | |
| PUFA 18:3i | 0.003000 | 0.003000 | |

| | IB's Original(beef) | IB's Original(lamb) | \ |
|---|---|---|---|
| Proximates | 0.000000 | 0.000000 | |
| Water | 506.390000 | 492.160000 | |
| Energy | 129082.731131 | 129750.731131 | |
| Protein | 71.120000 | 64.280000 | |
| Total lipid (fat) | 132.250000 | 153.180000 | |
| … | … | … | |
| Fatty acids, total trans-polyenoic | 0.334000 | 0.334000 | |
| Fluoride, F | 2.300000 | 2.300000 | |
| Phytosterols | 45.000000 | 45.000000 | |
| Sugars, added | 0.000000 | 0.000000 | |
| PUFA 18:3i | 0.003000 | 0.003000 | |

| | Original Salmon Poke Bowl | \ |
|---|---|---|
| Proximates | 0.000000 | |
| Water | 349.970000 | |
| Energy | 14278.841536 | |
| Protein | 42.170000 | |
| Total lipid (fat) | 81.880000 | |
| … | … | |
| Fatty acids, total trans-polyenoic | 0.000000 | |
| Fluoride, F | 0.000000 | |
| Phytosterols | 0.000000 | |
| Sugars, added | 0.000000 | |
| PUFA 18:3i | 0.000000 | |

| | Firecracker Poke Bowl \ |
|---|---|
| Proximates | 0.000000 |
| Water | 349.370000 |
| Energy | 50999.296902 |
| Protein | 30.610000 |
| Total lipid (fat) | 120.000000 |
| … | … |
| Fatty acids, total trans-polyenoic | 0.000000 |
| Fluoride, F | 1.300000 |
| Phytosterols | 14.000000 |
| Sugars, added | 13.300000 |
| PUFA 18:3i | 0.000000 |

| | Sunset House Poke Bowl \ |
|---|---|
| Proximates | 0.000000 |
| Water | 424.540000 |
| Energy | 42197.319302 |
| Protein | 56.240000 |
| Total lipid (fat) | 71.250000 |
| … | … |
| Fatty acids, total trans-polyenoic | 0.000000 |
| Fluoride, F | 1.300000 |
| Phytosterols | 14.000000 |
| Sugars, added | 13.300000 |
| PUFA 18:3i | 0.000000 |

| | The O.G. Poke Bowl | Goodie Mob Poke Bowl \ |
|---|---|---|
| Proximates | 0.00000 | 0.000000 |
| Water | 336.83000 | 444.350000 |
| Energy | 44274.83239 | 5629.147776 |
| Protein | 44.55000 | 41.900000 |
| Total lipid (fat) | 63.89000 | 13.850000 |
| … | … | … |
| Fatty acids, total trans-polyenoic | 0.00000 | 0.000000 |
| Fluoride, F | 0.00000 | 1.300000 |
| Phytosterols | 0.00000 | 14.000000 |
| Sugars, added | 13.30000 | 0.000000 |
| PUFA 18:3i | 0.00000 | 0.000000 |

| | Wazzup Poke Bowl |
|---|---|
| Proximates | 0.000000 |
| Water | 448.360000 |
| Energy | 5466.693248 |
| Protein | 33.200000 |
| Total lipid (fat) | 46.890000 |
| … | … |

```
Fatty acids, total trans-polyenoic          0.023000
Fluoride, F                                 1.300000
Phytosterols                               14.000000
Sugars, added                               0.000000
PUFA 18:3i                                  0.000000

[144 rows x 23 columns]
```

[12]:
```
# price vector for dishes
Dish_Prices
```

[12]:
```
Dish
Pineapple Fried Rice          2.326666666666666 / hectogram
Basil Eggplant Chicken       1.9074074074074074 / hectogram
Pad Kee Mow Chicken           2.653225806451613 / hectogram
Pad Thai Chicken & Prawns     1.852497096399535 / hectogram
Combo Garlic Pepper          1.8911335578002246 / hectogram
Spicy Basil Catfish          1.8994708994708995 / hectogram
Bibim Bop                     3.021598272138229 / hectogram
Kimchi Soup                  2.7539370078740157 / hectogram
Galbi Short Rib               4.401988636363637 / hectogram
Spicy Rice Cake               1.635846372688478 / hectogram
BBQ Chicken                   2.013888888888889 / hectogram
Cheeseburger                  2.472527472527472 / hectogram
Avogobble sandwich           3.1055900621118013 / hectogram
Veggie Combo                  3.535353535353536 / hectogram
IB's Original(chicken)       2.2569444444444446 / hectogram
IB's Original(beef)          2.2569444444444446 / hectogram
IB's Original(lamb)          2.2569444444444446 / hectogram
Original Salmon Poke Bowl    3.2149155958679763 / hectogram
Firecracker Poke Bowl         6.082272748939414 / hectogram
Sunset House Poke Bowl       2.6790963298899806 / hectogram
The O.G. Poke Bowl           1.7337757450751807 / hectogram
Goodie Mob Poke Bowl         1.7472367368847699 / hectogram
Wazzup Poke Bowl             1.6819438842358623 / hectogram
dtype: object
```

[13]:
```
# construct price vector for ingredients
ing_prices = []
for r in food_list_res:
    food_list = r
    food_list['FDC Quantity'] = food_list[['Quantity','Unit']].T.apply(lambda x␣
 ↪: fdc.units(x['Quantity'],x['Unit']))

    # Now may want to filter df by time or place--need to get a unique set of␣
 ↪food names.
    food_list['FDC Price'] = food_list['Ingredient_Price/100 gm']
```

```
    food_list.dropna(how='any') # Drop food with any missing data

    # To use minimum price observed
    Ingredient_Prices = food_list.groupby('Ingredients',sort=False)['FDC␣
↪Price'].min()
    ing_prices.append(Ingredient_Prices)
```

```
/opt/conda/lib/python3.9/site-packages/pandas/core/dtypes/cast.py:1990:
UnitStrippedWarning: The unit of the quantity is stripped when downcasting to
ndarray.
  result[:] = values
/tmp/ipykernel_80/1380384181.py:5: SettingWithCopyWarning:
A value is trying to be set on a copy of a slice from a DataFrame.
Try using .loc[row_indexer,col_indexer] = value instead

See the caveats in the documentation: https://pandas.pydata.org/pandas-
docs/stable/user_guide/indexing.html#returning-a-view-versus-a-copy
  food_list['FDC Quantity'] = food_list[['Quantity','Unit']].T.apply(lambda x :
fdc.units(x['Quantity'],x['Unit']))
/tmp/ipykernel_80/1380384181.py:8: SettingWithCopyWarning:
A value is trying to be set on a copy of a slice from a DataFrame.
Try using .loc[row_indexer,col_indexer] = value instead

See the caveats in the documentation: https://pandas.pydata.org/pandas-
docs/stable/user_guide/indexing.html#returning-a-view-versus-a-copy
  food_list['FDC Price'] = food_list['Ingredient_Price/100 gm']
```

[14]:
```
# Example: ingredient prices for Poke bar (per 100g)
ing_prices[3]
```

[14]:
```
Ingredients
salmon            2.20
white rice        0.28
sweet onion       0.44
green onion       0.44
kale              0.88
shoyu             1.69
spicy mayo        1.38
ahi tuna          2.36
cucumber          0.88
sweet chili       1.05
house dressing    3.17
edamame           0.56
ponzu             1.90
tofu              0.74
wasabi            8.78
```

```
mayo                0.56
Name: FDC Price, dtype: float64
```

### 1.4 Solution

[15]:
```
from  scipy.optimize import linprog as lp
import numpy as np
import warnings

def␣
 ↪solve_subsistence_problem(FoodNutrients,Prices,dietmin,dietmax,max_weight=None,tol=1e-6):
 ↪
    """Solve Stigler's Subsistence Cost Problem.

    Inputs:
       - FoodNutrients : A pd.DataFrame with rows corresponding to foods,␣
 ↪columns to nutrients.
       - Prices : A pd.Series of prices for different foods
       - diet_min : A pd.Series of DRIs, with index corresponding to columns of␣
 ↪FoodNutrients,
                    describing minimum intakes.
       - diet_max : A pd.Series of DRIs, with index corresponding to columns of␣
 ↪FoodNutrients,
                    describing maximum intakes.
       - max_weight : Maximum weight (in hectograms) allowed for diet.
       - tol : Solution values smaller than this in absolute value treated as␣
 ↪zeros.

    """
    try:
        p = Prices.apply(lambda x:x.magnitude)
    except AttributeError:  # Maybe not passing in prices with units?
        warnings.warn("Prices have no units.  BE CAREFUL!  We're assuming␣
 ↪prices are per hectogram or deciliter!")
        p = Prices

    p = p.dropna()

    # Compile list that we have both prices and nutritional info for; drop if␣
 ↪either missing
    use = p.index.intersection(FoodNutrients.columns)
    p = p[use]

    # Drop nutritional information for foods we don't know the price of,
    # and replace missing nutrients with zeros.
    Aall = FoodNutrients[p.index].fillna(0)
```

```
    #print(Aall)
    # Drop rows of A that we don't have constraints for.
    Amin = Aall.loc[Aall.index.intersection(dietmin.index)]
    #print(dietmin)
    #print(Amin)
    Amin = Amin.reindex(dietmin.index,axis=0)
    #print(dietmin.index)
    #print(Amin)
    idx = Amin.index.to_frame()
    #print(Amin)
    idx['type'] = 'min'
    #print(Amin)
    #Amin.index = pd.MultiIndex.from_frame(idx)
    #dietmin.index = Amin.index



    Amax = Aall.loc[Aall.index.intersection(dietmax.index)]
    Amax = Amax.reindex(dietmax.index,axis=0)
    idx = Amax.index.to_frame()
    idx['type'] = 'max'
    #Amax.index = pd.MultiIndex.from_frame(idx)
    #dietmax.index = Amax.index

    # Minimum requirements involve multiplying constraint by -1 to make <=.
    A = pd.concat([Amin,
                   -Amax])

    b = pd.concat([dietmin,
                   -dietmax]) # Note sign change for max constraints

    # Make sure order of p, A, b are consistent
    A = A.reindex(p.index,axis=1)
    A = A.reindex(b.index,axis=0)

    if max_weight is not None:
        # Add up weights of foods consumed
        A.loc['Hectograms'] = -1
        b.loc['Hectograms'] = -max_weight
    #print(p)
    #print(A)
    #print(b)
    # Now solve problem!  (Note that the linear program solver we'll use assumes
    # "less-than-or-equal" constraints.  We can switch back and forth by
    # multiplying $A$ and $b$ by $-1$.)

    result = lp(p, -A, -b, method='interior-point', options={'presolve': True,
```

```
                                                        'cholesky':False,
                                                        'sym_pos':False,
                                                        'lstsq':True})

    result.A = A
    result.b = b

    if result.success:
        result.diet = pd.Series(result.x,index=p.index)
    else: # No feasible solution?
        warnings.warn(result.message)
        result.diet = pd.Series(result.x,index=p.index)*np.nan

    return result
```

### 1.4.1 Dish-based Solution

[16]:
```
#dish-based result
group = 'F 19-30'
tol = 1e-6

result =␣
 ↪solve_subsistence_problem(FoodNutrients,Dish_Prices,dri_min[group],dri_max[group],tol=tol)

print("Cost of diet for %s is $%4.2f per day.\n" % (group,result.fun))

# Put back into nice series
diet = result.diet

print("\nDiet (in 100s of grams or milliliters):")
print(diet[diet >= tol])  # Drop items with quantities less than precision of␣
 ↪calculation.
print()

tab = pd.DataFrame({"Outcome":np.abs(result.A).dot(diet),"Recommendation":np.
 ↪abs(result.b)})
print("\nWith the following nutritional outcomes of interest:")
print(tab)
print()

print("\nConstraining nutrients are:")
excess = tab.diff(axis=1).iloc[:,1]
print(excess.loc[np.abs(excess) < tol*100].index.tolist())
```

```
Cost of diet for F 19-30 is $5.61 per day.
```

```
Diet (in 100s of grams or milliliters):
Pineapple Fried Rice         0.241899
Basil Eggplant Chicken       0.500536
Pad Thai Chicken & Prawns    1.971385
Cheeseburger                 0.176456
dtype: float64


With the following nutritional outcomes of interest:
                                    Outcome  Recommendation
Nutrition
Energy                          12970.400054          8368.0
Protein                           244.298778            46.0
Fiber, total dietary               30.592201            28.0
Folate, DFE                       693.300183           400.0
Calcium, Ca                      1144.830377          1000.0
Carbohydrate, by difference       198.625688           130.0
Iron, Fe                           23.175260            18.0
Magnesium, Mg                     729.030397           310.0
Niacin                             48.393207            14.0
Phosphorus, P                    2715.994864           700.0
Potassium, K                     4700.000002          4700.0
Riboflavin                          2.504842             1.1
Thiamin                             2.841654             1.1
Vitamin A, RAE                    700.000008           700.0
Vitamin B-12                        3.858840             2.4
Vitamin B-6                         2.827509             1.3
Vitamin C, total ascorbic acid    232.956043            75.0
Vitamin E (alpha-tocopherol)       15.000000            15.0
Vitamin K (phylloquinone)         253.555642            90.0
Zinc, Zn                           26.728344             8.0
Sodium, Na                       1580.312476          2300.0
Energy                          12970.400054         12970.4


Constraining nutrients are:
['Potassium, K', 'Vitamin A, RAE', 'Vitamin E (alpha-tocopherol)', 'Energy']
```

### 1.4.2 Ingredient-based solutions

[18]:
```
# ingredient-based results for each of 4 restaurants
groups = dri_min.columns[1:]

cost_tbl = pd.DataFrame(columns = groups, index = restaurants)
diet_tbl_name = pd.DataFrame(columns = groups, index = restaurants)
diet_tbl = pd.DataFrame(columns = groups, index = restaurants)
nurt_tbl = pd.DataFrame(columns = groups, index = restaurants)
```

```
excess_tbl = pd.DataFrame(columns = groups, index = restaurants)

for group in groups:
    tol = 1e-6
    for i in range(4):
        result =␣
 ↪solve_subsistence_problem(ing_res[i],ing_prices[i],dri_min[group],dri_max[group],tol=tol)

        #results_tbl.loc[restaurants[i], group] = result

        #print("Result for restaurant: " + restaurants[i])
        #print("Cost of diet for %s is $%4.2f per day.\n" % (group,result.fun))

        cost_tbl.loc[restaurants[i], group] = result.fun

        # Put back into nice series
        diet = result.diet

        #print("\nDiet (in 100s of grams or milliliters):")
        #print(diet[diet >= tol])  # Drop items with quantities less than␣
 ↪precision of calculation.
        #print()

        diet_tbl_name.loc[restaurants[i], group] = list(diet[diet >= tol].index)
        diet_tbl.loc[restaurants[i], group] = list(diet[diet >= tol])

        tab = pd.DataFrame({"Outcome":np.abs(result.A).
 ↪dot(diet),"Recommendation":np.abs(result.b)})
        #print("\nWith the following nutritional outcomes of interest:")
        #print(tab)
        #print()

        nurt_tbl.loc[restaurants[i], group] = list(np.abs(result.A).dot(diet))

        #print("\nConstraining nutrients are:")
        excess = tab.diff(axis=1).iloc[:,1]
        #print(excess.loc[np.abs(excess) < tol*100].index.tolist())

        excess_tbl.loc[restaurants[i], group] = list(excess.loc[np.abs(excess)␣
 ↪< tol*100].index.tolist())
```

```
/tmp/ipykernel_80/2046845037.py:22: UserWarning: Prices have no units.  BE
CAREFUL!  We're assuming prices are per hectogram or deciliter!
  warnings.warn("Prices have no units.  BE CAREFUL!  We're assuming prices are
per hectogram or deciliter!")
```

[19]:
```
# table of minimum diets costs by age-sex groups and restaurants
cost_tbl
```

[19]:

| | C 1-3 | F 4-8 | M 4-8 | F 9-13 | M 9-13 | F 14-18 | \ |
|---|---|---|---|---|---|---|---|
| Thai Basil | 4.052806 | 5.681346 | 5.681348 | 7.366037 | 7.347198 | 7.559409 | |
| Ttoust | 3.254694 | 4.524609 | 4.524609 | 5.881514 | 5.88149 | 6.141627 | |
| IB | 5.046551 | 5.973081 | 5.97308 | 6.050696 | 6.050574 | 9.070692 | |
| Poke Bar | 6.377665 | 8.560379 | 8.560379 | 10.494406 | 10.194235 | 12.590013 | |

| | M 14-18 | F 19-30 | M 19-30 | F 31-50 | M 31-50 | F 51+ | \ |
|---|---|---|---|---|---|---|---|
| Thai Basil | 7.889342 | 6.257664 | 6.693508 | 6.257664 | 6.693506 | 7.163111 | |
| Ttoust | 6.160926 | 5.353081 | 5.41441 | 5.353081 | 5.41441 | 5.832565 | |
| IB | 7.207749 | 10.594395 | 7.080005 | 10.594395 | 7.198854 | 6.485626 | |
| Poke Bar | 15.451584 | 12.504119 | 15.451584 | 12.504119 | 15.451586 | 12.504119 | |

| | M 51+ |
|---|---|
| Thai Basil | 6.693506 |
| Ttoust | 5.41441 |
| IB | 7.198853 |
| Poke Bar | 15.451584 |

[20]:
```
# table of minimum cost diet compositions by age-sex groups and restaurants
diet_tbl
# it seems there is a feasible solution for each group-restaurant combination
```

[20]:

| | C 1-3 | \ |
|---|---|---|
| Thai Basil | [1.6535947706889553, 1.3852752287717585, 0.709… | |
| Ttoust | [0.882352925603457, 1.5314822731509792, 0.2748… | |
| IB | [0.12140266060111793, 0.8973065484934414, 2.49… | |
| Poke Bar | [0.2786377700974017, 1.04206165823365, 4.13955… | |

| | F 4-8 | \ |
|---|---|---|
| Thai Basil | [2.1982570758309756, 4.11231494774835, 0.34127… | |
| Ttoust | [1.1764705868476217, 2.551020416219487, 0.4147… | |
| IB | [0.7381884201246615, 0.36265548456224805, 0.60… | |
| Poke Bar | [0.3715170277047409, 0.923279850987226, 6.4896… | |

| | M 4-8 | \ |
|---|---|---|
| Thai Basil | [2.198256851418826, 1.78151173378974e-06, 4.11… | |
| Ttoust | [1.1764705880371733, 2.5510204034365738, 0.414… | |
| IB | [0.7381884087079783, 0.3626555521447387, 0.607… | |
| Poke Bar | [0.37151702781763934, 0.9232798518582935, 6.48… | |

| | F 9-13 | \ |
|---|---|---|
| Thai Basil | [3.3071895265853226, 5.56034958804642, 0.07673… | |
| Ttoust | [1.7647058822237875, 4.591836734301037, 0.4271… | |
| IB | [0.1818589658506171, 0.9773167656717172, 0.555… | |

```
Poke Bar    [0.6315231559302386, 0.8115626100037986, 1.611…

                                                      M 9-13  \
Thai Basil  [3.3071895423056197, 4.722821936295839, 0.1153…
Ttoust      [1.7647058820567403, 4.591836733460813, 0.4222…
IB          [0.18185436510819952, 0.9757250262422656, 0.55…
Poke Bar    [0.593710832494077, 0.7905590873998726, 1.4035…

                                                      F 14-18  \
Thai Basil  [3.8562091513207064, 4.790331164253986, 0.0718…
Ttoust      [2.3529411759875267, 6.632653048006388, 0.1522…
IB          [1.2233763054814664, 1.5757633454140303e-06, 2…
Poke Bar    [1.8430382611738536, 0.8342380454859687, 7.086…

                                                      M 14-18  \
Thai Basil  [4.925740434841197, 0.20758255836004372, 4.847…
Ttoust      [2.352941175766801, 0.038373509910166095, 7.42…
IB          [0.500016788304174, 0.0250903584780613, 1.0265…
Poke Bar    [0.6937842576074815, 0.48377537465033155, 12.9…

                                                      F 19-30  \
Thai Basil  [3.849673202078504, 3.9686114560475874, 0.1365…
Ttoust      [0.899093957300926, 0.2563041354425244, 6.1623…
IB          [1.5156130817038338, 3.8785864810287785, 0.173…
Poke Bar    [1.8802723382680828, 0.8456054989862727, 6.898…

                                                      M 19-30  \
Thai Basil  [4.947712189157788, 1.9233930755712387e-06, 3…
Ttoust      [0.7481425468840616, 0.515229448839125, 6.1869…
IB          [0.5156678917103537, 0.3145205737629059, 1.203…
Poke Bar    [0.6937842973729921, 0.4837754199649512, 12.93…

                                                      F 31-50  \
Thai Basil  [3.849673201126317, 3.968611957532809, 0.13658…
Ttoust      [0.8990940417231688, 0.2563041491157663, 6.162…
IB          [1.5156130812065853, 3.8785864897327436, 0.173…
Poke Bar    [1.8802723187799568, 0.8456055203133529, 6.898…

                                                      M 31-50  \
Thai Basil  [4.94771241775595, 3.8465795947305943, 0.17998…
Ttoust      [0.7481426971027444, 0.5152294766063318, 6.186…
IB          [0.41682131618855045, 0.22160690879455405, 1.0…
Poke Bar    [0.6937844327917748, 0.4837758079467785, 2.984…

                                                        F 51+  \
Thai Basil  [3.8496732024200333, 4.427298237925396, 0.0987…
Ttoust      [2.3529411763500763, 0.05379011503111703, 7.34…
```

```
IB          [0.618548819765312, 0.7183637701965844, 0.6563…
Poke Bar    [1.880272337983991, 0.8456054990230503, 6.8981…
```

```
                                                        M 51+
Thai Basil  [4.947712418235566, 3.8465794220684857, 0.1799…
Ttoust      [0.7481427032552965, 0.5152294773758332, 6.186…
IB          [0.4168214000171779, 0.22160785282771595, 1.01…
Poke Bar    [0.693784262838222, 0.4837754128303332, 12.933…
```

[21]:
```
# table of minimum cost diet nutrients by age-sex groups and restaurants
# saved for reference
nurt_tbl
```

[21]:
```
                                                        C 1-3  \
Thai Basil  [10459.999995221711, 129.5019976253498, 34.722…
Ttoust      [10459.953723745351, 70.15028613355202, 74.786…
IB          [10459.998723757919, 41.30292080187364, 64.805…
Poke Bar    [10459.999993487745, 61.559446143590854, 35.81…

                                                        F 4-8  \
Thai Basil  [10459.999798933926, 148.0204034319321, 43.729…
Ttoust      [10459.998923079153, 84.68608960743502, 86.219…
IB          [10459.999940213434, 66.02795640885225, 70.311…
Poke Bar    [10459.999992769399, 68.45313272332545, 44.659…

                                                        M 4-8  \
Thai Basil  [10459.997362561839, 148.02040123585098, 43.72…
Ttoust      [10459.999978625312, 84.68608968569447, 86.219…
IB          [10459.999994271622, 66.02795565673674, 70.311…
Poke Bar    [10459.999999013782, 68.45313276573496, 44.659…

                                                       F 9-13  \
Thai Basil  [11715.19977423415, 180.38533573952296, 51.190…
Ttoust      [11715.199995352059, 90.10358426177 58, 80.1428…
IB          [11715.199936077588, 64.59512699468041, 70.985…
Poke Bar    [11715.199865684588, 82.17553711592485, 51.465…

                                                       M 9-13  \
Thai Basil  [12551.999993604923, 187.97605590671975, 51.43…
Ttoust      [12551.999976754489, 90.07261058475581, 80.161…
IB          [12551.998074774834, 64.59840709075098, 70.971…
Poke Bar    [12551.99970222906, 83.90854277631367, 51.7795…

                                                      F 14-18  \
Thai Basil  [12970.399993055571, 194.18686472777378, 52.54…
Ttoust      [12970.399980964057, 81.51082052138939, 58.522…
IB          [12970.39988761615, 89.80200217976017, 85.7913…
```

```
Poke Bar    [12970.399999938589, 105.70595888960699, 49.49…

                                                        M 14-18  \
Thai Basil  [12970.399999828469, 199.21876861795843, 51.22…
Ttoust      [12970.399995082578, 74.06760502559081, 48.198…
IB          [11713.816581729156, 73.49162617538681, 81.328…
Poke Bar    [12970.399999852943, 102.05234754739155, 73.92…

                                                        F 19-30  \
Thai Basil  [12970.399992646822, 178.40949632516484, 50.77…
Ttoust      [10247.893539693945, 72.49513357038175, 45.596…
IB          [12970.399998797377, 86.9498591895119, 91.5198…
Poke Bar    [12970.39999791503, 105.8802999677998, 48.7080…

                                                        M 19-30  \
Thai Basil  [12970.398166111434, 182.86940614655921, 48.40…
Ttoust      [10336.15056869431, 69.99744635487859, 41.8438…
IB          [11356.763389280424, 70.45991284831139, 78.935…
Poke Bar    [12970.399995953387, 102.05234729196603, 73.92…

                                                        F 31-50  \
Thai Basil  [12970.399946056566, 178.40949611303526, 50.77…
Ttoust      [10247.87581643742, 72.49513338072387, 45.5962…
IB          [12970.399997146023, 86.94985901816491, 91.519…
Poke Bar    [12970.399629448391, 105.88029803252115, 48.70…

                                                        M 31-50  \
Thai Basil  [12970.399993736613, 182.86941525890563, 48.40…
Ttoust      [10336.14318441441, 69.9974462732341, 41.84380…
IB          [12046.084109374315, 75.22743889530969, 83.184…
Poke Bar    [12970.399910000573, 102.05234644639543, 73.92…

                                                          F 51+  \
Thai Basil  [12970.399996065426, 188.83539023249273, 51.85…
Ttoust      [6694.400002435699, 74.36675287352797, 49.5088…
IB          [10656.800277004537, 69.9291372665744, 68.3051…
Poke Bar    [12970.399999125044, 105.88029996739327, 48.70…

                                                          M 51+
Thai Basil  [12970.399999243304, 182.86941524192605, 48.40…
Ttoust      [10336.143076782753, 69.99744629408036, 41.843…
IB          [12045.958131482006, 75.22744234089875, 83.184…
Poke Bar    [12970.399996687098, 102.05234753231174, 73.92…
```

[22]:
```
# table of minimum cost diet constraining nutrients by age-sex groups and␣
 ↪restaurants
# saved for reference
```

```
excess_tbl
```

[22]:

```
                                                      C 1-3  \
Thai Basil  [Calcium, Ca, Carbohydrate, by difference, Vit…
Ttoust      [Calcium, Ca, Potassium, K, Vitamin B-12, Vita…
IB          [Calcium, Ca, Carbohydrate, by difference, Iro…
Poke Bar    [Carbohydrate, by difference, Potassium, K, Vi…

                                                      F 4-8  \
Thai Basil  [Calcium, Ca, Carbohydrate, by difference, Vit…
Ttoust      [Calcium, Ca, Potassium, K, Vitamin B-12, Vita…
IB          [Calcium, Ca, Carbohydrate, by difference, Iro…
Poke Bar    [Carbohydrate, by difference, Potassium, K, Vi…

                                                      M 4-8  \
Thai Basil  [Calcium, Ca, Carbohydrate, by difference, Vit…
Ttoust      [Calcium, Ca, Potassium, K, Vitamin B-12, Vita…
IB          [Calcium, Ca, Carbohydrate, by difference, Iro…
Poke Bar    [Carbohydrate, by difference, Potassium, K, Vi…

                                                     F 9-13  \
Thai Basil  [Calcium, Ca, Carbohydrate, by difference, Vit…
Ttoust      [Calcium, Ca, Potassium, K, Vitamin B-12, Vita…
IB          [Calcium, Ca, Carbohydrate, by difference, Iro…
Poke Bar    [Carbohydrate, by difference, Phosphorus, P, P…

                                                     M 9-13  \
Thai Basil  [Calcium, Ca, Carbohydrate, by difference, Pot…
Ttoust      [Calcium, Ca, Potassium, K, Vitamin B-12, Vita…
IB          [Calcium, Ca, Carbohydrate, by difference, Iro…
Poke Bar    [Carbohydrate, by difference, Vitamin E (alpha…

                                                    F 14-18  \
Thai Basil  [Calcium, Ca, Carbohydrate, by difference, Pot…
Ttoust      [Calcium, Ca, Potassium, K, Vitamin B-12, Vita…
IB                        [Calcium, Ca, Iron, Fe, Sodium, Na]
Poke Bar    [Carbohydrate, by difference, Vitamin E (alpha…

                                                    M 14-18  \
Thai Basil  [Calcium, Ca, Carbohydrate, by difference, Pot…
Ttoust      [Calcium, Ca, Niacin, Potassium, K, Vitamin B-…
IB          [Calcium, Ca, Carbohydrate, by difference, Iro…
Poke Bar    [Carbohydrate, by difference, Vitamin B-12, Vi…

                                                    F 19-30  \
Thai Basil  [Calcium, Ca, Carbohydrate, by difference, Pot…
Ttoust      [Calcium, Ca, Potassium, K, Vitamin B-12, Vita…
```

```
IB                [Calcium, Ca, Iron, Fe, Sodium, Na, Energy]
Poke Bar     [Carbohydrate, by difference, Potassium, K, Vi…

                                                        M 19-30  \
Thai Basil   [Calcium, Ca, Carbohydrate, by difference, Vit…
Ttoust       [Calcium, Ca, Potassium, K, Vitamin B-12, Vita…
IB           [Carbohydrate, by difference, Magnesium, Mg, T…
Poke Bar     [Carbohydrate, by difference, Vitamin B-12, Vi…

                                                        F 31-50  \
Thai Basil   [Calcium, Ca, Carbohydrate, by difference, Vit…
Ttoust       [Calcium, Ca, Potassium, K, Vitamin B-12, Vita…
IB                 [Calcium, Ca, Iron, Fe, Sodium, Na, Energy]
Poke Bar     [Carbohydrate, by difference, Vitamin E (alpha…

                                                        M 31-50  \
Thai Basil   [Calcium, Ca, Carbohydrate, by difference, Pot…
Ttoust       [Calcium, Ca, Potassium, K, Vitamin B-12, Vita…
IB           [Carbohydrate, by difference, Magnesium, Mg, T…
Poke Bar     [Carbohydrate, by difference, Vitamin B-12, Vi…

                                                          F 51+  \
Thai Basil   [Calcium, Ca, Carbohydrate, by difference, Pot…
Ttoust       [Energy, Calcium, Ca, Potassium, K, Vitamin B-…
IB           [Calcium, Ca, Carbohydrate, by difference, Thi…
Poke Bar     [Carbohydrate, by difference, Potassium, K, Vi…

                                                          M 51+
Thai Basil   [Calcium, Ca, Carbohydrate, by difference, Pot…
Ttoust       [Calcium, Ca, Potassium, K, Vitamin B-12, Vita…
IB           [Carbohydrate, by difference, Magnesium, Mg, T…
Poke Bar     [Carbohydrate, by difference, Vitamin B-12, Vi…
```

## 1.5 Sensitivity of solution

### 1.5.1 Effects of Price Changes on Subsistence Diet Cost

[23]:
```
# examine effects of price change on subsistence diet cost for T-toust, the␣
 ↪cheapest option
# for men and women aged 19-30
import cufflinks as cf
cf.go_offline()

group_pc = ['F 19-30', 'M 19-30']

for group in group_pc:
    scale = [.5,.6,.7,.8,.9,1.,1.1,1.2,1.3,1.4,1.5]
```

```
    cost0 =␣
↪solve_subsistence_problem(ing_res[1],ing_prices[1],dri_min[group],dri_max[group],tol=tol).
↪fun

    Price_response={}
    for s in scale:
        cost = {}
        for i,p in enumerate(ing_prices[1]):
            my_p = ing_prices[1].copy()
            my_p[i] = p*s
            result =␣
↪solve_subsistence_problem(ing_res[1],my_p,dri_min[group],dri_max[group],tol=tol)
            cost[ing_prices[1].index[i]] = np.log(result.fun/cost0)
        Price_response[np.log(s)] = cost

    Price_response = pd.DataFrame(Price_response).T
    Price_response.iplot(xTitle='change in log price',yTitle='change in log␣
↪cost',
                         title ='Effects of Price Changes on Subsistence Diet␣
↪Cost for '+ group + ' (T-Toust)')
```

```
/opt/conda/lib/python3.9/site-packages/geopandas/_compat.py:111: UserWarning:

The Shapely GEOS version (3.10.3-CAPI-1.16.1) is incompatible with the GEOS
version PyGEOS was compiled with (3.10.4-CAPI-1.16.2). Conversions between both
will be slow.


/tmp/ipykernel_80/2046845037.py:22: UserWarning:

Prices have no units.  BE CAREFUL!  We're assuming prices are per hectogram or
deciliter!
```

### 1.5.2 Effects of Price Changes on Subsistence Diet Composition

[24]:
```
# examine effects of price change on subsistence diet cost for T-toust, the␣
↪cheapest option
# for men and women aged 19-30
import cufflinks as cf
cf.go_offline()

ReferenceGood = 'Egg'

group_pc = ['F 19-30', 'M 19-30']
```

```
for group in group_pc:

    scale = [0.5,0.75,0.9,1.,1.1,1.2,1.3,1.4,1.5,2,4]

    cost0 =␣
 ↪solve_subsistence_problem(ing_res[1],ing_prices[1],dri_min[group],dri_max[group],tol=tol).
 ↪fun

    my_p = ing_prices[1].copy()
    diet = {}
    for s in scale:
        my_p[ReferenceGood] = ing_prices[1][ReferenceGood]*s
        result =␣
 ↪solve_subsistence_problem(ing_res[1],my_p,dri_min[group],dri_max[group],tol=tol)
        diet[my_p[ReferenceGood]] = result.diet

    Diet_response = pd.DataFrame(diet).T
    Diet_response.index.name = '%s Price' % ReferenceGood

    Diet_response.reset_index(inplace=True)

    # Get rid of units for index (cufflinks chokes)
    # Diet_response['%s Price' % ReferenceGood] = Diet_response['%s Price' %␣
 ↪ReferenceGood].apply(lambda x: x.magnitude)

    Diet_response = Diet_response.set_index('%s Price' % ReferenceGood)

    # Just look at goods consumed in quantities greater than error tolerance
    Diet_response.loc[:,(Diet_response>tol).sum()>0].iplot(xTitle='%s Price' %␣
 ↪ReferenceGood,yTitle='Hectograms',
                                                           title='Effects of␣
 ↪Price Changes of Eggs on Subsistence Diet Composition for '+group + '␣
 ↪(T-Toust)')
```

```
/tmp/ipykernel_80/2046845037.py:22: UserWarning:

Prices have no units.  BE CAREFUL!  We're assuming prices are per hectogram or
deciliter!
```

### 1.6 Total Cost for Population of Interest

Our population of interest is all UC berkeley students and we assume they are males and females from 19-30. Based on data from UC Berkeley Office of Planning and Analysis(https://opa.berkeley.edu/campus-data/uc-berkeley-quick-facts), there are 23,974 self-reported female students and 20,642 self-reported male students enrolled in Berkeley for Fall 2022.

[25]:
```
#Cost per capita for female and male student
cost_f_1930 = cost_tbl.loc[:,'F 19-30'].min()
cost_m_1930 = cost_tbl.loc[:,'M 19-30'].min()

num_f = 23974
num_m = 20642

#Calculation of total cost for all students
total_cost = cost_f_1930*num_f + cost_m_1930*num_m
total_cost
```

[25]:
```
240099.02962844836
```

### 1.6.1 Total Food Required for Population of Interest

Still, we consider to feed the population by Ttoust, our cheapest option.

[26]:
```
# retrieve saved diet compositions for male and female 19-30
diet_m = diet_tbl.loc['Ttoust', 'M 19-30']
diet_m_name = diet_tbl_name.loc['Ttoust', 'M 19-30']
diet_f = diet_tbl.loc['Ttoust', 'F 19-30']
diet_f_name = diet_tbl_name.loc['Ttoust', 'F 19-30']
```

[28]:
```
# list: Egg, Purple Cabbage, Spinach, Pork, Flour
# Total
egg = diet_m[0]*num_m + diet_f[0]*num_f
pc = diet_m[1]*num_m + diet_f[1]*num_f
spinach = diet_m[2]*num_m + diet_f[2]*num_f
pork = diet_m[3]*num_m + diet_f[3]*num_f
flour = diet_m[4]*num_m + diet_f[4]*num_f
```

[29]:
```
print('We need', egg/10, 'kg of eggs to feed all UC Berkeley students for one␣
 ↪day')
print('We need', pc/10, 'kg of purple cabbage to feed all UC Berkeley students␣
 ↪for one day')
print('We need', spinach/10, 'kg of spinach to feed all UC Berkeley students␣
 ↪for one day')
print('We need', pork/10, 'kg of pork to feed all UC Berkeley students for one␣
 ↪day')
print('We need', flour/10, 'kg of flour to feed all UC Berkeley students for␣
 ↪one day')
```

```
We need 3699.80369851132 kg of eggs to feed all UC Berkeley students for one day
We need 1678.0001626036296 kg of purple cabbage to feed all UC Berkeley students
for one day
We need 27544.590427572606 kg of spinach to feed all UC Berkeley students for
one day
```

```
We need 10349.313552999585 kg of pork to feed all UC Berkeley students for one
day
We need 9622.566477398674 kg of flour to feed all UC Berkeley students for one
day
```