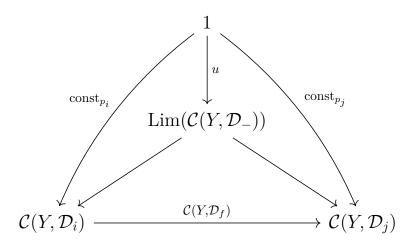
1 Adjoint

Theorem 1.1. Show that the hom-functor preserves limit, that is, for any $Y \in \mathcal{C}$ and diagram \mathcal{D} , we have:

$$\operatorname{Lim}(\mathcal{C}(Y, \mathcal{D}_{-})) \cong \mathcal{C}(Y, \operatorname{Lim} \mathcal{D})$$

Proof. The idea comes from *The Dao of FP* and nlab. We may consider the cone with singleton set as vertex:



where $const_{p_i}$ is the function that takes a morphism $p_i \in C(Y, \mathcal{D}_i)$.

We know there is a one-to-one corresponding between u and the pair $\langle \operatorname{const}_{p_i}, \operatorname{const}_{p_i} \rangle$:

$$[\mathcal{J}, \mathbf{Set}](\Delta_1, \mathcal{C}(Y, \mathcal{D}_-)) \cong \mathbf{Set}(1, \operatorname{Lim}(\mathcal{C}(Y, \mathcal{D}_-)))$$

or we can simplify the equation by defining $F_j = \mathcal{C}(Y, \mathcal{D}_j) : \mathcal{J} \to \mathbf{Set}$.

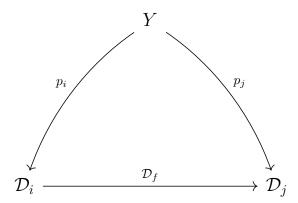
$$[\mathcal{J}, \mathbf{Set}](\Delta_1, F) \cong \mathbf{Set}(1, \operatorname{Lim} F)$$

We may recall that the hom-set maps out from 1 is isomorphic to the target, that is:

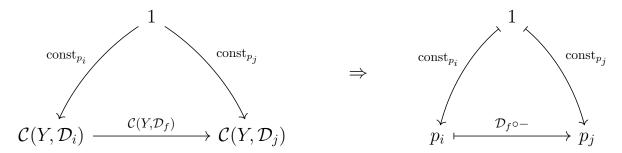
$$\mathbf{Set}(1, \operatorname{Lim} F) \cong \operatorname{Lim} F$$

Similarly, the cone with 1 as vertex is a pair of selection of $C(Y, \mathcal{D}_i)$, it

forms a cone with Y as vertex:



the diagram is indeed commute since



Also we can make a pair of selection of $\mathcal{C}(Y, \mathcal{D}_{-})$ from a cone with Y as vertex.

Then the cone of $\mathcal{C}(Y, \mathcal{D}_{-})$ with vertex 1, is isomorphic to the cone of \mathcal{D}_{-} with vertex Y:

$$[\mathcal{J}, \mathbf{Set}](\Delta_1, F) \cong [\mathcal{J}, \mathcal{C}](\Delta_Y, D)$$

While the later one is naturally isomorphic to the limit of \mathcal{J}_{\bullet} :

$$[\mathcal{J},\mathcal{C}](\Delta_Y,D) \cong \mathcal{C}(Y,\operatorname{Lim} D)$$

Finally, we have:

$$\operatorname{Lim} \mathcal{C}(Y, \mathcal{D}_{-}) \\ \cong \\ \mathbf{Set}(1, \operatorname{Lim}(\mathcal{C}(Y, \mathcal{D}_{-}))) \\ \cong \\ [\mathcal{J}, \mathbf{Set}](\Delta_{1}, \mathcal{C}(Y, \mathcal{D}_{-})) \\ \cong \\ [\mathcal{J}, \mathcal{C}](\Delta_{Y}, D) \\ \cong \\ \mathcal{C}(Y, \operatorname{Lim} D)$$

Dually, we also have:

$$\operatorname{Lim}(\mathcal{C}(\mathcal{D}_{-}, Y)) \cong \mathcal{C}(\operatorname{Colim} \mathcal{D}, Y)$$

1.1 Unit and Counit

Suppose $L \dashv R$, that is, for any $a \in \mathcal{D}$ and $b \in \mathcal{C}$, we have:

$$\mathcal{C}(La,b) \cong \mathcal{D}(a,Rb)$$

If you keep Yoneda trick in mind, you may trying to replace b by La or a by Rb, which produce two morphism:

$$\eta_a: a \to R(La)$$
 $\epsilon_b: L(Rb) \to b$

or we can regard them as natural transformations:

$$\eta: \mathrm{Id} \to R \circ L$$
 $\epsilon: L \circ R \to \mathrm{Id}$

1.2 Back to Adjoint

What condition those unit and counit should hold such that we can construct a adjoint back? Let's see how we can construct a adjoint from unit and counit, suppose $f: La \to b$ a morphism, we need to provide a morphism $a \to Rb$. One obvious way is:

$$a \xrightarrow{\eta_a} RLa \xrightarrow{Rf} Rb$$

Similarly, for given $g: a \to Rb$, we have:

$$La \xrightarrow{Lg} LRb \xrightarrow{\epsilon_b} b$$

Since the adjoint is an isomorphism between hom-set, so if we send the morphism we mapped from f back to C(La, b), it should still be f:

$$\begin{array}{c|c}
La & \xrightarrow{f} & b \\
\downarrow^{L(\eta_a)} & & \uparrow^{\epsilon_b} \\
L(RLa) & \xrightarrow{LRf} & L(Rb)
\end{array}$$

or in symbol:

$$\epsilon_b \circ LRf \circ L\eta_a = f$$

Since ϵ is a natural transformation, we have this diagram commutes:

$$LR(La) \xrightarrow{LR(f)} LR(b)$$

$$\downarrow^{\epsilon_{La}} \qquad \qquad \downarrow^{\epsilon_{b}}$$

$$La \xrightarrow{f} \qquad b$$

Then we can rewrite the equation:

$$f \circ \epsilon_{La} \circ L\eta_a = f$$

or

$$f \circ (\epsilon \cdot L)_a \circ (L \cdot \eta)_a = f$$