








Gym Attackers

- ▶ When you attack a gym, you need to use Pokémon with high DPS, so that your opponent will die fast. Here is an example of team:

Machamp FIGHT	Machamp FIGHT	Raikou ELECTR
		
<ul style="list-style-type: none"> Counter (12) Dynamic Punch (90) 	<ul style="list-style-type: none"> Counter (12) Dynamic Punch (90) 	<ul style="list-style-type: none"> Thunder Shock (5) Wild Charge (90)
Usefull versus		Usefull versus
NORMAL ROCK ICE STEEL DARK		WATER FLYING
Blissey, Chansey, Snorlax, Rhyperior, Melmetal		Vaporeon, Gyarados

Mamoswine ICE GROUND	Giratina (O) GHOST DRAGON	Metagross STEEL PSYCH
		
<ul style="list-style-type: none"> Powder Snow (6) Avalanche (90) 	<ul style="list-style-type: none"> Shadow Claw (9) Shadow Ball (100) 	<ul style="list-style-type: none"> Bullet Punch (9) Meteor Mash (90)
Usefull versus		Usefull versus
GROUND FLYING GRASS DRAGON		ICE ROCK FAIRY
Dragonite, Salamence		Gardevoir, Togekiss

- ▶ Some types are not covered: BUG ELECTR POISON FIRE FIGHT. Note that BUG ELECTR POISON FIRE Pokémon do not have high Effective Health.
- ▶ Metagross can be replaced by a third Machamp.
- ▶ Raikou can be replaced by Electivire or Deoxys (Normal).
- ▶ There are other good counters that could have been mentioned:

Rayquaza DRAGON FLYING	Mewtwo PSYCH	Roserade GRASS POISON	Gardevoir PSYCH FAIRY
			
<ul style="list-style-type: none"> Dragon Tail (15) Outrage (110) Aerial Ace (55) 	<ul style="list-style-type: none"> Psycho Cut (5) Shadow Ball (100) Focus Blast (150) 	<ul style="list-style-type: none"> Razor Leaf (13) Grass Knot (90) Sludge Bomb (80) 	<ul style="list-style-type: none"> Charm (20) Dazzling Gleam

Gym Defenders

- ▶ Take 4 Bulk Pokémon (and avoid taking Pokémon with the same weakness) and 2 High DPS Pokémon.
- ▶ **Bulk Pokémon**: it takes time to kill them.

Blissey

NORMAL



Chansey

NORMAL



Snorlax

NORMAL



Ideal moveset

- Zen Headbutt (12)
- Dazzling Gleam (100)

Ideal moveset

- Zen Headbutt (12)
- Dazzling Gleam (100)

Ideal moveset

- Zen Headbutt (12)
- Heavy Slam (70)

Weakness

FIGHT

FIGHT

FIGHT

Remarks

Blissey is the Pokémon that takes the most time to kill

Chansey makes few damage.

Snorlax realises more damage than Chansey, but it takes less time to kill it.

Milotic

WATER



Vaporeon

WATER



Togekiss

FAIRY FLYING



Ideal moveset

- Waterfall (16)
- Surf (65)

Ideal moveset

- Water Gun (5)
- Aqua Tail (50)

Ideal moveset

- Air Slash (14)
- Dazzling Gleam (100)

Weaknesses

ELECTRA GRASS

ELECTRA GRASS

ELECTRA ICE ROCK POISON STEEL

Remarks

Good water type defender

Similar to Milotic

Togekiss is resistant to FIGHT moves.

Muk

POISON



Muk (A)

POISON DARK



Melmetal

STEEL



Ideal moveset

- Infestation (10)
- Thunder Punch (45)

Ideal moveset

- Poison Jab (10)
- Dark Pulse (80)

Ideal moveset

- Thunder Shock (5)
- Thunderbolt (80)

Weaknesses

GROUND PSYCHIC

GROUND

FIGHT GROUND FIRE

Remarks

Few counters against Muk. Muk is resistant to FIGHT moves.

Solide bulk.

Similar to Snorlax.

Gym Defenders

- **Bulk Pokémon:** it takes time to kill them.

Lapras

WATER ICE



Hippowdon

GROUND



Clefable

FAIRY



Ideal moveset

- ❄ Ice Shard (10)
- ❄ Ice Beam

- 🔥 Fire Fang (11)
- 👊 Body Slam (50)

- 💖 Charm (20)
- 💖 Dazzling Gleam (100)

Weaknesses

ELECTR GRASS FIGHT ROCK

ICE WATER GRASS

STEEL POISON

Remarks

Similar to Snorlax.

Solide bulk.

Similar to Snorlax.

- **High DPS and good Effective Health Pokémon:** they realise high damage if the opponent is not optimised.

Metagross

STEEL PSYCH



Gardevoir

PSYCH FAIRY



Dragonite

DRAGON FLYING



Ideal moveset

- 👊 Zen Headbutt (12)
- 🌠 Meteor Mash (100)

- 💖 Charm (20)
- 💖 Dazzling Gleam (100)

- 🐉 Dragon Tail (15)
- 🐉 Outrage (110)

Weaknesses

GHOST DARK GROUND FIRE

GHOST DARK STEEL

ICE DRAGON ROCK FAIRY

Remarks

High DPS, Metagross realises lot of damage

Gardevoir is resistant to FIGHT moves.

High DPS

- **Low Cost Pokemon:** they realise low damage, but take time to kill them.

Azumarill

WATER FAIRY



Drapion

DARK POISON



Crobat

POISON FLYING



Ideal moveset

- 💧 Bubble (12)
- 💖 Play Rough (90)

- 🐛 Infestation (10)
- 💧 Aqua Tail (50)

- 🐉 Air Slash (14)
- 💧 Sludge Bomb (80)

Weaknesses

ELECTR GRASS POISON

GROUND

ICE ELECTR ROCK PSYCH