

Gym Attackers

- ▶ When you attack a gym, you need to use Pokémon with high DPS, so that your opponent will die fast. Here is an example of team:

Machamp

FIGHT



- Counter (12)
- Dynamic Punch (90)

Machamp

FIGHT



- Counter (12)
- Dynamic Punch (90)

Raikou

ELECTR



- Thunder Shock (5)
- Wild Charge (90)

Usefull versus

NORMAL ROCK ICE STEEL DARK

Blissey, Chansey, Snorlax, Rhyperior, Melmetal

Usefull versus

WATER FLYING

Vaporeon, Gyarados

Mamoswine

ICE GROUND



- Powder Snow (6)
- Avalanche (90)

Usefull versus

GROUND FLYING GRASS DRAGON

Dragonite, Salamence

Giratina (O)

GHOST DRAGON



- Shadow Claw (9)
- Shadow Ball (100)

Usefull versus

GHOST PSYCHIC

Gardevoir, Espeon

Metagross

STEEL PSYCHIC



- Bullet Punch (9)
- Meteor Mash (90)

Usefull versus

ICE ROCK FAIRY

Gardevoir, Togekiss

- ▶ Some types are not covered: **BUG** **ELECTR** **POISON** **FIRE** **FIGHT**. Note that **BUG** **ELECTR** **POISON** **FIRE** Pokémon do not have high Effective Health.
- ▶ Metagross can be replaced by a third Machamp.
- ▶ Raikou can be replaced by Electivire or Deoxys (Normal).
- ▶ There are other good counters that could have been mentioned:

Rayquaza

DRAGON FLYING



Mewtwo

PSYCHIC



Roserade

GRASS POISON



Gardevoir

PSYCHIC FAIRY



- Dragon Tail (15)
- Outrage (110)
- Aerial Ace (55)
- Psycho Cut (5)
- Shadow Ball (100)
- Focus Blast (150)
- Razor Leaf (13)
- Grass Knot (90)
- Sludge Bomb (80)
- Charm (20)
- Dazzling Gleam

Gym Defenders

- ▶ Take 4 Bulk Pokémon (and avoid taking Pokémon with the same weakness) and 2 High DPS Pokémon.
- ▶ **Bulk Pokémon**: it takes time to kill them.

Blissey

NORMAL



Chansey

NORMAL



Snorlax

NORMAL



Ideal moveset

- Zen Headbutt (12)
- Dazzling Gleam (100)

Ideal moveset

- Zen Headbutt (12)
- Dazzling Gleam (100)

Ideal moveset

- Zen Headbutt (12)
- Heavy Slam (70)

Weakness

FIGHT

FIGHT

FIGHT

Remarks

Blissey is the Pokémon that takes the most time to kill

Chansey makes few damage.

Snorlax realises more damage than Chansey, but it takes less time to kill it.

Milotic

WATER



Vaporeon

WATER



Togekiss

FAIRY FLYING



Ideal moveset

- Waterfall (16)
- Surf (65)

Ideal moveset

- Water Gun (5)
- Aqua Tail (50)

Ideal moveset

- Air Slash (14)
- Dazzling Gleam (100)

Weaknesses

ELECTRIC GRASS

ELECTRIC GRASS

ELECTRIC ICE ROCK POISON STEEL

Remarks

Good water type defender

Similar to Milotic

Togekiss is resistant to FIGHT moves.

Muk

POISON



Muk (A)

POISON DARK



Melmetal

STEEL



Ideal moveset

- Infestation (10)
- Thunder Punch (45)

Ideal moveset

- Poison Jab (10)
- Dark Pulse (80)

Ideal moveset

- Thunder Shock (5)
- Thunderbolt (80)

Weaknesses

GROUND PSYCHIC

GROUND

FIGHT GROUND FIRE

Remarks

Few counters against Muk. Muk is resistant to FIGHT moves.

Solide bulk.

Similar to Snorlax.

Gym Defenders

- **Bulk Pokémon:** it takes time to kill them.

Lapras

WATER ICE



Hippowdon

GROUND



Clefable

FAIRY



Ideal moveset

- ❄ Ice Shard (10)
- ❄ Ice Beam

- 🔥 Fire Fang (11)
- 👊 Body Slam (50)

- 💖 Charm (20)
- 💖 Dazzling Gleam (100)

Weaknesses

ELECTR GRASS FIGHT ROCK

ICE WATER GRASS

STEEL POISON

Remarks

Similar to Snorlax.

Solide bulk.

Similar to Snorlax.

- **High DPS and good Effective Health Pokémon:** they realise high damage if the opponent is not optimised.

Metagross

STEEL PSYCH



Gardevoir

PSYCH FAIRY



Dragonite

DRAGON FLYING



Ideal moveset

- 👊 Zen Headbutt (12)
- 🌠 Meteor Mash (100)

- 💖 Charm (20)
- 💖 Dazzling Gleam (100)

- 🐉 Dragon Tail (15)
- 🐉 Outrage (110)

Weaknesses

GHOST DARK GROUND FIRE

GHOST DARK STEEL

ICE DRAGON ROCK FAIRY

Remarks

High DPS, Metagross realises lot of damage

Gardevoir is resistant to FIGHT moves.

High DPS

- **Low Cost Pokemon:** they realise low damage, but take time to kill them.

Azumarill

WATER FAIRY



Drapion

DARK POISON



Crobat

POISON FLYING



Ideal moveset

- 💧 Bubble (12)
- 💖 Play Rough (90)

- 🐛 Infestation (10)
- 💧 Aqua Tail (50)

- 🐉 Air Slash (14)
- 💧 Sludge Bomb (80)

Weaknesses

ELECTR GRASS POISON

GROUND

ICE ELECTR ROCK PSYCH