










Gym Attackers

- ▶ When you attack a gym, you need to use Pokémon with high DPS, so that your opponent will die fast. Here is an example of team:

Machamp FIGHT	Machamp FIGHT	Raikou ELECTR
		
<ul style="list-style-type: none"> Counter (12) Dynamic Punch (90) 	<ul style="list-style-type: none"> Counter (12) Dynamic Punch (90) 	<ul style="list-style-type: none"> Thunder Shock (5) Wild Charge (90)
Usefull versus		Usefull versus
NORMAL ROCK ICE STEEL DARK		WATER FLYING
Blissey, Chansey, Snorlax, Rhyperior, Melmetal		Vaporeon, Gyarados

Mamoswine ICE GROUND	Giratina (O) GHOST DRAGON	Metagross STEEL PSYCHC
		
<ul style="list-style-type: none"> Powder Snow (6) Avalanche (90) 	<ul style="list-style-type: none"> Shadow Claw (9) Shadow Ball (100) 	<ul style="list-style-type: none"> Bullet Punch (9) Meteor Mash (90)
Usefull versus		Usefull versus
GROUND FLYING GRASS DRAGON		ICE ROCK FAIRY
Dragonite, Salamence		Gardevoir, Togekiss

- ▶ Some types are not covered: BUG ELECTR POISON FIRE FIGHT. Note that BUG ELECTR POISON FIRE Pokémon do not have high Effective Health.
- ▶ Metagross can be replaced by a third Machamp.
- ▶ Raikou can be replaced by Electivire or Deoxys (Normal).
- ▶ There are other good counters that could have been mentioned:

Rayquaza DRAGON FLYING	Mewtwo PSYCHC	Roserade GRASS POISON	Weavile DARK ICE
			
<ul style="list-style-type: none"> Dragon Tail (15) Outrage (110) Aerial Ace (55) 	<ul style="list-style-type: none"> Psycho Cut (5) Shadow Ball (100) Focus Blast (150) 	<ul style="list-style-type: none"> Razor Leaf (13) Grass Knot (90) Sludge Bomb (80) 	<ul style="list-style-type: none"> Feint Attack Foul Play Avalanche

Gym Defenders

- ▶ Take 4 Bulk Pokémon (and avoid taking Pokémon with the same weakness) and 2 High DPS Pokémon.
- ▶ **Bulk Pokémon**: it takes time to kill them.

Blissey

NORMAL



Chansey

NORMAL



Snorlax

NORMAL



Ideal moveset

- Zen Headbutt (12)
- Dazzling Gleam (100)

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- Zen Headbutt (12)
- Dazzling Gleam (100)

Ideal moveset

- Zen Headbutt (12)
- Heavy Slam (70)

Weakness

FIGHT

FIGHT

FIGHT

Remarks

Blissey is the Pokémon that takes the most time to kill

Chansey makes few damage.

Snorlax realises more damage than Chansey, but it takes less time to kill it.

Milotic

WATER



Vaporeon

WATER



Togekiss

FAIRY FLYING



Ideal moveset

- Waterfall (16)
- Surf (65)

Ideal moveset

- Water Gun (5)
- Aqua Tail (50)

Ideal moveset

- Air Slash (14)
- Dazzling Gleam (100)

Weaknesses

ELECTRIC GRASS

ELECTRIC GRASS

ELECTRIC ICE ROCK POISON STEEL

Remarks

Good water type defender

Similar to Milotic

Togekiss is resistant to FIGHT moves.

Muk

POISON



Muk (A)

POISON DARK



Melmetal

STEEL



Ideal moveset

- Infestation (10)
- Thunder Punch (45)

Ideal moveset

- Poison Jab (10)
- Dark Pulse (80)

Ideal moveset

- Thunder Shock (5)
- Thunderbolt (80)

Weaknesses

GROUND PSYCHIC

GROUND

FIGHT GROUND FIRE

Remarks

Few counters against Muk. Muk is resistant to FIGHT moves.

Solide bulk.

Similar to Snorlax.

Gym Defenders

- **Bulk Pokémon:** it takes time to kill them.

Lapras

WATER ICE



Hippowdon

GROUND



Clefable

FAIRY



Ideal moveset
 ❄️ Ice Shard (10)
 ❄️ Ice Beam

🔥 Fire Fang (11)
 🥊 Body Slam (50)

👊 Zen Headbutt (12)
 ✨ Dazzling Gleam (100)

Weaknesses
 ⚡ ELECTRIC 🌿 GRASS 🥊 FIGHT 🪨 ROCK

❄️ ICE 💧 WATER 🌿 GRASS

🛡️ STEEL ☠️ POISON

Remarks Similar to Snorlax.

Solide bulk.

Similar to Snorlax.

- **High DPS and good Effective Health Pokémon:** they realise high damage if the opponent is not optimised.

Metagross

🛡️ STEEL 🧠 PSYCHIC



Gardevoir

🧠 PSYCHIC ✨ FAIRY



Dragonite

🐉 DRAGON 🕊️ FLYING



Ideal moveset
 👊 Zen Headbutt (12)
 🌠 Meteor Mash (100)

👊 Confusion (20)
 ✨ Dazzling Gleam (100)

🐉 Dragon Tail (15)
 🐉 Outrage (110)

Weaknesses
 👻 GHOST 🌑 DARK 🌿 GRASS 🔥 FIRE

👻 GHOST 🌑 DARK 🛡️ STEEL

❄️ ICE 🐉 DRAGON 🪨 ROCK ✨ FAIRY

Remarks High DPS, Metagross realises lot of damage

Gardevoir is resistant to 🥊 FIGHT moves.

High DPS

- **Low Cost Pokemon:** they realise low damage, but take time to kill them.

Azumarill

WATER ✨ FAIRY



Drapion

🌑 DARK ☠️ POISON



Crobat

☠️ POISON 🕊️ FLYING



Ideal moveset
 💧 Bubble (12)
 ✨ Play Rough (90)

🐛 Infestation (10)
 💧 Aqua Tail (50)

🕊️ Air Slash (14)
 ☠️ Sludge Bomb (80)

Weaknesses
 ⚡ ELECTRIC 🌿 GRASS ☠️ POISON

GROUND

❄️ ICE ⚡ ELECTRIC 🪨 ROCK 🧠 PSYCHIC