

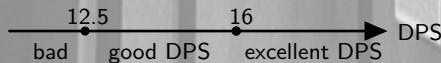
► Relevant types:

**FIGHT**  **GHOST** **DARK** **DRAGON** **ICE** **ROCK** **GROUND** **ELECTR** **GRASS** **WATER**  **FIRE** **STEEL** **Fairy**

► Not Relevant types:

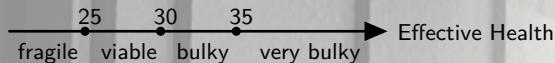
**PSYCHC** **FLYING** **Poison** **BUG** **NORMAL**

- Pokémons with barred names mean that there are either not still available in the game, or that it is worthwhile to wait a Community Day before evolving it.
- Moves with symbol † are legacy and unavailable.
- 🌟 means that the Pokémon can mega-evolve at generation 6.
- Neutral DPS, Effective Health, and TDO are computed for Pokémons at level 40, with perfect IVs.
- **Neutral DPS** (Damage per Second) represents how much damage a Pokémon can make in a second. It depends on:
  - the Pokémon's attack stat at level 40 (base ATK + ATK IV)  $\times 0.7903$ ,
  - the Pokémon's fast and charged moves (they define the damage and the necessary energy for realising the damage). The fast move generates energy used to launch the charged move.
  - the "Same Type Attack Bonus" (STAB, 20% damage boost of a move when it is the same type as one of the types of the Pokémon using the move).



- The **Effective Health** (EH) defines the bulkiness of a Pokémon. At level 40, it is computed via the formula:

$$EH = (\text{base DEF} + \text{DEF IV}) \times (\text{base HP} + \text{HP IV}) \times \frac{0.7903^2}{900}$$



- **TDO** (Total Damage Output) represents how much damage a Pokémon can make before it faints. It is computed via the formula:

$$TDO = DPS \times EH$$

► **Base statistics and moves**

[▶ Base Statistics](#)

[▶ Base Statistics for generations 5 to 7](#)

► **Simulators**

[▶ Comprehensive DPS/TDO spreadsheet](#)

[▶ Pokébattler Raid simulator](#)

► **Sheets "Best Pokémons in the game"**

# Fighting

## Machamp

**FIGHT**

ATK	234	<div style="width: 70%;">█</div>	DPS	16.21	<div style="width: 10%;">█</div>
DEF	159	<div style="width: 50%;">█</div>	Health	26.81	<div style="width: 10%;">█</div>
HP	207	<div style="width: 100%;">█</div>	TDO	434.6	<div style="width: 10%;">█</div>
Moves	● Counter (12) ● Dynamic Punch (90)		Remarks	Machamp is the best <b>FIGHT</b> type Pokémon until gen 5	
Weak to	<b>PSYCHIC</b> <b>Fairy</b> <b>Flying</b>				

## Hariyama

**FIGHT**

ATK	209	<div style="width: 70%;">█</div>	DPS	15.19	<div style="width: 10%;">█</div>
DEF	114	<div style="width: 50%;">█</div>	Health	28.38	<div style="width: 10%;">█</div>
HP	302	<div style="width: 100%;">█</div>	TDO	431.1	<div style="width: 10%;">█</div>
Moves	● Counter (12) ● Dynamic Punch (90)		Remarks	Bulkier, less DPS	
Weak to	<b>PSYCHIC</b> <b>Fairy</b> <b>Flying</b>				

### ► Other alternatives

- **Breloom** (more DPS than Machamp, but very low Health),
- **Mewtwo** (with Focus Blast, DPS: 13.64, good Health, and not weak to **PSYCHIC** moves)

### ► Generation 5 competitor

- **Conkeldurr** (higher DPS&TDO than Machamp)

This type is useful versus **NORMAL** **DARK** **ICE** **STEEL** **ROCK** and versus the following raid bosses:



# Ghost

## Giratina (O)



GHOST DRAGON

ATK	225	███████
DEF	187	██████
HP	284	██████████
Moves	Shadow Claw (9) Shadow Ball (100)	
Weak to	ICE FAIRY DRAGON GHOST DARK	

DPS	15.81	██████
Health	41.91	██████████
TDO	662.8	██████████
Remarks	Its amazing bulk and moves make it the GHOST King.	

## Gengar



GHOST POISON

ATK	261	██████████
DEF	149	██████
HP	155	██████
Moves	Lick†(5) Shadow Ball (100)	
Weak to	PSYCHIC GHOST DARK GROUND	

DPS	18.11	██████
Health	19.35	██████
TDO	350.4	██████████
Remarks	Very fragile. Do not use against counters with PSYCHIC moves.	

## Mewtwo



PSYCHIC

ATK	300	██████████
DEF	182	██████
HP	214	██████
Moves	Psycho Cut (5) Shadow Ball (100)	
Weak to	GHOST DARK BUG	

DPS	15.23	██████
Health	31.31	██████
TDO	476.9	██████████
Remarks	Worse Giratina. Note that DPS has been corrected for PSYCHIC opponents.	

### ► Generation 5 competitor

- Chandelure (more DPS&TDO than Gengar, no PSYCHIC weakness, but still fragile)

This type is useful versus PSYCHIC GHOST and versus the following raid bosses:



# Dark

## Darkrai



DARK

ATK	285	
DEF	198	
HP	172	
Moves	<ul style="list-style-type: none"><li>• Snarl (12)</li><li>• Shadow Ball (100)</li></ul>	

DPS 16.8

Health 27.64

TDO 464.4

Remarks Best DARK type Pokémon.

Weak to

## Tyranitar



ROCK DARK

ATK	251	
DEF	207	
HP	225	
Moves	<ul style="list-style-type: none"><li>• Bite (6)</li><li>• Crunch (70)</li></ul>	

DPS 14.28

Health 36.97

TDO 527.8

Remarks Bulkier, less DPS.

Weak to

## Weavile



DARK ICE

ATK	243	
DEF	171	
HP	172	
Moves	<ul style="list-style-type: none"><li>• Feint Attack (10)</li><li>• Foul Play (70)</li></ul>	

DPS 15.13

Health 24.14

TDO 365.1

Remarks Its typing makes it useful versus ICE moves.

Weak to

### ► Generation 5 competitors

- Hydreigon (similar to Tyranitar)
- Zoroark (as fragile as Weavile)

This type is useful versus PSYCHIC GHOST and versus the following raid bosses:



# Dragon

## Rayquaza



DRAGON FLYING

ATK	284		DPS	18.68	
DEF	170		Health	29.27	
HP	213		TDO	546.8	
Moves	Dragon Tail (15) Outrage (110)		Remarks	Rayquaza faces heavy competition.	
Weak to	   				

## Salamence



DRAGON FLYING

ATK	277		DPS	18.27	
DEF	168		Health	29.33	
HP	216		TDO	535.9	
Moves	Dragon Tail (15) Outrage <sup>†</sup> (110)		Remarks	Similar to Rayquaza, less DPS.	
Weak to	   				

## Palkia



DRAGON WATER

ATK	280		DPS	17.91	
DEF	215		Health	32.56	
HP	189		TDO	583.2	
Moves	Dragon Tail (15) Draco Meteor (150)		Remarks	Double resistance to  and  moves.	
Weak to	 				

## Dragonite



DRAGON FLYING

ATK	263		DPS	17.23	
DEF	198		Health	33.11	
HP	209		TDO	570.5	
Moves	Dragon Tail (15) Outrage (110)		Remarks	Worse Rayquaza.	
Weak to	   				

## Dialga



STEEL DRAGON

ATK	275		DPS	17.09	
DEF	211		Health	34.51	
HP	205		TDO	589.7	
Moves	Dragon Breath (6) Draco Meteor (150)		Remarks	No  weakness.	
Weak to	 				

### Other alternatives

- **Garchomp** (same DPS as Dragonite, but more TDO). More interesting with moves.
- **Latios** (less DPS than Dialga, but 3-bar charged move (Dragon Claw))

### Generation 5 competitors

- **Haxorus** (more fragile than Rayquaza),
- **Zekrom, Reshiram** (same DPS as Salamence, but more TDO)

This type is useful versus and versus the following raid bosses:



# Ice



## Mamoswine

ICE
GROUND


ATK	247	<div style="width: 100%; background-color: red;"></div>	DPS	16.02	<div style="width: 100%; background-color: black;"></div>
DEF	146	<div style="width: 100%; background-color: blue;"></div>	Health	28.72	<div style="width: 100%; background-color: black;"></div>
HP	242	<div style="width: 100%; background-color: green;"></div>	TDO	459.9	<div style="width: 100%; background-color: black;"></div>
Moves	<span style="color: green;">✿</span> Powder Snow (6) <span style="color: green;">✿</span> Avalanche (90)		Remarks	The undisputed <span style="background-color: #00aaff; color: white; padding: 2px 5px;">ICE</span> King.	
Weak to	<span style="background-color: #ff8c00; color: white; padding: 2px 5px;">FIGHT</span> <span style="background-color: #ff4500; color: white; padding: 2px 5px;">FIRE</span> <span style="background-color: #8c564b; color: white; padding: 2px 5px;">STEEL</span> <span style="background-color: #8c564b; color: white; padding: 2px 5px;">WATER</span> <span style="background-color: #8c564b; color: white; padding: 2px 5px;">GRASS</span>				

## Glaceon

ICE


ATK	238	<div style="width: 100%; background-color: red;"></div>	DPS	15.08	<div style="width: 100%; background-color: black;"></div>
DEF	205	<div style="width: 100%; background-color: blue;"></div>	Health	27.18	<div style="width: 100%; background-color: black;"></div>
HP	163	<div style="width: 100%; background-color: green;"></div>	TDO	409.7	<div style="width: 100%; background-color: black;"></div>
Moves	<span style="color: green;">✿</span> Frost Breath (10) <span style="color: green;">✿</span> Avalanche (90)		Remarks	Inferior to Mamoswine.	
Weak to	<span style="background-color: #ff8c00; color: white; padding: 2px 5px;">FIGHT</span> <span style="background-color: #ff4500; color: white; padding: 2px 5px;">FIRE</span> <span style="background-color: #8c564b; color: white; padding: 2px 5px;">STEEL</span> <span style="background-color: #8c564b; color: white; padding: 2px 5px;">ROCK</span>				

## Weavile

DARK
ICE


ATK	243	<div style="width: 100%; background-color: red;"></div>	DPS	15.34	<div style="width: 100%; background-color: black;"></div>
DEF	171	<div style="width: 100%; background-color: blue;"></div>	Health	24.14	<div style="width: 100%; background-color: black;"></div>
HP	172	<div style="width: 100%; background-color: green;"></div>	TDO	370.1	<div style="width: 100%; background-color: black;"></div>
Moves	<span style="color: green;">✿</span> Ice Shard (12) <span style="color: green;">✿</span> Avalanche (90)		Remarks	Similar to Glaceon.	
Weak to	<span style="background-color: #ff8c00; color: white; padding: 2px 5px;">FIGHT</span> <span style="background-color: #ff4500; color: white; padding: 2px 5px;">FIRE</span> <span style="background-color: #8c564b; color: white; padding: 2px 5px;">BUG</span> <span style="background-color: #8c564b; color: white; padding: 2px 5px;">FIRE</span> <span style="background-color: #8c564b; color: white; padding: 2px 5px;">STEEL</span> <span style="background-color: #8c564b; color: white; padding: 2px 5px;">ROCK</span>				

## Mewtwo

PSYCHIC


ATK	300	<div style="width: 100%; background-color: red;"></div>	DPS	13.41	<div style="width: 100%; background-color: black;"></div>
DEF	182	<div style="width: 100%; background-color: blue;"></div>	Health	31.31	<div style="width: 100%; background-color: black;"></div>
HP	214	<div style="width: 100%; background-color: green;"></div>	TDO	419.9	<div style="width: 100%; background-color: black;"></div>
Moves	<span style="color: red;">✿</span> Psycho Cut (5) <span style="color: green;">✿</span> Ice Beam (90)		Remarks	Bulky, less DPS. Interesting versus Groudon. Note that DPS has been corrected.	
Weak to	<span style="background-color: #8c564b; color: white; padding: 2px 5px;">GHOST</span> <span style="background-color: #8c564b; color: white; padding: 2px 5px;">DARK</span> <span style="background-color: #8c564b; color: white; padding: 2px 5px;">BUG</span>				

### ► Generation 5 competitor

► Kyurem (same DPS as Mamoswine, but slightly bulkier with the DRAGON weakness)

This type is useful versus DRAGON FLYING GRASS GROUND and versus the following raid bosses:



# Rock

## Rampardos

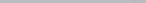
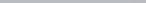
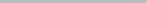


ATK	<b>295</b>	DPS	<b>18.41</b>
DEF	<b>109</b>	Health	<b>20.14</b>
HP	<b>219</b>	TDO	<b>370.8</b>
Moves	<ul style="list-style-type: none"> <li>● Smack Down (16)</li> <li>● Rock Slide (80)</li> </ul>	Remarks	Bulkier, less DPS.
Weak to	<span>WATER</span> <span>GRASS</span> <span>GROUND</span>		
ATK	<b>251</b>	DPS	<b>14.41</b>
DEF	<b>207</b>	Health	<b>36.97</b>
HP	<b>225</b>	TDO	<b>532.6</b>
Moves	<ul style="list-style-type: none"> <li>● Smack Down<sup>†</sup>(16)</li> <li>● Stone Edge (100)</li> </ul>	Remarks	Great bulk and good DPS.
Weak to	<span>FIGHT</span> <span>Fairy</span> <span>BUG</span> <span>WATER</span> <span>GRASS</span> <span>STEEL</span> <span>GROUND</span>		

## Rhyperior



GROUND ROCK

ATK	 241	DPS	 13.98
DEF	 190	Health	 37.84
HP	 251	TDO	 529
Moves	<ul style="list-style-type: none"> <li>◆ Smack Down (16)</li> <li>◆ Stone Edge (100)</li> </ul>	Remarks	<p>Less DPS than Tyranitar.</p> <p>Potential Community Day.</p>
Weak to	<span style="border: 1px solid black; padding: 2px;">WATER</span> <span style="border: 1px solid black; padding: 2px;">GRASS</span> <span style="border: 1px solid black; padding: 2px;">GROUND</span> <span style="border: 1px solid black; padding: 2px;">FIGHT</span> <span style="border: 1px solid black; padding: 2px;">STEEL</span> <span style="border: 1px solid black; padding: 2px;">ICE</span>		

#### ► Generation 5 competitors

- ▶ **Archeops** (as fragile as Rampardos)
  - ▶ **Terrakion** (as bulky as Tyranitar, but more DPS)

This type is useful versus **FLYING**, **FIRE**, **ICE**, **BUG** and versus the following raid bosses:



# Ground

## Groudon



GROUND

ATK	270	<div style="width: 100%;">██████████</div>	DPS	13.96	<div style="width: 100%;">██████████</div>
DEF	228	<div style="width: 80%;">███████████</div>	Health	37.10	<div style="width: 80%;">███████████</div>
HP	205	<div style="width: 100%;">██████████</div>	TDO	517.8	<div style="width: 100%;">██████████</div>
Moves	• Mud Shot (5) • Earthquake (120)		Remarks	The GROUND King, now in competition with Garchomp.	
Weak to	<div style="display: flex; justify-content: space-around;"><span>WATER</span><span>GRASS</span><span>ICE</span></div>				

## Garchomp



DRAGON GROUND

ATK	261	<div style="width: 100%;">██████████</div>	DPS	13.67	<div style="width: 100%;">██████████</div>
DEF	193	<div style="width: 60%;">███████████</div>	Health	36.66	<div style="width: 100%;">██████████</div>
HP	239	<div style="width: 100%;">██████████</div>	TDO	501.2	<div style="width: 100%;">██████████</div>
Moves	• Mud Shot (5) • Earthquake (120)		Remarks	Potential Community Day.	
Weak to	<div style="display: flex; justify-content: space-around;"><span>ICE</span><span>FIRE</span><span>DRAGON</span></div>				

## Rhyperior



GROUND ROCK

ATK	241	<div style="width: 100%;">██████████</div>	DPS	12.66	<div style="width: 100%;">██████████</div>
DEF	190	<div style="width: 60%;">███████████</div>	Health	37.84	<div style="width: 100%;">██████████</div>
HP	251	<div style="width: 100%;">██████████</div>	TDO	478.9	<div style="width: 100%;">██████████</div>
Moves	• Mud Slap (15) • Earthquake (120)		Remarks	Inferior to Groudon. Potential Community Day.	
Weak to	<div style="display: flex; justify-content: space-around;"><span>WATER</span><span>GRASS</span><span>GROUND</span><span>FIGHT</span><span>STEEL</span><span>ICE</span></div>				

## Mamoswine



ICE GROUND

ATK	247	<div style="width: 100%;">██████████</div>	DPS	13.12	<div style="width: 100%;">██████████</div>
DEF	146	<div style="width: 40%;">███████████</div>	Health	28.72	<div style="width: 40%;">███████████</div>
HP	242	<div style="width: 100%;">██████████</div>	TDO	376.8	<div style="width: 100%;">██████████</div>
Moves	• Mud Slap (15) • Earthquake (120)		Remarks	Good DPS, with 2-bar charged move.	
Weak to	<div style="display: flex; justify-content: space-around;"><span>FIGHT</span><span>FIRE</span><span>STEEL</span><span>WATER</span><span>GRASS</span></div>				

### ► Generation 5 competitors

- Landorus (as good as Garchomp)
- Excadrill

This type is useful versus STEEL ELECTRIC POISON ROCK and versus the following raid bosses:



# Electric

## Raikou



ELECTRIC

ATK	241	███████	DPS	16.13	██████████
DEF	195	████████	Health	32.36	██████████
HP	207	████████	TDO	522	██████████
Moves		Thunder Shock (5) Wild Charge (90)	Remarks	Balance stats: great DPS and TDO.	
Weak to		GROUND			

## Magnezone



ELECTRIC STEEL

ATK	238	██████████	DPS	15.68	██████████
DEF	205	████████	Health	28.55	██████████
HP	172	██████	TDO	447.6	██████████
Moves		Spark (6) Wild Charge (90)	Remarks	Tons of resistance, giving a high TDO when exploited.	
Weak to		GROUND FIGHT FIRE			

## Electivire



ELECTRIC

ATK	249	██████████	DPS	16.74	██████████
DEF	163	████████	Health	24.21	██████████
HP	181	████████	TDO	405.2	██████████
Moves		Thunder Shock (5) Wild Charge (90)	Remarks	Amazing DPS, but fragile.	
Weak to		GROUND			

## Mewtwo



PSYCHIC

ATK	300	██████████	DPS	14.82	██████████
DEF	182	████████	Health	31.31	██████████
HP	214	████████	TDO	464.1	██████████
Moves		Psycho Cut (5) Thunderbolt (80)	Remarks	Worse Raikou. Note that DPS has been corrected.	
Weak to		GHOST DARK BUG			

### Other alternative

- Zapdos (similar to Magnezone in DPS and TDO, but its problem is its weakness)

### Generation 5 competitors

- Zekrom (more DPS&TDO than Raikou, but has the weakness)
- Thundurus (as fragile as Electivire, with the weakness)

This type is useful versus and versus the following raid bosses:



# Grass

## Roserade



GRASS POISON

ATK	243	███████████
DEF	185	██████████
HP	155	██████████
Moves	<ul style="list-style-type: none"><li>• Rasor Leaf (13)</li><li>• Grass Knot (90)</li></ul>	
Weak to	<ul style="list-style-type: none"><li>FIRE</li><li>ICE</li><li>FLYING</li><li>PSYCHIC</li></ul>	

DPS	15.78	██████████
Health	23.60	██████████
TDO	372.4	██████████
Remarks	Great DPS.	

## Venusaur



GRASS POISON

ATK	198	██████████
DEF	189	██████████
HP	190	██████████
Moves	<ul style="list-style-type: none"><li>• Vine Whip (7)</li><li>• Frenzy Plant<sup>†</sup>(100)</li></ul>	
Weak to	<ul style="list-style-type: none"><li>FIRE</li><li>ICE</li><li>FLYING</li><li>PSYCHIC</li></ul>	

DPS	14.78	██████████
Health	29.01	██████████
TDO	429	██████████
Remarks	Good DPS and excellent TDO.	

## Sceptile



GRASS

ATK	223	██████████
DEF	169	██████████
HP	171	██████████
Moves	<ul style="list-style-type: none"><li>• Bullet Seed (8)</li><li>• Frenzy Plant<sup>†</sup>(100)</li></ul>	
Weak to	<ul style="list-style-type: none"><li>FIRE</li><li>ICE</li><li>FLYING</li><li>POISON</li><li>BUG</li></ul>	

DPS	15.43	██████████
Health	23.75	██████████
TDO	368.5	██████████
Remarks	Similar to Roserade.	

## Exeggutor (A)



GRASS DRAGON

ATK	230	██████████
DEF	153	██████████
HP	216	██████████
Moves	<ul style="list-style-type: none"><li>• Bullet Seed (8)</li><li>• Solar Beam (180)</li></ul>	
Weak to	<ul style="list-style-type: none"><li>ICE</li><li>FLYING</li><li>BUG</li><li>DRAGON</li><li>FAIRY</li><li>POISON</li></ul>	

DPS	13.82	██████████
Health	26.93	██████████
TDO	371.8	██████████
Remarks	Double resistance to WATER, GRASS, ELECTRIC moves.	

- Generation 5 competitors: None

This type is useful versus WATER GROUND ROCK and versus the following raid bosses:



# Water

## Kyogre



WATER

ATK	270	<div style="width: 100%;">██████████</div>
DEF	228	<div style="width: 90%;">███████████</div>
HP	205	<div style="width: 80%;">██████████</div>
Moves	• Waterfall (16) • Hydro Pump (130)	
Weak to	<small>GRASS ELECTRIC</small>	

DPS	15.91	<div style="width: 100%;">██████████</div>
Health	37.10	<div style="width: 100%;">██████████</div>
TDO	590.3	<div style="width: 100%;">██████████</div>
Remarks	The king of the sea.	

## Swampert



WATER GROUND

ATK	208	<div style="width: 100%;">██████████</div>
DEF	175	<div style="width: 85%;">███████████</div>
HP	225	<div style="width: 100%;">██████████</div>
Moves	• Water Gun (5) • Hydro Cannon <sup>†</sup> (90)	
Weak to	<small>GRASS</small>	

DPS	15.61	<div style="width: 100%;">██████████</div>
Health	31.65	<div style="width: 100%;">██████████</div>
TDO	494	<div style="width: 100%;">██████████</div>
Remarks	Best non-legendary WATER type Pokémon. Potential Community Day.	

## Feraligatr



WATER

ATK	205	<div style="width: 100%;">██████████</div>
DEF	188	<div style="width: 90%;">███████████</div>
HP	198	<div style="width: 100%;">██████████</div>
Moves	• Waterfall (16) • Hydro Cannon <sup>†</sup> (90)	
Weak to	<small>GRASS ELECTRIC</small>	

DPS	14.79	<div style="width: 100%;">██████████</div>
Health	30.01	<div style="width: 100%;">██████████</div>
TDO	443.9	<div style="width: 100%;">██████████</div>
Remarks	Inferior to Swampert.	

## Gyarados



WATER

ATK	237	<div style="width: 100%;">██████████</div>
DEF	186	<div style="width: 85%;">███████████</div>
HP	216	<div style="width: 100%;">██████████</div>
Moves	• Waterfall (16) • Hydropump (130)	
Weak to	<small>ELECTRIC ROCK</small>	

DPS	14.23	<div style="width: 100%;">██████████</div>
Health	32.22	<div style="width: 100%;">██████████</div>
TDO	458.5	<div style="width: 100%;">██████████</div>
Remarks	Useful versus Ground type Pokémon (such as Groudon).	

- **Generation 5 competitors:** None

This type is useful versus FIRE GROUND ROCK and versus the following raid bosses:



# Fire

## Moltres

**FIRE FLYING**

ATK	251	██████████	16.27	██████████
DEF	181	██████████	30.20	██████████
HP	207	██████████	491.4	██████████
Moves	• Fire Spin (14) • Overheat (160)		Remarks	Good DPS & TDO.

Weak to **ROCK ELECTR WATER**

## Entei

**FIRE**

ATK	235	██████████	DPS	15.50	██████████
DEF	171	██████████	Health	34.34	██████████
HP	251	██████████	TDO	532.3	██████████
Moves	• Fire Spin (14) • Overheat (160)		Remarks	Bulkier than Moltres.	

Weak to **ROCK GROUND WATER**

## Blaziken

**FIRE FIGHT**

ATK	240	██████████	DPS	17.25	██████████
DEF	141	██████████	Health	22.19	██████████
HP	190	██████████	TDO	379.4	██████████
Moves	• Fire Spin (14) • Blast Burn <sup>†</sup> (110)		Remarks	Amazing DPS, but fragile.	

Weak to **PSYCH FLYING GROUND WATER**

## Charizard

**FIRE FLYING**

ATK	223	██████████	DPS	15.88	██████████
DEF	173	██████████	Health	26.22	██████████
HP	186	██████████	TDO	416.3	██████████
Moves	• Fire Spin (14) • Blast Burn <sup>†</sup> (110)		Remarks	Worse Moltres.	

Weak to **ROCK ELECTR WATER**

### ► Generation 5 competitors

- **Reshiram** (higher DPS&TDO than Moltres),
- **Chandelure** (high DPS, but fragile),
- **Volcarona** (high DPS),
- **Darmanitan** (high DPS, but fragile)

This type is useful versus **ICE GRASS BUG STEEL** and versus the following raid bosses:



# Steel

## Metagross

STEEL DRAGON



ATK	257	███████████	DPS	17.98	███████████
DEF	228	██████████	Health	34.57	██████████
HP	190	██████████	TDO	621.7	██████████
Moves	• Bullet Punch (9) • Meteor Mash <sup>†</sup> (100)		Remarks	Best STEEL type Pokémon for generations.	
Weak to	FIRE GROUND GHOST DARK				

## Dialga

STEEL DRAGON



ATK	275	███████████	DPS	15.97	███████████
DEF	211	██████████	Health	34.51	██████████
HP	205	██████████	TDO	551	██████████
Moves	• Metal Claw (8) • Iron Head (60)		Remarks	Worse Metagross.	
Weak to	FIGHT GROUND				

- ▶ Generation 5 competitor
- ▶ Excadrill (worse Metagross)

This type is useful versus FIGHT STEEL ROCK and versus the following raid bosses:



# Fairy

## Gardevoir



PSYCHIC FAIRY

ATK	237	███████████	DPS	15.09	███████████
DEF	196	██████████	Health	26.81	██████████
HP	169	██████████	TDO	404.5	██████████
Moves	Confusion (20) Dazzling Gleam(100)		Remarks	Best FAIRY type Pokémon for generations. Could learn the FAIRY fast move "charm" in the future through a CD.	
Weak to	GHOST STEEL POISON				

## Togekiss



FAIRY FLYING

ATK	225	███████████	DPS	13.86	███████████
DEF	217	███████████	Health	34.30	███████████
HP	198	██████████	TDO	475.5	██████████
Moves	Air-Slash (14) Dazzling Gleam(100)		Remarks	Bulkier, good DPS. Best fast attack is ⚡ H Power. Could learn the FAIRY fast move "charm" in the future.	
Weak to	STEEL POISON ROCK ELECTR ICE				

## Granbull



FAIRY

ATK	212	███████████	DPS	13.48	███████████
DEF	131	██████████	Health	22.49	██████████
HP	207	██████████	TDO	303.2	██████████
Moves	Snarl (12) Play Rough (90)		Remarks	A "low cost" FAIRY type Pokémon. Could learn the FAIRY fast move "charm" in the future.	
Weak to	STEEL POISON				

- **Generation 5 competitors:** None

This type is useful versus DRAGON DARK FIGHT and versus the following raid bosses (only in the case if they have a DRAGON charged move):



# Psychic (not relevant)

## Mewtwo



PSYCHIC

ATK	300	██████████	DPS	16.56	██████████
DEF	182	██████	Health	31.31	██████████
HP	214	██████████	TDO	518.3	██████████
Moves	• Confusion (20) • Psychic (100)		Remarks	Best PSYCHIC Pokémon for generations despite bad moves.	
Weak to	GHOST DARK BUG				

## Espeon



PSYCHIC

ATK	261	██████████	DPS	15.62	██████████
DEF	175	██████	Health	23.47	██████████
HP	163	██████	TDO	366.6	██████████
Moves	• Confusion (20) • Future Sight (120)		Remarks	Good DPS, a bit fragile.	
Weak to	GHOST DARK BUG				

## Alakazam



PSYCHIC

ATK	271	██████████	DPS	16.04	██████████
DEF	167	██████	Health	20.34	██████████
HP	146	██████	TDO	326.2	██████████
Moves	• Confusion (20) • Future Sight (120)		Remarks	Similar to Espeon, but more fragile.	
Weak to	GHOST DARK BUG				

- **Generation 5 competitors:** None

This type is useful versus POISON FIGHT and versus the following raid bosses: Terrakion (generation 5), Virizion (generation 5)

# Flying (not relevant)

## Moltres



FIRE FLYING

ATK	251	<div style="width: 251px;"></div>
DEF	181	<div style="width: 181px;"></div>
HP	207	<div style="width: 207px;"></div>
Moves		• Fire Spin (14) • Sky Attack (80)
Weak to		<span style="color: orange;">ROCK</span> <span style="color: blue;">ELECTRIC</span> <span style="color: blue;">WATER</span>

DPS	17.36	<div style="width: 17.36px;"></div>
Health	30.20	<div style="width: 30.20px;"></div>
TDO	524.2	<div style="width: 524.2px;"></div>

Remarks Best FLYING type Pokémon versus GRASS type Pokémon.

## Rayquaza



DRAGON FLYING

ATK	284	<div style="width: 284px;"></div>
DEF	170	<div style="width: 170px;"></div>
HP	213	<div style="width: 213px;"></div>
Moves		• Air Slash (14) • Aerial Ace (55)
Weak to		<span style="color: cyan;">ICE</span> <span style="color: orange;">ROCK</span> <span style="color: purple;">DRAGON</span> <span style="color: magenta;">FAIRY</span>

DPS	15.47	<div style="width: 15.47px;"></div>
Health	29.27	<div style="width: 29.27px;"></div>
TDO	452.9	<div style="width: 452.9px;"></div>

Remarks Good DPS & TDO.

## Honchkrow



DARK FLYING

ATK	243	<div style="width: 243px;"></div>
DEF	103	<div style="width: 103px;"></div>
HP	225	<div style="width: 225px;"></div>
Moves		• Peck (10) • Sky Attack (80)
Weak to		<span style="color: orange;">ELECTRIC</span> <span style="color: blue;">ROCK</span> <span style="color: cyan;">ICE</span> <span style="color: magenta;">FAIRY</span>

DPS	16.77	<div style="width: 16.77px;"></div>
Health	19.65	<div style="width: 19.65px;"></div>
TDO	329.5	<div style="width: 329.5px;"></div>

Remarks Excellent DPS, but fragile.

### ► Generation 5 competitors:

- **Tornadus**
- **Archeops**

This type is useful versus GRASS BUG FIGHT and versus the following raid boss: Virizion (generation 5)

# Poison (not relevant)

## Roserade

GRASS POISON



ATK **243**

DEF **185**

HP **155**

Moves  
• Poison Jab (10)  
• Sludge Bomb (80)

Weak to FIRE ICE FLYING PSYCHIC

DPS **15.85**

Health **23.60**

TDO **374**

Remarks Best POISON type Pokémon for generations.

## Gengar

GYPSY POISON



ATK **261**

DEF **149**

HP **155**

Moves  
• Lick<sup>†</sup>(5) / S.Claw<sup>†</sup>(9)  
• Sludge Bomb (80)

Weak to PSYCHIC GHOST DARK GROUND

DPS **17.33**

Health **19.35**

TDO **335.2**

Remarks Glass cannon.

## Toxicroak

POISON FIGHT



ATK **211**

DEF **133**

HP **195**

Moves  
• Poison Jab (10)  
• Sludge Bomb (80)

Weak to PSYCHIC GROUND FLYING

DPS **14.37**

Health **21.57**

TDO **309.9**

Remarks Worse Roserade.

- Generation 5 competitors: None

This type is useful versus GRASS FIGHT and versus the following raid boss: Virizion (generation 5)

# Bug (not relevant)

## Scizor



BUG STEEL

ATK 236  
DEF 181  
HP 172

Moves ● Fury Cutter (3)  
● X-Scissor (45)

Weak to

FIRE

DPS 13.76  
Health 25.44  
TDO 350

Remarks Best BUG type Pokémon until generation 5.

## Pinsir



BUG STEEL

ATK 238  
DEF 182  
HP 163

Moves ● Bug Bite (5)  
● X-Scissor (45)

Weak to

FIRE FLYING ROCK

DPS 14.07  
Health 24.34  
TDO 342.4

Remarks Similar to Scizor.

## Yanmega



BUG FLYING

ATK 231  
DEF 156  
HP 200

Moves ● Bug Bite (5)  
● Bug Buzz (90)

Weak to

ROCK FIRE FLYING ELECTRIC ICE

DPS 13.63  
Health 25.52  
TDO 347.8

Remarks Similar to Scizor. Great versus GRASS.

### ► Generation 5 competitors:

- Volcarona (high DPS),
- Genesect (mythical Pokémon).

This type is useful versus GRASS PSYCHIC DARK. However,

- versus PSYCHIC raid boss, it is more relevant to use GHOST or DARK counters.
- versus GRASS raid boss, it is more relevant to use FIRE or FLYING counters.
- versus DARK raid boss, it is more relevant to use FIGHT counters.

# Best investments

## Machamp

FIGHT



- Counter
- Dynamic Punch

## Raikou

ELECTRIC



- Thunder Shock
- Wild Charge

## Mamoswine

ICE

GROUND



- Powder Snow
- Avalanche

## Giratina (O)

GHOST

DRAGON



- Shadow Claw
- Shadow Ball

## Metagross

STEEL PSYCHIC



- Bullet Punch
- Meteor Mash<sup>†</sup>

## Roserade

GRASS POISON



- Razor Leaf
- Grass Knot

## Tyranitar

ROCK

DARK



- Smack Down
- Stone Edge

## Tyranitar

ROCK

DARK



- Bite
- Crunch

## Rayquaza

DRAGON FLYING



- Dragon Tail
- Outrage

## Kyogre

WATER



- Waterfall
- Hydro Pump

## Groudon

GROUND



- Mud Shot
- Earthquake

## Mewtwo

PSYCHIC



- Psycho Cut
- Shadow Ball<sup>†</sup>
- Psychic / ● F.Blast