Gym Attackers

When you attack a gym, you need to use Pokémon with high DPS, so that your opponent will die fast. Here is an example of team:



- Some types are not covered: See See FOSON FRE FIGHT. Note that See FOSON FIRE Pokémon do not have high Effective Health.
- Metagross can be replaced by a third Machamp.
- Raikou can be replaced by Electivire or Deoxys (Normal).
- ► There are other good counters that could have been mentioned:



Gym Defenders

- Take 4 Bulk Pokémon (and avoid taking Pokémon with the same weakness) and 2 High DPS Pokémon.
- Bulk Pokémon: it takes time to kill them.



