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学术英语 练习 1  
Unit 1 Food Science

**I. The words in the box below are either active words or academic words marked in the Academic Word List (AWL). Choose the most suitable one to complete each sentence. Change the form where necessary.**

bind, compound, convert, defined, exposure, factor, impact, launch, reaction, source

1. It has been proven by scientists that continuous \_\_\_\_\_ to sound above 80 decibels (分贝) could be harmful to one's ears.
2. Honey is basically a \_\_\_\_\_ of water, two types of sugar, vitamins and enzymes.
3. Fish is a rich \_\_\_\_\_ of protein, which is significant for one's growth and health.
4. The engineers put up a series of four connected tubes in the water to \_\_\_\_\_ wave motion cleanly into electricity.
5. It is urgent for the ill-managed company to establish more \_\_\_\_\_ responsibilities for each employee to carry out its activities.
6. The technicians' support is an important \_\_\_\_\_ in the success of our research project.
7. When two or more elements combine and form a compound, a chemical \_\_\_\_\_ takes place.
8. The public expect the conference to have a marked \_\_\_\_\_ on the future of the national economy.
9. The new liquid spray-on skin technology, which \_\_\_\_\_ to the topmost layer of skin, is a world first Australian invention.
10. The company is about to \_\_\_\_\_ a worldwide advertising campaign to promote its sales.

**答案：1. exposure 2. compound 3. source 4. convert 5. defined 6. factor 7. reaction 8. impact 9. binds 10. launch**

**II. Choose the most suitable one to complete each sentence with the help of its meaning given in brackets. Change the form where necessary.**

break down, do well to, go for, have an impact on, result in, on the safe side

1. One mistake could have \_\_\_\_\_ a huge loss, so the chemistry experts began the experiments under a lot of tension. (caused)
2. Chemicals in the body \_\_\_\_\_ our food into useful substances. (separate...into simpler substances)
3. Over the last few decades the tremendous growth in information technology \_\_\_\_\_ our everyday life. (has had a strong effect on)
4. We might \_\_\_\_\_ add a few additional sources of protein for the sake of a healthy life. (be wise or use good judgement to)
5. The women who \_\_\_\_\_ medical help said the intensity and frequency of the chest pains made them feel they might be related to heart disease. (tried to obtain)
6. To be \_\_\_\_\_, check with your doctor before adding large amounts of protein to your diet. (more careful than may be necessary)

**答案: 1.resulted in 2.break down 3.has had an impact on 4.do well to 5.went for 6.on the safe side**

**III. The words in the box below are either active words or academic words marked in the Academic Word List (AWL). Choose the most suitable one to complete each sentence. Change the form where necessary.**

comparison	enhance	formulation	immune	minimal	distinct
option	relieve	retain	stock	undergo	

1. These people in the coal mine factory had no \_\_\_\_\_ but to take the low-paid unattractive work.
2. Hopefully, the multi-national anti-terrorist conference will \_\_\_\_\_ the prospects of world peace.
3. There's a lot of evidence that oily fish, as \_\_\_\_\_ from fatty meat, has a beneficial effect.
4. Before testing any new \_\_\_\_\_ of medicine on children, the doctors have to make very hard judgments about the benefits and risks.
5. Since only a tiny amount of radiation has been released, the World Health Organization believes that the relevant public health risk is \_\_\_\_\_.
6. The cancer patient must first \_\_\_\_\_ radiation and chemotherapy (化疗) to weaken the original immune system, which is an exhausting experience.
7. His business has been taken over by a big corporation, but he still \_\_\_\_\_ some control over it.
8. HIV (艾滋病病毒) is not to undermine one human body organ, but to destroy the body's \_\_\_\_\_ system, resulting in multiple organ damage.
9. To be on the safe side, some families tend to \_\_\_\_\_ their cellars with food and water in case of emergency.
10. Measures have been taken to \_\_\_\_\_ the city of its traffic jam, but the problem is not likely to be solved in a short time.
11. Let's try a \_\_\_\_\_ — reducing the sun to the size of a golf ball, the earth would be the size of a grain of sand.

**答案: 1.option 2.enhance 3. distinct 4. formulation 5. minimal 6. undergo 7.retains 8.immune 9.stock 10.relieve 11.comparison**

**IV. Study the phrases in the box below. Choose the most suitable one to complete each sentence with the help of its meaning given in brackets. Change the form where necessary.**

account for	compared with	fall into	make up	stock up on	take note of
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1. When you examine your new apartment or house before buying or renting, \_\_\_\_\_ any possible problems with water. (pay careful attention to)
2. The government called on the public to \_\_\_\_\_ food, drinkable water, flashlights and first-aid supplies for the coming snowstorms. (provide themselves with a full store of)
3. With the business opening to the world, the company's overseas profits now \_\_\_\_\_ half of its yearly earnings. (make up, form)
4. If you do not \_\_\_\_\_ the above categories, these issues do not apply to you, and you can skip the rest of this section. (belong in)
5. All the many busy and little important things \_\_\_\_\_ my daily routines. (form as a whole; constitute)
6. The depth of the ocean will be found to be very inconsiderable \_\_\_\_\_ its breadth. (in relation to; measured against)

**答案: 1. take note of 2. stock up on 3. account for 4. fall into 5. make up 6. compared with**

## V. Complete the summary of Reading 1 with the information given in the text.

According to the UK Food Standards Agency (FSA), cooking potatoes and other starchy foods at high temperatures may 1\_\_\_\_\_. This is mainly due to acrylamide, a chemical produced by browning the starchy foods in the process of frying, 2\_\_\_\_\_. Therefore, 3. \_\_\_\_\_ is a principle to follow when cooking starchy foods. It would be even safe for people to eat 4\_\_\_\_\_, many of which are major sources of acrylamide. We can also reduce the risk by not keeping raw potatoes 5\_\_\_\_\_ or by blanching potatoes before frying.

**答案: 1. increase the risk of cancer**  
**2. baking, toasting or roasting**  
**3. “going for gold”**  
**4. fewer high calorie foods**  
**5. in the fridge**

## VI. Choose the best answer to each of the following questions based on Reading 2.

1. What misconception about food did people use to have according to the text?
  - a) Fresh foods are nutritious and beneficial to people.
  - b) All processed foods are harmful to our health.
  - c) High fat and high sugar foods have bad effects on us.
2. Which disease are people NOT likely to get if they eat too many ultra-processed foods?
  - a) diabetes
  - b) heart disease
  - c) lung cancer
3. Which of the following processes CANNOT preserve the nutrients in food?
  - a) frying
  - b) freezing
  - c) fermenting
4. Probiotics have the following benefits EXCEPT \_\_\_\_\_.
  - a) improving our immune systems
  - b) protecting our blood vessels
  - c) preventing cancer

**答案: 1. b 2. c 3. a 4. b**

## 学术英语 练习 2

### Unit 2 Technology

**I. Review the sentences from Reading 1 below. All the underlined words are either active words or academic words marked in Academic Word List (AWL). Choose the word from a, b, or c that has the closest meaning to each underlined word.**

1. In the 1960s and 1970s, teams of engineers and computer scientists worked to build the foundation for a network of networks. (Para.1)

- a. funding
- b. findings
- c. basis

2. The last few years have pointed toward mobile computing. (Para.2)

- a. calculating
- b. using a computer
- c. doing mathematics

3. Some devices remain perpetually connected unless you turn them off or set them to airplane mode. (Para.2)

- a. setting
- b. coverage
- c. distance

4. The machines...will rely upon high-speed physical connections capable of transmitting data at a blistering speed. (Para.3)

- a. sending out
- b. implanting
- c. inputting

5. Sending the equivalent of a Blu-ray disc full of data across a network in the blink of an eye will be the norm. (Para.3)

- a. form
- b. backbone
- c. standard

6. By 2050, it's not unreasonable to guess that we could have eye implants allowing us to see the digital world without the need for a display. (Para.4)

- a. screen
- b. recognition
- c. recommendation

7. Even if we decide that altering ourselves is ethically questionable, we can achieve a similar effect just by building display capabilities into a pair of glasses. (Para.4)

- a. morally
- b. privately
- c. pervasively

8. Imagine looking around you and activating a digital overlay that gives you volumes of information about your surroundings. (Para.5)

- a. many books
- b. large amounts
- c. a lot of content

9. A pervasive Internet coupled with the right mobile technology could make it happen. (Para.5)

- a. connected

- b.matched
- c.welcomed

10.Do you see the Internet becoming part of our perception of the real world around us or do you believe the two will forever remain separate concepts? (Para.7)

- a.execution
- b.awareness
- c.transmission

答案: 1. c 2. b 3. a 4. a 5. c 6. a 7. a 8. b 9. a 10. b

**II. Review the sentences from Reading 2 below. All the underlined words are either active words or academic words marked in Academic Word List (AWL). Choose the word from a, b, or c that has the closest meaning to each underlined word.**

1.···it could cut nearly all of the carbon emissions from the transportation sector. (Para. 2)

- a.business
- b.commerce
- c.field

2.A new report today finds that layering the three vehicle technologies ···could cut carbon emissions 80 percent by 2050 worldwide from a business-as-usual scenario. (Para. 3)

- a.situation
- b.sense
- c.feeling

3.It's becoming increasingly clear that all three of these possible revolutions are reaching maturity.(Para. 5)

- a.full development
- b.extreme point
- c.climax

4.While some transportation researchers have suggested autonomous cars could cut emissions by boosting driver efficiency. (Para. 6)

- a.affecting
- b.improving
- c.combining

5.We have to stop thinking that self-driving cars will automatically be sustainable. (Para. 8)

- a.living
- b.agreeable
- c.continuing

6.We need policies to make sure we steer this towards electric and efficient. (Para. 8)

- a.guide
- b.believe
- c.sustain

7.Worldwide, that combination would generate 0.7 gigaton of carbon emissions annually by mid-century,... (Para. 10)

- a.produce
- b.prevent
- c.consume

8.In the United States, transportation has surpassed the electricity sector as the top source of greenhouse gas emissions, ... (Para. 11)

- a.caused
- b.increased
- c.exceeded

9....upending the transportation sector would require overcoming the attachment many people have to their

individual cars, ...(Para. 13)

a.extra part

b.fondness

c.connection

10. ... depending the transportation sector would require overcoming the attachment many people have to their **individual** cars,... (Para. 13)

a.public

b.collective

c.private

11. **Incorporating** more ride sharing and public transit was the only scenario that matched with a pathway to keep global warming under 2 degrees Celsius. (Para. 14)

a.Including

b.Forming

c.Modelling

**答案: 1. c 2. a 3. a 4. b 5. c 6. a 7. a 8. c 9. b 10. c 11. a**

### III. Choose the best answer to each question based on Reading 1.

1. What did the ARPANET project prove to be in the 1980s?

A) A failure in networking technology

B) A valuable tool for research and communication

C) A method for mobile computing

D) A precursor to the World Wide Web

2. What is the predicted state of the Internet by 2050 according to the text?

A) It will be obsolete.

B) It will be pervasive and always connected.

C) It will only be accessible through mobile devices.

D) It will require physical cables for connectivity.

3. What will be the primary access point for most devices in the future Internet?

A) Wired networks

B) Wireless networks

C) Bluetooth connections

D) Satellite links

4. What is one of the ways we might experience the digital world by 2050, as suggested by the text?

A) Through virtual reality headsets

B) Through eye implants

C) By building display capabilities into glasses

D) By using physical maps

5. What is a potential concern regarding privacy in the future Internet described in the text?

A) Privacy will become more secure.

B) Privacy will become obsolete.

C) Privacy will be enhanced by new laws.

D) Privacy will be maintained through encryption.

**答案: 1-5 BBBCB**

### IV. Choose the best answer to each question based on Reading 2.

1. What is the main topic of the article?

A) The rise of electric vehicles

B) The impact of autonomous vehicles on traffic

C) The potential of combining three vehicle technologies to reduce carbon emissions

- D) The future of public transportation
2. What are the three vehicle technologies mentioned in the article that can reduce carbon emissions?
- A) Autonomous, electric, and hybrid
  - B) Autonomous, electric, and shared
  - C) Electric, hybrid, and shared
  - D) Autonomous, hybrid, and shared
3. Who are the researchers mentioned in the article that modeled how each new development might help carbon emissions?
- A) Researchers at MIT and Harvard
  - B) Researchers at the Institute for Transportation and Development Policy and the University of California, Davis
  - C) Researchers at Stanford and Berkeley
  - D) Researchers at NASA and DOE
4. What does Lewis Fulton suggest about the maturity of the three possible revolutions in vehicle technologies?
- A) They are still in the early stages.
  - B) They are reaching maturity.
  - C) They are outdated.
  - D) They are not feasible.
5. What is the concern regarding autonomous cars and their impact on carbon emissions?
- A) They will increase carbon emissions due to more travel.
  - B) They will decrease carbon emissions due to better efficiency.
  - C) They will have no impact on carbon emissions.
  - D) They will only reduce emissions if they are electric.
6. According to the article, what is necessary to reduce carbon emissions effectively?
- A) More use of public transportation.
  - B) Electrification of vehicles and cleaner grids.
  - C) More driving by individuals.
  - D) Less use of shared vehicles.
7. What does Lewis Fulton say we need to stop thinking about self-driving cars?
- A) They will automatically be sustainable.
  - B) They will increase travel distances.
  - C) They will reduce traffic congestion.
  - D) They will improve road safety.
8. What is the most advanced scenario in the report regarding people's behavior change?
- A) More use of private cars.
  - B) More use of ride sharing, public transport, cycling, and walking.
  - C) Less use of public transport.
  - D) More use of airplanes.
9. What is the projected annual carbon emission reduction worldwide by mid-century if the most advanced scenario is implemented?
- A) 0.7 gigatons
  - B) 1.5 gigatons
  - C) 2.5 gigatons
  - D) 4.6 gigatons
10. What is the current top source of greenhouse gas emissions in the United States?
- A) Electricity sector.
  - B) Transportation sector.
  - C) Industrial sector.

D) Agricultural sector.

**答案: 1-5 CBBBA 6-10 BABAB**

**V. Which of the following choices (A-D) is the best paraphrasing of the source sentence? The best paraphrasing must accurately preserve all key details without adding or omitting critical information.**

1. **Source Sentence:** “Imagine jumping into a self-driving car with two other commuters in the morning, the electric engine humming as you drive through smooth traffic and past empty parking lots, before arriving at work and paying a couple of dollars for the ride.”

A) Consider the possibility of taking a traditional car with colleagues in the morning, with a regular engine running as you encounter heavy traffic and full parking lots, and then arriving at the office without any cost.

B) Visualize starting your day by entering an autonomous vehicle with fellow travelers, the electric motor buzzing as you navigate through light traffic and by vacant parking spaces, eventually reaching your workplace and spending a few dollars on the journey.

C) Envision beginning your commute by stepping into a manual car alone, the gas engine roaring as you battle through congested traffic and crowded parking areas, finally getting to your job and paying nothing for the trip.

D) Imagine the experience of boarding a public bus with strangers, the diesel engine grinding as you pass through slow-moving traffic and full parking lots, before getting to your destination and paying a small fee.

2. **Source Sentence:** “The auto industry and researchers say this Utopian view of transportation is on the horizon, and it could cut nearly all of the carbon emissions from the transportation sector.”

A) Both the automotive sector and scientific community assert that an idealistic perspective of transport is imminent and could drastically reduce carbon emissions in the transport industry.

B) Car manufacturers and scholars argue that a dystopian outlook on transportation is approaching and it will increase carbon emissions in the sector.

C) The vehicle production businesses and investigators claim that a realistic approach to transit is coming soon and it will maintain the current carbon emissions levels.

D) Automobile companies and researchers believe that an optimistic outlook on transportation is far off and it will have no effect on carbon emissions.

3. **Source Sentence:** “A new report today finds that layering the three vehicle technologies—autonomous, electric and shared—on top of one another could cut carbon emissions 80 percent by 2050 worldwide from a business-as-usual scenario.”

A) The latest findings reveal that autonomous vehicles alone could reduce worldwide carbon emissions by 2050 without the need for electric or shared cars.

B) A recent study shows that separating these three vehicle technologies could increase carbon emissions by 80% globally by 2050.

C) Today's report suggests that using only electric vehicles could decrease emissions by 2050, but not as much as combining all three technologies.

D) Current research indicates that by combining self-driving, electric, and shared cars, global carbon emissions could be reduced by 80% by the year 2050 compared to current trends.

4. **Source Sentence:** “Researchers at the Institute for Transportation and Development Policy and the University of California, Davis, modeled how each new development might help carbon emissions around the world.”

A) Experts at the Institute for Transportation and Development Policy and UC Davis have simulated the potential global carbon emission benefits of each vehicle innovation.

- B) Scientists from the Institute for Transportation and Development Policy and UC Davis have ignored the possible worldwide carbon emission impacts of new vehicle advancements.
- C) Scholars at the Institute for Transportation and Development Policy and UC Davis have predicted that new vehicle technologies will have no effect on global carbon emissions.
- D) Researchers at the Institute for Transportation and Development Policy and UC Davis have only focused on local carbon emission effects of vehicle developments.

5. **Source Sentence:** “It’s becoming increasingly clear that all three of these possible revolutions are reaching maturity,” said Lewis Fulton, a co-director at the Institute of Transportation Studies at UC Davis and lead author of the report.

- A) As a co-director at the Institute of Transportation Studies at UC Davis and the lead author of the report, Lewis Fulton pointed out that the fact that all three of these potential revolutions are moving toward maturity is becoming increasingly apparent.
- B) Lewis Fulton mentioned that the three possible revolutions are still in their infancy.
- C) Lewis Fulton claimed that only one of the revolutions is reaching maturity.
- D) Lewis Fulton said that none of the revolutions are showing any signs of progress.

6. **Source Sentence:** “While some transportation researchers have suggested autonomous cars could cut emissions by boosting driver efficiency, others, including Fulton and his colleagues, project that energy use and carbon emissions would increase over a business-as-usual scenario because more people will travel farther.”

- A) Although certain transport researchers propose that self-driving cars might decrease emissions by enhancing driver efficiency, Fulton and his team predict an increase in energy consumption and emissions due to extended travel distances.
- B) Some transport researchers believe that autonomous cars will increase emissions by reducing driver efficiency, while Fulton and his colleagues expect a decrease in energy use and emissions with shorter travel distances.
- C) A few transport researchers think that self-driving cars could cut emissions by decreasing driver efficiency, and Fulton and his team agree with this projection.
- D) Most transport researchers, including Fulton, believe that autonomous cars will have no effect on emissions or energy use.

**答案: 1. B 2. A 3. D 4. A 5. A 6. A**

## 学术英语 练习 3

### Unit 3 Identity

#### I. Read Reading 1 and choose the best answer to each of the following questions.

1. What was the main message of Dove's "Real Beauty Sketches" campaign?
  - A. Women are often described more accurately by strangers than by themselves.
  - B. Women tend to underestimate how beautiful they really are.
  - C. Forensic artists can create more accurate portraits than photographers.
  - D. Strangers are more honest than close friends when describing appearance.
2. According to the article, what did the research by Epley and Whitchurch reveal about people's self-perception?
  - A. People usually see themselves as less attractive than they really are.
  - B. People are more accurate when judging their own appearance than others'.
  - C. People tend to believe they are more attractive than they actually are.
  - D. People prefer unmodified photos of themselves over enhanced ones.
3. Which of the following is NOT mentioned as an example of self-enhancement?
  - A. Overestimating one's likelihood to vote.
  - B. Believing one is less likely to catch the flu than others.
  - C. Accurately predicting how much money a stranger will donate.
  - D. Thinking one's stock picks are better than average.
4. What psychological benefit does self-enhancement provide, according to the article?
  - A. It helps people detect deception in others more easily.
  - B. It reduces cognitive load by avoiding internal conflict.
  - C. It increases social confidence without the need to lie.
  - D. It improves memory for unattractive versions of oneself.
5. What is the author's main argument regarding Dove's campaign?
  - A. It is scientifically accurate and socially helpful.
  - B. It is emotionally effective but factually misleading.
  - C. It encourages harmful self-criticism among women.
  - D. It should be used to promote forensic art education.

**答案: 1-5 BCCCB**

#### II. Read Reading 1 and match the **underlined** words in the left column with their meanings in the right. Use the context of each word in the text to help you decide.

### Group 1

- \_\_\_ 1. a 3-minute video entitled “Dove Real Beauty Sketches”(Para. 1)
- \_\_\_ 2.the evidence from psychological research (Para. 3)
- \_\_\_ 3. be presented with a series of images (Para. 4)
- \_\_\_ 4. images modified from that picture (Para. 4)
- \_\_\_ 5. asked to identify the unmodified picture (Para. 4)
- \_\_\_ 6. people display this bias for themselves (Para. 5)
- \_\_\_ 7. people display this bias for themselves (Para. 5)

- a. pictures
- b. mental
- c. show
- d. changed slightly
- e. recognize
- f. unreasonable preference
- g. given the title

### Group 2

- \_\_\_ 8. a general phenomenon psychologists call “self-enhancement”(Para. 7)
- \_\_\_ 9. people overestimate the likelihood (Para. 7)
- \_\_\_ 10. people overestimate the likelihood (Para. 7)
- \_\_\_ 11. they would engage in a desirable behavior (Para. 7)
- \_\_\_ 12. are remarkably accurate (Para. 7)
- \_\_\_ 13. try to deceive others about their characteristics (Para. 9)
- \_\_\_ 14. people are good at detecting deception (Para. 9)

- h. worth doing
- i.improvement
- j.discovering
- k.probability
- l. considerably
- m. cheat
- n. overvalue

### 答案:

1.g 2.b 3.a 4.d 5.e 6.c 7.f 8.i 9.n 10.k 11.h 12.l  
13.m 14.j

### III.Complete the sentences with words given below. Change the form where necessary.

overestimate	identify	psychological	modified
enhancement	display	bias	detect

- 1. The speech has been \_\_\_\_\_ many times to make it more understandable for the target audience.
- 2. It takes just a few seconds for this machine to \_\_\_\_\_ your unique fingerprint and log into your account.
- 3. A good command of eye contact and gestures in making a speech can effectively retain the audience’s attention and \_\_\_\_\_ your self-confidence.
- 4.What people did to me might hurt, but I never want to carry their narrow-mindedness or \_\_\_\_\_ as my burden.
- 5. The workshop is now undergoing an efficiency \_\_\_\_\_ program with a view to further increasing its production.
- 6. Research found that men consistently \_\_\_\_\_ their own contribution to the family and underestimate that of their wives.
- 7.The system is so sensitive that it can \_\_\_\_\_ changes in temperature as small as 0.003 degrees.
- 8.Recent \_\_\_\_\_ research seems to confirm that people associate particular facial expressions with the

same emotions across cultures.

答案: 1.modified 2.identify 3.display 4.bias 5.enhancement  
6.overestimate 7.detect 8.psychological

**IV. Fill in the blanks according to the Chinese and the initial letters provided in the sentence.**

1. 让女性们大感诧异又十分欢喜的是, 她们发现根据陌生人的描述画出来的画像更美丽。

Much to their a\_\_\_\_\_ and delight, the women realize that the drawings based on strangers' descriptions depict much more beautiful women.

2. 是我们突然意识到, 就像克里斯蒂安·安徒生笔下的丑小鸭一样, 自己实际上很漂亮, 那将让人大感宽慰。

It would be a big r\_\_\_\_\_ if we all suddenly realized, like Christian Andersen's ugly duckling that we are in fact beautiful.

3. 对自己的外貌有言过其实的认知, 体现了心理学家称为“自我增强”的一种普遍现象。

Inflated perceptions of one's physical appearance is a m\_\_\_\_\_ of a general phenomenon psychologists call "self-enhancement".

4. 大多数人都相信自己高于平均线, 这在统计学上是不可能的。

Most people believe that they are above average, a statistical i\_\_\_\_\_.

5. 挑选股票的人认为自己买的股票跟普通投资者买的股票相比, 最后更可能赚。

Stock pickers think the stocks they buy are more likely to end up w\_\_\_\_\_ than those of the average investor.

6. 我增强的适应性特点也许能回答这个问题。

The a\_\_\_\_\_ nature of self-enhancement might be the answer.

答案: 1.mazement 2.elief 3.anifestation 4.mpossibility 5.inners 6.daptive

**V. The words in the box below are either active words or academic words marked in the Academic Word List (AWL). Choose the most suitable one to complete each sentence. Change the form where necessary.**

awareness, creativity, curiosity, empirical, hint, innovative,  
misinterpret, perceive, previous, shift, similarity

1. Two vital factors seem to be necessary to make a scientist: the \_\_\_\_\_ to seek out mysteries and the creativity to solve them.

2. There still seems to be a lack of \_\_\_\_\_ in the rural and suburban communities about the threat the virus poses to humans and animals.

3. In this article, I talk about cloud computing service types and the \_\_\_\_\_ and differences between cloud and grid computing (网格计算).

4. It is the dedication and the \_\_\_\_\_ of the workers and executives that turned the company into a profitable business.

5. In his speech, the general manager \_\_\_\_\_ at an upcoming new product launch, but he refused to give more details.

6. One empirical study found that sleep-deprived medical staff working on the night shift were twice as likely to \_\_\_\_\_ patients' test results.

7. Visitors to this display would be well advised to stand still before the items. It takes time to \_\_\_\_\_ fully what their owners were trying to say.

8. If you have a catastrophic (灾难性的) problem with your computer, you can run this application to restore your system to its \_\_\_\_\_ state.

9. This thesis has done \_\_\_\_\_ research on applying the memory theory of information processing model to vocabulary teaching in college.

答案: 1.curiosity 2.awareness 3.similarities 4.creativity 5.hinted 6.misinterpret  
7.perceive 8.previous 9.empirical

## 学术英语 练习 4

### Unit 4 Health

#### I. Complete the sentences with phrases from Reading 1. Their meanings and paragraph numbers have been given in brackets.

- 1.If necessary, you may even want to \_\_\_\_\_ some facts and show clients the results of studies to back you up. (examine thoroughly; Para. 4)
- 2.Several small changes in your daily actions and habits can ease your pain, and \_\_\_\_\_ in preventing computer-related health problems. (be of great help; Para. 9)
- 3.The company was making final checks of the new system in the days that \_\_\_\_\_ a public test. (occurred before; approached; Para. 10)
- 4.Government collects its revenue (财政收入) in the form of taxes, which is \_\_\_\_\_ used for the benefit of taxpayers. (as a result; Para. 11)
- 5.Pollution has a negative effect on the health of everyone living in the city, \_\_\_\_\_ the damage to the environment. (and in addition; Para. 13)
- 6.If you are responsible for the project files, it \_\_\_\_\_ you to keep track of what changes are made, when, and by whom. (depends on; Para. 13)

**答案: 1. dig into 2. go a long way 3. led up to 4. in turn 5. not to mention 6. is up to**

#### II. The words in the box below are either active words or academic words marked in the Academic Word List (AWL). Choose the most suitable one to complete each sentence. Change the form where necessary.

analyze	diminish	dramatic	embrace	evolve	implicate	internal	pose
suspect	threaten	transformation	trigger				

- 1.While it may be acceptable in email or in chat rooms, excessive colloquialism can \_\_\_\_\_ the quality of a formal written text.
2. Keep a short list of your achievements on a note card and pull it out when your self-criticism \_\_\_\_\_ to overwhelm you.
- 3.Modern telecommunications have had a(n) \_\_\_\_\_ impact on our mobility, which is similar to the invention of the automobile or the train.
4. The structure of this essay can be divided into three parts: to introduce the topic, raise questions, \_\_\_\_\_ and solve problems.
5. The company has \_\_\_\_\_ into one of the major chemical manufacturing bases in this region in just a couple of years.
6. Even relatively small amounts of light can reset the body's \_\_\_\_\_ clock, so find as dark an environment as possible when sleeping.
7. \_\_\_\_\_ by an earthquake off the coast of Japan, the tsunami (海啸) sent a five-foot surge into the harbor, causing up to 700,000 dollars in damages.
- 8.Even respected news organizations like the BBC are encouraging their journalists to \_\_\_\_\_ social media.
- 9.The World Health Organization declared that bird flu would \_\_\_\_\_ a global health threat if it shifted from birds to humans.
- 10.The IT department in Frank's office \_\_\_\_\_ him of illegal downloading when they detected his network traffic at four times that of his colleagues.
- 11.My company, like hundreds of others around the world, is in the midst of such a(n) \_\_\_\_\_ from physical retail outlets (实体零售店) to online e-commerce.
- 12.In recent years, excessive medical treatment has been \_\_\_\_\_ as an important factor behind

increasingly higher health care costs.

答案:

1. diminish 2. threatens 3. dramatic 4. analyze 5. evolved 6. internal 7. Triggered  
8. embrace 9. pose 10. suspected 11. transformation 12. implicated

**III. Study the evidence that can be used to support the given opinion. Match each piece of evidence (1-4) with the form(a-d).**

**Opinion1:** People with strong social networks tend to live longer.

1. Because when you are ill, you stand a better chance of getting the help you need if there's someone by your side.
  2. According to a 2016 study, older adults who felt extremely close to family members had less risk of dying in the next five years compared with those who didn't feel as tight with their family.
  3. For example, people with siblings, especially sisters, are less likely to report feeling lonely.
  4. Interactions in our relationships impact us more than we think.
- a. an example: \_\_\_\_\_ b. a reason: \_\_\_\_\_  
c. a fact or a figure: \_\_\_\_\_ d. research findings: \_\_\_\_\_

答案: a-3 b-1 c-4 d-2

**Opinion 2:** Eating late at night does great harm to our health.

1. In my experience, if I eat dinner later than 9 p.m., I cannot easily fall asleep.
  2. Acid reflux (胃酸反流), which is a problem likely to be caused by eating late at night, affects as many as 40% of Americans.
  3. Recent research shows that dinner time, often delayed by longer work hours, has great impact on people's fitness.
  4. After eating, it's important to stay upright since gravity helps keep food in the stomach while lying down with a full stomach would be bad for digestion.
- a. an example: \_\_\_\_\_ b. a reason: \_\_\_\_\_  
c. a fact or a figure: \_\_\_\_\_ d. research findings: \_\_\_\_\_

答案: a-1 b-4 c-2 d-3

**IV. Fill in the blanks according to the Chinese and the initial letters provided in the sentence.**

1. 科学家们正在研究进食时间是如何影响健康的。  
Scientists are studying how the timing of food i \_\_\_\_\_ affects health.
2. 新的科学证据表明: 夜间进食, 与白天摄入相同热量的食物相比, 可能导致人们长胖。  
Emerging scientific evidence suggests that eating at night, compared with eating calorically e \_\_\_\_\_ meals during the day, may cause people to gain weight.
3. 在整个进化过程中, 白天是摄入营养的时段, 而晚上则是禁食的时段, 我们的内部器官也相应进化了。  
Throughout evolution, daytime has been for n \_\_\_\_\_ and nighttime for fasting, and our organs have evolved accordingly.
4. 人们已发现夜间进食是引起多种疾病以及学习与记忆问题的一个因素。  
Night eating has been i \_\_\_\_\_ as a factor in a number of diseases and learning and memory problems.
5. 除了夜间断食以外, 将一天中的主餐时间提前也很有益处。  
In addition to fasting at night, it's b \_\_\_\_\_ to eat the main meal earlier in the day.
6. 要是年年接近某个生命阶段而又认为这个阶段是可怕的, 那就很难对其表现出积极的心态。  
It's hard to feel positive about a stage of life when you spend every year leading up to a \_\_\_\_\_ that I'm

going to grim.

**答案: 1. ntake 2. quivalent 3.ourishment 4. mplicated 5. eneficial 6. ssuming**

**V. Choose the best word or phrase to complete each sentence. Select the most appropriate option (A, B, C, or D) that reflects a cautious or tentative tone commonly used in academic writing.**

1. The results of the experiment \_\_\_\_\_ support the hypothesis.

- A. definitely
- B. strongly
- C. may
- D. certainly

2. There is a \_\_\_\_\_ relationship between sleep and memory.

- A. possible
- B. definite
- C. absolute
- D. conclusive

3. The data \_\_\_\_\_ indicate a trend toward increased efficiency.

- A. must
- B. seem to
- C. will
- D. have to

4. This theory is \_\_\_\_\_ accepted in the scientific community.

- A. completely
- B. always
- C. generally
- D. absolutely

5. The findings \_\_\_\_\_ suggest that further research is needed.

- A. clearly
- B. undoubtedly
- C. tentatively
- D. obviously

6. The increase in temperature \_\_\_\_\_ be due to climate change.

- A. must
- B. could
- C. is
- D. will

7. The author \_\_\_\_\_ that this method is more effective.

- A. proves
- B. argues
- C. shows
- D. demonstrates

8. This approach is \_\_\_\_\_ effective in certain contexts.

- A. always
- B. never
- C. somewhat
- D. completely

9. The results \_\_\_\_\_ a correlation between the variables.

- A. establish
- B. confirm

C. suggest

D. prove

10. It is \_\_\_\_\_ that the sample size was too small.

A. certain

B. possible

C. definite

D. sure

**答案: 1-5 CABCC 6-10 BBCCB**

## 学术英语 练习 5

### Unit 5 Psychology

**I. Read Reading 1 and match the underlined words in the left column with their meanings in the right. Use the context of each word in the text to help you decide.**

#### Group 1

- \_ 1. college students we surveyed (Para. 4)
- \_ 2. constitute an addiction (Para. 6)
- \_ 3. the American Psychiatric Association's definitive guide (Para. 6)
- \_ 4. given the ongoing debate (Para. 7)
- \_ 5. A virtual drug (Para. 8)
- \_ 6. despite the negative consequences (Para. 8)
- \_ 7. One of the features of addictions (Para. 9)

- a. in spite of
- b. continuing
- c. computer-generated
- d. authoritative
- e. investigated.
- f. typical aspects
- g. form; make up

#### Group 2

- \_ 8. mistakenly interpret something they hear as a ringtone (Para. 10)
- \_ 9. as a vibrating alert (Para. 10)
- \_ 10. have assured us that phantom phone experiences are not a problem (Para. 13)
- \_ 11. how reliant we are on our phones (Para. 15)
- \_ 12. maximize the benefits (Para. 16)
- \_ 13. minimize the hazards (Para. 16)
- \_ 14. how we interact with others (Para. 16)
- \_ 15. continue to buzz with anticipation (Para. 17)

- h. warning
- i. promised
- j. make the least of
- k. expectation
- l. make the most of
- m. act or work together
- n. understand
- o. dependent

**答案:** 1. e 2. g 3. d 4. b 5. c 6. a 7. f 8. n 9. h 10. i 11. o  
12. l 13. j 14. m 15. k

**II. Examine each of the following sentences and judge whether it is a fact (F) or /and opinion (O) based on Reading 1. If it is a fact, please mark with "F". If it is an opinion, please mark with "O". If they are both, please mark with "F&O".**

1. At least you're not alone. Over 80% of college students we surveyed have experienced it. (Para. 4)  
\_\_\_\_\_
2. However, if it's happening a lot — more than once a day — it could be a sign that you're psychologically dependent on your cellphone. (Para. 4)  
\_\_\_\_\_
3. There's no question that cellphones are part of the social fabric in many parts of the world, and some people spend hours each day on their phones. (Para. 5)  
\_\_\_\_\_
4. Our research team recently found that most people will fill their downtime by fiddling with their phones. Others even do so in the middle of a conversation. And most people will check their phones within 10 seconds of getting in line for coffee or arriving at a destination. (Para. 5)  
\_\_\_\_\_
5. Those who scored higher on cellphone dependency — they more often used their phones to make themselves feel better, became irritable when they couldn't use their phones and thought about using their phone when they weren't on it — had more frequent phantom phone experiences. (Para. 12)  
\_\_\_\_\_
6. We are in a brave new world of virtual socialization, and the psychological and social sciences can barely keep up with advances in the technology. (Para. 14)  
\_\_\_\_\_

答案: 1.F 2.O 3.F & O 4.F 5.F 6.O

**III. Complete the sentences with the words given below. Change the form where necessary.**

survey alert virtual ongoing despite constitute interact anticipate feature reliant interpret  
definitive minimize navigate assure

1. Among the companies \_\_\_\_\_, 33 percent said they did not always investigate before making overseas investments.
2. Sometimes words can be \_\_\_\_\_ in different ways, so try to be as clear as you can in your writing to avoid any misinterpretation.
3. The participating groups that are not able to arrive at the meeting can \_\_\_\_\_ with the experts and students through WeChat videos.
4. Studies show that having fun is a source of happiness, and \_\_\_\_\_ is an important part of that pleasure.
5. Officials from the zoo said the panda's condition could be the result of a dietary problem, but they \_\_\_\_\_ people there was nothing to worry about.
6. There are studies underway about this rare disease, but currently no cures or \_\_\_\_\_ treatments have been announced.
7. Web addicts spend so much time on the Internet that they are unable to draw a distinction between the \_\_\_\_\_ world and the real world.
8. \_\_\_\_\_ economic uncertainties and signs of declining, consumers have continued to spend a lot of money online.

答案: 1. surveyed 2. interpreted 3. interact 4. anticipation 5. assured 6. definitive  
7. virtual 8. Despite

**IV. For each question, select the most appropriate presentation signposting phrase from the four options based on its specific function (e.g., introducing a new point, showing contrast, giving examples, concluding, emphasizing, etc.).**

1. Which of the following signposting phrases is used to introduce a new point in a presentation?
  - A. That brings me to my next point.
  - B. To summarize what I've said so far...
  - C. In contrast to the previous idea...
  - D. Let me go back to what I mentioned earlier.
2. Which phrase is used to show a contrast between two ideas?
  - A. In addition to this...
  - B. On the other hand...
  - C. To sum up...
  - D. For example...
3. Which signposting phrase is used to give an example?
  - A. As a result...
  - B. To clarify this...
  - C. For instance...
  - D. In conclusion...
4. Which phrase is used to return to a previous point?
  - A. Let me digress...
  - B. As I mentioned earlier...

- C. Turning to the next point...
- D. To summarize...
5. Which phrase signals the end of a presentation?
- A. To wrap up...
- B. Moving on to...
- C. First of all...
- D. In contrast...
6. Which phrase is used to emphasize a point?
- A. It's worth noting that...
- B. In other words...
- C. Meanwhile...
- D. To illustrate...
7. Which phrase is used to introduce a cause and effect relationship?
- A. Therefore...
- B. In addition...
- C. Likewise...
- D. On top of that...
8. Which phrase is used to change the topic?
- A. In conclusion...
- B. Let's now turn to...
- C. To reiterate...
- D. For example...
9. Which phrase is used to restate something in simpler terms?
- A. To put it another way...
- B. In summary...
- C. As a result...
- D. In contrast...
10. Which phrase is used to introduce the first point?
- A. To begin with...
- B. In the meantime...
- C. Consequently...
- D. That said...

**答案：1-5 ABCBA 6-10 AABAA**

**V. In the following excerpt, different forms of cautious language are combined. Identify each underlined instance as either (a) expressing probability, (b) showing distance, or (c) using generalization. Write the corresponding number(s) in the appropriate category.**

1) It is suggested that the best looking thing on a man 2) may be a good-looking woman. Researchers report that women find a man they see staying with an attractive woman more desirable than unattached men. 3) That's according to a study in the journal *Evolutionary Psychology*, in which the women rated the men accompanied by good-looking girls as more desirable than the single guys. Plus, the attached men were thought more 4) likely to be more intelligent, trustworthy, humorous, wealthy and attentive. Researchers deduced (推断) that 5) most women 6) probably 7) assume partnered-up men have those qualities of brilliance and personality to be an appropriate match for a good-looking mate.

- (a) Expressing probability: \_\_\_\_\_
- (b) Showing distance: \_\_\_\_\_
- (c) Using generalization: \_\_\_\_\_

答案:

- (a) Expressing probability: 2, 4, 6, 7)  
(b) Showing distance: 1 3)  
(c) Using generalization: 5)

## 学术英语 练习 6

### Unit 6 Zoology

**I. Finish paras. 1-5 in Reading 1 and decide whether each statement is true (T) or false (F).**

- ☐ 1. Pets are a big responsibility, so not many families keep them.  
☐ 2. More than 60% of American families have a pet, and keeping pets is expensive.  
☐ 3. Pet owners are not sure about what they get in return for what they have spent on their pets.  
☐ 4. Keeping a pet cultivates healthy living habits in pet owners.  
☐ 5. The author is going to discuss people's behavioral changes when they interact with a pet.

答案: 1.F 2. T 3.F 4.T 5.F

**II. Finish paras. 6-13 in Reading 1 and complete the sentences below with NO MORE THAN FOUR WORDS from the text.**

1. A study showed that people felt the least stressed and recovered fastest when they were \_\_\_\_\_.
2. Even a short meeting with a dog can \_\_\_\_\_ after just a few minutes.
3. Research shows that pets reduce harmful hormones and \_\_\_\_\_ that fight stress.
4. Watching fish lowers blood pressure and acts as a \_\_\_\_\_.
5. Almost all people, whether children or average adults, \_\_\_\_\_ their pets as companions.
6. Dog owners are more likely to be approached by others and thus extend their \_\_\_\_\_.
7. Wheelchair patients with dogs receive both more attention and \_\_\_\_\_ from strangers and acquaintances.
8. For the elderly or infirm, a pet provides a constant source of healthy \_\_\_\_\_.
9. AIDS patients who own pets are much less likely to \_\_\_\_\_ depression.
10. Depression patients exercising with dolphins saw \_\_\_\_\_ over those exercising without them.

答案:

1. only with their pet
2. reduce anxiety levels
3. elevate beneficial hormones
4. powerful relaxant
5. value
6. social network
7. better quality attention
8. social stimulation
9. succumb to
10. significant improvements

**III. The underlined words in the following sentences are either active words or academic words marked in Academic Word List (AWL). Choose a, b, or c that has the closest meaning to each underlined word.**

1. The committee said there was no scientific justification for these restrictions in terms of either health or environment protection.  
a. positive attitude  
b. acceptable behavior  
c. good reason
2. The management's announcement of a pay cut prompted workers to go on strike.

- a. caused
  - b. discouraged
  - c. suggested
3. The **ultimate** aim of cutting auto emissions is to replace gasoline altogether by using battery power or other non-polluting energy sources.
- a. final
  - b. basic
  - c. original
4. Hotel managers must be able to get along with all kinds of people, even in **stressful** situations.
- a. demanding
  - b. awesome
  - c. depressing
5. He did not appear to remember our **encounter** last summer and just nodded when we were introduced.
- a. unpleasant experience
  - b. difficult situation
  - c. unexpected meeting
6. The company promised they would make no staff **reductions** for at least two years.
- a. discounts
  - b. decreases
  - c. simplifications
7. What the movie is hinting at is that the **presence** or absence of a father in a family seems to be a minor detail, not even requiring an explanation.
- a. manners
  - b. existence
  - c. quality
8. Mild symptoms of anxiety and **depression** are often associated with one's social or economic difficulties.
- a. stress
  - b. pressure
  - c. sadness
9. Many of the party's **loyal** supporters have begun to question his leadership.
- a. faithful
  - b. relative
  - c. dependent
10. Doctors are not allowed to **reveal** patients' information unless they have some justification for doing so.
- a. conceal
  - b. identify
  - c. disclose
11. Online social media has become **integral** to the lives and businesses of people around the world.
- a. essential
  - b. separate
  - c. characteristic
12. A lot of your performance depends on building and **maintaining** a good relationship with your customers.
- a. supplying
  - b. keeping
  - c. believing
13. Over 80% of college students we **surveyed** have experienced it.
- a. ignored
  - b. rewarded
  - c. polled

答案: 1. c, 2. a, 3. a, 4. a, 5. c, 6. b, 7. b, 8. c, 9. a, 10. c, 11. a, 12. b 13. c

**IV. Complete the sentences with the phrases in the box. Change the form where necessary.**

back up   every now and then   in return   out there   strike up   turn to   upward of   work out to cope with   curl up   early on   in effect   make sense   take heart
--

1. Apple sold 33 million iOS devices in the third quarter, including iPod Touch, iPhone and iPad, which \_\_\_\_\_ about 367,000 devices per day.
2. It's actually smart to take a break from work and stress \_\_\_\_\_. Don't feel guilty for having a few days off to get your life back in balance.
3. Several of the passengers were perfect strangers until one of them \_\_\_\_\_ a conversation and then made a joke about the upcoming journey.
4. Being out of work for months, he had no way out but to \_\_\_\_\_ the employment agency for support.
5. He may have ruled the streets \_\_\_\_\_, but in here, he should follow the rules just like us.
6. When you write a history essay, you should \_\_\_\_\_ all your opinions with facts.
7. They are letting us use their lab, and \_\_\_\_\_ we are giving them the results of our research.
8. In the next 10 years, the length of the railway tunnel to be built will \_\_\_\_\_ length of the railway tunnel that has already been completed
9. We're paid more but \_\_\_\_\_, we're earning less than last year because of the higher income tax.
10. If a bear does actually make contact with you, \_\_\_\_\_ in a ball, protecting your stomach and neck and play dead.
11. The children who gave in to temptation \_\_\_\_\_ were more likely to be lonely, easily frustrated and inflexible when they grew up.
12. Facing competition from domestic and overseas markets, small businesses should \_\_\_\_\_ at the government's tax relief plan.
13. She used to turn to her supervisor for assistance when encountering any trouble, but now she can \_\_\_\_\_ everything on her own.
14. The finding suggests that it doesn't \_\_\_\_\_ to take vitamin C 365 days a year to lessen the chance of catching a cold.

答案: 1. work out to 2. every now and then 3. struck up 4. turn to 5. out there 6. back up 7. in return 8. upward of 9. in effect 10. curl up 11. early on 12. take heart 13. cope with 14. make sense

## 学术英语 练习 7

### Unit 7 Sports

**I. Complete the short paragraph with the words and phrases below to represent a cause-effect relationship.**

as a result, cause, leading to, impact, effects, owing to

Climate change has become a pressing global issue in recent years. 1. \_\_\_\_\_ the continuous increase in global temperatures, sea levels are rising at an alarming rate. This rise in sea levels has a significant 2. \_\_\_\_\_ on coastal ecosystems. Many coastal habitats, such as mangroves and salt marshes, are being submerged, 3. \_\_\_\_\_ the loss of biodiversity. 4. \_\_\_\_\_ these changes, numerous species that depend on these habitats are facing the threat of extinction. Additionally, the increase in ocean temperatures is 5. \_\_\_\_\_ coral bleaching, which further damages the delicate balance of marine ecosystems. It is crucial that we take immediate action to mitigate the 6. \_\_\_\_\_ of climate change and protect our valuable coastal environments.

**答案: 1.Owing to 2.impact 3.leading to 4.As a result of 5.causing 6.effects**

**II. Reading 1 has five paragraphs. Choose the correct subheading for each paragraph from the list (A-G).**

- ( ) 1. Para. 1
- ( ) 2. Para. 2
- ( ) 3. Para. 3
- ( ) 4. Para. 4
- ( ) 5. Para. 5

- A. Numerous benefits
- B. Physical activity: vigorous or modest?
- C. Doing sports as a profession?
- D. A life-long advantage
- E. Good habits developed early
- F. Different views on PE class
- G. Better control of our life

**答案: 1. F 2.E 3.C 4.A 5.G**

**III. The words in the box below are either active words or academic words marked in the Academic Word List (AWL). Choose the most suitable one to complete each sentence. Change the form where necessary.**

adulthood vigorous complain invest consumption justify eliminate  
minute ensure pursue

1. There is no evidence for a strong association between moderate alcohol \_\_\_\_\_ and heart problems.
2. Feeling depressed is common and you cannot \_\_\_\_\_ it totally from your life.
3. One goal of the program is to encourage more students from low-income backgrounds to \_\_\_\_\_ careers in education.
4. How much time you \_\_\_\_\_ in training determines what skills you will end up with in the future.
5. The company has won many honors but it has to do more to \_\_\_\_\_ its leadership and competitiveness in the future.
6. Heavy children tend to stay overweight into \_\_\_\_\_, which increases risks of diabetes and

cardiovascular diseases at a younger age.

7. When people \_\_\_\_\_ or are dissatisfied with their lives, they often blame others for their unhappy state of affairs.

8. He takes \_\_\_\_\_ exercises for several hours a week to stay healthy.

9. It is true he has been troubled by family matters, but that cannot \_\_\_\_\_ his long absence from work.

10. The police carefully examined every corner of the room, and found \_\_\_\_\_ blood traces on the couch.

答案: 1.consumption 2.eliminate 3.pursue 4.invest 5.ensure 6.adulthood 7.complain  
8.vigorous 9.justify 10.minute

#### IV. Rewrite the following sentences by converting the underlined adjectives into verbs.

Example: Thousands of workers joined the educational projects in an attempt to make them better.

→ Thousands of workers joined the educational projects in an attempt to better themselves.

1. These wrong tendencies should be put right to bring about a great advance in the publishing industry.

→ These wrong tendencies should be \_\_\_\_\_ to bring about a great advance in the publishing industry.

2. The calmness and the steadiness of the professor's voice seemed to keep the audience quiet very quickly.

→ The calmness and the steadiness of the professor's voice seemed to \_\_\_\_\_ the audience very quickly.

3. The severe economic crisis has made nearly ten thousand workers idle and aroused much fear in the country.

→ The severe economic crisis has \_\_\_\_\_ nearly ten thousand workers and aroused much fear in the country.

4. The disagreement over trade tariffs has made relations between the two countries go sour.

→ The disagreement over trade tariffs has \_\_\_\_\_ the relations between the two countries.

5. You can't help but feel humble when you enter this church.

→ You can't help but be \_\_\_\_\_ when you enter this church.

答案: 1. righted 2. quiet 3. idled 4. soured 5. humbled

#### V. Complete the sentences with phrases from Reading 2. Their meanings and paragraph numbers have been given in brackets.

1. What counts is how things look from the perspective of the children — whether they feel loved the same when they mess up or \_\_\_\_\_. (*fail to achieve what they want; para.1*)

2. Any player who has \_\_\_\_\_ in the tournament rounds will be qualified to enter the national finals. (*been allowed to continue playing; para.3*)

3. People talk about various reasons for the company's failure, but it all \_\_\_\_\_ one thing: a lack of leadership. (*has... as the most important part; para.5*)

4. We \_\_\_\_\_ some good, workable solutions for data processing, but we didn't really address the larger complexities we might face in programming. (*came to an end with; Para. 6*)

5. Monkeys have long been used as a model for human brain studies, and so the results may also \_\_\_\_\_ for humans, though further research is needed to confirm that. (*be true; Para. 6*)

6. There is no guarantee that we will succeed every time, but the trial creates value \_\_\_\_\_. (in nature; Para. 7)

答案: 1. fall short 2. made the cut 3. comes down to 4. hold true

5. ended up with 6. in itself

VI. The topic of this presentation is “A Comparison of Gym and Outdoor Exercise”. You may need to capitalize the first letter of some expressions when filling in the blanks.

as we can see here	in the graph	let's move on
take a look	these are the findings of	this brings us to the next point

I'd like to start by talking about doing exercise in the gym. 1 \_\_\_\_\_ slide. As shown 2 \_\_\_\_\_, gym members, on average, do six hours more exercise a week than non-members. 3 \_\_\_\_\_ a recent study: gym members tend to have “lower heart rates, smaller waists and higher levels of cardiovascular fitness”. So it is doubtless that gym exercise greatly enhances people's health, Then how about doing exercise outdoors? Does it have similar positive effects on people? 4 \_\_\_\_\_: outdoor exercise. 5 \_\_\_\_\_ to the next slide. According to another research, outdoor activity has different health benefits. 6 \_\_\_\_\_ (the presenter pointing to the slide): it can “boost vitamin D levels, reduce tension and depression, and make you feel more refreshed and positive about life”.

答案:

1. Take a look

2. in the graph

3. These are the findings of

4. This brings us to the next point

5. Let's move on

6. As we can see here

VII. Fill in the blanks according to the Chinese and the initial letters provided in the sentence.

1. 在通往卓越的道路中，为什么有些人能成为冠军而另一些人却做不到呢？

On the path to greatness, why do some become c \_\_\_\_\_ while others fall short?

2. 最近的一项研究在那些有志于到达巅峰的人身上发现了共同的心理特质。

A recent study found there are universal psychological characteristics amongst those who are a \_\_\_\_\_ to get to the top.

3. 精英们对训练有一种“永不满意”的态度，而“差不多”们则可能会避免挑战性太强的训练计划。

Elite performers expressed an internal drive and c \_\_\_\_\_ to their sports that their “almost” great colleagues lacked.

4. 有雄心壮志的运动员对于挑战的态度才是最能将冠军与其他人区分开来的条件。

An aspiring athlete's attitude towards challenge is what most d \_\_\_\_\_ the champions from the rest.

答案: 1. champions 2. aspiring 3. commitment 4. distinguishes

学术英语 练习 8  
Unit 8 Urban Planning

**I. Skim the text and choose the right answers.**

- 1) What is the text mainly about?
- a) Advice on city planning in the future.  
b) The need to live close to nature.  
c) Mental benefits of city parks.
- 2) How many studies are presented in the text?
- a) One. b) Two. c) Three.

**答案: 1)c 2)b**

**II. Divide the text into three parts: introduction, body and conclusion. Write the paragraph number(s) for each part based on Reading 1.**

Part	Para(s).
1. Introduction	
2. Body	
3. Conclusion	

**答案: 1. 1, 2. 2-4, 3. 5**

**III. Complete the following sentences with words from the box below. These words are all polysemous, which means each word has more than one meaning. Change the form where necessary. Each word can be used more than once.**

enrich    gap    input    variable
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1. With a click of the mouse, the \_\_\_\_\_ gathered from the Internet can be stored easily in a database. (information that is put into a computer)
- 2) The oil boom greatly \_\_\_\_\_ the local people. (made someone rich)
- 3) A huge \_\_\_\_\_ exists between the lifestyles of the rich and the poor. (a big difference between two groups of people)
- 4) A medium-sized eagle is exceptionally \_\_\_\_\_ in color, from very dark brown, almost black, to pale brown, nearly white. (showing diversity; being different)
- 5) Fruit juices are added to this cheap wine to \_\_\_\_\_ its color and flavor. (make food taste better)
- 6) We need everybody's \_\_\_\_\_ on this project. So I'd like to fix a time to meet next week and hear what you all have to say. (ideas, advice or effort put into a job or activity)
- 7) Most people agree that immigrant( 移民的 ) communities \_\_\_\_\_ our culture to a great degree. (improve the quality of something)
- 8) There are too many \_\_\_\_\_ in the experiment to predict the result accurately. (things that may be different in different situations)
- 9) The gate was locked but we managed to get through a \_\_\_\_\_ in the fence. (a hole or space where something is missing)

**答案: 1. input 2. enriched 3. gap 4. variable 5. enrich 6. input 7. enrich 8. variables 9. gap**

**IV. Complete the sentences with phrases from Reading 1. Their meanings and paragraph numbers have been given in brackets.**

1. The medical examination shall be repeated \_\_\_\_\_ to guarantee the workers physical suitability. (with a regular period of time in between; Para.2)
2. This would allow investors to \_\_\_\_\_ trading costs before calculating how much money they made from the stock exchanges. (not include; Para.2)
3. Many restaurants add a service charge, which customers may forget to \_\_\_\_\_ when deciding how much they can spend.(include; Para.3)
4. Statistics show that online travel services \_\_\_\_\_ more than one-third of the total European travel market last year.(made up, formed; Para.3)
5. We have decided to make a further price cut of 2% \_\_\_\_\_ this will help you push the sale of our products.(with the hope that; Para.5)
6. Each individual should be rewarded according to his contribution to the profit of his own department and of the corporation \_\_\_\_\_ (as a single and complete unit; Para.5)

**答案: 1. at regular intervals 2. factor out 3. factor in 4. accounted for 5.in the hope that 6. as a whole**

**V. Study the polysemous words in the following and choose the correct meaning for the underlined word in each sentence.**

1. emerge

- a. appear or come out from somewhere
- b. become known after being hidden or secret
- c. come out of a difficult experience

1. \_\_\_\_\_ The facts **emerged** after a lengthy investigation.
2. \_\_\_\_\_ The sun **emerged** from behind the clouds.
3. \_\_\_\_\_ She **emerged** from the divorce a stronger person.

2. counter

- a. a long flat surface over which goods are sold or business is done in a shop, bank, etc.
- b. an electronic device for counting sth.
- c. do sth. in order to prevent sth. bad from happening or to reduce its bad effects
- d. say sth. in order to try to prove what sb. said is not true

4. \_\_\_\_\_ When they blamed him for the collapse of the bridge, he **countered** that his warnings about the bridge had been ignored.
5. \_\_\_\_\_ Intelligent as they may be, whales have not found a way to **counter** the attacks of their deadliest enemy: human beings.
6. \_\_\_\_\_ The clerk behind the **counter** just looked at the man but did not tell him where the men's department was.
7. \_\_\_\_\_ Primary school students are not allowed to use **counters** in maths class.

3. evolve

- a. develop gradually, esp. from a simple to a more complicated or advanced form
  - b. develop over time, often many generations, into forms that are better adapted to survive changes in environment
8. \_\_\_\_\_ Many scientists now believe that birds **evolved** from dinosaurs.
  9. \_\_\_\_\_ The city's importance as a financial centre has **evolved** slowly.

4. mechanism

- a. a set of moving parts in a machine that performs a task
  - b. a method or a system for achieving sth
  - c. a system of parts in a living thing that together perform a particular function
10. \_\_\_\_\_ In the modern environment, we aren't exposed to natural risks in the same way. But the underlying neural **mechanisms** haven't gone anywhere. (Para. 2, Reading 2, Unit 5)
11. \_\_\_\_\_ The peace plan includes a **mechanism** to share power between all four parties.
12. \_\_\_\_\_ Unfortunately, the locking **mechanism** on the door is broken.

5. property

- a. sth. that is owned by a person, business, etc.
  - b. a piece of land often with buildings on it that is owned by a person, business, etc.
  - c. special quality or characteristic of sth.
13. \_\_\_\_\_ The hotel is not responsible for any loss or damage to guests' personal **property**.
14. \_\_\_\_\_ We tested the chemical and biological **properties** of the samples.
15. \_\_\_\_\_ Homeowners who want to sell their homes without a real estate agent can now advertise their residential **properties** free on the Internet.

**答案: 1. b 2. a 3. c 4. d 5. c 6. a 7. b 8. b 9. a 10. c 11. b 12. a 13. a 14. c 15. b**

**VI. Study the speaking skills and complete the following closing part of a presentation with the expressions in the box. You may need to capitalize the first letter of some expressions when filling in the blanks.**

briefly summarize    I hope that you have found    if you have any questions  
the biggest reason    several possible solutions    talked about    thank you so much

In the end, I'd like to 1 \_\_\_\_\_ what have been discussed today.

First, we 2 \_\_\_\_\_ the situation that in recent years more cities have become overcrowded, especially during rush hours. Then we tried to explore major causes for this situation. 3 \_\_\_\_\_ is that too many cars are produced and owned.

Finally, 4 \_\_\_\_\_ have been proposed, such as developing public transportation and encouraging sharing bicycles or cars. 5 \_\_\_\_\_ the presentation helpful and that everyone has realized one thing: city planning should always "put people before automobiles". 6 \_\_\_\_\_ for your attention. (Wait for applause from the audience). I think we still have some time for a few questions. Please raise your hand to let me know 7 \_\_\_\_\_.

**答案: 1. briefly summarize 2. talked about 3. The biggest reason 4. several possible solutions  
5. I hope that you have found 6. Thank you so much 7. if you have any questions**