PsiHarmony

A website for holistic well-being

Problem Statement

- Personalized Health Guidance

- Empathetic Mental Health Chatbot Companion

- Comprehensive Wellness Information at Your Fingertips

- User-Centric Interfaces for Enhanced Health Understanding

- Early Disease Detection and Accurate Diagnosis

Our Idea

We introduce to you, Mimir, the personal chatbot.

Mental Health Page: Gives the user interactive sessions with chatbots, and has elements of games, journal writing and 'near me'
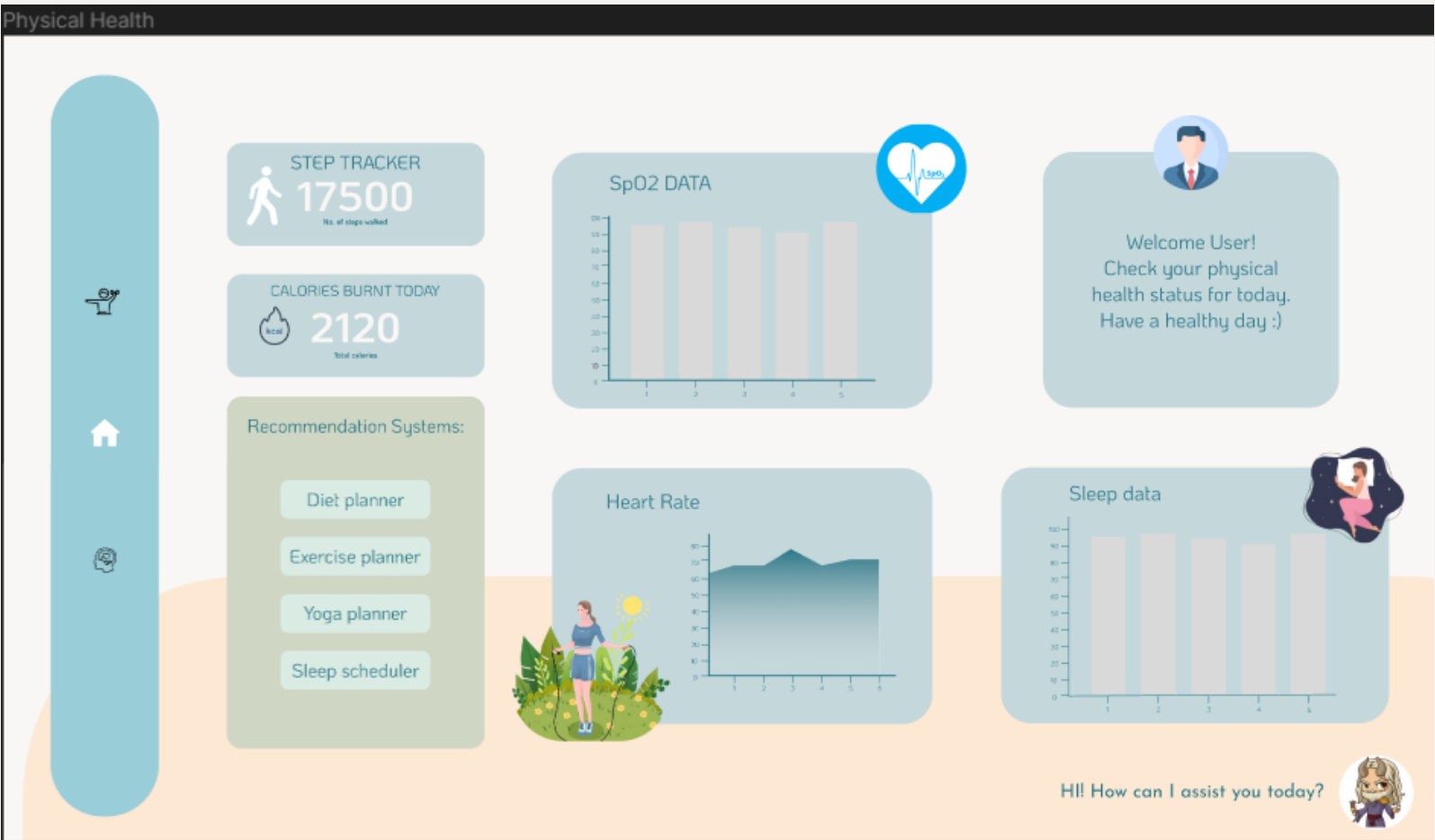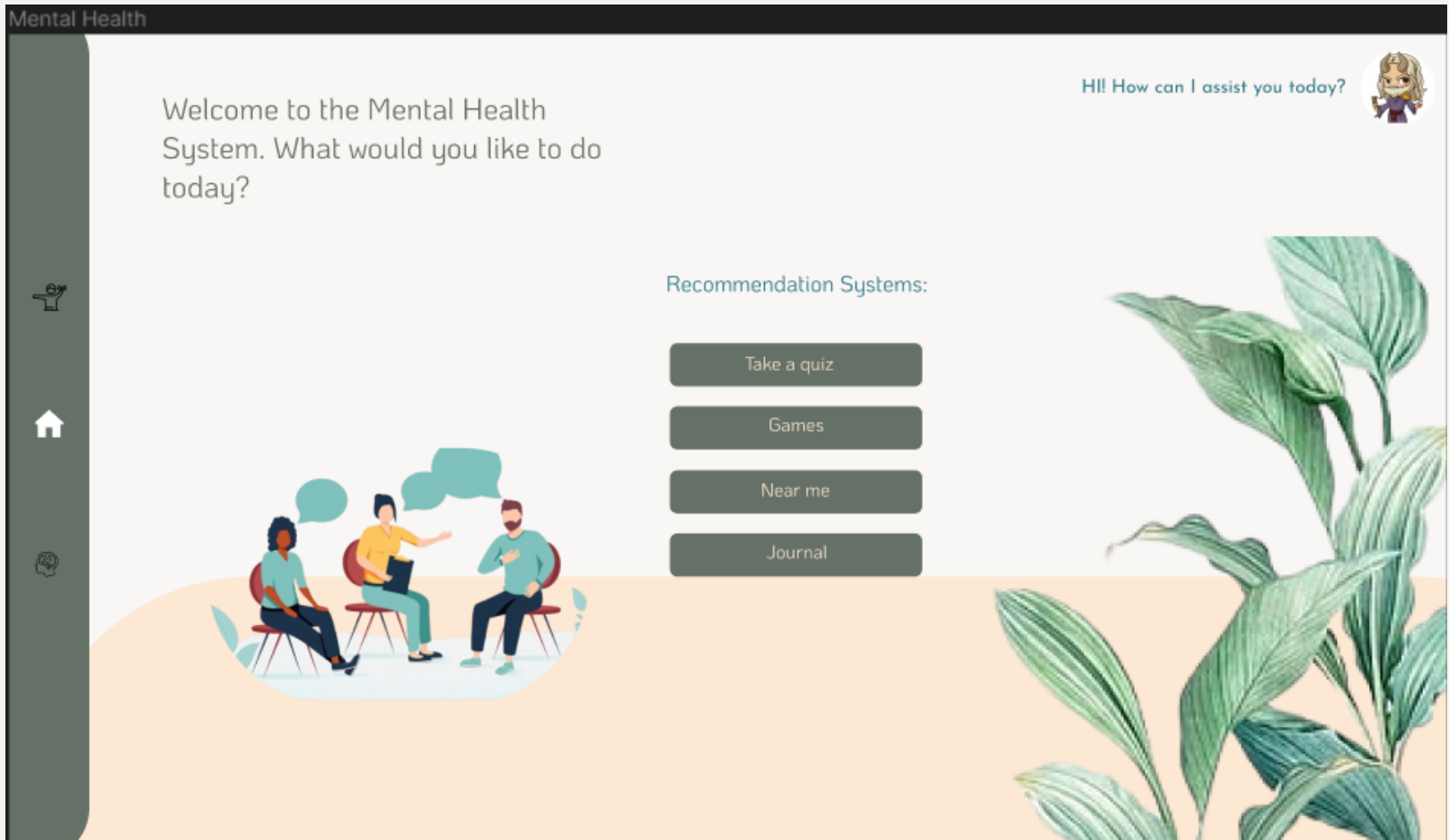
Physical Health Page: Shows your heart rate, steps, SpO2 data, calories burnt and sleep data.

Implementation of gamification elements and point system.

Future Webpage Design:

Current status of the project

Journal entries

Toggle Mode

🔍 type to search...

How was your day?

test

11/26/2023

cool

11/26/2023

asdasdf

11/26/2023

asdf

11/26/2023

asdf

11/26/2023

sdf

11/26/2023

asdf

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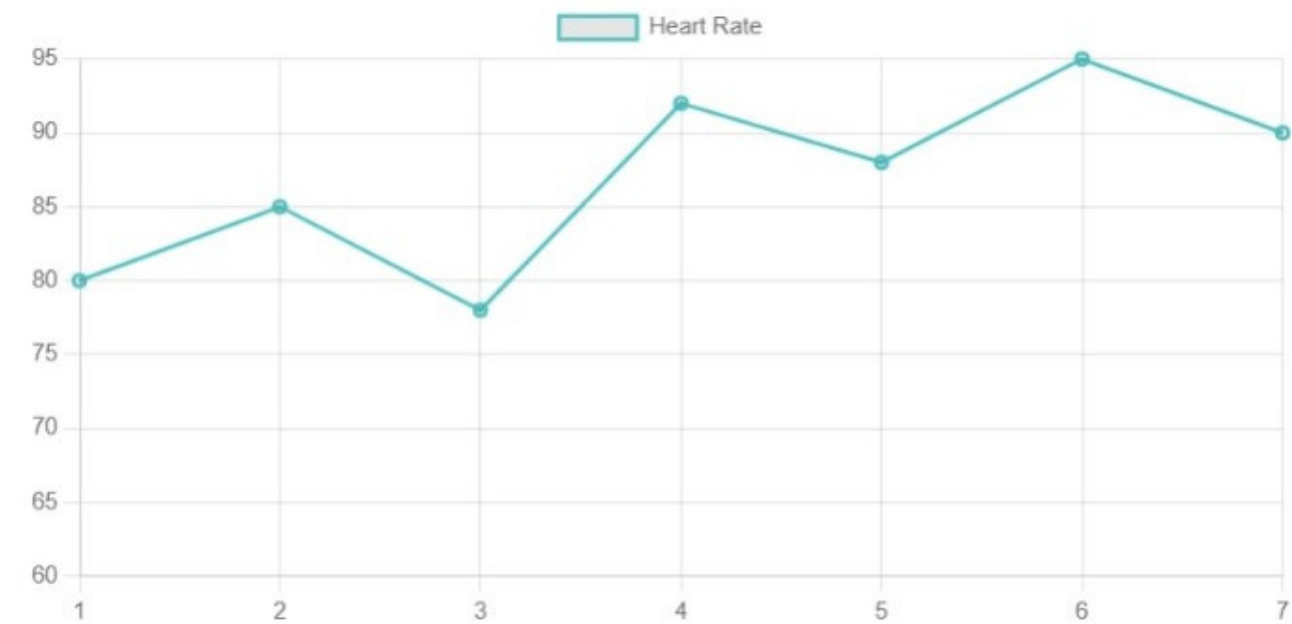
How are you feeling today?

200 Journal entries Remaining   Save

Health Monitor Dashboard

Heart Rate   Steps   Sleep   SpO2   Calories Burnt   Mental Health

Heart Rate

Heart Rate

Steps

Total Steps:

17500

Mental Health Monitor Dashboard

Health Dashboard

Recommendation system

Take a quiz

Chat bot

Near me

Journals

Your Hackathon Dashboard

Dashboard Chatbot Card Slider

Chatbot

You: hI
Chatbot: Hi there! How can I help you?
You: iM DRUNK
Chatbot: If your beliefs , thoughts , feelings or behaviours have a significant impact on your ability to function in what might be considered a normal or ordinary way, it would be important to seek help.

Type your message...

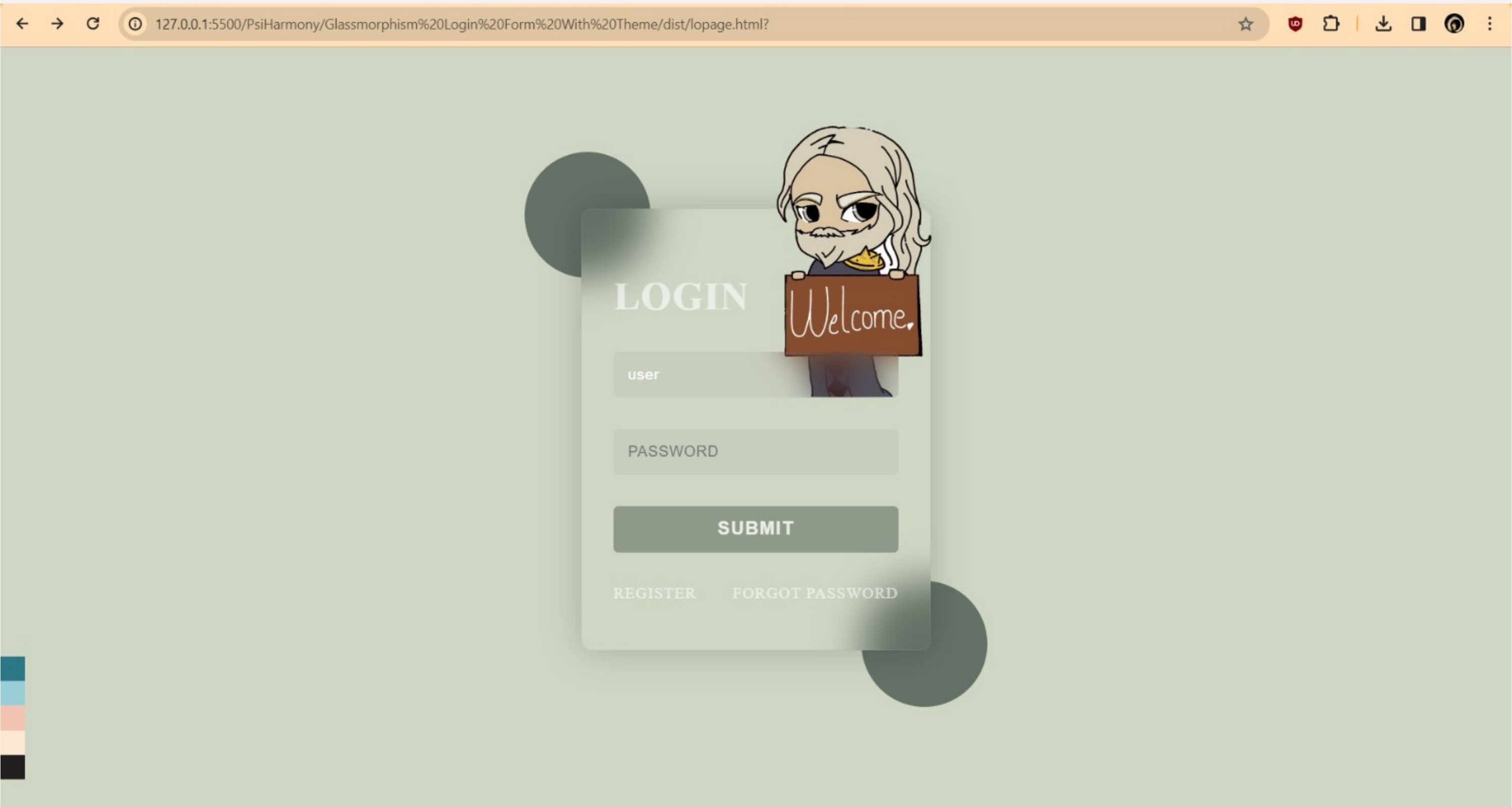Send
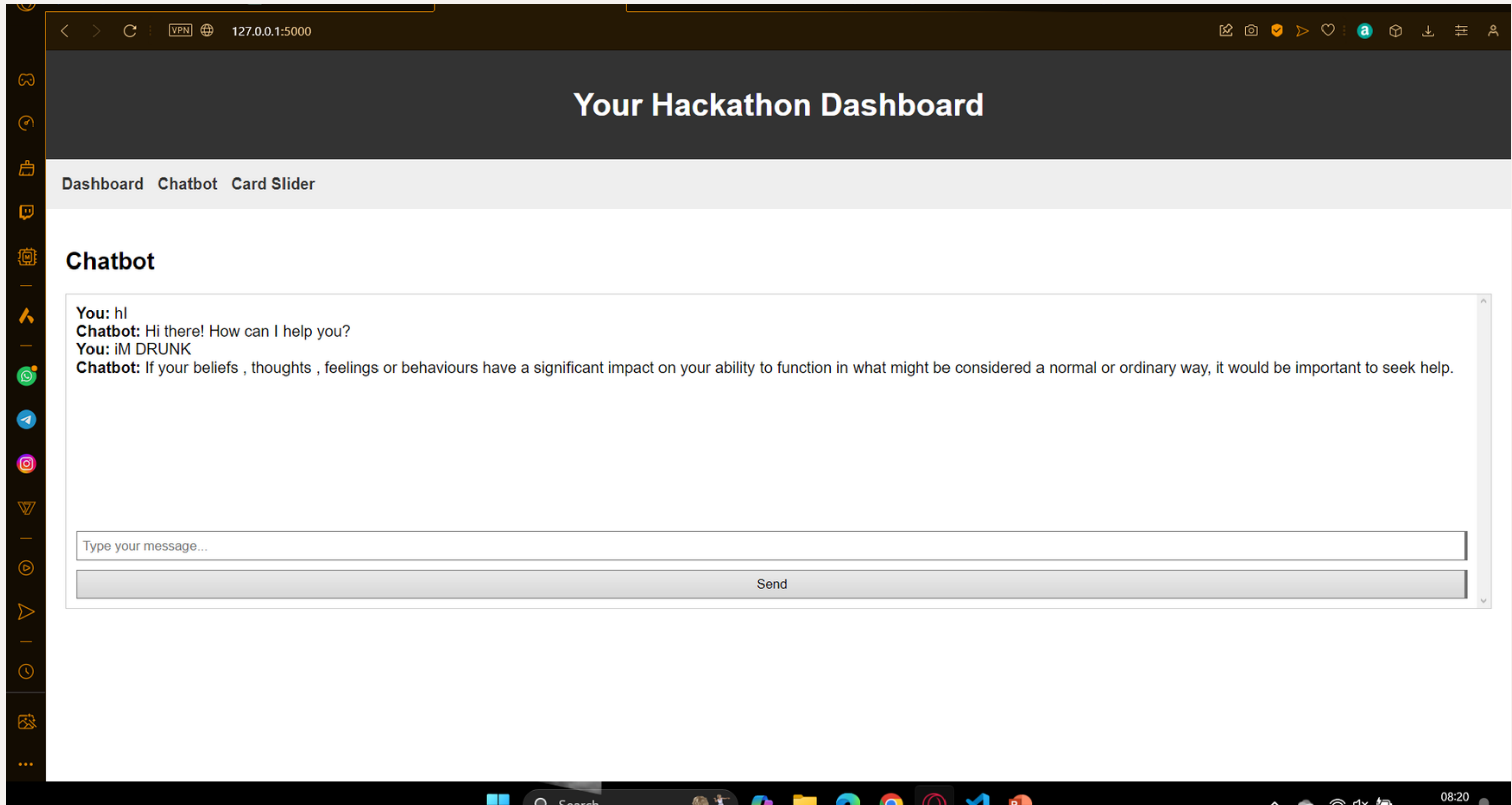
Future Approach Ideas:

- User-Centric Design

- Personalization

- Interconnected Health Data

- Community Engagement

- Wellness Challenges

- Mindfulness and Relaxation Hub

- Goal Setting and Tracking

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Problem Statement number SNH02

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THANK YOU

We're ready to answer your questions.