✅ Step-by-Step Method to Mark High Accuracy Support & Resistance

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🔷 1. Use Higher Timeframes First

Start with Daily, 4H, or 1H — these levels are stronger and more respected across all market types.

Why? Big institutions watch these levels.

🎯 Tip: Mark levels on 1D or 4H first → Then refine on lower timeframes like 15min or 5min.

🔷 2. Switch to Line Chart (Optional)

Temporarily switch to a line chart to remove candle noise.

Helps you see clean tops and bottoms (close prices) without wicks.

Then switch back to candlestick to confirm.

🔷 3. Find Swing Highs & Swing Lows

Look for price turning points:

Swing High → Resistance

Swing Low → Support

💡 If price touches a level 2 or more times and reverses → it's valid.

🔷 4. Draw Horizontal Zones (Not Lines)

Instead of a thin line, draw a rectangle zone (5–10 point buffer).

Price doesn't react at exact levels — it reacts within zones.

📌 Tools: Use "Rectangle" tool in TradingView or Dhan

🔷 5. Check Volume and Candle Reactions

Look for volume spikes and strong candle patterns at S&R:

Support: Hammer, Bullish Engulfing

Resistance: Shooting Star, Bearish Engulfing

🔍 If these appear near your levels → More accurate!

🔷 6. Use Confirmation From Price Action

A good S&R level will show:

Repeated rejections

Clean break + retest

Sharp bounce/reversal

Avoid weak levels where price just slides through without reaction.

🔷 7. Look for Breakout & Retest (S&R Flip)

When support is broken → it becomes resistance

When resistance is broken → it becomes support

This flip makes the level extra strong and reliable.

🔷 8. Avoid Noise – Fewer Levels = Better

Don't draw too many S&R lines/zones

Focus on most recent, most respected

zones

👎 Too many = Confusing, cluttered chart

🎯 Pro Tips for High Accuracy

Tip   Why It Works

✅ Start from Daily timeframe   Strong, respected levels
✅ Use 2–3 touches rule   Avoid random lines
✅ Draw zones, not thin lines   Price reacts in areas, not exact points
✅ Combine with RSI/MACD   Extra confirmation
✅ Mark only major swings   Clean &

simple chart
✅ Confirm with candle patterns　Entry precision improves