



# HUAWEI Health

Obtain User Behaviour and Health  
data effortlessly



Hello!

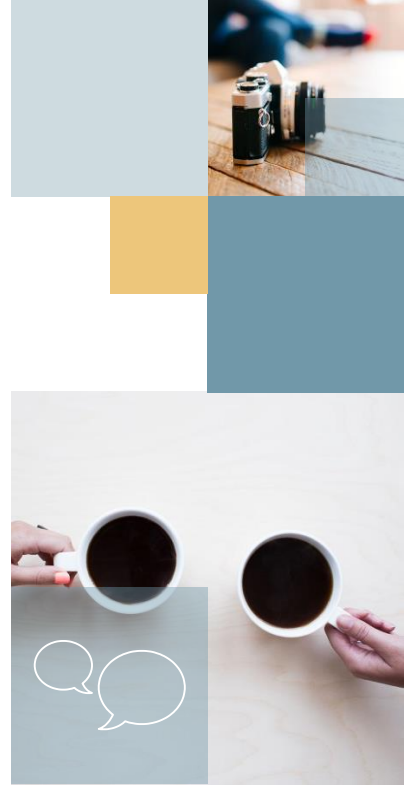
I am **Anil Ghimire**

Developer Technical Support Engineer (DTSE)

You can find me at <https://www.linkedin.com/in/anil-ghimire/>

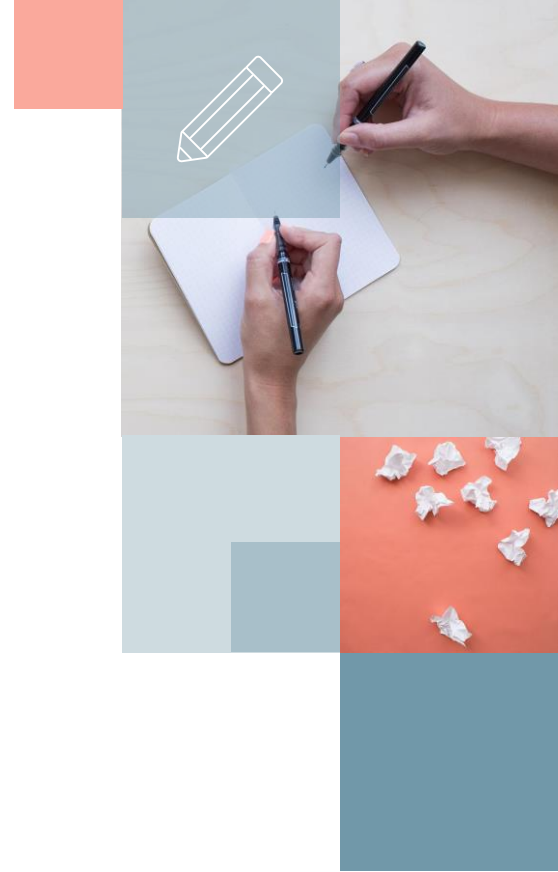


# Background

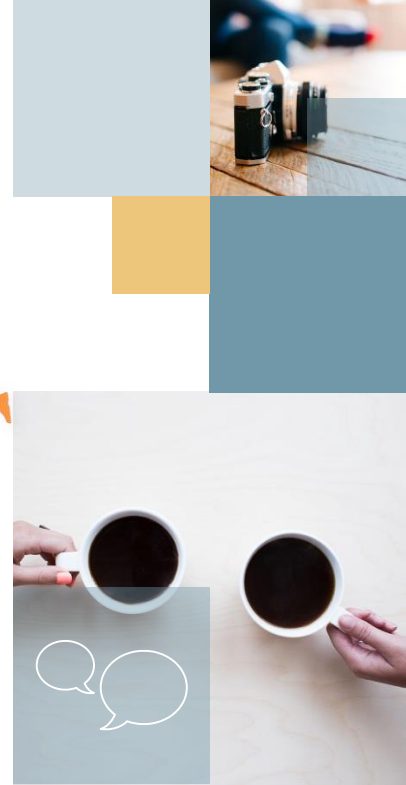


# Contents

- mHealth and Health APIs
- HUAWEI Health kit Overview
- Awareness Kit Overview
- Practical Use Cases
- Sample Codes

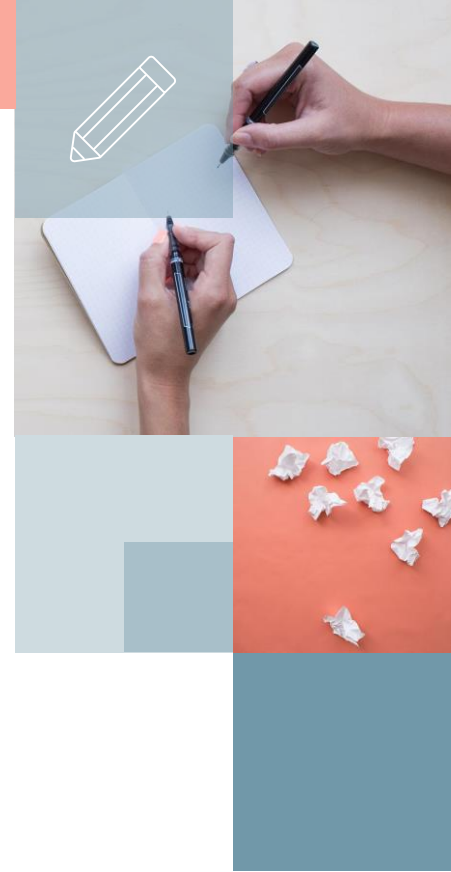


# mHealth



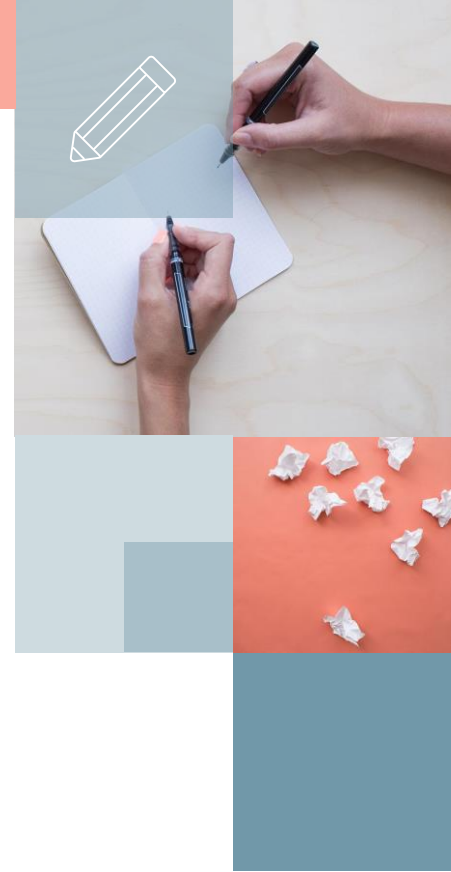
## mHealth

- Monitoring and sharing health info using smart devices and health tracking apps.
- Smartphones are hub for additional sensors.
- Smart watches are best additional sensors.
- Wearable sensors has endless possibilities.

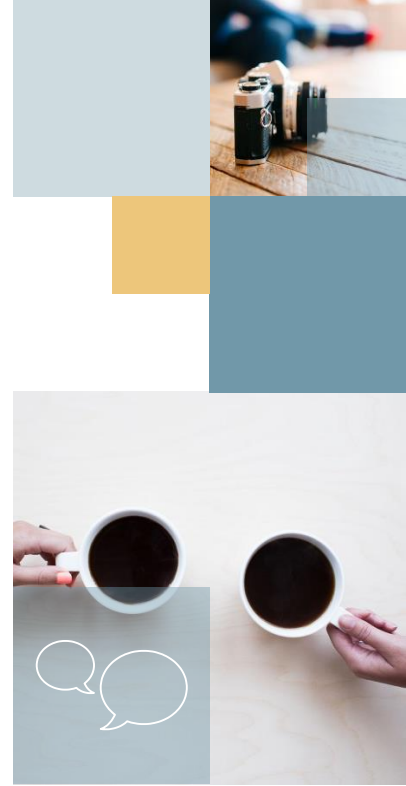
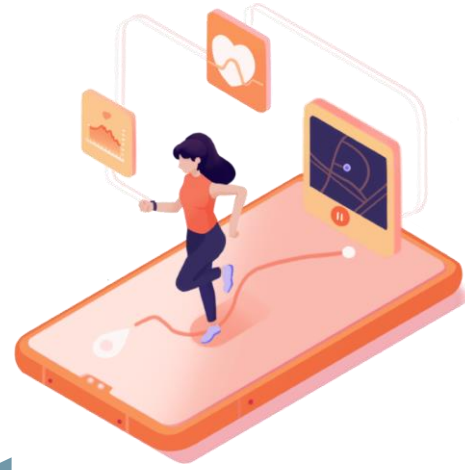


## Health APIs

- Fitness trackers and wearables gather enormous amount of data.
- Need for a platform to effectively use the data.
- Industry giants Google, Apple, Samsung, Huawei has platforms to manage the health data.



# HUAWEI Health Kit

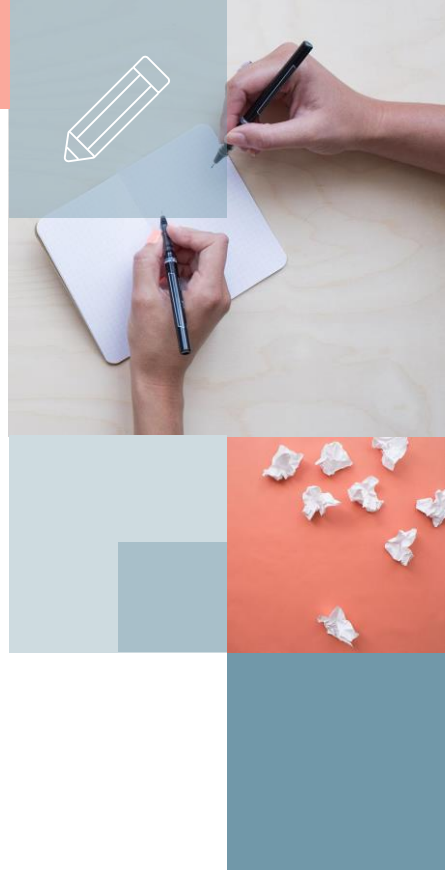




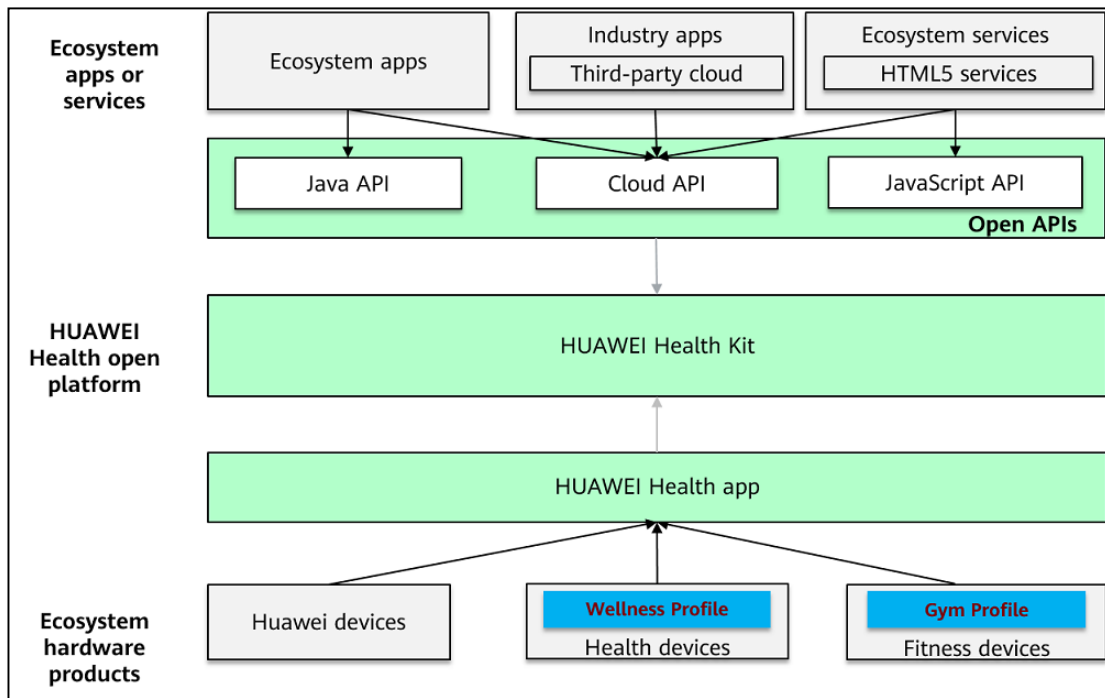
## Overview

HUAWEI Health kit connects the hardware devices and ecosystem apps to provide

- **Consumers:** Health care, workout guidance and ultimate service experience.
- **Developers:** a open data platform and API capabilities to upload and use data.

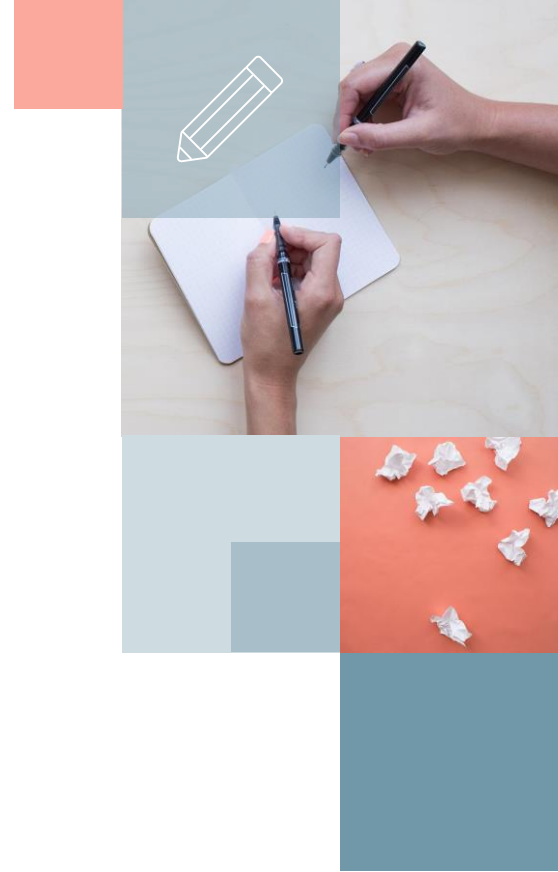


## Overview



## Security and Privacy

- Data Security Management
- User Authorization management
- Privacy Compliance Management



# Basic Concept

## Data Type

Health Kit provides standard definition of data types for easy understanding of the sampling data.

## Sampling Dataset

Is a container for storing sampling points that come from same Data Controller.

## Data Controller

It is used to represent the raw data collection source, a unique identifier is generated when data collector is created.

## Activity Records

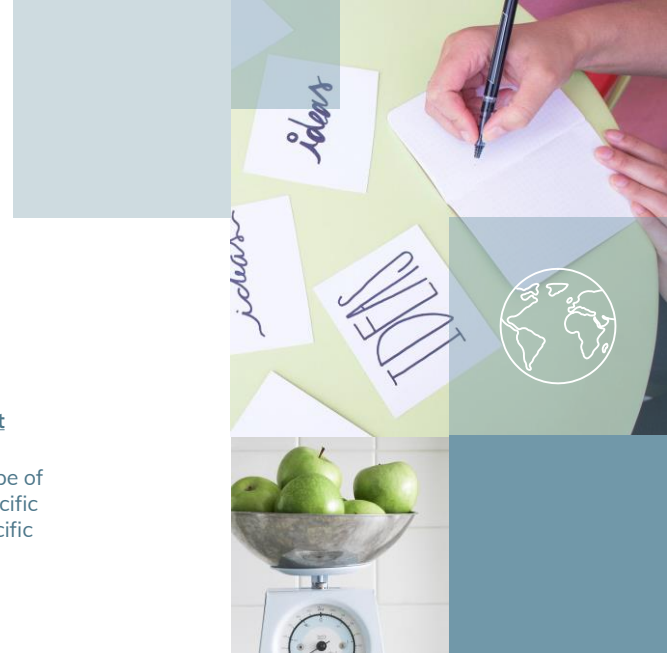
It records the user activity details within a period of time, consisting of the activity type, app information, time period, etc.

## Data Sampling Point

Sample of specific type of data collected by specific Data collector at specific moment.

## Health Records

It records the user health details within a period of time, health record type, data controller, etc.

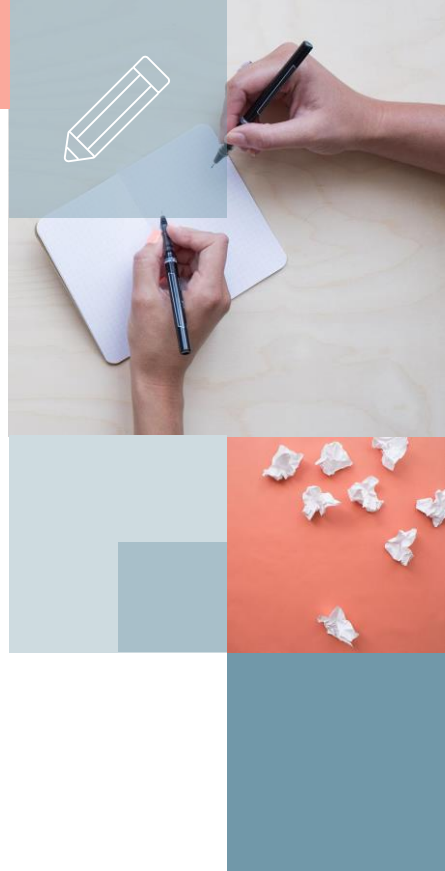


## Basic Health Capabilities

Basic health capabilities provides atomic data openness using which the app can add, delete, modify, and query.

### Scopes

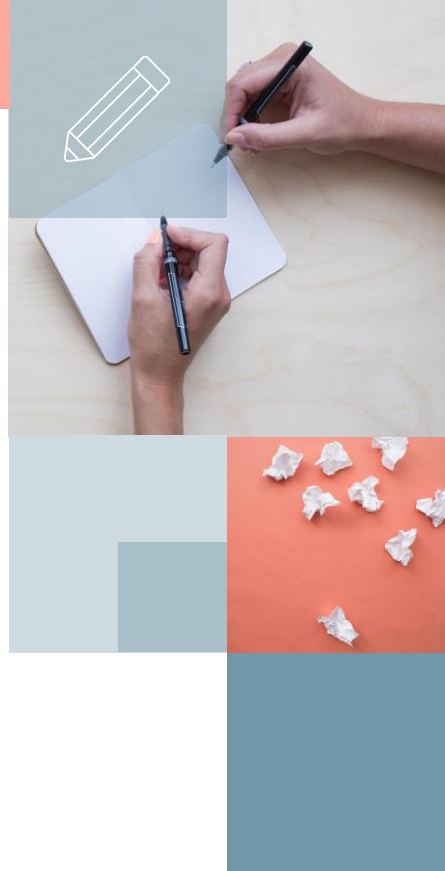
- Personal Data: Height, weight.
- Health data: Sleep, Heart rate, Nutrition, Stress.
- Fitness Data: Step, Distance, Speed, Calories, Strength, Activity.
- Restricted Data: Blood Glucose, Blood Pressure, Oxygen Saturation.
- Activity Record



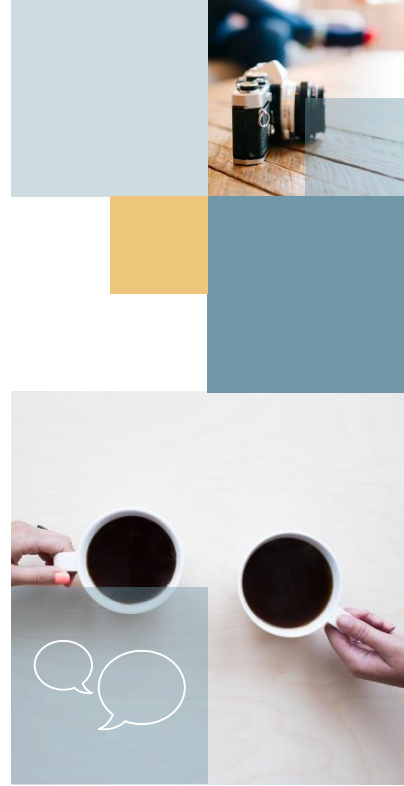
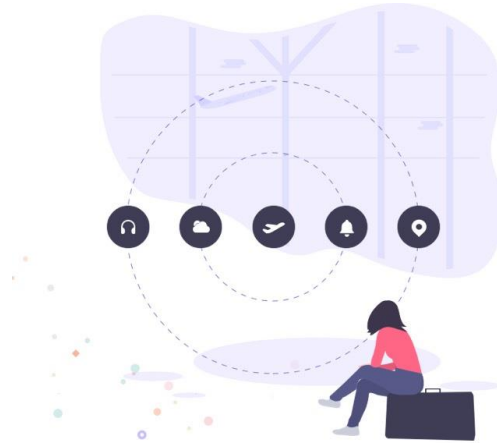
## Extended Health Capabilities

With Extended health Capability, you can obtain health data and activity data from the Huawei Health app or write your data to the app.

- Open Data types
  - Health data: Sleep, Heart Rate, Body fat.
  - Restricted Data type: Blood Oxygen, Body temperature.
  - Health Solution: Gender, DOB, height, weight, Real-time heart rate.
  - Activity Solution: Step, distance, calories, intensity, walking, running, cycling, Real-time activity data.
  - Device Information: Device name, device model and more.



# Awareness Kit



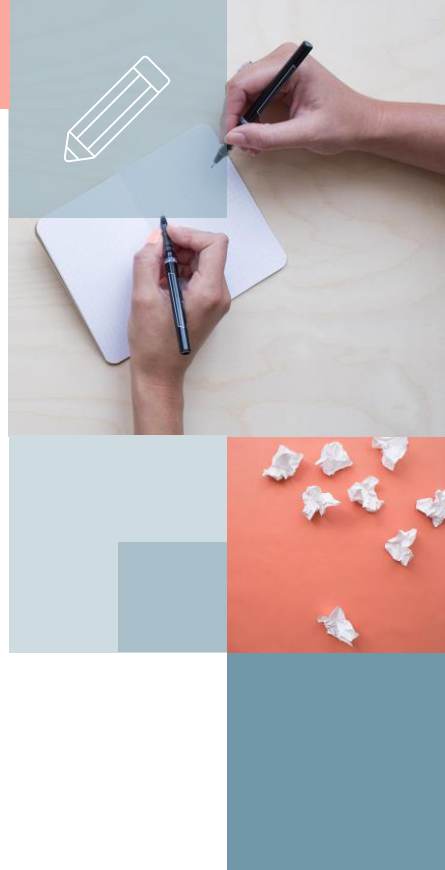
## Overview

- Capture

Obtains user conditions, such as the time, location, weather, behavior (walking/running/driving), headset status (plugged or not), beacons (registered or connected), light intensity, and car Bluetooth status (connected or not).

- Barrier

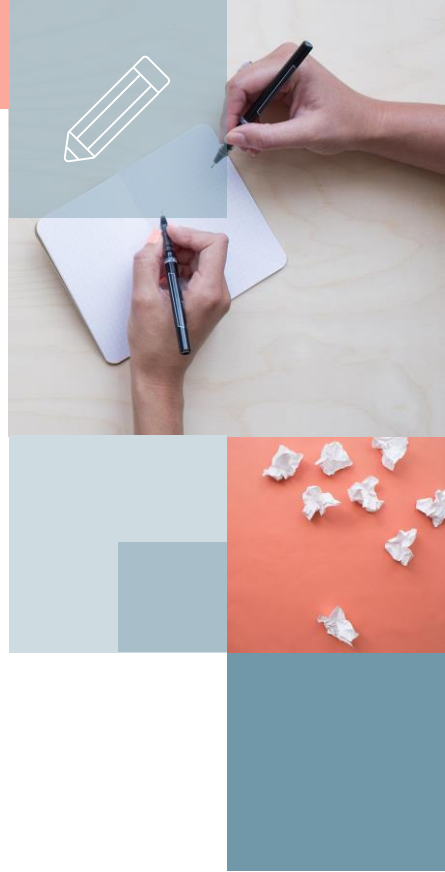
Notifies your app when a user meets preset conditions (such as entry into an area and length of stay)





## Awareness Capabilities

- Headset: Connected / Disconnected.
- Behavior: Staying Still, Walking, Running, Cycling or Driving.
- Location: Fused Location, Geofence.
- Time: Working day, Holiday, Weekend, Morning, Afternoon, Night, Sunrise and Sunset.
- Weather: Temperature, Humidity, Wind direction, wind power.



# Wearable Development



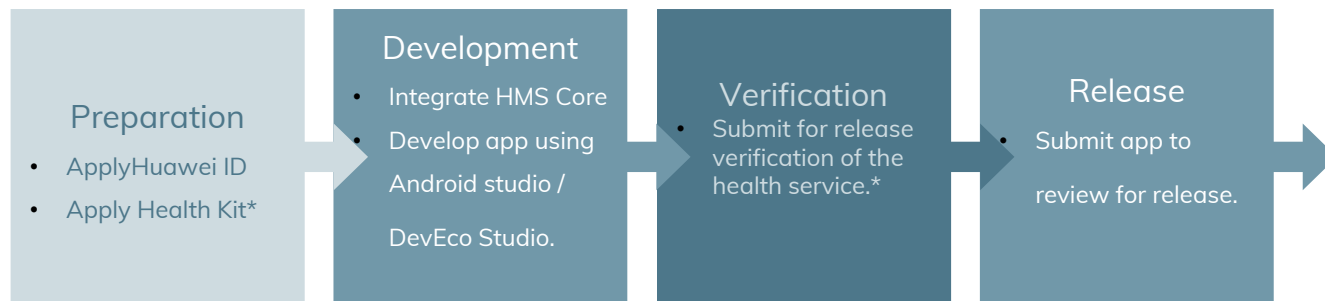
## Wearable Sensors Capabilities

- Step Counter
- Barometer
- Heart Rate
- Body State

<https://developer.harmonyos.com/en/docs/documentation/doc-guides/device-sensors-guidelines-0000001050199987>



## Development Process



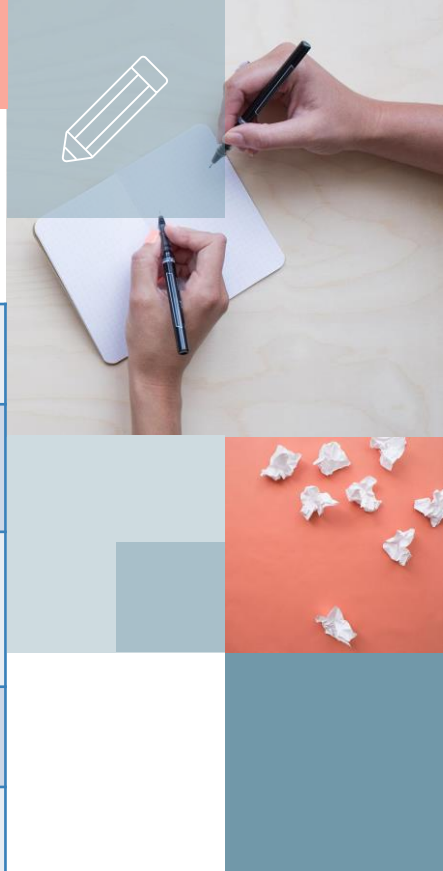
Note:  
\* Only for Health Kit

## Development Environment

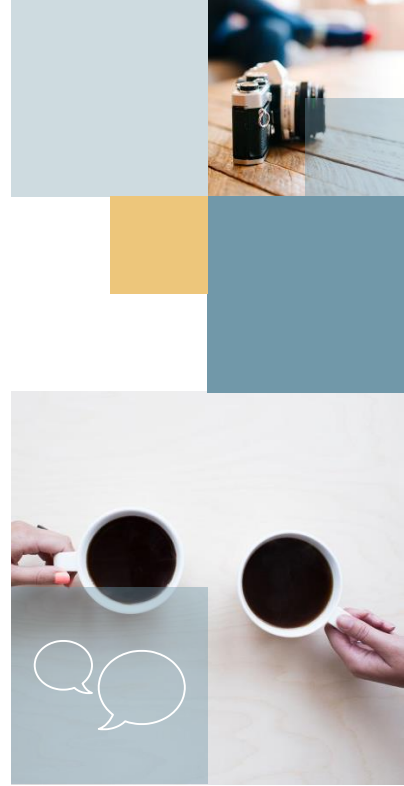
Kits		OS support	HMS Core / SDK version
Health Kit	○ Basic Capabilities	○ Android 6.0+ ○ EMUI 5.0+	○ HMS core: 4.2.0.300+ ○ SDK: 6.4.0.301 ○ Huawei Health app: 11.0.0.512+
	○ Extended Capabilities	○ EMUI 6.0+	○ HMS core: 5.1.0.300+ ○ SDK: 6.3.0.300 ○ Huawei Health app: 11.0.0.512+
Awareness Kit	○ Time, Audio, Ambient, Screen, Wi-Fi, Weather	○ Android 7.0+ ○ EMUI 5.0+	○ HMS core: 4.0.2.300+
	○ Dark mode	○ Android 10.0+ ○ EMUI 10.0+	
	○ App, Location, Beacon	○ EMUI 5.0+	

## Development Platforms

Platforms	OS support
Java/ Kotlin	<ul style="list-style-type: none"><li>• Android</li></ul>
REST APIs	<ul style="list-style-type: none"><li>• Web Services</li></ul>
JavaScript APIs	<ul style="list-style-type: none"><li>• HarmonyOS</li></ul>
Reactive Native, Cordova, Xamarin, Flutter	<ul style="list-style-type: none"><li>• Only Basic Health Capabilities</li></ul>
Harmony OS (Wearables)	<ul style="list-style-type: none"><li>• Only Basic Health Capabilities</li></ul>

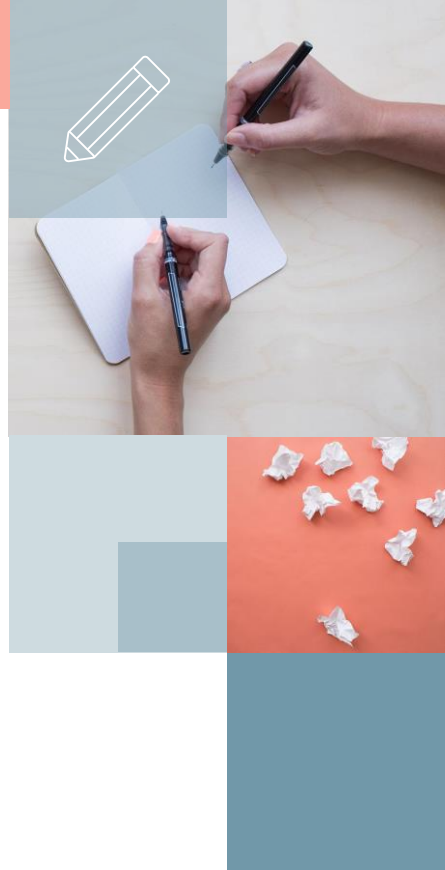


# Practical Use cases And Sample Codes



## Use-cases: Links

- **Step Count of the day:** <https://developer.huawei.com/consumer/en/doc/development/HMSCore-Guides/steps-delta-scene-0000001050822049>
- **Running Activity Records:** <https://developer.huawei.com/consumer/en/doc/development/HMSCore-Guides/write-sports-recording-scene-0000001050782024>
- **Reading real-time step count:** <https://developer.huawei.com/consumer/en/doc/development/HMSCore-Guides/real-time-steps-data-0000001054876912>
- **Reading Sleep:** <https://developer.huawei.com/consumer/en/doc/development/HMSCore-Guides/read-client-sleep-scene-0000001091427304>
- **Heart rate Alert:** <https://developer.huawei.com/consumer/en/doc/development/HMSCore-Guides/client-basketball-write-scene-0000001144924115>
- **Querying Daily Activities:** <https://developer.huawei.com/consumer/en/doc/development/HMSCore-Guides/extended-querying-dailyactivity-0000001053253403>
- **Querying Health Data:** <https://developer.huawei.com/consumer/en/doc/development/HMSCore-Guides/extended-querying-singleworkout-record-0000001053333367>





## Sample Codes

Sample Codes	Use Cases
Request Authorization from User	<ul style="list-style-type: none"><li>• Needed to get authorization from app user.</li></ul>
Data Controller; Read and Write Data	<ul style="list-style-type: none"><li>• Read and Write data from Huawei Health Kit.</li></ul>
Activity Record Controller	<ul style="list-style-type: none"><li>• Perform Activity data in Health Kit</li></ul>
Health Record	<ul style="list-style-type: none"><li>• Perform Health Data in Health Kit</li></ul>
Subscribing Health Data	<ul style="list-style-type: none"><li>• Subscribing the health data</li></ul>
Awareness Kit	<ul style="list-style-type: none"><li>• Getting User behavior</li></ul>



# Request Authorization from User

```
private void requestAuthorization() {
    // Add scopes to apply for. The following only shows an example. You need to add scopes according to your specific needs.
    String[] scopes = new String[]{
        // View and store the step count in Health Kit.
        Scopes.HEALTHKIT_STEP_READ, Scopes.HEALTHKIT_STEP_WRITE,
        // View and store the height and weight in Health Kit.
        Scopes.HEALTHKIT_HEIGHTWEIGHT_READ, Scopes.HEALTHKIT_HEIGHTWEIGHT_WRITE,
        // View and store the heart rate data in Health Kit.
        Scopes.HEALTHKIT_HEARTRATE_READ, Scopes.HEALTHKIT_HEARTRATE_WRITE
    };

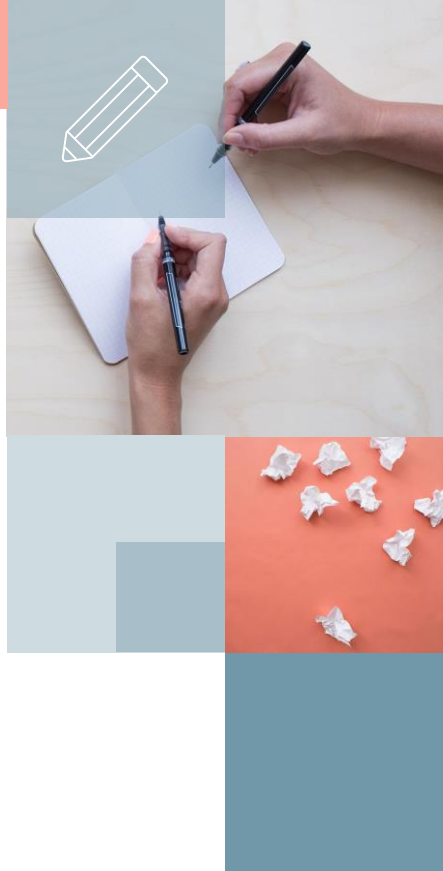
    // Obtain the intent of the authorization process.
    // The value true indicates that the authorization process of the Health app is enabled,
    // and false indicates that the authorization process is disabled.
    Intent intent = mSettingController.requestAuthorizationIntent(scopes, true);

    // Open the authorization process screen.
    Log.i(TAG, "start authorization activity");
    startActivityForResult(intent, REQUEST_AUTH);
}

@Override
protected void onActivityResult(int requestCode, int resultCode, @Nullable Intent data) {
    super.onActivityResult(requestCode, resultCode, data);

    // Process only the response result of the authorization process.
    if (requestCode == REQUEST_AUTH) {
        // Obtain the authorization response result from the intent.
        HealthKitAuthResult result = mSettingController.parseHealthKitAuthResultFromIntent(data);
        if (result == null) {
            Log.w(TAG, "authorization fail");
            return;
        }

        if (result.isSuccess()) {
            Log.i(TAG, "authorization success");
        } else {
            Log.w(TAG, "authorization fail, errorCode:" + result.getErrorCode());
        }
    }
}
```



## Data Collector: Initialize

*// Step 1: Build a DataCollector object.*

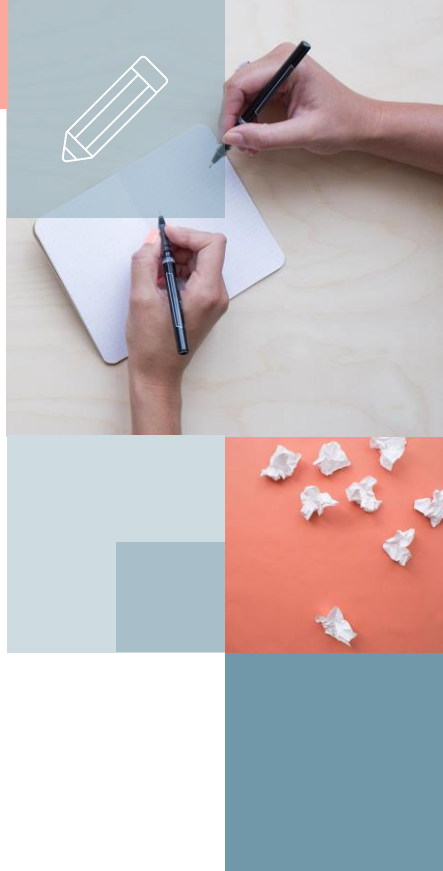
```
DataCollector dataCollector = new DataCollector.Builder().setPackageName(getApplicationContext())
    .setDataType(DataType.DT_CONTINUOUS_STEPS_DELTA)
    .setDataStreamName("STEPS_DELTA")
    .setDataGenerateType(DataCollector.DATA_TYPE_RAW)
    .build();
```

*// Step 2: Create a sampling dataset based on the data collector.*

```
final SampleSet sampleSet = SampleSet.create(dataCollector);
```

*// Step 3: Build the start time, end time, and incremental step count for a DT\_CONTINUOUS\_STEPS\_DELTA sampling point.*

```
SimpleDateFormat dateFormat = new SimpleDateFormat( pattern: "yyyy-MM-dd hh:mm:ss");
Date startDate = null;
Date endDate = null;
try {
    startDate = dateFormat.parse( source: "2020-03-17 09:00:00");
    endDate = dateFormat.parse( source: "2020-03-17 09:05:00");
} catch (ParseException e) {
    Log.w(TAG, msg: "Time parsing error");
}
```



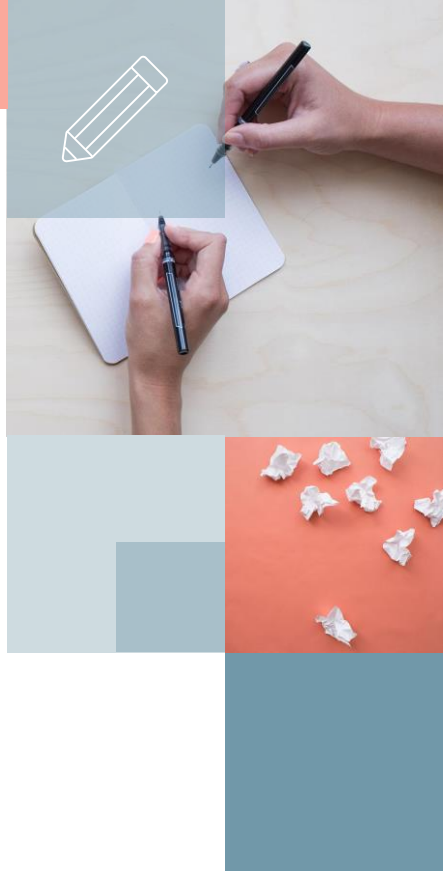
## Data Controller : insert data

```
// Step 4: Build a sampling point for steps.
SamplePoint samplePoint = sampleSet.createSamplePoint()
    .setTimeInterval(startDate.getTime(), endDate.getTime(), TimeUnit.MILLISECONDS);
samplePoint.getFieldValue(Field.FIELD_STEPS_DELTA).setIntValue(stepsDelta);

// Step 5: Save a DT_CONTINUOUS_STEPS_DELTA sampling point to the sampling dataset.
sampleSet.addSample(samplePoint);

// Step 6: Call the insert API to insert the sampling dataset into Health Kit.
Task<Void> insertTask = dataController.insert(sampleSet);

// Step 7: Calling the insert API to insert the sampling dataset is an asynchronous operation.
// Therefore, a listener needs to be registered to monitor whether the data insertion is successful or not.
insertTask.addOnSuccessListener(new OnSuccessListener<Void>() {
    @Override
    public void onSuccess(Void result) {
        Log.w(TAG, msg: "Success insert a SampleSet into HMS core");
        //showSampleSet(sampleSet);
    }
}).addOnFailureListener(new OnFailureListener() {
    @Override
    public void onFailure(Exception e) {
        String errorCode = e.getMessage();
        String errorMsg = HiHealthStatusCodes.getStatusCodeMessage(Integer.parseInt(errorCode));
        Log.w(TAG, msg: errorCode + ": " + errorMsg);
    }
});
```



# Data Controller: Read Data

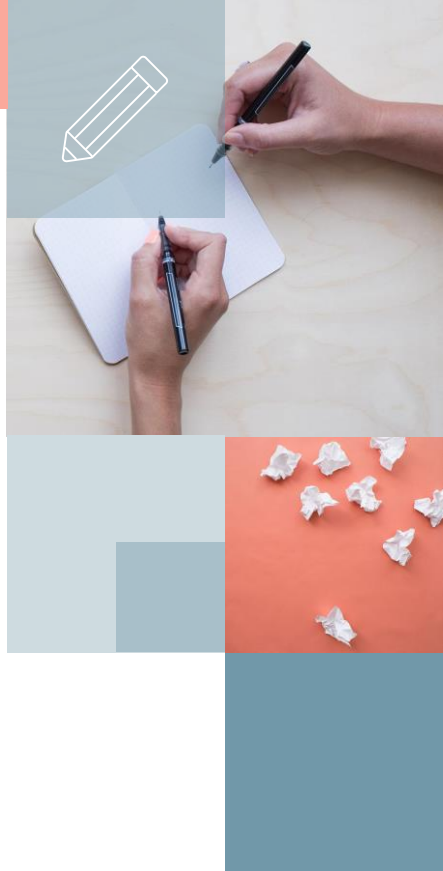
```
private void getintensityData(DataController dataController) {

    SimpleDateFormat dateFormat = new SimpleDateFormat( pattern: "yyyy-MM-dd hh:mm:ss");
    Date startDate = null;
    Date endDate = null;
    try {
        startDate = dateFormat.parse( source: "2021-05-30 00:00:00");
        endDate = dateFormat.parse( source: "2021-05-31 23:59:00");
    } catch (ParseException exception) {
        logger( string: "Time parsing error");
    }

    ReadOptions readOptions = new ReadOptions.Builder()
        .read(DataType.DT_CONTINUOUS_EXERCISE_INTENSITY_V2)
        .setTimeRange(startDate.getTime(), endDate.getTime(), TimeUnit.MILLISECONDS)
        .build();

    Task<ReadReply> readReplyTask = dataController.read(readOptions);

    readReplyTask.addOnSuccessListener(new OnSuccessListener<ReadReply>() {
        @Override
        public void onSuccess(ReadReply readReply) {
            logger( string: "Success read a SampleSets from HMS core");
            for (SampleSet sampleSet : readReply.getSampleSets()) {
                showSampleSet(sampleSet);
            }
        }
    }).addOnFailureListener(new OnFailureListener() {
        @Override
        public void onFailure(Exception e) {
            String errorCode = e.getMessage();
            String errorMsg = HiHealthStatusCodes.getStatusCodeMessage(Integer.parseInt(errorCode));
            logger( string: errorCode + ": " + errorMsg);
        }
    });
}
```



# Activity Record

```
HiHealthOptions hiHealthOptions = HiHealthOptions.builder()
    .addDataType(DataType.DT_CONTINUOUS_EXERCISE_INTENSITY_V2, HiHealthOptions.ACCESS_READ)
    .addDataType(DataType.DT_CONTINUOUS_ACTIVITY_SEGMENT, HiHealthOptions.ACCESS_READ)
    .addDataType(DataType.DT_CONTINUOUS_EXERCISE_INTENSITY_V2, HiHealthOptions.ACCESS_READ)
    .build();

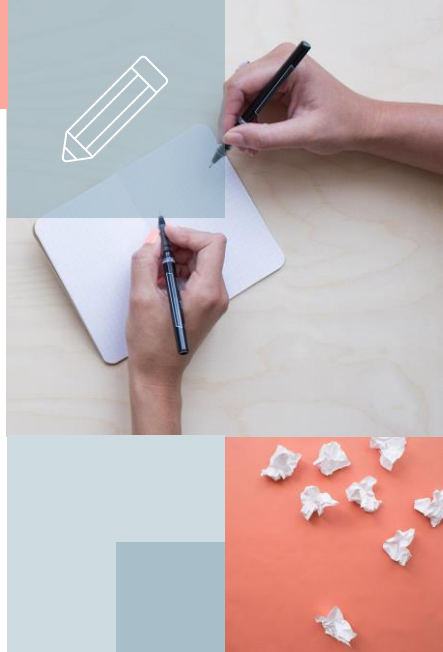
AuthHuaweiId signInHuaweiId = HuaweiIdAuthManager.getExtendedAuthResult(hiHealthOptions);
DataController dataController = HuaweiHiHealth.getDataController(getApplicationContext(), signInHuaweiId);
final ActivityRecordsController activityRecordsController = HuaweiHiHealth.getActivityRecordsController(getApplicationContext(), signInHuaweiId);

private void getActivityRecordData(ActivityRecordsController activityRecordsController) {

    // 1. Build the time range of the request object: start time and end time.
    Calendar cal = Calendar.getInstance();
    Date now = new Date();
    cal.setTime(now);
    long endTime = cal.getTimeInMillis();
    cal.add(Calendar.DAY_OF_YEAR, 1);
    long startTime = cal.getTimeInMillis();

    // 2. Build the request body for reading activity records and set the request time range.
    ActivityRecordReadOptions readOption =
        new ActivityRecordReadOptions.Builder().setTimeInterval(startTime, endTime, TimeUnit.MILLISECONDS)
            .readActivityRecordsFromAllApps()
            .build();

    // 3. Call getActivityRecord to obtain the activity records on the Health platform based on the request body.
    Task<ActivityRecordReply> getTask = activityRecordsController.getActivityRecord(readOption);
    getTask.addOnSuccessListener(new OnSuccessListener<ActivityRecordReply>() {
        @Override
        public void onSuccess(ActivityRecordReply activityRecordReply) {
            Log.i("ActivityRecords", "Get ActivityRecord was successful!");
        }
    }).addOnFailureListener(new OnFailureListener() {
        @Override
        public void onFailure(Exception e) {
            String errorCode = e.getMessage();
            String errorMsg = HiHealthStatusCodes.getStatusCodeMessage(Integer.parseInt(errorCode));
            Log.i("ActivityRecordSample", errorCode + ": " + errorMsg);
        }
    });
}
```



## Subscribing Health Data

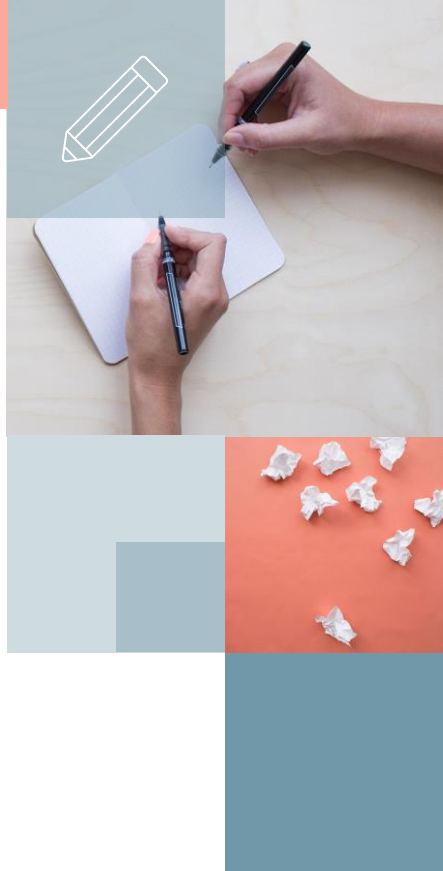
```
// Construct a 10,000-step target mode.
DataReportModel modelStepTarget = new DataReportModel(HiHealthPointType.DATA_POINT_STEP_SUM,
    CharacteristicConstant.ReportType.TARGET.getReportTypeValue(), 10000);

// Result callback.
HiRealTimeCallback hiRealTimeCallback = new HiRealTimeCallback() {
    @Override
    public void onResult(int errCode, String message) {
        if (errCode == HiHealthError.SUCCESS) {
            Log.i(TAG, "success");
        }
    }

    @Override
    public void onDataChanged(Bundle bundle) {
        // Notify the subscriber when the total number of steps reaches 10,000 (the actual number of steps
        Log.i(TAG, String.valueOf(bundle.getInt(HiHealthKitConstant.BUNDLE_KEY_STEP)));
    }
};

// Subscribe to step count.
HiHealthDataStore.registerDataAutoReport(context, modelStepTarget, hiRealTimeCallback);

// Cancel the subscription.
HiHealthDataStore.unregisterDataAutoReport(context, modelStepTarget, hiRealTimeCallback);
```



## Awareness Kit

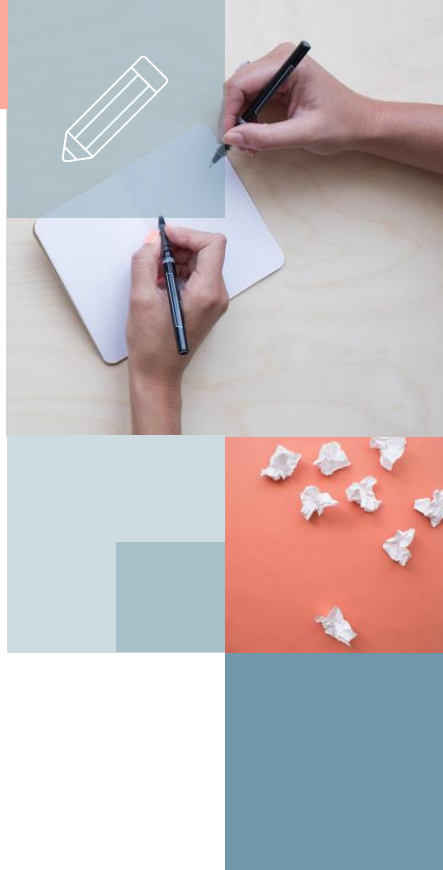
```
Awareness.getCaptureClient(this).getBehavior()

// Callback listener for execution success.
.addOnSuccessListener(new OnSuccessListener<BehaviorResponse>() {

    @Override
    public void onSuccess(BehaviorResponse behaviorResponse) {
        BehaviorStatus behaviorStatus = behaviorResponse.getBehaviorStatus();
        DetectedBehavior mostLikelyBehavior = behaviorStatus.getMostLikelyBehavior();
        String str = "Most likely behavior type is " + mostLikelyBehavior.getType() +
            ",the confidence is " + mostLikelyBehavior.getConfidence();
        Log.i(TAG, str);
    }
})

// Callback listener for execution failure.
.addOnFailureListener(new OnFailureListener() {

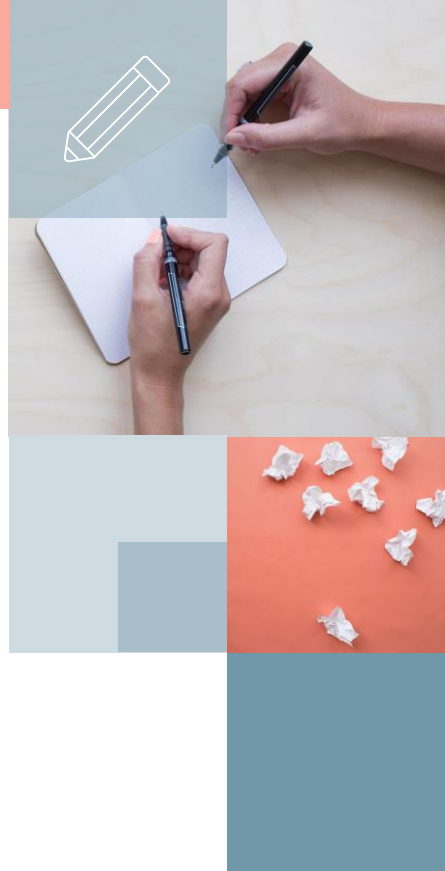
    @Override
    public void onFailure(Exception e) {
        Log.e(TAG, "get behavior failed", e);
    }
});
```





## Appendix

- **Huawei Health Kit:** <https://developer.huawei.com/consumer/en/doc/development/HMSCore-Guides/health-introduce-0000001053684429>
- **Awareness Kit:** <https://developer.huawei.com/consumer/en/doc/development/HMSCore-Guides/service-introduction-0000001050031140>
- **Huawei Training Videos:**  
<https://developer.huawei.com/consumer/en/training/result?type1=101590551013513007&searchTx=t=Huawei%20health>
- **Huawei Health REST APIs:**  
<https://developer.huawei.com/consumer/en/doc/development/HMSCore-Guides/overview-restful-api-0000001050071695>
- **Code Labs:** <https://developer.huawei.com/consumer/en/codelabsPortal/carddetails/MyHealth>



Thanks!

# Any questions?

You can mail me at: [anil.ghimire@huawei.com](mailto:anil.ghimire@huawei.com)

