

KREM (CBS)

Jul 1 • 4:00 PM

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Rypien isn't the first athlete to say they think they have c-t-e. many athletes have voiced similar concerns, and some deceased athletes have been found to have the disease... krem 2's ian smay explored some notable examples of athletes who spoke about worries surrounding c-t-e, or who were found to have suffered from the injury. thanks guys. c-t-e, or chronic traumatic enceph-uh-lop-oh-thee, is a degenerative disease that affects the brain of people with histories of repeated brain trauma, like football players and professional fighters. the repeated hits to the head harm brain tissue. c-t-e symptoms include memory loss, impulsive behavior, depression and suicidal thoughts. it can also cause Parkinson's...and eventually, dementia. former n-f-l quarterback mark rypien was arrested on Sunday for domestic violence, which he has since pleaded not guilty to. but he is far from the first athlete to have alleged or confirmed violence issues linked to c-t-e. another former n-f-l player is the late Aaron Hernandez, who played for the new England patriots. Hernandez was found guilty and sentenced to life in prison without parole for the 2013 murder of odin lloyd. then, on April 19, 20-17, Hernandez was found dead, hanging in his prison cell. an autopsy revealed what experts said at the time was the most severe case of c-t-e in a young person. another n-f-l player who had c-t-e found after his death was jovon belcher, who played linebacker for the Kansas City chiefs. belcher shot and killed his girlfriend in 2012 before driving to the parking lot of the chiefs training facility and taking his own life. an autopsy showed he also had signs of c-t-e. moving on to the wrestling world, chris ben-wuah was a professional wrestler beloved by fans then...in 2007, he took the life of his 7-year-old son and his wife before committing suicide. he was found to also have signs of c-t-e. o.j. Simpson has also spoken about how he's afraid he has c- t-e because he often has trouble remembering words and the names of friends. now, these aren't the only athletes to have worries or confirmed cases of c-t-e, as thousands of former n-f-l players previously opened a lawsuit against the league over c-t-e concerns. it is also important to note that c-t-e can currently only be confirmed during a post-mortem autopsy.

KATU-POR (ABC)

Jul 1 • 4:05 PM

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the police investigating after a man was taken into custody after a swat standoff in southeast Portland at 141 and bush street. there we armed, suicidal man inside a home. multiple people called 911. police were on scene for hours as first a woman left the home then three children, then eventually the armed man. >> based on information we had, we had concern for the safety young children in the house. when you have somebody, who is reportedly armed and suicidal we're not going to take any chances. >> officers say the man left the home and was taken into custody around 4:00 this morning. he's been identified as Edgar Gutierrez. he faces domestic violence and gun charges.

we're hearing stories from a live event in seattle co-hosted by sound effect and fresh ground stories was tyree story that first suggested the evening's mean to me small miracle it's how works in sales in seattle and he first told the story had a fresh ground stories event warning it deals with the subject of suicide if you want to sit this one out it's about 10 too long so I wasn't supposed to becoming homeless drug addict and petty criminal my family growing up was kind of like the huxtables if deo really like to smoke crack and it really was my insistence on doing things my way that it led me where I was to turn me from a highly successful mortgage professional very highly paid in 2006 and to it down now homeless person in 2014 and really bad decision making was my downfall over and over again that decision about my money about my girlfriends about my associates my activities and really led me down a bad road is an example all some great decision making I would implore way in 2012 after 10 years of very hard drug use I decided no longer wanted to be cliché black guy named tyroné who smoked crack and so I quit immediately and switch math breaking the color barrier there so with decision-making like that obviously homelessness was the definite place I was going to end up in now it's 2015 the summer i've been homeless for about a year now and standing up for 100 dollar night hotel room in downtown Seattle that i've gotten by far less than honest means i'm alone in this feeling of desperation and loneliness starts to wash over me pick up my phone and text my friend who just left the room of course to go get more drugs and saying I won't be here when you get back when she asked why my response is simply i'm tired I can't do this anymore I turned off my phone I put on my backpack mr. ahead towards the door and as I do think back to just a couple of months earlier win although god I always had a kind of a contentious relationship wasn't such a place of desperation that actually prayed to god that my life would get better and get to looks like something more normal some now I wondered as I headed towards the door why those prayers gone unanswered how could god who supposedly love me so much forget about me has got the elevator that pushed down button my thoughts turned to my family and what will my family I think when they find out that this one time ego maniac who are so concerned about how he looked and what people thought in his image what will they think when they find out that he's dead because he walked himself and trafficking an obvious suicide would end up dead on the streets is underweight haggard and homeless I feel some pain for just a second and only his second because my thoughts turn back to me this is my moment I can't think about them this about me ending my pain and my shame and my guilt as the elevator arrives here it's summer so it's their condition so cold inside and there's nobody in it so it's cold and it's empty just the way I feel right at that moment get on the elevator push the down let them as the elevator begins to descend my plan becomes clear were in my head okay with 4th floor go out to the street also one of my last cigarette third floor watch traffic really carefully because I need to pick the right moment could dash into it second floor t's got to be a big truck and S.U.V. does not want to get injured I want to hit ended lobby doors open I may move out to the sidewalk as quickly as I can take my cigarette I start to smoke it is a beautiful summer Seattle Saturday night the streets are electric there are people walking and talking and laughing connecting with each other something I had forgotten how to do long ago lots of cars on the street I think to myself for a lot of good chances here to do what I need to do some

standing there about halfway through my cigarette and just looking out into traffic and of the corner of my eye I see this person starting to approach me I looked at him he looked a little book and haggard like idea it so I thought he might be homeless or 6 Seattle he might have been a hipster I wasn't sure which once but I thought he was going to come and ask for my last cigarette because on the streets of Seattle I don't know if you know this but she never smoked a pack alone but instead of asking for a cigarette he asked me for help and his story was this he was an alcoholic you think of his house by his wife he's staying at p union gospel mission hasn't eaten in a couple days I can help them out with some food and I have a thought I don't have any money even on staying in this very expensive hotel room but have some money my food card and you can't take it with yeah somebody might as will make use of it so I agree to help them start walking to a 7 11 just a couple blocks away he's trying to engage in conversation what's your name ss I say it doesn't matter anymore we're live and live anywhere but that doesn't matter anymore he's starting to get a sense that maybe there's something larger going on with me so fall silent for a few seconds and he said something quite frankly shocks me he turns and says you know god has a plan for you greg I kind of bleak for a couple seconds and I turned to look at him and I say it doesn't matter what god's plan this I can't do this anymore i'm tired I turned away so you can see starting to tear up we get the 7 11 go in the store by him whatever I can nixon very quickly even though he's still trying to talk to me you're engaged with me in some way because I felt like I still have to deal with I had to do and nothing was going to stop that when I get to the sidewalk street that mere moments before were busy bustling with lots of people lots of traffic are empty now when I say the street was empty I don't mean there's a couple people walking around there's a couple of cars moving down the street I mean there's absolutely no people and there's no carts this strikes me as very odd so I woke up to across street and look up and down I know people you know cards under my breath I say are you f king kidding me I take my last cigarette I sit on the sidewalk and start to smoke and I say to myself I guess tonight is not the night did I got it's now in the movie my life starring will smith likely directed by spike lee this would be the moment when the clouds both parts I will learn all my lessons and the very next day I will turn my life around unfortunately for me my life is not a movie and quite frankly I hadn't had enough punishment yet lake have not kicked my butt enough for me to learn my lessons but luckily for me and just a few more months I had enough and I was able to start making some positive change my life often people ask me how do you make such a monumental change going from someone who was sleeping instill in hotel rooms or under a bridge or getting high and not sleeping at all just walking home life to someone who is gainfully employed as 11 his friends and family and is actually productive member of society there's a lot of things I could point to but two things stand out very strongly for me number one having had the opportunity to live in a sober home now for those of you were unfamiliar with sober holmes these are safe stable environment where people like me who need to get a recovery and stay away from drugs and alcohol can live to re-establish their lives it was incredibly instrumental in me being able to lead like that somewhat normal and these are very important places for folks number two I'm irritating we optimistic I see the best of everything I tend to live my life ingratitude and focus on the things that have instead of what right now and quite frankly in while most days it would be nice to have a million more dollars and be 3% body fat the fact is that I have more than what I need and I'm really grateful for what ahead of 20

other things I'm also grateful for the opportunity to be here with you tonight so thank you so much for listening.

KEZI (ABC)

Jul 2 • 4:05 PM

B_JUL_OREG_2

one man is using the annual event to speak out about an issue that's deadly serious. Evita garza explains. Evita: "mike long travels across the country to spread awareness about veterans with PTSD and suicide... and the Eugene rodeo is one of those stops." long... who is a disabled veteran himself...sets up an information in each city where he stops. veterans who may be struggling --- or their families --- can stop by and get information on various services that are available to help. his overall message is simple. "I'd do anything and everything I can to be the hands of kindness and ask America to join me in this...and whatever it takes to keep a veteran alive." long started his journey four years ago and says he has traveled over eighty thousand miles. this is his first time setting up at the Eugene rodeo... but not his first time in Oregon.

KEZI (ABC)

Jul 2 • 5:05 PM

B_JUL_OREG_3

tomorrow is the first day of the Eugene pro rodeo....and one man traveled far to be there. his goal -- to spread awareness about a cause that's very close to him. kezi 9 news reporter evita garza shares his story and how he's working to make a difference. mike long is a united states army veteran from Texas. he joined the army in 1975...toward the end of the Vietnam war. decades later and a now a disables veteran... long has seen how post-traumatic stress disorder can affect veterans and how easily it can lead to suicide. now... he's using his own experiences to change the lives of other veterans by traveling the country -- meeting with veterans and their families everywhere. "my mission has been to be an instigator, the roots of America to help veterans stay alive. the more people involved can be a support team." his journey started four years ago and long says he goes on these trips every chance he gets. "with over eighty thousand miles on his car from the last four years... mike long has traveled far and wide with his trusty partner coco to get his message spread across the country." even though he is a part of the Texas based group American hero network...who advocates for the same cause...long is completely self-funded and even sleeps in his car with coco, his service animal, most nights he's traveling. and he doesn't care.... because he knows that there are veterans out there struggling more than him. "i don't mind. I got veterans sleeping out there in the dirt. I can go through this for 30 to 45 days ever so often." and with these trips...long hopes that he's setting an example for everyone to be kind...especially to our veterans.

FM News 101 KXL
Jul 3 • 1:05 PM

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Suicide now as you may know the pacific northwest was home to the very first government on planet earth to legalize doctor-assisted suicide now I oppose the idea at the time my still oppose today a lot of it is based on some very faulty promises like the idea that we cannot relieve people's pain if they're in the last few months of a terminal illness that is not true today it was perhaps true 20 years ago but for whatever reason the voters in the legislature decided to back up the idea of allowing doctors state licensed physicians to be allowed to help somebody killed himself or herself but that apparently wasn't good enough because now a senate bill and I realize a lot of these bills got past did not get a lot of attention at the time and that's because much of the attention was going to the new taxes the crazy environmental proposals being made by the rules senate bill 5 79 which we mentioned a few months ago but god's passage it is going to be signed by the governor it removes the requirement that a near-death patient wait 15 days before killing themselves by legal assisted suicide the bill would also allow somebody with malicious intent to pressure a dying person to request receive and take deadly drugs on the same day rather than considering other options the bill creates a dangerous loophole in Oregon's doctor-assisted suicide law the bill removes the waiting period in the law that is designed to prevent abuse same day suicides and protect vulnerable Oregonians from being coerced into ending their lives and I it's hard to imagine a more vulnerable position to be and then somebody who believes that the end is near for them but for many of them they will receive a diagnosis some time ahead of time but to simply walk into a doctor and say i'd like to do it today the same day I asked this is going to create a situation for bad actors to continue to harm the elderly which is already a significant problem in 20s 16 alone there were almost 4000 reported victims of elder abuse removing the waiting periods will facilitate on demand same-day assisted suicide and it will not protect patients from corps version Oregon's doctor-assisted suicide law already lacks effective protections to prevent somebody from administering a prescription to a patient illegal late if a patient has a suicide prescription and ends up dead the assumption will be the they took it but there's no real oversight to make sure the that's what happened senate bill 5 79 allows to pressure the person to get the drugs received drugs and take the lethal drugs on the same day I think it's a terrible idea.

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i'm a Christian a conservative have worked in health care about her laugh 12 a few years my healthcare and background of anywhere from the match it david I do it to the point though because we're running out of time to talk about the actual subject i'll accept your resonate what we're doing I disagree I think giving same day suicide is crazy well read and without me I have to work and I used to watch family for made the decision to allow other families and people to question if to that point the end of life that no matter how big the fire I am and I think beat you work the person dying in that bed doesn't buy the right mind they often die with delirium confusion the matomy pain meds on board there's just confused what happens so a

pretty big guy out of my I like you agree with me you want a delirious confused person to make a decision and his or her own life on a single day I would no oversight I want I want a family that know that person to make that decision I know the difference but hold on a second david because you're allowed to do advance medical directives and you are allowed to tell your family members if i'm in a coma under these circumstances you can decide to disconnect life support as far as I know there isn't a single assisted suicide law that allows your family member to make the decision for you when you are incapacitated do I know that wrong third you're worried you don't most do that on a lot of that I look at her background and the docr if you don't people people like the family unh-unh unh-unh david you're telling me the doctor assisted suicide laws Oregon Washington allow a third party to decide without an independent conscious decision by the person who's affected I don't think that's the case the law the law says if you have to approach your doctor you have to approach doctoring convince them that you wore of of the right mind to make the decision even under doctors is a suicide which I think is a terrible law but you're allowed to go to your doctor and say i'm going to be dead within 6 months I like to have them the medical means to kill myself I don't have to agree with that but that's the law where do you see in the law that a third party could make that decision no matter how well qualified they are I would just quickly how are documented medical background I mean if I have a history of but no david you're talking about something that isn't in the law you want the ability going into the future for a third party to say gramm was pretty out of it what we what we put down and you want the law to say that dr site you seem to be pretty smart about this stuff you know your grandma so guy here's the means to put down you really want a third party to make that decision for somebody who's very ill did I do actually I found pretty dark but well I think it is I cannot think of a cheery version of that we're gram law is not able to think straight and may even be unconscious but she has really smart grandson who will probably stand to inherit some money probably tired of going to hospital the old folks home to visit grandma he is yeah he's a bad time gramm much check out and can you think of a cheery version of that I mean dr raff make the decision know the doctor does not make good decisions under the assisted suicide law the person who wants to die past to make the decision you're suggesting we should now allow anybody who's smart enough and somehow connected to the person to make the decision for them right that's what you suggest I do yeah I mean broadly if you wanted to be medicated administrator says you know our costs are really up this quarter we get off about a 100 old people are costing us a lot of money we get our costs are quarter would be back line we did back in the black again you want them to make that decision i'm not being facetious ifor see the day when government is going to say the most expand you tell me if i'm wrong the most expensive 3 months of almost anybody's life are the last 3 months when you're suffering from a terminal illness an amazing amount of money being spent on you if you're on if we get a medicare for all under crazy bernie or camilla harris they're going to be administrators say wage sure be able to straighten out the finances of this place we just off a bunch of these old people going to die anyway so waterway just knock them down I mean that sounds pretty to put it dan you think can you think of a cheery way to do that I no way to solve Medicare's shortfall money let's kill all the old people does that sound sure enough I don't think we're at that Medicaid short of money David week so we can save a ton of money if we just take on those old gram wasn't gram pause and put the ground but they are head in that way anyway I mean you want to okay my question is we seem to be edging that direction Oregon was the

first government on earth okay doctors to suicide we said but there are all these double checks and triple checked she got to get a doctor you got to get a second opinion the doctor us believe in your right mind I want to take it from there to anybody who knows him well and seems to be smart enough can tell the doctor time for David to check out and David your daughter yeah I i think that we could have for my record what you want about you want to go there or do you want to push back against that like I am I would believe we've been with the like yeah I think we need to look at it and be I really realized that I mean there's a more merciful to our path to our human I mean my god my about 15 years old when he limped around how often I think considering the time to put him down so we're putting iran on a par with your dog know i'm a fan I love my dogs I do not put them on par with my wife my grandchild and you are i'm just telling you you're going down a dangerous path i'm saying where we show more murphy toward dhaka we do you recommend mercy as you can walk through most nurses homes and ask the average person you want what you want to live like this and the average person was saying now I don't want to be confined to bed I want to have dementia I don't be confused about where I am I don't want to have somebody feed me soup and dribble down my chair and and when you say I say will want to just get rid of all these people david you're talking about euthanasia right he that level commanders no so now david help explain this to me you can only be you can't be a little bit pregnant once you've decided to head down the path that sometimes we should let other people decide to kill american citizens because they have they got screwed up life now the messed-up year-old became want they can talk you can't throw a ball so you know what why don't we just decide to check the amount david think about that one a long time before you go there.

KOBI

Jul 3 • 6:33 PM

B_JUL_OREG_6

we're taking you behind the scenes here at our station... to tell you about a new campaign we're launching. the reason - suicide is becoming a crisis in our region. it's an incredibly difficult thing to talk about, not only for media organizations... but for all of us in our personal lives. but something must be done. that's why nbc5 is launching 'in this together'. bob: I'm bob wise with nbc5. for the past couple of years I've been talking with the dee anne everson, CEO of united way of Jackson county about how we can educate our viewers about a rapidly growing crisis facing our communities, suicide. how do we raise awareness, offer solutions and ultimately help prevent these tragedies? then a few months ago I shared the vision with the staff at nbc5, shortly afterwards the person you're about to meet walked into my office and said she'd like to be the spokesperson for this effort. after hearing her story dee anne and I actually tried to talk her out of it; shed be putting herself in such a vulnerable position. we soon realized that this was something she wanted to do for her own healing. please meet nbc5 news reporter blakely mchugh. blakely: at a station staff meeting not long ago I was in the audience when our general manager announced his intention to launch a region wide project to raise awareness of our communities' suicide crisis. I knew right away I wanted to be, I needed to be involved. when I was 17 my dad took his life. I always knew he struggled with depression but I rarely remember him being sad. he was always happy, cracking jokes, the life of the party; he always was the first person to make others happy and he was the last person anyone expected to commit suicide.

Oregon's suicide rate has increased almost 30% in less than 20 years; that statistic speaks for itself and that's why I asked if I could be the spokesperson for a massive community wide initiative were calling in this together. our goal is three-fold; to communicate, educate and prevent but there are many reasons why you should be involved, many ways you can help; for me its personal, I'm doing it for my dad. who will you be doing it for? for more information about 'in this together', visit our website kobi5 dot com.

FM News 101 KXL
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B_JUL_OREG_7

well you know I have a dog in the fight on this one I don't have any really direct personal experience with suicide but when I see folks writing about rational suicide those two words put in the same sentence rational so aside and perhaps society should start talking about calm rational suicides versus irrational and suicide being treated as a terminal illness I'm not in favor of suicide I actively opposed to a friend came to me and said I've been thinking about suicide I would do what I could to talk them out of that I even do that for a stranger not even a friend so I read this piece by Wesley smith about the focus on suicide prevention with eroding and help medicine in the modern world is trying to find good reasons to say it's okay to commit suicide Wesley welcome back to the program this is a stunning kind of you know argument that's being made thank you Martha hello to your audience you know I've been covering the assisted suicide euthanasia movement for 26 years which is pretty shocking to me because I never expected to be involved in that and that issue this long I and over that time I have noticed that he once a small bus commitment also cited his suicide prevention has been eroding and one of the reasons for that I think h is the promotion of assisted suicide or foul on native promotional sums to fight so once you accept the idea that not just to the side or euthanasia is an acceptable answer to the difficulty of terminal only for her and some places disability him hello motions but you're no longer an entire food inside society at most your name right thumb to find a body she then all float the country's ecology social work etc there in the mental health professions has been a majority but a growing view as you mentioned in the introduction that comes to the floods or rational and those should not be imposed for a purpose so they need a mental health professional or any rational suicide if they help with suicidal person go through decision-making process that is an impulsive and that isn't just based on a whim that yeah for these two-sided deem bad that affect mental health professional as rational I mean applying a mental health professional own personal values and then that two sides would be permitted and perhaps even facilitated the irrational food fight for to say a teenager who whose boyfriend leaves her money she wants to kill itself should be imposed if say I am for them for example of an irrational suicide she will also need a suicide prevention campaign becoming with some exceptions obviously increasingly left they've all left because the media seemed less interested in matter issue and more interested in be more provocative issue promoting assisted suicide doing a story about suicide going away party like the new York times front page the l.a. times has done and others and so you find yourself in a situation where I don't think we can call us over and try to flood culture anymore knowing and to me Wesley and know people sometimes tell me that I'm to black and white but hey I don't think you can be a little bit in favor of suicide any more than you can be a little bit pregnant it's yeah either in favor of every or you're not and

once you start down that road is like the old church show joke about the young lady says your show you're suggesting a prostitute nieces know we've already established that we're just negotiating the price in this case you have a society that says well we used to be against all suicides now orange were actually in favor of some of them but only the right ones and leave it up to us the know these people I guess the people of society decide which ones are justified in which one right and a goo for other think people would say well you can't be black and white and everything is gray would never say that about smoking distance one example I also of course we can be black and white there's nobody out this thing you know we would prefer that you not small but if you decide to hope they use a filter cigarette that's not how you doing anti-smoking campaign you do an anti-smoking campaign with an unequivocal message that smoking is bad for your health but it can cause cancer that makes you think and so forth the same have to be true of suicide you cannot and of the idea here that we want to god this article I wrote the national review you have and advocates are now saying well we shouldn't even call it commit suicide because the term commits suicide imply that the forwards wrong we don't wanna you know a good cause people stigma while you want to save people's lives you know one of the things that saved the lives of our art is peer pressure the way people perceive that they will be perceived if you turn some insight into just a choice like any other life decision heard that and then we might make and you're going to end up with want people committing suicide because they will not be restrained by the fear that they will that their decision will be looked upon quarterly I just think that for abandonment and it's cool I think so too and I think it's normal things something that is tremendously damaging especially it's on an issue where the government has a dog in the fight the government and in especially if we were to go down the path toward Medicare for all single payer of some other kind of foreign the government has an incentive to see that as many people who are terminally ill or medically problematic that would include mentally ill prop problematic where you could pour enormous resources into trying to help a person with mental problems and still get no result the government has a dog in the fight because they have a vested financial interest and seeing as many of those people go away as possible specific example of the precise akerson what you just said euthanasia have two of them at once legalized a few years ago by the supreme court of Canada all across the country we're talking lethal injection euthanasia I Ontario bates table let the medical college which is likely to carry medical association described the epic for doctors who wish to not participate in killing patients based on religion conscience the beyond carrying medical college she added that any doctor who passed by uniquely qualified patient to be killed month either doing that you compel workers fell more engaged in what was called an effective full of I didn't find a doctor that they know will be willing to kill another words every doctor in Ontario Canada have to be complicit in euthanasia as part of team Europe professional doctor none makes no sense at all you can read the whole piece in national review online Wesley smith is the author of these senior followed the discovery institute center on human exceptionalism us thank you very much appreciate the time.

it can be tough to navigate. thoughts of sadness is specially for kids. it's hard enough as adults. so how can parents what children know? there is a safe place t about sad and uncomfortable feelings I talked to one family counselor about the best ways to reach out when a child is sad or depressed. often parents feel the pressure to immediately say or do the right thing. sometimes parents get caught in wanting to find a solution right away because it's really hard when your child comes to says that they're sad or depressed or in pain. I mean how could you not feel some sense of wanting to make him feel better? licensed counselor rebecca francesconi says the best action apparent can take his 1st listen and assess how deep the level of sadness really is. so I think it's important for us to allow them the space to talk more about that. so some things you can say or tell me more how can I be of help? is there anything that you need from me? and those can be good starting points that to open a conversation she says we want to teach our kids to be comfortable with their feelings. and those feelings can include sadness. there are phrases to avoid. sometimes parents are very uncomfortable with people or themselves being sent their children being sad and so might be like it'll get better don't worry about it. tomorrow is a new day and go straight to hopeful statements which skip over the actual feeling itself of I'm sad and I'm hurting and I need you to be there with me and not feeling Francisco any advises parents be available and check in on how they're feeling. here's how you can act. it can be as simple as just sitting down together for dinner or doing something. you both enjoy or go outside and just go for a walk but it's really important to encourage the kids not to isolate themselves. I always say if the doors closed let's have a practicing home of keeping it open. and mom and dad are moms or dads are going to come in and check in because we love you. and that's our job. for help adviser just to talk. reach out to the national lifeline. at 1 800 273 talk. you can a text home to 741741 and also chat. live with an expert. or get more information at suicide prevention. lifeline.org. we've outlined some important issues in this program but we're doing more than just talking about youth. mental health. k. 2 is acting and so can you. we've created kind is better. youth panels designed to help listen to their concerns and learn how to support youth before and after mental health issues occur and you can become involved in the next panels. we're also tracking important to displace. in. we mentioned the Oregon suicide tracking bill as 1 we'll keep you informed but you can also talk to your state lawmakers yourself and let them know your concerns and your expectations to support youth. here's something specific you can support. h. c. r. 5 house resolution. that designates May 22 as kind is better day in Oregon. this creates policy that Oregon will commit ourselves to acts of kindness to create a kinder more welcoming society that deliberate and learned acts of kindness address the core needs of children and adults mental emotional and physical health. and we can all be apart. contact your state lawmakers and ask them to support the resolution. lawmakers tell us that they pay more attention to bills when they hear from 3 or more of their constituents. make the call that's it for now we are working on a new set of stories that we hope will help reduce the stigma around mental health and suicide and save lives. they air every Thursday during the 6:00 news. we hope you'll tune in but if you can't you can check out all the stories, we've done at kind is better. thanks for joining.

another great day and this greatest nation on god's green earth a great day despite the fact that they are great national problem and increasingly harsh light on what many people might describe as the american dream living in the great american west enjoying independence and freedom and sometimes isolation and suffering according to every statistic available with what can only be described as an epidemic of suicides it's an extraordinary thing lots of people alarmed about what they see as a surging murder rate we don't have a rising murder rate we do have a rising rate of gun violence why because of suicides and there's a remarkable article it's been gaining a great deal of attention I think deservedly so is by steven roderick and it appeared in rolling stone and the title of the article was all american I despair for the past two decades a suicide epidemic has swept across the west with a middle aged white males dying in record numbers steven roderick is was something as depressing an alarming shocking as your article months have to say congratulations but I think he made a real contribution to our national discussion thank you for coming on the show of thanks for having me I hope you know that was the key that would lead him to shine a light on first of all let's put the numbers in perspective because it is it is utterly stunning the number of suicides fell last year they have complete records is about 45000 it's more than double the number of murder yeah I think that you mentioned at the beginning that I think that something that stunned the lot of people and when you traded talk about gun violence and murder rate versus the how they read through that much people die by their own hand and tribute to be to be skyrocketing guthrie its and end what is shocking about this is how concentrated it is in numbers stage she focused a lot of attention the article on wyoming montana you saw it away it won't but to just get right to it and you make you make the point that if you just to look the white males who killed themselves last year that it would be so many people the event you could accommodate them all madison square garden right that that the nationwide great to have you know and it is an epidemic all over the country but what we found was on the mound states we can talk a little bit of a wider food the rates are even more just gap believe that it is even saying in california or new york or whatever in a national problem but the mound they have been much worse than any other region what's fascinating to me is that includes utah I what a lot of other health statistics we cover this show before at very low alcoholism rates higher rates of family's stability utah does pretty well a most measures of public health but all this one on suicides utah's or worse states right yeah what I also think it's done i'm surprised by that for the reasons you just given our people but yeah there's of you know compared to much of america very stable home life and extended family and sense of community in you so you would think that and some of these problems wouldn't hit them hard but some of the talk about the story while alcohol in the museum a major contributing factor each case is different and in utah still in a very rural and isolated and why I think it's getting better amount west still be aware I think it's harder to talk about mental illness sorry you're feeling depressed in is maybe even stuff like that so I think all that the tribute to you cod be right up there even though he said it doesn't have the alcohol issues at hand you have the family bond king tighter there than most places in the country i'm speaking with steven roderick his piece in rolling stone has posted up and rolling stone has

posted up our website it's pulled all american despair in utah just said to speak for a moment about that state 85% of the gun deaths are suicides 85% which is just horrifying it's stunning and injure peace it is heart breaking with this story is that you tell and you obviously are enormously emotionally overwhelmed by doing this immersive reporting they were doing in each of these cases.

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for some of our high officials and government we could have some kind of fed droll suicide prevention effort beyond what exists today that could probably save it u.s. made thousands of lives I don't care where they are operating that kind of effort where it seems to be working well that's the problem I think it could get I didn't look into it too much I think other countries are doing to us but you can give me an example no one lewis places that want to you know quintessential american west town of cheyenne wyoming and talking to people there who trying to do suicide awareness said dick cheney's hometown both yeah the minute also just yet here's the play that for 25 to 50000 dollars needed for our region of wyoming you could do all kinds of psa news you could put up posters you can contact numbers they were trying to you know put together a program you could put gunlock and then chopped could get for free which basically take if you put a gun to take the it and your next 5 or 10 minutes to remove with maybe a 5 to 10 minute makes you and save like and you know these states they're not there they're the biggest but doing it and you know every state has a different budget problem or get a budget issue and critically state in america west no pride themselves on low taxes and stuff like that so getting one of these states to cough up your even a few 100000 dollars which and you know because who you know less populated states could really make a difference truth is really difficult and you know wyoming a state that had a dip and oil revenue or the price of oil went down so in time I believe his 2017 they stripped out thee yelm money they were providing for suicide awareness and the cheer because oil revenue a backup they put it back and I obviously cannot he can cook them program going and if you're not sure or the funding will come from and I think you know not to be long-winded about this enough to get to and from the faith that the goal I have been subject to talk about him if you're going to fund it you are talking about it and like we were and where could we use this money where the rate higher fuel perini that we can take I think come you know talking to do whether they're academics or people activists working to better awareness that fate of the path just over the past 10 or 15 years people become more comfortable talking about mental illness for confiding to people but I do believe in that area in the mountain west goal is still very much a cowboy up individual in show you on the prairie I you know I built my cabin you know I come from my own food mentality that you even if it even if that kind of lifestyle this is still pending green generations so very hard for someone to go to a neighbor or friends in haiti welcome having a problem having you know what is called ddt led by the haitian more he made me think thing about it and I think it's more difficult gaming state for him the other thing that connected to that is that there is not the mental health personnel well I want I want to get that steven rogers deputies we have spoken about this before his piece all american despair in rolling stone magazine this is post our website and it's one of those pieces eventually can open your mind I think to have two

very very significant american problem I would imagine everyone was listening to this right at this moment knows somebody or at least those of somebody who has been impacted by suicide and weather itself a father or brother or sister cousin or queens it's one of those things where it's a national epidemic right now and it seems to me that it did calls attention stephen robert to a broader national epidemic which is undiagnosed mental illness because right now we have a homeless problem I mean that is just the stadium all across the country the numbers are unbelievable I just was hearing last week that the city of new york is spending 369 million dollars a year trying to put homeless people in hotel rooms in hotel rooms I end though the homeless epidemic is apple has a great deal to do with untreated mental illness v all the mass shootings that we have virtually all of them that they don't have to do so much with terrorism as they do with severe mental illness untreated and now at work when you talk about suicides this especially aren't we better at being able to treat the kind of depression that often leads to suicidal litigation I think I think we have we are whether it is medication or therapy dealer or group talking and stuff like that I think we are I think the problem you on and trying to interrupt too much into the issue of health insurance stuff like that but the other factor is that so many people who do not have health insurance or have them without mental health aspect that you know like I saw a lot of wyoming for people who reached their breaking point neither attempted suicide or someone finally it took from the hospital on a lot of them are given these 72 hour holds or basically put in a room with other mentally ill people and given medication heavy could nation you really and after the 72 hours each unit depending on the people I talk to something you get a referral country you don't you're pretty much on your own and off their often turn loose worse than when you came in and what is the islanders started men that talk to you in a bad situation you're put in the street and you put in a room where you're surrounded by 10 or 12 other mentally ill people could different it's that is not how exactly the situation that is going to call you or inspire you that this life is worth living and you know I am kind of you know it it's a really difficult thing in and if it's funny things they love I get on my soap box the second rule if you want to do if you are somebody successful lori you're a member of the middle class if you're someone who once to not worry about shooting nor the happening that happening we do have to take better care of the underclass people who are less fortunate I keep coming up that very quickly stephen because we are just about out of time but what's the response to your piece which I think has attracted and well deserved a lot of attention you know it's really been amazing from the fact that whether it's been through e-mail woes or twitter direct messages or are other people passing on information I would say in the story going up about a week ago I personally be another magnet receive more I personally receive probably somewhere between 15 and 20 e-mails saying thank you from the worst thing you know I lost my brothers the street to the but some of them are very hopeful like you know I read the story and I know i've been feeling like this for the past year or two and gave me the courage to talk to my wife about it that is the extra extraordinarily important because the first thing to do in dealing with this problem like so many other problems is to focus on the challenge and then maybe get together as a country as a community as family is to try to deal with the pieces called all American I despair is an unforgettable piece of journalism by steven roderick and I thank you for joining us on the show.

KOPB-FM (Radio)

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I want to begin this story with a note to following conversation about greg commuters new movie film touches on the issue of suicide and may not be appropriate for all listeners it can replace film a Portland dentist flocking through life when he sees a patient who seems To have it all a happy family an interesting job then he hears the patient has taken his own life and Hill becomes obsessed Michael this is a figure you all Wow me killed absolve find evidence of wide the movie is Greg Kinnear directorial debut he started his on-camera career as a host of humorous entertainment showed talks soup became famous for his roles in romantic comedies like you've got mail the point a little miss Sunshine so I started off by asking why jump into directing on the topic is difficult to suicide I kinda was kicking the tires of directing night had a few stories that bounced around but it really wasn't until I was quite struck with steven majors script he had a way of telling a dealing with the subject matter of suicide which had affected me in my life there's people that were close to me and I found this script had a strangely life-affirming quality to it we talk about that the purchase to start drinking out of the game take on a topic like this is no small thing can you talk about what your reservations were hit in taped taking on the topic of suicide and how you thought you wanted to approach Yeah no big secret there I mean I think anybody who has known anyone who took their life you know you're shocked and sidelined by that there's always this nagging question why in the sense of people who are you fought seemingly had good lives going and I guess that idea and that subject I had always kind of stayed with me and this is all happening in a window of time where this issue of societies you know clearly an epidemic fundamental lee the character of phil he believes everyone is enjoying life in a way that he isn't haley and everyone has a better and how do you think about that because I would think someone who is an actor radio Vatican a close-up view of celebrity life which Peter tend to NV absolutely Um listen at there's another thing that happened not know it's interesting when you think of the rise of these numbers and then you think about the influence of social media and these gadgets that we carry around that basically mirror the lives and incredible experience his whether they're real or not of those around us what it can be healthy and there is an element of smoke and mirrors and a miss representation and in the business side were candy and nuts part of the charm and Allamand it's one of the defining qualities are just frankly I absolutely it is obviously a misrepresentation of the truth because we all have you know complicated lives and there's the ups and downs but our business in particular stands out as one that just shows off the he shot 80 glow of good things there are times I think what you said I'm not an artist Hey there I'm guided see you always had age John this view of this world for well we moved into the sweaty portion of that interview where I have to lie down on the Couch I guess I've always felt a little bit like an outsider in the business ou know it is strange that I was being walked away from talks shoot a film that I felt out of place I mean I look around I do I think of the movie stars being so comfortable being movie stars and there's people were very comfortable that very good at it and I wouldn't say that i've necessarily having a great knack for when I think of view as a character actor think of some of the characters you've played as the actor over the years what has been your type like how you been boxed in at times and and how do you try and play against it I certainly coming out of you know sabrina and early movies was offered a lot of smiley romantic comedies and I

probably did more than I should have when I started I don't know you know listen i'm a scotch irish and I want to fight everything that I might tell medical left I want to go right if they're going right I want to go laugh I think i've just inherently kicked and bopped the other way and when there was a clear path for me I got uncomfortable I still feel that way fundamental lee film I made this movie is about a person who is looking back who's trying to make sense of things are you at that point in your life and if so how are you feeling about it well life I feel very good about it I had just had a birthday and I have 3 daughters wonderful wife and obviously my career is important as well but when you ask me when I look back generally my happy that however further move these tv shows things that I might live to regret it of course but that's never where my mind goes I tend to go to my life and engender early life I feel like i've been incredibly fortunate and incredibly lucky well gregg peter thank you so much for speaking with us telling us about this film and talking a little bit about your career, thank you very much and we want to know if you or someone you know may be considering suicide contact the national suicide prevention lifeline at one 800.382.5555 or the crisis text line.

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we also talked about this before I was 22 on veterans were committing suicide every day I hope that the number is on the decline what is the v.a. doing to contact these folks in and help them get through it is dealing with so the good thing is once again the president has focused on us he's talked about it I just kicked off the president's executive task force on suicide prevention the just before began talking with you what we're doing is creating a whole help approached this one of the tragedies that exists out there 20 veterans a day to take realize 14 of those 28 are not in the v.a. system we have to find them what the president wants me to do was open the aperture when it comes to grants and cooperation with the private sector so that we get charities involved week at no non-governmental organize old we get tribal government to gold so that we can go and find these people but I will say this if if we just look at the last tragic act in a veteran's life we're not going to get very far we have to concentrate in my view and i'm not a medical professional i've spent my entire life and defense we afternoon get our arms around mental health issues we're not even at us but mix stage when it comes to have me what goes on in the brain and I will tell you we're not going to be able to prevent all of these that the human foot with the human heart the human condition is such that you just never know will happen while giving example Cleveland so last month a veteran took his life for our property he was in his 60s he was living with his mother he was looking had surgery that would have resulted in the removal of an ally of his vocal cords and his jaw and it he didn't want to live like that it so he left this note on our property saying please take care my mother those kinds of things that no matter what we do just the natural flow of human life will dictate it we can't stop all of that all there would be no way to know that that had a short but what's the system now i'm secretary when somebody leaves the of the armed forces there now veteran they serve us they've been in in places like you fathom variety of time what does the process h him I think you have a nice life I got to be somewhat medicare afterwards they come to us and they get an immediate mental health screening so since this fiscal year began on October first we've had 900000 new veterans come into the system paul 900000 of those have been strained for

mental health issue of those 900000 we're following day every with 3000 who have given us an indication that they may want to harm themselves or the tricks and pitfalls of this is o that 20 veterans to take their lives we know hat more than half of them have never had a mental health diagnosis syrians shown indications that have mental health issues so it is now mandatory that when you come to us but you get a mental health screening for us that's the first step in the second is if you go to a murky hunt began not too far away here's and you say you have an issue we have same-day mental health appointments maps for everyone they didn't write them do yeah and even even though those who perceive other than honorable discharges I know being a military city there everybody is listening to you knows what that means this president has told us we have to reach out to them we contacted 500 1000 service members receive another inaudible this card and said if you could you feel the to have an issue please come to us now and the other folks who are the folks who was we also know that in many cases and other than honorable discharge means you did something wrong on the military but we're looking for those who may have been discharged because no one recognized that they may have had a brain injury or traumatic experience overseas was not caught it is a secretary robert wilkie so for those listening right now and look at that time was short I appreciate you taking some time with me and great axes as always for those listening to don't think they have health care i've heard from military veterans alive who said there's nothing available be pags 8 and mi it tends to be yes there is what they do know about the mission act the program well elects but just talk about those who feel they're in crisis there's a number and I will repeat for you it's 100 to 7.8 to 5 life if the press one they will talk to someone and unlike some of the criticisms that we received from those who oppose this president there is no voice mail on this system the average wait time for a live body shape second and coal that number the other thing they need to do is just call in touch just say san antonio call on murphy I called them and asked for information and have someone to walk them through what they need to get me the issue that you raised it is one that we are still working on the problem is not with veterans who were already in the system those in the system the wait times at v.a. are as good or better than any in the private sector across this country is for those who are new to the system one of the reasons the president signed the mission attackers allowed me to create standards if you can get a new appointment within a certain number of days is then we give you over to the private sector to get that cares quickly his posh so they need to cold call abyei call this crisis mind of someone answer it's it will have them do that one last quick one end and shortages of we follow very generous question I apologize why in your opinion did get so bad was bad leadership the v.a. I we have veterans dying waiting

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george film it was called the craziest and in the movie the crazy people we're dealing with bouts of insanity I remember the 2010 version there's a guy and he walks on to the little league baseball diamond with a gun and he's just 4 days he's got this huge gun just think there is and the police officer said the game says okay bill and looks up at him kind of days look at bill you okay and then build without thinking raises the rifle and police officer gunned down right in front of kids a pretty powerful scene in the film s remake the georgia dome the craziest but you

know it doesn't stop there okay drains behaviors in this town lou goes from people who want to harm others to suicides and then there were others to part who also took part in murder and rioting was almost like you know that no one knows why was telling each other that was crazed out freaking out well all the film eventually revealed that an external force was responsible for these actions I can't help but think were now living anatoly or something internal something sociopathic and strange is haunting people's minds early in the morning of april 14 28 team david buckle a 60 year-old retired gay rights attorney left his cozy garden surrounded brooklyn house and walked to a nearby prospect park he made his way to a stretch of grass or email media outlets a statement decrying humanities facility the face of pollution and global warning a few minutes later he doused himself with gasoline and set himself on fire in his email he wrote quote most humans on the planet now breathe air be unhealthy by fossil fuels and many die early deaths as a result its email went on to say quote my early death by fossil fuel reflects what we are doing to ourselves and quote now what's weird is a characteristic care it also looked short notice the scene for emergency personnel you wrote i'm david buckle and I just killed myself by fires protest suicide and then wrote I apologize to you for the mass know unbuckle family friends were aware of his intent and we'll never know for certain whether pre-existing mental distress may have contributed to his decision to take his life like he's writing made it clear he viewed his death in political terms and hoped it would galvanize bas action buckle had died with that in mind buckle the glitter distinguished legal career he worked on famous cases including nebraska hate crime it inspired the film boys don't cry for that reason as well as the shocking circumstances of his death his death received national news coverage but in a reactive 24-hour news cycle we have the 24-hour news cycle we have the story was rapidly buried

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david buckle set fire to himself a park in new york saying i'm dying because that would pop fossil fuels my body and is what i've done i'm sorry for the mass then we have this woman in florida him stab yourself 3 times the police show up she says I did this because i'm tired of trump i'm tired of living in this country with trump so I am I seeing this pattern before and his long before donald trump as president okay I seen this is another guy and course it's hard himself in kansas I think we're seeing a pattern and a on is this is nothing new to me during grounds allow inspected 2010 I inform my audience of secret suicide pact among climate and climate change advocates said that there's a suicide pact a lot of people believe they should remove their carbon footprint they go voluntarily and encouraging others to say this is something happened back in 2010 I do all it influence that one maybe in a statement buck all maybe there are few people that committed suicide because of global warming but one of the things that I am reported by sided be there was a 7 month old survived for 3 days alone with a bullet in the chest after being shot by her parents as part of a suicide pact over fears of global warming francisco's shero and miriam colletti shop their daughter and her toddler brother before killing themselves their two year-old son francisco died instantly after being hit in the back however their unnamed daughter cheated death that the bullet from her father's handgun this true vital organs think about that for a moment these people are so afraid of global

warming that they want they have suicide pact that killed jo they attempt to kill the family father mother kids also read a story in the details but it was a guy who we used to drink water because he said that if he drank the water he would be giving up or taking resources from people who need it because of global warming and because of how resources are scarce now clyde people unstable and know that these people did tell me about david buckle he was a lawyer a smart lawyer a very good lawyer who just one day up and said okay i'm for gas my body i'm ady they go to the the he basically walked took into a park part gas says a bonfire and kind of casually walk through the park no screaming yelling know-nothing walking through the park the woman stabbing yourself say has stab myself isn't tired of trump tower living in this country now I need to see irene lot of things so all this craziness going on in the world right now democrats are planning to host the capitol hill event featuring psychiatrists warned president trump is unfit for office space in his mental health the event will be led by dr. bandy lee a yale school of medicine psychiatrist it editor of the dangerous case of donald trump both fit argues psychotic is like I have the responsibility according to the book to warn the public what a president is dangerous al course this is this is a very controversial position because psychiatric associations urged members never to diagnose patients they person evaluate saying it undermines the scientific rigor the profession so all these psychiatrist showing up to try and prove it prove that trump is crazy this is is the attack is a very tacky move I think but course dr lee and others who agree with her stance say their description of the president's behavior of showing mental instability in dangerousness should be interpreted as an issue for diagnosis isis instead he got mental instability going on he's dangerous i'm trying to figure how dangerous cnn's but what has he done so dangerous evening we haven't gotten word is there's been no war really he's been trying to negotiate with people I know what he's done is so dangerous but they're saying he's dangerous he's crazy he's unstable many clinicians political commentators members of the public the speculated upon to help president trump and over 7070 1000 people

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B_JUL_OREG_15

in the last hour I was talking about a movie I once saw is georgia remember film maybe they didn't 2010 I believe it's called the crazy is where all of a sudden people started dealing with bouts of insanity and deranged behaviors like suicides another took part in murder in writing no one knew why they found some external reason why i'm on the way what was his secret but what's odd is that i'm seeing some of the same behavior going on right now something sociopathic something strange something haunting isil a him and you know we see a pattern you have to talk about these I have to talk about on this program because any patterns some the when his stick out to me I want to figure out what it's like trying to figure out why they happened when they happen and and what is motivating this happen so I did a story last hour about david buck whose 6 year-old retired gay rights attorney what his got up one day got dressed walked out of his brooklyn house walked to a nearby park slope prospect park it made its way to stretch of grass he e-mailed media outlets and he said the statement and that statement basically was cry it was decrying humanities passive in the face of pollution global warming and then he basically sat down poured gas on himself and he set himself on fire don't

email he wrote most humans on the planet now breathe air made unhealthy by fossil fuels and he died early guesses result is he went on to say my early death by fossil fuel reflects what we are doing ourselves it was weird about the whole thing is he's he left a note to the first responders mursi first personnel it said I am david buckle and just kill myself by fires protest suicide wrote I apologize to you for the mess alba family did not know what motivated him it away did it and distinguished legal career many do we was and they were hoping I guess he was hoping he would start some you know grew he was saying he was a martyr for global warming but no in the 24 hour news cycle he got lost somewhere between a molar investigation bombing Syria soul he did pretty much didn't make a difference and we have a guy a few days ago was the lives in Washington d.c. and people are shocked and horrified because he went into the park set himself on fire in front of their eyes as they are now grouped he walked across the open part is calmly set fire himself walked calmly down the parkway the lips right in Washington see mall secret service officers as well as u.s. park police officers rushed to extinguish the flames they administered emergency aid but 85% of his body burned so in the dying but what bothers me is that if you go online uses takes walking calmly through the park on fire but nothing was bob no screaming no help me walking calmly always burning it's not clear like coup that took his own life tmz claimed he was on the loose the ginza something days later a passenger car to the southwest traffic win kansas city douse himself across scene and himself on fire according to police no motive cited some say was a political move but course he was sent to the hospital critical condition at a florida woman stabbed yourself 3 times with a kitchen knife told responding officers the president trump was to blame a officers found the unidentified woman standing outside her home in palmetto florida leading former has legs and face according to a partially redacted report she does because she said she was tired trump his presidency tired of a country and in heat this this is what we're seeing we're seeing this pattern is nothing new I mean there are people who've committed suicide others a suicide pact and family in argentina where a father a mother killed children killed one of their children the other ship child survived because they were afraid of the end of the world in global warming and what's ironic about all this is that there's going to be this big display in Washington d.c. where they're going to bring in a doctor about any of the bad lesions from the yale school of medicine your book called the biggest case of donald trump I heard a bunch of other psychiatrist will come into Washington to analyze president trump's behavior he was mentally ill there are about 70000 signatures from mental health professional saying they wish they would do something to investigate his his mental help but that the irony is that why don't they look at the people that are committing these acts just bizarre and wise happy I believe there's a lot of things at stake here once again to go back to the ugliness of identity politics and the war and its eu people call the idea trump syndrome okay trump derangement syndrome the syndrome right but they don't they it's kind of a folk word they're using for the times but as he's scary going on here no one really understands what is going on you look at what's happening in england right now you look at what a president trump showed up for the day that the queen and and all these things that were going on and they were getting all the faces of people were there to see trump they have they have trump maybe balloon never in my life the scenes such rockets behavior dangerous behavior for one man so we look at this as a glow as a growing trend we look at this is you know because people to serve in distressed by a lot of things a policy of speech behavior a all these things are a factor I believe and identity politics the idea

into crisis we're having right now what's interesting is that I was able to get screening copy david likes to film about his life called renegade and it starts with bikes beginnings how has been the target for censorship and of course he is speaking engagements in castle but had a lot of inspiration inspirational things to say about something called label consciousness it reminded me of what I have to talk about with regard to their identity crisis of identity war we all know david I guess he's prodding english writer public speaker he's worn during hajj his lifetime he was first football players footballer passport broadcaster and later became a conspiracy researcher and author and he still holds a profile you hold it well the green party politician an activist I exchange life change 99 he was cited told he was sent to heal the earth despite strong criticism and mockery I has been well received a lot to read his books and aimless psoriasis say certainly we know him I had dinner with him my for 21st was out doing his appearances he was solid city we had dinner together for a long time we have tonight do tonight welcome the ground zero a real question todd thank you so good having you.

News Radio KEX
Jul 7 • 2:43 PM

B_JUL_OREG_16

We also talked about this before the goes 22 veterans were committing suicide per day I hope the numbers on the decline what is the v.a. doing to contact these folks and help them get through it as they deal with so the good thing is once again the president has focused on us he's talked about it I just kicked off the president's executive task force on suicide prevention the just before began talking with you right thumb what we're doing is creating a whole help approached this one of the tragedy that exist sell beer at the 22 veterans a day to take him alive 14 the most money are not in the v.a. system we have to find them what the president wants me to do is opening the aperture when it comes to cramps and cooperation with the private sector so that we get charities involved we get no other non-governmental organize and all we get tribal government and bald so that we can go out and find these people but I will say this if if we just look at the last tragic act in a veteran's life we're not going to get very far we have to concentrate in my view i'm not a medical professional i've spent my entire life and defense we have to get our arms around mental health issues but we're not even at the sputnik stage when it comes to grabbing what goes on in the brain and I will tell you we're not going to be able to prevent all of these that the human of the human heart the human condition is such that you just never know what will happen to be an example Cleveland last month veteran took his life for our property he was in his 60s he was living with his mother that he was looking at the surgery that would have resulted in the removal of an ally of his vocal cords in his jaw it and he didn't want to live like that us so he left this note on our property saying please take care of my mother but those are the kinds of things that no matter what we do just the natural hello human life will and penny we can't stop all of that will there be no way to know that the event had a short but what would the system now i'm secretary when somebody leaves the 8th of the armed forces there now veteran they serve us they've been in places that I can't even fathom friday citing what does a process it can thank you have nice life right got to be some within the care afterward come to us and they get an immediate mental health screening so since this fiscal year began on October first we've had 900,000 new veterans come into the system all 900000 of those have been screened for mental health issues of those 900,000 we're following

day nearly 3,000 who have given us an indication that they may want to harm themselves well all the tricks and pitfalls of this is that old the 20 veterans to take their lives we know that more than half of whom have never had a mental health diagnosis certainly shown indications that have mental health issues so it is now mandatory it when you come to us but you get a mental health screening for us about the first half and the second is if you go to audit murphy began not too far from where you're sitting and you say you have an issue we have same-day mental health appointments that's for everyone they get it right then lou yeah and even those who perceive other than honorable discharges and I know being a military city there everybody is listening to he wrote this president has told us knows what but we have to reach out to them we've contacted 500000 servicemembers receive another inaudible discard and said if you could you feel the urge to have an issue please come to us now and the other folks who are the folks who it was we also know that in many cases and other than honorable discharge means you did something wrong in the military but we are looking for those who may have been discharged because no one recognized that they may have had a brain injury or traumatic experience overseas was not caught it is secretary Robert Willkie so for those listening right now on another but time is short I appreciate you taking some time would be great axes as always for those listening who don't think they have health care I've heard from military veterans a lot who said there's nothing availability pags in my intense debate yes there is what they do that what about the mission happen in the well let's just talk about those who feel they are in crisis there's a number and I will repeat for you if it's 100 to 7.8 to 5 5.

KGMI News/Talk 790 (Radio)
Jul 8 • 5:15 PM

B_JUL_WASH_3

Attorneys for the woman convicted of encouraging her boyfriend commit suicide viet text messages are appealing her involuntary manslaughter conviction to the supreme court CBS news correspondent Allison pieces more in a petition filed today Michelle carter's lawyers told the high court that the conviction was unprecedented and violates the first amendment right to free speech one of her lawyers says carter did not cause 18 year-old Conrad Roy is tragic death when carter was 17 she sent a series of text encouraging roiphe who had a history of mental illness to take his own life carter started serving a 15 month jail sentence in February alisa keys cbs news.

KOHD (ABC)
Jul 9 • 11:10 PM

B_JUL_OREG_17

a tragic family was minding his vacation on a cruise ship. a grandfather baby granddaughter when she and fell out slipped from his grasp trent reports the window. as les toddler block below and landed on the concrete was killed. >> horror on after board a popular cruise ship 19-month-old an adorable a girl lost her life, fall11th ing off the story deck. the royal caribbean's freedom of an when the accident the seas was docked in san juher family we happened. little khloe and on the pool deck enjoying re juan. her grandfather was sweeping views of san ow holding her near a windhat he lost his grip and she when he reportedly told cops tslipped of his arms. she plunges out r death. police d 150 feet to here investigating the incident which can be

seen examining the window worth-old opened from the inside. the 19-mis the daughter of
 soutgirl police officer alh bend, indiana an and his south bend police chief wife kimberly. the
 reports claiming says published khloe out the window bthe grandfather dangled accurate. the
 before she slipped were not department issued a statement a tragic calling it man loss. >>> and
 this an avid marathoner. was some he denied allegations that he cheated during e question of
 his long- distance runs. but th that much. the l.a. may have been at the former county coroner
 confirms he took his own life. doctor "inside now his family is speaking with edition" to >> the
 grieving family defend h reputation. runner accused of the 70-year-old marathon of cheating is
 speaking of 43 out. his wife years, tina, answers. >> do you think th says she's searching for yes,
 ese allegations killed your husband? >> I do believe that. I his final do believe that. >> during
 family physician days, retired dr. frank maze faced pmiliation following reports that public
 cameras along the ering the course from a position other route had captured him reenthe left
 than where he was also capturit. re-entering the race. >> on ed entering from a sidewalk and a
 the day he died he that he wanted to go for a woke up and told his wife she said that sounrun.
 m. he ds like a great idea. at 8:30 a.left his he did he house. she told me before about lunch
 later, i'll pick said how food on the way up some home. two hours home. >> he never made it
 discovered later his body was di authorities say he jumped to in the los Angeles river. death
 from this his bridge. the family believes cyber bullying led him to take his life. >> the own
 comments mean and distrustful became point l. >> did you feel like at any during the last
 several our husband migh weeks that your dad or yto hurt hit try I actually myself? >> no, didn't
 think so. I didn't. but I really and hurt. >> his family underestimated the stress he will be
 remembered hopes his not for the cheating scandal but for running and passion for the sport.
 >> he's his accomplishments inremarkable man. an honest man. he's man he's an honestly hard
 working who: the race last march was not loved to run. >> deborah which his the only incident
 in times were called into e question. he was disqualified twicr rung before due to
 irregulamelania trump? times.

KCPQ-SEA (FOX)
 Jul 9 • 8:20 AM

B_JUL_WASH_4

during last night's show we spoke with the st. superintendent of public instruction chris ragdoll
 about the increasing rates of teen suicide and what schools and communities can do to support
 struggling students. here we think the schools are obviously a critical part of this family
 recognition of this. so a larger awareness of what suicide risk looks like. how do you intervene.
 how do you engage a young person who's at risk. and of course, the schools are one of the
 great places to do that because we have them for six to eight hours a day. we have trained
 professional is there a first line of intervention. but even when we train enough folks in our
 schools and add more counselors and support staff there have to be community resources
 when you refer a young person in crisis to get significant support and help. there has to be
 something in the community because that's not the expertise schools were a first line identifier
 and then we have to deliver that that that person that child. so it's not just beefing counseling
 and mental health in schools it's also making sure that our community mental health systems
 are strong? that is a partnership between local government and the state and we also spoke to

right all about funding for earthquake ready schools as well as the shift away from standardized testing for students. you can hear that full interview on our web site that is 213 foxconn.

AM 860
Jul 9 • 11:56 AM

B_JUL_OREG_18

my parade just gassed forward transgender woman i'm in it last summer your calls bob thank you i'm in the future so some summary now but thank you bob was I actually like to hear your story line for so here's a baby in 1000 oaks California as a transgender grandchild knees had mutilating surgery is on hormones he acts 16 although 26 28 am sorry years old and comment any have made that I can only say this would mean in capturing transgendered kid him a dope at that otherwise would not leave because they're pushing this and saying that gender hormones and surgery and people should never been done many of these individuals need credit yet cookers psychological counseling from something that happened jon mike I can't believe that we are so touched do they do allow this to continue the should be how amendments out it's back to what Jeff was just stupid we have a chance to find it's insidious a good one barber in Minneapolis can you speak to the claimed high suicide rate among transgender teens and she's heard that surgery did not help the suicidal thoughts the salute two separate issues quickly yeah this suicide if you are going to continue because transitioning and not condemned syriza think about suicide prevention and what we're finding out is that rebuilding the problem and that's why the suicide rates near 19 more times likely to commit suicide after transition interview just stayed the same and dealt with their missions in that cycle there while awarding I didn't know that even before the same they would be correct that wall really something Michael in los Angeles wonders why we are so quick to change the physical body rather than change minds and mike wonders worries that the left current campaign against quote toxic masculinity unquote wound occurred more boys went too far his girl I think that that's true to listen I want to thank you wolf higher I think you're doing a monumental service.

KGMI News/Talk 790 (Radio)
Jul 9 • 2:06 PM

B_JUL_WASH_5

it is a real pleasure right now to hold off all the phone calls and talk to dr build software who is a medical doctor and national director of physicians for compassionate care education foundation professor and dr. it's good to have you on the program was great to be on the program it's always great to talk with and made an energetic well I do my best I want to point out you're not you're not just a doctor you're also teach and then you advocate for compassionate care and the reason we have to do that is Oregon made history us some time ago for being the first government on planet earth to form only indoors doctor-assisted suicide and now the state is considering a change the law and dr. correct me if i'm wrong this change would literally make it legal for doctors to starve a patient to death that correct absolutely get it done fine category of individual would be fair game for us to neglect with respect the basic food hydration of this whole movement of so-called voluntary stopping of eating and drinking is expanding having conferences the close with seattle Washington where the entire conference

and dedicated to the expansion a situational killing at the end of life you know you couldn't do that to a dog or cat or worse without being arrested by were advocating now that patients with Alzheimer's these the campaign at some point earlier in their life I had out of fear of thought they might not be able to have a dignified and quote life they've taken check the box and then I get back upon where dr. health care drivers the nursing home but early stops helping them to eat and stop giving them food nutrition that they need I used the term bastrop be tube or whatever else that it's too eli and most of this dr. crick and for wrong is going to apply to patients who are Alzheimer's or dementia sufferers correct burma category really broad you know you're asking me to beyond caught me read the 29 page bill very closely and the reality is that we're talking very objectively if your so-called close the dow well how do you find that can bob people should have the right to kill himself the fed the cure the limb because after all they had more worse suffering so it and by the way that's one category it is intolerable suffering so among the 4 different categories opposed to death one of them advance progressive illness that would be like all timer marriage perhaps oh well exactly what could be diabetes we mean you no harm with you I know that there are many hard to be patient you have left life prognosis for typically then patients with cancer so you know the reality is categories are really in broad extraordinary suffering well you know that that happened for people who are proud of the fact you know today in Canada there's a person petitioning to be because he it like kids and powerful ready I young man a thon of a father who unfortunately it is I think and colluding with the thunder offense a definite about life and rather than trying to work on a new innovative ways to approach whatever pain he might out the father thing yeah I mean he's right he should he should end his life should be allowed under canon law to can do life with euthanasia even and so the tension that gives him a glock by the progressive movement course of is for happening all over the world whether it's now the lender can and even here in Oregon and you know I heard you know our senate and house was pushing to expand from a prediction of 6 months to live patrol month to have because they were trying to include measures that lou gary station they'll patients who might have difficulty swallowing if you wait I swallow a deadly potion if he waited until 6 months only what had a lot of that money because the turn that large you know and we don't have a crystal ball reading course of the medical school and what doctors really loud he get predicting how long the person globalism I would have an anecdote about them i'm a pran because the relative or a loved one who is now very much alive after they were told they would be gone and in just 4 months and in my own life with told were with her advanced cancer and getting incurable cancer that she had 3 to 9 months 11 thankfully we were blessed with port times that much life before she died naturalism at home with big thing in any and all those words deliberately because they're co-opted by the movement and you know the only thing you can do to change people thinking they use euphemisms about the situation of killing a massive overdose of that he one not even the end of life based on the bill those bills including anyone who doesn't feel good about their life and one professor just to put a point on this bill was apparently inspired by the case nor harris' nor harris had Alzheimer's and twenty-sixteen her husband asked a court to order the nursing home she was and to stop providing food and water now she wasn't being provided with to the no food down nasal gastric tube sure knows the nursing home was feeding air with this bone I mean their food with feeding your real food and they said it was up to her whether she wanted to either not she indicated in an advance directive that she didn't want to give an artificial nutrition but

apparently this bill would allow doctors to say don't get many water don't get many food even if they take it by hand by copper bottom or straw right well absolutely it that that is absolutely correct and unfortunately I don't know whether more was eliminated by a court decision not to move on without them but the reality of it could be and people I know my mother and you know got a lesser god rest her soul she had waxing and waning with her dementia it at the end of her life and her big time should be very loose it in your checked the box like nor apparently did better with the claim that she did or suddenly you know terri schiavo's husband remembers she would wallet this way ou are fair game because you at this point you've been declared unable incompetent to respond for you I want your ears open and he eliminated the patient's choice that's supposedly can help people a choice that you have a choice now but the reality is that the film loosely written anything but your definition something I don't you read the definition for the military to take home means not incapable what you heard that people are able to start killing your sort through definition a minute it's remarkable and you look at what we mind kate bowl while I get it it's whatever the doctors that well it could be a doctor a good match to back pain who takes on face value what the so-called loved one might think about the person they're confident the and hehe without any court decision could beat up the person to adjudicate that yeah okay what's wrong food water and the family has said that the person is a loose made a dent and gone away it just you know the courts decided in nor his favor that she could keep feeding they decided against her husband's request the should be starved to death and but apparently this bill would change that it would say if you decide to start someone to death who's not even capable of communicating or expressing their wishes on the family can decide to start a family member did have I can't believe we've reached this point where you might take somebody in the most vol one of those vulnerable positions they could ever be at a suffering from Alzheimer's dementia and say I am the family views this as a kindness so just cut off food water and they will eventually die probably fairly quickly you're absolutely right and you know unfortunately the elder abuse lawyers will work well for trying to defend a people alive I only know one of the elders in the country are viewed it and the ultimate abused by a family member would be and the ever eliminating the life of the person using a new law dr tough words a pleasure thanks so much for your time today well glad to be on i'm glad you're awake and alert glad to do it dr build software the national director of physicians for compassionate care education foundation.

KAPP (ABC)

Jul 9 • 6:30 PM

B_JUL_WASH_6

The Yakima county coroner's office performed an autopsy earlier today on the body found in a freezer in toppenish last week. But investigators still don't know who it is - or if the person is male or female. the body was found in a freezer in an area of Toppenish sources say is used as an unofficial dumping ground for garbage. cocurtice said they'll now have to rely on dental records to identify the person. if that doesn't work, they'll try to find a d-n-a match, which could take quite a while. an autopsy earlier today found that an inmate at the Yakima municipal jail died of self-inflicted asphyxia. last week, the 48- year-old man was found unconscious in his cell.....he died shortly after at a local hospital, in what authorities say was a suicide. the man

had been booked into the jail several days prior on a traffic warrant. the Yakima valley special investigations unit is investigating the death.

KATU-POR (ABC)

Jul 9 • 6:44 PM

B_JUL_OREG_19

deb: developing news, rescue crews are still looking for a volunteer firefighter missing since Saturday afternoon. the kittitas county sheriff's office says peter fan was paddle boarding when they were knocked into the water. peter's friend was rescued by a nearby jet ski, officials say he was not wearing a life vest. >> lincoln: she had everything going for her, a good job, a family, but the wife of a soldier found herself suffering in silence when her husband was deployed overseas. >> deb: and veterans are especially susceptible to the opioid epidemic because of how much trauma they encounter. as kathleen jacobson reports, often times their families suffer right alongside with them. >> reporter: amanda martin is a strong woman. she kept her family together and moving as her husband deployed to Iraq multiple times. >> my third born son was born early with heart problems, and he only lived for about 16 days. and so that was at the point that my life took a turn. >> reporter: a horrific tragedy and no parent wants to go through. Amanda went through it alone. her husband serving our country overseas at the time. >> shortly after that I was diagnosed with lupus, so I was put on lortabs, and did not take me very long to realize that they treated much more than the physical pain. >> reporter: numbing the emotional pain of both her son's death and coping with her husband's job -- >> my ex-husband struggled with PTSD really badly. he ends up -- ended up shooting a child while he was there, a child strapped with an explosive. >> reporter: that kind of pain paired with not knowing if her husband was safe. >> I have PTSD from it. and so that drove me, it was an endless cycle. that's part of what drove me into doing what I did to find some kind of relief. >> reporter: from lortabs to percocet to oxycontin. >> eventually somebody said why don't you try heroin? it's cheaper, it's stronger. >> reporter: she lost her job, her marriage, and eventually went to jail. >> my dad said I love you, I would do anything for you, I would die for you but I can't save you from yourself. and so, you're going to have to sink or swim. >> reporter: it took that tough love for Amanda to get the help she needed. now she works to help others like her and has a special place in her heart for veterans. >> these are people who were injured over there or something and they ended up on pain pills, and they're on heroin now. >> reporter: proving even the strongest can fall victim to addiction. >> deb: Amanda is working through drug court now, she's been sober for two years and works as an addiction counselor at addiction campuses in Memphis helping others now. >> Lincoln: two congress members have introduced a bill that would monitor how effective veteran suicide prevention programs are. even though the VA has gotten hundreds of millions of dollars to combat suicide, the rate of suicides among veterans hasn't really changed. about 20 die by suicide every day. of those 20, about 14 are not receiving regular care from the VA. in addition to the VA, there are 50,000 community organizations dedicated to preventing suicide among vets. >> deb: experts say most mental health crises are temporary, and will pass, but if you need to talk to someone, you can call the national lifeline, at 1-800-273-talk, select option one for a VA staff member. you can also text "home" to 741741 or go to suicidepreventionlifeline.org for more information.

KOMO-AM (Radio)
Jul 9 • 8:49 PM

B_JUL_WASH_7

The NYPD is putting together a new mental health task force the program being created after 4 officers committed suicide over the past 3 weeks police Commissioner James O'Neill fight step forward my going to lose my guns might lose my shield me lose my job we're trying to make sure that the police officer understand what the process is if you need help we'll help That the Department is considering adding counselors to every police precinct and of course stepping up efforts to destablize ties mental illness health.

KCPQ-SEA (FOX)
Jul 10 • 5:00 PM

B_JUL_WASH_8

breaking tonight Seattle police investigating an apparent domestic violence murder suicide in Madison park. police say they responded to a call about two bodies discovered at a retirement complex along lake Washington today. investigators have not determined when or how the two people died. in a tweet those Seattle police say they are investigating the case again as an apparent murder suicide. their duties. staff has no reason to go into different units and they were discovered Seattle times reports the deceased are long term residents of the park shore retirement community. detectives are interviewing neighbors to try and figure out what happened here.

KIRO-SEA (CBS)
Jul 10 • 7:03 PM

B_JUL_WASH_9

in the past hour, we learned two people found dead in a senior living apartment building are husband and wife. staff at the park sure senior living community on 43rd avenue east called police just before 1:00 this afternoon when they found the couple's bodies. detectives spent part of the afternoon talking to witnesses and are still trying to figure out what happened although they did call it an apparent murder suicide earlier. county medical examiner will determine if that is the case.

KGMI News/Talk 790 (Radio)
Jul 10 • 9:05 PM

B_JUL_WASH_10

a troubling new report on suicide among black teens cbs's allison keys not only did the university of Toledo study finds a huge increase in suicide deaths among black teenage boys and girls it also found the methods they used the most lethal including firearms and strangulation tips really model behavior they say dr. meara gan don't tress says team see their parents and neighbors struggling could cause of hopelessness and I can become the best person I can be perceived as insurmountable he says African American male teens are more at risk but he says families talk about mental health issues and schools to step in early can improve these outcomes Allison peas cbs news.

KIRO-SEA (CBS)
Jul 10 • 11:04 PM

B_JUL_WASH_11

Seattle police are able to get an apparent Seattle is murder suicide at a senior living community in senior parks. it brought a big police response to the kiro 7 neighborhood. >> deede sun joins us live from where these deaths happen, despite appearances police have not ruled anything out. >> reporter: that's right, police are calling it an apparent murder suicide, but would not go so far as to say foul play was not involved here, at least not saying that just yet. they say that detectives need to investigate further. the deaths happened at this senior living center behind me, on one of the upper floors and it is something that leaves this community shaken. >> it's a shock. you just sort of gasped. >> reporter: an apparent murder suicide at park shore senior living community. >> we responded to this location; staff here discovered the body of two people deceased inside. >> reporter: police say it happened on one of the upper floors here but have not said how they died. >> we are all close to one another, we are concerned about one another. and, so, it was really very sad. >> reporter: park shore said the couple who died was husband- and-wife and were long-term residents here. >> they kept to themselves more than most. >> reporter: neighbors say the wife mostly stayed in her unit, and her husband brought her breakfast every day. the residence said in a statement, park shore is a very safe community, we are all in shock and disbelief. but, this woman here to visit her mother says what happened does not surprise her. >> not to me, there are a lot of opportunities for people to remove themselves from this world, that you realize it may not be getting any better or you are in pain. I can understand there may be some choices that might be made to end things sooner. >> reporter: for the neighbors at park shore, >> the community has been shaken by what they referred to it as a family, they have their church family, their biological family and their park shore family, so this will take a toll on people. >> reporter: neighbors tell me the couple who died were in their 80s. we expect to learn more from the king county medical examiner's office including how this could have happened.

KEZI (ABC)
Jul 11 • 4:00 PM

B_JUL_OREG_20

now to a disturbing new study... that shows veterinarians are stressed out... depressed and drowning in debt. and it's costing some of them their lives. thank you for joining us... i'm chynna greene kezi 9 news reporter emma jerome joins us to break down the troubling statistics and she also spoke with local vets about this ever-growing issue. emma jerome: "in january the cdc released a study that found suicide rates in veterinarians are much higher compared to the general population." lisa poquette: "i have staff to pay i have rent to pay i have medication bills to pay..." lisa poquette has been a veterinarian for over 25 years and says the burnout rate has climbed exponentially since she began. poquette says the suicides could also be due to the amount of student debt vets have when they leave school. she also says the emotional toll of being a vet is heavy. lp: "i've counseled people& i am not a counselor& but i've helped counsel people who need to get help & if you won't do it for you do it for your pet" she says she hopes people hear these realities and have more understanding for a very taxing job.

ej: "at 5 I spoke with a vet tech who talks about the stresses of the job --- and why she decided to not go to vet school. reporting in eugene emma jerome kezi 9 news."

KEZI (ABC)

Jul 11 • 5:22 PM

B_JUL_OREG_21

In tonight's health alert.. the stress of the job is taking its toll. emma jerome: "katie holland has been a vet tech for 8 years. her drive and passion to become a veterinarian is there... but she tells me there are factors that have stopped her from going that route katie holland: "the cost of vet school is really high and the average student comes out with crippling debt" according to the American veterinary medical association -- people who have a passion for helping pets will graduate 143 thousand dollars in debt. kh: " the average student is in their 60s before they'll have their vet school paid off" their median salary... at about 88 thousand. kh: "i did really want to go to vet school but I decided to go another route because of the cost" holland says that's just part of the reason vets are burning out at such a high rate. she says they're overworked... and that can lead to depression and anxiety. a new report found the suicide rate in male veterinarians is two times higher than the general population... for women veterinarians... it's three and half times higher. ej: "compassion fatigue... it's not really understood but it plays a huge role in the burnout rate for veterinarians and technicians alike. at 6 find out what it is and what resources are available to help with it.

KEZI (ABC)

Jul 11 • 5:56 PM

B_JUL_OREG_22

Now on kezi 9 news at six... lots of debt and compassion fatigue... both are piling up for veterinarians -- putting them at an increased risk for suicide. the numbers, in tonight's top story. child welfare advocates are making their voices heard -- after a judge threw out the sentence of convicted murderer angela mcantuly. the latest in the controversial decision -- coming up. tsunamis remain a major threat for cities on the Oregon coast... and four key words show business owners how they can survive in case waves come crashing. kezi 9 news at six starts now. announcer says, "live local late breaking, this is kezi 9 news at 6" we start tonight with more on that disturbing new study from the u-s government --- showing an alarming suicide rate among veterinarians. and it appears to be getting worse. good evening... i'm matt templeman and i'm chynna greene in for renee. kezi 9 news reporter emma jerome sat down with local veterinarians and brings light to these troubling new findings in tonight's top story. katie holland: "veterinarians have the difficulty of taking care of animals but also running a business and also having really big hearts because that's why they want to do this type of work" for most people... being a veterinarian sounds like a lot of fun. what could be stressful about working with cute animals all day? it turns out --- a lot. emma jerome: "2.1. male veterinarians are over 2 times more likely to commit suicide compared to the general population and for women it's even worse&.with a rate that's 3.5 higher than the national average" one factor is what's called "compassion fatigue." veterinarians can't help every animal... and they can

euthanize up to five animals a day. lp: "we love everything. we want to help everything, and we can't" lisa poquette has been in this field for 25 years. she's said the financial stress is also tough. lp: most of us are not getting rich&. I probably make less than most of my clients... on average... veterinarians are leaving school nearly one hundred and fifty thousand dollars in debt and raking in about 88 thousand dollars a year to show for it both poquette and holland want this new study to bring light to encourage those in this field to prioritize their own mental health and well-being kh: "practicing self-care is really important." they both say that at the end of the day they hope their clients can offer them the same understanding that they offer their very best friends every day... reporting in eugene... emma jerome kezi 9 news.

KONG-SEA

B_JUL_WASH_12

Jul 11 • 6:35 PM

today we're shining the equality spotlight on nfl veteran and former voice contestant atuaolo. >> i'm proud to call this man my friend. what's it like to be part of that nfl experience? >> you know, it's actually amazing. I was back here in 2004 speaking with the nfl. then coming back now to sort of speak to the nfl is sort of like a day and night situation. it's so much more open. it's so much more alive. I was able to speak with some of the senior vice presidents about the movement that we're going forward with inclusion and diversity and stuff like that. I get to ride on the float for first time. that's cool. >> how does that feel? you were playing football in front of thousands in the closet. now you are an out man leading on the parade. how does that feel? >> you know, I think anyone in the lgtx community understands when you live your truth, it's amazing. to be able to come to pride and be proud of yourself and stand up for what you believe in and love who you want to love is incredible. to be a part of the nfl itself and them having a pride this Sunday is for me awesome. >> you are a trailblazer. who is your inspiration? >> I think there's two people that have been my inspiration. david copay who came out. his book basically saved my life. there was a time in my life when I wanted to kill myself and commit suicide. someone gave me his book. it was absolutely eye opening to know that there was another person out there that was like me. second, my mother. she was always supportive of me. my dad died when I was 10. she's always been my rock. she tells me to try different things. you never know what you are good at. that's why I do a lot of things. >> she be so proud. >> I hope so. >> thank you so much for joining us today.

News Radio KEX

B_JUL_OREG_23

Jul 11 • 10:04 PM

the estimated number of law enforcement officers who died by suicide outnumbered those who died in the line of duty for the third straight year in 2018 according to a study blue help Massachusetts-based not for profit run by active and retired police officers medical professionals and victims' families compiling released the grim data but why is this happening ron barber a former radio and television newsmen from saint louis some for the past 35 plus years he has produced nationally acclaimed video an online training for first responders his former company American heat for firefighters in this current company line of duty before police were and responders used by thousands of police officers firefighters and MTV's for

continue training and education this mom he is releasing part one of a two-part series called suicide prevention the amazing journey of sergeant mark dimona but let's bring run and now brought what is the situation under control why they're committing suicide storage for the role of grimmitt really do wish to say happy belated birthday young man yep I georgia and relieve many years I have interviewed so many cops who have been involved in a critical win for them for what they call I absolutely george officer-involved shootings and no looking back that I know I realized how many of these officers in retrospect had tears running down their face had it draws in Athens that were liberating have been adopting interview in May that is it's just they couldn't complete the sentence due to the emotion a remote and don'ts roads not one or two but litter early brief reprise of them 4 years after they had been involved in the shooting we don't obviously operating at Merck & co had post-traumatic stress disorder post-traumatic stress group which is what we hear about with our military personnel when we come back from Iraq or Afghanistan or Georgia at another situation that is terrific we're losing ready for a 25 hour battery and every single day we are going to look back every single day it and it's an international issue to charge brands and then calling it a mass occur and rendon french police officer is committing suicide every primary day that guy and prevent a george and jeff let me ask you your list there's a question what is the worst you have ever seen in your life mapped the worst situation uber ever visual life and whatever that is a 2030 year veteran cop is going to have faen that incident kind of I wasn't runs a website blind of duty dotcom ron tell us about this two-part series was sergeant marked a bona sergeant Pomona contacted me about a year and a half ago george by email any effect very simply that he would be that are serving soup we ever decided to move ahead with a program on ptsd and nor suicide prevention he's an amazing guy george he said in an email he added a.t.f. key issues and had once been on the verge of suicide himself and i'll tell you right when you look into his story you know he came with an inept I rash of suicide and thank god mart November lived and run through that he did george because he has lived to tell his story and he is saving lives and buy virtual the to cleaning programs we are offering or bad for its military he is going to continue as they arrived for years to come he's an incredible guy tells the incredible story and earn every law enforcement you can save to visit us at right of duty got some wine of duty god and with the online store you're going to I inverse program to be in the back of your right we've got a huge police not against them they're listening right now to you in a few can save just one of them it's well worth it thank you.

KAYU (FOX)

Jul 11 • 10:06 PM

B_JUL_WASH_13

right now, Spokane police are putting some new skills to the test... in the hopes of making our community a better place. as part of the national "one mind campaign"... police are implementing new resources and going through new training... focused on helping officers deal with mental health emergencies. before we sent peter maxwell out to breaking news... he got the details. one year ago, the police department took the 4-part pledge... created by the international association of chiefs of police. they had to set up a partnership with a mental health organization... make a plan for how officers deal with someone going through a mental health crisis. train officers and staff in mental health first aid ... and put them crisis intervention

training. over the years the job... officer john o'brien says it's become clear... these are necessary elements for their daily duties as a police officer. we are coming across more people suffering from mental illness. some of them use illegal drugs as well at the same time. so we're having to wear many hats when we encounter them. by no means are we psychologist or psychiatrists but we're having to understand what they're suffering from and what they're experiencing." any given month spokane police respond to more than 500 calls for services meaning requests to check on people... helping someone who is suicidal... or having a mental health crisis. on average... officers say they take almost 90 people to the hospital for mental health issues... every month. instead of taking them to jail... part of the partnership with frontier behavioral health... through the pledge campaign... means officers can steer people into a program that can help them. when it comes to their new crisis intervention training... officers have learned to how make a tense situation go from 100... to zero. "we hope that these programs will give officers new tools and new techniques to help deescalate situations. therefore, bringing the community to a safer location and helping the people suffering from the mental illness into a safer outcome." s-p-d plans to have all of their officers go through the 40 hours of crisis training in the near future. another part of the partnership between spokane police and frontier behavioral health... is that an expert from frontier rides along with an officer on duty... to be there to help with any mental crisis or situation.

KOMO-AM (Radio)
Jul 15 • 11:05 AM

B_JUL_WASH_14

suicide on the rise among wildland firefighters throughout the region couple more Christopher explain some of the reasons experts are saying this a high intensity come Rodr Re of the wildfire season that's followed by months of isolation in the off-season Sometimes money concerns without a steady paycheck for this federal wildland firefighting authorities are increasing mental health resources following an apparent increase in firefighters suicides seen in recent years officials at the National interagency fire Center in Boise say it's difficult to track the number of suicides because many federal agencies can telly fatalities outside of work hours and some families don't want to cause

KOPB-FM (Radio)
Jul 15 • 11:38 AM

B_JUL_OREG_24

we want to check in now on an incredible story that has for friends transfixed it seems as many as 19 employees a giant telecom company committed suicide a decade ago 12 more attempted suicide now judges are deliberating whether their bosses should go to prison for pushing them over the edge in the trial the rap last week in Paris 7 former executives of what was the state run France Telecom stand accused of making more miserable for job protected state employees in order to get rid of them after being forced by the state to become the private profit based company Oranje and obviously and our correspondent in paris has been watching this L and this is shocking because it is cleaner those that took their lives at least try to communicate that it was because of the work place there's no confusion about that Yeah exactly Robin it's very very

disturbing cases the first case where buses have been put on trial for moral harassment but over the last two months we've seen all the family members and fellow employees of the people took their last take the stand and just read countless story of just the misery that that went on there and so even know people can be shot that why would you kill yourself over job it did seem that there was some terrible practices being put in place cutthroat tactics to Chase people Wow it's one of those who took their lives Nicholas friend Indiana kills himself and his company T-shirt hate his suicide note read I can't stand this job anymore and the company can care less on an act Offered can for all the things you talk about some of the things that were alleged to be happening to these workers yellow failing they had you know like you said it was the state telecom company was just a statement not only then it went to full competition total tech revolution in technology you know is that at&t days France Telecom publicly traded on the stock exchange said the whole environment changed and so they have to get rid of 22000 employees tube to start becoming profitable and that actually the CEO was overheard saying any of course regret these remarks later that he was going to cut staff and he would people would go either by the door or the windows so the things they did were for example I would move people one woman was moved 3 times in one year be no different places across france and you know sometimes the spouse could follow but you can always find a job said this whole family pick up and go forward I can not move people were forced to change jobs for example one very quiet very good phone line technician was forced to take a sales job in front of people office said with absolutely no training and then people were paraded by their bosses and put down any of these a lot of these people had been there for decades and they did this job was part of their identity so just completely destabilizing for them you mentioned former CEO D Ill barge saying in 2007 he reached this these layoffs by the window or the door a woman did throw herself out her office window one man in the latest himself and his daughter haley testified in the trial in turn to these former CEO or officials and said when you killed my father any who are the French reacting today strong well you know it's shocking eat you think now why would you kill yourself over job but now as we said these were people of a certain age would spend their careers in these jobs and so you know but on the other hand people urges they're horrified by that but there's a lot of sympathy for the families because they lost loved ones because of of management practices and it's absolutely shocking you know in Europe there's a different expectation from capitalism no it's not accept the ball here to fire workers said its shareholders can get higher dividends you know if your company is making money why are you firing people and putting families told families in peril so there's another view of capitalism here and people are just even though it is extreme to kill yourself over a job and perhaps this would happen today frances changing people still have much sympathy for the families that were destroyed by management explained little bit more because it's also much tighter labor market 8 ds these were state protected jobs it was a job for life we used to have them in the United States like 40 50 years ago so there was an expectation that you would devote yourself to the company was your family but didn't there aren't many jobs know well the thing is you know some of these people were of a certain age others age discrimination everywhere and in a lot in france they didn't have a modern skills you know Yes the French job market is notoriously rigid is it's hard to get fired here harder than in the U.S. people look at us thank you can just be fired litter early just thrown out and you can guess people are just horrified by that but it is harder to get fired is a harder to find jobs employers they don't want

higher on an upswing because they're scared they'll never be able to get rid of employees on a downswing one risk is that Hey they have been forced from for these huge payouts they had to pay off employees in labor court but this is changing President I call is trying to loosen up the labor market said it you know people can move more quickly if they did get fired they can get another job and it is starting to become a lot Economic reforms to boost growth we've been looser to this situation I don't think watching the the yellow vest protest there's you would see today well but he goes changes that Obama is trying to there's strikes so this trial comes in make are pretty contentious you know these the middle of this resistance to changing the economy even though you say might be better for the work in the long run media it does Rob and the thing is you know france many people applied and macro changes and he pushed through changes with mean not even up people from the unions you is sort of rally but nobody expected something bigger was like Wow he won but you're right then can the yellow estimate so it is a divided country.

KUOW-FM (Radio)

Jul 15 • 1:18 PM

B_JUL_WASH_15

franks an outstanding British mathematician who was once all the signs are convicted and chemically castrated for being gay has become the face of the bank of England's new 50 £ note Alan Turing was described by the governor of the bank of mom Connie is the father of computer science and wore hearing cheering played a key role in the development of computer is what can devise and code-breaking machine was instrumental in helping shorten the second world war denies he 52 he was convicted of gross indecency for homosexuality he may have killed himself he was posthumously condominium 20 said team yeah before he won worldwide fame through his picture in the movie the imitation game other things and it is a bit it be try one this show me a beer drinking and big enough to win the professor glass is a computer scientist and author of the book saving glitch deep pockets the size of the bow to kind of break into a bush cheering keep it she was one of the main figures in the campaign securing to be ground to a pulp I'm just sorry he absolutely device hits I mean I am i'm rights I me pace for the telegraaf says he is saying we need to get a hearing on bond night's because it was the am centennial and his earnings is taste just say wonderful that that is what happens now I mean this is gonna happen site but news this morning and just I joined trevino still sits in the works they did is just incredible so lock com pia nearing in the area of ai which already stalling 3d appreciate now in Tucson decades writes her and just kind of a key figure in but his history really in all souls away one of things is extraordinary about stories is not just the fact of the matter and is burning into compass months but prove that he has gone from being somebody who was to see you how own deeds punished by the state police said sure that he and they took killed himself to use their now being lionized being commemorated on a bank that mean to you yes it's taken whatever it is 60 years said but it isn't it is an amazing transition as dish gaps yeah many bays retrieving wonderful this is now happening I think they kind of said something about soft a society that has changed since the 19 sixty's when gap he tragically died and yet that's the treatment that he had to suffer just how to prevent deaths and in a distant just awful inside to get on decide do I see that's that these guys days we can see him as a hero he wasn't.

AM 860
Jul 15 • 4:30 PM

B_JUL_OREG_25

it was a busy weekend for the Portland police bureau crisis response team with two high profile assist saving to people's lives but causing long traffic snarls incredible work or put a person in crisis the team showed is up and try together smush intel and try to figure out why they're on the bridge is contemplating suicide use that intel against bill belichick that recor I gain trust talk back over the railing and we are very successful doing that sergeant brad jackets says the team helped manning crisis to get down safely from an ie 84 overpass and helped a woman yesterday who had managed to get into a tower on the steel bridge.

KUOW-FM (Radio)
Jul 15 • 3:49 PM

B_JUL_WASH_16

the bank of England unveiled the design of the new 50 £ note it has a blueprint for a code-breaking machine on crimson background a complex mathematical formula in white lettering and on top of it all a portrait of a well-dressed man with dark hair parted on the side is my great pleasure to announce that the scientist that will feature on the 50 £ note is at a turning is mark carney governor of the bank of England making the announcement Allen touring is probably best known for cracking Nazi code known as in nyc a fee depicted in the 2014 in film the imitation game art design machines that will allow us to break every message and the day touring is also considered for father of modern computing have the event live there to compete that the thing when you play up a computer program injured hedges is a mathematical physicist at the university of oxford he wrote a biography of during a met tom brady maybe but you will he do it and get a flavor of the way you can leave you with that power had been calm tour work was cut short in 1952 when he was convicted of gross indecency for having a sexual relationship with another man he chose to be chemically castrated rather conserve trail time and his security clearance was taken away he died two years later widely thought to have been suicide touring was cleared of that conviction in 2013 and now fully recognized for his brilliant he will appear on the same currency notes as the queen.

KEZI (ABC)
Jul 15 • 4:00 PM

B_JUL_OREG_26

with news of another troubling death involving suicide from a city parking garage. thank you for joining us. i'm Chynna Greene. kezi 9 news reporter emma jerome joins us live from downtown with more information in tonight's top story. chynna... i'm here at the overpark in downtown Eugene where at 1 am yesterday morning... Eugene police tell me a 40-year-old woman walked to the top of this structure and then jumped off... taking her own life... now we don't usually report on suicides, but this is the second time in 6 months that someone has taken their life from this structure. back in February a man died after jumping from the same garage during afternoon rush. while there is a concrete barrier to keep people from accidentally going over the edge... it's only about waist high. there is no fence to prevent people from intentionally jumping. roger brubaker is the suicide prevention coordinator for lane county public health. he

says even if there were fencing... it might not prevent somebody from picking a different spot. "how we see ourselves as community members positioned to be responsible for the care of ourselves and others is probably one of the strongest driving influences behind the suicide rate. and the more our community accepts a sense of shared responsibility around suicide prevention, that's when we will start seeing our numbers go down." according to lane county... our suicide rate is 50 percent higher than the national average. but brubaker said falling is one of the least likely ways people die by suicide. chynna... I reached out to the city to see what if anything they're doing to prevent this sort of tragedy in the future. a Police spokeswoman told me that two deaths didn't make it quote "a suicide hotbed." now... if you or a loved one is suffering from thoughts of suicide please call the national suicide prevention lifeline at 1-800-273-talk.

KFXO (FOX)
Jul 15 • 5:00 PM

B_JUL_OREG_27

harvey: welcome to tmz live. harvey levin here. charles: charles here. harvey: so we have a twist in the r. kelly case. r. kelly is behind bars after the feds arrested him thursday night. there are two women who have been partly the subject of the surviving r. kelly documentary. their parents have felt they have been brainwashed. there were reports, these women, joycelyn savage and azriel clary -- charles: had been evicted from r. kelly's apartment in chicago. harvey: not only not so, but we got video of them in the digs. charles: they say nothing has changed for them since his arrest. >> i'm going to show you a view so you guys can know it is real. they know where i'm at. we've been here for years. we move freely. we come and go freely. we just went out this morning. do not believe everything you hear. other than that, we want to say thank you to all of robert's fans. we see the support you are showing him all over social media. charles: they are putting on the best face possible, I think is how their parents would feel. harvey: the parents think they are brainwashed. charles: we've seen videos of them where they say they are not being held against their will, but their parents and a lot of other people don't believe that, but they certainly make it seem like nothing has changed. harvey: can I just say that joycelyn barely said anything in the video -- joycelyn's parents believe these two women have a suicide pact, that if r. kelly goes down, they have created this pact. charles: we are told -- harvey: azriel's parents don't believe that. >> once we broke the story, people were trying to figure out where the girls were, we heard about the suicide pact. azriel's parents say there is no suicide pact, they are fine, and then this video surfaced. azriel's parents told me, we know where she's at, she's fine, and there is no suicide pact. charles: we know that part of the reason joycelyn's parents were concerned is they went to chicago pd for a welfare check before r. kelly's arrest. when the police went there, nobody was home. they had no reason to believe that joycelyn was there. we are told that joycelyn and azriel were not home when the welfare check happened. they say they are free to leave whenever they want. harvey: I want to make one point that I don't think has been made loudly enough. joycelyn's parents have suggested that these kids have been brainwashed and that they are really not doing this of their own free will, that they've been brainwashed by r. kelly, who they say has abused so many women, and here's the thing about that. even if they have been brainwashed, they are in their mid-20's. charles: we should say, because when you see that video, joycelyn on the left is 23 and azriel is

21. they are adults. harvey: and there is nothing that their parents can legally do to pull them out, even if they have been brainwashed. the law is that if somebody is being held against their will, but when you are brainwashed, it just means you are on board with somebody because they pressured you, and when you are an adult, there's really nothing they can do. >> imagine a different scenario where law enforcement could step in when parents think their kids are brainwashed. there would never be apparent who wouldn't seek this kind of relief. parents think their kids make bad decisions all the time. you have to live with these bad, potentially awful decisions, and hopefully they learn from those and move on. harvey: my question with the apartment is, who is paying the rent? r. kelly was behind on child support, couldn't pay his bail. it ain't cheap to live in trump tower chicago. >> unless he paid in advance. >> because these charges are insane. harvey: I get it. the only problem I have is -- >> where is the money coming from? harvey: he has been so behind in child support. charles: do we know if he's paying rent or does he own it? is it a condo? harvey: he might own it. but I don't know. >> I am julie in the atl and I definitely agree with lauren to a certain extent. I believe these women have been brainwashed. even though they are grown women, they are young and impressionable. they've been going along with this for so long, I wouldn't be surprised if they are on some type of payroll. wouldn't be a large one. harvey: we are going to move on to something that I find so upsetting. charles: one thing on r. kelly. he is in court on tuesday. it will be interesting to see whether or not both women show up in court.

KNDO (NBC)
Jul 15 • 5:00 PM

B_JUL_WASH_17

there's a new push to bring in more mental health resources for wildland firefighters. we're learning there has been an increase in firefighter suicides. however, the national interagency fire center says it's hard to track specific numbers. they can't tally suicides outside of work hours. and some families don't want the cause of death released. but, experts say the high-intensity camaraderie of the wildfire season can be followed by months of isolation in the offseason and sometimes money concerns without a steady paycheck. and please remember -- there is help available 24-seven. if you or someone you know needs someone to talk to, you can always call the national suicide prevention lifeline. that number is on your screen, it's... 800-273- 8255. you can also text 7-4- 1-7-4-1

KEZI (ABC)
Jul 15 • 5:05 PM

B_JUL_OREG_28

a suicide expert is speaking out tonight after a second person jumped to their death from the overpark garage in downtown eugene. but eugene police say two deaths doesn't mean there's a crisis. to sort it out... kezi 9 news reporter emma jerome joins us live from downtown with the latest. emma? matt... renee. i'm here at the overpark in downtown eugene where a woman killed herself over the weekend by jumping off a high deck. and she isn't the first. while there is a concrete barrier to keep people from accidentally going over the edge... it's only about waist high. there is no fence to prevent people from intentionally jumping. roger brubaker is the

suicide prevention coordinator for lane county public health. he says even if there were fencing... it might not prevent somebody from picking a different spot. roger brubaker "that responsiveness that we have identified as being really critical and looking at this as more of a health issue rather than just a law enforcement issue is really critical he says having a county government that sets aside funding for suicide prevention is rare and that sets our community apart from others in state... and the nation. I reached out to the city of eugene for comment about this and a spokesperson with police tells me two suicides does not make this garage a target for that sort of thing now later tonight I will have links to resources you can find here in lane county that help with prevention and intervention but please remember if you or a loved one suffers from thoughts of suicide there is always help available and the national suicide prevention lifeline is a 24/7 resource. their number is 1-800-273-talk.

KGW-POR (NBC)
Jul 15 • 5:06 PM

B_JUL_OREG_29

a man has life-threatening injuries after he crashed his truck into a train. it happened at a train crossing this morning. the driver was the only one in the truck one on the train was hurt. it's unclear what caused the crash but, police say all of the train track safety equipment was working properly. >>> a pedestrian was hit and killed walking across i-205 near highway 212 today. the accident shut down two lanes of traffic and backed up the morning drive. no word yet on who the pedestrian is, and why they were on the interstate. >>> the potential for loss of life is very clear and apparent in those situations. >> new at 5:00, responding to a mental health crisis. two incidents in the past few days have snarled traffic in Portland. one closing a downtown bridge in the other, a busy roadway, as police were helping to bring a person who is going through mental to stress -- distress to safety. police are reminding the public tonight that of course human life is on the line when confronting a mental health crisis like this. kgw's brittany falkers talked to Portland police and joins us now. it seems like we are seeing a lot of these situations play out more and more these days. >> Portland's enhanced crisis intervention team is responding to people in crisis every day, whether in a public situation like we saw this past weekend or behind closed doors in our own neighborhoods. Portland police tell me that while these incidents are no longer on the rise, they are not slowing down either. a Portland police sergeant tells me it's a problem around the country and the city serves as another model for other police departments in the u.s. there are about 70 crisis intervention officers throughout the bureau at different precincts, ready to help in every corner of the city. while both of these incidents caused big problems for people trying to get around, he says it's important to remember that a person's life is on the line. >> there is a person. there is a human being and a life form that's up there. that's why we take the time to build that report. we are also to the traffic and that folks are affected. >> reporter: he says the response takes time. to gain a reporter with the person in crisis and is an intervention that cannot be rushed. coming up, how you can be part of the solution to the mental health crisis which starts with simply paying attention and listening to those around you. and if you or someone you know is experiencing thoughts of suicide, please call the number that you see right there on your screen. it's a place you can get help 24/7. the number is 1-800-273-8255.

KGW-POR (NBC)
Jul 15 • 6:10 PM

B_JUL_OREG_30

portland police intervened in two very public mental health crisis situations and just in time. >> both people were thankfully brought to safety by police but they did cause a lot of traffic headaches on friday. >> kgw's brittany folkers joins us now. a lot of people were frustrated that people did not go in and remove these people from crisis. >> there are a number of reasons the portland police don't take that action. the biggest one being that it increases the risk for injury and even death. and police to tell me that they work closely with their transportation partners to try to ease that impact on the public that they are reminding the community that when a life is on the line, intervention takes time. >> potential for loss of life is very clear and apparent in those situations. >> reporter: mental health crisis. it's something we hear about more and more. while these incidents are not necessarily increasing, the sergeant with portland police says they are not slowing down either. >> officers are called on every day. sometimes it is drastic, sometimes not as public. but, they are truly out there making a team every a -- day. >> reporter: this includes 70 officers to work with someone in a mental health crisis. >> they were there when police shut down paro8for about eight hours. as police stood on the overpass preparing to jump into traffic below. then, sunday morning, police shut down the steel bridge for over three hours were a woman suffering from a mental health condition was throwing objects onto the pavement. >> there is a human being, a loved one up there. that's why we build the time into report. we also are aware that we block traffic and folks are affected. it's a balance. >> reporter: in both situations, police were able to safely bring both people back to the ground without injuries. it cause a traffic nightmare for many but, it's a -- >> it is patients, talking rapport, letting the person that digests what the officer is telling them and, they are very, very, very successful in getting that person back over to the railing. >> reporter: tackling mental health issues starts with the community before it gets to this point. >> we know that there is hope, we know that there is recovery. and, we know that interventions can save lives. >> reporter: lives for life says that it starts with being aware and listening to those around us. >> if we can really acknowledge their feelings and let them know, I see you, I hear you, I care. that message can save lives. >> reporter: and if you or someone you know is experiencing thoughts of suicide, please, call the number that you see there right on the screen. it's a place where you can get help 24/7. the number is 1-800-273-8255. we'll also have more information and resources from lines for light including signs of suicide and depression online at kgw.com

KEZI (ABC)
Jul 15 • 6:29 PM

B_JUL_OREG_31

over the weekend there was another troubling death involving suicide from a city parking garage in downtown Eugene. that's just one of the top local stories we're following this Monday. a suicide prevention coordinator in lane county says even if there were fencing round the parking garage -- someone could still pick a different spot. you may remember in February a man died after jumping from the same garage during afternoon rush hour. according to lane county... our suicide rate is 50 percent higher than the national average.

KONG-SEA
Jul 15 • 6:46 PM

B_JUL_WASH_18

Gary Coleman was in the spotlight again amid rumors about what really killed the different strokes star in his prime, part of this week's autopsy on reelz and we've got your first look. >> Gary Coleman died in mysterious circumstances. is this the sad tale of a child star who went off the rails? >> this week's autopsies reveal when really killed this short stature different strokes star and it's not what you think. >> he basically worked nonstop while still having to address his health concerns. >> it was just endless, endless doctors, endless hospitalizations. this is why he needed so much to keep working in show business to pay for his insurance. >> the producers ask if overworking alone caused Gary's health problems or if there was something more. >> I found something else in Gary's past that is cause for concern and it raises big questions about his mental state. the pressures of Gary's life did become insurmountable from time to time and he was about 14 years old when he made his first attempt at suicide. >> was it mental illness that led to Gary Coleman's death or an accident? you have to watch autopsy to find out. autopsies Wednesday night on >> you can see more on reelz.

KOPB-FM (Radio)
Jul 16 • 3:21 PM

B_JUL_OREG_32

season 3 of the Netflix teen drama 13 reasons why I primaries later this summer but still protects the season one premiere in two years ago it's centered on a character named Hannah Baker after being raped and bullied she killed herself Netflix has now added I want a controversial scene depicting her suicide and Here's andrew limbaugh has the details this season one finale of Netflix's 13 reasons why a teenager collagen and describes his friend Hannah's the last day of her work for her actions and then he describes the moment to kill herself she went into the bathroom in the original version played describes how hand kills himself and you see it happen in graphic detail but if you're good enough Let's value instead CNN a Yourself in the mirror grieve and Michelle look cuts straight through this she got home her parents discovered her body in the bathroom I think this is a step in the right direction that police Horowitz pediatric psychologist at the National Institute of mental health she's also the co-author of a 2019 study that looked at concerning spike in adolescence suicides in the months after 13 reasons why first came out there was an almost 30% increase in the suicide rate above what was projected so with that equated to was about 195 additional deaths between April and December of 2017 the study can't say the show cause a spike but it is disturbing correlation in a statement the show's creator brian York he said that they intended to show the ugly painful reality of suicide and make sure no one would wish to emulate it your key agree with that looks to re yet it quote we believe this at it will help the showed do the most good for the most people while mitigating the risk for especially younger viewers this summer with the study didn't come out until this year But Dr. Christine Moody has been working with netflix and after season one she's the chief medical officer for the American Foundation for suicide Prevention she help them put together a website and PSA is that deal with suicide depression assault move th says the show's producers came to her in the run-up to the upcoming third season with the idea of editing the suicide scene out it is a rare moment for a big company like Netflix to make

such a division I think it doesn't speak to that debuted the high-level high-priority public health crisis in the area of mental health struggle that and who would guide in our nation and particularly among youth the lease Horowitz says that shows problems go deeper than one seen it in parent in the pot of girl killed herself and leaving a trail of clues for her friends for example one of the things that mental health clinicians recommend is that you don't talk about horror published the suicide note and 13 reasons why is really 13 hours of a suicide note and that's a problem part it says the silver lining in all this is that it did spark a conversation about suicide she is the best way to prevent a young person from killing themselves for an adult to ask them about it directly into limbo and impurities and we want that this if you or someone you know may be considering suicide help is available online about suicide Prevention lifeline.

KING-SEA (NBC)
Jul 16 • 4:45 PM

B_JUL_WASH_19

now we want to shift gears to talk about a troubling, new report from the federal government that shows more middle school and high school students are being bullied on- line. the research arm of the education department put out these numbers and found 25% of students between 12 and 18 say they were bullied during the 2016-2017 school year and 27% believed the bullying would happen again and 15% say they were bullied on-line or by text. girls were more likely to be bullied with insults or name calling for instance being the target of rumors or insulted or called names. they didn't say why on-line bullying is increasing and students weren't asked about the web sites or social media network used for bullying, but the federal government hopes it can help and they can report the schools and figure out how to fix this problem. we want to highlight a national non-profit that provides free 24- 7 texting to people in crisis. the crisis text line is designed to help those in a moment of crisis. supervisor cassidy walker is here. since you launched in 2013, some of the numbers are staggering. we'll talk about the idea of texting which is here to stay. we rely on it in this show. in real life and important times like this and in crisis, there's kind of new thinking that it's actually easier. why do you think it is more likely for someone to pick up and text you they need they than call you? the number one thing I can think of is because of privacy. someone can be in the room texting us about their crisis. you don't need to speak out loud. it makes it more accessible for people deaf or hard of hearing and just provides that accessibility. >> this is also personal. the texter is connected with a crisis counselor. this is a real human trained. they are all volunteers by the way which is special. they are volunteering their time in a time of crisis. these are pros and real people responding to them. this is not some automated thing. >> that's right. anyone over 18 can be a crisis counselor. we provide you the training and empathy has no age, race or gender. anyone who wants to help can volunteer and be a crisis counselor to help those who reach out. >> I was looking at the web site and you have some interesting data there that is certainly apparent. it's important for me to read this stuff and give you context of what's going on. I notice relationships and depression or sadness were the top two trends. >> reporter: that's right. >> is that what you're seeing? >> reporter: yes, >> yes and when they say relationships, it can be anything. it can be parents, friends, significant other and really encompasses anyone you are in contact with you consider a relationship and depression and sadness, we see that co-occurring with relationships and other issues such as suicide or bullying or whatever it may be.

>> we are talking about teenagers specifically here. I saw that more than half of college students, more than half, say that their own mental health is poor or below average. that's concerning to hear and what many people look back on now say that was the most fun time of my life. at the time right now, a lot of people are struggling. you hear from a lot of college students? >> yeah, it's amazing -- it's tragic, but it's just surprise to go see how many college students are thinking of ending their own life so they don't have to take a final. stress is enormous and we are putting pressure on them and they think they are a burden to reach out. crisis text line meets the need by being 24/7, being free and being completely confidential so you can talk about anything you need in that moment that you are having that hot crisis. >> I think I read there were senators involved trying to get a movement to put the text line on the back of maybe student body cards, that kind of a thing. what work are you doing with schools to try to make this more universal, so people don't have to search for this information, and they know where they've got it? >> nationally, I know in california our number is in the back of all school ids whether that's college or elementary school, anywhere, but locally we have a partnership with the Washington state department of health as well as ospi so that school districts if we have our key word partnership heal so you text that number in Washington state for support. >> we've taken your number and if you text the word home to 206-448-4545, they've already got that number plugged in. they text home. we'll kick them back a link to the great work you are doing there. the crisis text line, cassidy, thank you for being here. >> absolutely. >> keep up the great work. >> thank you for having me.

KING-SEA (NBC)
Jul 16 • 5:33 PM

B_JUL_WASH_20

now to a disturbing trend taking root in farms across our country. suicide is now a major killer of farm owners and workers. tonight, a project is underway in skagit county to reduce the trend. >> reporter: it is a proud tradition, one increasingly driving farmers to desperate conditions. >> farming is something that you are. it is not something you do. and then, when you lose that, you lose a piece of you. >> reporter: a cdc report placed farming at the top occupations of suicide risk. it seemed surprising to us, but not jay gordon lo who's a friend and fellow farmer to suicide. he talked to that friend on Saturday and then by Monday, he was gone. >> all he had to do was say you are not in a good place, I could use help. there's hope here. >> reporter: they are hoping to plant seeds of hope with wsu extension. providing training for how to best get someone help while removing the stigma of seeking it. the extensions say it is about friends helping friends. >> making sure we are sharing them so that we help those farmers out. >> reporter: a new day means a new calf. and, the ever-present hope that life on the farm will go on for all those still struggling. >> history shows that farmers can control what they control and everything else is at the mercy of god. >> reporter: in skagit county, eric Wilkinson, king 5 news. >> for more information on suicide prevention, just text the word help to (206)448- 4545.

KOMO-SEA (ABC)
Jul 16 • 6:02 PM

B_JUL_WASH_21

gun violence has been a top priority lately, king county leaders and concerned neighbors are getting together to find ways to prevent gun violence. we're live with the critical summit in the region. tammy? >> reporter: it has been a violent few weeks in Seattle and certainly here in white center. people have been rocked by gun violence. behind me you can see city leaders and county leaders are coming together for a two-day summit to come up with an action plan on gun violence. it will be a comprehensive look at the latest gun violence research in king county and the work being done. families affected will get a chance to speak with community leaders and public health officials about how gun violence has impacted their lives. this will be a forum for organizations, hospitals, and county leaders to come up with strategies for preventing gun violence through a public health approach. this comes after a violent weekend in Seattle. police say a man was shot during a brawl that escalated into people breaking windows. three weeks ago, king county deputies ramped up patrols after three people were hurt in a gun battle and another man was shot two days later. Joe McDermott said he introduced legislation addressing a gun the safety action plan. >> the crisis in our country, went over 35,000 people die by the firearm every year, and this is a chance for public health leaders, community organizations, people who have stories of how their own lives have been affected by gun violence to come together. >> reporter: councilmember McDermott citizens not just addressing public gun violence, but gun violence through suicide as well and a lot of people are concerned about gun violence in this community and around king county. there are encouraged to come to the summit either tonight or tomorrow until 8:30 p.m.

News Radio KEX
Jul 17 • 11:41 AM

B_JUL_OREG_33

we're going to run raided vice website called vice climate despair is making people give up on life hits apiece and I mean folks there's no doubt that this is true there are few people who are getting suicide league despondent over this this is what the left has been do waiting to millennials and young people for 20 years on this or longer in the summer of 2015 it was literally hate the got to magnet root tam the walker 37 year-old former teacher at Ontario I think Miami had just reached a peak she said it felt like there was nowhere to go she had spoken to her primary care doctor about anxiety fee had not sought help for mental health though suddenly she was contemplating self-harm though I don't think I would put myself I didn't know how to live with the fear of the apocalypse my son was home with me and I called my friends over to watch because I could even look at it without breaking down he eventually checked yourself into an overnight mental health facility many people are suffering from what could be called climate despair a sense that climate change is an unstoppable force that render humanity extent and renders life in the meantime fuel as David Wallace wells noted in his 29 team this summer the un in the habitable earth for both to perceive already unfolding climate crisis and in two with a more complete metamorphosis of the world become the vision is a bleak one often pieced together from program neil eskom logical imagery inherited from existing apocalyptic texts like the book of revelation climate despair has been afraid is used at

least as far back as Eric Pulleys 2010 book *The Claimant War* true believers power brokers and the fight to save the earth it's been in wide circulation for maybe a little as two years whatever you call it is undeniably a real condition if not one with a set of formal diagnostic criteria it may reach that status it took decades for burnout to be declared and official occupational phenomenon that the World Health Organization it's impossible to know how many people have experienced climate despair as a mental health crisis but despair is all around us in our own momentary but intense reaction to the latest bid to claim news in the health crisis but disparage all around the pitch black memes and jokes about your or of extinction even works philosophy and literature.

KUOW-FM (Radio)

Jul 17 • 12:41 PM

B_JUL_WASH_22

a similar story I rarely Marshall enhance same thing this isn't you know margin you train with her she's a she's a university Washington college is the next her yet I moved out to sea island thanks 99 to work with her as an undergraduate and ended up staying for graduate school and and even after she time this weekend class on suicide so bunch of clinical psychology she's we all get in a room whose starting Friday night you have a glass of wine she would ask us about suicide you what we saw at whether it was a decision that so she'll make on their own or not and then we talk also said for two days that was a deft weekend there's nothing like it but at one point a role model a patient for her and after she asked me is this is something you're experiencing as well and it was at that time but then that's striking the sheshan same question may I ask you what it was like for you to be asked that directly I think the first time your asset to him it's normal for defenses to come up for them to have this automatic kind of like oh no not me or is my faith is my staff showing like is it obvious that I'm struggling or something and me that's a bad thing who I think is just normal for to feel uncomfortable and that's okay an inch of ice water just threw that out there because it's kind of a compelling idea but you study yourself now are involved in this website now matters now that take and you become have devoted yourself to suicide and suffering and week suicide prevention so what have you learned how the core of the drive behind that question I think that Marshall man asked both of us was that any insight she had had is that it's not something we'd directly asked I said before I lost my brother my brother killed himself and I spoke to him a day or so before he died I didn't ask are you considering killing yourself I just got together with them because I knew his girlfriend said he was having a hard time you know I kind of knew what that meant in the back of my mind you know but I just said how you doin' riot on doing okay I thought he'd get counseling them to get some counsel but didn't asked directly about suicide that was one ever insights is that that's hard to ask it's important to ask it I think that's true one of the things I realized in the past 10 years compared to the 10 years before that was the experience of people who are really suffering and who are suicidal when they were close in my life to me I crew I just developed much closer understanding better understanding of what that experience was like an interview people more in depth about what happened before an attempt my perspective changed even though I had 10 years of training with Marshawn hand and working with suicidal people so there's things that came out of that that were surprising to me and one of those is that people sometimes make a decision to kill himself in a very short period of time I want to believe that I

wanted to believe that it look we put a lot of thought into a decision like that and that if there's so much thought and there's a lot of room for prevention thinking scary to think about the idea that maybe people make that decision a short period time yes usually alone and very impulsively so getting ice water you kind of I heard you interviewed about some little things that can just in that moment in a very short time we might have to save somebody things that might help and the interviewer compared to stop drop and roll like know if you were on fire we kind of all no stop drop and roll so what have you found out that they can help exactly I think you can throw your hands and say well people make a decision she for a period of time then we just can't do anything but if that were true we wouldn't be able to prevent people from dying when they were on fire physically right that is such an overwhelming experience that none of us would know what to do if we didn't know what to do with them and we only know what to do is because we talk about it ahead of time we practice ahead of time we learned about it in Canada and I really think in kindergarten alongside physical fire there should be done to stop drop and roll promotional fires and one of the fastest ways we know would reduce the intensity of emotions that that tend to drive suicidal behavior or also a problem behaviors one of the fastest ways to reduce emotions aroused a defector Vegas your bagel nerve and cold water is one way to do that cold water nor ticker called charm yes so too do the research showing that some emerging face and very cold water so and emerging temple in your forehead and under your eyes that that can affect that nerve and reduce your emotional arousal your heart rate will actually reduce fairly rapidly we suggest people that for 30 seconds at a time 30 seconds in the second out for around 5 minutes 3 to 5 minutes another on your on your service stop drop and roll list is to make eye contact with someone that if you are in that in that terrible state connect somebody look at someone we talk about them that having experienced myself really intense periods of suffering and having times suicidal thoughts what I know is that your focus is so narrow and it's really hard to bring or draw your attention to anything else you're we do know is that a human and I contacted one of the most powerful stimuli or just in this case a distraction and that that is that that is possible and so this is strategically using eye contact to help someone get out of their brain like to get a break for a moment from their brain and in the process also there in the presence of someone else when he was less likely to kill yourself riots and but that could even be go look at your view your landlord going to lobby your go-to they go to the 7 11 men look at the person in the ire across the counter but right there I mean if you're not if you're doing something other than telling yourself and not killing yourself and if you're going to kill yourself you might as well do something uncomfortable first might as well try something first minutes one of the things we ask people to do the third set this is to wait to make a decision to tell yourself for 24 per firmly 48 hours soon to hold off for now is what we know is that that state changes and a lot of people never get the chance to figure that out yeah that could mean take a nap you go you're considering taking her own life or how about just you know taken happened in and do it you know that tomorrow is another day or what is the deal with some deal with life few hours we think it's made even more complicated than that your physiology needs to change and that ice water changes your physiology and sleep change physiology Marshall I used to say that part of the reason she got people repeatedly overdose was because it made them sleep which change physiology was changed their mood and made no longer worse said something about just physically about sweeping and people described this suicidal state overwhelming force kill himself as a physiological intensity you know this is dr so

Whiteside university Washington clinical psychologist and I want to ask you about this tv show on netflix has been in the news it's called 13 reasons why a lot of attention about how it treated the issue of teens suicide and this week the show we decided to go back and edit out a scene that showed visually show the act of suicide what did you think of that decision and what we know about suicide is that when we're exposed to them we're exposed to ideas are exposed to exempt list essentially examples of people taking their own life in response to bad things that's we learned that the normal response that our brains might believe is normal spots but on when we see alternative choices are people who take alternate path we see different model of how to deal with things and things go better that seem physical with images of how people from themselves can be harmful and so absolutely are glad they removed that content okay so not all suicide awareness which frazier not a suicide awareness is helpful not necessarily right so I think one of the things in our field that has happened for a long time we do a lot of education about the facts and a lot of those facts are fairly hopeless we do less of his showing people how to get through so said crises and that's one of the reasons that marshall help help me not developing now matters now website yes this this website rule but a key to marshall and hands work and into yours in this website there's two this therapy called dialectical behavior therapy and it it basically seems to come down to right to touch of tolerating observing your emotions I guess being aware of your emotions not being carried away and tolerating to stress yeah so it's helping change your relationship your emotional like by chris increasing awareness of them and then them your judgment of them as well as what you do with them and how you cope with them we using specific strategy is prompted CBT skills which are part of this really big treatment DBT skills are some of the pieces of dialogue to be shown on this now matters now website you have videos of people talking about their own experience part I assume because getting into therapy is hard the time they are the logistics and expense especially depending where you exactly that's the reason for the website working added blue large , hospital where people who came into the hospital had very few resources to get treatment as that over and over again people desperate for care and unable to get access to look to care that was before Obama care but it's still very hard said the website with funding from the national institute of mental health was developed to help bridge that gap okay maybe my last question is suicide prevention that's a phrase we're hearing a lot of course I wish my brother still here right we wanted to we don't want people to kill themselves but is suicide prevention the same as living a better life and living a life we want to live same thing yeah I think sometimes the field of suicide prevention the title that we have it puts emphasis on the wrong so baller the impostor on the on for laval gets into your point right it's it is about building a life worth living that's what we want and need to put our attention on and I think we're like the no way back here trying to prevent you from killing themselves some as we get lost in the weeds of that and not helping people bullet understand why they wanted guy and what would make them not want to die as marcia would say yep okay anything and leave us with I think about it you know if you are somebody who experiences intense emotions that's just a beautiful thing and it's something to be harnessed if you're still learning how to do that marchionne enhanced the key skills book is a great resource to do that yeah he can you can be aware of your emotions and not be cannot be wow rush to them not be you know carried away can have be the captain of the boat and exactly yeah and use that you know they hear less even better than would otherwise be and I think the super strength yeah super power yet few this you or somebody you know might be

considering suicide contact the national suicide she lifeline that's one 802.3 to 5 5 again to 7.8 to 5 5 there's a crisis text line by texting home the were home to 7 4 won 7 4 won game 7 4 won 7.1 oh we've been talking with the doctor or so up Whiteside university Washington psychologist.

KNDO (NBC)

B_JUL_WASH_23

Jul 17 • 5:05 PM

22 random acts of kindness. for 22 days. in 22 states.. that's what two women are setting off to do in a few weeks. all to raise awareness of suicide prevention and mental health. camila rios met with one of the women in this cross country tour .. hey camila? scott.. the inspiration behind this cross-country tour for both of these women comes from losing their sons to suicide. the goal now is to spread kindness and compassion all across america letting people know they aren't alone. chris lowe founded the non-profit fall forward across america in honor of her son hudson who would have turned 22 last week. she'll be getting in an rv next week and starting the cross country tour in her hometown of orlando, florida. all it takes is one random act of kindness to change someone's life.. along the way, annie ackerman brown a local mom who lost her son this past december will be joining the tour and helping with the mission of the trip it's not just the loss of our child it's any family that has lost a loved one especially their motto? fall forward meaning never give up.. we all have a piece of the puzzle and we really need to bring the pieces together. the goal of this trip is simple: spread kindness across know that they matter America, letting people and someone out there cares. just one little thing can change someone's day it doesn't have to be life changing but it can certainly change someone's day. the hope is that one act of kindness will lead to another and so on... in the end inspiring everyone to be kind. we're in a society now that unfortunately we just don't see a lot of humanity happening on a general level I think we need to get back to that. the tour ends right here in Washington on august 15th.. as her final act of kindness for the tour ackerman brown is teaming up with two local non- profits to help those in need around our community. we all have to help each other. and please remember -- there is help available 24-seven. if you or someone you know needs someone to talk to, you can always call the national suicide prevention lifeline. that number is on your screen, it's... 800-273- 8255. you can also text 7-4- 1-7-4-1.

KNDO (NBC)

B_JUL_WASH_24

Jul 17 • 6:00 PM

22 random acts of kindness.. for 22 days.. in 22 states.. that's what two women are setting off to do in a few weeks.. all to raise awareness of suicide awareness and mental health. camila rios met with one of the women taking part in this cross country tour .. camila? tracci... both of these women bonded over a similar story.. a parent's worst nightmare.. they both lost their sons to suicide and now they are what has inspired these women to take part in this cross cross country tour.. the goal now is to spread kindness and compassion all across america letting people know they aren't alone and someone out there cares chris lowe is starting the tour in her hometown of orlando florida.. along the way, annie ackerman brown a local mom will be

joining her and helping with the mission of the trip.. their motto? a sag lowe's son used to say.. fall forward meaning never give up.. we're in a society now that unfortunately we just don't see a lot of humanity happening on a general level I think we need to get back to that the tour ends right here in Washington on august 15th.. as her final act of kindness for the tour ackerman brown is teaming up with two local non- profits to help those in need around our community.. for more information about this event and to learn how you can help head to our website nbc right now.com in the studio or nbc right now.. and please remember -- there is help available 24-seven. if you or someone you know needs someone to talk to, you can always call the national suicide prevention lifeline. that number is on your screen, it's... 800-273- 8255. you can also text 7-4- 1-7-4-1.

AM 860
Jul 18 • 2:35 PM

B_JUL_OREG_34

depression has become increasingly common among American teenagers especially teen girl who are now 3 times as likely as teen boys to have had recent experiences with depression this is from the 2017 national survey on drug use and health in 2017 13% of u.s. teenagers at ages 12 to 17 3.2 million teens said they expect had experienced at least one major depressive episode the past year that was up all the way from 8% another study went from two million teenagers to 3.2 million one in 5 teenage girls had experienced at least one major depressive episode over the past year in 2017 by comparison only 7% of teenage boys now here's the very big question why would it be so disproportionate in other words according to every measure hell it educational achievement girls have are experiencing today let fewer problems in school the boys certainly violence criminality boys are much more subject so why isn't the girls are more depressed data and socio this article but I think fit the g.m. two dancers obvious social media social media can be intensely depressing and again it's been associated with suicide epidemic to the depression is a serious girls are more likely to get treatment for depression when they're teenagers then boys are much more likely which means that almost all the treatment for depression is of girls 3 times as likely to experience as depression and they're also more likely to experience depression to get professional help for and and by the way I do think that some of this great increase in depression comes through greater awareness and from greater likelihood to actually diagnose people properly it is a proper proper and real problem and yes it is something that our medical care system should be able to help with about 3 in 10 teens 29% said they felt tense nervous about their day almost every day 45% said they felt tense nervous sometimes that's part of being a teenager about a third of teen girls reported feeling this way every day okay this is a problem and teenage girls are much more likely almost double as likely to engage in over use of social media in fact there's some estimates that over half of teenage girls have that challenge.

KOMO-SEA (ABC)
Jul 18 • 4:14 PM

B_JUL_WASH_25

as we are reaching the mid-point of summer back to school preparations begin. be mindful of children's mental health needs. it may not be the first thing you think about. the rates of suicide in young people have skyrocketed red they say depression and anxiety often go unaddressed. a >> I started struggling at 12 but I do not know it was called suicide, I just knew that I did not want to be here. >> she said her battle came from a childhood of domestic abuse. the 28-year-old counselor educates minority families about mental wholeness from bullying, pressure, from parents and violence in lower income neighborhoods. experts say it is important for parents to keep open the lines of communications and talk with your kids instead of talking at them.

KOMO-SEA (ABC)
Jul 18 • 6:03 PM

B_JUL_WASH_26

for two days county leaders have been brainstorming and listening to powerful testimony from families affected by gun violence. tonight, they have started putting a plan into action. we are live with the biggest takeaways from the king county summit to prevent gun violence. tammy? >> reporter: you know, shootings and suicide separate apart so many families in our community, and today the king county council spent hours trying to come up with strategies and next steps to fight this crisis. for the past two days we have learned there is a wide spectrum of gun violence affecting our community and country from street shootings to mass shootings to suicides. county leaders say some strategies to tackle that gun violence is more public education and outreach on safe guns requirements and extreme risk protection orders. officials say if someone has a gun and could hurt themselves or others family can go to a judge and an extreme risk protection order to have that gun temporarily taken away. one, therapist who spoke at county council today said preventative trauma therapy is desperately needed for young people, people of color, and neighbors who witness or hear about gun violence every day. >> nobody is reaching out to me, nobody is reaching out to the community. I sat and I looked and I watched as this boy was literally murdered in front of all of us and not anyone offered a hand or a resource. the crisis line. >> mass shootings at concerts and churches and death nightclubs get the attention in king county, over 70% of firearm deaths are suicide. making sure that I am addressing the entire crisis is important. >> reporter: last year the king county council came up with a game game plan to prevent gun violence including safe gun storage. county leaders will continue to build on that action plan to come up with more strategies on fighting violence in this community.

KAPP (ABC)
Jul 18 • 6:05 PM

B_JUL_WASH_27

millions in grant money will help researchers at harborview study the effects of opioids... suicide... and more. the five year grant up to 4-point-2 million dollars will help support project focused on injury prevention. the money will specifically pay for public outreach, specialists, and training. officials with the hospital said in a statement that the federal money will help

extend the understanding of suicide... opioids... and self-harm. they say they have already found significant factors in these injuries... and the money will only help more patients.

KATU-POR (ABC)
Jul 18 • 6:30 PM

B_JUL_OREG_35

white people have the highest rate of suicide in America minority youth are greatly struggling. >> as genevieve reaume shows us they are being proactive working to prevent their suicide rates from rising to higher levels. >> in 2012 they 'em congratulated from india. doctors diagnosed her mom with breast cancer. unbeknownst to her parents she had struggled with mental illness for years. this made it harder. >> I just sat alone in my room. I would go to school, come back and sit in my room, eat dinner, run back there. >> how old were you? >> I was 12. >> the secret battle continued through 66, 7th and 8th grades when she attempted suicide. >> like I didn't care, you now. >> she failed. a few weeks later she got the courage to tell a school councilor. >> when ewent to that office and I started speakingin' couldn't stop. I was too scared to face the truth. >> mental health is silenced in indian culture. >> people don't talk about it. they don't have the time to waste. >> it's an elders know best rat race mentality. >> what kind of work you do. depends who you are. >> home run honesty changed all of that. >> forget the kids for one minute. leave them aside. I think we have a huge issue with adults. >> it reminded them what's truly important. >> I said I don't give a damn about what people have to say. >> a lot br. >> you know, you don't want to kill that vibe. >> these kids all say what they have been taught has failed them. >> I have always had thoughts in my head about suicide, depression. >> it's a conversation many in cultures across the globe fear. yet the students say the scariest part is silence. >> once I reached out I felt a lot better. I felt like I had this weight lifted off my shoulders. >> they caulk candidly. sometimes to family, regularly to friends and peers. >> just knowing that someone else is there kind of in a battle with you is helpful. >> a promising paragon of the world to come. come. you saw towards the end she was talking about her mental illness with other students. she talks through that through an organization we told you about. she got into every school she applied to except one. she's heading to George Washington in d.c. at the ends of the summer. >> also, tonight bartenders in venturo county being trained to stop suicide events. the behavioral health department launched a new program called bartenders as gait keepers. the 95 residents who died by suicide in 2018 most were middle age the white men. they are training bar tenders to talk to people who may be struggling and spot the warning signs. >> experts say most mental health crises are temporary and will pass. you can call national lifeline or text home t 741741.

KONG-SEA
Jul 18 • 7:30 PM

B_JUL_WASH_28

tell me about watching 13 reasons why with her. >> none of you cared enough. >> at 13 reasons why, finally deleting the graphic suicide scenes, is it too little or too late. this mother's 19-year-old took her own life after watching the show. katy Perry in court. you be the judge to her song, rip off this one. I randolphlove the fact that she plays it. >> all hail the queen of "the lion king." beyonce's fashion flash back. >> did it take this much to open everyone's eyes.

ashton kutcher have jumped on board. >> jennifer. >> I was cracking, justin. >> the personal shout out from your favorite stars. >> it is easier than you may think. >> what makes a great party? >> welcome to "access." a lot to unpack today. let's begin with the show "13 reasons why," it debuted in 2017. a heated debate taken place about the show's rapid suicide scene. the show will be returning for season three.net fliks netflix cut the controversial scene from season one. it did not happen in time for joyce, who believed her daughter took her own life after watching the scene. >> they now removed the original scene, do you think it is a little too late? >> it is definitely too late. I think my family and many other families probably have dealt with what I am dealing with. the tragedy of losing a child. tell me about your beautiful daughter, emily. what was she like? >> emily was just like like -- anything everyone is inspired to be. she was beautiful, kind, caring. >> but as emily grew up, mental health issues took over her life. she was diagnosed with bipolar disorder. >> joyce, tell me about watching "13 reasons why" with her. >> so I remember while we put it on the first time, she was begging me to watch it because she watched the first episode. >> I am giving life one last try. >> when I watched the first episode, um, I don't think this is a good video for you to watch. and she's like no, I like it. she was 19. she was old enough to make her decisions. she watched all the episodes all the way up until the end and finished the last episode either a week to two weeks prior to her taking her life. the way she took her life was depicted the exact same way as it was in the movie and I was the one that found her. I pleaded with Netflix to take it off. >> by shedding a light on these difficult topics, we hope it can help you. >> Netflix is taking this matter seriously. they began working with the American foundation of suicide prevention, as well as bringing in suzanne tim as an adviser in season 2. she lost her son to suicide in 2013, Isaiah. >> you are sharing a story that nobody wants to hear. it is talking about uncomfortable and scary situations that your kids are in. it also shows them that they may not be able to get the answer on the first attempt to find help which is also real life. >> what's in your heart today? >> recently after being on the air for two years, Netflix decided to edit the graphic scene where hanna takes her own life. >> ellis's mother, joyce says it was too late. suzanne disagrees. >> it is never too late to make changes. they edited it to make it appropriate for viewers who may not be ready for the gore. appropriate and necessary for the scene is still there and the scene to be there. >> my heart just breaks for joyces. joyce. there are no words for her daughter. Netflix spokesperson says we have been mindful, and our heart goes out to Emily. lifeline is right here, 1800-273-8255. >> there is help, you are not alone.

FM News 101 KXL
Jul 18 • 7:49 PM

B_JUL_OREG_36

first of all I ask you about the situation with tracy I have not heard anything about a funeral or of or anything and it's been very quiet but not much being said you know why it's all been quiet and when it's consignment I need I can only speculate I don't have that information neither moon but i'm pretty sure it's very overwhelming and a lot of things have to get taken care of when that's a curse so i'm respectfully keep my distance and sending as much love and support as I can m & m's and I don't have any information when that I was notified but buy caller and for suppose a prank and I hung up I said no this can't be true and I called the police in the area where she lived and I asked and they said nothing and then I call this special they said nothing

and I want to get that number backs he got on the phone in and talk with this person and dispatch call from the police bureau in the county she lived in said yes she died she passed away and dumb I knew from called her husband they found his number and I knew that he told me that she had died because of hanging and that time I couldn't believe this and many people couldn't believe this and so they were all saying quite you know she was murdered I said wise because of what she was doing she was if she was investigating a lot of things could have gotten into trouble and I said why didn't happen that apparently is everybody else is coming forward talking about this usually involves investing such she said some stuff about videos she was aware of on the internet will get into that later but so I guess the question is are the police satisfied with the the suicide investigation are they doing something more a I did I can't speak on their behalf but I can't say that I spoke to the head investigator and it is still and open and ongoing investigation and I was sure that all information that is gathered is going to be looked at respectfully and I was able to kind of fill him in the eye and how popular she was how well-known and and that there is video that is circulating that has specific things from heard and and that was released after her death he was unaware that elliot's and he's more aware of what it's going on in the world the internet and the conversations being had him I believe that them yeah it's very good that's happening because they know that we were released I was being told that maybe we should call cybercrimes unit and and talk with them because they are well aware of the harassment she claimed she was having before which she showed me she was having the arrest of she didn't name names to me a she name names are videos though which is kind of interesting it's who knows if they are involved they're not involve us we're investigation have intel act but did you know and and even in our discussion tonight i'm sure that we give details maybe you don't know about we're not going to give specious details or speculative details are our part I probably because it's not going to do anybody any good insight into the investigation any good if we do this because a lot of people don't care because they're not as close as we are we're very close to it and as I said before we're very close yet so far away because so many I guess you could call them dance so many you know what we know is it tracy was she compartment lies a lot of things in life and everybody had a role but I have a purpose everybody knew her but she is so many other people she touched so many people in her life days nobody feels the loss they feel that they feel terrible loss and in some cases they feel terrible fear the somebody is strong has will character is tracy twine and could be investigating something and because often the prime of her life this is a message this is a huge message to a lot of people that you know there is an active underground and active underground doesn't want to be exposed because we've heard of others like tracy who attempted to expose meanwhile up in the same way when the whistle you know hangings deaths are suicides were you know it was just speeches mostly not even he does something that unit it doesn't measure up but not his numbers up you can fit there is good in this world and there's evil and she was brave enough to step forward and enlighten us solve a pond the darker places and I really feel it's up to us to do really good in this world in her name I agree with your case.

FM News 101 KXL
Jul 18 • 9:07 PM

B_JUL_OREG_37

we were talking earlier during last hour about tracy and house she would been in touch with ice cappy the actor was accused of attacking her jackson inciting never had a weight actors directors pedophiles papi had been interviewed by alex jones who allegedly a victim of suicide because well police report the last the last month cappy force himself off a bridge in arizona and tracy later headed for a summer associate is that she was investigating a campground what injuries on we're happy was before he died it was a lot of other a ugliness that took place said a lot of harassment a lot of threats a lot of things that knows it she named a few days but until investigations are underway.

FM News 101 KXL
Jul 19 • 9:42 AM

B_JUL_OREG_38

okay first off before I came on this show I focused on tracy disaffected pull her energy and keep in mind she just recently crossed over her energy is right there so she's not really gone but she is gone because physically she doesn't exist the way we see it but she was ready to speak heartbroken about her own passing okay this is something that took her by surprise me try to get this out really quick I wrote notes so I wouldn't forget what he said he became really strong said she was heartbroken about her passing was not a suicide she was actually tricked there was some sort of and knees were kidnapping but somebody moves terror and you something the physical body that structure like a neat call like a muscle relaxant she couldn't move her arms she couldn't move my legs she could kind of hear but she could not free herself and she was held in somewhere and there's no way when they actually I i don't know if I should say this but this is what I got from her there's no way that they actually think that she killed herself the way they foundered because she couldn't have done that herself there was that discussed on your computer you state governor phone the phone was completely erased before she passed because she contacted the person who actually committed the crime against her what she did acknowledge after she calmed down a bit and by that I mean her energy was very hyper and very overwhelming like she wanted to get it through she couldn't quite tell me everything around the situation but told me that somebody was her friend that turns this was somebody she knew that did this okay and somebody was closing his husband and wife is what I was getting I don't know that it's taken I could actually get that guy she didn't say names there was one name I could tell run one name which are not going to say on air but I did message him earlier today but she was actually shocked so this was some sort of surprise in the person that and again these were kidnapped with her she was removed from where she was and it was well she was on her way back somewhere she was kind of you advice somebody she felt was a friend of hers and so this is a beach trail on the total level what she did tell me is there were many people on the astro level right beside us okay she's literally right side she is not cross over this is not a bad thing she's not going to cross over she was saying at least in my head that she's going to continue to do the work that she has to do she was very disappointed about not initiate what she started and she said there's no way that she even understood everything that happens there's many other components that she didn't even touch sean I don't even know

what that means i'm assuming she means the spiritual around worried that you know the in the colts and digital realm we don't know about but she spoke of this and he's made me feel she was putting impressions my mind pretty quickly sees very vocal about it and she continues to work they tried keep per gallon but they can't touch sure is what she's saying on the other side where she is she can't these stocks she was speaking I don't know if you know this because I did not know her purse light but she's speaking of people that are on some level remote viewing where she is right now to try to stop her from continuing to do her work which is very strange but this is kind of her mind set in this she was trying to stay focused on that the other thing is she wanted to come back here right now like right now so I was trying to say in my head don't do that because sometimes they think souls make a decision to come right back when they banned thrown into a very tragic and dramatic situation they want to come right back so I was trying to mend the toddler not to do that she might change her mind we wouldn't know heard she have to be go through this whole process again being born and being different person which she really wanted to come right back and she was actually really distraught about what happened but couldn't explain because they came from behind I think cappie I wasn't happy did well was not a suicide by the way that was that was not why not suicide and they seem to be looking at kids death and her death together as if it's the same person that's what I was able to get work connected so she may be rented to somebody well researching him and it's almost as if she was trying to make me think she worked around somebody but he did they were helping with the workers she knew the men worked around a neighbor part of part of how she got tricked he did they trailed tight saying wow that's what I try to get it out quick sorry for that's okay yeah would you appreciate it a lot of things to comprehend and we take a break right now mr sloan bellen and what she was what she has picked up from the spur world with tracy it's very interesting things she talked about that and we're kind of looking at each other going wow there's some amazing things they're the best certainly we will looking to win and explore further 8.7 7.3 1.1 one that's a 7.7 3.1 0 one we will be yet coming back the phone calls it any other questions may have your ground zero we'll be right back.

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B_JUL_OREG_39

like to stay really pisses me off what happened to her and it's unacceptable it's beyond unacceptable dad which I know you guys don't accept it and it's terribly sad for you working with her like the people in our society have to start getting a clue they really have to get a clue not this many people are killing themselves it's just ridiculous he doesn't happen that often very few people actually going out and doing that at these ages I mean if you have an issue mental illness that's one thing but that's not what we're talking about and she got it she was actually silence for trying to protect children not only that not only that I read you know I had read a few books is I was studying at and one-time mortuary science talked about suicide and one-time suicides apparently women don't hang themselves a that's one thing they don't do because what that does is it displays them in such a way where they don't like to be would meet with the guy you want the one seen in that way here's what a person is hang its message they're sending a message and that's why they're hanged it usually with unused pills or so is the razor blades about cover something just something that would be clean dop us they would

make a big scene and that's another thing that struck me as odd as because I remember thinking at first I heard the guy who called for thought she had stabbed herself for something like that I go wow and be very violent way to go but then when I talk with you back right now big one and then when I heard the it she was found hanged my gone but that doesn't make any sense either and notice says she was commit suicide it would be a letter saying this is what I want my son to have this is what I want to have with my work this is what I want I have a few she believed she was contributing something to the world she didn't seem that she hung herself like i'm 7 feet tall she did not hang herself and only 5 6 so i'm not but she did not hang herself and I actually told me the way that she was hong okay which you're touching on but I am because i'm not privy to that actual like direct information but maybe you are the way that her body was found pong she is showing me that it would have been impossible for it occurred to actually do that to herself and she hung herself that's the first thing she said I like it I couldn't do it this way she could hang herself obviously anybody could but not the way she was found so there's something in the way it however she was found yeah there's a lot of speculation as to what happened between the countries on the time she was taken down and that's another time when we have more investigation don't compromise that bella thank you for being on the program tonight.

FM News 101 KXL
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B_JUL_OREG_40

About an investigation in to how she died we we know what the initial word of the stream his suicide that's something that was hard to fathom especially the fact she had a family she had a son jett husband she had a lot of work for a body of work that was said remarkable she had great friends case don't want our friends here tonight and we really appreciate you know the you being here because I know it's tough it's been tough for all of us so we met a couple days ago and we were talking about you just what we would do do you know we didn't want to we want for any investigations maybe going on maybe then we got word from some other friends they were not closing the case the investigation is ongoing and not much more than that we have my correct pre-match I mean where were all on the same page now and I just I think you you and to ground zero and all they didn't you were able to do with terror and how you both contributed so much to this is a continuing narrative the work they did was important and it but it stands it stands for something so did she sort of her work and it will end and it will continue to go on this its ships thousands of fans thousands of fans all over the world and and word we're going to continue what which she left top a visionary sp aldrin and jeb with us tonight I know you know kate brings up a great point that you know all of us you know we have a responsibility especially now I mean it since her death there's been so many things happened the it seemed to fulfill our least vindicated a lot of work untie even though sloan said you know what we're talking about some paid like a steam we're talking about those core the vampires with the vipers in the dark parts of society in and willing to rob virtue in and take and make life so fragile fragile for children and for those who are vulnerable I was just curious as brg don't want to comment on this what do you think the next move should be well I think the era of things to keep an eye on there and and and be willing and kid to follow up with that you know you know people law enforcement to make sure beat fellow be kind I made the e-mailer you

know tamron about that I know that there are thousands of that here and them were not satisfied with the answer suicide especially concerning what is the quiet absolutely no kanter instructional that further while being her son who you are the most important thing in life whether son and so many other than that just do left left to the rally point and that give all of her work in one place and get creative ways than an online space where we can all continue this indefinitely and then you know we return the world we're going now to keep the curation of our passion and do what we can build that back to the also people really know and future mood tricky why she was share our information on the information she started to spread information we've got about this stuff also be really careful because I don't want anybody else pulling strings and to lawn and ending up in a dark place where this would happen to you know I don't anybody else being in dangerous place right so please communicate be very careful and or you're looking at him and and sharing everybody I think it I think what's interesting and one of the things one of the reasons why I wanted to show tonight is well to be honest you know I have not heard of any arrangements for a funeral that all from family or anyone else so that's one of the things that has been completely perplexed because usually have someone passes away you know there's a few coming you know there's a service coming a reason why i'm so kind of perplexed about it because I was the one that officiated over her husband her first husband's services when he passed away I was a hard I was there he gave the eulogy for brian her first husband I give the eulogy and and one of the things about brian is he committed suicide I rember tracy telling me I would never put myself in that position because she saw what it was like when she came upon brian upon his death upon his suicide she is I would never put myself in that position she told me that and and cheat she expressed that to me she wanted me to be the one to give the eulogy I did and it was it was said it was so touching to me and night and I thought to myself but this is word dance you know brian he's passed away we have his ashes were meeting in part we're doing eulogy that's how it's going to be that's what's and tracy got on with her life she remarried again of course site fishing without marriage and then from there now we are in a position again we're so close to someone and thinking I just feel like I have to be the one to give the eulogy give the service while not being called upon to give the eulogy the service and i'm thinking but the memoriam should not die or and with the service is some park words some graveyard it needs to get done right now it needs to be done we're everybody around the world hears it and they feel the secity not to leave a trace see it some graves somewhere or have her ashes spread somewhere we should never be seen again her her spirit her soul her work to put all that in your work and that is how we have a memorial for 4 for tracy why it is we move all of her work into public life and we all we all read we offer is made we go we help and we we keep the spirit alive that's the only way you we just can't give her a memorial or two not even a memorial I know of that was in part over no one else we have it back to you okay have you know a funeral yunel noticing obituary know what see anything and yet this wonderful human being has passed away she doesn't get the service she doesn't get she doesn't she hasn't had a funeral she has had a service that is the best I can do it the best I can do you think it's enough I don't even think it's enough man I just don't we're done we're larning when they are bad ideas that we're not down so much for all the vigilant we give them another war all go exist there I just think that I don't even know from doing enough used

the just had some of the test your life so much she has he just told know if you're doing enough and that's the thing is most frustrating about this whole situation.

FM News 101 KXL
Jul 18 • 10:49 PM

B_JUL_OREG_41

it's been this way through the beginning and it seems to me every generation has the battle for your own way and awareness of state favors now where it changed becoming a priest becoming a nurse from 360 degrees 7 hours in coming days a week 24 hours a day a billion a year it's unbelievable be a softer tone on absolutely unbelievable it pull woman did not kill herself maybe should take your baby every kid I didn't fail to sell between cardboard or whatever and throw yourself force and it fell off a bridge she didn't kill himself greggs cake baby to kill herself a big feast fit for the huge surge in trying to get back to haiti to do to fix we follow up on his patient didn't kill himself they missed it goes on and on and on and on and boy come down you saw more than just money ingredient for me and for me blood life propel orion from bloody and be people go absolutely into something that's sister dived laura trust fo h very elusive burien that for years and years ago and he can extend moment now for that he carried out the hip with family they all be sent with guiding stars sick to the stomach beat can be detected in life I work it works to my body there with thing I am the one point zero no one killer round one time for about it it absolutely just in case which may only thing they can't help it if we stand up for what is why true

KAPP (ABC)
Jul 19 • 6:35 AM

B_JUL_WASH_29

millions in grant money will help researchers at harborview study the effects of opioids... suicide... and more. the five year grant up to 4-point-2 million dollars will help support project focused on injury prevention. the money will specifically pay for public outreach, specialists, and training. officials with the hospital said in a statement that the federal money will help extend the understanding of suicide... opioids... and self-harm. they say they have already found significant factors in these injuries... and the money will only help more patients.

KOMO-AM (Radio)
Jul 19 • 7:15 AM

B_JUL_WASH_30

for two days County leaders had been brainstorming and listening to powerful testimony from families who have been affected by gun violence not started putting the plan into action income most damning a tossup has more shootings and suicide have ripped apart so many families in our community and the King County Council spent hours trying to come up with a strategy and next steps to fight this crisis in which gays we learn there's a wide spectrum of gun violence affecting our community and country from Street shootings mass shootings two suicides County leaders say the strategy to tackle that gun violence is more public education and outreach unsafe gun storage requirements an extreme risk protection orders officials say it's someone has a gun and could hurt themselves more other's families and police can go to a

judge and filed an extreme risk protection order to have that done temporarily taken away one Trauma therapists Spokane County Council says prevented of trauma therapy is desperately needed for young people of color and neighbors who witness for hear about gun violence every day no one reaching out to me no one's reaching out to the community I sat and I looked and I watched as his lawyer was literally murdered in front of all of us and not anyone offered Hannover Re so virus the crisis flying while rightly so a mass shooting two concerts at churches and clubs get the attention and King County over 70% of firearms deaths are suicides is making sure that we're not addressing the entire prices it's really last year the King County Council came up with a gun safety action plan initiative with 5 pieces of legislation to prevent gun violence including safer gun storage County leaders say they will continue to build on that action plan to come up with more strategy on fighting violence in this community.

News Radio KEX
Jul 19 • 8:00 AM

B_JUL_OREG_42

the Oregon legislature doesn't has a gun safety bill next year supporters plan to take it to the voters and requesting here as president of the state of safety action he says it would require gun owners to keep guns locked up there not a direct control a third of all school shooting for her with weapons were taken from the home of the attacker or from the home of the attacker was here says that would also reduce the rate of suicide among young people the bill also make big gun owner liable if they don't follow the law he used several different names but he's finally under arrest for rape.

KPLU-FM (Radio)
Jul 19 • 8:05 AM

B_JUL_WASH_31

county leaders held a two-night summit this week to start working on next steps in their so-called public health approach to gun violence the goal is to reduce deaths from guns including homicides suicides and accidents bring to grant is the alliance for gun responsibility she says the number one thing the county could consider is funding for groups already working with those affected by gun violence and you know it's one thing I hear from people but i'm to collectively work with him to make sure that when she heard it there what are the next steps but I would say and I think earning capacity building became county board of health is reviewing ideas coming out of the summit another aim was to better enforce existing policy is last year the county passed laws requiring gun owners to safely store their firearms and requiring gun shops to post warning signs about the risk of guns some on the sale of km kx news police in Washington will soon be required to temporarily remove firearms from the homes of perpetrators during domestic violence calls the law passed by the legislature takes effect July 28th state representative lori jenkins of tacoma says it's about better protecting victims if you look at the data the number of women who are threatened with a gun violence find my partner is extraordinarily high okay and research shows the risk of someone being killed in a murder-suicide is especially high right after a domestic violence incident in the past the removal of guns during the call was left to the discretion of the officer another law intended to protect victims

also takes effect later this month at it wouldn't pardon me we had a computer there it would make it easier for sexual assault victims to obtain protection orders.

KTVL (CBS)

Jul 19 • 12:00 PM

B_JUL_OREG_43

offices are looking at an officer involved shooting at the road highway and happened last night. authorities shut down the highway to conduct the investigation. Oregon state troopers and sheriff deputies responded to what they described as a suicidal man with a handgun. police say investigation indicates he fired his handgun during the incident and a police officer on the scene also fired his weapon. it is a 73-year-old from gold hill and no one else was injured. >>> investigation is ongoing and is being conducted by Medford police department. as soon as we have more information, we will update you.

KOBI

Jul 19 • 5:00 PM

B_JUL_OREG_44

report of a man who was armed with a gun and suicidal. 13 minutes after officers arrived... shots were fired, and the man was killed. that's our top story tonight at five. nbc5's allison ross has been following this developing story through the night-- she joins us live from the medford police station with the latest - allison? kristin, the incident happened in gold hill... but its medford police that are leading this investigation. man who was killed... fired his gun, and one officer on scene fired their weapon. it's still unclear whether the man was killed by his own gun or an officer's. but one witness I spoke with... says this incident started hours before the shooting. Oregon state police and the jackson county sheriff's office got a call about a suicidal man under interstate-5 in gold hill ... around 8:30 last night. that man has been identified as 73-tony orlando mills of gold hill. police say mills had a handgun on him.. and at some point fired that weapon. one officer also fired their weapon. mills died. hours earlier... a local business owner says a man came running into his shop saying... that a man was trying to hurt himself under the overpass. around 3 pm... that witness says he called police... but the suicidal man got in a car and was already heading down i-5 "state police comes flying up and we said we couldn't get a license plate but they were heading southbound on i-5. martinez said he didn't know if police caught up to the man.. but around 8 pm... police were called again when he was back under the overpass threatening to harm himself. no officers were injured during this shooting. medford police say the major assault and death investigation unit was called in to investigate. that's protocol in officer involved shooting cases like this. this is an on going investigation. stay with nbc5 news for the latest on this developing story. live ia-r, nbc5 news. if you or someone you know is struggling with thoughts of suicide... there is help available. you can call the national suicide prevention lifeline at 1-800-273-talk. that's 1-800-273-8255. you can also text 741-741 to be connected to a crisis counselor 24 hours a day, 7 days a week. mental health is a serious issue in our community. Medford police alone.... say they respond to hundreds of calls for a mental health crisis every year. nbc5's blakely mchugh is joining us live iio with information on how you can help someone who's thinking of taking their own life ... blakely? kristin... lieutenant mike budreau with m-p-d tells us they get more than 400 calls a year of

people suffering a mental health crisis. that's why jackson county health and human services says it's important the public knows how to respond in a situation like that. rick rawlins with jackson county health says if you know someone who is thinking of ending their life ... ask them the question point blank. he says directly asking the person if they're thinking of suicide will open the door for conversation and could lead the person to getting help. "if the person is saying yes I want to kill myself then talk with them, listen, hear what's happening with them and if they are not able to help them get safe then there are resources available to call." some of those options include the national hotline number or calling police if there's an immediate threat. officers can put people into what's called -- protective custody -- which keeps them from harming themselves and others... while getting them to emergency health professionals. once again ... if you or someone you know is struggling with thoughts of suicide ... you can call the national suicide prevention lifeline at 1-800-273-talk.

KDRV (ABC)

Jul 19 • 5:00 PM

B_JUL_OREG_45

police responded to reports of a suicidal man with a gun around 9:00 last night. both he and an officer ended up firing their guns. 73-year-old tony mills died. it happened under the i-5 overpass in rogue river off of exit 45a. both lanes of traffic were closed for the investigation until about 10:30 this morning. newswatch 12's mari nelson has been on the scene since this morning watching this investigation unfold. she joins us live now from rogue river. mari spoke with a nearby business owner who called 911. even though the shooting didn't happen until 9 last night, police have confirmed with me that the first call about tony mills came in around 2. today I talked with the owner of teapot on wheels, a business down the street from the scene, who called 911. janice martinez owns teapot on wheels, just off of exit 45a. she says around 2 yesterday, a car pulled up to her businesses and a man started banging on the window, telling martinez to call 911. the man said there was a suicidal man under the overpass with a gun. martinez and her husband sprang into action. "we ran out, called 911, and then at that point my husband walked down, we have neighbors that have small children just a few doors down, very close to where he was. we wanted to alert them that there was an unstable male with a gun." but when the police showed up, they were unable to find anyone. it wasn't until later, around 8:30 when police were able to find tony mills. witnesses say they heard 2-gun shots around 9pm. coming up at newswatch 12 at 6, take a look at the security footage from inside tea pot on wheels when a man ran inside asking for help. you'll hear from others who heard the gunshots too. live tony mills. witnesses say 6, take a look at the heard the gunshots too. live line the street where the shooting happened. people who live nearby say they knew police were there last night. newswatch 12's ashley tsao was on scene early today bringing you live coverage on newswatch 12 this morning. she shares neighbors' reactions to the shooting. I was at the scene this morning when law enforcement was still investigating what happened. I spoke with a woman who lives in rogue river. she tells me she heard the gunshots yesterday and had absolutely no idea what was going on. it sounded like it was coming from a bullhorn. get your hands in the air. pamela cordonier lives less than a minute's drive from where the shooting happened. it's a little scary that things like that happen, especially in this rural of an area. that you don't expect those things. cordonier was sitting on her patio when she heard the gunshots.

she called it a night. and made sure the door and the windows were locked. you don't know if someone's going to be running up to your door or in your yard and trying to get in your house. medford police, the jackson county sheriff's office, and Oregon state police were out all night and into this morning investigating the shooting. even though this happened so close to home, cordonier isn't too scared. I feel safe in here. on rogue river highway, ashley tsao, newswatch 12. police say the man who died was suicidal. we spoke with the manager of crisis and outpatient services at jackson county mental health today. he says the most important step to prevent suicide is asking for help. "help is available when people are having struggles whether it is a mental health issue, whether it's depression, or anxiety. whether it's for themselves or others. it's okay to reach out. it's okay to get help." 13secs a great resource for you or someone you know who may be struggling with suicide is the suicide prevention hotline. you're seeing the number for it on your screen right now. we have more information on our website, kdrv.com.

KTVL (CBS)

Jul 19 • 5:00 PM

B_JUL_OREG_46

7431, suicidal subject southbound. >> that was the initial call last night that quickly turned to gunfire, leaving one man dead and a number of questions unanswered. good evening, I am trish glose. >> and I am brian schnee. an investigation is underway to figure out what exactly happened last night. >> reporter: road closure last night into this morning was into effect. I am standing near exit 45 and northbound on i-five where the incident occurred last night. this road was closed, you can see behind me it was a different scene. earlier this morning, there was caution tape up. the original call described a suicidal man with a handgun. a business owner tells me the man who was shot was threatening to commit suicide around 10:00 p.m. he even pulled another individual under the overpass. after law enforcement arrived, shots were fired just before 9:00 p.m. last night. police say the initial investigation indicates the man fired his handgun during the incident and the police officer on scene also fired his weapon. investigators have not yet released information on who fired the fatal shot. >> last night there was a parking lot, the whole parking lot was full of police. our neighbors heard the loudspeaker. there the police having a conversation with the man. >> police say the man who died at 73-year-old tony mills from gold hill. no one else was injured. jackson county deputies were already on the scene during the incident. the district attorney wanted another agency to investigate the leak.

KDRV (ABC)

Jul 19 • 5:56 PM

B_JUL_OREG_47

73-year-old tony mills of gold hill was shot and killed after police responded to a call about a suicidal, armed man. it happened right under the i-5 overpass off of exit 45-a. the rogue river highway was closed in this area until about 10:30 this morning newswatch 12's has been on the scene since this morning talking with police and the woman who initially called 911. she joins us live with how the shooting unfolded. although police didn't reach tony mills until 8:30, they actually got their first call about a suicidal man under the overpass around 2 yesterday. I talked with a

business owner down the street who called 911 when she found out a man needed help. gold hill officer involved shooting-pkg janice martinez was inside her business right off i-5, the teapot on wheels, when she noticed a commotion outside. "we saw a car pull up here very fast, in fact I thought we was going to hit the building, and a gentlemen jumped out and started banging on this window here saying I need help I need help." the man told martinenz he was eating lunch under the overpass when 73 year old tony mills approached his car, telling him to call 911. the man you see in the video asked mills if he was hurt janice says: "at that point he revealed his gun and said i'm going to be and you're going to be the last person to see me alive." martinez sprung into action, calling 91d notified neighbors in the area of the armed and suicidal man. but when police responded, they couldn't find mills. janice says: "we didn't really hear anything more until last night, it was after 8 sometime, our whole parking lot became a huge scene, there was police, law enforcement everywhere." police got a second call around 8:30 janice says "and he was in the same spot, with his gun again, saying he was going to kill himself." this time, police found tony mills. just 30 mintues later, mills was shot and killed. janice says "from then on it was just chaos, the exits were closed and stuff." right now it's unclear if mills was shot by his own gun, or the officers. multiple people in the area say that they heard two gunshots.

KDRV (ABC)
Jul 19 • 6:32 PM

B_JUL_OREG_48

Earlier in this newscast we told you about a suicide call that police responded to yesterday. we wanted to dig more into prevention efforts -- and today we sat down with jackson county mental health services. suicide prevention-dual box newswatch 12's andryanna sheppard is live there now in medford. andryanna what are some of the things jackson county mental health recommends? if you or someone you know is considering suicide or is struggling with mental health -- jackson counmental health wants you to know there are resources available. it has 24-7 crisis services available you can walk in -- no appointment needed -- and it doesn't matter if you do or don't have insurance. jackson county mental health says they will help anyone if they are in a crisis. you can also talk to a crisis therapist over the phone. "i think the main thing we try to focus on is helping people know that resources are available. they are resources here local at jackson county mental health, 24/7 crisis line. law enforcement is also available if its immediate, they are afraid for that person's life. they can take people to the hospital, any emergency room." if you need someone to talk to -- you can also call the national suicide prevention lifeline. the number for that is on your screen right now. both that number and information for jackson county mental health can be 11, i'll show you some other ways you or a loved one can get help.

KIRO-AM (Radio)
Jul 19 • 6:35 PM

B_JUL_WASH_32

there's been a blue boxes popping up all over the country an odd places and casinos and in it allen in of in some cases 10 on sidewalks in Los angeles at bus stations and airports and people wondering what these were the Blue boxes from a company called find here Angkor and it's

one person in Los Angeles who is trying to do something to tell people who are suicidal that this of them is dead that they there's someone out there that care about them what happens is if you want to con Crossley spots we could actually buy one and have sent to somebody would you lift the lid you'll see a mess this is this is for you this is like get you if any of these words describe how you feeling that this Fox for you lost hopeless suicidal this woman named Alec Ross she's the founder of this nonprofit called find here Angkor in the box is Blue it's about the size of a shoebox it has its boss with an anchor White Inc on the top and what she hasn't said what you get inside the boxes among other items a list of suicide Prevention resources posters hopeful messages and a deck of cards says 52 reasons to live and a personal letter now the letters obviously going to be addressed to someone who was suicidal and not necessarily to your name but she is the no opens with a surprising sentiment up to the hopeless to the worn out to the dissident chanted I love you and so she's a graphic designer who suffer from depression she sent out 2000 of these boxes the people who received them could get so many marquee Smith randomly found one in Vegas he had been depressed he said it was transformative to know that somebody out there was actually a great guy and now she's collected donations to send more she is now has a backlog of 10000 orders for these boxes and she is self-funded this now she's taking donations if you're interested look up buying your anchor online you can donate to her so she can say nothing about it or you can have a box set to somebody anonymously if you are worried that their depression is sending them down this path that isn't just a beautiful story it no she is she on did she do this on our own doing this are you doing it's entirely around so as a cheap two dozen boxes and you know it's costing her a fair bit of what she did she burning through her savings she's managed to get some donations she's hoping that some big donor and Oprah type donors will step in so far she hasn't seen that she has got some smaller donations that capture keeping sending stuff out but she has an enormous backlog of people immediately embrace this idea people randomly found the boxes in various places in Country and people who actually say like all right this isn't for me when they open up the box I know who I like who I would like to send to and they donate to wear as well people will not tell you this is one of the things Michael we learned this and you would win about the adolescents medal hope path which is sick as an adult with the hope of Here's the thing that most adults will never tell you they would never look in the eye and say I'm really depressed and feeling incredibly hopeless and I don't feel like I have a reason to live the see a ton of things those things like my job sucks man hope to make it through this the is a bunch of ways to discount how they're feeling one of the most powerful things you can do for a friend if you're getting that gut feeling and they're getting those signals is sues stop the conversation and say Hey are you you given thought you're hurting yourself because them our or another thing to consider them is I love you very much and you're scaring me and you say these things you're meeting people weather apps and you will invite from your friends and people who need it's the sort of that sort of verbal of Blue box saying I am okay hearing the death of where you're feeling Yep Yeah and people perceived he said that there was something also about getting to like you they felt like it was almost a fake Yes right because they sounded the horn sounded and was anonymous and it was like someone out there who didn't even know him but also worried about the idea that they would sense of depth great crowd tacked on to budget my uncle had a friend of his who was on the police force in Spokane he took training in suicide Prevention so when he would show up in that so there are a couple places in Spokane that

were pretty legitimately famous for jumping a couple of bridges and so this officer always took with him fresh baked cookies list it was one of the coolest stories ever heard because he would go approaching the people he always say Hey I can go uniforms it's not going to a uniformed he would show up in as bases could be beige pants white shirts and just walk up and say Hey his first line of them was Hey I really care about you and never in before you make this decision should ask you we have some fresh baked cookies and he's get this strange looks from people because it would be like dude I'm sitting on the edge of the bridge he would tell him listen before make this decision have won our first cookie is no cookie right but is also this it was this it was this connection back to childhood his connection that now in his e-mail hacked all that we just turned around and he was a 100% when people would take the cookie 100% of the time David get off the bridge if they didn't take the cookie he was about 90% in that confrontation but if the the second they took the cookie he knew the person would get off the bridge because they've taken a lot of from a cop I think that is very powerful hope.

KMVU (FOX)

B_JUL_OREG_49

Jul 19 • 10:00 PM

medford police are leading the investigation. they say tony mills had a handgun on him. and at some point, fired that under an overpass along i-5. one officer also fired their weapon... and mills was killed... according to police. it's still unclear whether the man was killed by his own gun or an officer's. we spoke with a local business owner who says... this incident started long before the shooting. he says a person ran into his shop around 3 yesterday afternoon... saying a man under the overpass was trying to kill himself. He said he had his hand behind his back and when he came up to the window, he said you're the last guy that is going to see me alive. police were contacted and someone picked up the man.... but Martinez says around 8 last night... the man came back. no officers were injured during this shooting. the major assault and death investigation unit was called to investigate, as is standard protocol. this is an ongoing investigation. mental health is a serious issue in our community. medford police say they respond to more than 400 calls a year of people in a mental health crisis. rick rawlins with jackson county health says if you know someone who is thinking of ending their life ... ask them the question point blank. he says asking the person straight forward if they're thinking of suicide will open the door for conversation and could lead the person to getting help. "the reality of it is if they're already thinking about it you're not going to plant the idea but by talking to them and asking them that question you open up the ability for them to now have a conversation and hopefully get help." if the conversation doesn't help the person at risk ... rawlins say there are more immediate actions you can take like calling police. if you or someone you know is struggling with thoughts of suicide... there is help available. you can call the national suicide prevention lifeline at 1-800-273-talk. you can also text 741-741.

a man is dead after an officer involved shooting near rogue river. tonight, what the witnesses say about the hours before the suicidal man had a confrontation with police. headlines- carjacking the investigation into a carjacking is taking a turn, a man is seen jumping through an ice cream truck window. tonight, what the driver may be an accomplice. announcer says "watching out for you, this is newswatch t my husband walked down, we have neighbors that have small children just a few doors down, vese to where he was. we wanted to alert them that there was an unstable male with a gun." the investigation continues into an officer involved shooting in rogue river. good evening, i'm brian morton. when the police showed up, they were unable to find anyone. it wasn't until later, around 8:30 when police were able to find tony mills. witnesses say they heard 2-gun shots around 9pm. the shooting happened last night at about 9:00 under the i-5 overpass in rogue river off of exit 45a. both lanes of traffic were closed for the investigation until about 10:30 this morning. even though the shooting didn't happen until 9 last night, police have confirmed the first call about a suicidal man with a gun around 2 o'clock yesterday afternoon. the man turned out to be tony mills. at first police could not find him. when they did, there was a confrontation of some kind and mills was killed. a woman in a near-by business called 911. and warned people in the area "we saw a car pull up here banging on this window here saying I need help I need help." but when the police showed up, they were unable to find anyone. it wasn't until later, around 8:30 when police were able to find tony mills. witnesses say they heard 2 gun shots around 9pm. right now it's unclear if mills was shot by his own gun, or on. mobile home neighborhoods line the street where the shooting happened. people who live nearby say they knew police were there last night. medford police, the jackson county sheriff's office, and Oregon state police were at the scene overnight and into this morning investigating the shooting. we spoke with a woman who lives in rogue river. she tells says she heard the gunshots yesterday and had absolutely no idea what was especially in this rural of an area. that you don't expect those things. even though this happened so close to home, cordonier isn't too scared. she says she still feels safe in her neighborhood. suicide prevention-intro police say the man who died was suicidal. newswatch 12's andryanna sheppard spoke with the manager of crisis and outpatient services at jackson county mental health. she shows us how you can get help if you are thinking about suicide or help a love one thinking of suicide. [a23]suicide prevention-llpkg andryanna says: "jackson county mental health says it is always available for people in crisis, no matter what day of the week, or time of day." if your loved one is suffering, jackson county mental health services wants you to know there are resources out there. and it's always okay to reach out. the manager of crisis and outpatient services recommends that sit down with them first. rick says: "one of the things they can do is ask that person. just open a conversation. having a discussion about whether or not that person is thinking about suicide." rick says: "help is available when people are having struggles, whether it's a mental health issue, whether it's depression or anxiety, whether it is for themselves or others, it's okay to reach out. it's okay to get help." jackson county mental health has a 24 seven crisis line. you can just walk in; you don't need an appointment. it also doesn't matter if you have insurance or not. rick says: "we'll see anybody if they're in a crisis." and if it's after business hours, someone is available over the phone. rick says: "you can also call

and talk with someone on the phone. and after hours. they can call and talk to one of our crisis therapists."

KTVL (CBS)

Jul 19 • 11:00 PM

B_JUL_OREG_51

an investigation underway by medford police. that's our top story. the call described a suicidal man with a handgun. the man who was shot was threatening to commit suicide and told another individual his intentions. after law enforcement arrived shots were fired. the initial investigation says the male fired during the incident and a police officer also fired his weapon. investigators have not released information on who fired the fatal shot. >> the guy said call 911 and ten guy asked, are you hurt, he said i'm about to be. you'll be the last person who saw me alive. >> the man who died the tony or land mills. no one else was injured. the district attorney wanted another agency to investigate. medford police is the lead agency. as you heard the initial call was a suicidal man with a gun. the responding officers found when they arrived is being looked at.

KOBI

Jul 19 • 11:00 PM

B_JUL_OREG_52

the investigation continues. thank you for choosing nbc5 news at 11, I'm kristina zagame. it all happened last night in gold hill. police say both a distressed man, and an officer fired their weapons. no officers were hurt, but right now... it's still unclear how the suspect died. that's tonight's top story at 11. Oregon state police and the jackson county sheriff's office got a call about a suicidal man under the i-5 overpass in gold hill... around 8:30 last night. that man has been identified as 73-tony orland mills of gold hill. police say at one point. mills fired his gun. and one officer fired their gun. it's unclear whether mills was killed by his own gun or the officer's. nbc5 news spoke with a local business owner who says... it all started earlier in the afternoon... he says a man ran into his shop around 3 pm yesterday... saying a man under the overpass was trying to kill himself. he said he had his hand behind his back and when he came up to the window, he said you're the last guy that is going to see me alive. shortly after that ... Martinez says someone picked up the man and sped down i-5.. followed by Oregon state police. Martinez says he doesn't know if o-s-p ever reached the man.... but around 8 last night... mills came back. no officers were injured during this shooting. Medford police are leading the investigation-- stay with nbc5 news for the latest on this developing story. if you or someone you know is struggling with thoughts of suicide... there is help available. you can call the national suicide prevention lifeline at 1-800-273-talk. that's 1-800-273-8255. you can also text 741-741 to be connected to a cr counselor 24 hours a day, 7 days a week. mental health is a serious issue in our community. Medford police alone.... say they respond to more than 400 mental health crisis calls a year. Jackson county health and human services says it's important the public knows how to respond in a situation like that... experts say... if you know someone who is thinking of ending their life ... ask them the question-- point blank. they say the direct approach will open the door for conversation. and could lead the person to getting help. "if the person is saying yes I want to kill myself then talk with them, listen, hear what's happening with

them and if they are not able to help them get safe then there are resources available to call. some of those options include the national hotline number... or calling police if there's an immediate threat. officers can put people into what's called --protective custody -- which keeps them from harming themselves and others... while getting them to emergency health professionals.

KATU-POR (ABC)
Jul 20 • 8:46 AM

B_JUL_OREG_53

wesleigh: in this week's "kind is better" report, recent data shows white people have the highest rate of suicide in america, but minority youth are katu's genevieve reame shows us they're being proactive working to prevent their suicide rates from rising to higher levels. east cancer. unbeknownst to her parents, she had struggled with mental illness for years. this made it harder. >> I kind of just sat alone in my room. would I go to school, come back and sit in my room until dinner, eat dinner and run back there. >> genevieve: how old were you? >> 12. >> genevieve: the secret battle continued through sixth, seventh, and eighth grade. when she attempted suicide. >> I didn't care. >> genevieve: she failed, and a few weeks later she got the courage to tell a school counselor. >> when I went to that office and started speaking, I just couldn't stop. >> I was scared to face the truth. >> genevieve: the family tells me mental health is scienced in indian culture. >> people don't talk about it, because they don't have time to waste. >> genevieve: it's an elders know best mentality. >> what kind of work do you do? >> genevieve: defines who you are? >> defines who you are. >> genevieve: her honesty changed all of that. >> forget the kids for one minute. leave them aside. I think we have a huge issue with parents, a huge issue with adults. >> genevieve: it reminded them what's truly important. >> I said I don't give a damn about what people have to say. >> genevieve: that's the coveted outlook. >> a the love times you'll hear, you're too young to experience this. >> genevieve: whether it's being told to push through your problems, that the weight is your own to bear. >> handle it on your own. >> genevieve: or they've got to live the stereo type. >> we're always having a great time in our culture, but you don't want to kill that vibe. >> deb: if these kids all say what they've been taught has failed them. >> i've always had these thoughts in my head about suicide or depression. quilleda creek it's a conversation many -- >> genevieve: it's a conversation in many in cultures across the globe fear. yet the students say the scariest part is silence. >> once I reached out I felt a lot better. I felt like I had this weight lifted off my shoulders. >> genevieve: so they talk. candidly. sometimes to family, regularly to friends and peers. >> just knowing that someone else is there kind of in the battle with you is helpful. >> genevieve: a promising paragon of the world to come. >> wesleigh: you saw towards the end the girl talking to other students about her mental illness. she does that through asha international. she actually wrote her college essay about her mental illness and her experience sharing it. coming from a fm 30 that once thought mental illness could ruin your reputation, she got into every school she applied to except one. she's heading to george Washington in d.c. at the end of the summer. >> wesleigh: bartenders in ventura county are being trained to stop suicide attempts. the ventura couy behavioral health department launched a new program called bartenders as gate keepers. the vc star reports of the 95 residents who died by suicide in 2018, most were middle aged white men, so to combat it, they're training bartenders to talk to

people who might be struggling and how to spot warning signs. experts say most mental health crises are temporary and will pass. if you need to talk to somebody about anything, you can call the national lifeline at 1-800-273-talk, or text "home" to 741741.

KDRV (ABC)

Jul 20 • 5:00 PM

B_JUL_OREG_54

Police responded to the area because of a report of a suicidal man with a gun. when the police showed up, they were unable to find anyone. it wasn't until later, around 8:30 pm that police found tony mills. witnesses say they heard 2 gun shots around 9pm. the shooting happened thursday night at about 9:00 under the i-5 overpass in rogue river off of exit 45-a. both lanes of traffic were closed for the investigation until about 10:30 yesterday morning. police have confirmed the first call about a suicidal man with a gun around 2 o'clock Thursday afternoon. the man turned out to be tony mills. at first police could not find him.' when they did, there was a confrontation of some kind and mills was killed. a woman in a near-by business called 911. and warned people in the area "we saw a car pull up here very fast, in fact I thought we was going to hit the building, and a gentlemen jumped out and started banging on this window here saying I need help I need help." right now it's unclear if mills was shot by his own gun, or the officers. multiple people in the area say that they heard two gunshots. the investigation is still going on. when we get new information, we will update you.

KDRV (ABC)

Jul 20 • 6:00 PM

B_JUL_OREG_55

the shooting happened Thursday night at about 9:00 under the i-5 overpass in rogue river off of exit 45-a. both lanes of traffic were closed for the investigation until about 10:30 yesterday morning. police have confirmed the first call about a suicidal man with a gun 2 o'clock Thursday afternoon. the man turned out to be tony mills. at first police could not find him.' when they did, there was a confrontation of some kind and mills was killed. right now, it's unclear if mills was shot by his own gun, or the officers. multiple people in the area say that they heard two gunshots. the investigation is still going on. when we get new information, we will update you. if you or someone you know is considering suicide or is struggling with mental health.... Jackson county mental health wants you to know there are resources available. it has 24-7 crisis services. or. you can walk in -- no appointment needed -- and it doesn't matter if you do or don't have insurance. Jackson county mental health says they will help anyone if they are in a crisis. you can also talk to a crisis therapist over the phone. if you need someone to talk to -- you can also call the national suicide prevention lifeline. the number for that is on your screen right now. both that number and information for Jackson county mental health can be found on our website, kdrv dot com.

KDRV (ABC)
Jul 21 • 6:05 PM

B_JUL_OREG_56

A new law in Oregon allows students to take "mental health" days just as they would sick days. the teens behind the bill say it's meant to respond to a mental health crisis in schools. the Oregon health authority reports suicide is the second- leading cause of death among those in the state age 10 to 34. nearly 17-percent of eight graders say they've considered taking their own life in the last 12 months. Utah passed a similar law last year. suicide prevention-up on fs a great resource for you or someone you know who may be struggling with suicide is the suicide prevention hotline. you're seeing the number for it on your screen right now. we have more information on our website, kdrv.com.

KHQ (NBC)
Jul 21 • 6:05 PM

B_JUL_WASH_33

a new law in Oregon is allowing students to take mental health days like they would sick days. the teens behind the bill says it's meant to be a response to a mental health crisis in schools. Oregon governor Kate brown signed the measure into law last month. according to the Oregon heath authority, suicide is the second leading cause of death among Oregonians ages 10 to 34. according to reports by the heath authority, nearly 17 percent of 8th graders say they've considered taking their own lives in the last 12 months. one of the teens who worked to pass the measure says she wants the new law to help change the stigma surrounding mental health. the state of Utah passed a similar law last year.

KTVL (CBS)
Jul 21 • 6:05 PM

B_JUL_OREG_57

Oregon will allow students to take mental health days just as they would sick days expanding the reasons for excused school absences to include mental or behavioral help. experts say it is one of the first state laws to explicitly introduce and instruct schools to treat mental and physical health equally. it comes as a time as educators are increasingly considering the emotional health of students. Utah passed a similar law last you. the students behind the measure say it is meant to change the stigma around mental health in a state with some of the country's highest suicide rates.

KVAL (CBS)
Jul 22 • 9:51 AM

B_JUL_OREG_58

students in Oregon will soon be allowed to take "mental health days" just as they would with sick days. governor kate brown signed the measure into law last month. the Oregon health authority reports suicide is the second- students in Oregon will be allowed to take mental health today is just as they would with sick days. governor brown said the measure into mall last month in the Oregon health authority report suicide is the second leading cause of death among those in the state ranging from ages 10 to 34.

KDRV (ABC)
Jul 22 • 11:30 AM

B_JUL_OREG_59

a new state law allows students to take "mental health days" just as they would sick days. the teens behind the bill say it's meant to respond to a mental health crisis in schools. the Oregon health authority reports suicide is the second- leading cause of death among those in the state age 10 to 34. nearly 17-percent of eight graders say they've considered taking their own life in the last 12 mons. utah passed a similar law last year. if you or someone you know is struggling with suicidal thoughts -- you can call the national suicide prevention lifeline -- that number's on your screen right now. you can also find that number on our website -- kdrv-dot-com. that help is available 24 hours a day -- 7 days a week.

KOIN-POR (CBS)
Jul 22 • 12:00 PM

B_JUL_OREG_60

jenny: Oregon will allow students to take mental health days just as they would sick days. ken: Elise has talked to mental health experts to learn how Oregon's new law will make an impact. Elise: mental health and physical health are recognized as one and the same in Oregon schools. in addition to sick days, Oregon will now allow students to take " mental health days." schools are expanding the reasons for excused absences to include mental and behavioral health, under a new law that experts say is one of the first of its kind in the u.s. >> this is the first in the country to say that directly to students, it's ok if you need to take some time off just as if you needed to take time off to attend to strep throat or if you had a fever. Elise: leader at mental health America debbie plotnick says she commends the teen activists who were the momentum behind the measure and governor brown for signing it into law. >> the more we talk about mental health; we normalize having a mental health need. it's not something to be afraid of, it's not something to be ashamed of. Elise: according to the Oregon health authority, Oregon has some of the country's highest suicide rates. the students behind the bill say it's meant to change the stigma around mental health. experts agree, saying it will encourage kids to ask for help. >> people will be able to say, " mom, dad there's something going on. I need to take a mental health day, and how can we deal with this?" then, that can be the beginning of the road to addressing the issue. Elise: plotnick says Oregon is now a model for all the other states, ensuring students can attend to all aspects of their health. in Portland, Elise haas, koin 6 news.

FM News 101 KXL
Jul 22 • 12:05 PM

B_JUL_OREG_61

even though democrats are in the majority the bill didn't pass the legislature but this bill on mental health days yet the students behind the measure and here i'll give credit to the daily dead fish rapper writes about behind the measure say it's meant to change the stigma around mental health in a state that has some of the united states' highest suicide rates well why wouldn't they have bomb why would we have state suicide rate is higher than usual afterall or Oregon was the first government on planet earth to authorize state assisted suicide when you

have the official folks in government saying suicide okay in fact suicide should be an honorable exit from life I don't tend to agree with that point of view I disagree with vehemently but when you tell the kids it's okay to check out early if things don't look too good and why would you be surprised when there's a high suicide rate in a state where the government gives its official stamp of approval the suicide basic mental health experts say it is one of the first state laws in to explicitly instruct students to treat mental health and physical health equal.

KGW-POR (NBC)
Jul 22 • 12:06 PM

B_JUL_OREG_62

allowing students to take mental health days of vacancy home from school. the teenagers advocated to have this past saying it was needed to address the mental health crisis at school. prior to this, schools were only allowed to prescribe and approve absences for illness. the students who helped pass the bill says that they want to address the stigma surrounding mental health. suicide is the second leading cause of death for Oregonians ages 10-34. that is according to the Oregon health authority. >>> we want to know what you think. should kids be allowed to take mental health days? would say the numbers thus far. 65% of you say no. you can still weigh in by going to kgw.com/vote. or by clicking on the vote tab in the new kgw news app. we will update the numbers later in the show.

KIRO-SEA (CBS)
Jul 22 • 12:16 PM

B_JUL_WASH_34

starting this upcoming school year, Oregon students will be able to take their own mental health days. days and officials say the move they'll work just like sick is to remove the stigma from mental health issues and suicide is Oregon's second leading cause of death among people age 10 to 34. according to the state's health authority in the last 12 months, nearly 17% of eighth graders reported seriously contemplating taking their own lives. someone is always available to talk if you or someone you know needs help. you can always call the national suicide prevention lifeline. that number on your screen, 1800-273-talk or call or text a crisis text line. that is talk, 741741.

AM 860
Jul 22 • 3:00 PM

B_JUL_OREG_63

beginning next month underlying Oregon allows students to take a mental health days just as they would sick days the answers john wind is as more the teens behind the bill say it's meant to respond to mental health crisis in schools or health authorities said suicide is the second leading cause of death among those in the state ages 10 to 30 for and hardcastle is 18 from sure would she introduced the bill along with others to later she says it changes the stigma around mental health encouraging kids to be honest with their parents if they're struggling.

KGW-POR (NBC)
Jul 22 • 4:05 PM

B_JUL_OREG_64

check this out, a new law in Oregon let students take mental health days so they can stay home from school just like they would if they were sick. a group of teenagers actually advocated to get the measure passed, saying it is needed to address the mental health crisis in our schools. before this law schools were only obligated to exercise absences related to physical illnesses. and at many schools and absence must be excused to make up for missed tests, or to avoid attention. the student to help pass the bills they they wanted to address the stigma surrounding mental health. >> so many of my close friends in high school struggled with depression. and there were times that I saw them at school and they really should not have been there, it would've been much better for them to take a day off and feel better. so that is something that I want to see future high school is not have to go through. >> some amazing and people there and is important because suicide is the second leading cause of death for Oregonians ages 10 to 34. that is according to the Oregon health authority. >>> we want to know what you think, should kids be allowed to take mental health days? you can way and by going to kgw.com /vote, or hey, check out our new kgw app, you can click on the vote tab on that app, and we will take a look at the results coming up a little later in the newscast.

KATU-POR (ABC)
Jul 22 • 4:05 PM

B_JUL_OREG_65

students and teens are leaving a major impact on Oregon this year. April created and backed by students from all across the state is in effect. it set out to create mental health days at schools in Oregon. this coming school year will be the first-time students can call out because of mental health. students tell katu that their goal was to get lawmakers to recognize mental health is just as important as physical health. >> we were tired of hearing every single one of our peers having a story about a friend who almost committed suicide or went through something hard and not getting support they needed at school. >> students say they are not done yet. in fact, they say it's the beginning. at 5:00, where they go from here and how this will it be implemented in schools around the state.

KDRV (ABC)
Jul 22 • 4:05 PM

B_JUL_OREG_66

a new law in Oregon allows students to take "mental health days" just as they would sick days. mental health experts say it's one of the first state laws to explicitly instruct schools to treat mental health and physical health equally. elise haas tells us how this law could have a ripple effect. a new law in Oregon allows students to take "mental health days" just as they would sick days. the teens behind the bill say it's meant to respond to a mental health crisis in schools. gov. kate brown signed the measure into law last month. the Oregon health authority reports suicide is the they've considered taking their own life within the last 12 months. hailey she says it changes the stigma around mental health and encourages kids to be honest with their parents.

KREM (CBS)
Jul 22 • 4:12 PM

B_JUL_WASH_35

do you ever feel like you need a mental health day? now students across Oregon will be allowed to take mental health days just as they would sick days. Oregon has one of the highest suicide rates in the u-s. students behind the measure say it is meant to change the stigma around mental health. experts say the new law will instruct schools to treat mental health on the same platform as physical health. the bill was signed last month by governor kate brown. under state law, students can now have up to five absences excused in a three-month period. anything more requires a written letter to the principal. this is a first of its kind law in the u-s.... mental health professional hopes this law serves as a model for other states.

KUOW-FM (Radio)
Jul 22 • 4:53 PM

B_JUL_WASH_36

the band's lead singer and song writer scott hutcherson died though was out now it's called tiny changes and here's connor donovan has the story and before we began and warning to listeners that this story which is about 8 minutes includes frank discussion of suicide here's connor midnight organ fight came out in 2008 it wasn't for eddie rabbit first record but it was special I know honesty in the the role emotion so there really hit people hard that's grand hutcherson frame grab a tremor also scott justin's brother and seemed connected such a but and and sweet we felt we could make this a career that point so yeah definitely was the one which meets its bid bond innocence and that and monahan who plays keyboards guitar when they talk about the new projects the cover album tiny changes you can still hear their excitement the uncanny thrill of hearing their songs from new angles to the opening track the modern love to pull off some months todd yeah it's a song in which emotional turmoil becomes physical breakdown we've got a distance things mean by the box system this thomas finished in his delivery cheaters somewhere between payne grimace and exhausted lack post got a truck and he kly row place in modern whatever on the anniversary album amped up to you but isn't much more aggressive and I almost comedic well but as any mom and I last spring the been collected covers of every song on the midnight organ fight plus a few extras recorded and mastered and ready to go then in may of last year scott hutcherson died he sent out a couple of cryptic troubling tweets then he went missing not long after his body was found at a marina near the mouth of the river forth in scotland the days after purchase instead us tributes pour out from critics and fans they shared stories of how frightened rabbits music nurse found through dark periods I need to change their relationship to their own pain one fan posted a message she received after his own struggle this a personal letter from scott atchison I hope you don't mind sending this note here kind terrence gotten country's to tell you having a difficult time some other remembrances also wrestled with more ambiguous there's a song on the midnight organ fight called floating in the force scott hudson sings all the way through imagine suicide but at the end of the song he stepped back from the brink fans and critics openly wondered how to listen to the songs which confronted so directly the darkness that apparently claimed the life of a musician who wrote that position thing for years sticker exploitative about the relationship between anguished artist and fan some concluded that they couldn't listen anymore at least

not for a while to grant hutchison the band's drummer scott's brother doesn't was neither i'm not looking for clues a signal saying zone why did you say last night it's more of a national thing for me of has he failed as a brother won't become our relationship was bloody cuts and brothers its memories not lyrics to stick with him things he said those are decisions made about things not be the case of anyone has been affected by these two is it work there's just so many questions that you will continue to go one on sept pick out of ohio if you listen to someone's album scott hutchison was open about his mental health struggle it's an interview he was a big advocate of asking for help not feeling ashamed after he died granted the rest of his family set up a charity devoted to mental health cook had this voice when he was alive that he used to help people whether it was purposeful in that way or not he changed people's plates is are and we have to continue both for charity in the anniversary album are called tiny changes its lyrics from the song had rolled off that seoul was one that I have discussed that people close to you dylan while life a make tiny changes there has become a mantra for people whom cents craig finn's things that cover on the tiny changes album in his hands it sounds like a preacher at a post modern tent revival life as the song flash sherman lays out is fleeting we're insignificant we can make a mark anyway in says he's performed the song life a few times since hutchison steph with more sombre tone now you can that's him a tribute concert in new york last year organized after scott edges die at the end people were not ready to leave for one reason or the other and we want another song we really didn't have one so the sound that put on an actual frame grab itself with scott hutchison and focus and the crowd sang along really at the top of their lungs and people were hugging and it was probably the most moving thing I have ever seen around music craig finn's says at the end of the show of it so people take the songs with them that night to live gone out in the world grant hutchison and money and say that's what they want for freight rabbits music no because spokes bed \$ million because they feel they can help someone just because I ask you to use music is what you get something from I mean that will never stop for even when we are done I belong me continue scott hutchison is gone and his friends voices his songs connor ghana and care and if you or someone you know is experiencing thoughts of suicide help is available you can call 800 to 7.8 to 5 5 and touch someone from the national suicide prevention lifeline any time.

KOBI

Jul 22 • 5:24 PM

B_JUL_OREG_67

Oregon has some of the highest suicide rates in the country. that's why a new bill is aiming to address mental health across Oregon schools. the bill... signed into law last month... will allow students across the state to have excused absences for "mental health days." that means students can take time off of school... like they would a "sick day." students who helped write the bill say it's meant to change the stigma around mental health. "so many of my close friends in high school struggled with depression... and there were times that I saw them at school when they really shouldn't have been it would have been much better for them to take a day off and feel better. and so that's something that I want to see future high schoolers not have to go through." according to the Oregon health authority... suicide is the second leading cause of death in Oregonians age 10 to 24.

KPTV-POR (FOX)
Jul 22 • 5:26 PM

B_JUL_OREG_68

a story in are better together addition -- initiative focusing on mental wellness. a new law is getting national attention and we are hearing from some students who lobby to make it happen. >> house bill 2191 it says students in Oregon can now take mental health days as excused absences from school like they would with the physical sickness kelsey has the details. >> governor brown recently signed this into law. this will go into effect when the new school year starts. it allows students to take off up to five excused absences in the span of three months for any combination of physical behavioral and >> I wanted to get involved in this because many of my best friends in high school struggled with severe mental anxiety. none of the adults in their life knew what was happening. >> these recent high school graduates have been working to change the way mental health is seen in school. they were among the students who lobbied lawmakers to pass house bill 2191 expanding excused school absences to include mental health days. along the way they met a lot of opposition. >> one of the things we heard was that people will abuset and that life does not get easier. there are a thousand things people can say but the bottom line is we are trying to save lives and keep students healthy >> they hope this will help take the stigma surrounding mental health away leading to open conversations between students and parents and teachers about what teenagers are really dealing with. >> when you can call up and say I have a panic attack and cannot come to school today instead of having to make up a cold that begins to normalize the fact that mental health conditions are the same as physical health conditions and we should not be ashamed of them. >> one of the big concerns is preventing suicide. it's the second leading cause of death for organ teens. Oregon teenagers. >> the moment and got signed was hopeful and inspiring and I hope this is the first step. I do not want it to foz here. >> this law is getting a lot of attention throughout the country for being the first law of it's kind. >>> know that there are many organizations out there helping support the mental wellness of kids, teens, and parents. as part of our better together initiative we have a list of them on our website kptv.com.

KGMI News/Talk 790 (Radio)
Jul 22 • 5:55 PM

B_JUL_WASH_37

how big of a problem is pulling in your kids' school i'm dr sanjay gupta cnn chief medical correspondent anyone else's by u.s. news and world report to a close look at the issue of boeing out in california researchers found that 14% of public high school students say they experience boeing or harassment because of their race ethnicity or national word about 6% reported experiencing the same problems because of their actual or perceived immigrant status and 7% because of their religion in some ways i'm surprised the numbers were even higher the math students score boley are then more likely to smoke and drink and use other substances previous research has shown believe children are more could develop anxiety depression considers self-harm suicide later in life there is a difference between good natured fun and bullying or harassment I hope your kids know the difference.

KEZI (ABC)
Jul 22 • 6:05 PM

B_JUL_OREG_69

students are optimistic about a new bill that allows students to stay home for mental health days. and the absence it would count just like it would a physical sickness, which Oregon students only get five of during a three-month period. kezi 9 news reporter evita garza spoke with students and experts about the new bill...and they hope it will help students all over the state. o like most high schoolers, chris heer says that balancing school and stress isn't the easiest. but as he goes into his senior year at marist high school this fall...he knows he can't let stress get the best of him and his peers. "where I go to school, theres usually a really big workload, and if you miss one day it messes you up for the week." but for others.... like morgan wilson, sometimes he can't help letting stress get to him. "i get stressed out easy... and i'd like to take a day off of school to get my mind off things" whether it's depression, anxiety, feeling overwhelmed or spiraling out of control...the mental health bill is intended to teach students how to take a step back. with suicide rates on the rise and Oregon being 40% above the national average...experts are saying this is the perfect time to implement something like this. evita: "according to the Oregon health authority, suicide is the second leading cause of death among people ages 10-24....which is why an expert from south lane mental health center hopes to reduce these numbers." "this has been an issue that has been up front and center and how children are being taken care of and how their taking care of one another. so I think something like this can have a big impact. the ability to give people permission to take care of themselves is a real gift." sands also tells me that he knows that the new bill will get abused by students who just want to get out of school...but he also says that there will be students who will really use mental health days to take care of themselves. at this point, it is still unclear when the bill will go into effect....but sands also says students should continue to find ways to take care of their mental health. "you just have to look at the bigger picture. if I get this done, i'll be good to go...just power through it" reporting in eugene, evita garza kezi 9 news.

KING-SEA (NBC)
Jul 22 • 6:11 PM

B_JUL_WASH_38

next tonight one in five kids at risk, Oregon is making a major change to help young people face their struggles. it's become one of the first states to allow students to take mental health days as an excused kate snow with the story absence. >> reporter: hailey and derrick were seniors when they lobbied they'll be allowed to call in sick not just if they're physically ill but if they need a mental health day. >> I think the most amazing part of this whole thing is that it was student led. >> i'm personally in need of mental health days >> reporter: derrick told lawmakers he struggled with anxiety in high school >> being marked absent, unexcused, and can't make up the assignment because I don't have the will pow tore go to school today was too much and there's no system set in place to help me >> reporter: Oregon has one of the highest rates of teen suicide in the country it's the second leading cause of death for 10-34 year olds in that state nationally, suicide is at a 50-year high under the new Oregon law, mental health days will be considered excused absences students won't be penalized and can make up exams. their parents still have to call the school, but now they can be honest about taking a day off to deal

with their depression, to deal with a panic attack, to not have to be anxious about not being able to make up work >> our biggest concern is making sure everyone knows mental health is as valid as physical >> reporter: there's been health backlash on social media wondering if kids will take advantage. >> children are already missing school for mental health reasons but they're lying about it we're hoping this gives them positive opportunity to explain what's going on and why they need help. >> it's such an interesting idea how many days could someone take for mental health? >> Oregon law says any student can take up to five days over a three-month period for any kind of excused absence and now each school district will be able to revise that as they see fit for their students' needs. >> we'll see if it helps kate, thank you very much.

KOIN-POR (CBS)
Jul 22 • 6:15 PM

B_JUL_OREG_70

rrtc11 represents the path where we suicide in Oregon and nearly -- 8% said they attempted suicide. that alarming statistic inspired teenage activists to push for mental health days. they want mental illness recognized at the same level as physical illness. a lot of students already taken mental health days but they, pretend that they're physically sick. >> they will be making policy based on data and ensuring our communities are safe. I think it is excellent policy and am very proud of Oregon today. >> soon, Oregon students will be able to take mental health days. they say about 16% of eight graders have considered suicide. the alarming statistic has inspired them to push for mental health. they want it recognized. >> a lot of students already take mental health days. they will be skipping school, but their parents don't know why. >> suicide is not just a problem in Oregon. the national rate increased 33% from 1999 to 2017. >> good work on those kids.

KOMO-AM (Radio)
Jul 22 • 6:55 PM

B_JUL_WASH_39

The state of Oregon let students take time off school to work on improving their mental health ABC Sherry preston with more on what that means suicide is the second leading cause of death among on people in Oregon and it's one of the reasons why young activists have been pushing public schools to include mental health days along with regular sick days governor Kate Brown signed the bills when classes resume schools will be instructed to treat mental health and physical health equality some parents pushed back saying kids can already take time off by just pretending to be sick proponents of the new bill say hiding mental health like that is part of a problem.

KLSR (FOX)
Jul 22 • 7:05 PM

B_JUL_OREG_71

A bill created and backed by students from across the state is in effect, the bill sent out to grade mental health days at all schools here in Oregon. this school year will be the first-time students can call out because of mental health. students say their goal was to get legislatures to read

guys not only the physical health is important which is covered by sick days but so is mental health.>> we were just tired of hearing ever seen one of our peers hearing a story about a friend that almost committed suicide or went through something really hard and not getting this up or that they did at school.>> students will get mental health days as soon as the coming school year.

KONG-SEA

B_JUL_WASH_40

Jul 23 • 11:57 AM

[narrator] when police looked for the possible witness at the marina, they make a shocking discovery. earl had rented a motorboat for a few hours the same day the fire was reported. - it was obvious that earl had put ruby's body in the cabin cruiser, headed 13 miles off the coast with the rental boat in tow, and then set fire to the cabin cruiser. then he used the rental boat to get back to shore. - [narrator] in March, 1990, earl morris is indicted for his wife's murder, but it's another two years before he comes to trial. in a shocking move, earl takes the stand. he finally confesses that he did dispose of ruby's body, but he has a defense that stuns his family and the court. - earl claims that ruby committed suicide by shooting herself with a .22 caliber gun. - on June 3rd, 1989, earl and ruby had a fight about his coming visit to donna kay in los angeles. ruby didn't believe that he was going to see donna kay. she accused him of going to see peggy. (gunshot) - [narrator] earl claims he heard a shot from the house. back in the bedroom, he found ruby covered in blood. she'd shot herself. - earl said ruby committed suicide. that was his defense. - earl said ruby was depressed over all of the family secrets she'd kept buried for so many years. that her son, randy, is the product of incest when she was raped by her own father, and that she's had an affair and had to keep the real father of cindy secret. - earl said that she was so tormented by it all that she killed herself. when he discovered ruby's body, he also said he knew the shame it would bring on the whole family. he also thought he might be blamed for it. so he decided to get rid of the evidence. - [narrator] he testifies that he cleaned up ruby's body in the bathroom. - he put the body in his car. it had no trunk, so he had to prop ruby's corpse up in the passenger seat. then he drove 400 miles to san diego. in san diego, he loaded the body into the family cabin cruiser and motored 12 or 13 miles off the coast with the rented speedboat in tow. - out at sea, he set the boat on fire. and after waiting just long enough to know it was going to sink, earl used the rented craft to get back to shore. is highly skeptical - [narrator] the prosecutor of earl's claim that he did all this to cover up the fact ruby committed suicide. ruby's injuries. he asks earl to describe earl says his wife had a single bullet hole in her left temple. - ruby was right-handed and it's almost impossible themselves in the left temple for someone to shoot when they're holding the gun in their right hand. so that was the first problem with earl's testimony. came from the forensic techs. - even more damning evidence they testified that the luminol test on the headboard showed two layers of blood spatter coming from two slightly different directions. which meant there were two shots. - and no one who commits suicide twice in the head. shoots themselves it just doesn't happen. - [narrator] it's obvious to the jury that earl pulled the trigger. they deliver the verdict. in less than three hours, guilty of first degree murder. is sentenced to life 51-year-old earl morris in prison for killing his wife, ruby. - ruby had lived with her awful secrets for three decades. she

was a survivor. she was prepared to stand up to earl. but what she didn't realize, was that her husband would stop at nothing to save himself. even murder.

KONG-SEA

Jul 23 • 1:44 PM

B_JUL_WASH_41

a new law in Oregon lets students take mental health days as they would take a sick day. to get the measure passed a group of teenagers advocated saying it is needed to address the mental health crisis in schools. they wanted to address the stigma around mental health. >> so many of my close friends struggled with depression and there were times I saw them at school they really shouldn't have been there it would have been better to take a day off and feel better. so that is something I want to see future high school is not have to go through. >> before the law passed, schools were only obligated to excuse absences related to physical illnesses. state health authority, suicide according to data from the is Oregon's second leading cause of death.

KFXO (FOX)

Jul 23 • 4:22 PM

B_JUL_OREG_72

Oregon has one of the highest rates of teen suicide in the country it's the second leading cause of death for 10 to 34-year olds in that state. nationally, suicide is at a 50-year high sot dr. robin henderson/behavioral health providence medical group "mental health is often forgotten in schools. we're comfortable with broken arms and legs but we're n very comfortable with depression and anxiety and the things are students are struggling with sot carol mcmann/lost son suicide: "ben was amazing. Oregon mom carol mcmann lost her 14-year-old son ben to suicide last fal sot mcmann: "i think the stigma that has been around suicide needs to change. the new state law has received backlash - some believing that kids will ta advantage. but =these= students say...changes like this are needed - to change t conversation around mental health sot hailey: "children are already missing school for mental health reasons. the thing is, they're lying about it. they're doing the old school, pretending they had a fever, or they're sick, or a headache. sot derek: "our biggest goal is just making sure that everyone knows that mental health is just as valid a physical health." #### Oregon students will be allowed up to ten "mental health days" every six months - but school districts can come up with their own numbers to depending on the need.

KBNZ

Jul 23 • 5:25 PM

B_JUL_OREG_73

a recent law is changing the health stigma around mental new law Oregon. >> a allow would mental health students to take days. the days just as sick into law governor signed it aid inwith the help it will crisis in schools. >> the mental health we are generally speaking supportive of always sovercall wellness and taking your are care of yourself if you mental health struggling with a m to encourage stu concern. we want way, theirdents are thinking that and that they are families are thinking that way they are taking getting supportive because of the time off from school or because mental health concern day. >>they need a mental hea according to the

suicide is the leading cause of death in the leading cause of age state for 10-24. s of eighth graders sit reports 17% taking their own life within the last 12 months. >> we know years growing up the of adolescent are it's normal to difficult years. negative struggle with hts. we feelings and though adolescence can know more serious be a time when health probl mental it's critiems could emerge and symptoms are emergcally important when those in them. >> adolescents we address many mental h resource health are that t available. there is a course to recognize each participant who may be signs of someone with s struggling how to suicide thoughts and ns that ask the hard question life. >> play save a w every class person has known some taught every have one who may they, considered suicide or that and it's all a themselves, have fought through yet, we are not around us and, whether you are talking about it. >> day or need having an off additional support important to daily says it's a part remember mental health i>> of overall well-being. rep that was megan suicide prevention starting. the next s 6:30 at the course is tonight at holy communion the class is free church, his community and open to the limited. y but if you know someone who is struggling with suicide call.

KOHD (ABC)
Jul 23 • 6:06 PM

B_JUL_OREG_74

a law is changing the health here in around mental Oregon. meg megan has our story. >> t students to the new law allows like take mental health days just days. it sick the's hoped to aid in schools. mental health crisis in support of >> generally speaking we're mental health as part of your thinking of your me wellness and thinking of you're taking care of yourself if concern. so we struggling with a mental health want to definit thinking that way, encourage that students are thinking that that their families are hat they're way, and t they're taking time getting support if hool because of a off from scause they need a mental health concern or bec. >> according to the mental health day health authority, s Oregon second leading cause of death suicide is the those between 10 in the state for Oregon health authority also and 34. the 17% of eighth reports that considered graders say they've in the last 12 taking their own life wit know that months. >> we up and growing of in particular the years aslescence are difficult normal for peopl years. it'se young have people to we know that -- instrumentals. we know it can be a struggles. more serious m time when merge and it's mental health issues may e those kinds of critically important that when emerging symptoms are adolescents, we in quickly. >> man address them bend. y resources are available right here in beginning plate each month prevention course. hosts a suicide participants the course teaches that may be to recognize signs of someone suicidal thoughts and struggling with questions that could how to ask the hard >> in every class that save a life. we've taught, every person in has either attendance has known someone who suicide considered themselves hav or they through fought around us. that. and it's allut it. and yet we're not talking abog an off-day >> so whether you're havin support, staley says it' or need additionalr that s important to remembe of over mental health is a part well-being. all next class is >> the 6:30 at the holy tonight at church. you can a communion plate's facebook page so like the givingt information about future e where they'll pos is struggling vents. if you or someone you know lease call the with suicidal thoughts, p lifeline national suicide prevention at 1-800-273-8255.

thanks so much for joining us would have won forced to well we although it's sick days are and you know whether you're in school you and your work with it look nicer better over that they are right so normally if you're a student in school you get sick days I think you know not like you do when you're at work the same kind of idea but you know you can take off your sake but that does not include mental Help with so in Oregon where they have 80 40% higher than the national average suicide rate a bunch of teenagers actually helped an act of building has become a lot now that allows students to take mental health is and the whole idea is that there are a lot of people who don't come to school here and there because there having mental health issues but then lying about it and just saying that it's something else not coming and so the idea is not only to give relief to people who do need to take a day off for something that is different than physical ailment like having a cold or the flu but the idea is to defeat able to talk about it because that's the problem like a lot of teenagers and people worried to be Frank people older than us just don't like to talk about it there's a huge stigma still connected to mental health and the ideas that if people actually have to come out and say this is how I'm feeling this is why not coming to school then it will be stigmatized and hopefully they can get help and these things won't escalate and turn into suicide taking nip it in the I love this because as we know that in school my 3 remember the peer pressure and things we all witnessed or gone through in-school it wasn't pretty we like to call their only 16 years old but for 16 year-old some things we went through we're pretty traumatic where there was a breakup would in school or a loss of friendship in school or whether it was not doing well on tests in school there the mental stability some kids is a very fragile at that time so I love the idea of a mental health day Yeah I did to him I think it's really important and I'm glad you mention hearing about talking about mental health and getting the idea across that there's no it there's nothing wrong about taking the day off because you need to recalibrate or you feel overwhelmed word you know whatever's going on there's we all every single person has called out sick when they are not actually sick because they just needed day to chill out and that should be normal and okay 12 in Western society Western medicine there's this big disconnect between the brain and physical body we treat them as their separate ways it does make sense because your brain is part of your body in a note inside of the skin and there but it's totally treated differently and they do affect each other and anybody who had stress anxiety knows that you know ends up affecting your physical health and so I don't know why there's a disconnect you know aid that it's like you can take a day off if you're physically said but not if you are mentally that and be like there's a huge thing also where people take a pill for anything but a lot of people are really with this and anti-depressants that's something that a lot of people have here Hey you take an aspirin you know yet ahead why would you take this tell when you feel really depressed than I'm not saying that it should be abandoned for depression but it really does help a lot of people but there's still that's take math and emily you're like even R-rated I mean I had you know a really bad breakup or really traumatic things happen with my family where I just was like I can go work Rob because I can't think about anything else I can focus then I don't know why that doesn't you know mean anything like why is that an excuse and I've learned over the years like when I was younger I always saw ahead justify and what I would call it like you would call the phone I

really had to say exactly what was wrong with me and it's probably the culture of the workplace for work but also American society like pull yourself up by your bootstraps going to work even if you're sick and now days because something somebody told me I just say I'm sick I don't see why and said Brett easier to do you know now but I was told it's none of their business why your sector like people have physical ailments better bear thing to bring up what you should have to say why do you have a sick day the you should be able whether it is a physical or mental because of all the same then Yes it's the same Yes It is in our duties last week last week was probably one of my weak and I was blessed and fortunate to be able to because on Monday edge was a flat out not going to come to work and what I did was I came in later in that helped so much Yeah I hope that employers across United States allow some of their employees say Hey boss you know what I'm coming in today but coming like two 3 hours later you know me just to just to get that little bit tiny little bit helps so much go such a long way maybe they need to take the entire day off maybe you don't get the kids off to school and get some alone time and just saying two to 3 hours okay they now are coming we wonder why so much we in Westchester Melissa soon as they like to talk about we have such a problem with were behind the 8 ball with mental health and suicide rates are going up and we're like Oman the last time I talked to that person they were so great what everybody puts on this facade like were great even when we're not doing a good job of taking care of herself Yeah meant to and making sure there's always going to be people who take advantage you know if you work summer that you know take off on everyone if somebody is but a lot of workplaces make you feel like you're in middle school like can I go to the bathroom can I take a day off you feel afraid of your bosses sometimes people feel like really locked in I have to be there at this time I have to be there until the time and it's like you're being treated like a soldier I've got to say I'm just saying in general Yeah where as you know I think there would be a lot of trust between employees and employers if you were given a certain kind of freedom to take care of yourself if you got your work done and there are so many places like start us have that unlimited vacation that is intended to kind of fill that role but like I think a lot of us act out or get really stressed out and quit jobs because we're not treated like adults in that way and given the freedom to take care of ourselves autonomy goes a long way Yeah and it's really nice to know the difference between being its dock and forced into a situation versus choosing to be there Yeah like even with my girlfriend if she wants to do something and she's like what we're doing this I'll be like I don't really want to do that but Hey do you want to do this is a much different look you okay Yeah it's just it's medal games but I like this I like that it's a law in org was specifically school days was this in employers as well at school days it actually is the first bill of its kind in the nation right so we'll see if others follow suit.

KOMO-AM (Radio)
Jul 24 • 1:46 PM

B_JUL_WASH_43

lawmakers in Massachusetts are considering a measure that would make it a crime to encourage someone to commit suicide ABC Scott Goldberg reports the measure is endorsed by the family of the teenager who killed himself at his girlfriend's urging Conrad Roy was 18 when he killed himself by inhaling carbon monoxide from his truck when he had doubts about staying locked in the truck his 17 year-old girlfriend told him to get back in for that she was convicted of

manslaughter now comrades mothers asking Massachusetts lawmakers to pass laws specifically for what's called suicide coalition with a maximum sentence of 5 years it's something that I want in the future to honor him and to prevent this from ever happening critics of manslaughter conviction say it wasn't the right charge for someone effectively accused of killing someone else.

KOPB-FM (Radio)
Jul 24 • 3:30 PM

B_JUL_OREG_75

Legislation allowing certain terminally ill patients to have quicker access to life-ending medications has been signed into law by Oregon governor Kate Brown along allows those with 15 days left to live bypass the 15 day waiting period required under Oregon's death with dignity Act previously those seeking life-ending medications had to make a verbal request for physician-assisted suicide week 15 days and then make a written request under the new amendment doctors can make exceptions to the waiting period if the patient is likely to die before completing.

KGW-POR (NBC)
Jul 24 • 4:25 PM

B_JUL_OREG_76

welcome back, one man in texas decided to trade in his successful job at a law firm for a life that's all about Pokémon cards. >> it kind of sounds like a terrible idea, but the man says he has never been happier, and he's also helping a lot of people in the process.>> reporter: not long ago lee steinfeld was a successful dallas attorney, not long ago he represented one of the largest i.t. companies in the world, and not long ago he decided to give it all up, and just walked away from being a lawyer. >> when I was leaving they were actually encouraging me, my coworkers, to go follow your dream. >> so what could be better than being an attorney? you wouldn't believe. lee quit practicing law to open Pokémon cards. his YouTube channel has nearly 600,000 subscribers. >> what up heart squad. >>'s videos often get millions of views, especially when he finds a card that is incredibly rare. >> all right! all right! I really don't think too many people say they do it for their full-time job. >> actually, it's more like full-time charity. >> to the biggest vintage opening extravaganza.>> every year lee picks a charity and asks his followers to donate. they've raised money for many important causes, but none more personal than this year. about 15 years ago one of lee's best friends was one of the most likable guys in school. he was even voted coolest kid on campus, but not even lee knew the truth. because, about six months after graduating high school, lee's good friend took his own life. >> I was just in shock. if people took this issue more seriously, it would save thousands and thousands of lives. >> and so, through YouTube, lee partnered with the national alliance of mental illness. >> I hope we can do some good in the world peace by making one to raise \$10,000, but didn't even come close, not even close. >> we have raised almost \$38,000 per >> lee has raised more money than any single fundraiser in the history of the organization, which could go a long way in making sure mental illness never claims another victim. >> to see that we could just save one life, and I know we have, that's all the difference, and that's what really makes it all worth it to me. >> and perhaps, one day, even more than his cards, those kinds of tragedies will be

incredibly rare. >> guys, we did it, we did it!>> when that started off we were having the fun and games with the Pokémon, then it took a serious turn with the message about mental health and suicide. >> good time for a reminder, if you or someone you know is struggling and needs help, there is always the one to talk to. the suicide prevention lifeline number is on your screen and help is available 24 hours a day.

KEPR (CBS)

Jul 24 • 5:00 PM

B_JUL_WASH_44

Reporter: scott, suicide rates in children or climbing both here and in Oregon. studies show suicide is the number two cause of death in Washington for people age 10 to 24. the counselor I talked with today so she thinks students in our area can benefit from being able to take a mental health day. >> in today's society we are dealing with a much different culture than we had even 20 years ago. >> reporter: susan went has worked in the mental health field for about 15 years. >> the more and more we are doing research the more we are seeing how bad things like trauma and anxiety impact children and teenagers.>> reporter: anxiety and trauma is what prompted a group of Oregon teenagers to get political and fight for legislation that would allow for students to take mental health days just as they would 60s. >> I think our children in schools need to be able to know whether it is a physical ailment or mental health ailment, they are treated similarly and they are not treated differently just because it is a mental health issue. >> reporter: lynn says in her time working in the tri-cities she has seen the suicide rate among kids increase. >> think of us as adults we have more skills to be able to manage these things. when you think about children, they are developing and don't have all those skills. if they are not being taught those skills at home and in school, they need to learn them somewhere to be able to manage these high stress situations. >> reporter: Washington and Oregon both have suicide rates well over the national average. land thanks the conversation in schools needs to go farther than just allowing kids to take the day off. she thinks we need resources in schools to help students. >> training staff I think is a good place to start, especially training staff on how to be sensitive to people who have been through trauma or who are going through depression or >> reporter: land says that for anxiety. students in the community struggling with mental health, being able to take a day could be beneficial to their success. some people have responded to the Oregon bills negatively saying kids will use it as an excuse to get a day off school. land says it should be relatively easy for school staff to look into whether or not a student has been actually diagnosed with a mental health condition so they can't abuse the day off. back to you.

KEZI (ABC)

Jul 24 • 5:05 PM

B_JUL_OREG_77

a teenager from our area is hoping to hit an upcoming fundraiser out of the park... and he's recruited the eugene emeralds to help him. kezi 9 news reporter evita garza shows us what he's doing.. and how you can play a part... just by taking in a game. "in a little more than two weeks....the stands will be filled here at pk park, where carson lydon and his non- profit will be raising money for suicide prevention. he tells me he's excited to get the word out to as many

people as possible." this is just one of the fundraisers lydon has organized for his non-profit...a world free of suicide. the organization aims to educate about the stigma around suicide and raise money for suicide prevention groups around the eugene area. since founding the organization in 2017... lydon and his group have raised over 25 thousand dollars with various fundraising events they've held. and they hope to keep expanding...and the upcoming ems game is a start. "my dreams and goals are really endless. I want to make it into a national non-profit, I want to be one of the biggest ones. I mean last year with our walk we raised the most money in the country, but I want to make hundreds and thousands of dollars." he told me tickets are almost sold out on their website....but they are working to get more available so they can get as many people at the event as possible. the game is on august 11th against the vancouver Canadians. there are still tickets available. just head to kezi dot com for more information.

KDRV (ABC)

B_JUL_OREG_78

Jul 24 • 5:05 PM

assisted suicide-ots a change in state law will allow certain terminally sick patients to get easier access to life-ending medications. doctors will now be able to make exceptions to the waiting period if the person is likely to die before completing them. people looking to take life-ending medication under Oregon's death with dignity act have to wait two-weeks. opponents say the change removes a safeguard in the law meant to prevent people from taking their lives without full consideration. one support says the change will alleviate the suffering for people with less than two weeks to live.

KIRO-SEA (CBS)

B_JUL_WASH_45

Jul 24 • 5:46 PM

one of the youngest people to undergo gender reassignment is sharing your story. 17-year-old Emily underwent the surgery last month. she was born a boy and knew from a young age that was not who she was. with the support of her parents she took hormone blockers and then estrogen to help develop her female body. >> for me it feels like I am finally fully complete. >> she is a pioneer because she is at the forefront of this new generation of adolescents who are realizing what they are much earlier in life and are able to transition. >> she is also aware of the high rate of attempted suicide of transgender teen's and that's part of the reason that the doctor considers operations like hers to be life-saving surgery. >>> tacoma city leaders have made changes to make things safer for transgender people. they would like to amend building codes to include the new signage.

KEPR (CBS)

B_JUL_WASH_46

Jul 24 • 6:03 PM

Students in Oregon can now take mental health days like six days. a new law passed in the state legislature. this comes as suicide rates are climbing in Oregon, especially among kids. according to the centers for disease control, in Oregon, suicide is the number two cause of death of

people ages 10 to 34. both Oregon and Washington have a suicide rate well above the national average. >> I think our children and schools need to be able to know that whether it is a physical ailment or mental health ailment they are treated similarly, and they are not treated differently just because it is a mental health issue. >>susan land, a behavioral health clinician in the tri- cities says she thinks it is a good idea and something that will further the conversation to keeping kids mentally healthy in school.

KTVL (CBS)

Jul 24 • 6:03 PM

B_JUL_OREG_79

a change to state law will allow certain terminally ill patients in Oregon more direct access to life ending medications under the state's assisted suicide law. Doctors making exceptions to the waiting periods if the patient is likely to die before completing them. they're subject to over a two-week waiting period designed to ensure patients are sure of their decision. opponents say the move removes a critical safeguard.

KOMO-SEA (ABC)

Jul 24 • 6:08 PM

B_JUL_WASH_47

people are stunned by security video that was just released and showing how violent the burglary at the mall really was. the man was caught, but not before he fired off shots at several stores. keith eldridge says people are asking why did it go to such extreme lengths? >> capturing the moment the burglars will shoot window of the shoe and apparel store to go if and grab as much he can. some of these items in the hundreds of dollars. >> and entering the business, gathering the staff, trying to identify which shoes he wants. >> watching this video for the first time. >> that is crazy. >> reporter: this is who they believe did it. who police say was arrested emerging from the mall with all the loot in hand. and he is wearing a suicide prevention side because of comments he made to jail staff about hurting himself. and because of that, he is on suicide watch up there in the pierce county jail right now. being monitored 24 hours a day. and this all started on Tuesday morning before the mall opened when the burglar is scene dropping down from the ceiling inside the store that was apparently not the intended target. when he couldn't get that door open, he shot out the window. and then off to the shoe store ever. and then to make the getaway, police say the man, he tried to bang the gun against the glass of macy's to get in. when that failed, he shot his way in and then had to shoot his way out, only to be caught by police. >> that is crazy. >> reporter: this couple in puyallup is trying to make sense of all of it. >> and got his way out of this and shot his way out to be caught by the cops. >> what is the point of that? 99% you will be caught by the cops. why would you do that? just why? >> that is a big question, why? >> exactly. >> in puyallup, keith eldridge, komo news.

AM 860
Jul 25 • 11:12 AM

B_JUL_OREG_80

i couldn't help but notice that steen had a mysterious suicide can't this morning and you know I know everyone associated with the clintons that may have been a dirt on the clintons has some kind of mysterious event happened to them and here is here for good and then you know this guy is a choke and I suppose we tried to commit suicide in jail right well I won't touch anything with regard to the room with to the clintons but I will I will say they have found the story very disturbing about I have no brief for this man just free up steam but in the that this would happen in the year 2019 in any american person either that he committed suicide or tried to commit suicide early on to him I believe was done to him but the fact that even believe it was done to him is group an indictment of the american prison system or people were beaten up people were tortured by other prisoners this is it this is as bad as some of these people are this is not this is not allowable this is too much bad stuff that goes on prisons including two with solitary confinement people say you never bridge the right-left get gulf know you can't but there are few issues in which right or left can agree and that is just yes he's lined up a society can be judged in part by its treatment of prisoners and in that sense I have to say we we can be proud the people but in all people just could be no rate in the amount of mail male rape in prison that's 3 I took this coal I do not understand why if you were not guilty wire you put in it in that orange prison guard when you go on trial what I don't understand that either member when the Frenchman.

KEZI (ABC)
Jul 25 • 11:28 AM

B_JUL_OREG_81

we have new information on changes to Oregon's assisted suicide law... after governor brown signed new legislation this week. the new legislation allows doctors to make exceptions to the waiting periods if the patient is likely to die before completing them. previously under the Oregon death with dignity act, patients had to wait more than two weeks... a period to confirm patients were sure of their decision. opponents say the new legislation removes an important safeguard. in this morning's fire watch... campfires are now banned at three Oregon campgrounds. all three are in the gorge... ainsworth -- memaloose -- and viento state parks. firefighters say it's a precautionary move. fire crews want campers to be able to turn off all flame sources at a moment's notice. you can use a propane barbecue to cook, but not charcoal. campfires are banned altogether. a park manager says high temps and strong winds have increased the risk of a human caused fire. 3:00 we already had two small fires in the gorge this year, so that went into the decision making as well. really, we don't ever want a campfire to start a fire and that's part of why we're precautionary. we don't want to be reactionary; we'd rather take the forethought of being prepared and being cautious. 18 the ban will be in effect until conditions get better. a 16-year-old teen from eugene is combining his love for baseball. and his love for friends and family... to raise money for suicide prevention. "i've been playing since I was born. when I picked up a baseball, I just fell in love with it." carson lydon is a junior at church hill high school. in 2017 lydon lost a childhood friend to suicide. and to help commemorate his friend, lydon created a non- profit organization called a world free of suicide.

the organization focuses on eliminating the stigma around suicide and fundraising for mental health organizations in the eugene area. they hope to keep expanding...and teaming up with the eugene emeralds is a start. "my dreams and goals are really endless. I want to make it into a national non-profit, I want to be one of the biggest ones. I mean last year with our walk we raised the most money in the country, but I want to make hundreds and thousands of dollars." on august 11th his non-profit will be partnering with the ems to host a suicide prevention night. all the proceeds from ticket sales will go to local mental health awareness groups. for more information on how to purchase tickets to the game -- go to our website -- kezi dot com.

KING-SEA (NBC)
Jul 25 • 11:39 AM

B_JUL_WASH_48

welcome back, comedian kristina kuzmic does not mince words when it comes to life in general. her videos are a huge hit and she has been praised as I it plus girl. >> accommodate her stops in Tacoma tomorrow night. what is in it plus girl? it makes me sweat every time I hear it. >> had one live up? it is too much pressure. >> tell me how you got into comedy. >> everything I do now is inspired by my past. I found myself newly divorced, single mom, two young kids, I couldn't even afford a bed. I completely felt like my kids deserve better than me and I had no self-words. and so now I really try to be there for thason even if their circumstances are completely different. if they are suffering, I want to bring some humor and show them they are not alone. >> how did you manage turning pain into comedy? how you make that turn is an arresting. >> it doesn't happen overnight. we humans want a quick fix. going from hating your life to loving your life takes years. I basically got to a point where I was suicidal. I had to decide i'm either going down that path or get super feisty and fight. I decided to fight and I am so glad. >> I am trying to imagine the first time you're on stage and using your energy to do something new. what was it like? >> is really therapeutic for me. >> a lot of people really love that stuff. >> I have my show tomorrow night and meeting people face- to-face, it's one thing to put a video out there but then to meet these people face to face and be able to hunt them and remind them how awesome they are has been the highlight of my career. >> the comedy and the blogging, we can see ourselves in it. you feel heard. maybe you're not going through it right now and maybe you are going through it now and it makes a difference to be seen and heard. >> exactly. we all struggle with, am I the only one? am I ungrateful? do I feel guilty all the time? no, you're not. it comes with parenting. we feel like where weird or there's something wrong with us. I try to remind you're not alone. we are all normal. everyone is a little weird. >> no matter what you are going through, someone else has started, lifted, quite a, and they have made it through, and so will you. >> I think humor gives us permission to do some things we might not do in a serious way. we have one of your videos that I want everyone to enjoy. >> my children have big fears in life. they are convinced that certain things might kill them. being the good bond that I am i'm going to do research to see if that's the case. one of my children but this container on the counter after finishing it instead of recycling it. i'm going to check of storing this away will hurt me. nope. I am good. putting a dirty dish that you personally dirtied up into the sink. here we go. >> just kidding. all good. >> I love it. my grown child and my husband still do that. I take pictures all the time of things that are near but not in the place they should be. >> there's another clip of the clothing next to the laundry basket. is that extra inch

that might actually send them to the er. >> the trash that is next to the trash can. they might pull a muscle doing it. >> you have three kids. how do you describe them? >> amazing and exhausting. the hardest part about my 16- year-old is that he's exactly like me. >> it can be really perilous to see yourself reflected back. >> i'm so excited to see what is going to do with his life. I think he will help people somehow. my middle child is by the book super patient, she is 14. my five-year-old thinks he is a rock star. I am pretty sure he is. >> there they are. how did they feel about being at the center of your comedy. >> I have role with my older kids. i'm not allowed to post a picture of them or talk specifics about them without their permission. I have video where I say all of my kids are mad at me. but I don't say specifically why they are mad at me. that would be breaching that. I try to respect their privacy. >> that's good. there are some boundaries. what is the best mom advice you've ever been given? >> to never feel guilty for taking time out for myself. it does not make me selfish, it makes me smart. my sanity is important and my children will benefit from me having more patience. >> if mom doesn't have it together, nobody has it together. thank you so much.

News Radio KEX
Jul 25 • 12:00 PM

B_JUL_OREG_82

Financier jeffrey epstein is on suicide watch he was found earlier this week unresponsive in his jail cell with marks on his neck that appeared to be self-inflicted just one week ago a judge refusing to let mc out on bail the mega millionaire offering to put his mansion two private jets as collateral for bond prosecutors made their case that ad seems lifestyle and wealth made him an extreme flight risk after investigators found locked safe piles of cash dozens of diamonds and expired foreign passport was epstein's picture but a different name.

KTVL (CBS)
Jul 25 • 12:02 PM

B_JUL_OREG_83

Jeffrey Epstein is back in his jail cell after a trip to the infirmary. Kenneth Craig is at the correctional center with the latest. >>> sources tell CBS news Jeffrey Epstein may have tried to kill himself in jail. he was found earlier this week on the floor of his cell crying and depressed. he was treated in his injuries do not appear to be life- threatening. he was already isolated on suicide watch and now investigators are checking internal cameras. authorities will also investigate whether another inmate may have attacked the 66-year-old or if Epstein have created the incident to get a transfer to another jail. Epstein was arrested earlier this month on conspiracy charges for abusing underage girls in 2002 through 2005. he pleaded not guilty but was denied bail because of his connections and wealth. Epstein's lawyers filed an appeal this week challenging the decision to keep him behind bars until his trial. he had offered to post bail in excess of \$100 million.

KGW-POR (NBC)
Jul 25 • 12:04 PM

B_JUL_OREG_84

a teenager in eugene is combining his love of baseball with a great cause that is also very personal for him. on august 11, 16-year-old carson leyden will partner with the eugene emeralds to host a suicide prevention night. all proceeds will benefit local mental health awareness groups. he says he took up the cause because two years ago he lost a childhood friend to suicide. he founded his own nonprofit called a world free of suicide to help him cope. it has already raised more than \$25,000. >> my dreams and goals are really like endless. I want to make it into a national nonprofit. I want to be one of the biggest ones. last year with our walk we raised the most money in the country, but I want to raise hundreds of thousands of dollars. >> he is an impressive young man. carson will be a junior at churchill high school in the fall. for more information about the awareness night and where to buy tickets, visit the web site a worldfreeofsuicide. org. and just a reminder, if you or somebody you know is struggling and needs help, there is always somebody to talk to. the number for the suicide prevention helpline is on your -- lifeline is on your screen and help is available 24 hours a day.

KOPB-FM (Radio)
Jul 25 • 12:20 PM

B_JUL_OREG_85

I'm Dave Miller this is I think out loud starting in September K-12 students an organ will be able to be excused from school for mental or behavioral health reasons the students pushed for the change want to get rid of the stigma that led to a profound differences in how physical and mental illnesses are handle proponents say this maybe the first state law of its kind anywhere in the country I'm joined now by one student who made this happen haley Hardcastle just graduate from sure high school she's going her first year at the University of Oregon in the fall Robin Henderson is a doctor of psychology and chief executive of behavioral health at Providence health great to have both of you on the show thank you think haley her Castle first read you some of your fellow students come up with this idea I differ essentially mental health days he had this idea started about a year ago at the Garden Association student Council summer camp we got about 30 to 40 stinson room and we just started brainstorming what we do about mental health problems if money or laws were any issue anything that you wanted and they came up with passing the loss of their students could take days off if they need to and why was that the topic to begin with and it all came together dozens of Oregon high school she wanted affect some kind of change why was the mental health was at the top of your list of things to do 12 months mean my peers this is something we talk about why even in casual conversations because it's just such a common problem nowadays there's not a single one of my peers that I know it hasn't been affected by mental health and pretty much every school organ every community has been touched by someone trying to or successfully committing suicide and I assume that's really scary thought so when they got together and that's how we decide to talk about because we wanted to do something about it how in your experience and people you talk to other people other districts other parts of state power mental health issues handle right now by a school zone well a lot of schools have access to counselors and may even afraid to a therapist outside her school but we have a long way to go and all appears that I've

talked to definitely agree with that I think we need a lot more funding and alomar resources currently some schools teach them to halt to teach how to take care of yourself mentally and health classes just like how they would with physical health them but not all schools do that said be great to see that tim can you describe the way Using this new law starting in September he will what how did she work in practice Yeah I would love to see the flaws teach young people how to take care of themselves Let's say somebody has severe depression disorder you know they're diagnosed by a doctor and it comes and goes and having a really tough week and if they realized they needed day off maybe their parents and you know they're struggling with depression but they're able to go to their parents and say I need a mental health day and whether their panties Super supportive or not they have the law on their side now to help them showed that this is something recognizable the state board and as a legitimate reason to slow down and give yourself how my young people in the same situation have been dealing with that in the past what would they do or say before work with the lucky ones to get good they can't say they needed a mental health day and their parents could lie to the schools say they have the flu or a headache and that as a reason why they're staying home and that is something we saw happening a lot before but now we can see people being honest with their schools and schools may be able to identify those States are struggling come Henderson has to but both Dr. psychology a therapist and chief executive of behavior of the Providence health why did you want to be a part of this effort we had started working in your organization still counsels a little over a year ago when they called in response to campaign we were doing home be well and they had a suicide at his school and they didn't know how to respond they needed resources we do know this partnership with them around issues related to mental health and suicide and started going to their conferences 0 summer camps a great idea we went there last year and worked with more than 400 students over two weeks around if we talk about them on social and we help with your schools and whatever we could do what would we do and basically crowdsourced a yearlong campaign called be well so now we have students all over Oregon who work to be well who are talking about mental health and school talking about helping us develop curriculum teachers and students commute is doing grassroots campaigns and really being part of this that's where we came because for us as the largest you really the largest beef hope writer in Oregon we need to get further upstream and upstream youth is in the schools I want to point out listeners at the National suicide Prevention lifeline it's a national network of local crisis centers provide free and confidential emotional support to people and was a crisis or emotional distress it's 24 hours a day 7 days a week their number is 102.3 8 to 5 5 of Henderson can you give us a sense for the extent of mental health problems that they use seeing now among school-age Oregonians how big an issue is this it's huge when you look at national statistics that one in 5 people struggle with mental illness we know that that population of kids especially between Mike 15 and 24 that's a mental illness really starts to foment and it starts to be something that you first expect assist first rate bipolar really begins to be identified you add that to the stressors better in school environment and the fact that this is where students are 6.8 hours a day and you're going to see higher than that 20% you're probably see more like 30 to 35% because it's such a concentrated population haley her Castle what are the stressors of the school environment and I'm 2019 Yeah I have school there's a lot of stressors but the most common ones are definitely things like and obviously tests homework but beyond that I think a lot of adults don't realize is just the pressure to get somewhere and life and things like college

are probably the biggest test from me personally because you need to have extracurriculars perfect grades in a perfect 8th and There's things like a 4.5 GPA exist Kiev say he scores now that two years ago and every student is striving to reach that ultimate goal of being the best friend and a great the best in class to get in to a good college a good job and so that worry for the future I would say is the largest stressor for students to some extent we're talking about here the heart of this is attacking stick so I mentioned beginning that this desire that as a society physical health problems between the same way as men off maybe pick up the other way amid a broader would between the same way with the same language it was the same level of concern but more than a billion actually openly talk about them will this necessarily lead to that this gives students the ability to take a mental health day legal lee but do you think they'll actually feel comfortable doing so I believe that eventually this will absolutely be to that from the point of view as a student as someone with mental health problems knowing that your school community and state pay your well-being on the same level as physical health just knowing that that's out there and not go on I think it makes things a lot more comfortable and I hope that it will make teachers and admin lot more comfortable talking about Hoffa the same way as well I think it gives us an opportunity for a conversation that's what this whole campaign is done when this went viral a couple of days ago this gave these students the opportunity to talk openly about mental health and that's the point now we have a conversation now when you call registry saying I have I have an anxiety attack and having a panic attack and I still can't come in today back is that register the ability to go to a counselor at the school and say Hey you know he had a panic attack what can we do to intervene and change the conditions within that school I'm glad you brought that up because I'm wondering what role you think schools play and as if if from for parents says Hey my way 7th grader isn't coming in because she has strep throat chances are and hopefully that parent will go to the doctor there will be some antibiotics and then in a day or two that signal will be back if that if a parent says my 7th graders not coming today because she has is having a panic attack what is the school's responsibility I think the schools get all of the school people that I've talked with welcome the opportunity for the conversation they welcome the opportunity to engage whether they've got counselors on site to do that or contracts or whatever we also know that that new school funding package just came in so think about partnering with a new 80 million \$ that came and that highlights social emotional well-being schools now we're gonna open a whole different conversation because schools are going to know there's a problem they know kids are struggling they know we and the students there before the school knows when kids are going to suicide or suicide has been completed we all think that when a suicide happens and I talked to a lot of school administrators who are like we can't talk about that because if we talk about it will happen again and that's just not true we brought together 130 school administrators counselors and students earlier this year to talk about you suicide what we can do to pull together suicide Prevention plans at the school level and it was fascinating the stigma that out there and the belief that still if you talk about it you don't like J.J. video what will happen with a student in in another school district they produced video the family it was beautiful they really had a statement said everybody struggling with something and school in the show because they were afraid that glorify suicide we have to have those conversations we have to realize and recognize that not talking about suicide is making it worse if you just see him talking right now with haley Hardcastle she just graduate from high school she will be going in her first year at University of

Oregon just a few months she was a student who pushed for a new law and order was signed by governor Kate Brown last month it will give students the ability to take days Off for mental or behavioral health reasons robert henderson is with us as well Dr psychology and chief executive of behavior health Providence health Haley Hardcastle as I know you know one of the critiques of this idea is that young people to take advantage of the system don't give them one more way to easily without some kind of obvious check like not looking at some uncertainty they really just an easy way to get out of school when they don't have some kind of mental or behavioral health for peace and what's your response to that particular critique through that I say that students are already skipping school and the students who are going to skip school when they don't really need to are always going to not always been a thing it's always going to but if this can help even one person who truly is struggling then it's all been worth it as well as in students are skipping school and line that bears physically ill and it's just diseases lying about mental health condition you know I can say I have the flu when I don't actually or I can say I have depression and I actually and I say that this is just another way that their equal and it bears potential for abuse whether it's this or mental health I want to run another sampling of responses but it is these came all from response to the economical ran on art and life just a couple days ago one person wrote what happens to these kids when they leave school and face the real world no doubt these kids are set up to fail another said another example of opposing grown-ups not able to tell the children not even exactly sure that means another said this is coddling afford throat next up Cookie's milk and a nap there were more than 5 under comments and the vast majority of them were I assume adult I'm not sure we're also seeing a variant of you're just treating kids you know to softly and and this is not to have them up for the harsh realities of the real world where you can't just take time off like this because you're having a hard time that was from hundreds and hundreds of comments how to respond to that basic idea well first of all the students have been pushing us have already seen a lot of those comments because we want people to know that we consider all sides this before we pushed into legislature we thought about what happens to her peers abuse it what happens if this is too much calling but in the end we decide mental health is more important not and arming response to those critics have been that you know they basically claiming not the real world except us because we care about ourselves because we care about taking care of ourselves but I love to see a society that doesn't make us work 110% of the time to be successful and I know that's the reality sometimes but adults need to know how to take care of themselves how to take a break as well and we're hoping that by teaching these young students how to take care of themselves when it's okay to take breaks you can be more productive when you come back we're hoping that battle raised a generation of adults who know how to do the same thing I'm curious about Henderson in those comments you seen him and maybe he's not the only options left between these two do some self-selecting disgruntled set of online commenters who were eager to tell you know somehow find something negative reaction to news things or do you see a real generational divide here where adults arm iron have to have some inability it seems to understand what young people today are going through I see that generational divide loud and clear I see stick rearing its ugly head I see denial that depressions thing I.C.E. people who still believe this actually happened during testimony where one senator looked at them and said you know he's got to pick yourself up by your bootstraps and seriously do we look at people who complete suicide were struggling with chronic suicide note said audience say we just you

pick yourself up by your bootstraps that stop with depression looks like That's not what things
 iay it looks like that's not what people living with mental illness are doing we have to get
 yourself to the point where we accept and understand and I do think it's a generational thing
 that mental illness is real it's not your head and it is as important as the physical health mind
 and body are connected by more than our nap so we feel good and we're taking care of herself
 he's point we're far more productive than we are we were struggling mightily an anxious and
 just flailing about I see our generation doing he had cast what was it like for you and your fellow
 students to testify and him to talk to lawmakers to block before this bill it was really daunting at
 first you know it's really easy as teenagers to feel like adults while lessons here as that happens
 sometimes but I'm once we got down to the capital we saw other teenagers very saw people
 who looks just like us trying to make changes while and Allah Super inspiring and then once
 they got into a room at a majority of legislatures could not have been more supportive and that
 really give us hope for the future and made the whole process flight easy and you know on
 some level what this bill does is it's not a Band-Aid but it it is not the solution either to mental
 health it it's a way for people who are already having problems to take one step back for a day
 or two to hopefully get some help what more do you want schools to do so that young people
 wouldn't even need to take those days in the first place I completely agree this isn't the final
 solution this is just a step in the right direction and I think the next step is more funding for
 mental health resources and education in schools and not only for students also parents said
 that way that generational divide can be lessened as we move forward what about you Robin
 Anderson mean what would you like schools to do specifically I like to see him really
 understand it they're the place for students are and we have to help them build out resources
 said that counselors they heard this is where health happens we're talking about mental health
 and well-being we're very comfortable in schools talking about everything from sexual health
 we can do that for years and look what we've done we've done a lot of good around that we
 now need to take those same principles and apply them to mental health and well-being of this
 generation who lives with the stressors of in your face social media every day he's been
 phenomenal to watch this happen and he's very brave students have been subject to a lot of
 very negative commentary and they're very resilient people but we have to help an entire
 generation develop skills that we as adults don't we as adults aren't skilled social media and our
 leading the way they live it we need to put that in our schools as well pay her tesla do you feel
 like you're actually have things you need to teach older Oregonians were older americans Yeah
 absolutely I don't think necessarily teaches the right word because there are no lie I just like to
 make them aware of what we're really going to the rally reality of it one example of that is
 social media a lot of times a lot of the commentary seen have pointed to social media as the
 source of mental health problems that is the end-all be-all and a lot of adults minds but that's
 not the truth a lot of mental health issues are triggered by traumatic event someone's life and
 give school stressors as we mentioned earlier and part of his social media the not even
 necessarily cyber bullying as many adults believe it's a comparison that happened on social
 media you know seen people were doing more looking better have more than you on social
 media so things like that I like adults to be aware of it seems your first foray into to come
 political action and lawmaking were very successful you do more of this I have 7 thks haley
 Hardcastle the Robin anderson thanks very much thank you so much Robin henderson is

director Dr. of psychology and chief executive of behavioral health Providence health Haley hard Council.

KOMO-AM (Radio)
Jul 25 • 12:35 PM

B_JUL_WASH_49

organs planned to offer students mental health days starting to resonate here in Washington Brian Albert to tell us that some mental health workers say it's long overdue Oregon's governor has signed it into law many missed next school year taking a day off class for mental health reasons is just is legit is taking the day off for a physical what we're dealing with a much different culture than we have even 20 years ago susan lyne PLA of Oregon's move is hoping the idea gets traction here as supervisor for behavioral health clinic she's seen her share of trouble kids in the Tri-Cities doing great things for our seeing how bad thing like coming I any impact children teens even more sobering number to cause of death among Washingtonians ages 10 to Before these suicide according to the CDC wine is hoping not only lawmakers here allow kids to take mental health days but the school will offer more mental health training they're developing they know how all those skills that they're not being Todd those skills at home and in school all they need to learn I'm somewhere to be able to manage these high stress situation

FM News 101 KXL
Jul 25 • 1:25 PM

B_JUL_OREG_86

Accused sex trafficker jeffrey Epstein is backing his jail cell after a trip to the infirmary the disgraced financier suffered minor injuries while apparently attempting to harm himself cbs's kenneth craig is that new york's metropolitan correctional center or 16 it's under suicide watch authorities will also investigate whether another inmate may have attacked the 66 year-old who work at the scene may have created the incident to get transferred to another jail at steve was arrested earlier this month on sex trafficking and conspiracy charges for allegedly sexually abusing underage girls from 2002 to 2005 he pleaded not guilty but was denied bail because of his overseas connections and extraordinary wealth.

News Radio KEX
Jul 25 • 8:00 PM

B_JUL_OREG_87

financier jeffrey epstein is were reportedly earns suicide upstate was found unresponsive in his manhattan jail cell with marks on his neck he was taken for medical evaluation and return to his cell at first in march were believed to have been self-inflicted and possibly indicative of attempted suicide now abc news has learned investigators are considering a range of possibilities including whether the teen tried to kill himself for make it look like it whether he was assaulted or whether f steam paid another in the to beat him up when steve was revived we're told he claimed not to remember what happened defense attorneys have not returned messages they're appealing a decision to deny steam bail.

KOPB-FM (Radio)
Jul 25 • 3:00 PM

B_JUL_OREG_88

For the first time this September K through 12 students an Oregon will be able to take a school sanctioned mental health day and thanks to a loss signed last month that aims to reduce the stigma around mental health and suicide president's health chief executive of behavioral health Robin Henderson and sure what high school graduate haley Hardcastle to the bill's proponents discussed a lot today on think out loud they're able to go to their hands and say I need a mental health day and whether their panties Super supportive or not they have the law on their side now helping show that this is something recognizable estate board and that was hard Castle she says the new rules will force schools to treat students physical health and mental health equal weight.

KOMO-SEA (ABC)
Jul 25 • 3:39 PM

B_JUL_WASH_50

Disgraced multimillionaire, jeffrey epstein, was found unresponsive in his prison cell. he is held without bail on sex trafficking charges. investigators believe he may have tried to kill himself while behind bars. jeffrey epstein is now on suicide watch, the disgraced millionaire found unresponsive in his cell earlier this week with marks on his neck that appeared to be self-inflicted. >> only by taking away the freedom of jeffrey epstein can we restore the freedom of these victims. >> reporter: the 66-year-old faces a potential sentence of potentially life in prison as he awaits trial on charges that include sex trafficking. >> crimes committed by affluent people who have lived a lavish lifestyle are much more traumatized in an institutional setting. people who have not been to prison before are sometimes a bigger risk to harm themselves. >> reporter: last week he was denied bail. prosecutors argued he was a risk of flight and a danger to the community. at his bail hearing he came face to face with some of his more than 30 alleged victims. >> if you are a victim of sexual abuse your voice should be heard. >> reporter: his attorneys filed a notice of appeal on tuesday. >> the prison will place them where he is under 24 surveillance by cameras and guards will physically check on him probably every hour or two. >> reporter: he was medically evaluated and according to a statement from the bureau of prisons he was returned to his cell where he remains right now.

KOMO-SEA (ABC)
Jul 25 • 4:06 PM

B_JUL_WASH_51

Accused jeffrey epstein is on suicide watch in a prison in new York, law enforcement officials believe he may have tried to kill himself, he was found unresponsive with marks on his neck that appear to be self-inflicted last week the judge denied bail, argue he is a flight risk and a danger to the community. >> crimes committed by affluent people who have lived a very lavish lifestyle, are much more traumatized in an institutional setting. people who have not been to prison before, sometimes are in bigger risk to harm themselves. >> Epstein was medically evaluated and taken back to his cell. he is pleaded not guilty to sex trafficking. his attorneys filed a notice of appeal on Tuesday.

KFXO (FOX)
Jul 25 • 4:10 PM

B_JUL_OREG_89

today governor kate brown signed a bill into law eliminating the wait period of terminally ill patients who choose the option of assisted suicide in Oregon current law requires a fifteen day waiting period the new law waives that if a patient is expected to live fifteen days or less Oregon became the first state in the nation to have a physician assisted suicide law in 19-97. since then about 15- hundred people have used it.

KATU-POR (ABC)
Jul 25 • 4:39 PM

B_JUL_OREG_90

disgraced millionaire Jeff Epstein has been placed on suicide watch after being found unresponsive in his cell this week. >> lincoln: authorities say he had marks on his neck that were originally thought to be self-inflicted. however, now they're investigating several possibilities, including whether he was assaulted or even paid another inmate to beat him up. the 66-year-old is facing a sentence of essentially life in prison as he awaits trial on charges that include sex trafficking. >> the prison is going to place him where he's under 24-hour surveillance. in other words, by cameras, guards will physically check on him probably every hour or two. >> lincoln: Epstein has been medically evaluated and according to a statement from the bureau of prisons, he was returned to his cell.

KOIN-POR (CBS)
Jul 25 • 4:48 PM

B_JUL_OREG_91

Emily: accused sex trafficker jeffrey epstein is back in his cell. jeff: he suffered injuries after allegedly trying to harm himself. reporter: sources tell cbs news jeffrey epstein may have tried to kill himself in jail. according to one source, he was found earlier this week on the floor of his cell, crying, semi-lucid and depressed. he is being held here at the correctional center. he was already isolated on suicide watch and now investigators will be looking at cameras as they try to figure out what happened. they will investigate whether another inmate may have attacked the man or if he created the incident to try to get a transfer to another jail. he pleaded not guilty but was denied bail because of his overseas connections and extraordinary wealth. his lawyers filed an appeal, challenging the decision to keep him behind bars. he had offered to post bail in excess of \$100 million. jeff: he did plead guilty to soliciting a minor in 2008. he avoided a potentially long sentence after a controversial plea deal that many criticized as being too lenient.

KTVL (CBS)
Jul 25 • 5:35 PM

B_JUL_OREG_92

cbs news has learned that jeffrey epstein is on suicide watch after being found on the floor of his cell at a new york city jail. the multi-millionaire is awaiting trial after his arrest earlier this month on sex trafficking charges. here's mola lenghi with new reporting tonight. >> reporter:

cbs news has learned jeffrey epstein is now under round-the-clock watch at the metropolitan correctional center after what appears to have been an attempted suicide. law enforcement sources say epstein was found lying on the floor of his jail cell earlier this week, semiconscious and crying with slight bruising around his neck. according to cbs news sources, it seems epstein's clothing was used in the apparent attempt. the 66-year-old was treated at the jail's infirmary for non-life-threatening injuries. epstein had been at the correctional facility in an isolated cell with 30-minute wellness checks since last thursday. the former hedge fund manager, who once called the world's rich and powerful his friends, was arrested on july 6, accused of sex trafficking and sexually abusing dozens of underage girls, as young as 14, from 2002 to 2005. >> we would prefer that jeffrey epstein stay alive and face justice, which he so richly deserves. >> reporter: lisa bloom represents several women who claimed epstein sexually abused them. >> prosecutors may very well argue that a suicide attempt indicates consciousness of guilt. why else would somebody want to take their own life, unless they had done some terrible things and were about to face justice for this. >> o'donnell: and mola is outside the jail tonight. what are your sources telling you tonight? >> reporter: well, norah, law enforcement sources are telling us that officials here at the correctional center are reviewing internal security cameras to try to figure out exactly what happened inside epstein's cell. meanwhile, a trial date has not yet been set in his sex trafficking case, but epstein, who has pleaded not guilty to all charges, is due back in court next wednesday.

KING-SEA (NBC)
Jul 25 • 6:05 PM

B_JUL_WASH_52

next tonight, jeffrey epstein the multimillionaire and accused sex trafficker was placed on suicide watch after he was found injured in a new york jail. stephanie gosk and the questions over what happened inside his cell >> reporter: jeffrey epstein was found on the floor of his cell semiconscious in a fetal position with marks around his neck. there are conflicting explanations from multiple law enforcement sources. one theory is that epstein tried to take his own life. another is that the 66-year-old faked a suicide to try to get transferred from this notorious jail in manhattan. but the possibility that epstein was attacked is also being considered. two people familiar with the incident tell nbc's new york station that epstein shared a cell with nick, a former police officer accused of murder. nick's lawyers say his client was questioned but is not a suspect. >> he did nothing wrong at all and he's not being investigated for doing anything wrong. he's not been accused of doing anything wrong. >> reporter: a judge denied epstein's bail after he pleaded not guilty to sex trafficking charges, leaving him locked up until trial, a sharp contrast to his luxury homes in new mexico, new york, and the caribbean. local zoning permits show epstein was expanding his compound from this island to a second one bought in 2016. these islands are public property, but jeffrey epstein made it clear the rest of this island is not. he's been doing construction here up until his arrest. we're told that this white shed was built only a few months ago. epstein may never be back. the rest of his life could be spent behind bars. stephanie gosk, nbc news.

KEZI (ABC)
Jul 25 • 6:35 PM

B_JUL_OREG_93

now to New York - where authorities are investigating why they found jeffrey Epstein unresponsive in his cell earlier this week. abc's maggie rulli has the latest jeffery Epstein has been put on suicide watch - the disgraced millionaire found unresponsive in his cell earlier this week with marks on his neck that were originally thought to be self-inflicted. now investigators are looking into a range of possibilities including whether epstien attempted suicide or made it look like he did, if he was assaulted, or if he paid another inmate to beat him up. the sixty-six-year-old is facing a sentence of essentially life in prison, as he awaits trial on charges that include sex trafficking garrett: crimes committed by affluent people who have lived a very lavish lifestyle are much more traumatized in an institutional setting. people who have not been to prison before sometimes are a bigger risk to harm themselves just last week - he was denied bail. prosecutors argued Epstein was both a "risk of flight" and a "danger to the community" at his bail hearing, Epstein came face to face with some of his more than 30 victims sot-courtney wild, alleged victim "if you are a victim of sexual abuse your voice should be heard. period. Epstein plead not guilty and his attorneys filed a notice of appeal on tuesday garrett: so the prison's going to place him where he's under 24 hour surveillance in other words by cameras, guards will physically check on him probably every hour or two on cam Epstein was medically evaluated and according to a statement from the bureau of prisons - he was returned to his cell, where he remains right now.

KGW-POR (NBC)
Jul 25 • 6:46 PM

B_JUL_OREG_94

a teenager and eugene is combining his love of baseball with a great cause, it's also very personal for him. on august 11, carson lighting will partner with the eugene emeralds to host a suicide prevention night. all proceeds benefit local mental health awareness groups. carson took up the cause because two years ago he lost a childhood friend to suicide. he founded his own non-profit called a world free of suici to help him cope. this raised more than \$25,000 through fundraisers. >> my dreams and goals are endless, I want to make them into a national non-profit and be one of the biggest ones. last year with our walk we raise the most money in the country but I want to raise hundreds of thousands of dollars, soon. >> for more information about awareness night and where to buy tickets visit the website, a world free of suicide.org. >>> a reminder if someone you know is struggling or needs help there's always someone to talk to. the suicide prevention lifeline number is on your screen and help is available 24 hours per day. >

KIRO-AM (Radio)
Jul 25 • 8:07 PM

B_JUL_WASH_53

first I want to talk about jeffrey epstein last night this time it o'clock we talked about jeffrey of these kind of a little bit of an update on that if he had heard in jimmy abstain was found injured on the floor of his sale last night this happened it was last night it weighs Here's the deal right

now this is what they've been saying according to a source they are saying it is not clear whether his injuries were self-inflicted but that ep Steyn was put on suicide watch at the Correctional facility as a precautionary measure and his injuries are life threatening so night now law enforcement sources they say everything was found lying on the floor for sale of semi-conscious despondent crime with slight bruising around his neck and account looks like a fairly that the clothes we used to do this mace and not Here's my take on this I'm keep it very simple if he commits suicide which I'm quite sure are there some that don't want him to commit suicide but I think there are a lot of power full people that what jeffrey esteem for him to go night for good because you want to talk about somebody that had know where the bodies are buried he's the guy he is the guy mother what about clinton but what about everybody Yeah this they just bill Clinton known this it dropped this is Yeah everybody somebody some I read that somebody close said Jeffrey Epstein said one time that you know a lot of people collect a lot of different things and esteemed collected powerful people that he just that was his thing and he put them in a lot of situations that are black male bull etc so Yeah it's do sometimes talk to you a bit we don't do a good job is because go down rabbit holes but sometimes we talk about the news man I guess to get so many conversation the rabbit hole we go down before we get to the next piece of news me ask you this and you think you would be grounded it me here in Minnesota Money in the laws don't apply to if you had unlimited the body you right like I'm I listen I am not condoning anything jeffrey epstein is done yet this isn't an excuse this no but this is moot trying to just like sit back and think of all the powerful people that have been able to continue to just live a lawless and do what they want how they want I mean this man not only was he had unlimited money but there's no law that applied to them if you try to apply the law to them you have a choice you can either die whom or you can take this payoff threat both your choices this Yeah I don't I don't think that money and power make you know start like a pedophile rings or anything that's way out there but if I had a if I if I hate losing his situation financially there are I'm sure there are some rules that I follow now all that I've wouldn't need to follow at that point makes people crazy I am crazy it but I don't think it this is my prediction I don't think he ever one testified he'll either I think he's e's either going to be successful in doing it to himself or somebody else get him out or he just says I'm not saying nothing because he has or way too much information.

AM 860
Jul 25 • 11:05 PM

B_JUL_OREG_95

jeffrey epstein is now on suicide watch out for used down with neck injuries in jail is of course sense clinton bobby council trending on twitter because that's always how this wasn't somebody close to the clintons dies everybody on the right immediately assumes the clintons it because everyone is a little crazy in any case the new york post reports convicted pedophile jeffrey epstein has been placed on suicide watch after being found sprawled out an injured in his federal jail cell law enforcement sources said thursday at he was nearly unconscious in his cell tuesday manhattan's metropolitan correctional center with injuries to his neck is being held at the jail without bail pending trial on child sex trafficking charges was rushed to a nearby hospital by thursday hughes back after jail and on suicide watch according to sources investigators say that they don't think that this is him being attacked they instead think he may

injure himself on purpose or a place he get transferred out of jail because he doesn't like the conditions over there of course he's facing up to 45 years in prison we will look for more information as it comes out but so far all we know is jeffrey epstein is one of world's worst human beings and because you know he's one of the world's worst human beings it is highly doubtful that he was actually attempting to commit suicide and given the conditions of the jail it's pretty doubtful that somebody tried to injure him well he was in jail he is one of the most highly publicized people in american public life at this point.

KXLY (ABC)

Jul 25 • 11:21 PM

B_JUL_WASH_54

welcome back to nightside... jeffrey epstein-- the billionaire accused of sex trafficking minors-- is on suicide watch in tonight. the 66-year -old was found unresponsive on the floor of his cell... he was taken to a hospital for evaluation. but is back behind bars tonight. it's unclear if those injuries were self-inflicted... or if he was assaulted by another inmate. ABC news investigators are even looking into whether he paid someone to beat him up. Epstein is accused of exploiting and abusing dozens of minor girls some as young as 14. just last week a judge rejected his request for bail.

News Radio KEX

Jul 26 • 6:00 AM

B_JUL_OREG_96

convicted sex offender jeffrey epstein designs suicide watch after is found on the floor of his cell apparent injury to his neck mike hour reports that steve was found blue in the face nearly unconscious and in the fetal position on the floor of his cell the metropolitan correctional center authorities are investigating the cause of injury epstein who is awaiting trial on sex trafficking charges investigations include the possibility the xt tried to hang himself investigators believe that he may have done it to himself on purpose possibly as a ploy to get transferred out of jail or to retain extra security firms sell the suicide watch for by the edge he was attacked by another inmate the incident has others pointing out that stings powerful collection of friends could make him one of the world's most dangerous.

KOPB-FM (Radio)

Jul 26 • 6:30 AM

B_JUL_OREG_97

this September for the first time K-12 students in Oregon will be able to take a school sanctioned mental health day and it's thanks to a law signed last month aimed at reducing around mental health and suicide Providence health chief executive behavior health Robert Anderson insurer with high school graduate healy Hardcastle to the Bill's opponents discussed along OPIS think about chart Castle they're able to go to their hands and say I need a mental health day and whether their panties Super supportive or not they have the law on their side now to help show that this is something that has been a state organ Hardcastle says a new rule for schools treat students as of Health and Mental Health equaling your Department human services is looking to hire more than 300 people beating he hopes a new hires will improve

safety organs child welfare system pence's message played with problems which has resulted in children being harmed your legislature approve funding for these positions during a 2019 legislative session.

KAPP (ABC)

Jul 26 • 6:35 AM

B_JUL_WASH_55

a family in mourning will get to stay together for now -- after an immigrant father was granted an extension to stay in the u-s. his daughter died this month after trying to kill herself. four years ago, manuel gamez sent his daughter, heydi, to the u-s with his sister ... to get away from violence in honduras. the girl was granted asylum. gamez tried several times to cross the u-s-mexico border to join her... but he was detained each time -- most recently on june first. 13-year-old heydi was despondent about being separated from her dad... and in early july, she hung herself. heydi was declared brain dead at the hospital.

News Radio KEX

Jul 26 • 6:38 AM

B_JUL_OREG_98

in Manhattan the financier jeffrey epstein is back in his new york jail cell he had admitted sex are off of underage girl the anyone convicted in and they've been hot springs wasn't much of a jail situations we found a french citizen admitted curve but anyway marsh go ahead anyway back in jail after in the hospital for a little while this week he was found on the floor of his cell in 70 countries state in the fetal position with marks on his neck and investigators say they still not figured out what happened do with speculation ranging from a suicide attempt to a possible assault and conspiracy theories are indeed getting involved in this one pointing to hillary clinton but somebody's keep this quiet person he's if he is he is unconscious entire time they might have to talk why aren't they telling us there and we got this note from a frequent critic of win yeah good morning so today you act italy accused hillary clinton of trying to kill of steam in this cell phone no old really that was me tongue those said with the tongue dipped in mirth with so like trump you drop an accusation with nothing to back up and just leave that they're hoping will stick that's right call some of his supporters deplorable.

KTVZ (NBC)

Jul 26 • 8:03 AM

B_JUL_OREG_99

accused sex trafficker jeffrey epstein remained on suicide watch overnight at a Manhattan jail investigators are injured and nearly unconscious this weetrying to figure out how he ended up with the very latestk. nbc's Stephanie gosk joins us good morning you know, Jeffrey Epstein was >> good morning. according to the bureau never taken to a hospital oft provide prisons, which didn't his condition or what actually any further information about the 66-year-old. happened to was it a ploy to get transferred out suicide attempt, a another of the jail or was he attacked by inmate nick tartaglione shares a cell th the case. with epstein, according to two people familiar wione's lawyer says his tartagli client didn't attack epstein and his name was leaked to the press by law enforcement officers who don't like his client. he went on to describe grim he c

conditions at the jailt-infested. Epstein could belaims that cells are inse while. a judge de there for aay, ifnied his bail, and a trial could be months aw not years.

KOMO-AM (Radio)
Jul 26 • 8:18 AM

B_JUL_WASH_56

It's still unclear whether the injuries suffered by a multi-millionaire who is in jail facing sex trafficking charges were the suicide attempt during assault investigation is now underway to determine just what happened inside a New York City jail cell let Jeffrey Epstein unconscious with marks on his neck investigators initially thought the wounds were self-inflicted believing he might try to take his own life but after this 66 year-old was revived he told authorities he could remember what happened and a fellow inmate Niklas start hadley own told investigators he didn't know either because the headphones gone but a lawyer for hard tag leon wright former police officer his murder Mark Johnson a different story our for Nick knows what happened more Dr. talk about my purpose is to say definitively that had nothing at all to do with hurting anybody in the facility in particular structure AP's sources telling ABC news the Bureau of prisons is now trying to determine if that scene was assaulted by another inmate or paid someone to beat them up have seen these accused of exploiting abusing dozens of mire girls some just 14 years old he's pleaded not guilty to federal charges of sex trafficking and conspiracy.

KOMO-SEA (ABC)
Jul 26 • 11:33 AM

B_JUL_WASH_57

jeffrey epstein facing charges. epstein is now on suicide watch after being found with injuries to his neck. lindsey davis brings us the story. >> reporter: mega millionaire, jeffrey epstein, is reportedly on suicide watch. investigators have yet to determine how he ended up unresponsive inside his jail cell inside the correctional facility behind me and for his part, epstein says he doesn't remember. release 11 years ago. this latest investigation comes after an accusation was made that while he was on work release epstein had at least one woman come to his office for a sexual purpose. in the meantime epstein's lawyer is now appealing the judge's no bail ruling no word just that linsey davis york.time/initial: york. abc news that investigation is underway to determine what happened. investigators initially thought the wounds were self-inflicted believing he might have tried to take his life but after the 66-year-old was revived, he told authorities that he could not remember what happened and a fellow inmate told investigators he didn't know either because he had headphones on but a lawyer told with johnson a different story telling him his client knows what happened. sources tell abc news that the bureau of prisons is trying to determine if epstein was assaulted by another inmate or paid someone to beat him up. he is accused of exploiting and young girls as young as 14 years old. he has pled not guilty. last week, a judge rejected his request for bail and just this week, palm beach county launched a criminal investigation to determine if any of its sheriff's deputies failed to properly monitor epstein while he was on work release 11 years ago. his latest investigation comes after an accusation was made and while he was on work release, he had at

least one woman come to his office for a sexual purpose. in the meantime, epstein's lawyer is appealing the nobel ruling. no word on when a decision will be made on that.

KDRV (ABC)

Jul 26 • 11:34 AM

B_JUL_OREG_100

convicted sex offender jeffrey epstein who is facing charges of sex trafficking...is now on suicide watch. this is after being found with injuries to his neck. linsey davis has more. mega millionaire jeffrey epstein is now reportedly on suicide watch investigators still have yet to determine just how he ended up unresponsive inside his jail cell inside a correctional facility behind me. for his part epstein says he doesn't remember. was it a suicide attempt or an assault? that investigation is now under way to determine just what happened. investigators initially thought the wounds were self-inflicted believing that he might have tried to take his own life. but after the 66 year old was revived he told authorities he couldn't remember what happened and a different story telling him his client knows what another inmate or paid someone to beat him up. epstein is accused of exploiting and abusing dozens of minor girls some as young as 14 years old. he has pleaded not guilty to federal charges of sex trafficking and conspiracy. last week a judge rejected his request for bail. and just this week palm beach county launched a criminal investigation to determine if any of its sheriff deputies failed to properly monitor epstein while he was on work release 11 years ago.

KMVU (FOX)

Jul 26 • 10:00 PM

B_JUL_OREG_101

a search in two states is happening right now for a missing 2-year-old boy from medford. right now medford police are asking for your help locating aiden salcido. he was last seen with his parents at the beginning of june, when south walmart security cameras filmed him, along with his mother hannah janiak and father daniel salcido. just today janiak and salcido were identified in an apparent murder/suicide in montana. medford police say the two were facing criminal proceedings in jackson county for a 2018 burglary... thursday, the two led kalispell montana police on a pursuit. spike strips were used to stop the car. when officers approached... they say janiak was found dead from a gun shot wound to the head... salcido from an apparent self-inflicted gunshot wound. there was no sign of aiden. at this point, all scenarios are on the table. obviously we hope that.. she cared enough for aiden that we hope she ended up dropping him off with either family up in the northwest or some kind of foster care set up. police say the couple frequently lived along the greenway... the latest tips lead them to believe they headed through northern Oregon before traveling to montana. this is a multi-state search... the fbi is also involved. if you have any information that could aid police - call 541-774-2258.

KPTV-POR (FOX)
Jul 26 • 10:04 PM

B_JUL_OREG_102

medford police and the fbi need your help finding a missing 2-year-old boy. that is eight salcido daniel and hannah died in a murder suicide in montana. yesterday police say the couple led to them on a chase in montana and when they finally stopped they were dead in they believe salcido shot the woman then himself but their son aiden was not found. there is no evidence he was ever in the suv. in june this couple was spotted with eating at walmart in a center drive in medford. they were buying camping gear. that is a picture of aiden. if you have any called police. >>> officer say amy tovar had been staying in bend and is believed to have traveled to portland. officers believe she met someone at a portland good then went to a motel or hotel room. police say she needs certain medication. if you see her or have heard from her call the county nonemergency line.

KPTV-POR (FOX)
Jul 26 • 11:04 PM

B_JUL_OREG_103

police and the fbi need your help finding a missing 2 -year-old boy. his parents -- the parents of aidan salcido died in a murder suicide in montana. the couple was involved in a burglary last year. yesterday police in the couple led them on a chase in montana and when they finally stopped they were dead in their suv. their son aiden was not found. there is no evidence he was ever in the suv. police say earlier in june the couple was spotted with aiden at the walmart on center drive in medford buying camping gear. here is a picture of aiden. if you have any idea where he could be.

KDRV (ABC)
Jul 26 • 11:05 PM

B_JUL_OREG_104

medford police need you help locating a two year old boy. his parents are both dead in what police say is likely a murder suicide. take a look at these pictures. the missing boy is aiden castiel salcido. his parents daniel salcido and hannah janiak were reported missing in medford in june of this year. his mother was scheduled to start a jail sentence on the day they were reported missing. both the mother and father were found dead in an apparent murder suicide in montana yesterday. police say there was no evidence that aiden was in the car where his parents were found. scott clauson, acting chief for medford police says, "obviously we hope that she cared enough for aiden that we hope that she ended up dropping him off with either family in the northwest or some kind of foster care setup." the f-b-i is helping with this investigation. if you have any information call the number on your screen. investigators are very concerned for aiden's welfare.

KMTR (NBC)
Jul 27 • 11:12 PM

B_JUL_OREG_105

reporter: a former school counselor and suicide prevention specialist says access to services is crucial. in healthy teens, public health survey shows 5% of teens in lane county already missing school due to mental health needs. >> but we do within the county, there are a lot of rural areas. there's areas where access to the services that are needed, it's just typical. >> reporter: lack of services combined with anxiety, depression, and a variety of other factors can contribute to suicidal thoughts. according to a recent survey, the suicide rate in lane county is 40% higher than the national average. >> if I want to take a mental health day, they talk with me with what they want. they would not be thrilled if I took a mental health day. >> reporter: she says this bill allows kids to prioritize their needs. >> I don't have the support they need to deal with it, this is the first step. >> reporter: the first step in a long journey for kids here in lane county.

KOPB-FM (Radio)
Jul 27 • 6:21 AM

B_JUL_OREG_106

people can live longer but lose a lot of everyday abilities which can frustrate and depression the elderly the then lose people close to the children who grow up and move around the country spouses and civilians who died friends began to fade and us my friend who died as a recent about Simon chief at the in deep snow there what was it well you know say you lose in each when they die and cancer and all kinds of things that's one of the most difficult things and here we should say that part of this story will be hard to hear because it's about this sobering statistic people 65 years of age and older now account for nearly a 5th of all suicides in this country and older people who attempt suicide are much more likely to die I think you begin to question your value you begin to question your purpose Dr harry reid is a senior vice president of the Education development center in Washington D.C. where he works to prevent suicides among the elderly if you start to feel like you don't belong and your burden and you have access to lethal means whether it's medication whether it's a file or whatever and you don't think there's hope resolution in the future those dynamics can contribute to use starting to think about maybe the world would be better off without me many experts cite many reasons why this may be true but often begin by saying a lot of elderly people no longer feel useful I think we have a culture of when you work you have value and when you no longer work we kind of dismiss you Dr. Julie record founded the suicide Prevention coalition of North central Washington state in 2012 following a rash of suicides nearby the thing I get asked often is you know why do we care right I think you know people say they're going to die anyway they're seniors him isn't that part of being older and and so people feel about and seniors feel accent I know that part of the struggle that my mom is how is the loss of identity ducky record brought her mother Sherry Adler or energy 72 has suffered two strokes and says older people with frailties can in her words I think in their houses it sometimes I eat in afraid to drive and sometimes I'm afraid to go go anywhere because I'm afraid I'm going to fall I hurt myself really bad one eye for so it kind of leaves me in the House and it's sad you get a lower rate is me that's why I had though like to run Marit impact on the people off because nobody else was cut to me Emily us a mental illness said something but if they liked it or not hurtful and personal

sharing app or his a few months ago during a holiday family loves him dinner a member of their fan I understand this struggle which but I think fit it it was just more than I could handle from a and I just made a stupid mistake like I guess so I just wanted to give up because I felt like I wasn't a good mom and that's all I ever wanted to be I gotta ask you what a stupid mistake was fish trying to cure myself yeah that was a tough call I received dr record is on her way home at the time her mother had driven her to the airport and had changed planes on our way back to Washington state and so during that lead over she called said I just want to say goodbye I love you and I just appreciate everything you've ever done and normally I would think that's a sign of suicide but it was during my lead over so I just left her and my whole life she had always cried when I laugh then Dan and I would always say I love you too and but this time I'm sorry there was a body us it was very painful for both jillian I it's one of those things where I question myself because of my work thank you and I'm preventing suicide with everybody but not my mom but it wasn't her fault it's not like I told her if anything and they didn't tell her anything because I didn't even know that things got so bad that I was just not on area have got the professional help including medication and says she's no longer so despondent she thinks she might move closer to her daughter Washington state factor record says her own mother's suicide attempt remind der many elderly people find it hard to seek help their often parents and grandparents who see no loss of life they feel they should be the ones to offer help what he had always been the one to do it she's always been strong on right I mean my mom was the Warriors ass in my life and so now we're also were first parenting cherries my kids alone hands fade I've just always been there for all my children and now all it's the other way around it's hard young woman named amanda Wash often stopped by to visit and that best for finger and new yorker part what have you been up to today Yeah well I wouldn't call it to exciting part of it was at in the morning I went to see the doctor to see how it's progressing it wasn't city's volunteer with a local group called who wrote back he groomed for generations that provides services to elderly people the two women think of their visits is a friendship between generations the number of elderly people of the United States growers and their challenges multiply simple human contact can remind them of the gift of life and that special finger told us it's really good to be a knife it's me I could to smell of flower or like to see things we can do much to see the sun set to hit the voice of somebody you love of off all the things that you they make good day its special

KXLY (ABC)

Jul 27 • 5:05 PM

B_JUL_WASH_58

the search continues for a missing two-year old boy whose parents were found dead. two-year-old aiden salcido was last seen at the beginning of june. his parents were reported missing last month when his mother failed to show up for a sentencing hearing on a burglary conviction. police in montana attempted to pull over their vehicle wednesday -- but the couple fled and led officers on a pursuit. officers spiked the vehicles tires... and by the time they reached the disabled vehicle, the boy's mother was dead from a gunshot wound to the head. the father was also dead from an apparent self-inflicted gunshot that authorities believe was the murder-suicide.

KDRV (ABC)
Jul 27 • 5:18 PM

B_JUL_OREG_107

medford police need your help locating a two-year boy who is missing. we first brought you this story as missing. we first brought medford police need your help locating a two-year boy who is missing. we first brought medford police need your help locating a two year boy who is missing. we first brought you this story as breaking news on newswatch 12 at 5 last night his parents are both dead in what police say is likely a murder suicide. right now detectives from medford police are in montana assisting with the investigation. take a look at these pictures. the missing boy is aiden salcido. his parents daniel salcido and hannah jan-e-ak were reported missing in medford in june of thear. his mother was scheduled to start a jail sentence on the day they were reported missing. both the mother and father were found dead in an apparent murder suicide in montana yesterday. police say there was no evidence that aiden was in the car where his parents were found. scott clauson, acting chief for medford police says, "obviously we hope that she cared enough for aiden that we hope that she ended up dropping him off with either family in the northwest or some kind of foster care setup." the f-b-i is helping with this investigation. if you have any information call the number on your screen. investigators are very concerned for aiden's welfare. if you do have any information call that number on your screen. 541-774-2250.

KIRO-AM (Radio)
Jul 27 • 7:35 PM

B_JUL_WASH_59

New York authorities are investigating exactly how a multimillionaire financier Jeffrey Epstein was injured in jail as he awaits his trial on sex trafficking charges in New York sources tells CBS news financier Jeffrey Epstein may have tried to kill himself in jail according to one source he was found earlier this week on the floor of his cell crying semi lucid and depressed he was treated in the infirmary and his injuries do not appear to be life threatening at steve is being held here at new York's Metropolitan correctional Center he was already isolated on suicide watch and now investigators are going to be looking at internal cameras as they try to figure out what happened authorities will also investigate whether another inmate may have attacked the 66 year-old work at the scene may have created the incident to get transferred to another jail Epstein was arrested earlier this month for allegedly sexually abusing underage girls from 2002 to 2005 he pleaded not guilty but was denied bail because of his overseas connections and extraordinary wealth Kenneth greg CBS news new York.

KOMO-AM (Radio)
Jul 28 • 12:00 PM

B_JUL_WASH_60

Right now the fbi is helping Oregon police search for a missing toddler whose parents were found dead two-year-old aid sell seed has been seen since the beginning of June on Wednesday Montana police found the boy's parents dead in their vehicle after leading officers on a Chase investigators believe that the deaths were the result of a murder-suicide officers found no evidence the toddler had been in the car.

KGMI News/Talk 790 (Radio)
Jul 28 • 12:00 PM

B_JUL_WASH_61

neighborhood gathering was the scene of a mass shooting in brooklyn new york 12 people were shot last night a 38 year-old man was killed this man witnessed the shooting but hopefully all the see all people would have cut and run that way you know quarts stagnant and the little kids screaming no one has been arrested a new york city police officer committed suicide this weekend the death marks the 5th suicide of department officer this summer this is cbs news.

AM 860
Jul 28 • 2:22 PM

B_JUL_OREG_108

I would've done the same thing now it's on me because he's engaging me he's one of influence of alcohol very emotional as most people out there he's going with his mood up and down up and down and i'm going with them and it doesn't it's not going very well i'm not able to connect with him that well he's not giving much information and keeps looking down that much commander you know what this isn't going very well this this make a bed my one step back and casey goes he's not on stay right here okay so I keep going and we found out we are what we call cooks things like connect with him with that family where that something sports we can connect with we found out about his family and continue with that how would your family feel you think with you've gone and we expanded on that it was going well and also he just turns around hold on the table looks at the water start doing this heavy breathing and for me that's a big indication that he's going to go so I had heard of a technique and one time he really tried this is during this type of situation so I did this they its to snap a map of that sequence of what he's doing whether the county heavy breathing and work and work well and I turned around he was angry at me for doing that but we're connected with us hey brother i'm here for you I want to see anything so we talked about this for a kept going about the family kept focusing on that he decided okay you listened i'm going to come back over so he did on his own fantastic fantastic we've got some help taken to hospital and that's not a movie that he's involved in that's real life and he's got to figure out how to make a connection we've noticed he used the word listen and he did it because you can connect somebody if you don't listen to the cake when these things with a plan because everybody's different and how common is what he's like it's just he's just already you know he's got that just perfect demeanor to figure out how to do that my goodness he's not in a rush here's kevin telling the story of another encounter with the would-be jumper coincidentally this man was named kevin to do there again on the golden gate

bridge I received a call a man over the rail respond with my motorcycle alongside walk down there I saw him on the sidewalk when he saw me push right over the rail I thought he was gone around the two towers the bridge it's just a small pipe Kevin stood on that small pipe for 90 minutes during the 90 minutes my knees were heard like hell because I was kneeling down talking to him so he could look down on me it's like a power him that's what this is all about for most of this except for 5 minutes I listened Kevin spewed things out I was crying his birth mother had abandoned him his depression all these things school being bullied all these things had taken a toll on him and nobody had listened I see it varies listen but actually it's really not if you're given their full attention and you're hearing what's going on and that your own agenda and trying to think okay how about top that story what can I do what's the response going to be if we can just take this and listen it's very difficult to do we're not talk to listen we're taught to read write and do math all these things we're not talk to listen how we do things when we're up on that bridge we use active listening skills open-ended questions paraphrasing summaries I messages to connect with these folks high emotions people low rational thought so we try to stretch that time not as long as we can follow just walk up and say about what he done for one the uniform scares people it does I know that we walk slow we approach slow I asked their permission come up and speak with them I'm empowered them as much as I can whatever cooks but I can get family friends sports where ever it is we'll go with that and we'll talk about that we expand on that we expand that time to allow the rational thought come back up and this is basically how it works this is what we do some damaging phrases that we do not use call down really gets people angry when you say that more you shouldn't you should they don't like that either nobody likes hearing that you should do this you should do that doesn't work it had you tried this works much better have you tried this why am places blame makes me very angry makes us saying why did you do that why you hear you I didn't understand what's going on and I understand my favorite do we really million do I understand when he's over that rail know I may have depression but it doesn't go to that level I don't understand but so far I understand you correctly if I hear you correctly and tell you how they feel and we can correct that very very important Kevin did come back over that room that day after that 90 minutes we were invited to New York City recommendation for suicide prevention eons he spoke there and actively speaks not to people about what happened during his life how to get to that level he didn't know how to get to the bridge she doesn't remember even drive into the bridge that day but he got there he was a rail it wasn't I saved him I say nobody nobody not one person and they've been a conduit for these people come back over the rail this them doing it they're the ones to make that decision it's easy to let go and for very easy it's much harder to come back with real he said those same problems when he came back over there they're not going away but he faced those pulled of his boot straps went head-on on the east has issues we all do but he's here and he's doing really well and that's Kevin Briggs a retired California highway patrol officer whose help prevent over 200 suicides and by the way you can learn more about Kevin Briggs from his book the guardian of the golden gate protecting the line between hope and despair go to his website.

KDRV (ABC)
Jul 28 • 5:00 PM

B_JUL_OREG_109

Developing tonight... we're learning the medford police department believes they found the body of two-year-old aiden salcido. thanks for joining us. i'm cassidy delamarter. we first told you about this story on newswatch12 at 5 on Friday... aiden's parents were both found dead on Thursday in what police say is likely a murder suicide. the parents, daniel salcido and hannah jan-e-ak were reported missing in medford in june of this year. his mother was scheduled to start a jail sentence on the day they were reported missing. their bodies were found in montana. and today, police located aiden in a remote area of montana. positive identification has not been made, but police say the body was found in the same area of the parents. an autopsy is being conducted next week in montana to confirm the cause of death.

KPTV-POR (FOX)
Jul 28 • 5:00 PM

B_JUL_OREG_110

first up tonight, a heart-breaking discovery and a search for a missing toddler. detectives believe they have found the body of a two-year-old boy after his parents were running from police died in what looks like a murder-suicide. there was a widespread search for aiden salcido after his parents hannah janiak and daniel salcido of Oregon were found dead in the suv. the couple was discovered in montana after a police pursuit last week. but officers say there was no sign of their son. after a widespread search, police say a little boy's body was discovered today at a campsite in montana, and while the medical examiner has not confirmed the identity, they do believe it is two-year-old aiden salcido. we'll of course keep you updated on this developing story.

KHQ (NBC)
Jul 28 • 5:00 PM

B_JUL_WASH_62

sheriff's deputies out of Lincoln county Montana say they have recovered the body of a toddler... joins us now in khq's adam mayer studio with the latest in the investigation and whether the boy could be tied to a missing persons case... adam? sydney... we received a press release from the lincoln county sheriff's office just hours before we come on air tonight... detailing the investigating into a body found in the west fisher creek area.. around 30 miles south of libby, montana. the lincoln county sheriff's office said they came upon the body after receiving several calls from concerns citizens who saw the vehicle matching the description of the one involved in the apparent murder suicide in kalispell back on july 24th and the search for missing 2-year-old aiden salcido in the west fisher creek area. they say the occupants appeared to be camping out in the area. canine teams were called into search the remains of an abandoned campsite Saturday that's when July 27th... and deputies say they found the body of an unidentified toddler. the Lincoln county sheriff's office said they came upon the body after receiving several calls from concerns citizens who saw the vehicle matching the description of the one involved in the apparent murder suicide in kalispell back on july 24th and the search for mng-year-old Aiden salcido in the west fisher creek area. they say the occupants appeared to

be camping out in the area. canine teams were search the called into remains of an abandoned campsite Saturday July 27th... and that's when deputies say they found the body of an unidentified toddler. abandoned campsite Saturday July 27th... and that's when deputies say they found the body of an unidentified toddler.

KXLY (ABC)

Jul 28 • 5:05 PM

B_JUL_WASH_63

a tragic update today. in the search for a two-year-old boy in Montana. his parents-- Daniel salcido and hannah janiak-- were wanted out of Medford, Oregon for a burglary. they were found driving in Montana on Wednesday. when troopers tried to pull them over... they drove off. when the car chase ended, the couple was found dead in the car from what is believed to have been a murder suicide. but their two-year-old son was not with them. authorities launched a search for Aiden salcido. which ended last night, when a body believed to be his was found near where the family had been camping, in northwest Montana. relatives say the family was homeless... and Aiden's parents suffered from mental illness.

KOBI

Jul 28 • 6:00 PM

B_JUL_OREG_111

The body of a missing boy has been found that police believe is tied to an apparent murder suicide in montana this week. we first brought you this story on nbc5 news friday. aiden salcido was last known to be with his parents at the beginning of june... when south walmart security cameras filmed him, along with his mother hannah janiak and father daniel salcido. this weekend... medford police learned that the body of a two-year-old... believed to be aiden salcido was found in a remote area in montana. janiak and salcido were known transients of the rogue valley area. friday ... janiak and salcido were identified in an apparent murder/suicide in montana. medford police say the two had trials coming up in jackson county for a 20-18 burglary... thursday, the two led montana police on a purs spike strips were used to stop the car... and when officers approached... they say janiak was found dead from a gunshot wound to the head... salcido from an apparent self-inflicted gunshot wound. "it does seem to be a pretty extreme reaction to charges for burglary so we at this point don't know why they chose to take that path." police in montana haven't made a positive i-d of the body... but they say it was found in an area that janiak and salcido had been seen in days earlier. montana officials say cause and manner of death will be disclosed after an autopsy next week. authorities in montana will be taking over the case from this point forward.

KTVZ (NBC)

Jul 28 • 6:00 PM

B_JUL_OREG_112

Search for a missing toddler. a sad update tonight on the d to be that of missing 2-year-old police in Montana have found a body believe sout hern Oregon boy, aiden salcido. the body of Aiden salcido was found alcido andat a remote campsite in montana. his parents, danielsr suicide several days ago in hannahjanniak died of an apparent murder a chase. Montana, after

leading police on office disclosed until an autopsy is conducted nexials say the cause and manner of death of aiden won't bet week in montana.

KNDO (NBC)
Jul 28 • 6:05 PM

B_JUL_WASH_64

Sheriff's deputies out of Lincoln county montana say they have recovered the body of a 2-year-old boy.... matching the description of aiden salcido the missing child from medford Oregon. deputies say they found the body after receiving several calls from concerned people in the area who saw the car matching the description of the one involved in the apparent murder suicide back on july 24th witnesses say the people inside that car appeared to be camping out in the west fisher creek area, about 30 miles south of libby montana.

KOIN-POR (CBS)
Jul 28 • 6:05 PM

B_JUL_OREG_113

New information in a case out of medford. Montana police found the body of a toddler they believe to be aidan. the 2-year-old's parents were found dead in a murder suicide last week. the body of the young child was found in a remote area of Montana in an area where his parents had been seen by several witnesses in the days prior. the boy was last seen in a Wal-Mart in Medford in early June. an autopsy will reveal more about the cause of death.

KBNZ
Jul 28 • 6:08 PM

B_JUL_OREG_114

A new law in Oregon health days just to take mental days. govern as they would take sick measure intoor kate brown signed this aid in the law last month with the hope it willrisis in mental health caking, schools. >> generally spe supportive again of thinking of we're always as part your mental healthellness and thinking of your overall wf you're struggling about taking care of yourself ioncern.with a mental health c definitely want to so we thinking that encourage that students are families are way, that their they're thinking that way. and that if they're takin getting support school because of a meng time off from ause they need a mental health concern or bec >> according to the Oregon health day. suicide is the health authority, the state for t second leading cause of death in of 10hose between the age the Oregon health and 34.t 17% of 8th authority also reports tha say they've considered graderse within the taking their own lif >> we know that growing up last 12 months.ears of and in particular the y so we know that adolescence are difficult years. for young people to it's actually quite normally might struggle with their have days when the or with mood or with anxiety feelings, states or thoughts. other negative adolescents can be we also know that time a mental health conditions may when more serious emerge and it's criti when those kindscally important that in of symptoms are emerging them quickly. adolescence we draw day, man >> outside of a mental healths are available right here in by mental health resource plateend. each month the givingde prevention course hosts a suici participants to. the course teaches that may be recognize signs of someone thoughts and how to struggling with suicidal td questions that could save ask the

har >> in every c a life. taught, everylass that we've person in someone who attendance has known has either considered suicide they or have fought themselves us. through that and it's all around aboutand yet we are not talking>> so whethe it. additional suppoft day or need important to remember thatort, daly says it's part of overall mental health is a wellbeing. >> if you or someone is struggling with suicidal thoughts or someone you know is still the national or ideations please ca suicide prevention lifeline at 1-800-273-8255.

KDRV (ABC)

Jul 28 • 6:10 PM

B_JUL_OREG_115

Top story-stinger a top story tonight -- police in montana believe that a body they found is missing 2-year-old aiden salcido. the child was initially reported missing weeks ago. his parents were found dead in an apparent murder suicide on friday. montana police have not positively identified the body as aiden's -- but they are pretty sure it is the little boy. an autopsy will be done to confirm his manner of death. police say they found the body in a remote area -- near where witnesses say they saw his parents just a few days ago.

KMTR (NBC)

Jul 28 • 6:10 PM

B_JUL_OREG_116

New York city's police department this weekend is grappling with a troubling trend. another officer on Saturday took his own life, the fifth since June on new york city's Staten Island, a silent salute for a sergeant lost to suicide yesterday's death makes five officers gone since just last month. nypd commissioner james o'neil calls it a mental health crisis. >> depression is real. people need to understand this this is not, okay, I don't feel myself I feel down. i'll bring myself out of it. >> reporter: in New York and agencies across the nation, more police officers die by suicide than are killed in the line of duty >> sometimes it's a downward spiral unless there is intervention from the outside it's not going to stop. >> for weeks, the nypd has been trying to reach 36,000 officers on social media. >> know that you are never, ever alone. there is always someone that can help you. >> encouraging anyone who needs help to reach out, call or text a hotline. the department planning new training and a peer support program. even with resources, officers across the country are sometimes reluctant to call, fearing judgment or job repercussions. that's what kept lapd officer david swales from finding help. >> I wish he would have called he knew it was available to him. >> his wife, melissa, said she kept his anguish a secret. >> he was afraid that if the other officers knew, they wouldn't want to work with him. >> they would judge him? >> yeah. that he would become a risk or a liability. >> three years ago, the family was supposed to go to Disneyland on their youngest boy's second birthday but david locked himself in a bathroom. >> I still don't understand how we went from planning to go to Disneyland for dinner to suddenly having to plan a funeral. >> denise kay is a psychologist with the lapd. >> this is a population that's very strong, reluctant to ask for help they are reluctant to acknowledge that they are having a problem, and they just kind of suck it up. >> all the more reason the push is on now to open dialogue about on the job stress and depression before anyone else is lost >> we need to talk about it. we need all members of the police department to understand that to call for help isn't a weakness it is a strength. >> across the

u.s., only 3% to 5% of law enforcement agencies have specific suicide prevention programs there's been a lot of discussion about how to bring more resources to officers. for police officers or anyone needing help tonight, please call the national suicide prevention lifeline. it's 800-273-8255.

KEZI (ABC)

Jul 28 • 6:22 PM

B_JUL_OREG_117

Churchill's junior carson lydon has been playing baseball for as long as he can remember. coming from a family with a lot of history of playing diamond sports, lydon is putting in the overtime work hoping to be the second member of his family to earn a d1 scholarship. sot (12 secs): "i just think it shows that I put in a lot of work in the offseason and everything. and I think it really pays off you know when you go into high school season, you're really successful and you get noticed by all of these scouts. that's when you know you're doing something right." but just as big as his bat (nat) is his heart. lydon lost two people close to him in 2017 and 2018 to suicide. but despite the toll the deaths have taken, he knew he needed to do something. sot (9 secs): "i think I just wanted to prove to myself that I could get better and that I can save other people's lives as well. cause the whole thing is I don't want to just save one life, I want to save as many as possible." after fundraising with the American foundation for suicide prevention he started his own foundation, a world free of suicide in 2018 and used his platform as an athlete to spread his message and honor those he lost. sot (14 secs): "so for my high school season this year I customized a pair of cleats it said nfwng on my left shoe and nfw or nfct on my right shoe for never forget will manstrom-greening and never forget christine tofte, so that's kind of how I commemorated them." and next month he's getting another chance to put his message at the forefront of the game of baseball as his foundation partners with the Eugene emeralds to host a suicide prevention night.

KING-SEA (NBC)

Jul 28 • 6:30 PM

B_JUL_WASH_65

and new laws going into effect today. what you need to know, so you don't get caught off guard especially in the hov lane. >>> we begin with breaking news. Montana police say they have found the body of a missing child from medford, Oregon. authorities have been searching for 2-year-old aiden since Wednesday, after their parents were found dead in what looks like a murder suicide. the family is from medford, but the parents were found in Montana. officers there tried to pull them over for a burglary warrant, but say they took. police finally found the car. both people inside were dead. aiden was not if that car.

KMTR (NBC)

Jul 28 • 6:36 PM

B_JUL_OREG_118

A tragic update to a story we have been following this weekend. authorities in Montana have found the body of a child they believe is aidan, the two-year- old missing from Medford. they have not identified the body and police say it was found in a remote area of Montana near

where Sarah's parents were recently seen before dying in an apparent murder suicide. officers say witnesses help them find the remote camp that they think the family stayed out. an autopsy is scheduled for next weekend in Montana.

KOMO-AM (Radio)

Jul 28 • 8:30 PM

B_JUL_WASH_66

This week ABC news learned millionaire and convicted sex offender Jeffrey Epstein was placed on suicide watch after he was found unresponsive on the floor of the New York City prison and state is currently facing charges of federal sex-trafficking cases with Johnson's have the latest on Store sources tell ABC news jeffrey have seen is on suicide I watch in new York city jail after the disgraced financier was found unresponsive in his cell with marks on his neck when AB steam came to he told authorities he couldn't remember what happened investigators initially thought he tried to take his own life for make it seem that way now they're looking into whether he was assaulted by another inmate or whether he even paid someone to beat him up they've interviewed another inmate Nick TER tag Leone a former cop accused of murder.

KUOW-FM (Radio)

Jul 29 • 10:48 AM

B_JUL_WASH_67

most schools are limits sick days to about 5 person master of kids go over any written permission that's been the policy in Oregon public schools but now they're adding mental health days under a new push by young people and recently signed by governor kate brown mental health will be equal to physical health to reduce the stigma of mental illness and try to lower the state suicide rate one of the highest in the country could finance is executive director of the national alliance on mental illness or nominee in Oregon he's in portland because no students not adults champion this bill inspired by the parkland students who advocated for gun control the student why do the same for mental health why how big is this problem in your state the problem is here genet growing and you cited the suicide rate for the state of Oregon but it's even more than Oregon like nationally you're saying a higher level of prevalence but certain disorders such as depression and anxiety among young people and we're not just talking high school students were talking elementary school grades and the impacts are growing in the tremendous honor young people infected read Oregon has a suicide rate 40% higher than the national average what do you think is going on it's really hard to tell but Oregon has not only higher suicide rate for young people also for adults but also have slightly higher prevalence of mental health disorders substance use disorders than the national average we can see are these impact not only on suicide but those catastrophic outcomes we don't really talk about how much they fly under the radar that more likely to drop out of school more likely for families to be torn apart more likely to be unemployed clear on we have this one indicated very catastrophic somebody dying we have also these other outcomes the take a tremendous toll on our state bus how these mental health day's work doesn't trigger any response in the school right I mean there are again just like any kind of chronic illness or something that I will deal as a young person over my life there maybe accommodations that are necessary I think it's also

important to note that we're not saying this is a mental health day as that its casual use in the workplace with it these are real disorders that have real impacts on students.

KEZI (ABC)

Jul 29 • 11:10 AM

B_JUL_OREG_119

Now to a sad update on the investigation into a missing medford toddler whose parents were found dead in montana. according to the medford police department, montana authorities have learned that the body of two-year-old aiden sal-cido has been located in a remote area of montana. witnesses helped locate the camp that was believed to be occupied by his parents, who were found dead saturday after a car chase in an apparent murder suicide. just how he died has not yet been released. authorities in montana are still investigating.

KDRV (ABC)

Jul 29 • 11:25 AM

B_JUL_OREG_120

aiden's parents were both found dead on thursday in what police say is likely a murder suicide. the parents, daniel salcido and hannah jan-e-ak were reported missing in medford in june. his mother was scheduled to start a jail sentence on the day they were reported missing. their bodies were found in montana. montana police believe they have located aiden in a remote area of montana. but positive identification has not been made -- but police say the body was found in the same area of the parents. an autopsy is being conducted this week in montana to confirm the cause of death. this is a developing story and we will bring you the latest as details become available.

KREM (CBS)

Jul 29 • 12:00 PM

B_JUL_WASH_68

Authorities believe they found the body of a missing Oregon toddler -- in Montana. f-b-i leaders say his parents died in an apparent murder suicide. authorities say they found the body of a small boy near kalispell. they are still waiting to positively identify the boy -- and determine a cause of death. he was last seen in june at a walmart in medford. last week -- his parents, who were wanted for burglary, led police on a car chase in Montana. police found the mother with a gunshot wound to her head -- and the father with a self-inflicted gunshot wound. the two-year-old was not with them. investigators say the parents were spotted last week near kalispell. we are told an autopsy will happen next week.

KGW-POR (NBC)

Jul 29 • 12:04 PM

B_JUL_OREG_121

a recent law is changing bendOregon.gov/streetlightsround mental health stigma a orn story. >> a new law iegon. "central Oregon daily" hasorys to taken Oregon would allow student as they would take mental health days justgovernor kate brown signed sick days. law last month with this measure into mental healththe hope it will aid in the schools. crisis in we're always >>

generally speaking, thinking of your mental health supportive again of th of as part about taking care your overall wellness and thinking with a mental health of yourself if you're struggling so we concern. encourage that stu definitely want to way, that their dents are thinking that thinking that way. families are getting support and that they're taking time off from if they're mental health conce school because of a mental health day.rn or because they need a health >> according to the Oregon second leading cause of authority, suicide is theor those between the death in the state f and 34.age of 10 authority also re the Oregon healthports that 17% of 8th taking their graders say they've considered last 1 own life within the wing up and 2 months. >> we know that gro adolescence are difficult in particular the years ofhat it's actually years. so we know t to have days quite normal for young people heir mood or with when they might struggle with t with other negative anxiety or thoughts. we also know t feelings, states orcan be ahat adolescents time when moreons may serious mental health condition critically important emerge and it's of symptoms are that when those kinds adolescence we emerging in quickly. >> outside of a men draw them many mental health day, bend. each month the resources are available right here in hosts a giving platecourse. the course t suicide prevention recognize signs ofeaches participants to struggling with someone that may be ask the suicidal thoughts and how tosave a hard questions that could very class that life. >> in eht, every person we've taug attendance has known in someone who has either considered suicide they themselves or t through that and it's have fough and yet we are all around us. not talking about off day orit. >> so whether you're having an support, daly says it' need additional that mental health iss important to remember wellbeing. a part of overallr someone you know is >> if you thoughts or ideations p struggling with suicidal national suicide prevention lifeline.

KPLU-FM (Radio)
Jul 29 • 7:30 PM

B_JUL_WASH_69

this next story deals with suicide if you want to pass on you and tune back in about 10 minutes act in the lower queen anne neighborhood of Seattle on Tuesday night the doors of st. paul's episcopal church opened up and inside is a unique art space it's from specifically for people with mental illness and homelessness to have a place to create kate even runs the mental health chaplaincy year and she manages the program which is called karen corn project do you want so we have just different kinds of them have creative projects we had during making we have been hitting on the matter we have a couple other hitters sketch books and watercolor was smith coloring eggs p.m. comes courtesy of brenda map for musicians writers use them intimate with the homeless and with the power of art to help people struggling when there's spaces in your life we can't articulate because your mind is so on in a quandary the creative arts are absolutely essential and the cornerstone for spirituality whatever maybe I think it's there that we can find our unity and healing for minds and souls I had become psychotic and was on the streets and I have lost contact with my family and just what the process is that brought me back to reality was losing my most valuable saying in my life at that point that accurate with me was my flute I lost the food and kayleigh I had a ceremony letting go of the flu which was such a powerful part of me using and flute to bring in new me and so my goal in life is to use the words and music think or project is named after a young woman for her own that comes from other pots swain found the project as a way to salvage some meaning from carreras tragic story joyce

very creative child I remember once around the neighborhood with the question they're looking for friends and I think she was about 5 years old at the time they had to fill out a questionnaire but that was carrying on when she hit puberty we started having a few problems karen at that point in her life was very melancholy whores for was kind of like good dark shadows that you followed her around she was a ski racer and they had a private ski academy and gurgling this is a town and she went there for her senior year of high school so she really wasn't much in to know all the clicks in that wow are high school thing was but as she made great friends there and she loved it and ensure annoyed college in california can know she got into drinking and I think it was her sophomore year I got a call from one of the counselors said that they were sending your home karen took some time at home she got sober and italy healthier and managed to return to college analogy she finished her degree and they can't get work in movies and tv then she moved closer to home one night I think it was actually eastern we've got a phone call at home her boyfriend that he was worried about their I am that she wasn't answering her phone so I did what you know what you can do when you're a living 3 hours away from someone I call the police cannot pass a wellness check cotter and they did but that that and ran away soup come between us because she didn't like the idea that college athletes and how years maybe less than a year after she moved down to portland got a letter from her it was just this horrible matter about I don't want ever see anybody again i've me it's just very hurtful very striking out against all of us I do I didn't know what had triggered it it's heartbreaking you think you know your child and then something like that happens and you can't figure out why we didn't see each other for quite a while and then one day she called me and wanted me to come to portland but I had to come back myself she would kill whoever came with me there was a very radical and so we called her doctor and the doctor said call the police and so I started down to portland and my husband col the place and they went to her apartment and she would not let the man who so they've found together key from the manager and and when they came in to the apartment she tried to jump off a balcony in the cotr and they ended up having to wrestle her to the floor and cover taker in the ambulance this summer of 2014 she was living in this house in portland we were supporting her and that summers she decided to move out of the house when she moved out of the house she sort of moved out of our lives to him she got very aggressive and very threatening she told issues coming apart sound answers and callous and we actually went and got a restraining order and the lies that they just didn't seem to be any help she had been trying to get social security disability and kate I kept getting turned down for a nap so from that summer of 14 until october we hadn't heard from her in a while new shoes living in her car and then she contacted us in late october and I got together with third and you know we cried and hugged him talk to I think she was embarrassed by all the things that happen and things she said I think she he felt like it was hopeless like she was never gonna be able to get back to the place where she could support yourself or payoff for deaths our whatever you don't have life thanksgiving this coming and I ask effect in common she said yes that's all she said is yes and I got half the area calderon do there's no answer which is unusual but I got to her place her roommate was there we open the door to care instrument she was saying he she had hung herself from the skylight and she here and that there's not there's no way to explain what that was like people talk about having a broken heart I honestly felt like my heart has been ripped out of me and there's not a day that goes by that I don't think it matters I think about all the things that she missed and things that

she never got a chance to have a family of her own sometimes they see people out that looked like her they found them there would be times said in my car and I would just scream as loud as I could scream but a lot of times this is this empty feeling they had a memorial for her and los angeles and they sent me the book from that that things that people read and the book or like she was such a big part of their life and how she helped them cope and you know that she was so strong and thing I think about that and I think you know why I know why did she give a look at end yeah I i don't know and then on top of everything else she died in november I think it was january february social security paid your disability which was almost like a slap in the face because I think had they come through I think it would stop after I think that would have been the hope that she felt like she needed that she we had would have had some income of around and she had no family no years the money went to me that's the money used to start this project that's when I got together with the eu and the chocolate to talk to different ways to honor care and memory and they found themselves drawn back to the importance of creativity insurance life care was very artistic and we knew we wanted to do something around the arts carol can I think care and used her art to cope with some of her game and it's and she had this place set up in her garage where she would do her heart and it just seemed like such a natural fit for her I just think that this is something good that came after something so terrible and years it just makes me feel very happy now I kind of say the word tears see what's going on you know how you feel about that and I do think she would just love it I think she would be here and she would be doing all kinds of things and then you know when I leave I just it's just good for my heart.

KOPB-FM (Radio)
Jul 30 • 9:36 AM

B_JUL_OREG_122

7 new York city police officers have died by suicide in 2019 it's not just a New York problem according to the mental health advocacy group who helped 100 and 11 police officers around the United States had killed themselves so far this year as well as I have dozens of other first responders the suicides are forcing police departments around the country to find new ways to respond to their officers need for mental health services and to get past the stigma of talking about it joining me now to discuss the ongoing struggle with mental health in police departments is University of Buffalo epidemiologist John Nealon T John welcome to take away I think it's good to be here so being a police officer or a first responder is stressful to say the least but what does this recent cluster of people who have died by suicide tell us is this out of the ordinary or does this happen regularly but generally we don't have such such large clusters of servicemen occurring all at the same time like this and it's rather unusual we have seen a steady stream of police was size over the years so we've looked at data on police suicides over the last 20 to 30 years and punish average of 100 police officers Courier killed themselves but we're seeing in new York city and on we've seen in Chicago is rather unusual I think a lot has to do with the way society is today I think is a lot of conflict going whole lot of fun negative aspersions toward police officers making the job of course more difficult bank officers feel isolated they feel unappreciated and the stunning turnaround the ability to cope with adversity they see every day what other cities are struggling with this and is it limited to the United States Wells Chicago Chicago's again high crime in Chicago while homicides alone and her city a

lot of trauma San Francisco Dallas so it is not just a United States problem where look that's resides in France the suicide rate in France this time the His time the clear suicide side South Africa this time it seems that every country in the bed the researchers look police officers have a higher suicide rates in general working population and that's true on the United States as well John have we seen historically at least in the 21st 20th century words they have there been other moments where these clusters of officers dying by suicide have cropped up you howie and looking back at our data back in the last part of the 19 sixties we saw us was so piquant the suicides and that kind of reminded me of a conflict of the way society was back in the late 60s and all of the unrest in our country and kind of parallel to what we're seeing today United States now a lot of unrest lot of conflict so I think that has something to do that when you isolate people from society has police officers are starting to feel the sense of belonging us to of being part of society makes one more susceptible to depression a few weeks ago my colleague W N.Y.C. host Jimmy Floyd spoke with NYPD Commissioner James O'Neill about new efforts that the New York City Police Department is making to get its police officers help O'Neill said that one of the big problems and we've heard this on many levels in policing is there's a culture of silence when it comes to accessing talking about mental health Let's take a listen to a clip and sometimes in law enforcement and policing it takes awhile to change but this is something that needs to change immediately how this is our duty is our responsibility why does this stigma exist in within the police community John well help us to come from the top down and I think the Commissioner has done a good thing by doing this that's staying news more well versed throughout the police culture the police culture is a strong culture too few to come forward with a mental health problem you might be perceived as being weak so if I'm told as a police officer that should never be we all should be Stein nothing should ever bother me I'm not going to come forward when they start feeling emotions about the horrible things I stand I'm straight so officers very the clock it up and sign and eventually it comes out who what we need to do this to reduce the stigma Associated with alcohol to train police officers especially we have to recruit level when they first come in to the police Academy and to understand and having mental health difficulty is very much the same as having a broken arm it's very important to inoculate like used were inoculated to inoculate young police recruits about this it's very important to train and supervisors to understand these aspects of not understand the science of suicide signs of depression era officers training I think training is essential her isn't there are also fears that beyond the stigma isn't there are also fears about the officer could lose their job and that the officer could have a firearm taken from them it doesn't that also play a role in this it does Yeah beyond fears greater than logic if come forward look at what the problem I'm not going to get promoted door my fellow officers are not going to trust me or Ms. Perez's will not trust me how be called crazy I'll be scapegoated that's a real fear in this culture we need increased trust Between police administration and that officer in the works on the Street and that that takes a lot of doing you know because a lot of police officers don't trust the administration so Commissioner Neil comes forward you saw us these things that's important that's important to build that trust if we don't have that but still in hiding and Stone suffered and still going to die by suicide the University of Buffalo professor John the align T thanks for joining us broker Rocco taken if you or someone you know might be considering suicide please contact the National suicide Prevention lifeline.

KOPB-FM (Radio)
Jul 30 • 9:52 AM

B_JUL_OREG_123

Why for a start up another caught what he used to be the personality wise hand if you don't get this he and I refuse to get help need to get some help buy into that and because began to lose again embarrassment and in a statement goes with its did you ultimately get the help that she needed a win there whether it was one during your career or after your career did you ever realized that you ever have the opportunity to sit down with a therapist or anything like that I did it what happened was this job-related stress the bullying and the horrific events that T my career led to a suicide attempt he and that really opened my eyes that while guy started Lou put a gun to my Mo there was a dive deep suicide he and fortune we call a friend of mine co-worker from what we're used to work with the Massachusetts and he let me get some help when you hear about and I'm very sorry to hear that you went through that terrible and there are colleagues viewers around the country and here in New York who are dealing with similar issues when you hear about these officers who were dying by suicide what do you want to tell the police departments to do differently that that could probably help them or less and we lost hundreds of offices God who died by suicide mattress absolute horrific right now where I'm loving this year we've we will I will do what cody nation's cheese that you can't put a price on somebody's paired we leave the EU by officers' bulletproof vests guns Tasers made he admits they think will protect yourself with the out but this period will train when it comes to projecting yourself mentally and they fear that maybe teams here quarter the from ministries is we don't have good will have the money no budget pull someone that again you can't put a price you can't put a price on somebody's well-being and when it comes to mental health because Ashley it is going to have these people will be beat down Beach town Beach town he said you've got to find the money in your budget you've got to find time and resources into people their trains for people having a personal connection like myself to our mental health illness Mark there are probably officers that are strong playing right now is there something you want to say to them absolutely what we're afraid of my brother does this is the best it's okay not to be okay when you start recognizing that you're going down Hill mentally like this year to date you go to the dentist and he gets that ball anybody thought decline mentally to depression and PTSD or whatever no mental health illness your experience it's located get help didn't dispute it fetch a forgotten but by get help you get helping you got you got to push the ultra-supporters physical help and you've got to put aside possibly leave their the ridicule or be embarrassment somebody got a healthy mind healthy person Mark thank you so much Mark to vana is a retired Sergeant from central Florida and the public information officer for Blue help dot org think for sharing your story Mark Uber for having me I appreciate it and again if you or someone you know might be considering suicide please contact the National suicide Prevention lifeline.

KUOW-FM (Radio)
Jul 30 • 9:53 PM

B_JUL_WASH_70

anyone prepared you for that for what you are about to encounter as a police officer and anyone help you to sort of understand what you were going to deal with or you just kind of

dealt with it as it came build a case by case scenario or not we have no formal training whatsoever elias said earlier we wouldn't pressure large pose a school choir practice after working a couple beers with guys and girls wore work and that's the sense of therapy I was shot was he drinking no good could I could help coping skill so now you said you started to have nightmares after being down on 9 11 but what other ways did the trama affect your career and even your life outside of the police department it what I would call that involved the death admitted to see look at those around me all the time from seen the horrific events of 9 11 and then going back to work to my regular duties such as going to occur crashes homicide scenes suicide scenes national des scenes it just seemed like it was like surrounded me it just really said taking its toll on me and then towards as my career progressed I studied job I work for new supervisor and dom it the only way I can I can say is just a bully and be exciting feeling weak and in law enforcement we can't show any type of weakness because word fear that job to show weakness we may be reassigned to a guy none enforcement position war or work with us or just be other ridicule him the embarrassment imposed with that at any point mark do you try to ask someone for help to do you think that it was getting so bad that you needed so some sort of help it got to the point where when I when I worked for the bully supervisor dec job icky iowa awake like to go to weight gain I g got almost pulled almost 50 pounds he and became very irritable in a very outgoing personality very I like to joke around like a lot of their lives what marriage problems my wife kept on calling the jobless and meet you not what he used to be the personality wise and age you get some help buy it that's my wife was turnout you're not caught you don't get this he and refused to get help because again cruz again the embarrassment and in a statement goes with its did you ultimately get the help that she needed a win there whether it was a joke during your career or after your career did you ever realize you ever have the opportunity to sit down with the therapist or anything like that iconic hayward what happened was this job-related stress the bullying and the horrific events i've seen my career led to a suicide attempt he and that really opened my eyes that while geist tired ji louis put a gun to my mo opinion and was gonna die deal suicide he and fortunately I called a friend of mine co-worker from what we're used to work with the Massachusetts if you let me get some help when you hear about and i'm very sorry to hear that you went through that terrible and there are colleagues viewers around the country and here in New York who we're dealing with similar issues when you hear about these officers who are dying by suicide what do you want to tell the police departments to do differently that that could probably helped them bullish we lost a 167 officers who died by suicide that is absolute horrific right now where a room of this year we've we will I will do what cody nation sees bad you can't put a price on somebody's head wee the ages by officers' bulletproof vests guns tasers maze he admits they think will protect yourself what the out but it's very little trade when it comes to protect yourself mentally and then yet bee stings here quarter the from ministries as we have been we have the money no budget pull someone that again you can't put a price you can't put a price on somebody's will be following it comes to mental health because eventually it's going to have these people will be beat down beach town beach town he said you've got to find the money in your budget you've got to find time and resources he and people their trains more people having a personal connection like myself who have mental health illness market there are probably officers that our strong going right now is there something you want to say to them absolutely what we're afraid of my brother and sister is best it's okay not to be okay when you start recognizing that

you're going downhill meant only play this one 02 they go to the dentist and make it that's the only advice health declining mental only through depression and ptsd or whatever no mental health illness your experience it's okay to get help didn't dispute that threatened the it by getting help you get helping you've got you've got to put your mental health just as for his physical help and you've got to put aside possibly leave their to ridicule or be embarrassment some my dad's a healthy mind is a healthy person so I mark thank you so much mark to bana is a retired sergeant from central Florida and public information officer for blue help dot org thank you for sharing your story mark thank you for having me appreciate it and again if you or someone you know might be considering suicide please contact the national suicide prevention lifeline.

KONG-SEA

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announcer: now. find you guilty with manslaughter. >> we want to warn you out there, in the details of the case are troubling. she was convicted of involuntary manslaughter after encouraging her boyfriend to take his own life. the two-part documentary dives deep into the story. >> and the director breaks down the case against Michelle. >> there was the prosecutor's motive that there was this young, hot woman who killed a guy to get popular. Michelle Carter is -- people see her as evil and I wanted to understand why people thought she was evil. >> the talal of a woman accused of encouraging her friend to kill himself. >> in 2017 a Massachusetts judge found then 20-year-old Michelle carter guilty of involuntary manslaughter after encouraging her boyfriend to commit suicide three years prior. >> can you cause someone else to commit suicide? >> she keeps at him. >> he was found in a k-mart parking lot unconscious and his phone was off. >> after finding 18-year-old conrad's body, detectives looked through his phone and discovered a single thread of text messages. his final message with Michelle. texts show that he began to have doubts as he made his suicide attempt, momentarily stepping out of his truck, only to have Michelle persuade him to move forward with the act. >> his death was my fault, I told him to get back in. >> her defense was he had planned to commit suicide for a while. >> did he really try? he would have need add liver transplant. it was a very serious attempt that was taken seriously. >> I think the biggest mystery of the story is not why Michelle carter did what she did, but what Michelle carter thought she was doing. her own struggles were brought to the attention of the court as well. >> you spend two minutes inside the courtroom, and you know that both of these people were struggling in depth with mental health issues. people don't know this, Michelle carter was in a hospital prior to what happened. this did not come out of nowhere. >> people fall in love on the internet and via text, people bully, and you can encourage someone to die via text and you can commit a crime via text. >> Michelle is currently serving a 15-month prison sentence. her lawyers filed a petition with the supreme court arguing that her conviction violated her first amendmending rights to free speech. >> it's basically if I tell you to kill yourself and I'm next to you, I could be found guilty. but what if i'm on a phone, miles and miles away, it's hard for the law to consider all of these nuances. >> wow. >> it's a fascinating series.