

Section1: Pre Test

Before you begin this module on family caregivers, complete this short pretest to assess your baseline knowledge:

1. Here is a multiple choice question

Answer 1

Answer 2

Answer 3

The correct answer to question is answer 2 because of some reason

2. Here is a multiple choice question

Answer 1

Answer 2

Answer 3

3. Here is a multiple choice question

Answer 1

Answer 2

Answer 3

Now that you have finished the pretest, let's begin. This module will take about 30 minutes to complete. Once finished, you will take a post-test to assess your learning. If you are not satisfied with the results, feel free to go through the module again. You can do so as many times as you'd like to—until you are satisfied with your post-test results.

Start Course

So here is the pre-test and this is where the whole course starts off. There 10 multiple questions. Each question has a correct answer. When the users selects and answer it will show if the answer was correct or not. If they get the answer wrong, a sentence will appear that will be some blurb of text like "The correct answer to question is answer 2 because of some reason".

After a user selects an answer they cannot change it.

Once all of the question are answered they can press a button to move on the rest of the course.

Section 2:  
Introduction and  
Learning Outcomes

Family caregivers can experience a great deal of anger, stress, denial, and burnout when caring for their loved ones. Watch this short video to hear some real stories family caregivers regarding their experiences.As you watch, jot down thoughts that come to your mind about challenges you might face when working with them as their health care provider and what you might say and do as you address those challenges.

Embedded youtube video  
or  
link to external video

I've watched the video

Section 2:  
Introduction and  
Learning Outcomes

What challenges came to mind for you? Perhaps you mentioned wondering how to address their pain in working with a loved one who is no longer the person they once knew and loved, or how to manage this balancing this new role along with their other work and family obligations, or how to help them learn to ask for help, or how to help them let go as they watch their loved one gradually slip away.

As a health care professional, you play a critical role in facilitating communication among the patient, family members, and family caregivers. Unfortunately, many professional health care programs of study fail to include curricula that provide you with the tools needed for doing so effectively.

This module is one of several that is designed to meet that need.In it, we equip you with tools and strategies for communicating successfully with patients, family members, and family caregivers during these times of distress and uncertainty.After completing the module, you will be able to:

1.Describe family communication patterns for caregivers.

2. Identify and define each caregiver type (Manager, Carrier, Partner, Lone).

3. Respond appropriately when communicating with caregivers and their families.

Continue

Section 2:  
Introduction and  
Learning Outcomes

Picture or some graphic

Imagine yourself at work. Lab reports for a patient you have been working with – a 43-year-old woman named Sheila– have come in.The results indicate that Sheila has pancreatic cancer.Pancreatic cancer is most frequently diagnosed in people 65-74 years of age, so this news will probably come as a shock to Sheila and her family.Not only that, only four percent of people diagnosed with pancreatic cancer live to reach the five year survival rate.Sheila and her husband, Nick, have two children.Alyson is 15 and Blake is 10.Sheila's mom, Dorothy, who is 72 years old and lives with early-stage Alzheimer's disease, has also been living with them since her husband died two years ago.They are all in the room with Sheila.As you review the results you wonder what you are going to say as you head to Sheila's room.

Unfortunately, this scenario is not unusual.In such instances, most medical professionals are able to present the facts, but few have been trained adequately in how to communicate with families experiencing bad news effectively.In this module, we walk through each of four caregiver types by (1) explaining the characteristics of the caregiver type, (2) identifying best practices approaches for you to communicate effectively with each of them, and (3) practicing communication based on case study scenarios.But first we lay the foundation by discussing different family communication patterns as they may influence the way families communicate during these times of distress and uncertainty.We hope that approaching family caregiver communication concepts and skills in this way will ultimately prepare you to communicate effectively when you must share bad news with families as they navigate what is, for them, quite possibly uncharted territory.

Continue to Module 3

Section 3:  
Introduction and  
Learning Outcomes

Every family develops its own communication pattern for dealing with the functions of family life. These patterns govern what they do (and don't) talk about and the way they interact with one another.As a medical professional working with families during times of distress and uncertainty, we can be more effective in navigating discussion and achieving the outcomes we desire when we adapt our approach to their unique communication pattern. Family communication patterns can be organized around two themes:

Picture or some graphic

Family Talk has to do with (a) what topics a family finds appropriate (and inappropriate), (b) how much time the family spends communication, and (c) whether or not the family engages in communal or individual decision-making.

1. Families that have very few restrictions on topic or time are described as high family talk families.

blah blah some more text.

To gain a better understanding of family communications patterns theory, watch this short Prezi prepared and posted by Aaron Strange, Pauline Zamora, Angelina Guo, and Jason Williams:

Embedded youtube video  
or  
link to external video

I've watched the video

Section 3:  
Introduction and  
Learning Outcomes

Reflection and Assessment:  
Take a moment to consider your family's communication pattern.

1. Do you come from a high family talk or low family talk family? Why? Provide an example to support your assessment.

free form text block

2. Do you come from a high obligation or low obligation family? Why?Provide an example to support your assessment.

free form text block

3. What might be some communication challenges for you as a healthcare professional in interacting with each family type about issues facing one of their members?

free form text block

I've answered all the questions

Here the user has these free form text boxes that they can answer the questions with. After they answer all the question and press the button green text will appear that is hard coded.

Section 3:  
Introduction and  
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Reflection and Assessment:  
Take a moment to consider your family's communication pattern.

1. Do you come from a high family talk or low family talk family? Why? Provide an example to support your assessment.

free form text block

Both family talk and family obligation are high. Why?Both sisters are present for the family meeting and we see that Ellen supports Denice when she takes Denice's hand when the physician asks how they are doing.Denice also offers a comment that they are a close family that talks all the time.

2. Do you come from a high obligation or low obligation family? Why?Provide an example to support your assessment.

free form text block

Some more text

3. What might be some communication challenges for you as a healthcare professional in interacting with each family type about issues facing one of their members?

free form text block

Some more text

Continue to Module 4

There are sections 4,5,6,7,8 that all have the same format as Section 3.

After the last module they will go to the Post Test.

Section1: Post Test

Congratulations! You have now completed Module F (Family Caregivers) and are ready to assess your understanding by taking the post-test.

1. Here is a multiple choice question

Answer 1

Answer 2

Answer 3

The correct answer to question is answer 2 because of some reason

2. Here is a multiple choice question

Answer 1

Answer 2

Answer 3

3. Here is a multiple choice question

Answer 1

Answer 2

Answer 3

Check Answers

This is the same test as the Pre-Test.

Once the users clicks "Check Answers" it will show the correct/incorrect stuff as the Pre-Test.