

Runners

Men – 21 km			
Category	Name	Club	Time
1 st Open	Joel Madiba	TUT	01:11:29
2 nd Open	Martin Nkoe	TUT	01:13:25
3 rd Open	John Thipe	Nkangala	01:13:38
1 st Veteran	Peter Medupe	Nedbank	01:15:47
1 st Master	Ralph Mashabela	Cool Running	01:37:59
1 st G. Master	Francis Makuka	Phobians	01:31:57
1 st GG Master	Patrick Mafilika	Nedbank	02:03:25
80+	-	-	-
1 st Junior	-	-	-

Women – 21 km			
Category	Name	Club	Time
1 st Open	Andrea Steyn	TBC	01:26:30
2 nd Open	Thabile Mkhonza	SAPS Academy	01:42:13
3 rd Open	Karin Hillhouse	Runavation	01:43:05
1 st Veteran	Karin Hillhouse	Runavation	01:43:05
1 st Master	Ansie Breytenbach	Irene	01:43:27
1 st G. Master	Francis v Blerk	Nedbank	01:50:49
1 st GG Master	Debbie van Heerden	Nedbank	02:08:22
80+	-	-	-
1 st Junior	-	-	-

Men – 10 km			
Category	Name	Club	Time
1 st Open	Anthony Timoteus	UWC	00:32:59
2 nd Open	Jonathan Brendenkamp	Tuks	00:34:00
3 rd Open	Walter Mzinama	Temp	00:35:33
1 st Veteran	Demetri Jansen	OMMC	00:36:35
1 st Master	Joseph Moloto	PMMC	00:41:03
1 st G. Master	Pieter Rossouw	Enduro	00:53:52
1 st GG Master	Andries vd Merwe	Transnet	00:55:13
80+	Ken Nurden	Agape	00:55:08
1 st Junior	Tomrin Vlok	H/S Zwartkops	00:38:11

Women – 10 km			
Category	Name	Club	Time
1 st Open	Thembi Baloyi	TUT	00:40:34
2 nd Open	Murendwa Dawana	TUT	00:40:50
3 rd Open	Jacqui vd Waals	Irene	00:41:13
1 st Veteran	Jacqui vd Waals	Irene	00:41:13
1 st Master	Linda vd Gryp	Krugersdorp	00:47:54
1 st G. Master	Mariet Louw	Irene	01:10:39
1 st GG Master	Mavis Stradler	Agape	01:06:48
80+	Deidre Larkin	Randburg	01:03:03
1 st Junior	Monique Geel	Tuks	00:44:19

Walkers

Men – 21 km			
Category	Name	Club	Time
1 st Open	Jaap Willemse	Irene	02:15:47
2 nd Open	Stephen Msimanga	BNAC	02:20:10
3 rd Open	Gerhard vd Raad	Irene	02:24:24
1 st Veteran	-	-	-
1 st Master	Jaap Willemse	Irene	02:15:47
1 st G. Master	Hendrik Potgieter	VTM	02:43:30
1 st GG Master	Gerhard vd Raad	Irene	02:24:24
80+	-	-	-
1 st Junior	-	-	-

Women – 21 km			
Category	Name	Club	Time
1 st Open	Lesley v Buuren	Wanderers	02:04:13
2 nd Open	Sandra Steenkamp	Irene	02:09:51
3 rd Open	Elsa Meyer	Irene	02:17:49
1 st Veteran	Marinda Neethling	Berts Bricks	02:46:10
1 st Master	Lesley v Buuren	Wanderers	02:04:13
1 st G. Master	Elsa Meyer	Irene	02:17:49
1 st GG Master	-	-	-
80+	-	-	-
1 st Junior	-	-	-

Men – 10 km			
Category	Name	Club	Time
1 st Open	Jeff Manamela	Temp	01:01:09
2 nd Open	Hudsie Hudsenberg	PMWC	01:03:00
3 rd Open	Aaron Letele	Temp	01:05:10
1 st Veteran	Hudsie Hudsenberg	PMWC	01:03:00
1 st Master	Alan Nemeti	Randburg	01:08:43
1 st G. Master	Wynand Breytenbach	Irene	01:11:02
1 st GG Master	-	-	-
80+	Frans Grobler	Transnet	01:35:51
1 st Junior	-	-	-

Women – 10 km			
Category	Name	Club	Time
1 st Open	Celeste Scheepers	PMWC	01:06:15
2 nd Open	Martie Homan	Carltonville	01:13:15
3 rd Open	Angela Pottinger	Irene	01:15:59
1 st Veteran	Chene Kruger	PMWC	01:29:23
1 st Master	Celeste Scheepers	PMWC	01:06:15
1 st G. Master	Susan Grabe	Affies	01:19:40
1 st GG Master	Kiebet Strauss	Agape	01:21:50
80+	-	-	-
1 st Junior	-	-	-