Results of the 6<sup>th</sup> Riana van Niekerk/ Run 4 Bibles 10km Zwartkop High School, Pretoria on Saturday 1 July 2017 :

# \*\*\*\*\*\*\*\* NOTE 21.1KM:

#### RACE RESULTS COMPILED: RACE COMMENTATOR - Pete v.d.Merwe

#### 10km:

#### <u>Men</u>

Open 1 Reghen Magwai (Born 2 Run) 33:54; 2 Bruce-Lynn Damons (Kuilsrivier) 34:19; 3 Travis Koekemoer (Midstream) 36:48

Veterans 1 Leon Baker (Midrand) 44:26

Masters 1 Anthony Bold (Vitality) 46:06

Grandmasters 1 Neville Young (CSIR) 55:54

Great Grandmasters 1 Johan Janse vn Vuuren (Irene) 66:28

80+ 1 Ken Nurden (Agape) 58:43

Juniors 1 Travis Koekemoer (Midstream) 36:48

## **Women**

Open 1 Jeannie de Beer (Runavation) 41:56; 2 Annerie Kruger (Magnolia) 44:13; 3 Chantelle Kruger (Midstream) 44:42

Veterans 1 Peret Badenhorst (ACRW) 45:35

Masters 1 Maria Bendana (Morningside) 47:51

Grandmasters 1 Joey Cloete (Irene) 54:57

Great Grandmasters 1 Ria Smit (Striders) 77:33

80+ 1 Deidre Larkin (Randburg) 66:09

Juniors 1 Chantelle Kruger (Midstream) 44:42

# **Walkers**

# <u>Men</u>

Open 1 Kevin Phillips (RWFL) 59:29; 2 Joseph Appel (GNMA) 62:17; 3 Danie Labuschagne (Irene) 65:32

Veterans 1 Joseph Appel (GNMA) 62:17

Masters 1 Kevin Phillips (RWFL) 59:29

Grandmasters 1 Danie Labuschagne (Irene) 65:32

Great Grandmasters 1 Flip Viviers (ACRW) 82:16

80+ 1 Jack Rowe (RAC) 91:42

# **Women**

Open 1 Lesley van Buuren (Wanderers) 59:29; 2 Tinkie Nortman (PMWC) 72:04; 3 Elma King (Affies) 73:45

Veterans 1 Elma King (Affies) 73:45

Masters 1 Lesley van Buuren (Wanderers) 59:29

Grandmasters 1 Lynette Ray (RAC) 82:21

Great Grandmasters 1 Kiebet Straus (Agape) 93:06

80+ None

# 21.1KM:

# MEN:

 $OPEN: 1. \ Siyabonga \ Dingile - Nedbank - 69; 14 \ ; \ 2. \ Greg \ Barnes \ \{Also \ 1^{st} \ Vet. \ \} - Born2Run - 69; 20 \ ; \ 3. \ Sikhumbuzo \ Seme - KPMG - 70; 53$ 

VET.: 1. Greg Barnes - Born2Run - 69;20

MASTER: 1. Avril Barkhuizen - Nedbank - 01;42;10

GM: 1. Piet Swanepoel – Middelburg – 01;53;22

GGM: 1. Iain McFadyen - Irene - 01;52;49

JNR.: 1. Mothibe Shai – JHAC – 93;20

# LADIES:

 $OPEN: 1. \ Hanrie \ Griesel-TEMP \ \{???\}-N.T.T. \ ; \ 2. \ Marlie \ Griesel-\{???\}-TEMP-N.T.T. \ 3. \ Nancy \ Will \ \{Also \ 1^{st} \ GM\}-Pinelands-01;41;12$ 

VET.: 1. Tracey Houdson - Phobians - 01;45;36

MASTER: 1. Karin Brough - Born2Run - 01;42;50

GM: 1. Nancy Will - Pinelands - 01;41;12

GGM: "NONE"

80+: "NONE"

JNR. : 1. Hanrie Griesel – TEMP  $\{???\}$  – N.T.T.

# **WALKERS:**

#### MEN:

 $OPEN: 1. \ Sizwe \ Ndebele-Tuks-01'46'44 \ ; \ 2. \ Lebogang \ Mokatjale \ \{Also\ 1^{st}\ JNR.\}-Blue\ Sky-01;48;12 \ ; \ 3. \ Mzwakhe \ Kobue-PMWC-02;05;54$ 

VET.: 1. Tobie Reyneke - Magnolia - 02;17;18

MASTER: 1. Dave Ingram - Vitality - 02;23;24

GM: 1. "NONE"

GGM: "NONE"

80+: "NONE"

JUNIOR: 1. Lebogang Mokatjale - Blue Sky - 01;48;12

#### LADIES:

OPEN : 1. Sandra Steenkamp {ALSO  $1^{st}$  MASTER} – Irene – 02;10;43 ; 2. Mariaan Serdyn – PMWC {ALSO  $1^{st}$  VET,} – 02;18;38 ; 3. Elsa Meyer {ALSO  $1^{st}$  GGM} – Irene- 02;23;25

VET.: 1. Mariaan Serdyn - PMWC } - 02;18;38

MASTER: 1. Sandra Steenkamp - Irene - 02;10;43

GM: 1. Avril Coats - RWFL - 02;39;53

GGM: 1. Elsa Meyer - Irene - 02;23;25

80+ " "NONE"

JUNIOR: 1. "NONE"

\*\*\*\*\*\* Note: The 21km results not Accurate & True due to a number of marshalling errors resulting in athletes running various distances.